

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****Women 100 Meter Dash Midget**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Kampstra, Taylor	Centennial C	13.20	13.48q	NWI	8
2 Hotson, Esmee	Centre Welli		13.51q	NWI	8
3 Beaumont, Hannah	Erin D H S - cwer	14.01	13.57q	NWI	3
4 Acheson, Janine	Wellington Heights		13.94q	NWI	4
5 Gatto, Katherine	Lourdes	13.45	14.10q	NWI	5
6 McIntosh, Hannah	Lourdes		14.12q	NWI	2
7 Lyndon, Robyn	john f ross cvi	14.20	14.38q	NWI	7
8 Edwards, Bridget	john f ross cvi	14.00	14.39q	NWI	6
9 Thompson, Hilary	john f ross cvi		14.40q	NWI	5
10 VanSydenborgh, Korey	CWEC		14.49q	NWI	7
10 Buchan, Cassandra	Centennial C		14.49q	NWI	1
12 Campbell, Elena	john f ross cvi	14.20	14.52q	NWI	2
13 Leacock, Mya	john f ross cvi	13.20	14.66	NWI	1
14 Bromby, Paula	St. James HS	14.91	14.76	NWI	4
14 Bauman, Sydney	Guelph C V I-G		14.76	NWI	1
16 Tersigni, Adele	St. James HS	15.19	14.99	NWI	4
17 Taylor, Nichole	Centre Duffe		15.37	NWI	7
18 Burrows, Camryn	Guelph C V I-G		15.38	NWI	5
19 Peacock, Paige	john f ross cvi		15.47	NWI	3
20 White, Rebecca	Westside Sec		15.49	NWI	6
21 Tutt, Danielle	Erin D H S - cwer	15.50	15.54	NWI	2
22 Ali, Shahana	Centennial C		15.56	NWI	3
23 Rodenburg, Mary	Bishop MacDo		15.69	NWI	4
24 Schweighardt, Vivien	Centennial C		15.77	NWI	4
25 Sills, Heidi	Centre Duffe		15.97	NWI	2
26 Pridham, Natalie	Orangeville	16.00	16.19	NWI	3
27 Green, Bethany	Orangeville	16.00	16.30	NWI	5
28 Baron, Chantal	CWEC		16.31	NWI	2
29 Scheper, Shannon	CWEC		16.32	NWI	3
30 Zdolski, Alycia	Centre Welli		16.34	NWI	4

Women 100 Meter Dash Midget

Name	Year School	Prelims	Finals	Wind	H#	Points
Finals						
1 Beaumont, Hannah	Erin D H S - cwer	13.57	13.62	NWI	2	10
2 Kampstra, Taylor	Centennial C	13.48	13.82	NWI	2	7
3 Hotson, Esmee	Centre Welli	13.51	13.89	NWI	2	5
4 Edwards, Bridget	john f ross cvi	14.39	13.91	NWI	1	3
5 Acheson, Janine	Wellington Heights	13.94	14.02	NWI	2	1.50
5 McIntosh, Hannah	Lourdes	14.12	14.02	NWI	2	1.50
7 Gatto, Katherine	Lourdes	14.10	14.55	NWI	2	
8 Lyndon, Robyn	john f ross cvi	14.38	14.57	NWI	1	
9 Thompson, Hilary	john f ross cvi	14.40	14.62	NWI	1	
10 VanSydenborgh, Korey	CWEC	14.49	14.74	NWI	1	
11 Buchan, Cassandra	Centennial C	14.49	14.76	NWI	1	

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Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Best, Ashlan	Centennial C	26.00	26.47q	NWI	4
2 Jarvis, Madi	Guelph C V I-G		27.34q	NWI	3
3 Kampstra, Taylor	Centennial C	26.90	27.64q	NWI	5
4 McIntosh, Hannah	Lourdes		28.29q	NWI	1
5 Burrows, Camryn	Guelph C V I-G		28.72q	NWI	2
6 Strutt, Jillian	Orangeville	33.00	29.14q	NWI	2
7 VanSydenborgh, Korey	CWEC		30.54q	NWI	5
8 Edwards, Bridget	john f ross cvi	27.00	30.78q	NWI	1
9 Reynolds, Cassie	Guelph C V I-G		31.09q	NWI	3
10 Tersigni, Adele	St. James HS		31.37q	NWI	3
11 Taylor, Hannah	john f ross cvi	27.00	31.91q	NWI	3
12 Nienhuis, Heather	CWEC		32.07q	NWI	5
13 Bromby, Paula	St. James HS	32.72	32.21	NWI	3
14 Flach, Elizabeth	CWEC		32.22	NWI	2
15 Glaab, Kate	St. James HS		32.45	NWI	5
16 Hotson, Esmee	Centre Welli		35.32	NWI	4
16 Acheson, Janine	Wellington Heights		35.32	NWI	2

Women 200 Meter Dash Midget

Name	Year School	Prelims	Finals	Wind	H#	Points
Finals						
1 Best, Ashlan	Centennial C	26.47	26.85	NWI	2	10
2 Jarvis, Madi	Guelph C V I-G	27.34	27.77	NWI	2	7
3 Kampstra, Taylor	Centennial C	27.64	27.98	NWI	2	5
4 Acheson, Janine	Wellington Heights	35.32	29.28	NWI	2	3
5 Strutt, Jillian	Orangeville	29.14	29.48	NWI	2	1.50
5 Edwards, Bridget	john f ross cvi	30.78	29.48	NWI	1	1.50
7 VanSydenborgh, Korey	CWEC	30.54	30.53	NWI	1	
8 Tersigni, Adele	St. James HS	31.37	30.94	NWI	1	
9 Reynolds, Cassie	Guelph C V I-G	31.09	31.19	NWI	1	
10 Taylor, Hannah	john f ross cvi	31.91	31.50	NWI	1	
11 Nienhuis, Heather	CWEC	32.07	32.66	NWI	1	
12 Burrows, Camryn	Guelph C V I-G	28.72	32.74	NWI	2	

Women 400 Meter Dash Midget

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Best, Ashlan	Centennial C	59.00	1:00.44q	4
2 Jarvis, Madi	Guelph C V I-G	1:01.00	1:00.86q	4
3 Steeneveld, Abbey	Bishop MacDo		1:03.13q	1
4 Meier-Ross, Kaitlynn	Centennial C	1:01.00	1:03.56q	4
5 Acheson, Janine	Wellington Heights		1:10.20q	1
6 Vellema, Desirae	CWEC		1:11.48q	2
7 Glaab, Kate	St. James HS	1:10.00	1:12.78	3
8 Flach, Elizabeth	CWEC		1:14.03	2
9 Ambrose, Mattea	Orangeville	1:07.00	1:14.78	2
10 Synnott, Emily	Lourdes	1:10.00	1:15.49	1

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****...Women 400 Meter Dash Midget**

11 Vanderkamp, Sierra	john f ross cvi	1:17.04	1	
12 MacDonald, Breagh	Centre Duffe	1:18.37	2	
13 Zdolski, Alycia	Centre Welli	1:19.15	3	
14 Strutt, Jillian	Orangeville	1:15.00	1:24.02	3
15 McNabb, Taryn	Centre Welli	1:26.17	1	

Women 400 Meter Dash Midget

Name	Year School	Prelims	Finals	Points
Finals				
1 Best, Ashlan	Centennial C	1:00.44	1:00.44	10
2 Jarvis, Madi	Guelph C V I-G	1:00.86	1:00.86	7
3 Steeneveld, Abbey	Bishop MacDo	1:03.13	1:03.13	5
4 Meier-Ross, Kaitlynn	Centennial C	1:03.56	1:03.56	3
5 Acheson, Janine	Wellington Heights	1:10.20	1:10.20	2
6 Vellema, Desirae	CWEC	1:11.48	1:11.48	1

Women 800 Meter Run Midget

Name	Year School	Seed	Finals	Points
1 Teasell, Elizabeth	Centre Welli		2:34.38	10
2 Jarvis, Madi	Guelph C V I-G	2:30.00	2:34.87	7
3 Anderson, Elizabeth	Erin D H S - cwer	2:40.00	2:41.95	5
4 Duffy, Julia	Bishop MacDo		2:47.76	3
5 Zonneveld, Lauren	Centennial C		2:51.13	2
6 Kohlmeier, Kristin	Guelph C V I-G		2:53.65	1
7 Godak, Dana	john f ross cvi		2:54.67	
8 Priamo, Diane	Bishop MacDo		2:55.49	
9 Heath, Katie	Lourdes		2:56.44	
10 Dixon, Makenzie	john f ross cvi		2:57.32	
11 Synnott, Emily	Lourdes		3:00.54	
12 Kreuger, Jessica	Lourdes		3:09.34	
13 Nienhuis, Heather	CWEC		3:15.87	
14 Orobono, Robyn	Bishop MacDo		3:17.56	
15 Scheper, Shannon	CWEC		3:18.57	

Women 1500 Meter Run Midget

Name	Year School	Seed	Finals	Points
1 Teasell, Elizabeth	Centre Welli		5:15.94	10
2 Anderson, Elizabeth	Erin D H S - cwer	5:30.00	5:25.94	7
3 Kohlmeier, Kristin	Guelph C V I-G		5:34.21	5
4 Zonneveld, Lauren	Centennial C		5:34.91	3
5 Murray, Elyssa	Orangeville		5:48.90	2
6 VanLeeuwen, Alexis	CWEC		5:53.31	1
7 Heath, Katie	Lourdes		5:53.80	
8 Bennett, Jill	Erin D H S - cwer	6:00.00	5:54.28	
9 Priamo, Diane	Bishop MacDo		6:13.38	
10 Nienhuis, Heather	CWEC		6:17.77	
11 Broersma, Justine	CWEC		6:24.09	
12 Orobono, Robyn	Bishop MacDo		6:31.76	

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13 Kreuger, Jessica	Lourdes	6:37.65
14 Scheper, Shannon	CWEC	6:57.19
15 Baron, Chantal	CWEC	7:07.57

Women 3000 Meter Run Midget

Name	Year School	Seed	Finals	Points
1 Teasell, Elizabeth	Centre Welli		12:47.70	10
2 Murray, Elyssa	Orangeville		13:05.63	7
3 Vellema, Desirae	CWEC		13:26.27	5
4 VanLeeuwen, Alexis	CWEC		13:28.37	3

Women 80 Meter Hurdles Midget

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Buchan, Cassandra	Centennial C		12.35Q	NWI	2
2 Best, Ashlan	Centennial C	12.50	12.53Q	NWI	1
3 Watt, Lily	Centennial C		12.69Q	NWI	2
4 Hotson, Esmee	Centre Welli		14.40Q	NWI	1
5 Steeneveld, Abbey	Bishop MacDo		13.68q	NWI	2
6 Poleyko, Shayne	Orangeville	18.00	17.91q	NWI	2
7 Schweighardt, Vivien	Centennial C		18.09	NWI	1
7 Ali, Shahana	Centennial C		18.09	NWI	1
9 Pridham, Natalie	Orangeville	18.00	18.57	NWI	1

Women 80 Meter Hurdles Midget

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Best, Ashlan	Centennial C	12.53	12.46	NWI	10
2 Steeneveld, Abbey	Bishop MacDo	13.68	13.31	NWI	7
3 Buchan, Cassandra	Centennial C	12.35	13.59	NWI	5
4 Watt, Lily	Centennial C	12.69	13.89	NWI	3
5 Hotson, Esmee	Centre Welli	14.40	14.22	NWI	2
6 Poleyko, Shayne	Orangeville	17.91	17.16	NWI	1

Women 300 Meter Hurdles Midget

Name	Year School	Seed	Finals	Points
1 Meier-Ross, Kaitlynn	Centennial C	48.00	49.43	10
2 Steeneveld, Abbey	Bishop MacDo		50.24	7
3 Kohlmeier, Kristin	Guelph C V I-G		56.87	5
4 Ambrose, Mattea	Orangeville	55.00	58.96	3

Women 4x100 Meter Relay Midget

School	Seed	Finals	H#	Points
1 Centennial C V I - cwce 'B'		54.76	1	10

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****....Women 4x100 Meter Relay Midget**

2	john f ross cvi 'C'		55.70	2	7
3	Guelph C & V I - cwgu 'A'	54.50	56.68	3	5
	1) Bauman, Sydney				
	3) Reynolds, Cassie				
	2) Kohlmeier, Kristin				
	4) Jarvis, Madi				
4	Erin D H S - cwer 'A'	58.00	57.70	3	3
	1) Anderson, Elizabeth				
	3) Bennett, Jill				
	2) Beaumont, Hannah				
	4) Tutt, Danielle				
5	Our Lady of Lourdes H S - cwol 'A'	56.35	57.84	3	2
	1)				
	3) McIntosh, Hannah				
	2) Heath, Katie				
	4) Synnott, Emily				
6	St. James H S - cwsj 'A'		58.19	1	1
	1) Glaab, Kate				
	3) Tersigni, Adele				
	2) Bromby, Paula				
	4) Zamprogna, Vanessa				
7	Emmanuel Christian High School 'A'		59.49	2	
8	john f ross cvi 'B'		1:00.08	1	
9	Guelph C & V I - cwgu 'B'		1:01.22	1	
	1) Burrows, Camryn				
	3) McDonald, Abby				
	2) Garic, Angela				
	4) Woodhouse, Kathleen				
9	Orangeville D S S - cwor 'A'	1:03.00	1:01.22	3	

Women High Jump Midget

Name	Year School	Seed	Finals	Points
1 Buchanan, Presly	Centennial C		1.38m	10
2 Callegari, Cathryn	Centre Duffe		1.32m	6
2 Woodhouse, Kathleen	Guelph C V I-G		1.32m	6
4 Gatto, Katherine	Lourdes		1.23m	3

Women Long Jump Midget

Name	Year School	Seed	Finals	Wind	Points
1 Faienza, Daniela	Bishop MacDo		4.73m	NWI	10
2 Finlay, Jamie	Orangeville		4.61m	NWI	7
3 Faulkner, Georgie	john f ross cvi		4.54m	NWI	5
4 Leacock, Mya	john f ross cvi		4.42m	NWI	3
5 McIntosh, Hannah	Lourdes		4.37m	NWI	2
6 Beaumont, Hannah	Erin D H S - cwer		4.30m	NWI	1
7 Woodhouse, Kathleen	Guelph C V I-G		4.28m	NWI	
8 Kampstra, Taylor	Centennial C		4.21m	NWI	
9 Campbell, Elena	john f ross cvi		4.12m	NWI	
10 Anderson, Elizabeth	Erin D H S - cwer		4.02m	NWI	
11 Faulkner, Emma Jane	john f ross cvi		4.00m	NWI	
12 Bauman, Sydney	Guelph C V I-G		3.87m	NWI	
13 Haas, Samantha	Erin D H S - cwer		3.85m	NWI	
14 Callegari, Cathryn	Centre Duffe		3.81m	NWI	
15 VanSydenborgh, Korey	CWEC		3.64m	NWI	
16 Garic, Angela	Guelph C V I-G		3.54m	NWI	
17 Reynolds, Cassie	Guelph C V I-G		3.49m	NWI	
18 Green, Bethany	Orangeville		3.48m	NWI	
19 Rodenburg, Mary	Bishop MacDo		3.40m	NWI	
20 Tutt, Danielle	Erin D H S - cwer		3.39m	NWI	
21 Ambrose, Mattea	Orangeville		3.34m	NWI	

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****...Women Long Jump Midget**

22	Strutt, Jillian	Orangeville	3.22m	NWI
23	Zdolski, Alycia	Centre Welli	2.96m	NWI
24	Fitzpatrick, Katherine	Erin D H S - cwer	2.78m	NWI
25	Gotthardt, Kelsa	St. James HS	2.25m	NWI

Women Triple Jump Midget

Name	Year School	Seed	Finals	Wind	Points
1	Faienza, Daniela	Bishop MacDo	9.31m	NWI	10
2	Faulkner, Georgie	john f ross cvi	9.22m	NWI	7
3	Bauman, Sydney	Guelph C V I-G	9.20m	NWI	5
4	Campbell, Elena	john f ross cvi	8.85m	NWI	3
5	Taylor, Nichole	Centre Duffe	8.47m	NWI	2
6	Finlay, Jamie	Orangeville	8.45m	NWI	1
7	Reynolds, Cassie	Guelph C V I-G	8.18m	NWI	
8	Bennett, Jill	Erin D H S - cwer	8.17m	NWI	
9	Garic, Angela	Guelph C V I-G	6.59m	NWI	

Women Shot Put Midget

Name	Year School	Seed	Finals	Points
1	Wedel, Lisa	john f ross cvi	7.81m	10
2	Terrey, Catie	St. James HS	7.62m	7
3	Nelson, McKenzie	Lourdes	7.30m	5
4	Iles, Ally	Wellington Heights	7.18m	3
5	Burrows, Camryn	Guelph C V I-G	7.12m	2
6	Nhio Son, Veronica	St. James HS	6.88m	1
7	Weeks, Thiana	john f ross cvi	6.76m	
8	Baron, Chantal	CWEC	6.72m	
9	Vanos, Adrianna	St. James HS	5.54m	
10	Duenas, Amy	St. James HS	5.45m	

Women Discus Throw Midget

Name	Year School	Seed	Finals	Points
1	Burningham, Rachel	Erin D H S - cwer	22.01m	10
2	Weeks, Thiana	john f ross cvi	20.44m	7
3	Terrey, Catie	St. James HS	20.33m	5
4	Broersma, Justine	CWEC	19.75m	3
5	Wedel, Lisa	john f ross cvi	18.92m	2
6	Bennett, Dana	Erin D H S - cwer	18.05m	1
7	Nhio Son, Veronica	St. James HS	16.87m	
8	Duenas, Amy	St. James HS	13.40m	
9	Iles, Ally	Wellington Heights	13.18m	
10	Vanos, Adrianna	St. James HS	12.08m	

Women Javelin Throw Midget

Name	Year School	Seed	Finals	Points
1	Gatto, Katherine	Lourdes	24.45m	25.21m 10

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****...Women Javelin Throw Midget**

2	Broersma, Justine	CWEC	20.78m	7
3	Burningham, Rachel	Erin D H S - cwer	19.19m	5
4	Terrey, Catie	St. James HS	18.57m	3
5	Nelson, McKenzie	Lourdes	16.66m	2
6	Iles, Ally	Wellington Heights	16.44m	1
7	Duenas, Amy	St. James HS	15.47m	
8	Bennett, Dana	Erin D H S - cwer	13.48m	
9	Glaab, Kate	St. James HS	12.52m	
10	McCormick, Sophie	john f ross cvi	11.98m	
11	Zamprogna, Vanessa	St. James HS	11.76m	
12	White, Rebecca	Westside Sec	11.13m	
13	Nhio Son, Veronica	St. James HS	10.58m	
14	Vanos, Adrianna	St. James HS	10.39m	

Women 100 Meter Dash Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Weller, Olivia	Bishop MacDo		13.31q	NWI	5
2	Small, Vanessa	St. James HS	13.15	13.35q	NWI	4
3	Hettwer, Erika	Westside Sec	13.81	13.41q	NWI	5
4	Costello, Natasha	St. James HS		13.71q	NWI	3
5	Farquharson, Jordyn	Guelph C V I-G		13.83q	NWI	3
6	Young, Cassandra	Lourdes		13.88q	NWI	2
7	Benninger, Stephanie	Lourdes	13.25	13.94q	NWI	3
8	Lee, Hunter	Centre Welli		13.98q	NWI	1
9	Sutherns, Claire	john f ross cvi	14.20	14.49q	NWI	2
9	Monk, Danielle	Erin D H S - cwer	14.30	14.49q	NWI	1
11	Bromby, Paige	St. James HS	15.17	14.56q	NWI	1
12	Townsend, Amber	St. James HS	15.27	14.71q	NWI	2
13	Lochart, Madison	Lourdes		14.85	NWI	4
14	Way, Alicia	Centre Duffe		14.86	NWI	6
15	MacIntyre, Abbey	Guelph C V I-G		14.91	NWI	5
16	Wierenga, Corina	CWEC		15.15	NWI	1
17	Hosack, Leah	Centre Welli		15.19	NWI	1
17	Sanderson, Emily	john f ross cvi		15.19	NWI	7
19	Franchetto, Sarah	Lourdes		15.28	NWI	2
20	Tungol, Angelica	Lourdes		15.31	NWI	3
21	Starratt, Kathryn	Centre Welli		15.38	NWI	3
22	Matson, Karissa	Orangeville	15.00	15.43	NWI	6
23	Mills, Alicia	CWEC		15.69	NWI	4
23	Mills, Holly	CWEC		15.69	NWI	5
25	Olczak, Mariah	Bishop MacDo		15.78	NWI	7
26	Bonaldo, Nicole	Bishop MacDo		15.91	NWI	6
27	Hutchings, Samantha	Erin D H S - cwer	17.00	16.03	NWI	5

Women 100 Meter Dash Junior

Name	Year	School	Prelims	Finals	Wind	H#	Points
Finals							
1	Small, Vanessa	St. James HS	13.35	13.34	NWI	2	10
2	Hettwer, Erika	Westside Sec	13.41	13.54	NWI	2	7

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3	Weller, Olivia	Bishop MacDo	13.31	13.76	NWI	2	5
4	Costello, Natasha	St. James HS	13.71	13.98	NWI	2	3
5	Farquharson, Jordyn	Guelph C V I-G	13.83	13.99	NWI	2	2
6	Lee, Hunter	Centre Welli	13.98	14.09	NWI	1	1
7	Benninger, Stephanie	Lourdes	13.94	14.12	NWI	1	
8	Young, Cassandra	Lourdes	13.88	14.26	NWI	2	
9	Sutherns, Claire	john f ross cvi	14.49	14.41	NWI	1	
10	Monk, Danielle	Erin D H S - cwer	14.49	14.49	NWI	1	
11	Bromby, Paige	St. James HS	14.56	14.56	NWI	1	
12	Townsend, Amber	St. James HS	14.71	14.89	NWI	1	

Women 200 Meter Dash Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Small, Vanessa	St. James HS	27.80	27.36q	NWI	3
2	Hettwer, Erika	Westside Sec		28.10q	NWI	2
3	Costello, Natasha	St. James HS		28.40q	NWI	1
4	Benninger, Stephanie	Lourdes	27.12	28.44q	NWI	4
5	Weller, Olivia	Bishop MacDo		29.06q	NWI	1
6	Sutherns, Claire	john f ross cvi	27.00	29.07q	NWI	2
7	Monk, Danielle	Erin D H S - cwer	30.00	29.69q	NWI	1
8	Javis, Neely	Guelph C V I-G		29.84q	NWI	2
9	Bromby, Paige	St. James HS		30.26q	NWI	3
10	Fellows, Tiana	john f ross cvi	27.00	30.77q	NWI	2
11	Townsend, Amber	St. James HS		30.83q	NWI	3
12	Sanderson, Emily	john f ross cvi		30.96q	NWI	4
13	Franchetto, Sarah	Lourdes		31.12	NWI	3
14	VanLuik, Rachelle	CWEC		31.22	NWI	2
15	Way, Alicia	Centre Duffe		31.46	NWI	2
16	Falconer, Jenna	Guelph C V I-G		31.61	NWI	4
17	Gibson, Patricia	john f ross cvi		31.75	NWI	3
18	Bonaldo, Nicole	Bishop MacDo		33.03	NWI	1
19	Olczak, Mariah	Bishop MacDo		33.36	NWI	4
20	Reed, Katrina	Centennial C		34.01	NWI	1
21	Fournier, Jamie	Erin D H S - cwer	32.00	36.10	NWI	1

Women 200 Meter Dash Junior

Name	Year	School	Prelims	Finals	Wind	H#	Points
Finals							
1	Small, Vanessa	St. James HS	27.36	26.76	NWI	2	10
2	Hettwer, Erika	Westside Sec	28.10	28.12	NWI	2	7
3	Costello, Natasha	St. James HS	28.40	28.23	NWI	2	5
4	Benninger, Stephanie	Lourdes	28.44	28.45	NWI	2	3
5	Weller, Olivia	Bishop MacDo	29.06	28.83	NWI	2	2
6	Sutherns, Claire	john f ross cvi	29.07	29.31	NWI	2	1
7	Javis, Neely	Guelph C V I-G	29.84	30.63	NWI	1	
8	Townsend, Amber	St. James HS	30.83	30.96	NWI	1	
9	Fellows, Tiana	john f ross cvi	30.77	31.12	NWI	1	
10	Bromby, Paige	St. James HS	30.26	31.61	NWI	1	
11	Sanderson, Emily	john f ross cvi	30.96	32.65	NWI	1	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Women 400 Meter Dash Junior**

Name	Year School	Seed	Finals	H#	Points
1 Small, Vanessa	St. James HS	1:01.00	1:02.16	3	10
2 Benninger, Stephanie	Lourdes	1:04.25	1:04.39	3	7
3 Clayton, Rachelle	Guelph C V I-G	1:04.00	1:04.52	2	5
4 Doney, Sophie	Centre Duffe		1:07.40	1	3
5 Armstrong, Bryn	Centre Duffe		1:08.21	1	2
6 Townsend, Amber	St. James HS	1:10.00	1:09.64	2	1
7 Jarvis, Neely	Guelph C V I-G		1:10.51	2	
8 Wismer, Kandice	Guelph C V I-G		1:14.28	1	
9 Bryant, Alysha	Orangeville	1:08.00	1:14.78	3	
10 Natale, Sydney	Bishop MacDo		1:16.98	2	
11 Reed, Katrina	Centennial C		1:20.63	1	
12 Fournier, Jamie	Erin D H S - cwer	1:15.00	1:25.02	1	

Women 800 Meter Run Junior

Name	Year School	Seed	Finals	Points
1 Gobbi, Carissa	Lourdes	2:27.89	2:29.81	10
2 Maltais, Francesca	St. James HS	2:37.00	2:35.70	7
3 King, Ashley	Lourdes	2:32.25	2:47.95	5
4 Jarvis, Neely	Guelph C V I-G		2:55.26	3
5 Yawney, Micaela	St. James HS	2:59.00	2:56.20	2
6 Bryant, Alysha	Orangeville		2:57.80	1
7 Natale, Sydney	Bishop MacDo		3:01.56	
8 Wismer, Kandice	Guelph C V I-G		3:08.22	

Women 1500 Meter Run Junior

Name	Year School	Seed	Finals	Points
1 Gobbi, Carissa	Lourdes	4:55.12	4:57.84	10
2 Maltais, Francesca	St. James HS	5:15.00	5:11.63	7
3 Pattison, Sydney	john f ross cvi		5:22.83	5
4 Brakke, Rosalie	CWEC		5:35.03	3
5 King, Ashley	Lourdes		5:50.11	2
6 Yawney, Micaela	St. James HS	6:17.00	6:06.74	1
7 Smith, Meaghan	Lourdes		6:08.31	
8 Wismer, Kandice	Guelph C V I-G		6:25.96	

Women 3000 Meter Run Junior

Name	Year School	Seed	Finals	Points
1 Gobbi, Carissa	Lourdes	10:30.12	10:48.89	10
2 Brakke, Rosalie	CWEC		12:36.29	7
3 Smith, Meaghan	Lourdes		13:46.96	5

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Women 80 Meter Hurdles Junior**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Lussier, Sara	john f ross cvi		13.58q	NWI	2
2 Paddock, Megan	Centennial C		13.80q	NWI	3
3 Kreuger, Brin	Lourdes	13.99	13.99q	NWI	3
4 Marcellino, Bianca	St. James HS	14.41	14.46q	NWI	1
4 McLean, Taylor	john f ross cvi		14.46q	NWI	3
6 Cunningham, Ashley	Bishop MacDo		14.51q	NWI	1
7 Weller, Olivia	Bishop MacDo		14.92	NWI	2
8 Lochart, Madison	Lourdes	15.13	15.85	NWI	2
9 Hutchings, Samantha	Erin D H S - cwer		16.02	NWI	3
10 Bonaldo, Nicole	Bishop MacDo		16.30	NWI	2
11 MacIntyre, Abbey	Guelph C V I-G		16.37	NWI	3
12 Starratt, Kathryn	Centre Welli		16.41	NWI	2
13 Sanderson, Emily	john f ross cvi		17.64	NWI	3
14 Hosack, Leah	Centre Welli		17.91	NWI	1
15 Smith, Rachel	Lourdes		18.30	NWI	2
16 Kennedy, Shannon	Lourdes		18.98	NWI	1

Women 80 Meter Hurdles Junior

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Lussier, Sara	john f ross cvi	13.58	12.87	NWI	10
2 Kreuger, Brin	Lourdes	13.99	13.28	NWI	7
3 Paddock, Megan	Centennial C	13.80	13.91	NWI	5
4 McLean, Taylor	john f ross cvi	14.46	14.17	NWI	3
5 Marcellino, Bianca	St. James HS	14.46	14.47	NWI	2
6 Cunningham, Ashley	Bishop MacDo	14.51	22.03	NWI	1

Women 300 Meter Hurdles Junior

Name	Year School	Seed	Finals	H#	Points
1 Kreuger, Brin	Lourdes	49.76	50.26	2	10
2 Clayton, Rachelle	Guelph C V I-G	48.00	51.51	2	7
3 Lochart, Madison	Lourdes	51.23	54.50	2	5
4 Marcellino, Bianca	St. James HS		56.32	1	3
5 Hosack, Leah	Centre Welli		56.85	1	2
6 Brakke, Rosalie	CWEC		1:02.00	2	1
7 Kennedy, Shannon	Lourdes		1:03.12	1	
8 Falconer, Jenna	Guelph C V I-G		1:03.20	2	

Women 4x100 Meter Relay Junior

School	Seed	Finals	H#	Points
1 St. James H S - cwsj 'A'	54.00	53.54	1	10
1) Costello, Natasha				
2) Marcellino, Bianca				
3) Small, Vanessa				
4) Townsend, Amber				
2 Our Lady of Lourdes H S - cwol 'A'	53.67	54.06	1	7
1) Benninger, Stephanie				
2) Kreuger, Brin				

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****....Women 4x100 Meter Relay Junior**

3) Young, Cassandra	4) Lochart, Madison				
3 Guelph C & V I - cwgu 'A'		54.00	55.57	1	5
1) Farquharson, Jordyn	2) Falconer, Jenna				
3) Jarvis, Neely	4) Clayton, Rachelle				
4 john f ross cvi 'A'		56.00	56.06	1	3
5 Centre Dufferin D H S - cwcd 'A'			56.88	2	2
1) Armstrong, Bryn	2) Kaehli, Stephanie				
3) Way, Alicia	4) McLaughlin, Emma				
6 Westside Secondary - cwws 'A'			59.14	3	1
7 Our Lady of Lourdes H S - cwol 'B'		56.78	59.50	1	
1) Franchetto, Sarah	2) Tungol, Angelica				
3) Wiebenga, Tia	4) Martinez, Natasha				
8 Centennial C V I - cwce 'A'			1:00.71	2	
9 john f ross cvi 'B'			1:02.54	2	
10 Emmanuel Christian High School 'B'			1:03.03	2	

Women High Jump Junior

Name	Year School	Seed	Finals	Points
1 Lussier, Sara	john f ross cvi		1.45m	8.50
1 Clayton, Rachelle	Guelph C V I-G		1.45m	8.50
3 Pattison, Sydney	john f ross cvi		1.35m	5
4 Kaehli, Stephanie	Centre Duffe		1.30m	3
5 Aroca, Aileen	Westside Sec		1.25m	2
6 Murphy, Jessica	Westside Sec		J1.25m	1
7 Nan, Michelle	Centennial C		J1.25m	
8 Naismith, Natasha	Westside Sec		J1.25m	
9 Aroca, Naomi	Westside Sec		1.20m	
9 Martinez, Natasha	Lourdes		1.20m	

Women Pole Vault Junior

Name	Year School	Seed	Finals	Points
1 Woods, Abby	john f ross cvi	1.80m	1.81m	10

Women Long Jump Junior

Name	Year School	Seed	Finals	Wind	Points
1 McLean, Taylor	john f ross cvi		4.62m	NWI	10
2 Cunningham, Ashley	Bishop MacDo		4.49m	NWI	7
3 Woods, Abby	john f ross cvi		4.38m	NWI	5
4 Lee, Hunter	Centre Welli		4.28m	NWI	3
5 Young, Cassandra	Lourdes		4.27m	NWI	2
6 Mills, Alicia	CWEC		4.25m	NWI	0.33
6 Matson, Karissa	Orangeville		4.25m	NWI	0.33
6 Starratt, Kathryn	Centre Welli		4.25m	NWI	0.33
9 Tungol, Angelica	Lourdes		3.93m	NWI	
10 VanLuik, Rachelle	CWEC		3.86m	NWI	
11 Farquharson, Jordyn	Guelph C V I-G		3.72m	NWI	
12 Bellamy, Katie	Orangeville		3.70m	NWI	
13 Marcellino, Bianca	St. James HS		3.68m	NWI	

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****....Women Long Jump Junior**

14 Fellows, Tiana	john f ross cvi	3.62m	NWI
15 MacIntyre, Abbey	Guelph C V I-G	3.39m	NWI
16 Wiebenga, Tia	Lourdes	3.38m	NWI
17 van Weerden, Holly	CWEC	3.37m	NWI
18 Martinez, Natasha	Lourdes	3.32m	NWI
19 Van Raalte, Laura	CWEC	3.17m	NWI
20 Murphy, Jessica	Westside Sec	3.15m	NWI

Women Triple Jump Junior

Name	Year School	Seed	Finals	Wind	Points
1 Woods, Abby	john f ross cvi		10.79m	NWI	10
2 McLean, Taylor	john f ross cvi		10.60m	NWI	7
3 Cunningham, Ashley	Bishop MacDo		9.94m	NWI	5
4 Costello, Natasha	St. James HS		9.13m	NWI	3
5 Tungol, Angelica	Lourdes		9.08m	NWI	2
6 Bellamy, Katie	Orangeville		9.05m	NWI	1
7 Naismith, Natasha	Westside Sec		9.03m	NWI	
8 Young, Cassandra	Lourdes		8.64m	NWI	
9 VanLuik, Rachelle	CWEC		8.62m	NWI	
10 Mills, Alicia	CWEC		8.53m	NWI	
11 Farquharson, Jordyn	Guelph C V I-G		8.41m	NWI	
12 Wiebenga, Tia	Lourdes		7.23m	NWI	
13 Van Raalte, Laura	CWEC		7.05m	NWI	

Women Shot Put Junior

Name	Year School	Seed	Finals	Points
1 Vis, Nicole	CWEC		9.20m	10
2 Winchester, Rachel	Erin D H S - cwer		8.08m	7
3 Fancy, Karissa	Erin D H S - cwer		7.80m	5
4 Martinez, Natasha	Lourdes		7.35m	3
5 van Weerden, Holly	CWEC		6.97m	2
6 Wilson, Quinn	Norwell D S S-		6.85m	1
7 Pagtaken, Isha	St. James HS		6.37m	
8 VanEerde, Debra	CWEC		5.82m	
9 Krudwig, Athena	St. James HS		4.27m	
9 Hollings, Emma	Erin D H S - cwer		4.27m	

Women Discus Throw Junior

Name	Year School	Seed	Finals	Points
1 Wilson, Quinn	Norwell D S S-		26.09m	10
2 Vis, Nicole	CWEC		25.06m	7
3 Murray, Taylor	Erin D H S - cwer		22.28m	5
4 Winchester, Rachel	Erin D H S - cwer		19.03m	3
5 Scaife, Maggie	Orangeville		18.45m	2
6 Pagtaken, Isha	St. James HS		18.28m	1
7 Auld, Katherine	Orangeville		17.92m	
8 Fancy, Karissa	Erin D H S - cwer		15.16m	
9 VanEerde, Debra	CWEC		13.16m	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****...Women Discus Throw Junior**

10 McCabe, Joanna	St. James HS	11.55m
11 Krudwig, Athena	St. James HS	11.51m

Women Javelin Throw Junior

Name	Year School	Seed	Finals	Points
1 Murray, Taylor	Erin D H S - cwer		20.70m	10
2 van Weerden, Holly	CWEC		19.73m	7
3 Pagtaken, Isha	St. James HS		19.31m	5
4 Smith, Rachel	Lourdes		18.83m	3
5 Vis, Nicole	CWEC		18.04m	2
6 Auld, Katherine	Orangeville		16.20m	1
7 Kreuger, Brin	Lourdes		14.78m	
8 Naismith, Natasha	Westside Sec		13.43m	
9 Polettek, Jessica	Westside Sec		11.75m	
10 Krudwig, Athena	St. James HS		11.16m	

Women 100 Meter Dash Senior

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Meyerink, Ali	Orangeville	13.00	13.04q	NWI	2
2 Wilson, Sydney	Guelph C V I-G		13.98q	NWI	3
2 Lane, Olivia	Bishop MacDo		13.98q	NWI	5
2 Sealey, Amber	Centre Welli		13.98q	NWI	2
5 Vansoelen, Kennisis	Westside Sec		14.05q	NWI	4
6 Hoffer, Ashley	Guelph C V I-G		14.08q	NWI	5
7 Nguyen, Selina	Centre Welli		14.35q	NWI	1
8 VanWoudenberg, Maria	CWEC		14.46q	NWI	4
9 Strongman, Cally	Guelph C V I-G		14.58q	NWI	5
10 Dandy, Beatrice	Erin D H S - cwer	14.80	14.61q	NWI	1
11 Arthurton, Kay	St. James HS		14.62q	NWI	6
12 Mercey, Alyse	Orangeville	14.00	14.79q	NWI	6
13 Koestel, Martine	Centennial C	13.90	14.93	NWI	4
14 williamson, Kaitlyn	Lourdes		15.20	NWI	6
15 Holst, Hayley	Guelph C V I-G		15.27	NWI	5
16 Savoy, Emily	Erin D H S - cwer	16.00	15.32	NWI	3
17 Menken, Lyndsey	CWEC		15.43	NWI	2
18 Sawyer-Brown, Maisie	Centre Duffe		15.58	NWI	1
19 Nguyen, Christina	Guelph C V I-G		15.70	NWI	4
20 Borreta, Meljie	Orangeville	15.00	15.72	NWI	3
21 Campbell, Elizabeth	Bishop MacDo		15.78	NWI	3
22 Wilson, Alexandra	Norwell D S S-		15.97	NWI	1
23 Wade, Kaitlyn	Centennial C		15.98	NWI	3
24 Roncali, Taylor	St. James HS		16.04	NWI	6
25 Kinga, Rachel	john f ross cvi		16.37	NWI	6
26 Gauzon, Alyssa	Bishop MacDo		16.71	NWI	6

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****Women 100 Meter Dash Senior**

Name	Year School	Prelims	Finals	Wind H#	Points
Finals					
1 Meyerink, Ali	Orangeville	13.04	13.30	NWI 2	10
2 Sealey, Amber	Centre Welli	13.98	13.92	NWI 2	7
3 Lane, Olivia	Bishop MacDo	13.98	13.95	NWI 2	5
4 Vansoelen, Kennisis	Westside Sec	14.05	13.98	NWI 2	3
5 Wilson, Sydney	Guelph C V I-G	13.98	14.23	NWI 2	2
6 Hoffer, Ashley	Guelph C V I-G	14.08	14.37	NWI 2	1
7 Nguyen, Selina	Centre Welli	14.35	14.46	NWI 1	
8 Dandy, Beatrice	Erin D H S - cwer	14.61	14.62	NWI 1	
9 Mercey, Alyse	Orangeville	14.79	14.81	NWI 1	
10 VanWoudenberg, Maria	CWEC	14.46	15.11	NWI 1	
11 Strongman, Cally	Guelph C V I-G	14.58	15.16	NWI 1	
12 Arthurton, Kay	St. James HS	14.62	15.19	NWI 1	

Women 200 Meter Dash Senior

Name	Year School	Seed	Prelims	Wind H#
Preliminaries				
1 Jarvis, Taylor	Guelph C V I-G		26.48q	NWI 6
2 Meyerink, Ali	Orangeville	27.00	26.71q	NWI 4
3 St Clair, Hailey	Centennial C	26.50	26.90q	NWI 6
4 Hosker, Ashley	Bishop MacDo		27.31q	NWI 1
5 Emmons, Jamie	Lourdes	26.78	27.37q	NWI 5
6 Leigh, Samantha	Centennial C	26.80	28.41q	NWI 3
7 Dandy, Beatrice	Erin D H S - cwer	33.00	28.64q	NWI 6
8 Richards, Tina	Centre Welli		28.69q	NWI 6
9 West, Stephanie	Orangeville	28.00	28.80q	NWI 4
10 Bauman, Maddie	Guelph C V I-G		29.62q	NWI 3
11 Arthurton, Kay	St. James HS		30.24q	NWI 3
12 Van Tol, Breanne	CWEC		30.40q	NWI 4
13 Kinga, Rachel	john f ross cvi		31.16	NWI 4
14 Mercey, Alyse	Orangeville	29.00	31.21	NWI 3
15 Campbell, Elizabeth	Bishop MacDo		32.54	NWI 5
16 Nguyen, Christina	Guelph C V I-G		32.56	NWI 3
17 Borreta, Meljie	Orangeville	31.00	33.27	NWI 5
18 Pagtaken, Bea	St. James HS		34.55	NWI 2

Women 200 Meter Dash Senior

Name	Year School	Prelims	Finals	Wind H#	Points
Finals					
1 Meyerink, Ali	Orangeville	26.71	26.35	NWI 2	10
2 Jarvis, Taylor	Guelph C V I-G	26.48	26.67	NWI 2	7
3 Emmons, Jamie	Lourdes	27.37	26.95	NWI 2	5
4 Hosker, Ashley	Bishop MacDo	27.31	26.96	NWI 2	3
5 St Clair, Hailey	Centennial C	26.90	26.98	NWI 2	2
6 Richards, Tina	Centre Welli	28.69	27.10	NWI 1	1

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Women 400 Meter Dash Senior**

Name	Year School	Seed	Finals	H#	Points
1 Shaw, Stephanie	Centre Welli	1:00.01	1:00.30	3	10
2 Emmons, Jamie	Lourdes	1:00.00	1:01.29	3	7
3 Leigh, Samantha	Centennial C	1:00.50	1:01.59	3	5
4 Sanago, Monica	Centennial C	1:03.50	1:01.92	3	3
5 Hosker, Ashley	Bishop MacDo		1:02.16	1	2
6 Workman, Samarah	Centre Welli		1:04.23	1	1
7 Sealey, Amber	Centre Welli		1:04.54	3	
8 Bauman, Maddie	Guelph C V I-G	1:05.00	1:05.80	2	
9 Tondat, Alyssa	Erin D H S - cwer		1:10.17	1	
10 Van Tol, Breanne	CWEC		1:10.56	2	
11 Moroney, Avery	Centre Welli		1:11.30	2	
12 Pagtaken, Bea	St. James HS	1:14.00	1:14.72	2	
13 Holst, Hayley	Guelph C V I-G		1:16.20	1	
14 Goodyear, Stephanie	Centre Welli		1:19.35	2	

Women 800 Meter Run Senior

Name	Year School	Seed	Finals	Points
1 Dolderman, Brianna	Centre Welli		2:25.57	10
2 Sanago, Monica	Centennial C		2:27.68	7
3 Dolderman, Karlie	Centre Welli		2:28.87	5
4 Dolderman, Christina	Centre Welli		2:31.25	3
5 Hosker, Ashley	Bishop MacDo		2:32.70	2
6 Bak, Maddie	Lourdes	2:32.12	2:35.36	1
7 Wismer, Sarah	Centennial C		2:37.19	
8 Mater, Olivia	Guelph C V I-G		2:38.22	
9 Brodovsky, Leah	Guelph C V I-G	2:35.00	2:40.86	
10 Bauman, Jackie	Centennial C		2:43.40	
11 Moroney, Avery	Centre Welli		2:44.07	
12 Flach, Johanna	CWEC		2:50.40	
13 Tondat, Alyssa	Erin D H S - cwer		2:51.26	
14 Haughey, Siobhan	Bishop MacDo		2:52.67	

Women 1500 Meter Run Senior

Name	Year School	Seed	Finals	Points
1 Wismer, Sarah	Centennial C		4:58.77	10
2 Hessels, Nicole	Norwell D S S-		5:00.42	7
3 Brodovsky, Leah	Guelph C V I-G	5:10.00	5:01.20	5
4 Bak, Maddie	Lourdes	4:59.45	5:03.10	3
5 Dolderman, Karlie	Centre Welli		5:09.32	2
6 Bauman, Jackie	Centennial C		5:13.60	1
7 Dolderman, Christina	Centre Welli		5:19.60	
8 Mater, Olivia	Guelph C V I-G		5:37.91	
9 Haughey, Siobhan	Bishop MacDo		6:24.92	
10 Tompkins, Justine	Centre Duffe		6:35.12	
11 Bond, Lauren	Westside Sec		6:35.54	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Women 3000 Meter Run Senior**

Name	Year	School	Seed	Finals	Points
1 Cuabu, Jessica		Centre Welli		10:48.89	10
2 Hessels, Nicole		Norwell D S S-		10:50.83	7
3 Wismer, Sarah		Centennial C		10:51.43	5
4 Bolliger, Alysaa		Lourdes	10:25.12	10:55.90	3
5 McBride, Kristie		Wellington Heights		10:59.93	2
6 Bak, Maddie		Lourdes	10:42.12	11:07.40	1
7 Bauman, Jackie		Centennial C		11:34.49	
8 Brodovsky, Leah		Guelph C V I-G	11:00.00	12:11.17	

Women 100 Meter Hurdles Senior

Name	Year	School	Seed	Prelims	Wind
Preliminaries					
1 Weigel, Logan		Centennial C		16.63Q	NWI
2 Hoffer, Ashley		Guelph C V I-G		17.26Q	NWI
3 Lane, Olivia		Bishop MacDo		17.39q	NWI
4 Koestel, Martine		Centennial C		18.80q	NWI
5 Champagne, Haylee		Centennial C		19.23q	NWI
6 Jarvis, Taylor		Guelph C V I-G		21.98q	NWI

Women 100 Meter Hurdles Senior

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Weigel, Logan		Centennial C	16.63	16.63	NWI	10
2 Hoffer, Ashley		Guelph C V I-G	17.26	17.26	NWI	7
3 Lane, Olivia		Bishop MacDo	17.39	17.39	NWI	5
4 Koestel, Martine		Centennial C	18.80	18.80	NWI	3
5 Champagne, Haylee		Centennial C	19.23	19.23	NWI	2
6 Jarvis, Taylor		Guelph C V I-G	21.98	21.98	NWI	1

Women 400 Meter Hurdles Senior

Name	Year	School	Seed	Finals	Points
1 Shaw, Stephanie		Centre Welli	1:03.49	1:07.69	10
2 Dolderman, Brianna		Centre Welli		1:09.45	7
3 Jarvis, Taylor		Guelph C V I-G	1:12.00	1:13.18	5
4 Hoffer, Ashley		Guelph C V I-G	1:13.00	1:14.75	3
5 Bauman, Maddie		Guelph C V I-G	1:13.00	1:18.07	2
6 Champagne, Haylee		Centennial C	1:12.00	1:20.70	1

Women 4x100 Meter Relay Senior

School	Seed	Finals	H#	Points
1 Centre Wellington D H S - cwcw 'A'		51.29	2	10
2 Centennial C V I - cwce 'A'	52.00	53.79	3	7
3 Guelph C & V I - cwgu 'A'	52.50	54.54	3	5
1) Bauman, Maddie		2) Hoffer, Ashley		

Districts 4 & 10 - 14/05/14 to 15/05/14

Track and Field

St James HS Guelph Ontario

Results

....Women 4x100 Meter Relay Senior

3) Wilson, Sydney	4) Jarvis, Taylor				
4 Orangeville D S S - cwor 'A'		54.00	55.37	3	3
5 Erin D H S - cwer 'A'		58.00	57.48	2	2
1) Dandy, Beatrice	2) Tondat, Alyssa				
3) Savoy, Emily	4) Monk, Danielle				
6 Bishop MacDonnell - cwbm 'A'			57.68	1	1
7 St. James H S - cwsj 'A'			58.44	1	
1) Arthurton, Kay	2) Carson, Kyra				
3) Malleau, Dana	4) Marcellino, Bianca				
8 Emmanuel Christian High School 'A'			1:00.06	1	
9 Our Lady of Lourdes H S - cwol 'A'		54.89	1:00.30	3	
1) Bolliger, Alysaa	2) Emmons, Jamie				
3) Horsfall, Emily	4) williamson, Kaitlyn				
10 john f ross cvi 'A'		58.00	1:02.09	3	
11 Our Lady of Lourdes H S - cwol 'B'		55.76	1:02.67	3	
1) Bak, Maddie	2) Kennedy, Shannon				
3) Raab, Aida	4) Kreuger, Jessica				
12 Guelph C & V I - cwgu 'B'			1:04.55	2	
1) Holst, Hayley	2) Mater, Olivia				
3) Nguyen, Christina	4) Petresin, Tamara				

Women 4x400 Meter Relay Senior

School	Seed	Finals	H#	Points
1 Centre Wellington D H S - cwcw 'B'		4:12.43	2	10
2 Guelph C & V I - cwgu 'C'	4:30.00	4:17.03	2	7
1) Hoffer, Ashley	2) Strongman, Cally			
3) Mater, Olivia	4) Holst, Hayley			
3 Centennial C V I - cwce 'A'	4:05.00	4:23.22	2	5
4 St. James H S - cwsj 'B'	4:26.00	4:24.22	2	3
1) Costello, Natasha	2) Small, Vanessa			
3) Townsend, Amber	4) Maltais, Francesca			
5 Our Lady of Lourdes H S - cwol 'A'	4:15.88	4:31.57	2	2
1) Emmons, Jamie	2) Benninger, Stephanie			
3) Bolliger, Alysaa	4) Gobbi, Carissa			
6 Centre Wellington D H S - cwcw 'A'		4:33.20	1	1
7 Bishop MacDonnell - cwbm 'A'		4:43.17	1	
8 john f ross cvi 'A'		4:54.16	2	
9 Guelph C & V I - cwgu 'A'	4:12.00	4:54.77	1	
1) Bauman, Maddie	2) Wilson, Sydney			
3) Jarvis, Taylor	4) Jarvis, Madi			
10 Guelph C & V I - cwgu 'B'	4:40.00	4:55.33	1	
1) Clayton, Rachelle	2) Jarvis, Neely			
3) Farquharson, Jordyn	4) Falconer, Jenna			
11 St. James H S - cwsj 'A'	4:45.00	5:08.73	1	
1) Arthurton, Kay	2) Glaab, Kate			
3) Pagtaken, Bea	4) Tersigni, Adele			

Women High Jump Senior

Name	Year School	Seed	Finals	Points
1 Lenartowiz, Karina	john f ross cvi		1.40m	10

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****...Women High Jump Senior**

2	Wedel, Naomi	john f ross cvi	1.35m	7
3	Endeman, Jordynn	CWEC	1.25m	5
4	Starr, Kimberly	Centre Duffe	1.20m	3

Women Long Jump Senior

Name	Year School	Seed	Finals	Wind	Points
1	Weigel, Logan	Centennial C	4.64m	NWI	10
2	West, Stephanie	Orangeville	4.49m	NWI	7
3	Wilson, Sydney	Guelph C V I-G	4.45m	NWI	5
4	Nguyen, Christina	Guelph C V I-G	4.27m	NWI	3
5	Campbell, Elizabeth	Bishop MacDo	4.22m	NWI	2
6	Koestel, Martine	Centennial C	4.17m	NWI	1
7	Ridpath, Jenna	Centennial C	4.09m	NWI	
8	Poleyko, Ellis	Orangeville	3.85m	NWI	
9	VanWoudenberg, Maria	CWEC	3.82m	NWI	
10	Borreta, Meljie	Orangeville	3.78m	NWI	
11	Starr, Kimberly	Centre Duffe	3.75m	NWI	
12	deGelder, Rebecca	CWEC	3.64m	NWI	
13	Horsfall, Emily	Lourdes	3.51m	NWI	
14	williamson, Kaitlyn	Lourdes	3.47m	NWI	
15	Lawrence, Chelsea	Westside Sec	3.24m	NWI	
16	Thordarson, Codi	Orangeville	1.71m	NWI	

Women Triple Jump Senior

Name	Year School	Seed	Finals	Wind	Points
1	Weigel, Logan	Centennial C	10.41m	NWI	10
2	Lenartowiz, Karina	john f ross cvi	10.12m	NWI	7
3	Wilson, Sydney	Guelph C V I-G	9.83m	NWI	5
4	Dixon, Amelia	Centennial C	9.58m	NWI	2.50
5	Ridpath, Jenna	Centennial C	J9.58m	NWI	2.50
6	Poleyko, Ellis	Orangeville	9.16m	NWI	1
7	VanWoudenberg, Maria	CWEC	8.95m	NWI	
8	Horsfall, Emily	Lourdes	8.87m	NWI	
9	deGelder, Rebecca	CWEC	8.53m	NWI	
10	Goodyear, Stephanie	Centre Welli	8.19m	NWI	
11	Petresin, Tamara	Guelph C V I-G	8.12m	NWI	
12	Patel, Roshni	Guelph C V I-G	7.34m	NWI	

Women Shot Put Senior

Name	Year School	Seed	Finals	Points
1	Ridgewell, Kyra	Erin D H S - cwer	9.76m	10
2	Martin-Nino, Deborah	john f ross cvi	9.11m	7
3	VanOmmen, Serena	CWEC	8.34m	5
4	Staunton, Ijoema	Guelph C V I-G	7.48m	3
5	Hutchinson, Melanie	Wellington Heights	6.86m	2
6	McBride, Kristie	Wellington Heights	6.53m	1
7	Starr, Kimberly	Centre Duffe	6.39m	
8	Thordarson, Codi	Orangeville	5.97m	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Women Discus Throw Senior**

Name	Year School	Seed	Finals	Points
1 Martin-Nino, Deborah	john f ross cvi		30.20m	10
2 Ridgewell, Kyra	Erin D H S - cwer		27.22m	7
3 Morrison, Rebecca	Erin D H S - cwer		26.95m	5
4 Reeve, Kianna	Erin D H S - cwer		21.12m	3
5 VanOmmen, Serena	CWEC		20.84m	2
6 Hutchinson, Melanie	Wellington Heights		20.01m	1
7 Graetz, Emily	Erin D H S - cwer		19.43m	
8 Malleau, Dana	St. James HS		19.27m	
9 McBride, Kristie	Wellington Heights		17.18m	
10 Staunton, Ijoema	Guelph C V I-G		17.10m	
11 Patel, Roshni	Guelph C V I-G		16.85m	
12 Thordarson, Codi	Orangeville		15.49m	
13 Kaehli, Andrea	Centre Duffe		14.95m	
14 Wilson, Alexandra	Norwell D S S-		14.73m	
15 Armstrong, Jane	Centre Duffe		13.60m	
16 Sawyer-Brown, Maisie	Centre Duffe		12.67m	
17 Petresin, Tamara	Guelph C V I-G		12.61m	

Women Javelin Throw Senior

Name	Year School	Seed	Finals	Points
1 Ridgewell, Kyra	Erin D H S - cwer		33.15m	10
2 Morrison, Rebecca	Erin D H S - cwer		32.57m	7
3 Raab, Aida	Lourdes		30.40m	5
4 Lenartowiz, Karina	john f ross cvi		27.33m	3
5 Vansoelen, Kennisis	Westside Sec		26.75m	2
6 Graetz, Emily	Erin D H S - cwer		23.34m	1
7 Gut, Jessica	Orangeville		22.05m	
8 Pagtaken, Bea	St. James HS		19.90m	
9 Martin-Nino, Deborah	john f ross cvi		19.10m	
10 Wilson, Alexandra	Norwell D S S-		18.77m	
11 Patel, Roshni	Guelph C V I-G		18.65m	
12 Sidhu, Kamaldeep	Westside Sec		18.35m	
13 Smith, Morgan	Westside Sec		18.16m	
14 Petresin, Tamara	Guelph C V I-G		14.55m	
15 Hutchinson, Melanie	Wellington Heights		13.82m	
16 Dechau, Zoe	Westside Sec		13.47m	
17 Bond, Lauren	Westside Sec		12.04m	

Women 1500 Meter Steeplechase Open

Name	Year School	Seed	Finals	Points
1 Bolliger, Alysaa	Lourdes	5:14.12	5:23.00	10
2 Dolderman, Brianna	Centre Welli		5:28.27	7
3 Cuabu, Jessica	Centre Welli		5:35.41	5
4 Maltais, Francesca	St. James HS	5:51.00	5:43.19	3
5 Dolderman, Karlie	Centre Welli		5:51.27	2
6 Mater, Olivia	Guelph C V I-G		6:10.13	1
7 Tompkins, Justine	Centre Duffe		6:57.97	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Men 100 Meter Dash Midget**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 McDonald, Zack	Lourdes	12.13	12.06q	NWI	2
2 Lee, Adam	john f ross cvi	11.30	12.13q	NWI	8
3 Powell, Carter	Centennial C	12.00	12.25q	NWI	1
4 Tran, Joe	Guelph C V I-G		12.41q	NWI	1
5 Obisesan, Tolu	St. James HS	12.65	12.52q	NWI	7
6 Couling, Harry	Centre Welli		12.57q	NWI	8
7 Green, Braden	Guelph C V I-G		12.60q	NWI	5
8 Byers, Emmanuel	Centre Welli		12.62q	NWI	3
9 Bolger, Dawson	Centre Welli		12.71q	NWI	1
10 Gorgi, ryan	Lourdes	12.45	12.80q	NWI	6
11 Gatto, Peter	john f ross cvi	14.00	13.10q	NWI	1
12 Campagnolo, Stephano	St. James HS	14.08	13.31q	NWI	5
13 Karsiem, Zaid	john f ross cvi	13.50	13.51	NWI	3
14 Yoganathan, Ben	Lourdes		13.54	NWI	4
15 Thomas, John	Centre Duffe		13.59	NWI	8
15 Goodman, Connor	Bishop MacDo		13.59	NWI	6
17 Yan, Coltrane	Westside Sec		13.67	NWI	4
18 Burke, Winston	Westside Sec		13.73	NWI	1
19 Wildeboer, Josiah	CWEC		13.77	NWI	8
20 Le, Faifoo	Guelph C V I-G		13.82	NWI	3
21 Islam, Anupta	Centennial C		13.83	NWI	4
22 Townsend, Mikey	St. James HS	14.32	13.84	NWI	2
22 Osterman, Jossip	St. James HS		13.84	NWI	7
24 Hunt, Quinton	St. James HS		13.90	NWI	8
25 Brake, Nick	St. James HS	14.00	14.04	NWI	6
26 John, Collin	Centre Duffe		14.06	NWI	8
26 Speers, Eric	Westside Sec		14.06	NWI	4
28 Graham, Nick	Westside Sec		14.17	NWI	4
29 Mederios, Adam	Lourdes		14.43	NWI	5
30 Cote, Jeremy	Erin D H S - cwer	14.50	14.51	NWI	4

Men 100 Meter Dash Midget

Name	Year School	Prelims	Finals	Wind	H#	Points
Finals						
1 Lee, Adam	john f ross cvi	12.13	12.07	NWI	2	10
2 Smith, Logan	john f ross cvi		12.24	NWI	2	7
3 Powell, Carter	Centennial C	12.25	12.46	NWI	2	5
4 McDonald, Zack	Lourdes	12.06	12.59	NWI	2	3
5 Obisesan, Tolu	St. James HS	12.52	12.61	NWI	2	2
6 Tran, Joe	Guelph C V I-G	12.41	12.74	NWI	2	0.50
6 Green, Braden	Guelph C V I-G	12.60	12.74	NWI	1	0.50
8 Couling, Harry	Centre Welli	12.57	12.77	NWI	1	
9 Byers, Emmanuel	Centre Welli	12.62	12.82	NWI	1	
10 Gorgi, ryan	Lourdes	12.80	12.89	NWI	1	
11 Bolger, Dawson	Centre Welli	12.71	13.07	NWI	1	
12 Halliday, Ryan	Centre Welli		13.19	NWI	1	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Men 200 Meter Dash Midget**

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 McDonald, Zack	Lourdes		24.78q	NWI	2
2 Shackell, Jacob	Guelph C V I-G		25.26q	NWI	4
3 Tran, Joe	Guelph C V I-G		25.54q	NWI	1
4 Green, Braden	Guelph C V I-G		25.73q	NWI	5
5 Powell, Carter	Centennial C	25.00	25.80q	NWI	1
6 Byers, Emmanuel	Centre Welli		25.93q	NWI	3
7 Bolger, Dawson	Centre Welli		26.56q	NWI	1
8 Jamieson, Dylan	Centennial C		26.70q	NWI	3
9 White, Cameron	St. James HS		26.91q	NWI	2
10 Renzetti, Quinten	john f ross cvi	26.00	27.35q	NWI	1
11 Yan, Coltrane	Westside Sec		27.48q	NWI	4
12 Ciccica, Adam	Lourdes		28.09q	NWI	3
13 Huang, George	Guelph C V I-G		28.16	NWI	2
14 Yoganathan, Ben	Lourdes		28.17	NWI	4
15 Burke, Winston	Westside Sec		28.39	NWI	1
16 Wyminga, Bowen	Centre Welli		28.50	NWI	2
16 Townsend, Mikey	St. James HS		28.50	NWI	2
18 Couling, Will	Centre Welli		28.54	NWI	5
19 Gatto, Peter	john f ross cvi		28.66	NWI	1
20 Le, Faifoo	Guelph C V I-G		28.70	NWI	3
21 Davidson, Iain	Centennial C	28.50	29.16	NWI	5
22 Cote, Jeremy	Erin D H S - cwer	35.00	29.40	NWI	4
23 Graham, Nick	Westside Sec		29.46	NWI	5
24 Halis, Vincent	Centre Duffe		29.53	NWI	2
25 Karsiem, Zaid	john f ross cvi		29.61	NWI	3
26 Dao, Carlton	Guelph C V I-G		33.28	NWI	5

Men 200 Meter Dash Midget

Name	Year School	Prelims	Finals	Wind	H#	Points
Finals						
1 McDonald, Zack	Lourdes	24.78	25.18	NWI	2	10
2 Byers, Emmanuel	Centre Welli	25.93	25.38	NWI	2	7
3 Green, Braden	Guelph C V I-G	25.73	25.62	NWI	2	5
4 Powell, Carter	Centennial C	25.80	25.85	NWI	2	3
5 Tran, Joe	Guelph C V I-G	25.54	26.05	NWI	2	2
6 Shackell, Jacob	Guelph C V I-G	25.26	26.25	NWI	2	1
7 Bolger, Dawson	Centre Welli	26.56	26.32	NWI	1	
8 Jamieson, Dylan	Centennial C	26.70	26.71	NWI	1	
9 White, Cameron	St. James HS	26.91	26.87	NWI	1	
10 Yan, Coltrane	Westside Sec	27.48	27.49	NWI	1	
11 Renzetti, Quinten	john f ross cvi	27.35	27.98	NWI	1	
12 Ciccica, Adam	Lourdes	28.09	29.35	NWI	1	

Men 400 Meter Dash Midget

Name	Year School	Seed	Finals	H#	Points
1 Shackell, Jacob	Guelph C V I-G	56.50	56.12	5	10
2 Jenkins, Blair	Guelph C V I-G	59.50	57.54	5	7

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****....Men 400 Meter Dash Midget**

3	Jimenez, Elijah	john f ross cvi	55.00	57.56	5	5
4	White, Cameron	St. James HS	58.00	59.74	5	3
5	Gray, Andrew	Centennial C		1:00.89	1	2
6	Van Bracekel, Mitchell	Centennial C		1:01.15	2	1
7	Jamieson, Dylan	Centennial C		1:01.39	3	
8	Huang, George	Guelph C V I-G		1:01.90	2	
9	Kush, Jacob	Guelph C V I-G		1:02.12	2	
10	Davidson, Iain	Centennial C	1:00.00	1:02.58	1	
11	Held, Josh	Centre Welli		1:02.99	3	
12	Yoganathan, Ben	Lourdes	59.78	1:03.95	1	
13	Jonker, Albert	CWEC		1:04.18	4	
14	Hunt, Quinton	St. James HS		1:05.32	1	
15	Lloyd, Adam	Centre Duffe		1:05.65	4	
16	Halis, Vincent	Centre Duffe		1:06.09	4	
17	Dao, Carlton	Guelph C V I-G		1:06.67	1	

Men 800 Meter Run Midget

Name	Year School	Seed	Finals	Points	
1	Clarke, Braydon	Erin D H S - cwer	2:07.00	2:05.44	10
2	Hughes, Gavin	St. James HS	2:16.00	2:15.38	7
3	DiBucchianico, Daniel	St. James HS	2:25.00	2:19.24	5
4	Couling, Will	Centre Welli		2:20.37	3
5	Hannam, Cole	St. James HS	2:30.00	2:24.51	2
6	Jamieson, Dylan	Centennial C		2:25.15	1
7	White, Cameron	St. James HS	2:23.00	2:25.47	
8	Van Bracekel, Mitchell	Centennial C		2:25.92	
9	Gray, Andrew	Centennial C		2:26.94	
10	Wilson, Drew	Centre Welli		2:28.40	
11	Held, Josh	Centre Welli		2:28.85	
12	Jonker, Albert	CWEC		2:29.09	
13	Davidson, Iain	Centennial C		2:30.02	
14	Kush, Kyle	Guelph C V I-G		2:34.58	
15	Hunt, Quinton	St. James HS		2:35.40	
16	Dick, Joseph	Centennial C		2:35.72	
17	Dao, Carlton	Guelph C V I-G		2:36.12	
18	Huang, George	Guelph C V I-G		2:39.97	

Men 1500 Meter Run Midget

Name	Year School	Seed	Finals	Points	
1	Clarke, Braydon	Erin D H S - cwer	4:30.00	4:29.52	10
2	Hughes, Gavin	St. James HS	4:36.51	4:33.37	7
3	Hannam, Cole	St. James HS	5:00.00	4:43.86	5
4	VanZant, Ben	Westside Sec		4:45.24	3
5	DiBucchianico, Daniel	St. James HS	4:59.81	4:46.65	2
6	Work, Barrett	john f ross cvi		4:55.28	1
7	Couling, Will	Centre Welli		4:56.68	
8	Wilson, Drew	Centre Welli		4:57.06	
9	Simms, Marcus	Orangeville		5:03.71	
10	Preisenhammer, Nick	Centre Welli		5:04.55	
11	Wyninga, Bowen	Centre Welli		5:04.98	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****...Men 1500 Meter Run Midget**

12 Dick, Joseph	Centennial C	5:05.51
13 Kush, Kyle	Guelph C V I-G	5:20.15
14 VanVeen, Isaac	CWEC	5:44.63

Men 3000 Meter Run Midget

Name	Year School	Seed	Finals	Points
1 Maycock, Alexander	Orangeville		9:36.09	10
2 DiBucchianico, Daniel	St. James HS		10:33.86	7
3 Curry, Tristan	Westside Sec		10:53.35	5
4 Wilson, Drew	Centre Welli		11:14.41	3
5 Preisenhammer, Nick	Centre Welli		11:14.61	2

Men 100 Meter Hurdles Midget

Name	Year School	Seed	Prelims	Wind	H#
Preliminaries					
1 Gorgi, ryan	Lourdes		16.37Q	NWI	2
2 Schuabel, Harris	Centennial C	16.50	16.41Q	NWI	1
3 Lefebvre, Justin	Bishop MacDo		17.71Q	NWI	2
4 Couling, Harry	Centre Welli		18.08Q	NWI	1
5 Appleton, Shaun	Centre Duffe		19.78q	NWI	1
6 Andrews, Noah	Centennial C		19.82q	NWI	2
7 Rose, Ryan	Westside Sec		19.84	NWI	1
8 Balakumaran, Santosh	Centre Duffe		19.93	NWI	2
9 Jonker, Albert	CWEC		20.18	NWI	1

Men 100 Meter Hurdles Midget

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Schuabel, Harris	Centennial C	16.41	15.82	NWI	10
2 Gorgi, ryan	Lourdes	16.37	16.14	NWI	7
3 Lefebvre, Justin	Bishop MacDo	17.71	17.28	NWI	5
4 Couling, Harry	Centre Welli	18.08	18.11	NWI	3
5 Appleton, Shaun	Centre Duffe	19.78	19.35	NWI	2
6 Andrews, Noah	Centennial C	19.82	19.95	NWI	1

Men 300 Meter Hurdles Midget

Name	Year School	Seed	Finals	H#	Points
1 Schuabel, Harris	Centennial C	48.00	46.61	2	10
2 Shackell, Jacob	Guelph C V I-G	45.00	47.24	2	7
3 Jimenez, Elijah	john f ross cvi		47.48	1	5
4 Lefebvre, Justin	Bishop MacDo		48.15	1	3
5 Andrews, Noah	Centennial C		52.81	1	2
6 Held, Josh	Centre Welli		53.03	1	1
7 Zhu, Yuhan	Centennial C	52.00	55.12	2	

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****Men 4x100 Meter Relay Midget**

School	Seed	Finals	H#	Points
1 john f ross cvi 'A'	50.00	49.04	3	10
2 Guelph C & V I - cwgu 'C'		49.42	3	7
1) Huang, George				
3) Nguyen, Tony				
2) Kush, Kyle				
4) Dao, Carlton				
3 St. James H S - cwsj 'A'	50.00	50.47	3	5
1) Aramini, Marco				
3) Obisesan, Tolu				
2) Campagnolo, Stephano				
4) White, Cameron				
4 Centennial C V I - cwce 'B'		50.49	2	3
5 Centre Wellington D H S - cwcw 'A'		51.38	1	2
6 Our Lady of Lourdes H S - cwol 'A'	49.21	52.37	3	1
1) Ciccica, Adam				
3) McDonald, zack				
2) Gorgi, ryan				
4) Yoganathan, Ben				
7 St. James H S - cwsj 'B'		52.68	3	
1) Townsend, Mikey				
3) Brake, Nick				
2) Osterman, Jossip				
4) Hunt, Quinton				
8 Guelph C & V I - cwgu 'B'		53.05	1	
1) Ferigo, Brandon				
3) Kush, Jacob				
2) Robinson, Tavius				
4) Le, Faifoo				
9 Bishop MacDonnell - cwbm 'A'		53.36	1	
10 john f ross cvi 'B'		53.67	2	
11 Centre Dufferin D H S - cwcd 'A'		55.85	2	
1) Balakumaran, Santosh				
3) Lloyd, Adam				
2) John, Collin				
4) Thomas, John				

Men High Jump Midget

Name	Year School	Seed	Finals	Points
1 Lee, Adam	john f ross cvi	1.70m	1.50m	10
2 Ramshaw, Liam	john f ross cvi		1.45m	6
2 Gray, Andrew	Centennial C		1.45m	6
4 Appleton, Shaun	Centre Duffe		1.40m	3
5 Rose, Ryan	Westside Sec		1.35m	1
5 Karsiem, Zaid	john f ross cvi		1.35m	1
5 Osterman, Jossip	St. James HS		1.35m	1
8 Islam, Anupta	Centennial C		1.30m	

Men Long Jump Midget

Name	Year School	Seed	Finals	Wind	Points
1 Lee, Adam	john f ross cvi	6.05m	6.35m	NWI	10
2 Mrowca, Nick	Bishop MacDo		5.77m	NWI	7
3 Jenkins, Blair	Guelph C V I-G		5.52m	NWI	5
4 Smith, Logan	john f ross cvi		5.36m	NWI	2.50
4 Obisesan, Tolu	St. James HS	5.03m	5.36m	NWI	2.50
6 Tran, Joe	Guelph C V I-G		5.29m	NWI	1
7 Work, Barrett	john f ross cvi		5.13m	NWI	
8 Kush, Jacob	Guelph C V I-G		4.98m	NWI	
9 Deschamps, Jacob	john f ross cvi		4.84m	NWI	
9 Schuabel, Harris	Centennial C		4.84m	NWI	
11 Campagnolo, Stephano	St. James HS		4.71m	NWI	

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****...Men Long Jump Midget**

12 Townsend, Mikey	St. James HS	4.61m	NWI
13 Nguyen, Tony	Guelph C V I-G	4.58m	NWI
13 Robinson, Tavius	Guelph C V I-G	4.58m	NWI
15 Aramini, Marco	St. James HS	4.46m	NWI
16 Zhu, Yuhan	Centennial C	4.41m	NWI
16 Speers, Eric	Westside Sec	4.41m	NWI
18 Halliday, Ryan	Centre Welli	4.39m	NWI
19 Mederios, Adam	Lourdes	4.37m	NWI
20 Ramshaw, Liam	john f ross cvi	4.25m	NWI
21 Ciccica, Adam	Lourdes	4.24m	NWI
22 Carter, Colt	Orangeville	4.20m	NWI
23 Ramirez, Juan	Bishop MacDo	4.19m	NWI
24 Kati, Julian	Bishop MacDo	4.04m	NWI
25 Bahati, Joel	Guelph C V I-G	3.97m	NWI
26 Ondercin, Thomas	Bishop MacDo	3.90m	NWI

Men Triple Jump Midget

Name	Year School	Seed	Finals	Wind	Points
1 Work, Barrett	john f ross cvi		11.37m	NWI	10
2 Obisesan, Tolu	St. James HS	10.48m	10.92m	NWI	7
3 Mrowca, Nick	Bishop MacDo		10.86m	NWI	5
4 Ramshaw, Liam	john f ross cvi		10.29m	NWI	3
5 Mederios, Adam	Lourdes		9.53m	NWI	2
6 Kush, Jacob	Guelph C V I-G		9.52m	NWI	1
7 Smith, Logan	john f ross cvi		9.25m	NWI	
8 Thomas, John	Centre Duffe		9.21m	NWI	
9 Wildeboer, Josiah	CWEC		9.14m	NWI	
10 Zhu, Yuhan	Centennial C		8.67m	NWI	
11 Carter, Colt	Orangeville		8.36m	NWI	
12 Balakumaran, Santosh	Centre Duffe		8.31m	NWI	

Men Shot Put Midget

Name	Year School	Seed	Finals	Points
1 Ferigo, Brandon	Guelph C V I-G		12.72m	10
2 Robinson, Tavius	Guelph C V I-G		11.69m	7
3 Willoughby, Sam	Centre Duffe		11.61m	5
4 Van Bracekel, Mitchell	Centennial C		10.90m	3
5 Lott, Benton	Centre Welli		10.83m	2
6 Bolger, Dawson	Centre Welli		10.72m	1
7 Hare, Justin	Lourdes		10.12m	
8 VanOmmen, Curtis	CWEC		9.61m	

Men Discus Throw Midget

Name	Year School	Seed	Finals	Points
1 Brake, Nick	St. James HS		27.96m	10
2 Hare, Justin	Lourdes		24.90m	7
3 Willoughby, Sam	Centre Duffe		24.79m	5
4 Kilner, Braden	Erin D H S - cwer		22.87m	3

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****....Men Discus Throw Midget**

5	Zamprogna, Noah	St. James HS	22.80m	2
6	Robinson, Tavius	Guelph C V I-G	21.73m	1
7	Ferigo, Brandon	Guelph C V I-G	20.56m	
8	Lott, Benton	Centre Welli	19.47m	

Men Javelin Throw Midget

Name	Year	School	Seed	Finals	Points
1	VanZant, Ben	Westside Sec		35.19m	10
2	Couling, Harry	Centre Welli		33.07m	7
3	Ferigo, Brandon	Guelph C V I-G		31.98m	5
4	Kush, Kyle	Guelph C V I-G		29.21m	3
5	Kilner, Braden	Erin D H S - cwer		28.23m	2
6	Byers, Emmanuel	Centre Welli		27.86m	1
7	Zabielski, Erik	St. James HS		27.52m	
8	Brake, Nick	St. James HS		24.98m	
9	Hare, Justin	Lourdes		19.87m	
10	Proctor, Devon	St. James HS		19.02m	
11	VanOmmen, Curtis	CWEC		18.52m	
12	Lott, Benton	Centre Welli		17.36m	
13	Tripp, Bailey	Centre Duffe		14.44m	

Men 100 Meter Dash Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Bunko, Patrick	St. James HS	11.84	11.81q	NWI	5
2	Trimble, Ben	Centennial C	11.60	12.05q	NWI	6
3	Jones, Matthew	Centre Duffe		12.26q	NWI	4
4	McKellar, Nicholas	Centre Welli		12.28q	NWI	5
5	Kayeye, eli	Lourdes		12.49q	NWI	3
6	Birkett, Charlie	Centennial C	12.00	12.65q	NWI	1
7	Muruvi, Nano	Centennial C	12.20	12.69q	NWI	4
8	Gristey, Pius	john f ross cvi		12.78q	NWI	1
9	Downey, Cam	Erin D H S - cwer	12.00	12.79q	NWI	3
10	Laugier, Jared	Centre Welli		12.84q	NWI	3
11	McPherson, Joel	St. James HS		13.01q	NWI	2
12	Emmons, Matthew	Guelph C V I-G		13.17q	NWI	6
13	Shaw, Adam	College Heig		13.24	NWI	6
14	McNey, Matthew	St. James HS		13.28	NWI	1
15	Small, Maxx	Westside Sec		13.29	NWI	4
16	Stevens, David	john f ross cvi		13.32	NWI	3
17	Castillejos, Mark	St. James HS		13.35	NWI	5
18	Card, Dakota	Centre Duffe		13.36	NWI	2
19	Martirena, Adrian	St. James HS		13.86	NWI	5
20	Kasza, Brett	Guelph C V I-G		13.90	NWI	1
21	Mulder, Carter	CWEC		14.53	NWI	1
22	McKitrick, Graham	Bishop MacDo		15.12	NWI	6
23	Tonon, Nicholas	Centre Duffe		15.51	NWI	2

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Men 100 Meter Dash Junior**

Name	Year School	Prelims	Finals	Wind H#	Points
Finals					
1 Trimble, Ben	Centennial C	12.05	12.04	NWI 2	10
2 Bunko, Patrick	St. James HS	11.81	12.12	NWI 2	7
3 Jones, Matthew	Centre Duffe	12.26	12.19	NWI 2	5
4 Kayeye, eli	Lourdes	12.49	12.44	NWI 2	3
5 Muruvi, Nano	Centennial C	12.69	12.57	NWI 1	2
6 Downey, Cam	Erin D H S - cwer	12.79	12.61	NWI 1	1
7 McKellar, Nicholas	Centre Welli	12.28	12.67	NWI 2	
8 Birkett, Charlie	Centennial C	12.65	12.87	NWI 2	
9 Gristey, Pius	john f ross cvi	12.78	12.96	NWI 1	
10 Laugier, Jared	Centre Welli	12.84	13.16	NWI 1	
11 McPherson, Joel	St. James HS	13.01	13.28	NWI 1	

Men 200 Meter Dash Junior

Name	Year School	Seed	Prelims	Wind H#
Preliminaries				
1 Trimble, Ben	Centennial C	24.00	25.30q	NWI 1
2 Jones, Matthew	Centre Duffe		25.36q	NWI 3
3 Muruvi, Nano	Centennial C	25.00	25.82q	NWI 3
4 Xu, Andrew	Centennial C	25.00	26.22q	NWI 3
5 McHattie, Duncan	john f ross cvi	26.00	26.26q	NWI 4
6 Laugier, Jared	Centre Welli		26.45q	NWI 2
7 Vrins, Nick	Centre Welli		26.47q	NWI 4
8 Kayeye, eli	Lourdes		26.67q	NWI 3
9 Emmons, Matthew	Guelph C V I-G		27.05q	NWI 2
10 Card, Dakota	Centre Duffe		27.36q	NWI 4
11 Castillejos, Mark	St. James HS		27.41q	NWI 1
12 Renzetti, Julian	john f ross cvi	25.00	27.55q	NWI 4
13 Martirena, Adrian	St. James HS		28.64	NWI 1

Men 200 Meter Dash Junior

Name	Year School	Prelims	Finals	Wind H#	Points
Finals					
1 Jones, Matthew	Centre Duffe	25.36	24.42	NWI 2	10
2 Trimble, Ben	Centennial C	25.30	24.75	NWI 2	7
3 Muruvi, Nano	Centennial C	25.82	25.12	NWI 2	5
4 McHattie, Duncan	john f ross cvi	26.26	25.72	NWI 2	3
5 Kayeye, eli	Lourdes	26.67	25.90	NWI 1	2
6 Laugier, Jared	Centre Welli	26.45	26.13	NWI 2	1
7 Vrins, Nick	Centre Welli	26.47	26.34	NWI 1	
8 Xu, Andrew	Centennial C	26.22	26.40	NWI 2	
9 Renzetti, Julian	john f ross cvi	27.55	26.56	NWI 1	
10 Card, Dakota	Centre Duffe	27.36	27.18	NWI 1	
11 Emmons, Matthew	Guelph C V I-G	27.05	27.65	NWI 1	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Men 400 Meter Dash Junior**

Name	Year School	Seed	Finals	H#	Points
1 Wilson, Liam	Orangeville	52.00	52.28	4	10
2 Wright, Jackson	Lourdes	54.78	56.00	4	7
3 Hannam, Luke	St. James HS	56.00	56.08	4	5
4 Van Ommen, David	Guelph C V I-G	56.00	56.17	4	3
5 Lane-Sturkenboom, Adam	Erin D H S - cwer	56.00	56.95	4	2
6 Vander Stam, Ben	john f ross cvi	55.00	57.07	4	1
7 Vrins, Nick	Centre Welli		57.21	2	
8 Xu, Andrew	Centennial C	57.50	57.95	3	
9 Lyver, Brendan	Centre Duffe		1:00.24	3	
10 Menken, Cameron	CWEC		1:00.47	3	
11 Emmons, Matthew	Guelph C V I-G		1:02.05	2	
12 Clark, Jacob	Centre Welli		1:03.19	2	
13 McHattie, Duncan	john f ross cvi	58.00	1:05.01	3	
14 Eygenraam, Gregory	CWEC		1:07.30	3	
15 Cameron, Joshua	Centre Duffe		1:07.53	2	

Men 800 Meter Run Junior

Name	Year School	Seed	Finals	Points
1 Coccia, Micheal	Guelph C V I-G	2:05.00	2:05.95	10
2 Wilson, Liam	Orangeville		2:07.31	7
3 McGrogan, Cuinn	Centennial C		2:09.30	5
4 Vander Stam, Ben	john f ross cvi	2:10.00	2:09.63	3
5 Hannam, Luke	St. James HS	2:15.00	2:09.92	2
6 Van Ommen, David	Guelph C V I-G	2:16.00	2:12.24	1
7 DeFinis, Lorenzo	Centre Welli		2:17.26	
8 Napier, Daniel	Erin D H S - cwer	2:20.00	2:21.31	
9 McHattie, Duncan	john f ross cvi		2:25.20	
10 Xie, Nick	Centennial C		2:26.76	
11 Ciccia, Joshua	Lourdes	2:17.12	2:31.66	
12 Endeman, Cody	CWEC		2:35.36	
13 Clark, Jacob	Centre Welli		2:40.51	
14 Westrik, Ryan	CWEC		2:53.49	
15 VanOmmen, Darren	CWEC		2:56.49	

Men 1500 Meter Run Junior

Name	Year School	Seed	Finals	Points
1 Coccia, Micheal	Guelph C V I-G	4:12.00	4:35.96	10
2 DeFinis, Lorenzo	Centre Welli		4:40.23	7
3 McGrogan, Cuinn	Centennial C		4:41.32	5
4 Vrins, Nick	Centre Welli		4:43.51	3
5 Napier, Daniel	Erin D H S - cwer	4:45.00	4:45.65	2
6 Scott, Nate	Centre Welli		4:46.78	1
7 Menken, Cameron	CWEC		4:49.63	
8 Xie, Nick	Centennial C		4:58.19	
9 Ciccia, Joshua	Lourdes		5:09.58	
10 Endeman, Cody	CWEC		5:10.07	
11 Furtado, Tarren	Centre Duffe		5:18.36	
12 Costello, Stuart	Lourdes		5:20.28	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****....Men 1500 Meter Run Junior**

13 Clark, Jacob	Centre Welli	5:21.70
14 Sonoski, Patrick	Westside Sec	5:21.97
15 Figluizzi, Quinton	Lourdes	5:36.59
16 Westrik, Ryan	CWEC	5:38.30

Men 3000 Meter Run Junior

Name	Year School	Seed	Finals	Points
1 Coccia, Micheal	Guelph C V I-G	9:15.00	10:17.61	10
2 LeGrand, Spencer	St. James HS		10:21.98	7
3 Wismer, Isaac	Centennial C		10:37.08	5
4 Scott, Nate	Centre Welli		11:00.46	3

Men 100 Meter Hurdles Junior

Name	Year School	Seed	Finals	Wind	Points
1 Lane-Sturkenboom, Adam	Erin D H S - cwer	17.00	16.60	NWI	10
2 Kasza, Brett	Guelph C V I-G		18.38	NWI	7
3 McKittrick, Graham	Bishop MacDo		21.09	NWI	5
4 Thibodeau, Lee	john f ross cvi		21.79	NWI	3

Men 300 Meter Hurdles Junior

Name	Year School	Seed	Finals	Points
1 Wright, Jackson	Lourdes	43.21	45.05	10
2 Hannam, Luke	St. James HS	47.88	45.52	7
3 Van Ommen, David	Guelph C V I-G	45.00	46.58	5
4 Bolger, Dawson	Centre Welli		46.97	3
5 Kasza, Brett	Guelph C V I-G		49.12	2
6 McKittrick, Graham	Bishop MacDo		55.40	1

Men 4x100 Meter Relay Junior

School	Seed	Finals	H#	Points
1 Centennial C V I - cwce 'A'	47.50	48.27	1	10
2 Our Lady of Lourdes H S - cwol 'A'	47.59	48.78	1	7
1) Kayeye, eli				
3) Petri, Ashton				
4) Wright, Jackson				
3 Erin D H S - cwer 'A'	50.00	49.24	1	5
1) Napier, Daniel				
2) Miller, Kyle				
3) Downey, Cam				
4) Lane-Sturkenboom, Adam				
4 St. James H S - cwsj 'B'		49.40	3	3
1) Castillejos, Mark				
2) Martirena, Adrian				
3) Rombeiro, Nick				
4) Proctor, Devon				
5 Centre Wellington D H S - cwcw 'A'		50.56	2	2
6 Guelph C & V I - cwgu 'A'		52.85	3	1
1) Van Ommen, David				
2) Vorvis, Peter				
3) Kasza, Brett				
4) Emmons, Matthew				
7 St. James H S - cwsj 'A'	48.00	54.01	1	
1) Bunko, Patrick				
2) Hannam, Luke				

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****....Men 4x100 Meter Relay Junior**

3) McNey, Matthew 4) McPherson, Joel
 8 Emmanuel Christian High School 'A' 54.37 3

Men High Jump Junior

Name	Year School	Seed	Finals	Points
1 Eygenraam, Gregory	CWEC		1.61m	10
2 Stalker, Jack	Centennial C		1.50m	5
2 Jones, Matthew	Centre Duffe		1.50m	5
2 Renzetti, Julian	john f ross cvi		1.50m	5
5 Balakumaran, Manojh	Centre Duffe		1.45m	2
6 Nichol, Noah	Orangeville		J1.45m	1

Men Long Jump Junior

Name	Year School	Seed	Finals	Wind	Points
1 Bunko, Patrick	St. James HS	5.66m	5.90m	NWI	10
2 McKellar, Nicholas	Centre Welli		5.63m	NWI	7
3 Wright, Jackson	Lourdes		5.60m	NWI	5
4 Petri, Ashton	Lourdes		5.49m	NWI	3
5 Pacey, Chris	Bishop MacDo		5.45m	NWI	2
6 Miller, Kyle	Erin D H S - cwer		5.14m	NWI	1
7 Kayeye, eli	Lourdes		5.07m	NWI	
8 Emoff, Mason	Westside Sec		4.61m	NWI	
9 Jacobi, Tristan	Bishop MacDo		4.60m	NWI	
10 Mulder, Carter	CWEC		4.31m	NWI	
11 Eygenraam, Gregory	CWEC		4.28m	NWI	
12 Stalker, Jack	Centennial C		4.27m	NWI	
13 VanLeeuwen, Jonah	CWEC		4.22m	NWI	
14 Westrik, Ryan	CWEC		4.03m	NWI	
15 Thibodeau, Lee	john f ross cvi		3.40m	NWI	

Men Triple Jump Junior

Name	Year School	Seed	Finals	Wind	Points
1 McKellar, Nicholas	Centre Welli		12.54m	NWI	10
2 Miller, Kyle	Erin D H S - cwer		11.41m	NWI	7
3 Petri, Ashton	Lourdes		11.30m	NWI	5
4 Pacey, Chris	Bishop MacDo		11.21m	NWI	3
5 VanLeeuwen, Jonah	CWEC		9.00m	NWI	2

Men Shot Put Junior

Name	Year School	Seed	Finals	Points
1 Potton, Mike	Erin D H S - cwer		14.09m	10
2 Miller, Josh	Orangeville		13.11m	7
3 Sales, Silas	Centre Duffe		12.99m	5
4 Verta, Tony	Westside Sec		10.94m	3
5 Gauthier, Justin	Westside Sec		10.75m	2
6 Westrik, Colin	CWEC		10.58m	1

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****....Men Shot Put Junior**

7	Anderson, Tyler	Westside Sec	10.51m
8	Cotic, Mitch	john f ross cvi	9.67m
9	Nijenhuis, Cole	CWEC	9.28m
10	VanOmmen, Darren	CWEC	8.93m
11	Bos, Adam	CWEC	7.29m

Men Discus Throw Junior

Name	Year School	Seed	Finals	Points
1	Potton, Mike	Erin D H S - cwer	41.15m	10
2	Miller, Josh	Orangeville	37.08m	7
3	Westrik, Colin	CWEC	36.32m	5
4	Nichol, Noah	Orangeville	35.07m	3
5	Cotic, Mitch	john f ross cvi	32.60m	2
6	Sales, Silas	Centre Duffe	32.45m	1
7	Coote, Daniel	Erin D H S - cwer	30.33m	
8	Nijenhuis, Cole	CWEC	28.24m	
9	Downey, Cam	Erin D H S - cwer	26.60m	
10	Verta, Tony	Westside Sec	21.62m	
11	Shaw, Adam	College Heig	21.39m	
12	Jacobi, Tristan	Bishop MacDo	21.27m	
13	Cripps, Bradley	Erin D H S - cwer	20.43m	
14	Clodd, Grantham	Orangeville	17.96m	
15	Anderson, Tyler	Westside Sec	16.89m	
16	Bos, Adam	CWEC	14.82m	

Men Javelin Throw Junior

Name	Year School	Seed	Finals	Points
1	McPherson, Joel	St. James HS	36.49m	10
2	Potton, Mike	Erin D H S - cwer	36.45m	7
3	Miller, Josh	Orangeville	35.94m	5
4	LeGrand, Spencer	St. James HS	35.85m	3
5	Coote, Daniel	Erin D H S - cwer	35.84m	2
6	Cotic, Mitch	john f ross cvi	34.75m	1
7	Jacobi, Tristan	Bishop MacDo	34.56m	
8	Martirena, Adrian	St. James HS	33.74m	
9	Anderson, Tyler	Westside Sec	28.85m	
10	Nichol, Noah	Orangeville	28.74m	
11	Kent, Max	Orangeville	28.21m	
12	Pacey, Chris	Bishop MacDo	27.46m	
13	VanOmmen, Darren	CWEC	25.60m	
14	Mulder, Carter	CWEC	25.42m	
15	Verta, Tony	Westside Sec	24.48m	
16	Westrik, Colin	CWEC	23.98m	
17	Kary, Parker	Orangeville	23.58m	
18	Cripps, Bradley	Erin D H S - cwer	21.94m	
18	Shaw, Adam	College Heig	21.94m	
20	VanLeeuwen, Jonah	CWEC	20.60m	
21	Figluizzi, Quinton	Lourdes	17.13m	
22	Bos, Adam	CWEC	16.93m	
23	Ribble, Jacob	St. James HS	15.67m	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****....Men Javelin Throw Junior**

24 Clodd, Grantham Orangeville 13.83m

Men 100 Meter Dash Senior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Cross, Ben		Centennial C	11.80	11.97q	NWI	5
2 Kayeye, Armel		St. James HS	11.99	11.99q	NWI	4
2 Valeriote, Craig		Lourdes	12.13	11.99q	NWI	6
4 Heath, Joey		Lourdes		12.16q	NWI	5
5 Fife, Mitchell		Orangeville	11.80	12.24q	NWI	3
6 Amaa, Noel		Lourdes		12.46q	NWI	4
7 Dong, Marty		Guelph C V I-G		12.54q	NWI	4
8 Perry, Nick		Centennial C		12.55q	NWI	5
9 Constantinos, Michael		St. James HS		12.63q	NWI	1
10 Jakel, Max		Bishop MacDo		12.74q	NWI	4
11 Mell, Zack		St. James HS		12.95q	NWI	6
12 Luangrath, Chris		Guelph C V I-G		12.96q	NWI	2
13 Villegas, Renzel		Lourdes		13.09	NWI	6
14 Sevigny, Walker		Guelph C V I-G		13.22	NWI	5
15 Houser, Quentin		Wellington Heights		13.36	NWI	5
16 Hogenhout, Steven		Orangeville	12.80	13.43	NWI	2
16 Bhattocharyya, Anit		Centennial C		13.43	NWI	2
18 Wanders, Joe		CWEC		13.51	NWI	3
19 Edwards, Cameron		Centre Duffe		13.54	NWI	5
20 Tanguay, Austin		Bishop MacDo		15.31	NWI	3
21 Solecki, Stephen		Erin D H S - cwer		15.32	NWI	4

Men 100 Meter Dash Senior

Name	Year	School	Prelims	Finals	Wind	H#	Points
Finals							
1 Cross, Ben		Centennial C	11.97	11.57	NWI	2	10
2 Valeriote, Craig		Lourdes	11.99	11.86	NWI	2	7
3 Constantinos, Michael		St. James HS	12.63	11.91	NWI	1	5
4 Kayeye, Armel		St. James HS	11.99	12.10	NWI	2	3
5 Dong, Marty		Guelph C V I-G	12.54	12.18	NWI	1	2
6 Heath, Joey		Lourdes	12.16	12.33	NWI	2	1
7 Perry, Nick		Centennial C	12.55	12.43	NWI	1	
8 Fife, Mitchell		Orangeville	12.24	12.54	NWI	2	
9 Jakel, Max		Bishop MacDo	12.74	12.70	NWI	1	
10 Amaa, Noel		Lourdes	12.46	12.77	NWI	2	
11 Mell, Zack		St. James HS	12.95	13.07	NWI	1	
12 Luangrath, Chris		Guelph C V I-G	12.96	14.90	NWI	1	

Men 200 Meter Dash Senior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Valeriote, Craig		Lourdes		23.86q	NWI	4
2 Fife, Mitchell		Orangeville	25.00	24.33q	NWI	4

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****....Men 200 Meter Dash Senior**

3	Kayeye, Armel	St. James HS		24.72q	NWI	2
4	Heath, Joey	Lourdes		24.81q	NWI	4
5	Neil, Drew	Centennial C	24.50	25.38q	NWI	2
6	Held, Alex	Centre Welli		25.68q	NWI	1
7	Kai Kai, Matthew	Guelph C V I-G		26.16q	NWI	3
8	Mell, Zack	St. James HS		26.45q	NWI	1
9	Villegas, Renzel	Lourdes		27.79q	NWI	3
10	Perry, Nick	Centennial C		28.18q	NWI	1
11	Luangrath, Chris	Guelph C V I-G		28.80q	NWI	4
12	Ellis, Andrew	john f ross cvi		29.24q	NWI	2
13	Constantinos, Michael	St. James HS		29.94	NWI	4
14	Solecki, Stephen	Erin D H S - cwer		32.03	NWI	1
15	Tanguay, Austin	Bishop MacDo		34.53	NWI	3

Men 200 Meter Dash Senior

Name	Year School	Prelims	Finals	Wind	H#	Points
Finals						
1	Fife, Mitchell	Orangeville	24.33	23.96	NWI	2 10
2	Valeriotte, Craig	Lourdes	23.86	24.21	NWI	2 7
3	Heath, Joey	Lourdes	24.81	24.53	NWI	2 5
4	Neil, Drew	Centennial C	25.38	25.14	NWI	2 3
5	Kayeye, Armel	St. James HS	24.72	25.81	NWI	2 2
6	Held, Alex	Centre Welli	25.68	26.20	NWI	2 1

Men 400 Meter Dash Senior

Name	Year School	Seed	Finals	H#	Points
1	Moruraitis, Andrew	Lourdes	54.11	52.98	3 10
2	Mullins, Nolan	Centennial C	56.00	54.16	3 7
3	Milne, Leighton	Centennial C	58.00	55.24	2 5
4	Held, Alex	Centre Welli		56.52	2 3
5	Neil, Drew	Centennial C	57.00	56.63	2 2
6	Barnes, Geoffrey	john f ross cvi	57.00	57.25	2 1
7	Wanders, Joe	CWEC		57.76	1
8	Fife, Mitchell	Orangeville	55.55	59.06	3
9	Tanguay, Austin	Bishop MacDo		1:15.06	1

Men 800 Meter Run Senior

Name	Year School	Seed	Finals	Points
1	Patton, Mark	Centre Welli	2:01.54	10
2	Napier, Matt	Erin D H S - cwer	2:00.00	7
3	Groothuizen, Rawle	Lourdes	2:00.00	5
4	Sullivan, Patrick	Orangeville		2:10.55 3
5	Gillan, Scott	Lourdes	2:10.12	2:10.96 2
6	Cimino, Matt	Centennial C		2:13.79 1
7	Milne, Leighton	Centennial C		2:17.23
8	Held, Alex	Centre Welli		2:18.41
9	Barnes, Geoffrey	john f ross cvi	2:20.00	2:20.65
10	Clayton, Adam	Guelph C V I-G	2:05.00	2:21.84

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****....Men 800 Meter Run Senior**

11	Scott, James	Centre Welli		2:22.65
12	Purvis, Mathias	Guelph C V I-G		2:25.70
13	Dolderman, Ryan	Guelph C V I-G		2:35.35
14	Coffey, Dennis	St. James HS		2:41.87
15	Woods, Eric	john f ross cvi		2:48.60

Men 1500 Meter Run Senior

Name	Year School	Seed	Finals	Points
1	Patton, Mark		4:15.69	10
2	Napier, Matt	Erin D H S - cwer	4:16.78	7
3	Groothuizen, Rawle	Lourdes	4:19.88	5
4	Clayton, Adam	Guelph C V I-G	4:21.34	3
5	Quosai, Willem	Centennial C	4:26.45	2
6	Gillan, Scott	Lourdes	4:24.56	1
7	Purvis, Mathias	Guelph C V I-G	4:41.75	
8	McCleary, Connor	Orangeville	4:48.25	
9	Denoon, Jon	john f ross cvi	4:52.53	
10	Dolderman, Ryan	Guelph C V I-G	4:54.03	
11	Scott, James	Centre Welli	4:54.30	
12	Hooper, David	Westside Sec	5:00.20	
13	Figluizzi, Rhett	Lourdes	5:05.00	
14	Cartmell, Josh	Orangeville	5:06.37	
15	Willoughby, Sam	Centre Duffe	5:07.84	
16	Coffey, Dennis	St. James HS	5:11.50	
17	Daniels, Aiden	Westside Sec	5:30.46	

Men 3000 Meter Run Senior

Name	Year School	Seed	Finals	Points	
1	Groothuizen, Rawle	Lourdes	8:45.12	9:50.39	10
2	Wells, Simon	Centennial C		9:51.14	7
3	Quosai, Willem	Centennial C		9:56.00	5
4	Clayton, Adam	Guelph C V I-G	9:20.00	10:01.50	3
5	Weldeab, Nehemiah	Orangeville		10:11.46	2
6	Purvis, Mathias	Guelph C V I-G		10:23.30	1
7	Horn, Brad	Westside Sec		10:35.50	
8	Burgess, Anthony	Orangeville		10:38.15	
9	Denoon, Jon	john f ross cvi		10:39.79	
10	McCleary, Connor	Orangeville		10:48.41	
11	Cartmell, Josh	Orangeville		11:03.69	
12	Coffey, Dennis	St. James HS		11:23.24	
13	Figluizzi, Rhett	Lourdes		11:40.31	

Men 110 Meter Hurdles Senior

Name	Year School	Seed	Prelims	Wind
Preliminaries				
1	Moruraitis, Andrew	Lourdes	15.47	16.63Q NWI
2	Luangrath, Chris	Guelph C V I-G		18.82Q NWI
3	Dong, Marty	Guelph C V I-G		19.01q NWI

Districts4 & 10 - 14/05/14 to 15/05/14

Track and Field

St James HS GuelphOntario

Results

....Men 110 Meter Hurdles Senior

4 Tran, Tomson john f ross cvi 17.00 19.86q NWI

Men 110 Meter Hurdles Senior

Name	Year School	Prelims	Finals	Wind	Points
Finals					
1 Moruraitis, Andrew	Lourdes	16.63	16.63	NWI	10
2 Luangrath, Chris	Guelph C V I-G	18.82	18.82	NWI	7
3 Dong, Marty	Guelph C V I-G	19.01	19.01	NWI	5
4 Tran, Tomson	john f ross cvi	19.86	19.86	NWI	3

Men 400 Meter Hurdles Senior

Name	Year School	Seed	Finals	Points
1 Moruraitis, Andrew	Lourdes	58.79	1:02.47	10
2 Byne, Nathan	Wellington Heights		1:07.38	7
3 Tran, Tomson	john f ross cvi	1:03.00	1:07.96	5
4 Little, Jamie	Centre Duffe		1:09.48	3

Men 4x100 Meter Relay Senior

School	Seed	Finals	H#	Points
1 Our Lady of Lourdes H S - cwol 'C'	47.89	47.52	3	10
1) Cogilea, Dan				
2) Martinez, Karl				
3) Gade, Stephen				
4) Groothuizen, Rawle				
2 Centennial C V I - cwce 'A'	47.00	47.86	3	7
3 St. James H S - cwsj 'A'		49.99	2	5
1) Constantinos, Michael				
2) Kayeye, Armel				
3) Keating, Jason				
4) Mell, Zack				
4 Guelph C & V I - cwgu 'C'		50.79	2	3
1) Dolderman, Ryan				
2) Clayton, Adam				
3) Purvis, Mathias				
4) Dick, Kyle				
5 john f ross cvi 'A'	53.00	51.31	2	2

Men 4x400 Meter Relay Senior

School	Seed	Finals	H#	Points
1 Our Lady of Lourdes H S - cwol 'A'	3:42.98	3:44.45	2	10
1) Moruraitis, Andrew				
2) Wright, Jackson				
3) Groothuizen, Rawle				
4) Jama, Gabriel				
2 Orangeville D S S - cwor 'A'	3:45.00	3:45.57	1	7
3 Guelph C & V I - cwgu 'A'	3:48.00	3:45.69	2	5
1) Clayton, Adam				
2) Coccia, Micheal				
3) Van Ommen, David				
4) Shackell, Jacob				
4 Centennial C V I - cwce 'A'	3:55.00	3:46.74	2	3
5 St. James H S - cwsj 'A'	4:08.00	3:58.25	1	2
1) Hannam, Cole				
2) LeGrand, Spencer				
3) Kayeye, Armel				
4) Pozzobon, Nick				
6 john f ross cvi 'A'		3:59.07	2	1
7 Centre Wellington D H S - cwcw 'A'		4:04.30	2	

Districts4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS GuelphOntario****Results****....Men 4x400 Meter Relay Senior**

8 Guelph C & V I - cwgu 'B'	3:55.00	4:18.14	1
1) Riley, Mac	2) Purvis, Mathias		
3) Beatty, Jordan	4) Pham, Terry		
9 St. James H S - cwsj 'B'	3:50.00	4:23.80	2
1) Hannam, Luke	2) Bunko, Patrick		
3) Hughes, Gavin	4) White, Cameron		

Men High Jump Senior

Name	Year School	Seed	Finals	Points
1 Valeriote, Craig	Lourdes		1.70m	8.50
1 Pham, Terry	Guelph C V I-G		1.70m	8.50
3 Doekes, Sean	CWEC		1.65m	5
4 Nichol, Hayden	Lourdes		J1.65m	3
5 Lohr, Cameron	john f ross cvi		J1.65m	2
6 Byne, Nathan	Wellington Heights		1.60m	0.33
6 Tran, Tomson	john f ross cvi		1.60m	0.33
6 Horn, Brad	Westside Sec		1.60m	0.33
9 Edwards, Cameron	Centre Duffe		1.55m	

Men Pole Vault Senior

Name	Year School	Seed	Finals	Points
1 Pham, Terry	Guelph C V I-G	2.20m	2.00m	10

Men Long Jump Senior

Name	Year School	Seed	Finals	Wind	Points
1 Khayipangi, david	Lourdes		5.93m	NWI	10
2 Cross, Ben	Centennial C		5.22m	NWI	7
3 Wildeboer, Willem	CWEC		5.10m	NWI	5
4 Cogilea, Dan	Lourdes		5.03m	NWI	3
5 Luong, William	Centennial C		4.91m	NWI	2
6 Dong, Marty	Guelph C V I-G		4.56m	NWI	1
7 Kai Kai, Matthew	Guelph C V I-G		4.47m	NWI	

Men Triple Jump Senior

Name	Year School	Seed	Finals	Wind	Points
1 Lohr, Cameron	john f ross cvi		11.75m	NWI	10
2 Maycock, Graham	Orangeville		11.42m	NWI	7
3 Luong, William	Centennial C		11.16m	NWI	5
4 Byne, Nathan	Wellington Heights		11.04m	NWI	3
5 Cogilea, Dan	Lourdes		10.89m	NWI	2
6 Wildeboer, Willem	CWEC		10.71m	NWI	1
7 Houser, Quentin	Wellington Heights		9.79m	NWI	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****Men Shot Put Senior**

Name	Year School	Seed	Finals	Points
1 Zimochod, Evan	Lourdes		12.32m	10
2 Finoro, Shayne	Lourdes		12.17m	7
3 Reinhart, Job	Guelph C V I-G		11.59m	5
4 Breadner, Patrick	Westside Sec		11.00m	3
5 Khayipangi, david	Lourdes		10.96m	2
6 Dewsbury, Christian	Westside Sec		10.95m	1
7 Wanders, Albert	CWEC		10.54m	
8 Butt, Brandon	john f ross cvi		10.43m	
9 Martinez, Karl	Lourdes		9.65m	
10 Jolley, Christopher	Lourdes		9.30m	
11 Chavez, Alex	Guelph C V I-G		9.27m	
12 Rojas, Nick	Bishop MacDo		8.56m	

Men Discus Throw Senior

Name	Year School	Seed	Finals	Points
1 Gade, Stephen	Lourdes		36.85m	10
2 Pedersen, Josh	Erin D H S - cwer		33.71m	7
3 Reinhart, Job	Guelph C V I-G		31.70m	5
4 Winchester, Jayson	Erin D H S - cwer		29.52m	3
5 Dewsbury, Christian	Westside Sec		29.28m	2
6 Breadner, Patrick	Westside Sec		29.26m	1
7 Zimochod, Evan	Lourdes		28.95m	
8 Clarke, Evan	Westside Sec		26.08m	
9 Martinez, Karl	Lourdes		25.58m	
10 Butt, Brandon	john f ross cvi		25.27m	
11 Rojas, Nick	Bishop MacDo		24.99m	
12 Hogden, Calen	Westside Sec		23.67m	
13 Chavez, Alex	Guelph C V I-G		22.99m	
14 Robella, Gabriel	Lourdes		22.94m	
15 Trembley, Jesse	Westside Sec		22.35m	
16 Houser, Quentin	Wellington Heights		19.60m	
17 Mencfeld, Jacob	St. James HS		17.63m	

Men Javelin Throw Senior

Name	Year School	Seed	Finals	Points
1 Nichol, Hayden	Lourdes		45.36m	10
2 Gade, Stephen	Lourdes		43.48m	7
3 Keating, Jason	St. James HS		42.68m	5
4 Chavez, Alex	Guelph C V I-G		39.79m	3
5 Finoro, Shayne	Lourdes		38.42m	2
6 Breadner, Patrick	Westside Sec		38.29m	1
7 Yitna, Kirubel	john f ross cvi		33.83m	
8 Martin, Justin	Norwell D S S-		33.53m	
9 Wanders, Albert	CWEC		32.99m	
10 Crosbie, Jesse	College Heig		32.85m	
11 Mencfeld, Jacob	St. James HS		31.77m	
12 Reinhart, Job	Guelph C V I-G		31.71m	
13 Rojas, Nick	Bishop MacDo		29.90m	

Districts 4 & 10 - 14/05/14 to 15/05/14**Track and Field****St James HS Guelph Ontario****Results****....Men Javelin Throw Senior**

14 Doekes, Sean	CWEC	29.68m
15 Jolley, Christopher	Lourdes	28.70m
16 Zimochod, Evan	Lourdes	28.31m
16 Little, Jamie	Centre Duffe	28.31m
18 Dewsbury, Christian	Westside Sec	26.66m
19 Robella, Gabriel	Lourdes	24.50m
20 Clarke, Evan	Westside Sec	22.53m
21 Martinez, Karl	Lourdes	21.52m
22 Butt, Brandon	john f ross cvi	19.68m
23 Hogden, Calen	Westside Sec	19.57m
24 Trembley, Jesse	Westside Sec	16.86m

Men 2000 Meter Steeplechase Open

Name	Year School	Seed	Finals	Points
1 Wells, Simon	Centennial C		6:34.53	10
2 Cimino, Matt	Centennial C		6:48.58	7
3 Wismer, Isaac	Centennial C		6:51.24	5
4 Hannam, Cole	St. James HS	7:49.00	6:53.98	3
5 McCleary, Connor	Orangeville		6:54.23	2
6 Dolderman, Ryan	Guelph C V I-G		6:56.35	1
7 LeGrand, Spencer	St. James HS	7:13.21	7:01.13	
8 Weldeab, Nehemiah	Orangeville		7:05.00	
9 Burgess, Anthony	Orangeville		8:55.00	
10 Cartmell, Josh	Orangeville		8:56.23	
11 Preisenhammer, Nick	Centre Welli		8:57.34	
12 Nobel, Nick	CWEC		9:34.56	
13 Ellis, Andrew	john f ross cvi		9:44.56	
14 Figluizzi, Quinton	Lourdes		9:56.78	
15 Woods, Eric	john f ross cvi		10:34.56	