

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

Women 100 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#	Points
Finals						
1 274 Lucas, Katherine	Simon Fraser	12.03	12.21	0.5	3	
2 168 Fashina-Bombata, H	Nanaimo trac	12.02	12.70	0.5	3	
3 215 Houk, Becca	Seattle Pacific	12.29	12.79	0.5	3	
4 260 Friedmann, Natasha	Simon Fraser	12.94	12.97	-0.6	2	
5 378 Allen, Macie	Western Washington	12.57	12.98	0.5	3	
6 326 Lew, Jasmine	Unattached	12.40	12.99	0.5	3	
7 24 Duncanson, Jade	British Columbia	12.74	13.06	-0.6	2	
8 383 Bradley, Hannah	Western Washington	12.62	13.16	-0.6	2	
9 174 Yuen, Camryn	NorWesters	12.82	13.18	-0.6	2	
10 59 Russell, Emily	British Columbia	12.71	13.21	-0.6	2	
11 65 Taddei, Larissa	British Columbia	13.23	13.63	-1.1	1	
12 93 Duncan, Amara	Coq. Cheetahs	12.84	13.65	-0.6	2	
13 81 Castillo, Jonah	Chilliwack		13.85	-1.1	1	
14 477 Lagerstrom, Kriste	Unattached B		13.86	-1.1	1	
14 361 Wong, Jillian	Vancouver Ol	13.26	13.86	-1.1	1	
16 80 Carson, Xiao Yang	Chilliwack		14.42	-1.1	1	
-- 285 Pederson, Kira	Simon Fraser	12.38	DQ	0.5	3	RULE 163-7

Women 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#	Points
1 274 Lucas, Katherine	Simon Fraser	24.41	24.99	-0.3	6	
2 268 Kabia, Valda	Simon Fraser	24.41	25.03	-0.3	6	
3 306 Voloshin, Diana	Simon Fraser	26.20	25.61	1.0	5	
4 252 Desch, Chantel	Simon Fraser	25.13	25.65	-0.3	6	
5 200 Brannan, Kyra	Seattle Pacific		25.76	-0.3	6	
6 454 Smith, Savannah	Western Washington	25.71	25.80	-0.3	6	
7 285 Pederson, Kira	Simon Fraser		25.87	0.1	2	
8 232 Taylor, Lani	Seattle Pacific	26.12	25.96	1.0	5	
9 215 Houk, Becca	Seattle Pacific	26.02	26.30	1.0	5	
10 144 Jacobs, Jordan	Langley Must	26.03	26.31	1.0	5	
11 260 Friedmann, Natasha	Simon Fraser	26.44	26.85	-0.3	6	
12 105 Tyndall, Hana	Coq. Cheetahs	26.27	27.02	1.0	5	
13 142 Harrison, Holly	Langley Must	27.92	27.32	1.1	3	
14 159 Wickramaarachchi,	Langley Must	27.73	27.36	1.1	3	
15 367 Fung, Logan	Vancouver Th	27.12	27.47	1.1	3	
16 152 Ronse, Dominique	Langley Must	28.00	27.63	1.1	3	
17 211 Gabriel, Olivia	Seattle Pacific	26.91	27.84	-0.3	6	
18 93 Duncan, Amara	Coq. Cheetahs	27.49	27.88	1.1	3	
19 148 Markin, Jessie	Langley Must	27.20	28.19	1.1	3	
20 146 Laface, Katie	Langley Must	28.58	28.39	0.1	2	
21 139 Colwell, Tatum	Langley Must	29.05	28.81	-1.3	1	
22 499 Chandra, Lauren	Langley Must		29.40	-1.3	1	
23 151 Richardson, Teagan	Langley Must	28.00	29.49	0.1	2	
24 145 Klassen, Mireya	Langley Must	29.50	29.59	-1.3	1	
25 149 Markin, Mollie	Langley Must	28.40	29.86	0.1	2	
26 147 Markin, Emma	Langley Must	28.40	29.98	0.1	2	
27 156 Suriya, Shaunika	Langley Must	28.50	30.10	0.1	2	
28 157 Szalkai, Gabriella	Langley Must	28.28	30.84	0.1	2	
29 141 Ferguson, Daylana	Langley Must	28.95	34.13	-1.3	1	

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

Women 400 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 232 Taylor, Lani	Seattle Pacific	57.18	56.76	3	
2 214 Hong, Cheryl	Seattle Pacific	56.67	57.05	3	
3 279 Mussatto, Alana	Simon Fraser	56.50	57.98	3	
4 343 Nijjar, Jasneet	Universal Athletics	57.26	59.14	3	
5 273 Lindsay, Nicole	Simon Fraser	58.66	59.17	2	
6 48 McWilliam, Leah	British Columbia	59.61	1:00.49	2	
7 342 kurucz, Aaryanna	Universal Athletics	58.32	1:00.56	3	
8 169 Shields-Brown, Mai	Nanaimo Trac	1:00.10	1:00.85	2	
9 180 Smith, Cayla	Oceanside T&F	1:01.50	1:01.30	1	
10 458 Sytsma, Emily	Western Washington	58.45	1:01.36	3	
11 49 McWilliam, Rhianne	British Columbia	59.31	1:01.69	2	
12 211 Gabriel, Olivia	Seattle Pacific	56.70	1:02.16	3	
13 332 O'Flaherty, Caleig	Unattached	1:00.50	1:04.15	1	
14 367 Fung, Logan	Vancouver Th	1:01.43	1:05.27	1	
15 127 Cosco, Danielle	Kajaks	1:04.00	1:07.10	1	
16 128 Morton, Mackenzie	Kajaks	1:07.00	1:09.94	1	

Women 800 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 255 Dodd, Sophie	Simon Fraser	2:11.37	2:11.63	3	
2 264 Howley, Julia	Simon Fraser	2:16.50	2:13.07	3	
3 325 Lee, Kirsten	Unattached	2:15.30	2:16.83	3	
4 254 Dobie, Reta	Simon Fraser	2:15.25	2:16.94	3	
5 226 Phan, Chynna	Seattle Pacific	2:11.13	2:17.05	3	
6 70 Van Tassel, Camill	British Columbia	2:15.33	2:18.98	3	
7 39 Korpach, Sarah	British Columbia	2:13.38	2:19.12	3	
8 67 Tinkham, Mikayla	British Columbia	2:17.44	2:21.19	3	
9 452 Shreffler, Waverly	Western Washington	2:16.11	2:21.38	3	
10 480 Mussche, Brook	Langley Must		2:23.34	2	
11 158 Weltzin, Kayla	Langley Must	2:22.00	2:27.99	2	
12 117 Beckett, Marley	Hershey Harr	2:25.00	2:28.28	2	
13 71 Wager, Brianne	British Columbia	2:24.76	2:29.12	2	
14 184 Chilton, Emily	Rctfc	2:19.99	2:30.99	2	
15 208 Edgar, Gillian	Seattle Pacific	2:25.00	2:32.92	2	
16 416 Koger, Aundrea	Western Washington	2:25.60	2:34.00	2	
17 138 Bakker, Leah	Langley Must	2:27.00	2:34.17	1	
18 459 Taferre, Sara	Western Washington	2:28.40	2:35.01	1	
19 431 Melville, Tracy	Western Washington	2:24.91	2:35.33	2	
20 473 Painter, Zoe	Thompson Riv	2:29.00	2:36.14	1	
21 355 Waring, Arshdeep	Valley Royals	2:55.00	2:44.02	1	
22 95 Jimenez, Mariana	Coq. Cheetahs		2:52.51	1	
23 91 Curiel, Ariona	Coq. Cheetahs		2:56.43	1	
-- 301 Townsend, Addy	Simon Fraser	2:08.38	DNF	3	

Women 1500 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1 325 Lee, Kirsten	Unattached	4:33.16	4:37.12	2	
2 241 Bassett, Miryam	Simon Fraser	4:32.00	4:41.23	2	
3 205 Charleson, Mary	Seattle Pacific	4:30.80	4:41.62	2	

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

...Women 1500 Meter Run

4	192	Fetherstonhaugh, G	Royal City T	4:38.00	4:46.37	2
5	314	Bassett, Rebecca	Unattached	4:33.48	4:49.84	2
6	416	Koger, Aundrea	Western Washington	4:47.68	4:51.92	2
7	221	Lilly, Kate	Seattle Pacific	4:36.84	4:53.30	2
8	210	Foote, Alyssa	Seattle Pacific	4:43.69	4:53.81	2
9	456	Stelling, Lilliann	Western Washington	4:46.52	4:54.58	2
10	281	Nock, Paige	Simon Fraser	4:28.00	4:54.69	2
11	410	Hutchison, Maddy	Western Washington	4:44.45	4:54.71	2
12	203	Calvert, Hannah	Seattle Pacific	4:40.19	4:56.84	2
13	126	Roxby, Megan	Hershey Harr	4:38.00	4:57.78	2
14	340	Willett, Olivia	Unattached	4:45.00	4:59.72	2
15	235	Walter, Katherine	Seattle Pacific	5:00.84	5:00.17	1
16	125	Paterson, Rhian	Hershey Harr	4:39.00	5:00.24	2
17	478	Bains, Baneet	Coastal Track Club	4:46.00	5:00.27	2
18	113	Huston, Madelyn	Golden Ears	4:45.17	5:00.47	2
19	225	McNerney, Sedona	Seattle Pacific	4:58.01	5:00.58	1
20	320	Dreicer, Talia	Unattached	4:59.42	5:01.05	1
21	459	Taferre, Sara	Western Washington	4:57.99	5:01.17	1
22	360	Lewis, Kendra	Vancouver Ol	4:50.11	5:01.45	2
23	418	Laiblin, Alexandra	Western Washington	4:55.50	5:02.00	1
24	431	Melville, Tracy	Western Washington	4:45.00	5:02.54	2
25	473	Painter, Zoe	Thompson Riv	4:55.00	5:06.88	1
26	313	Austin, Annika	Unattached	4:50.00	5:07.79	1
27	337	Van Tongeren, Carl	Unattached	5:00.00	5:08.50	1
28	331	Morris, Amy	Unattached	4:54.00	5:09.88	1
29	218	Kettel, Hailey	Seattle Pacific	4:58.00	5:10.73	1
30	47	McIntosh, Taylor	British Columbia	4:57.15	5:11.73	1
31	132	Tasdemir, Selin	Kajaks T&F	5:05.00	5:16.32	1
32	249	Cho, Erina	Simon Fraser	5:15.31	5:16.78	1
33	167	Stewart, Hope	Nanaimo Track	4:54.00	5:17.87	1
34	424	Marikis, Sofia	Western Washington	4:58.52	5:18.66	1
35	100	Purhar, Saira	Coq. Cheetahs	5:10.24	5:20.19	1
36	476	Neal, EmmaJean	Unattached B		5:20.40	1
37	123	Lavallee, Sarah	Hershey Harr	4:59.00	5:27.38	1
38	464	Tyburczy, Katie	Western Washington	4:58.14	5:32.23	1
39	118	Campbell, Charlott	Hershey Harr	5:05.00	5:35.05	1
40	432	Milner, Abby	Western Washington	5:05.00	5:41.03	1
41	349	Gill, Gurleen	Valley Royals	5:25.50	5:42.24	1
42	346	Bako, Jensen	Valley Royals	5:27.20	5:45.96	1

Women 100 Meter Hurdles 33

Name	Year	Team	Seed	Finals	Wind	H#	Points
1	306	Voloshin, Diana	Simon Fraser	14.03	14.63	0.9	2
2	105	Tyndall, Hana	Coq. Cheetahs	14.46	14.83	0.9	2
3	258	Fedor, Kye	Simon Fraser	14.95	15.59	0.9	2
4	173	Schulz, Kristen	NorWesters	14.84	15.86	0.9	2
5	51	Motsi, Tanya	British Columbia	14.62	15.87	0.9	2
6	262	Gilbert, Tyra	Simon Fraser	15.44	16.15	0.9	2
7	36	Johnston, Hannah	British Columbia	15.07	17.11	0.9	2
--	359	Ho, Julia	Vancouver Ol	18.00	NT	NWI	1
--	345	Vlahovic, Katarina	Universal Athletics	14.27	NT	NWI	1 30"

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

Women 400 Meter Hurdles 30

Name	Year Team	Seed	Finals	Points
1 86 Gummer, Elizabeth	Com. Cougars	59.74	1:01.41	
2 46 Madden, Hayley	British Columbia	1:03.38	1:04.60	
3 457 Svastisalee, Deja	Western Washington	1:03.44	1:05.30	
4 219 Lambert, Emma	Seattle Pacific	1:05.50	1:06.75	
5 198 Benner, Brooke	Seattle Pacific	1:02.60	1:07.68	
6 36 Johnston, Hannah	British Columbia	1:04.11	1:10.38	

Women 2000 Meter Steeplechase 30

Name	Year Team	Seed	Finals	Points
1 192 Fetherstonhaugh, G	Royal City T	6:55.00	7:00.74	
2 340 Willett, Olivia	Unattached	7:00.00	7:10.76	
3 15 Cairns, Brianna	British Columbia	7:10.00	7:12.87	
4 289 Riberio, Chelsea	Simon Fraser		7:22.74	
5 196 Boyle, Shari	Running Room	7:18.37	7:30.11	
6 302 Townsend, Dana	Simon Fraser	7:36.18	8:00.88	

Women 4x100 Meter Relay

Team	Seed	Finals	Points
1 Simon Fraser 'A'	47.22	46.90	
1) 268 Kabia, Valda			
3) 285 Pederson, Kira			
2 British Columbia 'A'	49.27	49.24	
1) 51 Motsi, Tanya			
3) 58 Russel, Emily			
3 Western Washington 'A'	48.48	50.80	
1) 383 Bradley, Hannah			
3) 454 Smith, Savannah			
2) 252 Desch, Chantel			
4) 274 Lucas, Katherine			
2) 24 Duncanson, Jade			
4) 52 Oancia, Sarah			
2) 428 McLean, Kelsey			
4) 378 Allen, Macie			

Women High Jump

Name	Year Team	Seed	Finals	Points
1 101 Seemann, Carly	Coq. Cheetahs	1.65m	1.55m	
1.40 1.45 1.50 1.55 1.60				
O O O XO XXX				
2 16 Campbell, Olivia	British Columbia	1.68m	J1.55m	
1.50 1.55 1.60				
XO XO XXX				
3 220 Lehnert, Geneva	Seattle Pacific	1.69m	J1.55m	
1.50 1.55 1.60				
XO XXO XXX				
4 8 Betz, Heather	British Columbia	1.60m	1.50m	
1.45 1.50 1.55				
O O XXX				
5 291 Rycroft, Natalie	Simon Fraser	1.50m	1.45m	
1.35 1.40 1.45 1.50				
O O O XXX				

SFU Emilie Mondor Invite - 4/8/2017

**SFU Track
Results - Day 1**

....Women High Jump

5	182 Saville, Emily	Pac. Athletics	1.55m	1.45m
	1.35 1.40 1.45 1.50			
	O O O XXX			
7	181 Irwin, Lara	Pac. Athletics	1.45m	J1.45m
	1.30 1.35 1.40 1.45 1.50			
	XXO O O O XXX			
8	286 Petz, Amy	Simon Fraser	1.55m	J1.45m
	1.45 1.50			
	XO XXX			

Women Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 200 Brannan, Kyra	Seattle Pacific	5.80m	5.11m	1.0	
FOUL 4.81m(0.4) 5.11m(1.0)					
2 306 Voloshin, Diana	Simon Fraser	5.39m	5.08m	0.2	
4.79m(0.1) FOUL(0.1) 4.98m(0.1) FOUL 4.92m(0.1) 5.08m(0.2)					
3 272 Lazecki, Natasha	Simon Fraser	5.24m	5.06m	0.5	
5.06m(0.5) 4.85m(0.9) 4.60m(0.4)					
4 43 Lindsey, Anna	British Columbia	5.48m	4.96m	0.7	
FOUL 4.75m(0.8) 4.96m(0.7) 4.62m(0.7)					
5 220 Lehnert, Geneva	Seattle Pacific	5.38m	4.92m	0.7	
4.78m(1.0) 4.69m(0.8) 4.92m(0.7)					
6 262 Gilbert, Tyra	Simon Fraser	4.91m	4.76m	0.5	
3.98m(1.0) 4.48m(0.7) 4.76m(0.5) 4.70m(0.8) 4.50m(0.1)					
7 435 Munoz, Malea	Western Washington	5.12m	4.75m	0.1	
4.61m(0.1) 4.75m(0.1) 4.72m(0.1)					
8 173 Schulz, Kristen	NorWesters	5.33m	4.71m	0.7	
4.65m(0.8) 4.71m(0.7) 4.45m(0.6) 3.58m(0.8)					
9 150 Monro, Natalia	Langley Must	5.46m	4.56m	0.6	
4.37m(0.5) 4.42m(0.7) 4.56m(0.6)					
10 332 O'Flaherty, Caleig	Unattached	5.25m	4.50m	0.6	
4.50m(0.6) FOUL FOUL					
11 369 Miller, Danielle	Vancouver Th	5.02m	4.46m	0.6	
4.32m(0.5) 4.38m(0.7) 4.46m(0.6)					
12 286 Petz, Amy	Simon Fraser	5.20m	4.45m	0.2	
4.45m(0.2) 4.29m(0.6) 4.23m(0.4)					
13 18 Chan, Sylvia	British Columbia	5.15m	4.43m	0.7	
FOUL 4.43m(0.7) 3.58m(0.5)					
13 359 Ho, Julia	Vancouver Ol	5.01m	4.43m	0.4	
FOUL 4.43m(0.4) 4.12m(0.8)					
15 182 Saville, Emily	Pac. Athletics	4.92m	4.39m	0.7	
4.35m(0.6) 4.39m(0.7) 4.21m(0.8)					
16 181 Irwin, Lara	Pac. Athletics	4.73m	4.35m	NWI	
FOUL(0.8) FOUL 4.35m(NWI)					
17 171 Huang, Milly	NorWesters		4.21m	0.2	
4.21m(0.2) FOUL 4.14m(0.4)					
18 291 Rycroft, Natalie	Simon Fraser		4.07m	0.6	
4.07m(0.6) 2.86m(0.4) 3.96m(0.5)					

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

Women Triple Jump

Name	Year Team	Seed	Finals	Wind	Points
1 173 Schulz, Kristen	NorWesters	12.01m	10.95m	+0.0	
10.88m(-0.2) 10.95m(+0.0) FOUL(+0.0) 10.87m(-0.1) 10.71m(+0.0) 10.83m(-0.4)					
2 43 Lindsey, Anna	British Columbia	10.92m	10.26m	-1.1	
9.90m(+0.0) 9.95m(+0.0) 10.21m(-0.0) 10.16m(0.5) 10.19m(0.2) 10.26m(-1.1)					
3 198 Benner, Brooke	Seattle Pacific	11.70m	10.07m	+0.0	
FOUL FOUL 10.07m(+0.0)					
4 18 Chan, Sylvia	British Columbia	10.70m	9.83m	+0.0	
9.83m(+0.0) 9.68m(+0.0) 9.55m(+0.0) 9.47m(-0.6) 9.52m(+0.0) 9.74m(+0.0)					
5 171 Huang, Milly	NorWesters		9.55m	0.8	
FOUL 9.24m(+0.0) 9.21m(-0.1) 9.44m(+0.0) 9.55m(0.8) 9.16m(-1.0)					
6 361 Wong, Jillian	Vancouver Ol	9.97m	9.52m	+0.0	
FOUL FOUL 9.52m(+0.0) 9.03m(+0.0) FOUL(+0.0)					
6 359 Ho, Julia	Vancouver Ol	10.09m	9.52m	+0.0	
FOUL FOUL 9.52m(+0.0) 9.03m(+0.0) FOUL					
-- 181 Irwin, Lara	Pac. Athletics	10.12m	FOUL		
FOUL FOUL					

Women Discus Throw 1 k

Name	Year Team	Seed	Finals	Points
1 85 Gabri, Doly	Coastal Track Club	47.00m	42.99m	
42.99m FOUL FOUL 40.23m FOUL FOUL				
2 9 Bhandal, Gurleen	British Columbia	35.90m	33.97m	
33.93m 33.97m 32.45m FOUL FOUL FOUL				
3 446 Roberts, Sophia	Western Washington	31.15m	31.69m	
30.42m 31.59m 28.64m 31.69m FOUL 30.74m				
4 136 Bhandal, Jasmin	Kajaks Track	27.00m	28.61m	
FOUL 24.83m FOUL 28.61m 26.88m FOUL				
5 185 Patry-Smith, Jv	Rctfc	33.60m	27.90m	
26.80m FOUL FOUL FOUL 27.67m 27.90m				
6 348 Foote, Abresia	Valley Royals		25.26m	
21.77m 25.15m 25.26m FOUL FOUL FOUL				
7 377 Ziemer, Talyn	Walnut Grove Gators	28.00m	19.16m	
18.07m 17.78m FOUL 17.78m FOUL 19.16m				

Women Hammer Throw 4 k

Name	Year Team	Seed	Finals	Points
1 333 Rogers, Camryn	Unattached	59.73m	61.01m	
58.85m 61.01m 56.83m 57.35m FOUL				
2 324 Kennedy, Samantha	Unattached	58.65m	52.59m	
FOUL 52.00m 52.59m FOUL FOUL FOUL				
3 446 Roberts, Sophia	Western Washington	39.64m	37.95m	
37.62m FOUL FOUL 37.95m FOUL FOUL				
4 55 Phelps, Cheyanna	British Columbia	32.30m	36.22m	
36.22m 29.63m FOUL FOUL FOUL FOUL				
5 191 Pinvidic, Joelle	Royal City T	35.43m	35.69m	3K
33.96m FOUL FOUL 35.69m 28.15m FOUL				
6 9 Bhandal, Gurleen	British Columbia	35.16m	32.74m	3K
FOUL 30.30m 32.74m FOUL FOUL				

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

....Women Hammer Throw 4 k

7	348 Foote, Abresia	Valley Royals	32.55m
	28.84m 29.49m 30.86m 32.55m	FOUL FOUL	
8	136 Bhandal, Jasmin	Kajaks Track	30.00m 29.13m 3K
	29.13m FOUL 28.35m 28.55m	FOUL FOUL	
9	190 Liniewski, Zuzanna	Royal City T	32.00m 28.47m
	28.47m 27.48m 27.16m 28.18m	FOUL FOUL	

Women Javelin Throw 600g

Name	Year Team	Seed	Finals	Points
1 140 Denness, Rori	Langley Must		40.12m	
	40.12m 33.21m 37.48m 32.97m			
2 223 Markham, Sammi	Seattle Pacific	42.36m	37.47m	
	37.47m 33.21m 34.62m 34.25m 34.74m 32.53m			
3 202 Cai, Scout	Seattle Pacific	39.63m	33.82m	
	27.34m 33.61m 33.82m 30.57m 32.06m 32.78m			
4 312 Janes, Giovanna	South Fraser	37.57m	33.37m	
	33.37m 30.76m 29.51m 29.77m 30.63m			
5 185 Patry-Smith, Jv	Rctfc	37.00m	33.18m	
	32.23m 33.18m 29.71m 30.96m			
6 335 Savela, Lauryn	Unattached	34.74m	31.20m	
	28.50m 30.12m 30.49m 31.20m 28.25m			
7 193 Bates, Brianna	Royal City T	39.58m	31.07m	
	31.07m 26.49m 2.93m 29.62m 30.15m 30.79m			
8 377 Ziemer, Talyn	Walnut Grove Gators	32.00m	26.87m	
	23.28m 26.87m 23.76m 20.90m 22.92m			
9 258 Fedor, Kye	Simon Fraser	22.05m	23.02m	
	18.85m 23.02m 22.81m			
10 375 Jones, Ayliffe	Walnut Grove Gators	32.00m	21.70m	
	21.70m			
10 369 Miller, Danielle	Vancouver Th	25.00m	21.70m	
	17.71m 18.95m 21.70m			
12 298 Stewart, Mackenzie	Simon Fraser	22.09m	21.33m	
	21.33m 21.13m			
13 374 Coluboum, Andria	Walnut Grove Gators	33.00m	19.48m	
	9.83m 19.48m			

Men 100 Meter Dash

Name	Year Team	Seed	Finals	Wind H#	Points
1 275 Mah, Nathan	Simon Fraser	10.85	11.08	0.6 4	
2 20 Coles, Mark	British Columbia	11.21	11.18	0.6 3	
3 176 Blackman, Kenny Ju	Oceanside T&F	11.21	11.26	0.6 3	
4 460 Taylor, Alex	Western Washington	10.79	11.27	0.6 4	
5 344 sandhu, amarveer	Universal Athletics	10.87	11.28	0.6 4	
6 104 Tjernagel, Benjami	Coq. Cheetahs	11.09	11.31	0.6 4	
7 269 Kelloway, Daniel	Simon Fraser	11.10	11.32	0.6 4	
8 415 Knox, Stedman	Western Washington	11.20	11.45	0.6 4	
9 386 Chhim, Somit	Western Washington	11.29	11.61	0.6 3	
10 99 Pinsky, David	Coq. Cheetahs	11.78	11.80	0.4 2	
11 372 Lee, Ryan	Vancouver Thunde	11.35	11.81	0.6 3	
12 206 Choi, David	Seattle Pacific	11.80	11.86	0.4 2	
13 368 Jang, Kyle	Vancouver Th	11.60	11.89	0.4 2	

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

...Men 100 Meter Dash

14	339 Wang, Ben	Unattached	11.59	11.96	0.6	3
15	170 Hoey, Caleb	NorWesters	11.69	12.08	0.4	2
15	84 Small, Lucas	Chilliwack	11.89	12.08	0.4	2
17	236 Wong, Christian	Seattle Pacific	11.90	12.19	0.4	2
18	82 Eraso, Deigo	Chilliwack	12.00	12.28	+0.0	1
19	233 Telfer, Zach	Seattle Pacific	11.80	12.53	0.4	2
20	172 Riddell, Mackenzie	NorWesters		13.12	0.6	4
21	77 Kim, Yuhan	Brooks Secon	13.70	13.82	+0.0	1

Men 200 Meter Dash

Name	Year Team	Seed	Finals	Wind	H#	Points
1	178 Ellison, Elias	Oceanside T&F	22.80	22.80	1.0	3
2	344 sandhu, amarveer	Universal Athletics	22.18	23.00	1.0	3
3	143 Hughes, Kevin	Langley Must	22.38	23.12	1.0	3
4	228 Ramsey, Justin	Seattle Pacific	23.19	23.39	1.0	3
5	107 Wezeman, Benjamin	Coq. Cheetahs	23.50	23.44	1.0	3
6	179 Kabia, Benjamin	Oceanside T&F	23.43	23.70	1.0	3
7	371 Prevost, Sam	Vancouver Th	23.70	23.80	-0.7	2
8	500 Soh, Xavier	Langley Must		23.90	-0.7	2
9	230 Scarbrough, Lazaru	Seattle Pacific	23.42	23.94	1.0	3
10	99 Pinsky, David	Coq. Cheetahs	23.88	24.02	-0.7	2
11	204 Carpenter, Shayne	Seattle Pacific	23.45	24.15	1.0	3
12	339 Wang, Ben	Unattached	23.95	24.28	-0.7	2
13	283 Parks, Corey	Simon Fraser	23.63	24.29	-0.7	2
14	206 Choi, David	Seattle Pacific	24.20	24.77	1.6	1
15	265 Ibbitt, Ryan	Simon Fraser	23.80	24.90	-0.7	2
16	372 Lee, Ryan	Vancouver Thunde	24.12	24.92	1.6	1
17	195 Fan, Gavin	Royal City T	24.03	24.94	1.6	1
18	236 Wong, Christian	Seattle Pacific	24.40	25.05	1.6	1
19	82 Eraso, Deigo	Chilliwack	24.85	25.12	1.6	1
20	336 Shum, Brendan	Unattached	24.50	25.22	1.6	1
21	233 Telfer, Zach	Seattle Pacific	23.90	25.27	-0.7	2
22	84 Small, Lucas	Chilliwack	23.99	25.46	-0.7	2

Men 400 Meter Run

Name	Year Team	Seed	Finals	H#	Points
1	4 Aono, Michael	British Columbia	47.55	49.13	4
2	474 Litherlanbd, Quinn	British Columbia	47.50	49.25	4
3	426 McArthur, Ryan	Western Washington	48.48	49.83	4
4	363 Cantarella, Egidio	Vancouver Th	50.74	50.22	4
5	228 Ramsey, Justin	Seattle Pacific	49.80	51.06	4
6	34 Ireri, Philip	British Columbia	51.20	51.57	4
7	122 Harris, Luke	Hershey Harr	51.14	51.65	4
8	421 Lovercamp, Reid	Western Washington	50.22	51.78	4
9	371 Prevost, Sam	Vancouver Th	51.90	52.02	3
10	259 Freinhofer, Dylan	Simon Fraser	51.50	52.15	3
11	107 Wezeman, Benjamin	Coq. Cheetahs	52.60	52.39	3
12	230 Scarbrough, Lazaru	Seattle Pacific	52.55	52.81	3
13	283 Parks, Corey	Simon Fraser	52.13	52.86	3
14	322 Gill, Holden	Unattached	52.41	53.27	3
15	284 Paulsen, Sean	Simon Fraser	52.50	53.80	3

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

...Men 400 Meter Run

16	338	van tongeren, chad	Unattached	54.00	54.70	2
17	195	Fan, Gavin	Royal City T	55.67	55.36	2
18	265	Ibbitt, Ryan	Simon Fraser	52.80	55.50	3
19	336	Shum, Brendan	Unattached	55.45	57.26	2
20	79	Wilson, Chase	Brooks Secon	57.00	59.12	2

Men 800 Meter Run

Name	Year	Team	Seed	Finals	H#	Points	
1	475	Proceviat, Camerso	Coastal Track Club	1:49.21	1:56.99	4	
2	154	Schmidt, Jordan	Langley Must	1:55.60	1:58.56	3	
3	400	Gomez, Enrique	Western Washington	1:55.39	1:58.74	4	
4	227	Phan, Jesse	Seattle Pacific	1:54.65	1:59.43	4	
5	390	Crowell, Ben	Western Washington	1:55.75	2:00.06	4	
6	261	Gallagher, Thomas	Simon Fraser		2:00.20	4	
7	329	McMichael, Porter	Unattached	2:00.50	2:00.43	2	
8	116	Bates, Cameron	Hershey Harr	1:59.40	2:00.85	2	
9	1	Hunt, Theo	Bcep	1:57.00	2:01.18	3	
10	238	Abebe, Yonathan	Simon Fraser	1:59.27	2:01.38	2	
11	162	Gin, Jordan	Langley Must	1:57.00	2:01.50	3	
12	470	Lavigne, Etienne	Thompson Riv	2:01.00	2:02.38	2	
13	33	Huynh, Miles	British Columbia	1:59.11	2:02.47	2	
14	387	Cirlincione, Dario	Western Washington	1:57.97	2:03.18	3	
15	21	Cormier, Matthew	British Columbia	2:01.46	2:03.35	2	
16	411	Irvine, Justin	Western Washington	1:59.80	2:03.42	2	
17	317	Buckingham, Paul	Unattached	1:57.00	2:04.36	3	
17	166	Grabher, Thomas	Mid Island Distance	2:01.61	2:04.36	2	
19	292	Sawatzky, David	Simon Fraser	1:59.87	2:04.62	2	
20	11	Biro, Stefan	British Columbia	1:57.38	2:05.06	3	
21	353	James, Daniel	Valley Royals	2:00.50	2:06.96	2	
22	189	Yu, Daniel	Royal City T&F Club	2:09.00	2:07.35	1	
23	471	Sprickerhoff, Conl	Thompson Riv	2:03.00	2:09.53	2	
24	76	Guild, Mackenzie	Brooks Secon	2:05.00	2:11.08	1	
25	137	Allen, Felix	Langley Must	2:07.00	2:11.39	1	
26	237	Zering, Josiah	Seattle Pacific	2:07.00	2:11.55	1	
27	92	Curtis, Joseph	Coq. Cheetahs	2:13.00	2:13.53	1	
28	124	Onak, David	Hershey Harr	2:10.00	2:14.43	1	
--	224	McLeod, David	Seattle Pacific	2:01.00	DQ	2	RULE 163-3B

Men 1500 Meter Run

Name	Year	Team	Seed	Finals	H#	Points
1	475	Proceviat, Camerso	Coastal Track Club	3:46.33	3:57.92	2
2	119	Dannatt, Charlie	Hershey Harr	3:55.00	3:58.48	2
3	256	Doherty, Rowan	Simon Fraser	3:57.95	3:58.92	2
4	45	Lumb, Kieran	British Columbia	3:54.08	4:01.19	2
5	389	Cossette, Liam	Western Washington	3:58.88	4:01.78	2
6	161	Dejong, Caleb	Langley Must	3:54.00	4:02.36	2
7	251	de Dalmases, Mateo	Simon Fraser	3:57.34	4:07.11	2
8	1	Hunt, Theo	Bcep	3:52.00	4:08.84	2
9	318	Castillo, Juan	Unattached	4:04.46	4:11.51	1
10	299	Tadesse, Ephraim	Simon Fraser	3:54.31	4:12.30	2
11	405	Hayes, Dylan	Western Washington	4:01.67	4:13.21	2

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

....Men 1500 Meter Run

11	399	Giese, Logan	Western Washington	3:55.46	4:13.21	2
13	212	Halladay, Ben	Seattle Pacific	4:03.33	4:13.71	1
14	160	De Jong, Tyler	Langley Must	3:56.43	4:15.10	2
15	310	Wong, Brendan	Simon Fraser	3:58.67	4:17.24	2
16	183	Stanley, Liam	Prairie Inn	4:13.00	4:21.42	1
17	304	Vargas, Carlos	Simon Fraser		4:22.21	2
18	293	Sekhon, Jalen	Simon Fraser	4:06.80	4:24.59	1
19	120	Doherty, Aidan	Hershey Harr	4:15.00	4:25.52	1
20	481	Mazzone, Robert	Vancouver Th		4:28.22	2
21	94	Gaucher, Nathan	Coq. Cheetahs	4:22.00	4:29.30	1
22	471	Sprickerhoff, Conl	Thompson Riv	4:15.00	4:29.99	1
23	234	Walker, Joseph	Seattle Pacific	4:18.00	4:30.18	1
24	479	Hrudepl, Russ	Hershey Harr		4:32.29	1
25	188	Yu, Charles	Royal City T&F Club	4:20.00	4:34.12	1
26	187	Janke, Shea	Royal City	5:00.00	4:36.96	1
27	53	O'Reilly, Liam	British Columbia	4:11.68	4:37.22	1
28	472	mcGrath, Liam	Thompson Riv	4:15.00	4:40.68	1
29	356	Waring, Parmvir	Valley Royals	4:35.00	4:45.58	1
30	354	Smith, Lucas	Valley Royals	4:40.50	4:53.17	1
31	321	El-Khatib, Luai	Unattached	5:34.33	5:06.66	1
32	106	Vranesich, Joshua	Coq. Cheetahs	4:52.00	5:14.54	1
33	351	Grandberg, Mark	Valley Royals	4:50.00	5:15.20	1
34	109	Wu, Andrew	Coq. Cheetahs	5:20.00	5:33.40	1

Men 5000 Meter Run

Name	Year	Team	Seed	Finals	Points
1	163	Lam, James	Langley Must	14:45.00	15:36.43
2	201	Byram, Lloyd	Seattle Pacific	16:09.00	16:09.26
3	164	Loewen, Ron	Langley Must	15:00.00	16:26.45
4	397	Freshwaters, Camer	Western Washington	15:55.47	16:27.73
5	231	Sterling, Clark	Seattle Pacific	16:20.00	17:06.33
6	75	Fisher, Chris	Brooks Secon	16:00.00	17:17.05

Men 110 Meter Hurdles 42"

Name	Year	Team	Seed	Finals	Wind	Points
--	391	Cummings, Cordell	Western Washington	15.33	NT	NWI
--	382	Bosscher, Aaron	Western Washington	16.10	NT	NWI
--	364	Cheng, Ryan	Vancouver Th	15.05	NT	NWI
--	172	Riddell, Mackenzie	NorWesters		NT	NWI 39"
--	204	Carpenter, Shayne	Seattle Pacific	15.90	NT	NWI
--	54	Pavel, Bogdan	British Columbia	14.79	NT	NWI
--	213	Harris, Peyton	Seattle Pacific	15.05	NT	NWI

Men 400 Meter Hurdles 36

Name	Year	Team	Seed	Finals	H#	Points
1	61	Schultze, Kenneth	British Columbia	54.60	55.10	2
2	365	Courteau-Godmaire,	Vancouver Th	53.94	55.17	1
3	366	Fisher, Paul	Vancouver Th	55.11	55.38	1 33
4	30	Hanna, Jacob	British Columbia	54.81	56.62	1

SFU Emilie Mondor Invite - 4/8/2017

**SFU Track
Results - Day 1**

....Men 400 Meter Hurdles 36

5	239	Adhemar, Joshua	Simon Fraser	55.24	57.70	2
6	250	Conrad, Ben	Simon Fraser	56.54	58.83	2
7	382	Bosscher, Aaron	Western Washington	58.74	1:00.92	2
8	87	O'Neill-Bains, jes	Com. Cougars	57.71	1:01.05	1

Men 2000 Meter Steeplechase 36"

Name	Year	Team	Seed	Finals	Points
1	316	Brockerville, Ryan	Unattached	5:45.00	5:51.55
2	25	Gay, John	British Columbia	5:50.00	5:52.72
3	7	Bergman, Sean	British Columbia	5:55.00	6:06.09
4	319	Charlton, Braeden	Unattached	6:03.45	6:10.61
5	69	Trummer, Max	British Columbia	6:10.00	6:15.80
6	267	Jorgensen, Oliver	Simon Fraser	5:51.38	6:17.51
7	29	Halliday, Kieran	British Columbia	6:17.42	6:18.76
8	329	McMichael, Porter	Unattached	6:26.45	6:31.81
9	94	Gaucher, Nathan	Coq. Cheetahs		6:41.24

Men 4x100 Meter Relay

Team	Seed	Finals	Points
1 British Columbia 'A'	42.10	42.28	
1) 20 Coles, Mark			
2) 4 Aono, Michael			
3) 30 Hanna, Jacob			
4) 34 Ireri, Philip			
-- Western Washington 'A'	42.23	DQ	rule # 170.69
1) 460 Taylor, Alex			
2) 415 Knox, Stedman			
3) 391 Cummings, Cordell			
4) 386 Chhim, Somit			

Men High Jump

Name	Year	Team	Seed	Finals	Points
1	114	Mackenzie, Bryce	Golden Ears Eagles	2.00m	1.80m
		1.80 1.90			
		o XXX			
2	112	Kuzyk, Zack	Golden ears	1.95m	J1.80m
		1.75 1.80 1.85			
		XXO o XXX			
3	103	Sun, Leo	Coq. Cheetahs		J1.80m
		1.65 1.70 1.75 1.80 1.85			
		XXO o o XXO XXX			
4	2	Abad, Jero	British Columbia	1.80m	1.75m
		1.70 1.75 1.80			
		XO o XXX			
5	297	Spence, Othniel	Simon Fraser	1.80m	J1.75m
		1.70 1.75 1.80			
		o XXO XXX			
6	278	Moyo, Bongani	Simon Fraser	1.70m	1.70m
		1.70 1.75			
		XO XXX			
7	153	Schmidt, Jake	Langley Must	1.70m	1.60m
		1.50 1.55 1.60 1.65			
		o o XXO XXX			

SFU Emilie Mondor Invite - 4/8/2017

SFU Track
Results - Day 1

Men Long Jump

Name	Year Team	Seed	Finals	Wind	Points
1 177 De Hoog, Elija	Oceanside T&F		6.21m	1.6	
6.20m(-1.3) 5.99m(+0.0) 6.21m(1.6) 5.91m(+0.0) 5.96m(+0.0) 5.75m(-0.6)					
2 20 Coles, Mark	British Columbia	6.77m	6.15m	0.3	
5.15m(1.1) 6.15m(0.3) FOUL(+0.0) 5.99m(+0.0) 6.15m(0.6) 5.96m(-0.5)					
3 305 Voloshin, Daniel	Simon Fraser	6.23m	5.59m	1.3	
FOUL 5.47m(-1.0) 5.59m(1.3) 5.45m(+0.0) 5.38m(+0.0)					

Men Triple Jump

Name	Year Team	Seed	Finals	Wind	Points
1 330 Moldavanov, Vladis	Unattached	14.15m	13.88m	0.1	
FOUL FOUL FOUL FOUL FOUL 13.88m(0.1)					
2 303 Tsygankov, Vladisl	Simon Fraser	14.45m	13.73m	1.0	
FOUL(1.0) 13.73m(1.0) 13.65m(1.1) 13.56m(0.2)					
3 112 Kuzyk, Zack	Golden ears	13.33m	12.30m	NWI	
FOUL 12.30m(+0.0) 11.78m(+0.0) 11.82m(0.9) FOUL					
4 194 Belcher, Jeremy	Royal City T	11.08m	11.00m	+0.0	
11.00m(+0.0) 10.33m(0.2) 10.38m(-0.0) 10.37m(-0.1) 10.41m(+0.0) 10.42m(+0.0)					
5 111 Kuzyk, Nick	Golden ears	11.93m	10.80m	+0.0	
FOUL FOUL FOUL 10.80m(+0.0) FOUL 10.50m(+0.0)					

Men Discus Throw 2k

Name	Year Team	Seed	Finals	Points
1 131 Mara, Tyrell	Kajaks T&F	50.11m	49.30m	
46.06m 48.58m 49.30m FOUL FOUL 46.86m				
2 442 Pless, Brandon	Western Washington	48.13m	49.23m	
42.66m 42.20m 49.23m FOUL FOUL FOUL				
3 420 Lee, Bryan	Western Washington	44.15m	43.38m	
FOUL 39.60m 43.38m 42.66m FOUL 40.93m				
4 334 Russell, Nicholas	Unattached	42.86m	41.01m	
39.53m 41.01m 38.82m FOUL FOUL FOUL				
5 42 Li, Andrew	British Columbia	42.64m	40.64m	
FOUL FOUL 40.20m 40.64m 39.99m 39.41m				
6 352 Hamilton, Rowan	Valley Royals		38.06m	1.75KG
38.06m FOUL FOUL FOUL FOUL 36.32m				
7 328 Lux, Avery	Unattached	37.79m	37.23m	
FOUL 35.25m 36.12m FOUL 37.23m FOUL				
8 135 Bhandal, Iqam	Kajaks Track	38.00m	33.28m	1.5KG
28.19m FOUL FOUL FOUL FOUL 33.28m				
9 172 Riddell, Mackenzie	NorWesters		32.20m	1.75KG
30.50m FOUL FOUL FOUL FOUL 32.20m				

Men Hammer Throw 7.26k

Name	Year Team	Seed	Finals	Points
1 350 Gondara, Vikramjit	Valley Royals	60.90m	59.02m	6k
FOUL 59.02m FOUL 57.32m FOUL 58.86m				
2 352 Hamilton, Rowan	Valley Royals	52.92m	55.09m	6k
53.63m 55.09m 49.95m FOUL FOUL 51.87m				

SFU Emilie Mondor Invite - 4/8/2017

SFU Track

Results - Day 1

....Men Hammer Throw 7.26k

3	244 Behncke, Peter	Simon Fraser	53.78m	51.80m	
	FOUL 50.62m 51.43m	FOUL 49.85m 51.80m			
4	135 Bhandal, Iqam	Kajaks Track	46.34m	46.92m	5k
	46.92m FOUL 42.87m 44.92m	FOUL FOUL			
5	72 Yep, Sebastian	British Columbia	51.20m	46.50m	
	46.50m FOUL FOUL 45.04m	FOUL 42.73m			
6	420 Lee, Bryan	Western Washington	49.99m	45.87m	
	45.87m 44.85m 43.91m	42.13m FOUL			
7	442 Pless, Brandon	Western Washington	54.43m	44.18m	
	FOUL FOUL FOUL 44.18m	FOUL FOUL			
8	257 Driver, Jayden	Simon Fraser	44.66m	43.57m	
	21.01m 42.36m FOUL 40.77m	43.57m FOUL			
9	328 Lux, Avery	Unattached	40.69m	39.55m	
	FOUL 39.55m FOUL FOUL	37.29m FOUL			

Men Javelin Throw 800g

=====						
	Name	Year	Team	Seed	Finals	Points
=====						
1	392 David, Costel		Western Washington	52.23m	52.53m	
	45.27m 48.13m 50.41m		52.53m 52.26m 49.11m			
2	110 Griffiths, Sion		Cowichan Val	58.28m	51.28m	
	42.58m 50.95m 47.52m		51.28m 50.51m 48.98m			
3	376 Smit, Paul		Walnut Grove Gators	40.00m	38.74m	
	38.29m 37.86m 38.74m		36.31m 36.80m			
4	186 Smith, Evan		Rctfc	45.00m	34.26m	
	34.26m 33.17m 32.68m		29.51m 33.85m			
5	172 Riddell, Mackenzie		NorWesters	37.80m	25.88m	
	25.88m					
6	153 Schmidt, Jake		Langley Must		25.31m	
	23.31m 22.18m 25.31m					
7	407 Hino, Jacob		Western Washington	40.00m	24.78m	
	23.36m		24.78m			