

Running Room Grand Prix #2 Hosted by Keyano College

September 20, 2014

8 km results

Runner	Team	Bib#	Time	Place	Gprix	ACAC	CUCA	GPRC	GMU	UAA	NAIT	KC	Pace/km	
Idris Ahmed	KC	1834	31:29	1	1	1						1	03:56	
Andrew Peters	RRAC	1862	32:04	2									04:01	
Hans Asfeldt	UAA	1854	32:09	3	2	2				2			04:01	
Matt Norminton	RRAC	1861	32:25	4									04:03	
Tom Fleming	RRAC	1863	32:32	5									04:04	
Kirk Sundt	CUCA	1857	32:41	6	3	3	3						04:05	
Kevin Chambers	CUCA	1859	33:36	7	4	4	4						04:12	
Riley Wallace	GPRC	1840	33:52	8	5	5		5					04:14	
Ben Thomas	CUCA	1858	35:09	9	6	6	6						04:24	
Cam Raynor	UAA	1853	35:16	10	7	7				7			04:25	
Joedy Dalke	UAA	1851	35:32	11	8	8				8			04:26	
Ian Keefe	GPRC	1838	35:47	12	9	9		9					04:28	
Matthieu Martin	UAA	1848	36:42	13	10	10				10			04:35	
Nils Asfeldt	UAA	1846	36:43	14	11	11				11			04:35	
Trent Hebert	UAA	1849	36:53	15	12	12				12			04:37	
Connor O'Donovan	NAIT	1841	37:08	16	13	13					13		04:39	
Jackson Schneider	NAIT	1844	38:57	17	14	14					14		04:52	
Michael Cole	UAA	1852	39:02	18	15	x				x			04:53	
Josh Malmsten	GPRC	1839	41:00	19	16	15		15					05:07	
Lee Horton	NAIT	1842	41:26	20	17	16					16		05:11	
Abdul Ali	KC	1835	41:52	21	18	17						17	05:14	
Rob Maeko	KC	1836	42:12	22	19	18						18	05:17	
Jordon Lauzon	NAIT	1845	43:05	23	20	19					19		05:23	
Reece Bailey	UAA	1847	43:12	24	21	x				x			05:24	
Sasha Eccleston	UAA	1850	43:17	25	22	x				x			05:25	
Evan Woods	NAIT	1843	45:45	26	23	20					20		05:43	
North Alton	GPRC	1837	51:12	27	24	21		21					06:24	
				# of runners scoring	27		21	3	4	0	6	5	3	
				# of non-scoring runners			3	0	0	0	3	0	0	
				total best 4 runners					50		27	62		
				rank on best 4 runners					2		1	3		
				total best 3 runners			13	29		17	43	36		
				rank on best 3 runners			1	3		2	5	4		
				total best 3 women+best 3 men			41	37		48	63	110		
				rank on best 3 women and men			2	1		3	4	5		

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing

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5 km results

Runner	Team	Bib#	Time	Place	Gprix	ACAC	CUCA	GPRC	GMU	UAA	NAIT	KC	Pace/km
Mirelle Martens	GPRC	1805	18:32	1	1	1		1					03:42
Jennifer Norminton	RRAC	1832	18:38	2									03:44
Jamie Wigmore	GPRC	1806	18:58	3	2	2		2					03:48
Marriya Jenkins	CUCA	1825	19:13	4	3	3	3						03:51
Danielle Marks	NAIT	1817	19:58	5	4	4					4		04:00
Margie Ritchie	RRAC	1833	20:18	6									04:04
Jackie Benning	GPRC	1807	20:18	7	5	5		5					04:04
Emily McIlroy	UAA	1819	20:36	8	6	6				6			04:07
Kristen Hansen	NAIT	1816	20:37	9	7	7					7		04:07
Amanda Patteson	GPRC	1810	20:53	10	8	8		8					04:11
Sarah McMaster	NAIT	1814	20:54	11	9	9					9		04:11
Jessica Baraskewich	WAC	1831	21:07	12									04:13
Shelby Edgar	CUCA	1826	22:57	13	10	10	10						04:35
Anna Eriksson	UAA	1818	23:04	14	11	11				11			04:37
Kristen Manz	GPRC	1808	23:37	15	12	12		12					04:43
Megan Niemegeers	NAIT	1801	23:55	16	13	13					13		04:47
Brianna Schultz	UAA	1824	23:57	17	14	14				14			04:47
Rachael Smilie	CUCA	1829	24:10	18	15	15	15						04:50
Kristina Dong	CUCA	1828	24:42	19	16	16	16						04:56
Alexia Taylor	NAIT	1812	24:48	20	17	17					17		04:58
Leah Reid	UAA	1822	25:06	21	18	18				18			05:01
Blaze Flewell	UAA	1820	25:36	22	19	19				19			05:07
Karina Manz	GPRC	1809	26:16	23	20	20		20					05:15
Ciara Bailey	UAA	1821	28:22	24	21	21				21			05:40
Sinead Midgley	NAIT	1813	28:59	25	22	22					22		05:48
Amy Wilson	KC	1802	29:16	26	23	23						23	05:51
Barbara Jackson	CUCA	1827	29:22	27	24	24	24						05:52
Lisa Harrison	KC	1804	30:10	28	25	25						25	06:02
Johanna York	UAA	1823	31:09	29	26	x				x			06:14
Alyce Fleming	KC	1803	33:58	30	27	26						26	06:48
				# of runners scoring	30	27	26	5	6	0	6	6	3
				# of non-scoring runners			1	0	0	0	1	0	0
				total best 4 runners			44	16		49	33		
				rank on best 4 runners			3	1		4	2		
				total best 3 runners			28	8		31	20	74	
				rank on best 3 runners			3	1		4	2	5	
				total best 3 women+best 3 men				16			33		
				rank on best 3 women and men				1			2		

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing