

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**Event # 1 WOMENS 5K Run**

START @ 10:00am

Conditions: sunny, 16°C

MEET RECORD:Lyndsay Carson Guelph Gryphons 17:02.00 26-Sep2009

COURSE RECORD:Lyndsay Carson Guelph Gryphons 17:02.00 26-Sep2009

POINTS RECORD:Osaka Japan '02 McMaster 2010 28 pts

TEAM TIME RECORD:GUELPH 89:31 [total for 5] avg 18:13 for 5 2009

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	MCMASTER MARAUDERS	74	3-10-17-19-25	30-32	1:33:07	3:44	18:38	1:22
2	LAURENTIAN VOYAGEURS	78	6-12-15-21-24	34-40	1:33:25	3:45	18:41	1:06
3	WESTERN MUSTANGS	89	11-13-14-22-29	37-39	1:34:17	3:47	18:52	:30
4	MCGILL	91	2-4-23-26-36	41-53	1:32:54	3:43	18:35	1:40
5	TORONTO VARSITY BLUE	109	5-7-20-35-42	43-52	1:33:49	3:46	18:46	1:46
6	WINDSOR LANCERS	131	1-8-16-49-57		1:35:12	3:49	19:03	3:17
7	QUEEN'S GAELS	143	9-18-31-38-47	48-50	1:35:46	3:50	19:10	1:31
8	WATERLOO WARRIORS	203	27-28-33-56-59	65-74	1:39:01	3:58	19:49	1:42
9	RYERSON RAMS	282	46-51-58-63-64	66-67	1:43:04	4:08	20:37	1:29
10	LAURIER GOLDEN HAWKS	283	45-54-55-61-68	72-79	1:43:34	4:09	20:43	1:50
11	NIPISSING LAKERS	333	44-69-71-73-76	78	1:47:16	4:18	21:28	2:27
12	YORK LIONS	344	60-62-70-75-77		1:48:39	4:21	21:44	1:53

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	117	Stefanie Smith		E3	WINDSOR LANCERS	1	3:30	17:26
2		129	Brogan McDougall			UNATTACHED		3:32	17:38
3	2	36	Melanie Myrand		E4	MCGILL	1	3:33	17:41
4	3	47	Maddy McDonald		E4	MCMASTER MARAUDERS	1	3:33	17:42
5	4	33	Jullien Flynn		E5	MCGILL	2	3:34	17:48
6	5	85	Madeleine Kelly		E3	TORONTO VARSITY BLUE	1	3:34	17:50
7	6	18	Katie Wismer		E5	LAURENTIAN VOYAGEURS	1	3:35	17:55
8	7	87	Honor Walmsley		E4	TORONTO VARSITY BLUE	2	3:39	18:11
9	8	114	Allie Parks		E4	WINDSOR LANCERS	2	3:39	18:15
10		130	Stephanie MacNeil			WESTERN ALUM	1	3:40	18:20
11	9	60	Charlotte Dunlap		E2	QUEEN'S GAELS	1	3:41	18:23
12	10	45	Chelsea Mackinnon		E5	MCMASTER MARAUDERS	2	3:44	18:36
13		131	Bridget Pyke			WESTERN ALUM	2	3:44	18:38
14	11	109	Erin Snelgrove		E4	WESTERN MUSTANGS	1	3:44	18:40
15	12	13	Michelle Kennedy		E5	LAURENTIAN VOYAGEURS	2	3:45	18:42
16	13	103	Katherine Lampard		E3	WESTERN MUSTANGS	2	3:45	18:43
17	14	108	Kristina Popadich		E2	WESTERN MUSTANGS	3	3:45	18:45
18	15	14	Marissa Lobert		E3	LAURENTIAN VOYAGEURS	3	3:46	18:49
19	16	118	Chelsea Viselli		R	WINDSOR LANCERS	3	3:46	18:49
20		65	Taylor Sills		E4	UNATTACHED		3:47	18:51
21	17	40	Gabrielle Foran		E5	MCMASTER MARAUDERS	3	3:47	18:51
22	18	61	Lindsay Kary		E1	QUEEN'S GAELS	2	3:47	18:53
23	19	38	Maddie Benjamin		E3	MCMASTER MARAUDERS	4	3:47	18:54
24	20	81	Lia Codrington		R	TORONTO VARSITY BLUE	3	3:48	18:56

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25	21	10	Samantha Edwards	E4	LAURENTIAN VOYAGEURS	4	3:48	<b>18:58</b>
26	22	110	Jessica White	E4	WESTERN MUSTANGS	4	3:48	<b>18:59</b>
27	23	34	Georgia Hamilton	E2	MCGILL	3	3:48	<b>18:59</b>
28	24	15	Jessie Nusselder	R	LAURENTIAN VOYAGEURS	5	3:49	<b>19:01</b>
29	25	49	Emily Nowak	E3	MCMASTER MARAUDERS	5	3:49	<b>19:04</b>
30	26	30	Morgane Butler	R	MCGILL	4	3:49	<b>19:05</b>
31	27	95	Erin Merkely	E3	WATERLOO WARRIORS	1	3:50	<b>19:07</b>
32	28	94	Samantha McGuinness	E2	WATERLOO WARRIORS	2	3:50	<b>19:09</b>
33	29	105	Ainsley Nantes	E4	WESTERN MUSTANGS	5	3:50	<b>19:10</b>
34	30	44	Lauren Locco	E2	MCMASTER MARAUDERS	6	3:50	<b>19:10</b>
35	31	56	Erin O'Higgins	E3	QUEEN'S GAELS	3	3:51	<b>19:11</b>
36	32	41	Alison Head	R	MCMASTER MARAUDERS	7	3:51	<b>19:13</b>
37	33	93	Alexandra McGowan	E2	WATERLOO WARRIORS	3	3:51	<b>19:15</b>
38	34	12	Nicole Hessels	R	LAURENTIAN VOYAGEURS	6	3:51	<b>19:15</b>
39	35	79	Christiana Agustin	R	TORONTO VARSITY BLUE	4	3:52	<b>19:16</b>
40	36	31	Meggie Dargis	R	MCGILL	5	3:53	<b>19:21</b>
41	37	104	Michelle Moakler	E1	WESTERN MUSTANGS	6	3:53	<b>19:22</b>
42	38	59	Beatrice Cigagna	E1	QUEEN'S GAELS	4	3:53	<b>19:25</b>
43	39	107	Stephanie Nevison	E4	WESTERN MUSTANGS	7	3:54	<b>19:26</b>
44		101	Mariel Flutert	E3	WESTERN MUSTANGS	8	3:55	<b>19:33</b>
45	40	7	Maddy Bak	E2	LAURENTIAN VOYAGEURS	7	3:55	<b>19:35</b>
46	41	28	Ashni Bhooolaton	R	MCGILL	6	3:56	<b>19:36</b>
47	42	80	Arden Burrows	R	TORONTO VARSITY BLUE	5	3:56	<b>19:36</b>
48		16	Nicole Rich	E1	LAURENTIAN VOYAGEURS	8	3:56	<b>19:37</b>
49	43	82	Mary Cole	E2	TORONTO VARSITY BLUE	6	3:56	<b>19:39</b>
50		9	Megan Crocker	E1	LAURENTIAN VOYAGEURS	9	3:57	<b>19:41</b>
51		46	Erin Mawhinney	E2	MCMASTER MARAUDERS	8	3:57	<b>19:42</b>
52	44	51	Katie Gibson	R	NIPISSING LAKERS	1	3:57	<b>19:43</b>
53	45	19	Sarah Cranmer-Bing	E2	LAURIER GOLDEN HAWKS	1	3:58	<b>19:46</b>
54	46	72	Megan Lewis-Schneider	E1	RYERSON RAMS	1	3:58	<b>19:48</b>
55		4	Annelise Martin	E3	BROCK BADGERS	1	3:58	<b>19:50</b>
56	47	63	Maggie Scheunert	R	QUEEN'S GAELS	5	3:59	<b>19:54</b>
57		128	Kayla Gallo		LAKEHEAD	1	4:00	<b>19:56</b>
58	48	58	Braeden Brown	FR	QUEEN'S GAELS	6	4:00	<b>19:57</b>
59	49	113	Sydney Hawkins	E2	WINDSOR LANCERS	4	4:00	<b>19:59</b>
60		43	Kristen Kuhn	R	MCMASTER MARAUDERS	9	4:00	<b>19:59</b>
61	50	67	Molly Steer	SO	QUEEN'S GAELS	7	4:01	<b>20:04</b>
62		39	Elise Bolger	R	MCMASTER MARAUDERS	10	4:02	<b>20:06</b>
63	51	77	Rebecca Verlaan	R	RYERSON RAMS	2	4:02	<b>20:06</b>
64	52	83	Avery Garrett-Patterson	R	TORONTO VARSITY BLUE	7	4:02	<b>20:07</b>
65		88	Eartha Weber	R	TORONTO VARSITY BLUE	8	4:02	<b>20:09</b>
66		106	Lauren Negrazis	E1	WESTERN MUSTANGS	9	4:03	<b>20:12</b>
67		64	Alanna Shearman	R	QUEEN'S GAELS	8	4:03	<b>20:12</b>
68		132	Breanna Faiczak		WESTERN REDSHIRT	1	4:03	<b>20:15</b>
69	53	29	Chantal Bourassa	E3	MCGILL	7	4:06	<b>20:26</b>
70		100	Sarah Emilio	E4	WESTERN MUSTANGS	10	4:06	<b>20:26</b>
71	54	21	Claire Flemming	2	LAURIER GOLDEN HAWKS	2	4:07	<b>20:33</b>
72		62	Laura Park	R	QUEEN'S GAELS	9	4:08	<b>20:36</b>
73	55	23	Serena Gill	E2	LAURIER GOLDEN HAWKS	3	4:08	<b>20:37</b>
74		3	Erin Laughlin	E2	BROCK BADGERS	2	4:08	<b>20:39</b>
75		133	Sarah McClure		WESTERN REDSHIRT	2	4:08	<b>20:40</b>
76	56	91	Jessica Cuabu	R	WATERLOO WARRIORS	4	4:09	<b>20:41</b>

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77	57	112	Lauren Fisico	E3	WINDSOR LANCERS	5	4:09	<b>20:43</b>
78	58	76	Hailey Sylvian	E1	RYERSON RAMS	3	4:09	<b>20:45</b>
79		86	Sarah Kwajafa	R	TORONTO VARSITY BLUE	9	4:10	<b>20:48</b>
80	59	89	Lauren Brewster	R	WATERLOO WARRIORS	5	4:10	<b>20:49</b>
81		35	Rebecca Johnson	R	MCGILL	8	4:10	<b>20:50</b>
82	60	127	Vaishnavy Yogarajah	E2	YORK LIONS	1	4:11	<b>20:54</b>
83		134	Hilary Stone		WESTERN REDSHIRT	3	4:11	<b>20:55</b>
84		37	Charlotte van Walraven	E4	MCGILL	9	4:12	<b>20:58</b>
85		42	Alannah Kelly	E3	MCMASTER MARAUDERS	11	4:12	<b>21:00</b>
86	61	24	Jessica Martin	1	LAURIER GOLDEN HAWKS	4	4:13	<b>21:02</b>
87		11	Lyndsay Greasley	E3	LAURENTIAN VOYAGEURS	10	4:13	<b>21:03</b>
88	62	120	Vanessa Ereqi	R	YORK LIONS	2	4:14	<b>21:06</b>
89	63	70	Amanda Hummel	R	RYERSON RAMS	4	4:14	<b>21:08</b>
90	64	69	Anna Cianni	E1	RYERSON RAMS	5	4:16	<b>21:17</b>
91		2	Mary Lapp	R	BROCK BADGERS	3	4:16	<b>21:20</b>
92	65	97	Olivia Scagnato	E1	WATERLOO WARRIORS	6	4:17	<b>21:21</b>
93	66	71	Enna Kim	E1	RYERSON RAMS	6	4:17	<b>21:24</b>
94	67	68	Sylvie Antoun	E1	RYERSON RAMS	7	4:18	<b>21:28</b>
95	68	20	Nicole Fiorini	E2	LAURIER GOLDEN HAWKS	5	4:20	<b>21:36</b>
96		32	Stephanie Doyon	E1	MCGILL	10	4:21	<b>21:43</b>
97		8	Marlisa Bevaart	R	LAURENTIAN VOYAGEURS	11	4:21	<b>21:44</b>
98	69	55	Jessica Mazonello	E2	NIPISSING LAKERS	2	4:22	<b>21:46</b>
99	70	126	Shae Turner	R	YORK LIONS	3	4:22	<b>21:46</b>
100	71	54	Stephanie Leggat	E5	NIPISSING LAKERS	3	4:22	<b>21:47</b>
101		75	Kaitlynn Sanger	R	RYERSON RAMS	8	4:22	<b>21:48</b>
102	72	26	Emma Segato	1	LAURIER GOLDEN HAWKS	6	4:22	<b>21:48</b>
103	73	53	Katie Kozub	E3	NIPISSING LAKERS	4	4:22	<b>21:50</b>
104	74	98	Nishi Shah	FR	WATERLOO WARRIORS	7	4:25	<b>22:05</b>
105	75	124	Anna Prouzou	R	YORK LIONS	4	4:26	<b>22:06</b>
106	76	52	Aidan Haghgoo	R	NIPISSING LAKERS	5	4:26	<b>22:10</b>
107		90	Janice Cooper	E2	WATERLOO WARRIORS	8	4:27	<b>22:14</b>
108		5	Brittany Murphy	E4	BROCK BADGERS	4	4:31	<b>22:34</b>
109		73	Melinda Marghetis	E1	RYERSON RAMS	9	4:33	<b>22:42</b>
110	77	119	Darya Chenskikh	E2	YORK LIONS	5	4:34	<b>22:47</b>
111	78	50	Sarah Arendt	E2	NIPISSING LAKERS	6	4:35	<b>22:51</b>
112		96	Emily Nichols	E2	WATERLOO WARRIORS	9	4:36	<b>22:56</b>
113		74	Hannah Park	R	RYERSON RAMS	10	4:39	<b>23:12</b>
114		78	Lucy Weissflog	R	RYERSON RAMS	11	4:44	<b>23:40</b>
115		17	Lisa Schutt	E1	LAURENTIAN VOYAGEURS	12	5:00	<b>24:56</b>
116	79	27	Jisca Wichers	1	LAURIER GOLDEN HAWKS	7	5:16	<b>26:16</b>

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**TEAM: MCMASTER MARAUDERS SCORE: 74 PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-3	Maddy McDonald		E4	47	17:42	3:33	5:42
12-10	Chelsea Mackinnon		E5	45	18:36	3:44	6:00
21-17	Gabrielle Foran		E5	40	18:51	3:47	6:05
23-19	Maddie Benjamin		E3	38	18:54	3:47	6:05
29-25	Emily Nowak		E3	49	19:04	3:49	6:09
34-30	Lauren Locco		E2	44	19:10	3:50	6:11
36-32	Alison Head		R	41	19:13	3:51	6:12
51	Erin Mawhinney		E2	46	19:42	3:57	6:21
60	Kristen Kuhn		R	43	19:59	4:00	6:26
62	Elise Bolger		R	39	20:06	4:02	6:29
85	Alannah Kelly		E3	42	21:00	4:12	6:46
<b>Top 5 Total Time:</b>		1:33:07	<b>Top 5 Average Time:</b>		18:38		
<b>Top 5 Average per KM:</b>		3:44	<b>Top 5 Average Per MILE:</b>		6:00		
<b>1 - 5 Split:</b>		1:22	<b>1 - 7 Split:</b>		1:31		
<b>Top 7 Total Time:</b>		2:11:30	<b>Top 7 Average Time:</b>		18:48		

**TEAM: LAURENTIAN VOYAGEURS SCORE: 78 PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
7-6	Katie Wismer		E5	18	17:55	3:35	5:47
15-12	Michelle Kennedy		E5	13	18:42	3:45	6:02
18-15	Marissa Lobert		E3	14	18:49	3:46	6:04
25-21	Samantha Edwards		E4	10	18:58	3:48	6:07
28-24	Jessie Nusselder		R	15	19:01	3:49	6:08
38-34	Nicole Hessels		R	12	19:15	3:51	6:12
45-40	Maddy Bak		E2	7	19:35	3:55	6:19
48	Nicole Rich		E1	16	19:37	3:56	6:19
50	Megan Crocker		E1	9	19:41	3:57	6:21
87	Lyndsay Greasley		E3	11	21:03	4:13	6:47
97	Marlisa Bevaart		R	8	21:44	4:21	7:00
115	Lisa Schutt		E1	17	24:56	5:00	8:02
<b>Top 5 Total Time:</b>		1:33:25	<b>Top 5 Average Time:</b>		18:41		
<b>Top 5 Average per KM:</b>		3:45	<b>Top 5 Average Per MILE:</b>		6:01		
<b>1 - 5 Split:</b>		1:06	<b>1 - 7 Split:</b>		1:40		
<b>Top 7 Total Time:</b>		2:12:15	<b>Top 7 Average Time:</b>		18:54		

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9/26/2015 - 9/26/2015

**TEAM: WESTERN MUSTANGS SCORE: 89 PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
14-11	Erin Snelgrove		E4	109	18:40	3:44	6:01
16-13	Katherine Lampard		E3	103	18:43	3:45	6:02
17-14	Kristina Popadich		E2	108	18:45	3:45	6:03
26-22	Jessica White		E4	110	18:59	3:48	6:07
33-29	Ainsley Nantes		E4	105	19:10	3:50	6:11
41-37	Michelle Moakler		E1	104	19:22	3:53	6:15
43-39	Stephanie Nevison		E4	107	19:26	3:54	6:16
44	Maricl Fluttert		E3	101	19:33	3:55	6:18
66	Lauren Negrazis		E1	106	20:12	4:03	6:31
70	Sarah Emilio		E4	100	20:26	4:06	6:35
<b>Top 5 Total Time:</b>		1:34:17	<b>Top 5 Average Time:</b>		18:52		
<b>Top 5 Average per KM:</b>		3:47	<b>Top 5 Average Per MILE:</b>		6:05		
<b>1 - 5 Split:</b>		:30	<b>1 - 7 Split:</b>		:46.00		
<b>Top 7 Total Time:</b>		2:13:05	<b>Top 7 Average Time:</b>		19:01		

**TEAM: MCGILL SCORE: 91 PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-2	Melanie Myrand		E4	36	17:41	3:33	5:42
5-4	Jullien Flynn		E5	33	17:48	3:34	5:44
27-23	Georgia Hamilton		E2	34	18:59	3:48	6:07
30-26	Morgane Butler		R	30	19:05	3:49	6:09
40-36	Meggie Dargis		R	31	19:21	3:53	6:14
46-41	Ashni Bhoolaton		R	28	19:36	3:56	6:19
69-53	Chantal Bourassa		E3	29	20:26	4:06	6:35
81	Rebecca Johnson		R	35	20:50	4:10	6:43
84	Charlotte van Walraven		E4	37	20:58	4:12	6:45
96	Stephanie Doyon		E1	32	21:43	4:21	7:00
<b>Top 5 Total Time:</b>		1:32:54	<b>Top 5 Average Time:</b>		18:35		
<b>Top 5 Average per KM:</b>		3:43	<b>Top 5 Average Per MILE:</b>		5:59		
<b>1 - 5 Split:</b>		1:40	<b>1 - 7 Split:</b>		2:45		
<b>Top 7 Total Time:</b>		2:12:56	<b>Top 7 Average Time:</b>		19:00		

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**TEAM: TORONTO VARSITY BLUE SCORE: 109 PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-5	Madeleine Kelly		E3	85	17:50	3:34	5:45
8-7	Honor Walmsley		E4	87	18:11	3:39	5:52
24-20	Lia Codrington		R	81	18:56	3:48	6:06
39-35	Christiana Agustin		R	79	19:16	3:52	6:13
47-42	Arden Burrows		R	80	19:36	3:56	6:19
49-43	Mary Cole		E2	82	19:39	3:56	6:20
64-52	Avery Garrett-Patterson		R	83	20:07	4:02	6:29
65	Eartha Weber		R	88	20:09	4:02	6:30
79	Sarah Kwajafa		R	86	20:48	4:10	6:42
<b>Top 5 Total Time:</b>		1:33:49	<b>Top 5 Average Time:</b>		18:46		
<b>Top 5 Average per KM:</b>		3:46	<b>Top 5 Average Per MILE:</b>		6:03		
<b>1 - 5 Split:</b>		1:46	<b>1 - 7 Split:</b>		2:17		
<b>Top 7 Total Time:</b>		2:13:35	<b>Top 7 Average Time:</b>		19:05		

**TEAM: WINDSOR LANCERS SCORE: 131 PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Stefanie Smith		E3	117	17:26	3:30	5:37
9-8	Allie Parks		E4	114	18:15	3:39	5:53
19-16	Chelsea Viselli		R	118	18:49	3:46	6:04
59-49	Sydney Hawkins		E2	113	19:59	4:00	6:26
77-57	Lauren Fisico		E3	112	20:43	4:09	6:41
<b>Top 5 Total Time:</b>		1:35:12	<b>Top 5 Average Time:</b>		19:03		
<b>Top 5 Average per KM:</b>		3:49	<b>Top 5 Average Per MILE:</b>		6:08		
<b>1 - 5 Split:</b>		3:17	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>				

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**TEAM: QUEEN'S GAELS****SCORE: 143****PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-9	Charlotte Dunlap		E2	60	18:23	3:41	5:56
22-18	Lindsay Kary		E1	61	18:53	3:47	6:05
35-31	Erin O'Higgins		E3	56	19:11	3:51	6:11
42-38	Beatrice Cigagna		E1	59	19:25	3:53	6:15
56-47	Maggie Scheunert		R	63	19:54	3:59	6:25
58-48	Braeden Brown		FR	58	19:57	4:00	6:26
61-50	Molly Steer		SO	67	20:04	4:01	6:28
67	Alanna Shearman		R	64	20:12	4:03	6:31
72	Laura Park		R	62	20:36	4:08	6:38
<b>Top 5 Total Time:</b>		1:35:46	<b>Top 5 Average Time:</b>		19:10		
<b>Top 5 Average per KM:</b>		3:50	<b>Top 5 Average Per MILE:</b>		6:10		
<b>1 - 5 Split:</b>		1:31	<b>1 - 7 Split:</b>		1:41		
<b>Top 7 Total Time:</b>		2:15:47	<b>Top 7 Average Time:</b>		19:24		

**TEAM: WATERLOO WARRIORS****SCORE: 203****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
31-27	Erin Merkely		E3	95	19:07	3:50	6:10
32-28	Samantha McGuinness		E2	94	19:09	3:50	6:10
37-33	Alexandra McGowan		E2	93	19:15	3:51	6:12
76-56	Jessica Cuabu		R	91	20:41	4:09	6:40
80-59	Lauren Brewster		R	89	20:49	4:10	6:43
92-65	Olivia Scagnato		E1	97	21:21	4:17	6:53
104-74	Nishi Shah		FR	98	22:05	4:25	7:07
107	Janice Cooper		E2	90	22:14	4:27	7:10
112	Emily Nichols		E2	96	22:56	4:36	7:23
<b>Top 5 Total Time:</b>		1:39:01	<b>Top 5 Average Time:</b>		19:49		
<b>Top 5 Average per KM:</b>		3:58	<b>Top 5 Average Per MILE:</b>		6:23		
<b>1 - 5 Split:</b>		1:42	<b>1 - 7 Split:</b>		2:58		
<b>Top 7 Total Time:</b>		2:22:27	<b>Top 7 Average Time:</b>		20:21		

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: RYERSON RAMS****SCORE: 282****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
54-46	Megan Lewis-Schneider		E1	72	19:48	3:58	6:23
63-51	Rebecca Verlaan		R	77	20:06	4:02	6:29
78-58	Hailey Sylvian		E1	76	20:45	4:09	6:41
89-63	Amanda Hummel		R	70	21:08	4:14	6:49
90-64	Anna Cianni		E1	69	21:17	4:16	6:52
93-66	Enna Kim		E1	71	21:24	4:17	6:54
94-67	Sylvie Antoun		E1	68	21:28	4:18	6:55
101	Kaitlynn Sanger		R	75	21:48	4:22	7:02
109	Melinda Marghetis		E1	73	22:42	4:33	7:19
113	Hannah Park		R	74	23:12	4:39	7:29
114	Lucy Weissflog		R	78	23:40	4:44	7:38
<b>Top 5 Total Time:</b>		1:43:04	<b>Top 5 Average Time:</b>		20:37		
<b>Top 5 Average per KM:</b>		4:08	<b>Top 5 Average Per MILE:</b>		6:39		
<b>1 - 5 Split:</b>		1:29	<b>1 - 7 Split:</b>		1:40		
<b>Top 7 Total Time:</b>		2:25:56	<b>Top 7 Average Time:</b>		20:51		

**TEAM: LAURIER GOLDEN HAWKS****SCORE: 283****PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
53-45	Sarah Cranmer-Bing		E2	19	19:46	3:58	6:22
71-54	Claire Flemming		2	21	20:33	4:07	6:37
73-55	Serena Gill		E2	23	20:37	4:08	6:39
86-61	Jessica Martin		1	24	21:02	4:13	6:47
95-68	Nicole Fiorini		E2	20	21:36	4:20	6:58
102-72	Emma Segato		1	26	21:48	4:22	7:02
116-79	Jisca Wichers		1	27	26:16	5:16	8:28
<b>Top 5 Total Time:</b>		1:43:34	<b>Top 5 Average Time:</b>		20:43		
<b>Top 5 Average per KM:</b>		4:09	<b>Top 5 Average Per MILE:</b>		6:41		
<b>1 - 5 Split:</b>		1:50	<b>1 - 7 Split:</b>		6:30		
<b>Top 7 Total Time:</b>		2:31:38	<b>Top 7 Average Time:</b>		21:40		



## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: NIPISSING LAKERS SCORE: 333 PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
52-44	Katie Gibson		R	51	19:43	3:57	6:21
98-69	Jessica Mazonello		E2	55	21:46	4:22	7:01
100-71	Stephanie Leggat		E5	54	21:47	4:22	7:01
103-73	Katie Kozub		E3	53	21:50	4:22	7:02
106-76	Aidan Haghgoo		R	52	22:10	4:26	7:09
111-78	Sarah Arendt		E2	50	22:51	4:35	7:22
<b>Top 5 Total Time:</b>		1:47:16	<b>Top 5 Average Time:</b>		21:28		
<b>Top 5 Average per KM:</b>		4:18	<b>Top 5 Average Per MILE:</b>		6:55		
<b>1 - 5 Split:</b>		2:27	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>				

**TEAM: YORK LIONS SCORE: 344 PLACE: 12**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
82-60	Vaishnavy Yogarajah		E2	127	20:54	4:11	6:44
88-62	Vanessa Ereqi		R	120	21:06	4:14	6:48
99-70	Shae Turner		R	126	21:46	4:22	7:01
105-75	Anna Prouzou		R	124	22:06	4:26	7:07
110-77	Darya Chenskikh		E2	119	22:47	4:34	7:20
<b>Top 5 Total Time:</b>		1:48:39	<b>Top 5 Average Time:</b>		21:44		
<b>Top 5 Average per KM:</b>		4:21	<b>Top 5 Average Per MILE:</b>		7:00		
<b>1 - 5 Split:</b>		1:53	<b>1 - 7 Split:</b>				
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>				

**2015 WESTERN INTERNATIONAL-41st Annual****Sat. Sept 26 at Thames Valley GC, London****30th year at Thames Valley GC**

9/26/2015 - 9/26/2015

***Event # 2 MENS 8K Run***

START @ 10:50am

Conditions: sunny, 17°C

MEET RECORD:Aaron Hendrikx Guelph Gryphons 24:56.00 22-Sep2012

COURSE RECORD:Aaron Hendrikx Guelph Gryphons 24:56.00 22-Sep2012

POINTS RECORD:Eastern Mich Eagles 25 pts [1-4-5-7-8] 22-Sep2007

TEAM TIME RECORD:GUELPH 127:26 [total of 5] avg 25:30 for 5 2012

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	WINDSOR LANCERS	58	2-8-15-16-17	20-22	2:07:40	3:12	25:32	1:07
2	MCMASTER MARAUDERS	58	3-4-12-18-21	26-27	2:07:39	3:12	25:32	:53
3	WESTERN MUSTANGS	79	6-7-11-25-30	32-39	2:08:41	3:14	25:45	:59
4	MCGILL	83	9-13-14-23-24	34-37	2:08:55	3:14	25:47	:29
5	QUEEN'S GAELS	146	1-29-35-38-43	46-54	2:11:27	3:18	26:18	2:32
6	TORONTO VARSITY BLUE	184	28-31-36-42-47	53-63	2:13:51	3:21	26:47	1:16
7	WATERLOO WARRIORS	193	19-33-44-48-49	62-67	2:14:30	3:22	26:54	1:40
8	LAURIER GOLDEN HAWKS	210	5-10-60-61-74	79-80	2:15:39	3:24	27:08	3:27
9	YORK LIONS	275	40-45-57-65-68	70	2:18:40	3:28	27:44	1:25
10	WESTERN REDSHIRT	284	50-51-55-56-72	90	2:19:18	3:29	27:52	:53
11	NIPISSING LAKERS	343	52-58-64-84-85	88-95	2:22:38	3:34	28:32	1:52
12	LAURENTIAN VOYAGEURS	344	59-66-71-73-75	78-81	2:22:01	3:34	28:25	:52
13	BROCK BADGERS	365	41-76-77-82-89	91-93	2:24:49	3:38	28:58	3:19
14	RYERSON RAMS	417	69-83-86-87-92	94	2:28:48	3:44	29:46	2:33

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	270	Alex Wilkie		R	QUEEN'S GAELS	1	3:05	<b>24:35 *</b>
2	2	317	Paul Janikowski		E5	WINDSOR LANCERS	1	3:06	<b>24:45 *</b>
3		342	Nick Falk			WINDSOR ALUM	1	3:08	<b>25:01</b>
4	3	246	Blair Morgan		E5	MCMASTER MARAUDERS	1	3:08	<b>25:01</b>
5	4	241	Connor Darlington		E4	MCMASTER MARAUDERS	2	3:09	<b>25:11</b>
6	5	219	Adam Cornwall		E4	LAURIER GOLDEN HAWKS	1	3:10	<b>25:16</b>
7	6	302	Chris Balestrini		E4	WESTERN MUSTANGS	1	3:10	<b>25:19</b>
8	7	304	Ben Carson		E2	WESTERN MUSTANGS	2	3:11	<b>25:22</b>
9	8	318	Joe Kagumba		E3	WINDSOR LANCERS	2	3:11	<b>25:24</b>
10	9	232	Francois Jarry		3	MCGILL	1	3:12	<b>25:31</b>
11		340	Matt Travaglini			UNATTACHED		3:12	<b>25:36</b>
12	10	220	Elliot de Lange		E3	LAURIER GOLDEN HAWKS	2	3:13	<b>25:37</b>
13	11	311	Matt Sheeler		R	WESTERN MUSTANGS	3	3:13	<b>25:40</b>
14	12	243	Gabe Ghiglione		E4	MCMASTER MARAUDERS	3	3:13	<b>25:40</b>
15	13	239	Sergio Villanueva		R	MCGILL	2	3:13	<b>25:41</b>
16	14	229	Santiago Bessai		E2	MCGILL	3	3:14	<b>25:46</b>
17	15	322	Michael Pesce		E5	WINDSOR LANCERS	3	3:14	<b>25:49</b>
18	16	319	Shawn Master		E3	WINDSOR LANCERS	4	3:14	<b>25:50</b>
19	17	314	Jordan Collison		E5	WINDSOR LANCERS	5	3:14	<b>25:52</b>
20	18	249	Jeff Tweedle		E3	MCMASTER MARAUDERS	4	3:15	<b>25:53</b>
21	19	299	Adam Richardson		E2	WATERLOO WARRIORS	1	3:15	<b>25:53</b>

**2015 WESTERN INTERNATIONAL-41st Annual****Sat. Sept 26 at Thames Valley GC, London****30th year at Thames Valley GC**

9/26/2015 - 9/26/2015

22	20	315	Matt Hall	E4	WINDSOR LANCERS	6	3:15	<b>25:53</b>
23	21	251	Derek Van Schepen	E3	MCMASTER MARAUDERS	5	3:15	<b>25:54</b>
24	22	320	Taylor McArthur	E4	WINDSOR LANCERS	7	3:15	<b>25:54</b>
25	23	230	Jeremy Briand	R	MCGILL	4	3:15	<b>25:57</b>
26		341	Kevin Blackney		WESTERN ALUM	1	3:15	<b>25:59</b>
27	24	231	Ben Forestell	E2	MCGILL	5	3:15	<b>26:00</b>
28	25	312	Jack Sheffar	E2	WESTERN MUSTANGS	4	3:16	<b>26:02</b>
29		321	Andrew Nebel	E2	WINDSOR LANCERS	8	3:16	<b>26:06</b>
30	26	244	Nick Kondrat	E2	MCMASTER MARAUDERS	6	3:16	<b>26:07</b>
31	27	248	Frank Sorbara	E2	MCMASTER MARAUDERS	7	3:17	<b>26:10</b>
32	28	280	Simon Egzaw	R	TORONTO VARSITY BLUE	1	3:17	<b>26:12</b>
33	29	265	Adam Paquette	FR	QUEEN'S GAELS	2	3:17	<b>26:17</b>
34	30	309	Phil Parrot-Migas	E5	WESTERN MUSTANGS	5	3:18	<b>26:18</b>
35		245	Christian MacGillivray	R	MCMASTER MARAUDERS	8	3:18	<b>26:22</b>
36	31	284	Robert Lawand	R	TORONTO VARSITY BLUE	2	3:18	<b>26:23</b>
37	32	310	Shane Roberts	E4	WESTERN MUSTANGS	6	3:18	<b>26:24</b>
38	33	298	Chris Moore	E2	WATERLOO WARRIORS	2	3:19	<b>26:25</b>
39		337	Patrick Deane		MCMASTER MARAUDERS	9	3:19	<b>26:27</b>
40	34	236	Vincent Parent-Pichette	E4	MCGILL	6	3:19	<b>26:32</b>
41	35	267	Joey Stel	E2	QUEEN'S GAELS	3	3:20	<b>26:39</b>
42	36	282	Craig Klomp	R	TORONTO VARSITY BLUE	3	3:21	<b>26:42</b>
43	37	234	Tristan Marcellis	E2	MCGILL	7	3:21	<b>26:43</b>
44		250	Evan Ubene	E2	MCMASTER MARAUDERS	10	3:21	<b>26:44</b>
45	38	263	Rob Kanko	E1	QUEEN'S GAELS	4	3:22	<b>26:49</b>
46		347	Justin Spalveri		UNATTACHED		3:22	<b>26:53</b>
47	39	301	Hunter Andrin	E3	WESTERN MUSTANGS	7	3:22	<b>26:56</b>
48	40	332	Suraj Sharma	E3	YORK LIONS	1	3:23	<b>26:59</b>
49		308	Andrew McColl	E4	WESTERN MUSTANGS	8	3:23	<b>27:04</b>
50	41	208	Jelmer van den Hadelkmap	E2	BROCK BADGERS	1	3:24	<b>27:05</b>
51	42	279	Ben DeVito	R	TORONTO VARSITY BLUE	4	3:24	<b>27:06</b>
52	43	262	Chris Fitzgibbon	E2	QUEEN'S GAELS	5	3:24	<b>27:07</b>
53	44	290	Eric Barry	E4	WATERLOO WARRIORS	3	3:24	<b>27:08</b>
54	45	325	Brandon Belan	E3	YORK LIONS	2	3:24	<b>27:09</b>
55	46	266	Mark Schmidt	2	QUEEN'S GAELS	6	3:24	<b>27:10</b>
56		307	Lewis Kent	E3	WESTERN MUSTANGS	9	3:24	<b>27:11</b>
57		336	Rob Asseltine		ST.LAWRENCE	1	3:26	<b>27:27</b>
58	47	281	Sam Kinahan	R	TORONTO VARSITY BLUE	5	3:26	<b>27:28</b>
59		316	Jeremy Hick	E4	WINDSOR LANCERS	9	3:27	<b>27:29</b>
60	48	297	James Milton	E2	WATERLOO WARRIORS	4	3:27	<b>27:31</b>
61	49	293	Daniel Fournier	E4	WATERLOO WARRIORS	5	3:27	<b>27:33</b>
62	50	349	Nick Thomas		WESTERN REDSHIRT	1	3:27	<b>27:35</b>
63	51	344	Isaiah Fernandes	R	WESTERN REDSHIRT	2	3:27	<b>27:35</b>
64	52	254	Travis Mann	R	NIPISSING LAKERS	1	3:28	<b>27:38</b>
65	53	286	Liam Passi	R	TORONTO VARSITY BLUE	6	3:28	<b>27:39</b>
66		335	Evan Andrin		QUEEN'S ALUM	1	3:28	<b>27:40</b>
67		323	Jacob Rothera	R	WINDSOR LANCERS	10	3:28	<b>27:41</b>
68		303	Rajan Brar	R	WESTERN MUSTANGS	10	3:28	<b>27:41</b>
69	54	264	Eric MacPherson	E1	QUEEN'S GAELS	7	3:28	<b>27:42</b>
70	55	343	Adam Clayton	R	WESTERN REDSHIRT	3	3:29	<b>27:48</b>
71		235	Sam Morris	E1	MCGILL	8	3:29	<b>27:48</b>
72	56	345	Triphon Moodie	E4	WESTERN REDSHIRT	4	3:29	<b>27:52</b>
73	57	331	Christopher Pallotta	E4	YORK LIONS	3	3:30	<b>27:54</b>

**2015 WESTERN INTERNATIONAL-41st Annual****Sat. Sept 26 at Thames Valley GC, London****30th year at Thames Valley GC**

9/26/2015 - 9/26/2015

74	58	252	Terry Doiron	E5	NIPISSING LAKERS	2	3:30	<b>27:55</b>
75	59	212	Ewan Craig	E3	LAURENTIAN VOYAGEURS	1	3:30	<b>27:57</b>
76	60	227	Joe Sheridan	R	LAURIER GOLDEN HAWKS	3	3:30	<b>27:59</b>
77		242	Jonathan Favero	R	MCMASTER MARAUDERS	11	3:31	<b>28:01</b>
78	61	224	Dean Licul	1	LAURIER GOLDEN HAWKS	4	3:31	<b>28:04</b>
79	62	291	Shane Corley	E2	WATERLOO WARRIORS	6	3:31	<b>28:04</b>
80	63	288	Galan Yousuf	E3	TORONTO VARSITY BLUE	7	3:31	<b>28:05</b>
81	64	257	Teagan Retty	R	NIPISSING LAKERS	3	3:31	<b>28:06</b>
82	65	329	Harishan Karunenthiran	E4	YORK LIONS	4	3:32	<b>28:14</b>
83	66	213	Samuel Delage	E1	LAURENTIAN VOYAGEURS	2	3:33	<b>28:18</b>
84	67	289	Olivier Asselin	E2	WATERLOO WARRIORS	7	3:33	<b>28:19</b>
85	68	333	James Tarling	E4	YORK LIONS	5	3:33	<b>28:24</b>
86	69	276	Mike Park	E1	RYERSON RAMS	1	3:34	<b>28:25</b>
87	70	324	Sam Agnew	R	YORK LIONS	6	3:34	<b>28:26</b>
88	71	214	Jacob Dupuis-Latour	E1	LAURENTIAN VOYAGEURS	3	3:34	<b>28:27</b>
89	72	346	Carter Wood	R	WESTERN REDSHIRT	5	3:34	<b>28:28</b>
90	73	210	Gordie Chown	E1	LAURENTIAN VOYAGEURS	4	3:34	<b>28:30</b>
91		238	Jared Short	R	MCGILL	9	3:35	<b>28:34</b>
92		300	John-Paul Violante	E3	WATERLOO WARRIORS	8	3:35	<b>28:39</b>
93	74	225	Brendan Masters	1	LAURIER GOLDEN HAWKS	5	3:36	<b>28:43</b>
94		295	Connor Hammond	E2	WATERLOO WARRIORS	9	3:36	<b>28:46</b>
95	75	216	Luke Mackrell	R	LAURENTIAN VOYAGEURS	5	3:37	<b>28:49</b>
96		296	Ryan Heney	E1	WATERLOO WARRIORS	10	3:37	<b>28:51</b>
97		268	Brandon Thomas	R	QUEEN'S GAELS	8	3:38	<b>28:57</b>
98		261	Cameron Bardwell	1	QUEEN'S GAELS	9	3:38	<b>28:58</b>
99	76	207	Brendan Sanders	E2	BROCK BADGERS	2	3:38	<b>28:59</b>
100	77	202	Ryan Gagnon	E1	BROCK BADGERS	3	3:38	<b>29:00</b>
101	78	215	Wesley Killen	E3	LAURENTIAN VOYAGEURS	6	3:38	<b>29:02</b>
102	79	218	Michael Charanduk	R	LAURIER GOLDEN HAWKS	6	3:38	<b>29:04</b>
103	80	226	Brendan Patton	1	LAURIER GOLDEN HAWKS	7	3:40	<b>29:13</b>
104		294	Akiva Goldberg	FR	WATERLOO WARRIORS	11	3:40	<b>29:13</b>
105		292	Alex dos Santos	E2	WATERLOO WARRIORS	12	3:40	<b>29:18</b>
106	81	217	Mika Muinonen	E1	LAURENTIAN VOYAGEURS	7	3:40	<b>29:20</b>
107	82	205	Brett Parent	R	BROCK BADGERS	4	3:41	<b>29:21</b>
108	83	273	Valerian Gomes	E1	RYERSON RAMS	2	3:41	<b>29:26</b>
109	84	259	Bryan Stone	E3	NIPISSING LAKERS	4	3:42	<b>29:29</b>
110	85	255	Malcolm McCubbin	R	NIPISSING LAKERS	5	3:42	<b>29:30</b>
111		221	Kieran Doherty	E1	LAURIER GOLDEN HAWKS	8	3:43	<b>29:44</b>
112	86	275	Michael Konstantopoulos	R	RYERSON RAMS	3	3:45	<b>29:54</b>
113		285	Chris Moyer	E4	TORONTO VARSITY BLUE	8	3:46	<b>30:02</b>
114	87	277	Joel Perera	R	RYERSON RAMS	4	3:46	<b>30:05</b>
115	88	253	Kevin Durkee	E5	NIPISSING LAKERS	6	3:48	<b>30:22</b>
116	89	204	Matthew McGarr	E2	BROCK BADGERS	5	3:48	<b>30:24</b>
117		211	Jordan Courchesne	E1	LAURENTIAN VOYAGEURS	8	3:49	<b>30:25</b>
118	90	348	Stu Wilcox		WESTERN REDSHIRT	6	3:50	<b>30:33</b>
119	91	206	Lucas Salazer-Reid	E1	BROCK BADGERS	6	3:51	<b>30:41</b>
120		223	Nate Jeffery	1	LAURIER GOLDEN HAWKS	9	3:52	<b>30:51</b>
121	92	278	Matthew Wahl	R	RYERSON RAMS	5	3:53	<b>30:58</b>
122	93	203	Branden Gallagher	R	BROCK BADGERS	7	3:53	<b>31:03</b>
123	94	271	Connor Dobbs	R	RYERSON RAMS	6	3:55	<b>31:19</b>
124		228	Jedd Walker	1	LAURIER GOLDEN HAWKS	10	3:57	<b>31:35</b>
125	95	256	Connor Psiuk	E2	NIPISSING LAKERS	7	4:00	<b>31:53</b>

**2015 WESTERN INTERNATIONAL-41st Annual****Sat. Sept 26 at Thames Valley GC, London****30th year at Thames Valley GC**

9/26/2015 - 9/26/2015

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126	222	Simon Gonsalves	1	LAURIER GOLDEN HAWKS	11	4:00	<b>31:53</b>
127	201	Nathaniel Baker	R	BROCK BADGERS	8	4:02	<b>32:09</b>

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: WINDSOR LANCERS****SCORE: 58****PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Paul Janikowski		E5	317	24:45 *	3:06	4:59
9-8	Joe Kagumba		E3	318	25:24	3:11	5:07
17-15	Michael Pesce		E5	322	25:49	3:14	5:12
18-16	Shawn Master		E3	319	25:50	3:14	5:12
19-17	Jordan Collison		E5	314	25:52	3:14	5:13
22-20	Matt Hall		E4	315	25:53	3:15	5:13
24-22	Taylor McArthur		E4	320	25:54	3:15	5:13
29	Andrew Nebel		E2	321	26:06	3:16	5:16
59	Jeremy Hick		E4	316	27:29	3:27	5:32
67	Jacob Rothera		R	323	27:41	3:28	5:35
<b>Top 5 Total Time:</b>		2:07:40	<b>Top 5 Average Time:</b>		25:32		
<b>Top 5 Average per KM:</b>		3:12	<b>Top 5 Average Per MILE:</b>		5:09		
<b>1 - 5 Split:</b>		1:07	<b>1 - 7 Split:</b>		1:09		
<b>Top 7 Total Time:</b>		2:59:27	<b>Top 7 Average Time:</b>		25:39		

**TEAM: MCMASTER MARAUDERS****SCORE: 58****PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-3	Blair Morgan		E5	246	25:01	3:08	5:02
5-4	Connor Darlington		E4	241	25:11	3:09	5:04
14-12	Gabe Ghiglione		E4	243	25:40	3:13	5:10
20-18	Jeff Tweedle		E3	249	25:53	3:15	5:13
23-21	Derek Van Schepen		E3	251	25:54	3:15	5:13
30-26	Nick Kondrat		E2	244	26:07	3:16	5:16
31-27	Frank Sorbara		E2	248	26:10	3:17	5:16
35	Christian MacGillivray		R	245	26:22	3:18	5:19
39	Patrick Deane			337	26:27	3:19	5:20
44	Evan Ubene		E2	250	26:44	3:21	5:23
77	Jonathan Favero		R	242	28:01	3:31	5:39
<b>Top 5 Total Time:</b>		2:07:39	<b>Top 5 Average Time:</b>		25:32		
<b>Top 5 Average per KM:</b>		3:12	<b>Top 5 Average Per MILE:</b>		5:09		
<b>1 - 5 Split:</b>		:53	<b>1 - 7 Split:</b>		1:09		
<b>Top 7 Total Time:</b>		2:59:56	<b>Top 7 Average Time:</b>		25:43		

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: WESTERN MUSTANGS SCORE: 79 PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
7-6	Chris Balestrini		E4	302	25:19	3:10	5:06
8-7	Ben Carson		E2	304	25:22	3:11	5:07
13-11	Matt Sheeler		R	311	25:40	3:13	5:10
28-25	Jack Sheffar		E2	312	26:02	3:16	5:15
34-30	Phil Parrot-Migas		E5	309	26:18	3:18	5:18
37-32	Shane Roberts		E4	310	26:24	3:18	5:19
47-39	Hunter Andrin		E3	301	26:56	3:22	5:26
49	Andrew McColl		E4	308	27:04	3:23	5:27
56	Lewis Kent		E3	307	27:11	3:24	5:29
68	Rajan Brar		R	303	27:41	3:28	5:35
<b>Top 5 Total Time:</b>		2:08:41	<b>Top 5 Average Time:</b>		25:45		
<b>Top 5 Average per KM:</b>		3:14	<b>Top 5 Average Per MILE:</b>		5:11		
<b>1 - 5 Split:</b>		:59	<b>1 - 7 Split:</b>		1:37		
<b>Top 7 Total Time:</b>		3:2:01	<b>Top 7 Average Time:</b>		26:01		

**TEAM: MCGILL SCORE: 83 PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
10-9	Francois Jarry		3	232	25:31	3:12	5:08
15-13	Sergio Villanueva		R	239	25:41	3:13	5:10
16-14	Santiago Bessai		E2	229	25:46	3:14	5:12
25-23	Jeremy Briand		R	230	25:57	3:15	5:14
27-24	Ben Forestell		E2	231	26:00	3:15	5:14
40-34	Vincent Parent-Pichette		E4	236	26:32	3:19	5:21
43-37	Tristan Marcellis		E2	234	26:43	3:21	5:23
71	Sam Morris		E1	235	27:48	3:29	5:36
91	Jared Short		R	238	28:34	3:35	5:45
<b>Top 5 Total Time:</b>		2:08:55	<b>Top 5 Average Time:</b>		25:47		
<b>Top 5 Average per KM:</b>		3:14	<b>Top 5 Average Per MILE:</b>		5:12		
<b>1 - 5 Split:</b>		:29	<b>1 - 7 Split:</b>		1:12		
<b>Top 7 Total Time:</b>		3:2:10	<b>Top 7 Average Time:</b>		26:02		

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: QUEEN'S GAELS****SCORE: 146****PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Alex Wilkie		R	270	24:35 *	3:05	4:57
33-29	Adam Paquette		FR	265	26:17	3:18	5:18
41-35	Joey Stel		E2	267	26:39	3:20	5:22
45-38	Rob Kanko		E1	263	26:49	3:22	5:24
52-43	Chris Fitzgibbon		E2	262	27:07	3:24	5:28
55-46	Mark Schmidt		2	266	27:10	3:24	5:28
69-54	Eric MacPherson		E1	264	27:42	3:28	5:35
97	Brandon Thomas		R	268	28:57	3:38	5:50
98	Cameron Bardwell		1	261	28:58	3:38	5:50
<b>Top 5 Total Time:</b>		2:11:27			<b>Top 5 Average Time:</b>	26:18	
<b>Top 5 Average per KM:</b>		3:18			<b>Top 5 Average Per MILE:</b>	5:18	
<b>1 - 5 Split:</b>		2:32			<b>1 - 7 Split:</b>	3:07	
<b>Top 7 Total Time:</b>		3:6:19			<b>Top 7 Average Time:</b>	26:37	

**TEAM: TORONTO VARSITY BLUE****SCORE: 184****PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
32-28	Simon Egzaw		R	280	26:12	3:17	5:17
36-31	Robert Lawand		R	284	26:23	3:18	5:19
42-36	Craig Klomp		R	282	26:42	3:21	5:23
51-42	Ben DeVito		R	279	27:06	3:24	5:28
58-47	Sam Kinahan		R	281	27:28	3:26	5:32
65-53	Liam Passi		R	286	27:39	3:28	5:34
80-63	Galan Yousuf		E3	288	28:05	3:31	5:39
113	Chris Moyer		E4	285	30:02	3:46	6:03
<b>Top 5 Total Time:</b>		2:13:51			<b>Top 5 Average Time:</b>	26:47	
<b>Top 5 Average per KM:</b>		3:21			<b>Top 5 Average Per MILE:</b>	5:24	
<b>1 - 5 Split:</b>		1:16			<b>1 - 7 Split:</b>	1:53	
<b>Top 7 Total Time:</b>		3:9:35			<b>Top 7 Average Time:</b>	27:05	



## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: WATERLOO WARRIORS SCORE: 193 PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
21-19	Adam Richardson		E2	299	25:53	3:15	5:13
38-33	Chris Moore		E2	298	26:25	3:19	5:19
53-44	Eric Barry		E4	290	27:08	3:24	5:28
60-48	James Milton		E2	297	27:31	3:27	5:33
61-49	Daniel Fournier		E4	293	27:33	3:27	5:33
79-62	Shane Corley		E2	291	28:04	3:31	5:39
84-67	Olivier Asselin		E2	289	28:19	3:33	5:42
92	John-Paul Violante		E3	300	28:39	3:35	5:46
94	Connor Hammond		E2	295	28:46	3:36	5:48
96	Ryan Heney		E1	296	28:51	3:37	5:49
104	Akiva Goldberg		FR	294	29:13	3:40	5:53
105	Alex dos Santos		E2	292	29:18	3:40	5:54
<b>Top 5 Total Time:</b>		2:14:30			<b>Top 5 Average Time:</b>	26:54	
<b>Top 5 Average per KM:</b>		3:22			<b>Top 5 Average Per MILE:</b>	5:25	
<b>1 - 5 Split:</b>		1:40			<b>1 - 7 Split:</b>	2:26	
<b>Top 7 Total Time:</b>		3:10:53			<b>Top 7 Average Time:</b>	27:17	

**TEAM: LAURIER GOLDEN HAWKS SCORE: 210 PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-5	Adam Cornwall		E4	219	25:16	3:10	5:05
12-10	Elliot de Lange		E3	220	25:37	3:13	5:10
76-60	Joe Sheridan		R	227	27:59	3:30	5:38
78-61	Dean Licul		1	224	28:04	3:31	5:39
93-74	Brendan Masters		1	225	28:43	3:36	5:47
102-79	Michael Charanduk		R	218	29:04	3:38	5:51
103-80	Brendan Patton		1	226	29:13	3:40	5:53
111	Kieran Doherty		E1	221	29:44	3:43	5:59
120	Nate Jeffery		1	223	30:51	3:52	6:13
124	Jedd Walker		1	228	31:35	3:57	6:22
126	Simon Gonsalves		1	222	31:53	4:00	6:25
<b>Top 5 Total Time:</b>		2:15:39			<b>Top 5 Average Time:</b>	27:08	
<b>Top 5 Average per KM:</b>		3:24			<b>Top 5 Average Per MILE:</b>	5:28	
<b>1 - 5 Split:</b>		3:27			<b>1 - 7 Split:</b>	3:57	
<b>Top 7 Total Time:</b>		3:13:56			<b>Top 7 Average Time:</b>	27:43	

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: YORK LIONS****SCORE: 275****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
48-40	Suraj Sharma		E3	332	26:59	3:23	5:26
54-45	Brandon Belan		E3	325	27:09	3:24	5:28
73-57	Christopher Pallotta		E4	331	27:54	3:30	5:37
82-65	Harishan Karunenthiran		E4	329	28:14	3:32	5:41
85-68	James Tarling		E4	333	28:24	3:33	5:43
87-70	Sam Agnew		R	324	28:26	3:34	5:44
<b>Top 5 Total Time:</b>		2:18:40			<b>Top 5 Average Time:</b>	27:44	
<b>Top 5 Average per KM:</b>		3:28			<b>Top 5 Average Per MILE:</b>	5:35	
<b>1 - 5 Split:</b>		1:25			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

**TEAM: WESTERN REDSHIRT****SCORE: 284****PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
62-50	Nick Thomas			349	27:35	3:27	5:33
63-51	Isaiah Fernandes		R	344	27:35	3:27	5:33
70-55	Adam Clayton		R	343	27:48	3:29	5:36
72-56	Triphon Moodie		E4	345	27:52	3:29	5:37
89-72	Carter Wood		R	346	28:28	3:34	5:44
118-90	Stu Wilcox			348	30:33	3:50	6:09
<b>Top 5 Total Time:</b>		2:19:18			<b>Top 5 Average Time:</b>	27:52	
<b>Top 5 Average per KM:</b>		3:29			<b>Top 5 Average Per MILE:</b>	5:37	
<b>1 - 5 Split:</b>		:53			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: NIPISSING LAKERS SCORE: 343 PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
64-52	Travis Mann		R	254	27:38	3:28	5:34
74-58	Terry Doiron		E5	252	27:55	3:30	5:37
81-64	Teagan Retty		R	257	28:06	3:31	5:40
109-84	Bryan Stone		E3	259	29:29	3:42	5:56
110-85	Malcolm McCubbin		R	255	29:30	3:42	5:57
115-88	Kevin Durkee		E5	253	30:22	3:48	6:07
125-95	Connor Psiuk		E2	256	31:53	4:00	6:25
<b>Top 5 Total Time:</b>		2:22:38	<b>Top 5 Average Time:</b>		28:32		
<b>Top 5 Average per KM:</b>		3:34	<b>Top 5 Average Per MILE:</b>		5:45		
<b>1 - 5 Split:</b>		1:52	<b>1 - 7 Split:</b>		4:15		
<b>Top 7 Total Time:</b>		3:24:53	<b>Top 7 Average Time:</b>		29:17		

**TEAM: LAURENTIAN VOYAGEURS SCORE: 344 PLACE: 12**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
75-59	Ewan Craig		E3	212	27:57	3:30	5:38
83-66	Samuel Delage		E1	213	28:18	3:33	5:42
88-71	Jacob Dupuis-Latour		E1	214	28:27	3:34	5:44
90-73	Gordie Chown		E1	210	28:30	3:34	5:44
95-75	Luke Mackrell		R	216	28:49	3:37	5:48
101-78	Wesley Killen		E3	215	29:02	3:38	5:51
106-81	Mika Muinonen		E1	217	29:20	3:40	5:55
117	Jordan Courchesne		E1	211	30:25	3:49	6:08
<b>Top 5 Total Time:</b>		2:22:01	<b>Top 5 Average Time:</b>		28:25		
<b>Top 5 Average per KM:</b>		3:34	<b>Top 5 Average Per MILE:</b>		5:43		
<b>1 - 5 Split:</b>		:52	<b>1 - 7 Split:</b>		1:23		
<b>Top 7 Total Time:</b>		3:20:23	<b>Top 7 Average Time:</b>		28:38		

## 2015 WESTERN INTERNATIONAL-41st Annual

Sat. Sept 26 at Thames Valley GC, London

30th year at Thames Valley GC

9/26/2015 - 9/26/2015

**TEAM: BROCK BADGERS****SCORE: 365****PLACE: 13**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
50-41	Jelmer van den Hadelkmap		E2	208	27:05	3:24	5:27
99-76	Brendan Sanders		E2	207	28:59	3:38	5:50
100-77	Ryan Gagnon		E1	202	29:00	3:38	5:51
107-82	Brett Parent		R	205	29:21	3:41	5:55
116-89	Matthew McGarr		E2	204	30:24	3:48	6:07
=====							
119-91	Lucas Salazer-Reid		E1	206	30:41	3:51	6:11
122-93	Branden Gallagher		R	203	31:03	3:53	6:15
=====							
127	Nathaniel Baker		R	201	32:09	4:02	6:29
<b>Top 5 Total Time:</b>		2:24:49			<b>Top 5 Average Time:</b>	28:58	
<b>Top 5 Average per KM:</b>		3:38			<b>Top 5 Average Per MILE:</b>	5:50	
<b>1 - 5 Split:</b>		3:19			<b>1 - 7 Split:</b>	3:58	
<b>Top 7 Total Time:</b>		3:26:33			<b>Top 7 Average Time:</b>	29:31	

**TEAM: RYERSON RAMS****SCORE: 417****PLACE: 14**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
86-69	Mike Park		E1	276	28:25	3:34	5:43
108-83	Valerian Gomes		E1	273	29:26	3:41	5:56
112-86	Michael Konstantopoulos		R	275	29:54	3:45	6:01
114-87	Joel Perera		R	277	30:05	3:46	6:04
121-92	Matthew Wahl		R	278	30:58	3:53	6:14
=====							
123-94	Connor Dobbs		R	271	31:19	3:55	6:18
<b>Top 5 Total Time:</b>		2:28:48			<b>Top 5 Average Time:</b>	29:46	
<b>Top 5 Average per KM:</b>		3:44			<b>Top 5 Average Per MILE:</b>	6:00	
<b>1 - 5 Split:</b>		2:33			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		