

## Don Mills/Waterloo Open - 10/4/2014

## Cross Country

## CIF Fields U of Waterloo

## Rankings

## Event 2 Men 7500 Meter Run CC Open

Name	Year School	Avg 1K	Finals	Points
57 Unknown		3:44.0	27:59.37	
1 Nick Falk	Unnattached	3:17.6	24:41.68	1
2 Connor Darlington	McMaster University	3:18.2	24:46.43	2
3 Michael Stewart	Warriors	3:19.1	24:52.81	3
4 Dan Hilbers	Saugeen Track Club	3:19.3	24:54.60	4
5 Adam Cornwall	Golden Hawks	3:20.8	25:05.43	5
6 Mike Van Bakel	Brock University	3:21.4	25:10.00	6
7 Elliot De Lange	Golden Hawks	3:22.3	25:16.79	7
8 Adam Tait	Saugeen Track Club	3:23.0	25:21.86	8
9 Justin Spalvieri	University of Wa	3:23.3	25:24.68	9
10 Dan Fournier	Warriors	3:24.1	25:30.52	10
11 Jordan Cascagnette	Nippissing Unive	3:24.6	25:34.20	11
12 Scott Arnald	University of Wa	3:25.2	25:38.64	12
13 Reid Hayes	Warriors	3:25.7	25:42.49	13
14 Chris Moore	Warriors	3:26.9	25:51.74	14
15 Kieran Doherty	Golden Hawks	3:28.1	26:00.54	15
16 James Milton	Warriors	3:28.4	26:02.67	16
17 Adam Richardson	Warriors	3:29.1	26:07.95	17
18 Shane Corley	Warriors	3:29.3	26:09.56	18
19 Alex Green	McMaster University	3:30.5	26:18.32	19
20 Michael Charanduk	Golden Hawks	3:30.8	26:20.79	20
21 Rob Bark	University of Wa	3:31.1	26:22.70	21
22 Terry Doiron	Nippissing Unive	3:31.1	26:22.99	22
23 Joe Sheridan	Golden Hawks	3:31.2	26:23.67	23
24 Sean Patterson	Wilfred Laurier	3:31.5	26:26.04	24
25 Zack Jones	Lancers	3:32.4	26:32.74	25
26 Jordan Vadala	Royal Military C	3:32.7	26:35.32	26
27 Andrew Taylor	Unnattached	3:32.9	26:36.71	27
28 Jelmer Van Den Hadelkamp	Brock University	3:33.1	26:38.14	28
29 Alastair Thompson	Brock University	3:33.3	26:39.37	29
30 Andrew Frampton	Golden Hawks	3:33.7	26:42.62	30
31 Pier-Alexandre Lacasse	Royal Military C	3:33.9	26:44.26	31
32 Rob Logue	University of Wa	3:34.3	26:46.67	32
33 Xhenis Ereqi	Speed River Tfc	3:35.0	26:51.89	33
34 Patrick Mackinnon	University of Wa	3:35.4	26:54.99	34
35 Jeremy Billard	Royal Military C	3:35.5	26:55.82	35
36 Sam Foran	Unnattached	3:35.7	26:57.11	36
37 Nicholas Bedi	Warriors	3:36.0	26:59.61	
38 Sean Delanghe	Wilfred Laurier	3:36.1	27:00.77	37
39 Connor Neidbala	Warriors	3:36.4	27:02.83	
40 Rawle Groothuizen	Warriors	3:36.6	27:04.02	
41 Andrew Burjaw	Lancers	3:36.7	27:04.85	38
42 Olivier Asselin	Warriors	3:36.9	27:06.22	
43 Greg Dyce	Wilfred Laurier	3:37.1	27:07.72	39
44 Steve Dejager	Saugeen Track Club	3:37.2	27:08.41	40
45 Trevor Reid	Royal Military C	3:37.4	27:10.51	41
46 Connor Hammond	Warriors	3:38.5	27:18.13	
47 Mike Logue	University of Wa	3:38.7	27:19.96	42
48 Brendan Sanders	Brock University	3:39.3	27:24.18	43
49 Mitchell Belford	Warriors	3:39.3	27:24.74	
50 Devon Briggs	University of Wa	3:40.4	27:32.66	44

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51	Alexander Dos Santos	Warriors	3:40.5	27:33.40	
52	Zen Maclellan	Warriors	3:41.0	27:37.37	
53	Matt McGarr	Brock University	3:41.4	27:39.98	45
54	Ryan Ruttan	Warriors	3:41.5	27:41.20	
55	Zack Caverson	Golden Hawks	3:43.3	27:54.72	46
56	tyler Chaung	Warriors	3:43.6	27:56.67	
57	Ryan Santos	University of Wa	3:44.0	27:59.89	
58	Ben Cheng	Warriors	3:44.3	28:01.93	
59	Chad Patterson	Toronto Olympic	3:46.0	28:14.45	47
60	Ian Turnbull	Wilfred Laurier	3:46.1	28:15.34	48
61	Mike Mackett	Brock Running Club	3:46.8	28:20.41	49
62	Ryan Gagnon	Brock Running Club	3:47.7	28:27.46	50
63	Matt Chalmers	Nippissing Unive	3:48.8	28:35.95	51
64	Kyle Piccolo	Warriors	3:49.1	28:37.81	
65	Zach Dockstader	Warriors	3:49.6	28:41.70	
66	Apurv Agarwal	Unnattached	3:49.8	28:43.23	52
67	Bryan Stone	Nippissing Unive	3:50.4	28:47.34	53
68	Kevin Durkee	Nippissing Unive	3:50.5	28:48.39	54
69	Alex Scott	Royal Military C	3:50.6	28:49.54	55
70	Ben Beuttenmiller	Brock University	3:50.9	28:51.49	56
71	Ken Gosleigh	Saugeen Track Club	3:51.7	28:57.41	57
72	Allan Faulds	Unnattached	3:52.4	29:02.51	58
73	Jordan Fox	Wilfred Laurier	3:53.9	29:14.29	59
74	Bryan Cole	Brock University	3:54.2	29:16.31	60
75	Adrian Thow	Royal Military C	3:54.3	29:16.83	61
76	Andrew Juvonen	Royal Military C	3:54.4	29:17.59	62
77	Josh Hewitt	Royal Military C	3:54.5	29:18.60	
78	Charles Turmel	Royal Military C	3:54.8	29:20.69	
79	Daniel Radulescu-Galang	Royal Military C	3:55.1	29:22.78	
80	Joshua Turner	Brock Running Club	3:55.7	29:27.31	63
81	Brad Jennings	Trent University	3:55.9	29:28.71	64
82	Jason Greer	Trent University	3:56.3	29:31.73	65
83	Lawrence Xie	University of Wa	3:57.7	29:42.47	
84	Tom Sawyer	University of Wa	3:59.3	29:54.69	
85	Branden Thorburn	Warriors	4:01.6	30:11.55	
86	Simon Ewing	Royal Military C	4:02.2	30:15.92	
87	Aristide Baratin	Warriors	4:02.4	30:17.93	
88	Connor Psiuk	Nippissing Unive	4:03.7	30:27.41	66
89	Blair Mackenzie	Brock Running Club	4:03.8	30:28.09	67
90	John Gascho	Wilfred Laurier	4:04.3	30:32.13	68
91	Michael Cheung	Golden Hawks	4:04.4	30:32.57	
92	Greg King	Unnattached	4:05.0	30:37.46	69
93	Andrew Kerr	Royal Military C	4:07.8	30:58.04	
94	William Krahn	Brock Running Club	4:10.3	31:16.59	70
95	Andrew Hill	Trent University	4:10.7	31:20.10	71
96	Orion Austrup	Warriors	4:10.8	31:20.50	
97	Will Bradbeer	Warriors	4:11.9	31:28.63	
98	Bradley McGarr	Brock Running Club	4:12.4	31:32.75	72
99	Marley Dickinson	Brock Running Club	4:12.7	31:34.92	73
100	Wesley George	University of Wa	4:17.3	32:09.75	
101	Noah Toner	Brock Running Club	4:17.9	32:14.08	
102	Andrew Dick	Golden Hawks	4:18.4	32:17.56	
103	Zkkoh Cedric	Warriors	4:57.1	37:08.08	
104	Justin Vellend	Brock Running Club	4:59.0	37:22.41	

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## Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Univeristy of Waterloo Total Time: 2:08:00.23 Average: 25:36.05	56	3	10	13	14	16	17	18		
2	Wilfred Laurier Universit Total Time: 2:09:07.22 Average: 25:49.45	70	5	7	15	20	23	30	46		
3	University of Waterloo Al Total Time: 2:11:07.68 Average: 26:13.54	108	9	12	21	32	34	42	44		
4	Brock University Total Time: 2:13:31.67 Average: 26:42.34	151	6	28	29	43	45	56	60		
5	Royal Military College Total Time: 2:16:15.45 Average: 27:15.09	188	26	31	35	41	55	61	62		
6	Nippissing University Total Time: 2:18:08.87 Average: 27:37.78	191	11	22	51	53	54	66			
7	Wilfred Laurier Alumni Total Time: 2:18:04.16 Average: 27:36.84	207	24	37	39	48	59	68			
8	Brock Running Club Total Time: 2:27:59.86 Average: 29:35.98	299	49	50	63	67	70	72	73		

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Name	Year School	Avg 1K	Finals	Points
69 Unknown		5:29.3	27:26.14	
70 Unknown		5:31.3	27:36.22	
1 Kristen Marchant	Warriors	3:41.4	18:27.00	1
2 Jennifer Froebel	Trent University	3:50.0	19:09.95	2
3 Alex McGowan	Warriors	3:50.6	19:12.81	3
4 Erin Fox	University of Wa	3:51.1	19:15.27	4
5 Kierstin Myers	McMaster University	3:51.9	19:19.06	5
6 Nicole Hessels	Laurel Creek TC	3:53.3	19:26.06	6
7 Donna Mae Robins	Unnattached	3:53.8	19:28.83	7
8 Sami McGuinness	Warriors	3:54.9	19:34.54	8
9 Kristen Flanagan	Warriors	3:55.2	19:35.90	9
10 Sarah Cranmer-Bing	Golden Hawks	3:56.6	19:42.87	10
11 Amanda Hutchings	Warriors	3:57.6	19:47.87	11
12 Chelsea Mackinnon	McMaster University	3:57.7	19:48.33	12
13 Lisa Flemming	Warriors	3:58.6	19:52.70	13
14 Annelise Martin	Brock University	3:58.6	19:52.94	14
15 Brittany Murphy	Brock University	4:00.2	20:00.93	15
16 Heather Dimond	Warriors	4:01.2	20:05.70	16
17 Raquel Burgess	McMaster University	4:01.2	20:05.94	17
18 Sarah Vanwyk	Saugeen Track Club	4:01.4	20:06.66	18
19 Brittany Hambleton	Unnattached	4:03.0	20:14.68	19
20 Lizz Hodgson	McMaster University	4:03.2	20:15.65	20
21 Taylor Sils	Trent University	4:03.8	20:18.69	21
22 Emily Williams	Warriors	4:03.9	20:19.25	
23 Kaitlyn Pansegrau	McMaster University	4:04.0	20:19.66	22
24 Erin Merkely	Warriors	4:04.1	20:20.43	
25 Joanna Francolini	Brock University	4:04.6	20:22.70	23
26 Ana Gheorghe	Brock University	4:05.9	20:29.25	24
27 Adrienne Morgan	McMaster University	4:09.7	20:48.09	25
28 Genny Cyrenne	Unnattached	4:10.3	20:51.31	26
29 Skye Nagy	Brock University	4:10.4	20:51.65	27
30 Katie Roy	Brock University	4:10.6	20:52.95	28
31 Ocean Johnson-Storey	Brock Running Club	4:10.7	20:53.45	29
32 Megan Kiley	Brock University	4:11.1	20:55.07	30
33 Alannah Kelly	McMaster University	4:11.2	20:55.63	31
34 Katie Parry	Unnattached	4:11.3	20:56.28	32
35 Kelly-Lynne Spettigue	University of Wa	4:11.8	20:58.70	33
36 Andrea Pzscola	Trent University	4:12.6	21:03.03	34
37 Lauren Negrazis	Unnattached	4:15.7	21:18.51	35
38 Anna Stilin	Algoma University	4:17.4	21:26.61	36
39 Jessica Mazonello	Nippissing Unive	4:18.1	21:30.18	37
40 Carol-Ann Macdonald	Royal Military C	4:18.7	21:33.45	38
41 Stephanie Leggat	Nippissing Unive	4:19.7	21:38.26	39
42 Rachel McInnis	Warriors	4:19.8	21:39.02	
43 Robin Whiffing	Golden Hawks	4:21.2	21:45.96	40
44 Alexandria Varty	Warriors	4:21.6	21:47.99	
45 Olivia Scagnato	Warriors	4:22.0	21:50.04	
46 Stephanie Boland	Nippissing Unive	4:22.5	21:52.29	41
47 Serena Gill	Golden Hawks	4:25.0	22:04.62	42
48 Katie Hayes	Warriors	4:26.1	22:10.21	
49 Jill Jaworski	Speed River Tfc	4:27.7	22:18.37	43

