

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M30 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
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## Finals

1 Mike James	M34 Jamaica Masters AC	10.96	1.1	10.93 89.60%	8 7
2 Clayton Latham	M34 Jamaica Masters AC	11.42	1.1	11.39 85.99%	8 5
3 Greg Hetherington	M31 Jamaica Masters AC	11.59	1.1	11.60 84.47%	8 4

**W30 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Sheree Mullings	W32 York UniversityT	13.59	1.4	13.60 77.19%	7

**M35 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Howard Powell	M38 Jamaica Masters AC	11.94	1.1	11.57 84.67%	8 7

**W35 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Khama Beckles	W39 UTTC	12.89	1.4	12.46 84.25%	7
2 Cindy Dorsett	W37 Jamaica Masters AC	14.25	1.4	14.11 74.39%	5

**M40 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Nigel John	M41 UTTC	11.50	2.2	10.91 89.83%	7 7
2 Jay Foubert	M44 UTTC	11.92	2.2	11.07 88.42%	7 5
3 Dale Samuel	M42 Unattached	12.27	2.2	11.56 84.76%	7 4
-- Marc Proudfoot	M44 Unattached	DNF	2.2		7

**M45 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Christopher Warburton	M48 UTTC	11.56	1.8	10.45 93.69%	6 7
2 Chris Lemassif	M47 UTTC	11.87	1.8	10.81 90.65%	6 5
3 Richard Palmer	M46 Jamaica Masters AC	12.13	1.8	11.11 88.13%	6 4
4 Rick Reynolds	M47 Jamaica Masters AC	12.34	1.8	11.23 87.20%	6 3
5 Bernard St. Lewis	M47 Ottawa Lions	12.55	1.8	11.42 85.74%	6 2
6 Will Hudson	M48 UTTC	12.66	1.8	11.45 85.55%	6 1
7 Paul Dowhos	M46 Thunder Bay Spri	12.71	1.8	11.65 84.11%	6
8 Ira Irving	M46 Jamaica Masters AC	12.76	1.8	11.69 83.78%	6

**M50 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading H#	Points
1 Michael Lee Foon	M53 Jamaica Masters AC	12.11	1.5	10.60 92.40%	5 7
2 Joe Baptiste	M53 Jamaica Masters AC	12.93	1.5	11.31 86.54%	5 5
3 Robert Nasato	M53 Unattached	13.02	1.5	11.39 85.94%	5 4
4 Leo Da Silva	M52 Unattached	13.22	1.5	11.64 84.11%	5 3
5 Ken Envil Fraser	M50 Unattached	13.92	1.5	12.42 78.88%	5 2

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****...M50 100 Meter Dash Sat 11:30**

6 Pierre Kirwin	M54 Unattached	16.68	1.5	14.50	67.57%	5	1
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**M55 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 John Varone	M55 Jamaica Masters AC	12.86	1.4	11.11 88.18%	4	7
2 Liviene Solomon	M57 Jamaica Masters AC	13.14	1.4	11.21 87.37%	4	5
3 Spencer Arnfield	M55 Unattached	13.42	1.4	11.59 84.50%	4	4
4 Bruce Urch	M59 Unattached	14.26	1.4	12.01 81.56%	4	3
5 Bryan Baldsing	M56 Unattached	14.34	1.4	12.31 79.57%	4	2
6 Jacek Urbanowicz	M56 Unattached	15.67	1.4	13.45 72.81%	4	1

**W55 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Linda Tauvette	W58 Ottawa Track	15.21	1.4	12.02 87.31%	7

**M60 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Kerry Smith	M60 Jamaica Masters AC	12.50	1.1	10.46 93.60%	3	7
2 Jarmo Kokko	M63 Unattached	14.73	1.1	12.11 80.86%	3	5

**W60 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	Points
<b>1 Karla Del Grande</b>	<b>W61 Mississauga Tra</b>	<b>13.66</b>	<b>1.4</b>	<b>10.49 100.07%</b>	<b>7 WR</b>

(old WR 13.75 Ingrid Meier GER 2008, old CAN 13.88 Karla last year)

**M65 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Darrell Patterson	M68 Unattached	14.70	1.1	11.73 83.54%	3	7
2 Bryan Mason	M69 Unattached	15.05	1.1	11.94 82.06%	3	5

**M70 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Peter Evans	M72 Mississauga Tra	14.71	1.1	11.32 86.47%	2	7
2 David Stern	M74 Mississauga Tra	15.12	1.1	11.36 86.24%	2	5

**W70 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Maureen Teixeira	W72 Unattached	21.95	1.4	15.13 69.34%	7

**M75 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
-- Bill McIlwaine	M75 UTTC	DNF	1.1		2	

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M80 100 Meter Dash Sat 11:30**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Ray Wardle	M81 Ottawa Lions	17.65	1.1	11.97 81.81%	2	7

**M30 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Mike James	M34 Jamaica Masters AC	22.48	2.0	21.86 88.43%	8	7
2 Clayton Latham	M34 Jamaica Masters AC	24.66	2.0	23.97 80.62%	8	5

**W30 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Sheree Mullings	W32 York UniversityT	29.61	2.2	29.62 72.07%	2	7
2 Marijana Primorac	W34 UTTC	30.93	2.2	30.94 68.99%	2	5

**W35 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Khama Beckles	W39 UTTC	26.32	2.2	25.17 84.80%	2	7

**M40 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Nigel John	M41 UTTC	23.50	2.0	21.64 89.32%	8	7
2 Jay Foubert	M44 UTTC	24.82	2.0	22.35 86.46%	8	5

**W40 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Eulette Thompson	W44 Jamaica Masters AC	36.25	2.2	32.59 65.49%	2	7

**M45 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Christopher Warburton	M48 UTTC	23.93	2.7	20.93 92.31%	7	7
2 Richard Reid	M45 Jamaica Masters AC	24.40	2.7	21.81 88.61%	7	5
3 Richard Palmer	M46 Jamaica Masters AC	25.23	2.7	22.39 86.33%	7	4
4 Rick Reynolds	M47 Jamaica Masters AC	25.55	2.7	22.51 85.83%	7	3
5 David Turkstra	M48 Hamilton Oly	25.60	2.7	22.39 86.29%	7	2
6 Will Hudson	M48 UTTC	25.72	2.7	22.50 85.89%	7	1
7 Ira Irving	M46 Jamaica Masters AC	28.51	2.7	25.30 76.39%	7	

**M50 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Michael Lee Foon	M53 Jamaica Masters AC	24.81	3.8	20.95 92.22%	6	7
2 Michael Sherar	M50 UTTC	24.86	3.8	21.43 90.19%	6	5
3 Joe Baptiste	M53 Jamaica Masters AC	27.19	3.8	22.96 84.15%	6	4
4 Leo Da Silva	M52 Unattached	27.90	3.8	23.72 81.47%	6	3

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W50 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Rita Botelho	W53 UTTC	33.73	1.1	27.38 77.94%	7
2 Nicky Slovitt	W54 UTTC	41.02	1.1	32.94 64.80%	5

**W55 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Katherine Willis	W55 UTTC	45.29	1.1	35.96 59.35%	7

**M55 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 John Varone	M55 Jamaica Masters AC	27.04	2.6	22.52 85.84%	5	7
2 Steve Millward	M58 Unattached	28.35	2.6	23.14 83.53%	5	5
3 Bruce Urch	M59 Unattached	29.63	2.6	24.02 80.46%	5	4
4 Raymond Jonasson	M58 Unattached	33.47	2.6	27.32 70.75%	5	3

**M60 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Kerry Smith	M60 Jamaica Masters AC	25.43	2.4	20.48 94.38%	4	7
2 Horace Hudson	M61 United State	28.26	2.4	22.61 85.46%	4	5
3 Jarmo Kokko	M63 Unattached	30.91	2.4	24.41 79.17%	4	4
4 Tom Stoyan	M63 Unattached	35.37	2.4	27.93 69.18%	4	3

**W60 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Karla Del Grande	W61 Mississauga Tra	28.31	2.2	21.15100.95%	2	7

**M65 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Duncan Greenshields	M65 UTTC	32.16	2.4	25.07 77.08%	4	7

**M70 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Tony Powell	M70 Unattached	28.13	2.7	21.07 91.72%	3	7
2 Peter Evans	M72 Mississauga Tra	29.80	2.7	21.65 89.26%	3	5
3 David Stern	M74 Mississauga Tra	31.56	2.7	22.22 86.98%	3	4

**M80 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Ray Wardle	M81 Ottawa Lions	37.67	2.7	23.44 82.45%	3	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W80 200 Meter Dash Sun Noon**

Name	Age Team	Finals	Wind	Age-Grading	Points
<b>1 Alice Cole</b>	<b>W80 Quebec</b>	<b>43.30</b>	<b>1.1</b>	<b>25.67 83.14%</b>	<b>7 CAN</b>
(old CAN 43.5 Alice last year in Regina)					

**W30 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
1 Marijana Primorac	W34 UTTC	68.21	66.14 71.97%	7

**M35 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Howard Powell	M38 Jamaica Masters AC	55.51	52.69 81.97%	5	7
2 Jonathan Colford	M36 Unattached	74.57	71.83 60.12%	5	5

**M40 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Lenroy Munro	M44 Unattached	55.17	50.14 86.12%	5	7

**M45 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Richard Reid	M45 Jamaica Masters AC	54.75	49.41 87.42%	4	7
2 Chris Lemassif	M47 UTTC	54.81	48.79 88.51%	4	5
3 Mirco Graenert	M45 Newmarket Huskies	55.70	50.26 85.92%	4	4
4 Norton Woo	M45 Boardwalk Runnin	58.77	53.03 81.44%	4	3
5 Peter Szymanski	M46 Unattached	68.75	61.62 70.08%	4	2

**W45 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
1 Annie Bunting	W49 UTTC	67.59	55.89 85.18%	7

**M50 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M50 UTTC	55.36	48.27 89.47%	4	7

**W50 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
1 Heather O'Hagan	W52 Newmarket Huskies	68.92	55.36 85.98%	7

**M55 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bruce Urch	M59 Unattached	68.03	55.92 77.23%	3	7
2 Raymond Jonasson	M58 Unattached	72.94	60.35 71.55%	3	5

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W55 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
1 Linda Tauvette	W58 Ottawa Track	77.38	58.80 80.96%	7

**M60 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Horace Hudson	M61 United State	61.99	50.32 85.82%	2	7
2 Tom Stoyan	M63 Unattached	1:34.91	76.08 56.76%	2	5

**W60 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
<b>1 Karla Del Grande</b> (old WR 66.24 Karla in Brazil)	<b>W61 Mississauga Tra</b>	<b>65.95</b>	<b>48.79 97.57%</b>	<b>7 WR</b>

**M65 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M65 UTTC	68.53	54.25 79.60%	2	7

**M70 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Gary McColeman	M72 UTTC	1:40.97	71.18 60.67%	2	7

**W70 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
1 Maureen Teixeira	W72 Unattached	1:44.69	66.14 71.97%	7

**M80 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ray Wardle	M81 Ottawa Lions	1:34.66	56.03 77.07%	2	7

**W80 400 Meter Dash Sat 2:00**

Name	Age Team	Finals	Age-Grading	Points
1 Alice Cole	W80 Quebec	1:36.78	51.19 92.99%	7

**M30 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bernie Hogan	M33 Unattached	2:11.97	2:11.98 76.62%	4	7

**W30 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Tanya Sakharov	W33 Boardwalk Runnin	2:28.13	2:28.14 76.47%	7
2 Marijana Primorac	W34 UTTC	2:37.00	2:37.01 72.15%	5

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M35 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Jimmy Semes	M35	Boardwalk Runnin	2:10.84	2:10.47 77.50%	4	7
2 Jonathan Colford	M36	Unattached	2:56.93	2:54.78 57.85%	4	5

**W35 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	Points
1 Carrie Byer	W35	Newmarket Huskies	2:34.14	2:34.15 73.49%	7

**M40 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Michal Kapral	M42	UTTC	2:04.74	1:56.45 86.83%	4	7
2 Louis Byrne	M42	Unattached	2:15.26	2:06.27 80.08%	4	5

**W40 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	Points
1 Joanna Kotsopoulos	W44	Boardwalk Rc	3:01.29	2:50.18 66.57%	7

**M45 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Jim Dyck	M48	Unattached	2:08.69	1:53.87 88.79%	4	7
2 Mirco Graenert	M45	Newmarket Huskies	2:08.79	1:56.96 86.45%	4	5
3 Robert Muir	M46	Ottawa Lions	2:16.77	2:03.14 82.12%	4	4
4 Jianping Xu	M48	Harbour Track	2:33.91	2:16.18 74.24%	4	3
5 Peter Szymanski	M46	Unattached	2:45.55	2:29.05 67.84%	4	2
-- Derek Hackshaw	M45	Newmarket Huskies	DNF		4	

**W45 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	Points
1 Aura Reynoso	W48	Newmarket Huskies	3:07.68	2:50.27 66.53%	7

**M50 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Rob Blair	M50	Newmarket Huskies	2:25.48	2:06.47 79.95%	3	7
2 Mark Duff	M52	Boardwalk Runnin	2:31.75	2:09.75 77.93%	3	5
3 Armand D'Oliveira	M54	UTTC	2:38.12	2:12.94 76.06%	3	4

**W50 800 Meter Run Sun 11:00**

Name	Age	Team	Finals	Age-Grading	Points
1 Heather O'Hagan	W52	Newmarket Huskies	2:36.52	2:16.07 83.25%	7
2 Rita Botelho	W53	UTTC	2:46.81	2:23.14 79.14%	5
3 Nicky Slovitt	W54	UTTC	3:30.02	2:57.85 63.69%	4

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M55 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Freemantle	M55 Newmarket Huskies	2:32.56	2:07.18 79.50%	3	7
2 Peter Nowak	M55 Unattached	2:45.23	2:17.74 73.41%	3	5

**W55 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Rita Quibell	W58 Newmarket Huskies	2:45.04	2:12.10 85.75%	7

**M60 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Helliker	M62 UTTC	2:27.46	1:56.31 86.94%	2	7
2 John Clarke	M62 East Toronto	2:43.60	2:09.04 78.36%	2	5
3 John De Finney	M64 Newmarket Huskies	2:53.05	2:14.40 75.24%	2	4
4 Tom Stoyan	M63 Unattached	3:21.39	2:37.61 64.15%	2	3

**M65 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M65 UTTC	2:53.79	2:13.91 75.51%	2	7

**M70 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M73 Unattached	2:50.03	1:58.55 85.29%	2	7
2 Robert Moore	M73 Toronto Olym	3:43.42	2:35.77 64.91%	2	5
3 Gary McColeman	M72 UTTC	3:49.18	2:42.31 62.30%	2	4

**W80 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
<b>1 Alice Cole</b>	<b>W80 Quebec</b>	<b>3:43.62</b>	<b>1:50.38 102.63%</b>	<b>7 WR</b>
(old WR 3:45.00 Nina Naumenko RUS 2005, old CAN 3:58 Helly Visser AB in May)				

**M85 800 Meter Run Sun 11:00**

Name	Age Team	Finals	Age-Grading	H#	Points
<b>1 Earl Fee</b>	<b>M85 Mississauga Tra</b>	<b>3:15.15</b>	<b>1:44.96 96.34%</b>	<b>2 7 WR</b>	
(old WR 3:17.45 Franciso Oliviera BRA 2013, old CAN 4:07 Les Leyland BC 2003)					

**W30 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	Points
1 Tanya Sakharov	W33 Boardwalk Runnin	5:09.78	5:07.09 75.70%	7

**M35 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jimmy Semes	M35 Boardwalk Runnin	4:33.17	4:29.68 76.39%	4	7



**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M40 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kevin Smith	M44 Unattached	4:21.97	3:56.69 87.03%	4	7

**W40 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	Points
1 Joanna Kotsopoulos	W44 Boardwalk Rc	5:57.52	5:23.35 71.90%	7

**M45 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Robert Muir	M46 Ottawa Lions	4:39.06	4:07.45 83.25%	4	7
2 Gary Cassel	M46 Cambridge Harriers	4:56.71	4:23.10 78.30%	4	5
3 Darryl Rowan	M48 Toronto Olym	5:06.78	4:27.12 77.12%	4	4
4 Niegel Geohagen	M46 Jamaica Masters AC	5:33.98	4:56.15 69.56%	4	3

**W45 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	Points
1 Annie Bunting	W49 UTTC	5:08.39	4:22.44 88.58%	7
2 Aura Reynoso	W48 Newmarket Huskies	6:10.44	5:19.21 72.83%	5

**M50 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Geoff Peat	M50 Newmarket Huskies	4:23.92	3:45.58 91.32%	3	7
2 Rob Blair	M50 Newmarket Huskies	4:57.46	4:14.24 81.03%	3	5
3 Shaun Vinson	M51 Unattached	5:00.93	4:15.01 80.78%	3	4
4 Mark Duff	M52 Boardwalk Runnin	5:05.72	4:16.84 80.21%	3	3
5 Peter Gordon	M53 UTTC	5:24.67	4:30.36 76.20%	3	2

**W50 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	Points
1 Rita Botelho	W53 UTTC	5:43.63	4:37.76 83.69%	7
2 Carolyn Hicks	W51 Unattached	6:57.76	5:46.62 67.07%	5
3 Nicky Slovitt	W54 UTTC	7:19.01	5:50.16 66.39%	4

**M55 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Freemantle	M55 Newmarket Huskies	5:11.13	4:14.54 80.93%	3	7
2 Peter Nowak	M55 Unattached	5:42.49	4:40.20 73.52%	3	5

**W55 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	Points
1 Lynn Kobayashi	W58 UTTC	6:15.66	4:43.59 81.98%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Helliker	M62 UTTC	4:59.28	3:51.08 89.15%	2	7
2 John Clarke	M62 East Toronto	5:21.76	4:08.44 82.92%	2	5
3 John De Finney	M64 Newmarket Huskies	5:44.54	4:21.79 78.69%	2	4
4 Murray Hale	M64 Newmarket Huskies	6:08.01	4:39.62 73.67%	2	3
5 Tom Stoyan	M63 Unattached	7:34.28	5:47.98 59.20%	2	2

**M70 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M73 Unattached	5:57.90	4:07.10 83.37%	2	7
2 Robert Moore	M73 Toronto Olym	7:01.74	4:51.17 70.75%	2	5

**M75 1500 Meter Run Sat 1:30**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Keijo Taivassalo	M75 Unattached	6:20.56	4:14.45 80.96%	2	7

**M35 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Dave Tepper	M39 Newmarket Huskies	16:45.12	15:56.98 79.10%	2	7

**M40 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Kevin Farr	M44 Brantford Track	17:34.57	16:06.94 78.29%	2	7

**W45 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Nancy Catton	W46 UTTC	22:57.73	20:48.64 69.25%	7

**M45 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Laszlo Orosz	M46 Unattached	16:31.22	14:54.88 84.59%	2	7
2 Darryl Rowan	M48 Toronto Olym	18:38.96	16:34.54 76.12%	2	5

**M50 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Steve Murphy	M53 Newmarket Huskies	19:11.59	16:23.00 77.01%	2	7
2 Jay Yakabowich	M52 Unattached	19:44.15	16:59.08 74.28%	2	5
3 Tony Madott	M53 Unattached	19:47.76	16:53.88 74.66%	2	4

**W50 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Patricia Vilone	W53 Unattached	28:15.92	23:26.26 61.49%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W55 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W55 UTTC	30:22.15	24:30.84 58.79%	7

**M55 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jerry Kooymans	M58 Toronto Olym	17:39.82	14:27.36 87.28%	2	7
2 Sam Vilone	M56 Unattached	22:08.87	18:26.16 68.44%	2	5

**W60 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Cathy Tedford	W61 Unattached	37:20.90	27:40.51 52.07%	7

**M60 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M62 East Toronto	21:20.64	16:51.97 74.81%	7
2 John De Finney	M64 Newmarket Huskies	21:41.20	16:49.87 74.96%	5

**M70 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Robert Moore	M73 Toronto Olym	24:37.77	17:19.03 72.86%	7

**M75 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Keijo Taivassalo	M75 Unattached	23:47.53	16:11.87 77.89%	7

**M80 5000 Meter Run Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Ed Whitlock	M83 Unattached	22:57.61	12:59.73 97.09%	7

**M30 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Bernie Hogan	M33 Unattached	36:30.14	36:04.96 72.98%	7

**M45 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Jianping Xu	M48 Harbour Track	40:47.79	36:15.60 72.62%	7
2 Niegel Geohagen	M46 Jamaica Masters AC	46:12.43	41:42.96 63.13%	5

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M50 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Tony Madott	M53 Unattached	41:36.75	35:31.23 74.14%	7

**M55 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Allan Feldman	M58 Unattached	48:44.21	39:53.18 66.02%	7

**M60 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M62 East Toronto	43:45.62	34:34.77 76.15%	7
2 John De Finney	M64 Newmarket Huskies	49:51.63	38:41.81 68.05%	5

**M70 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Robert Moore	M73 Toronto Olym	54:00.04	37:58.08 69.36%	7

**M75 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Keijo Taivassalo	M75 Unattached	49:51.39	33:56.54 77.58%	7

**M80 10000 Meter Run Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
-- Ed Whitlock	M83 Unattached	DQ		45:32 short

**M60 100 Short Hurdles Sat 1:00**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60 Throwers Club	20.13	1.9	18.16 71.14%	7

**M40 110 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ovidiu Negoita	M42 Unattached	19.97	1.9	18.78 68.75%	7

**M60 300 Long Hurdles**

Name	Age Team	Finals	Age-Grading	Points
1 Horace Hudson	M61 United State	47.47	52.12 89.76%	7

**M55 400 Long Hurdles Sun 11:30**

Name	Age Team	Finals	Age-Grading	Points
1 Glenn Chipkar	M55 Unattached	70.03	55.73 83.94%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 2000 Meter Steeplechase Sat 9:30**

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M62 East Toronto	9:04.48	10:31.55 75.00%	7
2 Doug Smith	M62 UTTC	10:31.56	12:12.55 64.66%	5

**M70 2000 Meter Steeplechase Sat 9:30**

Name	Age Team	Finals	Age-Grading	Points
1 Vern Christensen	M73 UTTC	9:36.43	8:57.41 88.13%	7

**M30 4x100 Meter Relay Sat 2:30**

Team	Finals	Points
1 Jamaica Masters AC 'A'	45.55	7
1) Mike James 34	2) Clayton Latham 34	
3) Richard Reid 45	4) Howard Powell 38	

**M40 4x100 Meter Relay Sat 2:30**

Team	Finals	Points
1 Jamaica Masters AC 'B'	52.06	7
1) Niegel Geohagen 46	2) Ira Irving 46	
3) Dale Samuel 42	4) Rick Reynolds 47	

**M50 4x100 Meter Relay Sat 2:30**

Team	Finals	Points
1 Jamaica Masters AC 'A'	50.46	7
1) Michael Lee Foon 53	2) Joe Baptiste 53	
3) Liviene Solomon 57	4) John Varone 55	

**M40 4x400 Meter Relay Sun 1:00**

Team	Finals	Points
1 Jamaica Masters AC 'A'	4:00.26	7
1) Niegel Geohagen 46	2) Howard Powell 38	
3) Richard Reid 45	4) Richard Palmer 46	

**W40 4x400 Meter Relay Sun 1:00**

Team	Finals	Points
1 University of Toronto TC 'A'	5:47.63	7
1) Rita Botelho 53	2) Nicky Slovitt 54	
3) Marijana Primorac 34	4) Katherine Willis 55	

**M50 4x400 Meter Relay Sun 1:00**

Team	Finals	Points
1 Unattached 'A'	4:58.27	7
1) Chris Mackie 73	2) Earl Fee 85	
3) Michael Sherar 50	4) Duncan Greenshields 65	

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M35 High Jump Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M38 Unattached	1.85m	2.00m 81.86%	7

**M40 High Jump Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Ovidiu Negoita	M42 Unattached	1.60m	1.80m 73.73%	7
2 Jasbir Singh Hundal	M41 Unattached	1.42m	1.58m 64.84%	5

**M45 High Jump Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 David Turkstra	M48 Hamilton Oly	1.76m	2.11m 86.27%	7

**W45 High Jump Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W48 Unattached	1.42m	1.72m 82.56%	7

**M50 High Jump Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
-- Don Ritchie	M52 Throwers Club	NH		

**M60 High Jump Sat 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Peter Zowkewych	M63 UTTC	1.42m	2.02m 82.56%	7
2 Ralph Cilevitz	M60 Throwers Club	1.00m	1.37m 56.18%	5

**M30 Long Jump Sat 1:00**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Clayton Latham	M34 Jamaica Masters AC	7.22m	-0.2	7.51m 83.95%	7

**M40 Long Jump Sat 1:00**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Nigel John	M41 UTTC	6.59m	+0.0	7.40m 82.79%	7
2 Ovidiu Negoita	M42 Unattached	5.16m	-1.2	5.86m 65.57%	5

**W45 Long Jump Sat 1:00**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Gaby Szanto	W48 Unattached	4.22m	-2.7	5.16m 68.62%	7

**M50 Long Jump Sat 1:00**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Leo Da Silva	M52 Unattached	4.58m	-1.7	5.89m 65.90%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W55 Long Jump Sat 1:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Maria Mallia	W59	Unattached	3.60m	-0.4	5.16m 68.70%	7

**M55 Long Jump Sat 1:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Liviene Solomon	M57	Jamaica Masters AC	4.85m	-1.0	6.69m 74.73%	7
2 Bryan Baldsing	M56	Unattached	4.30m	0.5	5.85m 65.35%	5
3 Raymond Jonasson	M58	Unattached	4.08m	1.1	5.71m 63.85%	4
4 Jacek Urbanowicz	M56	Unattached	3.94m	-0.8	5.36m 59.88%	3

**M60 Long Jump Sat 1:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60	Throwers Club	4.04m	-0.2	5.82m 65.06%	7

**M70 Long Jump Sat 1:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Philipneri Sinnappu	M74	Quebec	2.76m	-0.7	5.02m 56.10%	7

**M35 Triple Jump Sun 11:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Jonathan Younker	M39	Unattached	12.20m	-3.1	12.92m 70.68%	7

**M40 Triple Jump Sun 11:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Lenroy Munro	M44	Unattached	11.50m	-0.8	12.93m 70.73%	7
2 Jasbir Singh Hundal	M41	Unattached	9.99m	-1.8	10.83m 59.25%	5

**M45 Triple Jump Sun 11:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 David Ng	M48	Unattached	10.34m	-2.4	12.23m 66.88%	7

**M60 Triple Jump Sun 11:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60	Throwers Club	8.55m	-1.3	11.98m 65.52%	7

**M70 Triple Jump Sun 11:00**

Name	Age	Team	Finals	Wind	Age-Grading	Points
1 Philipneri Sinnappu	M74	Quebec	6.68m	-0.6	11.91m 65.17%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M40 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Sharaz Shaikh	M42 Unattached	9.53m	10.10m 43.70%	7
2 Jasbir Singh Hundal	M41 Unattached	8.24m	8.59m 37.18%	5

**W40 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Eulette Thompson	W44 Jamaica Masters AC	7.29m	9.37m 41.42%	7

**M45 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Paul Robinson	M49 Jamaica Masters AC	7.99m	9.67m 41.83%	7
2 Niegel Geohagen	M46 Jamaica Masters AC	4.24m	4.81m 20.84%	5

**W45 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W48 Unattached	9.60m	13.66m 60.38%	7
2 Colleen Hill	W46 Jamaica	6.55m	8.84m 39.10%	5

**M50 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M54 Throwers Club	12.88m	16.05m 69.43%	7

**W55 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W55 UTTC	5.53m	8.40m 37.11%	7

**M60 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	11.71m	15.73m 68.08%	7
2 Peter Zowkewych	M63 UTTC	10.99m	15.21m 65.81%	5
3 Ralph Shapiro	M62 Guelph Track Club	10.72m	14.40m 62.33%	4
4 Ralph Cilevitz	M60 Throwers Club	8.21m	10.42m 45.11%	3

**M65 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Jerzy Wyroba	M65 Unattached	10.13m	14.91m 64.48%	7
2 Brock Pullen	M65 Throwers Club	9.48m	13.95m 60.34%	5

**M70 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Moe Jacobs	M70 Unattached	10.42m	13.56m 58.67%	7
2 Enrico Toscano	M73 Throwers Club	6.33m	8.96m 38.76%	5



**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W70 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W73 Unattached	7.37m	17.00m 75.13%	7

**M75 Shot Put Sun 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	8.33m	12.93m 55.94%	7

**M35 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Fernando Cornejo	M35 Throwers Club	40.00m	40.00m 54.00%	7
2 Christopher Shanahan	M37 Unattached	31.98m	31.98m 43.17%	5

**M40 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Sharaz Shaikh	M42 Unattached	34.56m	35.23m 47.56%	7
2 Ovidiu Negoita	M42 Unattached	21.59m	22.00m 29.71%	5

**M45 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Peter Ingleton	M48 Unattached	41.83m	46.54m 62.84%	7

**M50 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M54 Throwers Club	39.25m	42.28m 57.07%	7

**M55 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Jacek Urbanowicz	M56 Unattached	21.79m	24.53m 33.12%	7

**M60 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	38.99m	45.66m 61.64%	7
2 Ralph Cilevitz	M60 Throwers Club	31.02m	34.84m 47.04%	5
3 Ralph Shapiro	M62 Guelph Track Club	29.87m	34.98m 47.23%	4

**M65 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	36.53m	45.71m 61.71%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M70 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	33.73m	47.65m 64.32%	7
2 Moe Jacobs	M70 Unattached	30.97m	43.75m 59.06%	5
3 Philipneri Sinnappu	M74 Quebec	20.20m	31.81m 42.94%	4
4 Enrico Toscano	M73 Throwers Club	17.51m	26.80m 36.19%	3

**M70 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W73 Unattached	18.79m	41.80m 54.43%	7

**M75 Discus Throw Sat 1:00**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	23.76m	39.70m 53.60%	7

**M40 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Kevin Harrison	M40 Unattached	50.43m	54.45m 62.78%	7
2 Ovidiu Negoita	M42 Unattached	11.65m	13.04m 15.03%	5

**M50 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Ayman Mazhar	M54 UTTC	47.94m	60.88m 70.20%	7
2 Danny Yoisten	M54 Throwers Club	35.43m	44.99m 51.88%	5

**W50 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Kristen Dajia	W51 Throwers Club	36.42m	46.38m 60.24%	7

**M55 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Jacek Urbanowicz	M56 Unattached	25.67m	34.13m 39.35%	7

**M60 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	31.50m	46.38m 53.47%	7
2 Ralph Cilevitz	M60 Throwers Club	28.80m	40.48m 46.68%	5

**M70 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	30.11m	48.51m 55.92%	7
2 Enrico Toscano	M73 Throwers Club	15.83m	27.85m 32.12%	5

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M75 Hammer Throw Sat 9:00**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	23.44m	45.43m 52.38%	7

**M35 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M38 Unattached	31.34m	34.24m 34.78%	7

**M40 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Sharaz Shaikh	M42 Unattached	49.54m	57.77m 58.67%	7

**M45 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Christian Masotti	M46 Unattached	42.42m	53.04m 53.87%	7
2 Niegel Geohagen	M46 Jamaica Masters AC	18.17m	22.72m 23.07%	5

**W45 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
<b>1 Gaby Szanto</b> (old CAN 33.17 Ana Maria Neilson 2009)	<b>W48 Unattached</b>	<b>34.29m</b>	<b>46.43m 63.61%</b>	<b>7 CAN</b>

**M50 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Marty Withers	M54 Unattached	48.14m	66.36m 67.39%	7
2 Paul Osland	M50 UTTC	29.47m	37.69m 38.27%	5

**W50 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Ana Maria Neilson	W52 Unattached	30.45m	43.58m 59.71%	7

**M55 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Peter St.Pierre	M55 Throwers Club	36.82m	51.76m 52.56%	7
2 Liviene Solomon	M57 Jamaica Masters AC	35.74m	52.32m 53.13%	5
3 Bruce Urch	M59 Unattached	28.53m	43.56m 44.24%	4

**W55 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Barb Dabrowski	W57 Throwers Club	34.04m	55.52m 76.07%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Terry Gudzowsky	M60 Alberta	40.08m	59.33m 60.25%	7
2 Michael Finkbeiner	M60 Throwers Club	38.46m	56.93m 57.82%	5
3 Bill Pearson	M62 Throwers Club	29.12m	44.95m 45.65%	4
4 Jarmo Kokko	M63 Unattached	28.97m	45.70m 46.40%	3
5 Peter Zowkewych	M63 UTTC	27.87m	43.96m 44.64%	2

**M65 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	35.69m	58.87m 59.78%	7

**M70 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Philipneri Sinnappu	M74 Quebec	20.99m	40.94m 41.58%	7
2 Enrico Toscano	M73 Throwers Club	11.89m	22.53m 22.88%	5

**W70 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W73 Unattached	15.92m	38.54m 52.80%	7

**M75 Javelin Throw Sun 11:00**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	20.75m	43.00m 43.67%	7

**M40 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M41 Unattached	6.19m	6.86m 26.56%	7

**W45 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Colleen Hill	W46 Jamaica	5.75m	9.14m 38.75%	7

**M50 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Ayman Mazhar	M54 UTTC	16.83m	20.01m 77.41%	7
2 Danny Yoisten	M54 Throwers Club	12.69m	15.09m 58.37%	5

**W50 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Kristen Dajia	W51 Throwers Club	11.76m	14.85m 62.96%	7

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M55 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Jacek Urbanowicz	M56 Unattached	9.89m	12.18m 47.14%	7

**M60 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	11.47m	13.59m 52.57%	7
2 Ralph Cilevitz	M60 Throwers Club	11.09m	12.63m 48.85%	5

**M65 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	11.67m	14.72m 56.93%	7

**M70 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	13.46m	17.42m 67.37%	7
2 Enrico Toscano	M73 Throwers Club	6.71m	9.36m 36.23%	5

**M75 Weight Throw Sat 10:30**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	11.10m	16.82m 65.06%	7

**M55 Shot Put Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	8.59m	10.91m 47.20%	540

**M60 Shot Put Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	10.95m	13.66m 59.13%	708

**M65 Shot Put Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	9.63m	13.10m 56.68%	673

**M70 Shot Put Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	12.26m	16.51m 71.45%	883
2 Enrico Toscano	M73 Throwers Club	6.32m	8.51m 36.83%	397

**M75 Shot Put Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
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**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 David Morris M76 Throwers Club 8.42m 12.45m 53.87% 634

**M55 Discus Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	16.88m	18.74m 25.30%	249

**M60 Discus Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	37.65m	40.01m 54.02%	665

**M65 Discus Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	36.76m	42.77m 57.74%	721

**M70 Discus Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	34.67m	44.31m 59.82%	753
2 Enrico Toscano	M73 Throwers Club	17.22m	22.00m 29.71%	310

**M75 Discus Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	22.74m	32.59m 43.99%	516

**M55 Hammer Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	17.00m	22.34m 25.76%	229

**M60 Hammer Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	31.50m	41.20m 47.51%	532

**M65 Hammer Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	26.23m	38.44m 44.32%	487

**M70 Hammer Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	28.06m	42.43m 48.93%	552
2 Enrico Toscano	M73 Throwers Club	15.09m	22.82m 26.31%	236

**M75 Hammer Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	24.73m	42.70m 49.23%	556

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M55 Javelin Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	21.76m	29.11m 29.57%	287

**M60 Javelin Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	31.08m	43.94m 44.62%	499

**M65 Javelin Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	34.45m	53.81m 54.64%	645

**M70 Javelin Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	21.57m	36.23m 36.80%	388
2 Enrico Toscano	M73 Throwers Club	10.63m	17.85m 18.13%	133

**M75 Javelin Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	18.30m	34.64m 35.18%	365

**M55 Weight Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ken Fair	M58 Unattached	8.22m	9.22m 35.68%	409

**M60 Weight Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M62 Throwers Club	12.07m	12.58m 48.65%	597

**M65 Weight Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M65 Throwers Club	11.57m	12.90m 49.89%	615

**M70 Weight Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 John Kasperski	M70 Throwers Club	14.42m	16.45m 63.61%	818
2 Enrico Toscano	M73 Throwers Club	6.49m	7.40m 28.63%	308

**M75 Weight Throw Weight Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M76 Throwers Club	11.04m	13.56m 52.45%	653

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M55 Weight Pentathlon**

Name	Age Team	Finals	Points
1 Ken Fair	M58 Unattached	1714	7

**M60 Weight Pentathlon**

Name	Age Team	Finals	Points
1 Bill Pearson	M62 Throwers Club	3001	7

**M65 Weight Pentathlon**

Name	Age Team	Finals	Points
1 Brock Pullen	M65 Throwers Club	3141	6

**M70 Weight Pentathlon**

Name	Age Team	Finals	Points
1 John Kasperski	M70 Throwers Club	3394	6
2 Enrico Toscano	M73 Throwers Club	1384	5

**M75 Weight Pentathlon**

Name	Age Team	Finals	Points
1 David Morris	M76 Throwers Club	2724	7

**M35 5000 Meter Race Walk Sun 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Pat Gaboury	M38 Quebec	32:35.42	31:25.23 57.16%	7

**W35 5000 Meter Race Walk Sun 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Sarah Raetsen	W38 Ontario RaceWalkers	32:03.69	31:17.53 63.22%	7

**M45 5000 Meter Race Walk Sun 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Jianping Xu	M48 Harbour Track	26:20.42	23:27.69 76.55%	7

**W60 5000 Meter Race Walk Sun 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Kris Kozell	W61 Ontario RaceWalkers	32:02.03	25:20.72 78.06%	7
2 Jacqueline Silverberg	W63 Ontario RaceWalkers	33:43.69	26:02.90 75.95%	5

**M65 5000 Meter Race Walk Sun 10:00**

Name	Age Team	Finals	Age-Grading	Points
1 Patrick King	M67 Unattached	33:09.54	24:38.43 72.89%	7
-- John Kittredge	M69 Ontario RaceWalkers	DQ	IAAF 275.83	



**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

**W80 5000 Meter Race Walk Sun 10:00**

Name	Age Team	Finals	Age-Grading Points
-- Jean Horne	W81 Ontario RaceWalkers	DNF	

**Team Rankings - Through Event 28****Combined Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	University of Toronto TC	UTTC	297
2	Throwers Club	THR	276
3	Jamaica Masters AC	JMAC	215
4	Newmarket Huskies	NEWH	117
5	Quebec	QUE	53
6	Mississauga Track Club	MISS	49
7	Toronto Olympic Club	OTOC	40
8	Boardwalk Running Club	BRC	39
9	Ottawa Lions Track and Fi	OTTL	34
10	East Toronto Striders	ETS	31
11	Ontario RaceWalkers	ORW	19
11	United States of America	USA	19
13	Harbour Track	HBT	17
14	Boardwalk Rc	BDWK	14
14	York UniversityTrack & Field	YUTF	14
14	Ottawa Lions Track Club	OTW	14
17	Jamaica	JAMC	12
18	Hamilton Olympic Club	HOC	9
19	Guelph Track Club	GUEL	8
20	Alberta	AB	7
20	Brantford Track & Field Club	BTFD	7
22	Cambridge Harriers	CAM	5
		<b>Total</b>	<b>1,296.00</b>