

Race Date
October 01, 2016

CC des Plaines
Overall Finish List

Men's 10k

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>
1	Yves Sikubwabo	Laval	15	M	31:22.2
2	Emmanuel Boisvert	Laval	4	M	31:30.5
3	Alexandre Ricard	Laval	14	M	31:41.2
4	Benjamin Raymond	Laval	13	M	31:44.7
5	Francois Jarry	McGill	56	M	32:01.3
6	Nicolas Morin	Laval	12	M	32:05.2
7	Jonathan Tedeschi	Laval	16	M	32:17.2
8	Alex Berhe	University of Ottawa	76	M	32:24.4
9	Keven Bédard	Laval	2	M	32:39.4
10	Dany Racine	Laval	125	M	32:43.2
11	Alexis Lavoie-Gilbert	Laval	10	M	32:51.7
12	Santiago Bessai	McGill	52	M	32:56.3
13	Igor Bougnot	Laval	5	M	33:03.4
14	Vincent Hoa Mai	Laval	9	M	33:09.5
15	Maxime Lopes	UQAM	112	M	33:27.0
16	Thomas Windisch	Sherbrooke	72	M	33:41.8
17	Joé Dufour	Laval	8	M	33:47.6
18	Jules Burnotte	Sherbrooke	68	M	33:53.2
19	Nicolas Roberts	University of Ottawa	91	M	33:53.3
20	Antoine Thibeault	Laval	17	M	33:59.9
21	Nicolas Deshaies	Laval	7	M	34:03.5
22	Nicolas Audet	Laval	1	M	34:04.8
23	Alexandre Lavigne	Sherbrooke	71	M	34:07.3
24	Philippe Duchesne	McGill	54	M	34:13.5
25	Jason Argouin	Sherbrooke	65	M	34:19.5
26	Tristan Marcelis	McGill	58	M	34:19.8
27	Nicolas Gilbert	UQTR	122	M	34:26.0
28	Léandre Bouchard	UQAC de l'INUK	97	M	34:37.3
29	Xavier Bertrand	Laval	3	M	34:42.2
30	Samuel St-Antoine	UQAM	115	M	34:45.2
31	Ziyad El Hankouri	University of Ottawa	78	M	34:47.0
32	Tom Glassco	University of Ottawa	80	M	34:47.3
33	Philippe Labrecque	McGill	57	M	34:47.6
34	Ryan MacDonell	University of Ottawa	85	M	34:49.1
35	Steve Farvacque	Carabins Université	21	M	34:50.7
36	Olivier Béland	Sherbrooke	66	M	35:04.7
37	Nicolas Bergeron	Sherbrooke	67	M	35:05.3
38	Adrian Tsang	University of Ottawa	93	M	35:10.4
39	Sebastian Saville	Carleton	40	M	35:13.3
40	Christian Parenteau	Concordia	49	M	35:14.1
41	Jared Short	McGill	64	M	35:26.1
42	Louis-Olivier Brassard	Carabins Université	20	M	35:30.4
43	Vincent Forest-Richard	UQTR	120	M	35:35.0
44	Marc-Antoine Crépeau	Sherbrooke	69	M	35:41.0
45	Kevin Bates	University of Ottawa	75	M	35:55.2
46	Jacopo Panerati	Carabins Université	24	M	35:57.1
47	Guillaume Decherf	Laval	6	M	35:59.9

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Overall Finish List

Men's 10k

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>
48	Jean-François Thivierge	Carabins Université	26	M	36:14.3
49	Olivier Guérard	Carabins Université	23	M	36:18.1
50	Paul Ramsay-Vejlens	Carabins Université	25	M	36:22.6
51	Vincent Tremblay	UQTR	124	M	36:25.3
52	Louis Bastenier-Boutin	Carabins Université	18	M	36:25.4
53	Mykola Niemtsev	Concordia	48	M	36:27.2
54	Alexandre Levesque	Laval	11	M	36:39.5
55	Maximilien Moreau	UQTR	123	M	36:45.8
56	Aidan French	University of Ottawa	79	M	36:52.8
57	Zach Kader	Concordia	46	M	37:00.8
58	Sebastian Spoerel-Connelly	Carleton	42	M	37:00.9
59	Ian Shaint	UQAR	128	M	37:02.7
60	Romain Aymon	University of Ottawa	74	M	37:06.6
61	Doan Bang Tran	UQAM	116	M	37:14.7
62	Christopher Govig	Carabins Université	22	M	37:16.4
63	Antoine Velle	Carabins Université	27	M	37:20.9
64	Liam Bruce	Carleton	30	M	37:38.0
65	Carl Gagnon	UQTR	121	M	37:38.6
66	Gueguen Malo	Concordia	47	M	37:40.9
67	Robbie Mitchell	University of Ottawa	89	M	38:00.4
68	Guillaume Boglioni-Beaulieu	Carabins Université	19	M	38:12.2
69	Ryan Dean	Carleton	31	M	38:16.9
70	Valentin Perrin	UQAC de l'INUK	103	M	38:20.4
71	Aaron Wong	University of Ottawa	95	M	38:24.3
72	André-Luc Ouellet	UQAR	126	M	38:29.1
73	Alexandre Morel Banville	University of Ottawa	90	M	38:45.3
74	Marcus Sefranek	McGill	63	M	39:01.2
75	Adam Schwendt	McGill	62	M	39:03.9
76	Seamus Hodgins	Carleton	35	M	39:05.8
77	Marc-André Champoux	UQTR	119	M	39:10.1
78	Chris Menard	University of Ottawa	88	M	39:43.0
79	Negash Haile	University of Ottawa	81	M	39:46.4
80	Vincent Gosselin-Boucher	UQAM	110	M	40:00.4
81	David MacKie	Carleton	38	M	40:06.2
82	Cameron MacDonell	Carleton	37	M	40:08.5
83	Neil Mahalanobis	University of Ottawa	86	M	40:37.7
84	Marc-André Tremblay	UQAC de l'INUK	104	M	40:44.8
85	Fredérik Archambault	UQTR	118	M	40:47.4
86	James Bruce	Carleton	29	M	40:53.9
87	Arnaud Francioni	UQAM	107	M	40:54.3
88	Felix Tremblay	Concordia	50	M	41:37.8
89	Antoine Frizon	UQAM	108	M	42:01.3
90	Francois Boisante	UQAM	105	M	42:27.2
91	Nicolas Lemieux	UQAC de l'INUK	101	M	42:36.0
92	Nick Grossi	Carleton	34	M	43:30.6

Race Date
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CC des Plaines
Team Summary Results

Men

Men's 10k

Class - A CIS

<u>Place</u>	<u>Team</u>	<u>Top 5 Places</u>	----- Finishers -----						
			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6*</u>	<u>7*</u>
1	Laval	16	1	2	3	4	6	7	9
		<i>Top 5 Times:</i>	2:38:24.0						
2	McGill	72	5	10	16	18	23	31	51
		<i>Top 5 Times:</i>	2:48:18.7						
3	Sherbrooke	83	12	13	15	17	26	27	34
		<i>Top 5 Times:</i>	2:51:06.7						
4	University of Ottawa	89	8	14	21	22	24	28	35
		<i>Top 5 Times:</i>	2:50:41.3						
5	Carabins Université de	168	25	32	36	37	38	39	41
		<i>Top 5 Times:</i>	2:58:50.8						
6	UQTR	183	19	33	40	43	48	53	57
		<i>Top 5 Times:</i>	3:00:51.0						
7	UQAM	189	11	20	46	54	58	60	61
		<i>Top 5 Times:</i>	3:06:21.8						
8	Carleton	223	29	45	47	50	52	55	56
		<i>Top 5 Times:</i>	3:07:15.2						
9	Concordia	224	30	42	44	49	59		
		<i>Top 5 Times:</i>	3:08:01.0						
Inc.	UQAC de l'INUK	Only 4 finishers							
		<i>Top 5 Times:</i>							
Inc.	UQAR	Only 2 finishers							
		<i>Top 5 Times:</i>							

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CC des Plaines
Overall Finish List

Women's 6k

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>
1	Melanie Myrand	McGill	188	F	21:51.6
2	Katie Phillips	University of Ottawa	215	F	22:02.8
3	Aur�lie Dub�-Lavoie	Laval	162	F	22:11.1
4	Meggie Dargis	McGill	180	F	22:31.6
5	Catherine Gagnon	UQAM	244	F	22:59.0
6	Sofia Butseva	McGill	178	F	23:01.2
7	R�becca Beaumont	Carabins Universit�	130	F	23:06.3
8	Charlotte Jacquemin	McGill	184	F	23:16.8
9	Anne-Marie Gauthier	Laval	166	F	23:27.4
10	Marie-Andr�e Marchand	Carabins Universit�	138	F	23:42.8
11	Mariana Longpr�	Laval	167	F	23:47.2
12	Shana Turcotte	Sherbrooke	198	F	23:50.9
13	Andr�e-Anne Gagn�	Carabins Universit�	133	F	23:54.1
14	Alison Barwick	McGill	174	F	24:01.0
15	Hannah Damron	University of Southern	225	F	24:03.9
16	Maggie McClure	Carleton	145	F	24:08.5
17	Morgane Butler	McGill	176	F	24:10.2
18	Jasmine Boyle	University of Southern	222	F	24:10.3
19	Jessie Lilly	Carleton	143	F	24:11.4
20	Georgia Hamilton	McGill	182	F	24:13.2
21	Isabelle Turcotte	Laval	172	F	24:19.7
22	Mireille Turcotte	Sherbrooke	199	F	24:25.1
23	Marilou Ferland-Daigle	Laval	163	F	24:27.3
24	Rebecca Brennan	University of Ottawa	200	F	24:31.8
25	Madison Clarke	University of Ottawa	202	F	24:34.5
26	Elizabeth Hirsch	McGill	183	F	24:35.1
27	Klo� Gervais-P�pin	UQTR	260	F	24:39.9
28	Catherine Gagn�	Laval	164	F	24:50.3
29	Charlotte Bernier	UQTR	257	F	24:53.0
30	B�atrice Ouellet	Laval	168	F	24:53.8
31	Isabelle Rouleau	Sherbrooke	197	F	24:53.9
32	St�phanie Turgeon	Carabins Universit�	140	F	24:55.8
33	Sarya Ross	University of Ottawa	216	F	24:59.0
34	Alexandra Lachance	Carabins Universit�	135	F	25:00.4
35	Charlotte Van Walraven	McGill	191	F	25:02.0
36	V�ronique Bilodeau	Carabins Universit�	131	F	25:02.1
37	Chlo� Perreault	Laval	169	F	25:02.8
38	Audrey Laprise	Carabins Universit�	136	F	25:03.0
39	Lauren Moore	University of Ottawa	213	F	25:04.3
40	Caroline Pomerleau	Laval	170	F	25:05.1
41	Chloe Fleurent-Gregoire	McGill	181	F	25:07.3
42	Tara Smith	University of Ottawa	218	F	25:08.9
43	Christina Rehbein	Carleton	150	F	25:11.3
44	Rachel Langelaan	McGill	185	F	25:14.6
45	No�mie Gravel	Carabins Universit�	134	F	25:16.6
46	Alexandra Simard	Laval	171	F	25:21.0
47	Murielle Aglot	McGill	173	F	25:26.9

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Women's 6k

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48	Rachel Thiessen	University of Ottawa	219	F	25:28.3
49	Jade Bouchard	Laval	161	F	25:34.8
50	Émilie Alain	UQTR	256	F	25:36.8
51	Katie Wiwchar	University of Ottawa	220	F	25:37.1
52	Tessa Condon	McGill	179	F	25:41.4
53	Juliette Maurin	Sherbrooke	195	F	25:47.1
54	Elyse Nieuwold	University of Ottawa	214	F	25:51.3
55	Natasha Kawam	University of Ottawa	208	F	25:52.4
56	Holly Hicks	University of Ottawa	207	F	25:53.2
57	Jennifer Dumoulin	University of Ottawa	205	F	25:54.7
58	Marianne Leclerc	Carabins Université	137	F	25:55.7
59	Emily Fletcher	University of Ottawa	206	F	25:58.7
60	Claudia Rooman	UQAM	249	F	26:04.6
61	Jazmyn Sylvester	University of Southern	234	F	26:04.7
62	Celeste Pilon	McGill	189	F	26:07.0
63	Camille Laomoreux-Bolduc	McGill	186	F	26:10.6
64	Andréanne Marquis	Sherbrooke	194	F	26:12.8
65	Olivia Sidock	University of Ottawa	217	F	26:19.8
66	Jackson Brittany	Concordia	154	F	26:23.5
67	Amelia Marrato	University of Ottawa	211	F	26:27.1
68	Maude Gagnon	Laval	165	F	26:31.3
69	Marie-Pier Coulombe	UQTR	259	F	26:38.5
70	Agnès Insergueix	UQAM	245	F	26:41.9
71	Catherine Comtois	Carabins Université	132	F	26:45.6
72	Kelly Lynch	University of Southern	232	F	26:58.9
73	Emma Philippon	UQTR	261	F	27:05.8
74	Sophie Dasaro	Concordia	156	F	27:08.0
75	Beganny Lauren	University of Southern	231	F	27:10.6
76	Georgia Caso	University of Southern	223	F	27:16.4
77	Madeleine Jacob	UQAC de l'INUK	240	F	27:22.4
78	Taylor Anderson	Carleton	141	F	27:23.8
79	Evelyne Ouellet	Sherbrooke	196	F	27:23.9
80	Vivianne Harvey	UQAC de l'INUK	239	F	27:29.6
81	Unknown Partic. 347		347	M	27:30.1
82	Polina Lepniakova	University of Ottawa	210	F	27:32.8
83	Kayla Griffis	University of Southern	228	F	27:39.8
84	Natalie-Josée Carson	University of Ottawa	201	F	27:52.0
85	Evelyne Lacroix	Sherbrooke	193	F	27:56.1
86	Caroline Vohl	UQAM	254	F	28:04.2
87	Myriam Hardy	UQAC de l'INUK	238	F	28:07.4
88	Bianca Jesen	Concordia	159	F	28:19.1
89	Adele Laplante	UQAM	247	F	28:33.4
90	Élizabeth Brochu	UQAR	266	F	28:40.7
91	Kiley Boerger	University of Southern	221	F	28:45.8
92	Bennett Eliza	University of Southern	227	F	28:58.1
93	Alexandra Tavaras-Lemay	UQAM	250	F	28:59.0
94	Clara Geoffrion	UQAM	129	F	29:18.6

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95	Unknown Partic. 447		447	M	29:18.6
96	Ann-Rebecca Drolet	Concordia	157	F	29:29.7
97	Breanna Murphy	Carleton	147	F	29:42.8
98	Unknown Partic. 465		465	M	29:44.6
99	Unknown Partic. 455		455	M	29:48.0
100	Unknown Partic. 472		472	M	30:13.7
101	Katie Hersom	University of Southern	229	F	30:18.7
102	Hannah MacDonell	Carleton	144	F	30:22.7
103	Frédérique Tremblay	UQAC de l'INUK	242	F	30:35.4
104	Maida Hadziosmanovic	Concordia	158	F	30:35.4
105	Cianne Plummer	University of Southern	233	F	30:48.0
106	Zoé Turcotte	UQAM	253	F	31:08.3
107	Ann-Sophie Therrien	UQAM	252	F	31:15.5
108	Annie-Claude Lemieux	UQAR	268	F	31:54.8
109	Maria Babineau	Carleton	142	F	32:52.1
110	Arianne Demers	UQAR	267	F	33:10.1
111	Frédérique Poulin	UQAC de l'INUK	241	F	33:35.5
112	Emily Dumont	University of Southern	226	F	35:14.8

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Women

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Class - A CIS

<u>Place</u>	<u>Team</u>	<u>Top 5 Places</u>	----- <u>Finishers</u> -----						
			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6*</u>	<u>7*</u>
1	McGill	33	1	4	6	8	14	17	20
		<i>Top 5 Times:</i>	1:54:42.5						
2	Laval	67	3	9	11	21	23	27	29
		<i>Top 5 Times:</i>	1:58:13.0						
3	Carabins Université de	94	7	10	13	31	33	34	35
		<i>Top 5 Times:</i>	2:00:39.6						
4	University of Ottawa	119	2	24	25	32	36	37	39
		<i>Top 5 Times:</i>	2:01:12.6						
5	Sherbrooke	149	12	22	30	41	44	55	58
		<i>Top 5 Times:</i>	2:05:09.8						
6	University of Southern	175	15	18	43	48	51	52	57
		<i>Top 5 Times:</i>	2:08:28.6						
7	UQTR	189	26	28	40	46	49		
		<i>Top 5 Times:</i>	2:08:54.1						
8	Carleton	193	16	19	38	54	66	67	70
		<i>Top 5 Times:</i>	2:10:37.9						
9	UQAM	215	5	42	47	59	62	63	64
		<i>Top 5 Times:</i>	2:12:23.2						
10	Concordia	290	45	50	61	65	69		
		<i>Top 5 Times:</i>	2:21:56.0						
11	UQAC de l'INUK	308	53	56	60	68	71		
		<i>Top 5 Times:</i>	2:27:10.4						
Inc.	UQAR	Only 3 finishers							
		<i>Top 5 Times:</i>							