

2015 Sherwood Park Throws Showcase AM Session - 6/13/2015

Hosted by Capital City Track Club

Strathcona Athletic Park

Results - Saturday Field Events

Girls Shot Put 3kg Midget

Stadium: # 12.64m 7/20/2013 Siri Svensson, Caltaf						
Name	Age	Team				Finals
Finals						
1 Greig, Jill	15	Split City Sonics				8.83m
	8.83m	8.23m	8.58m	7.32m		
2 Smuts, Sarah	14	Edmonton Oly				8.13m
	7.97m	7.83m	7.76m	8.13m	7.76m	7.76m
3 Leslie, MacKenna	14	Split City Sonics				7.36m
	7.36m	6.56m	7.33m	7.13m		
4 Singleton, Kate	15	MCS				7.24m
	7.00m	6.58m	7.24m	FOUL	6.77m	6.69m

Girls Discus Throw 1kg Midget

Stadium: # 55.84m 7/13/2014 Rachel Andres, Unattached AB						
Name	Age	Team				Finals
1 Leslie, MacKenna	14	Split City Sonics				24.54m
	18.45m	24.54m	23.49m			
2 Smuts, Sarah	14	Edmonton Oly				19.91m
	19.91m	19.16m	18.42m	19.37m		
3 Singleton, Kate	15	MCS				13.60m
	12.55m	11.05m	11.72m	13.60m		

Girls Javelin Throw 500g Midget

Stadium: # 38.18m 7/21/2013 Paige Greig, Split City Sonics						
Name	Age	Team				Finals
1 Greig, Jill	15	Split City Sonics				29.39m
	23.81m	25.66m	29.39m	27.09m	25.58m	28.49m
2 Leslie, MacKenna	14	Split City Sonics				24.79m
	FOUL	20.13m	22.95m	22.01m	23.80m	24.79m
3 Singleton, Kate	15	MCS				13.64m
	9.94m	11.70m	8.53m	10.04m	FOUL	13.64m

Girls Shot Put 3kg Youth

Stadium: # 12.64m 7/20/2013 Siri Svensson, Caltaf						
Name	Age	Team				Finals
1 McKimmon, Julia	17	Split City Sonics				9.50m
	9.50m	9.27m	9.00m			
2 Zacharuk, Payton	16	U OF C Athle				9.01m
	7.90m	8.56m	9.01m			

Girls Discus Throw 1kg Youth

Stadium: # 55.84m 7/13/2014 Rachel Andres, Unattached AB						
Name	Age	Team				Finals
1 Rains, Gabrielle	17	Unattached Alberta				42.15m
	FOUL	FOUL	42.15m	FOUL	FOUL	FOUL

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....Girls Discus Throw 1kg Youth

2	Svensson, Hanna	16	Caltaf Athle	27.86m
	27.86m		FOUL	
3	Zacharuk, Payton	16	U OF C Athle	27.72m
	27.72m		FOUL	
4	McKimmon, Julia	17	Split City Sonics	23.45m
	23.45m		x	

Girls Javelin Throw 500g Youth

=====				
	Stadium: #		7/21/2013	Paige Greig, Split City Soni
Name		Age	Team	Finals
=====				
1	McKimmon, Julia	17	Split City Sonics	28.88m
	18.02m	25.31m	26.68m	22.75m 25.86m 28.88m
2	Zacharuk, Payton	16	U OF C Athle	19.17m
	17.96m	FOUL	18.91m 19.17m	FOUL FOUL

Women Shot Put 4kg Junior

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	Stadium: #		7/20/2013	Samantha Groenveld, UCAC
Name		Age	Team	Finals
=====				
1	Weber, Jennifer	19	Capital City	13.03m
	11.89m	12.24m	10.86m 12.29m	11.54m 13.03m

Women Discus Throw 1kg Junior

=====				
	Stadium: #		7/13/2014	Rachel Andres, Unattached AB
Name		Age	Team	Finals
=====				
1	Svensson, Siri	19	Caltaf Athle	34.44m
	34.44m	FOUL	FOUL 33.16m	FOUL FOUL

Women Shot Put 4kg Senior

=====				
	Stadium: #		7/20/2013	Samantha Groenveld, UCAC
Name		Age	Team	Finals
=====				
1	Campbell, Diane	21	Caltaf Athle	9.68m
	8.73m	9.68m	9.66m	
2	Smuts, Anna	34	Edmonton Masters	8.18m
	8.00m	8.18m	8.05m 8.16m	7.84m 8.00m

Women Discus Throw 1kg Senior

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	Stadium: #		7/13/2014	Rachel Andres, Unattached AB
Name		Age	Team	Finals
=====				
1	Andres, Rachel	28	Unattached Alberta	49.41m
	49.25m	FOUL	49.41m	FOUL FOUL 48.12m
2	Campbell, Diane	21	Caltaf Athle	32.26m
	28.35m	26.71m	32.26m	30.08m 31.09m FOUL
3	Smuts, Anna	34	Edmonton Masters	23.21m
	21.77m	FOUL	23.21m	FOUL 17.90m 21.37m

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Women Javelin Throw 600g Senior

Stadium: # 55.05m 7/15/2012 Elizabeth S. Gleadle, Chinoo								
Name	Age	Team					Finals	
1 Campbell, Diane	21	Caltaf Athle					33.90m	
			33.90m	33.10m	32.33m	32.90m	31.65m	31.67m
2 Smuts, Anna	34	Edmonton Masters					15.36m	
			14.25m	13.35m	14.40m	15.36m	14.14m	14.93m

Women Shot Put 4kg Masters 35-49

Stadium: # 13.65m 7/20/2013 Samantha Groenveld, UCAC								
Name	Age	Team					Finals	
1 Zacharuk, Elizabeth	42	U OF C Athle					6.63m	
			6.22m	6.26m	6.63m	6.18m	6.40m	6.43m

Women Discus Throw 1kg Masters 35-49

Stadium: # 55.84m 7/13/2014 Rachel Andres, Unattached AB								
Name	Age	Team					Finals	
1 Cranston, Cinnamon	45	Edmonton Masters					14.64m	
			13.97m	14.64m	FOUL	FOUL	13.10m	13.61m

Women Javelin Throw 600g Masters 35-49

Stadium: # 55.05m 7/15/2012 Elizabeth S. Gleadle, Chinoo								
Name	Age	Team					Finals	
1 Zacharuk, Elizabeth	42	U OF C Athle					15.10m	
			14.83m	15.10m	15.00m	FOUL	FOUL	FOUL

Women Shot Put 3kg Masters 50-59

Name	Age	Team					Finals	
1 McCartney, Lynn	58	Edmonton Masters					6.82m	
			6.82m	6.10m	6.46m	5.99m	5.53m	6.12m

Women Discus Throw 1kg Masters 50-59

Stadium: # 53.33m 7/11/2010 Neelam Dogra, Unattached AB								
Name	Age	Team					Finals	
1 McCartney, Lynn	58	Edmonton Masters					12.25m	
			FOUL	12.25m	11.10m	10.48m	FOUL	10.77m

Women Javelin Throw 500g Masters 50-59

Stadium: # 38.18m 7/21/2013 Paige Greig, Split City Soni								
Name	Age	Team					Finals	
1 McCartney, Lynn	58	Edmonton Masters					12.51m	
			9.38m	9.82m	12.51m	FOUL	12.14m	9.22m

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Women Shot Put 3kg Masters 60-74

Name	Age	Team	Finals
1 Amerongen, Loretta	62	Voleo Athletics	7.22m
			7.22m 6.70m 6.73m 6.86m 6.68m 6.62m
2 Nakanao, Yuko	72	Edmonton Masters	6.73m
			6.49m 6.63m 5.68m 6.58m 6.56m 6.73m
3 McBlain, Liz	67	Edmonton Masters	6.49m
			6.49m 5.83m 5.96m 6.12m 6.35m 6.05m

Women Discus Throw 1kg Masters 60-74

Name	Age	Team	Finals
1 Nakanao, Yuko	72	Edmonton Masters	20.62m
			20.49m 17.39m FOUL 16.16m 20.62m 20.24m
2 McBlain, Liz	67	Edmonton Masters	12.03m
			11.95m 12.03m 11.63m 11.24m 11.68m 11.51m

Women Javelin Throw 500g Masters 60-74

Name	Age	Team	Finals
1 Nakanao, Yuko	72	Edmonton Masters	20.90m
			19.50m 19.90m 20.90m 19.72m 19.40m FOUL
2 Amerongen, Loretta	62	Voleo Athletics	14.62m
			14.62m 13.73m 13.19m 14.11m FOUL FOUL
3 McBlain, Liz	67	Edmonton Masters	10.37m
			10.21m 8.92m 10.37m 8.63m 8.91m 9.40m

Boys Shot Put 4kg Midget

Stadium: # 13.91m 7/20/2013 Garret Deep, Capital City			
Name	Age	Team	Finals
1 Shewman, Luke	14	MCS	5.75m
			5.11m 4.96m 5.75m

Boys Discus Throw 1kg Midget

Stadium: # 48.91m 7/13/2014 Adam Sleik, Airdrie Aces			
Name	Age	Team	Finals
1 Shewman, Luke	14	MCS	20.21m
			14.80m 16.83m 17.77m FOUL 20.05m 20.21m

Boys Javelin Throw 600g Midget

Stadium: # 44.42m 7/21/2013 Jakob Brinkhof, St Albert Mu			
Name	Age	Team	Finals
1 Shewman, Luke	14	MCS	22.97m
			FOUL FOUL 17.35m 20.25m 15.95m 22.97m

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Boys Shot Put 5kg Youth

Stadium: # 14.94m 7/12/2014 Christopher Andrews, Unattac							
Name	Age	Team					Finals
1 Howlett, Kai	17	Edmonton Harriers					11.90m
	11.90m	9.42m	10.00m	10.66m	9.65m	9.80m	
2 Doherty, Sean	16	Unattached Alberta					11.59m
	11.20m	10.41m	11.59m	10.41m	10.11m	11.11m	
2 Ford, Haeden	16	Edmonton Harriers					11.59m
	11.59m	9.79m	10.31m	10.79m	10.35m	10.99m	

Boys Discus Throw 1.5kg Youth

Stadium: # 44.24m 7/11/2010 Pedro Diaz-Dallos, UCAC							
Name	Age	Team					Finals
1 Ford, Haeden	16	Edmonton Harriers					33.52m
	33.37m	FOUL	FOUL	32.90m	FOUL	33.52m	
2 Howlett, Kai	17	Edmonton Harriers					31.49m
	31.49m	30.36m	31.29m	30.36m	28.20m	FOUL	

Boys Javelin Throw 700g Youth

Stadium: # 51.93m 7/13/2014 Jakob Brinkhof, St Albert Mu							
Name	Age	Team					Finals
1 Doherty, Sean	16	Unattached Alberta					39.27m
	38.00m	35.47m	36.45m	39.27m	FOUL	FOUL	
2 Ford, Haeden	16	Edmonton Harriers					36.31m
	FOUL	FOUL	36.31m	FOUL	FOUL	FOUL	

Men Discus Throw 1.75kg Junior

Stadium: # 45.10m 7/11/2010 Steven Link, UCAC							
Name	Age	Team					Finals
1 Vanderhoek, Ian	19	Caltaf Athle					33.21m
	30.20m	28.82m	24.81m	27.85m	25.44m	33.21m	

Men Javelin Throw 800g Junior

Stadium: # 71.50m 8/9/2007 Moss, Curtis, Team BC							
Name	Age	Team					Finals
1 Vanderhoek, Ian	19	Caltaf Athle					50.88m
	45.44m	46.06m	FOUL	44.94m	FOUL	50.88m	

Men Shot Put 7.26kg Senior

Stadium: # 15.02m 8/8/2007 Greif, Justin, Team Saskatch							
Name	Age	Team					Finals
1 Stack, Tynan	20	Caltaf Athle					8.73m
	8.48m	8.27m	8.73m	8.08m	8.02m	FOUL	

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Results - Saturday Field Events

Men Discus Throw 2kg Senior

Stadium: # 46.71m 8/10/2007 Sedor, Matt, Team Manitoba						
Name	Age	Team	Finals			
1 Stack, Tynan	20	Caltaf Athle	24.57m			
	21.40m	FOUL	FOUL	FOUL	24.57m	FOUL

Men Javelin Throw 800g Senior

Stadium: # 71.50m 8/9/2007 Moss, Curtis, Team BC						
Name	Age	Team	Finals			
1 Stack, Tynan	20	Caltaf Athle	41.81m			
	41.77m	40.45m	41.81m	FOUL	FOUL	FOUL
2 Larocque, Micheal	27	Unattached Alberta	34.75m			
	30.22m	34.22m	34.75m	FOUL	FOUL	FOUL

Men Shot Put 7.26kg Masters 35-49

Stadium: # 15.02m 8/8/2007 Greif, Justin, Team Saskatch						
Name	Age	Team	Finals			
1 Wilson, Kier	44	Unattached Alberta	9.06m			
	FOUL	8.90m	9.06m	8.66m	8.88m	FOUL

Men Discus Throw 2kg Masters 35-49

Stadium: # 46.71m 8/10/2007 Sedor, Matt, Team Manitoba						
Name	Age	Team	Finals			
1 Parsons, Dan	48	Unattached Alberta	41.60m			
	41.09m	41.50m	FOUL	FOUL	41.60m	40.81m
2 Wilson, Kier	44	Unattached Alberta	28.40m			
	FOUL	27.53m	27.86m	28.40m	FOUL	FOUL

Men Javelin Throw 800g Masters 35-49

Stadium: # 71.50m 8/9/2007 Moss, Curtis, Team BC						
Name	Age	Team	Finals			
1 Wilson, Kier	44	Unattached Alberta	40.25m			
	39.67m	40.25m	39.59m	39.87m	FOUL	38.40m

Men Discus Throw 1kg Masters 60+

Stadium: # 44.27m 7/12/2014 Michael Deady, Unattached AB						
Name	Age	Team	Finals			
1 La Bine, Chris	64	Unattached Alberta	23.53m			
	21.22m	21.97m	22.65m	23.53m	22.84m	23.37m
2 Roberts, Richard	73	Edmonton Masters	20.20m			
	FOUL	FOUL	18.92m	18.98m	18.20m	20.20m

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Name	Age	Team	Finals
1 Butler, John	62	Unattached Alberta	7.38m
			7.07m 7.38m 7.13m 7.16m 7.03m 7.15m
2 La Bine, Chris	64	Unattached Alberta	7.13m
			6.33m 7.13m 6.91m 6.61m 6.78m 6.70m

Men Javelin Throw 600g Masters 60-69

Name	Age	Team	Finals
1 Butler, John	62	Unattached Alberta	27.30m
			FOUL 24.31m 27.20m 27.30m 26.73m FOUL
2 La Bine, Chris	64	Unattached Alberta	24.00m
			23.27m 24.00m 23.50m 22.35m 23.62m 22.31m

Men Shot Put 4kg Masters 70-79

Name	Age	Team	Finals
1 Roberts, Richard	73	Edmonton Masters	7.58m
			7.42m 7.58m FOUL 7.28m 7.35m 7.55m

Men Javelin Throw 500g Masters 70-79

Name	Age	Team	Finals
1 Roberts, Richard	73	Edmonton Masters	19.19m
			18.37m 19.19m 18.66m 16.67m 18.40m 18.73m