

**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****Event 6 Boys 6900 Meter Run CC Senior Boys**

Name	Year	School	Finals	Points
1 Stoppa, Jonathan		Mvdhs-Barry'Sbay	21:12.53	1
2 Flood , Matt		Bayridge - Kingston	21:31.06	2
3 Drover, Alex		Kingston - Kingston	22:15.53	3
4 Sagriff, Paul		Rnd - Kingston	22:20.17	4
5 Loebel , Cailan		Ngdhs-Kemptville	22:22.40	5
6 Rafuse , Carter		Tiss- Brockville	22:28.15	6
7 Csisztu , Thomas		Esjl - Pembroke	23:05.48	7
8 Hickey , Matt		Ndhs-Carleton Pl	23:12.03	8
9 Frymire, Noah		Kingston - Kingston	23:27.06	9
10 Free, Carter		Napanee - Napanee	23:27.90	10
11 Bauerschmidt , Nicholas		Valour - Petawawa	23:33.63	11
12 Thomas , Henry		Valour - Petawawa	23:49.98	12
13 Bates , Paul		Rnd - Kingston	24:00.89	13
14 Rowlatt , Jack		Fss	24:12.06	14
15 Desjardins , Brayden		Tiss- Brockville	24:14.52	15
16 Saal , Adam		Esjl - Pembroke	24:16.96	16
17 Bryanton , Andrew		Valour - Petawawa	24:18.11	17
18 Taylor, Max		Hccss - Kingston	24:23.02	18
19 Westbrook, Gavin		Rockland - Rockland	24:27.43	19
20 Santini, Julien		Esrh- Hawkesbury	24:27.87	20
21 Guyon , Julien		Rnd - Kingston	24:42.40	21
22 Laidman , Brennan		Fss	24:45.76	22
23 Graham , Connor		Fellowes - Pembroke	24:46.36	23
24 Frampton , Johnathan		Valour - Petawawa	24:50.19	24
25 Sanderson, Isaac		Sydenham - Sydenham	24:53.08	25
26 Osborne , Charles		Valour - Petawawa	24:57.82	26
27 Ricketts , Dustin		Sfdci-Smithsfall	24:58.96	27
28 Bellamy , Ben		Pdci - Perth	25:05.65	28
29 Badalato, Chase		Hccss - Kingston	25:11.59	29
30 Dillon , Cameron		Tiss- Brockville	25:13.37	30
31 Morin , Drew		Tiss- Brockville	25:18.07	31
32 Adair , Jake		Fss	25:20.82	32
33 Kissick , Brendan		Fss	25:29.53	33
34 Regnier , Noah		Esle - Rockland	25:35.24	34
35 Yoruk, Bertug		Kingston - Kingston	25:45.19	35
36 Gavin , Mason		Tiss- Brockville	25:50.84	36
37 McConkey, Jack		Rnd - Kingston	25:59.78	37
38 Loughlin , Brendan		Sydenham - Sydenham	26:02.06	38
39 Kipkie , Justin		Smchs-Kemptville	26:05.42	39
40 Shamess , Wyatt		Valour - Petawawa	26:08.84	40
41 Bravakis, Emmett		Hccss - Kingston	26:14.58	41
42 Lagace , Cameron		Valour - Petawawa	26:17.27	
43 Ricketts , Austin		Sfdci-Smithsfall	26:22.49	42
44 Bilton , Ryan		Rideau - Elgin	26:26.61	43
45 Workman, Greame		Kingston - Kingston	26:26.85	44
46 Carren , Dayne		Tiss- Brockville	26:29.70	45
47 Lambert , Thomas		Sydenham - Sydenham	26:38.58	46
48 Thomas , Daniel		Valour - Petawawa	26:40.22	
49 Burchill , Mason		Esle - Rockland	26:42.22	47
50 Herbert, Matthew		Arnprior - Arnprior	26:42.66	48
51 Hall , Reid		Renfrew - Renfrew	26:44.50	49
52 Payette , Jared		Tiss- Brockville	26:45.88	

[<<First Page] [[Previous Page](#)] [[Next Page](#)>] [[Last Page](#)>>]

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 4:01 PM 10/27/2016 Page 2

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 6 Boys 6900 Meter Run CC Senior Boys**

53 Daniel , Cedric	Sfxchs-Hammond	26:54.49	50
54 Donis , Sebastian	Arnprior - Arnprior	26:55.22	51
55 DeGroote , Joel	Loyalist - Kingston	27:00.01	52
56 Hunt , Matt	Sydenham - Sydenham	27:01.26	53
57 Plumadore , Zachary	Esilh - Cornwall	27:08.54	54
58 Ascough , Josiah	Loyalist - Kingston	27:08.88	55
59 Johnston , Joshua	Sfdci-Smithsfall	27:12.02	56
60 Hunt, Ayrton	Hccss - Kingston	27:12.38	57
61 Elliot , Nicholas	Rnd - Kingston	27:13.91	58
62 Poirier, Jeremy	Esrh- Hawkesbury	27:17.97	59
63 York , Aydan	Tiss- Brockville	27:18.68	
64 Jackson , Curtis	Gss - Gananoque	27:19.88	60
65 VanPutten, Nathan	Htcss - Cornwall	27:20.34	61
66 Graydon , Tyler	Gss - Gananoque	27:21.15	62
67 Cowan , Sam	Tiss- Brockville	27:25.22	
68 Metzger , Jacob	Tagwi - Avonmore	27:34.75	63
69 McDonald, Alec	Esic - Cornwall	27:35.06	64
70 Rafuse , Lewis	Almonte - Almonte	27:36.68	65
71 Morand , Tom	Sfdci-Smithsfall	27:40.35	66
72 Condie, Marcus	Hccss - Kingston	27:44.46	67
73 Depaul, Gabe	Hccss - Kingston	27:47.77	68
74 Dion, Anthony	Esrh- Hawkesbury	27:53.13	69
75 Wilcox , Nicholas	Esle - Rockland	27:56.26	70
76 Yanosik , Justin	Sfdci-Smithsfall	27:57.12	71
77 Brithes, Vinnie	Kingston - Kingston	28:02.78	72
78 Howes , Derek	Gdhs- Alexandria	28:04.69	73
79 Walkden , Chris	Pdci - Perth	28:05.58	74
80 Bruce , Cameron	Fss	28:08.38	75
81 Barnett, Arden	Bci - Brockville	28:15.28	76
82 Raynaud , Cheyenne	Esils-Hawkesbury	28:25.25	77
83 File , Chris	Ngdhs-Kemptonville	28:26.21	78
84 McCoooye , Cole	Nddhs-Chesterville	28:29.26	79
85 Nobert , Matthew	Tagwi - Avonmore	28:33.94	80
86 McCauley, Fraser	Kingston - Kingston	28:39.82	81
87 Grant , Alex	Ngdhs-Kemptonville	28:43.37	82
88 Bourdeau, Vincent	Esic - Cornwall	28:52.55	83
89 Marier , Pace	Renfrew - Renfrew	28:54.55	84
90 Rogues, Robert	Hccss - Kingston	28:59.81	
91 Villeneuve, Mathew	Esrh- Hawkesbury	29:19.15	85
92 Devries, Nick	Tagwi - Avonmore	29:20.54	86
93 Campbell, Calin	Lsss - Kingston	29:24.77	87
94 Bryce , Justin	Tiss- Brockville	29:25.27	
95 Callan, Jorick	Esic - Cornwall	29:27.04	88
96 Keurentjies , Nathan	Gdhs- Alexandria	29:28.78	89
97 Poirier , Cameron	Gdhs- Alexandria	29:29.17	90
98 Doyle , Kevin	Gdhs- Alexandria	29:31.45	91
99 Merry, Angus	Rnd - Kingston	29:33.17	92
100 Summers , Noah	Gss - Gananoque	29:33.67	93
101 LeRoy , Callum	Almonte - Almonte	29:37.48	94

103	Leopard, Jacob	Seaway-Hawkesbury	29:42.27	96
104	O'Grady, Zack	Kingston - Kingston	29:44.10	
105	Gault, Calum	Napanee - Napanee	29:47.40	97
106	Haaque, Rayan	Kingston - Kingston	29:54.59	
107	Weedmark, Dalton	Tiss- Brockville	29:58.56	

[\[<<First Page\]](#) [\[<Previous Page\]](#) [\[Next Page>\]](#) [\[Last Page>>\]](#)

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 4:01 PM 10/27/2016 Page 3

## 2016 EOSSAA X-Country Championships - 10/27/2016

St. Michael CHS, Kemptville, ON

### Rankings

#### ....Event 6 Boys 6900 Meter Run CC Senior Boys

108	Armstrong, Jeffrey	Fellowes - Pembroke	29:59.44	98
109	Krzyzanowski, Andrew	Rnd - Kingston	30:08.10	
110	Kirkland, Dylan	Rnd - Kingston	30:09.50	
111	Rose, Matt	Rnd - Kingston	30:11.03	
112	Nowak, Nathan	Rnd - Kingston	30:11.89	
113	McKinnon, Tanner	Kingston - Kingston	30:12.53	
114	Freeland, John	Tagwi - Avonmore	30:15.69	99
115	Beaupre, Jordan	Tiss- Brockville	30:16.29	
116	Bourguignon, David	Escmr - Kingston	30:18.61	100
117	Gardner, Jordan	Fellowes - Pembroke	30:21.93	101
118	Posthumous, Derek	Kingston - Kingston	30:22.33	
119	Gartley, Colin	Tiss- Brockville	30:24.12	
120	Beaton, William	Tagwi - Avonmore	30:25.70	102
121	Hefnawi, Nizar	Kingston - Kingston	30:49.29	
122	Manley, William	Tagwi - Avonmore	30:49.75	103
123	Izumi, Taro	Cphs-Carleton Pl	30:50.94	104
124	Stass, Alex	E.S. L'Equinoxe	30:57.36	105
125	Shearman, Adrian	Almonte - Almonte	30:57.39	106
126	Reid, Travis	Hccss - Kingston	31:04.29	
127	Fleming, James	Pdci - Perth	31:07.67	107
128	Hepworth, Charlie	Fellowes - Pembroke	31:13.98	108
129	Frampton, Nathan	Valour - Petawawa	31:18.02	
130	Perry, Nick	Bci - Brockville	31:25.30	109
131	Beaumont, Johnathan	Eslh - Cornwall	31:29.17	110
132	Barber, Brendan	Renfrew - Renfrew	31:44.12	111
133	Chevrier, Jonathan	Eslc - Cornwall	31:53.57	112
134	Clarke-Howes, River	Gss - Gananoque	31:57.99	113
135	Childs, Andrew	Fss	32:08.01	114
136	Johnston, Stephen	Hccss - Kingston	32:15.41	
137	Duguay, Nicholas	Escmr - Kingston	32:16.10	115
138	Merkley, Liam	Sfdci-Smithsfall	32:54.25	116
139	Mubalamata, Jordan	Esle - Rockland	33:19.88	117
140	Fournier, Bradley	Pdci - Perth	33:37.27	118
141	Penaz-Nunez, Victor	Lsss - Kingston	34:19.94	119
142	Summerby, John	Fellowes - Pembroke	34:37.89	120
143	Vigne, Eddie	Sfxchs-Hammond	35:01.82	121
144	Kreft, Matthew	Russell - Russell	35:07.29	122
145	Jefferies, Liam	Arnprior - Arnprior	35:14.86	123
146	Van Den Kerkhof, Nick	Gss - Gananoque	36:47.07	124
147	Rubio-Diaz, Alejandr	Renfrew - Renfrew	37:08.82	125
148	Greer, Jared	Sfdci-Smithsfall	38:25.35	
149	Chapelle, Ian	Escmr - Kingston	38:51.70	126
150	Levesque, Jared	Russell - Russell	38:53.19	127

151 Julius, Carter                      Fellowes - Pembroke      38:59.22    128

Team Scores

```

=====
Rank Team                               Total   1    2    3    4   *5   *6   *7   *8   *9
=====

```

[\[<<First Page\]](#) [\[<Previous Page\]](#) [\[Next Page>\]](#) [\[Last Page>>\]](#)

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 4:01 PM 10/27/2016 Page 4

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 6 Boys 6900 Meter Run CC Senior Boys**

1	Valour - Petawawa	64	11	12	17	24	26	40
	Total Time: 1:36:31.91							
	Average: 24:07.98							
2	Regiopolis-Notre Dame-Kin	75	4	13	21	37	58	92
	Total Time: 1:37:03.24							
	Average: 24:15.81							
3	Thousand Islands - Brockv	82	6	15	30	31	36	45
	Total Time: 1:37:14.11							
	Average: 24:18.53							
4	Kingston - Kingston	91	3	9	35	44	72	81
	Total Time: 1:37:54.63							
	Average: 24:28.66							
5	Frontenac Secondary Schoo	101	14	22	32	33	75	114
	Total Time: 1:39:48.17							
	Average: 24:57.05							
6	Holy Cross - Kingston	145	18	29	41	57	67	68
	Total Time: 1:43:01.57							
	Average: 25:45.40							
7	Sydenham - Sydenham	162	25	38	46	53		
	Total Time: 1:44:34.98							
	Average: 26:08.75							
8	Smiths Falls - Smiths Fal	191	27	42	56	66	71	116
	Total Time: 1:46:13.82							
	Average: 26:33.46							
9	ES Hawkesbury - Hawkesbur	233	20	59	69	85		
	Total Time: 1:48:58.12							
	Average: 27:14.53							
10	ES L'Escafe - Rockland	268	34	47	70	117		
	Total Time: 1:53:33.60							
	Average: 28:23.40							
11	Perth & District - Perth	327	28	74	107	118		
	Total Time: 1:57:56.17							
	Average: 29:29.05							
12	Tagwi - Avonmore	328	63	80	86	99	102	103
	Total Time: 1:55:44.92							
	Average: 28:56.23							
13	Gananoque - Gananoque	328	60	62	93	113	124	

	Total Time: 1:56:13.68							
	Average: 29:03.68							
14	Fellowes - Pembroke	330	23	98	101	108	120	128
	Total Time: 1:56:21.71							
	Average: 29:05.43							
15	Glengarry - Alexandria	343	73	89	90	91		
	Total Time: 1:56:34.09							
	Average: 29:08.53							
16	ES La Citadelle - Cornwall	347	64	83	88	112		
	Total Time: 1:57:48.22							
	Average: 29:27.06							
17	Renfrew - Renfrew	369	49	84	111	125		
	Total Time: 2:04:31.99							
	Average: 31:08.00							

---

[\[<<First Page\]](#)
[\[<Previous Page\]](#)
[\[Next Page>\]](#)
[\[Last Page>>\]](#)

---

**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****Event 5 Girls 5400 Meter Run CC Senior Girls**

Name	Year	School	Finals	Points
1 Warren , Sophie		Valour - Petawawa	19:55.21	1
2 Meek , Lily		Tiss- Brockville	19:57.73	2
3 Yantha, Laura		Mvdhs-Barry'Sbay	20:05.11	3
4 Quesnel, Jackie		Kingston - Kingston	20:37.63	4
5 Rauliuk-Dunn , Eirlys		Mhs - Deep River	20:45.54	5
6 Bright , Nora		Rideau - Elgin	20:52.77	6
7 Alkerton , Brittany		Smchs-Brockville	20:54.42	7
8 Burns , Kendra		Rideau - Elgin	21:10.51	8
9 Lapierre , Brooke		Gdhs- Alexandria	21:21.84	9
10 Meek , Madelynn		Tiss- Brockville	21:30.45	10
11 Shaneville, Corine		Bci - Brockville	21:33.13	11
12 Adam, Bella		Lss - Kingston	21:51.56	12
13 Kelly , Erin		Bschs - Pembroke	21:57.65	13
14 Robillard , Maija		Tiss- Brockville	22:00.69	14
15 Yemen , Kianna		Valour - Petawawa	22:14.68	15
16 Myatt , Brooke		Tiss- Brockville	22:20.73	16
17 Rojas , Daniella		Rnd - Kingston	22:25.25	17
18 Musclow , Claire		Fellowes - Pembroke	22:40.33	18
19 Taggart , Emma		Rnd - Kingston	22:45.49	19
20 Serviss , Lauren		Valour - Petawawa	22:49.42	20
21 Schroeder , Enya		Valour - Petawawa	22:53.89	21
22 Eady , Brooklyn		Esjl - Pembroke	23:02.40	22
23 Levac , Andreeanne		Esls-Hawkesbury	23:10.04	23
24 Renwick, Amy		Lss - Kingston	23:13.29	24
25 Colizza , Christiana		Sfxchs-Hammond	23:23.59	25
26 McCann , Hilary		Almonte - Almonte	23:33.46	26
27 Brown , Brittany		Tiss- Brockville	23:33.81	27
28 Gauthier , Rachel		Fellowes - Pembroke	23:39.02	28
29 Vanderburg, Emma		Htcss - Cornwall	23:42.67	29
30 Smallman, Jane		Kingston - Kingston	23:52.11	30
31 Scott, Adrienne		Kingston - Kingston	23:55.23	31
32 Paynter , Angelica		Ngdhs-Kemptville	23:55.59	32
33 Ansom , Lucie		Fss	24:01.39	33
34 Mulligan, Waverly		Kingston - Kingston	24:02.79	34
35 Feng , Katie		Loyalist - Kingston	24:05.98	35
36 Diekers , Janne		Loyalist - Kingston	24:06.35	36
37 Greentree, Anna		Hccss - Kingston	24:07.76	37
38 Smith , Dorian		Rideau - Elgin	24:08.16	38
39 Jenkins , Amy		Tiss- Brockville	24:11.06	39
40 Ferguson , Jillian		Almonte - Almonte	24:12.87	40
41 Reilly , Bridget		Bschs - Pembroke	24:14.35	41
42 Virgin , Taylor		Renfrew - Renfrew	24:18.06	42
43 Gillan, Jaclyn		Arnprior - Arnprior	24:18.58	43
44 Smith , Faith		Valour - Petawawa	24:19.28	44
45 Bacchiochi, Emma		Htcss - Cornwall	24:19.88	45
46 Summerby , Mary		Esjl - Pembroke	24:28.75	46
47 Anderson , Payton		Smchs-Brockville	25:04.09	47
48 Adam, Danielle		Kingston - Kingston	25:04.90	48
49 Doonan , Hanna		Tiss- Brockville	25:06.50	
50 Ashade, Emma		Rnd - Kingston	25:17.81	49
51 Kilganon, Elisa		Mvdhs-Barry'Sbay	25:18.14	50
52 Bourbonnais, Laura		Esic - Cornwall	25:21.54	51

[<<First Page] [[Previous Page](#)] [[Next Page](#)>] [[Last Page](#)>>]

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 4:00 PM 10/27/2016 Page 2

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 5 Girls 5400 Meter Run CC Senior Girls**

53	Jeapes , Emma	Esjl - Pembroke	25:22.70	52
54	Neville , Gabrielle	Valour - Petawawa	25:23.20	53
55	Kissick , Katie	Fss	25:27.73	54
56	Wilson , Ester	Mhs - Deep River	25:31.15	55
57	Kluke, Theresa	Mvdhs-Barry'Sbay	25:31.46	56
58	Leblanc , Zoe	Valour - Petawawa	25:32.10	
59	Mitchell , Brianna	Opeongo - Douglas	25:40.01	57
60	Ziebarth , Peyton	Opeongo - Douglas	25:44.45	58
61	Noble , Catherine	Bayridge - Kingston	25:50.01	59
62	Grendal, Liberty	Bci - Brockville	26:12.55	60
63	Godard , Julianne	Htcss - Cornwall	26:15.33	61
64	Charland , Danielle	Smchs-Kemptville	26:16.48	62
65	Steep , Annie	Esjl - Pembroke	26:21.23	63
66	Yantha, Brittany	Mvdhs-Barry'Sbay	26:23.05	64
67	Campbell , Sam	Bayridge - Kingston	26:23.70	65
68	Hennesey , Tatum	Rideau - Elgin	26:24.78	66
69	Gibreault, Jordyn	Arnprior - Arnprior	26:27.69	67
70	Flegg , Teresa	Sfdci-Smithsfall	26:32.58	68
71	Miller , Emma	Smchs-Kemptville	26:33.00	69
72	Wheeler , Kaitlin	Arnprior - Arnprior	26:33.98	70
73	Gillan, Taylor	Arnprior - Arnprior	26:35.09	71
74	Charron , Chloé	Esle - Rockland	26:50.40	72
75	Quinton , Jamie	Nddhs-Chestervil	27:11.94	73
76	Doherty-Haigh , Octavia	Rnd - Kingston	27:16.21	74
77	Wood-Murphy, Karley	Napanee - Napanee	27:21.71	75
78	Ellemers, Mitzi	Kingston - Kingston	27:32.60	76
79	Pelletier, Meggan	Esrh- Hawkesbury	27:38.70	77
80	Kinney , Sarah	Fss	27:42.26	78
81	Thornton , Kate	St. John - Perth	27:47.71	79
82	Phillips , Emma	Tiss- Brockville	27:52.85	
83	Charland , Dominique	Smchs-Kemptville	27:54.76	80
84	Peever , Mara	Opeongo - Douglas	28:02.04	81
85	Lariviere , Caitlyn	Loyalist - Kingston	28:06.71	82
86	MacDougall , Julia	Esjl - Pembroke	28:14.33	83
87	Cassidy , Kathryn	Tiss- Brockville	28:18.08	
88	Shields , Randi	Sydenham - Sydenham	28:20.77	84
89	Thurston, Emily	Sfdci-Smithsfall	28:57.90	85
90	Barrett , Paige	Loyalist - Kingston	29:04.62	86
91	Martin , Kendra	Ngdhs-Kemptville	29:05.77	87
92	Miller , Brittney	Rideau - Elgin	29:09.18	88
93	Laliberté, Vicky	Esrh- Hawkesbury	29:16.98	89
94	Miguelsanz , Cristina	Cphs-Carleton Pl	29:18.81	90
95	Attebury , Cyan	Pdci - Perth	29:21.80	91
96	Enright , Brye	Arnprior - Arnprior	29:35.83	92
97	Dolan , Erin	Sfdci-Smithsfall	29:38.51	93
98	Zhu , Diana	Ngdhs-Kemptville	29:48.10	94
99	McGillis, Chelsea	Htcss - Cornwall	29:59.40	95
100	Derrick , Emma	Tiss- Brockville	30:05.61	
101	Stewart , Allie	Smchs-Brockville	30:05.95	96

103 Burden, Dana	Confrw-Teconfrw	30:49.48	98
104 Canus, Nuria	Nddhs-Chestervil	31:57.89	99
105 Arthurs, Hannah	Smchs-Brockville	32:36.57	100

[\[<<First Page\]](#) [\[<Previous Page\]](#) [\[Next Page>\]](#) [\[Last Page>>\]](#)

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 4:00 PM 10/27/2016 Page 3

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 5 Girls 5400 Meter Run CC Senior Girls**

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Thousand Islands - Brockv	42	2	10	14	16	27	39			
	Total Time: 1:25:49.60										
	Average: 21:27.40										
2	Valour - Petawawa	57	1	15	20	21	44	53			
	Total Time: 1:27:53.20										
	Average: 21:58.30										
3	Kingston - Kingston	99	4	30	31	34	48	76			
	Total Time: 1:32:27.76										
	Average: 23:06.94										
4	Rideau - Elgin	118	6	8	38	66	88				
	Total Time: 1:32:36.22										
	Average: 23:09.06										
5	Regiopoliis-Notre Dame-Kin	159	17	19	49	74					
	Total Time: 1:37:44.76										
	Average: 24:26.19										
6	Madawaska Valley - Barry'	173	3	50	56	64					
	Total Time: 1:37:17.76										
	Average: 24:19.44										
7	ES Jeanne Lajoie - Pembro	183	22	46	52	63	83				
	Total Time: 1:39:15.08										
	Average: 24:48.77										
8	Holy Trinity - Cornwall	230	29	45	61	95					
	Total Time: 1:44:17.28										
	Average: 26:04.32										
9	Loyalist - Kingston	239	35	36	82	86					
	Total Time: 1:45:23.66										
	Average: 26:20.92										
10	St. Mary's - Brockville	250	7	47	96	100					
	Total Time: 1:48:41.03										
	Average: 27:10.26										
11	Arnprior - Arnprior	251	43	67	70	71	92				
	Total Time: 1:43:55.34										
	Average: 25:58.84										



**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****Event 4 Boys 6100 Meter Run CC Junior Boys**

Name	Year	School	Finals	Points
1 Brackenbury, Miles		Kingston - Kingston	20:30.88	1
2 Unrau , Mathew		Bschs - Pembroke	20:44.62	2
3 Moran , Chet		Loyalist - Kingston	20:53.09	3
4 Wilson, Matt		Kingston - Kingston	21:05.44	4
5 Smith, Will		Lsss - Kingston	21:25.63	5
6 Chingee , Xavier		Fellowes - Pembroke	21:33.51	6
7 duPont , Antoine		Valour - Petawawa	21:39.09	7
8 Carson , Daniel		Rideau - Elgin	21:42.52	8
9 Lidlow , Cole		Tiss- Brockville	21:47.01	9
10 McIllroy, Liam		Kingston - Kingston	21:50.38	10
11 Smith , Jack		Rnd - Kingston	21:53.48	11
12 Crawford , Ethan		Tiss- Brockville	22:09.87	12
13 Syllas, Luka		Lsss - Kingston	22:12.92	13
14 Valentia, Sebastian		Kingston - Kingston	22:19.29	14
15 Landriault , Tanton		Sjchs - Renfrew	22:22.91	15
16 VanBeek , Aidan		Tiss- Brockville	22:24.27	16
17 Chaput, Nicholas		Htcss - Cornwall	22:24.45	17
18 Fakotakis, Andrew		Cldhs-Williamsto	22:24.67	18
19 Rostek, Matt		Rnd - Kingston	22:28.81	19
20 MacDonald , Logan		Sfxchs-Hammond	22:30.46	20
21 Lake , Riley		Tiss- Brockville	22:34.16	21
22 Zabukovec , Aiden		Rnd - Kingston	22:44.48	22
23 Givogue , Ethan		Tiss- Brockville	22:45.07	23
24 Robert , Jacob		Esjl - Pembroke	22:53.78	24
25 Tovell , Chris		Smchs-Kemptville	22:56.69	25
26 Hamelinck , Alex		Bayridge - Kingston	23:03.60	26
27 Joudrey, Ethan		Sjchs - Renfrew	23:05.53	27
28 Mallette , Dylan		Tiss- Brockville	23:13.09	28
29 Lockley , Keagan		Valour - Petawawa	23:14.23	29
30 Roach , Chris		Ndhs-Carleton Pl	23:19.34	30
31 Zaza, Youssef		Kingston - Kingston	23:24.91	31
32 Brundage, Emmett		Kingston - Kingston	23:25.07	32
33 Weisenberg , Hayden		Valour - Petawawa	23:37.54	33
34 McConkey , Matt		Rnd - Kingston	23:39.35	34
35 Wolfreys , Zane		Sjss - Cornwall	23:46.42	35
36 Neville , Aiden		Valour - Petawawa	23:51.52	36
37 Shamess , Sam		Valour - Petawawa	24:03.93	37
38 Cowan , Thomas		Htcss - Cornwall	24:06.45	38
39 vanderSchaaf , Jonah		Ngdhs-Kemptville	24:07.27	39
40 Barvestal , Zack		Valour - Petawawa	24:08.86	40
41 Strachan , Campbell		Pdci - Perth	24:18.96	41
42 Durant , Conor		Tiss- Brockville	24:30.81	
43 Pelchat, Thomas		E.S. L'Equinoxe	24:32.60	42
44 Topping , Austin		Pdci - Perth	24:33.00	43
45 Chan, Alex		Kingston - Kingston	24:33.19	
46 Machan , David		Pdci - Perth	24:34.55	44
47 Gillard , Colby		Valour - Petawawa	24:36.05	
48 Locke , Cameron		Tiss- Brockville	24:41.12	
49 Ingo , Cam		Loyalist - Kingston	24:41.30	45
50 Holmes , Chase		Nddhs-Chestervil	24:44.78	46
51 Leblanc , Noah		Valour - Petawawa	24:56.43	
52 Lafromboise , Nolan		Htcss - Cornwall	25:00.05	47

[<<First Page] [[Previous Page](#)] [[Next Page](#)>] [[Last Page](#)>>]

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:59 PM 10/27/2016 Page 2

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 4 Boys 6100 Meter Run CC Junior Boys**

53	VanCampen , Christian	Ndhs-Carleton Pl	25:00.44	48
54	Higgs , Ben	Rnd - Kingston	25:07.92	49
55	Roach , Nick	Ndhs-Carleton Pl	25:08.91	50
56	Wassihun , Barry	Gdhs- Alexandria	25:10.65	51
57	Holmes , Jacob	Nddhs-Chestervil	25:20.36	52
58	Lidlow , Caleb	Tiss- Brockville	25:22.95	
59	Trudeau, Drake	Htcss - Cornwall	25:33.84	53
60	Heward, Connor	Bci - Brockville	25:34.16	54
61	Bonefield , Ryan	Smchs-Kemptville	25:45.60	55
62	Waytowich , Sam	Smchs-Kemptville	25:45.78	56
63	Lacroix-Lyon , Cole	Fellowes - Pembroke	25:48.94	57
64	Lee , Tim	Loyalist - Kingston	26:04.87	58
65	Gomez , Aren	Cphs-Carleton Pl	26:09.19	59
66	Stadelmann , Thomas	Htcss - Cornwall	26:13.09	60
67	Howes , Derek	Gdhs- Alexandria	26:15.56	61
68	Lunt, Carter	Lsss - Kingston	26:21.18	62
69	Sherwood, Matt	Lsss - Kingston	26:23.26	63
70	Pilkey, Nathan	Kingston - Kingston	26:28.38	
71	Huisman, Alex	Stachs - Russell	26:28.56	64
72	Klukas , Dominic	Mhs - Deep River	26:33.96	65
73	Papps , Aidan	Htcss - Cornwall	26:46.74	66
74	Chambre, Cody	Cldhs-Williamsto	26:46.93	67
75	Rollins, Lucas	Hccss - Kingston	26:51.41	68
76	Jones , Ian	Sjss - Cornwall	27:23.78	69
77	Wiltshire , Daniel	Russell - Russell	27:24.50	70
78	Wylie, Dakata	Sjss - Cornwall	27:25.92	71
79	Neil, Connor	Napanee - Napanee	27:28.78	72
80	Dawson , Josh	Ngdhs-Kemptville	27:30.41	73
81	Darlington , Eric	Ndhs-Carleton Pl	27:35.16	74
82	Machan , Harrison	Pdci - Perth	27:35.64	75
83	Jennings , Neil	Fellowes - Pembroke	27:38.83	76
84	Hounsell, Asher	Kingston - Kingston	27:48.53	
85	Baker , Reid	Tagwi - Avonmore	27:48.86	77
86	Maier , Patrick	Rnd - Kingston	27:49.19	78
87	Cavalier , David	St. John - Perth	27:49.41	79
88	Dionne , Alex	Gdhs- Alexandria	28:07.72	80
89	Young , Kaleb	Sjss - Cornwall	28:16.20	81
90	Babcock , Ben	Sfdci-Smithsfall	28:17.78	82
91	Brady , Jon	Sfdci-Smithsfall	28:28.52	83
92	Norman , Brock	Sydenham - Sydenham	28:51.01	84
93	Creamer , Liam	Sfxchs-Hammond	28:51.19	85
94	Gargalo, Pablo	Sjss - Cornwall	29:22.34	86
95	Ruiz , Radek	Cphs-Carleton Pl	29:28.49	87
96	Mills , Josh	Opeongo - Douglas	29:35.43	88
97	Paul, Patrick	Htcss - Cornwall	29:36.63	
98	Jones , Calum	Sjss - Cornwall	29:37.54	89
99	Cowan , Mark	St. John - Perth	30:20.59	90
100	Castillo , Adam	Sjss - Cornwall	30:34.06	
101	Gonzalez , Adrian	Almonte - Almonte	31:27.95	91

103 Barcouse, Gavin	Aydesham-Cornwall	32:01.87	92
104 Echlin, Kobe	Pdci - Perth	32:02.91	93
105 Kosnaski, Tyler	Fellowes - Pembroke	37:05.68	94
106 Greaves, Connor	Pdci - Perth	37:53.42	95
107 Fenn, Michael	Smchs-Brockville	40:13.96	96

[\[<<First Page\]](#) [\[<Previous Page\]](#) [\[Next Page>\]](#) [\[Last Page>>\]](#)

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:59 PM 10/27/2016 Page 3

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 4 Boys 6100 Meter Run CC Junior Boys**

108 Quick, Taylor	St. John - Perth	40:59.62	97
109 Hill, Noah	Stachs - Russell	41:24.16	98
110 Yanosik, Patrick	Sfdci-Smithsfall	42:00.00	99

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Kingston - Kingston	29	1	4	10	14	31	32			
	Total Time: 1:25:45.99										
	Average: 21:26.50										
2	Thousand Islands - Brockv	58	9	12	16	21	23	28			
	Total Time: 1:28:55.31										
	Average: 22:13.83										
3	Regiopopolis-Notre Dame-Kin	86	11	19	22	34	49	78			
	Total Time: 1:30:46.12										
	Average: 22:41.53										
4	Valour - Petawawa	105	7	29	33	36	37	40			
	Total Time: 1:32:22.38										
	Average: 23:05.60										
5	La Salle - Kingston	143	5	13	62	63					
	Total Time: 1:36:22.99										
	Average: 24:05.75										
6	Holy Trinity - Cornwall	155	17	38	47	53	60	66			
	Total Time: 1:37:04.79										
	Average: 24:16.20										
7	Notre Dame - Carleton Pl	202	30	48	50	74					
	Total Time: 1:41:03.85										
	Average: 25:15.97										
8	Perth & District - Perth	203	41	43	44	75	93	95			
	Total Time: 1:41:02.15										
	Average: 25:15.54										
9	Fellowes - Pembroke	233	6	57	76	94					
	Total Time: 1:52:06.96										
	Average: 28:01.74										
10	St. Joseph's - Cornwall	256	35	69	71	81	86	89			
	Total Time: 1:46:52.32										
	Average: 26:43.08										

**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****Event 3 Girls 4100 Meter Run CC Junior Girls**

Name	Year	School	Finals	Points
1 Cushing , Claire		Tiss- Brockville	14:21.15	1
2 Kundlacz , Lexi		Smchs-Brockville	15:15.89	2
3 Beauregard , Noémie		Esle - Rockland	15:31.67	3
4 Miller, Lauren		Pdci - Perth	15:35.20	4
5 Amari, Hana		Kingston - Kingston	15:38.12	5
6 Brayton , Rachel		Tiss- Brockville	15:40.67	6
7 Bell , Catherine		Valour - Petawawa	15:48.27	7
8 Reynolds, Bryn		Lsss - Kingston	15:57.05	8
9 Norman , Pippa		Almonte - Almonte	16:00.60	9
10 Stowe , Caitlyn		Almonte - Almonte	16:11.52	10
11 Goss , Chloe		Rnd - Kingston	16:14.13	11
12 Oelke , Addison		Valour - Petawawa	16:24.94	12
13 Gaenslar , Leah-Joy		Sfdci-Smithsfall	16:29.44	13
14 Jefferies , Meghan		Hccss - Kingston	16:39.72	14
15 Hill , Emma		Almonte - Almonte	16:45.00	15
16 Campbell , Isabella		Rnd - Kingston	16:47.52	16
17 Vanspriell , Marieke		Smchs-Brockville	16:54.80	17
18 McKinney, Amelia		Lsss - Kingston	16:58.00	18
19 Bleackley , Hannah		Loyalist - Kingston	17:01.33	19
20 O'Sullivan , Mackenzie		Sydenham - Sydenham	17:08.22	20
21 Pearce, Vanessa		Sydenham - Sydenham	17:08.52	21
22 Dowling , Michaela		Rnd - Kingston	17:16.96	22
23 Thomas , Fiona		Valour - Petawawa	17:18.78	23
24 Dubuc, Sophie		Esic - Cornwall	17:25.58	24
25 O'Connor , Meredith		Tiss- Brockville	17:25.78	25
26 Richards , Madalyn		Valour - Petawawa	17:26.54	26
27 Adrain , Kathleen		St. John - Perth	17:53.56	27
28 Fiset, Rachel		Stachs - Russell	17:58.27	28
29 Loock, Johanna		Kingston - Kingston	17:58.75	29
30 Morrow , Lucy		Rnd - Kingston	18:02.26	30
31 Lacroix , Hannah		Tiss- Brockville	18:15.27	31
32 Taugher , Katie		Tiss- Brockville	18:15.44	32
33 Valla Savado, Anna		Cornwall - Cornwall	18:26.37	33
34 Spichtig , Janine		Tagwi - Avonmore	18:26.79	34
35 Bender, Annie		Tagwi - Avonmore	18:26.96	35
36 Kennedy, Charlotte		Ernestown - Odessa	18:31.38	36
37 Makarucha, Kayleigh		Hccss - Kingston	18:35.61	37
38 Blok, Marley		Arnprior - Arnprior	18:37.64	38
39 Hickey , Charlotte		Rnd - Kingston	18:42.54	39
40 Flannigan, Amber		Esic - Cornwall	18:42.93	40
41 Cameron , Keira		Seaway - Iroquois	18:46.49	41
42 Gee, Kenzie		Sydenham - Sydenham	18:55.52	42
43 Sutherland, Hazel		Lsss - Kingston	18:55.72	43
44 Martin , Chloe		Opeongo - Douglas	18:56.73	44
45 Deguire, Emilia		Napanee - Napanee	18:57.22	45
46 Cléroux , Angelique		Esle - Rockland	18:57.94	46
47 Campeau , Claire		Smchs-Kemptville	19:02.76	47
48 Danby, Jocelyn		Kingston - Kingston	19:07.41	48
49 Derikx, Reegan		Esic - Cornwall	19:08.15	49
50 Whitehead, Sophie		Kingston - Kingston	19:23.75	50
51 Wheeler , Ashley		Nddhs-Chestervil	19:24.56	51
52 Bright, Orim		Hccss - Kingston	19:27.02	52

[<<First Page] [[Previous Page](#)] [[Next Page](#)>] [[Last Page](#)>>]

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:59 PM 10/27/2016 Page 2

**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****....Event 3 Girls 4100 Meter Run CC Junior Girls**

53	Fairbanks , Erika	Tiss- Brockville	19:32.46	53
54	Hudson , Mallory	Smchs-Kemptonville	19:36.00	54
55	Enright , Johanna	Arnprior - Arnprior	19:38.07	55
56	Hillis , Rebecca	Sydenham - Sydenham	20:22.27	56
57	Spencer , Sarah	Rnd - Kingston	20:29.05	57
58	Matchim , Kate	Cphs-Carleton Pl	20:29.74	58
59	Dulmage , Emma	Ngdhs-Kemptonville	20:33.41	59
60	Pilon , Marrie France	Htcss - Cornwall	20:36.44	60
61	Grinstead , Abigail	Ngdhs-Kemptonville	20:36.76	61
62	Irwin, Hannah	Lsss - Kingston	20:44.29	62
63	Buchanan , Alex	Pdci - Perth	20:58.71	63
64	Bouthiller , Brooke	Fellowes - Pembroke	21:29.58	64
65	Smarzik , Lauren	Cphs-Carleton Pl	21:43.08	65
66	Grinstead , Rebecca	Ngdhs-Kemptonville	21:44.91	66
67	Callan , Grace	Ndhs-Carleton Pl	21:49.84	67
68	Lovell , Gwenyth	St. John - Perth	21:50.24	68
69	Kunkel, Abi	Bci - Brockville	22:05.61	69
70	Perez Gil, Clara	Hccss - Kingston	22:17.60	70
71	Mendoza, Valeria	Hccss - Kingston	22:17.84	71
72	Kahdra, Bushra	Bci - Brockville	22:21.25	72
73	Irvin, Kaleigh	Almonte - Almonte	22:23.76	73
74	Heredia , Maria	Ngdhs-Kemptonville	22:46.10	74
75	Croth , Sarah	Pdci - Perth	23:12.58	75
76	Pichette , Daneen	Sjchs - Renfrew	23:49.62	76
77	Van Sickle , Zoe	Arnprior - Arnprior	23:51.23	77
78	Licer, Helena	Sjss - Cornwall	23:56.98	78
79	Chirico , Leah	Sjchs - Renfrew	24:17.29	79
80	Kehoe , Amy	Pdci - Perth	24:19.02	80
81	Richard-Boyer , Marie-Pi	Esls-Hawkesbury	26:11.38	81
82	Lewis , Emma	Cphs-Carleton Pl	26:49.16	82
83	Kake , Naomi	Htcss - Cornwall	27:00.35	83
84	Cathcart , Jennie	Ngdhs-Kemptonville	28:25.30	84

**Team Scores**

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Thousand Islands - Brockv	63	1	6	25	31	32	53			
	Total Time: 1:05:42.87										
	Average: 16:25.72										
2	Valour - Petawawa	68	7	12	23	26					
	Total Time: 1:06:58.53										
	Average: 16:44.64										
3	Regiopolis-Notre Dame-Kin	79	11	16	22	30	39	57			
	Total Time: 1:08:20.87										
	Average: 17:05.22										
4	Almonte - Almonte	107	9	10	15	73					
	Total Time: 1:11:20.88										
	Average: 17:50.22										

[\[<<First Page\]](#) [\[<Previous Page\]](#) [\[Next Page>\]](#) [\[Last Page>>\]](#)

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:59 PM 10/27/2016 Page 3

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

<b>....Event 3 Girls 4100 Meter Run CC Junior Girls</b>						
5	La Salle - Kingston	131	8	18	43	62
	Total Time: 1:12:35.06					
	Average: 18:08.77					
6	Kingston - Kingston	132	5	29	48	50
	Total Time: 1:12:08.03					
	Average: 18:02.01					
7	Sydenham - Sydenham	139	20	21	42	56
	Total Time: 1:13:34.53					
	Average: 18:23.64					
8	Holy Cross - Kingston	173	14	37	52	70 71
	Total Time: 1:16:59.95					
	Average: 19:14.99					
9	Perth & District - Perth	222	4	63	75	80
	Total Time: 1:24:05.51					
	Average: 21:01.38					
10	North Grenville - Kemptvi	260	59	61	66	74 84
	Total Time: 1:25:41.18					
	Average: 21:25.30					

**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****Event 2 Boys 5400 Meter Run CC Midget Boys**

Name	Year	School	Finals	Points
1 Jones , Mason		Tiss- Brockville	18:29.57	1
2 O'Meara , Stephen		Rnd - Kingston	18:49.08	2
3 Machan , Andrew		Pdci - Perth	19:11.32	3
4 Kearney , Ethan		Valour - Petawawa	19:12.46	4
5 Campeau , Will		Smchs-Kemptville	19:15.53	5
6 Heinzle , Nick		Gdhs- Alexandria	19:21.51	6
7 Pelchat, Guillaume		E.S. L'Equinoxe	19:36.39	7
8 Bowness , Zac		Smchs-Kemptville	19:41.40	8
9 Campbell , Tommy		Valour - Petawawa	19:49.97	9
10 Hodson , James		Valour - Petawawa	19:50.25	10
11 Geurkink , Kieran		Smchs-Kemptville	19:56.73	11
12 Cowan , Liam		Bayridge - Kingston	19:58.38	12
13 Gill , David		Tiss- Brockville	20:07.72	13
14 Blanchard , Jordan		Tiss- Brockville	20:10.66	14
15 Couto , Anthony		Fss	20:14.78	15
16 Sergerie , Caleb		Es1h - Cornwall	20:18.05	16
17 Fitch, Ethan		E.S. L'Equinoxe	20:19.26	17
18 McGregor , Nolan		Sjchs - Renfrew	20:22.55	18
19 Buxton , Leif		Renfrew - Renfrew	20:23.96	19
20 Lavoie , Tyler		Smchs-Kemptville	20:25.68	20
21 Serviss , Liam		Valour - Petawawa	20:26.30	21
22 Gonidis , Troy		Tiss- Brockville	20:29.79	22
23 Tripp , Joey		Rnd - Kingston	20:31.97	23
24 Udo, Ryota		Kingston - Kingston	20:34.74	24
25 Moore , Coltan		Valour - Petawawa	20:41.00	25
26 Lessard , Jake		Smchs-Brockville	20:41.91	26
27 Colburn , Nathan		Fss	20:49.13	27
28 Breadner , Che		Fss	21:01.79	28
29 Moore, Hayden		Sjchs - Renfrew	21:02.51	29
30 Saleh, Sacha		Rnd - Kingston	21:03.12	30
31 Bell , Oliver		Pdci - Perth	21:11.01	31
32 Reeve , Luke		Fss	21:16.49	32
33 Arsenault , Jake		Valour - Petawawa	21:18.41	33
34 Beebe, Cole		Napanee - Napanee	21:22.66	34
35 Paquette , Noah		Ngdhs-Kemptville	21:26.68	35
36 Lovelace-Chandonnet, Riv		Sydenham - Sydenham	21:28.12	36
37 Miller , Jonathan		Pdci - Perth	21:28.30	37
38 Bartlett , Joel		Tiss- Brockville	21:32.13	38
39 Larouche , Guillaume		Esjl - Pembroke	21:33.59	39
40 Rooney, Noah		Napanee - Napanee	21:42.36	40
41 Wilson, Louis		Kingston - Kingston	21:51.32	41
42 Serafini, Igor		Kingston - Kingston	21:51.57	42
43 Young, Nathan		Hccss - Kingston	21:53.49	43
44 Knuutson , Jake		Fss	21:54.87	44
45 Devine , Kougar		Opeongo - Douglas	21:55.91	45
46 Hayes , Damian		Valour - Petawawa	21:57.76	
47 Kenny , Noal		Cphs-Carleton Pl	22:01.05	46
48 Porteous , Bruce		Russell - Russell	22:04.25	47
49 Gibson , Tanner		Tiss- Brockville	22:06.61	48
50 Debeau , Ty		Arnrior - Arnrior	22:07.69	49
51 Lembke , Cade		Valour - Petawawa	22:08.26	
52 Ryan, Joel		Sjchs - Renfrew	22:10.11	50

[<<First Page] [[Previous Page](#)] [[Next Page](#)>] [[Last Page](#)>>]

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:56 PM 10/27/2016 Page 2

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 2 Boys 5400 Meter Run CC Midget Boys**

53 MacKaskill , Tommy	Renfrew - Renfrew	22:10.46	51
54 Pruner , Ben	Ndhs-Carleton Pl	22:11.44	52
55 Schmidt , Josh	Opeongo - Douglas	22:18.18	53
56 Nieman-Wren , Caleb	Renfrew - Renfrew	22:18.59	54
57 vanderLinde , Max	Smchs-Kemptville	22:19.63	55
58 Canham , Ethan	Tagwi - Avonmore	22:21.96	56
59 Baker, Ryan	Napanee - Napanee	22:27.70	57
60 Popplewell , Sam	Pdci - Perth	22:30.27	58
61 Catterill , Tommy	Arnprior - Arnprior	22:36.04	59
62 Edgley , Domonick	Gss - Gananoque	22:40.59	60
63 Albertson, Caleb	Napanee - Napanee	22:41.71	61
64 Ballion , Owen	Pdci - Perth	22:49.53	62
65 Renwick , Ben	Gss - Gananoque	22:52.25	63
66 Hunt, Tyson	Hccss - Kingston	22:53.48	64
67 Guidon, Nicholas	Esic - Cornwall	22:58.08	65
68 Amo, Jordan	E.S. L'Equinoxe	22:59.75	66
69 Antille , Liam	Nddhs-Chestervil	23:00.62	67
70 Gilpin , Mark	Ngdhs-Kemptville	23:00.79	68
71 Ménard, William	Stachs - Russell	23:01.66	69
72 Ryan , Cameron	Cphs-Carleton Pl	23:09.16	70
73 MacMillan , Thomas	St. John - Perth	23:24.63	71
74 Purdon , Wyatt	Opeongo - Douglas	23:26.56	72
75 Hart, Kelson	Sjchs - Renfrew	23:40.51	73
76 Milley , Justin	Esis-Hawkesbury	23:48.43	74
77 Bell , Curtis	Nddhs-Chestervil	23:49.03	75
78 Stark , Thom	Renfrew - Renfrew	24:00.59	76
79 Summers , Phillipe	Gdhs- Alexandria	24:01.51	77
80 Felhaber, Marek	E.S. L'Equinoxe	24:04.14	78
81 Santyr, Griffin	Kingston - Kingston	24:06.63	79
82 Miner, Philippe-Elie	Esrh- Hawkesbury	24:07.84	80
83 MacDonald , Malcolm	Pdci - Perth	24:08.16	81
84 Charrette, Jonathan	Cornwall - Cornwall	24:10.79	82
85 Jackson , Aidan	Fss	24:23.93	83
86 Dagnone, Thai	Hccss - Kingston	24:27.15	84
87 Howlett, AJ	Arnprior - Arnprior	24:29.08	85
88 Bissonnette, Mathieu	Esic - Cornwall	24:30.76	86
89 Armstrong, Cole	Renfrew - Renfrew	24:31.08	87
90 Alexander , Conrad	Almonte - Almonte	24:32.08	88
91 McEwen , Carter	Smchs-Brockville	24:34.32	89
92 Bhagwandin , Rocco	Gdhs- Alexandria	24:38.44	90
93 Merritt , Mitchel	Sydenham - Sydenham	24:42.21	91
94 Culhane , Declan	Sjss - Cornwall	24:47.00	92
95 Lacasse , Sunny	Htcss - Cornwall	24:50.47	93
96 Hall, Kyle	Renfrew - Renfrew	25:07.65	94
97 Knechtel , Nate	Cphs-Carleton Pl	25:07.90	95
98 Sonoski , Liam	Fellowes - Pembroke	25:10.31	96
99 Sagriff , Ben	Rnd - Kingston	25:11.62	97
100 Van Loan , Mitchell	Fellowes - Pembroke	25:32.53	98
101 Dawe , Andrew	Valour - Petawawa	25:50.14	



103 Knapp, Wyatt	Tagwi Brockville	26:04.88	99
104 St-Pierre, Josh	Tagwi - Avonmore	26:31.00	100
105 Recker, Justin	Arnprior - Arnprior	26:42.89	101
106 Blancher, Theo	Seaway - Iroquois	27:11.37	102
107 McIntosh, Connor	Tagwi - Avonmore	27:17.87	103

[\[<<First Page\]](#) [\[<Previous Page\]](#) [\[Next Page>\]](#) [\[Last Page>>\]](#)

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:56 PM 10/27/2016 Page 3

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 2 Boys 5400 Meter Run CC Midget Boys**

108 Casselman, Brayden	Tagwi - Avonmore	27:31.70	104
109 Anger-Purcha, Marty	Ernestown - Odessa	27:36.76	105
110 Ethier, Paul	Fellowes - Pembroke	27:58.45	106
111 Enright, Will	Arnprior - Arnprior	30:57.05	107
112 Mulder, Aiden	Ernestown - Odessa	34:11.82	108
113 McPhail, Shane	Sjss - Cornwall	34:15.62	109

Team Scores

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Valour - Petawawa	44	4	9	10	21	25	33			
	Total Time: 1:19:18.98										
	Average: 19:49.75										
2	St. Michael - Kemptville	44	5	8	11	20	55				
	Total Time: 1:19:19.34										
	Average: 19:49.84										
3	Thousand Islands - Brockv	50	1	13	14	22	38	48			
	Total Time: 1:19:17.74										
	Average: 19:49.44										
4	Frontenac Secondary Schoo	102	15	27	28	32	44	83			
	Total Time: 1:23:22.19										
	Average: 20:50.55										
5	Perth & District - Perth	129	3	31	37	58	62	81			
	Total Time: 1:24:20.90										
	Average: 21:05.23										
6	Regiopoliis-Notre Dame-Kin	152	2	23	30	97					
	Total Time: 1:25:35.79										
	Average: 21:23.95										
7	E.S. L'Equinoxe - Pembrok	168	7	17	66	78					
	Total Time: 1:26:59.54										
	Average: 21:44.89										
8	St. Joseph's - Renfrew	170	18	29	50	73					
	Total Time: 1:27:15.68										
	Average: 21:48.92										
9	Kingston - Kingston	186	24	41	42	79					
	Total Time: 1:28:24.26										
	Average: 22:06.07										
10	Napanee - Napanee	192	34	40	57	61					
	Total Time: 1:28:14.43										
	Average: 22:03.61										
11	Renfrew - Renfrew	200	19	51	54	76	87	94			
	Total Time: 1:28:53.60										

12	Arnprior	Average	22:13.40	294	49	59	85	101	107
		Total Time:	1:35:55.70						
		Average:	23:58.93						

---

[\[<<First Page\]](#) [\[<Previous Page\]](#) [\[Next Page>\]](#) [\[Last Page>>\]](#)

---

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:56 PM 10/27/2016 Page 4

**2016 EOSSAA X-Country Championships - 10/27/2016**

**St. Michael CHS, Kemptville, ON**

**Rankings**

**....Event 2 Boys 5400 Meter Run CC Midget Boys**

13	Tagwi - Avonmore	358	56	99	100	103	104
	Total Time:	1:42:34.21					
	Average:	25:38.56					

**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****Event 1 Girls 3100 Meter Run CC Midget Girls**

Name	Year School	Finals	Points
1 Workman, Anna	Kingston - Kingston		1
2 Levasseur, Sophie	E.S. L'Equinoxe		2
3 Campbell, Mackenzie	Kingston - Kingston		3
4 Fitzgerald, Kara	Escmr - Kingston		4
5 Chubaty, Lily	Kingston - Kingston		5
6 Linton, Abby	Tiss- Brockville		6
7 Jordan, Erika	Seaway - Iroquois		7
8 Stephenson, Jess	Kingston - Kingston		8
9 Caird, Aleasha	Gss - Gananoque		9
10 Kellar, Abbey	Gss - Gananoque		10
11 deRuiter, Hali	Valour - Petawawa		11
12 Edwards, Allyah	Fss		12
13 MacKenzie, Margaret	St. John - Perth		13
14 Dillon, Julia	Tiss- Brockville		14
15 Herwig, Cailey	Fellowes - Pembroke		15
16 Gregory, Hannah	Napanee - Napanee		16
17 McIntyre, Abby	Opeongo - Douglas		17
18 Blair, Steffanie	Sfdci-Smithsfall		18
19 Harrison, Samantha	Sfdci-Smithsfall		19
20 Bathurst, Regan	Tiss- Brockville		20
21 Jones, Abby	Tiss- Brockville		21
22 Colizza, Sophia	Sfxchs-Hammond		22
23 Bradley, Tara	Bschs - Pembroke		23
24 Kelly, Elizabeth	Bschs - Pembroke		24
25 Gaynor, Erin	Smchs-Kemptonville		25
26 Taylor, Ella	Tiss- Brockville		26
27 Bourgeois, Kaitlijn	Bschs - Pembroke		27
28 McShane, Ella	Bayridge - Kingston		28
29 Alblas, Amanda	Smchs-Kemptonville		29
30 Friedrich Yap, Jasmin	Ngdhs-Kemptonville		30
31 Aiken, Hero	Esmi - Kingston		31
32 Boland, Charis	Smchs-Kemptonville		32
33 Dionne, Lily	Kingston - Kingston		33
34 Madden, Raeley	Sfdci-Smithsfall		34
35 Brunet, Marika	Esle - Rockland		35
36 Terpstra, Jenevieve	Ndhs-Carleton Pl		36
37 Stonness, Hannah	Kingston - Kingston		37
38 Belot, Paige	Sfdci-Smithsfall		38
39 Colizza, Alyssa	Sfxchs-Hammond		39
40 Schiemann, Alyssa	Bschs - Pembroke		40
41 Kunz, Michaela	Esle-Hawkesbury		41
42 Charlebois, Lauren	Sjss - Cornwall		42
43 Vignuzzi, Isabelle	Smchs-Kemptonville		43
44 Smith, Olivia	Rideau - Elgin		44
45 McCrimmon, Ashley	Htcss - Cornwall		45
46 Irwin, Catherine	Hccss - Kingston		46
47 Hamilton, Abbey	Hccss - Kingston		47
48 Poole, Hallie	Pdci - Perth		48
49 Laplante, Grace	Cldhs-Williamsto		49
50 Mckechnie, Erin	Opeongo - Douglas		50
51 Tully, Veronica	Smchs-Kemptonville		51
52 Eadie, Emily	E.S. L'Equinoxe		52

[<<First Page] [[Previous Page](#)] [[Next Page](#)>] [[Last Page](#)>>]

St. Michael Catholic High School

Hy-Tek's MEET MANAGER 3:58 PM 10/27/2016 Page 2

**2016 EOSSAA X-Country Championships - 10/27/2016****St. Michael CHS, Kemptville, ON****Rankings****....Event 1 Girls 3100 Meter Run CC Midget Girls**

53 Groskleg , Sydney	Esjl - Pembroke	53
54 Blair, Hillary	Sfdci-Smithsfall	54
55 Belanger , Reagan	Seaway - Iroquois	55
56 Pommier , Jade	Eslh - Cornwall	56
57 Belisle, Brianna	Cldhs-Williamsto	57
58 Martinez, Patricia	Sjss - Cornwall	58
59 Steep , Julia	Esjl - Pembroke	59
60 Carson, Emilie	Rnd - Kingston	60
61 Peunter , Fabienne	Nddhs-Chestervil	61
62 Young , Falan	Almonte - Almonte	62
63 Eady , Breanna	Esjl - Pembroke	63
64 Matchett , Maylee	Sfxchs-Hammond	64
65 McNaughton , Ella	Nddhs-Chestervil	65
66 Mombourquette, Amy	Rnd - Kingston	66
67 Madden, Taryn	Sfdci-Smithsfall	67
68 Blair , Elisabeth	St. John - Perth	68
69 Courcelles , Andreeanne	Ndhs-Carleton Pl	69
70 Lau , Jana	Fellowes - Pembroke	70
71 Quatermain , Kelsey	Ndhs-Carleton Pl	71
72 Fergusson, Mackenzie	Pdci - Perth	72
73 Nash , Chloe	Tiss- Brockville	73
74 Lacroix , Emmalynn	Sfxchs-Hammond	74
75 Manon , Shaloo	Htcss - Cornwall	75
76 Teodoro, Cassidy	Htcss - Cornwall	76
77 Mills , Delaney	Esjl - Pembroke	77
78 Heriault , Jessica	Htcss - Cornwall	78
79 Sousa, Thalia	Rnd - Kingston	79
80 Gemmill , Olivia	Pdci - Perth	80
81 Longsworth , Sarah	Fellowes - Pembroke	81
82 Madigan, Stacey	St. John - Perth	82
83 Silver, Sophie	Rnd - Kingston	83
84 Peplinski , Mya	Bschs - Pembroke	84
85 Moffatt , Gage	Ndhs-Carleton Pl	85
86 Murugesapillai , Vashuki	EsIs-Hawkesbury	86

**Team Scores**

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1	Kingston - Kingston	17	1	3	5	8	33	37			
2	Thousand Islands - Brockv	61	6	14	20	21	26	73			
3	Smiths Falls - Smiths Fal	109	18	19	34	38	54	67			
4	Bishop Smith - Pembroke	114	23	24	27	40	84				
5	St. Michael - Kemptville	129	25	29	32	43	51				
6	St. Francis Xavier - Hamm	199	22	39	64	74					
7	ES Jeanne Lajoie - Pembro	252	53	59	63	77					
8	Notre Dame - Carleton Pl	261	36	69	71	85					
9	Holy Trinity - Cornwall	274	45	75	76	78					
10	Regiopoliis-Notre Dame-Kin	288	60	66	79	83					

**2016 EOSSAA X-Country Championships - 2016-10-27**  
**St. Michael CHS, Kemptville, ON**  
**Overall Team Scores**

EOSSAA Champion:                   Thousand Islands Secondary School

A Champion:                        Valour - Petawawa

AA Champion:                       Thousand Islands Secondary School

AAA Champion:                     Regiopolis - Notre Dame

	<b>MIDGET GIRLS</b>	<b>MIDGET BOYS</b>	<b>JUNIOR GIRLS</b>	<b>JUNIOR BOYS</b>	<b>SENIOR GIRLS</b>	<b>SENIOR BOYS</b>	<b>TOTAL</b>
Thousand Islands - Brockville	8	6	12	8	12	6	52
Valour - Petawawa		8	8	5	8	12	41
Kingston - Kingston	12		3	12	6	5	38
Regiopolis-Notre Dame-Kingston		3	6	6	4	8	27
St. Michael - Kemptville	4	12					16
Frontenac Secondary School		5				4	9
La Salle - Kingston			4	4			8
Smiths Falls - Smiths Falls	6					1	7
Almonte - Almonte			5				5
Bishop Smith - Pembroke	5						5
Perth & District - Perth		4		1			5
Rideau - Elgin					5		5
ES Jeanne Lajoie - Pembroke	2				2		4
Holy Cross - Kingston			1			3	4
Holy Trinity - Cornwall				3	1		4
Sydenham - Sydenham			2			2	4
Madawaska Valley - Barry's Bay					3		3
Notre Dame - Carleton Place	1			2			3
St. Francis Xavier - Hammond	3						3
E.S. L'Equinoxe - Pembroke		2					2
St. Joseph's - Renfrew		1					1