

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****Women 300 Meter Dash**

Name	Year School	Seed	Finals	H#
Finals				
1 Okpali, Favour	Western Mustangs	40.60	40.98	1
2 Wallace, Tieghan	Western Mustangs	42.00	42.00	2
3 Nedd, Dominique	Laurier Gold	41.25	42.53	1
4 Bond, Kennedy	Western Mustangs	43.00	43.18	3
5 Fernandez, Brielle	Waterloo Warriors	43.50	44.61	4
6 Watchorn, Lara	Windsor Lancers	42.90	44.85	3
7 Jarvis, Madison	Western Mustangs	43.50	46.54	3
8 Guerin, Tati	Laurier Gold	46.00	52.19	4
9 Chung, Zoe	York Lions		54.97	4

Women 600 Meter Run

Name	Year School	Seed	Finals	H#
1 Agostinelli, Julia	Guelph Gryphons	1:38.00	1:39.33	1
2 Rauliuk Dunn, Eirlys	Guelph Gryphons	1:38.00	1:39.86	1
3 Watson, Stephanie	Toronto Vars	1:38.00	1:40.29	1
4 Hendrikkx, Olivia	Queen's Gaels	1:41.00	1:41.34	2
5 Haron, Erini	Queen's Gaels	1:42.00	1:42.51	2
6 Jarvis, Madison	Western Mustangs	1:38.00	1:42.59	2
7 Karn, Olivia	Toronto Vars	1:38.00	1:45.24	1
8 Rajah, Samantha	York Lions	1:44.00	1:48.17	2
9 Durso, Olivia	York Lions	1:44.00	1:48.70	3
10 Parks, Kara	Queen's Gaels	1:47.00	1:49.28	3
11 Shetty, Teertha	Waterloo Warriors	1:48.00	1:55.83	3

Women 1000 Meter Run

Name	Year School	Seed	Finals	H#
1 Ormond, Cameron	Guelph Gryphons	2:54.00	2:53.49	1
2 Mrozewski, Kristen	Laurentian V	3:04.00	3:02.92	1
3 Quanz, Samara	Windsor Lancers	2:58.00	3:03.15	1
4 Davis, Haley	Guelph Gryphons	3:04.00	3:03.45	1
5 Bullock, Madelyn	Queen's Gaels	3:05.00	3:03.84	1
6 Booth, Sarah	Laurentian V	3:04.00	3:04.14	1
7 Rasowski, Patricia	York Lions	3:08.00	3:07.69	1
8 Taylor, Katherine	Queen's Gaels	3:10.00	3:08.95	2
9 Murrell, Avery	Toronto Vars	3:12.00	3:09.82	2
10 Macsai, Lauren	Brock Badgers	3:13.00	3:17.98	2
11 Adamo, Robyn	Brock Badgers	3:22.00	3:23.26	2
12 Valentini, Ashley	Laurentian V	3:25.00	3:23.80	2
13 Green, Anna-Kay	York Lions	5:25.00	3:25.82	2
14 Macsai, Cori	Brock Badgers	3:25.00	3:33.94	2
15 Abbass, Sarah	York Lions	3:35.00	3:39.23	2
-- Rauliuk Dunn, Eirlys	Guelph Gryphons	2:54.00	DNF	1

Women 1500 Meter Run

Name	Year School	Seed	Finals
1 Esposito, Christina	Toronto Vars	4:38.00	4:39.99

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****...Women 1500 Meter Run**

2	Goddard, Tamara	Queen's Gaels	4:45.00	4:53.11
3	Burke, Zoe	Western Mustangs	4:45.00	4:53.15
4	Graham, Emma	Queen's Gaels	4:50.00	4:53.76
5	Symon, Ella	Waterloo Warriors	4:55.00	4:54.78
6	Robinson, Catie	Guelph Gryphons	5:05.00	4:56.62
7	Huggins, Dallyssa	Ryerson Rams	5:00.00	5:11.95
8	Peters, Laura	York Lions	5:09.00	5:14.79
9	Schindler, Nicole	Waterloo Warriors	5:15.00	5:15.74
10	Mozzon, Angela	Laurentian V	5:10.00	5:16.44
11	Valentini, Ashley	Laurentian V	5:25.00	5:18.06
12	Sinclair, Ashley	Laurier Gold	5:30.00	5:19.39
13	Schouten, Alison	Laurier Gold	5:35.00	5:39.53
--	Shukla, Jazz	Toronto Vars	4:30.00	DNF

Women 3000 Meter Run

Name	Year	School	Seed	Finals
1	Roussel, Olivia	Guelph Gryphons	10:05.00	9:59.06
2	Plouvier, Manon	Queen's Gaels	10:00.00	10:06.96
3	Yantha, Laura	Queen's Gaels	10:00.00	10:09.90
4	Guga, Sandra	Guelph Gryphons	10:20.00	10:12.04
5	Luedke, Sarah	Toronto Vars	10:10.00	10:20.28
6	Eastwood, Gabby	Guelph Gryphons	10:30.00	10:26.26
7	Levasseur, Sophie	Toronto Vars	10:20.00	10:39.89
8	Boston, Ej	Toronto Vars	10:20.00	10:52.67
9	Beach, Nicole	Laurier Gold	10:45.00	11:03.62

Women 4x200 Meter Relay

School	Seed	Prelims	H#
Preliminaries			
1 Western Mustangs 'A'	1:46.14	1:45.09q	2
1) Watson, Rachel			
3) Keast, Taya			
2 Toronto Varsity Blues 'A'	1:44.00	1:46.53q	1
1) Martin, Elizabeth			
3) Jovic, Helena			
3 Windsor Lancers 'A'		1:46.60q	1
1) Lamorie, Taryn			
3) Fritzley, Emily			
4 York Lions 'A'	1:44.00	1:48.78q	2
1) Harris, Kimora			
3) Quaidoo, Alexandra			

Women 4x200 Meter Relay

School	Prelims	Finals
Finals		
1 Western Mustangs 'A'	1:45.09	1:45.32
2 York Lions 'A'	1:48.78	1:47.52

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****Women 4x400 Meter Relay**

School	Seed	Finals
1 Guelph Gryphons 'A'	4:10.00	4:07.65
1) Agostinelli, Julia	2) Davis, Haley	
3) Ormond, Cameron	4) Rauliuk Dunn, Eirlys	
2 Queen's Gaels 'A'	4:00.00	4:18.32
3 Queen's Gaels 'B'	4:10.00	4:41.30
-- Toronto Varsity Blues 'A'	4:05.00	DNF
1) Watson, Stephanie	2) Karn, Olivia	
3) Boutin, Julia	4) Esposito, Christina	

Women High Jump

Name	Year School	Seed	Finals
1 Dale, Emma	Toronto Vars		1.71m
1.56 1.61 1.66 1.71 1.74			
O O O XXO XXX			
2 Willett, Bella	Toronto Vars		1.66m
1.61 1.66 1.71			
XO XO XXX			
3 Alton, Arabella	Guelph Gryphons	1.67m	J1.66m
1.56 1.61 1.66 1.71			
O XO XXO XXX			
4 Henneberry, Samantha	York Lions	1.60m	1.56m
1.46 1.51 1.56 1.61			
O O XO XXX			
4 Johannink, Tara	Western Mustangs	1.60m	1.56m
1.51 1.56 1.61			
O XO XXX			
6 Parker, Rebecca	Western Mustangs	1.69m	J1.56m
1.51 1.56 1.61			
XO XXO XXX			
6 Vlasman, Sammi	Western Mustangs	1.50m	J1.56m
1.51 1.56 1.61			
XO XXO XXX			
8 Dunn, Livia	Windsor Lancers	1.50m	1.36m
1.31 1.36 1.41			
O XXO XXX			

Women Pole Vault

Name	Year School	Seed	Finals
1 Rodney, Mia	Guelph Gryphons	3.90m	4.08m
2 Magoffin, Katy	Western Mustangs		3.80m
3 Elizarov, Jennifer	Guelph Gryphons	3.70m	3.70m
4 Kralik, Ema	Windsor Lancers	3.50m	3.60m
4 Boxer, Sophie	Guelph Gryphons	3.40m	3.60m
6 Petkovic, Zoe	Toronto Vars		3.50m
7 Walsh, Bryn	Toronto Vars		3.35m
7 Verhoeve, Marly	Guelph Gryphons	3.40m	3.35m
7 Miller, Quinn	Toronto Vars		3.35m
10 Walker, Olivia	Western Mustangs		3.20m
10 Skipp, Phoebe	Western Mustangs		3.20m

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****...Women Pole Vault**

-- Rizzo, Christy	Windsor Lancers	3.50m	NH
-- Lam, Lynton	Guelph Gryphons	3.80m	NH

Men 300 Meter Dash

Name	Year School	Seed	Finals	H#
1 Zenebe, Yonathan	York Lions	35.85	35.82	1
2 Duckman, Josh	Western Mustangs	36.03	35.92	2
3 Menzies, Robbie	Western Mustangs	36.07	36.11	3
4 Hehn, Nathan	Waterloo Warriors	35.90	36.38	1
5 Williams, Nick	Western Mustangs	36.50	36.77	3
6 Edgar, James	Western Mustangs	37.00	36.89	4
7 Smith, Ben	Waterloo Warriors	36.50	36.91	3
8 Kelly, Aaron	Ryerson Rams	36.96	37.40	4
9 Waldmann, Noah	Windsor Lancers	36.05	37.44	2
10 Ladha, Vahaab	Laurier Gold	37.10	37.63	5
11 Henok, Felimon	Ryerson Rams	37.37	37.78	5
12 Maxey, Nathan	Windsor Lancers	37.10	38.17	5
13 Moustafa, Ibrahim	York Lions	37.50	38.49	6
14 Senecal, Zach	Windsor Lancers	37.65	38.81	7
15 Parkins, Aiden	Waterloo Warriors	38.00	39.11	7
16 Clarke, Caleb	Western Mustangs	37.50	39.17	6
17 Pineda, Nathan	York Lions	38.00	39.87	7
18 Bao, Richard	Waterloo Warriors	39.80	41.41	8

Men 600 Meter Run

Name	Year School	Seed	Finals	H#
1 Nandlal, Marcus	Toronto Vars	1:21.00	1:21.84	1
2 Petersen, Michael	Western Mustangs	1:21.00	1:22.02	1
3 Aidoo, Moses	Toronto Vars	1:23.50	1:22.79	1
4 LeBlanc, Andrew	Guelph Gryphons	1:21.50	1:23.07	1
5 Gage, Henry	McMaster Marauders	1:21.00	1:23.24	1
6 Mulkewich, Noah	McMaster Marauders	1:23.50	1:24.57	2
7 Stamadianos, Chris	Toronto Vars	1:25.00	1:25.61	3
8 Adeli, Kevin	Western Mustangs	1:24.20	1:25.70	2
9 Gelber, Mathias	Toronto Vars	1:24.00	1:25.74	2
10 Costa, Philip	York Lions	1:24.00	1:25.84	2
11 Warren, Alexander	Western Mustangs	1:24.00	1:26.22	2
12 Cidade, Brandon	York Lions	1:24.00	1:26.41	2
13 Van Dorp, Casey	Laurier Gold	1:25.00	1:26.44	3
14 Were, Ryan	McMaster Marauders	1:25.50	1:27.22	3
15 D'Cruz, Ethan	York Lions	1:30.00	1:36.33	3
-- Ryan, Alanzo	Guelph Gryphons	1:21.00	DNF	1

Men 1000 Meter Run

Name	Year School	Seed	Finals	H#
1 Schmidt, Adam	Guelph Gryphons	2:26.00	2:28.00	1
2 Delaney, Kalum	Guelph Gryphons	2:31.50	2:31.35	1
3 McKenzie, Brock	Guelph Gryphons	2:30.00	2:31.39	1
4 Rachner, Christian	Guelph Gryphons	2:29.00	2:34.42	1

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****...Men 1000 Meter Run**

5	Clarke, Winston	Western Mustangs	2:35.00	2:37.67	2
6	Mawhinney, Luke	Windsor Lancers	2:35.00	2:37.74	2
7	Abdullahi, Abdullahi	York Lions	2:35.00	2:37.83	2
8	Jude, Jerome	Toronto Vars	2:33.00	2:38.26	1
9	Taylor, Andrew	Windsor Lancers	2:35.00	2:39.27	2
10	Tiessen, Jacques	Brock Badgers	2:37.00	2:39.49	2
11	Rutledge, Davis	Laurier Gold	2:34.00	2:40.45	1
12	Ligtenberg, Christian	Brock Badgers	2:37.00	2:40.86	2
13	Neri, Nick	Windsor Lancers	2:37.00	2:43.12	2
14	Scott, Ethan	Laurier Gold	2:40.00	2:44.65	2
15	Radovich, Ronan	Windsor Lancers	2:44.00	2:45.52	3
16	Hill, Eric	Laurier Gold	2:32.00	2:45.53	1
17	Traynor, Sebastian	Windsor Lancers	2:40.00	2:46.86	2
18	Iannarelli, Isaac	Brock Badgers	2:45.00	2:47.84	3
19	Lockley, Keegan	Laurentian V	2:52.00	2:53.64	3
20	Vincent, Ryan	Laurentian V	2:55.00	2:53.86	3
21	Ring, Hayden	Laurentian V	3:01.21	2:59.46	3
22	Kalab, Adam	Laurentian V	3:04.11	3:05.54	3
23	Rowles, Tyler	Laurentian V	3:01.00	3:08.36	3
24	Krever, Magnus	Laurier Gold	3:10.00	3:14.90	3

Men 1500 Meter Run

Name	Year	School	Seed	Finals	H#
1	Taylor, Chris	Toronto Vars	3:52.00	3:59.06	1
2	Brackenbury, Miles	Queen's Gaels	3:57.00	3:59.92	1
3	Raftis, Brandon	Toronto Vars	3:59.00	4:01.22	1
4	Mlynczyk, Anton	Toronto Vars	4:04.00	4:04.16	1
5	St. Jules, Maxime	York Lions	4:02.00	4:06.08	1
6	Clayton, Adam	Toronto Vars	3:59.00	4:10.42	1
7	Reimer, Nicholas	Brock Badgers	4:12.00	4:14.32	2
8	Broekhuyse, Alex	Western Mustangs	4:04.00	4:14.32	1
9	Fishbein-Ouimette, Alexa	Laurentian V	4:15.00	4:15.18	2
10	Kachalia, Rahil	Laurier Gold	4:10.00	4:15.77	2
11	Hammell, Phillip	York Lions	4:08.00	4:16.85	2
12	Stratmoen, Alexander	Waterloo Warriors	4:15.00	4:21.45	2
13	Lysack, Jonathan	Waterloo Warriors	4:15.00	4:21.97	2
14	Aikman, Luke	Laurier Gold	4:10.00	4:28.14	2
15	Basso, Christopher	York Lions	4:30.00	4:38.24	2
16	Fowler, Davis	Brock Badgers	4:30.00	4:41.77	2
--	Nowbotsing, Rohan	Toronto Vars	3:52.00	DNF	1
--	Brar, Dilan	Toronto Vars	3:59.00	DNF	1

Men 3000 Meter Run

Name	Year	School	Seed	Finals
1	Rioux, Jonathan	Windsor Lancers	8:37.00	8:42.92
2	Huras, Adam	Waterloo Warriors	8:45.00	8:45.51
3	Gage, Henry	McMaster Marauders	9:00.00	9:14.21
4	Gazaille, Tristan	Queen's Gaels	9:10.00	9:31.36
5	Date, Cameron	Laurentian V	9:15.00	9:34.05
6	Fitzgerald, Liam	Windsor Lancers	9:07.00	9:47.53
7	Lambert, Nicholas	Laurentian V	9:15.00	9:48.92

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****...Men 3000 Meter Run**

8 Ritchie, Cullen	Ryerson Rams	9:00.00	9:58.97
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Men 60 Meter Hurdles Heptathlon

Name	Year School	Seed	Finals
1 Hendricks-Polack, Jared	Western Mustangs		8.77
2 Evans, Ryan	Western Mustangs		8.93
3 Cameron, Quinn	Western Mustangs		9.05
4 Collins, Isaiah	Western Mustangs		9.20

Men 4x200 Meter Relay

School	Seed	Prelims	H#
Preliminaries			
1 Windsor Lancers 'A'		1:32.61q	2
2 York Lions 'A'	1:29.00	1:32.79q	1
1) Zenebe, Yonathan	2) Hume, Jaxon		
3) Richards, Matthew	4) Jackson, Kejean		
3 Western Mustangs 'A'	1:32.27	1:33.02q	1
1) Colling, Alex	2) Hostetter, Nathan		
3) Williams, Nick	4) Rioux, Kyle		
4 Waterloo Warriors 'A'	1:30.20	1:33.80q	3
1) Onyemah, Immanuel	2) Hehn, Nathan		
3) Smith, Ben	4) Demelo-Knapp, Dan		
5 York Lions 'B'	1:31.05	1:34.65q	3
1) Osakue, Ian	2) Moustafa, Ibrahim		
3) Taffese, Nathaniel	4) Karangwa, Kwame		
6 Toronto Varsity Blues 'A'	1:33.00	1:35.25q	1
1) Reyes, Cameron	2) Julien, Akil		
3) Malik, Zaid	4) Tang, Brandon		
7 Windsor Lancers 'B'		1:36.22q	2
8 York Lions 'C'	1:33.05	1:36.38q	2
1) Blake, Roshane	2) Downs, Champion		
3) Makcemus, Markmeena	4) Akintade, Richards		
9 York Lions 'D'	1:35.00	1:42.33q	3
1) Adegaye, Sydney	2) Van Den Driesschen, Lucas		
3) Vickers, Ryan	4) Chung, Owen		

Men 4x200 Meter Relay

School	Prelims	Finals
Finals		
1 Waterloo Warriors 'A'	1:33.80	1:32.21
2 York Lions 'A'	1:32.79	1:32.61
3 Toronto Varsity Blues 'A'	1:35.25	1:34.68
4 York Lions 'B'	1:34.65	1:36.43

Men 4x400 Meter Relay

School	Seed	Finals
1 Toronto Varsity Blues 'A'	3:28.00	3:29.08

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****...Men 4x400 Meter Relay**

2 Windsor Lancers 'A'	3:20.15	3:32.76
1) McPhee, Ian	2) Tilson, Ben	
3) Gracie-Krilow, Ben	4) Grainger, Jacob	
3 Waterloo Warriors 'A'	3:26.50	3:49.06
1) Onyemah, Immanuel	2) Clark, Liam	
-- Western Mustangs 'A'	3:26.29	DNF
1) Duckman, Josh	2) Warren, Alexander	
3) Adeli, Kevin	4) Petersen, Michael	

Men 4x800 Meter Relay

School	Seed	Finals
1 Laurier Golden Hawks 'A'	8:20.00	8:42.80
1) Hill, Eric	2) Van Dorp, Casey	
3) Scott, Ethan	4) Rutledge, Davis	

Men High Jump

Name	Year School	Seed	Finals
1 Grout, Aiden 2.02 2.10 O XXX	Toronto Vars		2.02m
2 Keeling, Caleb 1.92 1.97 2.02 O O XXX	Windsor Lancers	2.02m	1.97m
2 McGregor, Mason 1.82 1.87 1.92 1.97 2.02 O O O O XXX	Toronto Vars		1.97m
4 Gilmore, Corey 1.87 1.92 1.97 2.02 XO XO XO XXX	Western Mustangs	1.95m	J1.97m
4 Dommasch, Noah 1.82 1.87 1.92 1.97 2.02 O O O XO XXX	Guelph Gryphons	1.90m	J1.97m
6 Vanzeumeren, Eric 1.77 1.82 1.87 O O XXX	Western Mustangs	1.85m	1.82m
6 deBlois, Corbin 1.82 1.87 O XXX	Guelph Gryphons	1.95m	1.82m
8 Cruz, Ethan 1.72 1.77 1.82 1.87 XO O XXO XXX	Western Mustangs	1.85m	J1.82m
9 Robinson, Ethan 1.67 1.72 1.77 O O XXX	Windsor Lancers	1.80m	1.72m
-- Kellier, Cai 1.82 X	Windsor Lancers	1.85m	NH

Fred Foot 2022 - 2/26/2022**University of Toronto****Results****Men Pole Vault Heptathlon**

Name	Year School	Seed	Finals
1 Cameron, Quinn	Western Mustangs		4.10m
2 Evans, Ryan	Western Mustangs		3.90m
3 Collins, Isaiah	Western Mustangs		3.80m
4 Hendricks-Polack, Jared	Western Mustangs		3.70m

Men Pole Vault

Name	Year School	Seed	Finals
1 Mechler, Nathaniel	Western Mustangs	4.87m	4.92m
1 Parker, Nojah	Windsor Lancers	4.80m	4.92m
3 Anger, Aidan	Guelph Gryphons	4.50m	4.72m
4 Woods, Bennett	Guelph Gryphons	4.60m	4.62m
5 McRae, Liam	Toronto Vars		4.27m
6 Lemon, Ben	Guelph Gryphons	4.15m	4.12m
7 Dommasch, Noah	Guelph Gryphons		3.37m
-- Shaw, Nick	Western Mustangs		NH