

Overall Finish List**Men****Men's 8K**

| <u>Place</u> | <u>Score</u> | <u>Bib No</u> | <u>Name</u>         | <u>Team</u>        | <u>Grade</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|---------------------|--------------------|--------------|-------------|-------------|
| 1            | DNS          | 907           | Daniel Heschuk      | Unattached         |              | 25:55.8     | 3:14/K      |
| 2            | 1            | 134           | Alex Bartholomay    | North Dakota State | JR           | 26:13.1     | 3:17/K      |
| 3            | 2            | 112           | Luke Labatte        | North Dakota       | FR           | 26:16.6     | 3:17/K      |
| 4            | 3            | 159           | Lukas Pierson       | South Dakota St.   | FR           | 26:20.6     | 3:18/K      |
| 5            | 4            | 137           | Tim Heikkila        | North Dakota State | JR           | 26:24.8     | 3:18/K      |
| 6            | 5            | 130           | Isaac Huber         | North Dakota State | FR           | 26:28.3     | 3:19/K      |
| 7            | 6            | 160           | Joe Rush            | South Dakota St.   | FR           | 26:37.3     | 3:20/K      |
| 8            | DNS          | 906           | Camron Roehl        | Unattached         |              | 26:39.3     | 3:20/K      |
| 9            | 7            | 139           | Keiser Freetly      | North Dakota State | SO           | 26:40.7     | 3:20/K      |
| 10           | 8            | 164           | Alexander Auch      | South Dakota St.   | SO           | 26:48.2     | 3:21/K      |
| 11           | DNS          | 908           | Matthew Schneider   | Unattached         |              | 26:48.5     | 3:21/K      |
| 12           | 9            | 133           | Payton Smith        | North Dakota State | FR           | 26:49.8     | 3:21/K      |
| 13           | 10           | 857           | Timothy Moore       | U-Mary             | SO           | 26:49.9     | 3:21/K      |
| 14           | 11           | 856           | Jesse Kaas          | U-Mary             | SO           | 26:58.2     | 3:22/K      |
| 15           | 12           | 851           | Dawson Strom        | U-Mary             | FR           | 27:08.3     | 3:24/K      |
| 16           | 13           | 32            | Munir Isahak        | Concordia-Moorhead | JR           | 27:10.6     | 3:24/K      |
| 17           | 14           | 157           | Carter Knaus        | South Dakota St.   | FR           | 27:11.3     | 3:24/K      |
| 18           | 15           | 158           | Mason McDonald      | South Dakota St.   | FR           | 27:11.9     | 3:24/K      |
| 19           | 16           | 193           | Simon Berube        | U of Manitoba      |              | 27:12.3     | 3:24/K      |
| 20           | 17           | 114           | Jacob Henne         | North Dakota       | JR           | 27:13.3     | 3:24/K      |
| 21           | 18           | 131           | Josh Samyn          | North Dakota State | FR           | 27:14.5     | 3:24/K      |
| 22           | 19           | 98            | Jacob Jensen        | Minot State        | FR           | 27:24.8     | 3:26/K      |
| 23           | 20           | 867           | Harrison Bentzel    | U-Mary             | SR           | 27:27.4     | 3:26/K      |
| 24           | 21           | 196           | Deric Kornelson     | U of Manitoba      |              | 27:29.9     | 3:26/K      |
| 25           | 22           | 138           | Kurt TeBeest        | North Dakota State | JR           | 27:30.5     | 3:26/K      |
| 26           | (> 7)        | 132           | Evan Saylor         | North Dakota State | FR           | 27:32.1     | 3:27/K      |
| 27           | 23           | 200           | Samuel Wilke        | U-Mary             | SR           | 27:33.6     | 3:27/K      |
| 28           | 24           | 41            | Eric Wicklund       | Concordia-Moorhead | SR           | 27:34.1     | 3:27/K      |
| 29           | (> 7)        | 136           | Jakob Hanna         | North Dakota State | JR           | 27:35.6     | 3:27/K      |
| 30           | 25           | 156           | Blake Iverson       | South Dakota St.   | FR           | 27:37.1     | 3:27/K      |
| 31           | 26           | 155           | Daniel Burkhalter   | South Dakota St.   | FR           | 27:41.0     | 3:28/K      |
| 32           | (> 7)        | 135           | Isaac Berg          | North Dakota State | JR           | 27:44.9     | 3:28/K      |
| 33           | 27           | 117           | Zachary King        | North Dakota       | SO           | 27:53.5     | 3:29/K      |
| 34           | (< 5)        | 44            | Hunter Flynn        | Dickinson St.      | JR           | 27:54.4     | 3:29/K      |
| 35           | 28           | 883           | Levi Fried          | U-Mary             | SR           | 27:55.8     | 3:29/K      |
| 36           | 29           | 33            | Noah Knees Kern     | Concordia-Moorhead | JR           | 27:59.0     | 3:30/K      |
| 37           | 30           | 97            | Landon Dunlap       | Minot State        | FR           | 28:02.7     | 3:30/K      |
| 38           | 31           | 841           | Alex de la Maza     | U-Mary             | FR           | 28:02.8     | 3:30/K      |
| 39           | (> 7)        | 162           | Ray Munsterman      | South Dakota St.   | JR           | 28:04.2     | 3:31/K      |
| 40           | 32           | 197           | Michael Wood        | U of Manitoba      |              | 28:09.6     | 3:31/K      |
| 41           | (> 7)        | 161           | Evan Fick           | South Dakota St.   | JR           | 28:16.9     | 3:32/K      |
| 42           | 33           | 27            | Jesse Middendorf    | Concordia-Moorhead | FR           | 28:17.4     | 3:32/K      |
| 43           | 34           | 101           | Ryan Kohler         | Minot State        | SO           | 28:19.4     | 3:32/K      |
| 44           | 35           | 186           | Calvin Reimer       | U of Manitoba      | FR           | 28:22.2     | 3:33/K      |
| 45           | 36           | 84            | Ryan Anderson       | Minnesota-Morris   | SR           | 28:22.2     | 3:33/K      |
| 46           | (> 7)        | 165           | Michael Schwingamer | South Dakota St.   | SO           | 28:27.9     | 3:33/K      |
| 47           | 37           | 99            | Tito Gonzalez       | Minot State        | JR           | 28:29.2     | 3:34/K      |
| 48           | (> 7)        | 140           | Evan Kottsick       | North Dakota State | SR           | 28:29.8     | 3:34/K      |

Overall Finish List**Men****Men's 8K**

| <u>Place</u> | <u>Score</u> | <u>Bib No</u> | <u>Name</u>              | <u>Team</u>           | <u>Grade</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|--------------------------|-----------------------|--------------|-------------|-------------|
| 49           | 38           | 195           | Braedy Farmer            | U of Manitoba         |              | 28:30.4     | 3:34/K      |
| 50           | 39           | 29            | Basil Ricker             | Concordia-Moorhead    | FR           | 28:51.4     | 3:36/K      |
| 51           | 40           | 194           | Quinn Desrochers         | U of Manitoba         |              | 28:51.6     | 3:36/K      |
| 52           | 41           | 28            | Tanner Olson             | Concordia-Moorhead    | FR           | 28:54.2     | 3:37/K      |
| 53           | 42           | 76            | Joel Knopp               | Minnesota-Morris      | FR           | 28:54.9     | 3:37/K      |
| 54           | 43           | 113           | Zachary Miller           | North Dakota          | FR           | 28:55.9     | 3:37/K      |
| 55           | 44           | 34            | Nolan Christenson        | Concordia-Moorhead    | SO           | 29:03.2     | 3:38/K      |
| 56           | (> 7)        | 865           | Sam Sequeria             | U-Mary                | SO           | 29:10.6     | 3:39/K      |
| 57           | (> 7)        | 22            | Hans Frank-Holzner       | Concordia-Moorhead    | FR           | 29:11.1     | 3:39/K      |
| 58           | 45           | 100           | Nicholas Merillana       | Minot State           | JR           | 29:11.1     | 3:39/K      |
| 59           | DNS          | 909           | Corry Mientkiewicz       | Unattached            |              | 29:13.2     | 3:39/K      |
| 60           | (> 7)        | 31            | Connor Haugrud           | Concordia-Moorhead    | JR           | 29:15.2     | 3:39/K      |
| 61           | 46           | 85            | Benjamin Barnack         | Minnesota-Morris      | SR           | 29:24.3     | 3:41/K      |
| 62           | 47           | 188           | Noah Wiens               | U of Manitoba         | FR           | 29:34.0     | 3:42/K      |
| 63           | (< 5)        | 43            | Paul Chillo              | Dickinson St.         | JR           | 29:38.3     | 3:42/K      |
| 64           | 48           | 86            | Edmund Cease             | Minnesota-Morris      | SR           | 29:44.8     | 3:43/K      |
| 65           | (> 7)        | 24            | Solomon Johnson          | Concordia-Moorhead    | FR           | 29:47.1     | 3:43/K      |
| 66           | (> 7)        | 40            | Olsen Pancoast           | Concordia-Moorhead    | SR           | 29:56.8     | 3:45/K      |
| 67           | 49           | 115           | Connor McMannes          | North Dakota          | JR           | 29:58.2     | 3:45/K      |
| 68           | (> 7)        | 187           | Caleb Schultz            | U of Manitoba         | FR           | 30:01.8     | 3:45/K      |
| 69           | DNS          | 567           | Noah Schiller            | Unattached            |              | 30:10.1     | 3:46/K      |
| 70           | (> 7)        | 184           | Josh Malenchak           | U of Manitoba         | FR           | 30:12.8     | 3:47/K      |
| 71           | 50           | 83            | Raymond Abraham          | Minnesota-Morris      | SR           | 30:19.8     | 3:47/K      |
| 72           | (< 5)        | 46            | Tristan Hilgart          | Dickinson St.         | SO           | 30:23.6     | 3:48/K      |
| 73           | 51           | 79            | Christian Thielke        | Minnesota-Morris      | JR           | 30:23.9     | 3:48/K      |
| 74           | 52           | 81            | Max Kivi                 | Minnesota-Morris      | SO           | 30:25.7     | 3:48/K      |
| 75           | 53           | 66            | Yeonshik You             | Minnesota-Crookston   | JR           | 30:27.0     | 3:48/K      |
| 76           | (> 7)        | 77            | Rory Shackelford         | Minnesota-Morris      | FR           | 30:39.4     | 3:50/K      |
| 77           | (> 7)        | 36            | Justin Kringler          | Concordia-Moorhead    | SO           | 30:57.0     | 3:52/K      |
| 78           | (> 7)        | 192           | Alexander Brandt-Ganding | U of Manitoba         | SO           | 31:11.7     | 3:54/K      |
| 79           | (> 7)        | 78            | Henry Trajano            | Minnesota-Morris      | FR           | 31:14.1     | 3:54/K      |
| 80           | (> 7)        | 80            | Conner Fitzgerald        | Minnesota-Morris      | SO           | 31:14.9     | 3:54/K      |
| 81           | (< 5)        | 47            | Michael Larios           | Dickinson St.         | SO           | 31:20.8     | 3:55/K      |
| 82           | (> 7)        | 38            | Dan Wilson               | Concordia-Moorhead    | SO           | 31:29.7     | 3:56/K      |
| 83           | (> 7)        | 82            | Andrew Stanek            | Minnesota-Morris      | SO           | 31:37.2     | 3:57/K      |
| 84           | (> 7)        | 21            | Zachary Foquerel-Skoe    | Concordia-Moorhead    | FR           | 31:39.4     | 3:57/K      |
| 85           | (> 7)        | 25            | Thomas Liking            | Concordia-Moorhead    | FR           | 31:41.0     | 3:58/K      |
| 86           | (> 7)        | 35            | Michael Kraimer          | Concordia-Moorhead    | SO           | 31:42.7     | 3:58/K      |
| 87           | (> 7)        | 39            | Tommy Froland            | Concordia-Moorhead    | SR           | 31:47.2     | 3:58/K      |
| 88           | (> 7)        | 185           | Dawson Mann              | U of Manitoba         | FR           | 32:02.8     | 4:00/K      |
| 89           | (> 7)        | 23            | Jack Gothberg            | Concordia-Moorhead    | FR           | 32:04.8     | 4:01/K      |
| 90           | (< 5)        | 53            | Noah Mang                | Jamestown             | SO           | 32:13.2     | 4:02/K      |
| 91           | DNS          | 181           | Johnathan Parat          | Unattached            |              | 32:16.9     | 4:02/K      |
| 92           | 54           | 176           | Sam Jacob                | Trinity Bible College | SR           | 32:27.3     | 4:03/K      |
| 93           | (> 7)        | 20            | Taylor Devine            | Concordia-Moorhead    | FR           | 32:54.1     | 4:07/K      |
| 94           | (> 7)        | 75            | Gabriel Brand            | Minnesota-Morris      | FR           | 33:54.3     | 4:14/K      |
| 95           | 55           | 63            | Peter Hendrickx          | Minnesota-Crookston   | JR           | 34:30.3     | 4:19/K      |
| 96           | (> 7)        | 183           | Scott Friesen            | U of Manitoba         | FR           | 34:36.5     | 4:20/K      |

Overall Finish List**Men****Men's 8K**

| <u>Place</u> | <u>Score</u> | <u>Bib No</u> | <u>Name</u>     | <u>Team</u>           | <u>Grade</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|-----------------|-----------------------|--------------|-------------|-------------|
| 97           | 56           | 175           | Luke Jacob      | Trinity Bible College | SO           | 34:41.0     | 4:20/K      |
| 98           | 57           | 177           | Kaleb Renfro    | Trinity Bible College | SR           | 34:43.1     | 4:20/K      |
| 99           | 58           | 62            | Paul Hendrickx  | Minnesota-Crookston   | JR           | 35:14.1     | 4:24/K      |
| 100          | 59           | 65            | Manpreet Singh  | Minnesota-Crookston   | JR           | 35:36.4     | 4:27/K      |
| 101          | 60           | 64            | Anthony Kampa   | Minnesota-Crookston   | JR           | 36:50.6     | 4:36/K      |
| 102          | 61           | 178           | Marcus Staley   | Trinity Bible College | SR           | 37:16.2     | 4:40/K      |
| 103          | 62           | 172           | Josiah Liebe    | Trinity Bible College | JR           | 37:56.1     | 4:45/K      |
| 104          | (< 5)        | 52            | Jacob Juelfs    | Jamestown             | FR           | 39:31.0     | 4:56/K      |
| 105          | 63           | 174           | Zach Bigart     | Trinity Bible College | SO           | 39:58.6     | 5:00/K      |
| 106          | 64           | 173           | Isaiah McIntosh | Trinity Bible College | JR           | 44:55.4     | 5:37/K      |

Final Team Results

## Men

## Men's 8K

| <u>Bib No</u>                    | <u>Name</u>          | <u>Grade</u> | <u>Overall Place</u>       | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|----------------------------------|----------------------|--------------|----------------------------|-------------------------|-------------|------------------------|------------------|
| <b>Team - North Dakota State</b> |                      |              | <b>Finish Position - 1</b> |                         |             |                        |                  |
| Team Score (places): 26          |                      |              | Average Time: 26:31.4      |                         |             |                        |                  |
| 1                                | 134 Alex Bartholomay | JR           | 1                          | 1                       | 26:13.1     | 26:13.1                | 0:00.0           |
| 2                                | 137 Tim Heikkila     | JR           | 4                          | 5                       | 26:24.8     | 52:37.9                | 0:11.7           |
| 3                                | 130 Isaac Huber      | FR           | 5                          | 10                      | 26:28.3     | 1:19:06.2              | 0:15.2           |
| 4                                | 139 Keiser Freetly   | SO           | 7                          | 17                      | 26:40.7     | 1:45:46.9              | 0:27.6           |
| 5                                | 133 Payton Smith     | FR           | 9                          | 26                      | 26:49.8     | 2:12:36.7              | 0:36.7           |
| 6                                | 131 Josh Samyn       | FR           | (18)                       | (44)                    | 27:14.5     | 2:39:51.2              | 1:01.4           |
| 7                                | 138 Kurt TeBeest     | JR           | (22)                       | (66)                    | 27:30.5     | 3:07:21.7              | 1:17.4           |
| 8                                | 132 Evan Saylor      | FR           | More Than 7                |                         | 27:32.1     | 3:34:53.8              | 1:19.0           |
| 9                                | 136 Jakob Hanna      | JR           | More Than 7                |                         | 27:35.6     | 4:02:29.4              | 1:22.5           |
| 10                               | 135 Isaac Berg       | JR           | More Than 7                |                         | 27:44.9     | 4:30:14.3              | 1:31.8           |
| 11                               | 140 Evan Kottsick    | SR           | More Than 7                |                         | 28:29.8     | 4:58:44.1              | 2:16.7           |

**Team - South Dakota St.****Finish Position - 2**

Team Score (places): 46

Average Time: 26:49.9

|    |                          |    |             |      |         |           |        |
|----|--------------------------|----|-------------|------|---------|-----------|--------|
| 1  | 159 Lukas Pierson        | FR | 3           | 3    | 26:20.6 | 26:20.6   | 0:00.0 |
| 2  | 160 Joe Rush             | FR | 6           | 9    | 26:37.3 | 52:57.9   | 0:16.7 |
| 3  | 164 Alexander Auch       | SO | 8           | 17   | 26:48.2 | 1:19:46.1 | 0:27.6 |
| 4  | 157 Carter Knaus         | FR | 14          | 31   | 27:11.3 | 1:46:57.4 | 0:50.7 |
| 5  | 158 Mason McDonald       | FR | 15          | 46   | 27:11.9 | 2:14:09.3 | 0:51.3 |
| 6  | 156 Blake Iverson        | FR | (25)        | (71) | 27:37.1 | 2:41:46.4 | 1:16.5 |
| 7  | 155 Daniel Burkhalter    | FR | (26)        | (97) | 27:41.0 | 3:09:27.4 | 1:20.4 |
| 8  | 162 Ray Munsterman       | JR | More Than 7 |      | 28:04.2 | 3:37:31.6 | 1:43.6 |
| 9  | 161 Evan Fick            | JR | More Than 7 |      | 28:16.9 | 4:05:48.5 | 1:56.3 |
| 10 | 165 Michael Schwinghamer | SO | More Than 7 |      | 28:27.9 | 4:34:16.4 | 2:07.3 |

**Team - U-Mary****Finish Position - 3**

Team Score (places): 76

Average Time: 27:11.5

|   |                      |    |             |       |         |           |        |
|---|----------------------|----|-------------|-------|---------|-----------|--------|
| 1 | 857 Timothy Moore    | SO | 10          | 10    | 26:49.9 | 26:49.9   | 0:00.0 |
| 2 | 856 Jesse Kaas       | SO | 11          | 21    | 26:58.2 | 53:48.1   | 0:08.3 |
| 3 | 851 Dawson Strom     | FR | 12          | 33    | 27:08.3 | 1:20:56.4 | 0:18.4 |
| 4 | 867 Harrison Bentzel | SR | 20          | 53    | 27:27.4 | 1:48:23.8 | 0:37.5 |
| 5 | 200 Samuel Wilke     | SR | 23          | 76    | 27:33.6 | 2:15:57.4 | 0:43.7 |
| 6 | 883 Levi Fried       | SR | (28)        | (104) | 27:55.8 | 2:43:53.2 | 1:05.9 |
| 7 | 841 Alex de la Maza  | FR | (31)        | (135) | 28:02.8 | 3:11:56.0 | 1:12.9 |
| 8 | 865 Sam Sequeria     | SO | More Than 7 |       | 29:10.6 | 3:41:06.6 | 2:20.7 |

**Team - Concordia-Moorhead****Finish Position - 4**

Team Score (places): 138

Average Time: 27:58.5

|   |                  |    |    |    |         |         |        |
|---|------------------|----|----|----|---------|---------|--------|
| 1 | 32 Munir Isahak  | JR | 13 | 13 | 27:10.6 | 27:10.6 | 0:00.0 |
| 2 | 41 Eric Wicklund | SR | 24 | 37 | 27:34.1 | 54:44.7 | 0:23.5 |

Final Team Results

## Men

## Men's 8K

| <u>Bib No</u>                    | <u>Name</u>              | <u>Grade</u> | <u>Overall Place</u>       | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|----------------------------------|--------------------------|--------------|----------------------------|-------------------------|-------------|------------------------|------------------|
| <b>Team - Concordia-Moorhead</b> |                          |              | <b>Finish Position - 4</b> |                         |             |                        |                  |
| Team Score (places): 138         |                          |              | Average Time: 27:58.5      |                         |             |                        |                  |
| 3                                | 33 Noah Kneeskern        | JR           | 29                         | 66                      | 27:59.0     | 1:22:43.7              | 0:48.4           |
| 4                                | 27 Jesse Middendorf      | FR           | 33                         | 99                      | 28:17.4     | 1:51:01.1              | 1:06.8           |
| 5                                | 29 Basil Ricker          | FR           | 39                         | 138                     | 28:51.4     | 2:19:52.5              | 1:40.8           |
| 6                                | 28 Tanner Olson          | FR           | (41)                       | (179)                   | 28:54.2     | 2:48:46.7              | 1:43.6           |
| 7                                | 34 Nolan Christenson     | SO           | (44)                       | (223)                   | 29:03.2     | 3:17:49.9              | 1:52.6           |
| 8                                | 22 Hans Frank-Holzner    | FR           | More Than 7                |                         | 29:11.1     | 3:47:01.0              | 2:00.5           |
| 9                                | 31 Connor Haugrud        | JR           | More Than 7                |                         | 29:15.2     | 4:16:16.2              | 2:04.6           |
| 10                               | 24 Solomon Johnson       | FR           | More Than 7                |                         | 29:47.1     | 4:46:03.3              | 2:36.5           |
| 11                               | 40 Olsen Pancoast        | SR           | More Than 7                |                         | 29:56.8     | 5:16:00.1              | 2:46.2           |
| 12                               | 36 Justin Kringler       | SO           | More Than 7                |                         | 30:57.0     | 5:46:57.1              | 3:46.4           |
| 13                               | 38 Dan Wilson            | SO           | More Than 7                |                         | 31:29.7     | 6:18:26.8              | 4:19.1           |
| 14                               | 21 Zachary Foquerel-Skoe | FR           | More Than 7                |                         | 31:39.4     | 6:50:06.2              | 4:28.8           |
| 15                               | 25 Thomas Liking         | FR           | More Than 7                |                         | 31:41.0     | 7:21:47.2              | 4:30.4           |
| 16                               | 35 Michael Kraimer       | SO           | More Than 7                |                         | 31:42.7     | 7:53:29.9              | 4:32.1           |
| 17                               | 39 Tommy Froland         | SR           | More Than 7                |                         | 31:47.2     | 8:25:17.1              | 4:36.6           |
| 18                               | 23 Jack Gothberg         | FR           | More Than 7                |                         | 32:04.8     | 8:57:21.9              | 4:54.2           |
| 19                               | 20 Taylor Devine         | FR           | More Than 7                |                         | 32:54.1     | 9:30:16.0              | 5:43.5           |

**Team - North Dakota****Finish Position - 5**

Team Score (places): 138

Average Time: 28:03.5

|   |                     |    |    |     |         |           |        |
|---|---------------------|----|----|-----|---------|-----------|--------|
| 1 | 112 Luke Labatte    | FR | 2  | 2   | 26:16.6 | 26:16.6   | 0:00.0 |
| 2 | 114 Jacob Henne     | JR | 17 | 19  | 27:13.3 | 53:29.9   | 0:56.7 |
| 3 | 117 Zachary King    | SO | 27 | 46  | 27:53.5 | 1:21:23.4 | 1:36.9 |
| 4 | 113 Zachary Miller  | FR | 43 | 89  | 28:55.9 | 1:50:19.3 | 2:39.3 |
| 5 | 115 Connor McMannes | JR | 49 | 138 | 29:58.2 | 2:20:17.5 | 3:41.6 |

**Team - U of Manitoba****Finish Position - 6**

Team Score (places): 142

Average Time: 27:56.9

|    |                              |    |             |       |         |           |        |
|----|------------------------------|----|-------------|-------|---------|-----------|--------|
| 1  | 193 Simon Berube             |    | 16          | 16    | 27:12.3 | 27:12.3   | 0:00.0 |
| 2  | 196 Deric Kornelson          |    | 21          | 37    | 27:29.9 | 54:42.2   | 0:17.6 |
| 3  | 197 Michael Wood             |    | 32          | 69    | 28:09.6 | 1:22:51.8 | 0:57.3 |
| 4  | 186 Calvin Reimer            | FR | 35          | 104   | 28:22.2 | 1:51:14.0 | 1:09.9 |
| 5  | 195 Braedy Farmer            |    | 38          | 142   | 28:30.4 | 2:19:44.4 | 1:18.1 |
| 6  | 194 Quinn Desrochers         |    | (40)        | (182) | 28:51.6 | 2:48:36.0 | 1:39.3 |
| 7  | 188 Noah Wiens               | FR | (47)        | (229) | 29:34.0 | 3:18:10.0 | 2:21.7 |
| 8  | 187 Caleb Schultz            | FR | More Than 7 |       | 30:01.8 | 3:48:11.8 | 2:49.5 |
| 9  | 184 Josh Malenchak           | FR | More Than 7 |       | 30:12.8 | 4:18:24.6 | 3:00.5 |
| 10 | 192 Alexander Brandt-Ganding | SO | More Than 7 |       | 31:11.7 | 4:49:36.3 | 3:59.4 |
| 11 | 185 Dawson Mann              | FR | More Than 7 |       | 32:02.8 | 5:21:39.1 | 4:50.5 |
| 12 | 183 Scott Friesen            | FR | More Than 7 |       | 34:36.5 | 5:56:15.6 | 7:24.2 |

Final Team Results

October 19, 2019

## Men

## Men's 8K

| <u>Bib No</u>                       | <u>Name</u>            | <u>Grade</u> | <u>Overall Place</u>        | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|-------------------------------------|------------------------|--------------|-----------------------------|-------------------------|-------------|------------------------|------------------|
| <b>Team - Minot State</b>           |                        |              | <b>Finish Position - 7</b>  |                         |             |                        |                  |
| Team Score (places): 165            |                        |              | Average Time: 28:17.5       |                         |             |                        |                  |
| 1                                   | 98 Jacob Jensen        | FR           | 19                          | 19                      | 27:24.8     | 27:24.8                | 0:00.0           |
| 2                                   | 97 Landon Dunlap       | FR           | 30                          | 49                      | 28:02.7     | 55:27.5                | 0:37.9           |
| 3                                   | 101 Ryan Kohler        | SO           | 34                          | 83                      | 28:19.4     | 1:23:46.9              | 0:54.6           |
| 4                                   | 99 Tito Gonzalez       | JR           | 37                          | 120                     | 28:29.2     | 1:52:16.1              | 1:04.4           |
| 5                                   | 100 Nicholas Merillana | JR           | 45                          | 165                     | 29:11.1     | 2:21:27.2              | 1:46.3           |
| <b>Team - Minnesota-Morris</b>      |                        |              | <b>Finish Position - 8</b>  |                         |             |                        |                  |
| Team Score (places): 222            |                        |              | Average Time: 29:21.2       |                         |             |                        |                  |
| 1                                   | 84 Ryan Anderson       | SR           | 36                          | 36                      | 28:22.2     | 28:22.2                | 0:00.0           |
| 2                                   | 76 Joel Knopp          | FR           | 42                          | 78                      | 28:54.9     | 57:17.1                | 0:32.7           |
| 3                                   | 85 Benjamin Barnack    | SR           | 46                          | 124                     | 29:24.3     | 1:26:41.4              | 1:02.1           |
| 4                                   | 86 Edmund Cease        | SR           | 48                          | 172                     | 29:44.8     | 1:56:26.2              | 1:22.6           |
| 5                                   | 83 Raymond Abraham     | SR           | 50                          | 222                     | 30:19.8     | 2:26:46.0              | 1:57.6           |
| 6                                   | 79 Christian Thielke   | JR           | (51)                        | (273)                   | 30:23.9     | 2:57:09.9              | 2:01.7           |
| 7                                   | 81 Max Kivi            | SO           | (52)                        | (325)                   | 30:25.7     | 3:27:35.6              | 2:03.5           |
| 8                                   | 77 Rory Shackelford    | FR           | More Than 7                 |                         | 30:39.4     | 3:58:15.0              | 2:17.2           |
| 9                                   | 78 Henry Trajano       | FR           | More Than 7                 |                         | 31:14.1     | 4:29:29.1              | 2:51.9           |
| 10                                  | 80 Conner Fitzgerald   | SO           | More Than 7                 |                         | 31:14.9     | 5:00:44.0              | 2:52.7           |
| 11                                  | 82 Andrew Stanek       | SO           | More Than 7                 |                         | 31:37.2     | 5:32:21.2              | 3:15.0           |
| 12                                  | 75 Gabriel Brand       | FR           | More Than 7                 |                         | 33:54.3     | 6:06:15.5              | 5:32.1           |
| <b>Team - Minnesota-Crookston</b>   |                        |              | <b>Finish Position - 9</b>  |                         |             |                        |                  |
| Team Score (places): 285            |                        |              | Average Time: 34:31.7       |                         |             |                        |                  |
| 1                                   | 66 Yeonshik You        | JR           | 53                          | 53                      | 30:27.0     | 30:27.0                | 0:00.0           |
| 2                                   | 63 Peter Hendrickx     | JR           | 55                          | 108                     | 34:30.3     | 1:04:57.3              | 4:03.3           |
| 3                                   | 62 Paul Hendrickx      | JR           | 58                          | 166                     | 35:14.1     | 1:40:11.4              | 4:47.1           |
| 4                                   | 65 Manpreet Singh      | JR           | 59                          | 225                     | 35:36.4     | 2:15:47.8              | 5:09.4           |
| 5                                   | 64 Anthony Kampa       | JR           | 60                          | 285                     | 36:50.6     | 2:52:38.4              | 6:23.6           |
| <b>Team - Trinity Bible College</b> |                        |              | <b>Finish Position - 10</b> |                         |             |                        |                  |
| Team Score (places): 290            |                        |              | Average Time: 35:24.8       |                         |             |                        |                  |
| 1                                   | 176 Sam Jacob          | SR           | 54                          | 54                      | 32:27.3     | 32:27.3                | 0:00.0           |
| 2                                   | 175 Luke Jacob         | SO           | 56                          | 110                     | 34:41.0     | 1:07:08.3              | 2:13.7           |
| 3                                   | 177 Kaleb Renfro       | SR           | 57                          | 167                     | 34:43.1     | 1:41:51.4              | 2:15.8           |
| 4                                   | 178 Marcus Staley      | SR           | 61                          | 228                     | 37:16.2     | 2:19:07.6              | 4:48.9           |
| 5                                   | 172 Josiah Liebe       | JR           | 62                          | 290                     | 37:56.1     | 2:57:03.7              | 5:28.8           |
| 6                                   | 174 Zach Bigart        | SO           | (63)                        | (353)                   | 39:58.6     | 3:37:02.3              | 7:31.3           |
| 7                                   | 173 Isaiah McIntosh    | JR           | (64)                        | (417)                   | 44:55.4     | 4:21:57.7              | 12:28.1          |

Final Team Results

**Men**

**Men's 8K**

| <u>Bib No</u>               | <u>Name</u>            | <u>Grade</u> | <u>Overall Place</u>          | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|-----------------------------|------------------------|--------------|-------------------------------|-------------------------|-------------|------------------------|------------------|
| <b>Team - Dickinson St.</b> |                        |              | <b>Finish Position - Inc.</b> |                         |             |                        |                  |
| Team Score (places):Inc.    |                        |              | Average Time:                 |                         |             |                        |                  |
| 1                           | 44 Hunter Flynn        | JR           | Less Than 5                   |                         | 27:54.4     | 27:54.4                | 0:00.0           |
| 2                           | 43 Paul Chillo         | JR           | Less Than 5                   |                         | 29:38.3     | 57:32.7                | 1:43.9           |
| 3                           | 46 Tristan Hilgart     | SO           | Less Than 5                   |                         | 30:23.6     | 1:27:56.3              | 2:29.2           |
| 4                           | 47 Michael Larios      | SO           | Less Than 5                   |                         | 31:20.8     | 1:59:17.1              | 3:26.4           |
| <b>Team - Jamestown</b>     |                        |              | <b>Finish Position - Inc.</b> |                         |             |                        |                  |
| Team Score (places):Inc.    |                        |              | Average Time:                 |                         |             |                        |                  |
| 1                           | 53 Noah Mang           | SO           | Less Than 5                   |                         | 32:13.2     | 32:13.2                | 0:00.0           |
| 2                           | 52 Jacob Juelfs        | FR           | Less Than 5                   |                         | 39:31.0     | 1:11:44.2              | 7:17.8           |
| <b>Team - Unattached</b>    |                        |              | <b>Finish Position - Inc.</b> |                         |             |                        |                  |
| Team Score (places):Inc.    |                        |              | Average Time:                 |                         |             |                        |                  |
| 1                           | 907 Daniel Heschuk     |              | Do Not Score                  |                         | 25:55.8     | 25:55.8                | 0:00.0           |
| 2                           | 906 Camron Roehl       |              | Do Not Score                  |                         | 26:39.3     | 52:35.1                | 0:43.5           |
| 3                           | 908 Matthew Schneider  |              | Do Not Score                  |                         | 26:48.5     | 1:19:23.6              | 0:52.7           |
| 4                           | 909 Corry Mientkiewicz |              | Do Not Score                  |                         | 29:13.2     | 1:48:36.8              | 3:17.4           |
| 5                           | 567 Noah Schiller      |              | Do Not Score                  |                         | 30:10.1     | 2:18:46.9              | 4:14.3           |
| 6                           | 181 Johnathan Parat    |              | Do Not Score                  |                         | 32:16.9     | 2:51:03.8              | 6:21.1           |

Overall Finish List**Women****Women's 5K**

| <u>Place</u> | <u>Score</u> | <u>Bib No</u> | <u>Name</u>          | <u>Team</u>        | <u>Grade</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|----------------------|--------------------|--------------|-------------|-------------|
| 1            | 1            | 668           | Ida Narbuvoll        | U-Mary             | SR           | 16:40.8     |             |
| 2            | 2            | 122           | Kelby Anderson       | North Dakota State | JR           | 16:48.0     |             |
| 3            | DNS          | 891           | Annika Rotvold       | Unattached         |              | 17:40.6     |             |
| 4            | 3            | 111           | Hannah Oscarson      | North Dakota       | SR           | 17:47.2     |             |
| 5            | 4            | 108           | Madison Overby       | North Dakota       | JR           | 17:50.5     |             |
| 6            | DNS          | 897           | Rachel King          | Unattached         |              | 17:56.3     |             |
| 7            | 5            | 129           | Melina Kuerschner    | North Dakota State | SR           | 17:56.8     |             |
| 8            | 6            | 124           | Jen Dufner           | North Dakota State | JR           | 17:59.3     |             |
| 9            | 7            | 119           | Kaleesa Houston      | North Dakota State | FR           | 18:01.7     |             |
| 10           | 8            | 106           | Erica Eades          | North Dakota       | JR           | 18:05.5     |             |
| 11           | 9            | 127           | Mikayla Koenig       | North Dakota State | SO           | 18:08.2     |             |
| 12           | 10           | 123           | Brynnan Covington    | North Dakota State | JR           | 18:16.9     |             |
| 13           | 11           | 109           | Ellyssa Peterson     | North Dakota       | JR           | 18:20.0     |             |
| 14           | 12           | 128           | Alaysia Freetly      | North Dakota State | SR           | 18:20.9     |             |
| 15           | 13           | 88            | Ashley Franco        | Minot State        | FR           | 18:26.8     |             |
| 16           | 14           | 153           | Anna Fasen           | South Dakota St.   | SR           | 18:33.8     |             |
| 17           | 15           | 144           | Bridget Henne        | South Dakota St.   | FR           | 18:38.1     |             |
| 18           | (> 7)        | 121           | Erin Valgardson      | North Dakota State | FR           | 18:39.8     |             |
| 19           | 16           | 14            | Meritt Miller        | Concordia-Moorhead | SO           | 18:41.4     |             |
| 20           | 17           | 141           | Kayla Christophersen | South Dakota St.   | FR           | 18:45.6     |             |
| 21           | 18           | 89            | Whitney Hanson       | Minot State        | FR           | 18:46.1     |             |
| 22           | (> 7)        | 118           | Caitlin Covington    | North Dakota State | FR           | 18:49.0     |             |
| 23           | 19           | 17            | Kara Andersen        | Concordia-Moorhead | SR           | 18:51.6     |             |
| 24           | 20           | 18            | Miriah Forness       | Concordia-Moorhead | SR           | 18:53.0     |             |
| 25           | (> 7)        | 126           | Alliana Houfek       | North Dakota State | SO           | 18:54.2     |             |
| 26           | 21           | 68            | McKenna Langerud     | Minnesota-Morris   | FR           | 18:55.5     |             |
| 27           | (< 5)        | 180           | Shayna Giesbrecht    | U of Manitoba      |              | 19:04.1     |             |
| 28           | 22           | 96            | Lauren Reeves        | Minot State        | SO           | 19:09.1     |             |
| 29           | 23           | 93            | Abigail McGee        | Minot State        | JR           | 19:12.2     |             |
| 30           | 24           | 145           | Michaela Kelley      | South Dakota St.   | FR           | 19:21.5     |             |
| 31           | 25           | 102           | McKenzie Burian      | North Dakota       | FR           | 19:23.6     |             |
| 32           | 26           | 92            | Nina Arias           | Minot State        | JR           | 19:26.2     |             |
| 33           | (> 7)        | 120           | Alexis Roehl         | North Dakota State | FR           | 19:27.1     |             |
| 34           | 27           | 146           | Josephine Moor       | South Dakota St.   | FR           | 19:30.4     |             |
| 35           | 28           | 142           | Nicole Greyer        | South Dakota St.   | FR           | 19:34.5     |             |
| 36           | 29           | 107           | Kendra Franck        | North Dakota       | JR           | 19:38.5     |             |
| 37           | 30           | 10            | Isabel Fredrickson   | Concordia-Moorhead | SO           | 19:41.8     |             |
| 38           | 31           | 152           | Bailey Dergan        | South Dakota St.   | SO           | 19:44.4     |             |
| 39           | 32           | 87            | Andrea Franco        | Minot State        | FR           | 19:46.7     |             |
| 40           | 33           | 91            | Alicia Murillo       | Minot State        | FR           | 19:55.4     |             |
| 41           | 34           | 13            | Josie Herrmann       | Concordia-Moorhead | SO           | 19:55.5     |             |
| 42           | (> 7)        | 143           | Janean Hanka         | South Dakota St.   | FR           | 19:56.9     |             |
| 43           | 35           | 9             | Carly Fornshell      | Concordia-Moorhead | SO           | 19:59.7     |             |
| 44           | 36           | 74            | Alexa Yeager         | Minnesota-Morris   | JR           | 20:00.7     |             |
| 45           | 37           | 105           | Hannah Anderson      | North Dakota       | JR           | 20:02.8     |             |
| 46           | 38           | 16            | Emily Rugloski       | Concordia-Moorhead | SO           | 20:04.7     |             |
| 47           | 39           | 649           | Dana Bodary          | U-Mary             | SO           | 20:06.6     |             |
| 48           | (> 7)        | 4             | Amelia Landsverk     | Concordia-Moorhead | FR           | 20:16.0     |             |



Overall Finish List**Women****Women's 5K**

| <u>Place</u> | <u>Score</u> | <u>Bib No</u> | <u>Name</u>         | <u>Team</u>           | <u>Grade</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------|---------------------|-----------------------|--------------|-------------|-------------|
| 49           | (> 7)        | 103           | Greta McLagan       | North Dakota          | FR           | 20:19.7     |             |
| 50           | (> 7)        | 148           | Malorie Schmoll     | South Dakota St.      | FR           | 20:19.8     |             |
| 51           | (> 7)        | 90            | Kelci Lovercheck    | Minot State           | FR           | 20:23.4     |             |
| 52           | 40           | 199           | Shambre Feiring     | U-Mary                | FR           | 20:32.1     |             |
| 53           | 41           | 73            | Kaitlyn Ladwig      | Minnesota-Morris      | JR           | 20:32.6     |             |
| 54           | (> 7)        | 95            | Elizabeth Holzer    | Minot State           | SO           | 20:35.4     |             |
| 55           | 42           | 198           | Katie Corbett       | U-Mary                | FR           | 20:38.1     |             |
| 56           | (> 7)        | 6             | Kelly Lorenz        | Concordia-Moorhead    | FR           | 20:43.4     |             |
| 57           | (> 7)        | 147           | Josie Olsen         | South Dakota St.      | FR           | 20:50.6     |             |
| 58           | (< 5)        | 51            | Lindi Chadwick      | Jamestown             | SR           | 20:51.8     |             |
| 59           | (< 5)        | 171           | Chloe Jacob         | Trinity Bible College | SR           | 20:54.4     |             |
| 60           | 43           | 638           | Annika Voss         | U-Mary                | FR           | 20:59.8     |             |
| 61           | (> 7)        | 149           | Megan Sievers       | South Dakota St.      | FR           | 21:01.2     |             |
| 62           | (< 5)        | 182           | Sarah Millns        | U of Manitoba         |              | 21:06.3     |             |
| 63           | (> 7)        | 8             | Emily Hao           | Concordia-Moorhead    | JR           | 21:13.5     |             |
| 64           | (> 7)        | 110           | Ellie Morgan        | North Dakota          | SO           | 21:27.7     |             |
| 65           | (> 7)        | 15            | Kaitlyn Rooney      | Concordia-Moorhead    | SO           | 21:39.2     |             |
| 66           | (> 7)        | 150           | Abbey Stadler       | South Dakota St.      | FR           | 21:44.2     |             |
| 67           | (> 7)        | 104           | Abby Motschenbacher | North Dakota          | FR           | 21:46.5     |             |
| 68           | 44           | 703           | Michal Sequeira     | U-Mary                | SR           | 21:53.0     |             |
| 69           | (< 5)        | 49            | Kendra Murnion      | Jamestown             | FR           | 22:04.2     |             |
| 70           | (> 7)        | 3             | Grace Ivesdal       | Concordia-Moorhead    | FR           | 22:20.3     |             |
| 71           | (> 7)        | 11            | Rachel Friberg      | Concordia-Moorhead    | SO           | 22:44.2     |             |
| 72           | (> 7)        | 12            | Ingrid Harbo        | Concordia-Moorhead    | SO           | 22:47.4     |             |
| 73           | 45           | 70            | Taylor Prieve       | Minnesota-Morris      | FR           | 22:55.6     |             |
| 74           | 46           | 67            | Sarah Best          | Minnesota-Morris      | FR           | 23:00.3     |             |
| 75           | 47           | 56            | Caitlin Michaelis   | Minnesota-Crookston   | SR           | 23:18.4     |             |
| 76           | 48           | 55            | Jennifer Lax        | Minnesota-Crookston   | JR           | 23:23.6     |             |
| 77           | (< 5)        | 48            | Jaymee George       | Jamestown             | FR           | 23:24.3     |             |
| 78           | (> 7)        | 94            | Cambree Ferguson    | Minot State           | SO           | 23:46.4     |             |
| 79           | 49           | 61            | Ashley Watkins      | Minnesota-Crookston   | SR           | 23:54.8     |             |
| 80           | (> 7)        | 2             | Victoria Branden    | Concordia-Moorhead    | FR           | 23:55.3     |             |
| 81           | 50           | 69            | Amelia Lund         | Minnesota-Morris      | FR           | 23:56.8     |             |
| 82           | 51           | 59            | Kayla Stangeland    | Minnesota-Crookston   | SR           | 24:03.4     |             |
| 83           | 52           | 57            | Paige Pitlick       | Minnesota-Crookston   | SR           | 24:05.6     |             |
| 84           | 53           | 72            | Riley Wallace       | Minnesota-Morris      | FR           | 24:10.0     |             |
| 85           | (< 5)        | 50            | Eve Stegner         | Jamestown             | FR           | 24:28.8     |             |
| 86           | (> 7)        | 1             | Nicole Bastian      | Concordia-Moorhead    | FR           | 24:34.6     |             |
| 87           | (> 7)        | 71            | Madilyn St. Germain | Minnesota-Morris      | FR           | 24:49.8     |             |
| 88           | (< 5)        | 169           | Kersten Lucas       | Trinity Bible College | SO           | 25:25.1     |             |
| 89           | 54           | 54            | Roseline Kanssole   | Minnesota-Crookston   | JR           | 26:00.6     |             |
| 90           | (< 5)        | 170           | Arianna Bigart      | Trinity Bible College | SR           | 26:06.6     |             |
| 91           | 55           | 58            | Samantha Proctor    | Minnesota-Crookston   | SR           | 29:13.0     |             |

Final Team Results**Women****Women's 5K**

| <u>Bib No</u>                    | <u>Name</u>           | <u>Grade</u> | <u>Overall Place</u>       | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|----------------------------------|-----------------------|--------------|----------------------------|-------------------------|-------------|------------------------|------------------|
| <b>Team - North Dakota State</b> |                       |              | <b>Finish Position - 1</b> |                         |             |                        |                  |
| Team Score (places): 29          |                       |              | Average Time: 17:46.8      |                         |             |                        |                  |
| 1                                | 122 Kelby Anderson    | JR           | 2                          | 2                       | 16:48.0     | 16:48.0                | 0:00.0           |
| 2                                | 129 Melina Kuerschner | SR           | 5                          | 7                       | 17:56.8     | 34:44.8                | 1:08.8           |
| 3                                | 124 Jen Dufner        | JR           | 6                          | 13                      | 17:59.3     | 52:44.1                | 1:11.3           |
| 4                                | 119 Kaleesa Houston   | FR           | 7                          | 20                      | 18:01.7     | 1:10:45.8              | 1:13.7           |
| 5                                | 127 Mikayla Koenig    | SO           | 9                          | 29                      | 18:08.2     | 1:28:54.0              | 1:20.2           |
| 6                                | 123 Brynna Covington  | JR           | (10)                       | (39)                    | 18:16.9     | 1:47:10.9              | 1:28.9           |
| 7                                | 128 Alaysia Freetly   | SR           | (12)                       | (51)                    | 18:20.9     | 2:05:31.8              | 1:32.9           |
| 8                                | 121 Erin Valgardson   | FR           | More Than 7                |                         | 18:39.8     | 2:24:11.6              | 1:51.8           |
| 9                                | 118 Caitlin Covington | FR           | More Than 7                |                         | 18:49.0     | 2:43:00.6              | 2:01.0           |
| 10                               | 126 Alliana Houfek    | SO           | More Than 7                |                         | 18:54.2     | 3:01:54.8              | 2:06.2           |
| 11                               | 120 Alexis Roehl      | FR           | More Than 7                |                         | 19:27.1     | 3:21:21.9              | 2:39.1           |

**Team - North Dakota****Finish Position - 2**

Team Score (places): 51

Average Time: 18:17.4

|    |                         |    |             |       |         |           |        |
|----|-------------------------|----|-------------|-------|---------|-----------|--------|
| 1  | 111 Hannah Oscarson     | SR | 3           | 3     | 17:47.2 | 17:47.2   | 0:00.0 |
| 2  | 108 Madison Overby      | JR | 4           | 7     | 17:50.5 | 35:37.7   | 0:03.3 |
| 3  | 106 Erica Eades         | JR | 8           | 15    | 18:05.5 | 53:43.2   | 0:18.3 |
| 4  | 109 Ellyssa Peterson    | JR | 11          | 26    | 18:20.0 | 1:12:03.2 | 0:32.8 |
| 5  | 102 McKenzie Burian     | FR | 25          | 51    | 19:23.6 | 1:31:26.8 | 1:36.4 |
| 6  | 107 Kendra Franck       | JR | (29)        | (80)  | 19:38.5 | 1:51:05.3 | 1:51.3 |
| 7  | 105 Hannah Anderson     | JR | (37)        | (117) | 20:02.8 | 2:11:08.1 | 2:15.6 |
| 8  | 103 Greta McLagan       | FR | More Than 7 |       | 20:19.7 | 2:31:27.8 | 2:32.5 |
| 9  | 110 Ellie Morgan        | SO | More Than 7 |       | 21:27.7 | 2:52:55.5 | 3:40.5 |
| 10 | 104 Abby Motschenbacher | FR | More Than 7 |       | 21:46.5 | 3:14:42.0 | 3:59.3 |

**Team - South Dakota St.****Finish Position - 3**

Team Score (places): 97

Average Time: 18:57.9

|    |                          |    |             |       |         |           |        |
|----|--------------------------|----|-------------|-------|---------|-----------|--------|
| 1  | 153 Anna Fasen           | SR | 14          | 14    | 18:33.8 | 18:33.8   | 0:00.0 |
| 2  | 144 Bridget Henne        | FR | 15          | 29    | 18:38.1 | 37:11.9   | 0:04.3 |
| 3  | 141 Kayla Christophersen | FR | 17          | 46    | 18:45.6 | 55:57.5   | 0:11.8 |
| 4  | 145 Michaela Kelley      | FR | 24          | 70    | 19:21.5 | 1:15:19.0 | 0:47.7 |
| 5  | 146 Josephine Moor       | FR | 27          | 97    | 19:30.4 | 1:34:49.4 | 0:56.6 |
| 6  | 142 Nicole Greyer        | FR | (28)        | (125) | 19:34.5 | 1:54:23.9 | 1:00.7 |
| 7  | 152 Bailey Dergan        | SO | (31)        | (156) | 19:44.4 | 2:14:08.3 | 1:10.6 |
| 8  | 143 Janean Hanka         | FR | More Than 7 |       | 19:56.9 | 2:34:05.2 | 1:23.1 |
| 9  | 148 Malorie Schmoll      | FR | More Than 7 |       | 20:19.8 | 2:54:25.0 | 1:46.0 |
| 10 | 147 Josie Olsen          | FR | More Than 7 |       | 20:50.6 | 3:15:15.6 | 2:16.8 |
| 11 | 149 Megan Sievers        | FR | More Than 7 |       | 21:01.2 | 3:36:16.8 | 2:27.4 |
| 12 | 150 Abbey Stadler        | FR | More Than 7 |       | 21:44.2 | 3:58:01.0 | 3:10.4 |

Final Team Results

October 19, 2019

**Women****Women's 5K**

| <u>Bib No</u>             | <u>Name</u>         | <u>Grade</u> | <u>Overall Place</u> | <u>Cumulative Place</u>    | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|---------------------------|---------------------|--------------|----------------------|----------------------------|-------------|------------------------|------------------|
| <b>Team - Minot State</b> |                     |              |                      | <b>Finish Position - 4</b> |             |                        |                  |
| Team Score (places): 102  |                     |              |                      | Average Time: 19:00.1      |             |                        |                  |
| 1                         | 88 Ashley Franco    | FR           | 13                   | 13                         | 18:26.8     | 18:26.8                | 0:00.0           |
| 2                         | 89 Whitney Hanson   | FR           | 18                   | 31                         | 18:46.1     | 37:12.9                | 0:19.3           |
| 3                         | 96 Lauren Reeves    | SO           | 22                   | 53                         | 19:09.1     | 56:22.0                | 0:42.3           |
| 4                         | 93 Abigail McGee    | JR           | 23                   | 76                         | 19:12.2     | 1:15:34.2              | 0:45.4           |
| 5                         | 92 Nina Arias       | JR           | 26                   | 102                        | 19:26.2     | 1:35:00.4              | 0:59.4           |
| 6                         | 87 Andrea Franco    | FR           | (32)                 | (134)                      | 19:46.7     | 1:54:47.1              | 1:19.9           |
| 7                         | 91 Alicia Murillo   | FR           | (33)                 | (167)                      | 19:55.4     | 2:14:42.5              | 1:28.6           |
| 8                         | 90 Kelci Lovercheck | FR           | More Than 7          |                            | 20:23.4     | 2:35:05.9              | 1:56.6           |
| 9                         | 95 Elizabeth Holzer | SO           | More Than 7          |                            | 20:35.4     | 2:55:41.3              | 2:08.6           |
| 10                        | 94 Cambree Ferguson | SO           | More Than 7          |                            | 23:46.4     | 3:19:27.7              | 5:19.6           |

**Team - Concordia-Moorhead****Finish Position - 5**

Team Score (places): 119

Average Time: 19:12.7

|    |                       |    |             |       |         |           |        |
|----|-----------------------|----|-------------|-------|---------|-----------|--------|
| 1  | 14 Meritt Miller      | SO | 16          | 16    | 18:41.4 | 18:41.4   | 0:00.0 |
| 2  | 17 Kara Andersen      | SR | 19          | 35    | 18:51.6 | 37:33.0   | 0:10.2 |
| 3  | 18 Miriah Forness     | SR | 20          | 55    | 18:53.0 | 56:26.0   | 0:11.6 |
| 4  | 10 Isabel Fredrickson | SO | 30          | 85    | 19:41.8 | 1:16:07.8 | 1:00.4 |
| 5  | 13 Josie Herrmann     | SO | 34          | 119   | 19:55.5 | 1:36:03.3 | 1:14.1 |
| 6  | 9 Carly Fornshell     | SO | (35)        | (154) | 19:59.7 | 1:56:03.0 | 1:18.3 |
| 7  | 16 Emily Rugloski     | SO | (38)        | (192) | 20:04.7 | 2:16:07.7 | 1:23.3 |
| 8  | 4 Amelia Landsverk    | FR | More Than 7 |       | 20:16.0 | 2:36:23.7 | 1:34.6 |
| 9  | 6 Kelly Lorenz        | FR | More Than 7 |       | 20:43.4 | 2:57:07.1 | 2:02.0 |
| 10 | 8 Emily Hao           | JR | More Than 7 |       | 21:13.5 | 3:18:20.6 | 2:32.1 |
| 11 | 15 Kaitlyn Rooney     | SO | More Than 7 |       | 21:39.2 | 3:39:59.8 | 2:57.8 |
| 12 | 3 Grace Ivesdal       | FR | More Than 7 |       | 22:20.3 | 4:02:20.1 | 3:38.9 |
| 13 | 11 Rachel Friberg     | SO | More Than 7 |       | 22:44.2 | 4:25:04.3 | 4:02.8 |
| 14 | 12 Ingrid Harbo       | SO | More Than 7 |       | 22:47.4 | 4:47:51.7 | 4:06.0 |
| 15 | 2 Victoria Branden    | FR | More Than 7 |       | 23:55.3 | 5:11:47.0 | 5:13.9 |
| 16 | 1 Nicole Bastian      | FR | More Than 7 |       | 24:34.6 | 5:36:21.6 | 5:53.2 |

**Team - U-Mary****Finish Position - 6**

Team Score (places): 165

Average Time: 19:47.5

|   |                     |    |      |       |         |           |        |
|---|---------------------|----|------|-------|---------|-----------|--------|
| 1 | 668 Ida Narbuvoll   | SR | 1    | 1     | 16:40.8 | 16:40.8   | 0:00.0 |
| 2 | 649 Dana Bodary     | SO | 39   | 40    | 20:06.6 | 36:47.4   | 3:25.8 |
| 3 | 199 Shambre Feiring | FR | 40   | 80    | 20:32.1 | 57:19.5   | 3:51.3 |
| 4 | 198 Katie Corbett   | FR | 42   | 122   | 20:38.1 | 1:17:57.6 | 3:57.3 |
| 5 | 638 Annika Voss     | FR | 43   | 165   | 20:59.8 | 1:38:57.4 | 4:19.0 |
| 6 | 703 Michal Sequeira | SR | (44) | (209) | 21:53.0 | 2:00:50.4 | 5:12.2 |

Final Team Results**Women****Women's 5K**

| <u>Bib No</u>                  | <u>Name</u>            | <u>Grade</u> | <u>Overall Place</u>       | <u>Cumulative Place</u> | <u>Time</u> | <u>Cumulative Time</u> | <u>Time Back</u> |
|--------------------------------|------------------------|--------------|----------------------------|-------------------------|-------------|------------------------|------------------|
| <b>Team - Minnesota-Morris</b> |                        |              | <b>Finish Position - 7</b> |                         |             |                        |                  |
| Team Score (places): 189       |                        |              | Average Time: 21:05.0      |                         |             |                        |                  |
| 1                              | 68 McKenna Langerud    | FR           | 21                         | 21                      | 18:55.5     | 18:55.5                | 0:00.0           |
| 2                              | 74 Alexa Yeager        | JR           | 36                         | 57                      | 20:00.7     | 38:56.2                | 1:05.2           |
| 3                              | 73 Kaitlyn Ladwig      | JR           | 41                         | 98                      | 20:32.6     | 59:28.8                | 1:37.1           |
| 4                              | 70 Taylor Prieve       | FR           | 45                         | 143                     | 22:55.6     | 1:22:24.4              | 4:00.1           |
| 5                              | 67 Sarah Best          | FR           | 46                         | 189                     | 23:00.3     | 1:45:24.7              | 4:04.8           |
| 6                              | 69 Amelia Lund         | FR           | (50)                       | (239)                   | 23:56.8     | 2:09:21.5              | 5:01.3           |
| 7                              | 72 Riley Wallace       | FR           | (53)                       | (292)                   | 24:10.0     | 2:33:31.5              | 5:14.5           |
| 8                              | 71 Madilyn St. Germain | FR           | More Than 7                |                         | 24:49.8     | 2:58:21.3              | 5:54.3           |

|                                   |                      |    |                            |       |         |           |        |
|-----------------------------------|----------------------|----|----------------------------|-------|---------|-----------|--------|
| <b>Team - Minnesota-Crookston</b> |                      |    | <b>Finish Position - 8</b> |       |         |           |        |
| Team Score (places): 247          |                      |    | Average Time: 23:45.2      |       |         |           |        |
| 1                                 | 56 Caitlin Michaelis | SR | 47                         | 47    | 23:18.4 | 23:18.4   | 0:00.0 |
| 2                                 | 55 Jennifer Lax      | JR | 48                         | 95    | 23:23.6 | 46:42.0   | 0:05.2 |
| 3                                 | 61 Ashley Watkins    | SR | 49                         | 144   | 23:54.8 | 1:10:36.8 | 0:36.4 |
| 4                                 | 59 Kayla Stangeland  | SR | 51                         | 195   | 24:03.4 | 1:34:40.2 | 0:45.0 |
| 5                                 | 57 Paige Pitlick     | SR | 52                         | 247   | 24:05.6 | 1:58:45.8 | 0:47.2 |
| 6                                 | 54 Roseline Kanssole | JR | (54)                       | (301) | 26:00.6 | 2:24:46.4 | 2:42.2 |
| 7                                 | 58 Samantha Proctor  | SR | (55)                       | (356) | 29:13.0 | 2:53:59.4 | 5:54.6 |

|                          |                   |    |                               |  |         |           |        |
|--------------------------|-------------------|----|-------------------------------|--|---------|-----------|--------|
| <b>Team - Jamestown</b>  |                   |    | <b>Finish Position - Inc.</b> |  |         |           |        |
| Team Score (places):Inc. |                   |    | Average Time:                 |  |         |           |        |
| 1                        | 51 Lindi Chadwick | SR | Less Than 5                   |  | 20:51.8 | 20:51.8   | 0:00.0 |
| 2                        | 49 Kendra Murnion | FR | Less Than 5                   |  | 22:04.2 | 42:56.0   | 1:12.4 |
| 3                        | 48 Jaymee George  | FR | Less Than 5                   |  | 23:24.3 | 1:06:20.3 | 2:32.5 |
| 4                        | 50 Eve Stegner    | FR | Less Than 5                   |  | 24:28.8 | 1:30:49.1 | 3:37.0 |

|                                     |                    |    |                               |  |         |           |        |
|-------------------------------------|--------------------|----|-------------------------------|--|---------|-----------|--------|
| <b>Team - Trinity Bible College</b> |                    |    | <b>Finish Position - Inc.</b> |  |         |           |        |
| Team Score (places):Inc.            |                    |    | Average Time:                 |  |         |           |        |
| 1                                   | 171 Chloe Jacob    | SR | Less Than 5                   |  | 20:54.4 | 20:54.4   | 0:00.0 |
| 2                                   | 169 Kersten Lucas  | SO | Less Than 5                   |  | 25:25.1 | 46:19.5   | 4:30.7 |
| 3                                   | 170 Arianna Bigart | SR | Less Than 5                   |  | 26:06.6 | 1:12:26.1 | 5:12.2 |

|                             |                       |  |                               |  |         |         |        |
|-----------------------------|-----------------------|--|-------------------------------|--|---------|---------|--------|
| <b>Team - U of Manitoba</b> |                       |  | <b>Finish Position - Inc.</b> |  |         |         |        |
| Team Score (places):Inc.    |                       |  | Average Time:                 |  |         |         |        |
| 1                           | 180 Shayna Giesbrecht |  | Less Than 5                   |  | 19:04.1 | 19:04.1 | 0:00.0 |
| 2                           | 182 Sarah Millns      |  | Less Than 5                   |  | 21:06.3 | 40:10.4 | 2:02.2 |

|                          |  |  |                               |  |  |  |  |
|--------------------------|--|--|-------------------------------|--|--|--|--|
| <b>Team - Unattached</b> |  |  | <b>Finish Position - Inc.</b> |  |  |  |  |
| Team Score (places):Inc. |  |  | Average Time:                 |  |  |  |  |

Final Team Results

**Women**

**Women's 5K**

| <u>Bib No</u>            | <u>Name</u> | <u>Grade</u>   | <u>Overall Place</u>          | <u>Cumulative Place</u> | <u>Time</u>   | <u>Cumulative Time</u> | <u>Time Back</u> |
|--------------------------|-------------|----------------|-------------------------------|-------------------------|---------------|------------------------|------------------|
| <b>Team - Unattached</b> |             |                | <b>Finish Position - Inc.</b> |                         |               |                        |                  |
| Team Score (places):Inc. |             |                |                               |                         | Average Time: |                        |                  |
| 1                        | 891         | Annika Rotvold | Do Not Score                  |                         | 17:40.6       | 17:40.6                | 0:00.0           |
| 2                        | 897         | Rachel King    | Do Not Score                  |                         | 17:56.3       | 35:36.9                | 0:15.7           |