

**Winter Mini Meet #3 - 2015-02-08**  
**Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

**Mixed 60 Meter Dash**

Name	Age	Team	Prelims	Age-Grading	H#
<b>Preliminaries</b>					
1 Rob Pipitone	M18	Unattached	7.40q	7.15 89.46%	6
2 Nigel John	M42	Jamaica Masters AC	7.41q	6.95 91.90%	6
3 Garnett Brown	M37	Unattached	7.45q	7.26 88.05%	6
4 Jay Foubert	M45	UTTC	7.64q	7.01 91.23%	6
5 Chris Lemassif	M48	UTTC	7.71q	6.92 92.35%	6
6 Ellis Perryman	M43	Unattached	7.73q	7.20 88.87%	5
7 Mike Lee Foon	M54	Jamaica Masters AC	7.76q	6.68 95.75%	6
8 Rick Reynolds	M48	Jamaica Masters AC	7.90q	7.10 90.13%	5
9 Paul Dowhos	M47	Unattached	7.98q	7.22 88.60%	5
10 David Turkstra	M49	Jamaica Masters AC	8.02q	7.15 89.40%	4
11 Derrick Dudley	M36	United State	8.03q	7.89 81.07%	6
12 Trisanne Clark	W18	Flying Angels	8.12q	8.04 86.08%	5
13 Daniel Simpson	M14	Unattached	8.14q	7.49 85.38%	4
14 Milton Ashmeade	M30	Jamaica Masters AC	8.14q	8.15 78.50%	4
15 Joe Baptiste	M54	Jamaica Masters AC	8.18q	7.04 90.83%	4
16 Khama Beckles	W39	UTTC	8.22q	8.03 86.25%	5
17 Ward Hazen	M60	Unattached	8.35q	6.90 92.57%	5
18 John Varone	M56	Jamaica Masters AC	8.37q	7.11 89.96%	4
19 Glenn Chipkar	M55	Unattached	8.44q	7.22 88.63%	5
20 Matt Beechey	M44	Jamaica Masters AC	8.48q	7.84 81.60%	4
21 Pho Lam	M43	Jamaica Masters AC	8.52q	7.94 80.63%	1
22 Robert McRae	M41	Unattached	8.54q	8.07 79.16%	3
23 Spencer Arnfield	M55	Extreme Velocity	8.58q	7.34 87.18%	4
24 Jasmine Gabriel	W26	Extreme Velocity	8.64q	8.65 80.09%	5
25 Domenic Lonuzzo	M50	Unattached	8.65q	7.66 83.47%	3
26 Steve Favrin	M48	Unattached	8.70q	7.81 81.84%	3
27 Michael Chapman	M51	Jamaica Masters AC	8.74q	7.68 83.18%	3
28 Tyler Atkinson	M43	Unattached	8.81q	8.21 77.98%	3
29 Macy Mungal	W13	Unattached	8.93q	8.47 81.75%	3
30 Cindy Dorsett	W37	Jamaica Masters AC	9.00q	9.00 76.89%	2
31 Emma Schwartz	W14	Unattached	9.00q	8.65 80.11%	2
32 Emma Brender	W14	Unattached	9.05q	8.69 79.67%	2
33 Kim Smither	W13	Unattached	9.09q	8.62 80.31%	2
34 Mike Morris	M74	Unattached	9.27q	6.98 91.59%	2
35 John Griffin	M64	Jamaica Masters AC	9.56q	7.70 83.05%	3
36 Prisca Irving	W44	Jamaica Masters AC	9.70q	8.95 77.32%	1
37 Julien Lamanna	M11	Extreme Velocity	9.71q	8.39 76.21%	3
38 David Stern	M74	Mississauga Tra	9.76q	7.35 86.99%	1

**Mixed 60 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#
<b>Finals</b>					
1 Nigel John	M42	Jamaica Masters AC	7.39	6.94 92.15%	5
2 Rob Pipitone	M18	Unattached	7.48	7.23 88.50%	5
3 Garnett Brown	M37	Unattached	7.59	7.40 86.43%	5
4 Mike Lee Foon	M54	Jamaica Masters AC	7.66	6.60 97.00%	5
5 Ellis Perryman	M43	Unattached	7.67	7.14 89.57%	5
6 Chris Lemassif	M48	UTTC	7.68	6.90 92.71%	5
7 Jay Foubert	M45	UTTC	7.72	7.08 90.28%	5
8 Derrick Dudley	M36	United State	7.87	7.73 82.72%	4
9 Paul Dowhos	M47	Unattached	7.92	7.16 89.27%	4

....Mixed 60 Meter Dash

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10	Rick Reynolds	M48	Jamaica Masters AC	7.96	7.15	89.45%	5
11	Milton Ashmeade	M30	Jamaica Masters AC	8.03	8.04	79.58%	4
12	David Turkstra	M49	Jamaica Masters AC	8.04	7.17	89.18%	4
13	Daniel Simpson	M14	Unattached	8.10	7.45	85.80%	4
14	Trisanne Clark	W18	Flying Angels	8.10	8.02	86.30%	4
15	Joe Baptiste	M54	Jamaica Masters AC	8.15	7.02	91.17%	4
16	Pho Lam	M43	Jamaica Masters AC	8.23	7.67	83.48%	3
17	Ward Hazen	M60	Unattached	8.42	6.96	91.81%	3
18	Jasmine Gabriel	W26	Extreme Velocity	8.45	8.46	81.89%	3
19	Glenn Chipkar	M55	Unattached	8.51	7.28	87.90%	3
20	Matt Beechey	M44	Jamaica Masters AC	8.57	7.92	80.75%	3
21	Khama Beckles	W39	UTTC	8.64	8.44	82.06%	4
22	Spencer Arnfield	M55	Extreme Velocity	8.64	7.39	86.57%	3
23	Robert McRae	M41	Unattached	8.65	8.18	78.15%	3
24	Tyler Atkinson	M43	Unattached	8.72	8.12	78.78%	2
25	Michael Chapman	M51	Jamaica Masters AC	8.78	7.72	82.80%	2
26	Steve Favrin	M48	Unattached	8.81	7.91	80.82%	2
27	Macy Mungal	W13	Unattached	8.95	8.48	81.56%	2
28	Emma Schwartz	W14	Unattached	9.06	8.70	79.58%	2
29	Cindy Dorsett	W37	Jamaica Masters AC	9.09	9.09	76.13%	2
30	Emma Brender	W14	Unattached	9.12	8.76	79.06%	2
31	Kim Smither	W13	Unattached	9.14	8.66	79.87%	2
32	Mike Morris	M74	Unattached	9.33	7.03	91.00%	1
33	John Griffin	M64	Jamaica Masters AC	9.40	7.57	84.47%	1
34	Julien Lamanna	M11	Extreme Velocity	9.60	8.29	77.08%	1
35	Prisca Irving	W44	Jamaica Masters AC	10.27	9.48	73.03%	1

**Mixed 200 Meter Dash**

Name	Age	Team	Finals	Age-Grading	H#	
1	Nigel John	M42	Jamaica Masters AC	23.95	21.89 88.27%	8
2	Deon Crawley	M34	Unattached	24.21	23.54 82.11%	7
3	Mike Lee Foon	M54	Jamaica Masters AC	24.79	20.79 92.94%	8
4	Chris Lemassif	M48	UTTC	24.92	21.80 88.64%	7
5	Rob Pipitone	M18	Unattached	25.15	24.56 78.69%	8
6	Richard Reid	M46	Jamaica Masters AC	25.26	22.42 86.22%	8
7	Rick Reynolds	M48	Jamaica Masters AC	26.13	22.86 84.54%	7
8	Milton Ashmeade	M30	Jamaica Masters AC	26.98	26.99 71.61%	5
9	Joe Baptiste	M54	Jamaica Masters AC	27.00	22.64 85.33%	6
10	Trisanne Clark	W18	Flying Angels	27.11	26.38 80.93%	6
11	Daniel Simpson	M14	Unattached	27.32	24.94 77.49%	5
12	Robert McRae	M41	Unattached	28.69	26.42 73.16%	6
13	Steve Favrin	M48	Unattached	28.72	25.12 76.92%	6
14	Domenic Lonuzzo	M50	Unattached	29.19	25.16 76.81%	4
15	Spencer Arnfield	M55	Extreme Velocity	29.26	24.36 79.32%	4
16	Tyler Atkinson	M43	Unattached	29.92	27.15 71.19%	3
17	Emma Schwartz	W14	Unattached	30.05	27.84 76.67%	2
18	Emma Brender	W14	Unattached	30.38	28.15 75.84%	3
19	Kim Smither	W13	Unattached	31.31	28.49 74.90%	2
20	Julien Lamanna	M11	Extreme Velocity	32.28	27.20 71.03%	3
21	David Stern	M74	Mississauga Tra	33.45	23.55 82.06%	2
22	Patricia Vilone	W53	Unattached	40.69	33.03 64.61%	1
23	Alice Cole	W81	Quebec	40.88	23.55 90.66%	1
24	Raneta Krylov	W31	Jamaica Masters AC	41.48	41.49 51.45%	3
25	Steffen Kampe	M78	Unattached	46.40	30.55 63.25%	2

**...Mixed 200 Meter Dash**

--	Steven Komadoski	M23	Unattached		DQ	7
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**Mixed 400 Meter Dash**

## Winter Mini Meet #3 - 2015-02-08

## Results - Age Grading: 1 Yr Indiv &amp; 5 yr Multi

Name	Age	Team	Finals	Age-Grading	H#
1 Michael Sherar	M51	UTTC	55.97	48.48 89.08%	3
2 Paul Osland	M51	UTTC	56.25	48.72 88.64%	3
3 Michal Kapral	M42	UTTC	56.70	52.28 82.61%	3
4 Richard Reid	M46	Jamaica Masters AC	59.16	53.02 81.44%	3
5 Deon Crawley	M34	Unattached	60.72	59.38 72.73%	3
6 John Ellis	M49	Central Toronto AC	62.38	54.77 78.86%	2
7 Sam Vilone	M57	Unattached	69.99	58.28 74.10%	2
8 Anke Graenert	W47	Newmarket Huskies	1:20.09	67.56 70.46%	1
9 Patricia Vilone	W53	Unattached	1:33.73	74.59 63.82%	1
10 Alice Cole	W81	Quebec	1:41.10	52.12 91.34%	1
11 Steffen Kampe	M78	Unattached	1:47.68	67.91 63.59%	1

## Mixed 800 Meter Run

Name	Age	Team	Finals	Age-Grading	H#
1 Paul Osland	M51	UTTC	2:09.87	1:51.98 90.30%	5
2 Jim Dyck	M49	Unattached	2:09.90	1:53.94 88.75%	5
3 Mirco Graenert	M46	Newmarket Huskies	2:13.24	1:59.96 84.29%	4
4 Kenneth Wong	M36	Longboat RR	2:15.88	2:14.23 75.33%	5
5 Armand D'Oliveira	M54	UTTC	2:18.62	1:56.54 86.76%	5
6 Benji Rodkin	M16	Unattached	2:20.93	2:13.30 75.85%	5
7 James Wallace	M52	UTTC	2:28.81	2:07.24 79.47%	4
8 Robert McRae	M41	Unattached	2:29.36	2:20.70 71.87%	4
9 John Helliker	M63	UTTC	2:29.60	1:57.08 86.36%	4
10 Steve Favrin	M48	Unattached	2:30.10	2:12.81 76.13%	4
11 Annie Bunting	W50	UTTC	2:30.43	2:14.16 84.44%	4
12 Nancy Catton	W47	UTTC	2:33.23	2:20.20 80.81%	4
13 John Ellis	M49	Central Toronto AC	2:34.77	2:15.75 74.48%	3
14 Marijana Primorac	W35	UTTC	2:37.78	2:37.79 71.80%	4
15 Michelle Clarke	W40	Longboat	2:39.05	2:34.63 73.26%	4
16 Ted Paget	M63	Newmarket Huskies	2:40.95	2:05.96 80.27%	3
17 Richard Bailey	M66	Longboat RR	2:43.52	2:04.67 81.10%	3
18 George Aitkin	M62	Cambridge Harriers	2:45.10	2:10.22 77.65%	3
19 Blair Nicolle	M42	UTTC	2:47.89	2:36.73 64.51%	3
20 Chris Mackie	M74	Unattached	2:50.91	1:57.30 86.20%	2
21 Jim Rawling	M59	Longboat RR	2:51.36	2:18.36 73.08%	2
22 Anke Graenert	W47	Newmarket Huskies	3:01.74	2:46.28 68.13%	2
23 Tim Payne	M64	Newmarket Huskies	3:05.17	2:23.81 70.31%	2
24 Bert de Vries	M68	Longboat RR	3:15.82	2:26.13 69.20%	2
25 Ira Irving	M47	Jamaica Masters AC	3:15.98	2:54.94 57.80%	1
26 Vern Christensen	M74	UTTC	3:18.48	2:16.22 74.23%	2
27 Robert Moore	M74	Toronto Olym	3:27.83	2:22.64 70.89%	1
28 Patricia Vilone	W53	Unattached	3:29.18	2:59.50 63.11%	1
<b>29 Alice Cole</b>	<b>W81</b>	<b>Quebec</b>	<b>3:47.14</b>	<b>1:49.21103.73%</b>	<b>1 CAN</b>
<b>(old CAN 3:39 Alice at the Worlds in Budapest last year)</b>					
30 Steffen Kampe	M78	Unattached	4:03.64	2:36.50 64.61%	1
-- Steve Millward	M59	Unattached	DNF		3

## Mixed Mile

Name	Age	Team	Finals	Age-Grading	H#
1 Ian Reid	M41	UTTC	4:53.60		2
2 Steve Metzger	M38	Longboat RR	5:31.50		2
3 Scott Lockhart	M51	Unattached	5:34.35		2
4 Edwin Alvarado	M39	Longboat RR	5:40.45		2
5 Michelle Clarke	W40	Longboat	5:43.59		2

**Winter Mini Meet #3 - 2015-02-08****Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

6	Desmond Moloney	M54	East Toronto	5:45.53	2
7	Kareem John	M17	Flying Angels	5:46.46	1
8	Ted Paget	M63	Newmarket Huskies	5:51.63	1
9	George Aitkin	M62	Cambridge Harriers	5:53.48	1
10	Jim Freemantle	M56	Newmarket Huskies	5:54.01	1
11	Richard Bailey	M66	Longboat RR	6:02.62	1
12	Chris Mackie	M74	Unattached	6:29.42	1
13	Wayne Chee	M60	UTTC	6:45.23	1
14	Tim Payne	M64	Newmarket Huskies	6:49.26	1
15	Lynn Kobayashi	W59	UTTC	6:52.44	1
16	Robert Moore	M74	Toronto Olym	7:25.79	1
17	Gary McColeman	M72	UTTC	8:17.82	1
18	Steffen Kampe	M78	Unattached	9:01.22	1
--	Anthony MacIsaac	M50	Longboat RR	DNF	2

**Mixed 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading			
1	Jason Matthews	M40	UTTC	16:47.86	15:52.53	79.47%	
2	Robert Madej	M46	Longboat RR	18:05.23	16:19.75	77.26%	
3	Pierre Mikhail	M46	Muskoka Algonqui	18:11.91	16:25.78	76.79%	
4	Bill Bentley	M34	Boardwalk Runnin	18:17.51	17:59.96	70.10%	
5	Rob Earl	M56	East Toronto	18:47.53	15:38.56	80.66%	
6	Ken Hamilton	M64	Newmarket Huskies	18:52.89	14:39.24	86.10%	
7	Robert Gazzale	M46	Longboat RR	19:29.82	17:36.12	71.68%	
8	John Helliker	M63	UTTC	19:52.17	15:33.71	81.07%	
9	Annie Bunting	W50	UTTC	20:35.29	17:45.20	81.18%	
10	Jim Rawling	M59	Longboat RR	20:38.35	16:44.68	75.35%	
11	Garry Hardy	M56	Unattached	21:45.89	18:07.03	69.64%	
12	Sam Vilone	M57	Unattached	22:34.21	18:37.77	67.72%	
13	Mike Bedley	M67	Longboat RR	22:45.97	17:11.31	73.40%	
<b>14</b>	<b>Clara Northcott</b>	<b>W60</b>	<b>UTTC</b>	<b>23:21.66</b>	<b>17:34.19</b>	<b>82.02%</b>	<b>CAN</b>
	<b>(old CAN 23:51 Diane Marrow ON 2012)</b>						
--	Rob Hanks	M52	Longboat RR	DNF			

**Mixed 60 Meter Hurdles**

Name	Age	Team	Finals	Age-Grading
1	Ward Hazen	M60	Unattached	9.57 8.07 90.49%
2	Glenn Chipkar	M55	Unattached	9.70 8.21 88.97%

**Mixed Mile Steeplechase 30"**

Name	Age	Team	Finals	Age-Grading	H#
1	Predrag Mladenovic	M42	Unattached	4:54.88	2
2	Anthony MacIsaac	M50	Longboat RR	5:34.24	2
3	Glenn Duncann	M42	Unattached	6:04.87	2
4	Michael Shields	M41	Longboat RR	6:04.94	

**Mixed Mile Steeplechase 36"**

1	Wayne Chee	M60	UTTC	7:09.85	1
2	Vern Christensen	M74	UTTC	7:28.44	1
3	Doug Smith	M63	UTTC	8:05.33	1

**Mixed High Jump**

Name	Age	Team	Finals	Age-Grading
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**Winter Mini Meet #3 - 2015-02-08****Results - Age Grading: 1 Yr Indiv & 5 yr Multi**

1 James Wallace M52 UTTC 1.30m 1.62m 66.33%

**Mixed Long Jump**

Name	Age Team	Finals	Age-Grading
1 Nigel John	M42 Jamaica Masters AC	6.64m	7.55m 84.37%
2 Jack Pontes	M43 Jamaica Masters AC	5.22m	6.00m 67.10%
3 Michael Shields	M41 Longboat RR	4.35m	4.88m 54.65%
4 John Griffin	M64 Jamaica Masters AC	3.89m	5.96m 66.61%

**Mixed Shot Put**

Name	Age Team	Finals	Age-Grading
1 Raj Kumar	M54 Unattached	11.05m	13.77m 59.57%
2 Bill Pearson	M62 Throwers Club	10.99m	14.76m 63.90%
3 Jerzy Wyroba	M65 Unattached	10.77m	15.85m 68.56%
4 Ira Irving	M47 Jamaica Masters AC	9.34m	10.83m 46.86%
5 Prisca Irving	W44 Jamaica Masters AC	8.07m	10.37m 45.85%
6 Enrico Toscano	M74 Throwers Club	5.90m	8.60m 37.22%

**Mixed Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Marie-Josée Le Jour	W36 Throwers Club	16.62m	21.58m 91.47%
2 John Reston	M17 Unattached	15.42m	17.07m 66.04%
3 Cyerra Cassell	W18 Unattached	15.35m	15.81m 67.03%
4 Savannah Laroche	W17 Unattached	14.16m	15.18m 64.36%
5 Bill Pearson	M62 Throwers Club	12.74m	15.09m 58.39%
6 Enrico Toscano	M74 Throwers Club	6.27m	8.98m 34.76%
7 Michael Shields	M41 Longboat RR	4.13m	4.58m 17.72%