2019 Last Chance Throws - 2019-12-15 Cougar Dome Results

Women 18-19 Shot Put

| Name | Year | Team | Seed | Finals | |
|--|---------|---|--------|-------------------|---|
| | | ======================================= | | | : |
| nals 1 MacIsaac, Chelsea 9.50m FOUL 10.38 | | _ | 11.00m | 10.38m | 4 |
| Women 50-54 Shot Put | | | | | _ |
| Name | | Team | Seed | Finals | |
| 1 Parks, Tammi 7.59m 7.83m 7.66 | | Launchers Athletics | | 7.83m | 3 |
| Women 60-64 Shot Put | | | | | |
| Name | Year | Team | Seed | Finals | |
| 1 Welch, Jo 6.09m FOUL 6.17m Women 18-19 Weight Th | n 5.70m | Unattached N | 6.10m | 6.17m | 3 |
| Name | Year | Team | Seed | Finals | ż |
| • | | Dalhousie Tigers .12m 11.60m 12.22m | | | 2 |
| Women 20-34 Weight Th | | | | | : |
| Name | | Team | Seed | Finals | |
| 1 Toba-Oluboka, Temi | | Dalhousie Tigers .67m 14.52m 14.58m | | 14.67m | |
| Women 60-64 Weight Th | | | | | : |
| Name | | Team | Seed | Finals | _ |
| 1 Welch, Jo FOUL FOUL 8.64m | | Unattached N | 10.12m | | 1 |
| Men 35-39 Shot Put | | | | | |
| Name | | ====================================== | seed | ======= Finals | : |
| Manie | | | | | |