

Speed River TFC

Hy-Tek's MEET MANAGER 12:53 PM 7/19/2016 Page 1

Speed River Twilight 3 - 7/15/2016
Alumni Stadium, University of Guelph
Results

Women 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#	Points
Finals						
1 Lance, Naomi	Waterloo Track Club	24.60	24.80	2.7	1	
2 Hall, Kaylyn	London Legio	25.26	25.59	2.7	1	
3 Traore, Adi	Windsor Legi	26.76	26.00	2.8	2	25.993
4 Jarvis, Madison	Speed River	25.88	26.00	2.7	1	25.994
5 Giannone, Molly	Hamilton Oly	26.96	26.41	2.8	2	
6 Steeneveld, Abbey	Speed River	29.70	26.66	3.4	3	
7 Mullings, Jaden	Hamilton Eli	27.85	26.67	2.8	2	
8 Downes, Jenae	The Peel Gazelles	27.50	26.95	2.8	2	
9 Falla, Katie	Unattached -	26.80	27.07	2.8	2	
10 Klosa, Elizabeth	Laurel Creek	27.65	27.35	2.8	2	
11 Steeneveld, Holly	Speed River	25.02	27.41	2.7	1	
12 Murphy, Cassandra	Niagara Olym	26.65	27.55	2.7	1	
13 Manderson, Jalyn	The Durham Gazelles	27.75	27.70	2.8	2	
14 O'Brien, Tessa	Hamilton Oly	27.97	28.15	3.4	3	
15 Paine, Nicole	Laurel Creek	28.10	28.31	3.4	3	
16 Wilson-Walker, Madison	London Western Tfc	30.00	28.68	3.4	3	
17 Pascall, Keisha	Niagara Olym	26.65	28.71	2.7	1	
18 Egert, Abigail	Burlington B		28.75	1.4	4	
19 Bugler, Terri	Burlington T		28.81	1.4	4	
20 McKinney, Madison	Niagara Olym	28.65	28.99	3.4	3	
21 Parris, Princess	The Durham Gazelles	27.60	29.17	2.8	2	
22 Seguin, Thea	Speed River	29.20	29.20	3.4	3	
23 Stirtzinger, Samantha	Speed River	30.15	29.61	3.4	3	
24 Campbell, Savannah	Supreme Athletics	26.02	30.25	2.7	1	
25 Barry, Cathy	The Durham Gazelles	29.89	30.90	3.4	3	
26 Rice, Jodi	Hamilton Eli	30.51	31.15	1.4	4	

Women 400 Meter Dash

Name	Year Team	Seed	Finals	H#	Points
1 Witherspoon, Nicolette	York Univers	58.50	59.05	1	
2 Oldfin, Brooke	The Durham Gazelles	57.70	59.24	1	
3 Spear, Chloe	South Simcoe	1:00.08	59.48	2	
4 Jarvis, Madison	Speed River	59.20	59.84	1	
5 Ryan, Maya	The Durham Gazelles	58.95	1:00.56	1	
6 Fennel, Jessie	Niagara Regi	58.00	1:00.96	1	
7 Oulds, Ally	Windsor Legi	57.80	1:01.48	1	
8 Hotson, Esmee	Guelph Track	1:00.52	1:01.50	2	
9 Steeneveld, Abbey	Speed River	1:05.00	1:01.58	3	
10 Jordan, Ali	310 Running	1:00.00	1:02.14	2	
11 Hall, Kaylyn	London Legio	1:00.00	1:02.35	2	
12 Traore, Adi	Windsor Legi	58.67	1:02.39	1	
13 Steeneveld, Holly	Speed River	1:02.74	1:03.29	3	
14 Falla, Katie	Unattached -	1:01.00	1:05.71	2	
15 Morrison, Tegan	Laurel Creek	1:02.55	1:05.93	3	
16 Giroux, Victoria	U Windsor At	1:04.00	1:06.65	3	
17 Seguin, Thea	Speed River	1:07.00	1:08.40	4	
18 Cholewka, Nicole	Burlington T	1:04.26	1:08.43	3	1:08.422
19 Prince-Hanson, Venus	The Durham Gazelles	1:06.90	1:08.43	4	1:08.423
20 Stirtzinger, Samantha	Speed River	1:02.00	1:11.66	2	
21 Robinson, Leah	Speed River	1:10.00	1:11.91	4	

Speed River TFC

Hy-Tek's MEET MANAGER 12:53 PM 7/19/2016 Page 2

Speed River Twilight 3 - 7/15/2016
Alumni Stadium, University of Guelph
Results

Women 800 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 Kelly, Madeleine	University O	2:06.00	2:07.18	1	
2 Peters, Celia	Halifax Athletics	2:05.20	2:07.57	1	
3 Geiger, Natalie	University O	2:06.10	2:07.94	1	
4 Watts, Sophia	Speed River	2:05.00	2:09.91	1	
5 Walmsley, Honor	University O	2:06.90	2:10.20	1	
6 Tallman, Emma	Unattached	2:10.00	2:14.09	1	
7 Hanna, Janelle	Speed River	2:09.00	2:14.93	1	
8 Ghazarian, Sevanne	Speed River	2:12.00	2:15.00	1	
9 Gordon, Emily	Speed River	2:11.00	2:15.16	1	
10 Freeman, Jenna	Unattached	2:13.00	2:15.83	1	
11 Hutchins, Aleeya	The Durham Gazelles	2:17.00	2:18.93	2	
12 Smart-Reed, Madeline	Toronto West	2:17.50	2:19.23	2	
13 Lucki, Mikaela	Toronto West	2:17.50	2:19.33	2	
14 Gibson, Holly	The Durham Gazelles	2:16.20	2:19.34	2	
15 Bronzovich, Rachel	Waterloo Track Club	2:16.77	2:20.01	2	
16 Larue, Nicole	Windsor Legi	2:17.00	2:20.16	2	
17 Davies, Juliette	Laurel Creek	2:18.00	2:20.48	2	
18 Whitten, Natalie	Central Onta	2:20.00	2:20.79	3	
19 Kwajafa, Sarah	London Legio	2:14.00	2:20.79	1	
20 Vieira, Annie	Durham Drago	2:17.52	2:21.09	2	
21 Llewellyn, Abby	Harbour Track	2:17.00	2:21.72	2	
22 Robinson, Alison	Unattached	2:14.00	2:22.00	1	
23 Phillips, Cassidy	Newmarket HU	2:21.43	2:22.55	3	
24 Goertz, Avery	Niagara Olym	2:19.00	2:23.97	2	
25 Rocheleau, Fiona	Windsor Legi	2:18.00	2:24.77	2	
26 Byers, Jessie	Saugeen Trac	2:21.09	2:25.14	3	
27 Brown, Aryanna	Windsor Legi	2:19.00	2:25.53	2	
28 Russell, Hannah	Greater Uxbr	2:23.01	2:27.31	3	
29 Vuckovic, Katherine	Laurel Creek	2:23.00	2:27.90	3	
30 Nolan, Madeleine	Niagara Regi	2:24.00	2:28.51	3	
31 MacDonald, Alannah	Unattached -	2:22.00	2:29.45	3	
32 Scobbie, Jenevieve	Newmarket HU	2:29.30	2:30.11	4	
33 Boston, Emily-Rose	Newmarket HU	2:17.30	2:30.30	2	
34 Welch, Sarah	Speed River	2:13.00	2:30.35	1	
35 Barber, Charlotte	310 Running	2:30.14	2:30.41	4	
36 Pilon, Chantel	Waterloo Track Club	2:16.00	2:30.45	2	
37 Schouten, Alison	Newmarket HU	2:24.00	2:30.56	3	
38 Goodjohn, Hannah	Greater Uxbr	2:23.01	2:30.71	3	
39 Hendriks, Tori	Niagara Olym	2:22.00	2:31.09	3	
40 Maurice, Alexys	310 Running	2:29.63	2:31.93	4	
41 Ireland, Samantha	University o	2:25.00	2:32.64	3	
42 Maguire, Ashley	Windsor Legi	2:24.00	2:34.52	3	
43 Barnes, Charlotte	Burlington T	2:31.80	2:35.97	4	
44 Alexeef, Anastasia	Toronto West	2:19.00	2:36.66	2	
45 Montesano, Erica	Newmarket HU	2:26.00	2:37.26	3	
46 Martin, Kristyne	Newmarket HU	2:31.50	2:38.22	4	
47 Raso, Megan	Newmarket HU	2:37.05	2:39.43	4	

48 Zheng, Joyce	Newmarket HU	2:44.46	2:40.03	4
49 Latham, Julia	Meaford Coyo	2:36.64	2:40.80	4
50 Tramble, Lindsay	Toronto West	2:30.00	2:41.41	4
51 Goveia, Isabella	Niagara Olym	2:40.00	2:42.24	4
52 Jaworski, Jillian	Speed River	2:35.00	2:43.28	4
53 Noonan, Madalyn	Niagara Olym	2:40.00	2:43.61	4

Speed River TFC

Hy-Tek's MEET MANAGER 12:53 PM 7/19/2016 Page 3

Speed River Twilight 3 - 7/15/2016
Alumni Stadium, University of Guelph
Results

...Women 800 Meter Run

54 Pundzius, Emily	Windsor Legi	3:34.13	4
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Women 1500 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 Kellar, Jessica	Mississauga Tfc	4:38.00	4:32.61	1	
2 Collins, Sydney	Laurel Creek	4:30.00	4:33.41	1	
3 Mackay, Kansas	Durham Drago	4:41.00	4:36.29	1	
4 Thompson, Miranda	Central Toronto AC	4:35.00	4:38.76	1	
5 Boucher, Bettina	Unattached	4:48.00	4:43.43	1	
6 Burnham, Madison	Windsor Legi	4:48.00	4:48.34	1	
7 Frazer, Hannah	Durham Drago	4:56.38	4:48.79	2	
8 Walker, Chloe	Windsor Legi	4:45.00	4:49.10	1	
9 Teasell, Elizabeth	Speed River	4:54.00	4:49.73	2	
10 Foran, Gabrielle	Harbour Track	4:50.67	4:51.70	1	
11 Copat, Lynnsey	Windsor Legi	4:48.00	4:53.89	1	
12 Stone, Hilary	London Weste	4:55.00	5:00.43	2	
13 Bush, Kayleigh	Niagara Regi	4:58.00	5:03.46	2	
14 Lewis, Amanda	Greater Uxbr	5:08.97	5:05.55	2	
15 Harnack, Hope	Speed River	5:00.00	5:06.96	2	
16 Byer, Carrie	Newmarket HU	5:09.00	5:08.50	2	
17 Gualtieri, Cate	Niagara Regi	4:50.00	5:10.07	1	
18 Tichbourne, Kara	Meaford Coyo	4:59.50	5:15.28	2	
19 Glaab, Grace	Speed River	5:22.00	5:15.55	3	
20 Krudwig, Ianna	Speed River	5:26.00	5:15.61	3	
21 Beam, Taylor	Durham Drago	5:10.00	5:17.44	2	
22 Bahar, Khushee	Speed River	5:00.00	5:18.42	2	
23 Embree, Taylor	Speed River	5:14.00	5:20.69	3	
24 Cadieux, Olivia	310 Running	5:14.00	5:21.71	3	
25 Kromberg, Sarah	Newmarket HU	5:15.00	5:30.19	3	
26 Lytle, Annie	Burlington T	5:37.19	5:30.61	3	
27 Major, Harlee	Speed River	5:48.00	5:43.49	3	
28 Wright, Emma	Speed River	5:55.00	6:00.92	3	

Men 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#	Points
1 Edward, Davis	London Legio	21.81	22.13	2.9	1	
2 Reason, Kurdell	Durham Legio	22.00	22.60	2.9	1	
3 Powell, Carter	Speed River	22.51	22.61	2.9	1	
4 Kwarko-Fosu, Kofi	Waterloo Track Club	22.35	22.62	2.9	1	
5 O'Brien, Daniel	London Legio	22.55	22.66	2.9	1	
6 Padhal, Ruach	London Legio	23.01	22.76	2.2	2	

7	Woghiren, Joshua	Windsor Legi	22.95	22.88	2.2	2	
8	Rookwood, Marqus	Hamilton Oly	23.27	22.99	2.2	2	
9	Mather, Liam	London Legio	23.50	23.07	2.2	3	
10	Faulkner, Lukas	Hamilton Eli	23.00	23.18	2.2	2	
11	Pirabaharan, Keeshigan	The Durham Gazelles	22.60	23.28	2.9	1	
12	Gareau, Jacob	Unattached	23.50	23.29	2.2	3	
13	Lewis, Dante	Windsor Legi	24.00	23.33	3.0	4	
14	Quinland, Patrick	Windsor Legi	22.90	23.34	2.2	2	23.333
14	Pauli, Cody	London Legio	22.72	23.34	2.2	2	23.337
16	Robinson, Nifaiya	Hamilton Eli	24.00	23.43	3.0	4	

Speed River TFC

Hy-Tek's MEET MANAGER 12:53 PM 7/19/2016 Page 4

Speed River Twilight 3 - 7/15/2016
Alumni Stadium, University of Guelph
Results

...Men 200 Meter Dash

17	Manuel, Alex	Waterloo Track Club	23.00	23.44	2.2	2	
18	Tshikuna, Randy	Hamilton Oly	23.27	23.54	2.2	3	
19	Johnson, Kerone	Speed River	23.99	23.62	2.2	3	
20	John, Evan	Windsor Legi	23.20	23.84	2.2	2	
21	Ford, Liam	Burlington B	24.30	23.91	3.0	4	
22	Ogunnote, Olamipo	Speed River		23.93	2.9	5	
23	Kellar, Dante	Niagara Olym	23.94	24.16	2.2	3	
24	Smith, Ethan	Burlington B		24.34	2.9	5	
25	Mason, Colton	Hamilton Oly	24.93	24.37	3.0	4	24.369
25	Snelgrove, Thomas	Unattached -	23.50	24.37	2.2	3	24.369
27	Dennett, Kyle	Burlington B		24.58	2.9	5	
28	Jimenez, Elijah	Speed River	23.50	24.62	2.2	3	
29	Farrell, Noah	Burlington B	25.26	24.80	3.0	4	
30	Delorme, Aidan	Burlington B	24.53	24.84	3.0	4	
31	Gancena, Joshua	Speed River	24.97	25.09	3.0	4	
32	Spence, Keenan	Windsor Legi		25.11	2.9	5	
33	Burrell, Kemar	Phoenix Athl	24.12	25.92	3.0	4	
34	Watson, Jared	Burlington B		26.08	2.9	5	

Men 400 Meter Dash

Name	Year	Team	Seed	Finals	H#	Points
1		McClelland, Ryan	University O	48.20	49.38	1
2		Beaudoin, Shawn	Windsor Legi	50.59	51.33	1
3		Quinland, Patrick	Windsor Legi	49.67	51.38	1
4		Orsini, Daniel	York Univers	51.50	51.47	2
5		Nathan, Egert	Burlington B		51.70	4
6		Wilson, Liam	Guelph Track	51.02	51.91	2
7		Faulkner, Lukas	Hamilton Eli	50.85	51.96	1
8		Mabbott, Jordan	Burlington T	50.04	52.23	1
9		Julien, Akil	The Durham Gazelles	50.45	52.52	1
10		Smith, Devon	Hamilton Oly	51.38	52.68	2
11		Woghiren, Joshua	Windsor Legi	50.81	52.93	1
12		Needs, Liam	South Simcoe	51.80	52.95	2
13		Vanbergen, Tohma	Burlington B		53.03	4
14		O'Brien, Daniel	London Legio	52.40	53.26	3
15		Henriques, Daunte	Hamilton Eli	51.00	53.35	2

16 Menzies, Robbie	London Legio	53.25	53.39	3
17 Zhang, Danni	Etobicoke TR	53.70	53.63	3
18 Channer, Devaughn	Speed River	52.63	53.77	3
19 David, Sebastian	Phoenix Athl	55.68	54.00	4
20 Jones, Taj	South Simcoe	52.22	54.05	2
21 Martin, Brock	Burlington B	52.70	54.24	3
22 Mozuraitis, Andrew	Unattached -	51.50	54.27	2
23 Rahman, Shahriyar	Windsor Legi	52.06	54.53	2
24 Mitchell, Andre	Nemean Lions	53.16	55.15	3
25 Hostetler, Nathan	London Legio	54.52	56.07	3
26 Archer, Rashid	Burlington B		57.90	4

Men 800 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 Padhal, Ruach	London Legio	1:49.26	1:52.56	1	

Speed River TFC

Hy-Tek's MEET MANAGER 12:53 PM 7/19/2016 Page 5

Speed River Twilight 3 - 7/15/2016
Alumni Stadium, University of Guelph
Results

...Men 800 Meter Run

2 Moodie, Triphon	Toronto West	1:49.85	1:52.59	1
3 Wossen, Ezana	University O	1:51.50	1:54.75	1
4 Egzaw, Simon	University O	1:51.00	1:55.57	1
5 Fish, John	Laurel Creek	1:53.90	1:56.03	1
6 Vitums, Adam	Central Onta	1:54.66	1:56.37	1
7 MacGregor, Callum	Speed River	1:57.00	1:56.57	2
8 Hayes, Reid	Laurel Creek	1:56.00	1:57.38	2
9 Fretz, Levi	Niagara Regi	1:54.00	1:58.27	1
10 Sghaier, Adam	Windsor Legi	1:57.00	1:58.40	2
11 Fouzie, Matt	Unattached -	1:56.00	1:58.55	2
12 Sellers, Brandon	Laurel Creek	1:56.00	1:58.82	2
13 Bunn, Jon	Central Onta	1:56.00	1:59.64	2
14 Wyatt, Sam	Huron-Perth Wind	1:57.00	1:59.79	2
15 Carette, Greg	Laurel Creek	1:58.00	1:59.86	3
16 Crocket, Liam	Newmarket HU	1:58.00	2:00.15	3
17 Czubernat, Tadzik	Windsor Legi	1:56.00	2:00.96	2
18 McQuaid, Aaron	Newmarket HU	1:58.00	2:01.11	3
19 Donnelly, Matthew	Saugeen Trac	2:00.16	2:01.62	3
20 Young, Nicholas	Niagara Regi	1:58.00	2:01.63	3
21 McCarthy, Brendan	U Windsor At	1:59.00	2:01.82	3
22 Cromack, James	Speed River	2:02.00	2:02.73	3
23 Armstrong, Adam	Lakeshore At	1:57.50	2:04.08	2
24 Tepper, Dave	Newmarket HU	2:01.00	2:04.73	3
25 Avalos, Miles	Toronto West	1:54.00	2:04.83	1
26 Xie, Nicholas	Unattached	2:02.00	2:05.17	3
27 Were, Ryan	Burlington T	2:00.74	2:05.38	3
28 Forbes, Nicholas	Windsor Legi	2:02.00	2:05.86	3
29 Ghadghoni, Ali	Newmarket HU	1:57.00	2:06.26	2
30 Canty, Chase	Windsor Legi	2:05.00	2:06.90	4
31 McIntosh, Ryan	Newmarket HU	2:03.00	2:07.74	4
32 Wells, Bill	University O	2:04.00	2:07.78	4
33 Lapp, Isaac	Niagara Regi	2:05.00	2:09.07	4

34 Drouillard, Owen	U Windsor At	2:09.00	2:10.52	4
35 Wyatt, Ben	Huron-Perth Wind	2:12.00	2:11.24	5
36 Nolan, Sam	Niagara Regi	2:11.00	2:12.77	5
37 Kodric, Sean	Mississauga Tfc	2:04.00	2:12.86	4
38 O'Rourke, Dan	Niagara Regi	2:04.00	2:12.99	4
39 Lupton, Chase	Niagara Olym	2:08.00	2:16.64	4
40 Lavoie, Caleb	Niagara Olym	2:24.00	2:17.83	5
41 Coffin, Brock	Niagara Regi	2:20.00	2:19.63	5
42 Daly, Tai	Hamilton Oly	2:19.50	2:21.17	5
43 Cunliffe, Bill	Durham Dragons	2:19.00	2:23.61	5
44 Furey, Jonathan	Kitchener WA	2:28.74	2:34.94	5

Men 1500 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 Proudfoot, Ross	Speed River	3:39.16	3:40.68	1	
2 Denault, Robert	Newmarket HU	3:40.03	3:42.83	1	
3 Britt, Barry	Speed River	3:47.00	3:46.43	1	
4 Stiles, Liam	Speed River	3:53.00	3:53.95	1	
5 McColl, Andrew	Newmarket HU	3:54.91	3:54.23	1	
6 Ubene, Mitchell	Windsor Legi	3:53.00	3:54.36	1	
7 Parrot-Migas, Phil	London Weste	3:54.54	3:56.48	1	

Speed River TFC

Hy-Tek's MEET MANAGER 12:53 PM 7/19/2016 Page 6

Speed River Twilight 3 - 7/15/2016
Alumni Stadium, University of Guelph
Results

...Men 1500 Meter Run

8 Clarke, Braydon	Speed River	3:55.00	3:56.92	1
9 Jaciw-Zurakowsky, Luke	Durham Drago	3:57.86	3:59.78	2
10 Deba, Brock	Niagara Olym	3:59.00	3:59.82	2
11 Andrin, Hunter	London Western Tfc	3:50.30	4:00.05	1
12 Nicol-Samuel, Delohnni	Speed River	3:45.00	4:00.60	1
13 Kemp, Marcus	Laurel Creek	3:58.00	4:00.62	2
14 Hughes, Gavin	Speed River	4:01.00	4:02.11	2
15 Hashi, Hussein	Speed River	3:55.00	4:02.21	1
16 Klomp, Craig	London Legio	3:56.00	4:02.51	1
17 Baird, Graham	Greater Uxbr	4:00.00	4:03.90	2
18 Macpherson, Eric	Newmarket HU	3:53.18	4:05.83	1
19 Broekhuyse, Alex	Unattached	4:08.00	4:06.33	3
20 Ahmed, Idris	Unattached	4:07.00	4:07.06	3
21 Danayan, Gregory	Speed River	4:12.00	4:07.26	3
22 D'Alessandro, Nick	Hamilton Oly	3:58.20	4:08.05	2
23 Hassim, Theo	Unattached	3:57.00	4:08.74	2
24 Rocheleau, Alexander	Windsor Legi	4:04.00	4:08.92	2
25 Charanduk, Michael	Unattached	4:09.00	4:09.00	3
26 Dean, Cameron	Durham Drago	4:02.00	4:09.67	2
27 Aubry, Marcel	University O	4:10.00	4:10.12	3
28 Shepherd, Bradley	Laurel Creek	4:15.00	4:10.28	4
29 Lee, Campbell	Niagara Olym	4:07.00	4:10.70	3
30 Martineau, Logan	Niagara Regi	4:12.00	4:10.80	3
31 Helmuth, Nick	Brantford Tfc	4:01.00	4:12.61	2
32 Heyink, Mitchell	London Weste	4:08.00	4:14.35	3
33 Zelek, Joshua	Huron-Perth Wind	4:06.00	4:14.76	3

34 Kort, Ryan	Niagara Olym	4:16.00	4:17.85	4
35 Noble, Marcus	Speed River	4:00.00	4:17.94	2
36 Frangos, Zachary Matthew	Speed River	4:10.00	4:17.99	3
37 Gaitan, Santiago	Niagara Regi	4:12.00	4:18.12	3
38 Morris, Eric	Speed River	4:06.00	4:19.77	3
39 Kirwin, Sam	Unattached -	4:17.00	4:22.23	4
40 Ogilvie, Liam	Speed River	4:19.00	4:22.92	4
41 Adams, Jack	London Legio	4:20.00	4:27.99	4
42 Yuen, Chun Cheung	Newmarket HU	4:26.00	4:29.83	4
43 Horner, Drew	London Weste	4:26.00	4:31.09	4
44 Peat, Geoff	Newmarket HU	4:21.00	4:32.14	4
45 Veenstra, Aaron	Lakeshore At	4:25.00	4:32.80	4
46 Murphy, Garrett	Mississauga Tfc	4:30.00	4:33.22	5
47 Townsend, Mikey	Speed River	4:20.00	4:36.26	4
48 Deighan, Chris	Newmarket HU	4:36.00	4:36.59	5
49 Klassen, Ian	Hamilton Oly	4:32.00	4:37.80	5
50 Morrow, Makafui	Mississauga Tfc	4:25.00	4:39.20	4
51 Fernandez, Ivan	Niagara Olym	4:40.00	4:41.50	5
52 Domodossola, David	Mississauga Tfc	4:42.00	4:42.30	5
53 Adams, Declan	Burlington T	4:57.30	4:42.35	5
54 Brown, Michael	Windsor Legi	4:36.00	4:43.00	5
55 Meraw, Nathan	The Durham Gazelles	5:40.00	4:43.67	5
56 Atkinson, Tanner	Windsor Legi	4:52.00	4:51.43	5
57 Lawson, Luke	Speed River	4:45.00	4:55.22	5
58 Boston, Steve	Newmarket HU	4:59.00	5:04.84	5

Speed River TFC

Hy-Tek's MEET MANAGER 12:53 PM 7/19/2016 Page 7

Speed River Twilight 3 - 7/15/2016
Alumni Stadium, University of Guelph
Results

Mixed 5000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Stel, Joey	M Newmarket HU	15:20.84	15:10.20	
2 Mackinnon, Patrick	M Vctc	15:10.00	15:32.05	
3 Alick, Dylan	M Mississauga Tfc	16:20.00	15:53.63	
4 Lavery, Dakota	M Physi-Kult Kingston	15:53.81	15:54.36	
5 Derhak, Addison	M Laurel Creek	16:15.00	15:55.18	
6 Clavijo, Esteban	M Newmarket HU	15:49.00	15:57.18	
7 Kerekes, Deanna	W Speed River	17:20.00	17:05.77	4600 m completed
8 Wismer, Sarah	W Speed River	17:20.00	17:44.90	
9 Tardiff, Caitlyn	W Niagara Regi	20:00.00	20:07.91	

Mixed Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 Byrnes, Myron	M Unattached -	7.00m	6.81m	+0.0	
2 Lee, Adam	M Speed River	6.77m	6.64m	+0.0	
3 John, Evan	M Windsor Legi	6.59m	6.50m	+0.0	
4 Beaudoin, Shawn	M Windsor Legi	6.34m	6.31m	2.5	

5	Salomons, Cody	M London Western Tfc	6.00m	5.93m	+0.0
6	Stille, Julia	W University O		5.81m	1.9
7	Wallace, Julia	W Unattached -	5.60m	5.79m	3.2
8	Lee, Noah	M Speed River	6.13m	5.76m	+0.0
9	Ramshaw, Liam	M Speed River	5.76m	5.71m	0.5
10	Mason, Colton	M Hamilton Oly		5.63m	2.3
11	Brown, Terece	W The Durham Gazelles	5.45m	5.61m	0.9
12	Tshikuna, Randy	M Hamilton Oly		5.53m	3.0
13	Young, Erin	W Windsor Legi	5.40m	5.36m	+0.0
14	Powell, Carter	M Speed River		5.35m	1.8
15	Gibb, Abbey	W Windsor Legi	5.21m	5.33m	2.1
16	Francis, Bailey	W Unattached N	5.21m	5.20m	+0.0
17	Bernier, Joely	W Windsor Legi		5.08m	1.8
18	James, Kerry - Ann	W University O		4.96m	0.1
19	Hall, Cheyna	W Windsor Legi		4.60m	2.7
20	Sonneveld, Korinne	W Windsor Legi		4.59m	0.6
21	Mullings, Darrius	M Hamilton Eli	4.40m	4.46m	+0.0
22	Mirota, Elizabeth	W Speed River	4.50m	4.33m	+0.0
23	Stam, Karlie	W Windsor Legi		4.20m	2.5
--	Kim, Sequoia	W Speed River	4.90m	FOUL	
--	Skinner, George	M Ext Vel	6.60m	FOUL	