

2018 BILL SALTER WESTERN INTERNATIONAL-44th Annual

Sat. Sept 22 at Thames Valley GC, London

2018-09-22

2018-09-22 - 2018-09-22

33rd year at Thames Valley GC

Event # 2 MENS 8K Run

START @ 10:50am

Conditions: overcast breezy 12°C

MEET RECORD:Kevin Wilkie Queen's Gaels 24:35.00 26-Sep2015

! COURSE RECORD:Kevin Wilkie Queen's Gaels 24:35.00 26-Sep2015

\$ POINTS RECORD:Eastern Mich Eagles 25 pts [1-4-5-7-8] 22-Sep2007

% TEAM TIME RECORD:WesternMustangs 2:06:23 [sum of 5] avg 25:17 for 5 WI 2016

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	GUELPH GRYPHONS	34	1-4-8-9-12	14-20	2:02:43	3:04	24:32	30
2	MCMASTER MARAUDERS	50	2-7-10-15-16	29-30	2:03:25	3:05	24:41	34
3	QUEEN'S GAELS	80	3-11-19-21-26	35-52	2:04:20	3:06	24:52	52
4	WESTERN MUSTANGS	118	5-6-28-38-41	46-48	2:05:41	3:08	25:08	1:04
5	TORONTO VARSITYBLUES	140	13-22-31-34-40	49-58	2:06:15	3:09	25:15	50
6	EASTERN MICH. EAGLES	141	18-23-25-33-42	45-50	2:06:21	3:09	25:16	46
7	WINDSOR LANCERS	179	17-32-39-44-47	57-63	2:07:35	3:11	25:31	56
8	LAURENTIAN VOYAGEURS	223	24-36-43-53-67	79	2:09:50	3:14	25:58	2:12
9	LAURIER GOLDEN HAWKS	252	27-37-51-68-69	70-94	2:11:42	3:17	26:20	2:15
10	BROCK BADGERS	353	56-59-75-81-82	85-96	2:16:50	3:25	27:22	1:45
11	NIPISSING LAKERS	358	64-65-66-74-89		2:17:18	3:25	27:27	1:32
12	WATERLOO WARRIORS	361	54-71-72-73-91		2:17:57	3:26	27:35	2:40
13	FANSHAWE FALCONS	408	55-76-78-97-102	104	2:22:52	3:34	28:34	5:17
14	HUMBER HAWKS	410	60-77-80-95-98	101	2:21:23	3:32	28:16	3:03
15	SHERIDAN BRUINS	415	62-86-87-88-92	93-100	2:20:18	3:30	28:03	2:09
16	OLIVET COMETS [MICH]	417	61-83-84-90-99	103-105	2:21:46	3:32	28:21	3:14
	RYERSON RAMS		96-146-165-175					
	ST. LAWRENCE COLLEGE		73					
	YORK LIONS		77-150					
	Z DUNDAS VALLEY TC		64					
	Z LONDON-WESTERN TFC		97-115					
	Z RED CEDAR RC		20-80					
	Z RYERSON ALUM		159					
	Z UNATTACHED		6					
	Z UNIV. WINDSOR AC		2					
	Z UTTC		120-142					
	Z WESTERN ALUM		24					
	Z WESTERN ESPOIR		101					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	48	Mark Patton		E4	GUELPH GRYPHONS	1	3:01	24:15 #!
2		326	Nick Falk			Z UNIV. WINDSOR AC	1	3:02	24:16 #!
3	2	132	Josh McGillivray		E3	MCMASTER MARAUDERS	1	3:02	24:20 #!
4	3	188	Mitchell Delange		E2	QUEEN'S GAELS	1	3:02	24:21 #!
5	4	41	Connor Black		E5	GUELPH GRYPHONS	2	3:02	24:22 #!

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6		324	Melika Ghali		Z UNATTACHED	1	3:03	24:25 #!
7	5	280	Jack Sheffar	E5	WESTERN MUSTANGS	1	3:04	24:34 #!
8	6	275	Isaiah Frielink	E2	WESTERN MUSTANGS	2	3:04	24:38
9	7	135	Sergio Raez Villanueva	E3	MCMASTER MARAUDERS	2	3:04	24:39
10	8	52	Andrew Shepherd	E3	GUELPH GRYPHONS	3	3:05	24:40
11	9	55	Mitchell Ubene	E3	GUELPH GRYPHONS	4	3:05	24:41
12	10	127	Alex Drover	E2	MCMASTER MARAUDERS	3	3:05	24:41
13	11	186	Brett Crowley	E2	QUEEN'S GAELS	2	3:05	24:42
14	12	43	Mostafa Elkurdy	E5	GUELPH GRYPHONS	5	3:05	24:45
15	13	240	Robert Lawand	E4	TORONTO VARSITYBLUES	1	3:05	24:47
16	14	56	Benjamin Workman	E4	GUELPH GRYPHONS	6	3:06	24:50
17	15	124	Dylan Alick	E3	MCMASTER MARAUDERS	4	3:06	24:51
18	16	129	Christian MacGillivray	E4	MCMASTER MARAUDERS	5	3:06	24:54
19	17	302	Andrew Nebel	E5	WINDSOR LANCERS	1	3:07	24:57
20		321	Andrew Benkovsky		Z RED CEDAR RC	1	3:07	24:58
21	18	28	Austin Wicker	JR	EASTERN MICH. EAGLES	1	3:07	24:58
22	19	189	Matt Flood	E2	QUEEN'S GAELS	3	3:07	25:00
23	20	47	Logan Martineau	E2	GUELPH GRYPHONS	7	3:07	25:02
24		327	Phil Parrot-Migas		Z WESTERN ALUM	1	3:07	25:02
25		46	Joshua Kellier	E3	GUELPH GRYPHONS	8	3:07	25:03
26	21	187	Nathan Dehghan	E2	QUEEN'S GAELS	4	3:08	25:04
27	22	237	Sam Kinahan	E4	TORONTO VARSITYBLUES	2	3:08	25:04
28	23	26	Kalani Sheridan	FR	EASTERN MICH. EAGLES	2	3:08	25:05
29		51	Alec Purnell	R	GUELPH GRYPHONS	9	3:08	25:07
30	24	86	Paul Sagriff	E2	LAURENTIAN VOYAGEURS	1	3:08	25:09
31	25	25	Noah Perrin	FR	EASTERN MICH. EAGLES	3	3:08	25:10
32	26	191	Mitchell Kirby	E2	QUEEN'S GAELS	5	3:09	25:13
33	27	116	Joe Sheridan	E4	LAURIER GOLDEN HAWKS	1	3:09	25:15
34	28	269	Ben Carson	E5	WESTERN MUSTANGS	3	3:09	25:16
35		45	Gavin Hughes	E2	GUELPH GRYPHONS	10	3:09	25:17
36		54	Noah Tinevez	E2	GUELPH GRYPHONS	11	3:09	25:18
37	29	140	Evan Ubene	E3	MCMASTER MARAUDERS	6	3:09	25:19
38	30	139	Ryan Tyrrell	E3	MCMASTER MARAUDERS	7	3:10	25:21
39	31	234	Ben DeVito	E4	TORONTO VARSITYBLUES	3	3:10	25:22
40	32	299	Joshua Martin	E3	WINDSOR LANCERS	2	3:10	25:23
41	33	29	Eddie Zuercher	FR	EASTERN MICH. EAGLES	4	3:10	25:24
42	34	238	Craig Klomp	E4	TORONTO VARSITYBLUES	4	3:10	25:25
43		39	Nicholas Bannon	R	GUELPH GRYPHONS	12	3:10	25:27
44		42	Jack Cooper	E2	GUELPH GRYPHONS	13	3:10	25:27
45	35	190	Rob Kanko	E4	QUEEN'S GAELS	6	3:11	25:30
46	36	85	Liam Passi	E4	LAURENTIAN VOYAGEURS	2	3:11	25:32
47	37	108	Dan Hilbers	E2	LAURIER GOLDEN HAWKS	2	3:11	25:35
48	38	272	Gregory Danayan	E2	WESTERN MUSTANGS	4	3:11	25:35
49	39	306	Brendan Simone	E2	WINDSOR LANCERS	3	3:12	25:36
50	40	235	Zach Frangos	E2	TORONTO VARSITYBLUES	5	3:12	25:37
51		133	Matt Napier	E5	MCMASTER MARAUDERS	8	3:12	25:37
52	41	270	Adam Clayton	E4	WESTERN MUSTANGS	5	3:12	25:38
53		126	Patrick Deane	E5	MCMASTER MARAUDERS	9	3:12	25:39
54	42	24	Andy Payne	FR	EASTERN MICH. EAGLES	5	3:13	25:44
55	43	81	Eric Gareau	R	LAURENTIAN VOYAGEURS	3	3:13	25:45
56	44	298	Mitch Heyink	E3	WINDSOR LANCERS	4	3:13	25:46
57		134	Sam Nusselder	E1	MCMASTER MARAUDERS	10	3:13	25:47

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58	45	20	Hayelom Fitsum	SO	EASTERN MICH. EAGLES	6	3:13	25:49
59		44	Brady Graves	E3	GUELPH GRYPHONS	14	3:13	25:50
60	46	281	Keithan Sivapragasam	R	WESTERN MUSTANGS	6	3:13	25:51
61	47	294	Mitch Cauchi	E3	WINDSOR LANCERS	5	3:14	25:53
62	48	279	Matt Sheeler	E4	WESTERN MUSTANGS	7	3:14	25:53
63	49	242	Mitchell Miron	E2	TORONTO VARSITYBLUES	6	3:14	25:53
64		312	Daniel Fournier		Z DUNDAS VALLEY TC	1	3:14	25:57
65	50	17	Solomon Costa	SO	EASTERN MICH. EAGLES	7	3:14	25:58
66		50	David Poloni	E2	GUELPH GRYPHONS	15	3:14	25:58
67	51	107	Joey Hardy	E1	LAURIER GOLDEN HAWKS	3	3:14	25:59
68	52	192	Joey Stel	E5	QUEEN'S GAELS	7	3:15	26:01
69	53	79	Caleb Beland	E3	LAURENTIAN VOYAGEURS	4	3:15	26:03
70		282	Carter Wood	E4	WESTERN MUSTANGS	8	3:15	26:03
71		49	John Perrier	R	GUELPH GRYPHONS	16	3:15	26:03
72		277	Erik Ohrling	R	WESTERN MUSTANGS	9	3:15	26:06
73		319	Andrew Brown		ST. LAWRENCE COLLEGE	1	3:15	26:07
74	54	255	Christopher Hoftzyer	R	WATERLOO WARRIORS	1	3:16	26:09
75		267	Dilan Brar	E3	WESTERN MUSTANGS	10	3:16	26:12
76		23	Phoenix Myers	SO	EASTERN MICH. EAGLES	8	3:17	26:17
77		309	Ali Ghadghoni	E3	YORK LIONS	1	3:17	26:19
78	55	339	Luke Groulx		FANSHAWE FALCONS	1	3:17	26:19
79		40	Cameron Bates	R	GUELPH GRYPHONS	17	3:17	26:20
80		320	Bruce Baker		Z RED CEDAR RC	2	3:17	26:21
81	56	8	Jeremy Mol	E3	BROCK BADGERS	1	3:17	26:22
82	57	305	Jonathan Rioux	R	WINDSOR LANCERS	6	3:17	26:22
83		138	Justyn Tyrrell	E3	MCMASTER MARAUDERS	11	3:17	26:23
84	58	231	Jake Carroll	E2	TORONTO VARSITYBLUES	7	3:18	26:26
85		21	Joe Ingram	FR	EASTERN MICH. EAGLES	9	3:18	26:30
86	59	11	Lucas Salazer-Reid	E4	BROCK BADGERS	2	3:19	26:33
87		141	Gant Warburton	E1	MCMASTER MARAUDERS	12	3:19	26:34
88		142	Ryan Were	E2	MCMASTER MARAUDERS	13	3:19	26:39
89		131	Matt McArthur	E3	MCMASTER MARAUDERS	14	3:20	26:40
90	60	61	Cole Czuchnicki		HUMBER HAWKS	1	3:20	26:40
91		27	Craig Thompson	FR	EASTERN MICH. EAGLES	10	3:20	26:41
92		276	Ethan Louks	R	WESTERN MUSTANGS	11	3:20	26:42
93	61	171	Kyle Markley	SO	OLIVET COMETS [MICH]	1	3:20	26:43
94		268	Chris Brisimitzis	R	WESTERN MUSTANGS	12	3:20	26:44
95		53	Will Stewart	R	GUELPH GRYPHONS	18	3:20	26:44
96		201	Michael Konstantopoulos	E4	RYERSON RAMS	1	3:20	26:45
97		315	Chris Caddey		Z LONDON-WESTERN TFC	1	3:20	26:45
98	62	214	Cole Bond		SHERIDAN BRUINS	1	3:20	26:47
99		143	Jacob Yeomans	E1	MCMASTER MARAUDERS	15	3:20	26:47
100	63	301	Ryan Mutuchky	R	WINDSOR LANCERS	7	3:21	26:48
101		331	Rajan Brar		Z WESTERN ESPOIR	1	3:21	26:50
102	64	152	Jordan Cascagnette	E5	NIPISSING LAKERS	1	3:21	26:52
103		297	Cole Hannam	E2	WINDSOR LANCERS	8	3:21	26:52
104		125	Aaron De Jong	E3	MCMASTER MARAUDERS	16	3:21	26:54
105		271	Sam Cumming	R	WESTERN MUSTANGS	13	3:21	26:55
106		16	Ian Cooke	SO	EASTERN MICH. EAGLES	11	3:22	26:57
107	65	155	Teagan Retty	E4	NIPISSING LAKERS	2	3:23	27:04
108		246	Jack Stanley	E2	TORONTO VARSITYBLUES	8	3:24	27:12
109	66	156	Thomas Steele	R	NIPISSING LAKERS	3	3:24	27:16

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110		128	Matt Fong	R	MCMASTER MARAUDERS	17	3:24	27:18
111	67	80	Alexandre Fishbein-Ouimette	R	LAURENTIAN VOYAGEURS	5	3:25	27:21
112		307	Zach Staffell	E2	WINDSOR LANCERS	9	3:25	27:22
113	68	114	Brendan Masters	E3	LAURIER GOLDEN HAWKS	4	3:25	27:23
114		130	David Marchant	R	MCMASTER MARAUDERS	18	3:26	27:28
115		316	Scott Harvey		Z LONDON-WESTERN TFC	2	3:26	27:28
116	69	115	Zack Savlov	E2	LAURIER GOLDEN HAWKS	5	3:26	27:30
117	70	111	Rahil Kachalia	R	LAURIER GOLDEN HAWKS	6	3:27	27:37
118	71	256	Caleb Ryan	E3	WATERLOO WARRIORS	2	3:27	27:39
119	72	253	Matthew Cheung	R	WATERLOO WARRIORS	3	3:27	27:39
120		243	Paul Nunez		Z UTTC	1	3:27	27:41
121	73	252	Zach Bortoff	E2	WATERLOO WARRIORS	4	3:27	27:41
122	74	153	Travis Mann	E4	NIPISSING LAKERS	4	3:27	27:42
123		293	Ryan Banks	E4	WINDSOR LANCERS	10	3:27	27:42
124		273	Justin De Jong	R	WESTERN MUSTANGS	14	3:28	27:45
125	75	7	Umberto Lopardo	E2	BROCK BADGERS	3	3:28	27:45
126	76	341	John Berthelot		FANSHAWE FALCONS	2	3:28	27:46
127		295	Tadzik Czubernat	E2	WINDSOR LANCERS	11	3:28	27:47
128		300	Brendan McCarthy	E3	WINDSOR LANCERS	12	3:28	27:48
129		274	Jan Fielder	R	WESTERN MUSTANGS	15	3:28	27:50
130	77	66	Aaron Veenstra		HUMBER HAWKS	2	3:28	27:51
131	78	340	Justin Verburg		FANSHAWE FALCONS	3	3:29	27:53
132	79	83	Jarod Milford	E3	LAURENTIAN VOYAGEURS	6	3:29	27:59
133	80	67	Peter Wilson		HUMBER HAWKS	3	3:30	28:01
134	81	13	Jacques Tiessen	R	BROCK BADGERS	4	3:30	28:03
135	82	5	Joseph Dick	R	BROCK BADGERS	5	3:30	28:07
136	83	172	Kyle McDowell	FR	OLIVET COMETS [MICH]	2	3:31	28:09
137	84	169	Ernesto Gutierrez	SO	OLIVET COMETS [MICH]	3	3:31	28:09
138	85	10	Luke Patrick	R	BROCK BADGERS	6	3:31	28:10
139	86	222	Cameron Ross		SHERIDAN BRUINS	2	3:31	28:10
140	87	220	Matthew Reeves		SHERIDAN BRUINS	3	3:31	28:12
141	88	219	Quinn Middleton		SHERIDAN BRUINS	4	3:31	28:13
142		241	Landon Leone		Z UTTC	2	3:31	28:15
143		14	Ronald Brandal	FR	EASTERN MICH. EAGLES	12	3:32	28:19
144	89	154	Malcolm McCubbin	E4	NIPISSING LAKERS	5	3:33	28:24
145		304	Matthew Ouellette	R	WINDSOR LANCERS	13	3:33	28:25
146		200	Jacob Banks	E1	RYERSON RAMS	2	3:34	28:35
147		136	Aedan Rourke	R	MCMASTER MARAUDERS	19	3:35	28:40
148	90	168	Jaden Costa	SO	OLIVET COMETS [MICH]	4	3:36	28:48
149	91	254	Tucker Dandenault	E2	WATERLOO WARRIORS	5	3:36	28:49
150		310	Austin Kpiebewieng	E1	YORK LIONS	2	3:36	28:55
151	92	213	Alex Ball		SHERIDAN BRUINS	5	3:37	28:56
152	93	217	Andrew Convery		SHERIDAN BRUINS	6	3:37	28:58
153	94	110	Nathan Jeffrey	E3	LAURIER GOLDEN HAWKS	7	3:37	28:59
154	95	63	Graiden Maynard		HUMBER HAWKS	4	3:38	29:08
155	96	9	Brett Parent	E3	BROCK BADGERS	7	3:39	29:12
156	97	344	Miguel Robles		FANSHAWE FALCONS	4	3:39	29:18
157		113	Tim Lytle	E2	LAURIER GOLDEN HAWKS	8	3:40	29:24
158	98	65	Chris Tomlinson		HUMBER HAWKS	5	3:42	29:43
159		322	Selva Yoga		Z RYERSON ALUM	1	3:43	29:47
160		109	Nathan Jean	R	LAURIER GOLDEN HAWKS	9	3:44	29:53

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161	99	175	James Thurman	JR	OLIVET COMETS [MICH]	5	3:44	29:57
162		12	Jithmal Semasinghe	R	BROCK BADGERS	8	3:46	30:12
163	100	215	Nathan Brown		SHERIDAN BRUINS	7	3:46	30:13
164	101	64	Zachary Nixon		HUMBER HAWKS	6	3:47	30:18
165		203	Jack Stalker	E1	RYERSON RAMS	3	3:50	30:46
166		221	Isaac Rondeau-McNair		SHERIDAN BRUINS	8	3:54	31:16
167	102	346	Daniel Keane Sanchez		FANSHAWE FALCONS	5	3:57	31:36
168	103	170	Justin Maidlow	JR	OLIVET COMETS [MICH]	6	3:57	31:39
169	104	345	Patrick Morgan		FANSHAWE FALCONS	6	3:59	31:54
170		104	Charles Binks-Collier	E1	LAURIER GOLDEN HAWKS	10	4:01	32:11
171		216	Marcello Campos		SHERIDAN BRUINS	9	4:01	32:13
172		105	Jack Bone	R	LAURIER GOLDEN HAWKS	11	4:03	32:30
173		218	Edward Lim		SHERIDAN BRUINS	10	4:04	32:37
174	105	176	Roje Williams	FR	OLIVET COMETS [MICH]	7	4:07	32:56
175		202	Jeffrey Lee	E3	RYERSON RAMS	4	4:28	35:48

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TEAM: GUELPH GRYPHONS SCORE: 34 PLACE: 1

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Mark Patton		E4	48	24:15	3:01	4:52
5-4	Connor Black		E5	41	24:22	3:02	4:54
10-8	Andrew Shepherd		E3	52	24:40	3:05	4:57
11-9	Mitchell Ubene		E3	55	24:41	3:05	4:57
14-12	Mostafa Elkurdy		E5	43	24:45	3:05	4:58
=====							
16-14	Benjamin Workman		E4	56	24:50	3:06	4:59
23-20	Logan Martineau		E2	47	25:02	3:07	5:02
=====							
25	Joshua Kellier		E3	46	25:03	3:07	5:02
29	Alec Purnell		R	51	25:07	3:08	5:03
35	Gavin Hughes		E2	45	25:17	3:09	5:05
36	Noah Tinevez		E2	54	25:18	3:09	5:05
43	Nicholas Bannon		R	39	25:27	3:10	5:07
44	Jack Cooper		E2	42	25:27	3:10	5:07
59	Brady Graves		E3	44	25:50	3:13	5:11
66	David Poloni		E2	50	25:58	3:14	5:13
71	John Perrier		R	49	26:03	3:15	5:14
79	Cameron Bates		R	40	26:20	3:17	5:17
95	Will Stewart		R	53	26:44	3:20	5:22
Top 5 Total Time:		2:02:43	Top 5 Average Time:		24:32		
Top 5 Average per KM:		3:04	Top 5 Average Per MILE:		4:56		
1 - 5 Split:		30	1 - 7 Split:		47		
Top 7 Total Time:		2:52:35	Top 7 Average Time:		24:39		

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TEAM: MCMMASTER MARAUDERS SCORE: 50 PLACE: 2

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-2	Josh McGillivray		E3	132	24:20	3:02	4:53
9-7	Sergio Racz Villanueva		E3	135	24:39	3:04	4:57
12-10	Alex Drover		E2	127	24:41	3:05	4:57
17-15	Dylan Alick		E3	124	24:51	3:06	4:59
18-16	Christian MacGillivray		E4	129	24:54	3:06	5:00
37-29	Evan Ubene		E3	140	25:19	3:09	5:05
38-30	Ryan Tyrrell		E3	139	25:21	3:10	5:05
51	Matt Napier		E5	133	25:37	3:12	5:09
53	Patrick Deane		E5	126	25:39	3:12	5:09
57	Sam Nusselder		E1	134	25:47	3:13	5:11
83	Justyn Tyrrell		E3	138	26:23	3:17	5:18
87	Gant Warburton		E1	141	26:34	3:19	5:20
88	Ryan Were		E2	142	26:39	3:19	5:21
89	Matt McArthur		E3	131	26:40	3:20	5:21
99	Jacob Yeomans		E1	143	26:47	3:20	5:23
104	Aaron De Jong		E3	125	26:54	3:21	5:24
110	Matt Fong		R	128	27:18	3:24	5:29
114	David Marchant		R	130	27:28	3:26	5:31
147	Aedan Rourke		R	136	28:40	3:35	5:46
Top 5 Total Time:		2:03:25	Top 5 Average Time:		24:41		
Top 5 Average per KM:		3:05	Top 5 Average Per MILE:		4:57		
1 - 5 Split:		34	1 - 7 Split:		1:01		
Top 7 Total Time:		2:54:05	Top 7 Average Time:		24:52		

TEAM: QUEEN'S GAELS SCORE: 80 PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-3	Mitchell Delange		E2	188	24:21	3:02	4:53
13-11	Brett Crowley		E2	186	24:42	3:05	4:58
22-19	Matt Flood		E2	189	25:00	3:07	5:01
26-21	Nathan Dehghan		E2	187	25:04	3:08	5:02
32-26	Mitchell Kirby		E2	191	25:13	3:09	5:04
45-35	Rob Kanko		E4	190	25:30	3:11	5:07
68-52	Joey Stel		E5	192	26:01	3:15	5:14
Top 5 Total Time:		2:04:20	Top 5 Average Time:		24:52		
Top 5 Average per KM:		3:06	Top 5 Average Per MILE:		5:00		
1 - 5 Split:		52	1 - 7 Split:		1:40		
Top 7 Total Time:		2:55:51	Top 7 Average Time:		25:07		

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TEAM: WESTERN MUSTANGS SCORE: 118 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
7-5	Jack Sheffar		E5	280	24:34	3:04	4:56
8-6	Isaiah Frielink		E2	275	24:38	3:04	4:57
34-28	Ben Carson		E5	269	25:16	3:09	5:04
48-38	Gregory Danayan		E2	272	25:35	3:11	5:08
52-41	Adam Clayton		E4	270	25:38	3:12	5:09
=====							
60-46	Keithan Sivapragasam		R	281	25:51	3:13	5:12
62-48	Matt Sheeler		E4	279	25:53	3:14	5:12
=====							
70	Carter Wood		E4	282	26:03	3:15	5:14
72	Erik Ohrling		R	277	26:06	3:15	5:15
75	Dilan Brar		E3	267	26:12	3:16	5:16
92	Ethan Louks		R	276	26:42	3:20	5:22
94	Chris Brisimitzis		R	268	26:44	3:20	5:22
105	Sam Cumming		R	271	26:55	3:21	5:24
124	Justin De Jong		R	273	27:45	3:28	5:34
129	Jan Fielder		R	274	27:50	3:28	5:35
Top 5 Total Time:		2:05:41			Top 5 Average Time:	25:08	
Top 5 Average per KM:		3:08			Top 5 Average Per MILE:	5:03	
1 - 5 Split:		1:04			1 - 7 Split:	1:19	
Top 7 Total Time:		2:57:25			Top 7 Average Time:	25:20	

TEAM: TORONTO VARSITYBLUES SCORE: 140 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
15-13	Robert Lawand		E4	240	24:47	3:05	4:59
27-22	Sam Kinahan		E4	237	25:04	3:08	5:02
39-31	Ben DeVito		E4	234	25:22	3:10	5:06
42-34	Craig Klomp		E4	238	25:25	3:10	5:06
50-40	Zach Frangos		E2	235	25:37	3:12	5:09
=====							
63-49	Mitchell Miron		E2	242	25:53	3:14	5:12
84-58	Jake Carroll		E2	231	26:26	3:18	5:19
=====							
108	Jack Stanley		E2	246	27:12	3:24	5:28
Top 5 Total Time:		2:06:15			Top 5 Average Time:	25:15	
Top 5 Average per KM:		3:09			Top 5 Average Per MILE:	5:04	
1 - 5 Split:		50			1 - 7 Split:	1:39	
Top 7 Total Time:		2:58:34			Top 7 Average Time:	25:30	

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TEAM: EASTERN MICH. EAGLES SCORE: 141 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
21-18	Austin Wicker		JR	28	24:58	3:07	5:01
28-23	Kalani Sheridan		FR	26	25:05	3:08	5:02
31-25	Noah Perrin		FR	25	25:10	3:08	5:03
41-33	Eddie Zuercher		FR	29	25:24	3:10	5:06
54-42	Andy Payne		FR	24	25:44	3:13	5:10
58-45	Hayelom Fitsum		SO	20	25:49	3:13	5:11
65-50	Solomon Costa		SO	17	25:58	3:14	5:13
76	Phoenix Myers		SO	23	26:17	3:17	5:17
85	Joe Ingram		FR	21	26:30	3:18	5:19
91	Craig Thompson		FR	27	26:41	3:20	5:22
106	Ian Cooke		SO	16	26:57	3:22	5:25
143	Ronald Brandal		FR	14	28:19	3:32	5:41
Top 5 Total Time:		2:06:21	Top 5 Average Time:		25:16		
Top 5 Average per KM:		3:09	Top 5 Average Per MILE:		5:05		
1 - 5 Split:		46	1 - 7 Split:		1:00		
Top 7 Total Time:		2:58:08	Top 7 Average Time:		25:26		

TEAM: WINDSOR LANCERS SCORE: 179 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
19-17	Andrew Nebel		E5	302	24:57	3:07	5:01
40-32	Joshua Martin		E3	299	25:23	3:10	5:06
49-39	Brendan Simone		E2	306	25:36	3:12	5:08
56-44	Mitch Heyink		E3	298	25:46	3:13	5:11
61-47	Mitch Cauchi		E3	294	25:53	3:14	5:12
82-57	Jonathan Rioux		R	305	26:22	3:17	5:18
100-63	Ryan Mutuchky		R	301	26:48	3:21	5:23
103	Cole Hannam		E2	297	26:52	3:21	5:24
112	Zach Staffell		E2	307	27:22	3:25	5:30
123	Ryan Banks		E4	293	27:42	3:27	5:34
127	Tadzic Czubernat		E2	295	27:47	3:28	5:35
128	Brendan McCarthy		E3	300	27:48	3:28	5:35
145	Matthew Ouellette		R	304	28:25	3:33	5:42
Top 5 Total Time:		2:07:35	Top 5 Average Time:		25:31		
Top 5 Average per KM:		3:11	Top 5 Average Per MILE:		5:07		
1 - 5 Split:		56	1 - 7 Split:		1:51		
Top 7 Total Time:		3:0:45	Top 7 Average Time:		25:49		

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TEAM: LAURENTIAN VOYAGEURS SCORE: 223 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
30-24	Paul Sagriff		E2	86	25:09	3:08	5:03
46-36	Liam Passi		E4	85	25:32	3:11	5:08
55-43	Eric Gareau		R	81	25:45	3:13	5:10
69-53	Caleb Beland		E3	79	26:03	3:15	5:14
111-67	Alexandre Fishbein-Ouimette		R	80	27:21	3:25	5:30
=====							
132-79	Jarod Milford		E3	83	27:59	3:29	5:37
	Top 5 Total Time:	2:09:50			Top 5 Average Time:	25:58	
	Top 5 Average per KM:	3:14			Top 5 Average Per MILE:	5:13	
	1 - 5 Split:	2:12			1 - 7 Split:		
	Top 7 Total Time:				Top 7 Average Time:		

TEAM: LAURIER GOLDEN HAWKS SCORE: 252 PLACE: 9

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
33-27	Joe Sheridan		E4	116	25:15	3:09	5:04
47-37	Dan Hilbers		E2	108	25:35	3:11	5:08
67-51	Joey Hardy		E1	107	25:59	3:14	5:13
113-68	Brendan Masters		E3	114	27:23	3:25	5:30
116-69	Zack Savlov		E2	115	27:30	3:26	5:31
=====							
117-70	Rahil Kachalia		R	111	27:37	3:27	5:33
153-94	Nathan Jeffrey		E3	110	28:59	3:37	5:49
=====							
157	Tim Lytle		E2	113	29:24	3:40	5:54
160	Nathan Jean		R	109	29:53	3:44	6:00
170	Charles Binks-Collier		E1	104	32:11	4:01	6:28
172	Jack Bone		R	105	32:30	4:03	6:32
	Top 5 Total Time:	2:11:42			Top 5 Average Time:	26:20	
	Top 5 Average per KM:	3:17			Top 5 Average Per MILE:	5:17	
	1 - 5 Split:	2:15			1 - 7 Split:	3:44	
	Top 7 Total Time:	3:8:18			Top 7 Average Time:	26:54	

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TEAM: BROCK BADGERS

SCORE: 353

PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
81-56	Jeremy Mol		E3	8	26:22	3:17	5:18
86-59	Lucas Salazer-Reid		E4	11	26:33	3:19	5:20
125-75	Umberto Lopardo		E2	7	27:45	3:28	5:34
134-81	Jacques Tiessen		R	13	28:03	3:30	5:38
135-82	Joseph Dick		R	5	28:07	3:30	5:39
=====							
138-85	Luke Patrick		R	10	28:10	3:31	5:39
155-96	Brett Parent		E3	9	29:12	3:39	5:52
=====							
162	Jithmal Semasinghe		R	12	30:12	3:46	6:04
Top 5 Total Time:		2:16:50	Top 5 Average Time:		27:22		
Top 5 Average per KM:		3:25	Top 5 Average Per MILE:		5:30		
1 - 5 Split:		1:45	1 - 7 Split:		2:50		
Top 7 Total Time:		3:14:12	Top 7 Average Time:		27:44		

TEAM: NIPISSING LAKERS

SCORE: 358

PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
102-64	Jordan Cascagnette		E5	152	26:52	3:21	5:24
107-65	Teagan Retty		E4	155	27:04	3:23	5:26
109-66	Thomas Steele		R	156	27:16	3:24	5:29
122-74	Travis Mann		E4	153	27:42	3:27	5:34
144-89	Malcolm McCubbin		E4	154	28:24	3:33	5:42
=====							
Top 5 Total Time:		2:17:18	Top 5 Average Time:		27:27		
Top 5 Average per KM:		3:25	Top 5 Average Per MILE:		5:31		
1 - 5 Split:		1:32	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

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TEAM: WATERLOO WARRIORS SCORE: 361 PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
74-54	Christopher Hoftyzer		R	255	26:09	3:16	5:15
118-71	Caleb Ryan		E3	256	27:39	3:27	5:33
119-72	Matthew Cheung		R	253	27:39	3:27	5:33
121-73	Zach Bortoff		E2	252	27:41	3:27	5:34
149-91	Tucker Dandenault		E2	254	28:49	3:36	5:47

Top 5 Total Time:	2:17:57	Top 5 Average Time:	27:35
Top 5 Average per KM:	3:26	Top 5 Average Per MILE:	5:33
1 - 5 Split:	2:40	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

TEAM: FANSHAWE FALCONS SCORE: 408 PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
78-55	Luke Groulx			339	26:19	3:17	5:17
126-76	John Berthelot			341	27:46	3:28	5:35
131-78	Justin Verburg			340	27:53	3:29	5:36
156-97	Miguel Robles			344	29:18	3:39	5:53
167-102	Daniel Keane Sanchez			346	31:36	3:57	6:21

169-104	Patrick Morgan			345	31:54	3:59	6:25
Top 5 Total Time:	2:22:52	Top 5 Average Time:	28:34				
Top 5 Average per KM:	3:34	Top 5 Average Per MILE:	5:44				
1 - 5 Split:	5:17	1 - 7 Split:					
Top 7 Total Time:		Top 7 Average Time:					

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TEAM: HUMBER HAWKS**SCORE: 410****PLACE: 14**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
90-60	Cole Czuchnicki			61	26:40	3:20	5:21
130-77	Aaron Veenstra			66	27:51	3:28	5:36
133-80	Peter Wilson			67	28:01	3:30	5:38
154-95	Graiden Maynard			63	29:08	3:38	5:51
158-98	Chris Tomlinson			65	29:43	3:42	5:58
=====							
164-101	Zachary Nixon			64	30:18	3:47	6:05
	Top 5 Total Time:	2:21:23			Top 5 Average Time:	28:16	
	Top 5 Average per KM:	3:32			Top 5 Average Per MILE:	5:41	
	1 - 5 Split:	3:03			1 - 7 Split:		
	Top 7 Total Time:				Top 7 Average Time:		

TEAM: SHERIDAN BRUINS**SCORE: 415****PLACE: 15**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
98-62	Cole Bond			214	26:47	3:20	5:23
139-86	Cameron Ross			222	28:10	3:31	5:39
140-87	Matthew Reeves			220	28:12	3:31	5:40
141-88	Quinn Middleton			219	28:13	3:31	5:40
151-92	Alex Ball			213	28:56	3:37	5:49
=====							
152-93	Andrew Convery			217	28:58	3:37	5:49
163-100	Nathan Brown			215	30:13	3:46	6:04
=====							
166	Isaac Rondeau-McNair			221	31:16	3:54	6:17
171	Marcello Campos			216	32:13	4:01	6:28
173	Edward Lim			218	32:37	4:04	6:33
	Top 5 Total Time:	2:20:18			Top 5 Average Time:	28:03	
	Top 5 Average per KM:	3:30			Top 5 Average Per MILE:	5:38	
	1 - 5 Split:	2:09			1 - 7 Split:	3:26	
	Top 7 Total Time:	3:19:29			Top 7 Average Time:	28:29	

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TEAM: OLIVET COMETS [MICH] SCORE: 417 PLACE: 16

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
93-61	Kyle Markley		SO	171	26:43	3:20	5:22
136-83	Kyle McDowell		FR	172	28:09	3:31	5:39
137-84	Ernesto Gutierrez		SO	169	28:09	3:31	5:39
148-90	Jaden Costa		SO	168	28:48	3:36	5:47
161-99	James Thurman		JR	175	29:57	3:44	6:01
=====							
168-103	Justin Maidlow		JR	170	31:39	3:57	6:22
174-105	Roje Williams		FR	176	32:56	4:07	6:37
=====							
Top 5 Total Time:		2:21:46		Top 5 Average Time:		28:21	
Top 5 Average per KM:		3:32		Top 5 Average Per MILE:		5:42	
1 - 5 Split:		3:14		1 - 7 Split:		6:13	
Top 7 Total Time:		3:26:21		Top 7 Average Time:		29:28	

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Event # 1 WOMENS 6K Run

START @ 10:00am

Conditions: overcast breezy 11°C

MEET RECORD:Branna MacDougall Queen's Gaels 20:44.20 23-Sep2017

! COURSE RECORD:Branna MacDougall Queen's Gaels 20:44.20 23-Sep2017

\$ POINTS RECORD:Osaka Japan '02 McMaster 2010 28 pts

% TEAM TIME RECORD:Guelph Gryphons 1:47:33 [sum of 5] avg 21:30 for 5 CIS 2013

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	GUELPH GRYPHONS	39	2-7-8-9-13	16-20	1:48:13	3:36	21:38	46
2	QUEEN'S GAELS	58	3-4-12-15-24	30-33	1:49:57	3:39	21:59	1:40
3	WESTERN MUSTANGS	68	1-5-14-17-31	32-39	1:49:59	3:39	21:59	2:53
4	LAURIER GOLDEN HAWKS	136	10-11-22-42-51	52-55	1:54:40	3:49	22:56	2:37
5	LAURENTIAN VOYAGEURS	138	19-21-25-29-44	58-69	1:55:44	3:51	23:08	1:18
6	TORONTO VARSITYBLUES	151	6-23-34-40-48	49	1:55:55	3:51	23:11	2:40
7	MCMASTER MARAUDERS	197	18-28-45-47-59	64	1:59:03	3:58	23:48	2:23
8	WINDSOR LANCERS	231	26-38-50-56-61	65-66	2:01:00	4:02	24:12	2:05
9	WATERLOO WARRIORS	256	27-37-54-62-76		2:03:14	4:06	24:38	3:40
10	FANSHAWE FALCONS	257	35-36-43-68-75		2:03:15	4:06	24:39	3:10
11	NIPISSING LAKERS	308	46-53-57-70-82	83	2:07:39	4:15	25:31	3:34
12	RYERSON RAMS	342	60-63-67-74-78		2:09:33	4:19	25:54	2:02
13	SHERIDAN BRUINS	343	41-72-73-77-80	84-85	2:10:40	4:21	26:08	3:40
14	OLIVET COMETS [MICH]	404	71-79-81-86-87	88-89	2:18:58	4:37	27:47	3:12
	BROCK BADGERS		54-56-62					
	HUMBER HAWKS		51-100-102-112					
	ST. LAWRENCE COLLEGE		36					
	YORK LIONS		97					
	Z BROCK ALUM		29					
	Z HARBOUR TC		16-20					
	Z NIPISSING ALUM		94					
	Z UNATTACHED		44					
	Z UNIV. WINDSOR AC		2					
	Z WESTERN ESPOIR		43-57					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	264	Kristina Popadich		E5	WESTERN MUSTANGS	1	3:24	20:29 #!
2		325	Stef Smith			Z UNIV. WINDSOR AC	1	3:30	21:00
3	2	38	Hannah Woodhouse		E3	GUELPH GRYPHONS	1	3:32	21:12
4	3	179	Makenna Fitzgerald		R	QUEEN'S GAELS	1	3:33	21:18
5	4	181	Taylor Sills		E5	QUEEN'S GAELS	2	3:34	21:28
6	5	259	Kate Current		E3	WESTERN MUSTANGS	2	3:35	21:31
7	6	223	Tanis Bolton		E4	TORONTO VARSITYBLUES	1	3:36	21:38
8	7	31	Sadie-Jane Hickson		E2	GUELPH GRYPHONS	2	3:36	21:39
9	8	32	Emma Hubbard		E2	GUELPH GRYPHONS	3	3:36	21:41
10	9	33	Danielle Jossinet		E4	GUELPH GRYPHONS	4	3:37	21:43

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11	10	98	Sydney Pattison	E2	LAURIER GOLDEN HAWKS	1	3:38	21:49
12	11	93	Lizzy Laurie	E2	LAURIER GOLDEN HAWKS	2	3:38	21:49
13	12	185	Laura Yantha	R	QUEEN'S GAELS	3	3:39	21:56
14	13	30	Dana Earhart	E3	GUELPH GRYPHONS	5	3:39	21:58
15	14	263	Caroline Lampard	E2	WESTERN MUSTANGS	3	3:41	22:08
16		314	Maxine Gravina		Z HARBOUR TC	1	3:42	22:14
17	15	178	Kara Blair	E3	QUEEN'S GAELS	4	3:42	22:17
18	16	36	Nina Whitford	R	GUELPH GRYPHONS	6	3:43	22:21
19	17	258	Zoe Burke	R	WESTERN MUSTANGS	4	3:44	22:29
20		313	Gabrielle Foran		Z HARBOUR TC	2	3:45	22:34
21	18	123	Emma Waddington	E2	MCMASTER MARAUDERS	1	3:46	22:38
22	19	70	Megan Crocker	E3	LAURENTIAN VOYAGEURS	1	3:46	22:39
23	20	34	Olivia Romaniw	E5	GUELPH GRYPHONS	7	3:46	22:41
24		37	Sarah Wismer	E4	GUELPH GRYPHONS	8	3:47	22:47
25	21	73	Nicole Rich	E4	LAURENTIAN VOYAGEURS	2	3:48	22:51
26	22	89	Sarah Cranmer-Byng	E2	LAURIER GOLDEN HAWKS	3	3:48	22:51
27		35	Charlotte Ward	E5	GUELPH GRYPHONS	9	3:49	22:55
28	23	226	Sommerset Jarvis	E4	TORONTO VARSITYBLUES	2	3:49	22:56
29		311	Donna Mae Robbins		Z BROCK ALUM	1	3:49	22:57
30	24	177	Marley Beckett	E2	QUEEN'S GAELS	5	3:49	22:58
31	25	75	Breanne Steven	E2	LAURENTIAN VOYAGEURS	3	3:50	23:03
32	26	284	Rachel Crawley	E4	WINDSOR LANCERS	1	3:51	23:06
33	27	250	Alexandra McGowan	E4	WATERLOO WARRIORS	1	3:51	23:06
34	28	118	Kendra Hawke	R	MCMASTER MARAUDERS	2	3:51	23:11
35	29	72	Jessie Nusselder	E4	LAURENTIAN VOYAGEURS	4	3:52	23:14
36		318	Erin Adam		ST. LAWRENCE COLLEGE	1	3:52	23:17
37	30	183	Sophie Warren	R	QUEEN'S GAELS	6	3:53	23:21
38	31	257	Emily-Rose Boston	R	WESTERN MUSTANGS	5	3:53	23:22
39	32	261	Breanna Faiczak	E4	WESTERN MUSTANGS	6	3:53	23:23
40	33	180	Emma Kerr	R	QUEEN'S GAELS	7	3:54	23:24
41	34	224	Juliette Davis	E2	TORONTO VARSITYBLUES	3	3:54	23:24
42	35	334	Janelle Hanna		FANSHAW FALCONS	1	3:54	23:25
43		330	Lauren Kanko		Z WESTERN ESPOIR	1	3:54	23:26
44		323	Sylvie Antoun		Z UNATTACHED	1	3:54	23:27
45	36	336	Sammi-Jo Burch		FANSHAW FALCONS	2	3:55	23:32
46	37	251	Stephanie Ryall	E3	WATERLOO WARRIORS	2	3:55	23:32
47	38	290	Chloe Walker	R	WINDSOR LANCERS	2	3:55	23:33
48	39	265	Anjoli Vanderkuur	E3	WESTERN MUSTANGS	7	3:55	23:35
49		262	Mikayla Hewitt	E3	WESTERN MUSTANGS	8	3:56	23:38
50	40	230	Hilary Stone	E4	TORONTO VARSITYBLUES	4	3:56	23:39
51		59	Kaitlin Shuvera		HUMBER HAWKS	1	3:57	23:44
52	41	212	Olivia Sidock		SHERIDAN BRUINS	1	3:57	23:45
53	42	92	Lauren Kerker	E3	LAURIER GOLDEN HAWKS	4	3:57	23:45
54		3	Alex Ratcliffe	E4	BROCK BADGERS	1	3:57	23:46
55		260	Hayley Dick	E3	WESTERN MUSTANGS	9	3:58	23:49
56		4	Paulina Sergnese	E3	BROCK BADGERS	2	3:58	23:50
57		328	Chelsea Gillies		Z WESTERN ESPOIR	2	3:58	23:53
58	43	335	Rachyl MacPhail		FANSHAW FALCONS	3	3:59	23:56
59		182	Maddy Smart-Reed	R	QUEEN'S GAELS	8	3:59	23:57
60	44	76	Sarah Thackery	R	LAURENTIAN VOYAGEURS	5	3:59	23:57
61	45	122	Allison Sippel	E2	MCMASTER MARAUDERS	3	3:59	23:57
62		2	Erin Laughlin	E5	BROCK BADGERS	3	4:00	24:00

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63	46	149	Jennifer Leroy	E2	NIPISSING LAKERS	1	4:02	24:15
64	47	120	Adrienne Morgan	E3	MCMASTER MARAUDERS	4	4:02	24:16
65	48	225	Karlie Janes	E1	TORONTO VARSITYBLUES	5	4:03	24:18
66	49	228	Julianna Manserra	E1	TORONTO VARSITYBLUES	6	4:03	24:21
67	50	287	Lauren Perkins	R	WINDSOR LANCERS	3	4:04	24:25
68	51	99	Alison Schouten	R	LAURIER GOLDEN HAWKS	5	4:04	24:26
69	52	95	Jessica Martin	E2	LAURIER GOLDEN HAWKS	6	4:05	24:31
70	53	146	Katie Gibson	E4	NIPISSING LAKERS	2	4:05	24:35
71	54	249	Katherin Granstrom	R	WATERLOO WARRIORS	3	4:06	24:39
72	55	88	Hayley Carrescia	E3	LAURIER GOLDEN HAWKS	7	4:06	24:40
73	56	292	Camryn Williams	R	WINDSOR LANCERS	4	4:07	24:45
74	57	150	Mackenzie Martin	E1	NIPISSING LAKERS	3	4:09	24:57
75	58	74	Meghan Sippel	E5	LAURENTIAN VOYAGEURS	6	4:09	24:58
76	59	121	Meghan Rothenbroker	E3	MCMASTER MARAUDERS	5	4:10	25:01
77		266	Alison White	R	WESTERN MUSTANGS	10	4:10	25:03
78		90	Emma Davis	E1	LAURIER GOLDEN HAWKS	8	4:11	25:06
79	60	197	Veronica Martin	R	RYERSON RAMS	1	4:11	25:08
80		100	Emma Segato	E2	LAURIER GOLDEN HAWKS	9	4:11	25:10
81	61	283	Lynnsey Copat	R	WINDSOR LANCERS	5	4:11	25:11
82	62	248	Grace Glaab	R	WATERLOO WARRIORS	4	4:11	25:11
83	63	195	Meghan Gaudette	E3	RYERSON RAMS	2	4:12	25:16
84	64	119	Alison Head	E3	MCMASTER MARAUDERS	6	4:13	25:18
85	65	285	Megan Koski	R	WINDSOR LANCERS	6	4:13	25:20
86	66	289	Mya Vialva	E2	WINDSOR LANCERS	7	4:14	25:25
87	67	199	Yuliia Romanenko	E3	RYERSON RAMS	3	4:14	25:27
88		291	Natalie Whitten	R	WINDSOR LANCERS	8	4:17	25:43
89	68	337	Hannah Carley		FANSHAWE FALCONS	4	4:17	25:47
90	69	69	Miranda Boudreau	R	LAURENTIAN VOYAGEURS	7	4:18	25:49
91		102	Stephanie Wildfong	E3	LAURIER GOLDEN HAWKS	10	4:20	26:02
92	70	148	Stephanie Knowles	E3	NIPISSING LAKERS	4	4:20	26:03
93	71	162	Morgan Greenman	SO	OLIVET COMETS [MICH]	1	4:21	26:08
94		317	Katie Kozub		Z NIPISSING ALUM	1	4:22	26:12
95	72	209	Erin Kinnenmont		SHERIDAN BRUINS	2	4:22	26:15
96	73	204	Marla Brown		SHERIDAN BRUINS	3	4:23	26:18
97		333	Rebecca Wheeler	E1	YORK LIONS	1	4:24	26:29
98	74	194	Lauren Andrews	R	RYERSON RAMS	4	4:25	26:32
99	75	338	Laura Travaglini		FANSHAWE FALCONS	5	4:25	26:35
100		58	Katelyn Morgan		HUMBER HAWKS	2	4:27	26:42
101	76	247	Kennedy Bourque	E2	WATERLOO WARRIORS	5	4:27	26:46
102		57	Kayleigh Bush		HUMBER HAWKS	3	4:28	26:53
103	77	208	Yonta Gillespie		SHERIDAN BRUINS	4	4:29	26:57
104		286	Meg Mooney	R	WINDSOR LANCERS	9	4:31	27:06
105	78	198	Krista Milliste	R	RYERSON RAMS	5	4:31	27:10
106	79	157	Maisie Baker	JR	OLIVET COMETS [MICH]	2	4:33	27:22
107	80	210	Lexy Pakenham-Troth		SHERIDAN BRUINS	5	4:34	27:25
108		288	Kandice Tomkins	R	WINDSOR LANCERS	10	4:34	27:27
109		101	Lindsay Turai	R	LAURIER GOLDEN HAWKS	11	4:35	27:32
110	81	165	Laura Tuttle	FR	OLIVET COMETS [MICH]	3	4:38	27:48
111	82	144	Megan Cruickshank	E3	NIPISSING LAKERS	5	4:38	27:49
112		60	Sue Yemen		HUMBER HAWKS	4	4:38	27:50
113	83	151	Sophia Slater	E2	NIPISSING LAKERS	6	4:40	28:02
114	84	207	Isabel Catalli		SHERIDAN BRUINS	6	4:41	28:08

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115	85	205	Jessalyn Carvajal		SHERIDAN BRUINS	7	4:41	28:09
116	86	160	Zoe Feighner	SR	OLIVET COMETS [MICH]	4	4:43	28:20
117		211	Monique Parlevliet		SHERIDAN BRUINS	8	4:43	28:23
118		91	Lisa Kelly	R	LAURIER GOLDEN HAWKS	12	4:44	28:24
119		206	Daniela Casas		SHERIDAN BRUINS	9	4:47	28:45
120	87	161	Maggie Graham	JR	OLIVET COMETS [MICH]	5	4:53	29:20
121	88	163	Ashley Swisher	FR	OLIVET COMETS [MICH]	6	4:57	29:45
122	89	159	Carrie Creger	FR	OLIVET COMETS [MICH]	7	4:59	29:57

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TEAM: GUELPH GRYPHONS SCORE: 39 PLACE: 1

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-2	Hannah Woodhouse		E3	38	21:12	3:32	5:41
8-7	Sadie-Jane Hickson		E2	31	21:39	3:36	5:48
9-8	Emma Hubbard		E2	32	21:41	3:36	5:48
10-9	Danielle Jossinet		E4	33	21:43	3:37	5:49
14-13	Dana Earhart		E3	30	21:58	3:39	5:53
=====							
18-16	Nina Whitford		R	36	22:21	3:43	5:59
23-20	Olivia Romaniw		E5	34	22:41	3:46	6:05
=====							
24	Sarah Wismer		E4	37	22:47	3:47	6:06
27	Charlotte Ward		E5	35	22:55	3:49	6:08
Top 5 Total Time:		1:48:13			Top 5 Average Time:	21:38	
Top 5 Average per KM:		3:36			Top 5 Average Per MILE:	5:48	
1 - 5 Split:		46			1 - 7 Split:	1:29	
Top 7 Total Time:		2:33:15			Top 7 Average Time:	21:53	

TEAM: QUEEN'S GAELS SCORE: 58 PLACE: 2

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-3	Makenna Fitzgerald		R	179	21:18	3:33	5:42
5-4	Taylor Sills		E5	181	21:28	3:34	5:45
13-12	Laura Yantha		R	185	21:56	3:39	5:52
17-15	Kara Blair		E3	178	22:17	3:42	5:58
30-24	Marley Beckett		E2	177	22:58	3:49	6:09
=====							
37-30	Sophie Warren		R	183	23:21	3:53	6:15
40-33	Emma Kerr		R	180	23:24	3:54	6:16
=====							
59	Maddy Smart-Reed		R	182	23:57	3:59	6:25
Top 5 Total Time:		1:49:57			Top 5 Average Time:	21:59	
Top 5 Average per KM:		3:39			Top 5 Average Per MILE:	5:53	
1 - 5 Split:		1:40			1 - 7 Split:	2:06	
Top 7 Total Time:		2:36:42			Top 7 Average Time:	22:23	

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TEAM: WESTERN MUSTANGS SCORE: 68 PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Kristina Popadich		E5	264	20:29	3:24	5:29
6-5	Kate Current		E3	259	21:31	3:35	5:46
15-14	Caroline Lampard		E2	263	22:08	3:41	5:56
19-17	Zoe Burke		R	258	22:29	3:44	6:01
38-31	Emily-Rose Boston		R	257	23:22	3:53	6:16
39-32	Breanna Faiczak		E4	261	23:23	3:53	6:16
48-39	Anjoli Vanderkuur		E3	265	23:35	3:55	6:19
49	Mikayla Hewitt		E3	262	23:38	3:56	6:20
55	Hayley Dick		E3	260	23:49	3:58	6:23
77	Alison White		R	266	25:03	4:10	6:43
Top 5 Total Time:		1:49:59	Top 5 Average Time:		21:59		
Top 5 Average per KM:		3:39	Top 5 Average Per MILE:		5:54		
1 - 5 Split:		2:53	1 - 7 Split:		3:06		
Top 7 Total Time:		2:36:57	Top 7 Average Time:		22:25		

TEAM: LAURIER GOLDEN HAWKS SCORE: 136 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-10	Sydney Pattison		E2	98	21:49	3:38	5:51
12-11	Lizzy Laurie		E2	93	21:49	3:38	5:51
26-22	Sarah Cranmer-Byng		E2	89	22:51	3:48	6:07
53-42	Lauren Kerker		E3	92	23:45	3:57	6:22
68-51	Alison Schouten		R	99	24:26	4:04	6:33
69-52	Jessica Martin		E2	95	24:31	4:05	6:34
72-55	Hayley Carrescia		E3	88	24:40	4:06	6:36
78	Emma Davis		E1	90	25:06	4:11	6:43
80	Emma Segato		E2	100	25:10	4:11	6:45
91	Stephanie Wildfong		E3	102	26:02	4:20	6:58
109	Lindsay Turai		R	101	27:32	4:35	7:23
118	Lisa Kelly		R	91	28:24	4:44	7:37
Top 5 Total Time:		1:54:40	Top 5 Average Time:		22:56		
Top 5 Average per KM:		3:49	Top 5 Average Per MILE:		6:09		
1 - 5 Split:		2:37	1 - 7 Split:		2:51		
Top 7 Total Time:		2:43:51	Top 7 Average Time:		23:24		

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TEAM: LAURENTIAN VOYAGEURS SCORE: 138 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
22-19	Megan Crocker		E3	70	22:39	3:46	6:04
25-21	Nicole Rich		E4	73	22:51	3:48	6:07
31-25	Breanne Steven		E2	75	23:03	3:50	6:10
35-29	Jessie Nusselder		E4	72	23:14	3:52	6:13
60-44	Sarah Thackery		R	76	23:57	3:59	6:25
=====							
75-58	Meghan Sippel		E5	74	24:58	4:09	6:41
90-69	Miranda Boudreau		R	69	25:49	4:18	6:55

Top 5 Total Time:	1:55:44	Top 5 Average Time:	23:08
Top 5 Average per KM:	3:51	Top 5 Average Per MILE:	6:12
1 - 5 Split:	1:18	1 - 7 Split:	3:10
Top 7 Total Time:	2:46:31	Top 7 Average Time:	23:47

TEAM: TORONTO VARSITYBLUES SCORE: 151 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
7-6	Tanis Bolton		E4	223	21:38	3:36	5:48
28-23	Sommerset Jarvis		E4	226	22:56	3:49	6:09
41-34	Juliette Davis		E2	224	23:24	3:54	6:16
50-40	Hilary Stone		E4	230	23:39	3:56	6:20
65-48	Karlie Janes		E1	225	24:18	4:03	6:31
=====							
66-49	Julianna Manserra		E1	228	24:21	4:03	6:31

Top 5 Total Time:	1:55:55	Top 5 Average Time:	23:11
Top 5 Average per KM:	3:51	Top 5 Average Per MILE:	6:13
1 - 5 Split:	2:40	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

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TEAM: MCMASTER MARAUDERS SCORE: 197 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
21-18	Emma Waddington		E2	123	22:38	3:46	6:04
34-28	Kendra Hawke		R	118	23:11	3:51	6:13
61-45	Allison Sippel		E2	122	23:57	3:59	6:25
64-47	Adrienne Morgan		E3	120	24:16	4:02	6:30
76-59	Meghan Rothenbroker		E3	121	25:01	4:10	6:42
=====							
84-64	Alison Head		E3	119	25:18	4:13	6:47
	Top 5 Total Time:	1:59:03			Top 5 Average Time:	23:48	
	Top 5 Average per KM:	3:58			Top 5 Average Per MILE:	6:23	
	1 - 5 Split:	2:23			1 - 7 Split:		
	Top 7 Total Time:				Top 7 Average Time:		

TEAM: WINDSOR LANCERS SCORE: 231 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
32-26	Rachel Crawley		E4	284	23:06	3:51	6:11
47-38	Chloe Walker		R	290	23:33	3:55	6:19
67-50	Lauren Perkins		R	287	24:25	4:04	6:32
73-56	Camryn Williams		R	292	24:45	4:07	6:38
81-61	Lynnsey Copat		R	283	25:11	4:11	6:45
=====							
85-65	Megan Koski		R	285	25:20	4:13	6:47
86-66	Mya Vialva		E2	289	25:25	4:14	6:49
=====							
88	Natalie Whitten		R	291	25:43	4:17	6:53
104	Meg Mooney		R	286	27:06	4:31	7:16
108	Kandice Tomkins		R	288	27:27	4:34	7:21
	Top 5 Total Time:	2:01:00			Top 5 Average Time:	24:12	
	Top 5 Average per KM:	4:02			Top 5 Average Per MILE:	6:29	
	1 - 5 Split:	2:05			1 - 7 Split:	2:19	
	Top 7 Total Time:	2:51:45			Top 7 Average Time:	24:32	

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TEAM: WATERLOO WARRIORS SCORE: 256 PLACE: 9

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
33-27	Alexandra McGowan		E4	250	23:06	3:51	6:11
46-37	Stephanie Ryall		E3	251	23:32	3:55	6:18
71-54	Katherin Granstrom		R	249	24:39	4:06	6:36
82-62	Grace Glaab		R	248	25:11	4:11	6:45
101-76	Kennedy Bourque		E2	247	26:46	4:27	7:10

Top 5 Total Time:	2:03:14	Top 5 Average Time:	24:38
Top 5 Average per KM:	4:06	Top 5 Average Per MILE:	6:36
1 - 5 Split:	3:40	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

TEAM: FANSHAWE FALCONS SCORE: 257 PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
42-35	Janelle Hanna			334	23:25	3:54	6:16
45-36	Sammi-Jo Burch			336	23:32	3:55	6:18
58-43	Rachyl MacPhail			335	23:56	3:59	6:25
89-68	Hannah Carley			337	25:47	4:17	6:54
99-75	Laura Travaglini			338	26:35	4:25	7:07

Top 5 Total Time:	2:03:15	Top 5 Average Time:	24:39
Top 5 Average per KM:	4:06	Top 5 Average Per MILE:	6:36
1 - 5 Split:	3:10	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

TEAM: NIPISSING LAKERS SCORE: 308 PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
63-46	Jennifer Leroy		E2	149	24:15	4:02	6:30
70-53	Katie Gibson		E4	146	24:35	4:05	6:35
74-57	Mackenzie Martin		E1	150	24:57	4:09	6:41
92-70	Stephanie Knowles		E3	148	26:03	4:20	6:59
111-82	Megan Cruickshank		E3	144	27:49	4:38	7:27

113-83	Sophia Slater		E2	151	28:02	4:40	7:31
Top 5 Total Time:	2:07:39	Top 5 Average Time:	25:31				
Top 5 Average per KM:	4:15	Top 5 Average Per MILE:	6:50				
1 - 5 Split:	3:34	1 - 7 Split:					
Top 7 Total Time:		Top 7 Average Time:					

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TEAM: RYERSON RAMS

SCORE: 342

PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
79-60	Veronica Martin		R	197	25:08	4:11	6:44
83-63	Meghan Gaudette		E3	195	25:16	4:12	6:46
87-67	Yuliia Romanenko		E3	199	25:27	4:14	6:49
98-74	Lauren Andrews		R	194	26:32	4:25	7:07
105-78	Krista Milliste		R	198	27:10	4:31	7:17

Top 5 Total Time:	2:09:33	Top 5 Average Time:	25:54
Top 5 Average per KM:	4:19	Top 5 Average Per MILE:	6:56
1 - 5 Split:	2:02	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

TEAM: SHERIDAN BRUINS

SCORE: 343

PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
52-41	Olivia Sidock			212	23:45	3:57	6:22
95-72	Erin Kinnenmont			209	26:15	4:22	7:02
96-73	Marla Brown			204	26:18	4:23	7:03
103-77	Yonta Gillespie			208	26:57	4:29	7:13
107-80	Lexy Pakenham-Troth			210	27:25	4:34	7:21
114-84	Isabel Catalli			207	28:08	4:41	7:32
115-85	Jessalyn Carvajal			205	28:09	4:41	7:33
117	Monique Parlevliet			211	28:23	4:43	7:36
119	Daniela Casas			206	28:45	4:47	7:42

Top 5 Total Time:	2:10:40	Top 5 Average Time:	26:08
Top 5 Average per KM:	4:21	Top 5 Average Per MILE:	7:00
1 - 5 Split:	3:40	1 - 7 Split:	4:24
Top 7 Total Time:	3:6:57	Top 7 Average Time:	26:42

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2018-09-22 - 2018-09-22

33rd year at Thames Valley GC

TEAM: OLIVET COMETS [MICH] SCORE: 404 PLACE: 14

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
93-71	Morgan Greenman		SO	162	26:08	4:21	7:00
106-79	Maisie Baker		JR	157	27:22	4:33	7:20
110-81	Laura Tuttle		FR	165	27:48	4:38	7:27
116-86	Zoe Feighner		SR	160	28:20	4:43	7:35
120-87	Maggie Graham		JR	161	29:20	4:53	7:52
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121-88	Ashley Swisher		FR	163	29:45	4:57	7:58
122-89	Carrie Creger		FR	159	29:57	4:59	8:02
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Top 5 Total Time:	2:18:58	Top 5 Average Time:	27:47
Top 5 Average per KM:	4:37	Top 5 Average Per MILE:	7:27
1 - 5 Split:	3:12	1 - 7 Split:	3:49
Top 7 Total Time:	3:18:40	Top 7 Average Time:	28:22