

2015 ACAC Indoor Championships - 2015-02-27 to 2015-02-28**Garrison Track, Namao, Alberta****Results****Women 300 Metre Dash Open****Top 8 Advance by Time**

ACAC: + 42.11 2015-02-14 Amanda Ntiamoah, GMU; Edmonton						
Name	Year	Team	Seed	Prelims	H#	
Preliminaries						
1	56	Caylee Vogel	94	Lethbridge College	43.46	44.36q 5
2	41	Amanda Ntiamoah	92	MACEWAN	42.11	44.43q 5
3	54	Sarah Orban	95	Lethbridge College	44.17	45.12q 5
4	31	Jamie Wigmore	93	Grand Prairi	43.20	45.67q 5
5	27	Kirsten Manz	92	Grand Prairi	46.30	46.38q 4
6	38	Alandra Jessup	96	MACEWAN	46.79	47.13q 4
7	78	Becca Gould	93	Sait	45.10	47.80q 4
8	65	Jordan Van Der Bri		Nait	1:10.00	48.61q 1
9	68	Celine de Wit	95	Red Deer College	49.70	49.29 3
10	13	Kristina Dong		Concordia	49.11	49.33 3
11	12	Brynn Devries		Concordia	50.58	49.54 3
12	58	Jessica Wytrykusz	96	Lethbridge College		49.97 1
13	71	Anna Duda	71	Red Deer College	50.00	51.51 3
14	55	Manon Remy	94	Lethbridge College	53.55	51.95 2
15	30	Emily Whalen	89	Grand Prairi	52.60	53.94 2
16	87	Natalia Pinto	89	Sait	53.03	54.44 2
17	80	Katrina Henning	90	Sait	54.09	54.77 1
--	53	Rebekah Moore	87	Lethbridge College	48.60	47.86 4

Women 300 Metre Dash Open

ACAC: + 42.11 2015-02-14 Amanda Ntiamoah, GMU; Edmonton						
Name	Year	Team		Prelims	Finals	Points
Finals						
1	56	Caylee Vogel	94	Lethbridge College	44.36	43.16 10
2	41	Amanda Ntiamoah	92	MACEWAN	44.43	44.16 8
3	31	Jamie Wigmore	93	Grand Prairi	45.67	44.79 6
4	54	Sarah Orban	95	Lethbridge College	45.12	45.47 5
5	27	Kirsten Manz	92	Grand Prairi	46.38	46.80 4
6	38	Alandra Jessup	96	MACEWAN	47.13	47.01 3
7	78	Becca Gould	93	Sait	47.80	47.08 2
--	65	Jordan Van Der Bri		Nait	48.61	DNS

Women 600 Metre Run Open

ACAC: + 1:37.47 2015-01-23 Jamie Wigmore, GPRC; Edmonton							
Name	Year	Team		Seed	Finals	H#	Points
1	31	Jamie Wigmore	93	Grand Prairi	1:37.60	1:38.30	3 10
2	56	Caylee Vogel	94	Lethbridge College	1:40.00	1:40.06	3 8
3	38	Alandra Jessup	96	MACEWAN	1:40.70	1:41.91	3 6
4	78	Becca Gould	93	Sait	1:45.00	1:43.89	2 5
5	50	Rachel MacKenzie	95	Lethbridge College	1:41.60	1:44.05	3 4
6	29	Amanda Patteson	91	Grand Prairi	1:46.60	1:44.50	2 3
7	92	Claire Dolphin	96	MACEWAN	1:47.20	1:44.64	2 2
8	43	Vanessa Trofimenko	94	MACEWAN	1:38.02	x1:45.21	3
9	51	Sarah Makowski	89	Lethbridge College	1:43.80	x1:45.24	3
10	14	Shelby Edgar		Concordia	1:44.60	1:46.36	3 1
11	53	Rebekah Moore	87	Lethbridge College	1:48.90	x1:47.50	2

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Garrison Track, Namao, Alberta

Results

....Women 600 Metre Run Open

12	54	Sarah Orban	95	Lethbridge College	1:42.90	x1:51.10	3
13	84	Megan Jorgensen	93	Sait	1:52.93	1:51.65	2
14	13	Kristina Dong		Concordia	1:53.10	1:52.59	2
15	86	Jayne Nagy	92	Sait	1:53.42	x1:52.69	2
16	68	Celine de Wit	95	Red Deer College	1:54.60	1:53.67	2
17	71	Anna Duda	71	Red Deer College	1:57.70	1:59.35	1
18	18	Rachael Smilie		Concordia	2:03.71	x2:01.86	1
19	9	Hannah Vesely		Augustana	2:08.00	2:04.53	1
20	87	Natalia Pinto	89	Sait	2:04.16	x2:05.51	1
21	80	Katrina Henning	90	Sait	2:06.74	x2:05.69	1
22	30	Emily Whalen	89	Grand Prairi	2:08.20	x2:06.15	1
23	77	Melissa Ray	94	Red Deer College	2:17.10	x2:16.05	1
--	23	Jackie Benning	90	Grand Prairi	1:42.60	SCR	
--	27	Kirsten Manz	92	Grand Prairi	1:50.00	SCR	
--	36	Chanelle Gagne	95	MACEWAN	1:41.30	SCR	

Women 1000 Metre Run Open

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ACAC: + 2:57.41 2015-02-14 Jamie Wigmore, GPRC; Edmonton

Name	Year	Team	Seed	Finals	H#	Points		
1	31	Jamie Wigmore	93	Grand Prairi	2:57.40	3:02.76	2	10
2	23	Jackie Benning	90	Grand Prairi	3:03.40	3:08.07	2	8
3	43	Vanessa Trofimenko	94	MACEWAN	3:02.83	3:13.28	2	6
4	50	Rachel MacKenzie	95	Lethbridge College	3:10.30	3:16.16	2	5
5	36	Chanelle Gagne	95	MACEWAN	3:04.75	3:17.37	2	4
6	51	Sarah Makowski	89	Lethbridge College	3:18.10	3:17.38	2	3
7	53	Rebekah Moore	87	Lethbridge College	3:19.50	x3:22.59	2	
8	84	Megan Jorgensen	93	Sait	3:21.77	3:22.97	2	2
9	86	Jayne Nagy	92	Sait	3:24.71	3:25.54	2	1
10	57	Sylvia Von Gunten	95	Lethbridge College	3:31.00	x3:31.26	1	
11	22	Ana Zulic		Concordia	3:41.82	3:35.79	1	
12	61	Megan Niemegeers		Nait	6:30.00	3:37.29	1	
13	18	Rachael Smilie		Concordia	3:39.56	3:38.07	1	
14	64	Alexis Taylor		Nait	6:30.00	3:50.75	1	
15	73	Robyn Hebert	95	Red Deer College		3:51.22	1	
16	9	Hannah Vesely		Augustana	3:53.70	3:54.74	1	
17	77	Melissa Ray	94	Red Deer College	4:05.80	3:59.63	1	

Women 1500 Metre Run Open

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Prov. Indoor: # 4:20.51 1990-02-17 Karen Dunston (66), CS; Edmonton AB

Prov. Under: & 4:27.95 1981-03-08 Brigit Otto (61), EOC; Edmonton, AB

ACAC: + 4:40.30 2015-01-24 Jamie Wigmore, GPRC; Edmonton

ACAC Champs: ~ 4:47.48 2014-03-07 Jamie Wigmore, GPRC; CFB Edmonton

Name	Year	Team	Seed	Finals	H#	Points		
1	28	Mirelle Martens	96	Grand Prairi	4:44.40	4:50.44	2	10
2	23	Jackie Benning	90	Grand Prairi	4:54.60	4:58.27	2	8
3	81	Sara Hewitt	88	Sait		5:08.88	1	6
4	36	Chanelle Gagne	95	MACEWAN	4:54.10	5:10.27	2	5
5	50	Rachel MacKenzie	95	Lethbridge College	5:10.30	5:12.44	2	4
6	43	Vanessa Trofimenko	94	MACEWAN	4:39.16	5:14.23	2	3
7	15	Marriya Jenkins		Concordia	5:14.95	5:15.27	2	2
8	60	Sarah McMaster		Nait	5:20.00	5:16.12	1	1

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9	51	Sarah Makowski	89	Lethbridge College	5:15.80	5:17.83	2
10	74	Autumn Jackson	90	Red Deer College		5:34.78	1
11	14	Shelby Edgar		Concordia	5:09.55	5:34.97	2
12	57	Sylvia Von Gunten	95	Lethbridge College		x5:36.48	1
13	85	Alison McPherson	93	Sait	5:19.39	5:36.60	2
14	12	Brynn Devries		Concordia	5:48.79	x5:41.11	1
15	22	Ana Zulic		Concordia	5:49.25	x5:41.43	1
16	69	Samantha Debree	95	Red Deer College	5:53.40	5:50.15	1
17	72	Laura Friesen	92	Red Deer College		x5:56.01	1
18	4	Jennifer Dillon		Augustana	6:19.00	6:19.86	1
19	73	Robyn Hebert	95	Red Deer College	6:07.80	x6:26.12	1
--	31	Jamie Wigmore	93	Grand Prairi	4:40.40	SCR	
--	39	Nicole Kitt	95	MACEWAN	4:53.19	SCR	
--	38	Alandra Jessup	96	MACEWAN	4:52.40	SCR	

Women 3000 Metre Run Open

Prov. Indoor: #	8:48.56	2008-03-07	Megan Metcalfe, ET; Valencia, Spain					
Prov. Under: &	9:20.44	1990-02-18	Lisa Harvey (70), CS; Edmonton, AB					
ACAC: +	10:10.56	2015-02-07	Mirelle Martens, GPRC; Edmonton					
ACAC Champs: ~	10:48.39	2014-03-08	Vanessa Trofimenkof, GMU; CFB Edmonton					
Name	Year	Team	Seed	Finals	H#	Points		
1	28	Mirelle Martens	96	Grand Prairi	10:10.30	10:21.53~	2	10
2	36	Chanelle Gagne	95	MACEWAN	11:02.00	10:48.12~	2	8
3	50	Rachel MacKenzie	95	Lethbridge College	11:31.80	10:50.29	2	6
4	43	Vanessa Trofimenko	94	MACEWAN	10:57.36	10:50.60	2	5
5	29	Amanda Patteson	91	Grand Prairi	11:13.80	10:55.43	2	4
6	81	Sara Hewitt	88	Sait		11:02.82	1	3
7	15	Marriya Jenkins		Concordia	11:24.98	11:12.90	2	2
8	51	Sarah Makowski	89	Lethbridge College	11:33.20	11:22.24	2	1
9	60	Sarah McMaster		Nait	11:13.00	11:27.53	2	1
10	92	Claire Dolphin	96	MACEWAN	11:40.08	x11:28.99	2	
11	85	Alison McPherson	93	Sait	11:34.15	11:47.81	2	
12	74	Autumn Jackson	90	Red Deer College		12:28.78	1	
13	72	Laura Friesen	92	Red Deer College	12:52.20	12:47.79	1	
14	69	Samantha Debree	95	Red Deer College	13:12.80	x12:48.40	1	
15	4	Jennifer Dillon		Augustana	13:51.60	13:45.43	1	
--	14	Shelby Edgar		Concordia	11:21.44	DNS	2	
--	39	Nicole Kitt	95	MACEWAN	10:33.76	SCR		

Women 4x400 Metre Relay Open

ACAC: +	4:16.30	2015-02-07	Grande Prairie, GPRC; Edmonton		
ACAC Champs: ~	4:20.26	2014-03-08	MacEwan University, GMU; CFB Edmonton		
Team		Seed	Finals	H#	Points
1	Grand Prairie Regional College	4:16.30	4:19.10~	2	10
	1) 23 Jackie Benning 90	2) 29 Amanda Patteson 91			
	3) 27 Kirsten Manz 92	4) 31 Jamie Wigmore 93			
2	Lethbridge College	4:18.30	4:20.39	2	8
	1) 56 Caylee Vogel 94	2) 54 Sarah Urban 95			
	3) 51 Sarah Makowski 89	4) 50 Rachel MacKenzie 95			
3	Grant MacEwan University	4:33.97	4:21.66	2	6
	1) 41 Amanda Ntiamoah 92	2) 36 Chanelle Gagne 95			

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3) 43 Vanessa Trofimenkoff 94	4) 38 Alandra Jessup 96				
4 Sait		4:50.16	4:43.74	1	5
1) 81 Sara Hewitt 88	2) 86 Jayme Nagy 92				
3) 84 Megan Jorgensen 93	4) 78 Becca Gould 93				
5 Concordia University		4:45.47	4:52.17	2	4
1) 13 Kristina Dong	2) 18 Rachael Smilie				
3) 12 Brynn Devries	4) 14 Shelby Edgar				
6 Red Deer College		5:03.60	4:57.33	1	3
1) 71 Anna Duda 71	2) 73 Robyn Hebert 95				
3) 74 Autumn Jackson 90	4) 68 Celine de Wit 95				

Men 300 Metre Dash Open**Top 8 Advance by Time**

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 Prov. Indoor: # 32.95 2004-01-31 Tyler Christopher (83), Winnipeg, MB
 ACAC: + 36.69 2015-02-14 Ben Thomas, CUE; Edmonton

Name	Year	Team	Seed	Prelims	H#
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Preliminaries

1	21	Ben Thomas	Concordia	36.69	38.20q	4
2	88	Michael Schnare	91 Sait	38.66	38.36q	3
3	44	Alex Andres	95 Lethbridge College	37.00	38.51q	4
4	45	Evan Brown	93 Lethbridge College	37.99	38.69q	4
5	66	Jonathan Allan	96 Red Deer College	37.10	38.70q	4
6	19	Kenton Sportak	Concordia	38.43	39.11q	3
7	6	Trent Hebert	Augustana	41.20	40.58q	1
8	37	David Ilkiw	96 MACEWAN	38.13	40.73q	3
9	70	Mitchell Dore	95 Red Deer College	39.80	40.82	2
10	79	Kyle Hansvall	95 Sait	39.66	41.47	2
11	83	Tim Huynh	86 Sait	39.55	41.77	3
12	25	Ian Keefe	94 Grand Prairi	40.40	42.61	2
13	52	Thomas McCullagh	91 Lethbridge College	42.73	42.63	1
14	46	Mena Carlos	90 Lethbridge College	43.56	43.22	1
15	62	Connor O'Donovan	Nait		44.71	1
--	16	Cornelius Koeman	Concordia	40.10	40.65	2

Men 300 Metre Dash Open

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 Prov. Indoor: # 32.95 2004-01-31 Tyler Christopher (83), Winnipeg, MB
 ACAC: + 36.69 2015-02-14 Ben Thomas, CUE; Edmonton

Name	Year	Team	Prelims	Finals	H#	Points
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Finals

1	44	Alex Andres	95 Lethbridge College	38.51	37.52	2	10
2	21	Ben Thomas	Concordia	38.20	37.64	2	8
3	88	Michael Schnare	91 Sait	38.36	38.03	2	6
4	66	Jonathan Allan	96 Red Deer College	38.70	38.38	1	5
5	45	Evan Brown	93 Lethbridge College	38.69	38.54	2	4
6	19	Kenton Sportak	Concordia	39.11	39.31	1	3
7	6	Trent Hebert	Augustana	40.58	40.09	1	2
8	37	David Ilkiw	96 MACEWAN	40.73	41.15	1	1

2015 ACAC Indoor Championships - 2015-02-27 to 2015-02-28**Garrison Track, Namao, Alberta****Results****Men 600 Metre Run Open**

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ACAC: + 1:21.82 2014-02-09 Kenton Sportank, SAIT; Edmonton							
Name	Year	Team	Seed	Finals	H#	Points	
=====							
1	44	Alex Andres	95 Lethbridge College	1:23.60	1:25.31	3	10
2	21	Ben Thomas	Concordia	1:25.33	1:26.67	3	8
3	19	Kenton Sportak	Concordia	1:24.95	1:26.79	3	6
4	90	Tom Strachan	91 Sait	1:31.24	1:26.84	3	5
5	45	Evan Brown	93 Lethbridge College	1:27.80	1:27.39	3	4
6	88	Michael Schnare	91 Sait	1:34.58	1:28.37	2	3
7	42	Brandon Toal	96 MACEWAN	1:32.41	1:30.07	3	2
8	66	Jonathan Allan	96 Red Deer College	1:34.00	1:31.42	2	1
9	70	Mitchell Dore	95 Red Deer College	1:33.50	1:31.58	2	
10	16	Cornelius Koeman	Concordia	1:32.77	x1:33.15	3	
11	6	Trent Hebert	Augustana	1:37.30	1:35.15	2	
12	79	Kyle Hansvall	95 Sait	1:35.00	x1:35.65	2	
13	34	Kyle Dong	95 MACEWAN	1:36.60	1:37.20	2	
14	26	Josh Malmstem	96 Grand Prairi	1:37.10	1:37.45	2	
15	52	Thomas McCullagh	91 Lethbridge College	1:42.20	x1:38.30	1	
16	46	Mena Carlos	90 Lethbridge College	1:40.04	x1:41.49	1	
17	1	Reece Bailey	Augustana	1:47.00	1:44.66	1	
--	49	Boaz Korir	92 Lethbridge College	1:26.70	SCR		
--	25	Ian Keefe	94 Grand Prairi	1:33.90	SCR		

Men 1000 Metre Run Open

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Prov. Indoor: # 2:24.02 2014-01-18 Brad Bickley, U of Calgary							
ACAC: + 2:32.35 2014-02-08 Kenton Sportank, SAIT; Edmonton							
Name	Year	Team	Seed	Finals	H#	Points	
=====							
1	47	Alex Harding	94 Lethbridge College	2:34.10	2:39.89	2	10
2	49	Boaz Korir	92 Lethbridge College	2:38.30	2:41.48	2	8
3	90	Tom Strachan	91 Sait	2:46.50	2:41.59	2	6
4	11	Kevin Chambers	Concordia	2:45.75	2:44.49	2	5
5	17	Michael Quick	Concordia	2:41.77	2:44.50	2	4
6	42	Brandon Toal	96 MACEWAN	2:49.91	2:47.47	2	3
7	20	Kirk Sundt	Concordia	2:40.90	x2:50.86	2	
8	40	Roscoe Lord	96 MACEWAN	2:52.87	2:59.51	1	2
9	34	Kyle Dong	95 MACEWAN	2:50.18	x3:00.88	2	
10	26	Josh Malmstem	96 Grand Prairi	2:57.40	3:02.11	1	1
11	35	Adam Epp	94 MACEWAN	2:58.32	x3:07.64	1	
12	76	Lucas Plamondon	93 Red Deer College		3:11.10	1	
13	63	Jackson Schneider	Nait	3:10.00	3:16.89	1	
14	1	Reece Bailey	Augustana	3:14.90	3:16.91	1	
15	59	Lee Horton	Nait	3:10.00	3:24.74	1	
--	44	Alex Andres	95 Lethbridge College	2:37.10	DNS	2	
--	88	Michael Schnare	91 Sait	2:50.01	SCR		

2015 ACAC Indoor Championships - 2015-02-27 to 2015-02-28**Garrison Track, Namao, Alberta****Results****Men 1500 Metre Run Open**

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Prov. Indoor: #	3:46.93	1987-02-21	Scott Robertson (54), CTB; Edmonton, AB				
Prov. Under: &	3:52.22	1995-02-25	Jeremy Deere (75), CS; Saskatoon, SK				
ACAC: +	4:05.28	2015-02-07	Alex Harding, LCK; Edmonton				
ACAC Champs: ~	4:13.42	2014-03-07	Hyaden Hollowell, GPRC; CFB Edmonton				
Name	Year	Team	Seed	Finals	H#	Points	
=====							
1	47	Alex Harding	94 Lethbridge College	4:05.30	4:13.73	2	10
2	20	Kirk Sundt	Concordia	4:06.90	4:15.79	2	8
3	44	Alex Andres	95 Lethbridge College	4:08.30	4:22.66	2	6
4	11	Kevin Chambers	Concordia	4:29.36	4:23.54	2	5
5	17	Michael Quick	Concordia	4:16.08	x4:27.55	2	
6	67	Noah Arychuk	95 Red Deer College	4:38.40	4:30.43	2	4
7	40	Roscoe Lord	96 MACEWAN	4:33.98	4:31.41	2	3
8	91	Matt Vrielink	93 Sait	4:26.96	4:31.63	2	2
9	24	Jon Fernandes	87 Grand Prairi	4:37.20	4:35.28	2	1
10	35	Adam Epp	94 MACEWAN	4:44.63	4:37.57	2	
11	82	Sean Hickey	92 Sait	4:32.35	4:38.56	2	
12	75	Andrew Jacobs	93 Red Deer College		4:49.70	1	
13	3	Joedy Dalke	Augustana	4:56.00	4:59.51	1	
14	76	Lucas Plamondon	93 Red Deer College		x5:09.80	1	
15	2	Michael Cole	Augustana	5:15.00	5:19.00	1	
16	7	Ryan O'Donoghue	Augustana	5:30.00	x5:36.14	1	
17	10	Emil Yim	Augustana	5:39.00	x6:00.79	1	
--	48	Edwin Kaitany	91 Lethbridge College		DNS	1	
--	26	Josh Malmstem	96 Grand Prairi	4:44.80	SCR		
--	32	Brandon Wladyko	86 Grand Prairi	4:34.70	SCR		
--	8	Cam Raynor	Augustana	5:00.00	SCR		

Men 3000 Metre Run Open

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Prov. Indoor: #	7:59.2h	1980-01-19	Dean Childs (1957), CS; New York NY				
Prov. Under: &	8:16.2h	1976-02-22	Dean Childs (57), CS; Edmonton, AB				
ACAC: +	8:59.31	2015-02-01	Alex Harding, LCK; Calgary				
ACAC Champs: ~	9:02.42	2014-03-08	Solomon Ngetich, LCK; CFB Edmonton				
Name	Year	Team	Seed	Finals	H#	Points	
=====							
1	47	Alex Harding	94 Lethbridge College	8:59.30	8:58.15+	2	10
2	20	Kirk Sundt	Concordia	9:00.78	9:13.70	2	8
3	42	Brandon Toal	96 MACEWAN	9:24.07	9:33.06	2	6
4	67	Noah Arychuk	95 Red Deer College	9:54.00	9:40.97	2	5
5	82	Sean Hickey	92 Sait	9:58.88	9:45.90	2	4
6	48	Edwin Kaitany	91 Lethbridge College		9:49.35	1	3
7	5	Jonathan Fuller	Augustana	9:58.80	9:54.44	2	2
8	40	Roscoe Lord	96 MACEWAN	9:50.95	9:54.57	2	1
9	32	Brandon Wladyko	86 Grand Prairi	10:00.70	9:57.47	2	
10	91	Matt Vrielink	93 Sait	10:15.83	10:00.42	1	
11	11	Kevin Chambers	Concordia	9:39.68	10:01.33	2	
12	35	Adam Epp	94 MACEWAN	10:14.28	x10:04.60	2	
13	24	Jon Fernandes	87 Grand Prairi	9:58.20	10:04.95	2	
14	75	Andrew Jacobs	93 Red Deer College	10:27.30	10:48.69	1	
15	3	Joedy Dalke	Augustana	10:37.30	10:59.26	1	
16	2	Michael Cole	Augustana	11:16.40	x12:09.60	1	
17	7	Ryan O'Donoghue	Augustana	11:50.20	x12:25.09	1	
18	10	Emil Yim	Augustana	12:09.30	x13:33.56	1	
--	49	Boaz Korir	92 Lethbridge College	9:03.00	DNS	2	

2015 ACAC Indoor Championships - 2015-02-27 to 2015-02-28

Garrison Track, Namao, Alberta

Results

....Men 3000 Metre Run Open

-- 8 Cam Raynor Augustana 10:43.60 DNS 1

Men 4x400 Metre Relay Open

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ACAC: + 3:34.66		2015-02-07	Lethbridge, LCK; Edmonton		
ACAC Champs: ~ 3:40.77		2014-03-08	Concordia, CUCA; CFB Edmonton		
Team	Seed	Finals	H#	Points	
=====					
1 Lethbridge College	3:34.70	3:38.10~	2	10	
1) 45 Evan Brown 93					2) 49 Boaz Korir 92
3) 47 Alex Harding 94					4) 44 Alex Andres 95
2 Concordia University	3:36.47	3:39.85~	2	8	
1) 21 Ben Thomas					2) 17 Michael Quick
3) 16 Cornelius Koeman					4) 19 Kenton Sportak
3 Sait	3:44.87	3:46.96	2	6	
1) 83 Tim Huynh 86					2) 91 Matt Vrielink 93
3) 90 Tom Strachan 91					4)
4 Grant MacEwan University	3:50.24	3:55.51	2	5	
1) 34 Kyle Dong 95					2) 42 Brandon Toal 96
3) 40 Roscoe Lord 96					4) 37 David Ilkiw 96
5 Red Deer College	3:56.90	3:56.41	1	4	
1) 76 Lucas Plamondon 93					2) 67 Noah Arychuk 95
3) 66 Jonathan Allan 96					4) 70 Mitchell Dore 95
6 Grand Prairie Regional College	3:57.20	4:02.82	1	3	
1) 25 Ian Keefe 94					2) 24 Jon Fernandes 87
3) 26 Josh Malmstem 96					4) 32 Brandon Wladyko 86
7 Augustana University	4:07.49	4:08.47	1	2	
1) 6 Trent Hebert					2) 1 Reece Bailey
3) 2 Michael Cole					4) 3 Joedy Dalke