

**2016 Kamloops Throws Meet**  
**Throws Centre, Hillside Stadium**  
**Results - Sunday**

**Event 1 Women 14-15 Hammer Throw**

13, Yth - 3 kg, Jnr, Open - 4 kg							Finals
Name	Age	Team					
Finals							
1	Price-Roberts, Pho	15	Okanagan Ath				51.81m
	51.81m	41.95m	48.48m	51.47m	FOUL	FOUL	
2	Patry-Smith, Jenev	15	Royal City T				40.92m
	38.81m	FOUL	40.92m	FOUL	FOUL	FOUL	
3	Swoboda, Mackenzie	15	Kamloops Tra				35.08m
	31.99m	34.09m	FOUL	35.08m	FOUL	34.23m	
4	Dadson, Michelle	14	Vancouver TH				32.08m
	FOUL	31.53m	32.08m	FOUL	29.60m	FOUL	

**Event 2 Men 14-15 Hammer Throw**

13 - 3 kg, Mid - 4 kg, Yth - 5 kg, Jnr - 6 kg,							Finals
Sr - 7.26 kg, M62 - 5 kg							
Name	Age	Team					
1	Wood, Bryson	14	Kamloops Tra				42.21m
	FOUL	FOUL	42.21m	38.82m	39.15m	FOUL	

**Event 2 Men 20-34 Hammer Throw**

13 - 3 kg, Mid - 4 kg, Yth - 5 kg, Jnr - 6 kg,							Finals
Sr - 7.26 kg, M62 - 5 kg							
Name	Age	Team					
1	Stroda, Aaron	20	Unattached B				52.91m
	50.10m	49.03m	52.91m	52.50m	51.46m	52.47m	

**Event 2 Men 60-64 Hammer Throw**

13 - 3 kg, Mid - 4 kg, Yth - 5 kg, Jnr - 6 kg,							Finals
Sr - 7.26 kg, M62 - 5 kg							
Name	Age	Team					
1	Allemeersch, Donal	62	Vancouver TH				37.89m
	FOUL	FOUL	37.89m	FOUL	35.58m	34.10m	

**Event 7 Girls 11 Shot Put**

11 - 2kg, 13-Yth - 3 kg, Jr-Open - 4 kg							Finals
Name	Age	Team					
1	Cyr, Lindsay	11	Ocean Athletics				10.22m
	FOUL	10.19m	10.04m	10.22m	9.28m	9.61m	

**Event 7 Girls 12-13 Shot Put**

11 - 2kg, 13-Yth - 3 kg, Jr-Open - 4 kg							Finals
Name	Age	Team					
1	Dreger, Isabella	13	Unattached B				8.03m
	7.88m	7.28m	7.58m	7.36m	7.72m	8.03m	

**2016 Kamloops Throws Meet**  
**Throws Centre, Hillside Stadium**  
**Results - Sunday**

**Event 7 Women 14-15 Shot Put**

11 - 2kg, Name	13-Yth - 3 kg, Age	Jr-Open - 4 kg, Team	Finals
1	Dadson, Michelle	14 Vancouver TH	11.43m
	11.43m	9.89m 10.62m 11.04m 11.05m 9.90m	
2	Patry-Smith, Jenev	15 Royal City T	11.14m
	10.56m	11.14m 10.64m 10.67m 10.65m FOUL	
3	Savela, Lauryn	14 Royal City T	7.01m
	5.93m	6.87m 6.76m 6.67m 7.01m 6.73m	

**Event 7 Women 16-17 Shot Put**

11 - 2kg, Name	13-Yth - 3 kg, Age	Jr-Open - 4 kg, Team	Finals
1	Stroda, Muriel	16 Unattached B	10.28m
	10.22m	10.28m 9.36m 9.76m 10.16m 9.91m	

**Event 7 Women 45-49 Shot Put**

11 - 2kg, Name	13-Yth - 3 kg, Age	Jr-Open - 4 kg, Team	Finals
1	Stroda, Verena	45 Unattached B	8.71m
	7.89m	8.29m 8.61m 8.54m 8.69m 8.71m	

**Event 8 Men 11 Shot Put**

11 - 2kg, Sr - 7.26 kg, Name	13 - 3 kg, M42 - 7.26 kg, Age	Mid - 4 kg, M62 - 5 kg, Team	Yth - 5 kg, Jr - 6 kg, Finals
1	Cyr, Ryan	11 Ocean Athletics	11.48m
	11.21m	11.48m FOUL 11.12m FOUL 11.10m	

**Event 8 Men 12-13 Shot Put**

11 - 2kg, Sr - 7.26 kg, Name	13 - 3 kg, M42 - 7.26 kg, Age	Mid - 4 kg, M62 - 5 kg, Team	Yth - 5 kg, Jr - 6 kg, Finals
1	Elkin, Camden	13 Unattached B	11.19m
	10.65m	9.79m 10.60m 10.55m 10.93m 11.19m	

**Event 8 Men 14-15 Shot Put**

11 - 2kg, Sr - 7.26 kg, Name	13 - 3 kg, M42 - 7.26 kg, Age	Mid - 4 kg, M62 - 5 kg, Team	Yth - 5 kg, Jr - 6 kg, Finals
1	Wood, Bryson	14 Kamloops Tra	10.94m
	10.19m	10.10m 10.94m 10.91m 9.77m 10.23m	

**2016 Kamloops Throws Meet**  
**Throws Centre, Hillside Stadium**  
**Results - Sunday**

**Event 8 Men 60-64 Shot Put**

11 - 2kg, 13 - 3 kg, Mid - 4 kg, Yth - 5 kg, Jr - 6 kg						
Sr - 7.26 kg, M42 - 7.26 kg, M62 - 5 kg						
Name	Age	Team	Finals			
1	Allemeersch, Donal	62 Vancouver TH	11.80m			
	11.44m	11.73m	11.51m	11.33m	11.23m	11.80m

**Event 5 Girls 11-13 Discus Throw**

11-13 - 750g, Mid - Open - 1.00kg						
Name	Age	Team	Finals			
1	Cyr, Lindsay	11 Ocean Athletics	22.07m			
	19.08m	FOUL	FOUL	FOUL	22.07m	FOUL

**Event 5 Women 14-15 Discus Throw**

11-13 - 750g, Mid - Open - 1.00kg						
Name	Age	Team	Finals			
1	Dadson, Michelle	14 Vancouver TH	30.18m			
	27.34m	29.04m	FOUL	29.65m	30.18m	28.67m
2	Patry-Smith, Jenev	15 Royal City T	28.13m			
	FOUL	27.92m	FOUL	28.13m	FOUL	FOUL
3	Swoboda, Mackenzie	15 Kamloops Tra	23.55m			
	FOUL	23.55m	FOUL	18.09m	FOUL	FOUL

**Event 5 Women 45-49 Discus Throw**

11-13 - 750g, Mid - Open - 1.00kg						
Name	Age	Team	Finals			
1	Stroda, Verena	45 Unattached B	26.53m			
	26.53m	24.03m	23.74m	25.39m	25.33m	FOUL

**Event 6 Men 11-13 Discus Throw**

11 - Mid - 1.00kg, Yth - 1.50kg, Jr - 1.75kg, Sr - 2.00kg						
M62 - 1.00k						
Name	Age	Team	Finals			
1	Elkin, Camden	13 Unattached B	30.25m			
	FOUL	30.12m	30.25m	24.14m	FOUL	FOUL
2	Cyr, Ryan	11 Ocean Athletics	26.77m			
	26.77m	24.00m	FOUL	24.57m	FOUL	FOUL

**Event 6 Men 14-15 Discus Throw**

11 - Mid - 1.00kg, Yth - 1.50kg, Jr - 1.75kg, Sr - 2.00kg						
M62 - 1.00k						
Name	Age	Team	Finals			
1	Wood, Bryson	14 Kamloops Tra	32.40m			
	22.84m	22.63m	27.54m	28.79m	32.40m	FOUL

**2016 Kamloops Throws Meet**  
**Throws Centre, Hillside Stadium**  
**Results - Sunday**

**Event 6 Men 60-64 Discus Throw**

11 - Mid - 1.00kg, Yth - 1.50kg, Jr - 1.75kg, Sr - 2.00kg  
 M62 - 1.00k

Name	Age	Team	Finals
------	-----	------	--------

1	Allemeersch, Donal	62 Vancouver TH	43.27m
	41.73m FOUL	43.27m FOUL	41.25m FOUL

**Event 3 Girls 13 Javelin Throw**

13 - 400g, Mid - Yth - 500g, Jr - Open - 500g

Name	Age	Team	Finals
------	-----	------	--------

1	Dreger, Isabella	13 Unattached B	13.45m
	FOUL FOUL FOUL FOUL	7.96m 13.45m	

**Event 3 Women 14-15 Javelin Throw**

13 - 400g, Mid - Yth - 500g, Jr - Open - 500g

Name	Age	Team	Finals
------	-----	------	--------

1	Patry-Smith, Jenev	15 Royal City T	36.85m
	FOUL 32.21m 34.06m	33.15m 36.85m 35.04m	
2	Savela, Lauryn	14 Royal City T	30.17m
	26.60m FOUL 25.63m	27.09m FOUL 30.17m	
3	Swoboda, Mackenzie	15 Kamloops Tra	14.84m
	FOUL 14.31m FOUL	14.84m 13.45m FOUL	

**Event 3 Women 16-17 Javelin Throw**

13 - 400g, Mid - Yth - 500g, Jr - Open - 500g

Name	Age	Team	Finals
------	-----	------	--------

1	Stroda, Muriel	16 Unattached B	28.21m
	27.97m 28.21m 25.58m	25.62m FOUL 23.64m	

**Event 3 Women 45-49 Javelin Throw**

13 - 400g, Mid - Yth - 500g, Jr - Open - 500g

Name	Age	Team	Finals
------	-----	------	--------

1	Stroda, Verena	45 Unattached B	24.45m
	FOUL FOUL 22.70m	21.51m FOUL 24.45m	

**Event 4 Men 13 Javelin Throw**

13 - 500g, Mid - 600g, Yth - 700g, Jr - Sr - 800g

M75 - 600g

Name	Age	Team	Finals
------	-----	------	--------

1	Elkin, Camden	13 Unattached B	32.93m
	23.05m 26.04m 32.93m	29.95m FOUL 29.72m	

**2016 Kamloops Throws Meet**  
**Throws Centre, Hillside Stadium**  
**Results - Sunday**

**Event 4 Men 14-15 Javelin Throw**

13 - 500g, Mid - 600g, Yth - 700g, Jr - Sr - 800g  
 M75 - 600g

Name	Age	Team	Finals
------	-----	------	--------

1	Wood, Bryson	14 Kamloops Tra	35.69m
	28.05m 28.95m 28.88m 31.13m 31.99m 35.69m		

**Event 4 Men 20-34 Javelin Throw**

13 - 500g, Mid - 600g, Yth - 700g, Jr - Sr - 800g  
 M75 - 600g

Name	Age	Team	Finals
------	-----	------	--------

1	Stroda, Aaron	20 Unattached B	44.42m
	FOUL 43.65m FOUL 42.88m 44.42m 43.93m		

**Event 4 Men 75-79 Javelin Throw**

13 - 500g, Mid - 600g, Yth - 700g, Jr - Sr - 800g  
 M75 - 600g

Name	Age	Team	Finals
------	-----	------	--------

1	Aksenov, Victor	75 Okanagan Ath	33.22m
	28.53m 32.09m 33.22m FOUL 32.40m 30.41m		