

**2016 Dogwood Meet**  
**Victoria, BC - 5/7/2016 to 5/8/2016**  
**Results**

**Girls 9 Year Olds 60 Meter Dash JD 9**

Name	Year Team	Seed	Finals	Wind	H#
Finals					
1 Martiniuk, Ava	07 Nanaimo Track		10.47	NWI	2
2 Porter, Kayla	07 Cowichan Valley		10.55	NWI	1
3 Dow, Alexa	07 Cowichan Valley		10.85	NWI	1
4 Blumel, Annette	07 Cowichan Valley		11.55	NWI	2
5 Trepke, Miranda	07 Nanaimo Track		11.59	NWI	2
6 Lacroix, Scarlett	07 Cowichan Valley		12.58	NWI	1
7 Lazenby, Danika	07 Cowichan Valley		12.75	NWI	1

**Girls 9 Year Olds 100 Meter Dash JD 9**

Name	Year Team	Seed	Finals	Wind	H#
1 Dow, Alexa	07 Cowichan Valley		17.22	NWI	1
2 Martiniuk, Ava	07 Nanaimo Track		17.35	NWI	2
3 Porter, Kayla	07 Cowichan Valley		17.64	NWI	1
4 Hodges, Rachel	07 Nanaimo Track		17.86	NWI	2
5 Haintz, Delilah	07 Golden Ears		18.18	NWI	2
6 Blumel, Annette	07 Cowichan Valley		18.66	NWI	2
7 Fairweather, Anna	07 Cowichan Valley		18.70	NWI	1
8 Lazenby, Danika	07 Cowichan Valley		20.57	NWI	2
9 Lacroix, Scarlett	07 Cowichan Valley		20.71	NWI	2

**Girls 9 Year Olds 600 Meter Run JD 9**

Name	Year Team	Seed	Finals
1 Dow, Alexa	07 Cowichan Valley		2:18.12
2 Martiniuk, Ava	07 Nanaimo Track		2:19.62
3 Haintz, Delilah	07 Golden Ears		2:21.34
4 Porter, Kayla	07 Cowichan Valley		2:29.35
5 Blumel, Annette	07 Cowichan Valley		2:30.48
6 Titone, Maëlle	07 Cowichan Valley		2:43.01

**Girls 9 Year Olds 1000 Meter Run JD 9**

Name	Year Team	Seed	Finals
1 Dow, Alexa	07 Cowichan Valley		4:09.40
2 Haintz, Delilah	07 Golden Ears		4:15.91
3 Fairweather, Anna	07 Cowichan Valley		4:31.55
4 Porter, Kayla	07 Cowichan Valley		4:37.80

**Girls 9 Year Olds 60 Meter Hurdles 6 x 21" JD 9**

Name	Year Team	Seed	Finals	Wind	H#
1 Martiniuk, Ava	07 Nanaimo Track		13.35	NWI	2
2 Beaton, Sophia	07 Cowichan Valley		14.28	NWI	1
3 Haintz, Delilah	07 Golden Ears		14.29	NWI	1
4 Titone, Maëlle	07 Cowichan Valley		14.51	NWI	2
5 Porter, Kayla	07 Cowichan Valley		14.66	NWI	1
6 Dow, Alexa	07 Cowichan Valley		14.88	NWI	1

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**....Girls 9 Year Olds 60 Meter Hurdles 6 x 21" JD 9**

7	Trepke, Miranda	07 Nanaimo Track	15.74	NWI	1
8	Lacroix, Scarlett	07 Cowichan Valley	16.00	NWI	2
9	Blumel, Annette	07 Cowichan Valley	16.13	NWI	2
10	Lazenby, Danika	07 Cowichan Valley	16.57	NWI	2
11	Henneberry, Allie	07 Cowichan Valley	16.89	NWI	2

**Girls 9 Year Olds High Jump JD 9**

Name	Year Team	Seed	Finals
1 Porter, Kayla	07 Cowichan Valley		1.00m
2 Martiniuk, Ava	07 Nanaimo Track		J1.00m
3 Titone, Maëlle	07 Cowichan Valley		0.85m
3 Haintz, Delilah	07 Golden Ears		0.85m
5 Trepke, Miranda	07 Nanaimo Track		J0.85m
6 Beaton, Sophia	07 Cowichan Valley		0.80m
-- Henneberry, Allie	07 Cowichan Valley		NH
-- Lacroix, Scarlett	07 Cowichan Valley		NH
-- Blumel, Annette	07 Cowichan Valley		NH

**Girls 9 Year Olds Long Jump JD 9**

Name	Year Team	Seed	Finals	Wind
1 Dow, Alexa	07 Cowichan Valley		2.62m	NWI
2 Martiniuk, Ava	07 Nanaimo Track		2.53m	NWI
3 Fairweather, Anna	07 Cowichan Valley		2.51m	NWI
4 Beaton, Sophia	07 Cowichan Valley		2.45m	NWI
5 Porter, Kayla	07 Cowichan Valley		2.41m	NWI
6 Lacroix, Scarlett	07 Cowichan Valley		2.16m	NWI
7 Haintz, Delilah	07 Golden Ears		2.04m	NWI
8 Henneberry, Allie	07 Cowichan Valley		1.88m	NWI
9 Blumel, Annette	07 Cowichan Valley		1.79m	NWI
10 Lazenby, Danika	07 Cowichan Valley		1.72m	NWI

**Girls 9 Year Olds Shot Put 2 kg JD 9**

Name	Year Team	Seed	Finals
1 Dow, Alexa	07 Cowichan Valley		3.70m
2 Martiniuk, Ava	07 Nanaimo Track		3.64m
3 Trepke, Miranda	07 Nanaimo Track		3.28m
4 Porter, Kayla	07 Cowichan Valley		3.23m
5 Haintz, Delilah	07 Golden Ears		3.21m
6 Lazenby, Danika	07 Cowichan Valley		3.07m
7 Blumel, Annette	07 Cowichan Valley		2.46m
8 Lacroix, Scarlett	07 Cowichan Valley		2.12m

**Girls 9 Year Olds 800 Meter Race Walk JD 9**

Name	Year Team	Seed	Finals
1 Lazenby, Danika	07 Cowichan Valley		6:42.07
2 Haintz, Delilah	07 Golden Ears		6:42.55
3 Martiniuk, Ava	07 Nanaimo Track		7:04.81

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**Girls 10 Year Olds 60 Meter Dash JD 10**

Name	Year Team	Seed	Finals	Wind	H#
1 Martin, Haley	06 Nanaimo Track		9.14	NWI	1
2 Paris, Lydia	06 Nanaimo Track		9.73	NWI	1
3 Fawkes, Tori	06 Victoria Track		9.77	NWI	2
4 Van Den Bulk, Kai	06 Peninsula Track		10.46	NWI	1
5 Bishop, Aj	06 Oceanside Track		10.59	NWI	2
6 White, Poppy	06 Cowichan Valley		10.76	NWI	1
7 Schultz, Lia	06 Peninsula Track		10.80	NWI	1
8 Larkin, Rowan	06 Victoria Track		11.19	NWI	2
9 Hall, Victoria	06 Alberni Valley		11.39	NWI	2
10 Tuck, Logan	06 Peninsula Track		12.33	NWI	2

**Girls 10 Year Olds 100 Meter Dash JD 10**

Name	Year Team	Seed	Finals	Wind	H#
1 Martin, Haley	06 Nanaimo Track		14.55	NWI	2
2 Fawkes, Tori	06 Victoria Track		15.38	NWI	1
3 Paris, Lydia	06 Nanaimo Track		15.57	NWI	1
4 Varga, Amelia	06 Cowichan Valley		16.29	NWI	1
5 Van Den Bulk, Kai	06 Peninsula Track		16.59	NWI	3
6 Lauzon, Cayle	06 Cowichan Valley		16.73	NWI	2
7 Putz, Katelyn	06 Nanaimo Track		16.74	NWI	3
8 White, Poppy	06 Cowichan Valley		16.97	NWI	3
9 Bishop, Aj	06 Oceanside Track		17.35	NWI	1
10 Lenarcic, Katelyn	06 Cowichan Valley		17.40	NWI	3
11 Croasdale, Nell	06 Cowichan Valley		17.72	NWI	2
12 Larkin, Rowan	06 Victoria Track		18.06	NWI	2
13 Lundman, Annika	06 Nanaimo Track	19.22	18.52	NWI	2

**Girls 10 Year Olds 600 Meter Run JD 10**

Name	Year Team	Seed	Finals
1 Paris, Lydia	06 Nanaimo Track		2:10.52
2 Varga, Amelia	06 Cowichan Valley		2:12.29
3 Venables, Sophia	06 Unattached		2:16.68
4 Putz, Katelyn	06 Nanaimo Track		2:17.70
5 Lundman, Annika	06 Nanaimo Track	2:23.59	2:19.28
6 Bishop, Aj	06 Oceanside Track		2:20.20
7 Morse, Zoe	06 Oceanside Track		2:21.54
8 Croome, Natalie	06 Nanaimo Track		2:24.45
9 Larkin, Rowan	06 Victoria Track		2:24.50

**Girls 10 Year Olds 1000 Meter Run JD 10**

Name	Year Team	Seed	Finals
1 Morse, Zoe	06 Oceanside Track		4:00.24
2 Putz, Katelyn	06 Nanaimo Track		4:02.09
3 Lundman, Annika	06 Nanaimo Track	4:11.83	4:03.95
4 Fawkes, Tori	06 Victoria Track		4:05.26
5 Varga, Amelia	06 Cowichan Valley		4:06.02
6 Croasdale, Nell	06 Cowichan Valley		4:17.08



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**Girls 10 Year Olds Shot Put 2 kg JD 10**

Name	Year Team	Seed	Finals
1 Putz, Katelyn	06 Nanaimo Track		5.49m
2 Irish, Muirrean	06 Pacific Athletics		5.09m
3 Larkin, Rowan	06 Victoria Track		4.81m
4 Schultz, Lia	06 Peninsula Track		4.80m
5 Hall, Victoria	06 Alberni Valley		4.56m
6 Lenarcic, Katelyn	06 Cowichan Valley		4.51m
7 Bishop, Aj	06 Oceanside Track		4.00m
8 Tuck, Logan	06 Peninsula Track		3.59m
9 Lundman, Annika	06 Nanaimo Track	3.87m	3.38m
10 Van Den Bulk, Kai	06 Peninsula Track		3.14m

**Girls 10 Year Olds Discus Throw 750 g JD 10**

Name	Year Team	Seed	Finals
1 Lauzon, Cayle	06 Cowichan Valley		8.94m
2 Putz, Katelyn	06 Nanaimo Track		8.47m
3 Varga, Amelia	06 Cowichan Valley		7.13m
4 Croome, Natalie	06 Nanaimo Track		7.11m
5 Van Den Bulk, Kai	06 Peninsula Track		6.08m

**Girls 10 Year Olds Javelin Throw 400 g JD 10**

Name	Year Team	Seed	Finals
1 Larkin, Rowan	06 Victoria Track		11.79m
2 Croome, Natalie	06 Nanaimo Track		8.81m
3 White, Poppy	06 Cowichan Valley		7.25m
4 Lauzon, Cayle	06 Cowichan Valley		6.26m
5 Croasdale, Nell	06 Cowichan Valley		5.83m

**Girls 10 Year Olds 800 Meter Race Walk JD 10**

Name	Year Team	Seed	Finals
1 Lundman, Annika	06 Nanaimo Track	5:02.80	5:12.52
2 Hall, Victoria	06 Alberni Valley		6:29.24

**Girls 11 Year Olds 60 Meter Dash JD 11**

Name	Year Team	Seed	Finals	Wind	H#
1 Leung, Victoria	05 Kajaks Track	9.56	9.16	NWI	2
2 Green, Sydney	05 Peninsula Track		9.22	NWI	2
3 Work, Meadow	05 Nanaimo Track		9.27	NWI	1
4 Dickinson, Sadie	05 Pacific Athletics	10.02	9.52	NWI	2
5 Arychuk, Hannah	05 Peninsula Track		9.62	NWI	2
6 Fontaine-Rasaiah, Jaeda	05 Nanaimo Track		9.86	NWI	1
7 Bishop, Spire	05 Oceanside Track		9.89	NWI	1
8 Mesman, Chelsea	05 Victoria Track		9.99	NWI	2
9 Grounds, Bria	05 Cowichan Valley		10.06	NWI	1
10 Paugh, Makenna	05 Nanaimo Track	11.94	11.45	NWI	2

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**Girls 11 Year Olds 100 Meter Dash JD 11**

Name	Year Team	Seed	Finals	Wind	H#
1 Green, Sydney	05 Peninsula Track		14.85	NWI	1
2 Work, Meadow	05 Nanaimo Track		14.88	NWI	1
3 Leung, Victoria	05 Kajaks Track	15.54	15.06	NWI	1
4 Dickinson, Sadie	05 Pacific Athletics	16.37	15.17	NWI	1
5 Wear, Sebryn	05 Nanaimo Track		15.21	NWI	2
6 Mesman, Chelsea	05 Victoria Track		15.93	NWI	1
7 Revoy, Kate-Lynn	05 Campbell River		16.02	NWI	1
8 Crowle, Ella	05 Pacific Athletics		16.29	NWI	1
9 Bishop, Spire	05 Oceanside Track		16.31	NWI	2
10 Danielson, Kiana	05 Campbell River		16.34	NWI	2
11 Ince, Amber	05 Cowichan Valley		16.72	NWI	2
12 Hart, Madeline	05 Cowichan Valley		16.80	NWI	2
13 Broadbent, Ruby	05 Peninsula Track		17.71	NWI	1

**Girls 11 Year Olds 200 Meter Dash JD 11**

Name	Year Team	Seed	Finals	Wind	H#
1 Green, Sydney	05 Peninsula Track		30.85	NWI	1
2 Work, Meadow	05 Nanaimo Track		31.70	NWI	1
3 Leung, Victoria	05 Kajaks Track	32.82	31.82	NWI	2
4 Wear, Sebryn	05 Nanaimo Track		31.85	NWI	1
5 Dickinson, Sadie	05 Pacific Athletics		32.25	NWI	2
6 Henry, Heidi	05 Unattached B		34.36	NWI	1
7 Hart, Madeline	05 Cowichan Valley		34.43	NWI	1
8 Danielson, Kiana	05 Campbell River		34.58	NWI	2
9 Mesman, Chelsea	05 Victoria Track		35.09	NWI	2
10 Hallquist, Lily	05 Cowichan Valley		35.49	NWI	2
11 Bishop, Spire	05 Oceanside Track		35.92	NWI	2
12 Abbott, Teaghan	05 Victoria Track		37.26	NWI	1

**Girls 11 Year Olds 600 Meter Run JD 11**

Name	Year Team	Seed	Finals
1 Hilton, Adrianna	05 Peninsula Track	1:57.51	1:58.73
2 Dickinson, Sadie	05 Pacific Athletics	2:09.59	2:03.30
3 Henry, Heidi	05 Unattached B		2:04.24
4 Mesman, Chelsea	05 Victoria Track		2:07.02
5 Bishop, Spire	05 Oceanside Track		2:07.85
6 Hallquist, Lily	05 Cowichan Valley		2:07.87
7 Work, Meadow	05 Nanaimo Track		2:09.40
8 Danielson, Kiana	05 Campbell River		2:18.68

**Girls 11 Year Olds 1000 Meter Run JD 11**

Name	Year Team	Seed	Finals
1 Hilton, Adrianna	05 Peninsula Track	3:34.55	3:30.92
2 Ballard, Ella	05 Prairie Inn		3:33.55
3 Coley, Ellaina	05 Peninsula Track	3:48.20	3:43.72
4 Mesman, Chelsea	05 Victoria Track		3:51.47
5 Hallquist, Lily	05 Cowichan Valley		3:52.09

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**....Girls 11 Year Olds 1000 Meter Run JD 11**

6 Wear, Sebryn	05 Nanaimo Track	3:52.74
7 Bishop, Spire	05 Oceanside Track	4:09.79

**Girls 11 Year Olds 60 Meter Hurdles 6 x 24" JD 11**

Name	Year Team	Seed	Finals	Wind
1 Fontaine-Rasaiah, Jaeda	05 Nanaimo Track		12.47	NWI
2 Mesman, Chelsea	05 Victoria Track		12.57	NWI
3 Hallquist, Lily	05 Cowichan Valley		13.31	NWI
4 Grounds, Bria	05 Cowichan Valley		13.52	NWI
5 Work, Meadow	05 Nanaimo Track		14.09	NWI

**Girls 11 Year Olds High Jump JD 11**

Name	Year Team	Seed	Finals
1 Broadbent, Ruby	05 Peninsula Track		1.15m
2 Hilton, Adrianna	05 Peninsula Track		1.10m
2 Fontaine-Rasaiah, Jaeda	05 Nanaimo Track		1.10m
4 Grounds, Bria	05 Cowichan Valley		J1.10m
5 Green, Sydney	05 Peninsula Track		1.05m
6 Work, Meadow	05 Nanaimo Track		J1.05m
-- Mesman, Chelsea	05 Victoria Track		NH

**Girls 11 Year Olds Long Jump JD 11**

Name	Year Team	Seed	Finals	Wind
1 Leung, Victoria	05 Kajaks Track		3.83m	NWI
2 Hilton, Adrianna	05 Peninsula Track		3.42m	NWI
3 Green, Sydney	05 Peninsula Track		3.35m	NWI
4 Dickinson, Sadie	05 Pacific Athletics	3.08m	3.20m	NWI
5 Coley, Ellaina	05 Peninsula Track		J3.20m	NWI
6 Ince, Amber	05 Cowichan Valley		3.18m	NWI
7 Arychuk, Hannah	05 Peninsula Track		3.14m	NWI
8 Revoy, Kate-Lynn	05 Campbell River		2.98m	NWI
9 Bishop, Spire	05 Oceanside Track		2.91m	NWI
10 Work, Meadow	05 Nanaimo Track		2.87m	NWI
11 Broadbent, Ruby	05 Peninsula Track		2.86m	NWI
12 Tropea, Zoey	05 Nanaimo Track		2.83m	NWI
13 Crowle, Ella	05 Pacific Athletics		2.63m	NWI
14 Paugh, Makenna	05 Nanaimo Track	2.60m	2.49m	NWI
-- Mesman, Chelsea	05 Victoria Track		ND	NWI

**Girls 11 Year Olds Shot Put 2 kg JD 11**

Name	Year Team	Seed	Finals
1 Mesman, Chelsea	05 Victoria Track		6.22m
2 Crowle, Ella	05 Pacific Athletics		5.91m
3 Leung, Victoria	05 Kajaks Track		5.48m
4 Tropea, Zoey	05 Nanaimo Track		5.17m
5 Arychuk, Hannah	05 Peninsula Track		4.92m
6 Ince, Amber	05 Cowichan Valley		4.88m

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**...Girls 11 Year Olds Shot Put 2 kg JD 11**

7 Paugh, Makenna	05 Nanaimo Track	3.79m	4.59m
8 Work, Meadow	05 Nanaimo Track		4.41m
9 Broadbent, Ruby	05 Peninsula Track		3.87m
10 Hallquist, Lily	05 Cowichan Valley		3.28m

**Girls 11 Year Olds Discus Throw 750 g JD 11**

Name	Year Team	Seed	Finals
1 Mesman, Chelsea	05 Victoria Track		13.34m
2 Paugh, Makenna	05 Nanaimo Track	11.00m	12.91m
3 Crowle, Ella	05 Pacific Athletics		11.81m
4 Work, Meadow	05 Nanaimo Track		9.56m
5 Hart, Madeline	05 Cowichan Valley		8.82m
6 Fontaine-Rasaiah, Jaeda	05 Nanaimo Track		8.53m

**Girls 11 Year Olds Javelin Throw 400 g JD 11**

Name	Year Team	Seed	Finals
1 Mesman, Chelsea	05 Victoria Track		15.65m
2 Tropea, Zoey	05 Nanaimo Track		14.09m
3 Crowle, Ella	05 Pacific Athletics		12.90m
4 Revoy, Kate-Lynn	05 Campbell River		12.32m
5 Hilton, Adrianna	05 Peninsula Track		12.11m
6 Danielson, Kiana	05 Campbell River		11.02m
7 Coley, Ellaina	05 Peninsula Track		11.00m
8 Work, Meadow	05 Nanaimo Track		10.76m
9 Paugh, Makenna	05 Nanaimo Track	10.44m	7.86m

**Girls 11 Year Olds 800 Meter Race Walk JD 11**

Name	Year Team	Seed	Finals
1 Mesman, Chelsea	05 Victoria Track		6:21.71
2 Paugh, Makenna	05 Nanaimo Track	6:16.00	6:28.43
3 Arychuk, Hannah	05 Peninsula Track		6:41.67

**Girls 12 Year Olds 100 Meter Dash JD 12**

Name	Year Team	Seed	Finals	Wind	H#
1 Morgan, Mya	04 Victoria Spe		14.29	NWI	2
2 Wideski, Victoria	04 Kajaks Track		14.33	NWI	2
3 Butler, Jessica	04 Cowichan Valley		14.34	NWI	1
4 Francis-Kuhn, Emma	04 Victoria Track		14.42	NWI	1
5 Lazenby, Alexandra	04 Cowichan Valley		14.78	NWI	1
6 HelmKay, Jamie	04 Pacific Athletics		14.81	NWI	1
7 Birch, Emma	04 Kajaks Track		15.00	NWI	3
8 McKay, Natalie	04 Cowichan Valley		15.34	NWI	3
9 Aveyard, Laurel	04 Pacific Athletics		15.54	NWI	3
10 Fleetwood, Lauren	04 Victoria Track		15.71	NWI	3
11 Menard, Carys	04 Nanaimo Track		15.77	NWI	2
12 Porter, Madison	04 Cowichan Valley		15.78	NWI	2
13 Lal, Jessica	04 Peninsula Track		15.85	NWI	3

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**Girls 12 Year Olds 200 Meter Dash JD 12**

Name	Year Team	Seed	Finals	Wind	H#
1 Morgan, Mya	04 Victoria Spe		30.17	NWI	2
2 Butler, Jessica	04 Cowichan Valley		30.88	NWI	1
3 Birch, Emma	04 Kajaks Track		31.41	NWI	1
4 Francis-Kuhn, Emma	04 Victoria Track		31.70	NWI	1
5 Aveyard, Laurel	04 Pacific Athletics		32.87	NWI	2
6 Porter, Madison	04 Cowichan Valley		33.23	NWI	2
7 Menard, Carys	04 Nanaimo Track		34.04	NWI	1
-- HelmKay, Jamie	04 Pacific Athletics		DQ	NWI	2

**Girls 12 Year Olds 300 Meter Dash JD 12**

Name	Year Team	Seed	Finals
1 Lazenby, Alexandra	04 Cowichan Valley		49.68
2 Blumel, Margo	04 Cowichan Valley		54.14

**Girls 12 Year Olds 800 Meter Run JD 12**

Name	Year Team	Seed	Finals
1 Lucas, Olivia	04 Pacific Athletics		2:55.15
2 Blumel, Margo	04 Cowichan Valley		3:00.31
3 Broekhuizen, Jordyn	04 Alberni Valley		3:04.46
4 Novak, Jayden	04 Cowichan Valley		3:07.93
5 HelmKay, Jamie	04 Pacific Athletics		3:08.91
6 Hall, Isabella	04 Alberni Valley		3:16.99

**Girls 12 Year Olds 1200 Meter Run JD 12**

Name	Year Team	Seed	Finals
1 Blumel, Margo	04 Cowichan Valley		4:50.53
2 Lucas, Olivia	04 Pacific Athletics		4:52.27
3 Porter, Madison	04 Cowichan Valley		4:55.55
4 Novak, Jayden	04 Cowichan Valley		5:00.56
5 Bridges, Charley	04 Comox Valley		5:38.99

**Girls 12 Year Olds 80 Meter Hurdles 8 x 27" JD 12**

Name	Year Team	Seed	Finals	Wind	H#
1 Morgan, Mya	04 Victoria Spe		14.86	NWI	1
2 Wideski, Victoria	04 Kajaks Track		15.22	NWI	1
3 Aveyard, Laurel	04 Pacific Athletics		15.86	NWI	2
4 Butler, Jessica	04 Cowichan Valley		16.51	NWI	1
5 Hall, Isabella	04 Alberni Valley		16.77	NWI	1
6 Menard, Carys	04 Nanaimo Track		17.10	NWI	2
7 HelmKay, Jamie	04 Pacific Athletics		17.30	NWI	2
8 Porter, Madison	04 Cowichan Valley		17.42	NWI	2
9 Blumel, Margo	04 Cowichan Valley		18.87	NWI	2
10 Trepke, Evelyn	04 Nanaimo Track		21.93	NWI	2

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**Girls 12 Year Olds 200 Meter Hurdles 5 x 24" JD 12**

Name	Year Team	Seed	Finals	Wind
1 Butler, Jessica	04 Cowichan Valley		33.93	NWI
2 Lazenby, Alexandra	04 Cowichan Valley		35.51	NWI
3 Broekhuizen, Jordyn	04 Alberni Valley		35.57	NWI
4 Blumel, Margo	04 Cowichan Valley		36.03	NWI
5 Porter, Madison	04 Cowichan Valley		36.57	NWI
6 Francis-Kuhn, Emma	04 Victoria Track		38.23	NWI
7 Bridges, Charley	04 Comox Valley		45.54	NWI

**Girls 12 Year Olds High Jump JD 12**

Name	Year Team	Seed	Finals
1 Wideski, Victoria	04 Kajaks Track		1.30m
2 Aveyard, Laurel	04 Pacific Athletics		1.25m
3 Blumel, Margo	04 Cowichan Valley		1.20m
3 Porter, Madison	04 Cowichan Valley		1.20m
5 Menard, Carys	04 Nanaimo Track		1.10m
6 Morgan, Mya	04 Victoria Spe		J1.10m
7 Helmkey, Jamie	04 Pacific Athletics		1.05m
8 Williams, Danica	04 Cowichan Valley		1.00m
8 Bridges, Charley	04 Comox Valley		1.00m
-- Leslie, Chelsea	04 Powell River		NH
-- Lal, Jessica	04 Peninsula Track		NH
-- Urbanowicz, Sonya	04 Nanaimo Track		NH

**Girls 12 Year Olds Long Jump JD 12**

Name	Year Team	Seed	Finals	Wind
1 Wideski, Victoria	04 Kajaks Track		3.90m	NWI
2 Butler, Jessica	04 Cowichan Valley		3.70m	NWI
3 Hall, Isabella	04 Alberni Valley		3.64m	NWI
4 Francis-Kuhn, Emma	04 Victoria Track		3.44m	NWI
5 Menard, Carys	04 Nanaimo Track		3.38m	NWI
6 Lazenby, Alexandra	04 Cowichan Valley		3.36m	NWI
7 Birch, Emma	04 Kajaks Track		3.23m	NWI
8 Porter, Madison	04 Cowichan Valley		3.17m	NWI
9 Fleetwood, Lauren	04 Victoria Track		3.14m	NWI
10 Broekhuizen, Jordyn	04 Alberni Valley		3.10m	NWI
11 Blumel, Margo	04 Cowichan Valley		3.07m	NWI
12 Lucas, Olivia	04 Pacific Athletics		3.00m	NWI
13 McKay, Natalie	04 Cowichan Valley		2.90m	NWI
14 Novak, Jayden	04 Cowichan Valley		2.77m	NWI
15 Trepke, Evelyn	04 Nanaimo Track	2.60m	2.46m	NWI

**Girls 12 Year Olds Shot Put 3 kg JD 12**

Name	Year Team	Seed	Finals
1 Wideski, Victoria	04 Kajaks Track		8.45m
2 Fleetwood, Lauren	04 Victoria Track		6.54m
3 Aveyard, Laurel	04 Pacific Athletics		6.10m
4 Birch, Emma	04 Kajaks Track		5.62m

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**....Girls 12 Year Olds Shot Put 3 kg JD 12**

5 Hall, Isabella	04 Alberni Valley	5.47m
6 Lazenby, Alexandra	04 Cowichan Valley	5.36m
7 Porter, Madison	04 Cowichan Valley	5.06m
8 Broekhuizen, Jordyn	04 Alberni Valley	J5.06m
9 Butler, Jessica	04 Cowichan Valley	5.00m
10 Blumel, Margo	04 Cowichan Valley	4.82m
11 Novak, Jayden	04 Cowichan Valley	4.41m

**Girls 12 Year Olds Discus Throw 750 g JD 12**

Name	Year Team	Seed	Finals
1 Wideski, Victoria	04 Kajaks Track		22.24m
2 Trepke, Evelyn	04 Nanaimo Track	9.67m	19.18m
3 Aveyard, Laurel	04 Pacific Athletics		18.25m
4 Haintz, Kaia	04 Unattached B		14.69m
5 Birch, Emma	04 Kajaks Track		13.53m
6 McKay, Natalie	04 Cowichan Valley		13.22m
7 Butler, Jessica	04 Cowichan Valley		12.87m
8 Blumel, Margo	04 Cowichan Valley		12.21m
9 Francis-Kuhn, Emma	04 Victoria Track		11.71m
10 Fleetwood, Lauren	04 Victoria Track		11.66m
11 Menard, Carys	04 Nanaimo Track		11.50m
12 Porter, Madison	04 Cowichan Valley		11.00m
13 Hall, Isabella	04 Alberni Valley		9.55m

**Girls 12 Year Olds Hammer Throw 3 kg JD 12**

Name	Year Team	Seed	Finals
1 Haintz, Kaia	04 Unattached B		14.21m

**Girls 12 Year Olds Javelin Throw 400 g JD 12**

Name	Year Team	Seed	Finals
1 Wideski, Victoria	04 Kajaks Track		23.52m
2 Broekhuizen, Jordyn	04 Alberni Valley		16.53m
3 Menard, Carys	04 Nanaimo Track		15.87m
4 Haintz, Kaia	04 Unattached B		15.29m
5 Butler, Jessica	04 Cowichan Valley		14.98m
6 Morgan, Mya	04 Victoria Spe		14.13m
7 Lal, Jessica	04 Peninsula Track		13.70m
8 Blumel, Margo	04 Cowichan Valley		12.36m
9 Porter, Madison	04 Cowichan Valley		12.33m
10 Williams, Danica	04 Cowichan Valley		12.31m
11 Lazenby, Alexandra	04 Cowichan Valley		11.21m
12 Fleetwood, Lauren	04 Victoria Track		11.17m
13 Francis-Kuhn, Emma	04 Victoria Track		10.46m

**Girls 12 Year Olds 800 Meter Race Walk JD 12**

Name	Year Team	Seed	Finals
1 Haintz, Kaia	04 Unattached B	4:42.00	4:32.52

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**...Girls 12 Year Olds 800 Meter Race Walk JD 12**

2 Blumel, Margo	04 Cowichan Valley		5:01.52
3 Trepke, Evelyn	04 Nanaimo Track	5:43.00	6:29.20

**Girls 13 Year Olds 100 Meter Dash JD 13**

Name	Year Team	Seed	Finals	Wind	H#
1 Werner, Aisha	03 Cowichan Valley		13.49	NWI	1
2 Newton, Alexis	03 Peninsula Track	14.58	13.79	NWI	2
3 Nugent, Olivia	03 Victoria Track	14.28	14.20	NWI	2
4 Milne, Emily	03 Campbell River		14.25	NWI	1
5 Dawson, Natalie	03 Cowichan Valley	14.47	14.26	NWI	2
6 Kinnis, Gabriela	03 Victoria Track		14.55	NWI	1
7 Vanderkemp, Brooklyn	03 Powell River		14.70	NWI	2
8 Van Den Bulk, Alexis	03 Peninsula Track	16.15	14.82	NWI	2
9 Grafton, Jessica	03 Campbell River		14.87	NWI	2
10 Harris, Victoria	03 Cowichan Valley		15.09	NWI	1
11 Morris, Carmen	03 Pacific Athletics		15.19	NWI	2
12 Jenks, Sarah	03 Peninsula Track	16.54	15.75	NWI	2

**Girls 13 Year Olds 200 Meter Dash JD 13**

Name	Year Team	Seed	Finals	Wind
1 Werner, Aisha	03 Cowichan Valley		27.98	NWI
2 Milne, Emily	03 Campbell River		29.70	NWI
3 Kinnis, Gabriela	03 Victoria Track		30.17	NWI
4 Nugent, Olivia	03 Victoria Track	30.08	30.68	NWI
5 Van Den Bulk, Alexis	03 Peninsula Track	33.50	30.76	NWI
6 Dawson, Natalie	03 Cowichan Valley	30.47	31.00	NWI
7 Grafton, Jessica	03 Campbell River		31.24	NWI
8 Ketch, Anna	03 Cowichan Valley		34.29	NWI

**Girls 13 Year Olds 300 Meter Dash JD 13**

Name	Year Team	Seed	Finals
1 Newton, Alexis	03 Peninsula Track	49.61	46.97
2 Lundman, Olivia	03 Nanaimo Track	48.36	47.60
3 Randall-Guy, Lauren	03 Victoria Track	53.98	49.03
4 Paugh, Madison	03 Nanaimo Track	54.70	52.69

**Girls 13 Year Olds 800 Meter Run JD 13**

Name	Year Team	Seed	Finals
1 Cameron, Kate	03 Nanaimo Track		2:40.21
2 Lundman, Olivia	03 Nanaimo Track	2:44.93	2:41.51
3 Randall-Guy, Lauren	03 Victoria Track	2:45.00	2:42.79
4 Morris, Carmen	03 Pacific Athletics		3:02.04
5 Van Den Bulk, Alexis	03 Peninsula Track	3:26.60	3:15.95

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**Girls 13 Year Olds 1200 Meter Run JD 13**

Name	Year Team	Seed	Finals
1 Lundman, Olivia	03 Nanaimo Track	4:22.30	4:12.68
2 Cameron, Kate	03 Nanaimo Track		4:19.58
3 Vanderkemp, Brooklyn	03 Powell River		4:43.55
4 Beaton, Erika	03 Victoria Track		4:57.12

**Girls 13 Year Olds 2000 Meter Run JD 13**

Name	Year Team	Seed	Finals
1 Lundman, Olivia	03 Nanaimo Track		7:35.34
2 Vanderkemp, Brooklyn	03 Powell River		8:34.03

**Girls 13 Year Olds 80 Meter Hurdles 8 x 30" JD 13**

Name	Year Team	Seed	Finals	Wind
1 Nugent, Olivia	03 Victoria Track	13.71	14.03	NWI
2 Vanderkemp, Brooklyn	03 Powell River		15.00	NWI
3 Randall-Guy, Lauren	03 Victoria Track	14.81	15.99	NWI
4 Van Den Bulk, Alexis	03 Peninsula Track	17.39	17.91	NWI
5 Ketch, Anna	03 Cowichan Valley		18.67	NWI
6 Martin, Gina	03 Cowichan Valley		20.08	NWI

**Girls 13 Year Olds 200 Meter Hurdles 5 x 27" JD 13**

Name	Year Team	Seed	Finals	Wind
1 Lundman, Olivia	03 Nanaimo Track	32.56	32.41	NWI
2 Vanderkemp, Brooklyn	03 Powell River		32.99	NWI
3 Dawson, Natalie	03 Cowichan Valley	32.21	33.06	NWI
4 Nugent, Olivia	03 Victoria Track		33.86	NWI
-- Werner, Aisha	03 Cowichan Valley		DNF	NWI

**Girls 13 Year Olds High Jump JD 13**

Name	Year Team	Seed	Finals
1 Martin, Gina	03 Cowichan Valley		1.25m
2 Morris, Carmen	03 Pacific Athletics		J1.25m
3 Tropea, Vada	03 Nanaimo Track		J1.25m
4 Peterson, Julia	03 Peninsula Track		J1.25m
5 Nugent, Olivia	03 Victoria Track		J1.25m
6 Ketch, Anna	03 Cowichan Valley		J1.25m
7 Randall-Guy, Lauren	03 Victoria Track	1.20m	1.15m

**Girls 13 Year Olds Pole Vault JD 13**

Name	Year Team	Seed	Finals
1 Lundman, Olivia	03 Nanaimo Track		2.90m

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**Girls 13 Year Olds Long Jump JD 13**

Name	Year Team	Seed	Finals	Wind
1 Nugent, Olivia	03 Victoria Track	3.85m	4.08m	NWI
2 Paugh, Madison	03 Nanaimo Track	3.78m	4.02m	NWI
3 Dawson, Natalie	03 Cowichan Valley	3.56m	3.85m	NWI
4 Peterson, Julia	03 Peninsula Track		3.80m	NWI
5 Milne, Emily	03 Campbell River		3.75m	NWI
6 Randall-Guy, Lauren	03 Victoria Track	3.30m	3.74m	NWI
7 Van Den Bulk, Alexis	03 Peninsula Track		3.73m	NWI
8 Higgins, Paige	03 Nanaimo Track		3.72m	NWI
9 Werner, Aisha	03 Cowichan Valley		3.67m	NWI
10 Kinnis, Gabriela	03 Victoria Track		3.63m	NWI
11 Newton, Alexis	03 Peninsula Track		3.59m	NWI
12 Grafton, Jessica	03 Campbell River		3.54m	NWI
13 Cameron, Kate	03 Nanaimo Track		3.52m	NWI
14 Morris, Carmen	03 Pacific Athletics		3.46m	NWI
15 Vanderkemp, Brooklyn	03 Powell River		3.39m	NWI
16 Jenks, Sarah	03 Peninsula Track		2.78m	NWI

**Girls 13 Year Olds Triple Jump JD 13**

Name	Year Team	Seed	Finals	Wind
1 Paugh, Madison	03 Nanaimo Track		9.09m	3.5
2 Lundman, Olivia	03 Nanaimo Track		8.61m	3.4
3 Nugent, Olivia	03 Victoria Track		8.38m	2.3
4 Morris, Carmen	03 Pacific Athletics		7.71m	2.3
5 Martin, Gina	03 Cowichan Valley		7.22m	3.4

**Girls 13 Year Olds Shot Put 3 kg JD 13**

Name	Year Team	Seed	Finals
1 Bhandal, Jasmin	03 Unattached B		9.11m
2 Nugent, Olivia	03 Victoria Track		7.73m
3 Paugh, Madison	03 Nanaimo Track	6.52m	7.41m
4 Peterson, Julia	03 Peninsula Track		6.80m
5 Jenks, Sarah	03 Peninsula Track		6.76m
6 Randall-Guy, Lauren	03 Victoria Track	5.76m	6.65m
7 Harris, Victoria	03 Cowichan Valley		6.37m
8 Boar, Robyn	03 Nanaimo Track		5.92m
9 Dawson, Natalie	03 Cowichan Valley	5.54m	5.39m
10 Parcher, Bianca	03 Nanaimo Track		5.11m
11 Dailey, Victoria	03 Cowichan Valley		4.36m

**Girls 13 Year Olds Discus Throw 750 g JD 13**

Name	Year Team	Seed	Finals
1 Bhandal, Jasmin	03 Unattached B		26.97m
2 Paugh, Madison	03 Nanaimo Track	17.81m	19.11m
3 Higgins, Paige	03 Nanaimo Track		16.95m
4 Vanderkemp, Brooklyn	03 Powell River		16.15m
5 Randall-Guy, Lauren	03 Victoria Track		15.69m
6 Peterson, Julia	03 Peninsula Track		14.82m

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**...Girls 13 Year Olds Discus Throw 750 g JD 13**

7	Van Den Bulk, Alexis	03 Peninsula Track	14.54m
8	Boar, Robyn	03 Nanaimo Track	13.92m
9	Nugent, Olivia	03 Victoria Track	13.76m
10	Parcher, Bianca	03 Nanaimo Track	12.59m
11	Werner, Aisha	03 Cowichan Valley	12.43m
12	Morris, Carmen	03 Pacific Athletics	12.39m
13	Newton, Alexis	03 Peninsula Track	11.69m
14	Dailey, Victoria	03 Cowichan Valley	9.06m

**Girls 13 Year Olds Hammer Throw 3 kg JD 13**

Name	Year Team	Seed	Finals
1	Bhandal, Jasmin	03 Unattached B	30.06m
2	Lundman, Olivia	03 Nanaimo Track	21.01m
3	Jenks, Sarah	03 Peninsula Track	17.66m
4	Parcher, Bianca	03 Nanaimo Track	11.24m

**Girls 13 Year Olds Javelin Throw 400 g JD 13**

Name	Year Team	Seed	Finals
1	Paugh, Madison	03 Nanaimo Track	22.55m
2	Nugent, Olivia	03 Victoria Track	21.33m
3	Randall-Guy, Lauren	03 Victoria Track	19.56m
4	Harris, Victoria	03 Cowichan Valley	17.17m
5	Tropea, Vada	03 Nanaimo Track	16.94m
6	Boar, Robyn	03 Nanaimo Track	16.01m
7	Martin, Gina	03 Cowichan Valley	12.29m
8	Dailey, Victoria	03 Cowichan Valley	11.45m
9	Ketch, Anna	03 Cowichan Valley	10.97m

**Girls 13 Year Olds 1500 Meter Race Walk JD 13**

Name	Year Team	Seed	Finals
1	Lundman, Olivia	03 Nanaimo Track	9:32.63
2	Boar, Robyn	03 Nanaimo Track	11:41.60

**Girls 14-15 100 Meter Dash Midget**

Name	Year Team	Seed	Finals	Wind	H#
1	Shandro, Angelina	02 Victoria Spe	13.70	12.72	1.9 2
2	Pollock, Madelynn	01 Cowichan Valley		12.91	1.9 2
3	Gendall, Danae	01 Victoria Spe		13.27	1.5 1
4	Eliopoulos, Paris	01 Van Olympic		13.48	1.9 2
5	Buckley, Carley	02 Comox Valley		13.56	1.5 1
6	Bau, Olivia	02 Unattached B	13.58	13.60	1.9 2
7	Dickinson, Makayla	02 Pacific Athletics	14.05	13.76	1.9 2
8	Lal, Charlotte	01 Peninsula Track		13.89	1.5 1
9	Lineger, Lauren	02 Comox Valley		13.90	1.5 1
10	Ashcroft, Julia	01 Campbell River		14.03	1.9 2
11	Anderton, Courtney	01 Nanaimo Track	13.52	14.04	1.9 2
12	Leal, Sadie	02 Victoria Spe		14.17	1.5 1

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**...Girls 14-15 100 Meter Dash Midget**

13	Revoy, Jessica	02	Campbell River	14.28	1.5	1
14	Tran, Kimberly	01	Comox Valley	14.29	1.5	1
15	Hollihn, Angelina	01	Cowichan Valley	15.25	1.5	1
16	Larkin, Mackenzie	02	Victoria Track	15.47	1.9	2
17	Croasdale, Lucy	01	Cowichan Valley	15.54	1.5	1

**Girls 14-15 200 Meter Dash Midget**

Name	Year	Team	Seed	Finals	Wind	H#
1 Shandro, Angelina	02	Victoria Spe	27.00	25.95	2.0	2
2 Pollock, Madelynn	01	Cowichan Valley		27.11	3.7	3
3 O'Flaherty, Caleigh	02	NorWesters	28.28	27.91	2.0	2
4 Gendall, Danae	01	Victoria Spe		27.98	3.7	3
5 Kennedy, Angelique	02	Comox Valley		28.26	3.7	3
6 Dickinson, Makayla	02	Pacific Athletics	28.73	28.51	2.0	2
7 Lineger, Lauren	02	Comox Valley		29.19	2.5	1
8 Tanner, Maiah	01	Comox Valley	31.34	29.66	2.0	2
9 Lal, Charlotte	01	Peninsula Track		29.85	2.5	1
10 Leal, Sadie	02	Victoria Spe		30.11	2.0	2
11 Wulder, Cleo	02	Victoria Track		30.92	2.0	2
12 Hollihn, Angelina	01	Cowichan Valley		31.94	3.7	3
13 Larkin, Mackenzie	02	Victoria Track		31.96	3.7	3
14 Croasdale, Lucy	01	Cowichan Valley		33.20	2.5	1

**Girls 14-15 300 Meter Dash Midget**

Name	Year	Team	Seed	Finals	H#
1 Shandro, Angelina	02	Victoria Spe	41.00	41.40	2
2 Kennedy, Angelique	02	Comox Valley		43.45	1
3 O'Flaherty, Caleigh	02	NorWesters	45.33	43.95	2
4 Chin, Ella	01	Pacific Athletics		44.11	1
5 Lineger, Lauren	02	Comox Valley		45.71	1
6 Dickinson, Makayla	02	Pacific Athletics	47.64	45.87	2
7 Tanner, Maiah	01	Comox Valley	48.79	46.93	2
8 Larkin, Mackenzie	02	Victoria Track		52.25	1
9 Croasdale, Lucy	01	Cowichan Valley		53.00	1
10 Hollihn, Angelina	01	Cowichan Valley		53.36	2

**Girls 14-15 800 Meter Run Midget**

Name	Year	Team	Seed	Finals
1 Champion, Izzy	02	Victoria Spe		2:34.14
2 Terpstra, Rhiannon	01	Oceanside Track		2:37.47
3 Murphy, Isabel	02	Pacific Athletics		2:39.56
4 Dickinson, Makayla	02	Pacific Athletics	2:48.20	2:41.96
5 Hoffman, Chloe	02	Pacific Athletics		2:46.40
6 Sara, Eniko	02	Langley Mustangs	2:48.02	2:48.63
7 O'Flaherty, Caleigh	02	NorWesters		2:56.19
8 Ballantyne, Georgia	02	Pacific Athletics		2:58.21
9 Stecko, Lauren	02	Victoria Spe		3:00.60
10 Jensen, Alyssa	02	Peninsula Track	2:52.57	3:04.12

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**Girls 14-15 1200 Meter Run Midget**

Name	Year Team	Seed	Finals
1 Dickenson, Karly	02 Nanaimo Track		4:01.98
2 Champion, Izzy	02 Victoria Spe		4:08.46
3 Castle, Jessica	02 Cowichan Valley		4:10.99
4 Murphy, Isabel	02 Pacific Athletics		4:14.37
5 Hoffman, Chloe	02 Pacific Athletics		4:30.62
6 Jensen, Alyssa	02 Peninsula Track	4:31.10	4:59.36

**Girls 14-15 2000 Meter Run Midget**

Name	Year Team	Seed	Finals
1 Wulder, Cleo	02 Victoria Track		7:34.97
2 Stecko, Lauren	02 Victoria Spe		8:25.60

**Girls 14-15 80 Meter Hurdles 8 x 30" Midget**

Name	Year Team	Seed	Finals	Wind	H#
1 Pollock, Madelynn	01 Cowichan Valley		13.43	3.1	1
2 O'Flaherty, Caleigh	02 NorWesters	14.90	14.40	3.1	1
3 Fougner-Rukus, Reece	02 Pacific Athletics		14.79	NWI	2
4 Feeney, Tatum	02 Campbell River		15.07	NWI	2
5 Wulder, Cleo	02 Victoria Track		15.90	3.1	1
6 Christney, Amelia	02 Pacific Athletics		18.47	NWI	2

**Girls 14-15 200 Meter Hurdles 5 x 30" Midget**

Name	Year Team	Seed	Finals	Wind
1 Pollock, Madelynn	01 Cowichan Valley		30.12	1.8
2 Kennedy, Angelique	02 Comox Valley		30.80	1.8
3 Buckley, Carley	02 Comox Valley		31.17	1.8
4 Tanner, Maiah	01 Comox Valley		31.62	1.8
5 O'Flaherty, Caleigh	02 NorWesters	31.41	32.06	1.8
6 Castle, Jessica	02 Cowichan Valley		33.59	1.8
7 Hoffman, Chloe	02 Pacific Athletics		36.78	1.8

**Girls 14-15 High Jump Midget**

Name	Year Team	Seed	Finals
1 Rastad, Julia	02 NorWesters	1.45m	1.40m
2 Williams, Destanie	01 Comox Valley		J1.40m
3 O'Flaherty, Caleigh	02 NorWesters	1.45m	1.35m
4 Feeney, Tatum	02 Campbell River		1.30m
5 Fischer, Miranda	01 Hope Secondary		1.25m
-- Castle, Jessica	02 Cowichan Valley		NH
-- Hoffman, Chloe	02 Pacific Athletics		NH

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**Girls 14-15 Pole Vault Midget**

Name	Year Team	Seed	Finals
1 Weir, Annika	01 Oak Bay High School		1.70m

**Girls 14-15 Long Jump Midget**

Name	Year Team	Seed	Finals	Wind
1 Rastad, Julia	02 NorWesters	4.71m	4.60m	+0.0
2 O'Flaherty, Caleigh	02 NorWesters		4.38m	0.4
3 Tran, Kimberly	01 Comox Valley		4.29m	+0.0
4 Eliopoulos, Paris	01 Van Olympic		4.27m	-0.1
5 Lineger, Lauren	02 Comox Valley		4.25m	+0.0
6 Dickinson, Makayla	02 Pacific Athletics	4.05m	4.14m	0.3
7 Lal, Charlotte	01 Peninsula Track		4.01m	0.3
8 Fougner-Rukus, Reece	02 Pacific Athletics		4.00m	+0.0
9 Mitchell, Makayla	02 Nanaimo Track		3.98m	0.6
10 Williams, Destanie	01 Comox Valley		3.88m	0.3
11 Feeney, Tatum	02 Campbell River		3.79m	+0.0
11 Wulder, Cleo	02 Victoria Track		3.79m	+0.0
13 Fischer, Miranda	01 Hope Secondary		3.76m	0.4
14 Larkin, Mackenzie	02 Victoria Track		3.40m	0.4
15 White, Lavender	02 Cowichan Valley		2.28m	+0.0

**Girls 14-15 Triple Jump Midget**

Name	Year Team	Seed	Finals	Wind
1 Rastad, Julia	02 NorWesters	9.66m	10.06m	1.8
2 Watson, Kaitlyn	01 Nanaimo Track		9.65m	0.4
3 Bau, Olivia	02 Unattached B		9.14m	0.4
4 Fougner-Rukus, Reece	02 Pacific Athletics		9.08m	1.0
5 Feeney, Tatum	02 Campbell River		8.98m	0.9
6 Dickinson, Makayla	02 Pacific Athletics	8.90m	J8.98m	1.7
7 Woods, Hannah	02 Pacific Athletics		8.01m	1.6
8 Revoy, Jessica	02 Campbell River		7.68m	-1.0

**Girls 14-15 Shot Put 3 kg Midget**

Name	Year Team	Seed	Finals
1 Patry-Smith, Jenevieve	01 Royal City	11.65m	11.65m
2 Frederiksen, Gwyneth	01 Unattached B		11.27m
3 Mitchell, Makayla	02 Nanaimo Track		8.10m
4 Feeney, Tatum	02 Campbell River		7.26m
5 Larkin, Mackenzie	02 Victoria Track		7.23m
6 Morrison, Katherine	02 Oceanside Track		7.00m
7 Bau, Olivia	02 Unattached B		6.88m
8 Jensen, Alyssa	02 Peninsula Track		5.70m

**Girls 14-15 Discus Throw 1 kg Midget**

Name	Year Team	Seed	Finals
1 Patry-Smith, Jenevieve	01 Royal City	33.60m	30.09m

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**...Girls 14-15 Discus Throw 1 kg Midget**

2	Frederiksen, Gwyneth	01	Unattached B		28.07m
3	Elliott, Libby	01	Oceanside Track		26.67m
4	Rastad, Julia	02	NorWesters	28.90m	25.49m
5	Mitchell, Makayla	02	Nanaimo Track		20.60m
6	Ballantyne, Georgia	02	Pacific Athletics		18.64m
7	Larkin, Mackenzie	02	Victoria Track		18.08m
8	Morrison, Katherine	02	Oceanside Track		15.50m
9	Adamson, Sequel	01	Hope Secondary		12.62m
10	Jensen, Alyssa	02	Peninsula Track		12.21m
11	White, Lavender	02	Cowichan Valley		9.10m

**Girls 14-15 Hammer Throw 3 kg Midget**

Name	Year	Team	Seed	Finals
1	Frederiksen, Gwyneth	01	Unattached B	44.96m
2	Patry-Smith, Jenevieve	01	Royal City	36.17m
3	Mitchell, Makayla	02	Nanaimo Track	28.97m
4	Kroemer, Jillian	02	Kwalikum Sec	20.73m
5	Woolnough, Alena	02	Oceanside Track	20.58m

**Girls 14-15 Javelin Throw 500 g Midget**

Name	Year	Team	Seed	Finals
1	Sara, Eniko	02	Langley Mustangs	35.17m
2	Patry-Smith, Jenevieve	01	Royal City	40.27m
3	Frederiksen, Gwyneth	01	Unattached B	31.05m
4	Mitchell, Makayla	02	Nanaimo Track	31.01m
5	Williams, Destanie	01	Comox Valley	30.80m
6	Savela, Lauryn	02	Royal City	30.00m
7	Chin, Ella	01	Pacific Athletics	27.00m
8	Elliott, Libby	01	Oceanside Track	26.67m
9	Haintz, Marquesis	02	Unattached B	23.46m
10	Fougner-Rukus, Reece	02	Pacific Athletics	21.83m
11	Wulder, Cleo	02	Victoria Track	14.99m
12	Butler, Sarah	02	Cowichan Valley	14.31m
13	Jensen, Alyssa	02	Peninsula Track	13.91m
14	White, Lavender	02	Cowichan Valley	10.83m
--	Fischer, Miranda	01	Hope Secondary	ND

**Girls 14-15 1500 Meter Race Walk Midget**

Name	Year	Team	Seed	Finals
1	Mitchell, Makayla	02	Nanaimo Track	9:35.84
2	Elliott, Libby	01	Oceanside Track	10:21.57
3	Adamson, Sequel	01	Hope Secondary	10:50.28
4	Morrison, Katherine	02	Oceanside Track	11:45.31

**Women 18-19 100 Meter Dash**

Name	Year	Team	Seed	Finals	Wind	H#	
1	Schultz, Nina	98	New West Spa	12.60	12.33	1.7	1

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**...Women 18-19 100 Meter Dash**

2	Voloshin, Diana	97	NorWesters	12.67	12.51	1.7	1
3	Jerome, Rachel	98	Victoria Spe	12.80	12.61	1.7	1
4	D'Agnolo, Lauren	98	Victoria Spe	12.80	12.89	1.7	1
5	Edeh, Enyo	98	Cowichan Valley		12.92	1.3	2
6	Heyd, Casey	98	Cowichan Valley	12.40	12.93	1.7	1
7	Saville, Emily	98	Pacific Athletics	13.61	13.32	1.3	2
8	Irwin, Lara	98	Pacific Athletics	13.55	13.59	1.3	2

**Women 20-34 100 Meter Dash T51/52 WC**

Name	Year	Team	Seed	Finals	Wind
1	Enns, Nikita	88	Saskatoon Cyclones	29.40	1.8
2	Richter, Becky	82	Saskatoon Cyclones	31.45	1.8

**Women 20-34 100 Meter Dash**

Name	Year	Team	Seed	Finals	Wind	H#
1	Garnett, Ashley	96	Unattached B	13.25	1.3	2
2	Laurie, Shannon	87	Victoria Spe	15.87	1.3	2

**Women 40-44 100 Meter Dash T51/52 WC**

Name	Year	Team	Seed	Finals	Wind
1	Stilwell, Michelle	74	WC Race Series	21.45	1.8

**Women 45-49 100 Meter Dash**

Name	Year	Team	Seed	Finals	Wind
1	Anderton, Sandra	69	Nanaimo Track	15.69	1.6
2	Coell, Irene	70	Victoria Track	16.95	1.6

**Women 50-54 100 Meter Dash**

Name	Year	Team	Seed	Finals	Wind
1	Davison, Che	63	Unattached B	18.80	1.6

**Women 60-64 100 Meter Dash**

Name	Year	Team	Seed	Finals	Wind
1	Hendrie, Nola	55	Nanaimo Track	18.27	1.6
3	Fossberg, Mette	51	Victoria Spe	18.16	1.6

**Women 65-69 100 Meter Dash**

Name	Year	Team	Seed	Finals	Wind
1	Bissessur, Sandra	49	Nanaimo Track	16.15	1.6
2	Shook, Karen	50	Unattached B	16.42	1.6

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**Women 20-34 200 Meter Dash T51/52 WC**

Name	Year Team	Seed	Finals	Wind
1 Richter, Becky	82 Saskatoon Cyclones		59.83	2.8
2 Ens, Nikita	88 Saskatoon Cyclones		1:00.58	2.8

**Women 40-44 200 Meter Dash T51/52 WC**

Name	Year Team	Seed	Finals	Wind
1 Stilwell, Michelle	74 WC Race Series		35.03	2.8

**Women 45-49 200 Meter Dash**

Name	Year Team	Seed	Finals	Wind
1 Anderton, Sandra	69 Nanaimo Track		34.68	2.1
2 Coell, Irene	70 Victoria Track		40.26	2.1

**Women 60-64 200 Meter Dash**

Name	Year Team	Seed	Finals	Wind
1 Fossberg, Mette	51 Victoria Spe		39.16	2.1

**Women 65-69 200 Meter Dash**

Name	Year Team	Seed	Finals	Wind
1 Shook, Karen	50 Unattached B		35.04	2.1

**Women 18-19 400 Meter Dash**

Name	Year Team	Seed	Finals
1 Bluschke, Renate	98 Comox Valley	59.36	58.52
2 Curle, Emma	97 St. Albert M	59.12	1:02.77

**Women 20-34 400 Meter Dash**

Name	Year Team	Seed	Finals
1 Beaton, Heather	95 Halifax Athletics	58.50	57.59
2 Balbosa, Chelsea	92 Unattached B	59.53	1:00.46
3 Kowallik, Saskia	96 Victoria Spe	59.90	1:01.40

**Women 65-69 400 Meter Dash**

Name	Year Team	Seed	Finals
1 Bissessur, Sandra	49 Nanaimo Track		1:23.06

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**Women 400 Meter Dash T51/52 WC**

Name	Year Team	Seed	Finals
1 Stilwell, Michelle	74 WC Race Series		1:10.02

**Women 16-17 800 Meter Run**

Name	Year Team	Seed	Finals
1 Hill, Olivia	99 Nanaimo Track		2:20.06
2 Steen, Cassidy	99 Victoria Spe	2:21.10	2:20.82
3 Stewart, Hope	00 Nanaimo Track	2:18.85	2:23.84
4 Robinson, Sofia	00 Oceanside Track	2:40.00	2:41.01

**Women 40-44 800 Meter Run**

Name	Year Team	Seed	Finals
1 Venables, Elizabeth	74 Unattached B	2:20.00	2:29.04

**Women 16-45 800 Meter Run elite**

Name	Year Team	Seed	Finals
1 Stellingwerff, Hilary	81 Speed River	2:01.20	2:02.74
2 Kelly, Mariah	91 Niagara Regi	2:05.93	2:03.65
3 Francois, Rachel	92 Edmonton Col	2:02.17	2:04.40
4 Macpherson, Sarah	91 Unattached	2:08.00	2:05.53
5 Atkin, Casey	93 Unattached B	2:05.89	2:06.14
6 Pomfret, Kendra	91 Unattached B	2:05.04	2:06.90
7 Propp, Adrea	92 Unattached	2:10.40	2:07.81
8 Mousseau, Alyssa	98 Nanaimo Track	2:09.04	2:08.99
9 Heisterman, Madison	00 Nanaimo Track	2:10.00	2:09.83
10 Walker, Michaela	95 Halifax Athletics	2:14.03	2:13.24
11 Harrell, Caroline	96 UVIC	2:15.00	2:14.08
-- Van Buskirk, Kate	87 Unattached -	2:02.62	DNF

**Women 9-90 800 Meter Run T53 WC Wheelchair**

Name	Year Team	Seed	Finals
1 Frotten, Jessica	88 Saskatoon Cyclones		2:21.79

**Women 16-17 1500 Meter Run**

Name	Year Team	Seed	Finals
1 Robinson, Sofia	00 Oceanside Track	5:30.00	5:21.36
2 Farley, Katelyn	00 Nanaimo Track		5:23.72
3 Morin-Duncan, Madelene	00 Oceanside Track		6:01.65

**Women 18-19 1500 Meter Run**

Name	Year Team	Seed	Finals
1 Morris, Amy	98 Nanaimo Track	4:50.08	5:07.70

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**...Women 18-19 1500 Meter Run**

2 Rainboth, Emma	98 Oceanside Track	5:05.00	5:20.46
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**Women 16-17 3000 Meter Run**

Name	Year Team	Seed	Finals
1 Heisterman, Madison	00 Nanaimo Track	10:20.00	10:20.40
2 Farley, Katelyn	00 Nanaimo Track		11:34.30

**Women 18-19 3000 Meter Run**

Name	Year Team	Seed	Finals
1 Mousseau, Alyssa	98 Nanaimo Track	10:21.71	10:25.01
2 Morris, Amy	98 Nanaimo Track	10:37.88	10:49.97

**Women 9-90 Shot Put F56 Wheelchair**

Name	Year Team	Seed	Finals
1 Renaerts, Yeshi	93 WC Race Series		4.37m Raza points:145

**Women 9-90 Shot Put F52 Wheelchair**

Name	Year Team	Seed	Finals
1 Ens, Nikita	88 Saskatoon Cyclones		2.71m Raza points: 148

**Women 14-90 Javelin Throw F56 WC Wheelchair**

Name	Year Team	Seed	Finals
1 Renaerts, Yeshi	93 WC Race Series		8.31m

**Women 16-17 5000 Meter Race Walk**

Name	Year Team	Seed	Finals
1 Andersen, Marina	00 Nanaimo Track		29:33.20
-- Danielson, Kyra	00 Racewalk West	25:34.00	DNF

**Women 18-19 5000 Meter Race Walk**

Name	Year Team	Seed	Finals
1 Zhang, Zoe	98 Racewalk West	28:54.00	28:33.92
2 Cheung, Michelle	98 Racewalk West	30:00.00	30:16.98

**Women 16-17 100 Meter Dash Youth**

Name	Year Team	Seed	Finals	Wind
1 Fashina-Bombata, Hassy	99 Nanaimo Track	12.25	12.43	2.0
2 Dewit, Emma	00 Cowichan Valley	13.15	13.01	2.0
3 Rastad, Emma	99 NorWesters	13.09	13.32	2.0

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**...Women 16-17 100 Meter Dash Youth**

4	Gatensby, Maya	00	Victoria Spe	13.50	13.43	2.0
5	Leal, Desiree	00	Victoria Spe		13.85	2.0
6	Smid, Taylynn	00	Cowichan Valley		14.09	2.0

**Women 16-17 200 Meter Dash Youth**

Name	Year	Team	Seed	Finals	Wind	
1	Fashina-Bombata, Hassy	99	Nanaimo Track	25.19	25.18	2.3
2	Curle, Madelyn	99	St. Albert M		26.25	2.3
3	Gummer, Elizabeth	99	Comox Valley	26.48	26.45	2.3
4	Reierson, Tekarra	99	Comox Valley	26.35	26.76	2.3
5	Schulz, Kristen	00	NorWesters	27.64	26.91	2.3
6	Matthews, Thea	00	Victoria Track	27.11	28.13	2.3
7	Smid, Taylynn	00	Cowichan Valley		33.14	2.3

**Women 16-17 400 Meter Dash Youth**

Name	Year	Team	Seed	Finals	
1	Reierson, Tekarra	99	Comox Valley	58.81	59.82
2	Murchison, Emma	00	St. Albert M	1:02.00	1:02.05
3	Shields-Brown, Mairin	99	Nanaimo Track		1:02.24
4	Matthews, Thea	00	Victoria Track	1:01.14	1:04.18
5	Gatensby, Maya	00	Victoria Spe	1:04.10	1:09.01

**Women 16-17 100 Meter Hurdles 10 x 30" Youth**

Name	Year	Team	Seed	Finals	Wind	H#	
1	Rastad, Emma	99	NorWesters	14.30	14.80	3.4	1
2	Schulz, Kristen	00	NorWesters	15.39	14.97	3.4	1
3	Gummer, Elizabeth	99	Comox Valley		15.22	3.4	1
4	Harris, Erin	99	Cowichan Valley		21.54	1.8	2

**Women 16-17 400 Meter Hurdles 10 x 30" Youth**

Name	Year	Team	Seed	Finals	
1	Gummer, Elizabeth	99	Comox Valley	1:01.40	1:02.03
2	Reierson, Tekarra	99	Comox Valley	1:04.00	1:08.42
3	Matthews, Quinn	00	Victoria Track		1:13.77

**Women 16-17 2000 Meter Steeplechase 30" Youth**

Name	Year	Team	Seed	Finals
1	Steen, Cassidy	99	Victoria Spe	7:28.84
2	Stewart, Hope	00	Nanaimo Track	8:03.18

**Women 16-17 High Jump Youth**

Name	Year	Team	Seed	Finals
1	Curle, Madelyn	99	St. Albert M	1.50m

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**...Women 16-17 High Jump Youth**

2 Matthews, Quinn	00 Victoria Track	1.25m
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**Women 16-17 Pole Vault Youth**

Name	Year Team	Seed	Finals
1 Grohovac, Rachel	00 Oak Bay High School		2.80m

**Women 16-17 Long Jump Youth**

Name	Year Team	Seed	Finals	Wind
1 Schulz, Kristen	00 NorWesters	5.25m	5.02m	0.4
2 Rastad, Emma	99 NorWesters	5.30m	4.90m	-0.3
3 Shields-Brown, Mairin	99 Nanaimo Track	4.86m	4.73m	-0.5
4 Matthews, Thea	00 Victoria Track	4.81m	4.68m	-1.1
5 Dewit, Emma	00 Cowichan Valley	4.58m	4.52m	-0.2
6 Mudie, Heather	99 Campbell River		3.68m	-0.6

**Women 16-17 Triple Jump Youth**

Name	Year Team	Seed	Finals	Wind
1 Schulz, Kristen	00 NorWesters	11.58m	11.52m	2.4
2 Glegg, Amanda	99 Pacific Athletics	10.82m	10.39m	3.5

**Women 16-17 Shot Put 3 kg Youth**

Name	Year Team	Seed	Finals
1 Wideski, Valerie	99 Unattached B		10.82m
2 Endrigo, Aya	00 Pacific Athletics		10.32m
3 Mudie, Heather	99 Campbell River		6.70m

**Women 16-17 Discus Throw 1 kg Youth**

Name	Year Team	Seed	Finals
1 Wideski, Valerie	99 Unattached B		35.93m
2 Endrigo, Aya	00 Pacific Athletics		24.58m
3 Mudie, Heather	99 Campbell River		13.07m

**Women 16-17 Hammer Throw 3 kg Youth**

Name	Year Team	Seed	Finals
1 Katzberg, Jessica	00 Nanaimo Track		47.31m
2 Woolnough, Serena	00 Oceanside Track		43.80m
3 Gallant, Albany	00 Pacific Athletics		39.34m
4 Mudie, Heather	99 Campbell River		22.17m

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**Women 16-17 Javelin Throw 500 g Youth**

Name	Year	Team	Seed	Finals
1 Hunter, Hayley	99	Comox Valley		39.78m
2 Glegg, Amanda	99	Pacific Athletics		26.26m
3 Dewit, Emma	00	Cowichan Valley		24.57m

**Women 18-19 200 Meter Dash Junior**

Name	Year	Team	Seed	Finals	Wind
1 Schultz, Nina	98	New West Spa	25.50	25.17	3.3
2 Lindsay, Nicole	98	Comox Valley	26.36	25.99	3.3
3 Voloshin, Diana	97	NorWesters	26.69	J25.99	3.3
4 Edeh, Enyo	98	Cowichan Valley		26.85	3.3
5 Heyd, Casey	98	Cowichan Valley	26.43	27.27	3.3
6 McFall, Natalie	98	Victoria Spe	27.20	28.02	3.3
7 Curle, Emma	97	St. Albert M		28.68	3.3

**Women 18-19 100 Meter Hurdles 10 x 33" Junior**

Name	Year	Team	Seed	Finals	Wind
1 Schultz, Nina	98	New West Spa	14.44	14.00	3.4

**Women 18-19 High Jump Junior**

Name	Year	Team	Seed	Finals
1 Saville, Emily	98	Pacific Athletics	1.60m	1.50m
2 Irwin, Lara	98	Pacific Athletics	1.51m	1.40m

**Women 18-19 Pole Vault Junior**

Name	Year	Team	Seed	Finals
1 Asselin-Debelic, Maya	98	Nanaimo Track	3.15m	2.80m
2 Irwin, Lara	98	Pacific Athletics	2.30m	2.20m

**Women 18-19 Long Jump Junior**

Name	Year	Team	Seed	Finals	Wind
1 Schultz, Nina	98	New West Spa		5.66m	-0.1
2 Jerome, Rachel	98	Victoria Spe	6.15m	5.37m	-0.1
3 Voloshin, Diana	97	NorWesters	5.51m	5.05m	+0.0
4 Irwin, Lara	98	Pacific Athletics	4.73m	4.37m	+0.0
5 Saville, Emily	98	Pacific Athletics	4.92m	3.90m	-1.5

**Women 18-19 Triple Jump Junior**

Name	Year	Team	Seed	Finals	Wind
1 Voloshin, Diana	97	NorWesters	11.16m	11.40m	2.5
2 Irwin, Lara	98	Pacific Athletics	9.89m	9.68m	4.2

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**Women 18-19 Shot Put 4 kg Junior**

Name	Year	Team	Seed	Finals
1 Willing, Tasha	98	Valley Royal	12.24m	11.39m
2 Bhandal, Gurleen	98	Unattached B		8.24m

**Women 18-19 Discus Throw 1 kg Junior**

Name	Year	Team	Seed	Finals
1 Botsis, Chanell	98	Kajaks Track	37.78m	37.06m
2 Bhandal, Gurleen	98	Unattached B		35.19m
3 Willing, Tasha	98	Valley Royal	35.86m	34.16m

**Women 18-19 Hammer Throw 4 kg Junior**

Name	Year	Team	Seed	Finals
1 Botsis, Chanell	98	Kajaks Track	54.68m	55.17m
2 Willing, Tasha	98	Valley Royal	48.24m	49.76m

**Women 18-19 Javelin Throw 600 g Junior**

Name	Year	Team	Seed	Finals
1 Botsis, Chanell	98	Kajaks Track	38.79m	38.11m
2 Schultz, Nina	98	New West Spa		36.89m
3 Saville, Emily	98	Pacific Athletics	24.49m	24.44m

**Women 9-90 100 Meter Dash T53 WC Senior**

Name	Year	Team	Seed	Finals	Wind
1 Frotten, Jessica	88	Saskatoon Cyclones		18.24	1.8

**Women 9-90 100 Meter Dash T34 WC Senior**

Name	Year	Team	Seed	Finals	Wind
1 Diallo, Djami	85	WC Race Series		20.84	1.8

**Women 20-34 200 Meter Dash Senior**

Name	Year	Team	Seed	Finals	Wind
1 Kowallik, Saskia	96	Victoria Spe	26.00	27.36	2.9
2 Garnett, Ashley	96	Unattached B		27.63	2.9
3 Laurie, Shannon	87	Victoria Spe		34.56	2.9

**Women 9-90 200 Meter Dash T53 WC Wheelchair Senior**

Name	Year	Team	Seed	Finals	Wind
1 Frotten, Jessica	88	Saskatoon Cyclones		32.93	2.8

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**Women 9-90 200 Meter Dash T44 Senior**

Name	Year Team	Seed	Finals	Wind
1 Laurie, Shannon	87 Victoria Spe		34.56	2.9

**Women 9-90 200 Meter Dash T34 WC Wheelchair Senior**

Name	Year Team	Seed	Finals	Wind
1 Diallo, Djami	85 WC Race Series		38.19	2.8

**Women 9-90 200 Meter Dash T54 WC Senior**

Name	Year Team	Seed	Finals	Wind
1 Renaerts, Yeshi	93 WC Race Series		47.10	2.8

**Women 20-90 400 Meter Dash T53 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Frotten, Jessica	88 Saskatoon Cyclones		1:05.66

**Women 20-90 400 Meter Dash T34 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Diallo, Djami	85 WC Race Series		1:14.64

**Women 9-90 400 Meter Dash T54 WC Senior**

Name	Year Team	Seed	Finals
1 Renaerts, Yeshi	93 WC Race Series		1:47.14

**Women 9-90 800 Meter Run T54 WC Senior**

Name	Year Team	Seed	Finals
1 Renaerts, Yeshi	93 WC Race Series		3:29.50

**Women 9-90 800 Meter Run T34 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Diallo, Djami	85 WC Race Series		2:39.28

**Women 9-90 1500 Meter Run T51/52 WC Senior**

Name	Year Team	Seed	Finals
1 Richter, Becky	82 Saskatoon Cyclones		8:01.94

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**Women 9-90 1500 Meter Run T34 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Diallo, Djami	85 WC Race Series		4:54.98

**Women 20-34 High Jump Senior**

Name	Year Team	Seed	Finals
1 Parent, Holly	91 Victoria Spe		1.70m

**Women 20-34 Pole Vault Senior**

Name	Year Team	Seed	Finals
1 Rahn, Maya	96 Victoria Track		3.20m

**Women 14-90 Shot Put F57 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Brockway, Jessye	93 WC Race Series		6.79m

Raza score: 396

**Women 20-34 Discus Throw 1 kg Senior**

Name	Year Team	Seed	Finals
1 Erickson, Quinn	91 Comox Valley		45.85m

**Women 14-90 Discus Throw F52 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Ens, Nikita	88 Saskatoon Cyclones		6.83m

**Women 14-90 Discus Throw F57 WC 1kg Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Brockway, Jessye	93 WC Race Series		20.51m

**Women 14-90 Discus Throw F51 WC 1kg Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Richter, Becky	82 Saskatoon Cyclones		6.19m

**Women 20-34 Hammer Throw 4 kg Senior**

Name	Year Team	Seed	Finals
1 Kennedy, Samantha	93 Unattached		55.06m

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**Women 14-90 Javelin Throw F57 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Brockway, Jessye	93 WC Race Series		13.96m

**Women 14-90 Other Seatclub F51 Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Richter, Becky	82 Saskatoon Cyclones		16.66m 790 Raza points

**Women 50-54 Pole Vault Master**

Name	Year Team	Seed	Finals
1 Craig, Nancy	65 Victoria Track		2.90m

**Women 60-64 Pole Vault Master**

Name	Year Team	Seed	Finals
1 Hendrie, Nola	55 Nanaimo Track		1.50m

**Women 40-44 Long Jump Master**

Name	Year Team	Seed	Finals	Wind
1 Hall, Jessica	76 Alberni Valley		2.65m	-0.8

**Women 50-54 Long Jump Master**

Name	Year Team	Seed	Finals	Wind
1 Davison, Che	63 Unattached B		2.59m	0.2

**Women 60-64 Long Jump Master**

Name	Year Team	Seed	Finals	Wind
1 Hendrie, Nola	55 Nanaimo Track		2.80m	-0.9

**Women 40-44 Shot Put 4 kg Master**

Name	Year Team	Seed	Finals
1 Hall, Jessica	76 Alberni Valley		7.56m

**Women 50-54 Shot Put 3 kg Master**

Name	Year Team	Seed	Finals
1 Davison, Che	63 Unattached B		7.37m
2 Johnson, Janet	64 Pacific Athletics	6.45m	6.07m

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**Women 40-44 Discus Throw 1 kg Master**

Name	Year Team	Seed	Finals
1 Hall, Jessica	76 Alberni Valley		16.55m

**Women 50-54 Discus Throw 1 kg Master**

Name	Year Team	Seed	Finals
1 Johnson, Janet	64 Pacific Athletics	14.30m	17.07m
2 Davison, Che	63 Unattached B		16.31m

**Women 60-64 Discus Throw 1 kg Master**

Name	Year Team	Seed	Finals
1 Hendrie, Nola	55 Nanaimo Track		15.82m

**Women 14-90 Discus Throw F38 run with Ambulatory Master**

Name	Year Team	Seed	Finals
1 Brown, Jennifer	80 Calgary Track an	30.46m	29.60m

**Women 55-59 Hammer Throw 3 kg Master**

Name	Year Team	Seed	Finals
1 Murfitt, Anne	59 Peninsula Track		22.31m

**Women 50-54 Javelin Throw 500 g Master**

Name	Year Team	Seed	Finals
1 Davison, Che	63 Unattached B		18.04m
2 Johnson, Janet	64 Pacific Athletics		14.21m

**Boys 9 Year Olds 60 Meter Dash JD 9**

Name	Year Team	Seed	Finals	Wind
1 Jones, Zachary	07 Nanaimo Track		10.60	NWI
2 Hulton, Ben	07 Cowichan Valley		11.34	NWI
3 Gold-Lesemann, Cedric	07 Nanaimo Track		11.94	NWI

**Boys 9 Year Olds 100 Meter Dash JD 9**

Name	Year Team	Seed	Finals	Wind
1 Harvey, Emerson	07 Oceanside Track		16.30	NWI
2 Jones, Zachary	07 Nanaimo Track		16.84	NWI
3 Hosler, Elliot	07 Nanaimo Track		17.04	NWI
4 Hulton, Ben	07 Cowichan Valley		18.10	NWI
5 Shurniak, Hunter	07 Nanaimo Track		18.18	NWI

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**Boys 9 Year Olds 600 Meter Run JD 9**

Name	Year Team	Seed	Finals
1 Harvey, Emerson	07 Oceanside Track		2:18.59
2 Day, Nathan	07 Cowichan Valley		2:21.32
3 Hosler, Elliot	07 Nanaimo Track		2:24.68
4 Hulton, Ben	07 Cowichan Valley		2:26.11
5 Gold-Lesemann, Cedric	07 Nanaimo Track		2:36.20

**Boys 9 Year Olds 1000 Meter Run JD 9**

Name	Year Team	Seed	Finals
1 Harvey, Emerson	07 Oceanside Track		4:11.66
2 Hulton, Ben	07 Cowichan Valley		4:16.92
3 Shurniak, Hunter	07 Nanaimo Track		4:37.17

**Boys 9 Year Olds 60 Meter Hurdles 6 x 21" JD 9**

Name	Year Team	Seed	Finals	Wind
1 Harvey, Emerson	07 Oceanside Track		13.09	NWI
2 Day, Nathan	07 Cowichan Valley		13.94	NWI
3 Jones, Zachary	07 Nanaimo Track		14.09	NWI
4 Hosler, Elliot	07 Nanaimo Track		14.10	NWI
5 Gold-Lesemann, Cedric	07 Nanaimo Track		15.21	NWI
6 Hulton, Ben	07 Cowichan Valley		15.88	NWI

**Boys 9 Year Olds High Jump JD 9**

Name	Year Team	Seed	Finals
1 Hosler, Elliot	07 Nanaimo Track		1.05m
2 Day, Nathan	07 Cowichan Valley		1.00m
3 Jones, Zachary	07 Nanaimo Track		0.85m
3 Gold-Lesemann, Cedric	07 Nanaimo Track		0.85m
-- Hulton, Ben	07 Cowichan Valley		NH

**Boys 9 Year Olds Long Jump JD 9**

Name	Year Team	Seed	Finals	Wind
1 Hosler, Elliot	07 Nanaimo Track		2.75m	NWI
2 Jones, Zachary	07 Nanaimo Track		2.57m	NWI
3 Shurniak, Hunter	07 Nanaimo Track		2.44m	NWI
4 Hulton, Ben	07 Cowichan Valley		2.28m	NWI
5 Spencer-Dahl, Trevor	07 Oceanside Track		1.95m	NWI

**Boys 9 Year Olds Shot Put 2 kg JD 9**

Name	Year Team	Seed	Finals
1 Harvey, Emerson	07 Oceanside Track		5.11m
2 Spencer-Dahl, Trevor	07 Oceanside Track		3.12m

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**Boys 9 Year Olds 800 Meter Race Walk JD 9**

Name	Year Team	Seed	Finals
-- Harvey, Emerson	07 Oceanside Track		DQ Bent knee

**Boys 10 Year Olds 60 Meter Dash JD 10**

Name	Year Team	Seed	Finals	Wind
1 Lyle, Rhondé	06 Nanaimo Track		9.76	NWI
2 Menard, Evan	06 Nanaimo Track		10.00	NWI
3 Clarahan, Ethan	06 Cowichan Valley		10.06	NWI

**Boys 10 Year Olds 100 Meter Dash JD 10**

Name	Year Team	Seed	Finals	Wind
1 Shurniak, Kynan	06 Nanaimo Track	17.03	15.50	NWI
2 Lyle, Rhondé	06 Nanaimo Track		15.54	NWI
3 Haintz, Kynan	06 Golden Ears		15.91	NWI
4 Cizeron, Gray	06 Cowichan Valley		16.27	NWI
5 Menard, Evan	06 Nanaimo Track		16.29	NWI
6 Larson, Dillan	06 Peninsula Track	18.11	16.87	NWI

**Boys 10 Year Olds 600 Meter Run JD 10**

Name	Year Team	Seed	Finals
1 Clarahan, Ethan	06 Cowichan Valley		2:07.15
2 Haintz, Kynan	06 Golden Ears		2:11.04
3 Heenan, Aiden	06 Alberni Valley		2:12.63
4 Therrien, Sacha	06 Nanaimo Track		2:12.98
5 Menard, Evan	06 Nanaimo Track		2:16.28

**Boys 10 Year Olds 1000 Meter Run JD 10**

Name	Year Team	Seed	Finals
1 Shurniak, Kynan	06 Nanaimo Track	3:46.23	3:41.34
2 Cizeron, Gray	06 Cowichan Valley		3:54.13
3 Heenan, Aiden	06 Alberni Valley		4:09.22
4 Menard, Evan	06 Nanaimo Track		4:09.92

**Boys 10 Year Olds 60 Meter Hurdles 6 x 24" JD 10**

Name	Year Team	Seed	Finals	Wind
1 Therrien, Sacha	06 Nanaimo Track		12.79	NWI
2 Menard, Evan	06 Nanaimo Track		12.81	NWI
3 Lyle, Rhondé	06 Nanaimo Track		12.92	NWI
4 Haintz, Kynan	06 Golden Ears		13.59	NWI
-- Clarahan, Ethan	06 Cowichan Valley		DQ	NWI

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**Boys 10 Year Olds High Jump JD 10**

Name	Year Team	Seed	Finals
1 Lyle, Rhondé	06 Nanaimo Track		1.20m
2 Therrien, Sacha	06 Nanaimo Track		J1.20m
3 Menard, Evan	06 Nanaimo Track		1.10m
4 Clarahan, Ethan	06 Cowichan Valley		1.00m
5 Larson, Dillan	06 Peninsula Track		0.90m

**Boys 10 Year Olds Long Jump JD 10**

Name	Year Team	Seed	Finals	Wind
1 Lyle, Rhondé	06 Nanaimo Track		3.35m	NWI
2 Menard, Evan	06 Nanaimo Track		2.91m	NWI
3 Shurniak, Kynan	06 Nanaimo Track	2.72m	2.89m	NWI
4 Heenan, Aiden	06 Alberni Valley		2.88m	NWI
5 Larson, Dillan	06 Peninsula Track		2.66m	NWI
6 Cizeron, Gray	06 Cowichan Valley		2.63m	NWI

**Boys 10 Year Olds Shot Put 2 kg JD 10**

Name	Year Team	Seed	Finals
1 Lyle, Rhondé	06 Nanaimo Track		6.02m
2 Therrien, Sacha	06 Nanaimo Track		5.76m
3 Larson, Dillan	06 Peninsula Track		4.02m

**Boys 10 Year Olds Discus Throw 750 g JD 10**

Name	Year Team	Seed	Finals
1 Lyle, Rhondé	06 Nanaimo Track		13.92m
2 Haintz, Kynan	06 Golden Ears		12.27m
3 Shurniak, Kynan	06 Nanaimo Track		9.92m
-- Clarahan, Ethan	06 Cowichan Valley		ND

**Boys 10 Year Olds Javelin Throw 400 g JD 10**

Name	Year Team	Seed	Finals
1 Lyle, Rhondé	06 Nanaimo Track		13.68m
2 Haintz, Kynan	06 Golden Ears		10.05m
3 Cizeron, Gray	06 Cowichan Valley		9.74m
-- Larson, Dillan	06 Peninsula Track		ND

**Boys 10 Year Olds 800 Meter Race Walk JD 10**

Name	Year Team	Seed	Finals
1 Solmes, Lowell	06 Racewalk West	4:25.09	4:18.21

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**Boys 11 Year Olds 60 Meter Dash JD 11**

Name	Year Team	Seed	Finals	Wind	H#
1 Moonsamy, Krescyn	05 Nanaimo Track	8.83	8.90	NWI	2
2 Ward, Kai	05 Victoria Track		9.21	NWI	2
3 Horvath, Benedek	05 Nanaimo Track	9.20	9.30	NWI	2
4 Valdez, Finn	05 Nanaimo Track		9.41	NWI	1
5 Mayer, Evan	05 Cowichan Valley		9.45	NWI	2
6 Jones, Jacob	05 Nanaimo Track		9.52	NWI	1
7 Silva, Christian	05 Peninsula Track		9.68	NWI	1
8 Miranda, Kyan	05 Cowichan Valley		9.72	NWI	1
9 Lyons David, Sullivan	05 Nanaimo Track		10.12	NWI	2
10 Rosenbloom Holla, Gil	05 Victoria Track		10.63	NWI	1
11 Buckland, Trevin	05 Cowichan Valley		12.23	NWI	2

**Boys 11 Year Olds 100 Meter Dash JD 11**

Name	Year Team	Seed	Finals	Wind	H#
1 Moonsamy, Krescyn	05 Nanaimo Track	14.40	14.01	NWI	2
2 Cheung, Clarence	05 Unattached B	14.72	14.30	NWI	2
3 Ward, Kai	05 Victoria Track		14.48	NWI	1
4 Mayer, Evan	05 Cowichan Valley		14.77	NWI	1
5 Valdez, Finn	05 Nanaimo Track		14.79	NWI	3
6 Horvath, Benedek	05 Nanaimo Track	14.50	14.88	NWI	2
7 Thompson, Marcus	05 Peninsula Track	16.60	14.96	NWI	2
8 Jones, Jacob	05 Nanaimo Track		15.15	NWI	1
9 Miranda, Kyan	05 Cowichan Valley		15.42	NWI	3
10 Silva, Christian	05 Peninsula Track		15.62	NWI	1
11 Lay, Tommy	05 Oceanside Track		16.29	NWI	2
12 Milne, Lucas	05 Campbell River		16.77	NWI	1
13 Buckland, Trevin	05 Cowichan Valley		16.92	NWI	3
14 Hosler, Dylan	05 Nanaimo Track		16.94	NWI	3
15 Rosenbloom Holla, Gil	05 Victoria Track		16.97	NWI	3
16 Woernle, Nicholas	05 Cowichan Valley		17.47	NWI	1

**Boys 11 Year Olds 200 Meter Dash JD 11**

Name	Year Team	Seed	Finals	Wind	H#
1 Moonsamy, Krescyn	05 Nanaimo Track		29.88	NWI	1
2 Cheung, Clarence	05 Unattached B	30.37	30.23	NWI	2
3 Mayer, Evan	05 Cowichan Valley		30.77	NWI	1
4 Horvath, Benedek	05 Nanaimo Track	31.35	31.58	NWI	2
5 Krusekopf, Nikolas	05 Pacific Athletics		31.73	NWI	1
6 Ward, Kai	05 Victoria Track		32.47	NWI	2
7 Silva, Christian	05 Peninsula Track		32.87	NWI	2
8 Valdez, Finn	05 Nanaimo Track		33.05	NWI	2
9 Whitney, Jack	05 Cowichan Valley		33.67	NWI	2
10 Miranda, Kyan	05 Cowichan Valley		33.97	NWI	1
11 Faa, Ryan	05 Nanaimo Track		34.41	NWI	1
12 Strauss, Bryn	05 Nanaimo Track		37.38	NWI	1
13 Buckland, Trevin	05 Cowichan Valley		38.35	NWI	2

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**Boys 11 Year Olds 600 Meter Run JD 11**

Name	Year Team	Seed	Finals
1 Mayer, Evan	05 Cowichan Valley		1:54.83
2 Cheung, Clarence	05 Unattached B	1:55.65	1:55.71
3 Krusekopf, Nikolas	05 Pacific Athletics		1:58.08
4 Whitney, Jack	05 Cowichan Valley		2:00.31
5 Croome, Zachary	05 Nanaimo Track		2:05.22
6 Pronick, Zachary	05 Nanaimo Track		2:07.07
7 Maher, Evan	05 Cowichan Valley		2:08.64
8 Faa, Ryan	05 Nanaimo Track		2:08.71
9 Buckland, Trevin	05 Cowichan Valley		2:11.03
10 Hosler, Dylan	05 Nanaimo Track		2:22.53
11 Parcher, Gill	05 Nanaimo Track		2:24.34

**Boys 11 Year Olds 1000 Meter Run JD 11**

Name	Year Team	Seed	Finals
1 Mayer, Evan	05 Cowichan Valley		3:28.01
2 Cheung, Clarence	05 Unattached B	3:37.42	3:28.26
3 Whitney, Jack	05 Cowichan Valley		3:28.35
4 Krusekopf, Nikolas	05 Pacific Athletics		3:34.53
5 Croome, Zachary	05 Nanaimo Track		3:48.71
6 Pronick, Zachary	05 Nanaimo Track		3:53.91
7 Spencer-Dahl, Matthew	05 Oceanside Track		3:55.27
8 Watson, Cody	05 Nanaimo Track		4:04.85
9 Parcher, Gill	05 Nanaimo Track		4:16.97
10 Woernle, Nicholas	05 Cowichan Valley		4:24.99

**Boys 11 Year Olds 60 Meter Hurdles 6 x 24" JD 11**

Name	Year Team	Seed	Finals	Wind	H#
1 Cheung, Clarence	05 Unattached B	10.88	10.69	NWI	2
2 Ward, Kai	05 Victoria Track		10.77	NWI	2
3 Mayer, Evan	05 Cowichan Valley		11.03	NWI	3
4 Moonsamy, Krescyn	05 Nanaimo Track	11.20	11.52	NWI	2
5 Horvath, Benedek	05 Nanaimo Track		11.65	NWI	3
6 Miranda, Kyan	05 Cowichan Valley		12.18	NWI	2
7 Krusekopf, Nikolas	05 Pacific Athletics		12.48	NWI	1
8 Watson, Cody	05 Nanaimo Track		12.64	NWI	3
9 Rosenbloom Holla, Gil	05 Victoria Track		12.71	NWI	1
10 Strauss, Bryn	05 Nanaimo Track		13.36	NWI	3
11 Faa, Ryan	05 Nanaimo Track		13.69	NWI	1
12 Hosler, Dylan	05 Nanaimo Track		14.06	NWI	2
13 Buckland, Trevin	05 Cowichan Valley		14.20	NWI	2
14 Parcher, Gill	05 Nanaimo Track		14.75	NWI	3

**Boys 11 Year Olds High Jump JD 11**

Name	Year Team	Seed	Finals
1 Watson, Cody	05 Nanaimo Track		1.23m
2 Lyons David, Sullivan	05 Nanaimo Track		1.15m
3 Mayer, Evan	05 Cowichan Valley		J1.15m

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**...Boys 11 Year Olds High Jump JD 11**

4	Silva, Christian	05 Peninsula Track	J1.15m
5	Hosler, Dylan	05 Nanaimo Track	J1.15m
6	Strauss, Bryn	05 Nanaimo Track	1.10m
6	Ward, Kai	05 Victoria Track	1.10m
8	Whitney, Jack	05 Cowichan Valley	J1.10m
9	Spencer-Dahl, Matthew	05 Oceanside Track	J1.10m
10	Faa, Ryan	05 Nanaimo Track	1.05m
--	Maher, Evan	05 Cowichan Valley	NH
--	Rosenbloom Holla, Gil	05 Victoria Track	NH
--	Pronick, Zachary	05 Nanaimo Track	NH

**Boys 11 Year Olds Long Jump JD 11**

Name	Year Team	Seed	Finals	Wind
1	Ward, Kai	05 Victoria Track	3.87m	NWI
2	Cheung, Clarence	05 Unattached B	3.86m	3.85m NWI
3	Horvath, Benedek	05 Nanaimo Track	3.60m	3.83m NWI
4	Mayer, Evan	05 Cowichan Valley		3.70m NWI
5	Moonsamy, Krescyn	05 Nanaimo Track	3.65m	3.48m NWI
6	Lay, Tommy	05 Oceanside Track		3.47m NWI
7	Watson, Cody	05 Nanaimo Track		3.35m NWI
8	Whitney, Jack	05 Cowichan Valley		3.20m NWI
9	Thompson, Marcus	05 Peninsula Track		J3.20m NWI
10	Valdez, Finn	05 Nanaimo Track		3.19m NWI
11	Silva, Christian	05 Peninsula Track		J3.19m NWI
12	Miranda, Kyan	05 Cowichan Valley		3.12m NWI
13	Krusekopf, Nikolas	05 Pacific Athletics		3.05m NWI
14	Strauss, Bryn	05 Nanaimo Track		2.80m NWI
15	Jones, Jacob	05 Nanaimo Track		2.73m NWI
16	Rosenbloom Holla, Gil	05 Victoria Track		2.71m NWI
17	Woernle, Nicholas	05 Cowichan Valley		2.68m NWI

**Boys 11 Year Olds Shot Put 2 kg JD 11**

Name	Year Team	Seed	Finals
1	Mayer, Evan	05 Cowichan Valley	6.99m
2	Whitney, Jack	05 Cowichan Valley	6.48m
3	Milne, Lucas	05 Campbell River	5.95m
4	Titone, Samuel	05 Cowichan Valley	5.73m
5	Jensen, Dorian	05 Peninsula Track	5.61m
6	Pronick, Zachary	05 Nanaimo Track	5.40m
7	Buckland, Trevin	05 Cowichan Valley	5.04m
8	Miranda, Kyan	05 Cowichan Valley	4.54m
9	Parcher, Gill	05 Nanaimo Track	4.47m
10	Maher, Evan	05 Cowichan Valley	4.40m

**Boys 11 Year Olds Discus Throw 750 g JD 11**

Name	Year Team	Seed	Finals
1	Thompson, Marcus	05 Peninsula Track	14.03m
2	Whitney, Jack	05 Cowichan Valley	13.94m
3	Milne, Lucas	05 Campbell River	13.55m

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**...Boys 11 Year Olds Discus Throw 750 g JD 11**

4 Titone, Samuel	05 Cowichan Valley	13.35m
5 Jensen, Dorian	05 Peninsula Track	12.54m
6 Buckland, Trevin	05 Cowichan Valley	12.47m
7 Mayer, Evan	05 Cowichan Valley	11.98m
8 Parcher, Gill	05 Nanaimo Track	10.00m
9 Watson, Cody	05 Nanaimo Track	9.85m
10 Miranda, Kyan	05 Cowichan Valley	9.54m
11 Lay, Tommy	05 Oceanside Track	9.31m
-- Fontaine, Jaeda	05 Nanaimo Track	ND
-- Ketch, Josh	05 Cowichan Valley	ND

**Boys 11 Year Olds Javelin Throw 400 g JD 11**

Name	Year Team	Seed	Finals
1 Mayer, Evan	05 Cowichan Valley		22.74m
2 Titone, Samuel	05 Cowichan Valley		16.84m
3 Watson, Cody	05 Nanaimo Track		16.79m
4 Hosler, Dylan	05 Nanaimo Track		15.16m
5 Krusekopf, Nikolas	05 Pacific Athletics		14.71m
6 Milne, Lucas	05 Campbell River		14.52m
7 Moonsamy, Krescyn	05 Nanaimo Track	17.00m	14.06m
8 Buckland, Trevin	05 Cowichan Valley		13.77m
9 Thompson, Marcus	05 Peninsula Track		12.87m
10 Parcher, Gill	05 Nanaimo Track		12.47m
11 Rosenbloom Holla, Gil	05 Victoria Track		12.23m
12 Lay, Tommy	05 Oceanside Track		11.53m
13 Croome, Zachary	05 Nanaimo Track		10.44m
14 Woernle, Nicholas	05 Cowichan Valley		10.36m
15 Miranda, Kyan	05 Cowichan Valley		8.32m
-- Whitney, Jack	05 Cowichan Valley		ND

**Boys 11 Year Olds 800 Meter Race Walk JD 11**

Name	Year Team	Seed	Finals
1 Maher, Evan	05 Cowichan Valley		6:27.67
2 Jensen, Dorian	05 Peninsula Track	6:57.90	7:06.01

**Boys 12 Year Olds 100 Meter Dash JD 12**

Name	Year Team	Seed	Finals	Wind	H#
1 Paris, Nate	04 Nanaimo Track		13.64	NWI	2
2 Smid, Shadynn	04 Cowichan Valley	14.63	13.96	NWI	1
3 Schandl, Aiden	04 Peninsula Track		14.15	NWI	2
4 Fawkes, Railay	04 Victoria Track		14.16	NWI	1
5 Henry, Stirling	04 Nanaimo Track		14.44	NWI	2
6 Erding Fitznar, Santiago	04 Cowichan Valley		15.01	NWI	2
7 Hulton, Will	04 Cowichan Valley		15.31	NWI	3
8 Morrison, Samuel	04 Oceanside Track		15.42	NWI	2
9 Schulz, Erik	04 NorWesters	16.01	15.48	NWI	1
10 Gatensby, Sean	04 Victoria Track		15.54	NWI	1
11 Beaton, Joshua	04 Cowichan Valley		15.64	NWI	3
12 Saunders, Drake	04 Pacific Athletics		15.93	NWI	2

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**...Boys 12 Year Olds 100 Meter Dash JD 12**

13 Dailey, Graeme	04 Cowichan Valley	16.05	NWI	3
14 Beauregard, Matthew	04 Cowichan Valley	16.06	NWI	3
15 Barron, Elijah	04 Cowichan Valley	16.46	NWI	1

**Boys 12 Year Olds 200 Meter Dash JD 12**

Name	Year Team	Seed	Finals	Wind
1 Paris, Nate	04 Nanaimo Track		28.69	NWI
2 Watson, Jayden	04 Nanaimo Track		29.48	NWI
3 Fawkes, Railay	04 Victoria Track		29.77	NWI
4 Henry, Stirling	04 Nanaimo Track		30.21	NWI
5 Morrison, Samuel	04 Oceanside Track		32.18	NWI
6 Hulton, Will	04 Cowichan Valley		32.28	NWI
7 Beaton, Joshua	04 Cowichan Valley		32.45	NWI

**Boys 12 Year Olds 300 Meter Dash JD 12**

Name	Year Team	Seed	Finals
1 Watson, Jayden	04 Nanaimo Track		46.67
2 Schandl, Aiden	04 Peninsula Track		47.75
3 Putz, Jake	04 Nanaimo Track		49.33
4 Halvorson, Jasper	04 Unattached B		50.62
5 Schulz, Erik	04 NorWesters	53.15	53.42
6 Hulton, Will	04 Cowichan Valley		54.99

**Boys 12 Year Olds 800 Meter Run JD 12**

Name	Year Team	Seed	Finals
1 Watson, Jayden	04 Nanaimo Track		2:31.30
2 Putz, Jake	04 Nanaimo Track		2:38.11
3 Schultz, Hayden	04 Peninsula Track		3:02.22

**Boys 12 Year Olds 1200 Meter Run JD 12**

Name	Year Team	Seed	Finals
1 Watson, Jayden	04 Nanaimo Track		4:00.61
2 Putz, Jake	04 Nanaimo Track		4:12.18
3 Fawkes, Railay	04 Victoria Track		4:23.07
4 Schultz, Hayden	04 Peninsula Track		4:36.20
5 Barron, Elijah	04 Cowichan Valley		4:47.53
6 Schmidt, Nathaniel	04 Nanaimo Track		4:53.24
7 Nijjar, Jeevan	04 Cowichan Valley		5:11.05
8 Turner, Lucas	04 Peninsula Track		6:22.07

**Boys 12 Year Olds 80 Meter Hurdles 8 x 27" JD 12**

Name	Year Team	Seed	Finals	Wind	H#
1 Smid, Shadynn	04 Cowichan Valley		13.73	NWI	2
2 Paris, Nate	04 Nanaimo Track		J13.73	NWI	2
3 Fawkes, Railay	04 Victoria Track		14.46	NWI	2

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**...Boys 12 Year Olds 80 Meter Hurdles 8 x 27" JD 12**

4 Putz, Jake	04 Nanaimo Track	14.87	NWI	1
5 Martin, Ben	04 Nanaimo Track	16.06	NWI	2
6 Gatensby, Sean	04 Victoria Track	16.23	NWI	1
7 Barron, Elijah	04 Cowichan Valley	17.41	NWI	1
8 Dailey, Graeme	04 Cowichan Valley	17.55	NWI	1

**Boys 12 Year Olds 200 Meter Hurdles 5 x 24" JD 12**

Name	Year Team	Seed	Finals	Wind
1 Paris, Nate	04 Nanaimo Track		30.62	NWI
2 Watson, Jayden	04 Nanaimo Track		32.09	NWI
3 Fawkes, Railay	04 Victoria Track		32.27	NWI
4 Halvorson, Jasper	04 Unattached B		33.85	NWI

**Boys 12 Year Olds High Jump JD 12**

Name	Year Team	Seed	Finals
1 Paris, Nate	04 Nanaimo Track		1.45m
2 Watson, Jayden	04 Nanaimo Track	1.35m	1.30m
3 Smid, Shadynn	04 Cowichan Valley	1.30m	J1.30m
4 Henry, Stirling	04 Nanaimo Track		J1.30m
5 Fawkes, Railay	04 Victoria Track		1.25m
6 Erding Fitznar, Santiago	04 Cowichan Valley		J1.25m
7 Putz, Jake	04 Nanaimo Track		1.20m
8 Beaton, Joshua	04 Cowichan Valley		1.15m
9 Gatensby, Sean	04 Victoria Track		J1.15m
10 Schandl, Aiden	04 Peninsula Track		1.10m
-- Dutton, Samuel	04 Peninsula Track		NH

**Boys 12 Year Olds Long Jump JD 12**

Name	Year Team	Seed	Finals	Wind
1 Paris, Nate	04 Nanaimo Track		4.29m	NWI
2 Watson, Jayden	04 Nanaimo Track		4.12m	NWI
3 Fawkes, Railay	04 Victoria Track		3.84m	NWI
4 Henry, Stirling	04 Nanaimo Track		3.66m	NWI
5 Putz, Jake	04 Nanaimo Track		3.62m	NWI
6 Martin, Ben	04 Nanaimo Track		3.51m	NWI
7 Latrille, Sebastien	04 Pacific Athletics		3.42m	NWI
8 Schulz, Erik	04 NorWesters	3.27m	3.39m	NWI
9 Beaton, Joshua	04 Cowichan Valley		3.23m	NWI
10 Hulton, Will	04 Cowichan Valley		3.08m	NWI
11 Morrison, Samuel	04 Oceanside Track		3.06m	NWI
12 Saunders, Drake	04 Pacific Athletics		2.92m	NWI
13 Barron, Elijah	04 Cowichan Valley		2.87m	NWI
14 Hanson, Teo	04 Cowichan Valley		2.78m	NWI

**Boys 12 Year Olds Shot Put 3 kg JD 12**

Name	Year Team	Seed	Finals
1 Gatensby, Sean	04 Victoria Track		6.72m

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**...Boys 12 Year Olds Shot Put 3 kg JD 12**

2 Schandl, Aiden	04 Peninsula Track	6.40m
3 Erding Fitznar, Santiago	04 Cowichan Valley	6.07m
4 Putz, Jake	04 Nanaimo Track	5.58m
5 Beauregard, Matthew	04 Cowichan Valley	5.55m
6 Martin, Ben	04 Nanaimo Track	5.39m
7 Morrison, Samuel	04 Oceanside Track	5.38m
8 Hulton, Will	04 Cowichan Valley	5.01m
9 Barron, Elijah	04 Cowichan Valley	4.93m
10 Turner, Lucas	04 Peninsula Track	4.76m
11 Saunders, Drake	04 Pacific Athletics	3.46m
-- Henry, Stirling	04 Nanaimo Track	ND

**Boys 12 Year Olds Discus Throw 1 kg JD 12**

Name	Year Team	Seed	Finals
1 Gatensby, Sean	04 Victoria Track		20.31m
2 Martin, Ben	04 Nanaimo Track		19.07m
3 Morrison, Samuel	04 Oceanside Track		16.03m
4 Barron, Elijah	04 Cowichan Valley		14.68m
5 Hulton, Will	04 Cowichan Valley		13.81m
6 Dailey, Graeme	04 Cowichan Valley		11.46m
7 Schulz, Erik	04 NorWesters		11.31m
8 Schmidt, Nathaniel	04 Nanaimo Track		6.58m

**Boys 12 Year Olds Hammer Throw 3 kg JD 12**

Name	Year Team	Seed	Finals
1 Schmidt, Nathaniel	04 Nanaimo Track		8.32m

**Boys 12 Year Olds Javelin Throw 500 g JD 12**

Name	Year Team	Seed	Finals
1 Beauregard, Matthew	04 Cowichan Valley		17.67m
2 Turner, Lucas	04 Peninsula Track		17.49m
3 Gatensby, Sean	04 Victoria Track		16.88m
4 Morrison, Samuel	04 Oceanside Track		16.36m
5 Schandl, Aiden	04 Peninsula Track		14.98m
6 Henry, Stirling	04 Nanaimo Track		14.77m
7 Martin, Ben	04 Nanaimo Track		13.54m
8 Barron, Elijah	04 Cowichan Valley		13.10m
9 Dailey, Graeme	04 Cowichan Valley		13.08m
10 Hulton, Will	04 Cowichan Valley		12.98m
11 Latrille, Sebastien	04 Pacific Athletics		10.99m
12 Saunders, Drake	04 Pacific Athletics		10.72m

**Boys 13 Year Olds 100 Meter Dash JD 13**

Name	Year Team	Seed	Finals	Wind	H#
1 Ballinger, Simon	03 Pacific Athletics		12.87	NWI	1
2 Wakefield, James	03 Nanaimo Track		12.99	NWI	3
3 Cheung, Terence	03 Unattached B	13.20	13.13	NWI	1

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**...Boys 13 Year Olds 100 Meter Dash JD 13**

4	Rossouw, Ben	03	Cowichan Valley		13.16	NWI	2
5	Devalk-Zaiss, Mowat	03	Cowichan Valley	14.41	13.23	NWI	3
6	Dirom, Luke	03	Campbell River		13.31	NWI	3
7	Martiniuk, Cameron	03	Nanaimo Track		13.61	NWI	2
8	Smith, Kynan	03	Peninsula Track		14.45	NWI	3
9	Munro, Layton	03	Nanaimo Track	13.40	14.54	NWI	1
10	Seager, Sam	03	Victoria Track		14.90	NWI	2
11	Head, Leo	03	Powell River		15.08	NWI	2
12	Grounds, Aidan	03	Cowichan Valley		15.36	NWI	3
13	Coley, Jack	03	Peninsula Track	15.71	15.55	NWI	1
14	Johnson, Michael	03	Peninsula Track	17.59	16.38	NWI	1
15	Cook, Nolan	03	Cowichan Valley		16.90	NWI	2

**Boys 13 Year Olds 200 Meter Dash JD 13**

Name	Year	Team	Seed	Finals	Wind	H#	
1	Ballinger, Simon	03	Pacific Athletics	27.01	NWI	2	
2	Rossouw, Ben	03	Cowichan Valley	27.02	NWI	1	
3	Wakefield, James	03	Nanaimo Track	27.65	NWI	2	
4	Dirom, Luke	03	Campbell River	27.76	NWI	2	
5	Devalk-Zaiss, Mowat	03	Cowichan Valley	29.88	27.79	NWI	1
6	Vallance, Caleb	03	Powell River	30.14	NWI	1	
7	Smith, Kynan	03	Peninsula Track	30.70	NWI	2	
8	Head, Leo	03	Powell River	31.88	NWI	1	

**Boys 13 Year Olds 300 Meter Dash JD 13**

Name	Year	Team	Seed	Finals
1	Ballinger, Simon	03	Pacific Athletics	45.76
2	Wakefield, James	03	Nanaimo Track	46.79
3	Martiniuk, Cameron	03	Nanaimo Track	49.21
4	Huber, Eric	03	Victoria Track	50.64
5	Croasdale, Thomas	03	Cowichan Valley	52.01
6	Coley, Jack	03	Peninsula Track	55.11
				54.79

**Boys 13 Year Olds 800 Meter Run JD 13**

Name	Year	Team	Seed	Finals
1	Croasdale, Thomas	03	Cowichan Valley	2:44.49
2	Johnson, Michael	03	Peninsula Track	3:18.50
				3:00.68

**Boys 13 Year Olds 1200 Meter Run JD 13**

Name	Year	Team	Seed	Finals
1	Vallance, Caleb	03	Powell River	4:15.71
2	Croasdale, Thomas	03	Cowichan Valley	4:16.70
3	Steel, Logan	03	Nanaimo Track	4:22.93
4	Head, Leo	03	Powell River	4:27.88
5	Grounds, Aidan	03	Cowichan Valley	4:31.66
6	Coley, Jack	03	Peninsula Track	4:24.19
				4:32.60

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**Boys 13 Year Olds 2000 Meter Run JD 13**

Name	Year Team	Seed	Finals
1 Olsson, Sebastian	03 Peninsula Track		8:07.32

**Boys 13 Year Olds 80 Meter Hurdles 8 x 30" JD 13**

Name	Year Team	Seed	Finals	Wind
1 Cheung, Terence	03 Unattached B	12.91	12.65	NWI
2 Wakefield, James	03 Nanaimo Track		14.36	NWI
3 Seager, Liam	03 Victoria Track		15.10	NWI
4 Seager, Sam	03 Victoria Track		16.10	NWI
5 Head, Leo	03 Powell River		16.34	NWI

**Boys 13 Year Olds 200 Meter Hurdles 5 x 27" JD 13**

Name	Year Team	Seed	Finals	Wind
1 Wakefield, James	03 Nanaimo Track		29.92	NWI
2 Martiniuk, Cameron	03 Nanaimo Track		30.56	NWI
3 Seager, Liam	03 Victoria Track		32.25	NWI
4 Head, Leo	03 Powell River		34.01	NWI
5 Hodges, Jayden	03 Nanaimo Track		34.07	NWI
6 Seager, Sam	03 Victoria Track		34.20	NWI

**Boys 13 Year Olds High Jump JD 13**

Name	Year Team	Seed	Finals
1 Rossouw, Ben	03 Cowichan Valley		1.60m
2 Johnson, Trent	03 Comox Valley		1.50m
3 Kruger, Dylan	03 Cowichan Valley		J1.50m
4 Hodges, Jayden	03 Nanaimo Track		1.35m
5 Seager, Liam	03 Victoria Track		J1.35m
6 Seager, Sam	03 Victoria Track		J1.35m
7 Vallance, Caleb	03 Powell River		1.25m
8 Head, Leo	03 Powell River		J1.25m
9 Coley, Jack	03 Peninsula Track		1.20m
-- Grounds, Aidan	03 Cowichan Valley		NH

**Boys 13 Year Olds Pole Vault JD 13**

Name	Year Team	Seed	Finals
1 Wakefield, James	03 Nanaimo Track		2.90m

**Boys 13 Year Olds Long Jump JD 13**

Name	Year Team	Seed	Finals	Wind
1 Martiniuk, Cameron	03 Nanaimo Track		4.38m	NWI
2 Rossouw, Ben	03 Cowichan Valley		4.21m	NWI
3 Ballinger, Simon	03 Pacific Athletics		4.05m	NWI
4 Vallance, Caleb	03 Powell River		3.90m	NWI
5 Wakefield, James	03 Nanaimo Track		3.84m	NWI

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**...Boys 13 Year Olds Long Jump JD 13**

6	Devalk-Zaiss, Mowat	03 Cowichan Valley	3.79m	3.75m	NWI
7	Smith, Kynan	03 Peninsula Track		3.69m	NWI
8	Piacente, Jaden	03 Peninsula Track		3.65m	NWI
9	Coley, Jack	03 Peninsula Track		J3.65m	NWI
10	Seager, Sam	03 Victoria Track		3.57m	NWI
11	Huber, Eric	03 Victoria Track		3.56m	NWI
12	Olsson, Sebastian	03 Peninsula Track		3.55m	NWI
13	Johnson, Michael	03 Peninsula Track		3.10m	NWI

**Boys 13 Year Olds Triple Jump JD 13**

Name	Year Team	Seed	Finals	Wind
1 Irish, Lauchlan	03 Pacific Athletics		9.76m	1.7
2 Ballinger, Simon	03 Pacific Athletics		9.69m	1.5
-- Huber, Eric	03 Victoria Track		ND	NWI

**Boys 13 Year Olds Shot Put 3 kg JD 13**

Name	Year Team	Seed	Finals
1 Vallance, Caleb	03 Powell River		10.32m
2 Huber, Eric	03 Victoria Track		8.80m
3 Perras, Trent	03 Campbell River	8.07m	7.82m
4 Patry-Smith, David	03 Unattached	7.33m	5.60m

**Boys 13 Year Olds Discus Throw 1 kg JD 13**

Name	Year Team	Seed	Finals
1 Vallance, Caleb	03 Powell River		25.65m
2 Perras, Trent	03 Campbell River	23.45m	25.37m
3 Huber, Eric	03 Victoria Track		20.59m
4 Olsson, Sebastian	03 Peninsula Track		17.96m
5 Johnson, Michael	03 Peninsula Track		14.06m
6 Head, Leo	03 Powell River		13.95m

**Boys 13 Year Olds Hammer Throw 3 kg JD 13**

Name	Year Team	Seed	Finals
1 Perras, Trent	03 Campbell River	22.43m	24.11m
2 Johnson, Michael	03 Peninsula Track		18.39m
3 Wakefield, James	03 Nanaimo Track		16.76m

**Boys 13 Year Olds Javelin Throw 500 g JD 13**

Name	Year Team	Seed	Finals
1 Dirom, Luke	03 Campbell River		27.58m
2 Vallance, Caleb	03 Powell River		27.06m
3 Perras, Trent	03 Campbell River	24.68m	26.70m
4 Rossouw, Ben	03 Cowichan Valley		25.57m
5 Johnson, Trent	03 Comox Valley		25.24m
6 Head, Leo	03 Powell River		22.37m

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**...Boys 13 Year Olds Javelin Throw 500 g JD 13**

7	Huber, Eric	03	Victoria Track	18.47m
8	Olsson, Sebastian	03	Peninsula Track	18.19m
9	Piacente, Jaden	03	Peninsula Track	17.35m
--	Johnson, Michael	03	Peninsula Track	ND

**Boys 14-15 100 Meter Dash Midget**

Name	Year	Team	Seed	Finals	Wind	H#
1	Kaiser, Torren	02	Cowichan Valley	12.14	2.9	1
2	O'Neill, Connor	01	Victoria Spe	12.30	2.2	2
3	Loughnane, Conor	02	Victoria Spe	12.34	2.2	2
4	Woike, Campbell	01	Cowichan Valley	12.37	2.9	1
5	Stewart, Shane	01	Oceanside Track	12.52	2.9	1
6	Furtado, Blake	01	Victoria Spe	12.53	2.2	2
7	Hall, Fergus	02	Campbell River	13.04	2.2	2
8	Pryma, Nico	02	Unattached B	13.05	1.9	3
9	Hill, Jacob	02	Pacific Athletics	13.09	1.9	3
10	Ciarniello, Dean	02	Pacific Athletics	13.31	2.9	1
11	Jones, Pierce	01	Cowichan Valley	13.96	1.9	3
12	Loring, Brady	02	Hope Secondary	14.35	2.9	1

**Boys 14-15 200 Meter Dash Midget**

Name	Year	Team	Seed	Finals	Wind	H#
1	O'Neill, Connor	01	Victoria Spe	24.20	3.8	2
2	Toth, Ben	01	Nanaimo Track	24.98	3.8	2
3	Loughnane, Conor	02	Victoria Spe	25.30	3.8	2
4	Kaiser, Torren	02	Cowichan Valley	25.73	2.4	1
5	Woike, Campbell	01	Cowichan Valley	26.24	3.8	2
6	Harrison, Matthew	02	St. Albert M	26.60	3.8	2
7	Hall, Fergus	02	Campbell River	26.76	3.8	2
8	Ciarniello, Dean	02	Pacific Athletics	28.03	2.4	1
9	Jones, Pierce	01	Cowichan Valley	28.62	2.4	1

**Boys 14-15 300 Meter Dash Midget**

Name	Year	Team	Seed	Finals
1	Loughnane, Conor	02	Victoria Spe	38.80
2	Furtado, Blake	01	Victoria Spe	38.30
3	O'Neill, Connor	01	Victoria Spe	41.13
4	Hill, Jacob	02	Pacific Athletics	43.27
5	Hilton, Matteo	02	Peninsula Track	48.41

**Boys 14-15 800 Meter Run Midget**

Name	Year	Team	Seed	Finals
1	Heisterman, Keaton	02	Nanaimo Track	2:21.00
2	Fontana, Dredyn	02	Cowichan Valley	2:30.06
3	Hilton, Matteo	02	Peninsula Track	2:50.21

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**Boys 14-15 1200 Meter Run Midget**

Name	Year Team	Seed	Finals
1 Dwyer, Liam	01 Prairie Inn	3:33.00	3:31.42
2 Heisterman, Keaton	02 Nanaimo Track	3:45.00	3:32.46
3 Galway, Devin	01 Prairie Inn	3:36.00	3:34.51
4 Fontana, Dredyn	02 Cowichan Valley		3:51.76
5 Deacon, John	02 Prairie Inn	3:55.00	3:54.10
-- Rimmer, Hugh	02 Cowichan Valley		DNF

**Boys 14-15 2000 Meter Run Midget**

Name	Year Team	Seed	Finals
1 Day, Findlay	01 Prairie Inn	6:20.00	6:24.57
2 Fontana, Dredyn	02 Cowichan Valley		7:08.02
3 Day, Matthew	02 Cowichan Valley		7:42.95

**Boys 14-15 100 Meter Hurdles 10 x 33" Midget**

Name	Year Team	Seed	Finals	Wind
1 Stewart, Shane	01 Oceanside Track		15.06	2.8
2 Harrison, Matthew	02 St. Albert M		16.65	2.8
3 Woike, Campbell	01 Cowichan Valley		17.53	2.8
4 Gunderson, Dominic	02 Victoria Spe		20.72	2.8

**Boys 14-15 High Jump Midget**

Name	Year Team	Seed	Finals
1 Day, Matthew	02 Cowichan Valley		1.60m
2 Katzberg, Ethan	02 Nanaimo Track		1.55m
2 Day, Colby	01 Nanaimo Track		1.55m
4 Else, Anthony	02 Cowichan Valley		J1.55m
5 Harrison, Matthew	02 St. Albert M		1.45m
6 Hilton, Matteo	02 Peninsula Track		1.30m

**Boys 14-15 Pole Vault Midget**

Name	Year Team	Seed	Finals
1 Clements, Isaac	01 Oak Bay High School		2.90m
2 Pryma, Nico	02 Unattached B		2.20m

**Boys 14-15 Long Jump Midget**

Name	Year Team	Seed	Finals	Wind
1 Day, Colby	01 Nanaimo Track		5.08m	-1.7
2 Toth, Ben	01 Nanaimo Track		5.01m	-0.1
3 Ciarniello, Dean	02 Pacific Athletics		4.77m	+0.0
4 Else, Anthony	02 Cowichan Valley		4.73m	-0.4
5 Kaiser, Torren	02 Cowichan Valley		4.63m	-1.7
6 Hall, Fergus	02 Campbell River	4.46m	4.62m	-1.1
7 Hilton, Matteo	02 Peninsula Track		4.24m	-2.2

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**...Boys 14-15 Long Jump Midget**

8	Fontaine-Rasaiah, Kintan	02	Nanaimo Track	4.16m	-1.0
9	Furtado, Blake	01	Victoria Spe	4.10m	-1.2
10	Jones, Pierce	01	Cowichan Valley	3.98m	-2.0

**Boys 14-15 Triple Jump Midget**

Name	Year	Team	Seed	Finals	Wind	
1	Day, Colby	01	Nanaimo Track	10.98m	1.6	
2	Hall, Fergus	02	Campbell River	9.95m	10.48m	+0.0
3	Ciarniello, Dean	02	Pacific Athletics	10.31m	2.4	

**Boys 14-15 Shot Put 4 kg Midget**

Name	Year	Team	Seed	Finals
1	Bhandal, Iqam	01	Unattached B	12.73m
2	Dewit, Jaden	01	Cowichan Valley	10.54m
3	Jenks, Stuart	01	Peninsula Track	10.32m
4	Ciarniello, Dean	02	Pacific Athletics	8.90m
5	Harrison, Matthew	02	St. Albert M	8.66m

**Boys 14-15 Discus Throw 1 kg Midget**

Name	Year	Team	Seed	Finals	
1	Bhandal, Iqam	01	Unattached B	39.09m	
2	Toth, Ben	01	Nanaimo Track	32.89m	
3	Dewit, Jaden	01	Cowichan Valley	31.85m	
4	Jenks, Stuart	01	Peninsula Track	29.41m	
5	Ciarniello, Dean	02	Pacific Athletics	28.72m	
6	Day, Colby	01	Nanaimo Track	25.67m	
7	Hall, Fergus	02	Campbell River	26.05m	24.35m
8	Mudie, Zachary	01	Campbell River	20.73m	
9	Bramley, Drew	02	Nanaimo Track	16.03m	

**Boys 14-15 Hammer Throw 4 kg Midget**

Name	Year	Team	Seed	Finals	
1	Bhandal, Iqam	01	Unattached B	49.14m	
2	Katzberg, Ethan	02	Nanaimo Track	46.29m	39.69m
3	Jenks, Stuart	01	Peninsula Track	29.13m	
4	Mudie, Zachary	01	Campbell River	25.49m	

**Boys 14-15 Javelin Throw 600 g Midget**

Name	Year	Team	Seed	Finals
1	Toth, Ben	01	Nanaimo Track	46.30m
2	Day, Colby	01	Nanaimo Track	42.17m
3	Dewit, Jaden	01	Cowichan Valley	37.34m
4	Ciarniello, Dean	02	Pacific Athletics	34.42m
5	Hilton, Matteo	02	Peninsula Track	31.42m
6	Mudie, Zachary	01	Campbell River	28.02m

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**....Boys 14-15 Javelin Throw 600 g Midget**

7	Else, Anthony	02	Cowichan Valley	26.71m
8	Hall, Fergus	02	Campbell River	24.91m
9	Bramley, Drew	02	Nanaimo Track	22.02m
10	Loring, Brady	02	Hope Secondary	21.99m
11	Day, Matthew	02	Cowichan Valley	21.04m

**Men 18-19 800 Meter Run**

Name	Year	Team	Seed	Finals
1 Bassett, Yosef	98	Oceanside Track		2:14.36

**Men 50-54 800 Meter Run**

Name	Year	Team	Seed	Finals
1 Johnson, Dean	63	Peninsula Track	2:55.42	2:42.67

**Men 70-74 800 Meter Run**

Name	Year	Team	Seed	Finals
1 Stewart, Mark	44	Tri-City Greyhounds	2:41.71	2:42.92

**Men 16+ 800 Meter Run elite**

Name	Year	Team	Seed	Finals	H#
1 Smith, Tyler	94	UVIC	1:47.96	1:49.04	2
2 Harris, Geoffrey	87	Halifast Athletics	1:50.00	1:49.23	2
3 Riva, Thomas	92	UVIC	1:47.02	1:50.04	2
4 Restall, Brendon	94	UVIC	1:48.43	1:50.49	2
5 Gorman, Daniel	88	Unattached	1:49.48	1:51.08	2
6 Peterson, Cole	93	UVIC	1:51.04	1:51.76	2
7 Oxland, Thomas	96	UVIC	1:50.74	1:52.51	2
8 Bickley, Bradley	91	Okanagan Athletics	1:50.00	1:52.75	2
9 Manuel, Adam	95	Halifast Athletics	1:53.60	1:54.10	1
10 Hoff, Brendan	98	Unattached B	1:53.42	1:54.60	1
11 Barley, Tyrell	98	Comox Valley	1:55.04	1:54.80	1
12 Oxland, Peter	96	UVIC	1:55.30	1:55.10	1
13 Russell, William	95	Halifast Athletics	1:55.10	1:55.40	1
14 Longley, Timothy	97	UVIC	1:55.75	1:55.70	1
15 Lyman, Taylor	98	Prairie Inn	1:51.72	1:56.90	1
16 Dannatt, Charlie	99	Hershey Harr	1:56.00	1:57.20	1
17 Chalupiak, Scott	99	Airdrie Aces	1:52.86	1:57.30	1
18 Fuoco, Ty	97	Kamloops Tra	1:56.14	1:57.50	1
19 Penner, Isaac	96	UVIC	1:51.83	1:57.72	2
20 Serviss, Max	97	UVIC	1:53.87	2:03.20	1 handtime

**Men 16-17 1500 Meter Run**

Name	Year	Team	Seed	Finals
1 Isnor, Jackson	00	Oceanside Track	4:29.67	4:14.28
2 Halvorson, Torin	99	Comox Valley		4:16.62

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**...Men 16-17 1500 Meter Run**

3	Grabher, Thomas	99	Oceanside Track	4:13.27	4:19.85
4	Kaps, Linden	00	Oceanside Track	4:18.24	4:20.75
5	Barber, Michael	00	Prairie Inn	4:27.00	4:22.54
6	Wills, Evan	00	Prairie Inn		4:36.04

**Men 18-19 1500 Meter Run**

Name	Year	Team	Seed	Finals	
1	McGovern, Dakota	98	NorWesters	4:03.00	4:13.49
2	Huynh, Miles	98	Oceanside Track	4:11.21	4:19.88
3	Cheung, Jordan	97	Prairie Inn	4:45.00	4:57.31
4	Coell, Tyler	98	Victoria Track	5:10.00	5:25.67

**Men 50-54 1500 Meter Run**

Name	Year	Team	Seed	Finals	
1	Fliczuk, James	64	Unattached		5:52.79

**Men 70-74 1500 Meter Run**

Name	Year	Team	Seed	Finals	
1	Stewart, Mark	44	Tri-City Greyhounds	5:44.84	5:45.31

**Men 16-17 3000 Meter Run**

Name	Year	Team	Seed	Finals	
1	Dozzi, Tyler	99	Prairie Inn	8:43.00	8:42.74
2	Murchie, John	00	Nanaimo Track		11:40.81
--	Stanley, Jack	99	Prairie Inn	8:51.00	DNF

**Men 18-19 3000 Meter Run**

Name	Year	Team	Seed	Finals	
1	McGovern, Dakota	98	NorWesters	9:00.00	8:51.21
2	Huynh, Miles	98	Oceanside Track	9:02.38	9:30.17
3	Cheung, Jordan	97	Prairie Inn	10:15.00	10:35.79

**Men 50-54 3000 Meter Run**

Name	Year	Team	Seed	Finals	
1	Fliczuk, James	64	Unattached		12:18.83

**Men 70-74 3000 Meter Run**

Name	Year	Team	Seed	Finals	
1	Stewart, Mark	44	Tri-City Greyhounds	12:30.52	13:01.12

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**Men 16-19 400 Meter Hurdles 10 x 30"**

Name	Year Team	Seed	Finals
1 Sammons, Benjamin	00 Victoria Spe		59.19
2 Higgins, Carter	98 Nanaimo Track		59.73
3 O'Neill-Bains, Jesse	99 Pacific Athletics	1:00.03	1:00.82

**Men 65-69 Shot Put 5 kg**

Name	Year Team	Seed	Finals
1 Brodeur, Don	51 Peninsula Track		10.81m
2 Auvinen, Peter	47 Peninsula Track		8.18m

**Men 75-79 Shot Put 4 kg**

Name	Year Team	Seed	Finals
1 East, Les	39 Peninsula Track		8.82m

**Men 14-90 Discus Throw F52 WC**

Name	Year Team	Seed	Finals
1 Isherwood, Peter	77 WC Race Series		10.74m

**Men 16-17 100 Meter Dash Youth**

Name	Year Team	Seed	Finals	Wind
1 Eliopoulos, Anastas	99 Vancouver OL	11.11	11.09	1.9
2 Gatensby, Liam	99 Victoria Spe	11.10	11.22	1.9
3 Silaya, Sayril	99 UVIC	11.40	11.27	1.9
4 Runkel, Joel	00 Pacific Athletics	11.95	11.71	1.9
5 Rupa, Cyrus	99 Nanaimo Track		12.06	1.9

**Men 16-17 200 Meter Dash Youth**

Name	Year Team	Seed	Finals	Wind
1 Silaya, Sayril	99 UVIC	23.30	22.86	3.5
2 Runkel, Joel	00 Pacific Athletics	23.53	23.47	3.5
3 Sammons, Benjamin	00 Victoria Spe	23.60	23.78	3.5
4 O'Neill-Bains, Jesse	99 Pacific Athletics	24.17	23.99	3.5
5 De Hoog, Elija	99 Pacific Athletics	25.53	24.45	3.5
6 Rodway, Anthony	99 Oceanside Track		24.67	3.5

**Men 16-17 400 Meter Dash Youth**

Name	Year Team	Seed	Finals
1 Loewen, Samuel	99 Kajaks Track		51.81
2 Loewen, Nathan	99 Kajaks Track		52.96
3 Sorley, Liam	99 Prairie Inn	52.40	53.61
4 Thibodeau, Matthew	99 Prairie Inn	53.20	53.88
5 Johnson, David	99 Victoria Spe	52.90	54.78

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**...Men 16-17 400 Meter Dash Youth**

6 Sammons, Benjamin	00	Victoria Spe	53.70	55.60
7 O'Neill-Bains, Jesse	99	Pacific Athletics	54.92	56.09
8 Rupa, Cyrus	99	Nanaimo Track		57.10

**Men 16-17 800 Meter Run Youth**

Name	Year	Team	Seed	Finals
1 Kaps, Linden	00	Oceanside Track	2:01.09	2:00.88
2 Loewen, Nathan	99	Kajaks Track		2:03.02
3 Isnor, Jackson	00	Oceanside Track	2:06.88	2:04.01
4 Grabher, Thomas	99	Oceanside Track		2:08.76
5 Johnson, David	99	Victoria Spe	2:10.00	2:10.71
6 Bassett, Jacob	99	Oceanside Track		2:14.99
7 Zhao, Andreas	99	Nanaimo Track		2:15.17
8 Elliott, Noah	99	Oceanside Track		2:16.86
9 Seibel, Tristan	99	Cowichan Valley		2:27.69

**Men 16-17 110 Meter Hurdles 10 x 36" Youth**

Name	Year	Team	Seed	Finals	Wind
1 Eliopoulos, Anastas	99	Vancouver OL	14.45	14.35	1.0
2 Sammons, Benjamin	00	Victoria Spe	16.90	15.84	1.0
3 O'Neill-Bains, Jesse	99	Pacific Athletics	15.98	16.32	1.0

**Men 16-17 2000 Meter Steeplechase 33" Youth**

Name	Year	Team	Seed	Finals
1 Halvorson, Torin	99	Comox Valley		6:36.16
2 Lozier-Tilkin, Nicholas	00	Unattached B		8:12.87

**Men 16-17 High Jump Youth**

Name	Year	Team	Seed	Finals
1 Poljak, Luka	00	Unattached		1.80m
2 Schafers, James	99	Pacific Athletics	1.75m	1.65m
3 De Hoog, Elija	99	Pacific Athletics	1.75m	1.60m

**Men 16-17 Pole Vault Youth**

Name	Year	Team	Seed	Finals
1 Poljak, Luka	00	Unattached		2.70m
2 Schafers, James	99	Pacific Athletics	2.90m	2.50m

**Men 16-17 Long Jump Youth**

Name	Year	Team	Seed	Finals	Wind
1 Silaya, Sayril	99	UVIC	6.50m	5.98m	0.2
2 Runkel, Joel	00	Pacific Athletics	5.38m	5.24m	+0.0

**2016 Dogwood Meet**  
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**Men 16-17 Triple Jump Youth**

Name	Year Team	Seed	Finals	Wind
1 De Hoog, Elija	99 Pacific Athletics	12.53m	12.80m	NWI

**Men 16-17 Shot Put 5 kg Youth**

Name	Year Team	Seed	Finals
1 Griffiths, Sion	00 Cowichan Valley		12.53m
2 Gauthier, Jordan	00 Hope Secondary		10.13m
3 Tays, Creighton	00 Hope Secondary		5.83m

**Men 16-17 Discus Throw 1.5 kg Youth**

Name	Year Team	Seed	Finals
1 Vrooman, Keenan	99 Pacific Athletics	39.45m	31.11m
2 Gauthier, Jordan	00 Hope Secondary		25.84m
3 Pacholuk, Aidan	00 Cowichan Valley		23.44m

**Men 16-17 Hammer Throw 5 kg Youth**

Name	Year Team	Seed	Finals
1 Vrooman, Keenan	99 Pacific Athletics		46.18m
2 Gauthier, Jordan	00 Hope Secondary		28.23m

**Men 16-17 Javelin Throw 700 g Youth**

Name	Year Team	Seed	Finals
1 Griffiths, Sion	00 Cowichan Valley		48.75m
2 Hay, Gregory	99 Unattached B	49.94m	47.15m
3 Cochrane, Reid	99 Comox Valley		44.78m
4 De Hoog, Elija	99 Pacific Athletics	20.00m	26.50m
5 Tays, Creighton	00 Hope Secondary		24.75m
6 Gauthier, Jordan	00 Hope Secondary		24.24m

**Men 18-19 100 Meter Dash Junior**

Name	Year Team	Seed	Finals	Wind
1 Taylor, Michael	98 Victoria Spe		12.00	1.1
2 Summers, Philip	97 Cowichan Valley		12.58	1.1

**Men 18-19 200 Meter Dash Junior**

Name	Year Team	Seed	Finals	Wind
1 Schiedel, Jasper	98 Vancouver OL		23.65	3.5
2 Coell, Tyler	98 Victoria Track	25.27	25.27	3.5
3 Summers, Philip	97 Cowichan Valley		25.68	3.5

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**Men 18-19 400 Meter Dash Junior**

Name	Year Team	Seed	Finals
1 Mitchell, Rylee	98 Alberni Valley	52.09	51.09
2 Lyman, Taylor	98 Prairie Inn	49.93	54.21
3 Summers, Philip	97 Cowichan Valley		57.89
4 Coell, Tyler	98 Victoria Track	59.00	59.77

**Men 18-19 110 Meter Hurdles 10 x 39" Junior**

Name	Year Team	Seed	Finals	Wind
1 Schiedel, Jasper	98 Vancouver OL	16.20	15.79	1.0

**Men 18-19 High Jump Junior**

Name	Year Team	Seed	Finals
1 Schiedel, Jasper	98 Vancouver OL	1.82m	1.75m

**Men 18-19 Pole Vault Junior**

Name	Year Team	Seed	Finals
1 Clare, Jason	98 Nanaimo Track	4.65m	4.40m
2 Abrill, Francis	98 Victoria Track		3.50m

**Men 18-19 Triple Jump Junior**

Name	Year Team	Seed	Finals	Wind
1 Chin, Conrad	98 Pacific Athletics	12.10m	12.41m	2.2

**Men 18-19 Discus Throw 1.75 kg Junior**

Name	Year Team	Seed	Finals
1 Mara, Tyrell	87 Kajaks		45.52m
2 Szczawinski, Maxwell	98 Unattached B		43.53m

**Men 18-19 Hammer Throw 6 kg Junior**

Name	Year Team	Seed	Finals
1 Willett, Sam	97 Pacific Athletics		64.69m

**Men 18-19 Javelin Throw 800 g Junior**

Name	Year Team	Seed	Finals
1 Szczawinski, Maxwell	98 Unattached B		53.01m
2 Sandri, Isaac	98 Nanaimo Track		50.32m
3 Chin, Conrad	98 Pacific Athletics	48.50m	50.27m
4 Rondquist, Seever	98 Campbell River	58.72m	49.89m
5 Schiedel, Jasper	98 Vancouver OL		36.22m

**2016 Dogwood Meet**  
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**Results**

**Men 20-34 100 Meter Dash Senior**

Name	Year Team	Seed	Finals	Wind
1 Gallagher, Robbie	91 Unattached B	10.92	10.98	1.8
2 Peleshaty, Chase	91 Victoria Spe	11.00	11.22	1.8
3 Desrochers, Ryan	94 Victoria Spe	11.60	11.60	1.8

**Men 9-90 100 Meter Dash T54 WC Wheelchair Senior**

Name	Year Team	Seed	Finals	Wind
1 Darling, Dakota	90 WC Race Series		20.12	1.8

**Men 9-90 100 Meter Dash T34 WC Senior**

Name	Year Team	Seed	Finals	Wind
1 DeWitt, Nathan	90 WC Race Series		16.47	1.8

**Men 20-34 200 Meter Dash Senior**

Name	Year Team	Seed	Finals	Wind
1 Desrochers, Ryan	94 Victoria Spe	23.80	23.95	3.5
-- Peleshaty, Chase	91 Victoria Spe	22.40	DNF	3.5

**Men 9-90 200 Meter Dash T54 WC Senior**

Name	Year Team	Seed	Finals	Wind
1 Darling, Dakota	90 WC Race Series		36.35	2.0

**Men 9-90 200 Meter Dash T34 WC Wheelchair Senior**

Name	Year Team	Seed	Finals	Wind
1 DeWitt, Nathan	90 WC Race Series		31.22	2.0

**Men 20-34 400 Meter Dash Senior**

Name	Year Team	Seed	Finals
1 Desrochers, Ryan	94 Victoria Spe	52.80	52.75
2 Gill, Holden	94 Unattached B	52.41	52.91
3 Butler, Michael	90 Unattached B	50.60	53.21
4 Walsh, Dustin	83 Vancouver TH	54.70	55.66

**Men 9-90 400 Meter Dash T54 WC Senior**

Name	Year Team	Seed	Finals
1 Darling, Dakota	90 WC Race Series		1:10.63

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**Victoria, BC - 5/7/2016 to 5/8/2016**  
**Results**

**Men 9-90 400 Meter Dash T34 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 DeWitt, Nathan	90 WC Race Series		1:01.50

**Men 9-90 800 Meter Run T34 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 DeWitt, Nathan	90 WC Race Series		2:11.42

**Men 9-90 800 Meter Run T54 WC Senior**

Name	Year Team	Seed	Finals
1 Darling, Dakoda	90 WC Race Series		2:30.82

**Men 9-90 1500 Meter Run T54 WC Senior**

Name	Year Team	Seed	Finals
1 Darling, Dakoda	90 WC Race Series		4:49.75

**Men 20-34 Long Jump Senior**

Name	Year Team	Seed	Finals	Wind
1 Gallagher, Robbie	91 Unattached B	7.42m	7.14m	3.4

**Men 9-90 Shot Put F34 WC 4kg Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Solla, Eddy	95 WC Race Series		6.84m 142 Raza pts.

**Men 14-90 Discus Throw F57 WC Wheelchair Senior**

Name	Year Team	Seed	Finals
1 Darling, Dakoda	90 WC Race Series		22.69m

**Men 20-34 Hammer Throw 7.26 kg Senior**

Name	Year Team	Seed	Finals
1 Stewart, Daniel	95 Unattached B		35.66m

**Men 5000 Meter Race Walk Senior**

Name	Year Team	Seed	Finals
1 Cheng, Caleb	95 Racewalk West	21:54.00	22:16.10
2 Liang, Alger	98 Racewalk West	22:15.00	22:39.29
3 Thies, Erik	97 Racewalk West	22:45.00	22:48.33
4 Cheng, Colis	99 Ubc Track &		25:23.96

**2016 Dogwood Meet**  
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**Results**

**Men 50-54 100 Meter Dash Master**

Name	Year Team	Seed	Finals	Wind
1 Joe, Howard	63 Victoria Track		13.11	1.1
2 Johnson, Dean	63 Peninsula Track	14.62	14.00	1.1

**Men 65-69 100 Meter Dash Master**

Name	Year Team	Seed	Finals	Wind
1 Donaldson, Sven	49 Nanaimo Track		16.84	1.1

**Men 70-74 100 Meter Dash Master**

Name	Year Team	Seed	Finals	Wind
1 Munro, David	41 Nanaimo Track		15.14	1.1

**Men 80-84 100 Meter Dash Master**

Name	Year Team	Seed	Finals	Wind
1 Giegerich, Joe	32 Nanaimo Track		20.26	1.1

**Men 50-54 200 Meter Dash Master**

Name	Year Team	Seed	Finals	Wind
1 Johnson, Dean	63 Peninsula Track		28.55	3.5

**Men 50-54 400 Meter Dash Master**

Name	Year Team	Seed	Finals
1 Johnson, Dean	63 Peninsula Track		1:06.79

**Men 55-59 400 Meter Dash Master**

Name	Year Team	Seed	Finals
1 Pinckard, Mark	60 Kajaks Track	1:00.10	1:00.29

**Men 65-69 400 Meter Dash Master**

Name	Year Team	Seed	Finals
1 Hendrie, Tim	50 Nanaimo Track		1:31.08

**Men 70-74 400 Meter Dash Master**

Name	Year Team	Seed	Finals
1 Stewart, Mark	44 Tri-City Greyhounds	1:08.81	1:12.79

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**Results**

**Men 45-49 2000 Meter Steeplechase 33" exhibiti Master**

Name	Year Team	Seed	Finals
1 Bridges, Mike	71 Unattached B		7:10.58

**Men 35-39 High Jump Master**

Name	Year Team	Seed	Finals
1 Fisher, Jason	77 Unattached B		1.60m

**Men 65-69 High Jump Master**

Name	Year Team	Seed	Finals
1 Donaldson, Sven	49 Nanaimo Track		1.30m
2 Hendrie, Tim	50 Nanaimo Track		1.00m

**Men 75-79 High Jump Master**

Name	Year Team	Seed	Finals
1 East, Les	39 Peninsula Track		1.20m

**Men 80-84 High Jump Master**

Name	Year Team	Seed	Finals
1 Giegerich, Joe	32 Nanaimo Track		1.00m

**Men 50-54 Pole Vault Master**

Name	Year Team	Seed	Finals
1 Joe, Howard	63 Victoria Track		3.10m

**Men 55-59 Pole Vault Master**

Name	Year Team	Seed	Finals
-- Steele, Sean	61 Victoria Track		NH

**Men 65-69 Pole Vault Master**

Name	Year Team	Seed	Finals
1 Donaldson, Sven	49 Nanaimo Track		2.50m
-- Hendrie, Tim	50 Nanaimo Track		NH

**Men 80-84 Pole Vault Master**

Name	Year Team	Seed	Finals
1 Dumas, Gerard	35 Victoria Track		1.90m
2 Giegerich, Joe	32 Nanaimo Track		1.50m

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**Men 55-59 Long Jump Master**

Name	Year Team	Seed	Finals	Wind
1 Steele, Sean	61 Victoria Track		3.67m	NWI

**Men 80-84 Long Jump Master**

Name	Year Team	Seed	Finals	Wind
1 Giegerich, Joe	32 Nanaimo Track		2.49m	NWI

**Men 40-44 Shot Put 7.26 kg Master**

Name	Year Team	Seed	Finals
1 Vannini, Phillip	74 Nanaimo Track	11.74m	10.82m
2 Jensen, Carl	72 Peninsula Track		8.96m

**Men 45-49 Shot Put 7.26 kg Master**

Name	Year Team	Seed	Finals
1 Morfitt, Graham	67 Comox Valley		9.80m

**Men 50-54 Shot Put 6 kg Master**

Name	Year Team	Seed	Finals
1 Dailey, Mike	63 Cowichan Valley		11.47m

**Men 55-59 Shot Put 6 kg Master**

Name	Year Team	Seed	Finals
2 Steele, Sean	61 Victoria Track		10.87m

**Men 85-89 Shot Put 3 kg Master**

Name	Year Team	Seed	Finals
1 Monds, Douglas	29 Unattached B		5.91m

**Men 50-54 Discus Throw 1.5 kg Master**

Name	Year Team	Seed	Finals
1 Dailey, Mike	63 Cowichan Valley		35.57m

**Men 55-59 Discus Throw 1.5 kg Master**

Name	Year Team	Seed	Finals
1 Vannini, Phillip	74 Nanaimo Track	37.26m	36.99m
2 Steele, Sean	61 Victoria Track		36.21m
3 Fisher, Jason	77 Unattached B		30.60m
4 Jensen, Carl	72 Peninsula Track		22.36m

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**Results**

**Men 65-69 Discus Throw 1 kg Master**

Name	Year Team	Seed	Finals
1 Brodeur, Don	51 Peninsula Track		38.25m
2 Auvinen, Peter	47 Peninsula Track		21.38m

**Men 75-79 Discus Throw 1 kg Master**

Name	Year Team	Seed	Finals
1 East, Les	39 Peninsula Track		27.86m

**Men 80-84 Discus Throw 1 kg Master**

Name	Year Team	Seed	Finals
1 Dumas, Gerard	35 Victoria Track		15.63m

**Men 85-89 Discus Throw 1 kg Master**

Name	Year Team	Seed	Finals
1 Monds, Douglas	29 Unattached B		15.34m

**Men 75-79 Hammer Throw 5 kg Master**

Name	Year Team	Seed	Finals
1 East, Les	39 Peninsula Track		32.79m

**Men 85-89 Hammer Throw 3 kg Master**

Name	Year Team	Seed	Finals
1 Monds, Douglas	29 Unattached B		19.26m

**Men 45-49 Javelin Throw 800 g Master**

Name	Year Team	Seed	Finals
1 Morfitt, Graham	67 Comox Valley		54.88m

**Men 65-69 Javelin Throw 600 g Master**

Name	Year Team	Seed	Finals
1 Auvinen, Peter	47 Peninsula Track		26.70m

**Men 14-90 Other Seatclub F51 Wheelchair Master**

Name	Year Team	Seed	Finals
1 Schweitzer, Ryan	75 WC Race Series		16.99m