

2017 BILL SALTER WESTERN INTERNATIONAL-43rd Annual**Sat. Sept 26 at Thames Valley GC, London**

9/23/2017

9/23/2017 - 9/23/2017

32nd year at Thames Valley GC**Event # 2 MENS 8K Run**

START @ 10:50am

Conditions:sunny humid 28°C

MEET RECORD:Kevin Wilkie Queen's Gaels 24:35.00 26-Sep2015

COURSE RECORD:Kevin Wilkie Queen's Gaels 24:35.00 26-Sep2015

POINTS RECORD:Eastern Mich Eagles 25 pts [1-4-5-7-8] 22-Sep2007

TEAM TIME RECORD:WesternMustangs 2:06:23 [sum of 5] avg 25:17 for 5 WI 2016

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	MCMaster MARAUDERS	47	4-5-10-13-15	16-21	2:07:38	3:12	25:32	25
2	QUEEN'S GAELS	52	2-8-11-14-17	20-25	2:08:00	3:12	25:36	46
3	WINDSOR LANCERS	63	3-6-7-23-24	28-30	2:08:41	3:14	25:45	1:04
4	WESTERN MUSTANGS	97	1-12-22-29-33	37-46	2:10:02	3:16	26:01	1:36
5	TORONTO VARSITYBLUES	160	9-32-35-40-44	47-51	2:13:22	3:21	26:41	1:51
6	WATERLOO WARRIORS	187	18-26-45-48-50	53-55	2:15:02	3:23	27:01	1:38
7	LAURIER GOLDEN HAWKS	221	19-36-43-61-62	67-76	2:18:22	3:28	27:41	2:58
8	LE MOYNE DOLPHINS	229	27-34-41-54-73	79-80	2:18:58	3:29	27:48	4:05
9	BROCK BADGERS	263	31-56-57-59-60	64-68	2:20:40	3:31	28:08	2:05
10	LAURENTIAN VOYAGEURS	274	38-42-63-65-66		2:22:44	3:35	28:33	2:29
11	NIPISSING LAKERS	295	39-49-58-74-75	77-78	2:24:35	3:37	28:55	3:32
12	RYERSON RAMS	334	52-69-70-71-72	81-82	2:27:43	3:42	29:33	2:34

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	210	Ben Carson		E4	WESTERN MUSTANGS	1	3:08	25:00
2	2	134	Eric Wynands		E4	QUEEN'S GAELS	1	3:10	25:14
3	3	233	Alex Cyr		E4	WINDSOR LANCERS	1	3:10	25:15
4		279	Taylor Forbes			Z HARBOUR TC	EXH	3:10	25:20
5	4	94	Max Turek		R	MCMaster MARAUDERS	1	3:11	25:21
6	5	95	Jeff Tweedle		E5	MCMaster MARAUDERS	2	3:11	25:22
7	6	240	Joe Kagumba		E5	WINDSOR LANCERS	2	3:11	25:24
8	7	246	Andrew Nebel		E4	WINDSOR LANCERS	3	3:11	25:25
9	8	130	Rob Kanko		E4	QUEEN'S GAELS	2	3:11	25:28
10	9	165	Robert Lawand		E3	TORONTO VARSITYBLUES	1	3:12	25:30
11	10	93	Sergio Raez Villanueva		E2	MCMaster MARAUDERS	3	3:12	25:31
12	11	131	Mitchell Kirby		R	QUEEN'S GAELS	3	3:12	25:32
13		278	Connor Darlington			Z HARBOUR TC	EXH	3:12	25:34
14	12	217	Isaiah Frielink		R	WESTERN MUSTANGS	2	3:12	25:36
15	13	86	Jonathan Favero		E3	MCMaster MARAUDERS	4	3:13	25:38
16		292	Phil Parrot-Migas			Z WESTERN ALUM	EXH	3:14	25:45
17	14	127	Brett Crowley		E1	QUEEN'S GAELS	4	3:14	25:46
18	15	91	Josh McGillivray		E2	MCMaster MARAUDERS	5	3:14	25:46
19	16	89	Christian MacGillivray		E3	MCMaster MARAUDERS	6	3:14	25:49
20		290	Kevin Blackney			Z WESTERN ALUM	EXH	3:15	25:54
21	17	129	Matt Flood		R	QUEEN'S GAELS	5	3:15	26:00
22	18	191	Chris Moore		E4	WATERLOO WARRIORS	1	3:16	26:02
23		280	Paul Rochus			Z HARBOUR TC	EXH	3:16	26:03
24	19	53	Joe Sheridan		E4	LAURIER GOLDEN HAWKS	1	3:16	26:07

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25	20	133	Joey Stel	E4	QUEEN'S GAELS	6	3:17	26:10
26	21	87	Ben Forestell	E4	MCMaster MARAUDERS	7	3:17	26:14
27	22	215	Liam Donnelly	R	WESTERN MUSTANGS	3	3:18	26:17
28	23	243	Shawn Master	E5	WINDSOR LANCERS	4	3:18	26:18
29	24	232	Mitch Cauchi	E2	WINDSOR LANCERS	5	3:18	26:19
30		284	Robert McCann		Z NO AFFILIATION	1	3:18	26:21
31		84	Patrick Deane	E4	MCMaster MARAUDERS	8	3:18	26:23
32	25	132	Mark Schmidt	E4	QUEEN'S GAELS	7	3:18	26:24
33		85	Alex Drover	R	MCMaster MARAUDERS	9	3:19	26:25
34	26	189	Felix Lawson	R	WATERLOO WARRIORS	2	3:19	26:25
35		96	Evan Ubene	E2	MCMaster MARAUDERS	10	3:19	26:26
36	27	69	Chris Davitt	SO	LE MOYNE DOLPHINS	1	3:19	26:26
37	28	251	Jacob Rothera	E3	WINDSOR LANCERS	6	3:19	26:32
38	29	213	Gregory Danayan	R	WESTERN MUSTANGS	4	3:20	26:33
39	30	234	Nick D'Alessandro	E2	WINDSOR LANCERS	7	3:20	26:34
40	31	13	Jelmer van den Hadelkamp	E4	BROCK BADGERS	1	3:20	26:36
41	32	159	Jesse Chen	E1	TORONTO VARSITYBLUES	2	3:20	26:36
42	33	209	Alex Broekhuysen	R	WESTERN MUSTANGS	5	3:20	26:36
43	34	67	Sean Beney	SR	LE MOYNE DOLPHINS	2	3:20	26:37
44		289	Hunter Andrin		Z WESTERN ALUM	EXH	3:20	26:37
45		92	Sam Nusselder	R	MCMaster MARAUDERS	11	3:20	26:37
46		88	Nick Kondrat	E4	MCMaster MARAUDERS	12	3:21	26:44
47	35	161	Zach Frangos	R	TORONTO VARSITYBLUES	3	3:21	26:45
48		253	Brendan Simone	R	WINDSOR LANCERS	8	3:22	26:52
49	36	50	Dan Hilbers	E2	LAURIER GOLDEN HAWKS	2	3:22	26:53
50		260	Ali Ghadghoni	E3	YORK LIONS	1	3:22	26:55
51	37	219	Brad Sheeler	R	WESTERN MUSTANGS	6	3:23	26:59
52	38	35	Paul Sagriff	R	LAURENTIAN VOYAGEURS	1	3:23	27:01
53		255	Josh Zilles	E2	WINDSOR LANCERS	9	3:23	27:02
54		286	Chris Fitzgibbon		Z U. TORONTO TC	EXH	3:23	27:04
55	39	109	Jordan Cascagnette	E5	NIPISSING LAKERS	1	3:24	27:07
56	40	160	Cameron Cira	R	TORONTO VARSITYBLUES	4	3:24	27:10
57		285	Joel Perera Satgunem		Z RYERSON ALUM	EXH	3:25	27:14
58	41	75	Nick Taylor	SO	LE MOYNE DOLPHINS	3	3:25	27:14
59		268	Dilan Brar		Z ESPOIR	EXH	3:25	27:16
60		249	Michael Pesce	E5	WINDSOR LANCERS	10	3:25	27:17
61		282	Marcel Scheele		Z LONDON LEGION TFC	EXH	3:25	27:18
62	42	27	Caleb Beland	E2	LAURENTIAN VOYAGEURS	2	3:25	27:19
63	43	49	Joey Hardy	R	LAURIER GOLDEN HAWKS	3	3:25	27:19
64	44	164	Yousef LaHaye	E3	TORONTO VARSITYBLUES	5	3:26	27:21
65	45	188	Ryan Heney	E2	WATERLOO WARRIORS	3	3:26	27:22
66		126	Declan Colwell	E2	QUEEN'S GAELS	8	3:26	27:24
67		281	Eric Gareau		Z LONDON LEGION TFC	EXH	3:26	27:25
68	46	221	Carter Wood	E3	WESTERN MUSTANGS	7	3:27	27:30
69	47	162	Chris Gowans	R	TORONTO VARSITYBLUES	6	3:27	27:32
70	48	193	Ian O'Donnell	E3	WATERLOO WARRIORS	4	3:27	27:33
71	49	115	Teagan Retty	E3	NIPISSING LAKERS	2	3:27	27:34
72		211	Adam Clayton	E3	WESTERN MUSTANGS	8	3:27	27:37
73		237	Mitch Heyink	E2	WINDSOR LANCERS	11	3:28	27:37
74		128	Nathan Dehghan	E3	QUEEN'S GAELS	9	3:28	27:38
75	50	182	Nick Bedi	E3	WATERLOO WARRIORS	5	3:28	27:40
76	51	168	Mitchell Miron	R	TORONTO VARSITYBLUES	7	3:28	27:43

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77	52	144	Michael Konstantopoulos	E3	RYERSON RAMS	1	3:28	27:44
78	53	186	Rhys Desmond	E2	WATERLOO WARRIORS	6	3:28	27:44
79		220	Matt Sheeler	E3	WESTERN MUSTANGS	9	3:29	27:50
80		242	Joshua Martin	E2	WINDSOR LANCERS	12	3:29	27:52
81		259	Sam Agnew	E1	YORK LIONS	2	3:29	27:52
82		83	Taylor Cornwall	E2	MCMASTER MARAUDERS	13	3:30	27:53
83		90	Eric MacPherson	E3	MCMASTER MARAUDERS	14	3:30	27:56
84		248	Nathan Outridge	E3	WINDSOR LANCERS	13	3:30	27:59
85	54	71	Griffin Klein	JR	LE MOYNE DOLPHINS	4	3:32	28:10
86		269	Rajan Brar		Z ESPOIR	EXH	3:32	28:10
87		170	Nick Wood	E5	TORONTO VARSITYBLUES	8	3:32	28:11
88	55	187	Zach Fortoff	R	WATERLOO WARRIORS	7	3:33	28:19
89	56	7	Aric Emery	E1	BROCK BADGERS	2	3:33	28:21
90	57	10	Jeremy Mol	E1	BROCK BADGERS	3	3:33	28:22
91		250	Alex Rocheleau	E3	WINDSOR LANCERS	14	3:34	28:28
92		185	Tucker Dandenault	R	WATERLOO WARRIORS	8	3:35	28:35
93	58	112	Travis Mann	E3	NIPISSING LAKERS	3	3:35	28:37
94	59	8	Salvatore Fiume	E1	BROCK BADGERS	4	3:35	28:40
95	60	12	Lucas Salazer-Reid	E3	BROCK BADGERS	5	3:36	28:41
96		166	Landon Leone	R	TORONTO VARSITYBLUES	9	3:36	28:45
97		267	Aiden Attema		Z ESPOIR	EXH	3:36	28:46
98		273	Ryan Santos		Z ESPOIR	EXH	3:37	28:51
99		183	Alec Cooper	E2	WATERLOO WARRIORS	9	3:37	28:54
100	61	52	Zach Savlov	E2	LAURIER GOLDEN HAWKS	4	3:38	28:58
101	62	48	Sandy Frieland	E2	LAURIER GOLDEN HAWKS	5	3:39	29:05
102		271	Joseph De Sousa		Z ESPOIR	EXH	3:39	29:10
103		184	Shane Corley	E4	WATERLOO WARRIORS	10	3:41	29:23
104	63	28	Jordan Burkitt	E1	LAURENTIAN VOYAGEURS	3	3:41	29:25
105	64	9	Branden Gallagher	E3	BROCK BADGERS	6	3:41	29:26
106	65	30	Sam Delage	E3	LAURENTIAN VOYAGEURS	4	3:42	29:29
107	66	32	Jarod Milford	E2	LAURENTIAN VOYAGEURS	5	3:42	29:30
108	67	47	Michael Charanduk	E3	LAURIER GOLDEN HAWKS	6	3:42	29:35
109	68	11	Dan O'Rourke	R	BROCK BADGERS	7	3:43	29:37
110	69	143	Ben Ing	R	RYERSON RAMS	2	3:43	29:39
111	70	142	Connor Dobos	E2	RYERSON RAMS	3	3:44	29:52
112		194	Caleb Ryan	E2	WATERLOO WARRIORS	11	3:46	30:08
113	71	146	Kevin Malas	E2	RYERSON RAMS	4	3:47	30:10
114	72	147	Aaron McQuaid	E3	RYERSON RAMS	5	3:48	30:18
115		238	Derek Hick	E1	WINDSOR LANCERS	15	3:48	30:25
116	73	66	Dom Battaglia	SO	LE MOYNE DOLPHINS	5	3:49	30:31
117	74	110	Jordan Frost	E1	NIPISSING LAKERS	4	3:50	30:38
118	75	111	Justin Leale	E2	NIPISSING LAKERS	5	3:50	30:39
119	76	51	Brendan Masters	E3	LAURIER GOLDEN HAWKS	7	3:52	30:50
120	77	116	Bryan Stone	E5	NIPISSING LAKERS	6	3:53	30:57
121	78	113	Malcolm McCubbin	E3	NIPISSING LAKERS	7	3:53	31:03
122		252	Brendan Sellars	R	WINDSOR LANCERS	16	3:53	31:04
123		235	Nathan Drouillard	R	WINDSOR LANCERS	17	3:54	31:12
124	79	73	Kevin Penalosa	JR	LE MOYNE DOLPHINS	6	3:56	31:25
125		114	Keenan McKay	E1	NIPISSING LAKERS	8	3:57	31:30
126		254	Zach Staffell	R	WINDSOR LANCERS	18	3:59	31:52
127		46	Sheldon Budhram	R	LAURIER GOLDEN HAWKS	8	4:01	32:04
128	80	74	Connor Price	SO	LE MOYNE DOLPHINS	7	4:12	33:33

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129		70	Mahamadou Jagana	JR	LE MOYNE DOLPHINS	8	4:17	34:10
130		247	Nick Neri	R	WINDSOR LANCERS	19	4:22	34:52
131	81	145	Jeffrey Lee	E2	RYERSON RAMS	6	4:24	35:07
132	82	148	Steve Rocha	E2	RYERSON RAMS	7	4:29	35:49
133		72	Nicholas Marchese	SO	LE MOYNE DOLPHINS	9	4:45	37:56

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TEAM: MCMASTER MARAUDERS SCORE: 47 PLACE: 1

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-4	Max Turek		R	94	25:21	3:11	5:06
6-5	Jeff Tweedle		E5	95	25:22	3:11	5:07
11-10	Sergio Raez Villanueva		E2	93	25:31	3:12	5:08
15-13	Jonathan Favero		E3	86	25:38	3:13	5:10
18-15	Josh McGillivray		E2	91	25:46	3:14	5:11
=====							
19-16	Christian MacGillivray		E3	89	25:49	3:14	5:12
26-21	Ben Forestell		E4	87	26:14	3:17	5:17
=====							
31	Patrick Deane		E4	84	26:23	3:18	5:19
33	Alex Drover		R	85	26:25	3:19	5:19
35	Evan Ubene		E2	96	26:26	3:19	5:20
45	Sam Nusselder		R	92	26:37	3:20	5:22
46	Nick Kondrat		E4	88	26:44	3:21	5:23
82	Taylor Cornwall		E2	83	27:53	3:30	5:37
83	Eric MacPherson		E3	90	27:56	3:30	5:38
Top 5 Total Time:		2:07:38			Top 5 Average Time:	25:32	
Top 5 Average per KM:		3:12			Top 5 Average Per MILE:	5:09	
1 - 5 Split:		25			1 - 7 Split:	53	
Top 7 Total Time:		2:59:41			Top 7 Average Time:	25:41	

TEAM: QUEEN'S GAELS SCORE: 52 PLACE: 2

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Eric Wynands		E4	134	25:14	3:10	5:05
9-8	Rob Kanko		E4	130	25:28	3:11	5:08
12-11	Mitchell Kirby		R	131	25:32	3:12	5:09
17-14	Brett Crowley		E1	127	25:46	3:14	5:11
21-17	Matt Flood		R	129	26:00	3:15	5:14
=====							
25-20	Joey Stel		E4	133	26:10	3:17	5:16
32-25	Mark Schmidt		E4	132	26:24	3:18	5:19
=====							
66	Declan Colwell		E2	126	27:24	3:26	5:31
74	Nathan Dehghan		E3	128	27:38	3:28	5:34
Top 5 Total Time:		2:08:00			Top 5 Average Time:	25:36	
Top 5 Average per KM:		3:12			Top 5 Average Per MILE:	5:09	
1 - 5 Split:		46			1 - 7 Split:	1:10	
Top 7 Total Time:		3:0:34			Top 7 Average Time:	25:48	

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TEAM: WINDSOR LANCERS

SCORE: 63

PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Alex Cyr		E4	233	25:15	3:10	5:05
7-6	Joe Kagumba		E5	240	25:24	3:11	5:07
8-7	Andrew Nebel		E4	246	25:25	3:11	5:07
28-23	Shawn Master		E5	243	26:18	3:18	5:18
29-24	Mitch Cauchi		E2	232	26:19	3:18	5:18
=====							
37-28	Jacob Rothera		E3	251	26:32	3:19	5:21
39-30	Nick D'Alessandro		E2	234	26:34	3:20	5:21
=====							
48	Brendan Simone		R	253	26:52	3:22	5:25
53	Josh Zilles		E2	255	27:02	3:23	5:27
60	Michael Pesce		E5	249	27:17	3:25	5:30
73	Mitch Heyink		E2	237	27:37	3:28	5:34
80	Joshua Martin		E2	242	27:52	3:29	5:37
84	Nathan Outridge		E3	248	27:59	3:30	5:38
91	Alex Rocheleau		E3	250	28:28	3:34	5:44
115	Derek Hick		E1	238	30:25	3:49	6:08
122	Brendan Sellars		R	252	31:04	3:53	6:15
123	Nathan Drouillard		R	235	31:12	3:54	6:17
126	Zach Staffell		R	254	31:52	3:59	6:25
130	Nick Neri		R	247	34:52	4:22	7:01

Top 5 Total Time: 2:08:41
Top 5 Average per KM: 3:14
1 - 5 Split: 1:04
Top 7 Total Time: 3:1:47

Top 5 Average Time: 25:45
Top 5 Average Per MILE: 5:11
1 - 7 Split: 1:19
Top 7 Average Time: 25:59

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TEAM: WESTERN MUSTANGS SCORE: 97 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Ben Carson		E4	210	25:00	3:08	5:02
14-12	Isaiah Frielink		R	217	25:36	3:12	5:09
27-22	Liam Donnelly		R	215	26:17	3:18	5:18
38-29	Gregory Danayan		R	213	26:33	3:20	5:21
42-33	Alex Broekhuysse		R	209	26:36	3:20	5:22
51-37	Brad Sheeler		R	219	26:59	3:23	5:26
68-46	Carter Wood		E3	221	27:30	3:27	5:32
72	Adam Clayton		E3	211	27:37	3:28	5:34
79	Matt Sheeler		E3	220	27:50	3:29	5:36
Top 5 Total Time:		2:10:02			Top 5 Average Time:		26:01
Top 5 Average per KM:		3:16			Top 5 Average Per MILE:		5:14
1 - 5 Split:		1:36			1 - 7 Split:		2:30
Top 7 Total Time:		3:4:31			Top 7 Average Time:		26:22

TEAM: TORONTO VARSITYBLUES SCORE: 160 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-9	Robert Lawand		E3	165	25:30	3:12	5:08
41-32	Jesse Chen		E1	159	26:36	3:20	5:22
47-35	Zach Frangos		R	161	26:45	3:21	5:23
56-40	Cameron Cira		R	160	27:10	3:24	5:28
64-44	Yousef LaHaye		E3	164	27:21	3:26	5:31
69-47	Chris Gowans		R	162	27:32	3:27	5:33
76-51	Mitchell Miron		R	168	27:43	3:28	5:35
87	Nick Wood		E5	170	28:11	3:32	5:41
96	Landon Leone		R	166	28:45	3:36	5:48
Top 5 Total Time:		2:13:22			Top 5 Average Time:		26:41
Top 5 Average per KM:		3:21			Top 5 Average Per MILE:		5:22
1 - 5 Split:		1:51			1 - 7 Split:		2:13
Top 7 Total Time:		3:8:37			Top 7 Average Time:		26:57

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TEAM: WATERLOO WARRIORS SCORE: 187 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
22-18	Chris Moore		E4	191	26:02	3:16	5:15
34-26	Felix Lawson		R	189	26:25	3:19	5:19
65-45	Ryan Heney		E2	188	27:22	3:26	5:31
70-48	Ian O'Donnell		E3	193	27:33	3:27	5:33
75-50	Nick Bedi		E3	182	27:40	3:28	5:34
=====							
78-53	Rhys Desmond		E2	186	27:44	3:28	5:35
88-55	Zach Fortoff		R	187	28:19	3:33	5:42
=====							
92	Tucker Dandenault		R	185	28:35	3:35	5:45
99	Alec Cooper		E2	183	28:54	3:37	5:49
103	Shane Corley		E4	184	29:23	3:41	5:55
112	Caleb Ryan		E2	194	30:08	3:46	6:04
Top 5 Total Time:		2:15:02			Top 5 Average Time:	27:01	
Top 5 Average per KM:		3:23			Top 5 Average Per MILE:	5:26	
1 - 5 Split:		1:38			1 - 7 Split:	2:17	
Top 7 Total Time:		3:11:05			Top 7 Average Time:	27:18	

TEAM: LAURIER GOLDEN HAWKS SCORE: 221 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
24-19	Joe Sheridan		E4	53	26:07	3:16	5:16
49-36	Dan Hilbers		E2	50	26:53	3:22	5:25
63-43	Joey Hardy		R	49	27:19	3:25	5:30
100-61	Zach Savlov		E2	52	28:58	3:38	5:50
101-62	Sandy Frieland		E2	48	29:05	3:39	5:52
=====							
108-67	Michael Charanduk		E3	47	29:35	3:42	5:58
119-76	Brendan Masters		E3	51	30:50	3:52	6:13
=====							
127	Sheldon Budhram		R	46	32:04	4:01	6:28
Top 5 Total Time:		2:18:22			Top 5 Average Time:	27:41	
Top 5 Average per KM:		3:28			Top 5 Average Per MILE:	5:35	
1 - 5 Split:		2:58			1 - 7 Split:	4:43	
Top 7 Total Time:		3:18:47			Top 7 Average Time:	28:24	

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TEAM: LE MOYNE DOLPHINS SCORE: 229 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
36-27	Chris Davitt		SO	69	26:26	3:19	5:20
43-34	Sean Beney		SR	67	26:37	3:20	5:22
58-41	Nick Taylor		SO	75	27:14	3:25	5:29
85-54	Griffin Klein		JR	71	28:10	3:32	5:40
116-73	Dom Battaglia		SO	66	30:31	3:49	6:09
=====							
124-79	Kevin Penaloza		JR	73	31:25	3:56	6:20
128-80	Connor Price		SO	74	33:33	4:12	6:45
=====							
129	Mahamadou Jagana		JR	70	34:10	4:17	6:53
133	Nicholas Marchese		SO	72	37:56	4:45	7:38
Top 5 Total Time:		2:18:58			Top 5 Average Time:	27:48	
Top 5 Average per KM:		3:29			Top 5 Average Per MILE:	5:36	
1 - 5 Split:		4:05			1 - 7 Split:	7:07	
Top 7 Total Time:		3:23:56			Top 7 Average Time:	29:08	

TEAM: BROCK BADGERS SCORE: 263 PLACE: 9

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
40-31	Jelmer van den Hadelkamp		E4	13	26:36	3:20	5:22
89-56	Aric Emery		E1	7	28:21	3:33	5:43
90-57	Jeremy Mol		E1	10	28:22	3:33	5:43
94-59	Salvatore Fiume		E1	8	28:40	3:35	5:47
95-60	Lucas Salazer-Reid		E3	12	28:41	3:36	5:47
=====							
105-64	Branden Gallagher		E3	9	29:26	3:41	5:56
109-68	Dan O'Rourke		R	11	29:37	3:43	5:58
=====							
Top 5 Total Time:		2:20:40			Top 5 Average Time:	28:08	
Top 5 Average per KM:		3:31			Top 5 Average Per MILE:	5:40	
1 - 5 Split:		2:05			1 - 7 Split:	3:01	
Top 7 Total Time:		3:19:43			Top 7 Average Time:	28:32	

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TEAM: LAURENTIAN VOYAGEURS SCORE: 274 PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
52-38	Paul Sagriff		R	35	27:01	3:23	5:27
62-42	Caleb Beland		E2	27	27:19	3:25	5:30
104-63	Jordan Burkitt		E1	28	29:25	3:41	5:56
106-65	Sam Delage		E3	30	29:29	3:42	5:56
107-66	Jarod Milford		E2	32	29:30	3:42	5:57

Top 5 Total Time:	2:22:44	Top 5 Average Time:	28:33
Top 5 Average per KM:	3:35	Top 5 Average Per MILE:	5:45
1 - 5 Split:	2:29	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

TEAM: NIPISSING LAKERS SCORE: 295 PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
55-39	Jordan Cascagnette		E5	109	27:07	3:24	5:28
71-49	Teagan Retty		E3	115	27:34	3:27	5:33
93-58	Travis Mann		E3	112	28:37	3:35	5:46
117-74	Jordan Frost		E1	110	30:38	3:50	6:10
118-75	Justin Leale		E2	111	30:39	3:50	6:10
120-77	Bryan Stone		E5	116	30:57	3:53	6:14
121-78	Malcolm McCubbin		E3	113	31:03	3:53	6:15
125	Keenan McKay		E1	114	31:30	3:57	6:21

Top 5 Total Time:	2:24:35	Top 5 Average Time:	28:55
Top 5 Average per KM:	3:37	Top 5 Average Per MILE:	5:50
1 - 5 Split:	3:32	1 - 7 Split:	3:56
Top 7 Total Time:	3:26:35	Top 7 Average Time:	29:31

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TEAM: RYERSON RAMS

SCORE: 334

PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
77-52	Michael Konstantopoulos		E3	144	27:44	3:28	5:35
110-69	Ben Ing		R	143	29:39	3:43	5:58
111-70	Connor Dobos		E2	142	29:52	3:44	6:01
113-71	Kevin Malas		E2	146	30:10	3:47	6:05
114-72	Aaron McQuaid		E3	147	30:18	3:48	6:06
=====							
131-81	Jeffrey Lee		E2	145	35:07	4:24	7:04
132-82	Steve Rocha		E2	148	35:49	4:29	7:13
=====							
Top 5 Total Time:		2:27:43		Top 5 Average Time:		29:33	
Top 5 Average per KM:		3:42		Top 5 Average Per MILE:		5:57	
1 - 5 Split:		2:34		1 - 7 Split:		8:05	
Top 7 Total Time:		3:38:39		Top 7 Average Time:		31:15	

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START @ 10:00am

Conditions: sunny humid 26°C

MEET RECORD:none first time for 6k

COURSE RECORD:Julie-Ann Staehli Queen's Gaels 20:51.00 9-Nov-2013

POINTS RECORD:Osaka Japan '02 McMaster 2010 28 pts

TEAM TIME RECORD:Guelph Gryphons 1:47:33 [sum of 5] avg 21:30 for 5 CIS 2013

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	QUEEN'S GAELS	55	1-4-10-19-21	34	1:52:02	3:45	22:25	2:56
2	WESTERN MUSTANGS	66	2-6-13-22-23	35-38	1:53:24	3:47	22:41	2:52
3	TORONTO VARSITYBLUES	86	5-8-12-14-47	73	1:54:47	3:50	22:58	2:51
4	LAURENTIAN VOYAGEURS	131	11-25-30-32-33	39-46	1:58:34	3:58	23:43	1:31
5	WATERLOO WARRIORS	132	15-20-26-31-40	45-55	1:59:07	3:59	23:50	1:19
6	LAURIER GOLDEN HAWKS	158	9-16-17-56-60	61-67	1:59:36	4:00	23:56	2:51
7	MCMASTER MARAUDERS	163	7-28-29-48-51	53-64	1:59:57	4:00	24:00	2:33
8	LE MOYNE DOLPHINS	196	24-27-41-50-54	58-63	2:02:02	4:05	24:25	1:17
9	WINDSOR LANCERS	220	3-49-52-57-59	71-74	2:01:34	4:04	24:19	4:11
10	NIPISSING LAKERS	232	18-37-43-65-69	70-76	2:03:36	4:08	24:44	2:38
11	BROCK BADGERS	274	36-42-62-66-68		2:05:45	4:12	25:09	1:36
12	RYERSON RAMS	346	44-72-75-77-78		2:11:53	4:24	26:23	2:52
	YORK LIONS		79-100-103					
	Z ESPOIR							
	Z HARBOUR TC							
	Z WESTERN ALUM							

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	122	Branna MacDougall		E2	QUEEN'S GAELS	1	3:28	20:45
2	2	204	Kristina Popadich		E4	WESTERN MUSTANGS	1	3:29	20:51
3	3	228	Stef Smith		E5	WINDSOR LANCERS	1	3:32	21:11
4	4	124	Amy Stephenson		E5	QUEEN'S GAELS	2	3:38	21:43
5	5	154	Maddy Kelly		E5	TORONTO VARSITYBLUES	1	3:39	21:53
6		288	Amanda Truelove			Z WESTERN ALUM	EXH	3:41	22:03
7	6	196	Kate Current		E1	WESTERN MUSTANGS	2	3:43	22:15
8	7	76	Melissa Caruso		E5	MCMASTER MARAUDERS	1	3:44	22:22
9	8	156	Jazz Shukla		E2	TORONTO VARSITYBLUES	2	3:45	22:25
10	9	36	Bettina Boucher		E4	LAURIER GOLDEN HAWKS	1	3:46	22:32
11	10	123	Taylor Sills		E4	QUEEN'S GAELS	3	3:46	22:35
12	11	14	Jenny Bottomly		E2	LAURENTIAN VOYAGEURS	1	3:46	22:36
13	12	150	Christiana Agustin		E3	TORONTO VARSITYBLUES	3	3:48	22:43
14	13	208	Jessica White		E5	WESTERN MUSTANGS	3	3:49	22:53
15	14	155	Katherine Marshall		R	TORONTO VARSITYBLUES	4	3:51	23:02
16		287	Emma Tallman			Z WESTERN ALUM	EXH	3:51	23:04
17	15	181	Stephanie Ryall		E2	WATERLOO WARRIORS	1	3:52	23:08
18	16	43	Sydney Pattison		E2	LAURIER GOLDEN HAWKS	2	3:52	23:11
19	17	40	Lizzy Laurie		E2	LAURIER GOLDEN HAWKS	3	3:53	23:13

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20	18	106	Sarah Sasson	R	NIPISSING LAKERS	1	3:53	23:16
21	19	125	Jade Watson	R	QUEEN'S GAELS	4	3:53	23:18
22		276	Gabrielle Foran		Z HARBOUR TC	EXH	3:54	23:20
23		277	Maxine Gravina		Z HARBOUR TC	EXH	3:55	23:29
24	20	180	Alyssa Randall	E2	WATERLOO WARRIORS	2	3:57	23:40
25	21	120	Brianna Bradley	E3	QUEEN'S GAELS	5	3:57	23:41
26	22	205	Hilary Stone	E4	WESTERN MUSTANGS	4	3:57	23:42
27	23	201	Meredith Leitch	E4	WESTERN MUSTANGS	5	3:58	23:43
28	24	58	Eva Keohane	FR	LE MOYNE DOLPHINS	1	3:58	23:44
29	25	20	Nicole Rich	E4	LAURENTIAN VOYAGEURS	2	3:58	23:45
30	26	176	Samantha McGuinness	E4	WATERLOO WARRIORS	3	3:58	23:47
31	27	59	Brittney Mack	JR	LE MOYNE DOLPHINS	2	3:59	23:54
32	28	81	Erin Snelgrove	E5	MCMASTER MARAUDERS	2	4:00	23:56
33	29	77	Madeleine Kennedy	E2	MCMASTER MARAUDERS	3	4:00	23:59
34	30	22	Nicole Sartor	R	LAURENTIAN VOYAGEURS	3	4:00	23:59
35	31	173	Madison Greenough	R	WATERLOO WARRIORS	4	4:01	24:05
36	32	19	Jessie Nusselder	E3	LAURENTIAN VOYAGEURS	4	4:02	24:07
37	33	15	Megan Crocker	E3	LAURENTIAN VOYAGEURS	5	4:02	24:07
38	34	118	Marley Beckett	R	QUEEN'S GAELS	6	4:02	24:09
39	35	198	Breanna Faiczak	E2	WESTERN MUSTANGS	6	4:02	24:10
40	36	5	Paulina Sergnese	E2	BROCK BADGERS	1	4:03	24:13
41	37	100	Katie Gibson	E3	NIPISSING LAKERS	2	4:03	24:15
42	38	197	Hayley Dick	E2	WESTERN MUSTANGS	7	4:04	24:19
43	39	25	Heidi Tuszkievicz	E3	LAURENTIAN VOYAGEURS	6	4:04	24:20
44		202	Katie Matthews	E4	WESTERN MUSTANGS	8	4:04	24:22
45		200	Lauren Kanko	E1	WESTERN MUSTANGS	9	4:04	24:23
46	40	178	Emily Nichols	E3	WATERLOO WARRIORS	5	4:05	24:27
47		206	Elizabeth Teasel	R	WESTERN MUSTANGS	10	4:05	24:28
48	41	56	Jeanette Cudney	SR	LE MOYNE DOLPHINS	3	4:05	24:30
49	42	1	Joanna Francolini	E4	BROCK BADGERS	2	4:06	24:33
50	43	105	Jennifer Leroy	E1	NIPISSING LAKERS	3	4:06	24:35
51	44	135	Sylvie Antoun	E5	RYERSON RAMS	1	4:07	24:38
52	45	179	Madeleine Nolan	R	WATERLOO WARRIORS	6	4:07	24:42
53	46	24	Breanne Steven	E2	LAURENTIAN VOYAGEURS	7	4:07	24:43
54	47	152	Juliette Davis	R	TORONTO VARSITYBLUES	5	4:08	24:44
55	48	82	Emma Waddington	E2	MCMASTER MARAUDERS	4	4:08	24:45
56	49	224	Sydney Hawkins	E4	WINDSOR LANCERS	2	4:08	24:48
57	50	57	Vanessa Eberhard	FR	LE MOYNE DOLPHINS	4	4:09	24:53
58	51	79	Meghan Rothenbroker	R	MCMASTER MARAUDERS	5	4:10	24:55
59	52	223	Rachel Crawley	E3	WINDSOR LANCERS	3	4:10	24:55
60		261	Taryn Jakub		Z ESPOIR	EXH	4:10	24:56
61	53	78	Lauren Locco	E4	MCMASTER MARAUDERS	6	4:10	24:56
62	54	61	Haleigh Pascual	FR	LE MOYNE DOLPHINS	5	4:11	25:01
63		207	Anjoli Vanderkuur	E3	WESTERN MUSTANGS	11	4:11	25:03
64		23	Meghan Sippel	R	LAURENTIAN VOYAGEURS	8	4:12	25:12
65	55	174	Jessica Li	R	WATERLOO WARRIORS	7	4:12	25:12
66		177	Elyssa Murray	R	WATERLOO WARRIORS	8	4:13	25:14
67	56	39	Lauren Kerker	E3	LAURIER GOLDEN HAWKS	4	4:13	25:17
68	57	230	Mya Vialva	R	WINDSOR LANCERS	4	4:13	25:18
69	58	65	Mya Walters	SO	LE MOYNE DOLPHINS	6	4:14	25:19
70	59	226	Fiona Rocheleau	E3	WINDSOR LANCERS	5	4:14	25:22

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71	60	37	Hayley Carrescia	E2	LAURIER GOLDEN HAWKS	5	4:14	25:23
72	61	42	Jessica Martin	E2	LAURIER GOLDEN HAWKS	6	4:15	25:26
73	62	2	Cassandra Hinz	E2	BROCK BADGERS	3	4:15	25:28
74	63	55	Siara Clos	SO	LE MOYNE DOLPHINS	7	4:15	25:30
75	64	80	Allison Sippel	R	MCMASTER MARAUDERS	7	4:16	25:32
76	65	104	Katie Kozub	E5	NIPISSING LAKERS	4	4:16	25:36
77	66	4	Annelise Martin	E4	BROCK BADGERS	4	4:17	25:42
78	67	38	Jenna Gascho	E3	LAURIER GOLDEN HAWKS	7	4:18	25:43
79		258	Vaishnavy Yogarajah	E4	E4 YORK LIONS	1	4:18	25:46
80	68	3	Erin Laughlin	E4	BROCK BADGERS	5	4:19	25:49
81		171	Lauren Brewster	E2	WATERLOO WARRIORS	9	4:19	25:50
82		62	Jordan Sloan	SO	LE MOYNE DOLPHINS	8	4:19	25:52
83	69	103	Stephanie Knowles	E2	NIPISSING LAKERS	5	4:19	25:54
84		262	Kasha Mansour		Z ESPOIR	EXH	4:21	26:02
85		172	Megan Doleweerd	E2	WATERLOO WARRIORS	10	4:21	26:02
86	70	101	Kristina Haghgoo	E2	NIPISSING LAKERS	6	4:21	26:03
87		17	Kelsey Lefebvre	E3	LAURENTIAN VOYAGEURS	9	4:21	26:04
88	71	222	Vanessa Cotter	E2	WINDSOR LANCERS	6	4:21	26:05
89	72	138	Melinda Marghetis	E3	RYERSON RAMS	2	4:21	26:06
90	73	151	Mary Cole	E3	TORONTO VARSITYBLUES	6	4:22	26:10
91	74	225	Daniela Papac	R	WINDSOR LANCERS	7	4:23	26:15
92		44	Emma Segato	E3	LAURIER GOLDEN HAWKS	8	4:23	26:18
93	75	140	Corinne Schonewille	R	RYERSON RAMS	3	4:23	26:18
94		227	Chelsea Salter	E2	WINDSOR LANCERS	8	4:24	26:21
95		203	Lauren Negrazis	E2	WESTERN MUSTANGS	12	4:25	26:26
96		175	Alexandra McGowan	E3	WATERLOO WARRIORS	11	4:25	26:27
97	76	97	Sarah Arendt	E4	NIPISSING LAKERS	7	4:27	26:40
98		21	Lindsay Robinson	R	LAURENTIAN VOYAGEURS	10	4:28	26:47
99		16	Lyndsay Greasley	E5	LAURENTIAN VOYAGEURS	11	4:28	26:49
100		256	Amanda Hroncok	E2	YORK LIONS	2	4:30	26:57
101		60	Rachael Miller	JR	LE MOYNE DOLPHINS	9	4:31	27:04
102		41	Daphne Marcil	R	LAURIER GOLDEN HAWKS	9	4:32	27:11
103		293	Ivon Jaimes	E4	YORK LIONS	3	4:34	27:19
104	77	139	Yulia Romanenko	E1	RYERSON RAMS	4	4:34	27:21
105		102	Lauren Jackson	E2	NIPISSING LAKERS	8	4:35	27:27
106	78	136	Anna Cianni	E3	RYERSON RAMS	5	4:35	27:30
107		18	Karissa Merrylees	R	LAURENTIAN VOYAGEURS	12	4:37	27:39
108		54	Alivia Arlis	SO	LE MOYNE DOLPHINS	10	4:38	27:45
109		63	Jillian Stagnita	SO	LE MOYNE DOLPHINS	11	4:47	28:39
110		229	Bridget Taylor	E3	WINDSOR LANCERS	9	4:50	28:55
111		64	McKenzie Tripp	JR	LE MOYNE DOLPHINS	12	4:58	29:47
112		99	Emily Drake	R	NIPISSING LAKERS	9	5:00	29:58

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TEAM: QUEEN'S GAELS**SCORE: 55****PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Branna MacDougall		E2	122	20:45	3:28	5:34
4-4	Amy Stephenson		E5	124	21:43	3:38	5:50
11-10	Taylor Sills		E4	123	22:35	3:46	6:04
21-19	Jade Watson		R	125	23:18	3:53	6:15
25-21	Brianna Bradley		E3	120	23:41	3:57	6:22
<hr/>							
38-34	Marley Beckett		R	118	24:09	4:02	6:29
Top 5 Total Time:		1:52:02			Top 5 Average Time:	22:25	
Top 5 Average per KM:		3:45			Top 5 Average Per MILE:	6:01	
1 - 5 Split:		2:56			1 - 7 Split:		
Top 7 Total Time:					Top 7 Average Time:		

TEAM: WESTERN MUSTANGS**SCORE: 66****PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Kristina Popadich		E4	204	20:51	3:29	5:36
7-6	Kate Current		E1	196	22:15	3:43	5:59
14-13	Jessica White		E5	208	22:53	3:49	6:09
26-22	Hilary Stone		E4	205	23:42	3:57	6:22
27-23	Meredith Leitch		E4	201	23:43	3:58	6:22
<hr/>							
39-35	Breanna Faiczak		E2	198	24:10	4:02	6:29
42-38	Hayley Dick		E2	197	24:19	4:04	6:32
<hr/>							
44	Katie Matthews		E4	202	24:22	4:04	6:33
45	Lauren Kanko		E1	200	24:23	4:04	6:33
47	Elizabeth Teasel		R	206	24:28	4:05	6:34
63	Anjoli Vanderkuur		E3	207	25:03	4:11	6:44
95	Lauren Negrazis		E2	203	26:26	4:25	7:06
Top 5 Total Time:		1:53:24			Top 5 Average Time:	22:41	
Top 5 Average per KM:		3:47			Top 5 Average Per MILE:	6:05	
1 - 5 Split:		2:52			1 - 7 Split:	3:28	
Top 7 Total Time:		2:41:53			Top 7 Average Time:	23:08	

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TEAM: TORONTO VARSITYBLUES SCORE: 86 PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Maddy Kelly		E5	154	21:53	3:39	5:53
9-8	Jazz Shukla		E2	156	22:25	3:45	6:01
13-12	Christiana Agustin		E3	150	22:43	3:48	6:06
15-14	Katherine Marshall		R	155	23:02	3:51	6:11
54-47	Juliette Davis		R	152	24:44	4:08	6:39
=====							
90-73	Mary Cole		E3	151	26:10	4:22	7:02
	Top 5 Total Time:	1:54:47			Top 5 Average Time:	22:58	
	Top 5 Average per KM:	3:50			Top 5 Average Per MILE:	6:10	
	1 - 5 Split:	2:51			1 - 7 Split:		
	Top 7 Total Time:				Top 7 Average Time:		

TEAM: LAURENTIAN VOYAGEURS SCORE: 131 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
12-11	Jenny Bottomly		E2	14	22:36	3:46	6:04
29-25	Nicole Rich		E4	20	23:45	3:58	6:23
34-30	Nicole Sartor		R	22	23:59	4:00	6:26
36-32	Jessie Nusselder		E3	19	24:07	4:02	6:29
37-33	Megan Crocker		E3	15	24:07	4:02	6:29
=====							
43-39	Heidi Tuskiewicz		E3	25	24:20	4:04	6:32
53-46	Breanne Steven		E2	24	24:43	4:08	6:38
=====							
64	Meghan Sippel		R	23	25:12	4:12	6:46
87	Kelsey Lefebvre		E3	17	26:04	4:21	7:00
98	Lindsay Robinson		R	21	26:47	4:28	7:12
99	Lyndsay Greasley		E5	16	26:49	4:29	7:12
107	Karissa Merrylees		R	18	27:39	4:37	7:25
	Top 5 Total Time:	1:58:34			Top 5 Average Time:	23:43	
	Top 5 Average per KM:	3:58			Top 5 Average Per MILE:	6:22	
	1 - 5 Split:	1:31			1 - 7 Split:	2:07	
	Top 7 Total Time:	2:47:37			Top 7 Average Time:	23:57	

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TEAM: WATERLOO WARRIORS SCORE: 132 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-15	Stephanie Ryall		E2	181	23:08	3:52	6:13
24-20	Alyssa Randall		E2	180	23:40	3:57	6:21
30-26	Samantha McGuinness		E4	176	23:47	3:58	6:23
35-31	Madison Greenough		R	173	24:05	4:01	6:28
46-40	Emily Nichols		E3	178	24:27	4:05	6:34
=====							
52-45	Madeleine Nolan		R	179	24:42	4:07	6:38
65-55	Jessica Li		R	174	25:12	4:12	6:46
=====							
66	Elyssa Murray		R	177	25:14	4:13	6:47
81	Lauren Brewster		E2	171	25:50	4:19	6:56
85	Megan Doleweerd		E2	172	26:02	4:21	6:59
96	Alexandra McGowan		E3	175	26:27	4:25	7:06
Top 5 Total Time:		1:59:07	Top 5 Average Time:		23:50		
Top 5 Average per KM:		3:59	Top 5 Average Per MILE:		6:24		
1 - 5 Split:		1:19	1 - 7 Split:		2:04		
Top 7 Total Time:		2:49:01	Top 7 Average Time:		24:09		

TEAM: LAURIER GOLDEN HAWKS SCORE: 158 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-9	Bettina Boucher		E4	36	22:32	3:46	6:03
18-16	Sydney Pattison		E2	43	23:11	3:52	6:14
19-17	Lizzy Laurie		E2	40	23:13	3:53	6:14
67-56	Lauren Kerker		E3	39	25:17	4:13	6:47
71-60	Hayley Carrescia		E2	37	25:23	4:14	6:49
=====							
72-61	Jessica Martin		E2	42	25:26	4:15	6:50
78-67	Jenna Gascho		E3	38	25:43	4:18	6:54
=====							
92	Emma Segato		E3	44	26:18	4:23	7:04
102	Daphne Marcil		R	41	27:11	4:32	7:18
Top 5 Total Time:		1:59:36	Top 5 Average Time:		23:56		
Top 5 Average per KM:		4:00	Top 5 Average Per MILE:		6:25		
1 - 5 Split:		2:51	1 - 7 Split:		3:11		
Top 7 Total Time:		2:50:45	Top 7 Average Time:		24:24		

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TEAM: MCMASTER MARAUDERS SCORE: 163 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
8-7	Melissa Caruso		E5	76	22:22	3:44	6:00
32-28	Erin Snelgrove		E5	81	23:56	4:00	6:26
33-29	Madeleine Kennedy		E2	77	23:59	4:00	6:26
55-48	Emma Waddington		E2	82	24:45	4:08	6:39
58-51	Meghan Rothenbroker		R	79	24:55	4:10	6:41
61-53	Lauren Locco		E4	78	24:56	4:10	6:42
75-64	Allison Sippel		R	80	25:32	4:16	6:51
Top 5 Total Time:		1:59:57	Top 5 Average Time:		24:00		
Top 5 Average per KM:		4:00	Top 5 Average Per MILE:		6:27		
1 - 5 Split:		2:33	1 - 7 Split:		3:10		
Top 7 Total Time:		2:50:25	Top 7 Average Time:		24:21		

TEAM: LE MOYNE DOLPHINS SCORE: 196 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
28-24	Eva Keohane		FR	58	23:44	3:58	6:22
31-27	Brittney Mack		JR	59	23:54	3:59	6:25
48-41	Jeanette Cudney		SR	56	24:30	4:05	6:35
57-50	Vanessa Eberhard		FR	57	24:53	4:09	6:41
62-54	Haleigh Pascual		FR	61	25:01	4:11	6:43
69-58	Mya Walters		SO	65	25:19	4:14	6:48
74-63	Siara Clos		SO	55	25:30	4:15	6:51
82	Jordan Sloan		SO	62	25:52	4:19	6:57
101	Rachael Miller		JR	60	27:04	4:31	7:16
108	Alivia Arlis		SO	54	27:45	4:38	7:27
109	Jillian Stagnita		SO	63	28:39	4:47	7:42
111	McKenzie Tripp		JR	64	29:47	4:58	8:00
Top 5 Total Time:		2:02:02	Top 5 Average Time:		24:25		
Top 5 Average per KM:		4:05	Top 5 Average Per MILE:		6:33		
1 - 5 Split:		1:17	1 - 7 Split:		1:46		
Top 7 Total Time:		2:52:51	Top 7 Average Time:		24:42		

