

OMA Winter Mini Meet #3 - 2017-02-19
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Mixed 60 Meter Dash

Name	Age Team	Prelims	Age-Grading	H#	Alternate
Preliminaries					
1 Michael James	M36 Brampton Eli	7.13q	7.03 90.88%	10	
2 Jovan Griffiths	M17 Unattached -	7.21q	7.22 88.63%	10	
3 Ike Usifo	M16 Hamilton Eli	7.23q	7.24 88.38%	9	
4 Ajani Thompson	M17 Unattached -	7.25q	7.26 88.14%	9	
5 Sodiq Ibrahim	M20 Terminal Vel	7.25q	7.26 88.14%	10	
6 Tommy Gingras	M24 Unattached -	7.36q	7.37 86.82%	9	
7 Jermaine Wilson	M15 Flying Angel	7.38q	7.39 86.59%	8	
8 Darnell Barnswell	M22 Peterborough	7.39q	7.40 86.47%	7	
9 Jordan Miller	M17 Terminal Vel	7.41q	7.42 86.23%	10	
10 Christopher Warburton	M51 The Gazelles	7.44q	6.69 95.56%	8	
11 Damian Reid	M17 Terminal Vel	7.44q	7.45 85.89%	8	
12 Shamar Barnett	M17 Flying Angel	7.46q	7.47 85.66%	7	
13 Earl Anderson	M24 The Gazelles	7.50q	7.51 85.20%	9	
14 Brandon Comegna	M14 Hamilton Eli	7.56q	7.57 84.52%	8	
15 Gianmarco Raimondo	M26 Unattached -	7.58q	7.59 84.30%	7	
16 Alvin Henry	M17 The Gazelles	7.63q	7.64 83.75%	6	
17 Shamar Wright-Wittock	M17 Flying Angel	7.64q	7.65 83.64%	7	
18 Christian Lemassif	M50 UTTC	7.66q	6.89 92.82%	6	
19 O'Brian Gibbons	M46 University of Wi	7.68q	7.13 89.71%	8	
20 Manly Lau	M28 UTTC	7.75q	7.76 82.45%	7	
21 Ellis Perryman	M45 Unattached -	7.75q	7.19 88.90%	7	
22 Mark Tiburcio	M31 Unattached -	7.77q	7.78 82.24%	6	
23 Dave Kervin	M38 Unattached -	7.84q	7.73 82.65%	6	
24 Trisanne Clark	W19 Flying Angel	7.84q	7.85 88.27%	5	
25 Milton Ashmeade	M31 Jamaica Masters	7.90q	7.91 80.89%	5	
26 Ayooluwa Alofe	M16 Flying Angel	7.91q	7.92 80.78%	7	
27 Kerry Smith	M63 Unattached -	7.95q	6.69 95.60%	6	
28 Georgia Campbell	W18 Flying Angel	7.96q	7.97 86.93%	5	
29 Addison Rich	M29 UTTC	7.96q	7.97 80.28%	5	
30 Dan Aversa	M37 Unattached -	7.99q	7.88 81.10%	8	
31 Darrian Ireland	M16 The Gazelles	8.01q	8.02 79.78%	5	
32 Eesa Aamer	M14 Mississauga Tra	8.04q	8.05 79.48%	5	
33 Rick Reynolds	M50 Unattached -	8.04q	7.23 88.43%	6	
34 Ivie John	W17 Terminal Vel	8.14q	8.15 85.01%	4	
35 Les Neufeld	M56 Unattached -	8.16q	7.10 90.07%	4	
36 Kaysen Drummond	W15 Terminal Vel	8.23q	8.24 84.08%	5	
37 Andy Burnside	M44 Unattached -	8.26q	7.91 80.87%	6	
38 Kevin Farr	M46 University of Wi	8.26q	7.67 83.41%	4	
39 Matthew Allen	M32 Brampton Eli	8.31q	8.32 76.90%	9	
40 Tihana Williams	W15 Flying Angel	8.31q	8.32 83.27%	4	
41 Pho Lam	M45 Unattached -	8.43q	7.83 81.73%	4	
42 Noah Cabral	M13 Mississauga Tra	8.46q	8.47 75.53%	4	
43 Busola Akinduro	W14 Flying Angel	8.48q	8.49 81.60%	3	
44 Matthew Dechellis	M48 Unattached -	8.50q	7.89 81.06%	3	
45 Sheree Mullings	W35 Jamaica Masters	8.62q	8.53 81.21%	3	
46 Violeta Garfunkel	W43 UTTC	8.70q	8.30 83.45%	2	
47 Pranav Pradhan	M14 Mississauga Tra	8.73q	8.74 73.20%	3	
48 Kim McCrory	W28 UTTC	8.74q	8.75 79.18%	2	
49 Debbie Zinman	W47 Unattached -	8.84q	8.13 85.18%	3	
50 Alexis Benjamin	W15 Flying Angel	8.84q	8.85 78.28%	2	
51 Claudia Pedrero	W28 Unattached -	8.86q	8.87 78.10%	2	
52 Karla Del Grande	W63 Nemean Lions	8.89q	7.23 95.73%	2	
53 Sara Lewis	W16 Mississauga Tra	8.94q	8.95 77.40%	2	

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54	Alicea Hall	W15	Flying Angel	9.02q	9.03	76.72%	4
55	Debbie King	W41	Unattached -	9.09q	8.68	79.87%	2
56	Agnieszka Kuczalska	W49	Unattached -	9.24q	8.49	81.49%	1
57	Willie A. Price	M54	Unattached	9.48q	8.52	75.00%	1
58	Mike Morris	M76	Unattached -	9.51q	7.04	90.85%	1
59	Denise Gordon-Mohamud	W46	Mississauga Oly	9.87q	9.07	76.29%	1
60	Robert Beyea	M69	Jamaica Masters	9.95q	8.07	79.30%	1
61	Bruce Mitchell	M73	Brantford T.F.C.	10.39q	8.08	79.11%	1

Mixed 60 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Alternate
Finals						
1	Michael James	M36	Brampton Eli	7.13	7.03	90.88% 8
2	Sodiq Ibrahim	M20	Terminal Vel	7.13	7.14	89.62% 8
3	Jovan Griffiths	M17	Unattached -	7.18	7.19	89.00% 8
4	Ike Usifo	M16	Hamilton Eli	7.20	7.21	88.75% 8
5	Ajani Thompson	M17	Unattached -	7.26	7.27	88.02% 8
6	Darnell Barnswell	M22	Peterborough	7.27	7.28	87.90% 8
7	Tommy Gingras	M24	Unattached -	7.34	7.35	87.06% 8
8	Jordan Miller	M17	Terminal Vel	7.34	7.35	87.06% 7
9	Christopher Warburton	M51	The Gazelles	7.40	6.65	96.08% 7
10	Jermaine Wilson	M15	Flying Angel	7.42	7.43	86.12% 8
11	Earl Anderson	M24	The Gazelles	7.47	7.48	85.54% 7
12	Damian Reid	M17	Terminal Vel	7.49	7.50	85.31% 7
13	Shamar Barnett	M17	Flying Angel	7.53	7.54	84.86% 7
14	Brandon Comegna	M14	Hamilton Eli	7.55	7.56	84.64% 7
15	Gianmarco Raimondo	M26	Unattached -	7.56	7.57	84.52% 7
16	Shamar Wright-Wittock	M17	Flying Angel	7.62	7.63	83.86% 6
17	Christian Lemassif	M50	UTTC	7.62	6.85	93.31% 6
18	Alvin Henry	M17	The Gazelles	7.63	7.64	83.75% 7
19	Manly Lau	M28	UTTC	7.69	7.70	83.09% 6
20	Ayooluwa Alofe	M16	Flying Angel	7.77	7.78	82.24% 5
21	Ellis Perryman	M45	Unattached -	7.78	7.22	88.56% 6
22	Trisanne Clark	W19	Flying Angel	7.80	7.81	88.72% 6
23	Dave Kervin	M38	Unattached -	7.82	7.71	82.86% 6
24	Mark Tiburcio	M31	Unattached -	7.83	7.84	81.61% 6
25	Milton Ashmeade	M31	Jamaica Masters	7.87	7.88	81.19% 5
26	Addison Rich	M29	UTTC	7.91	7.92	80.78% 5
27	Rick Reynolds	M50	Unattached -	7.94	7.14	89.55% 4
28	Kerry Smith	M63	Unattached -	7.95	6.69	95.60% 5
29	Darrian Ireland	M16	The Gazelles	7.97	7.98	80.18% 5
30	Eesa Aamer	M14	Mississauga Tra	7.99	8.00	79.97% 5
31	Dan Aversa	M37	Unattached -	8.01	7.90	80.90% 5
32	Georgia Campbell	W18	Flying Angel	8.11	8.12	85.33% 5
33	Ivie John	W17	Terminal Vel	8.14	8.15	85.01% 4
34	Matthew Allen	M32	Brampton Eli	8.17	8.18	78.21% 4
35	Kaysen Drummond	W15	Terminal Vel	8.28	8.29	83.57% 4
36	Tihana Williams	W15	Flying Angel	8.35	8.36	82.87% 4
37	Pho Lam	M45	Unattached -	8.41	7.81	81.93% 3
38	Busola Akinduro	W14	Flying Angel	8.56	8.57	80.84% 3
39	Noah Cabral	M13	Mississauga Tra	8.59	8.60	74.39% 3
40	Sheree Mullings	W35	Jamaica Masters	8.61	8.52	81.30% 3
41	Violeta Garfunkel	W43	UTTC	8.72	8.32	83.26% 3
42	Kim McCrory	W28	UTTC	8.79	8.80	78.73% 3

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43	Pranav Pradhan	M14	Mississauga Tra	8.86	8.87	72.12%	3
44	Debbie Zinman	W47	Unattached -	8.87	8.15	84.89%	2
45	Alexus Benjamin	W15	Flying Angel	8.89	8.90	77.84%	2
46	Claudia Pedrero	W28	Unattached -	8.93	8.94	77.49%	2
47	Alicea Hall	W15	Flying Angel	9.02	9.03	76.72%	2
48	Debbie King	W41	Unattached -	9.05	8.64	80.22%	2
49	Sara Lewis	W16	Mississauga Tra	9.20	9.21	75.22%	2
50	Agnieszka Kuczalska	W49	Unattached -	9.23	8.48	81.58%	2
51	Willie A. Price	M54	Unattached	9.38	8.43	75.80%	1
52	Denise Gordon-Mohamud	W46	Mississauga Oly	9.77	8.98	77.07%	1
53	Robert Beyea	M69	Jamaica Masters	10.04	8.14	78.59%	1

Mixed 200 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Alternate	
1	Ike Usifo	M16	Hamilton Eli	23.09	23.10	83.67%	11
2	Tommy Gingras	M24	Unattached -	23.11	23.12	83.60%	11
3	Jovan Griffiths	M17	Unattached -	23.60	23.61	81.86%	11
4	Jordan Miller	M17	Terminal Vel	23.80	23.81	81.18%	11
5	Jermaine Wilson	M15	Flying Angel	23.97	23.98	80.60%	10
6	Christopher Warburton	M51	The Gazelles	24.03	21.47	90.01%	10
7	Shamar Wright-Wittock	M17	Flying Angel	24.05	24.06	80.33%	10
8	Earl Anderson	M24	The Gazelles	24.42	24.43	79.12%	9
9	Christian Lemassif	M50	UTTC	24.47	21.87	88.39%	9
10	Brandon Comegna	M14	Hamilton Eli	24.62	24.63	78.47%	9
11	Stephen Krebs	M18	Hamilton Eli	24.73	24.74	78.12%	10
12	Alvin Henry	M17	The Gazelles	24.74	24.75	78.09%	9
13	Gianmarco Raimondo	M26	Unattached -	24.77	24.78	78.00%	8
14	Manly Lau	M28	UTTC	25.33	25.34	76.27%	8
15	Dave Kervin	M38	Unattached -	25.36	24.95	77.44%	8
16	Richard Reid	M48	Jamaica Masters	25.54	23.59	81.91%	8
17	David Turkstra	M51	Unattached -	25.87	23.12	83.61%	6
18	Darrian Ireland	M16	The Gazelles	26.06	26.07	74.14%	7
19	Kevin Farr	M46	University of Wi	26.44	24.42	79.12%	7
20	Andy Burnside	M44	Unattached -	26.56	25.33	76.28%	6
21	Kaysen Drummond	W15	Terminal Vel	26.94	26.95	79.21%	6
22	Mark Tiburcio	M31	Unattached -	27.45	27.46	70.38%	5
23	Matthew Dechellis	M48	Unattached -	27.74	25.62	75.41%	4
24	Ivie John	W17	Terminal Vel	27.76	27.77	76.87%	6
25	Tihana Williams	W15	Flying Angel	27.77	27.78	76.85%	4
26	Violeta Garfunkel	W43	UTTC	28.48	26.61	80.20%	4
27	Kim McCrory	W28	UTTC	28.71	28.72	74.33%	4
28	Claudia Pedrero	W28	Unattached -	29.20	29.21	73.08%	2
29	Keshante Clark-Hong	W15	Flying Angel	29.60	29.61	72.09%	5
30	Shaneil Lovell	W15	Flying Angel	29.66	29.67	71.95%	3
31	Titomi Adebajo	W20	Flying Angels	29.79	29.80	71.63%	2
32	Tobi Adebajo	W20	Flying Angels	30.34	30.35	70.34%	3
33	Prathusha Baskaran	W15	Flying Angel	31.28	31.29	68.22%	2
34	Mike Morris	M76	Unattached -	33.68	24.31	79.51%	1
35	Robert Beyea	M69	Jamaica Masters	34.27	27.44	70.41%	1
36	John Powell	M72	EtobicokeTC	49.07	37.50	51.52%	1
--	Milton Ashmeade	M31	Jamaica Masters	DNF			7

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Mixed 400 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Alternate
1 William Russell	M21	The Gazelles	50.99	51.00 84.68%	7	
2 Kevin Tabatabaei	M15	Flying Angel	53.75	53.76 80.33%	7	
3 Greg Hetherington	M33	Jamaica Masters	54.57	54.58 79.13%	7	
4 Nigel Roedde	M30	Unattached	55.42	55.43 77.91%	4	
5 Danny Corona	M17	The Gazelles	57.69	57.70 74.85%	6	
6 Trisanne Clark	W19	Flying Angel	57.97	57.98 82.11%	6	
7 Kevin Farr	M46	University of Wi	58.42	52.90 81.63%	6	
8 Eden Senior	W16	The Gazelles	59.82	59.83 79.57%	6	
9 Malik Ballentyne-Campbel	M17	Flying Angel	60.24	60.25 71.68%	5	
10 Andrew Bass	M55	Unattached -	62.26	52.64 82.04%	4	
11 Louis Byrne	M45	Toronto Olym	62.99	57.04 75.71%	5	
12 Pat McLean	M46	Newmarket HU	63.44	57.44 75.17%	2	
13 Steve Boston	M46	Newmarket HU	64.05	58.00 74.46%	3	
14 Tennessee Tremain	M13	Speed River	66.44	66.45 64.99%	4	
15 Bill Cunliffe	M57	Durham Dragons A	66.56	56.27 76.74%	3	
16 Steven Millward	M61	Niagara Olym	67.01	54.64 79.03%	3	
17 Sam Bennett	M13	Speed River	69.37	69.38 62.25%	2	
18 Karla Del Grande	W63	Nemean Lions	69.82	53.87 88.37%	2	
19 Acadia Tremain	W11	Unattached	78.73	78.74 60.46%	1	
20 Damra Camat	W22	UTTC	1:21.63	1:21.64 58.31%	1	
21 Jennifer McCrea	W41	Unattached	1:45.64	1:39.21 47.98%	1	
-- Robert Beyea	M69	Jamaica Masters	DNF		2	
-- Joy Kramarich	W56	UTTC	DQ		1	

Mixed 800 Meter Run

Name	Age	Team	Finals	Age-Grading	H#	Alternate
1 Rich Tremain	M45	Unattached -	2:10.96	2:00.53 83.90%	5	
2 Mirco Graenert	M48	Newmarket HU	2:11.90	2:01.39 83.30%	5	
3 Pat Menzies	M46	Unattached -	2:14.02	2:03.34 81.98%	5	
4 Simon Rayner	M52	UTTC	2:14.09	1:58.63 85.23%	5	
5 Steven Blau	M33	UTTC	2:20.37	2:20.38 72.03%	4	
6 Semeon Tartakousky Guile	M16	The Gazelles	2:21.22	2:21.23 71.60%	4	
7 Ben Nelson	M35	Longboat Roa	2:22.23	2:21.05 71.69%	5	
8 Tennessee Tremain	M13	Speed River	2:25.05	2:25.06 69.71%	4	
9 Bill Cunliffe	M57	Durham Dragons A	2:27.54	2:05.27 80.72%	4	
10 Nikhil Lew	M15	The Gazelles	2:29.43	2:29.44 67.66%	2	
11 Sam Bennett	M13	Speed River	2:31.25	2:31.26 66.85%	3	
12 Michelle Clarke	W42	Longboat Roa	2:33.80	2:26.68 77.23%	3	
13 Joan Chung	W33	UTTC	2:33.89	2:33.90 73.61%	3	
14 John MacMillan	M60	Longboat Roa	2:34.03	2:05.28 80.71%	3	
15 Glenn Duncan	M44	Boardwalk RC	2:34.17	2:27.39 68.60%	3	
16 Pat McLean	M46	Newmarket HU	2:36.40	2:23.94 70.25%	2	
17 Mark Duff	M55	Boardwalk RC	2:39.72	2:15.61 74.56%	3	
18 Makenna Parkinson	W15	The Gazelles	2:41.20	2:41.21 70.27%	3	
19 Ladan Hersi	W15	The Gazelles	2:43.03	2:43.04 69.48%	2	
20 Acadia Tremain	W11	Unattached	2:57.01	2:57.02 64.00%	2	
21 Chris Mackie	M76	Unattached -	2:57.24	2:02.73 82.39%	1	
22 John Eccleston	M51	Unattached	3:00.92	2:40.06 63.17%	3	
23 Robert Moore	M76	Toronto Olym	3:39.39	2:31.91 66.56%	1	
24 Cathy Vandergeest	W45	Unattached -	3:44.69	3:24.99 55.26%	1	
25 Jennifer McCrea	W41	Unattached	3:54.18	3:43.34 50.72%	1	
-- Joy Kramarich	W56	UTTC	DNF		2	

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Mixed 1 Mile Run

Name	Age Team	Finals	Age-Grading	H#	Alternate
1 Simon Rayner	M52 UTTC	5:06.28	4:27.91 83.09%	2	
2 Nate Walsh	M32 UTTC	5:08.48	5:08.49 72.16%	2	
3 Ben Nelson	M35 Longboat Roa	5:14.66	5:07.99 72.27%	2	
4 Michelle Clarke	W42 Longboat Roa	5:35.71	5:17.89 79.15%	2	
5 Steven Blau	M33 UTTC	5:42.88	5:42.89 64.92%	1	
6 Robert Blair	M53 Newmarket HU	5:46.95	5:03.48 73.35%	1	
7 John MacMillan	M60 Longboat Roa	5:47.49	4:39.49 79.65%	2	
8 Chris Mackie	M76 Unattached -	6:33.35	4:27.80 83.12%	1	
9 Lynn Kobayashi	W61 UTTC	6:47.80	4:59.57 83.99%	1	
10 Clara Northcott	W62 UTTC	7:04.04	5:11.50 80.77%	1	
-- Mirco Graenert	M48 Newmarket HU	DNF			2

Mixed 3000 Meter Run

Name	Age Team	Finals	Age-Grading	Alternate
1 Chris Deighan	M56 Newmarket HU	9:51.72	8:29.36 86.38%	
2 Pat Menzies	M46 Unattached -	10:03.41	9:21.42 78.37%	
3 Dave Corlett	M49 Boardwalk RC	10:07.41	9:25.14 77.86%	
4 Pedro Lopez-Bravo	M46 Newmarket HU	10:32.36	9:48.35 74.78%	
5 Robert Hanks	M54 Longboat Roa	10:48.69	9:40.97 75.74%	
6 Erik Lopenen	M43 Longboat Roa	11:54.37	11:29.51 63.81%	
7 Robert Moore	M76 Toronto Olym	14:56.24	10:26.12 70.27%	
8 Tom Wilson	M63 Longboat Roa	15:08.46	12:30.39 58.64%	
-- Ben Kong	M41 Jamaica Masters	DNF		

Mixed 60 Meter Hurdles

Name	Age Team	Finals	Age-Grading	Alternate
1 Stephen Krebs	M18 Hamilton Eli	8.48	8.49 86.08%	
2 Olusola Olumogba	M31 Jamaica Masters	9.36	9.37 77.99%	
3 Nicole Luke	W44 Jamaica Masters	10.88	9.86 78.03%	
-- Keshante Clark-Hong	W15 Flying Angel	DQ		

Mixed 1600 Meter Steeplechase Mile

Name	Age Team	Finals	Age-Grading	H#	Alternate
1 Chris Deighan	M56 Newmarket HU	5:19.38			2
2 Larbi Benhabib	M34 Unattached	5:47.07			2
3 Glenn Duncan	M44 Boardwalk RC	6:13.22			2
4 John Eccleston	M51 Unattached	7:48.56			2
5 Vern Christensen	M76 UTTC	7:51.32			1

Mixed 4x800 Meter Relay

Team	Finals	Alternate
1 Unattached - Ontario 'A'	9:55.28	
1) Nate Walsh 32		2) Joan Chung 33
3) Larbi Benhabib 34		4) Nigel Roedde 30

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Mixed High Jump

Name	Age Team	Finals	Age-Grading	Alternate
1 Femi Akinduro	M16 Flying Angel	1.80m	1.80m	73.47%
2 Ayooluwa Alofe	M16 Flying Angel	1.70m	1.70m	69.39%
3 David Turkstra	M51 Unattached -	1.65m	1.91m	78.20%
4 Shawn Folkes	M48 Jamaica Masters	1.60m	1.76m	72.07%
5 Kristen Matthews	W34 Hamilton Oly	1.55m	1.55m	74.16%
6 Nigel Roedde	M30 Unattached	J1.55m	1.55m	63.27%
7 Busola Akinduro	W14 Flying Angel	1.45m	1.45m	69.38%
8 Sue Hannon	W60 Unattached -	1.25m	1.72m	82.24%

Mixed Pole Vault

Name	Age Team	Finals	Age-Grading	Alternate
1 Alison Fung	W23 Unattached	3.42m	3.42m	66.41%
2 Tessa Hamilton	W18 Unattached	J3.42m	3.42m	66.41%

Mixed Long Jump

Name	Age Team	Finals	Age-Grading	Alternate
1 Odon Makwene	M30 Flying Angels	6.23m	6.23m	69.61%
2 Damian Reid	M17 Terminal Vel	6.09m	6.09m	68.04%
3 Femi Akinduro	M16 Flying Angel	5.95m	5.95m	66.48%
4 Shamar Barnett	M17 Flying Angel	5.61m	5.61m	62.68%
5 Addison Rich	M29 UTTC	5.58m	5.58m	62.35%
6 Jack Pontes	M45 Jamaica Masters	5.28m	6.09m	68.13%
7 Dan Aversa	M37 Unattached -	4.73m	4.87m	54.49%
8 Alexis Benjamin	W15 Flying Angel	4.34m	4.34m	57.71%
9 Aaliyah Benjamin	W17 Flying Angel	4.06m	4.06m	53.99%
10 Willie A. Price	M54 Unattached	3.90m	4.79m	53.57%

Mixed Shot Put

Name	Age Team	Finals	Age-Grading	Alternate
1 Bill Pearson	M64 Throwers Club	11.54m	14.40m	62.31%
2 Jerzy Wyroba	M67 Unattached -	11.23m	15.28m	66.10%
3 Elizabeth Hill	W56 Kingston Track &	9.81m	13.44m	59.42%
4 Ralph Shapiro	M65 Throwers Club	9.41m	12.80m	55.39%
5 Tracey. (willow) McCarth	W49 Unattached -	9.25m	11.04m	48.81%
6 David Morris	M78 Throwers Club	8.51m	11.90m	51.51%
7 Sheree Mullings	W35 Jamaica Masters	7.92m	8.21m	36.28%
8 Gary McColeman	M74 UTTC	6.21m	7.95m	34.40%
9 Enrico Toscano	M76 Throwers Club	6.12m	8.56m	37.05%
10 Ben Kong	M41 Jamaica Masters	5.59m	6.22m	26.93%
11 Lucille Green	W68 Throwers Club	4.86m	8.06m	35.66%

Mixed Weight Throw

Name	Age Team	Finals	Age-Grading	Alternate
1 Christian Janzen	M17 Hamilton Oly	15.72m	15.72m	60.79%
2 Jonathan Raspanti	M20 Sisu AC	13.34m	13.34m	51.59%
3 Richard Parkinson	M52 Sisu AC	12.96m	13.59m	52.55%

OMA Winter Mini Meet #3 - 2017-02-19
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

...Mixed Weight Throw

4	Bill Pearson	M64 Throwers Club	12.62m	13.15m	50.87%
5	Ralph Shapiro	M65 Throwers Club	11.35m	12.65m	48.94%
6	Daniel Andric	M13 Hamilton Oly	11.27m	11.27m	43.58%
7	Elizabeth Hill	W56 Kingston Track &	10.36m	13.38m	56.70%
8	David Morris	M78 Throwers Club	10.27m	12.61m	48.79%
9	Tracey. (willow) McCarth	W49 Unattached -	9.69m	12.55m	53.18%
10	Enrico Toscano	M76 Throwers Club	6.66m	8.18m	31.64%
11	Lucille Green	W68 Throwers Club	6.62m	8.77m	37.19%
12	Gary McColeman	M74 UTTC	5.97m	6.81m	26.33%

W60 800 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1	Patricia Blacker-Thomson W60 Unattached -	3:43.32	2:55.27	64.63%	410

M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1	Andrew Justason M45 New Brunswick	3:10.22	2:53.98	75.01%	724
2	Marcus Skeete M49 UTTC	3:18.90	3:01.92	71.74%	646

M55 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1	Donald Ritchie M55 Unattached -	4:17.19	3:35.12	60.67%	362
2	Lou Nunno M58 Unattached -	4:39.23	3:53.55	55.88%	237

M60 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1	Bruce Urch M62 Throwers Club	3:55.37	3:07.55	69.58%	592

W60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
--	Patricia Blacker-Thomson W60 Unattached -	DQ			

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1	Andrew Justason M45 New Brunswick	9.75	8.87	82.36%	775
2	Marcus Skeete M49 UTTC	11.27	10.25	71.25%	495

M55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1	Donald Ritchie M55 Unattached -	10.38	8.88	82.27%	772
2	Lou Nunno M58 Unattached -	13.60	11.63	62.79%	275

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Results - Age Grading: 5 Yr Indiv & 5 yr Multi

M60 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Bruce Urch	M62 Throwers Club	12.49	10.39	70.30%	470

W60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	0.95m	1.30m	62.50%	409

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Andrew Justason	M45 New Brunswick	1.62m	1.78m	72.97%	610
2 Marcus Skeete	M49 UTTC	1.44m	1.58m	64.86%	449

M55 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Donald Ritchie	M55 Unattached -	1.50m	1.84m	75.00%	661
2 Lou Nunno	M58 Unattached -	1.26m	1.54m	63.00%	419

M60 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Bruce Urch	M62 Throwers Club	1.29m	1.68m	68.62%	528

W60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	2.47m	3.55m	47.32%	210

M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Andrew Justason	M45 New Brunswick	5.08m	5.86m	65.55%	556
2 Marcus Skeete	M49 UTTC	4.38m	5.05m	56.52%	392

M55 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Donald Ritchie	M55 Unattached -	4.02m	5.27m	58.94%	435
2 Lou Nunno	M58 Unattached -	3.28m	4.30m	48.09%	255

M60 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Bruce Urch	M62 Throwers Club	4.35m	6.12m	68.40%	613

OMA Winter Mini Meet #3 - 2017-02-19
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	4.94m	7.41m 32.78%	361	

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Andrew Justason	M45 New Brunswick	10.35m	12.44m 53.82%	633	
2 Marcus Skeete	M49 UTTC	6.45m	7.75m 33.54%	352	

M55 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Donald Ritchie	M55 Unattached -	9.83m	12.49m 54.01%	636	
2 Lou Nunno	M58 Unattached -	6.97m	8.85m 38.30%	417	

M60 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Bruce Urch	M62 Throwers Club	8.94m	11.15m 48.27%	555	

W60 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Patricia Blacker-Thomson	W60 Unattached -	1390	

M45 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Andrew Justason	M45 New Brunswick	3298	
2 Marcus Skeete	M49 UTTC	2334	

M55 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Donald Ritchie	M55 Unattached -	2866	
2 Lou Nunno	M58 Unattached -	1603	

M60 Indoor Pentathlon

Name	Age Team	Finals	Alternate
1 Bruce Urch	M62 Throwers Club	2758	