

Interlock XC - 2019-10-12

Interlock XC
Parc Maisonneuve
Résultats

Épreuve 3 Hommes 8k CC Université

Nom	Année École	Avg 1K	Finales	Points
Résultats - Hommes				
1 Desgagnés, Jean-Simon	98 Laval Rouge-et-Or	3:06.1	24:48.50	1
2 Delange, Mitchell	97 Queen's Gaels	3:06.6	24:52.84	2
3 Tedeschi, Jonathan	94 Laval Rouge-et-Or	3:06.9	24:55.15	3
4 Dehghan, Nathan	95 Queen's Gaels	3:08.6	25:08.59	4
5 Lapointe-Pilote, Félix	97 Laval Rouge-et-Or	3:09.2	25:13.13	5
6 Paquet, Charles	97 Laval Rouge-et-Or	3:09.5	25:15.53	6
7 Peverill, Andrew	99 St. Mary's U	3:09.6	25:16.44	
8 Windisch, Thomas	95 Sherbrooke V	3:09.7	25:17.65	7
9 Robertson, Kevin	99 Montréal Carabins	3:10.3	25:21.72	8
10 Fenoff, Riley	00 Franklin Pie	3:11.2	25:29.50	9
11 Trudeau-Perron, Marc-And	99 Montréal Carabins	3:11.5	25:31.84	10
12 MacLellan, Paul	96 St. Francis	3:11.7	25:33.62	11
13 Poher, Samuel	94 Laval Rouge-et-Or	3:12.8	25:42.10	12
14 Flood, Matt	97 Queen's Gaels	3:13.6	25:48.70	13
15 Billerot, Pierre-Lou	99 École de tec	3:14.2	25:53.64	
16 Courchesne, Jérémy	00 Uqtr Patriotes	3:15.2	26:01.51	14
17 Girardin, David	00 Laval Rouge-et-Or	3:15.4	26:03.16	15
18 Pardo, Matt	97 Queen's Gaels	3:15.5	26:03.80	16
19 Alie-Lamarche, Andre	99 Ottawa Gee-Gees	3:15.7	26:04.95	
20 Lepage, Alexis	94 Laval Rouge-et-Or	3:15.8	26:06.32	17
21 Benoit, Jacob	01 St. Francis	3:16.0	26:07.75	18
22 Gilbert, Nicolas	95 Uqtr Patriotes	3:16.1	26:08.33	19
23 Brackenbury, Miles	01 Queen's Gaels	3:16.4	26:10.75	20
24 Normandin, Pierre-Yves	99 Laval Rouge-et-Or	3:16.5	26:11.61	
25 Arlabosse, Hugo	99 Franklin Pie	3:17.4	26:18.61	21
26 Minfray, Antoine	01 Laval Rouge-et-Or	3:17.5	26:19.99	
27 Robertson, Nick	00 Dalhousie Tigers	3:18.1	26:24.34	22
28 Cox, Will	01 Dalhousie Tigers	3:18.3	26:25.70	23
29 Staples, Graydon	98 St. Francis	3:18.5	26:27.69	24
30 Izquierdo-Bernier, Ricar	95 Uqam Citadins	3:18.7	26:28.97	25
31 Halloran, Jacob	97 Dalhousie Tigers	3:18.7	26:29.04	26
32 Reed, Jason	98 Franklin Pie	3:19.0	26:31.36	27
33 Riopel, Nicolas	99 Laval Rouge-et-Or	3:19.8	26:38.40	
34 Goodridge, Jonathan	98 Dalhousie Tigers	3:20.1	26:40.41	28
35 Drever, Callum	97 Dalhousie Tigers	3:20.3	26:42.16	29
36 Gallant, Luc	00 St. Francis	3:20.5	26:43.51	30
37 Cherenfant, Nick	96 Uqam Citadins	3:20.6	26:44.33	31
38 Rogers, Mike	97 Dalhousie Tigers	3:20.7	26:44.89	32
39 Wellenstein, Henry	00 McGill	3:20.8	26:45.69	33
40 Roberts, Nicholas	98 Ottawa Gee-Gees	3:21.0	26:47.85	
41 Dionne, Anthony	93 C. A. Univer	3:21.2	26:49.67	
42 Simoneau, William	97 Club Citius	3:21.4	26:50.66	
43 Grimshaw-Surette, Hudson	98 Dalhousie Tigers	3:21.5	26:51.68	34
44 Lévesque, Alexandre	92 Laval Rouge-et-Or	3:21.6	26:52.77	
45 Goslett, Aidan	01 Dalhousie Tigers	3:21.7	26:53.05	
46 Veilleux, Antoine	97 Sherbrooke V	3:22.5	26:59.73	35
47 Perreault, Dominic	95 Sherbrooke V	3:22.5	26:59.98	36
48 Rawson, William	97 Franklin Pie	3:22.5	27:00.05	37
49 Dufour, Joé	92 Jakours	3:22.7	27:01.44	
50 Rosen, Daniel	01 Dalhousie Tigers	3:23.2	27:05.52	
51 Fournier, Adrian	00 Ottawa Gee-Gees	3:23.8	27:09.87	

Interlock XC - 2019-10-12**Interlock XC****Parc Maisonneuve****Résultats****....Épreuve 3 Hommes 8k CC Université**

52 Pidduck, Will	96 Queen's Gaels	3:24.3	27:14.43	38
53 Knight, Evan	01 St. Francis	3:24.6	27:16.13	39
54 Tallent, Cody	99 Franklin Pie	3:24.7	27:17.38	40
55 Stewart, Joe	99 St. Mary's U	3:24.8	27:17.86	
56 Bracon, Melvyn	99 Montréal Carabins	3:25.0	27:19.90	41
57 Plourde-Couture, Félix	99 Uqtr Patriotes	3:25.5	27:23.36	42
58 Bernier, Simon	95 McGill	3:25.5	27:23.90	43
59 Hart-Meunier, Alexandre	96 Laval Rouge-et-Or	3:26.1	27:28.18	
60 Roy, Pier-Luc	96 Unattached-N	3:26.3	27:30.33	
61 Langlois, Charles	98 Sherbrooke V	3:26.7	27:33.57	44
62 Deschenes, Felix	95 Laval Rouge-et-Or	3:27.1	27:36.27	
63 Elrimawi-Fine, Noah	01 McGill	3:27.3	27:38.07	45
64 Sonnallier, Hedi	95 Una	3:27.5	27:40.08	
65 Desbiens, Gabriel	99 Montréal Carabins	3:27.8	27:41.70	46
66 Paques, Maxime	99 Montréal Carabins	3:27.8	27:42.14	47
67 Freeman, Alec	97 Dalhousie Tigers	3:28.2	27:45.25	
68 Lynds, Trent	97 Dalhousie Tigers	3:28.3	27:45.92	
69 Jean-Pierre, Adrien	99 Montréal Carabins	3:28.5	27:47.47	48
70 Rua, Antonio	98 Franklin Pie	3:28.7	27:49.17	49
71 Lafortune-Cazale, Félix	99 Uqam Citadins	3:29.0	27:51.52	50
72 Aylward, Wil	00 Franklin Pie	3:29.3	27:54.33	51
73 Doherty, Aidan	98 St. Francis	3:29.9	27:58.71	52
74 Bertrand, Guillaume	92 Sherbrooke V	3:30.0	27:59.92	53
75 Shaink, Ian	97 Laval Rouge-et-Or	3:30.3	28:01.75	
76 Caron, Vincent	99 Montréal Carabins	3:30.7	28:05.09	54
77 Fraccaro, Ryan	99 St. Mary's U	3:30.7	28:05.60	
78 Brizard, Matisse	94 Uqtr Patriotes	3:30.8	28:06.30	55
79 Cyr, Olivier	92 McGill	3:31.3	28:10.31	56
80 Grimshaw-Surette, Harmon	00 Dalhousie Tigers	3:31.5	28:11.89	
81 Côté, Pascal	99 Uqac Inuk	3:31.8	28:14.24	57
82 Clarke, Ethan	01 Concordia Stingers	3:31.9	28:14.65	58
83 Spragg, Mitchell	99 Unb Reds	3:32.0	28:15.82	59
84 Hayes, Tyler	98 Franklin Pie	3:32.1	28:16.26	
85 Dubé, Hubert	98 Sherbrooke V	3:32.1	28:16.66	60
86 Ouellet, Olivier	94 Sherbrooke V	3:32.3	28:17.93	61
87 Deslaurier, Alexis	99 Corsaire-Chaparral	3:32.7	28:20.92	
88 Aham, Zach	01 Franklin Pie	3:32.7	28:21.28	
89 Johnson, Matthew	96 Queen's Gaels	3:32.8	28:21.90	62
90 Phillips, Luke	01 Unb Reds	3:33.2	28:25.60	63
91 Pilon-Rabonson, Zacharie	97 Sherbrooke V	3:33.4	28:26.88	
92 Savard, Luc	82 Jakours	3:33.5	28:27.78	
93 Cassan, Jerome	97 Uqam Citadins	3:33.8	28:29.80	64
94 Rolland, Valentin	99 École de tec	3:34.2	28:33.55	
95 Côté, Antoine	96 Sherbrooke V	3:34.4	28:34.99	
96 Dubé-Nakata, Nicolas	98 Sherbrooke V	3:34.6	28:36.38	
97 Beliveau, Charles	99 École de tec	3:34.7	28:36.91	
98 Fourmont, Paul	99 École de tec	3:34.9	28:38.65	
99 Hani, Abdéraouf	99 Montréal Carabins	3:35.0	28:39.93	
100 Caie, Kyle	99 St. Mary's U	3:35.4	28:42.52	
101 Blackstone, Chance	00 Unb Reds	3:35.7	28:45.30	65
102 Shankel, Jonah	99 St. Francis	3:35.8	28:46.29	66
103 Li, Shengan	98 Queen's Gaels	3:36.2	28:48.94	
104 Pierre-Luc, Pinéda	94 Uqac Inuk	3:36.4	28:51.19	67
105 John, Walker	98 Franklin Pie	3:36.6	28:52.59	

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106	Donnelly, Jake	00	Saint Michae	3:36.8	28:54.32	68
107	Berthiaume, Maxime	99	Montréal Carabins	3:36.9	28:55.19	
108	Donnelly, Aidan	00	Unb Reds	3:37.0	28:55.73	69
109	Houle, Jasmin	94	Uqtr Patriotes	3:37.2	28:57.06	70
110	Ducrow, Ryan	99	Franklin Pie	3:37.3	28:57.79	
111	Ricard, Tommy	98	Uqtr Patriotes	3:37.4	28:58.99	71
112	Bertrand, Xavier	96	Laval Rouge-et-Or	3:37.7	29:01.43	
113	Alec, Bousquet	98	Uqac Inuk	3:37.8	29:02.16	72
114	Day, Findlay	01	St. Francis	3:38.0	29:03.45	
115	Bellerive, Thomas	99	Montréal Carabins	3:38.0	29:03.50	
116	Lalumière-Roberge, Trist	97	Sherbrooke V	3:38.2	29:05.17	
117	Obrand, Jeremy	96	McGill	3:38.3	29:06.43	73
118	Csisztu, Thomas	99	McGill	3:39.5	29:15.89	74
119	Beaulieu, Nathanael	98	McGill	3:40.0	29:19.34	75
120	Bedard, Felix	00	McGill	3:40.0	29:19.35	
121	Fournier Lacombe, Léandr	94	Uqtr Patriotes	3:41.4	29:31.23	76
122	Durbain, Thomas	99	Montréal Carabins	3:41.8	29:34.36	
123	Baldwin, Ian	01	Unb Reds	3:42.1	29:36.15	77
124	Bérubé, Alexandre	99	C. A. Univer	3:42.4	29:38.74	
125	Govig, Christopher	99	Montréal Carabins	3:42.9	29:42.69	
126	Pelletier, Simon	99	Una	3:43.1	29:44.69	
127	Dumesnil, Felix	89	Uqam Citadins	3:43.8	29:49.99	78
128	Miller, Blair	98	Dalhousie Tigers	3:44.1	29:52.74	
129	Burg, Jeremy	00	Concordia Stingers	3:44.3	29:54.22	79
130	Laliberté, Nicolas	98	Sherbrooke V	3:44.5	29:55.38	
131	Tremblay, Marc-André	96	Uqac Inuk	3:44.9	29:59.07	80
132	Scace, Matthew	97	Queen's Gaels	3:45.0	29:59.60	
133	Rabbani, Ahmed	98	Franklin Pie	3:45.2	30:01.18	
134	Girouard-Laflamme, Emile	99	Una	3:45.4	30:03.06	
135	Bedard, Felix-Antoine	97	Uqam Citadins	3:46.0	30:07.61	81
136	Smith, Evan	01	Unb Reds	3:46.3	30:09.70	82
137	Bonneau, Jean-Daniel	97	Uqtr Patriotes	3:46.4	30:10.63	
138	Besner, Bruno	99	Una	3:46.9	30:14.56	
139	Dumontier-Ménard, Philib	99	Montréal Carabins	3:47.2	30:17.13	
140	Abdelkreem, Almur	99	Una	3:47.9	30:23.23	
141	Snook, Ethan	00	Saint Michae	3:48.1	30:24.62	83
142	Grover, Jacob	97	Concordia Stingers	3:49.3	30:33.94	84
143	Pitois, Louis	91	Una	3:49.4	30:34.59	
144	Zidle, Scott	98	Concordia Stingers	3:49.9	30:38.66	85
145	Gouret, Jonathann	99	Una	3:50.0	30:39.72	
146	Emery, Simon	99	Una	3:50.2	30:41.15	
147	Guité, Louis-Simon	99	Montréal Carabins	3:50.8	30:46.39	
148	Marc-Antoine, Plourde	98	Uqac Inuk	3:51.4	30:50.62	86
149	Gianni, Matt	00	Saint Michae	3:51.4	30:51.15	87
150	Bittel, Christopher	99	Saint Michae	3:52.0	30:55.90	88
151	Diaz-Paquin, Alexandre	99	Montréal Carabins	3:52.8	31:01.88	
152	Frève-Boucher, Victor	99	Sherbrooke V	3:52.9	31:02.79	
153	William, Bégin	96	Uqac Inuk	3:53.1	31:04.14	89
154	Mimeault, Matthew	98	Concordia Stingers	3:53.6	31:08.72	90
155	Schwendt, Adam	97	McGill	3:54.0	31:11.77	
156	Villeneuve, Julien	96	Uqam Citadins	3:55.3	31:22.24	91
157	Lang, Jack	00	Franklin Pie	3:55.4	31:23.07	
158	Uranga Gutierrez, Andree	96	Concordia Stingers	3:55.6	31:24.45	92
159	Montreuil, Thierry	98	Uqtr Patriotes	3:55.8	31:26.38	

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Résultats****....Épreuve 3 Hommes 8k CC Université**

10	McGill	250	33	43	45	56	73	74	75
	Total Time:	2:19:04.40							
	Average:	27:48.88							
11	Unb Reds	333	59	63	65	69	77	82	
	Total Time:	2:23:58.60							
	Average:	28:47.72							
12	Uqac Inuk	362	57	67	72	80	86	89	
	Total Time:	2:26:57.28							
	Average:	29:23.46							
13	Concordia Stingers	396	58	79	84	85	90	92	94
	Total Time:	2:30:30.19							
	Average:	30:06.04							
14	Saint Michael's College V	421	68	83	87	88	95	97	
	Total Time:	2:33:43.18							
	Average:	30:44.64							
15	Vermont Technical College	486	93	96	98	99	100		
	Total Time:	2:53:22.52							
	Average:	34:40.51							

Interlock XC - 2019-10-12

Interlock XC
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Résultats

Épreuve 2 Femmes 8k CC Université

Nom	Année École	Avg 1K	Finales	Points
Résultats - Femmes				
1 Blair, Kara	97 Queen's Gaels	3:38.2	29:05.57	1
2 Hirsch, Elizabeth	97 McGill	3:39.6	29:16.54	2
3 Fitzgerald, Makenna	00 Queen's Gaels	3:40.7	29:25.32	3
4 Lacourse, Jessy	97 Laval Rouge-et-Or	3:41.8	29:34.40	4
5 De Coene, Élodie	99 Montréal Carabins	3:42.7	29:40.92	5
6 Beauchemin, Catherine	98 Laval Rouge-et-Or	3:46.0	30:07.51	6
7 Dubé-Lavoie, Aurélie	96 Laval Rouge-et-Or	3:46.7	30:13.28	7
8 Veillette, Sandrine	98 McGill	3:47.4	30:19.00	8
9 Bouck, Tori	01 Queen's Gaels	3:48.1	30:24.85	9
10 Lépine, Laurianne	99 Montréal Carabins	3:50.1	30:40.43	10
11 Guérin, Lisanne	94 Uqtr Patriotes	3:51.0	30:47.59	11
12 Hergett, Jane	99 St. Francis	3:51.3	30:50.41	12
13 Thompson, Catherine	97 Dalhousie Tigers	3:51.9	30:54.65	13
14 Fleurent-Gregoire, Chloe	96 McGill	3:52.4	30:59.11	14
15 Bouchard-Nguyen, Jade	99 Montréal Carabins	3:52.7	31:01.17	15
16 Watson, Jade	97 Queen's Gaels	3:52.7	31:01.50	16
17 Aglot, Murielle	96 Saint-Lauren	3:52.8	31:01.75	
18 Castonguay-Girard, Éloïdi	99 Laval Rouge-et-Or	3:52.9	31:02.72	17
19 Carlton, Laura	99 McGill	3:53.0	31:03.64	18
20 Hamilton, Emily	83 Dalhousie Tigers	3:53.1	31:04.09	19
21 Ohrling, Heidi	97 Queen's Gaels	3:53.5	31:07.41	20
22 Yantha, Laura	00 Queen's Gaels	3:53.6	31:08.61	21
23 Longval, Kesya	94 Uqtr Patriotes	3:53.8	31:09.96	22
24 Barwick, Alison	93 McGill Olympic Club	3:53.8	31:10.13	
25 Lafontaine, Marie-Lyssa	99 Montréal Carabins	3:54.6	31:16.23	23
26 Plouvier, Manon	00 Queen's Gaels	3:55.4	31:22.69	24
27 Gilbert, Melodie	94 Sherbrooke V	3:55.8	31:25.78	25
28 Mendes, Brianna	99 McGill	3:55.8	31:26.47	26
29 Chisholm, Paige	98 St. Francis	3:57.7	31:41.18	27
30 Needham, Jessica	92 Dalhousie Tigers	3:59.5	31:55.95	28
31 Robson, Ashley	98 St. Francis	4:00.1	32:00.76	29
32 Raymond, Maude	94 Uqam Citadins	4:00.3	32:01.76	30
33 Perreault, Christine	92 Uqtr Patriotes	4:00.7	32:05.08	31
34 Ireland, Jennifer	00 McGill	4:02.6	32:20.40	32
35 Turcotte, Isabelle	94 Laval Rouge-et-Or	4:02.7	32:21.68	33
36 Dagenais, Emma	97 Laval Rouge-et-Or	4:02.9	32:22.91	34
37 Maurin, Juliette	98 Sherbrooke V	4:03.2	32:25.13	35
38 Baretto-Coté, Isabella	99 Montréal Carabins	4:04.3	32:34.28	36
39 Watson, Maia	00 McGill	4:04.8	32:37.72	37
40 Benoit, Lauriane	99 Uqtr Patriotes	4:05.1	32:40.13	38
41 Adam, Erin	97 Queen's Gaels	4:05.1	32:40.38	
42 Sandluck, Breanna	99 St. Francis	4:05.2	32:41.13	39
43 Honicke, Jennifer	99 Uqtr Patriotes	4:05.8	32:45.74	40
44 Smith, Erika	01 Queen's Gaels	4:06.1	32:48.12	
45 Vézina, Frédérique	96 Laval Rouge-et-Or	4:06.4	32:50.87	41
46 Moore, Emma	97 Dalhousie Tigers	4:06.9	32:54.92	42
47 Kingston, Renata	99 Dalhousie Tigers	4:07.0	32:55.35	43
48 Champigny, Gabrielle	96 Saint-Lauren	4:07.0	32:55.46	
49 Marquis, Andréanne	96 Sherbrooke V	4:07.3	32:57.71	44
50 Lowther, Lauren	01 Dalhousie Tigers	4:07.3	32:58.26	45
51 Labarre, Annie-Kim	97 Laval Rouge-et-Or	4:07.4	32:58.86	

Interlock XC - 2019-10-12**Interlock XC****Parc Maisonneuve****Résultats****....Épreuve 2 Femmes 8k CC Université**

52 Isabel, Ann-Sophie	95 Sherbrooke V	4:07.6	33:00.58	46
53 Poirier, Myriam	99 Montréal Carabins	4:07.9	33:02.95	47
54 Farago, Marissa	99 Franklin Pie	4:07.9	33:02.99	48
55 Wedlock, Jo	87 Concordia Stingers	4:08.5	33:07.76	49
56 Frenette, Kamyille	96 Dalhousie Tigers	4:09.1	33:12.53	50
57 Johnston, Zoe	97 St. Francis	4:09.6	33:16.63	51
58 Émond, Clara	97 Laval Rouge-et-Or	4:09.9	33:18.53	
59 Taggart, Ellen	95 St. Francis	4:10.0	33:20.08	52
60 Chambers, Meredith	99 McGill	4:10.4	33:22.89	
61 Rawlyk, Brooklyn	98 Dalhousie Tigers	4:10.5	33:23.57	
62 Déharnais-Préfontain, No	99 Montréal Carabins	4:10.6	33:24.68	53
63 Lacasse, Florence	95 Sherbrooke V	4:11.9	33:34.69	54
64 Audet, Mia	99 École de tec	4:12.8	33:42.46	
65 Bédard, Laura	95 Laval Rouge-et-Or	4:12.9	33:43.11	
66 Presseault, Audrey	99 Montréal Carabins	4:13.1	33:44.31	
67 Dauphin, Annabelle	98 Laval Rouge-et-Or	4:13.3	33:46.46	
68 Paquet, Marie-Philippe	98 Laval Rouge-et-Or	4:13.5	33:47.59	
69 Campbell, Mackenzie	02 Physi-Kult Kingston	4:13.9	33:51.22	
70 Ratycz-Légaré, Ève	97 Laval Rouge-et-Or	4:14.4	33:54.52	
71 MacDonald, Aidan	00 St. Francis	4:14.8	33:57.83	55
72 Laurence, Normandin	98 Uqac Inuk	4:15.3	34:01.71	56
73 Sheila, Tremblay	98 Uqac Inuk	4:15.7	34:05.07	57
74 Guay, Danae	95 Uqtr Patriotes	4:16.1	34:08.66	58
75 Walker, Chloe	00 St. Francis	4:16.7	34:13.04	
76 Burnham, Maggie	00 Saint Michae	4:17.6	34:20.71	59
77 Gunther, Nina	Saint-Lauren	4:18.0	34:23.41	
78 Pominville, Mariane	99 McGill	4:18.0	34:23.67	
79 Burnotte, Anna	00 Una	4:18.0	34:23.72	
80 Stankiewicz, Lauren	99 Franklin Pie	4:18.1	34:24.22	60
81 Cormier, Julia	98 Franklin Pie	4:18.6	34:28.55	61
82 Charpentier, Èmie	99 Sherbrooke V	4:18.9	34:30.64	62
83 Turcotte, Marie-Ève	96 Laval Rouge-et-Or	4:19.6	34:36.43	
84 Mozelle, Théoret	99 Uqac Inuk	4:20.2	34:41.18	63
85 Lavigne, Sabrina	99 Laval Rouge-et-Or	4:20.4	34:42.86	
86 Lacroix, Camille	97 Sherbrooke V	4:20.7	34:45.13	64
87 Manuel, Lynette	92 Unb Reds	4:20.8	34:45.86	
88 Waller, Georgia	00 Dalhousie Tigers	4:21.0	34:47.32	
89 Koukos, Emma	98 Saint Michae	4:21.1	34:48.49	65
90 Alby, Noemie	95 Sherbrooke V	4:22.6	35:00.40	
91 Charpentier, Juliette	97 Uqac Inuk	4:24.9	35:19.02	66
92 Fitzpatrick, Tori	99 Dalhousie Tigers	4:25.0	35:19.65	
93 Zylak, Rebecca	98 Franklin Pie	4:25.2	35:21.22	67
94 Cathcart, Nadia	01 Franklin Pie	4:26.6	35:32.14	68
95 Milos, Bailey	98 Dalhousie Tigers	4:27.1	35:36.84	
96 Comiskey, Cailey	00 Saint Michae	4:27.5	35:39.78	69
97 Marin, Sandrine	99 Sherbrooke V	4:27.8	35:41.97	
98 Kromberg, Sarah	99 Dalhousie Tigers	4:28.4	35:47.20	
99 Smith, Rachel	00 Saint Michae	4:28.8	35:49.79	70
100 Bélanger-Riendeau, Josia	98 Uqam Citadins	4:29.1	35:52.61	71
101 Shair, Tayla	00 Concordia Stingers	4:29.4	35:54.69	72
102 Sheridan, Katherine	99 Montréal Carabins	4:29.6	35:56.43	
103 Drolet, Ann-Rebecca	97 Concordia Stingers	4:30.3	36:02.45	73
104 Martin, Emmanuelle	00 Unb Reds	4:30.8	36:06.25	
105 Caumartin, Sarah-Jane	95 Uqtr Patriotes	4:31.4	36:10.86	74

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Interlock XC
Parc Maisonneuve
Résultats

Épreuve 3 Hommes 8k CC Université

Nom	Année École	Avg 1K	Finales	Points
Résultats - Hommes				
1 Desgagnés, Jean-Simon	98 Laval Rouge-et-Or	3:06.1	24:48.50	1
2 Delange, Mitchell	97 Queen's Gaels	3:06.6	24:52.84	2
3 Tedeschi, Jonathan	94 Laval Rouge-et-Or	3:06.9	24:55.15	3
4 Dehghan, Nathan	95 Queen's Gaels	3:08.6	25:08.59	4
5 Lapointe-Pilote, Félix	97 Laval Rouge-et-Or	3:09.2	25:13.13	5
6 Paquet, Charles	97 Laval Rouge-et-Or	3:09.5	25:15.53	6
7 Peverill, Andrew	99 St. Mary's U	3:09.6	25:16.44	
8 Windisch, Thomas	95 Sherbrooke V	3:09.7	25:17.65	7
9 Robertson, Kevin	99 Montréal Carabins	3:10.3	25:21.72	8
10 Fenoff, Riley	00 Franklin Pie	3:11.2	25:29.50	9
11 Trudeau-Perron, Marc-And	99 Montréal Carabins	3:11.5	25:31.84	10
12 MacLellan, Paul	96 St. Francis	3:11.7	25:33.62	11
13 Poher, Samuel	94 Laval Rouge-et-Or	3:12.8	25:42.10	12
14 Flood, Matt	97 Queen's Gaels	3:13.6	25:48.70	13
15 Billerot, Pierre-Lou	99 École de tec	3:14.2	25:53.64	
16 Courchesne, Jérémy	00 Uqtr Patriotes	3:15.2	26:01.51	14
17 Girardin, David	00 Laval Rouge-et-Or	3:15.4	26:03.16	15
18 Pardo, Matt	97 Queen's Gaels	3:15.5	26:03.80	16
19 Alie-Lamarche, Andre	99 Ottawa Gee-Gees	3:15.7	26:04.95	
20 Lepage, Alexis	94 Laval Rouge-et-Or	3:15.8	26:06.32	17
21 Benoit, Jacob	01 St. Francis	3:16.0	26:07.75	18
22 Gilbert, Nicolas	95 Uqtr Patriotes	3:16.1	26:08.33	19
23 Brackenbury, Miles	01 Queen's Gaels	3:16.4	26:10.75	20
24 Normandin, Pierre-Yves	99 Laval Rouge-et-Or	3:16.5	26:11.61	
25 Arlabosse, Hugo	99 Franklin Pie	3:17.4	26:18.61	21
26 Minfray, Antoine	01 Laval Rouge-et-Or	3:17.5	26:19.99	
27 Robertson, Nick	00 Dalhousie Tigers	3:18.1	26:24.34	22
28 Cox, Will	01 Dalhousie Tigers	3:18.3	26:25.70	23
29 Staples, Graydon	98 St. Francis	3:18.5	26:27.69	24
30 Izquierdo-Bernier, Ricar	95 Uqam Citadins	3:18.7	26:28.97	25
31 Halloran, Jacob	97 Dalhousie Tigers	3:18.7	26:29.04	26
32 Reed, Jason	98 Franklin Pie	3:19.0	26:31.36	27
33 Riopel, Nicolas	99 Laval Rouge-et-Or	3:19.8	26:38.40	
34 Goodridge, Jonathan	98 Dalhousie Tigers	3:20.1	26:40.41	28
35 Drever, Callum	97 Dalhousie Tigers	3:20.3	26:42.16	29
36 Gallant, Luc	00 St. Francis	3:20.5	26:43.51	30
37 Cherenfant, Nick	96 Uqam Citadins	3:20.6	26:44.33	31
38 Rogers, Mike	97 Dalhousie Tigers	3:20.7	26:44.89	32
39 Wellenstein, Henry	00 McGill	3:20.8	26:45.69	33
40 Roberts, Nicholas	98 Ottawa Gee-Gees	3:21.0	26:47.85	
41 Dionne, Anthony	93 C. A. Univer	3:21.2	26:49.67	
42 Simoneau, William	97 Club Citius	3:21.4	26:50.66	
43 Grimshaw-Surette, Hudson	98 Dalhousie Tigers	3:21.5	26:51.68	34
44 Lévesque, Alexandre	92 Laval Rouge-et-Or	3:21.6	26:52.77	
45 Goslett, Aidan	01 Dalhousie Tigers	3:21.7	26:53.05	
46 Veilleux, Antoine	97 Sherbrooke V	3:22.5	26:59.73	35
47 Perreault, Dominic	95 Sherbrooke V	3:22.5	26:59.98	36
48 Rawson, William	97 Franklin Pie	3:22.5	27:00.05	37
49 Dufour, Joé	92 Jakours	3:22.7	27:01.44	
50 Rosen, Daniel	01 Dalhousie Tigers	3:23.2	27:05.52	
51 Fournier, Adrian	00 Ottawa Gee-Gees	3:23.8	27:09.87	

Interlock XC - 2019-10-12**Interlock XC****Parc Maisonneuve****Résultats****....Épreuve 3 Hommes 8k CC Université**

52 Pidduck, Will	96 Queen's Gaels	3:24.3	27:14.43	38
53 Knight, Evan	01 St. Francis	3:24.6	27:16.13	39
54 Tallent, Cody	99 Franklin Pie	3:24.7	27:17.38	40
55 Stewart, Joe	99 St. Mary's U	3:24.8	27:17.86	
56 Bracon, Melvyn	99 Montréal Carabins	3:25.0	27:19.90	41
57 Plourde-Couture, Félix	99 Uqtr Patriotes	3:25.5	27:23.36	42
58 Bernier, Simon	95 McGill	3:25.5	27:23.90	43
59 Hart-Meunier, Alexandre	96 Laval Rouge-et-Or	3:26.1	27:28.18	
60 Roy, Pier-Luc	96 Unattached-N	3:26.3	27:30.33	
61 Langlois, Charles	98 Sherbrooke V	3:26.7	27:33.57	44
62 Deschenes, Felix	95 Laval Rouge-et-Or	3:27.1	27:36.27	
63 Elrimawi-Fine, Noah	01 McGill	3:27.3	27:38.07	45
64 Sonnallier, Hedi	95 Una	3:27.5	27:40.08	
65 Desbiens, Gabriel	99 Montréal Carabins	3:27.8	27:41.70	46
66 Paques, Maxime	99 Montréal Carabins	3:27.8	27:42.14	47
67 Freeman, Alec	97 Dalhousie Tigers	3:28.2	27:45.25	
68 Lynds, Trent	97 Dalhousie Tigers	3:28.3	27:45.92	
69 Jean-Pierre, Adrien	99 Montréal Carabins	3:28.5	27:47.47	48
70 Rua, Antonio	98 Franklin Pie	3:28.7	27:49.17	49
71 Lafortune-Cazale, Félix	99 Uqam Citadins	3:29.0	27:51.52	50
72 Aylward, Wil	00 Franklin Pie	3:29.3	27:54.33	51
73 Doherty, Aidan	98 St. Francis	3:29.9	27:58.71	52
74 Bertrand, Guillaume	92 Sherbrooke V	3:30.0	27:59.92	53
75 Shaink, Ian	97 Laval Rouge-et-Or	3:30.3	28:01.75	
76 Caron, Vincent	99 Montréal Carabins	3:30.7	28:05.09	54
77 Fraccaro, Ryan	99 St. Mary's U	3:30.7	28:05.60	
78 Brizard, Matisse	94 Uqtr Patriotes	3:30.8	28:06.30	55
79 Cyr, Olivier	92 McGill	3:31.3	28:10.31	56
80 Grimshaw-Surette, Harmon	00 Dalhousie Tigers	3:31.5	28:11.89	
81 Côté, Pascal	99 Uqac Inuk	3:31.8	28:14.24	57
82 Clarke, Ethan	01 Concordia Stingers	3:31.9	28:14.65	58
83 Spragg, Mitchell	99 Unb Reds	3:32.0	28:15.82	59
84 Hayes, Tyler	98 Franklin Pie	3:32.1	28:16.26	
85 Dubé, Hubert	98 Sherbrooke V	3:32.1	28:16.66	60
86 Ouellet, Olivier	94 Sherbrooke V	3:32.3	28:17.93	61
87 Deslaurier, Alexis	99 Corsaire-Chaparral	3:32.7	28:20.92	
88 Aham, Zach	01 Franklin Pie	3:32.7	28:21.28	
89 Johnson, Matthew	96 Queen's Gaels	3:32.8	28:21.90	62
90 Phillips, Luke	01 Unb Reds	3:33.2	28:25.60	63
91 Pilon-Rabonson, Zacharie	97 Sherbrooke V	3:33.4	28:26.88	
92 Savard, Luc	82 Jakours	3:33.5	28:27.78	
93 Cassan, Jerome	97 Uqam Citadins	3:33.8	28:29.80	64
94 Rolland, Valentin	99 École de tec	3:34.2	28:33.55	
95 Côté, Antoine	96 Sherbrooke V	3:34.4	28:34.99	
96 Dubé-Nakata, Nicolas	98 Sherbrooke V	3:34.6	28:36.38	
97 Beliveau, Charles	99 École de tec	3:34.7	28:36.91	
98 Fourmont, Paul	99 École de tec	3:34.9	28:38.65	
99 Hani, Abdéraouf	99 Montréal Carabins	3:35.0	28:39.93	
100 Caie, Kyle	99 St. Mary's U	3:35.4	28:42.52	
101 Blackstone, Chance	00 Unb Reds	3:35.7	28:45.30	65
102 Shankel, Jonah	99 St. Francis	3:35.8	28:46.29	66
103 Li, Shengan	98 Queen's Gaels	3:36.2	28:48.94	
104 Pierre-Luc, Pinéda	94 Uqac Inuk	3:36.4	28:51.19	67
105 John, Walker	98 Franklin Pie	3:36.6	28:52.59	

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106	Donnelly, Jake	00	Saint Michae	3:36.8	28:54.32	68
107	Berthiaume, Maxime	99	Montréal Carabins	3:36.9	28:55.19	
108	Donnelly, Aidan	00	Unb Reds	3:37.0	28:55.73	69
109	Houle, Jasmin	94	Uqtr Patriotes	3:37.2	28:57.06	70
110	Ducrow, Ryan	99	Franklin Pie	3:37.3	28:57.79	
111	Ricard, Tommy	98	Uqtr Patriotes	3:37.4	28:58.99	71
112	Bertrand, Xavier	96	Laval Rouge-et-Or	3:37.7	29:01.43	
113	Alec, Bousquet	98	Uqac Inuk	3:37.8	29:02.16	72
114	Day, Findlay	01	St. Francis	3:38.0	29:03.45	
115	Bellerive, Thomas	99	Montréal Carabins	3:38.0	29:03.50	
116	Lalumière-Roberge, Trist	97	Sherbrooke V	3:38.2	29:05.17	
117	Obrand, Jeremy	96	McGill	3:38.3	29:06.43	73
118	Csisztu, Thomas	99	McGill	3:39.5	29:15.89	74
119	Beaulieu, Nathanael	98	McGill	3:40.0	29:19.34	75
120	Bedard, Felix	00	McGill	3:40.0	29:19.35	
121	Fournier Lacombe, Léandr	94	Uqtr Patriotes	3:41.4	29:31.23	76
122	Durbain, Thomas	99	Montréal Carabins	3:41.8	29:34.36	
123	Baldwin, Ian	01	Unb Reds	3:42.1	29:36.15	77
124	Bérubé, Alexandre	99	C. A. Univer	3:42.4	29:38.74	
125	Govig, Christopher	99	Montréal Carabins	3:42.9	29:42.69	
126	Pelletier, Simon	99	Una	3:43.1	29:44.69	
127	Dumesnil, Felix	89	Uqam Citadins	3:43.8	29:49.99	78
128	Miller, Blair	98	Dalhousie Tigers	3:44.1	29:52.74	
129	Burg, Jeremy	00	Concordia Stingers	3:44.3	29:54.22	79
130	Laliberté, Nicolas	98	Sherbrooke V	3:44.5	29:55.38	
131	Tremblay, Marc-André	96	Uqac Inuk	3:44.9	29:59.07	80
132	Scace, Matthew	97	Queen's Gaels	3:45.0	29:59.60	
133	Rabbani, Ahmed	98	Franklin Pie	3:45.2	30:01.18	
134	Girouard-Laflamme, Emile	99	Una	3:45.4	30:03.06	
135	Bedard, Felix-Antoine	97	Uqam Citadins	3:46.0	30:07.61	81
136	Smith, Evan	01	Unb Reds	3:46.3	30:09.70	82
137	Bonneau, Jean-Daniel	97	Uqtr Patriotes	3:46.4	30:10.63	
138	Besner, Bruno	99	Una	3:46.9	30:14.56	
139	Dumontier-Ménard, Philib	99	Montréal Carabins	3:47.2	30:17.13	
140	Abdelkreem, Almur	99	Una	3:47.9	30:23.23	
141	Snook, Ethan	00	Saint Michae	3:48.1	30:24.62	83
142	Grover, Jacob	97	Concordia Stingers	3:49.3	30:33.94	84
143	Pitois, Louis	91	Una	3:49.4	30:34.59	
144	Zidle, Scott	98	Concordia Stingers	3:49.9	30:38.66	85
145	Gouret, Jonathann	99	Una	3:50.0	30:39.72	
146	Emery, Simon	99	Una	3:50.2	30:41.15	
147	Guité, Louis-Simon	99	Montréal Carabins	3:50.8	30:46.39	
148	Marc-Antoine, Plourde	98	Uqac Inuk	3:51.4	30:50.62	86
149	Gianni, Matt	00	Saint Michae	3:51.4	30:51.15	87
150	Bittel, Christopher	99	Saint Michae	3:52.0	30:55.90	88
151	Diaz-Paquin, Alexandre	99	Montréal Carabins	3:52.8	31:01.88	
152	Frève-Boucher, Victor	99	Sherbrooke V	3:52.9	31:02.79	
153	William, Bégin	96	Uqac Inuk	3:53.1	31:04.14	89
154	Mimeault, Matthew	98	Concordia Stingers	3:53.6	31:08.72	90
155	Schwendt, Adam	97	McGill	3:54.0	31:11.77	
156	Villeneuve, Julien	96	Uqam Citadins	3:55.3	31:22.24	91
157	Lang, Jack	00	Franklin Pie	3:55.4	31:23.07	
158	Uranga Gutierrez, Andree	96	Concordia Stingers	3:55.6	31:24.45	92
159	Montreuil, Thierry	98	Uqtr Patriotes	3:55.8	31:26.38	

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Résultats****....Épreuve 3 Hommes 8k CC Université**

10	McGill	250	33	43	45	56	73	74	75
	Total Time:	2:19:04.40							
	Average:	27:48.88							
11	Unb Reds	333	59	63	65	69	77	82	
	Total Time:	2:23:58.60							
	Average:	28:47.72							
12	Uqac Inuk	362	57	67	72	80	86	89	
	Total Time:	2:26:57.28							
	Average:	29:23.46							
13	Concordia Stingers	396	58	79	84	85	90	92	94
	Total Time:	2:30:30.19							
	Average:	30:06.04							
14	Saint Michael's College V	421	68	83	87	88	95	97	
	Total Time:	2:33:43.18							
	Average:	30:44.64							
15	Vermont Technical College	486	93	96	98	99	100		
	Total Time:	2:53:22.52							
	Average:	34:40.51							