

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

Event 2 Girls 2000 Meter Run CC Elementary

Name	Year School	Finals	Points
1 Crossman, Abi	Bishop Smith	7:59.10	1
2 Durham, Brielle	Béatrice-Desloges	8:07.10	2
3 McDonald, Kara	Glashan	8:14.80	3
4 Saravanamuttoo, Paige	Glashan	8:22.70	4
5 Lortie, Zoe	Béatrice-Desloges	8:23.60	5
6 Schryburt, Marika	Béatrice-Desloges	8:38.60	6
7 Lacour, Emelyn	Béatrice-Desloges	8:39.50	7
8 Lathrop, Elena	Béatrice-Desloges	8:40.00	8
9 Turmelle, Alexandra	Béatrice-Desloges	8:40.60	9
10 Adele, Stanton-Burse	Franco-Ouest	8:44.10	10
11 Tinmouth, Amalia	Glashan	8:46.50	11
12 Enticknap-Smith, Ellie	Glashan	8:47.00	12
13 Allen, Elysia	Glashan	8:59.50	13
14 Shwartz, Lilly	Glashan	9:01.20	14
15 Audet, Myriam	Béatrice-Desloges	9:07.00	15
16 Edmonds, Claire	Bishop Smith	9:16.50	16
17 Nowlan, Madeline	Glashan	9:24.90	17
18 Steida, Maya	Glashan	9:27.40	18
19 Close, Shaye	École élémen	9:28.80	19
20 Lemieux, Emily	Béatrice-Desloges	9:29.80	20
21 Gryczon, Brianna	Lester B Pea	9:32.80	21
22 Sophia, Chambelain	Esc Paul-Des	9:33.10	22
23 McGuire, Quinn	Esc Paul-Des	9:34.40	23
24 Brault, Karine	Béatrice-Desloges	9:39.20	24
25 Carpenter, Ava	Glashan	9:40.20	25

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26	Fitch, Chloe	École élémen	9:45.80	26
27	Saravanamuttoo, Jemima	Glashan	9:45.90	27
28	Steele, Annika	Glashan	9:59.40	28
29	Belanger, Aby	Bishop Smith	10:01.10	29
30	Roy, Emma	Esc Paul-Des	10:02.00	30
31	Seguin, Shiraz	Glashan	10:04.10	31
32	Tshiabu, Thérèse	Béatrice-Desloges	10:04.90	32
33	Shen, Joy	Glashan	10:05.30	33
34	Laplante, Laura	Lester B Pea	10:06.90	34
35	Janssens, Hannah	Glashan	10:07.90	35
36	Campbell, Avery	Béatrice-Desloges	10:09.90	36
37	Cormier, Léa	Béatrice-Desloges	10:13.90	37
38	Assemien, Aurélie	École élémen	10:23.90	38
39	Benson, Marika	Béatrice-Desloges	10:25.20	39
40	Docanto-Primeau, Mehgan	Franco-Cite	10:36.00	40
41	Plourde, Isabelle	École élémen	10:43.60	41
42	Steffler, Celia	Glashan	10:46.30	42
43	Weinstein, Anna	Glashan	10:56.90	43
44	Burns, Abby	Glashan	11:01.40	44
45	Skahen, Emma	Béatrice-Desloges	11:03.90	45
46	Phillips, Claire	Glashan	11:18.90	46
47	Davis, Lillian	Glashan	11:20.30	47
48	Holan-Stutz, Marika	Glashan	11:27.00	48
49	Squires, Ella	Glashan	11:27.60	49
50	Tremblay, Madeleine	Béatrice-Desloges	11:48.60	50
51	Hagarty-Godin, Teagan	Bishop Smith	11:54.90	51
52	McQuay, Alex	Bishop Smith	11:59.30	52

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Average:	10:01.98				
9 Glashan D		153	33	35	42 43
Total Time:	41:56.40				
Average:	10:29.10				
10 Glashan E		185	44	46	47 48
Total Time:	45:07.60				
Average:	11:16.90				

Event 1 Boys 2000 Meter Run CC Elementary

Name	Year School	Finals	Points
1 Fernandez, Emmanuel	Esc Paul-Des	7:19.70	1
2 Trudel, Tristan	Béatrice-Desloges	7:20.70	2
3 Miron, Cassius	Esc Paul-Des	7:22.00	3
4 Sell, Hunter	Bishop Smith	7:32.80	4
5 Fortin, Mathis	Franco-Cite	7:40.60	5
6 Kukla-Colby, Thomas	Franco-Ouest	7:45.00	6
7 Nguyen, Gabriel	Franco-Ouest	7:45.50	7
8 Ventress, Casey	Bishop Smith	7:46.10	8
9 Quilty, Malachi	Bishop Smith	7:46.90	9
10 Levasseur, Nathaniel	École élémen	7:54.40	10
11 Knight, Justin	Béatrice-Desloges	8:02.80	11
12 Diaz-David, Patrick	Franco-Cite	8:05.90	12
13 Lowers, Ainslee	Glashan	8:07.50	13
14 Harrison, Max	Glashan	8:10.70	14
15 Veysey, Nathan	Glashan	8:11.80	15
16 Strachan, Jeremy	Glashan	8:12.50	16
17 Fisher, Collin	Franco-Cite	8:13.20	17
18 Vince, Liam	Glashan	8:18.00	18

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19	McAlpine, William	Béatrice-Desloges	8:25.20	19
20	Sloan, Jack	Esc Paul-Des	8:31.40	20
21	Garcia, Marcus	École élémen	8:33.00	21
22	Cartwright, Ryan	Glashan	8:39.90	22
23	Demark, Otto	Glashan	8:41.60	23
24	Ryan, Johnstone	Franco-Ouest	8:42.00	24
25	Barone, Noah	Bishop Smith	8:42.80	25
26	Dillabaugh, Geran	Glebe Colleg	8:44.50	26
27	Laskoski, Jarrett	Lester B Pea	8:53.90	27
28	Worku, Kidus	Glashan	9:03.60	28
29	Gauthier, Philippe	Béatrice-Desloges	9:04.60	29
30	St.Laurent, Marc	Esc Paul-Des	9:05.20	30
31	Bard, Émeric	Béatrice-Desloges	9:05.90	31
32	Thompson, Evan	Glashan	9:06.70	32
33	Parisien, Justin	Esc Paul-Des	9:07.50	33
34	Vaillancourt, Kaleb	École élémen	9:09.10	34
35	Cupelli, Xander	Bishop Smith	9:16.70	35
36	Shewan, Zachary	Franco-Cite	9:25.70	36
37	Mutombo, Klevin	Esc Paul-Des	9:28.50	37
38	Clark, Gabriel	Esc Paul-Des	9:31.60	38
39	Learmonth, Haydon	Esc Paul-Des	9:32.20	39
40	Fraser, Alec	Esc Paul-Des	9:32.80	40
41	Gervais, Simon	Béatrice-Desloges	9:38.20	41
42	Laruso, Dante	Glashan	9:42.60	42
43	Yonkel, Daniel	Bishop Smith	9:43.80	43
44	Block, Jacob	Franco-Cite	10:01.80	44
45	Blais, Tristan	Béatrice-Desloges	10:09.60	45
46	Barsalou-Cobb, Noah	Franco-Cite	10:13.20	46
47	Liang, Julian	Glashan	10:47.60	47
48	Church, Sébastien	Franco-Cite	10:48.00	48

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49 Hendriks, Sam	Béatrice-Desloges	10:53.80	49
50 Perez, Ivan	Lester B Pea	10:57.90	50
51 Hall, Ian	Lester B Pea	11:19.90	51

....Event 1 Boys 2000 Meter Run CC Elementary

Team Scores

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Rank Team                               Total   1    2    3    4   *5   *6   *7   *8
*9
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  1 Bishop Smith - Pembroke A           46    4    8    9   25
    Total Time:      31:48.60
    Average:         7:57.15
  2 Esc Paul-Desmarais - St A           54    1    3   20   30
    Total Time:      32:18.30
    Average:         8:04.58
  3 Glashan A                           58   13   14   15   16
    Total Time:      32:42.50
    Average:         8:10.63
  4 Béatrice-Desloges A                 61    2   11   19   29
    Total Time:      32:53.30
    Average:         8:13.33
  5 Franco-Cite - Ottawa A              70    5   12   17   36
    Total Time:      33:25.40
    Average:         8:21.35
  6 Glashan B                           91   18   22   23   28
    Total Time:      34:43.10
    Average:         8:40.78
    
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7 Esc Paul-Desmarais - St B 147 33 37 38 39

Total Time: 37:39.80

Average: 9:24.95

8 Béatrice-Desloges B 166 31 41 45 49

Total Time: 39:47.50

Average: 9:56.88

Event 3 Girls 3k Run CC Midget

Name	Year School	Finals	Points
1 Brown, Ellie	St. Michael	12:33.40	1
2 Stevens, Isabelle	Ashbury Coll	12:41.00	2
3 Gardiner, Zoe	Glebe Colleg	12:50.80	3
4 Bialowas, Ivy	Glebe Colleg	12:52.80	4
5 Heffernan-Wilker, Anna S	Glebe Colleg	13:05.50	5
6 Spencer, Elle	South Carlet	13:11.20	6
7 Smith, Maya	Mother Teres	13:23.40	7
8 Brousseau, Abby	Nepean H.S.	13:28.10	8
9 Hubert, Hannah	Renfrew CI -	13:28.60	9
10 Metuzals, Kali	Glebe Colleg	13:30.40	10
11 Dasilva, Kayla	Mother Teres	13:31.60	11
12 Friske, Cassidy	Renfrew CI -	13:41.10	12
13 Gravel, Marissa	Franco-Ouest	13:43.90	13
14 Ivany, Katie	West Carleto	13:49.50	14
15 Semeniuk, Katya	St. Pius X C.H.S.	13:50.30	15
16 Wigle, Lily	Nepean H.S.	13:58.80	16
17 Lawson, Maya	Nepean H.S.	13:59.00	17
18 Tyman, Elana	Mother Teres	14:04.90	18
19 Catlin, Mcmann	Longfields D	14:15.80	19

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20	Lamontagne, Anna	Garneau	14:21.50	20
21	Larose, Jillian	Gloucester H	14:22.20	21
22	Whitewolf, Trillium	Nepean H.S.	14:22.80	22
23	Macintosh, Katie	Glebe Colleg	14:23.60	23
24	Wojtyk, Amelia	Lisgar C.I.	14:24.20	24
25	Thompson, Amy	Gloucester H	14:39.80	25
26	Leahy, Arden	St. Michael	14:52.90	26
27	Wood, Ella	Glebe Colleg	15:09.80	27
28	Smith, Leona	Nepean H.S.	15:24.50	28
29	Mouaki Benani, Yasmin	John McCrae	15:42.30	29
30	Macintyre, Clara	Gloucester H	15:49.80	30
31	Boufford, Gabrielle	Bishop Smith	15:55.90	31
32	Thomas, Lilli	Glebe Colleg	16:08.30	32
33	Wallace, Delphine	Lisgar C.I.	16:10.00	33
34	Flanders, Kaitlyn	South Carlet	16:11.60	34
35	Hume, Catharine	Nepean H.S.	16:13.80	35
36	Cyr, Tessa	Nepean H.S.	16:14.50	36
37	Pagé, Mia	Esc Paul-Des	16:15.00	37
38	Empey, Madison	John McCrae	16:17.70	38
39	Gingras-Theriault, Zoe	Ashbury Coll	16:18.20	39
40	Ashleigh, Pomerant	Longfields D	16:19.00	40
41	Kropp, Claire	Hillcrest - Ottawa	16:20.70	41
42	Elijaji, Alisha	West Carleto	16:26.30	42
43	Carr, Makyla	Ashbury Coll	16:33.10	43
44	Dobson, Becky	Gloucester H	16:33.80	44
45	Abbott, Sarah	West Carleto	16:41.50	45
46	Van Noort, Emily	Mother Teres	16:47.20	46
47	Dunn, Erin	Nepean H.S.	16:55.20	47
48	Norman, Olivia	Glebe Colleg	17:20.40	48
49	Audet, Adèle	Béatrice-Desloges	17:43.40	49

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50 McKay, Tenley	Nepean H.S.	18:05.00	50
51 Witt, Laura	West Carleto	18:07.40	51
52 Lovell, Hannah	Gloucester H	18:10.10	52

....Event 3 Girls 3k Run CC Midget

53 Bezanson, Serena	South Carlet	18:12.00	53
54 Farrell, Caitlin	St. Pius X C.H.S.	18:17.90	54
55 Smart, Nicole	South Carlet	18:19.80	55
56 Naftel, Gwen	Redeemer Chr	18:39.40	56
57 McGahey, Katelyn	St. Michael	18:43.80	57
58 MacDonald, Reilly	John McCrae	18:50.90	58
59 Mockett, Hannah	Ridgemont HS	22:39.10	59
60 Lerevbre, Bianca	St. Michael	22:50.30	60
61 Ayaan, Islam	Longfields D	22:53.30	61
62 Amna, El Tashani	Longfields D	22:55.40	62
63 Abbadi, Mariam	Ridgemont HS	23:11.70	63

Team Scores

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Rank	Team	Total	1	2	3	4	*5	*6	*7	*8
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1	Glebe Collegiate - Otta A	22	3	4	5	10				
	Total Time:	52:19.50								
	Average:	13:04.88								
2	Nepean H.S. - Ottawa A	63	8	16	17	22				
	Total Time:	55:48.70								
	Average:	13:57.18								
3	Mother Teresa H.S. - Ot	82	7	11	18	46				

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Total Time:	57:47.10				
Average:	14:26.78				
4 Gloucester H.S. - Ottaw A	120	21	25	30	44
Total Time:	1:01:25.60				
Average:	15:21.40				
5 Glebe Collegiate - Otta B	130	23	27	32	48
Total Time:	1:03:02.10				
Average:	15:45.53				
6 St. Michael - Kemptvill	144	1	26	57	60
Total Time:	1:09:00.40				
Average:	17:15.10				
7 Nepean H.S. - Ottawa B	146	28	35	36	47
Total Time:	1:04:48.00				
Average:	16:12.00				
8 South Carleton - Ottawa	148	6	34	53	55
Total Time:	1:05:54.60				
Average:	16:28.65				
9 West Carleton - Dunrobi	152	14	42	45	51
Total Time:	1:05:04.70				
Average:	16:16.18				
10 Longfields Davidson Hei	182	19	40	61	62
Total Time:	1:16:23.50				
Average:	19:05.88				

Event 4 Boys 3k Run CC Midget

Name	Year School	Finals	Points
1 Porter, Cameron	Sir Robert B	11:01.30	1
2 Hussein, Fatah	Hillcrest - Ottawa	11:19.30	2

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3	Sjolund, Judd	Sir Robert B	11:21.30	3
4	Pensom, Owen	Glebe Colleg	11:22.10	4
5	Egan, William	Opeongo HS -	11:22.80	5
6	Lam, Torin	Glebe Colleg	11:41.20	6
7	Robichaud, Miguel	Garneau	11:43.70	7
8	Ndayizeye, Heston	Franco-Cite	11:52.40	8
9	Mason, Robin	Glebe Colleg	11:53.10	9
10	Wigglesworth, Justin	Bishop Smith	11:55.00	10
11	Quirion, Jack	Esc Paul-Des	12:03.10	11
12	Glen, Tyler	Franco-Cite	12:04.60	12
13	Mallon, Finnegan	Glebe Colleg	12:04.90	13
14	May, Ryan	John McCrae	12:06.60	14
15	Forzley, Max	Sir Robert B	12:19.80	15
16	Nour Abdulahi, Mohammed	Ridgemont HS	12:21.50	16
17	Disipio, Stefano	Garneau	12:25.00	17
18	McBride, Angus	Nepean H.S.	12:29.30	18
19	Cameron, William	Mother Teres	12:31.30	19
20	St-Arnaud, Louis-Philipp	Garneau	12:32.80	20
21	Taylor, Andrew	John McCrae	12:34.10	21
22	Kingwell, Rohan	Nepean H.S.	12:35.60	22
23	St Marseille, Aiden	John McCrae	12:35.90	23
24	Lepage, André	Esc Paul-Des	12:38.30	24
25	Raz, Evan	West Carleto	12:40.40	25
26	Unrau, Ryan	Bishop Smith	12:41.30	26
27	Keillor, Logan	Merivale HS	12:42.20	27
28	Samuel, Haroon	Mother Teres	12:44.20	28
29	Cobden, Matthew	Glebe Colleg	12:44.80	29
30	Newman, Max	Glebe Colleg	12:48.70	30
31	Martin, Finlay	Lisgar C.I.	12:58.20	31
32	Spaans, Aidan	Merivale HS	12:58.60	32

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33	Ross, Brendan	Gloucester H	13:02.30	33
34	Adam, Isaac	Nepean H.S.	13:02.50	34
35	Hornung, Jeremy	Glebe Colleg	13:05.80	35
36	Ng, Dominic	Lisgar C.I.	13:09.50	36
37	Harris, Griffin	Glebe Colleg	13:13.50	37
38	Clarkin, Patrick	Nepean H.S.	13:16.70	38
39	Sarai, Devinder	West Carleto	13:22.80	39
40	Mortimer, Ryan	Merivale HS	13:25.20	40
41	Gagne, Cole	Franco-Ouest	13:25.80	41
42	Johnson, Rowan	Mother Teres	13:32.40	42
43	May, Owen	John McCrae	13:41.90	43
44	Joustra, Jeremiah	Redeemer Chr	13:43.20	44
45	Lamothe, Ben	Mother Teres	13:53.50	45
46	Bradley, Nick	West Carleto	13:56.00	46
47	Butterfield, Ewan	Ashbury Coll	13:57.50	47
48	Westdal, Patrick	Glebe Colleg	14:02.60	48
49	Lambley, Ryan	All Saints - Ottawa	14:04.10	49
50	MacDonald, Callum	Glebe Colleg	14:04.50	50
51	Macinnes, Callum	Mother Teres	14:08.70	51
52	Didoungou, David	Merivale HS	14:09.40	52

....Event 4 Boys 3k Run CC Midget

53	Davey, Oliver	Nepean H.S.	14:10.20	53
54	Bereznai, Ollie	Glebe Colleg	14:12.00	54
55	Dailey, Connor	John McCrae	14:24.30	55
56	Custic, Luka	Merivale HS	14:25.00	56
57	McClure, Declan	Glebe Colleg	14:28.50	57
58	Hamilton, Ashleigh	Bishop Smith	14:31.30	58
59	Rumig, Aidan	Mother Teres	14:58.60	59

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60	Lee, Keaton	Lisgar C.I.	15:05.20	60
61	Christoforou, Jeremy	Mother Teres	15:06.80	61
62	Beecham, Liam	Hillcrest - Ottawa	15:07.00	62
63	Hayden, Jack	Merivale HS	15:08.00	63
64	Beamish, Bradley	Gloucester H	15:17.70	64
65	Roundtree, Landon	Bishop Smith	15:38.90	65
66	Lukasavitch, Jacob	South Carlet	15:43.40	66
67	Pomares-Argumedo, Giovan	Mother Teres	15:45.50	67
68	Lammi, Travis	École élémen	15:52.00	68
69	Grieve, Jensen	West Carleto	15:54.90	69
70	Hagarty-Godin, Griffith	Bishop Smith	15:55.90	70
71	Heideman, Ashton	Opeongo HS -	16:07.40	71
72	Wehbe, Hadi	Ridgemont HS	16:34.40	72
73	Tower, Ashton	Merivale HS	16:53.70	73
74	Weichental, Blake	Bishop Smith	16:54.30	74
75	Gillis, Tristan	École élémen	17:12.90	75
76	Carreiro, Liam	St. Pius X C.H.S.	17:35.80	76
77	Mital, Kyle	Ashbury Coll	17:38.80	77
78	Wong, Andrew	Ashbury Coll	17:39.30	78
79	Sam, Wagner	Longfields D	17:45.70	79
80	Perez, Carlos	St. Pius X C.H.S.	17:46.30	80
81	Drouin, Jacob	Esc Paul-Des	18:09.40	81
82	Wilson, Jacob	Redeemer Chr	18:30.40	82
83	Mirfakhraie, Sohail	Merivale HS	18:31.90	83
84	Barkley, Jacob	South Carlet	18:35.40	84
85	Bottega, Luca	St. Pius X C.H.S.	18:39.80	85
86	Macissac, Kieran	Gloucester H	18:41.90	86
87	Linton-Leblanc, Clayton	Lester B Pea	19:05.60	87
88	Jones, Aidan	Sir Guy Carl	19:08.80	88
89	Goyette, Alex	Bishop Smith	20:55.10	89

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Average:	13:41.63					
8 West Carleton - Dunrobi	179	25	39	46	69	
Total Time:	55:54.10					
Average:	13:58.53					
9 Glebe Collegiate - Otta C	209	48	50	54	57	
Total Time:	56:47.60					
Average:	14:11.90					
10 Mother Teresa H.S. - Ot B	238	51	59	61	67	
Total Time:	59:59.60					
Average:	14:59.90					
11 Merivale HS - Ottawa B	275	56	63	73	83	
Total Time:	1:04:58.60					
Average:	16:14.65					

Event 5 Girls 4k Run CC Junior

Name	Year School	Finals	Points
1 Levasseur, Sophie	École élémen	16:40.40	1
2 Pellerin, Skye	St. Francis	16:47.90	2
3 Bolduc, Véronique	Béatrice-Desloges	17:14.00	3
4 Chadwick, Katherine	Nepean H.S.	17:38.40	4
5 Sanderson, Julia	South Carlet	18:10.90	5
6 Lyons, Jasmine	Glebe Colleg	18:21.50	6
7 Kolking, Pippa	Ashbury Coll	18:35.00	7
8 Kelly, Elizabeth	Bishop Smith	18:51.50	8
9 Finch, Abi	All Saints - Ottawa	18:58.60	9
10 Real, Taralyn	Canterbury - Ottawa	19:35.00	10
11 Weider, Sophie	Ashbury Coll	19:36.30	11
12 McIntyre, Siobhan	South Carlet	19:39.40	12

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13	Pegrum, Katrina	Sir Robert B	19:40.40	13
14	Bradley, Tara	Bishop Smith	19:51.10	14
15	Boland, Charis	St. Michael	20:39.10	15
16	Soliman, Joy	All Saints - Ottawa	20:39.70	16
17	Sanchez, Christina	Lisgar C.I.	20:44.70	17
18	Baillie, Clare	Nepean H.S.	20:45.20	18
19	Ufholz, Victoria	Béatrice-Desloges	20:46.90	19
20	Clarke, Brigitte	Esc Paul-Des	20:47.60	20
21	McIntyre, Abby	Opeongo HS -	20:50.20	21
22	Borrens, Jayne	Glebe Colleg	21:06.80	22
23	Gay, Carmen	Redeemer Chr	21:07.20	23
24	Ferguson, Lia	Lisgar C.I.	21:08.20	24
25	Procyk, Paulina	Ridgemont HS	21:18.30	25
26	Lowthian, Trinity	South Carlet	21:19.00	26
27	Eldanasoury, Laila	Ashbury Coll	21:25.20	27
28	Tremblay, Sophie	Béatrice-Desloges	21:28.40	28
29	McInerney, Erin	Hillcrest - Ottawa	21:33.80	29
30	Fiarchuk, Olivia	South Carlet	21:38.80	30
31	Debat, Petra	Merivale HS	21:52.40	31
32	Gascon, Andree-Anne	Béatrice-Desloges	21:54.80	32
33	Dridi, Farah	John McCrae	21:57.10	33
34	Miville-Déchêne, Estelle	Garneau	21:59.20	34
35	Unkown, Runner	Unattached	22:05.60	35
36	Koenig, Catriona	West Carleto	22:14.10	36
37	Van Barr, Charlotte	West Carleto	22:20.50	37
38	Konova, Olga	Franco-Ouest	22:34.90	38
39	Leah, Durham	Béatrice-Desloges	22:37.20	39
40	Johnson, Sarah	All Saints - Ottawa	23:05.80	40
41	Gay, Sophie	Redeemer Chr	23:17.90	41
42	Caldwell, Christina	Sir Robert B	23:41.50	42

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

1	South Carleton - Ottawa A	73	5	12	26	30
	Total Time:	1:20:48.10				
	Average:	20:12.03				
2	Béatrice-Desloges A	82	3	19	28	32
	Total Time:	1:21:24.10				
	Average:	20:21.03				
3	All Saints - Ottawa A	109	9	16	40	44
	Total Time:	1:26:46.80				
	Average:	21:41.70				
4	Bishop Smith - Pembroke	131	8	14	49	60
	Total Time:	1:32:43.60				
	Average:	23:10.90				
5	Redeemer Christian - Ot	165	23	41	50	51
	Total Time:	1:34:45.40				
	Average:	23:41.35				
6	Garneau A	182	34	45	48	55
	Total Time:	1:37:36.00				
	Average:	24:24.00				

Event 6 Boys 4k Run CC Junior

Name	Year School	Finals	Points
1 Fast, Joe	Ridgemont HS	14:06.50	1
2 Sanger, Adam	Glebe Colleg	14:15.10	2
3 Omar Ali, Harun	Ridgemont HS	14:51.40	3
4 Woodford, Theo	Nepean H.S.	14:51.60	4
5 Pelchat, Guillaume	École élémen	15:28.70	5

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

6	Luqman, Muhammad	Ridgemont HS	15:30.60	6
7	Buxton, Leif	Renfrew CI -	15:45.40	7
8	Earle, William	Woodroffe H.	15:49.10	8
9	Saravanamuttoo, Callum	Glebe Colleg	15:54.60	9
10	Kerr, Liam	Sir Robert B	15:58.40	10
11	Nonez, Fabrice	Gisèle-Lalon	16:05.80	11
12	Campeau, Will	St. Michael	16:20.60	12
13	Chaput, Eric	Franco-Ouest	16:22.40	13
14	Demars, Carter	Mother Teres	16:31.50	14
15	Da Costa, Matthew	Esc Paul-Des	16:47.10	15
16	Bowness, Zach	St. Michael	16:47.70	16
17	Moffatt, Aidan	Lisgar C.I.	16:56.20	17
18	Macaskill, Tommy	Renfrew CI -	16:56.60	18
19	Geurkink, Kieran	St. Michael	16:58.70	19
20	Nicolle, Maxim	Sir Robert B	16:59.20	20
21	Lau, Noah	Redeemer Chr	17:08.40	21
22	Richeson, Matthew	Ashbury Coll	17:10.20	22
23	Buhrmann, Matthias	Redeemer Chr	17:10.60	23
24	Davis, Griffin	Esc Paul-Des	17:28.80	24
25	Berthiaume, Cédrick	École élémen	17:29.40	25
26	Blok, Andrew	Opeongo HS -	17:34.90	26
27	Lavoie, Tyler	St. Michael	17:40.70	27
28	Kaleb, Kelly	Longfields D	17:41.10	28
29	Vialaret, Damien	Franco-Ouest	17:44.40	29
30	Marshall, Pavao	Longfields D	17:45.10	30
31	Wilson, Braden	Ashbury Coll	17:48.20	31
32	Fulcher, Aidan	South Carlet	17:49.60	32
33	Grant, Ben	South Carlet	17:50.10	33
34	Ludington, Simon	Esc Paul-Des	17:52.40	34
35	Lamprecht, Kyle	West Carleto	17:53.00	35

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

36	McUen, Andrew	Hillcrest - Ottawa	18:03.90	36
37	Oickle, Ethan	Merivale HS	18:04.60	37
38	Purdon, Wyatt	Opeongo HS -	18:05.80	38
39	Amo, Jordan	École élémen	18:09.20	39
40	Manning, Eddy	Nepean H.S.	18:16.60	40
41	Knight, Duncan	Hillcrest - Ottawa	18:17.20	41
42	Rosettani, Luke	Esc Paul-Des	18:20.10	42
43	Mouser, William	Glebe Colleg	18:28.70	43
44	Brezeninski, Hunter	John McCrae	18:38.70	44
45	Westheimer, Ben	Glebe Colleg	18:39.30	45
46	Devine, Kougar	Opeongo HS -	18:46.80	46
47	Monkman, Caelan	Canterbury - Ottawa	18:49.80	47
48	Lisak, Dejan	Hillcrest - Ottawa	18:50.70	48
49	Yung, Nick	Merivale HS	19:15.30	49
50	Caron, Raphael	Béatrice-Desloges	19:15.80	50
51	Thompson, Mitchell	John McCrae	19:17.90	51
52	Sabanegh, Nicolas	Franco-Ouest	19:27.40	52

....Event 6 Boys 4k Run CC Junior

53	Farrell, Tai	Glebe Colleg	19:32.80	53
54	Felhaber, Marek	École élémen	19:37.70	54
55	Wren, Caleb	Renfrew CI -	19:43.50	55
56	McIntyre, William	Ridgemont HS	19:49.90	56
57	Oickle, Devon	Merivale HS	19:56.70	57
58	Scromeda, Edward	Lisgar C.I.	20:01.60	58
59	Hemsley, Max	Renfrew CI -	20:06.80	59
60	Ennis, Terry	Merivale HS	20:16.40	60
61	Hudson, Avery	St. Michael	20:17.80	61
62	Chatterjee, Aprateem	Ashbury Coll	20:34.90	62

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

63	Lim, Zion	Glebe Colleg	20:41.10	63
64	Fyneah, David	All Saints - Ottawa	20:41.50	64
65	Hall, Kyle	Renfrew CI -	20:42.40	65
66	Tsoukanas, Jacob	Sir Robert B	20:44.10	66
67	Doherty, Ethan	Glebe Colleg	21:17.00	67
68	Vanderlinde, Max	St. Michael	21:26.00	68
69	Beckstead, Wyatt	St. Michael	21:32.40	69
70	Nicoletti, Dante	Esc Paul-Des	21:32.90	70
71	Mitchell, Nathan	All Saints - Ottawa	21:39.50	71
72	Stewart, Jack	Nepean H.S.	21:56.30	72
73	McCloskey, Declan	Nepean H.S.	22:13.70	73
74	Richter, Camden	Nepean H.S.	22:36.10	74
75	Sloan, Fletcher	Glebe Colleg	22:41.90	75
76	Johnston, Chris	Merivale HS	22:45.40	76
77	Covell, Logan	South Carlet	23:00.40	77
78	Holmes, Patrick	Opeongo HS -	23:03.90	78
79	Stark, Thom	Renfrew CI -	23:07.50	79
80	Kim, Elijah	John McCrae	23:15.50	80
81	Pham, Mike	St. Pius X C.H.S.	23:21.40	81
82	Guzman Aparicio, Ehecatl	Nepean H.S.	23:21.90	82
83	Porter, Alexandre	Béatrice-Desloges	23:33.20	83
84	Dai, Raymond	John McCrae	23:34.40	84
85	Situ, Jackson	John McCrae	23:34.80	85
86	Mott, Billy	South Carlet	24:01.30	86
87	Bercier, Justin	Gisèle-Lalon	24:05.00	87
88	Volk, Michael	St. Pius X C.H.S.	24:49.30	88
89	Morris, Desmond	Hillcrest - Ottawa	25:08.00	89
90	Turnbull, John	Nepean H.S.	25:16.10	90
91	Jacklin, Redden	Mother Teres	25:46.80	91
92	Evenson, Gabe	West Carleto	26:51.50	92

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

Average:	19:22.85					
8 Nepean H.S. - Ottawa A	189	4	40	72	73	
Total Time:	1:17:18.20					
Average:	19:19.55					
9 Merivale HS - Ottawa A	203	37	49	57	60	
Total Time:	1:17:33.00					
Average:	19:23.25					
10 Hillcrest - Ottawa	214	36	41	48	89	
Total Time:	1:20:19.80					
Average:	20:04.95					
11 South Carleton - Ottawa	228	32	33	77	86	
Total Time:	1:22:41.40					
Average:	20:40.35					
12 Glebe Collegiate - Otta B	258	53	63	67	75	
Total Time:	1:24:12.80					
Average:	21:03.20					
13 John McCrae SS - Ottawa A	259	44	51	80	84	
Total Time:	1:24:46.50					
Average:	21:11.63					

Event 7 Girls 5k Run CC Senior

Name	Year School	Finals	Points
1 Soroczan-Wright, Mollie	Colonel By S	21:57.00	1
2 Gaunt, Keegan	Merivale HS	22:39.90	2
3 Gibson, Emily	West Carleto	22:42.70	3
4 Ranahan, Chloe	Sir Robert B	23:01.70	4
5 Moore, Sarah	Glebe Colleg	23:20.00	5
6 Wong, Annika	Canterbury - Ottawa	23:35.00	6

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

7	Barrett, Suzannah	Glebe Colleg	24:23.20	7
8	Lecox, Tia	John McCrae	24:28.90	8
9	Macintosh, Sarah	Glebe Colleg	24:48.30	9
10	Gay, Elizabeth	Redeemer Chr	24:57.70	10
11	Mason, Kate	Nepean H.S.	25:08.00	11
12	Loiselle, Melanie	All Saints - Ottawa	25:09.30	12
13	Schenk, Josilyn	Ashbury Coll	25:19.90	13
14	Brazeau, Sarah	Béatrice-Desloges	25:24.90	14
15	McDonald, Caitlin	South Carlet	25:25.60	15
16	Ng, Natara	Lisgar C.I.	26:11.90	16
17	Doyle, Jenna	Sir Robert B	26:17.80	17
18	Hammel, Madison	Merivale HS	26:19.10	18
19	Rioflorido, Julia	All Saints - Ottawa	26:36.70	19
20	Hanna, Kebedom	Longfields D	26:41.70	20
21	Buhrmann, Elise	Redeemer Chr	26:50.60	21
22	Mouser, Lauren	Glebe Colleg	26:57.30	22
23	Fulton, Julia	Franco-Cite	27:03.00	23
24	Edwards, Talia	Gisèle-Lalon	27:22.80	24
25	Villeneuve, Hannah	Redeemer Chr	27:25.80	25
26	Currier, Mackenzie	Canterbury - Ottawa	27:30.50	26
27	Matassa, Emma	Gisèle-Lalon	27:38.60	27
28	Tynski, Laureenne	All Saints - Ottawa	27:44.60	28
29	Lamprecht, Carmen	All Saints - Ottawa	27:46.90	29
30	Macleod, Ariana	All Saints - Ottawa	27:47.50	30
31	Hudson, Mallory	St. Michael	27:48.80	31
32	Charland, Danielle	St. Michael	27:56.80	32
33	Sjolund, Zoe	Sir Robert B	27:58.40	33
34	Zhou, Emily	Canterbury - Ottawa	28:01.60	34
35	Duguay, Celeste	Béatrice-Desloges	28:02.20	35
36	Houle, Catherine	Béatrice-Desloges	28:40.40	36

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

37	Zhu, Lynn	Lisgar C.I.	28:44.10	37
38	Pawlikowski, Maja	All Saints - Ottawa	28:54.10	38
39	Pelletier, Olivia	Mother Teres	28:54.70	39
40	Peres, Corina	Glebe Colleg	29:12.00	40
41	Cossette, Marianne	Béatrice-Desloges	29:31.10	41
42	Grakist, Arielle	West Carleto	30:01.80	42
43	Wong, Emily	All Saints - Ottawa	30:26.40	43
44	Ashli, Au	Longfields D	30:28.20	44
45	Charland, Dominique	St. Michael	30:41.60	45
46	Perez, Emily	All Saints - Ottawa	30:57.50	46
47	Cooper, Paulina	Glebe Colleg	31:22.10	47
48	Deslauriers-Labbé, Magal	Garneau	31:22.70	48
49	Dehghani, Shaliz	John McCrae	31:23.90	49
50	Campeau, Claire	St. Michael	31:25.70	50
51	Gauthier, Sara	Garneau	31:28.60	51
52	Riopelle, Camille	Béatrice-Desloges	31:46.20	52

....Event 7 Girls 5k Run CC Senior

53	Mesmous, Khawla	Ridgemont HS	32:12.10	53
54	Pawlisz, Maja	Ashbury Coll	33:01.50	54
55	Rikhtegar, Hope	Ashbury Coll	33:20.50	55
56	Albert, Layne	All Saints - Ottawa	33:37.30	56
57	Zubyck, Gabrielle	Béatrice-Desloges	33:37.70	57
58	Dickson, Sarah	Nepean H.S.	34:27.90	58
59	Mathers, Kira	Sir Robert B	34:32.00	59
60	Kasdorf, Sophie	South Carlet	34:41.50	60
61	Cates, Ashley	South Carlet	34:43.10	61
62	Pilon, Isabelle	Nepean H.S.	35:01.80	62
63	Inship-Shesnicky, Lily	Canterbury - Ottawa	35:17.90	63

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

64	Blaiklock, Charlotte	South Carlet	35:29.70	64
65	Broeker, Courtney	Ridgemont HS	35:37.50	65
66	Miller, Abbey	All Saints - Ottawa	35:44.50	66
67	Bosch, Sylvia	Sir Robert B	35:57.20	67
68	Chisholm, Emily	South Carlet	36:17.50	68
69	King Gills, Sophia	Nepean H.S.	37:08.20	69
70	Hayden, Taylor	Nepean H.S.	37:09.80	70
71	McCarthy, Georgia	Esc Paul-Des	37:42.70	71
72	Purdie, Melissa	Esc Paul-Des	37:43.40	72
73	Macwan, Angel	All Saints - Ottawa	38:00.60	73
74	Miller, Emma	St. Michael	38:03.00	74
75	Berti, Caralynn	Redeemer Chr	38:03.80	75
76	Ellens, Nicolette	Redeemer Chr	38:04.80	76
77	Nguyen, Violet	Ridgemont HS	38:20.00	77
78	Naftel, Miranda	Redeemer Chr	38:20.00	78

Team Scores

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Rank Team                Total    1    2    3    4    *5    *6    *7    *8
*9
=====
=====
  1 Glebe Collegiate - Otta A    43    5    7    9    22
    Total Time:  1:39:28.80
    Average:     24:52.20
  2 All Saints - Ottawa A      88   12   19   28   29
    Total Time:  1:47:17.50
    Average:     26:49.38
  3 Sir Robert Borden - Ott A  113    4   17   33   59
    Total Time:  1:51:49.90
    Average:     27:57.48
    
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Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

4 Béatrice-Desloges A	126	14	35	36	41
Total Time: 1:51:38.60					
Average: 27:54.65					
5 Canterbury - Ottawa	129	6	26	34	63
Total Time: 1:54:25.00					
Average: 28:36.25					
6 Redeemer Christian - Ot A	131	10	21	25	75
Total Time: 1:57:17.90					
Average: 29:19.48					

....Event 7 Girls 5k Run CC Senior

7 All Saints - Ottawa B	157	30	38	43	46
Total Time: 1:58:05.50					
Average: 29:31.38					
8 St. Michael - Kemptvill A	158	31	32	45	50
Total Time: 1:57:52.90					
Average: 29:28.23					
9 Nepean H.S. - Ottawa A	200	11	58	62	69
Total Time: 2:11:45.90					
Average: 32:56.48					
10 South Carleton - Ottawa A	200	15	60	61	64
Total Time: 2:10:19.90					
Average: 32:34.98					

Event 8 Boys 5k Run CC Senior

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Name	Year School	Finals	Points
=====			
1 Zanetti, Lucas	Sir Robert B	17:44.10	1

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

2	Alie-Lamarche, Andre	Gloucester H	17:56.00	2
3	Steele, Tommy	West Carleto	17:56.50	3
4	Fournier, Adrian	Franco-Cite	18:20.40	4
5	Morgan, Colin	Nepean H.S.	18:28.80	5
6	Cox, Will	Colonel By S	18:42.50	6
7	Pegrum, Devon	Sir Robert B	18:57.90	7
8	Black, Micah	Glebe Colleg	19:28.40	8
9	Price, Jacob	Sir Robert B	19:33.20	9
10	Graham, Hugh	Ashbury Coll	19:43.00	10
11	Thebaud, Arthur	Nepean H.S.	19:48.10	11
12	Holton, Leo	Lisgar C.I.	19:48.70	12
13	Nicolle, Sebastien	Nepean H.S.	20:05.50	13
14	Gould, Chase	Merivale HS	20:10.60	14
15	Pensom, Jack	Glebe Colleg	20:15.50	15
16	Martin, Rylan	Lisgar C.I.	20:16.00	16
17	Finn, James	Béatrice-Desloges	20:16.70	17
18	Vandenbergh, Luke	Mother Teres	20:29.20	18
19	Morris, Henry	Glebe Colleg	20:33.10	19
20	Jean-Charles, Xavier	Redeemer Chr	21:01.40	20
21	Lane, Tom	Glebe Colleg	21:14.30	21
22	Omura, Tommy	Glebe Colleg	21:21.70	22
23	Léger, Zacharie	Franco-Cite	21:25.60	23
24	Poole, Jared	Sir Robert B	21:31.80	24
25	Valiquette, Alex	Ashbury Coll	21:35.90	25
26	Johnston, Liam	Merivale HS	21:48.60	26
27	McRenolds, David	Gisèle-Lalon	22:05.80	27
28	Shouldice, Reid	West Carleto	22:06.60	28
29	Cantwell, Weston	All Saints - Ottawa	22:06.70	29
30	Tanoka, Kei	All Saints - Ottawa	22:07.40	30
31	Sabourin, Nicolas	Esc Paul-Des	22:08.90	31

Gryphon Open - 2017-09-27
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Rankings

32	Liuzzo, Reece	Mother Teres	22:11.00	32
33	Frigault, Cade	John McCrae	22:28.20	33
34	Bak, Joey	Nepean H.S.	22:34.60	34
35	David, Wallace	Longfields D	22:36.60	35
36	Cadieux, Alexandre	Béatrice-Desloges	22:41.20	36
37	Turpin, Nicholas	Ashbury Coll	22:43.90	37
38	Johnston Nielson, Brady	Sir Robert B	22:49.60	38
39	McPhail, Hunter	Sir Guy Carl	22:53.40	39
40	Nathanael, Wondewosson	Franco-Ouest	22:54.20	40
41	Arthur, Brian	West Carleto	23:35.30	41
42	Bejany, Jonah	Bishop Smith	23:37.40	42
43	Gilroy, Sam	Colonel By S	23:41.90	43
44	Basilio, Josiah	All Saints - Ottawa	23:43.10	44
45	Hayden, Mitchell	Glebe Colleg	23:47.60	45
46	Whyte, Jason	Hillcrest - Ottawa	23:56.20	46
47	Hradecky, Matt	John McCrae	24:02.00	47
48	Turpin, Christiane	Merivale HS	24:16.10	48
49	Waytowich, Sam	St. Michael	24:17.80	49
50	Brown, Darren	West Carleto	24:35.20	50
51	Isla, Adrian	St. Pius X C.H.S.	24:36.60	51
52	Coulombe, Anthony	Béatrice-Desloges	25:09.70	52

....Event 8 Boys 5k Run CC Senior

53	Walton, Liam	Merivale HS	25:11.00	53
54	Pelchat, Thomas	École élémen	25:41.40	54
55	Lindale, Thomas	St. Pius X C.H.S.	25:49.60	55
56	Eom, Yoonjae	Glebe Colleg	26:09.80	56
57	Fujikawa, Takeaki	Ashbury Coll	26:10.40	57
58	Kurtis, Adams	Longfields D	26:13.60	58

Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

59 Melville, Connor	Sir Guy Carl	26:18.10	59
60 Tran, Khai	Merivale HS	26:34.10	60
61 Chartrand, Alexi	Béatrice-Desloges	27:00.00	61
62 Imanzi, Frank	Franco-Ouest	27:13.30	62
63 Walker, Dawson	All Saints - Ottawa	27:18.90	63
64 Trau, Vincent	Béatrice-Desloges	27:30.90	64
65 Abgore, Nadir	St. Pius X C.H.S.	27:39.20	65
66 Jones, Eric	West Carleto	28:11.40	66
67 Pizza, Santiago	St. Pius X C.H.S.	28:27.30	67
68 Frenette, Nicolas	John McCrae	28:37.00	68
69 Binotto, Josh	All Saints - Ottawa	28:40.70	69
70 Mitric, Nikola	Sir Robert B	29:00.30	70
71 Zannese, Kevin	All Saints - Ottawa	29:01.10	71
72 Reid, Caleb	All Saints - Ottawa	30:33.90	72
73 Stackpole, Dylan	West Carleto	30:45.10	73

Team Scores

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Rank Team                Total   1    2    3    4   *5   *6   *7   *8
*9
=====
=====
1 Sir Robert Borden - Ott A    41    1    7    9   24
   Total Time:  1:17:47.00
   Average:     19:26.75
2 Glebe Collegiate - Otta A    63    8   15   19   21
   Total Time:  1:21:31.30
   Average:     20:22.83
3 Nepean H.S. - Ottawa         63    5   11   13   34
   Total Time:  1:20:57.00
   Average:     20:14.25
    
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Gryphon Open - 2017-09-27
Terry Fox Athletic Facility / Mooney's Bay
Rankings

4 West Carleton - Dunrobi A	122	3	28	41	50
Total Time: 1:28:13.60					
Average: 22:03.40					
5 Ashbury College - Ottawa	129	10	25	37	57
Total Time: 1:30:13.20					
Average: 22:33.30					
6 Merivale HS - Ottawa A	141	14	26	48	53
Total Time: 1:31:26.30					
Average: 22:51.58					
7 All Saints - Ottawa A	166	29	30	44	63
Total Time: 1:35:16.10					
Average: 23:49.03					

....Event 8 Boys 5k Run CC Senior

8 Béatrice-Desloges A	166	17	36	52	61
Total Time: 1:35:07.60					
Average: 23:46.90					
9 St. Pius X C.H.S.	238	51	55	65	67
Total Time: 1:46:32.70					
Average: 26:38.18					