

SFU Emilie Mondor Invite - 4/09/16

SFU Track

Results

Event 3 Women 2000 Meter Steeplechase 30"

Name	Year Team	Finals
Finals		
1 Brunt, Madelyn	British Columbia	7:06.46
2 Lacis, Nicole	British Columbia	7:10.31
3 Willett, Olivia	Unattached	7:20.69

Event 4 Men 2000 Meter Steeplechase 36'

Name	Year Team	Finals
1 Brockerville, Ryan	Unattached B	5:50.01
2 Halliday, Kieran	British Columbia	6:17.42

Event 5 Women 4x100 Meter Relay

Team	Finals
1 British Columbia 'A'	48.98
1) Motsi, Tanya	2) Reid, Erin
3) Russel, Emily	4) Tourigny, Katherine
2 Simon Fraser 'A'	49.05
1) Friedmann, Natasha	2) West, Bryce
3) Brown, Ella	4) Lisek, Monique

Event 6 Men 4x100 Meter Relay

Team	Finals
1 British Columbia 'A'	42.10
1) Coles, Mark	2) Abosi, Stephen
3) Stefanovic, Mihailo	4) Hanna, Jacob
-- Simon Fraser 'A'	DQ rule 170-7
1) He, Jerry	2) Kelloway, Daniel
3) Shokoya, Saeed	4) Tsygankov, Vladislav

Event 7 Men 5000 Meter Run

Name	Year Team	Finals
1 Shamsi, Bilal	British Columbia	15:34.00
2 Milic, Michael	Vancouver Th	15:37.93
3 Kozelj, Joshua	Coq. Cheetahs	15:51.30
4 Peterson, Ryan	Western Washington	16:01.16
5 Freshwaters, Cameron	Western Washington	16:12.60

Event 8 Women 100 Meter Hurdles 33"

Name	Year Team	Finals	Wind	H#
1 Luquin, Maliea	Seattle Pacific	14.53	+0.0	2
2 Motsi, Tanya	British Columbia	14.97	+0.0	2
3 Tyndall, Hana	Coq. Cheetahs	15.30	0.3	1
4 Tims, Jalen	Seattle Pacific	15.58	+0.0	2
5 Crawford, Jade	Seattle Pacific	16.00	+0.0	2

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....Event 8 Women 100 Meter Hurdles 33"

6	Fedor, Kye	Simon Fraser	16.04	0.3	1
7	Gilbert, Tyra	Unattached	16.11	+0.0	2
8	Johnston, Hannah	Vancouver Ol	16.40	+0.0	2
9	Hutchison, Marley	Valley Royal	18.16	0.3	1
10	Vanee, Lauren	Royal City T	18.28	0.3	1
11	Chow, Cheryl	New West Spa	18.36	+0.0	2

Event 9 Men 110 Meter Hurdles

Name	Year Team	Finals	Wind	H#
1 Pavel, Bogdan	British Columbia	15.18	-0.1	2 42"
2 Harris, Peyton	Seattle Pacific	15.63	-0.1	2 42"
3 Stefanovic, Mihailo	British Columbia	15.69	-0.1	2 42"
4 O'Neil-Bains, Jesse	Pac. Athletics	15.98	+0.0	1 36"
5 Poue, Tne'Von	Unattached	16.03	-0.1	2 42'
6 Massar, Justin	Langley Must	16.44	-0.1	2 42"
7 Brubacher, Brody	Pac. Athletics	16.50	+0.0	1 36"
8 Medrano, Diego	New West Spa	16.83	+0.0	1 36"
9 Voloshin, Daniel	Simon Fraser	17.03	-0.1	2 42"

Event 10 Women 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 bell-spence, jonelle	Vancouver Th	12.02	-1.3	4
2 Ambus, Jahzelle	Seattle Pacific	12.48	-1.3	4
3 Bovell, Logan	V.O.C	12.57	-0.5	3
4 Kawai Herdman, Julie	Magee Second	12.58	-0.5	3
5 Hong, Cheryl	Seattle Pacific	12.62	-0.5	3
6 Ivancic, Veronica	Western Washington	12.66	-1.3	4
7 Houk, Becca	Seattle Pacific	12.76	-1.3	4
8 Russel, Emily	British Columbia	12.87	-1.5	2
9 Ivancic, Rachel	Western Washington	12.97	-0.5	3
10 Voloshin, Diana	NorWesters	13.00	-1.5	2
11 Lew, Jasmine	Unattached B	13.02	-1.3	4
11 Milosavljevic, Raquel	Simon Fraser	13.02	-0.5	3
13 Duncanson, Jade	Unattached	13.05	-0.5	3
14 Monro, Natalia	Langley Must	13.06	-0.5	3
15 Reid, Erin	British Columbia	13.14	-1.5	2
16 Jacobs, Jordan	Langley Must	13.24	-1.5	2
17 Yuen, Camryn	NorWesters	13.25	-0.5	3
18 Friedmann, Natasha	Simon Fraser	13.27	-1.5	2
19 Taddei, Larissa	British Columbia	13.33	-1.0	1
20 States-Jones, Trinaya	Unattached	13.55	-1.0	1
21 Wickramaarachchi, Prabha	Langley Must	13.62	-1.0	1
22 Irwin, Lara	Pac. Athletics	13.87	-1.0	1
23 Urban, Jessica	Vancouver Ol	13.89	-1.5	2

Event 11 Men 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Tsygankov, Vladislav	Simon Fraser	11.01	0.2	4
2 Abosi, Stephen	British Columbia	11.06	0.2	4

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....Event 11 Men 100 Meter Dash

3	Kelloway, Daniel	Simon Fraser	11.10	0.2	4
4	Mah, Nathan	Burnaby Stri	11.20	0.2	4
5	Pavel, Bogdan	British Columbia	11.35	-1.2	3
6	Savage, Alexander	Langley Must	11.36	0.2	4
7	Shokoya, Saeed	Simon Fraser	11.41	0.2	4
8	He, Jerry	Simon Fraser	11.44	0.2	4
9	Los, Kenzo	Langley Must	11.46	-1.2	3
10	Poue, Tne'Von	Unattached	11.49	-1.6	1
11	Avila, Linford	Unattached	11.58	0.2	4
12	Hughes, Kevin	Langley Must	11.65	-1.2	3
13	Lee, Ryan	Vancouver Th	11.69	-1.6	1
13	McLean, Matthew	British Columbia	11.69	-1.2	3
15	Jobson, Zane	Simon Fraser	11.82	-1.2	3
16	Pinsky, David	Coq. Cheetahs	11.87	-1.2	3
17	Cantarella, Egidio	Ubc Track &	11.91	-1.2	3
18	Small, Lucas	Chilliwack	11.95	-3.4	2
19	O'Neil-Bains, Jesse	Pac. Athletics	12.25	-3.4	2
20	Vangarderen, Jonathan	Chilliwack	12.30	-3.4	2
21	Runkel, Joel	Pac. Athletics	12.34	-3.4	2
22	Prevost, Sam	Vancouver Th	12.35	-3.4	2
23	Brubacher, Brody	Pac. Athletics	12.56	-3.4	2
24	Eraso, Deigo	Chilliwack	12.72	-3.4	2
25	Mah, Matthew	Burnaby Stri	12.75	-1.6	1
26	Guzman, Jay	greyhound ma	12.87	-1.6	1
27	Penson-McCoy, Jesaiah	Unattached	12.98	-1.6	1
28	Schmidt, Jake	Langley Must	14.54	-1.6	1

Event 12 Women 400 Meter Dash

Name	Year Team	Finals	H#
1	Desch, Chantel	Unattached	56.32 3
2	Butterworth, Lindsey	Valley Royal	56.35 3
3	Williams, Jessica	Ocean Athletics	57.33 3
4	Mussatto, Alana	Simon Fraser	57.87 3
5	Tourigny, Katherine	British Columbia	58.60 3
6	Reynolds, Gracia	Western Washington	59.18 2
7	Bluschke, Renate	Com. Cougars	59.36 1
8	Lindsay, Nicole	Com. Cougars	59.60 3
9	Smith, Savannah	Western Washington	59.65 2
10	Page, Raigan	Western Washington	1:00.83 2
11	Champoux, Megan	Langley Must	1:01.05 3
12	Reeves, Picabo	Simon Fraser	1:01.23 1
13	Konrad, Hannah	Valley Royals	1:02.42 2
14	Hutchison, Cassidy	Valley Royal	1:03.21 1
15	Hutchison, Marley	Valley Royal	1:04.04 1
16	Gommerman, Haley	Unattached B	1:06.30 1
17	Calverley, Josephine	Valley Royals	1:06.38 1

Event 13 Men 400 Meter Dash

Name	Year Team	Finals	H#
1	Webster, Joel	Unattached	48.11 3
2	Litherland, Quinn	Unattached	49.01 3

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....Event 13 Men 400 Meter Dash

3	Hanna, Jacob	British Columbia	49.27	3
4	Proceviat, Cameron	Simon Fraser	49.66	3
5	Ramsey, Justin	Seattle Pacific	49.86	3
6	Dhillon, Hameet	Unattached	51.65	2
7	Hutchinson, Michael	Simon Fraser	51.70	2
8	Parks, Corey	Simon Fraser	52.47	2
9	Karamanian, Jacob	Simon Fraser	52.71	2
10	Bradley, Carson	Kajaks	52.81	1
11	Gill, Holden	Unattached	52.92	1
12	Questroo, Justin	Coq. Cheetahs	53.16	3
13	Forsyth, Luke	Ocean Athletics	53.27	1
13	Prevost, Sam	Vancouver Th	53.27	1
15	Schmidt, Jordan	Langley Must	53.50	2
16	Paulsen, Sean	Unattached	53.81	2
17	Eraso, Deigo	Chilliwack	57.94	1
18	Mah, Matthew	Burnaby Stri	58.62	1
19	Bizzotto, Gianluca	Hershey Harr	59.51	1

Event 14 Women 800 Meter Run

Name	Year Team	Finals	H#	
1	O'Connor, Haley	Club Northwest	2:13.02	4
2	Korpach, Sarah	British Columbia	2:13.38	4
3	Mussche, Brooke	Langley Must	2:14.84	4
4	Van Tassel, Camille	British Columbia	2:18.55	3
5	Klassen, Adrianna	Langley Must	2:19.53	4
6	Dacre, Stephanie	Vancouver Th	2:19.78	4
7	Miller, Alexia	British Columbia	2:20.69	2
8	Paterson, Rhian	Hershey Harr	2:21.54	3
9	Graham, Taylor	Western Washington	2:22.65	3
10	Fine, Keana	Seattle Pacific	2:23.36	3
11	Steer, Danielle	Ocean Athletics	2:24.02	4
12	Chadsey, Emma	Simon Fraser	2:24.36	2
13	Chilton, Emily	Royal City T	2:25.31	3
14	Carroll, Sophie	Seattle Pacific	2:25.98	2
15	Geary, Caitlin	British Columbia	2:26.79	2
16	Sokolowski, Kate	Valley Royal	2:26.87	1
17	Hutchison, Maddy	Western Washington	2:27.85	3
18	Richard, Kassandra	Unattached	2:28.15	3
19	Weltzin, Kayla	Langley Must	2:29.77	3
20	Lapointe, Annelise	Hershey Harr	2:30.68	2
21	Hutchison, Cassidy	Valley Royal	2:30.93	1
22	Bath, Serena	Langley Must	2:30.95	1
23	Campbell, Charlotte	Hershey Harr	2:32.58	1
24	Bakker, Leah	Langley Must	2:32.68	1
25	Kettel, Hailey	Seattle Pacific	2:33.01	2
26	Beckett, Marley	Hershey Harr	2:34.08	1
27	Morton, mackenzie	Kajaks	2:37.42	1
28	stokes, melina	Hershey Harr	2:38.74	2
--	Butterworth, Lindsey	Valley Royal	DNF	4
--	Townsend, Addy	Simon Fraser	DNF	4

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Event 15 Men 800 Meter Run

Name	Year Team	Finals	H#
1 Jarron, Lukas	British Columbia	1:53.18	4
2 Paul-Morris, Adam	Vancouver Th	1:53.27	4
3 Ellenwood, Dean	Langley Must	1:55.32	4
4 Freinhofer, Dylan	Simon Fraser	1:55.35	4
5 Trummer, Max	British Columbia	1:56.25	4
6 Geary, Tanner	Valley Royal	1:56.32	2
7 McCranie, Cody	Unattached	1:56.55	4
8 Taylor, Christopher	British Columbia	1:56.73	3
9 Torres, Richard	Unattached B	1:58.00	3
10 Zigic, Jovan	Unattached	1:58.52	3
11 Tadesse, Ephraim	Simon Fraser	1:58.84	4
12 Avischious, Adam	Seattle Pacific	1:59.73	3
13 Lewis, Andrew	Ocean Athletics	2:00.53	2
14 Fisher, Pauls	Vancouver Th	2:01.03	2
15 Biro, Stefan	Hershey Harr	2:01.75	1
16 Vargas, Carlos	Simon Fraser	2:01.88	4
17 Sutherland, Austin	Hershey Harr	2:02.52	1
18 Dong, Christopher	Vancouver Th	2:02.97	2
19 Larsen, Cole	British Columbia	2:03.02	3
20 McLeod, David	Seattle Pacific	2:03.27	1
21 Cormier, Matthew	British Columbia	2:04.27	2
22 James, Daniel	Valley Royal	2:04.64	1
23 Harris, Luke	NorWesters	2:05.02	3
24 Kaps, Linden	Oceanside T&F	2:05.85	2
25 Sterling, Clark	Seattle Pacific	2:07.29	1
26 Loewen, Nathan	Kajaks	2:07.47	2
27 Sawatzky, David	Simon Fraser	2:07.60	1
28 Schmidt, Jordan	Langley Must	2:09.61	3
29 Doherty, Aidan	Hershey Harr	2:09.91	1
30 Walker, Joseph	Seattle Pacific	2:09.98	1
31 Allen, Felix	Langley Must	2:12.23	1

Event 16 Women 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 bell-spence, jonelle	Vancouver Th	24.82	-1.5	5
2 Kabia, Valda	Simon Fraser	25.24	-1.5	5
3 Desch, Chantel	Unattached	25.65	-1.5	5
4 Bovell, Logan	V.O.C	25.68	-1.6	3
5 Hong, Cheryl	Seattle Pacific	25.92	-1.5	5
6 Houk, Becca	Seattle Pacific	26.24	-1.5	5
7 Brannan, Kyra	Seattle Pacific	26.28	-1.5	5
8 Bluschke, Renate	Com. Cougars	26.49	-1.0	4
9 Voloshin, Diana	NorWesters	26.69	-1.6	3
10 Tyndall, Hana	Coq. Cheetahs	26.77	-1.0	4
11 Lazecki, Natasha	Simon Fraser	26.80	-1.0	4
12 Russel, Emily	British Columbia	26.94	-1.0	4
13 Jacobs, Jordan	Langley Must	27.15	-2.2	2
14 Lindsay, Nicole	Com. Cougars	27.16	-1.5	5
15 Lew, Jasmine	Unattached B	27.17	-1.0	4
16 Milosavljevic, Raquel	Simon Fraser	27.21	-1.6	3
17 Champoux, Megan	Langley Must	27.36	-1.0	4

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....Event 16 Women 200 Meter Dash

18 Reid, Erin	British Columbia	27.39	-1.0	4
19 Duncanson, Jade	Unattached	27.45	-1.6	3
20 Taddei, Larissa	British Columbia	27.53	-2.2	2
21 Reeves, Picabo	Simon Fraser	27.58	-1.6	3
22 Wickramaarachchi, Prabha	Langley Must	27.73	-2.2	2
23 Miller, Danielle	Thunderbirds	28.27	-2.2	2
24 Harrison, Holly	Langley Must	28.32	-1.6	3
25 Markin, Jessie	Langley Must	28.38	-2.2	2
26 Ronse, Dominique	Langley Must	28.83	-3.1	1
27 Urban, Jessica	Vancouver Ol	28.88	-1.6	3
28 Stewart, Mackenzie	Simon Fraser	29.28	-3.1	1
29 States-Jones, Trinaya	Unattached	29.30	-3.1	1
30 Irwin, Lara	Pac. Athletics	29.39	-2.2	2
31 Markin, Emma	Langley Must	29.99	-2.2	2
32 Markin, Mollie	Langley Must	30.09	-3.1	1
33 Gommerman, Haley	Unattached B	30.19	-3.1	1

Event 17 Men 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Webster, Joel	Unattached	21.85	-0.4	4
2 Kelloway, Daniel	Simon Fraser	22.22	-0.4	4
3 Hanna, Jacob	British Columbia	22.24	-0.4	4
4 Tsygankov, Vladislav	Simon Fraser	22.34	-0.4	4
5 Litherland, Quinn	Unattached	22.47	-0.4	4
6 Mah, Nathan	Burnaby Stri	22.74	-0.4	4
7 Abosi, Stephen	British Columbia	23.10	-0.4	4
8 Ramsey, Justin	Seattle Pacific	23.29	-0.1	3
9 Jobson, Zane	Simon Fraser	23.47	-0.1	3
10 Bradley, Carson	Kajaks	23.64	-2.6	2
11 Karamanian, Jacob	Simon Fraser	23.78	-2.6	2
12 Hutchinson, Michael	Simon Fraser	23.79	-0.1	3
12 Hughes, Kevin	Langley Must	23.79	-0.1	3
14 Parks, Corey	Simon Fraser	23.97	-0.1	3
15 Vo, Andy	Simon Fraser	24.01	-2.6	2
16 Small, Lucas	Chilliwack	24.11	-2.6	2
17 Pinsky, David	Coq. Cheetahs	24.12	-0.1	3
18 Runkel, Joel	Pac. Athletics	24.55	-2.6	2
19 Eraso, Deigo	Chilliwack	25.18	-1.7	1
20 Brubacher, Brody	Pac. Athletics	25.20	-2.6	2
21 Nicol, Bob	Langley Must	25.33	-1.7	1
22 Los, Kenzo	Langley Must	25.38	-0.4	4
23 Calbick, Cameron	Langley Must	26.94	-2.6	2
24 Harrison, Oliver	Langley Must	28.48	-1.7	1

Event 18 Women 400 Meter Hurdles 30"

Name	Year Team	Finals	H#
1 Tims, Jalen	Seattle Pacific	1:01.10	2
2 Gummer, Elizabeth	Com. Cougars	1:02.31	2
3 Luquin, Maliea	Seattle Pacific	1:03.69	2
4 Svastisalee, Deja	Western Washington	1:04.07	1
5 Lambert, Emma	Seattle Pacific	1:05.97	1

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....Event 18 Women 400 Meter Hurdles 30"

6	Notting, Megan	Simon Fraser	1:06.16	1
7	Reierson, Tekarra	Com. Cougars	1:08.59	1

Event 19 Men 400 Meter Hurdles 36"

Name	Year Team	Finals		
1	Schultze, Kenneth	British Columbia	54.60	
2	Kellner, Thomas	British Columbia	56.03	
3	Adhemar, Joshua	Simon Fraser	57.34	
4	O'Neil-Bains, Jesse	Pac. Athletics	1:00.03	33"
5	Higgins, Carter	Nanaimo Track	1:00.66	
6	Bellefontaine, Matt	Unattached	1:04.57	

Event 20 Women 1500 Meter Run

Name	Year Team	Finals	H#	
1	Decker, Lynelle	Seattle Pacific	4:30.17	2
2	Baragar-Petrash, Jennie	Woa-Rad	4:30.84	2
3	Hawthorn, Natalia	British Columbia	4:35.25	2
4	Heisterman, Madison	Nanaimo Track	4:35.63	2
5	Charleson, Mary	Seattle Pacific	4:35.91	2
6	Lee, Kirsten	British Columbia	4:36.27	2
7	Bassett, Rebecca	Simon Fraser	4:36.52	2
8	Kilmartin, Sandra	British Columbia	4:37.24	2
9	Dodd, Sophie	Simon Fraser	4:39.63	2
10	Bassett, Miryam	Simon Fraser	4:39.71	2
11	Howley, Julia	Simon Fraser	4:40.00	2
12	Grant, Brittany	Western Washington	4:40.49	2
13	Mousseau, Alyssa	Nanaimo Track	4:42.02	2
14	Symonds, Nicola	British Columbia	4:43.97	2
15	Au, Enid	British Columbia	4:44.27	2
16	Macdonald, Sarah	Seattle Pacific	4:45.56	2
17	Calvert, Hannah	Seattle Pacific	4:49.35	2
18	Fetherstonhaugh, Grace	Royal City T	4:50.04	1
19	Phan, Chynna	Seattle Pacific	4:51.74	2
20	Mortimer, Rachel	Valley Royal	4:54.92	1
21	Willet, Olivia	Unattached	4:56.22	2
22	Townsend, Dana	Simon Fraser	4:58.73	1
23	Hutchison, Maddy	Western Washington	4:58.93	1
24	Stewart, Hope	Nanaimo Track	4:59.20	1
25	Kettel, Hailey	Seattle Pacific	4:59.29	1
26	Morris, Amy	Nanaimo Track	4:59.55	1
27	Hill, Olivia	Nanaimo Track	5:00.72	1
28	Rawlins, Jessica	Seattle Pacific	5:04.55	2
29	Lavallee, Sarah	Hershey Harr	5:05.86	1
30	Woodward, Mikhaela	Western Washington	5:10.37	1
31	McIntosh, Taylor	British Columbia	5:11.97	1
32	Brown, Fiona	British Columbia	5:21.19	1
33	Milner, Abby	Western Washington	5:28.90	1
34	Pieritz, Hannah	Kajaks Track	5:29.26	2
35	Wyatt, Autumn	Langley Must	5:29.85	1
36	Morin, Tylere	Kajaks Track	5:51.52	2
--	Dobie, Reta	Simon Fraser	DNF	1

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Event 21 Men 1500 Meter Run

Name	Year Team	Finals	H#
1 Rouleau, Marc-Antoine	Simon Fraser	3:50.41	2
2 Gay, John	British Columbia	3:52.80	2
3 Miller, Sean	Simon Fraser	3:58.01	2
4 Hooton, Jesse	British Columbia	3:58.29	2
5 Doherty, Rowan	Simon Fraser	3:58.40	2
6 Wong, Brendan	Unattached	3:59.57	2
7 Wadhwani, Isaac	Unattached	3:59.99	2
8 Giese, Logan	Western Washington	4:01.26	2
9 Elder, Evan	British Columbia	4:01.44	2
10 Charlton, Braeden	Simon Fraser	4:02.06	2
11 Trapp, Austin	Simon Fraser	4:02.42	2
12 de Dalmases, Mateo	Simon Fraser	4:02.59	2
13 Barley, Tyrell	Com. Cougars	4:04.17	2
14 Gravel, Phillipe	Simon Fraser	4:07.46	2
15 Phan, Jesse	Seattle Pacific	4:09.02	2
16 Crowell, Ben	Western Washington	4:09.84	1
17 Biela, Kristian	Valley Royal	4:11.75	1
18 McGovern, Dakota	NorWesters	4:11.89	1
19 Sekhon, Jalen	Simon Fraser	4:13.23	1
20 W ger Pons, Joan	Unattached	4:13.31	1
21 Christian, John	Unattached	4:13.39	1
22 Smith, Lorenzo	Unattached	4:13.75	2
23 Huynh, Miles	Oceanside T&F	4:15.10	1
24 Kiprop, Tony	Thompson Riv	4:18.11	1
25 Foster, Liam	Unattached	4:19.23	1
26 Wyatt, Zachary	Langley Must	4:19.82	1
27 Walker, Joseph	Seattle Pacific	4:20.99	1
28 Wyatt, Tate	Langley Must	4:23.42	1
29 Busald, Jacob	Seattle Pacific	4:23.50	1
30 Sprickerhoff, Conlan	Thompson Riv	4:26.01	2
31 Wilson, Jordan	Unattached	4:26.52	1
32 Isnor, Jackson	Oceanside T&F	4:29.67	1
33 Brown, Jeremy	Unattached	4:32.42	1
34 Taylor, Trevor	Unattached	4:33.07	1
35 pinckard, mark	Kajaks	4:51.43	1

Event 22 Women 4x400 Meter Relay

Team	Finals
1 Western Washington 'A'	3:54.11
1) Smith, Savannah	2) Reynolds, Gracia
3) Page, Raigan	4) Svastisalee, Deja
2 Seattle Pacific 'A'	3:54.95
1) Ambus, Jahzelle	2) Luquin, Maliea
3) Brannan, Kyra	4) Phan, Chynna
3 Simon Fraser 'A'	4:01.29
1) Mussatto, Alana	2) Dodd, Sophie
3) Townsend, Addy	4) Lisek, Monique
4 Seattle Pacific 'B'	4:08.26
1) Decker, Lynelle	2) Hong, Cheryl
3) Houk, Becca	4) Lambert, Emma
5 Kajaks Track & Field Club 'A'	4:33.57

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....Event 22 Women 4x400 Meter Relay

1) Bayers, Sydney	2)	
6 Hershey Harriers Athletic Club 'A'		4:40.41
1) Beckett, Marley	2) Lapointe, Annelise	
3) Campbell, Charlotte	4) Paterson, Rhian	

Event 23 Men 4x400 Meter Relay

Team	Finals
1 Simon Fraser 'A'	3:25.81
1) Adhemar, Joshua	2) Freinhofer, Dylan
3) Kelloway, Daniel	4) Proceviat, Cameron
2 Seattle Pacific 'A'	3:26.93
1) Harris, Peyton	2) Phan, Jesse
3) Avischious, Adam	4) Ramsey, Justin
3 Hershey Harriers Athletic Club 'A'	3:54.23
1) Biro, Stefan	2) Doherty, Aidan
3) Sutherland, Austin	4) Bizzotto, Gianluca

Event 27 Women 15&U Discus Throw

Name	Year Team	Finals
1 Mortensen, Megan	Western Washington	43.40m
FOUL FOUL FOUL 43.40m FOUL FOUL		
2 Roberts, Sophia	Western Washington	29.86m
FOUL 28.14m 27.35m 29.86m 27.00m FOUL		

Event 27 Women 18-19 Discus Throw

Name	Year Team	Finals
1 Botsis, Chanell	Kajaks	37.78m
36.20m 35.73m 37.78m 34.35m 35.81m 35.23m		
2 Bhandal, Gurleen	Unattached	35.70m
31.99m 35.70m 35.50m FOUL FOUL 33.92m		
3 Willing, Tasha	Valley Royals	33.30m
32.92m 33.30m 32.32m FOUL FOUL FOUL		

Event 27 Women 20+ Discus Throw

Name	Year Team	Finals
1 Juert, Christina	Ocean Athletics	32.81m
19.10m 29.63m 32.81m FOUL		

Event 28 Men 15&U Discus Throw 1 K

Name	Year Team	Finals
1 Pless, Brandon	Western Washington	46.38m 2 KG
40.90m 42.47m 41.26m 46.38m FOUL 45.25m		
2 Lee, Bryan	Western Washington	45.41m 2 K
43.65m 45.41m 44.66m 42.60m 43.08m 43.04m		

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....Event 28 Men 15&U Discus Throw 1 K

3	Mara, Tyrell	Kajaks Track	44.53m	1.5K
	44.53m 43.93m 42.30m 43.23m 40.39m 43.48m			
--	Li, Andrew	British Columbia	FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL			
--	Russell, Nick	British Columbia	FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL			

Event 28 Men 16-17 Discus Throw 1 K

Name	Year Team	Finals
1 Gondara, Vikramjit	Valley Royals	39.60m 1.75K
	FOUL FOUL 38.35m FOUL 39.20m 39.60m	
2 Smith, Evan	Royal City T	33.00m 1.50K
	30.77m FOUL 30.21m 23.49m 29.90m 33.00m	

Event 28 Men 18-19 Discus Throw 1 K

Name	Year Team	Finals
1 Driver, Jayden	Valley Royals	37.20m 1.75K
	33.38m 36.97m 31.72m 34.63m 37.20m FOUL	

Event 28 Men 20+ Discus Throw 1 K

Name	Year Team	Finals
1 Jones, Angus	Unattached	36.54m 2 K
	34.16m 34.96m 34.30m 36.54m 36.21m FOUL	

Event 29 Women 15&U Hammer Throw 4 K

Name	Year Team	Finals
1 Haintz, Mateya	Dynamo Throws Club	50.25m 3 K
	50.25m FOUL FOUL FOUL FOUL FOUL	
2 Mortensen, Megan	Western Washington	43.28m
	41.84m FOUL 42.28m 43.28m FOUL FOUL	
3 Roberts, Sophia	Western Washington	38.39m
	36.24m 37.69m 38.39m 35.57m 36.74m FOUL	
4 Duchesne, Nicolett	Dynamo Throws Club	30.57m
	28.83m FOUL 30.57m 29.60m FOUL 30.44m	

Event 29 Women 16-17 Hammer Throw 4 K

Name	Year Team	Finals
1 Rogers, Camryn	Kajaks	54.66m
	54.66m 50.36m FOUL 52.82m FOUL FOUL	
2 Dolfo, Tanika	Langley Must	47.93m
	47.93m 46.29m 42.67m	
-- Gentry, Mellissa	Dynamo Throws Club	FOUL
	FOUL FOUL FOUL	

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Event 29 Women 18-19 Hammer Throw 4 K

Name	Year Team	Finals
1 Botsis, Chanell	Kajaks	52.01m
FOUL 52.01m 49.68m 51.86m 51.96m 50.78m		
2 Willing, Tasha	Valley Royals	46.14m
46.14m 45.30m FOUL FOUL FOUL 43.17m		

Event 29 Women 20+ Hammer Throw 4 K

Name	Year Team	Finals
1 Kennedy, Samantha	Unattached	52.94m
52.74m 52.94m FOUL FOUL FOUL 52.84m		
2 Juert, Christina	Ocean Athletics	41.71m
41.71m FOUL 39.64m FOUL FOUL		

Event 30 Men 15&U Hammer Throw

Name	Year Team	Finals
1 Pless, Brandon	Western Washington	50.73m 7.26
FOUL FOUL 46.90m 50.65m 48.44m 50.73m		
2 Behncke, Peter	Simon Fraser	50.47m 7.26
49.58m 47.54m FOUL 50.47m 50.02m 48.69m		
3 Lee, Bryan	Western Washington	50.24m 7.26
48.99m 47.18m 48.54m 47.29m 50.24m FOUL		
4 Bhandal, Pauljit	Simon Fraser	41.43m 7.26
40.03m 40.52m 41.43m FOUL FOUL FOUL		
5 Bhandal, Iqam	Unattached	40.02m 5K
40.02m FOUL FOUL FOUL FOUL FOUL		

Event 30 Men 16-17 Hammer Throw

Name	Year Team	Finals
1 Gondara, Vikramjit	Valley Royals	54.64m 6K
54.22m FOUL 54.64m FOUL 54.18m 53.88m		

Event 30 Men 18-19 Hammer Throw

Name	Year Team	Finals
1 Driver, Jayden	Valley Royals	48.94m 6
40.39m FOUL 47.75m 46.83m 43.59m 48.94m		

Event 30 Men 20+ Hammer Throw

Name	Year Team	Finals
1 Jones, Angus	Unattached	30.96m 7.26
FOUL 30.96m FOUL FOUL FOUL FOUL		

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Event 31 Men 15&U Shot Put

Name	Year Team	Finals
1 Russell, Nick	British Columbia	12.59m 7.26KM
12.35m 12.35m 12.30m 12.59m FOUL 12.15m		
2 Bhandal, Iqam	Unattached	11.79m 5 KM
11.52m 11.47m 11.69m FOUL 11.79m FOUL		
3 Li, Andrew	British Columbia	10.82m 7.26KM
10.82m 10.30m FOUL FOUL FOUL FOUL		

Event 31 Men 18-19 Shot Put

Name	Year Team	Finals
1 Driver, Jayden	Valley Royals	11.20m 5 KM
11.14m 9.05m FOUL 11.06m 10.80m 11.20m		

Event 31 Men 20+ Shot Put

Name	Year Team	Finals
1 Bhandal, Pauljit	Unattached B	9.83m 7.26KM
8.91m 9.17m 8.66m 9.34m 9.27m 9.83m		

Event 32 Women Long Jump

Name	Year Team	Finals	Wind
1 Brannan, Kyra	Seattle Pacific	5.57m	NWI
5.57m(NWI) FOUL 5.24m(NWI) 5.33m(2.2) 5.43m(1.7) 5.42m(1.1)			
2 Voloshin, Diana	NorWesters	5.37m	NWI
5.32m(NWI) 5.37m(NWI) 4.41m(NWI) 5.03m(1.6) 5.19m(0.8) 5.07m(+0.0)			
3 Lazecki, Natasha	Simon Fraser	5.35m	NWI
5.23m(NWI) 5.06m(NWI) 5.19m(NWI) 5.19m(0.3) 5.32m(1.6) 5.35m(0.1)			
4 Gilbert, Tyra	Unattached	5.25m	NWI
4.94m(NWI) 4.80m(NWI) 5.02m(NWI) 5.25m(0.6) 5.04m(1.0) 5.04m(1.1)			
5 Chan, Sylvia	British Columbia	5.15m	NWI
4.93m(NWI) 4.97m(NWI) 4.85m(NWI) 4.25m(NWI) 5.15m(+0.0) 4.89m(0.8)			
6 Lehnert, Geneva	Seattle Pacific	5.07m	NWI
4.76m(NWI) FOUL 5.07m(NWI) PASS PASS PASS			
7 Fedor, Kye	Simon Fraser	5.02m	NWI
5.02m(NWI) FOUL 4.92m(NWI) PASS PASS PASS			
8 Monro, Natalia	Langley Must	4.80m	NWI
4.41m(NWI) 4.80m(NWI) 4.66m(NWI) 4.74m(0.1) 4.72m(1.6) 4.80m(1.0)			
9 Miller, Danielle	Thunderbirds	4.79m	NWI
4.65m(NWI) 4.70m(NWI) 4.79m(NWI) 4.42m(1.0) FOUL FOUL			
10 Urban, Jessica	Vancouver Ol	4.75m	NWI
4.75m(NWI) 4.70m(NWI) FOUL			
11 Irwin, Lara	Pac. Athletics	4.73m	NWI
FOUL FOUL 4.73m(NWI)			
11 Crawford, Jade	Seattle Pacific	4.73m	NWI
4.53m(NWI) 4.58m(NWI) 4.73m(NWI)			
13 Harrison, Holly	Langley Must	4.64m	NWI
4.23m(NWI) 4.12m(NWI) 4.64m(NWI)			
14 Lindsey, Anna	British Columbia	4.56m	NWI
4.56m(NWI) 4.53m(NWI) FOUL			

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....Event 32 Women Long Jump

15	Ronse, Dominique	Langley Must	4.55m	NWI
	FOUL FOUL	4.55m(NWI)		
16	Markin, Mollie	Langley Must	3.49m	NWI
	3.49m(NWI) FOUL	FOUL		
--	Stewart, Mackenzie	Simon Fraser	FOUL	
	FOUL FOUL	FOUL		
--	Petz, Amy	Simon Fraser	FOUL	
	FOUL x x			
--	Lisek, Monique	Simon Fraser	FOUL	
	FOUL			
--	Wickramaarachchi, Prabha	Langley Must	FOUL	
	FOUL x x			
--	Boyko, Kiana	Langley Must	FOUL	
	0.80m(NWI) x			
--	Markin, Jessie	Langley Must	FOUL	
	FOUL FOUL	FOUL		

Event 33 Men Triple Jump

=====						
Name	Year Team			Finals	Wind	
=====						
1	Moldavanov, Vladislav	NorWesters		13.59m	0.3	
	12.00m(1.2)	13.53m(2.1)	13.36m(1.2)	13.59m(0.3)	13.56m(1.0)	13.41m(2.1)
2	Chhim, Somit	Western Washington		13.39m	1.7	
	FOUL	FOUL	13.39m(1.7)	13.16m(+0.0)	13.27m(2.0)	13.29m(1.2)
3	de Hoog, Elija	Pac. Athletics		12.38m	1.3	
	11.82m(+0.0)	12.25m(1.9)	FOUL	FOUL	12.38m(1.3)	12.16m(1.5)
4	Milner, Quentin	Eric Hamber Sec		11.85m	0.7	
	11.80m(1.9)	FOUL	10.81m(0.9)	11.62m(1.8)	11.85m(0.7)	10.92m(2.0)
5	Belcher, Jeremy	Royal City T		10.46m	1.1	
	10.41m(1.0)	10.46m(1.1)	10.41m(1.1)	FOUL	10.21m(1.2)	10.44m(1.1)

Event 34 Women Shot Put 4 kg

=====						
Name	Year Team			Finals		
=====						
1	Rogers, Camryn	Kajaks		13.03m		
	10.80m	12.29m	FOUL	12.72m	12.75m	13.03m
2	Willing, Tasha	Valley Royals		11.94m		
	11.88m	11.55m	11.33m	11.94m	FOUL	11.65m
3	Markham, Sammi	Seattle Pacific		11.28m		
	10.65m	11.24m	10.92m	11.01m	11.28m	10.90m
4	Stewart, Mackenzie	Simon Fraser		10.52m		
	9.42m	9.92m	FOUL	9.99m	10.13m	10.52m

Event 35 Women High Jump

=====						
Name	Year Team			Finals		
=====						
1	Lehnert, Geneva	Seattle Pacific		1.65m		
	1.60	1.65	1.71			
	XO	XO	XXX			
2	Wright, Katelyn	Western Washington		1.60m		
	1.55	1.60	1.65			
	XO	O	XXX			

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....Event 35 Women High Jump

3	Sara, Eniko	Langley Must	J1.60m
	1.45 1.50 1.55 1.60 1.65		
	0 0 0 XXO XXX		
4	Aquilini, Gabriela	Valley Royals	1.55m
	1.50 1.55 1.60		
	0 0 XXX		
5	Ward, Naphtali	Seattle Pacific	J1.55m
	1.50 1.55 1.60		
	XO 0 XXX		
6	Stewart, Mackenzie	Simon Fraser	J1.55m
	1.50 1.55 1.60		
	0 XO XXX		
6	Campbell, Olivia	British Columbia	J1.55m
	1.50 1.55 1.60		
	0 XO XXX		
8	Petz, Amy	Simon Fraser	1.50m
	1.45 1.50 1.55		
	0 0 XXX		
9	Crawford, Jade	Seattle Pacific	J1.50m
	1.50 1.55		
	XO XXX		
9	Henry, Bridget	Western Washington	J1.50m
	1.40 1.45 1.50 1.55		
	0 0 XO XXX		
11	Rycroft, Natalie	Unattached B	1.40m
	1.40 1.45		
	0 XXX		
11	Wong, Jillian	Vancouver Ol	1.40m
	1.30 1.35 1.40 1.45		
	0 0 0 XXX		
--	Hawkins, Julia	British Columbia	NH
	1.50		
	XXX		

Event 36 Men High Jump

Name	Year Team	Finals
1 Kuzyk, Zack	Golden Ears	1.90m
	1.70 1.75 1.80 1.85 1.90 1.95	
	0 0 0 0 XXO XXX	
2 Backiel, Filip	British Columbia	1.85m
	1.75 1.80 1.85 1.90	
	XO XO XXO XXX	
3 Poljak, Luka	Vancouver Th	1.70m
	1.60 1.65 1.70 1.75	
	0 XO 0 XXX	
4 King, Nathan	Langley Must	J1.70m
	1.55 1.60 1.65 1.70 1.75	
	0 XO 0 XO XXX	
5 de Hoog, Elija	Pac. Athletics	1.65m
	1.60 1.65 1.70	
	XO 0 XXX	

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....Event 36 Men High Jump

6 Schmidt, Jake	Langley Must	1.55m
1.35 1.40 1.45 1.50 1.55 1.60		
0 0 0 0 0 XXX		

Event 37 Men 15&U Javelin Throw 800G

Name	Year Team	Finals
1 Barry, Alex	Western Washington	59.48m
59.48m 57.43m 56.18m 55.71m 54.37m 58.10m		
2 David, Costel	Western Washington	49.91m
42.24m 42.19m FOUL 49.38m 46.56m 49.91m		
3 Karamanian, Jacob	Simon Fraser	44.70m
FOUL FOUL 44.24m FOUL 44.70m FOUL		

Event 37 Men 20+ Javelin Throw 800G

Name	Year Team	Finals
1 Staeheli, Ivan	Vancouver Th	54.38m
FOUL 50.55m 51.31m 54.38m 52.85m 50.06m		

Event 38 Women 15&U Javelin Throw

Name	Year Team	Finals
1 Byer, Selina	Simon Fraser	38.03m 600
37.07m 38.03m 35.88m 36.47m 35.40m 36.05m		
2 Denness, Rori	Langley Must	37.86m 600
36.82m 36.03m 35.64m 37.86m FOUL FOUL		
3 Savela, Lauryn	Royal City T	30.01m 500
29.85m 30.01m 29.51m 26.55m 27.26m FOUL		

Event 38 Women 16-17 Javelin Throw

Name	Year Team	Finals
1 Bates, Brianna	Royal City T	33.71m 500
31.86m FOUL FOUL 31.37m 33.71m 33.30m		
2 Vanee, Lauren	Royal City T	32.81m 500
FOUL 32.81m 31.44m FOUL 30.78m 28.22m		

Event 38 Women 18-19 Javelin Throw

Name	Year Team	Finals
1 Pauley, Jaclyn	Langley Must	34.79m 600
34.79m 34.36m FOUL 34.61m FOUL FOUL		

Event 39 Men Long Jump

Name	Year Team	Finals	Wind
1 He, Jerry	Simon Fraser	6.93m	1.4
6.93m(1.4) 6.60m(+0.0) 6.48m(0.5) 6.72m(1.9) 6.61m(1.6) 6.91m(1.5)			

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....Event 39 Men Long Jump

2	Savage, Alexander	Langley Must	6.79m	1.0
	4.63m(0.8) 6.47m(+0.0) 6.79m(1.0) 6.66m(2.2)	PASS	PASS	
3	Harris, Peyton	Seattle Pacific	6.76m	2.2
	6.64m(0.7) FOUL 6.73m(2.2) FOUL 6.28m(+0.0) 6.76m(2.2)			
4	Moldavanov, Vladislav	NorWesters	6.64m	2.6
	FOUL FOUL 6.53m(1.4) 6.55m(+0.0) 6.64m(2.6) FOUL			
5	Mataya, Rudy	Western Washington	6.62m	0.3
	6.43m(1.7) FOUL(1.0) 6.46m(+0.0) 6.62m(0.3) FOUL(+0.0) 4.77m(+0.0)			
6	Wu, Alex	Simon Fraser	6.61m	1.5
	6.61m(1.5) FOUL FOUL 6.56m(1.0) FOUL			
7	Chhim, Somit	Western Washington	6.52m	0.6
	FOUL FOUL 6.30m(+0.0) 6.52m(0.6) 6.36m(0.4) FOUL			
8	Coles, Mark	British Columbia	6.35m	+0.0
	6.35m(+0.0) 6.18m(1.5) 6.07m(0.7) 5.96m(1.6) 6.18m(+0.0) 5.92m(2.3)			
9	de Hoog, Elija	Pac. Athletics	5.96m	+0.0
	5.96m(+0.0) FOUL(2.0) 5.48m(+0.0) 3.82m(1.0) 5.79m(1.6) 5.59m(1.1)			
10	Voloshin, Daniel	Simon Fraser	5.94m	1.7
	5.75m(+0.0) 5.94m(1.7) PASS PASS PASS PASS			
11	Massar, Justin	Langley Must	5.81m	0.3
	FOUL 5.81m(0.3) 5.70m(0.1)			
12	Runkel, Joel	Pac. Athletics	5.37m	-0.8
	5.37m(-0.8) 5.19m(1.3) 5.14m(+0.0)			
13	Nicol, Bob	Langley Must	5.25m	+0.0
	5.25m(+0.0) 5.07m(+0.0) 5.00m(2.1)			
14	Belcher, Jeremy	Royal City T	4.93m	1.3
	4.93m(1.3) 4.89m(2.2) FOUL(2.4)			
15	Calbick, Cameron	Langley Must	4.62m	+0.0
	FOUL 4.58m(+0.0) 4.62m(+0.0)			
16	Harrison, Oliver	Langley Must	4.27m	1.7
	3.07m(+0.0) 4.23m(1.9) 4.27m(1.7)			
--	Vo, Andy	Simon Fraser		FOUL
	FOUL PASS PASS PASS PASS PASS			
--	Milner, Quentin	Eric Hamber Sec		FOUL
	FOUL FOUL FOUL			

Event 40 Women Triple Jump

=====						
Name	Year Team		Finals	Wind		
=====						
1	Brown, Ella	Simon Fraser	11.60m	1.7		
	11.24m(+0.0) 11.56m(1.4) 11.60m(1.7) 11.51m(1.0) 11.54m(2.5) 11.44m(+0.0)					
2	Hawkins, Julia	British Columbia	10.94m	+0.0		
	10.94m(+0.0) FOUL 10.76m(1.7) 10.45m(1.8) FOUL FOUL					
3	Chan, Sylvia	British Columbia	10.70m	0.8		
	9.87m(1.3) 9.50m(1.7) 10.04m(1.3) 10.31m(1.5) FOUL(1.4) 10.70m(0.8)					
4	Yee, Michelle	British Columbia	10.26m	1.6		
	FOUL 9.69m(+0.0) 10.26m(1.6) 10.17m(1.1) 10.02m(1.2) 9.98m(1.3)					
5	Irwin, Lara	Pac. Athletics	9.87m	1.7		
	FOUL 9.56m(+0.0) FOUL 9.82m(0.3) 9.87m(1.7) 9.79m(1.3)					
6	Chow, Cheryl	New West Spa	9.56m	2.0		
	9.54m(1.2) FOUL(0.3) 9.56m(2.0) 9.32m(2.1) FOUL(1.5) FOUL(1.9)					

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Name	Year Team	Finals
1 Cheng, Caleb	M Racewalk West	21:54.67
2 Liang, Alger	M Racewalk West	22:19.86
3 Thies, Erik	M Racewalk West	22:43.04
4 Cheng, Colis	M British Columbia	25:30.61
5 Danielson, Kyra	W Racewalk West	25:34.51
6 Zhang, Zoe	W Racewalk West	28:53.12
7 Parsakish, Nima	M Racewalk West	30:39.83
-- Ngo, Philip	M Racewalk West	DQ RULE 270-7A NOT LOCK