

Winter Mini Meet #3 - 2016-02-21
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Mixed 60 Meter Dash

Name	Age	Team	Prelims	Age-Grading	H#
Preliminaries					
1 Ian Chambers	M32	Phoenix Athletics	7.12q	7.13 89.75%	8
2 Dmitry Issajenko	M24	I Be Fast	7.13q	7.14 89.62%	8
3 Troy Dos Santos	M42	Unattached	7.13q	6.83 93.69%	8
4 Alex Helman	M22	Centro Scuola	7.17q	7.18 89.12%	8
5 Daiten Rhone	M19	Durham Gazelles	7.19q	7.20 88.87%	8
6 Ajani Thompson	M16	Unattached	7.25q	7.26 88.14%	8
7 Kevin Adala	M18	Centro Scuola	7.40q	7.41 86.35%	7
8 Nigel John	M43	Jamaica Masters	7.40q	7.09 90.27%	7
9 Keeshigan Pirabaharan	M16	Durham Gazelles	7.42q	7.43 86.12%	7
10 Christopher Warburton	M50	Nemean Lions Ath	7.42q	6.67 95.82%	7
11 Nathan Rothwell	M31	UTTC	7.45q	7.46 85.77%	7
12 Kejean Jackson	M18	Unattached	7.46q	7.47 85.66%	8
13 Akil Julien	M17	Durham Gazelles	7.59q	7.60 84.19%	6
14 Gianmarco Raimondo	M25	Unattached	7.60q	7.61 84.08%	6
15 David Sebastian	M15	Phoenix Athletics	7.60q	7.61 84.08%	7
16 Ellis Perryman	M44	Unattached	7.71q	7.38 86.64%	6
17 Mark Tiburcio	M30	Unattached	7.81q	7.82 81.82%	4
18 Ovidiu Negoita	M44	Unattached	7.85q	7.52 85.10%	1
19 Greg Hetherington	M32	Unattached	7.87q	7.88 81.19%	7
20 Mike Lee Foon	M55	Jamaica Masters	7.90q	6.87 93.04%	7
21 Daniel Da Silva	M32	Unattached	7.98q	7.99 80.08%	5
22 Kamran Khan	M24	Hamilton Oly	7.99q	8.00 79.97%	4
23 Makenzy Pierre-Webster	W14	Durham Gazelles	7.99q	8.00 86.61%	6
24 Jordanne Williams	W26	Unattached	8.00q	8.01 86.50%	6
25 Daniel Simpson	M15	Phoenix Athletics	8.04q	8.05 79.48%	5
26 Rick Reynolds	M49	Jamaica Masters	8.06q	7.48 85.48%	6
27 Nathan Da Silva	M30	Unattached	8.10q	8.11 78.89%	5
27 Skyy Diop	W15	Durham Gazelles	8.10q	8.11 85.43%	4
29 Danny Corona	M15	Durham Gazelles	8.10q	8.11 78.89%	6
30 Paul Dowhos	M48	Unattached	8.19q	7.60 84.13%	6
31 Alexandra Green	W16	Durham Gazelles	8.20q	8.21 84.39%	4
32 Justine Archer	W16	Durham Gazelles	8.27q	8.28 83.68%	4
33 Pho Lam	M44	Unattached	8.29q	7.94 80.58%	5
34 Richard Petko	M44	Unattached	8.54q	8.18 78.22%	3
35 Sydney Frigerio	W16	Phoenix Athletics	8.58q	8.59 80.65%	4
36 Zahmoya Grant-Bingling	W15	South Simco	8.70q	8.71 79.54%	1
37 Zyeisha Grant-Bingling	W15	South Simco	8.81q	8.82 78.55%	1
38 Richard Lech	M67	Jamaica Masters	8.83q	7.16 89.35%	4
39 Robert Morley	M68	Unattached	8.94q	7.25 88.26%	2
40 Princess Parris	W14	Durham Gazelles	8.95q	8.96 77.32%	3
41 John Berardi	M41	Unattached	8.96q	8.58 74.55%	5
42 Eva Lacna	W34	Unattached	9.04q	9.05 76.55%	3
43 Peter Evans	M73	Jamaica Masters	9.37q	7.29 87.73%	2
44 Mary Harmer	W51	UTTC	9.39q	8.30 83.39%	3
45 Gekara Chung	W13	Durham Gazelles	9.40q	9.41 73.62%	2
46 Willie Price	M53	United State	9.47q	8.51 75.08%	5
47 Monique Shah	W35	Unattached	9.63q	9.53 72.69%	2
48 Tyree Chung	W14	Durham Gazelles	9.80q	9.81 70.61%	2
49 David Stern	M75	Unattached	9.84q	7.29 87.80%	1
50 Bruce Mitchell	M72	Brantford Track	10.03q	7.80 81.95%	1
51 Jill Gale	W57	Hamilton Elite At	10.06q	8.54 81.11%	1
52 Denise Gordon-Mohamud	W45	Mississauga Oly	10.47q	9.62 71.92%	1
53 Cindy Burt	W55	Durham Dragons A	10.60q	9.00 76.98%	1

Mixed 60 Meter Dash

Winter Mini Meet #3 - 2016-02-21**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

Name	Age	Team	Finals	Age-Grading	H#	Points
Finals						
1 Dmitry Issajenko	M24	I Be Fast	7.11	7.12	89.87%	7
2 Troy Dos Santos	M42	Unattached	7.12	6.82	93.82%	7
3 Daiten Rhone	M19	Durham Gazelles	7.16	7.17	89.25%	7
4 Ian Chambers	M32	Phoenix Athletics	7.17	7.18	89.12%	7
5 Alex Helman	M22	Centro Scuola	7.26	7.27	88.02%	7
6 Ajani Thompson	M16	Unattached	7.32	7.33	87.30%	7
7 Kejean Jackson	M18	Unattached	7.41	7.42	86.23%	6
8 Nigel John	M43	Jamaica Masters	7.42	7.10	90.03%	7
9 Keeshigan Pirabaharan	M16	Durham Gazelles	7.44	7.45	85.89%	6
10 Akil Julien	M17	Durham Gazelles	7.55	7.56	84.64%	6
11 Gianmarco Raimondo	M25	Unattached	7.63	7.64	83.75%	6
12 David Sebastian	M15	Phoenix Athletics	7.66	7.67	83.42%	6
13 Mark Tiburcio	M30	Unattached	7.70	7.71	82.99%	5
14 Ellis Perryman	M44	Unattached	7.74	7.41	86.30%	6
15 Ovidiu Negoita	M44	Unattached	7.81	7.48	85.53%	5
16 Mike Lee Foon	M55	Jamaica Masters	7.84	6.82	93.75%	5
17 Makenzy Pierre-Webster	W14	Durham Gazelles	7.90	7.91	87.59%	5
18 Kamran Khan	M24	Hamilton Oly	7.95	7.96	80.38%	5
19 Jordanne Williams	W26	Unattached	7.98	7.99	86.72%	5
20 Daniel Simpson	M15	Phoenix Athletics	8.01	8.02	79.78%	4
21 Daniel Da Silva	M32	Unattached	8.02	8.03	79.68%	5
22 Rick Reynolds	M49	Jamaica Masters	8.06	7.48	85.48%	4
23 Danny Corona	M15	Durham Gazelles	8.08	8.09	79.08%	4
24 Skyy Diop	W15	Durham Gazelles	8.13	8.14	85.12%	4
25 Paul Dowhos	M48	Unattached	8.18	7.59	84.23%	4
26 Alexandra Green	W16	Durham Gazelles	8.25	8.26	83.88%	4
27 Pho Lam	M44	Unattached	8.26	7.91	80.87%	3
28 Justine Archer	W16	Durham Gazelles	8.35	8.36	82.87%	4
29 Sydney Frigerio	W16	Phoenix Athletics	8.56	8.57	80.84%	3
30 Richard Petko	M44	Unattached	8.57	8.20	77.95%	3
31 Zyeisha Grant-Bingling	W15	South Simco	8.77	8.78	78.91%	3
32 Zahmoya Grant-Bingling	W15	South Simco	8.80	8.81	78.64%	3
33 Princess Parris	W14	Durham Gazelles	8.84	8.85	78.28%	3
34 Richard Lech	M67	Jamaica Masters	8.86	7.18	89.05%	3
35 Robert Morley	M68	Unattached	8.89	7.21	88.75%	3
36 Eva Lacna	W34	Unattached	9.12	9.13	75.88%	2
37 Willie Price	M53	United State	9.25	8.32	76.86%	2
38 Gekara Chung	W13	Durham Gazelles	9.37	9.38	73.85%	2
39 Mary Harmer	W51	UTTC	9.41	8.32	83.21%	2
40 Tyree Chung	W14	Durham Gazelles	9.67	9.68	71.56%	2
41 Monique Shah	W35	Unattached	9.72	9.62	72.02%	2
42 Bruce Mitchell	M72	Brantford Track	10.07	7.83	81.63%	1
43 Jill Gale	W57	Hamiton Elite At	10.10	8.57	80.79%	1
44 Cindy Burt	W55	Durham Dragons A	10.58	8.98	77.13%	1
45 Denise Gordon-Mohamud	W45	Mississauga Oly	10.70	9.83	70.37%	1

Mixed 200 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Logan Riley	M18	Durham Gazelles	22.83	22.84	84.63%	12
2 Daiten Rhone	M19	Durham Gazelles	22.87	22.88	84.48%	12
3 Otis Morgan	M40	Jamaica Masters	23.35	22.27	86.77%	12

...Mixed 200 Meter Dash

4 Keeshigan Pirabaharan	M16	Durham Gazelles	23.85	23.86	81.01%	11
5 Ian Chambers	M32	Phoenix Athletics	23.88	23.89	80.90%	10

Winter Mini Meet #3 - 2016-02-21**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

6	Nigel John	M43	Jamaica Masters	24.26	23.14	83.51%	11
7	Christopher Warburton	M50	Nemean Lions Ath	24.39	21.80	88.68%	9
8	David Sebastian	M15	Phoenix Athletics	24.41	24.42	79.15%	9
9	Gianmarco Raimondo	M25	Unattached	25.33	25.34	76.27%	9
10	Makenzy Pierre-Webster	W14	Durham Gazelles	25.50	25.51	83.69%	8
11	Richard Reid	M47	Jamaica Masters	25.54	23.59	81.91%	10
12	Daniel Simpson	M15	Phoenix Athletics	25.90	25.91	74.59%	7
13	Danny Corona	M15	Durham Gazelles	25.98	25.99	74.36%	7
14	Jordanne Williams	W26	Unattached	26.30	26.31	81.14%	8
15	Kamran Khan	M24	Hamilton Oly	26.41	26.42	73.15%	6
16	Rick Reynolds	M49	Jamaica Masters	26.50	24.48	78.94%	8
17	Kevin Farr	M45	University of Wi	26.63	24.60	78.56%	8
18	Terece Brown	W17	Durham Gazelles	27.06	27.07	78.86%	6
19	Justine Archer	W16	Durham Gazelles	27.08	27.09	78.80%	6
20	Leigh Veerman	W25	Unattached	27.30	27.31	78.17%	7
21	Paul Dowhos	M48	Unattached	27.33	25.24	76.55%	7
22	Abtin Soltani	M16	Flying Angels	27.66	27.67	69.85%	5
23	Habiba Imam	W15	Mississauga Oly	28.35	28.36	75.27%	6
24	Sydney Frigerio	W16	Phoenix Athletics	29.35	29.36	72.71%	5
25	Princess Parris	W14	Durham Gazelles	29.71	29.72	71.83%	4
26	Zahmoya Grant-Bingling	W15	South Simco	30.07	30.08	70.97%	1
27	Richard Lech	M67	Jamaica Masters	30.85	24.71	78.22%	4
28	Sinead Addis	W15	Mississauga Oly	31.57	31.58	67.60%	5
29	Mary Harmer	W51	UTTC	31.63	27.28	78.25%	3
30	Peter Evans	M73	Jamaica Masters	31.85	24.34	79.37%	3
31	Gekara Chung	W13	Durham Gazelles	32.91	32.92	64.84%	2
32	Monique Shah	W35	Unattached	33.06	32.08	66.55%	2
33	Duncan Greenshields	M67	UTTC	33.25	26.63	72.57%	3
34	David Stern	M75	Unattached	34.22	24.69	78.26%	3
35	Laura Money	W51	Unattached	35.04	30.22	70.63%	2
36	Dale Lapman	M50	Durham Dragons A	36.43	32.55	59.37%	2
37	Denise Gordon-Mohamud	W45	Mississauga Oly	37.95	34.09	62.61%	1
38	Nicky Slovitt	W55	UTTC	41.08	33.95	62.88%	1
39	John Powell	M71	EtobicokeTC	43.67	33.38	57.89%	1
--	Tyree Chung	W14	Durham Gazelles	DQ			3
--	Venus Prince-Hanson	W18	Durham Gazelles	DQ			5
--	Kejean Jackson	M18	Unattached	DQ			11

Mixed 400 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points	
1	Logan Riley	M18	Durham Gazelles	54.33	54.34	79.48%	7
2	Akil Julien	M17	Durham Gazelles	54.51	54.52	79.21%	7
3	Deon Crawley	M35	Unattached	54.52	52.64	82.04%	6
4	Kevin Farr	M45	University of Wi	58.14	52.64	82.03%	6
5	Skyy Diop	W15	Durham Gazelles	59.25	59.26	80.34%	6
6	Thomas Bok	M35	UTTC	60.75	58.65	73.63%	5
7	Craig Thompson	M33	Unattached	60.99	61.00	70.80%	5
8	Alexandra Green	W16	Durham Gazelles	61.30	61.31	77.65%	4
9	Louis Byrne	M44	Toronto Olym	63.09	59.02	73.17%	5
10	Abtin Soltani	M16	Flying Angels	65.29	65.30	66.14%	2
11	Steve Millward	M60	Niagara Olympic	65.64	53.53	80.68%	3
12	Habiba Imam	W15	Mississauga Oly	67.50	67.51	70.52%	5

...Mixed 400 Meter Dash

13	Venus Prince-Hanson	W18	Durham Gazelles	68.93	68.94	69.06%	3
14	Zyeisha Grant-Bingling	W15	South Simco	70.94	70.95	67.10%	1
15	Kaelyn Perisic	W14	Hamilton Elite At	71.76	71.77	66.33%	2
16	Gary McColeman	M73	UTTC	1:33.09	69.45	62.18%	1
17	Nicky Slovitt	W55	UTTC	1:34.00	76.77	62.00%	1

Winter Mini Meet #3 - 2016-02-21**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

-- Sinead Addis	W15 Mississauga Oly	DQ	2
-- Aleeya Hutchins	W14 Durham Gazelles	DQ	4
-- Maya Ryan	W15 Durham Gazelles	DQ	4

Mixed 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jay Brecher	M42 UTTC	2:05.40	1:59.89 84.34%	4	
2 Michael Sherar	M52 UTTC	2:05.42	1:50.96 91.13%	4	
3 Bill Wells	M41 UTTC	2:08.01	2:02.38 82.62%	4	
4 Anthony MacIsaac	M51 UTTC	2:11.98	1:56.77 86.60%	4	
5 Jimmy Semes	M37 Boardwalk Runnin	2:18.91	2:17.76 73.40%	4	
6 Holly Gibson	W15 Durham Gazelles	2:19.32	2:19.33 81.31%	4	
7 Mary Unsworth	W38 Muskoka Algonqui	2:24.75	2:24.05 78.65%	3	
8 Glenn Duncan	M43 Unattached	2:28.52	2:21.99 71.21%	3	
9 James Wallace	M53 UTTC	2:28.91	2:11.75 76.75%	3	
10 Gary Cassel	M48 Cambridge Harriers	2:29.97	2:18.02 73.26%	3	
11 Mark Duff	M54 Boardwalk Runnin	2:29.97	2:12.68 76.21%	3	
12 John Helliher	M64 UTTC	2:30.25	2:02.20 82.74%	3	
13 Simon Rayner	M51 UTTC	2:30.45	2:13.11 75.97%	3	
14 Nancy Catton	W48 UTTC	2:32.56	2:19.19 81.39%	3	
15 Makenna Parkinson	W14 Durham Gazelles	2:38.73	2:38.74 71.37%	2	
16 Niegel Geohagen	M47 Jamaica Masters	2:40.68	2:27.88 68.38%	2	
17 Aidan Purnell	M47 Unattached	2:42.43	2:29.49 67.64%	2	
18 Ted Paget	M64 Newmarket Huskies	2:43.12	2:12.67 76.21%	2	
19 Brent Hutchinson	M58 Unattached	2:44.15	2:19.37 72.55%	2	
20 Richard Bailey	M67 Longboat RR	2:44.30	2:07.76 79.14%	2	
21 Norman Creen	M64 UTTC	2:48.36	2:16.93 73.84%	2	
22 Laura Money	W51 Unattached	2:49.16	2:27.33 76.89%	1	
23 Patrick Miller	M61 United State	2:50.90	2:19.00 72.74%	1	
24 John Comerford	M59 UTTC	2:50.97	2:25.16 69.66%	1	
25 Chris Mackie	M75 Unattached	2:51.47	1:58.73 85.16%	1	
26 Anke Graenert	W49 Newmarket Huskies	3:00.33	2:44.52 68.86%	1	
27 Trinity Braithwaite	W11 Unattached	3:06.12	3:06.13 60.86%	2	
28 Timo Uuksulainen	M64 Longboat RR	3:07.75	2:32.70 66.22%	1	
29 Summer Chapman-Price	W40 United State	3:32.10	3:22.28 56.00%	1	
30 Robert Moore	M75 Toronto Olym	3:34.08	2:28.23 68.21%	1	
31 Claire Prest	W71 Longboat RR	3:58.68	2:41.16 70.29%	1	

Mixed 1 Mile Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Geoff Peat	M52 Newmarket Huskies	4:50.54	4:14.14 87.59%	4	
2 Phil Oreopoulos	M43 UTTC	4:51.15	4:35.17 80.90%	4	
3 Vince Friel	M53 Newmarket Huskies	5:04.59	4:26.43 83.55%	4	
4 Mark Sterling	M50 UTTC	5:15.68	4:36.13 80.62%	4	
5 Robert Kay	M33 Longboat RR	5:16.07	5:16.08 70.43%	4	
6 Mary Unsworth	W38 Muskoka Algonqui	5:22.25	5:16.68 79.45%	4	
7 Jimmy Semes	M37 Boardwalk Runnin	5:23.17	5:16.32 70.37%	4	

...Mixed 1 Mile Run

8 Darryl Barber	M44 Unattached	5:26.24	5:08.33 72.20%	2	
9 John MacMillan	M59 Longboat RR	5:29.01	4:36.21 80.59%	3	
10 Mark Duff	M54 Boardwalk Runnin	5:33.56	4:51.77 76.30%	3	
11 Scott Lockhart	M52 Unattached	5:38.06	4:55.71 75.28%	2	
12 Amy Ballon	W44 UTTC	5:41.89	5:23.74 77.72%	2	
13 Michelle Clarke	W41 Longboat RR	5:44.88	5:26.57 77.04%	3	
14 Simon Rayner	M51 UTTC	5:45.03	5:01.80 73.76%	3	
15 Craig Thompson	M33 Unattached	5:45.21	5:45.22 64.48%	3	

Winter Mini Meet #3 - 2016-02-21**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

16 Thomas Bok	M35 UTTC	5:51.93	5:44.47	64.62%	4
17 Makenna Parkinson	W14 Durham Gazelles	5:57.63	5:57.64	70.35%	2
18 Ted Paget	M64 Newmarket Huskies	6:10.78	4:58.22	74.64%	2
19 Richard Bailey	M67 Longboat RR	6:14.77	4:48.24	77.23%	2
20 Patrick Miller	M61 United State	6:26.88	5:11.17	71.54%	1
21 Chris Mackie	M75 Unattached	6:35.63	4:29.35	82.65%	1
22 Ken Hamilton	M66 Newmarket Huskies	6:40.89	5:08.33	72.20%	1
23 John Comerford	M59 UTTC	6:53.42	5:47.07	64.14%	1
24 Clara Northcott	W61 UTTC	6:55.26	5:05.06	82.48%	1 CAN
(old CAN 7:02.2 Judy Warick SK 2009)					
25 Timo Uuksulainen	M64 Longboat RR	6:59.06	5:37.06	66.04%	1
-- Joy Kramarich	W55 UTTC		DNF		2
-- Paul Osland	M52 UTTC		DNF		2

Mixed 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Alec Braithwaite	M40 Brantford Track	10:12.32	9:51.02	74.45%
2 Dave Corlett	M48 Boardwalk Runnin	10:13.47	9:30.78	77.09%
3 Robert Madej	M47 Longboat RR	10:21.61	9:38.35	76.08%
4 Hassane Assaaoudi	M48 Unattached	11:17.51	10:30.36	69.80%
5 Gary Cassel	M48 Cambridge Harriers	11:23.89	10:36.30	69.15%
6 Jim Rawling	M60 Longboat RR	11:54.09	9:49.84	74.60%
7 Neil Whitlock	M56 Unattached	12:23.37	10:39.90	68.76%
8 Ken Hamilton	M66 Newmarket Huskies	12:32.46	9:54.30	74.04%
9 Robert Moore	M75 Toronto Olym	14:35.35	10:11.52	71.95%
10 Ed Whitlock	M84 Unattached	14:42.04	9:19.84	78.60%
11 Claire Prest	W71 Longboat RR	16:44.72	10:38.20	78.57%

Mixed 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Points
1 Richard Lech	M67 Jamaica Masters	11.02	8.75	83.39%

Mixed 1609 Meter Steeplechase 36" Barriers

Name	Age Team	Finals	Age-Grading	Points
1 Glenn Duncan	M43 Unattached	5:59.55		
2 Dale Lapman	M50 Durham Dragons A	8:22.60		

Mixed 1609 Meter Steeplechase 30" Barriers

Name	Age Team	Finals	Age-Grading	Points
1 Kate Cochrane-Brink	W48 UTTC	6:31.41		

Mixed 4x800 Meter Relay

Team	Finals	Points
1 Unattached 'A'	12:04.68	CAN
1) Duncan Greenshields 67		
2) Ken Hamilton 66		
3) Chris Mackie 75		
4) Richard Bailey 67		

No previous CAN record)

Mixed High Jump

Name	Age Team	Finals	Age-Grading	Points
------	----------	--------	-------------	--------

Winter Mini Meet #3 - 2016-02-21**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

1	David Valenzuela	M39	Unattached	1.80m	1.84m	75.31%
2	Kevin Adala	M18	Centro Scuola	1.75m	1.75m	71.43%
3	Ovidiu Negoita	M44	Unattached	1.60m	1.67m	68.38%
4	Don Ritchie	M54	Bolton Pole Vault	1.40m	1.62m	66.35%
5	Stan Seitz	M68	Ottawa Lions	1.25m	1.73m	70.62%

Mixed Pole Vault

Name	Age	Team	Finals	Age-Grading	Points
1 Stan Seitz	M68	Ottawa Lions	2.60m	4.02m	65.49%

Mixed Long Jump

Name	Age	Team	Finals	Age-Grading	Points
1 Timothy Sirisombath	M16	Unattached	5.43m	5.43m	60.67%
2 Leigh Veerman	W25	Unattached	5.20m	5.20m	69.15%
3 Terece Brown	W17	Durham Gazelles	5.14m	5.14m	68.35%
4 Ovidiu Negoita	M44	Unattached	5.02m	5.47m	61.14%
5 Marissa Dubois	W17	Hamilton Oly	4.93m	4.93m	65.56%
6 Zion Brookes	M12	Durham Gazelles	4.69m	4.69m	52.40%
7 Stan Seitz	M68	Ottawa Lions	3.30m	5.01m	56.03%
8 Willie Price	M53	United State	2.94m	3.61m	40.38%
9 Cindy Burt	W55	Durham Dragons A	2.67m	3.57m	47.59%

Mixed Shot Put

Name	Age	Team	Finals	Age-Grading	Points
1 Bill Pearson	M63	Throwers Club	11.52m	14.37m	62.20%
2 Jerzy Wyroba	M66	Unattached	10.33m	14.05m	60.80%
3 Ralph Shapiro	M64	Throwers Club	10.28m	12.83m	55.51%
4 Kristen Dajia	W52	Throwers Club	9.19m	11.58m	51.20%
5 David Morris	M77	Throwers Club	8.48m	11.86m	51.33%
6 Adri Rowswell	W75	Unattached	8.37m	15.33m	67.77%
7 Bill Wells	M41	UTTC	6.86m	7.63m	33.04%
8 Gary McColeman	M73	UTTC	6.83m	8.74m	37.84%
9 Karla Del Grande	W62	Nemean Lions Ath	6.49m	9.74m	43.07%
10 Enrico Toscano	M75	Throwers Club	5.99m	8.38m	36.26%

Mixed Weight Throw

Name	Age	Team	Finals	Age-Grading	Points
1 Christian Janzen	M16	Hamilton Oly	16.62m	16.62m	64.27%

...Mixed Weight Throw

2 Ayman Mazhar	M56	UTTC	15.77m	17.70m	68.45%
3 Patrick Ryall	M17	South Simco	14.35m	14.35m	55.49%
4 Kristen Dajia	W52	Throwers Club	12.78m	15.10m	64.03%
5 Bill Pearson	M63	Throwers Club	11.77m	12.26m	47.44%
6 David Morris	M77	Throwers Club	11.08m	13.61m	52.64%
7 Enrico Toscano	M75	Throwers Club	6.33m	7.77m	30.07%

Indoor Pentathlon: #5 Men 1000 Meter Run Indoor Pentathlon

Name	Age	Team	Finals	Age-Grading	Points
1 Bruce Urch	M61	Throwers Club	3:57.10	3:08.93	69.08% 579

Winter Mini Meet #3 - 2016-02-21**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

2 Paul White	M49 Unattached	4:30.53	4:07.43	52.74%	159
3 Ralph Cilevitz	M61 Jamaica Masters	5:26.87	4:20.46	50.11%	99
-- Jordan Rosenberg	M46 Unattached		DQ		

Indoor Pentathlon: #1 Men 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M49 Unattached	11.82	10.75 67.94%	408
2 Ralph Cilevitz	M61 Jamaica Masters	11.98	9.96 73.29%	549
3 Bruce Urch	M61 Throwers Club	13.01	10.82 67.49%	397

Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M49 Unattached	1.42m	1.56m 63.96%	434
2 Bruce Urch	M61 Throwers Club	1.30m	1.69m 69.15%	536
3 Ralph Cilevitz	M61 Jamaica Masters	1.24m	1.61m 65.96%	472
-- Jordan Rosenberg	M46 Unattached	NH		

Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M49 Unattached	4.64m	5.35m 59.87%	451
2 Ralph Cilevitz	M61 Jamaica Masters	4.29m	6.03m 67.45%	593
3 Bruce Urch	M61 Throwers Club	4.05m	5.70m 63.68%	523

Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M61 Throwers Club	9.01m	11.24m 48.65%	560
2 Paul White	M49 Unattached	8.42m	10.12m 43.79%	493
3 Ralph Cilevitz	M61 Jamaica Masters	7.77m	9.69m 41.95%	467

Men Indoor Pentathlon

Name	Age Team	Finals	Points
1 Bruce Urch	M61 Throwers Club	2595	7
2 Ralph Cilevitz	M61 Jamaica Masters	2180	5
3 Paul White	M49 Unattached	1945	4