

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 100 Meter Dash M45**

| Name | Age Team | Prelims | Wind | Age-Grading |
|----------------------|-----------------------|---------|------|--------------|
| Preliminaries | | | | |
| 1 Lawrence Williams | M45 Ottawa Lions | 11.89q | 0.4 | 11.05 88.65% |
| 2 Tit (jonathan) Hui | M45 Guelph Track Club | 12.35q | 0.4 | 11.47 85.34% |
| 3 Kasper Hinds | M47 Unattached - | 12.47q | 0.4 | 11.59 84.52% |
| 4 Rick Reynolds | M49 Jamaica Masters | 12.88q | 0.4 | 11.97 81.83% |
| 5 Kevin Farr | M46 University of Wi | 13.20q | 0.4 | 12.26 79.85% |
| 6 Geoff Day | M49 Unattached - | 13.45q | 0.4 | 12.50 78.36% |
| 7 Marc Proudfoot | M46 Unattached - | 13.46q | 0.4 | 12.51 78.31% |
| 8 Scott Regier | M45 Unattached - | 13.80q | 0.4 | 12.82 76.38% |

M45 100 Meter Dash M45

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|----------------------|-----------------------|--------|------|--------------|--------|
| Finals | | | | | |
| 1 Lawrence Williams | M45 Ottawa Lions | 11.89 | 0.4 | 11.05 88.65% | 3 |
| 2 Tit (jonathan) Hui | M45 Guelph Track Club | 12.35 | 0.4 | 11.47 85.34% | 2 |
| 3 Kasper Hinds | M47 Unattached - | 12.47 | 0.4 | 11.59 84.52% | 4 |
| 4 Rick Reynolds | M49 Jamaica Masters | 12.88 | 0.4 | 11.97 81.83% | 1 |
| 5 Kevin Farr | M46 University of Wi | 13.20 | 0.4 | 12.26 79.85% | 5 |
| 6 Geoff Day | M49 Unattached - | 13.45 | 0.4 | 12.50 78.36% | |
| 7 Marc Proudfoot | M46 Unattached - | 13.46 | 0.4 | 12.51 78.31% | 7 |
| 8 Scott Regier | M45 Unattached - | 13.80 | 0.4 | 12.82 76.38% | |

W29&U 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|--------------------|----------------|--------|------|--------------|----|--------|
| 1 Kathryn Bautista | W23 Unattached | J13.84 | 2.3 | 13.85 75.79% | 3 | |

M30 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-------------------|------------------|--------|------|--------------|----|--------|
| 1 Kevin Ignacio | M30 Unattached - | 11.44 | 0.3 | 11.45 85.58% | 9 | 7 |
| 2 Mark Andal | M30 Game Speed I | 11.74 | 0.3 | 11.75 83.39% | 9 | 5 |
| 3 Mark Tiburcio | M30 Unattached - | 12.26 | 0.3 | 12.27 79.85% | 9 | 4 |
| 4 Nathan Da Silva | M30 Unattached | 12.59 | 0.3 | 12.60 77.76% | 9 | 3 |
| 5 Daniel Da Silva | M32 Unattached | 12.73 | 0.3 | 12.74 76.90% | 9 | 2 |

W30 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|----------------|------------------|--------|------|--------------|----|--------|
| 1 Paula Marcus | W34 Unattached - | 18.87 | 2.3 | 18.88 55.59% | 3 | 7 |

M35 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|------------------|-----------------------|--------|------|--------------|----|--------|
| 1 Andre Mitchell | M39 Nemean Lions | 11.75 | 0.3 | 11.60 84.43% | 9 | 7 |
| 2 Chris Wrobel | M35 The Peel Gazelles | 12.92 | 0.3 | 12.76 76.78% | 9 | 5 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 100 Meter Dash Sat 11:30am**

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-----------------|-----------------------|--------|------|--------------|----|--------|
| 1 Kem McLean | W36 Jamaica Masters | 14.75 | 2.3 | 14.61 71.86% | 3 | 7 |
| 2 Vicky Romocki | W38 The Peel Gazelles | 14.86 | 2.3 | 14.72 71.33% | 3 | 5 |
| 3 Monique Shah | W36 Jamaica Masters | 15.28 | 2.3 | 15.13 69.37% | 3 | 4 |

M40 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-------------------|-------------------------|--------|------|--------------|----|--------|
| 1 Troy Dos Santos | M42 Jamaica Masters | 11.51 | 0.6 | 11.03 88.79% | 8 | 7 |
| 2 Nigel John | M43 Jamaica Masters | 11.73 | 0.6 | 11.24 87.13% | 8 | 5 |
| 3 Eric Quane | M40 The Durham Gazelles | 13.88 | 0.6 | 13.30 73.63% | 8 | 4 |

W40 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|---------------------|------------------|--------|------|--------------|----|--------|
| 1 Violeta Garfunkel | W43 UTTC | 13.69 | 2.1 | 13.08 80.28% | 2 | 7 |
| 2 Claudia Francis | W43 Unattached - | 14.50 | 2.1 | 13.85 75.79% | 2 | 5 |

W45 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-------------------------|-------------------------|--------|------|--------------|----|--------|
| 1 Nancy Catton | W48 UTTC | 14.29 | 2.1 | 13.15 79.85% | 2 | 7 |
| 2 Gaye Boston | W47 UTTC | 14.38 | 2.1 | 13.23 79.35% | 2 | 5 |
| 3 Cathy Barry | W45 The Durham Gazelles | 14.85 | 2.1 | 13.66 76.84% | 2 | 4 |
| 4 Jodi Rice | W46 Hamilton Eli | 15.08 | 2.1 | 13.87 75.66% | 2 | 3 |
| 5 Denise Gordon-Mohamud | W45 Mississauga Oly | 16.55 | 2.1 | 15.22 68.94% | 2 | 2 |
| 6 Katty Abran | W45 London Weste | 21.30 | 1.2 | 19.59 53.57% | 10 | 1 |

M50 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-------------------------|---------------------|--------|------|--------------|----|--------|
| 1 Christopher Warburton | M50 Nemean Lions | 11.58 | 1.1 | 10.42 93.96% | 7 | 7 |
| 2 Serge Faucher | M52 Unattached - | 12.33 | 1.1 | 11.10 88.24% | 7 | 5 |
| 3 Michael Sherar | M52 UTTC | 12.55 | 1.1 | 11.29 86.69% | 7 | 4 |
| 4 Paul Robinson | M51 Jamaica Masters | 13.23 | 1.1 | 11.91 82.24% | 7 | 3 |
| 5 Timothy Burgess | M53 UTTC | 13.75 | 1.1 | 12.37 79.13% | 7 | 2 |
| 6 Christopher Webb | M50 Unattached - | 14.32 | 1.1 | 12.89 75.98% | 7 | 1 |
| 7 Willie Price | M54 United State | 15.97 | 1.1 | 14.37 68.13% | 7 | |
| 8 Dale Bird | M53 Unattached - | 16.15 | 1.1 | 14.53 67.37% | 7 | |

W50 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|-------------------|----------|--------|------|--------------|--------|
| 1 Theresa Rozario | W51 UTTC | 15.97 | 0.7 | 14.13 74.26% | 7 |

M55 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-----------------|---------------------|--------|------|--------------|----|--------|
| 1 Mike Lee Foon | M55 Jamaica Masters | 12.56 | 0.3 | 10.94 89.57% | 6 | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M55 100 Meter Dash Sat 11:30am**

| | | | | | | | |
|--------------------|------------------|-------|-----|-------|--------|---|---|
| 2 Mel White | M57 UTTC | 13.62 | 0.3 | 11.86 | 82.60% | 6 | 5 |
| 3 Spencer Arnfield | M57 Extreme Velo | 13.87 | 0.3 | 12.08 | 81.11% | 6 | 4 |
| 4 John Siriski | M57 Unattached - | 14.59 | 0.3 | 12.71 | 77.11% | 6 | 3 |

M60 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-----------------------|---------------------|--------|------|-------------|--------|--------|
| 1 Kerry Smith | M62 Jamaica Masters | 12.63 | 0.6 | 10.63 | 92.16% | 5 7 |
| 2 Ward Hazen | M62 Unattached - | 13.13 | 0.6 | 11.05 | 88.65% | 5 5 |
| 3 Cassius ML Richards | M61 Unattached | 13.80 | 0.6 | 11.62 | 84.35% | 5 4 |
| 4 Bruce Urch | M61 Throwers Club | 14.56 | 0.6 | 12.26 | 79.95% | 5 3 |
| 5 Ralph Cilevitz | M62 Jamaica Masters | 15.29 | 0.6 | 12.87 | 76.13% | 5 2 |

M60 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------------|------------------|--------|------|-------------|----------|
| 1 Karla Del Grande | W63 Nemean Lions | 14.04 | 0.7 | 11.43 | 91.81% 7 |
| 2 Wendy Alexis | W61 Ottawa Lions | 14.07 | 0.7 | 11.46 | 91.61% 5 |
| 3 Frances Bates | W62 UTTC | J21.99 | 0.7 | 17.90 | 58.62% |

M65 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|----------------|---------------------|--------|------|-------------|--------|--------|
| 1 Robert Beyea | M68 Jamaica Masters | 15.83 | 0.6 | 12.84 | 76.25% | 5 7 |

M65 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|-------------------|------------------|--------|------|-------------|----------|
| 1 Rhona Trott | W67 Hamilton Oly | 17.16 | 0.7 | 13.37 | 78.50% 7 |
| 2 Nancy Postrozny | W66 Unattached - | 25.30 | 0.7 | 19.71 | 53.24% 5 |
| 3 Mary Nisbet | W66 Unattached - | 28.70 | 0.7 | 22.36 | 46.93% 4 |

M70 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|---------------------|----------------------|--------|------|-------------|--------|--------|
| 1 David Dagg | M72 Unattached - | 14.92 | 1.4 | 11.62 | 84.32% | 4 7 |
| 2 Darrell Patterson | M70 Unattached - | 15.32 | 1.4 | 11.93 | 82.11% | 4 5 |
| 3 Peter Evans | M74 Jamaica Masters | 15.52 | 1.4 | 12.08 | 81.06% | 4 4 |
| 4 Bruce Mitchell | M73 Brantford T.F.C. | 16.24 | 1.4 | 12.64 | 77.46% | 4 3 |
| 5 Patrick Groulx | M74 Ontario Mast | 20.17 | 1.4 | 15.70 | 62.37% | 4 2 |

M75 100 Meter Dash Sat 11:30am

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|---------------|---------------------|--------|------|-------------|--------|--------|
| 1 Mike Morris | M76 Unattached - | 15.15 | 1.4 | 11.23 | 87.19% | 4 7 |
| 2 David Stern | M76 Jamaica Masters | 15.93 | 1.4 | 11.81 | 82.93% | 4 5 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W29&U 200 Meter Dash Sun 12:30pm**

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|--------------------|----------------|--------|------|----------------|--------|
| 1 Kathryn Bautista | W23 Unattached | 30.06 | 1.4 | 30.07 70.99% | 3 7 |

M30 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|------------------------|---------------------|--------|------|----------------|--------|
| 1 Mark Andal | M30 Game Speed I | 24.21 | 1.3 | 24.22 79.80% | 12 7 |
| 2 Nathan Da Silva | M30 Unattached | 25.89 | 1.3 | 25.90 74.62% | 12 5 |
| 3 Daniel Da Silva | M32 Unattached | 25.96 | 1.3 | 25.97 74.42% | 12 4 |
| 4 Milton Omar Ashmeade | M31 Jamaica Masters | 26.78 | 1.3 | 26.79 72.14% | 12 3 |

M35 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|------------------|-----------------------|--------|------|----------------|--------|
| 1 Andre Mitchell | M39 Nemean Lions | 24.27 | 1.3 | 23.88 80.92% | 12 7 |
| 2 Chris Wrobel | M35 The Peel Gazelles | 27.26 | 1.3 | 26.82 72.05% | 12 5 |

W35 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|----------------|---------------------|--------|------|----------------|--------|
| 1 Monique Shah | W36 Jamaica Masters | 32.93 | 1.4 | 31.95 66.81% | 3 7 |

W40 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|-------------------------|------------------|--------|------|----------------|--------|
| 1 Violeta Garfunkel | W43 UTTC | 28.12 | 1.4 | 26.27 81.22% | 3 7 |
| 2 Michelle Clarke | W42 Longboat Roa | 32.92 | 1.4 | 30.76 69.38% | 3 5 |
| 3 Karen Maloney-Younger | W41 Unattached | 33.05 | 1.4 | 30.88 69.11% | 3 4 |

M40 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|---------------|-------------------------|--------|------|----------------|--------|
| 1 Nigel John | M43 Jamaica Masters | 23.69 | -0.9 | 22.60 85.52% | 11 7 |
| 2 Otis Morgan | M40 Jamaica Masters | 23.86 | -0.9 | 22.76 84.91% | 11 5 |
| 3 Eric Quane | M40 The Durham Gazelles | 29.68 | -0.9 | 28.31 68.26% | 11 4 |

M45 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|---------------------|----------------------|--------|------|----------------|--------|
| 1 Lawrence Williams | M45 Ottawa Lions | 24.09 | 0.2 | 22.25 86.84% | 10 7 |
| 2 Mirco Graenert | M47 Newmarket HU | 25.70 | 0.2 | 23.74 81.40% | 10 5 |
| 3 Marcus Skeete | M48 UTTC | 25.82 | 0.2 | 23.85 81.02% | 10 4 |
| 4 Richard Reid | M47 Jamaica Masters | 25.95 | 0.2 | 23.97 80.62% | 10 3 |
| 5 Kevin Farr | M46 University of Wi | 26.87 | 0.2 | 24.82 77.86% | 10 2 |
| 6 Marc Proudfoot | M46 Unattached - | 28.89 | 0.6 | 26.68 72.41% | 9 1 |
| 7 Hyun Joong Lee | M49 Unattached - | 30.20 | 0.6 | 27.89 69.27% | 9 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 200 Meter Dash Sun 12:30pm**

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-------------------|-------------------------|--------|------|-------------|--------|--------|
| 1 Nancy Catton | W48 UTTC | 29.34 | 0.7 | 26.36 | 80.98% | 2 7 |
| 2 Marsha Thompson | W45 Jamaica Masters | 30.15 | 0.7 | 27.09 | 78.81% | 2 5 |
| 3 Cathy Barry | W45 The Durham Gazelles | 30.91 | 0.7 | 27.77 | 76.87% | 2 4 |
| 4 Diana Cesaroni | W47 Ontario Mast | 31.13 | 0.7 | 27.97 | 76.33% | 2 3 |

M50 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-------------------------|---------------------|--------|------|-------------|--------|--------|
| 1 Christopher Warburton | M50 Nemean Lions | 23.99 | 1.8 | 21.44 | 90.16% | 8 7 |
| 2 Serge Faucher | M52 Unattached - | 24.79 | 1.8 | 22.15 | 87.25% | 8 5 |
| 3 David Turkstra | M50 Jamaica Masters | 26.23 | 1.8 | 23.44 | 82.46% | 8 4 |
| 4 William Hudson | M50 UTTC | 26.26 | 1.8 | 23.47 | 82.37% | 8 3 |
| 5 Jianping Xu | M50 Harbour Track | 30.01 | 1.8 | 26.82 | 72.08% | 8 2 |

W50 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|-----------------|------------------|--------|------|-------------|----------|
| 1 Jean Ferguson | W51 Ottawa Lions | 32.55 | 0.5 | 28.07 | 76.04% 7 |

M55 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-----------------|---------------------|--------|------|-------------|--------|--------|
| 1 Mike Lee Foon | M55 Jamaica Masters | 25.41 | 1.7 | 21.94 | 88.08% | 7 7 |
| 2 Andrew Bass | M55 Jamaica Masters | 27.39 | 1.7 | 23.65 | 81.71% | 7 5 |
| 3 Mel White | M57 UTTC | 27.78 | 1.7 | 23.99 | 80.56% | 7 4 |

M60 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-----------------------|---------------------|--------|------|-------------|--------|--------|
| 1 Kerry Smith | M62 Jamaica Masters | 25.98 | 1.5 | 21.65 | 89.26% | 6 7 |
| 2 Cassius ML Richards | M61 Unattached | 28.53 | 1.5 | 23.78 | 81.28% | 6 5 |
| 3 Bruce Urch | M61 Throwers Club | 30.63 | 1.5 | 25.53 | 75.71% | 6 4 |

W60 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------------|------------------|--------|------|-------------|----------|
| 1 Wendy Alexis | W61 Ottawa Lions | 29.07 | 0.5 | 22.98 | 92.91% 7 |
| 2 Karla Del Grande | W63 Nemean Lions | 29.43 | 0.5 | 23.26 | 91.78% 5 |
| 3 Lynn Kobayashi | W60 UTTC | 38.30 | 0.5 | 30.27 | 70.52% 4 |

M65 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|-----------------------|---------------------|--------|------|-------------|--------|--------|
| 1 Arthur Lewis | M66 Extreme Velo | 29.26 | 0.7 | 23.43 | 82.47% | 5 7 |
| 2 Duncan Greenshields | M67 UTTC | 33.47 | 0.7 | 26.80 | 72.09% | 5 5 |
| 3 Robert Beyea | M68 Jamaica Masters | 35.51 | 0.7 | 28.44 | 67.95% | 5 4 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 200 Meter Dash Sun 12:30pm**

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|---------------|---------------------|--------|------|--------------|----|--------|
| 1 Peter Evans | M74 Jamaica Masters | 33.43 | 0.4 | 25.55 75.62% | 4 | 7 |
| 2 John Powell | M72 EtobicokeTC | 46.91 | 0.4 | 35.85 53.89% | 4 | 5 |

M75 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|---------------|---------------------|--------|------|--------------|----|--------|
| 1 Mike Morris | M76 Unattached - | 32.72 | 0.4 | 23.61 81.85% | 4 | 7 |
| 2 David Stern | M76 Jamaica Masters | 34.36 | 0.4 | 24.80 77.94% | 4 | 5 |

M85 200 Meter Dash Sun 12:30pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|------------|------------------|--------|------|--------------|----|--------|
| 1 Earl Fee | M87 Unattached - | 39.97 | 0.4 | 24.19 79.88% | 4 | 7 |

M30 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|------------------------|---------------------|--------|--------------|----|--------|
| 1 Nathan Da Silva | M30 Unattached | 59.04 | 59.05 73.14% | 7 | 7 |
| 2 Milton Omar Ashmeade | M31 Jamaica Masters | 62.21 | 62.22 69.41% | 7 | 5 |

M35 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|------------------|------------------|--------|--------------|----|--------|
| 1 Andre Mitchell | M39 Nemean Lions | 54.08 | 52.21 82.71% | 7 | 7 |

M40 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|-------------------------|---------------------|--------|--------------|----|--------|
| 1 Nigel John | M43 Jamaica Masters | 51.70 | 48.37 89.28% | 6 | 7 |
| 2 Otis Morgan | M40 Jamaica Masters | 52.03 | 48.67 88.72% | 6 | 5 |
| 3 Bill Wells | M41 UTTC | 56.83 | 53.16 81.22% | 6 | 4 |
| 4 Mohammed Youb Chalabi | M40 Unattached - | 59.89 | 56.03 77.07% | 6 | 3 |

M45 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------------|----------------------|--------|--------------|----|--------|
| 1 Mirco Graenert | M47 Newmarket HU | 55.44 | 50.20 86.02% | 5 | 7 |
| 2 Marcus Skeete | M48 UTTC | 56.43 | 51.10 84.51% | 5 | 5 |
| 3 Kevin Farr | M46 University of Wi | 57.56 | 52.12 82.85% | 5 | 4 |
| 4 Richard Reid | M47 Jamaica Masters | 58.48 | 52.95 81.55% | 5 | 3 |
| 5 Kasper Hinds | M47 Unattached - | 59.82 | 54.17 79.72% | 5 | 2 |
| 6 Wayne Ferron | M49 Longboat Roa | 62.82 | 56.88 75.92% | 5 | 1 |
| 7 Matthew Dechellis | M48 Unattached - | 67.41 | 61.04 70.75% | 5 | |
| 8 Shawn Folkes | M48 Jamaica Masters | 74.34 | 67.31 64.15% | 5 | |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 400 Meter Dash Sat 2:00pm**

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|--------|--------------|--------|
| 1 Lisa Daley | W46 United State | 61.75 | 55.48 85.81% | 7 |
| 2 Nancy Catton | W48 UTTC | 64.93 | 58.33 81.61% | 5 |
| 3 Jodi Rice | W46 Hamilton Eli | 67.02 | 60.21 79.07% | 4 |
| 4 Heather Driscoll | W47 Blue Devils | 78.65 | 70.66 67.37% | 3 |
| 5 Anke Graenert | W49 Newmarket HU | 79.30 | 71.24 66.82% | 2 |

M50 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|-------------------------|------------------|--------|--------------|----|--------|
| 1 Michael Sherar | M52 UTTC | 53.48 | 46.82 92.24% | 4 | 7 |
| 2 Christopher Warburton | M50 Nemean Lions | 54.27 | 47.51 90.90% | 4 | 5 |
| 3 Serge Faucher | M52 Unattached - | 55.24 | 48.36 89.30% | 4 | 4 |
| 4 William Hudson | M50 UTTC | 59.46 | 52.06 82.96% | 4 | 3 |
| 5 Christopher Webb | M50 Unattached - | 63.13 | 55.27 78.14% | 4 | 2 |
| 6 Dale Bird | M53 Unattached - | 73.42 | 64.28 67.19% | 4 | 1 |

W50 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|--------------|--------|
| 1 Jennifer Rout | W51 Newmarket HU | 77.79 | 66.71 71.36% | 7 |

M55 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------|---------------------|--------|--------------|----|--------|
| 1 Andrew Bass | M55 Jamaica Masters | 59.67 | 50.45 85.60% | 3 | 7 |
| 2 Scott Payne | M56 Jamaica Masters | 64.21 | 54.29 79.55% | 3 | 5 |

W55 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|----------|---------|--------------|--------|
| 1 Joy Kramarich | W55 UTTC | 1:22.77 | 67.60 70.41% | 7 |

W60 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|--------|--------------|--------|
| 1 Karla Del Grande | W63 Nemean Lions | 69.33 | 53.49 88.99% | 7 |

M65 400 Meter Dash Sat 2:00pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|-----------------------|---------------------|--------|--------------|----|--------|
| 1 Arthur Lewis | M66 Extreme Velo | 65.64 | 51.44 83.94% | 3 | 7 |
| 2 Duncan Greenshields | M67 UTTC | 76.13 | 59.66 72.38% | 3 | 5 |
| -- Robert Beyea | M68 Jamaica Masters | DNF | | 3 | |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 400 Meter Dash Sat 2:00pm**

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|------------------|-----|------|---------|--------------|----|--------|
| 1 Gary McColeman | M74 | UTTC | 1:30.91 | 67.82 63.67% | 2 | 7 |

M75 400 Meter Dash Sat 2:00pm

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|--------------------|-----|------|---------|--------------|----|--------|
| 1 Keijo Taivassalo | M77 | UTTC | 1:24.85 | 59.26 72.87% | 2 | 7 |
| 2 Vern Christensen | M75 | UTTC | 1:27.37 | 61.02 70.77% | 2 | 5 |

M85 400 Meter Dash Sat 2:00pm

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|------------|-----|--------------|---------|--------------|----|--------|
| 1 Earl Fee | M87 | Unattached - | 1:23.55 | 46.36 93.15% | 2 | 7 |

W35 800 Meter Run Sun 11:00am

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|------------------|-----|------------------|---------|----------------|----|--------|
| 1 Tanya Sakharov | W35 | Boardwalk RC | 2:33.57 | 2:32.82 74.13% | 2 | 7 |
| 2 Delilah Topic | W37 | British Columbia | 2:54.32 | 2:53.47 65.31% | 2 | 5 |

M35 800 Meter Run Sun 11:00am

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|------------------|-----|--------------|---------|----------------|----|--------|
| 1 Thomas Bok | M36 | UTTC | 2:13.77 | 2:12.66 76.22% | 7 | 7 |
| 2 Sheldon Cooper | M35 | Unattached | 2:17.32 | 2:16.19 74.25% | 7 | 5 |
| 3 Jimmy Semes | M37 | Boardwalk RC | 2:21.52 | 2:20.35 72.05% | 7 | 4 |

M40 800 Meter Run Sun 11:00am

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|---------------|-----|--------------|---------|----------------|----|--------|
| 1 Dave Tepper | M41 | Newmarket HU | 2:07.10 | 2:01.51 83.21% | 7 | 7 |
| 2 Louis Byrne | M44 | Toronto Olym | 2:20.86 | 2:14.67 75.08% | 7 | 5 |

W40 800 Meter Run Sun 11:00am

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|-------------------|-----|--------------|---------|----------------|----|--------|
| 1 Michelle Clarke | W42 | Longboat Roa | 2:34.56 | 2:27.41 76.85% | 2 | 7 |

W45 800 Meter Run Sun 11:00am

| Name | Age | Team | Finals | Age-Grading | H# | Points |
|----------------------|-----|--------------|---------|----------------|----|--------|
| 1 Amy Ballon | W45 | UTTC | 2:38.48 | 2:24.59 78.35% | 2 | 7 |
| 2 Anke Graenert | W49 | Newmarket HU | 3:00.96 | 2:45.09 68.62% | 2 | 5 |
| 3 Heather Driscoll | W47 | Blue Devils | 3:02.38 | 2:46.39 68.08% | 2 | 4 |
| 4 Joanna Kotsopoulos | W46 | Boardwalk RC | 3:08.52 | 2:51.99 65.87% | 2 | 3 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 800 Meter Run Sun 11:00am**

| Name | Age Team | Finals | Age-Grading | H# | Points |
|------------------|------------------|---------|----------------|----|--------|
| 1 Mirco Graenert | M47 Newmarket HU | 2:11.25 | 2:00.79 83.71% | 6 | 7 |
| 2 Ekholm Whyte | M49 Unattached - | 2:19.86 | 2:08.72 78.56% | 6 | 5 |
| 3 Steve Boston | M46 Newmarket HU | 2:23.47 | 2:12.04 76.58% | 6 | 4 |
| 4 Wayne Ferron | M49 Longboat Roa | 2:27.30 | 2:15.57 74.59% | 6 | 3 |
| 5 Hyun Joong Lee | M49 Unattached - | 2:29.76 | 2:17.83 73.36% | 6 | 2 |
| 6 Aidan Purnell | M47 Unattached - | 2:45.55 | 2:32.36 66.37% | 6 | 1 |

W50 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|---------|----------------|--------|
| 1 Heather O'Hagan | W54 UTTC | 2:42.31 | 2:21.36 80.14% | 7 |
| 2 Elaine Mota | W50 Newmarket HU | 2:44.37 | 2:23.15 79.13% | 5 |
| 3 Jennifer Rout | W51 Newmarket HU | 3:02.31 | 2:38.78 71.35% | 4 |
| 4 Aura Reynoso | W50 Newmarket HU | 3:04.79 | 2:40.94 70.39% | 3 |

M50 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------------|-------------------|---------|----------------|----|--------|
| 1 Anthony MacIsaac | M51 UTTC | 2:17.63 | 2:01.77 83.04% | 5 | 7 |
| 2 Simon Rayner | M52 UTTC | 2:18.92 | 2:02.91 82.27% | 5 | 5 |
| 3 Robert Blair | M52 Newmarket HU | 2:26.28 | 2:09.42 78.13% | 5 | 4 |
| 4 Jianping Xu | M50 Harbour Track | 2:27.70 | 2:10.68 77.38% | 5 | 3 |
| 5 Mark Duff | M54 Boardwalk RC | 2:29.58 | 2:12.34 76.41% | 5 | 2 |

M55 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------------|----------|---------|----------------|----|--------|
| 1 Armand D'Oliveira | M56 UTTC | 2:16.73 | 1:56.09 87.10% | 5 | 7 |
| 2 Walter Faion | M56 UTTC | 3:03.12 | 2:35.47 65.03% | 5 | 5 |

W55 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|----------|---------|----------------|--------|
| 1 Joy Kramarich | W55 UTTC | 3:09.36 | 2:37.08 72.12% | 7 |

W60 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|---------|----------------|--------|
| 1 Rita Quibell | W60 Newmarket HU | 2:48.19 | 2:12.00 85.82% | 7 |
| 2 Lynn Kobayashi | W60 UTTC | 3:04.81 | 2:25.04 78.10% | 5 |

M60 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------|-------------------|---------|----------------|----|--------|
| 1 John Clarke | M64 East Toronto | 2:40.01 | 2:10.14 77.70% | 4 | 7 |
| 2 Bruce Urch | M61 Throwers Club | 2:57.06 | 2:24.01 70.21% | 4 | 5 |
| 3 Wayne Chee | M62 UTTC | 2:58.82 | 2:25.44 69.52% | 4 | 4 |
| 4 Ken Fair | M60 Unattached - | 3:20.18 | 2:42.81 62.10% | 4 | 3 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 800 Meter Run Sun 11:00am**

| Name | Age Team | Finals | Age-Grading | H# | Points |
|-----------------|------------------|---------|----------------|----|--------|
| 1 John Helliher | M65 UTTC | 2:31.27 | 1:57.63 85.96% | 4 | 7 |
| 2 Arthur Lewis | M66 Extreme Velo | 2:42.41 | 2:06.30 80.06% | 4 | 5 |
| 3 Norman Green | M65 UTTC | 2:51.77 | 2:13.57 75.70% | 4 | 4 |
| 4 Tim Payne | M66 Newmarket HU | 3:02.80 | 2:22.15 71.13% | 4 | 3 |

M70 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|------------------|------------------|---------|----------------|----|--------|
| 1 Patrick Groulx | M74 Ontario Mast | 5:24.96 | 4:01.13 41.93% | 3 | 7 |

M75 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------------|------------------|---------|----------------|----|--------|
| 1 Chris Mackie | M75 Unattached - | 2:55.48 | 2:01.51 83.22% | 3 | 7 |
| 2 Keijo Taivassalo | M77 UTTC | 3:19.06 | 2:17.83 73.36% | 3 | 5 |
| 3 Vern Christensen | M75 UTTC | 3:26.62 | 2:23.07 70.68% | 3 | 4 |

M85 800 Meter Run Sun 11:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|------------|------------------|---------|----------------|----|--------|
| 1 Earl Fee | M87 Unattached - | 3:22.74 | 1:51.07 91.04% | 3 | 7 |

W35 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|---------|----------------|--------|
| 1 Carrie Byer | W37 Newmarket HU | 5:11.02 | 5:07.04 75.71% | 7 |
| 2 Tanya Sakharov | W35 Boardwalk RC | 5:16.52 | 5:12.47 74.40% | 5 |

M35 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------|------------------|---------|----------------|----|--------|
| 1 Thomas Bok | M36 UTTC | 4:44.41 | 4:41.94 73.07% | 4 | 7 |
| 2 Jimmy Semes | M37 Boardwalk RC | 4:55.87 | 4:53.30 70.24% | 4 | 5 |

M40 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------|---------------------|----------|----------------|----|--------|
| 1 Jay Brecher | M42 UTTC | 4:21.42 | 4:08.85 82.78% | 4 | 7 |
| 2 Ben Kong | M40 Jamaica Masters | J6:48.40 | 6:28.76 52.99% | 4 | |

W40 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|---------|----------------|--------|
| 1 Michelle Clarke | W42 Longboat Roa | 5:08.97 | 4:52.20 79.56% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 1500 Meter Run Sat 1:30pm**

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------------|---------------------|---------|----------------|----|--------|
| 1 Steve Boston | M46 Newmarket HU | 4:57.68 | 4:31.64 75.84% | 3 | 7 |
| 2 Gary G Cassel | M48 Unattached - | 4:57.68 | 4:31.64 75.84% | 3 | 5 |
| 3 Ekholm Whyte | M49 Unattached - | 4:59.42 | 4:33.23 75.40% | 3 | 4 |
| 4 Hyun Joong Lee | M49 Ontario Mast | 5:13.16 | 4:45.76 72.09% | 3 | 3 |
| 5 Beau Hatcher | M49 UTTC | 5:15.29 | 4:47.71 71.60% | 3 | 2 |
| -- Niegel Geohagen | M48 Jamaica Masters | DNF | | 3 | |

W45 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|---------|----------------|----------------|
| 1 Leanne Shafir | W46 Unattached | 5:05.70 | 4:36.42 84.10% | no medal given |
| 2 Amy Ballon | W45 UTTC | 5:09.12 | 4:39.51 83.17% | 7 |
| 3 Joanna Kotsopoulos | W46 Boardwalk RC | 6:11.37 | 5:35.80 69.23% | 5 |

M50 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------------|------------------|---------|----------------|----|--------|
| 1 Geoff Peat | M52 Newmarket HU | 4:27.63 | 3:53.67 88.16% | 4 | 7 |
| 2 Vince Friel | M53 Newmarket HU | 4:39.95 | 4:04.43 84.28% | 4 | 5 |
| 3 Simon Rayner | M52 UTTC | 4:55.10 | 4:17.66 79.95% | 4 | 4 |
| 4 Robert Blair | M52 Newmarket HU | 5:05.83 | 4:27.03 77.15% | 4 | 3 |
| 5 Mark Duff | M54 Boardwalk RC | 5:11.15 | 4:31.67 75.83% | 4 | 2 |
| -- Anthony MacIsaac | M51 UTTC | DNF | | 4 | |

W50 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|---------|----------------|--------|
| 1 Annie Bunting | W51 UTTC | 5:15.92 | 4:32.55 85.30% | 7 |
| 2 Elaine Mota | W50 Newmarket HU | 5:39.04 | 4:52.49 79.48% | 5 |
| 3 Gina Beer | W50 UTTC | 5:49.78 | 5:01.76 77.04% | 4 |
| 4 Aura Reynoso | W50 Newmarket HU | 6:13.72 | 5:22.41 72.10% | 3 |

M55 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------------|------------------|---------|----------------|----|--------|
| 1 James Freemantle | M57 Newmarket HU | 5:37.79 | 4:41.62 73.15% | 3 | 7 |
| 2 Walter Faion | M56 UTTC | 5:59.29 | 4:59.55 68.77% | 3 | 5 |

M60 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|----------------|------------------|---------|----------------|----|--------|
| 1 John Clarke | M64 East Toronto | 5:16.06 | 4:10.93 82.10% | 2 | 7 |
| 2 Anthony Farr | M61 UTTC | 5:49.56 | 4:37.52 74.23% | 2 | 5 |
| 3 Wayne Chee | M62 UTTC | 6:00.67 | 4:46.34 71.94% | 2 | 4 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 1500 Meter Run Sat 1:30pm**

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------------|------------------|---------|----------------|--------|
| 1 Rita Quibell | W60 Newmarket HU | 5:52.34 | 4:33.39 85.03% | 7 |
| 2 Lynn Kobayashi | W60 UTTC | 6:11.63 | 4:48.35 80.62% | 5 |
| 3 Patricia Blacker-Thomson | W60 Unattached - | 6:52.72 | 5:20.23 72.59% | 4 |

M65 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|-----------------|------------------|---------|----------------|----|--------|
| 1 John Helliker | M65 UTTC | 5:02.71 | 3:47.92 90.39% | 2 | 7 |
| 2 Tim Payne | M66 Newmarket HU | 6:11.39 | 4:39.62 73.67% | 2 | 5 |
| 3 Bert De Vries | M69 Longboat Roa | 6:47.51 | 5:06.82 67.14% | 2 | 4 |

M75 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------------|------------------|---------|----------------|----|--------|
| 1 Chris Mackie | M75 Unattached - | 5:52.94 | 3:51.39 89.03% | 2 | 7 |
| 2 Keijo Taivassalo | M77 UTTC | 6:36.41 | 4:19.89 79.27% | 2 | 5 |
| 3 Robert Moore | M75 Toronto Olym | 7:23.11 | 4:50.51 70.91% | 2 | 4 |

M85 1500 Meter Run Sat 1:30pm

| Name | Age Team | Finals | Age-Grading | H# | Points |
|---------------|------------------|---------|----------------|----|--------|
| 1 Ed Whitlock | M85 Unattached - | 6:51.86 | 3:30.92 97.67% | 2 | 7 |

M30 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------|------------------|----------|-----------------|----|--------|
| 1 Robert Kay | M34 Longboat Roa | 18:11.52 | 18:11.53 69.35% | 2 | 7 |

W30 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|----------|----------|-----------------|--------|
| 1 Joan Chung | W32 UTTC | 19:43.08 | 19:43.09 73.09% | 7 |

M35 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|-------------------|------------------|----------|-----------------|----|--------|
| 1 Nikolay Ryabkov | M37 Unattached - | 18:18.48 | 18:18.49 68.91% | 2 | 7 |
| 2 Sheldon Cooper | M35 Unattached | 18:39.80 | 18:39.81 67.60% | 2 | 5 |

W35 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|-----------------------|----------|----------------|--------|
| 1 Vicky Romocki | W38 The Peel Gazelles | 19:42.29 | 1:58.23731.36% | 7 |
| 2 Delilah Topic | W37 British Columbia | 20:05.85 | 2:00.59717.07% | 5 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 5000 Meter Run Sat 10:00am**

| Name | Age Team | Finals | Age-Grading | H# | Points |
|----------------------|------------------|----------|-----------------|----|--------|
| 1 Predrag Mladenovic | M44 Unattached - | 15:55.14 | 15:21.81 82.12% | 2 | 7 |
| 2 Darren Lee | M41 Unattached - | 16:58.74 | 16:23.19 76.99% | 2 | 5 |
| 3 Gerardo Reyes | M41 Unattached | 17:50.67 | 17:13.31 73.26% | 2 | 4 |
| 4 Ming-Chang Tsai | M43 UTTC | 18:03.27 | 17:25.47 72.41% | 2 | 3 |
| 5 Randall Jegins | M43 Unattached - | 18:56.56 | 18:16.90 69.01% | 2 | 2 |
| 6 Jean-Emile Paraiso | M43 Longboat Roa | 19:51.81 | 19:10.22 65.81% | 2 | 1 |

M45 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|-------------------|---------------------|----------|-----------------|----|--------|
| 1 Robert Madej | M47 Unattached - | 17:58.06 | 16:42.82 75.49% | 2 | 7 |
| 2 Hyun Joong Lee | M49 Ontario Mast | 19:37.34 | 18:15.17 69.12% | 2 | 5 |
| 3 Brian Lovshin | M46 Unattached - | 21:22.19 | 19:52.70 63.47% | 2 | 4 |
| 4 Niegel Geohagen | M48 Jamaica Masters | 21:52.11 | 20:20.53 62.02% | 2 | 3 |

M50 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------------|------------------|----------|-----------------|----|--------|
| 1 Simon Rayner | M52 UTTC | 18:30.61 | 16:34.33 76.13% | 2 | 7 |
| 2 Michael Ferguson | M51 Ottawa Lions | 19:58.92 | 17:53.40 70.52% | 2 | 5 |

W50 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|----------|-----------------|--------|
| 1 Jean Ferguson | W51 Ottawa Lions | 21:30.79 | 18:46.22 76.78% | 7 |
| 2 Nicki` Casseres | W53 Unattached | 25:31.06 | 22:15.86 64.73% | 5 |

M55 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | H# | Points |
|--------------------|------------------|----------|-----------------|----|--------|
| 1 Chris Deighan | M56 Newmarket HU | 17:42.03 | 15:13.78 82.84% | 2 | 7 |
| 2 James Freemantle | M57 Newmarket HU | 20:01.91 | 17:14.13 73.20% | 2 | 5 |
| 3 Walter Faion | M56 UTTC | 20:32.68 | 17:40.60 71.37% | 2 | 4 |
| 4 Marcel Boudreau | M58 Timmins Porc | 20:55.79 | 18:00.49 70.06% | 2 | 3 |

W55 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|----------|-----------------|--------|
| 1 Barbara Helin | W58 Ontario Mast | 27:08.88 | 22:31.98 63.96% | 7 |

M60 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|----------|-----------------|--------|
| 1 John Clarke | M64 East Toronto | 19:27.45 | 16:03.74 78.55% | 7 |
| 2 Anthony Farr | M61 UTTC | 20:26.17 | 16:52.21 74.79% | 5 |
| 3 Steve Sklepetas | M62 Unattached - | 22:15.53 | 18:22.49 68.66% | 4 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 5000 Meter Run Sat 10:00am**

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------------|------------------|----------|-----------------|--------|
| 1 Clara Northcott | W61 UTTC | 23:18.82 | 18:17.80 78.76% | 7 |
| 2 Patricia Blacker-Thomson | W60 Unattached - | 25:37.68 | 20:06.78 71.65% | 5 |
| 3 Pauline Watson | W61 Unattached - | 26:34.82 | 20:51.62 69.08% | 4 |

M65 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|----------|-----------------|--------|
| 1 Richard Bailey | M68 Longboat Roa | 21:06.50 | 16:39.53 75.74% | 7 |

M75 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|----------|-----------------|--------|
| 1 Keijo Taivassalo | M77 UTTC | 23:57.66 | 16:43.20 75.46% | 7 |
| 2 Robert Moore | M75 Toronto Olym | 25:37.74 | 17:53.04 70.55% | 5 |
| -- Frank Esson | M76 Unattached - | DNF | | |

M80 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|------------------|----------|-----------------|--------|
| 1 Donald Banks | M82 Longboat Roa | 29:46.04 | 18:52.00 66.87% | 7 |

M85 5000 Meter Run Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|---------------|------------------|----------|-----------------|--------|
| 1 Ed Whitlock | M85 Unattached - | 24:03.99 | 13:14.92 95.23% | 7 |

M30 100 Short Hurdles Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|--------------------|------------------|--------|------|--------------|----|--------|
| 1 Olusola Olumogba | M31 Ontario Mast | 17.87 | 3.7 | 17.88 72.24% | 3 | 7 |

M35 100 Short Hurdles Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|--------------------|------------------|--------|------|--------------|----|--------|
| 1 David Valenzuela | M39 Unattached - | 16.54 | 3.7 | 16.38 78.84% | 3 | 7 |

M40 100 Short Hurdles Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | H# | Points |
|------------------|---------------------|--------|------|--------------|----|--------|
| 1 Ovidiu Negoita | M44 Jamaica Masters | 21.62 | 3.7 | 20.60 62.67% | 3 | 7 |

W45 100 Short Hurdles Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------|------------------|--------|------|-------------|--------|
| 1 Kim Ethier | W48 Ottawa Lions | 13.90 | 1.6 | | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 100 Short Hurdles Sat 1:00pm**

| Name | Age Team | Finals | Wind | Age-Grading Points |
|------------------|------------------|--------|------|--------------------|
| 1 Leslie Estwick | W55 Ottawa Lions | 14.54 | 1.6 | 7 |

M60 100 Short Hurdles Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|------------------|---------------------|--------|------|----------------|------------|
| 1 Ward Hazen | M62 Unattached - | 15.35 | 2.5 | 13.84 | 93.36% 2 7 |
| 2 Ralph Cilevitz | M62 Jamaica Masters | 20.80 | 2.5 | 18.75 | 68.89% 2 5 |

M65 100 Short Hurdles Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading H# | Points |
|-----------------|------------------|--------|------|----------------|------------|
| 1 Steve Bogatek | M66 Unattached - | 20.63 | 2.5 | 17.82 | 72.47% 2 7 |

M45 400 Long Hurdles Sun Noon

| Name | Age Team | Finals | Age-Grading H# | Points |
|---------------------|------------------|--------|----------------|------------|
| 1 Marcus Skeete | M48 UTTC | 64.77 | 59.23 | 78.99% 2 7 |
| 2 Paul White | M49 Unattached - | 75.57 | 69.11 | 67.70% 2 5 |
| 3 Matthew Dechellis | M48 Unattached - | 77.77 | 71.12 | 65.78% 2 4 |

W45 400 Long Hurdles Sun Noon

| Name | Age Team | Finals | Age-Grading H# | Points |
|--------------|------------------|--------|----------------|----------|
| 1 Lisa Daley | W46 United State | 770.09 | 60.06 | 87.16% 2 |

M50 400 Long Hurdles Sun Noon

| Name | Age Team | Finals | Age-Grading H# | Points |
|--------------------|------------------|---------|----------------|------------|
| 1 Anthony MacIsaac | M51 UTTC | 67.08 | 58.47 | 80.01% 2 7 |
| 2 Marco De Chellis | M51 Unattached - | 1:23.68 | 72.94 | 64.14% 2 5 |

M60 400 Long Hurdles Sun Noon

| Name | Age Team | Finals | Age-Grading Points |
|------------------|---------------------|--------|-----------------------------|
| 1 Ralph Cilevitz | M62 Jamaica Masters | 64.04 | 64.05 73.05% 7 300m hurdles |

W45 2000 Meter Steeplechase Sat 9:30am

| Name | Age Team | Finals | Age-Grading Points |
|-----------------------|----------|---------|--------------------|
| 1 Kate Cochrane-Brink | W48 UTTC | 8:49.01 | 11:17.98 79.88% 7 |

W55 2000 Meter Steeplechase Sat 9:30am

| Name | Age Team | Finals | Age-Grading Points |
|-----------------|----------|----------|--------------------|
| 1 Joy Kramarich | W55 UTTC | 10:40.16 | 12:42.31 71.05% 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 2000 Meter Steeplechase Sat 9:30am**

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|----------|---------|-----------------|--------|
| 1 Wayne Chee | M62 UTTC | 9:09.62 | 11:07.19 70.99% | 7 |

M75 2000 Meter Steeplechase Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------|----------|----------------|--------|
| 1 Vern Christensen | M75 UTTC | 10:04.30 | 9:04.00 87.07% | 7 |

M40 3000 Meter Steeplechase Sat 9:40am

| Name | Age Team | Finals | Age-Grading | Points |
|---------------------|----------|----------|-----------------|--------|
| 1 Philip Oreopoulos | M44 UTTC | 11:12.00 | 10:15.15 76.99% | 7 |

M50 3000 Meter Steeplechase Sat 9:40am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------|----------|-----------------|--------|
| 1 Anthony MacIsaac | M51 UTTC | 11:47.00 | 9:51.69 80.05% | 7 |
| 2 James Wallace | M53 UTTC | 13:35.00 | 11:22.08 69.44% | 5 |

M30 4x100 Meter Relay Sat 2:30pm

| Team | Finals | Points |
|---|--------|--------|
| 1 Jamcan International Athletics 'A' 1) Milton Omar Ashmeade 31 2) Nigel John 43 3) Richard Reid 47 4) Otis Morgan 40 | 49.26 | 7 |

W35 4x100 Meter Relay Sat 2:30pm

| Team | Finals | Points |
|--|--------|--------|
| 1 University of Toronto TC 'A' 1) Nancy Catton 48 2) Amy Ballon 45 3) Joy Kramarich 55 4) Gina Beer 50 | 66.05 | 7 |

M40 4x100 Meter Relay Sat 2:30pm

| Team | Finals | Points |
|---|--------|--------|
| 1 University of Toronto TC 'A' 1) Bill Wells 41 2) Anthony MacIsaac 51 3) Simon Rayner 52 4) Jay Brecher 42 | 56.00 | 7 |

M50 4x100 Meter Relay Sat 2:30pm

| Team | Finals | Points |
|--|--------|--------|
| 1 Jamcan International Athletics 'A' 1) Liviene Solomon 59 2) Paul Robinson 51 3) Robert Nasato 55 4) Mike Lee Foon 55 | 51.55 | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 4x100 Meter Relay Sat 2:30pm**

| Team | Finals | Points |
|--------------------------------|---------------------------|--------|
| 1 University of Toronto TC 'A' | 63.49 | 7 |
| 1) Peter Zowkewych 65 | 2) Norman Creen 65 | |
| 3) John Helliker 65 | 4) Duncan Greenshields 67 | |

M40 4x400 Meter Relay Sun 1:00pm

| Team | Finals | Points |
|--------------------------------------|--------------------|--------|
| 1 Jamcan International Athletics 'A' | 4:11.33 | 7 |
| 1) Andrew Bass 55 | 2) Richard Reid 47 | |
| 3) Nigel John 43 | 4) Otis Morgan 40 | |

M50 4x400 Meter Relay Sun 1:00pm

| Team | Finals | Points |
|--------------------------------|------------------------|--------|
| 1 University of Toronto TC 'A' | 5:06.82 | 7 |
| 1) Simon Rayner 52 | 2) Keijo Taivassalo 77 | |
| 3) Anthony MacIsaac 51 | 4) Walter Faion 56 | |

M65 4x400 Meter Relay Sun 1:00pm

| Team | Finals | Points |
|--------------------------------|------------------------|--------|
| 1 University of Toronto TC 'A' | 5:28.81 | 7 |
| 1) Duncan Greenshields 67 | 2) Vern Christensen 75 | |
| 3) John Helliker 65 | 4) Norman Creen 65 | |

M40 4x800 Meter Relay Sat 2:50pm

| Team | Finals | Points |
|--------------------------------|------------------------|--------|
| 1 University of Toronto TC 'A' | 12:08.92 | 7 |
| 1) Bill Wells 41 | 2) Anthony MacIsaac 51 | |
| 3) Simon Rayner 52 | 4) Jay Brecher 42 | |

M75 4x800 Meter Relay Sat 2:50pm

| Team | Finals | Points |
|----------------------------|------------------------|--------|
| 1 Unattached - Ontario 'A' | J13:36.15 | |
| 1) Vern Christensen 75 | 2) Keijo Taivassalo 77 | |
| 3) Robert Moore 75 | 4) Chris Mackie 75 | |

W30 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading Points |
|---------------|----------|--------|--------------------|
| 1 Julia Carew | W30 UTTC | 1.30m | 1.30m 62.20% 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 High Jump Sat 10:00am**

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|--------|--------------|--------|
| 1 David Valenzuela | M39 Unattached - | 1.75m | 1.79m 73.22% | 7 |

W35 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|---------------------|--------|--------------|--------|
| 1 Monique Shah | W36 Jamaica Masters | 1.00m | 1.05m 50.25% | 7 |

M40 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|---------------------|--------|--------------|--------|
| 1 Ovidiu Negoita | M44 Jamaica Masters | 1.70m | 1.78m 72.65% | 7 |
| 2 Jeff Miller | M44 Ontario Mast | 1.60m | 1.67m 68.38% | 5 |

W40 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|---------------------|---------------------|--------|--------------|--------|
| 1 Maresa Cadienhead | W40 Jamaica Masters | 1.50m | 1.65m 79.37% | 7 |

M45 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|---------------------|---------------------|--------|--------------|--------|
| 1 Shawn Folkes | M48 Jamaica Masters | 1.60m | 1.76m 72.07% | 7 |
| 2 David Cocking | M48 Unattached - | 1.50m | 1.65m 67.57% | 5 |
| 3 Stuart Carruthers | M49 Ontario Mast | 1.45m | 1.59m 65.32% | 4 |
| 4 Kasper Hinds | M47 Unattached - | 1.40m | 1.54m 63.06% | 3 |

W45 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|------------------|--------|--------------|--------|
| 1 Kim Ethier | W48 Ottawa Lions | 1.20m | 1.39m 66.67% | 7 |

M50 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|---------------------|--------|--------------|--------|
| 1 David Turkstra | M50 Jamaica Masters | 1.70m | 1.97m 80.57% | 7 |
| 2 Donald Ritchie | M54 Unattached - | 1.55m | 1.80m 73.46% | 5 |
| 3 James Wallace | M53 UTTC | 1.30m | 1.51m 61.61% | 4 |

M55 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|--------------|--------|
| 1 Rick Stanclik | M58 Unattached - | 1.25m | 1.53m 62.50% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 High Jump Sat 10:00am**

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|--------------|--------|
| 1 Leslie Estwick | W55 Ottawa Lions | 1.30m | 1.68m 80.75% | 7 |

M60 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|---------------------|--------|--------------|--------|
| 1 Ralph Cilevitz | M62 Jamaica Masters | 1.30m | 1.69m 69.15% | 7 |
| 2 Robert Stanclik | M60 Unattached - | 1.25m | 1.62m 66.49% | 5 |

M65 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|----------|--------|--------------|--------|
| 1 Peter Zowkewych | M65 UTTC | 1.30m | 1.80m 73.45% | 7 |

W65 High Jump Sat 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|--------------|--------|
| 1 Patty Franke Wager | W65 Unattached - | 0.67m | 0.98m 47.18% | 7 |

M40 Pole Vault Sun 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|---------------|------------------|--------|--------------|--------|
| 1 Jeff Miller | M44 Ontario Mast | 3.45m | 3.71m 60.53% | 7 |

M45 Pole Vault Sun 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|------------------|--------|--------------|--------|
| 1 Paul White | M49 Unattached - | 3.00m | 3.44m 56.07% | 7 |

M55 Pole Vault Sun 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|------------------|--------|--------------|--------|
| 1 Mark Schaber | M57 Unattached - | 3.00m | 3.95m 64.38% | 7 |

W29&U Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------------|----------------|--------|------|--------------|--------|
| 1 Kathryn Bautista | W23 Unattached | 4.23m | 0.4 | 4.23m 56.25% | 7 |

M30 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|-----------------|------------------|--------|------|--------------|--------|
| 1 Mark Tiburcio | M30 Unattached - | 5.20m | -0.4 | 5.20m 58.10% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 Long Jump Sat 1:00pm**

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|----------------|-----------------------|--------|------|--------------|--------|
| 1 Chris Wrobel | M35 The Peel Gazelles | 4.55m | -1.1 | 4.69m 52.42% | 7 |

W35 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------|---------------------|--------|------|--------------|--------|
| 1 Kem McLean | W36 Jamaica Masters | 4.04m | 1.0 | 4.24m 56.42% | 7 |

W40 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|---------------------|----------|--------|------|--------------|--------|
| 1 Violeta Garfunkel | W43 UTTC | 4.14m | 0.6 | 4.59m 61.15% | 7 |

M40 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|------------------|---------------------|--------|------|--------------|--------|
| 1 Nigel John | M43 Jamaica Masters | 6.15m | 0.8 | 6.70m 74.91% | 7 |
| 2 Jack Pontes | M44 Jamaica Masters | 5.47m | -1.1 | 5.96m 66.63% | 5 |
| 3 Ovidiu Negoita | M44 Jamaica Masters | 5.24m | 0.5 | 5.71m 63.82% | 4 |

M45 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|----------------------|-----------------------|--------|------|--------------|--------|
| 1 Tit (jonathan) Hui | M45 Guelph Track Club | 5.67m | 1.6 | 6.54m 73.16% | 7 |
| 2 Kasper Hinds | M47 Unattached - | 5.45m | -1.4 | 6.29m 70.32% | 5 |
| 3 Wayne Ferron | M49 Longboat Roa | 4.98m | +0.0 | 5.75m 64.26% | 4 |
| 4 Shawn Folkes | M48 Jamaica Masters | 3.56m | -1.7 | 4.11m 45.94% | 3 |

W45 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------|------------------|--------|------|--------------|--------|
| 1 Kim Ethier | W48 Ottawa Lions | 4.37m | 1.0 | 5.14m 68.39% | 7 |

M50 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|--------------------|------------------|--------|------|--------------|--------|
| 1 Dennis McWhinney | M54 Unattached - | 5.36m | -0.4 | 6.58m 73.63% | 7 |

W50 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|-------------------|----------|--------|------|--------------|--------|
| 1 Theresa Rozario | W51 UTTC | 3.14m | 0.6 | 3.93m 52.33% | 7 |

M55 Long Jump Sat 1:00pm

| Name | Age Team | Finals | Wind | Age-Grading | Points |
|---------------|---------------------|--------|------|--------------|--------|
| 1 Andrew Bass | M55 Jamaica Masters | 5.13m | 0.1 | 6.73m 75.22% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M55 Long Jump Sat 1:00pm**

| | | | | | | | | |
|---|-----------------|-----|-----------------|-------|-----|-------|--------|---|
| 2 | Robert Nasato | M55 | Jamaica Masters | 5.02m | 1.3 | 6.58m | 73.61% | 5 |
| 3 | John Siriski | M57 | Unattached - | 4.52m | 2.6 | 5.93m | 66.28% | 4 |
| 4 | Liviene Solomon | M59 | Jamaica Masters | 4.38m | 0.5 | 5.74m | 64.22% | 3 |

W55 Long Jump Sat 1:00pm

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|------------------|-----|--------------|--------|------|--------------|--------|
| 1 Leslie Estwick | W55 | Ottawa Lions | 3.48m | 1.7 | 4.66m 62.03% | 7 |

M60 Long Jump Sat 1:00pm

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|------------------|-----|-----------------|--------|------|--------------|--------|
| 1 Ward Hazen | M62 | Unattached - | 4.49m | 0.8 | 6.32m 70.60% | 7 |
| 2 Ralph Cilevitz | M62 | Jamaica Masters | 4.20m | 0.4 | 5.91m 66.04% | 5 |
| 3 Bruce Urch | M61 | Throwers Club | 4.04m | 0.5 | 5.68m 63.52% | 4 |

M65 Long Jump Sat 1:00pm

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|-------------------|-----|------|--------|------|--------------|--------|
| 1 Peter Zowkewych | M65 | UTTC | 3.78m | 0.4 | 5.74m 64.18% | 7 |

M35 Triple Jump Sun 11:00am

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|----------------|-----|-------------------|--------|------|--------------|--------|
| 1 Chris Wrobel | M35 | The Peel Gazelles | 9.79m | -0.6 | 9.85m 53.91% | 7 |

M40 Triple Jump Sun 11:00am

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|--------------------|-----|-----------------|--------|------|---------------|--------|
| 1 Jonathan Younker | M41 | Ontario Mast | 12.69m | -1.2 | 13.49m 73.78% | 7 |
| 2 Jack Pontes | M44 | Jamaica Masters | 11.47m | -0.3 | 12.19m 66.69% | 5 |

M45 Triple Jump Sun 11:00am

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|----------------|-----|--------------|--------|------|---------------|--------|
| 1 Lenroy Munro | M46 | Unattached - | 11.83m | +0.0 | 13.33m 72.89% | 7 |
| 2 Wayne Ferron | M49 | Longboat Roa | 9.58m | -0.6 | 10.79m 59.03% | 5 |
| 3 Scott Regier | M45 | Unattached - | 8.38m | -0.7 | 9.44m 51.63% | 4 |

M50 Triple Jump Sun 11:00am

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|--------------------|-----|--------------|--------|------|---------------|--------|
| 1 Dennis McWhinney | M54 | Unattached - | 10.69m | -0.5 | 12.81m 70.05% | 7 |

M55 Triple Jump Sun 11:00am

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|-----------------|-----|-----------------|--------|------|---------------|--------|
| 1 Robert Nasato | M55 | Jamaica Masters | 10.21m | -0.4 | 13.06m 71.45% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M60 Triple Jump Sun 11:00am**

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|------------------|-----|-----------------|--------|------|-------------|----------|
| 1 Ralph Cilevitz | M62 | Jamaica Masters | 7.28m | -0.7 | 9.99m | 54.61% 7 |

M65 Triple Jump Sun 11:00am

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|-------------------|-----|------|--------|------|-------------|----------|
| 1 Peter Zowkewych | M65 | UTTC | 7.22m | -0.5 | 10.68m | 58.41% 7 |

W65 Triple Jump Sun 11:00am

| Name | Age | Team | Finals | Wind | Age-Grading | Points |
|----------------------|-----|--------------|--------|------|-------------|----------|
| 1 Patty Franke Wager | W65 | Unattached - | 3.19m | NWI | 4.85m | 31.31% 7 |

M30 Shot Put Sun 09:00am

| Name | Age | Team | Finals | Age-Grading | Points |
|------------------------|-----|-----------------|--------|-------------|----------|
| 1 Milton Omar Ashmeade | M31 | Jamaica Masters | 7.72m | 7.72m | 33.39% 7 |

W30 Shot Put Sun 09:00am

| Name | Age | Team | Finals | Age-Grading | Points |
|-------------------|-----|-----------------|--------|-------------|----------|
| 1 Sheree Mullings | W34 | Jamaica Masters | 7.96m | 7.96m | 35.17% 7 |
| 2 Chantel Norman | W34 | Jamaica Masters | 6.64m | 6.64m | 29.34% 5 |

M35 Shot Put Sun 09:00am

| Name | Age | Team | Finals | Age-Grading | Points |
|--------------------|-----|-----------------|--------|-------------|----------|
| 1 Fernando Cornejo | M37 | Throwers Club | 10.89m | 11.29m | 48.86% 7 |
| 2 Dree Ryan | M37 | Jamaica Masters | 9.61m | 9.96m | 43.11% 5 |

M40 Shot Put Sun 09:00am

| Name | Age | Team | Finals | Age-Grading | Points |
|--------------|-----|---------------------|--------|-------------|----------|
| 1 Eric Quane | M40 | The Durham Gazelles | 8.01m | 8.92m | 38.58% 7 |
| 2 Ben Kong | M40 | Jamaica Masters | 5.28m | 5.88m | 25.43% 5 |
| 3 Pho Lam | M44 | Jamaica Masters | 4.68m | 5.21m | 22.54% 4 |

W40 Shot Put Sun 09:00am

| Name | Age | Team | Finals | Age-Grading | Points |
|---------------------|-----|-----------------|--------|-------------|----------|
| 1 Maresa Cadienhead | W40 | Jamaica Masters | 7.06m | 7.83m | 34.62% 7 |

M45 Shot Put Sun 09:00am

| Name | Age | Team | Finals | Age-Grading | Points |
|----------------|-----|-----------------|--------|-------------|----------|
| 1 Scott Regier | M45 | Unattached - | 8.63m | 10.37m | 44.88% 7 |
| 2 Richard Reid | M47 | Jamaica Masters | 7.27m | 8.74m | 37.81% 5 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 Shot Put Sun 09:00am**

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|---------------------|--------|--------------|--------|
| 1 Marsha Thompson | W45 Jamaica Masters | 7.38m | 8.81m 38.94% | 7 |

W50 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Petra Ciobanu | W52 Unattached - | 10.67m | 13.45m 59.44% | 7 |
| 2 Theresa Rozario | W51 UTTC | 6.03m | 7.60m 33.59% | 5 |

M50 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|---------------------|--------|---------------|--------|
| 1 Dumitru Ciobanu | M52 Unattached - | 9.43m | 11.05m 47.80% | 7 |
| 2 Paul Robinson | M51 Jamaica Masters | 8.74m | 10.24m 44.30% | 5 |

M55 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|---------------|--------|
| 1 Jerzy Dabrowa | M58 Unattached - | 9.30m | 11.81m 51.10% | 7 |

W55 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------|--------|--------------|--------|
| 1 Katherine Willis | W57 UTTC | 4.84m | 6.63m 29.32% | 7 |

M60 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|-------------------|--------|---------------|--------|
| 1 Michael Deady | M62 Unattached | 11.65m | 14.54m 62.90% | 7 |
| 2 Ralph Shapiro | M64 Throwers Club | 10.22m | 12.75m 55.18% | 5 |
| 3 Harbans Cheema | M61 Unattached - | 9.83m | 12.26m 53.08% | 4 |
| 4 Ken Fair | M60 Unattached - | 8.18m | 10.21m 44.17% | 3 |

M65 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|-------------------|--------|---------------|--------|
| 1 Jerzy Wyroba | M67 Unattached - | 11.02m | 14.99m 64.86% | 7 |
| 2 Peter Zowkewych | M65 UTTC | 10.82m | 14.72m 63.68% | 5 |
| 3 Brock Pullen | M67 Throwers Club | 8.95m | 12.17m 52.68% | 4 |

W65 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|--------------|--------|
| 1 Patty Franke Wager | W65 Unattached - | 4.71m | 7.81m 34.56% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 Shot Put Sun 09:00am**

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|--------------|--------|
| 1 Patrick Groulx | M74 Ontario Mast | 7.16m | 9.16m 39.67% | 7 |
| 2 Gary McColeman | M74 UTTC | 6.81m | 8.72m 37.73% | 5 |

M75 Shot Put Sun 09:00am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 David Morris | M78 Throwers Club | 8.41m | 11.76m 50.91% | 7 |
| 2 James Sumner | M77 Unattached - | 7.80m | 10.91m 47.22% | 5 |

M35 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|---------------------|--------|---------------|--------|
| 1 Fernando Cornejo | M37 Throwers Club | 34.36m | 34.85m 47.04% | 7 |
| 2 Dree Ryan | M37 Jamaica Masters | 27.49m | 27.88m 37.64% | 5 |

W40 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|------------------|--------|---------------|--------|
| 1 Heather Cowley | W42 Cruisers Spo | 23.00m | 25.64m 33.39% | 7 |

M40 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|-------------------------|---------|---------------|--------|
| 1 Jeff Miller | M44 Ontario Mast | 35.82m | 39.45m 53.26% | 7 |
| 2 Ovidiu Negoita | M44 Jamaica Masters | J22.80m | 25.11m 33.90% | |
| 3 Eric Quane | M40 The Durham Gazelles | J22.48m | 24.75m 33.42% | |

W45 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------------|---------------------|--------|---------------|--------|
| 1 Denise Gordon-Mohamud | W45 Mississauga Oly | 10.93m | 13.17m 17.16% | 7 |

M50 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|------------------|--------|---------------|--------|
| 1 Timothy Fawcett | M51 Kingston Tra | 39.13m | 39.98m 53.97% | 7 |
| 2 Dumitru Ciobanu | M52 Unattached - | 31.46m | 32.14m 43.39% | 5 |
| 3 Anthony MacIsaac | M51 UTTC | 21.12m | 21.58m 29.13% | 4 |

W50 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Petra Ciobanu | W52 Unattached - | 27.70m | 36.36m 47.35% | 7 |
| 2 Theresa Rozario | W51 UTTC | 14.16m | 18.58m 24.21% | 5 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 Discus Throw Sat 1:00pm**

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|---------------|--------|
| 1 Jerzy Dabrowa | M58 Unattached - | 29.63m | 32.89m 44.41% | 7 |
| 2 John Siriski | M57 Unattached - | 26.41m | 29.32m 39.58% | 5 |

M60 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|-------------------|--------|---------------|--------|
| 1 Michael Deady | M62 Unattached | 43.17m | 45.88m 61.94% | 7 |
| 2 Bill Pearson | M64 Throwers Club | 37.33m | 39.67m 53.56% | 5 |
| 3 Ralph Shapiro | M64 Throwers Club | 34.74m | 36.92m 49.84% | 4 |
| 4 Bruce Urch | M61 Throwers Club | 27.63m | 29.36m 39.64% | 3 |
| 5 Harbans Cheema | M61 Unattached - | 27.34m | 29.05m 39.23% | 2 |
| 6 Anthony Farr | M61 UTTC | 19.28m | 20.49m 27.66% | 1 |

M65 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|-------------------|--------|---------------|--------|
| 1 Brock Pullen | M67 Throwers Club | 35.70m | 41.54m 56.08% | 7 |
| 2 Peter Zowkewych | M65 UTTC | 29.97m | 34.87m 47.08% | 5 |

W65 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|---------------|--------|
| 1 Patty Franke Wager | W65 Unattached - | 13.40m | 24.02m 31.28% | 7 |

M70 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|----------|---------|---------------|--------|
| 1 Gary McColeman | M74 UTTC | J13.50m | 17.25m 23.29% | |

W75 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|-------------------|--------|---------------|--------|
| 1 Adri Rowswell | W75 Throwers Club | 19.88m | 42.83m 55.78% | 7 |

M75 Discus Throw Sat 1:00pm

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 David Morris | M78 Throwers Club | 22.75m | 32.60m 44.01% | 7 |

M40 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|---------------------|--------|---------------|--------|
| 1 Ovidiu Negoita | M44 Jamaica Masters | 19.79m | 22.26m 25.67% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Hammer Throw Sat 9:30am**

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Timothy Fawcett | M51 Kingston Tra | 28.11m | 33.34m 38.45% | 7 |

W50 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|---------------|--------|
| 1 Petra Ciobanu | W52 Unattached - | 28.88m | 37.07m 48.15% | 7 |

M55 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|---------------|--------|
| 1 Jerzy Dabrowa | M58 Unattached - | 20.25m | 26.61m 30.69% | 7 |

M60 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 Bill Pearson | M64 Throwers Club | 30.49m | 39.88m 45.99% | 7 |

M65 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|----------|--------|---------------|--------|
| 1 Peter Zowkewych | M65 UTTC | 18.70m | 27.40m 31.60% | 7 |

W65 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|---------------|--------|
| 1 Patty Franke Wager | W65 Unattached - | 12.06m | 20.54m 26.69% | 7 |

M70 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|----------|--------|---------------|--------|
| 1 Gary McColeman | M74 UTTC | 13.20m | 19.17m 22.10% | 7 |

M75 Hammer Throw Sat 9:30am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 David Morris | M78 Throwers Club | 25.12m | 41.42m 47.76% | 7 |

W30 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|---------------------|--------|---------------|--------|
| 1 Sheree Mullings | W34 Jamaica Masters | 16.99m | 16.99m 23.27% | 7 |
| 2 Chantel Norman | W34 Jamaica Masters | 14.71m | 14.71m 20.15% | 5 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 Javelin Throw Sun Noon**

| Name | Age Team | Finals | Age-Grading | Points |
|-------------|---------------------|--------|---------------|--------|
| 1 Dree Ryan | M37 Jamaica Masters | 37.36m | 37.83m 38.42% | 7 |

M40 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------|-------------------------|--------|---------------|--------|
| 1 Eric Quane | M40 The Durham Gazelles | 28.05m | 30.46m 30.94% | 7 |

W40 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|---------------------|---------------------|--------|---------------|--------|
| 1 Maresa Cadienhead | W40 Jamaica Masters | 18.15m | 20.82m 28.53% | 7 |

M45 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|------------------|--------|---------------|--------|
| 1 Lenroy Munro | M46 Unattached - | 28.61m | 33.51m 34.04% | 7 |

W45 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|---------------------|--------|---------------|--------|
| 1 Diana Cesaroni | W47 Ontario Mast | 23.46m | 29.27m 40.10% | 7 |
| 2 Dale Bellaire | W48 Unattached - | 16.40m | 20.46m 28.03% | 5 |
| 3 Marsha Thompson | W45 Jamaica Masters | 15.17m | 18.93m 25.93% | 4 |

M50 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|-------------------|--------|---------------|--------|
| 1 Dumitru Ciobanu | M52 Unattached - | 36.19m | 44.43m 45.12% | 7 |
| 2 Jianping Xu | M50 Harbour Track | 27.22m | 33.42m 33.94% | 5 |
| 3 Anthony MacIsaac | M51 UTTC | 20.49m | 25.15m 25.55% | 4 |

W50 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|------------------|--------|---------------|--------|
| 1 Petra Ciobanu | W52 Unattached - | 22.85m | 30.04m 41.15% | 7 |
| 2 Theresa Rozario | W51 UTTC | 17.49m | 22.99m 31.50% | 5 |

M55 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|---------------------|--------|---------------|--------|
| 1 Peter St. Pierre | M58 Throwers Club | 34.46m | 46.10m 46.82% | 7 |
| 2 Jamie Erickson | M57 Unattached - | 33.97m | 45.45m 46.15% | 5 |
| 3 Liviene Solomon | M59 Jamaica Masters | 30.63m | 40.98m 41.62% | 4 |
| 4 John Siriski | M57 Unattached - | 27.93m | 37.37m 37.95% | 3 |
| 5 Jerzy Dabrowa | M58 Unattached - | 24.72m | 33.07m 33.59% | 2 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Javelin Throw Sun Noon**

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|-------------------|--------|---------------|--------|
| 1 Barb Dabrowski | W59 Throwers Club | 34.26m | 49.61m 67.96% | 7 |
| 2 Katherine Willis | W57 UTTC | 11.70m | 16.94m 23.21% | 5 |

M60 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|-------------------|---------|---------------|--------|
| 1 Michael Finkbeiner | M62 Ontario Mast | 37.64m | 53.22m 54.04% | 7 |
| 2 Terry Gudzowsky | M62 Alberta | J36.89m | 52.16m 52.96% | |
| 3 Bruce Urch | M61 Throwers Club | 28.30m | 40.01m 40.63% | 4 |
| 4 Harbans Cheema | M61 Unattached - | 23.25m | 32.87m 33.38% | 3 |
| 5 John Clarke | M64 East Toronto | 16.67m | 23.57m 23.93% | 2 |

M65 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|-------------------|--------|---------------|--------|
| 1 Brock Pullen | M67 Throwers Club | 33.69m | 52.62m 53.43% | 7 |
| 2 Peter Zowkewych | M65 UTTC | 30.34m | 47.39m 48.12% | 5 |
| 3 Jerzy Wyroba | M67 Unattached - | 22.07m | 34.47m 35.00% | 4 |

W65 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|---------------|--------|
| 1 Patty Franke Wager | W65 Unattached - | 6.94m | 12.61m 17.28% | 7 |

M70 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|----------|--------|---------------|--------|
| 1 Gary McColeman | M74 UTTC | 13.85m | 23.26m 23.63% | 7 |

M75 Javelin Throw Sun Noon

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 James Sumner | M77 Unattached - | 19.23m | 36.40m 36.97% | 7 |
| 2 David Morris | M78 Throwers Club | 18.80m | 35.59m 36.14% | 5 |

W30 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|---------------------|--------|--------------|--------|
| 1 Chantel Norman | W34 Jamaica Masters | 6.48m | 6.48m 27.46% | 7 |

M40 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|---------------------|--------|--------------|--------|
| 1 Ovidiu Negoita | M44 Jamaica Masters | 6.04m | 6.58m 25.45% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 Weight Throw Sat 10:30am**

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|---------------|--------|
| 1 Petra Ciobanu | W52 Unattached - | 10.54m | 12.46m 52.81% | 7 |

M55 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|-----------------|------------------|--------|--------------|--------|
| 1 Jerzy Dabrowa | M58 Unattached - | 8.07m | 9.05m 35.03% | 7 |

M60 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|-------------------|--------|---------------|--------|
| 1 Bill Pearson | M64 Throwers Club | 11.98m | 12.48m 48.29% | 7 |
| 2 Harbans Cheema | M61 Unattached - | 8.32m | 8.67m 33.53% | 5 |

M65 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|-------------------|-------------------|--------|---------------|--------|
| 1 Brock Pullen | M67 Throwers Club | 11.01m | 12.27m 47.48% | 7 |
| 2 Peter Zowkewych | M65 UTTC | 9.77m | 10.89m 42.13% | 5 |

W65 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------------|------------------|--------|--------------|--------|
| 1 Patty Franke Wager | W65 Unattached - | 4.31m | 5.71m 24.21% | 7 |

M70 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|------------------|----------|--------|--------------|--------|
| 1 Gary McColeman | M74 UTTC | 5.62m | 6.41m 24.79% | 7 |

M75 Weight Throw Sat 10:30am

| Name | Age Team | Finals | Age-Grading | Points |
|----------------|-------------------|--------|---------------|--------|
| 1 David Morris | M78 Throwers Club | 10.64m | 13.07m 50.55% | 7 |

W29&U 5000 Meter Race Walk Sun 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|--------------------|----------------|----------|-----------------|--------|
| 1 Amanda Schneider | W27 Unattached | 30:11.30 | 30:11.31 65.53% | 7 |

M50 5000 Meter Race Walk Sun 10:00am

| Name | Age Team | Finals | Age-Grading | Points |
|---------------|-------------------|----------|-----------------|--------|
| 1 Jianping Xu | M50 Harbour Track | 24:53.77 | 21:48.40 82.36% | 7 |

Ontario Masters Outdoor Championships - 2016-07-30 to 2016-07-31**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 5000 Meter Race Walk Sun 10:00am**

| Name | Age Team | Finals | Age-Grading Points |
|---------------|---------------------|-----------|--------------------|
| 1 John Storms | M57 Athletics Yukon | J29:07.51 | 24:26.17 73.50% |

W55 5000 Meter Race Walk Sun 10:00am

| Name | Age Team | Finals | Age-Grading Points |
|----------------|---------------------|-----------|--------------------|
| 1 Anne Fischer | W55 Ontario Race | 33:07.17 | 27:59.36 70.68% 7 |
| 2 Bonnie Love | W57 Athletics Yukon | J33:56.43 | 28:40.99 68.97% |

W60 5000 Meter Race Walk Sun 10:00am

| Name | Age Team | Finals | Age-Grading Points |
|---------------|------------------|----------|--------------------|
| 1 Kris Kozell | W63 Ontario Race | 30:24.44 | 24:20.47 81.28% 7 |
| 2 Anne De Thy | W62 Ontario Race | 32:05.63 | 25:41.47 77.00% 5 |

M65 5000 Meter Race Walk Sun 10:00am

| Name | Age Team | Finals | Age-Grading Points |
|----------------------------|------------------|----------|--------------------|
| 1 Patrick King | M69 Unattached - | 32:32.35 | 24:43.79 72.62% 7 |
| 2 Miron Genik-Sas-Berezows | M67 Ontario Race | 35:55.73 | 27:18.36 65.77% 5 |
| 3 Jon Todd | M69 Ontario Race | 37:52.72 | 28:47.27 62.39% 4 |

M70 5000 Meter Race Walk Sun 10:00am

| Name | Age Team | Finals | Age-Grading Points |
|------------------|------------------|----------|--------------------|
| 1 John Kittredge | M71 Ontario Race | 33:01.32 | 23:40.61 75.85% 7 |

W80 5000 Meter Race Walk Sun 10:00am

| Name | Age Team | Finals | Age-Grading Points |
|--------------|------------------|----------|--------------------|
| 1 Jean Horne | W83 Ontario Race | 39:57.61 | 23:37.47 83.74% 7 |