

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W29&U 60 Meter Dash**

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1 Leslie Tsang	W17 Centro Scuola	7.49q	NWI	7.38 93.86%	6
2 Renee Dalechuku	W15 Flying Angels	8.84q	NWI	8.58 80.66%	2
3 Zaria John-Gomes	W10 Flying Angels	9.12q	NWI	8.07 85.75%	3
4 Danielle Killingbeck	W9 Flying Angels	9.63q	NWI	8.20 84.42%	3
5 Nia Dalechuku	W11 Flying Angels	9.92q	NWI	9.04 76.61%	1
6 Mariah Alexander-Berry	W8 Flying Angels	10.81q	NWI	8.73 79.37%	1

M29&U 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
1 Brandon Tyrrell	M17 Oakville Legion	7.24q	NWI	6.92 92.40%	6
2 Rob Pipitone	M17 Newmarket Falcons	7.94q	NWI	7.59 84.26%	2
3 Elijah Beckford	M15 Flying Angels	8.14q	NWI	7.60 84.15%	1
4 Deshawn Walters	M12 Flying Angels	8.21q	NWI	7.27 87.94%	2
5 Jaylen Gilbert-Ryan	M14 Flying Angels	8.35q	NWI	7.68 83.23%	4
6 Elynn Chen	M11 Flying Angels	9.26q	NWI	8.00 79.91%	3
7 Alwrick Alexander	M12 Flying Angels	9.40q	NWI	8.32 76.81%	1
8 Kyler Luo	M6 Flying Angels	12.12q	NWI	7.81 81.85%	2

M29&U 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						
1 Brandon Tyrrell	M17 Oakville Legion	7.16	NWI	6.84 93.44%	5	
2 Rob Pipitone	M17 Newmarket Falcons	7.87	NWI	7.52 85.01%	4	
3 Elijah Beckford	M15 Flying Angels	8.12	NWI	7.58 84.36%	3	
4 Jaylen Gilbert-Ryan	M14 Flying Angels	8.46	NWI	7.78 82.15%	4	
5 Elynn Chen	M11 Flying Angels	9.45	NWI	8.17 78.31%	1	
6 Alwrick Alexander	M12 Flying Angels	9.47	NWI	8.39 76.24%	1	
7 Kyler Luo	M6 Flying Angels	11.66	NWI	7.52 85.08%	1	

W29&U 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Leslie Tsang	W17 Centro Scuola	7.48	NWI	7.37 93.98%	5	
2 Renee Dalechuku	W15 Flying Angels	8.80	NWI	8.54 81.02%	2	
3 Zaria John-Gomes	W10 Flying Angels	9.14	NWI	8.09 85.56%	2	
4 Danielle Killingbeck	W9 Flying Angels	9.66	NWI	8.22 84.16%	1	
5 Nia Dalechuku	W11 Flying Angels	10.00	NWI	9.11 76.00%	1	
6 Mariah Alexander-Berry	W8 Flying Angels	10.92	NWI	8.82 78.57%	1	

M30 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1 Cat Jordan	M31 Unattached	8.14q	NWI	8.15 78.50%	5

M30 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Cat Jordan M31 Unattached 8.17 NWI 8.18 78.21% 1

W35 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1 Khama Beckles	W38 UTTC	8.18q	NWI	8.09 85.57%	5

M35 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
1 Dree Ryan	M35 Jamaica	7.10q	NWI	7.03 90.99%	6
2 Howard Powell	M37 Unattached	7.44q	NWI	7.25 88.17%	6

W35 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						
1 Khama Beckles	W38 UTTC	8.24	NWI	8.15 84.95%	1	

M35 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Dree Ryan	M35 Jamaica	7.16	NWI	7.09 90.22%	1	
2 Howard Powell	M37 Unattached	7.56	NWI	7.37 86.77%	1	

M40 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1 Jay Foubert	M44 UTTC	7.52q	NWI	6.95 92.02%	6
2 Nigel John	M41 UTTC	7.52q	NWI	7.11 89.89%	6
3 Michael Yap	M43 Unattached	8.13q	NWI	7.57 84.50%	5
4 Andrei Georgescu	M42 Unattached	9.14q	NWI	8.58 74.51%	1

M40 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						
1 Nigel John	M41 UTTC	7.57	NWI	7.16 89.30%	2	
2 Jay Foubert	M44 UTTC	7.70	NWI	7.12 89.87%	2	
3 Michael Yap	M43 Unattached	8.19	NWI	7.63 83.88%	1	

M45 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1 Chris Lemassif	M46 UTTC	7.96q	NWI	7.25 88.19%	5
2 Rick Reynolds	M47 Unattached	8.05q	NWI	7.28 87.83%	5
3 Paul Dowhos	M46 Thunder Bay Spri	8.12q	NWI	7.40 86.45%	5
4 Gary Freeman	M47 Newmarket Falcons	9.44q	NWI	8.54 74.89%	2

M45 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Finals

1	Chris Lemassif	M46 UTTC	7.95	NWI	7.24	88.30%	4
2	Rick Reynolds	M47 Unattached	8.02	NWI	7.26	88.15%	3
3	Paul Dowhos	M46 Thunder Bay Spri	8.07	NWI	7.35	86.99%	3
4	Gary Freeman	M47 Newmarket Falcons	9.27	NWI	8.39	76.27%	1

M50 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1	Michael Lee Foon	M53 Jamaica	7.92q	NWI	6.87 93.06% 6
2	Les Neufeld	M53 Unattached	8.25q	NWI	7.15 89.33% 4

M50 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						
1	Michael Lee Foon	M53 Jamaica	7.85	NWI	6.81 93.89%	3
2	Les Neufeld	M53 Unattached	8.35	NWI	7.24 88.26%	1

M55 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1	John Varone	M55 Unattached	8.22q	NWI	7.03 91.00% 4
2	Bryan Baldsing	M55 Unattached	8.74q	NWI	7.47 85.58% 3
3	Sam Vilone	M56 Unattached	9.09q	NWI	7.72 82.84% 3

M55 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						
1	John Varone	M55 Unattached	8.37	NWI	7.16 89.37%	2
2	Bryan Baldsing	M55 Unattached	8.72	NWI	7.46 85.78%	1
3	Sam Vilone	M56 Unattached	9.14	NWI	7.76 82.39%	1

W60 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1	Karla Del Grande	W60 Mississauga Tra	8.75q	NWI	6.86100.91% 4

M60 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
1	Kerry Smith	M60 Speed Factory	7.95q	NWI	6.57 97.23% 5
2	Jarmo Kokko	M63 Unattached	9.49q	NWI	7.70 83.03% 2

M60 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						
1	Jarmo Kokko	M63 Unattached	9.56	NWI	7.75 82.43%	1

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

2 Kerry Smith M60 Speed Factory 11.24 NWI 9.29 68.77% 4

M70 60 Meter Dash

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1 Mike Morris	M73 Unattached	9.10q	NWI	6.91 92.53%	4
2 David Stern	M73 Mississauga Tra	9.62q	NWI	7.30 87.53%	3

M70 60 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
Finals						
1 Mike Morris	M73 Unattached	9.05	NWI	6.87 93.04%	1	

M29&U 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Deshawn Walters	M12 Flying Angels	26.64	NWI	23.15 83.48%	2	
2 Elijah Beckford	M15 Flying Angels	27.17	NWI	25.30 76.37%	1	
3 Rob Pipitone	M17 Newmarket Falcons	28.03	NWI	26.99 71.60%	4	
4 Jaylen Gilbert-Ryan	M14 Flying Angels	28.09	NWI	25.64 75.36%	7	
5 Elynn Chen	M11 Flying Angels	31.13	NWI	26.24 73.66%	5	
6 Alwrick Alexander	M12 Flying Angels	31.60	NWI	27.46 70.38%	5	
7 Kyler Luo	M6 Flying Angels	42.22	NWI	25.88 74.66%	3	
-- Charlie Mills	M8 Boardwalk Rc	DQ	NWI		2	

W29&U 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Renee Dalechuku	W15 Flying Angels	29.24	NWI	27.51 77.60%	6	
2 Trystenue Buirey	W17 Flying Angels	29.66	NWI	28.58 74.68%	5	
3 Sasha Melnyk	W12 Boardwalk Rc	33.05	NWI	29.44 72.50%	1	
4 Danielle Killingbeck	W9 Flying Angels	33.13	NWI	26.73 79.87%	3	
5 Nia Dalechuku	W11 Flying Angels	35.45	NWI	30.77 69.37%	3	
6 Mariah Alexander-Berry	W8 Flying Angels	36.98	NWI	28.26 75.53%	1	
7 Jessie Schnoor	W11 Unattached	37.36	NWI	32.43 65.82%	2	
8 Amy Arnold	W11 Unattached	43.60	NWI	37.84 56.40%	2	
-- Dalia Piatigorsky-Roth	W11 Unattached	DQ	NWI		1	
-- Zaria John-Gomes	W10 Flying Angels	DQ	NWI		3	

M30 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Cat Jordan	M31 Unattached	27.60	NWI	27.49 70.29%	6	

W35 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Khama Beckles	W38 UTTC	27.62	NWI	26.76 79.76%	7	

M35 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Howard Powell	M37 Unattached	24.10	NWI	22.89 84.44%	9	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M40 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Nigel John	M41 UTTC	24.07	NWI	22.16 87.20%	9	
2 Jay Foubert	M44 UTTC	24.60	NWI	22.15 87.24%	9	
3 Matt Beechey	M43 Unattached	28.46	NWI	25.82 74.84%	7	

M45 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Chris Lemassif	M46 UTTC	25.26	NWI	22.42 86.22%	8	
2 Christopher Warburton	M48 UTTC	25.32	NWI	22.15 87.24%	9	
3 Rick Reynolds	M47 Unattached	26.12	NWI	23.01 83.96%	8	
4 Ira Irving	M46 Jamaica	26.94	NWI	23.91 80.85%	8	
5 Chris Webb	M48 Unattached	29.79	NWI	26.06 74.15%	4	
6 Gary Freeman	M47 Newmarket Falcons	31.62	NWI	27.86 69.35%	5	
-- Paul Dowhos	M46 Thunder Bay Spri	DQ	NWI		7	

M55 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 John Varone	M55 Unattached	27.30	NWI	22.73 85.02%	8	
2 Steve Millward	M58 Niagara Olym	29.23	NWI	23.86 81.01%	6	
3 Sam Vilone	M56 Unattached	30.31	NWI	25.07 77.07%	4	

M60 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 John Giffen	M61 Unattached	30.75	NWI	24.60 78.54%	2	

W60 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Karla Del Grande	W60 Mississauga Tra	28.59	NWI	21.56 98.99%	6	World Record
(old WR 28.94 Phil Raschker USA 2007, old CAN 30.41 Carol Lafayette-Boyd SK'03)						

M70 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#	Points
1 Mike Morris	M73 Unattached	31.81	NWI	22.75 84.94%	4	
2 David Stern	M73 Mississauga Tra	31.96	NWI	22.86 84.54%	4	

W29&U 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Renee Dalechuku	W15 Flying Angels	68.15	62.75 75.86%	2	
2 Sasha Melnyk	W12 Boardwalk Rc	75.54	65.04 73.19%	2	
3 Jessie Schnoor	W11 Unattached	1:26.47	72.22 65.92%	1	
4 Dalia Piatigorsky-Roth	W11 Unattached	1:29.74	74.95 63.52%	1	
5 Amy Arnold	W11 Unattached	1:51.70	1:33.29 51.03%	1	

M29&U 400 Meter Dash

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	H#	Points
1 Charlie Mills	M8 Boardwalk Rc	1:26.57	63.12 68.41%	1	
2 Darion Jackson	M8 Flying Angels	1:44.17	75.96 56.85%	1	
-- Deshawn Walters	M12 Flying Angels	DQ		4	

M35 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jonathan Colford	M36 Unattached	71.61	68.98 62.60%	3	

M45 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Richard Reid	M45 Jamaica	55.58	50.15 86.11%	5	
2 Mirco Graenert	M45 Newmarket Huskies	56.91	51.35 84.10%	5	
3 Norton Woo	M45 Boardwalk Runnin	58.62	52.90 81.64%	4	
4 Simon Rayner	M49 Unattached	60.53	53.14 81.27%	3	
5 Chris Webb	M48 Unattached	64.87	57.35 75.30%	4	
6 Nigel Geohagen,	M45 Jamaica	68.05	61.41 70.33%	2	
7 Gary Freeman	M47 Newmarket Falcons	72.62	64.64 66.80%	3	
-- Chris Lemassif	M46 UTTC	DNF		5	

M50 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Michael Sherar	M50 UTTC	54.94	47.90 90.15%	5	
2 Andrew Bass	M52 Unattached	60.32	51.90 83.21%	3	

W50 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Maya Jonas	W51 MB Performance	1:41.35	1:22.18 57.93%	2	

M55 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
1 Raymond Jonasson	M57 Unattached	75.88	63.18 68.34%	2	

M29&U 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Sondley Forrestan	M18 Flying Angels	2:06.74	2:03.35 81.97%	3	
2 Darion Jackson	M8 Flying Angels	3:32.56	2:33.35 65.94%	1	

M35 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jimmy Semes	M35 Boardwalk Runnin	2:14.02	2:13.64 75.66%	3	

W40 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Amy Ballon	W42 UTTC	2:41.97	2:34.75 73.20%	2	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M40 800 Meter Run**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Michal Kapral	M41 UTTC	2:10.15	2:02.61	82.47%	3
2 Patrick Menzies	M43 Unattached	2:20.44	2:09.93	77.83%	3
3 Glenn Duncan	M41 Boardwalk Rc	2:26.73	2:18.22	73.15%	3

M45 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mirco Graenert	M45 Newmarket Huskies	2:12.61	2:00.43	83.96%	3
2 Simon Rayner	M49 Unattached	2:18.97	2:01.90	82.95%	3
3 Nigel Geohagen,	M45 Jamaica	2:38.45	2:23.89	70.27%	2

W45 800 Meter Run

Name	Age Team	Finals	Age-Grading	Points
1 Anke Graenert	W46 Newmarket Huskies	3:08.88	2:54.27	65.00%

M50 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Armand D'Oliveira	M53 UTTC	2:24.21	2:02.28	82.69%	3
2 Mark Duff	M52 Boardwalk Runnin	2:36.10	2:13.47	75.76%	3

W50 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Heather O'Hagan	W52 Newmarket Huskies	2:46.51	2:24.75	78.26%	2
2 Patricia Vilone	W52 Unattached	3:29.23	3:01.89	62.28%	1
3 Maya Jonas	W51 MB Performance	3:32.84	3:07.43	60.44%	1

M60 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Ted Paget	M62 Newmarket Huskies	2:45.61	2:10.62	77.41%	2
2 John De Finney	M64 Newmarket Hu	2:46.21	2:09.08	78.33%	2

M65 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M65 UTTC	2:49.86	2:10.88	77.26%	2

M70 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Mackie	M73 Unattached	2:47.88	1:57.05	86.38%	2
2 Vern Christensen	M73 Scarborough Masters	3:20.89	2:20.07	72.19%	1
3 Robert Moore	M73 Toronto Olym	3:28.72	2:25.52	69.48%	1

M29&U 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading	Points
1 Cameron Woo	M13 Boardwalk Rc	5:57.36		

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 1600 Meter Run Mile**

Name	Age Team	Finals	Age-Grading H#	Points
1 Robert Kay	M31 Longboat RR	5:18.33	2	
2 Greg King	M32 Unattached	5:40.58	1	

M35 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading H#	Points
1 Jimmy Semes	M35 Boardwalk Runnin	5:06.11	2	

M40 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading H#	Points
1 Ian Reid	M40 UTTC	4:49.15	2	
2 Glenn Duncan	M41 Boardwalk Rc	5:37.40	2	

M45 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading H#	Points
1 Simon Rayner	M49 Unattached	5:28.25	2	
2 Chris Webb	M48 Unattached	5:29.04	1	
3 Gary Cassel	M46 Cambridge Harriers	5:31.27	1	

M50 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading H#	Points
1 James Wallace	M51 UTTC	5:25.39	2	

W50 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading	Points
1 Patricia Vilone	W52 Unattached	7:53.42		

M60 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading H#	Points
1 Tim Payne	M63 Newmarket Huskies	6:30.75	1	
-- John Helliker	M62 UTTC	DNF	2	

M65 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading	Points
1 Richard Bailey	M65 Longboat RR	6:06.04		

M70 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading	Points
1 Robert Moore	M73 Toronto Olym	7:25.16		

M80 1600 Meter Run Mile

Name	Age Team	Finals	Age-Grading	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Ed Whitlock **M82 Unattached** **6:44.44** **World Record**
 (old WR 6:48.02 John Keston USA 2005, no previous CAN Record)

M30 5000 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Bernie Hogan	M32 Unattached	17:02.64	16:54.67 74.61%
2 Greg King	M32 Unattached	18:58.55	18:49.67 67.01%

W35 5000 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Donna Mae Robins	W37 Unattached	18:56.09	18:32.58 77.72%

M35 5000 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Alec Braithwaite	M38 Unattached	16:44.99	16:03.99 78.53%

M45 5000 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Pierre Mikhail	M45 Muskoka Algonqui	18:10.71	16:32.44 76.28%

M50 5000 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Jay Yakabowich	M52 Unattached	18:46.40	16:09.38 78.09%

M55 5000 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Sam Vilone	M56 Unattached	21:22.55	17:47.60 70.91%

M70 5000 Meter Run

Name	Age Team	Finals	Age-Grading Points
1 Gary McColeman	M71 UTTC	27:16.33	19:43.07 63.99%

W29&U 60 Meter Hurdles

Name	Age Team	Finals	Wind	Age-Grading Points
1 Trysten Buirey	W17 Flying Angels	10.31	NWI	10.29 74.78%

M35 60 Meter Hurdles

Name	Age Team	Finals	Wind	Age-Grading Points
1 David Valenzuela	M37 Unattached	9.12	NWI	8.71 83.88%

X60 4x800 Meter Relay

Team	Finals	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Team Ontario 'A'	10:47.02
1) Ted Paget 62	2) John De Finney 64
3) John Giffen 61	4) John Helliker 62

X70 4x800 Meter Relay

Team	Finals	Points
2 Scarborough Masters 'A'	12:45.87	CAN
1) Chris Mackie 73	2) Vern Christensen 73	
3) Jack Geddes 76	4) Ed Whitlock 82	

(old CAN 13:07.93 2013)

M35 High Jump

Name	Age Team	Finals	Age-Grading Points
1 David Valenzuela	M37 Unattached	1.80m	1.93m 78.95%

W35 High Jump

Name	Age Team	Finals	Age-Grading Points
1 Maresa Ryan	W37 Jamaica	1.60m	1.70m 81.63%

M55 Pole Vault

Name	Age Team	Finals	Age-Grading Points
1 Mark Schaber	M55 Unattached	3.40m	4.63m 75.39%

M29&U Long Jump

Name	Age Team	Finals	Wind	Age-Grading Points
1 Rob Pipitone	M17 Newmarket Falcons	5.03m	NWI	5.41m 60.53%
2 Elynn Chen	M11 Flying Angels	3.71m	NWI	5.47m 61.12%

W29&U Long Jump

Name	Age Team	Finals	Wind	Age-Grading Points
1 Renee Dalechuku	W15 Flying Angels	3.63m	NWI	4.23m 56.37%
2 Zaria John-Gomes	W10 Flying Angels	3.46m	NWI	5.27m 70.18%

M40 Long Jump

Name	Age Team	Finals	Wind	Age-Grading Points
1 Matt Beechey	M43 Unattached	4.45m	NWI	5.12m 57.20%
2 Andrei Georgescu	M42 Unattached	4.07m	NWI	4.62m 51.72%

M50 Long Jump

Name	Age Team	Finals	Wind	Age-Grading Points
1 Andrew Bass	M52 Unattached	5.17m	NWI	6.65m 74.39%

M29&U Shot Put

Name	Age Team	Finals	Age-Grading Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Rob Pipitone	M17 Newmarket Falcons	12.66m	14.51m	62.80%
2 Alwrick Alexander	M12 Flying Angels	7.86m	7.86m	34.00%

M45 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Paul Gautier	M49 New Brunswick	12.66m	15.32m	66.28%

W45 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Deanne Noel	W48 Unattached	5.12m	7.28m	32.20%

M50 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Fred Jordan	M50 Unattached	9.03m	10.35m	44.79%

W55 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W55 UTTC	5.47m	8.30m	36.71%

M60 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M61 Throwers Club	11.78m	15.38m	66.55%
2 Jerzy Wyroba	M64 Unattached	10.79m	15.39m	66.56%
3 Jarmo Kokko	M63 Unattached	9.38m	12.98m	56.17%

M65 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Mike Mercer	M66 Unattached	9.17m	13.94m	60.29%

W65 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W65 Hamilton Oly	6.55m	12.27m	54.27%

M70 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Enrico Toscano	M73 Centro Scuola	6.75m	9.55m	41.33%

W70 Shot Put

Name	Age Team	Finals	Age-Grading	Points
1 Adri Rowswell	W73 Unattached	7.02m	16.19m	71.56%

M75 Shot Put

Name	Age Team	Finals	Age-Grading	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 David Morris M75 Throwers Club 8.11m 12.19m 52.77%

W29&U Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Cyerra Cassell	W17 UTTC	16.79m	18.01m 76.32%

W35 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Marie-Josée Le Jour (old CAN 16.36 Karla Gabruch)	W35 UTTC	16.88m	21.52m 91.19% CAN

M45 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Paul Gautier (old CAN 12.78 Richard Parkinson '10)	M49 New Brunswick	12.89m	16.05m 62.06% CAN

W45 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Deanne Noel	W48 Unattached	4.76m	7.92m 33.59%

M50 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Fred Jordan	M50 Unattached	8.35m	9.28m 35.91%

M60 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Bill Pearson	M61 Throwers Club	13.59m	15.78m 61.05%

W65 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Rhona Trott	W65 Hamilton Oly	9.76m	13.96m 59.15%

M70 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Enrico Toscano	M73 Centro Scuola	7.42m	10.35m 40.06%

M75 Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 David Morris	M75 Throwers Club	11.27m	16.60m 64.22%

M35 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Zoltan Sara	M38 Unattached	3:37.03	3:35.47 60.57% 359

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M50 1000 Meter Run Indoor Pentathlon**

Name	Age Team	Finals	Age-Grading Points		
1 Don Ritchie	M52 Throwers Club	4:00.03	3:30.15	62.10%	399

M55 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Ralph Cilevitz	M59 Throwers Club	4:41.40	3:55.37	55.45%	226
2 Lou Nunno	M55 Unattached	4:42.97	3:56.68	55.14%	218

M35 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Zoltan Sara	M38 Unattached	10.69	NWI	10.52	69.41% 447

M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Don Ritchie	M52 Throwers Club	9.69	NWI	8.65	84.42% 825

M55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Ralph Cilevitz	M59 Throwers Club	12.13	NWI	10.38	70.40% 471
2 Lou Nunno	M55 Unattached	20.17	NWI	17.25	42.34%

M35 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Zoltan Sara	M38 Unattached	1.81m	1.85m	75.73%	670

M50 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Don Ritchie	M52 Throwers Club	1.42m	1.64m	67.30%	496

M55 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points		
1 Ralph Cilevitz	M59 Throwers Club	1.21m	1.48m	60.50%	374
1 Lou Nunno	M55 Unattached	1.21m	1.48m	60.50%	374

M35 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
1 Zoltan Sara	M38 Unattached	4.73m	NWI	4.87m	54.49% 358

M50 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading Points	
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Don Ritchie	M52 Throwers Club	4.76m	NWI	5.84m	65.38%	552
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M55 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	4.38m	NWI	5.74m	64.22% 531
2 Lou Nunno	M55 Unattached	3.60m	NWI	4.72m	52.79% 330

M35 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M38 Unattached	8.05m	8.34m	36.11% 386

M50 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M52 Throwers Club	11.36m	13.31m	57.58% 686

M55 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M59 Throwers Club	7.28m	9.24m	40.00% 440
2 Lou Nunno	M55 Unattached	7.11m	9.03m	39.07% 428

M35 Indoor Pentathlon

Name	Age Team	Finals	Points
1 Zoltan Sara	M38 Unattached	2220	7

M50 Indoor Pentathlon

Name	Age Team	Finals	Points
1 Don Ritchie	M52 Throwers Club	2958	7

M55 Indoor Pentathlon

Name	Age Team	Finals	Points
1 Ralph Cilevitz	M59 Throwers Club	2042	7
2 Lou Nunno	M55 Unattached	1350	5

W29&U 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Amanda Schneider	W24 Ontario RaceWalkers	7:59.49	7:59.50	70.28%

M50 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
1 Lawrence Malek	M53 Toronto Race Wal	8:28.41	7:11.85	71.55%

W60 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Anne de Thy	W60 Ontario RaceWalkers	8:42.97	7:03.92	79.50%	CAN
(old CAN 8:43.54 Kris Kozell '13)					
2 Jackie Silverberg	W63 Ontario RaceWalkers	9:57.67	7:49.47	71.78%	

M65 1500 Meter Race Walk

Name	Age Team	Finals	Age-Grading Points
1 John Kittredge	M69 Ontario RaceWalkers	8:27.29	6:06.27 84.37%