

**Hamilton Twilight Series -Meet #3 - 2016-07-01****July 1, 2016****McMaster University****Results****Women 100 Meter Dash**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Ebos, Nia	Hamilton Oly	13.06q	2.0	2
2 Vezina, Hailey	Laurel Creek	13.41q	0.6	1
3 Giroux, Victoria	U Windsor At	13.45q	0.6	1
4 Figueroa, Jewels	Unattached	13.82q	2.0	2
5 Goncalves, Kayla	Unattached	14.08q	2.0	2
6 Beaupre-Jacques, Myriam	Kitchener WA	14.86q	2.0	2
7 Tamblyn, Kyleigh	Unattached	15.61q	0.6	1
8 Oliver, Laura	Unattached	16.31q	0.6	1
9 Njihia, Chante	Hamilton Oly	16.60q	2.0	2

**Women 100 Meter Dash**

Name	Year Team	Finals	Wind
Finals			
1 Ebos, Nia	Hamilton Oly	13.39	4.3
2 Vezina, Hailey	Laurel Creek	13.61	4.3
3 Giroux, Victoria	U Windsor At	13.89	4.3
4 Beaupre-Jacques, Myriam	Kitchener WA	15.39	4.3
5 Njihia, Chante	Hamilton Oly	17.07	4.3

**Women 200 Meter Dash**

Name	Year Team	Finals	Wind
1 Ebos, Nia	Hamilton Oly	27.57	-1.2
2 Seguin, Thea	Speed River	29.27	-1.2
3 Hunt, Serena	Windsor Legi	29.99	-1.2
4 Luke, Nicole	Ultimate Bod	30.56	-1.2
5 Tamblyn, Kyleigh	Unattached	33.13	-1.2
6 Reader, Eryn	Hamilton Oly	37.14	-1.2

**Women 400 Meter Run**

Name	Year Team	Finals	H#
1 Ormond, Cameron	Newmarket HU	59.73	2
2 Fennell, Jessie	Niagara Regi	1:00.27	2
3 Walton, Shannon	Unattached -	1:01.94	2
4 MacDonald, Alannah	Unattached -	1:03.30	2
5 McBride, Dana	Newmarket HU	1:04.90	1
6 Giroux, Victoria	U Windsor At	1:06.26	2
7 Forsey, Abigail	Burlington T	1:06.85	2
8 Zheng, Joyce	Newmarket HU	1:07.81	1
9 Martin, Kristyne	Newmarket HU	1:07.90	1
10 Gao, Chloe	Newmarket HU	1:10.12	1

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Name	Year Team	Finals	H#
1 Aubry, Rachel	Speed River	2:04.36	4
2 Hanna, Janelle	Speed River	2:10.97	4
3 Thompson, Carise	Speed River	2:11.59	4
4 Pansegrau, Kaitlyn	Harbour Track	2:12.03	4
5 Collins, Sydney	Laurel Creek	2:12.53	4
6 Hewitt, Chloe	Hamilton Oly	2:12.63	4
7 Gordon, Emily	Speed River	2:14.47	4
8 Wesseling, Emily	Speed River	2:14.81	3
9 Welch, Sarah	Speed River	2:15.18	3
10 Thomson, Kennedy	Monte Cristo	2:15.61	4
11 Freeman, Jenna	Unattached -	2:16.19	3
12 Laurie, Christine	Laurel Creek	2:16.92	4
13 Copat, Lynnsey	Windsor Legi	2:24.26	2
14 Brown, Aryanna	Windsor Legi	2:24.61	2
15 Hewitt, Mikayla	Hamilton Oly	2:26.29	2
16 Pattison, Sydney	Speed River	2:26.47	2
17 Nolan, Madeleine	Niagara Regi	2:26.85	2
18 Buckridge, Jasmine	Hamilton Oly	2:27.10	2
19 Hopkins, Kylie	Harbour Track	2:27.34	3
20 Osman, Nadine	London Runne	2:28.66	2
21 Yakub Aga, Miryam	Central Toro	2:28.75	3
22 Nolet, Chloe	Niagara Regi	2:32.08	1
23 Nolet, Kassandra	Niagara Regi	2:34.84	1
24 Hunt, Serena	Windsor Legi	2:44.55	1
25 Pundzius, Emily	Windsor Legi	3:22.69	1
-- Watts, Sophia	Speed River	DNF	4

**Women 1500 Meter Run**

Name	Year Team	Finals	H#
1 Pieterston, Rebecca	London Weste	4:29.98	3
2 Mawhinney, Erin	Harbour Track	4:44.23	3
3 Hambleton, Julie	Harbour Track	4:44.86	3
4 Hortian, Stephane	Laurel Creek	4:47.76	3
5 Morgan, Mackenzie	Laurel Creek	4:48.40	3
6 Smart-Reed, Madeline	Toronto West	4:48.60	3
7 Nowak, Emily	Harbour Track	4:48.66	3
8 Llewellyn, Abby	Harbour Track	4:51.48	3
9 Boucher, Bettina	Unattached	4:52.50	3
10 Lucki, Mikaela	Toronto West	4:52.92	2
11 Gualtieri, Cate	Niagara Regi	4:55.36	2
12 Johnstone, Madison	Hamilton Oly	5:00.99	2
13 Alexeef, Anastasia	Toronto West	5:03.92	2
14 Whitmarsh, Denbeigh	Greater Uxbr	5:06.73	2
15 Harnack, Hope	Speed River	5:08.21	2
16 Shaw, Jessica	Newmarket HU	5:09.33	2
17 Sartor, Nicole	Newmarket HU	5:09.57	2
18 Sakharov, Tanya	Boardwalk RC	5:10.96	1
19 Schouten, Alison	Newmarket HU	5:13.50	1
20 Byer, Carrie	Newmarket HU	5:14.33	1
21 Segato, Emma	Nith River Runners	5:17.10	1

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22	Langelaan, Rachel	Hamilton Oly	5:21.10	1
23	Bahar, Khushee	Speed River	5:23.31	2
24	Mayer, Katarina	Toronto West	5:34.57	1
25	Berard, Jordan	Huron-Perth Wind	5:42.38	1

**Women 3000 Meter Run**

Name	Year Team	Finals
1 MacDougall, Branna	Physi-Kult Kingston	9:16.63
2 Mackay, Kansas	Durham Drago	9:58.79
3 Wismer, Sarah	Speed River	10:07.13
4 Foran, Gabrielle	Harbour Track	10:07.44
5 Forbes, Caroline	Windsor Legi	10:17.80
6 Cigagna, Beatrice	Newmarket HU	10:35.90
7 Boston, Emily-Rose	Newmarket HU	10:38.36
8 Kerekes, Deanna	Speed River	10:40.37
9 Locco, Lauren	Harbour Track	10:42.63
10 Mitten, Madison	Newmarket HU	11:16.80
11 Collins, Robyn	Health and Perfo	11:24.18
12 Embree, Taylor	Speed River	11:45.41
13 Tardif, Caitlyn	Niagara Regi	12:46.65
14 Beaupre-Jacques, Myriam	Kitchener WA	14:54.78
-- MacDougall, Brogan	Physi-Kult Kingston	DNF

**Men 100 Meter Dash**

Name	Year Team	Prelims	Wind	H#
<b>Preliminaries</b>				
1 Tomlinson, Coleman	Hamilton Oly	11.05q	2.6	5
2 Grant, Oliver	Waterloo Track Club	11.19q	-0.7	1
3 Newell, Chance	Kitchener WA	11.22q	2.8	4
4 Jacob, Gareau	Unattached -	11.34q	2.6	5 11.338
5 Woghiren, Joshua	Windsor Legi	11.34q	2.1	2 11.340
6 Tshikuna, Randy	Hamilton Oly	11.35q	2.1	2
7 Powell, Carter	Speed River	11.36q	2.1	2
8 Rookwood, Marqus	Hamilton Oly	11.42q	-0.7	1
9 Lee, Adam	Speed River	11.45q	2.1	2
10 Beaudoin, Shawn	Windsor Legi	11.57q	-0.1	3
11 Gingras, Tommy	Unattached	11.58q	2.8	4
12 Archer, Rashid	Burlington T	11.61q	2.6	5
13 Lewis, Dante	Windsor Legi	11.62q	-0.1	3
14 Augustine, Johnny	Unattached -	11.65q	2.1	2
15 Rahman, Shahriyar	Windsor Legi	11.66q	-0.7	1
16 Harper, George	Unattached	11.67q	2.1	2
17 Washington, Kobe	Windsor Legi	11.73q	-0.1	3
18 Massaquoi, Aron	Windsor Legi	11.79q	2.1	2
19 Whitehouse, Kyle	Niagara Regi	11.97q	2.8	4
20 Walker, Joseph	Unattached	12.00q	-0.7	1
21 Patton, Shawn	Speed River	12.03q	-0.1	3
22 Farrell, Noah	Burlington T	12.11q	2.8	4
23 Delorme, Aidan	Burlington T	12.16q	2.6	5 12.151
24 Timpano, Luca	Niagara Regi	12.16q	2.6	5 12.157

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25 B, Lerone	Unattached	12.23q	2.1	2
26 Hunter, Aaron	Windsor Legi	12.24q	-0.7	1
27 Khan, Kamran	Hamilton Oly	12.30q	-0.7	1
28 Boesher, Ron	Unattached	12.33q	2.8	4
29 Wagner, Christopher	Unattached -	12.39q	-0.1	3
30 Smith, Kerry	Jmac - Jamca	12.50q	2.8	4
31 Berardi, John	Unattached -	12.68q	2.8	4
32 Morris, Mike	Unattached -	15.25q	-0.1	3
33 Stern, David	Jmac - Jamca	16.52q	-0.1	3

**Men 100 Meter Dash**

Name	Year Team	Finals	Wind	H#
Finals				
1 Tomlinson, Coleman	Hamilton Oly	11.21	4.6	4
2 Lee, Adam	Speed River	11.30	3.5	3
3 Newell, Chance	Kitchener WA	11.37	4.6	4 11.362
4 Grant, Oliver	Waterloo Track Club	11.37	4.6	4 11.367
5 Powell, Carter	Speed River	11.37	4.6	4 11.369
6 Beaudoin, Shawn	Windsor Legi	11.56	3.5	3
7 Rookwood, Marqus	Hamilton Oly	11.60	4.6	4 11.591
8 Jacob, Gareau	Unattached -	11.60	4.6	4 11.595
9 Augustine, Johnny	Unattached -	11.63	3.5	3 11.621
10 Archer, Rashid	Burlington T	11.63	3.5	3 11.625
11 Woghiren, Joshua	Windsor Legi	11.65	4.6	4
12 Gingras, Tommy	Unattached	11.67	3.5	3
13 Lewis, Dante	Windsor Legi	11.79	3.5	3
14 Rahman, Shahriyar	Windsor Legi	11.91	3.5	3
15 Whitehouse, Kyle	Niagara Regi	11.95	3.0	2
16 B, Lerone	Unattached	12.23	3.0	2
17 Delorme, Aidan	Burlington T	12.24	3.0	2
18 Wagner, Christopher	Unattached -	12.27	3.1	1
19 Farrell, Noah	Burlington T	12.30	3.0	2
20 Timpano, Luca	Niagara Regi	12.48	3.0	2
21 Khan, Kamran	Hamilton Oly	12.49	3.1	1
22 Hunter, Aaron	Windsor Legi	12.51	3.0	2
23 Berardi, John	Unattached -	12.78	3.1	1

**Men 200 Meter Dash**

Name	Year Team	Finals	Wind	H#
1 Grant, Oliver	Waterloo Track Club	23.00	2.3	3
2 Beaudoin, Shawn	Windsor Legi	23.18	2.3	3
3 Gingras, Tommy	Unattached	23.20	2.3	3
4 Lee, Adam	Speed River	23.35	2.1	2
5 Woghiren, Joshua	Windsor Legi	23.67	2.3	3
6 Tshikuna, Randy	Hamilton Oly	23.80	2.3	3
7 Whitehouse, Kyle	Niagara Regi	23.96	2.1	2
8 Washington, Kobe	Windsor Legi	24.06	2.3	3
9 Patton, Shawn	Speed River	24.15	2.1	2
10 Lewis, Dante	Windsor Legi	24.19	2.1	2
11 Walker, Joseph	Unattached	24.28	2.1	2

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12 Jimenez, Elijah	Speed River	24.70	2.1	2
13 Farrell, Noah	Burlington T	25.04	1.2	1
14 Timpano, Luca	Niagara Regi	25.14	2.1	2
15 Hunter, Aaron	Windsor Legi	25.34	1.2	1
16 Turkstra, David	Unattached -	26.17	1.2	1
17 Berardi, John	Unattached -	26.36	1.2	1
18 Farr, Kevin	U Windsor At	26.47	1.2	1
19 Morris, Mike	Unattached -	32.51	1.2	1
20 Stern, David	Jmac - Jamca	34.96	1.2	1

**Men 400 Meter Run**

Name	Year Team	Finals	H#
1 Heppenstall, Robert	Monte Cristo	47.97	2
2 Newell, Chance	Kitchener WA	50.50	2
3 Tweedle, Jeffrey	Harbour Track	50.81	2
4 Fish, John	Laurel Creek	51.28	2
5 Quinland, Patrick	Windsor Legi	51.34	2
6 Mussington, Akeame	Ultimate Bod	51.75	2
7 Shackell, Jacob	Speed River	52.04	1
8 Alvarez, Benjamin	Laurel Creek	53.80	1
9 Rahman, Shahriyar	Windsor Legi	53.91	1
10 Ladha, Vahaab	Oakville Legion	54.01	1
11 Da, Kevin	Unattached	58.85	1
12 MacDonald, Kyle	Unattached	1:01.57	1

**Men 800 Meter Run**

Name	Year Team	Finals	H#
1 Davenport, Ethan	University O	1:51.29	5
2 Moodie, Triphon	Toronto West	1:51.65	5
3 Devito, Ben	University O	1:52.11	5
4 Egzaw, Simon	University O	1:52.28	5
5 Southard, Andrew	Durham Drago	1:52.48	5
6 Andrin, Hunter	London Weste	1:52.73	5
7 Wossen, Ezana	University O	1:54.76	5
8 Freeland, Sandy	Laurel Creek	1:55.10	4
9 McGillivray, Joshua	University O	1:56.19	4
10 Thornber, Jeff	Unattached -	1:56.57	5
11 Styba, Michael	Physi-Kult Kingston	1:57.04	4
12 Fretz, Levi	Niagara Regi	1:57.54	4
13 Purnell, Alec	Hamilton Oly	1:57.88	3
14 Fouzie, Matt	Unattached -	1:58.24	3
15 Martin, Brock	Burlington T	1:58.44	3
16 Ghadghoni, Ali	Newmarket HU	2:00.07	3
17 Zilles, Josh	Speed River	2:00.34	3
18 Czubernat, Tadzik	Windsor Legi	2:00.45	3
19 Cator, Korbett	Laurel Creek	2:02.87	3
20 Mokri, Eric	London Weste	2:03.61	2
21 Zelek, Joshua	Huron-Perth Wind	2:04.39	3
22 Jeffrey, Nathan	Huron-Perth Wind	2:05.44	2
23 Sherar, Michael	University O	2:05.71	2

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24 Forbes, Nicholas	Windsor Legi	2:05.90	2
25 Brecher, Jay	University O	2:06.04	2
26 Wells, Bill	University O	2:06.13	2
27 Xie, Nicholas	Unattached	2:06.39	2
28 Dennett, Kyle	Burlington T	2:06.50	2
29 Berard, Mackenzie	Huron-Perth Wind	2:06.84	2
30 Huzeuka, Brandon	Unattached -	2:08.26	1
31 Townsend, Mikey	Speed River	2:08.35	2
32 Nolan, Samuel	Niagara Regi	2:13.36	1
33 Matsuzaki, Takayuki	Central Toro	2:17.19	1
34 Da, Kevin	Unattached	2:18.60	1
35 Farr, Kevin	U Windsor At	2:20.29	1
36 Coffin, Brock	Niagara Regi	2:23.86	1
37 Daly, Tai	Hamilton Oly	2:24.02	1
-- Xie, Lawrence	University O	DNF	4
-- Byrne, Louis	Toronto Olym	DNF	1
-- Purnell, Aidan	Unattached -	DNF	1
-- Preiano, Noah	Central Toro	DNF	3

**Men 1500 Meter Run**

Name	Year Team	Finals	H#
1 Allen, Brandon	Windsor Legi	3:55.05	4
2 R��ez Villanueva, Sergio	Harbour Track	3:55.29	4
3 Elkurdy, Mostafa	Speed River	3:55.30	4
4 Stiles, Liam	Speed River	3:56.39	4
5 Parrot-Migas, Phil	London Weste	3:58.06	4
6 El-Sandali, Ehab	Toronto West	3:58.77	4
7 Matthews, Miles	Windsor Legi	3:59.73	4
8 Baird, Graham	Greater Uxbr	4:01.13	3
9 Jaciw-Zurakowsky, Luke	Durham Drago	4:01.55	4
10 Wishart, Cael	Speed River	4:01.75	4
11 Gordon, Andrew	Speed River	4:02.03	3
12 Kent, Lewis	London Weste	4:02.45	3
13 Mackinnon, Patrick	Unattached	4:03.25	3
14 Avalos, Miles	Toronto West	4:03.35	4
15 Noble, Marcus	Speed River	4:06.49	3
16 Minbashian, Peter	Toronto West	4:06.77	3
17 Kimmerer, Chris	Speed River	4:10.01	3
18 Favero, Jonathan	Harbour Track	4:10.63	3
19 Yousef, Galan	University O	4:16.37	3
20 Gaitan, Santiago	Niagara Regi	4:18.65	2
21 Squarek, Bradley	Toronto West	4:18.99	2
22 McQuaid, Aaron	Newmarket HU	4:19.34	2
23 Tepper, Dave	Newmarket HU	4:20.86	2
24 Jones, William	Newmarket HU	4:21.38	2
25 Hughes, Gavin	Speed River	4:23.39	3
26 Laruan, Ramon Christophe	Toronto West	4:28.16	2
27 Galloway, Stuart	University O	4:29.58	2
28 Hackshaw, Derek	Newmarket HU	4:34.67	2
29 Esler, Brady	London Legio	4:35.11	2
30 Klassen, Ian	Hamilton Oly	4:41.10	1
31 Rayner, Simon	University O	4:42.74	1

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32 Koch, James	Huron-Perth Wind	5:02.89	1
33 Duff, Mark	Boardwalk RC	5:04.23	1
34 Cassel, Gary G	Ontario Mast	5:05.37	1
-- MacIsaac, Anthony	University O	DNF	2
-- Osland, Paul	University O	DNF	2
-- Napier, Matthew	Harbour Track	DNF	4

**Men 3000 Meter Run**

Name	Year Team	Finals	H#
1 Hortian, Adam	Laurel Creek	8:27.22	2
2 Carson, Ben	Toronto West	8:31.32	2
3 McColl, Andrew	Newmarket HU	8:32.16	2
4 Kemp, Marcus	Laurel Creek	8:38.42	2
5 Macpherson, Eric	Newmarket HU	8:38.44	2
6 Ghiglione, Gabriel	Harbour Track	8:39.60	2
7 Stel, Joey	Newmarket HU	8:39.65	2
8 Desouza, Joshua	Newmarket HU	8:44.67	2
9 Bridger, Adam	Durham Drago	8:45.12	2
10 Dean, Cameron	Durham Drago	8:48.66	2
11 De Lange, Mitch	Lakeshore At	8:52.67	1
12 Charanduk, Michael	Unattached	8:55.98	1
13 Attema, Aidan	London Weste	8:56.27	1
14 Cromack, James	Speed River	8:58.80	1
15 Fraccaro, Ryan	Newmarket HU	9:05.61	1
16 Mather, Michael	Ottawa Lions T.F.C.	9:06.18	2
17 Danayan, Gregory	Speed River	9:06.92	1
18 Hassim, Theo	Unattached -	9:08.84	1
19 Duschenes, Matthew	Laurel Creek	9:09.42	1
20 Hayes, Reid	Laurel Creek	9:09.83	2
21 Clavijo, Esteban	Newmarket HU	9:17.79	2
22 Broekhuysse, Alex	Unattached	9:20.96	1
23 Cheung, Matthew	Unattached	9:43.15	1
24 Walsh, Jeremy	London Runne	9:50.11	1
25 Robinson, Stephen	London Runne	9:54.41	1
26 Yuen, Chun Cheung	Newmarket HU	9:56.17	1
27 Deighan, Chris	Newmarket HU	10:09.22	1
-- White, Tyler	Newmarket HU	DNF	2