

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 1 Girls 14-15 60 Meter Dash Midget**

Name	Year Team	Finals
Finals		
1 Wilson, Kristen	00 EXCL	8.84
2 Rehman, Noor	00 EXCL	9.18
3 Tunison, Haive	00 EXCL	9.48
4 Hussain, Aqsa	99 EXCL	9.57

Event 2 Boys 14-15 60 Meter Dash Midget

Name	Year Team	Finals
1 Smeikle, Ontwain	99 EXCL	7.83
2 Molnar, Ben	00 EXCL	7.94
3 Cox, Adrian	00 EXCL	8.12
4 Hussain, Asad	01 EXCL	8.66
5 Zalys-Smeretsky, Matthew	99 YLTC	9.97

Event 3 Girls 16-17 60 Meter Dash Youth

Name	Year Team	Finals	H#
1 Lawrence, Olivia	99 EXCL	8.28	1
2 DiAntonio, Marcyna	97 EXCL	8.33	2
3 Welburn, Joely	99 EXCL	8.43	2
4 Melnechenko, Megan	98 EXCL	8.67	2
5 Hansen, Jules	98 EXCL	8.68	1
6 Dreveny, Sydney	99 EXCL	8.74	1
7 Belanger, Emma	97 EXCL	8.74	2
8 Greggains, Shea	97 EXCL	8.94	2
9 Olson, Bryn	98 EXCL	9.16	1

Event 4 Boys 16-17 60 Meter Dash Youth

Name	Year Team	Finals
1 Bichel, Connor	97 EXCL	8.23

Event 5 Women 18-19 60 Meter Dash Junior

Name	Year Team	Finals
1 Van Eaton, McKenzie	96 EXCL	9.47

Event 6 Men 18-19 60 Meter Dash Junior

Name	Year Team	Finals
1 Schwartz, Anthony	96 EXCL	8.46

Event 7 Women 20-34 60 Meter Dash Senior

Name	Year Team	Finals	H#
1 Margetts, Merissa	91 Cougars	7.63	2

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****...Event 7 Women 20-34 60 Meter Dash Senior**

2 Becker, Joy	94 Cougars	7.95	2
3 Propp, Adrea	92 Cougars	8.19	1
4 Lavoy, Renee	95 Cougars	8.23	2
5 Wilson-Bodnar, Emily	92 Cougars	8.32	2
6 Chernick, Elizabeth	96 Cougars	8.44	1
7 Koblun, Megan	95 Cougars	8.54	2
8 Ruggieri, Roma	95 Cougars	8.55	1
9 Bryant, Heather	86 EXCL	10.25	1

Event 8 Men 20-34 60 Meter Dash Senior

Name	Year Team	Finals
1 Branning, Kahlen	93 U of R Track Club	7.02
2 Peyachew, Riley	96 Cougars	7.31
3 Liebrecht, Preston	93 Cougars	7.41
4 Ekine, Bryan	95 Cougars	7.41
5 Ouellette, Simon	96 Cougars	7.47
6 Sebulsky, Tim	77 Unattached	7.79

Event 10 Men 35-99 60 Meter Dash Masters

Name	Year Team	Finals
1 Laville, Brian	77 KAMS	7.89
2 Ellis, Colin	67 EXCL	8.08
3 Stein, Janz	72 Unattached	8.17
4 Ramirez, Milton	76 EXCL	8.64

Event 11 Girls 14-15 200 Meter Dash Midget

Name	Year Team	Finals
1 Kukura, Gabriela	00 Striders	28.78
2 Mwarabu, Galilee	00 EXCL	30.04
3 Strinholm, Hannah	99 EXCL	31.18

Event 12 Boys 14-15 200 Meter Dash Midget

Name	Year Team	Finals
1 Smeikle, Ontwain	99 EXCL	25.08
2 Molnar, Ben	00 EXCL	25.97
3 Seilman, Shane	00 Striders	26.25
4 Hart, Gavin	01 EXCL	27.45
5 Bjola Matileg, Devin	01 EXCL	31.16

Event 13 Girls 16-17 200 Meter Dash Youth

Name	Year Team	Finals	H#
1 Lawrence, Olivia	99 EXCL	27.81	2
2 Welburn, Joely	99 EXCL	28.06	1
3 Stockhorst, Erika	98 EXCL	28.90	1
4 DiAntonio, Marcyna	97 EXCL	29.22	2

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****...Event 13 Girls 16-17 200 Meter Dash Youth**

5 Melnechenko, Megan	98 EXCL	29.65	2
6 Hansen, Jules	98 EXCL	29.85	1
7 Greggains, Shea	97 EXCL	30.85	2
8 Randall, Brenna	98 EXCL	30.88	2
9 Olson, Bryn	98 EXCL	32.11	1

Event 17 Women 20-34 200 Meter Dash Senior

Name	Year Team	Finals
1 Margetts, Merissa	91 Cougars	25.20
2 Lavoy, Renee	95 Cougars	27.28
3 Ruggieri, Roma	95 Cougars	28.12
4 Wilson-Bodnar, Emily	92 Cougars	28.12
5 Rumpel, Megan	93 Cougars	28.47

Event 18 Men 20-34 200 Meter Dash Senior

Name	Year Team	Finals	H#
1 Branning, Kahlen	93 U of R Track Club	23.09	1
2 McLellan, Ian	92 Cougars	23.13	2
3 Peyachew, Riley	96 Cougars	24.19	2
4 Alkabary, Ahmed	93 Cougars	24.32	2
5 Steininger, Dustin	93 Cougars	24.95	2
6 Boychuk, Tyler	94 Cougars	25.08	1
7 Sebulsky, Tim	77 Unattached	25.96	1

Event 20 Men 35-99 200 Meter Dash Masters

Name	Year Team	Finals
1 Ellis, Colin	67 EXCL	27.31
2 Ramirez, Milton	76 EXCL	28.85
3 Svec, John	65 Unattached	30.75

Event 21 Girls 12-13 60 Meter Hurdles .76m Bantam

Name	Year Team	Finals
1 Woitas, Kailee	02 EXCL	10.80
2 Kozan, Sara	02 EXCL	12.09

Event 22 Boys 12-13 60 Meter Hurdles .76m Bantam

Name	Year Team	Finals
1 Carroll, Reese	01 EXCL	11.42
2 Sapach, Alexander	02 EXCL	12.12

Event 24 Boys 14-15 60 Meter Hurdles .84m Midget

Name	Year Team	Finals
1 Molnar, Bennett	00 EXCL	9.63

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 29 Women Open 60 Meter Hurdles .84m Senior**

Name	Year Team	Finals
1 Margetts, Merissa	91 Cougars	8.62
2 Rumpel, Megan	93 Cougars	9.36
3 Wilson-Bodnar, Emily	92 Cougars	9.76

Event 30 Men Open 60 Meter Hurdles 1.07m Senior

Name	Year Team	Finals
1 McLellan, Ian	92 Cougars	8.57
2 Steininger, Dustin	93 Cougars	8.74

Event 32 Men 20-34 400 Meter Dash Senior

Name	Year Team	Finals
1 Nystuen, Liam	94 Cougars	52.21

Event 33 Girls 10-11 600 Meter Run Pee Wee

Name	Year Team	Finals
1 Kukura, Emmanuelle	03 Striders	1:58.38
2 McEachern, Jordy	03 Striders	2:00.31
3 McLeod, Stella	04 Striders	2:02.36
4 McNabb, Brynn	03 EXCL	2:07.85
5 Piluk, Leah	03 Striders	2:08.25
6 Allen, Drew	04 Striders	2:14.03
7 Culbert, Victoria	06 EXCL	2:19.18
8 Kichula, Katelyn	05 EXCL	2:21.54
9 Paradowski, Jessalyn	04 EXCL	2:23.13

Event 34 Boys 10-11 600 Meter Run Pee Wee

Name	Year Team	Finals
1 Sinclair, Tige	03 EXCL	1:57.11
2 Krukoff, Kaelin	03 Unattached	2:19.83
3 Decker, Colby	04 Last Mountain T&F	2:27.16

Event 35 Girls 12-13 800 Meter Run Bantam

Name	Year Team	Finals
1 McCullough, Natalia	01 Striders	2:24.82
2 Hamann, Paige	01 Striders	2:34.82
3 Kraft, Callum	01 Striders	2:36.49
4 Diemert, Monique	01 EXCL	2:42.46
5 Miller, Samantha	02 Striders	2:54.10
6 Nixdorf, Monika	02 EXCL	3:13.33

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 36 Boys 12-13 800 Meter Run Bantam**

Name	Year Team	Finals
1 MacLean, Ron	01 Striders	2:19.39

Event 37 Girls 14-15 800 Meter Run Midget

Name	Year Team	Finals
1 McEachern, Chloe	00 Striders	2:30.49
2 Haczkeicz, Kelsey	99 YLTC	2:34.06
3 Wenger, Jordan	00 Striders	2:37.52
4 Edwards, Alyson	00 Last Mountain T&F	2:39.65
5 Wilke, Robin	00 Striders	2:41.85

Event 38 Boys 14-15 800 Meter Run Midget

Name	Year Team	Finals
1 Taylor, Vaughn	00 Striders	2:00.09
2 Mytopher, Brayden	00 Last Mountain T&F	2:12.78
3 Smith, Jacob	99 EXCL	2:14.42
4 Reid, Samuel	00 Striders	2:22.41
5 Haczkeicz, Josh	02 YLTC	2:46.13

Event 39 Girls 16-17 800 Meter Run Youth

Name	Year Team	Finals
1 Allen, Michaela	97 Striders	2:22.93

Event 43 Women 20-34 800 Meter Run Senior

Name	Year Team	Finals
1 Davis, Anneliese	94 Cougars	2:22.32
2 Davis, Adriana	96 Cougars	2:24.00
3 Van Eaton, Jesse	95 Cougars	2:26.03
4 Doyle, Ricki	95 Cougars	2:28.78
5 Strueby, Erin	95 Cougars	2:29.30

Event 44 Men 20-34 800 Meter Run Senior

Name	Year Team	Finals
1 Hauber, Evan	93 Cougars	1:58.84
2 Strueby, Adam	94 Cougars	1:59.76
3 Hetterley, Greg	97 U of R Track Club	2:03.73
4 Hooper, Sean	93 Cougars	2:10.98
5 Lorenzen, James	96 Cougars	2:11.38
6 Preston, Eric	95 U of R Track Club	2:13.33

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 46 Men 35-99 800 Meter Run Masters**

Name	Year Team	Finals
1 Svec, John	65 Unattached	2:33.45
2 Ramirez, Milton	76 EXCL	2:51.96

Event 47 Girls 1-11 1000 Meter Run Pee Wee

Name	Year Team	Finals
1 McLeod, Stella	04 Striders	3:42.61
2 McNabb, Brynn	03 EXCL	3:46.18
3 Piluk, Leah	03 Striders	3:56.18
-- Allen, Drew	04 Striders	DNF

Event 48 Boys 1-11 1000 Meter Run Pee Wee

Name	Year Team	Finals
1 Mytopher, Adam	03 Last Mountain T&F	3:45.81
2 Kukura, Raffi	05 Striders	3:47.14

Event 49 Girls 12-13 1200 Meter Run Bantam

Name	Year Team	Finals
1 Diemert, Monique	01 EXCL	4:33.34
2 Miller, Samantha	02 Striders	4:45.30
3 Flaman, Zoe	02 YLTC	4:46.95

Event 50 Boys 12-13 1200 Meter Run Bantam

Name	Year Team	Finals
1 MacLean, Ron	01 Striders	3:51.65
2 Norton, Ben	01 Striders	4:19.67

Event 51 Girls 14-15 1200 Meter Run Midget

Name	Year Team	Finals
1 Kraft, Emma	00 Striders	4:00.83
2 Haczewicz, Kelsey	99 YLTC	4:15.52
3 Edwards, Alyson	00 Last Mountain T&F	4:20.78

Event 52 Boys 14-15 1200 Meter Run Midget

Name	Year Team	Finals
1 Nilson, Kaden	99 Striders	3:22.91
2 Thiel, Michael	99 EXCL	3:37.34
3 Smith, Jacob	99 EXCL	3:49.11
4 Reid, Samuel	00 Striders	3:58.19

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 53 Girls 16-17 1500 Meter Run Youth**

Name	Year Team	Finals
1 Wilson, Aurilla	97 Striders	4:52.56
2 Mcknight, Keena	97 EXCL	5:18.12
3 Flaman, Alexandria	98 YLTC	5:32.55

Event 54 Boys 16-17 1500 Meter Run Youth

Name	Year Team	Finals
1 Strueby, Jeffrey	97 EXCL	4:41.68
2 Khawaja, Abdullah	97 EXCL	4:48.90
3 Norton, Wil	98 Striders	4:51.92

Event 62 Men 20-34 3000 Meter Run Senior

Name	Year Team	Finals
1 Hagen, Jared	86 Jaleta Pacers	9:53.99
2 Bhattacharyya, Rahul	90 Jaleta Pacers	10:39.92

Event 63 Girls 1-11 High Jump Pee Wee

Name	Year Team	Finals
1 Vanderhooft, Rachel	03 EXCL	1.20m
0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25		
P O XO O XO O XXO XO XXX		
2 McNabb, Brynn	03 EXCL	1.15m
0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20		
P O O O O O XXO XXX		
3 Paradowski, Jessalyn	04 EXCL	1.10m
0.85 0.90 0.95 1.00 1.05 1.10 1.15		
O O O O O XXO XXX		
4 Wasylynka, Esmee	03 EXCL	1.00m
0.85 0.90 0.95 1.00 1.05		
O O XO O XXX		
4 Culbert, Victoria	06 EXCL	1.00m
0.85 0.90 0.95 1.00 1.05		
O O O O XXX		
6 Tong, Annie	06 EXCL	0.85m
0.85 0.90		
O XXX		

Event 64 Boys 1-11 High Jump Pee Wee

Name	Year Team	Finals
1 Krukoff, Kaelin	03 Unattached	1.30m
0.85 0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35		
O O O O O O O O O O XXX		
2 Deutscher, Nolan	03 EXCL	1.10m
0.85 0.90 0.95 1.00 1.05 1.10 1.15		
O O XXO O O O XXX		

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3 Nicholls, Dawson	05 EXCL	1.05m
0.85 0.90 0.95 1.00 1.05 1.10		
O O O O XO XXX		
4 Shannon, Kesar	04 EXCL	0.95m
0.85 0.90 0.95 1.00		
O O O XXX		

Event 65 Girls 12-13 High Jump Bantam

Name	Year Team	Finals
1 Nicholls, Arden	02 EXCL	1.30m
1.10 1.15 1.20 1.25 1.30 1.35		
O O O XO O XXX		
2 Kozan, Sara	02 EXCL	1.25m
1.10 1.15 1.20 1.25 1.30		
XO O XO XXO XXX		
3 Mukesh, Lakshmi	02 EXCL	1.15m
1.10 1.15 1.20		
O O XXX		
4 Nixdorf, Monika	02 EXCL	1.10m
1.10 1.15		
O XXX		

Event 66 Boys 12-13 High Jump Bantam

Name	Year Team	Finals
1 Vanderhooft, Andrew	01 EXCL	1.45m
1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50		
P P P P O O O XO XXX		
2 Carroll, Reese	01 EXCL	1.30m
1.10 1.15 1.20 1.25 1.30 1.35		
O O O O O XXX		
3 Polischuk, Max	02 Striders	1.25m
1.10 1.15 1.20 1.25 1.30		
P O XXO O XXX		
4 Lustig, Kai	01 EXCL	J1.25m
1.10 1.15 1.20 1.25 1.30		
P P O XXO XXX		

Event 67 Girls 14-15 High Jump Midget

Name	Year Team	Finals
1 Duczek, Karlee	99 YLTC	1.45m
1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50		
P O O O O O XO XXX		
2 Tunison, Haive	00 EXCL	1.25m
1.15 1.20 1.25 1.30		
XO XO XO X		

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Results**Event 68 Boys 14-15 High Jump Midget**

Name	Year Team	Finals
1 Hussain, Asad	01 EXCL	1.45m
1.30 1.35 1.40 1.45 1.50		
O O XXO XO XXX		

Event 69 Girls 16-17 High Jump Youth

Name	Year Team	Finals
1 Antonichuk, Brianna	97 YLTC	1.45m
1.30 1.35 1.40 1.45 1.50		
XO O O XO XXX		

Event 73 Women 20-34 High Jump Senior

Name	Year Team	Finals
1 Haselhan, Shalane	91 Cougars	1.55m
1.50 1.55 1.60		
O O XXX		

Event 74 Men 20-34 High Jump Senior

Name	Year Team	Finals
1 Rumpel, Ben	96 Cougars	1.90m
1.65 1.70 1.80 1.85 1.90 1.95		
O O O XO XO XXX		

Event 76 Men 35-99 High Jump Masters

Name	Year Team	Finals
1 Delhomeau, Roland	45 SCTM	1.25m
1.15 1.20 1.25		
XO O XO		

Event 77 Girls 14-15 Long Jump Midget

Name	Year Team	Finals
1 Ducek, Karlee	99 YLTC	4.30m
4.30m 4.14m 3.79m 4.08m 3.92m 4.24m		
2 Wilson, Kristen	00 EXCL	4.05m
3.95m 4.05m 3.88m 3.92m 4.00m 3.99m		

Event 78 Boys 14-15 Long Jump Midget

Name	Year Team	Finals
1 Li, Benny	00 Last Mountain T&F	4.96m
2.50m 4.30m 4.48m 4.71m 4.80m 4.96m		
2 Mansbridge-Goldie, Willi	00 Last Mountain T&F	4.73m
4.67m 4.73m 4.52m 4.39m 1.46m FOUL		

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****....Event 78 Boys 14-15 Long Jump Midget**

3 Bjola Matileg, Devin	01 EXCL	3.73m
3.51m 3.60m 3.44m 3.73m 3.48m	FOUL	

Event 79 Girls 16-17 Long Jump Youth

Name	Year Team	Finals
1 Dreveny, Sydney	99 EXCL	4.22m
4.22m 4.04m 3.93m 3.88m 4.04m 3.88m		
2 Antonichuk, Brianna	97 YLTC	3.61m
3.61m 3.37m 3.49m 3.34m 3.37m 2.55m		

Event 83 Women 20-34 Long Jump Senior

Name	Year Team	Finals
1 Becker, Joy	94 Cougars	5.64m
5.35m 5.58m 5.56m 5.57m	FOUL 5.64m	
2 Haselhan, Shalane	91 Cougars	5.13m
4.88m 5.13m 5.06m 4.95m 4.93m 4.34m		
3 White, Julia	92 Cougars	5.01m
4.85m 4.76m 4.62m	FOUL FOUL 5.01m	
4 Koblun, Megan	95 Cougars	4.86m
FOUL 4.86m 4.62m 4.74m 4.74m 4.69m		
5 Chernick, Elizabeth	96 Cougars	4.66m
4.66m 4.31m 4.29m 4.09m 4.28m 4.13m		
6 Kinnear, Lindsay	88 EXCL	4.19m
4.19m	FOUL 3.65m 3.64m PASS PASS	

Event 84 Men 20-34 Long Jump Senior

Name	Year Team	Finals
1 Alkabary, Ahmed	93 Cougars	7.13m
7.13m 7.02m	FOUL FOUL PASS FOUL	
2 Ewen, Lex	92 Cougars	6.34m
4.70m 6.34m 6.24m	FOUL PASS	
3 Boychuk, Tyler	94 Cougars	5.83m
5.83m 5.80m 5.64m 3.00m 5.51m 5.78m		
4 Ouellette, Simon	96 Cougars	5.61m
5.61m 5.33m 3.55m 5.59m 1.59m 5.55m		

Event 86 Men 35-99 Long Jump Masters

Name	Year Team	Finals
1 Longmore, Larry	51 EXCL	3.97m
3.97m x x		

Event 87 Girls 6-15 Triple Jump Midget

Name	Year Team	Finals
1 Duczek, Karlee	99 YLTC	8.99m
8.83m 8.86m 7.86m 8.84m 8.99m 8.76m		

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Results

....Event 87 Girls 6-15 Triple Jump Midget

2 Moyse, Taylor 01 Corridor Track Club 7.86m
 7.49m 7.71m 7.84m 7.33m 7.35m 7.86m

Event 88 Boys 6-15 Triple Jump Midget

Name	Year Team	Finals
1 Li, Benny	00 Last Mountain T&F	10.42m
		9.77m FOUL FOUL FOUL 9.27m 10.42m
2 Mansbridge-Goldie, Willi	00 Last Mountain T&F	10.22m
		10.22m 10.07m 9.71m 9.74m 10.17m 9.99m

Event 96 Men 35-99 Triple Jump Masters

Name	Year Team	Finals
1 Delhomeau, Roland	45 SCTM	7.50m
		7.32m 7.50m 7.49m 7.40m 7.45m FOUL

Event 97 Girls 6-15 Pole Vault Midget

Name	Year Team	Finals
1 Hussain, Aqsa	99 EXCL	1.65m
		1.50 1.65 1.80 XO O XXX

Event 98 Boys 6-15 Pole Vault Midget

Name	Year Team	Finals
1 Hussain, Asad	01 EXCL	1.80m
		1.50 1.65 1.80 1.95 O O O XXX

Event 100 Boys 16-17 Pole Vault Youth

Name	Year Team	Finals
1 Bichel, Connor	97 EXCL	2.65m
		1.95 2.10 2.25 2.35 2.45 2.55 2.65 2.75 O O O XXO O XXO XO XXX

Event 101 Women 18-19 Pole Vault Junior

Name	Year Team	Finals
1 Van Eaton, McKenzie	96 EXCL	2.25m
		2.25 2.35 XO XXX

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Name	Year Team	Finals
1 Schwartz, Anthony	96 EXCL	3.05m
	2.65 2.75 2.85 2.95 3.05 3.15	
	O P XXO P XO XXX	

Event 107 Girls 14-15 Shot Put 3kg Midget

Name	Year Team	Finals
1 Moyse, Taylor	01 Corridor Track Club	7.93m
	7.52m 7.24m FOUL 7.12m 7.05m 7.93m	
2 Belanger, Renee	00 EXCL	6.15m
	6.14m 5.95m 6.02m 6.15m PASS PASS	

Event 108 Boys 14-15 Shot Put 4 kg Midget

Name	Year Team	Finals
1 Zalys-Smeretsky, Mattew	99 YLTC	8.93m
	8.14m 8.63m 8.70m 8.93m FOUL 8.22m	

Event 109 Girls 16-17 Shot Put 3kg Youth

Name	Year Team	Finals
1 Shatkowski, Brooke	97 EXCL	12.03m
	11.56m 11.90m 12.03m 11.38m PASS PASS	
2 Parson, Jessica	97 EXCL	10.96m
	FOUL 10.42m 10.74m 10.91m 10.96m 10.63m	

Event 113 Women 18-34 Shot Put 4 kg Senior

Name	Year Team	Finals
1 Fortier, Elisabeth	93 Cougars	11.22m
	10.09m 11.22m 10.56m FOUL 10.12m 10.44m	
2 Wolfe, Danika	92 Cougars	10.26m
	9.43m 10.26m 9.72m 9.69m FOUL 9.80m	

Event 114 Men 18-34 Shot Put 7.26 kg Senior

Name	Year Team	Finals
1 Bray, Cy	93 Cougars	11.98m
	11.73m 11.98m 11.63m 11.83m 11.62m FOUL	
2 Hein, Dre	96 Cougars	11.25m
	11.06m 11.16m 11.08m 10.59m FOUL 11.25m	

Event 116 Men 35-99 Shot Put Masters

Name	Year Team	Finals
1 Brodeur, Don	51 Unattached	10.80m
	9.41m 10.80m 10.21m 10.09m 10.49m 10.27m	

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2 Edwards, Bob	40 YLTC	8.09m
8.02m FOUL	8.09m PASS	8.02m 7.64m

Event 117 Girls 16-17 Weight Throw 16lb Youth

Name	Year Team	Finals
1 Parson, Jessica	97 EXCL	13.16m
12.93m FOUL	13.16m 12.43m	12.64m 12.73m
2 Shatkowski, Brooke	97 EXCL	12.48m
FOUL	11.56m FOUL	FOUL FOUL 12.48m

Event 121 Women 20-34 Weight Throw 20 lb Senior

Name	Year Team	Finals
1 Fortier, Elisabeth	93 Cougars	15.80m
FOUL	13.88m 15.80m	14.82m FOUL FOUL
2 Mayne, Julie	95 Cougars	13.48m
12.68m	13.48m FOUL	13.25m 13.30m 12.97m
3 Wolfe, Danika	92 Cougars	13.23m
11.91m	12.76m 11.86m	12.49m 13.23m

Event 122 Men 20-34 Weight Throw 35 lb Senior

Name	Year Team	Finals
1 Hein, Dre	96 Cougars	9.98m
8.91m	9.02m 8.67m	8.74m 9.33m 9.98m

Event 124 Men 35-99 Weight Throw Masters

Name	Year Team	Finals
1 Brodeur, Don	51 Unattached	11.65m
FOUL	11.65m 10.89m	FOUL 11.00m FOUL
2 Edwards, Bob	40 YLTC	11.03m
10.68m	11.03m FOUL	FOUL 10.37m FOUL

Event 125 Girls 6-11 Triathlon Speed Pee Wee

Name	Year Team	Finals
1 Vanderhooft, Rachel	03 EXCL	952
2 McNabb, Brynn	03 EXCL	917
3 Ramirez, Selena	03 EXCL	898
4 Paradowski, Jessalyn	04 EXCL	875
5 Schneider, Paige	03 EXCL	817
6 Culbert, Victoria	06 EXCL	534
7 Wasylynka, Esmee	03 EXCL	488
8 Kichula, Katelyn	05 EXCL	415
9 Tong, Annie	06 EXCL	342

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 125 Triathlon: #1 Girls 6-11 Long Jump Pee Wee Triathlon**

Name	Year Team	Finals	Points
1 Paradowski, Jessalyn 2.95m 3.27m 3.62m	04 EXCL	3.62m	225
1 Ramirez, Selena 3.49m 3.25m 3.62m	03 EXCL	3.62m	225
3 Schneider, Paige 3.29m 3.57m 3.17m	03 EXCL	3.57m	214
4 Vanderhooft, Rachel 3.35m 3.30m 3.54m	03 EXCL	3.54m	208
5 McNabb, Brynn 3.05m 2.56m 3.45m	03 EXCL	3.45m	190
6 Culbert, Victoria 2.96m 2.90m 2.85m	06 EXCL	2.96m	100
7 Wasylynka, Esme 2.91m 2.54m 2.91m	03 EXCL	2.91m	92
8 Tong, Annie 2.69m 2.79m 2.50m	06 EXCL	2.79m	73
9 Kichula, Katelyn 1.36m 1.50m 2.25m	05 EXCL	2.25m	8

Event 125 Triathlon: #2 Girls 6-11 Shot Put Pee Wee Triathlon

Name	Year Team	Finals	Points
1 Vanderhooft, Rachel 7.67m 7.32m 7.72m	03 EXCL	7.72m	381
2 McNabb, Brynn 5.54m 5.89m 5.40m	03 EXCL	5.89m	264
3 Paradowski, Jessalyn 4.86m 4.50m 5.49m	04 EXCL	5.49m	239
4 Ramirez, Selena 4.20m 4.73m 5.10m	03 EXCL	5.10m	215
5 Wasylynka, Esme FOUL 5.06m 4.62m	03 EXCL	5.06m	212
6 Culbert, Victoria 4.66m 4.21m 4.46m	06 EXCL	4.66m	187
7 Kichula, Katelyn 3.72m FOUL 4.18m	05 EXCL	4.18m	157
8 Schneider, Paige 3.53m 4.01m 3.96m	03 EXCL	4.01m	147
9 Tong, Annie 2.49m FOUL 3.52m	06 EXCL	3.52m	117

Event 125 Triathlon: #3 Girls 6-11 60 Meter Dash Pee Wee Triathlon

Name	Year Team	Finals	H#	Points
1 McNabb, Brynn	03 EXCL	9.42	1	463
2 Ramirez, Selena	03 EXCL	9.44	1	458
3 Schneider, Paige	03 EXCL	9.45	1	456
4 Paradowski, Jessalyn	04 EXCL	9.65	2	411
5 Vanderhooft, Rachel	03 EXCL	9.87	1	363
6 Kichula, Katelyn	05 EXCL	10.45	2	250
7 Culbert, Victoria	06 EXCL	10.47	2	247

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****...Event 125 Triathlon: #3 Girls 6-11 60 Meter Dash Pee Wee Triathlon**

8 Wasylynka, Esmee	03 EXCL	10.85	1	184
9 Tong, Annie	06 EXCL	11.06	2	152

Event 126 Boys 6-11 Triathlon Speed Pee Wee

Name	Year Team	Finals
1 Zimmer, Zach	03 EXCL	632
2 Shannon, Kesar	04 EXCL	363
3 Deutscher, Nolan	03 EXCL	298
4 Nicholls, Dawson	05 EXCL	256
5 Rehman, Saif Ahmed	06 EXCL	80

Event 126 Triathlon: #1 Boys 6-11 Long Jump Pee Wee Triathlon

Name	Year Team	Finals	Points
1 Zimmer, Zach 3.51m 3.60m 3.75m	03 EXCL	3.75m	167
2 Shannon, Kesar 3.17m 3.04m 2.82m	04 EXCL	3.17m	86
3 Nicholls, Dawson 3.08m 3.05m 2.88m	05 EXCL	3.08m	75
4 Deutscher, Nolan 3.00m 2.91m 2.89m	03 EXCL	3.00m	66
5 Rehman, Saif Ahmed 2.15m 2.26m 2.16m	06 EXCL	2.26m	1

Event 126 Triathlon: #2 Boys 6-11 Shot Put Pee Wee Triathlon

Name	Year Team	Finals	Points
1 Zimmer, Zach FOUL 5.51m FOUL	03 EXCL	5.51m	220
2 Shannon, Kesar FOUL 4.70m 5.14m	04 EXCL	5.14m	199
3 Deutscher, Nolan 4.70m 4.59m 4.84m	03 EXCL	4.84m	182
4 Nicholls, Dawson 4.07m 3.91m 4.02m	05 EXCL	4.07m	138
5 Rehman, Saif Ahmed FOUL 3.01m 2.60m	06 EXCL	3.01m	79

Event 126 Triathlon: #3 Boys 6-11 60 Meter Dash Pee Wee Triathlon

Name	Year Team	Finals	Points
1 Zimmer, Zach	03 EXCL	9.28	245
2 Shannon, Kesar	04 EXCL	10.32	78
3 Deutscher, Nolan	03 EXCL	10.57	50
4 Nicholls, Dawson	05 EXCL	10.65	43
5 Rehman, Saif Ahmed	06 EXCL	12.48	

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 127 Girls 12-13 Triathlon Speed Bantam**

Name	Year Team	Finals
1 Woitas, Kailee	02 EXCL	1245
2 Kozan, Sara	02 EXCL	1161
3 Strinholm, Kayleigh	01 EXCL	911
4 Belanger, Abby	02 EXCL	881
5 Mukesh, Lakshmi	02 EXCL	794
6 Gloade, Emma	02 EXCL	722
7 Elkew, Caitlyn	01 EXCL	584
8 Nicholls, Arden	02 EXCL	573

Event 127 Triathlon: #1 Girls 12-13 Shot Put Bantam Triathlon

Name	Year Team	Finals	Points
1 Belanger, Abby 6.32m 6.34m 6.65m	02 EXCL	6.65m	313
2 Kozan, Sara 5.22m 4.79m 5.88m	02 EXCL	5.88m	264
3 Strinholm, Kayleigh FOUL 5.69m 5.50m	01 EXCL	5.69m	252
4 Woitas, Kailee 5.15m 5.54m 5.42m	02 EXCL	5.54m	242
5 Mukesh, Lakshmi 4.62m 5.04m FOUL	02 EXCL	5.04m	211
6 Gloade, Emma 3.81m 3.97m 4.49m	02 EXCL	4.49m	176
7 Elkew, Caitlyn FOUL 4.43m FOUL	01 EXCL	4.43m	173
8 Nicholls, Arden FOUL 3.64m 4.04m	02 EXCL	4.04m	149

Event 127 Triathlon: #2 Girls 12-13 Long Jump Bantam Triathlon

Name	Year Team	Finals	Points
1 Woitas, Kailee 4.11m 3.81m 3.76m	02 EXCL	4.11m	333
2 Kozan, Sara 3.91m 3.72m 3.65m	02 EXCL	3.91m	287
3 Strinholm, Kayleigh 3.48m 3.40m 3.36m	01 EXCL	3.48m	196
4 Kohonick, Tegan 2.91m 3.09m 3.41m	01 EXCL	3.41m	182
5 Gloade, Emma 3.14m 3.07m 3.22m	02 EXCL	3.22m	146
6 Belanger, Abby 3.19m 3.11m 3.21m	02 EXCL	3.21m	144
7 Mukesh, Lakshmi 3.02m 3.18m 3.05m	02 EXCL	3.18m	139
8 Nicholls, Arden 2.80m 2.77m 3.16m	02 EXCL	3.16m	135

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 127 Triathlon: #3 Girls 12-13 60 Meter Dash Bantam Triathlon**

Name	Year Team	Finals	H#	Points
1 Woitas, Kailee	02 EXCL	8.61	1	670
2 Kozan, Sara	02 EXCL	8.83	2	610
3 Strinholm, Kayleigh	01 EXCL	9.42	1	463
4 Mukesh, Lakshmi	02 EXCL	9.50	2	444
5 Belanger, Abby	02 EXCL	9.59	2	424
6 Elkew, Caitlyn	01 EXCL	9.65	1	411
7 Gloade, Emma	02 EXCL	9.70	2	400
8 Nicholls, Arden	02 EXCL	10.24	1	289

Event 128 Boys 12-13 Triathlon Speed Bantam

Name	Year Team	Finals
1 Vanderhooft, Andrew	01 EXCL	1379
2 Hart, Gavin	01 EXCL	1050
3 Lustig, Kai	01 EXCL	931
4 Polischuk, Max	02 Striders	841
5 Carroll, Reese	01 EXCL	834
6 Sapach, Alexander	02 EXCL	503

Event 128 Triathlon: #1 Boys 12-13 Shot Put Bantam Triathlon

Name	Year Team	Finals	Points
1 Vanderhooft, Andrew 10.81m 11.12m 10.99m	01 EXCL	11.12m	553
2 Hart, Gavin FOUL 7.08m 6.97m	01 EXCL	7.08m	312
3 Polischuk, Max 6.31m FOUL 6.95m	02 Striders	6.95m	304
4 Carroll, Reese 5.90m 6.19m 6.53m	01 EXCL	6.53m	280
5 Lustig, Kai 5.70m 5.70m 6.17m	01 EXCL	6.17m	259
6 Sapach, Alexander 4.24m 5.42m 4.88m	02 EXCL	5.42m	215

Event 128 Triathlon: #2 Boys 12-13 Long Jump Bantam Triathlon

Name	Year Team	Finals	Points
1 Vanderhooft, Andrew 4.65m 4.46m 4.63m	01 EXCL	4.65m	317
2 Lustig, Kai 4.17m 4.22m 4.23m	01 EXCL	4.23m	244
3 Hart, Gavin 3.82m 4.09m 4.16m	01 EXCL	4.16m	232
4 Carroll, Reese 3.34m 3.91m 3.93m	01 EXCL	3.93m	195
5 Polischuk, Max 3.79m 3.39m 3.47m	02 Striders	3.79m	173
6 Sapach, Alexander 2.69m 2.87m 2.40m	02 EXCL	2.87m	51

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****...Event 128 Triathlon: #2 Boys 12-13 Long Jump Bantam Triathlon**

-- David, Clark 01 EXCL FOUL
 FOUL PASS PASS

Event 128 Triathlon: #3 Boys 12-13 60 Meter Dash Bantam Triathlon

Name	Year Team	Finals	Points
1 Vanderhooft, Andrew	01 EXCL	8.18	509
2 Hart, Gavin	01 EXCL	8.19	506
3 Lustig, Kai	01 EXCL	8.48	428
4 Polischuk, Max	02 Striders	8.74	364
5 Carroll, Reese	01 EXCL	8.76	359
6 Sapach, Alexander	02 EXCL	9.32	237
7 David, Clark	01 EXCL	9.38	226
8 Kichula, Colton	02 EXCL	9.51	201

Event 131 Girls 12-13 Triathlon Endurance Bantam

Name	Year Team	Finals
1 Nixdorf, Monika	02 EXCL	657

Event 131 Triathlon: #1 Girls 12-13 Shot Put Bantam Triathlon

Name	Year Team	Finals	Points
1 Nixdorf, Monika	02 EXCL	5.52m	241
FOUL 5.52m 5.21m			
2 Mukesh, Lakshmi	02 EXCL	5.04m	211
4.62m 5.04m FOUL			

Event 131 Triathlon: #2 Girls 12-13 Long Jump Bantam Triathlon

Name	Year Team	Finals	Points
1 Nixdorf, Monika	02 EXCL	3.14m	131
2.78m 3.14m 2.50m			

Event 131 Triathlon: #3 Girls 12-13 800 Meter Run Bantam Triathlon

Name	Year Team	Finals	Points
1 Nixdorf, Monika	02 EXCL	3:09.18	285

Event 133 Mixed 10-11 4x100 Meter Relay Pee Wee

Team	Finals
1 Excel Athletika Track 'A'	1:04.11
2 Excel Athletika Track 'B'	1:05.02
3 Excel Athletika Track 'D'	1:08.05

2014 Larmer Friendship Games - 06/12/2014**Regina Fieldhouse, Regina, Saskatchewan****Results****Event 134 Mixed 12-13 4x100 Meter Relay Bantam**

Team	Finals
1 Excel Athletika Track 'A'	1:02.71
2 Excel Athletika Track 'B'	1:03.32

Event 135 Mixed 14-15 4x100 Meter Relay Midget

Team	Finals
1 Excel Athletika Track 'A'	54.40
2 Excel Athletika Track 'B'	59.92

Event 136 Mixed 16-17 4x100 Meter Relay Youth

Team	Finals
1 Excel Athletika Track 'B'	54.94
2 Excel Athletika Track 'A'	57.19

Event 137 Mixed 18-24 4x100 Meter Relay Senior

Team	Finals
1 Excel Athletika Track 'A'	50.92
2 Jaleta Pacers 'A'	53.90

Event 138 Men 20-34 600 Meter Run Senior

Name	Year Team	Finals
1 Avery, Austin	95 Cougars	1:23.64
2 McCabe, Jesse	93 U of R Track Club	1:25.52
3 Lipp, Jaden	92 U of R Track Club	1:25.61
4 McLean, Shawn	94 Cougars	1:28.66
5 Baiton, Wyatt	91 Cougars	1:29.14
6 Gyug, Brett	93 U of R Track Club	1:30.56
7 Clifford, Brad	90 Cougars	1:33.98

Event 139 Women 20-34 600 Meter Run Senior

Name	Year Team	Finals
1 Propp, Adrea	92 Cougars	1:34.30