

## 2016 CIS Track &amp; Field Championships - 3/10/2016 to 3/12/2016

## Championnats d'Athletisme du SIC 2016

## Toronto Track and Field Centre, York U

## Results

## Women 60 Meter Run

CIS: 7.19 ! 3/12/2015 Khamica Bingham

Name	School	Prelims
<b>Preliminaries</b>		
1 Spear Chief-Morris, Joy	Western	7.49Q
2 Harris, Sheereen	York	7.56Q
3 Beals, Shannay	Dalhousie	7.61Q
4 Warren, Madeline	Toronto	7.64Q
5 Walkeden, Leah	Alberta	7.64q
6 Becker, Joy	Regina	7.67q
7 Rosin, Rachel	Alberta	7.68q
8 McLeod, Rachael	Manitoba	7.69q
9 Turner, Tegan	Manitoba	7.70
10 Latrace, Sandy	Lethbridge	7.72
11 Gray, Vanessa	Guelph	7.73
12 Parker, Ellen	McGill	7.80
13 Smart, Sian	Waterloo	7.96

## Women 60 Meter Run Ambulatory Ambulatory

CIS: 9.57 ! 3/12/2015 Leah Robinson

Name	School	Finals
<b>Finals</b>		
1 Robinson, Leah	Guelph	9.69
2 McLachlin, Virginia	Windsor	10.12

## Women 60 Meter Run

CIS: 7.19 ! 3/12/2015 Khamica Bingham

Name	School	Finals
<b>Finals</b>		
1 Spear Chief-Morris, Joy	Western	7.40 10
2 Harris, Sheereen	York	7.54 8
3 Beals, Shannay	Dalhousie	7.54 6
4 Warren, Madeline	Toronto	7.61 5
5 Walkeden, Leah	Alberta	7.62 4
6 Becker, Joy	Regina	7.62 3
7 McLeod, Rachael	Manitoba	7.64 2
8 Rosin, Rachel	Alberta	7.68 1

## Women 300 Meter Run

CIS: 37.35 ! 2005 Adrienne Power

Name	School	Prelims
<b>Preliminaries</b>		
1 Whiteman, Ashley	Alberta	39.36Q
2 Lance, Naomi	Waterloo	39.37Q
3 Harris, Sheereen	York	39.43Q
4 Clancy, Lauren	Western	39.62Q
5 Reinfels, Helena	McGill	39.75q
6 Bobb, Mikeisha	York	39.80q
7 Innanen, Katrina	Toronto	40.10q
8 Clonfero, Daniella	Alberta	40.25q
9 Muma, Rachael	Western	40.30
10 Walkeden, Leah	Alberta	40.35
11 Dwyer, Courtney	York	40.43
12 Sieling, Katie	Guelph	40.57

13 Brennan, Bridget ST FX 41.27

## Women 300 Meter Run

CIS: 37.35 ! 2005 Adrienne Power

Name	School	Finals
<b>Finals</b>		
1 Whiteman, Ashley	Alberta	39.10 10
2 Lance, Naomi	Waterloo	39.17 8
3 Harris, Sheereen	York	39.44 6
4 Reinfels, Helena	McGill	39.63 5
5 Clancy, Lauren	Western	39.91 4
6 Bobb, Mikeisha	York	40.22 3
7 Clonfero, Daniella	Alberta	40.31 2
8 Innanen, Katrina	Toronto	40.50 1

## Women 600 Meter Run

CIS: 1:27.63 ! 1984 Camille Cato

Name	School	Prelims
<b>Preliminaries</b>		
1 Westaway, Jenna	Calgary	1:29.96Q
2 Annear, Grace	UNB	1:30.03Q
3 Jewett, Rachel	Toronto	1:30.43q
4 Jacques, Marie-eve	Sherbrooke	1:30.77q
5 Romaniw, Olivia	Guelph	1:31.33q
6 Bouchard, Maité	Sherbrooke	1:31.55q
7 Kelly, Madeleine	Toronto	1:31.88
8 Labach, Julianne	Saskatchewan	1:33.24
9 Sjoberg, Vanessa	Victoria	1:33.62
10 Ayers, Katelyn	Guelph	1:33.64
11 Peters, Celia	Dalhousie	1:34.61

## Women 600 Meter Run

CIS: 1:27.63 ! 1984 Camille Cato

Name	School	Finals
<b>Finals</b>		
1 Westaway, Jenna	Calgary	1:29.61 10
2 Annear, Grace	UNB	1:29.96 8
3 Jewett, Rachel	Toronto	1:30.12 6
4 Jacques, Marie-eve	Sherbrooke	1:30.25 5
5 Bouchard, Maité	Sherbrooke	1:32.20 4
6 Romaniw, Olivia	Guelph	1:34.91 3

## Women 1000 Meter Run

CIS: 2:42.81 ! 1988 Paula Schnurr

Name	School	Finals
<b>Finals</b>		
1 Stafford, Gabriela	Toronto	2:41.67! 10
2 Westaway, Jenna	Calgary	2:42.96 8
3 Ayers, Katelyn	Guelph	2:46.30 6
4 Kelly, Madeleine	Toronto	2:47.35 5
5 Peters, Celia	Dalhousie	2:49.21 4
6 Walmsley, Honor	Toronto	2:49.68 3
7 Labach, Julianne	Saskatchewan	2:50.33 2
8 Watts, Sophia	Guelph	2:50.47 1
9 Annear, Grace	UNB	2:54.70

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## Women 1500 Meter Run

CIS: 4:16.41 ! 1988

Paula Schnurr

Name	School	Finals		
<b>Finals</b>				
1	Stafford, Gabriela	Toronto	4:23.02	10
2	Ayers, Katelyn	Guelph	4:25.13	8
3	Yee, Regan	Trinity Western	4:26.02	6
4	Mclnnis, Shauna	Victoria	4:26.10	5
5	Watts, Sophia	Guelph	4:29.10	4
6	Jewett, Tamara	Toronto	4:29.25	3
7	Jones, Melissa	Calgary	4:30.56	2
8	Gauthier, Anne-Marie	Laval	4:30.80	1
9	Martens, Mirelle	Trinity Western	4:35.71	
10	MacArthur, Sarah	Calgary	4:37.58	
11	Walmsley, Honor	Toronto	4:37.95	

## Women 3000 Meter Run

CIS: 9:04.88 ! 1988

Brenda Shackleton

Name	School	Finals		
<b>Finals</b>				
1	Yee, Regan	Trinity Western	9:37.12	10
2	Jewett, Tamara	Toronto	9:37.46	8
3	Allison, Katrina	Guelph	9:39.59	6
4	Gauthier, Anne-Marie	Laval	9:44.98	5
5	Jones, Melissa	Calgary	9:46.30	4
6	Martens, Mirelle	Trinity Western	9:50.02	3
7	Stephenson, Amy	Western	9:50.72	2
8	Mercier, Jeanne	Laval	9:59.02	1
9	Flynn, Jullien	McGill	10:00.30	
10	Jossinet, Danielle	Guelph	10:09.98	

## Women 60 Meter Hurdles 0.840m

CIS: 8.20 ! 3/13/2015 Hayley Warren

Name	School	Prelims		
<b>Preliminaries</b>				
1	Biswal, Devyani	Ottawa	8.44Q	
2	Nyame, Astrid	Saskatchewan	8.50Q	
3	Hammond, Sarah	Guelph	8.48Q	
4	Spear Chief-Morris, Joy	Western	8.65Q	
5	Hitchings, Hailey	Guelph	8.59q	
6	Bobb, Mikeisha	York	8.71q	
7	Grenke, Cassandra	Alberta	8.71q	
8	Hrycun, Alexa	Alberta	8.71q	
9	Ross, Hazel	Trinity Western	8.77	
10	Shannon, Jessica	Dalhousie	9.38	
---	Villani, Sara	Western	DNF	
---	Matthews, Alysha	Western	DNF	

## Women 60 Meter Hurdles 0.840m

CIS: 8.20 ! 3/13/2015 Hayley Warren

Name	School	Finals		
<b>Finals</b>				
1	Biswal, Devyani	Ottawa	8.40	10
2	Hammond, Sarah	Guelph	8.44	8

3	Spear Chief-Morris, Joy	Western	8.48	6
4	Nyame, Astrid	Saskatchewan	8.51	5
5	Grenke, Cassandra	Alberta	8.60	4
6	Hitchings, Hailey	Guelph	8.62	3
7	Hrycun, Alexa	Alberta	8.64	2
8	Bobb, Mikeisha	York	8.70	1

## Women 4x200 Meter Relay

CIS: 1:36.53 ! 2013

Toronto

## Bingham, Brown, Wells, Geiger

Team	Relay	Prelims
<b>Preliminaries</b>		
1	U of Alberta	1:38.38Q
	1) Clonfero, Daniella	2) Rosin, Rachel
	3) Grenke, Cassandra	4) Whiteman, Ashley
2	York Lions	1:38.80Q
	1) Harris, Sheereen	2) Bobb, Mikeisha
	3) Payne, Shania	4) Dwyer, Courtney
3	Western Mustangs	1:39.71Q
	1) Spear Chief-Morris, Joy	2) Clancy, Lauren
	3) Barbon, Jen	4) Stricelj, Caroline
4	Waterloo	1:40.12q
	1) Darmon, Kelsi	2) Lance, Naomi
	3) Carrique, Jenny	4) Sauer, Tegan
5	University of Guelph	1:40.18q
	1) Sieling, Katie	2) Hitchings, Hailey
	3) Sinnatamby, Tiana	4) Smith, Nicole
6	Manitoba	1:40.21q
	1) Turner, Tegan	2) McLeod, Rachael
	3) Mbabaali, Sophia	4) Wanigasekara, Sasanie
7	University of Windsor	1:40.40q
	1) Omahen, Emily	2) Rivait, Courtney
	3) Jones, Tichina	4) Shaw, Stephanie
8	University of Toronto	1:41.26q
	1) Innanen, Katrina	2) Warren, Madeline
	3) Simmons, Phoebe	4) Brandys, Lindsay
9	Laval	1:42.93q
	1) Frigon, Andréanne	2) St-Pierre, Marie-Colombe
	3) Lamontagne, Myriam	4) Carrier, Rose-Émilie
10	University of Calgary	1:43.12q
	1) McDougall, Natalie	2) Hernandez, Isabella
	3) Kolodinsky, Jamie	4) Rendell, Emily
11	U.Sherbrooke	1:43.69
	1) Myre-Bourgault, Marianne	2) Tagnit-Hamou, Sonia
	3) Néron, Sabrina	4) Leveillé, Maude
12	McGill	1:44.52
	1) Parker, Ellen	2) Croce, Elliane
	3) Ashby, Halle	4) Desai, Sneha

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**Women 4x200 Meter Relay**

CIS: 1:36.53 ! 2013

Toronto

Bingham, Brown, Wells, Geiger

Team	Relay	Finals
<b>Finals</b>		
1 U of Alberta		1:37.39 10
1) Walkeden, Leah	2) Rosin, Rachel	
3) Grenke, Cassandra	4) Whiteman, Ashley	
2 Western Mustangs		1:37.92 8
1) Spear Chief-Morris, Joy	2) Clancy, Lauren	
3) Stricelj, Caroline	4) Muma, Rachael	
3 University of Guelph		1:39.11 6
1) Sieling, Katie	2) Hitchings, Hailey	
3) Sinnatamby, Tiana	4) Smith, Nicole	
4 York Lions		1:39.49 5
1) Harris, Sheereen	2) Bobb, Mikeisha	
3) Payne, Shania	4) Dwyer, Courtney	
5 Manitoba		1:39.84 4
1) Turner, Tegan	2) McLeod, Rachael	
3) Mbabaali, Sophia	4) Wanigasekara, Sasanie	
6 Waterloo		1:39.86 3
1) Darmon, Kelsi	2) Lance, Naomi	
3) Carrique, Jenny	4) Sauer, Tegan	
7 University of Toronto		1:39.89 2
1) Innanen, Katrina	2) Warren, Madeline	
3) Simmons, Phoebe	4) Brandys, Lindsay	
8 University of Windsor		1:40.12 1
1) Omahen, Emily	2) Rivait, Courtney	
3) Jones, Tichina	4) Shaw, Stephanie	

**Women 4x400 Meter Relay**

CIS: 3:41.47 ! 2012

Toronto

Brown, Jewett, Callender, Wells

Team	Relay	Finals
<b>Finals</b>		
1 U.Sherbrooke		3:45.66 10
1) Néron, Sabrina	2) Bouchard, Maité	
3) Mahlig, Alexia	4) Jacques, Marie-eve	
2 University of Toronto		3:46.37 8
1) Innanen, Katrina	2) Walmsley, Honor	
3) Kelly, Madeleine	4) Jewett, Rachel	
3 U of Alberta		3:48.34 6
1) Rosin, Rachel	2) Ciesielski, Maegan	
3) Clonfero, Daniella	4) Whiteman, Ashley	
4 Western Mustangs		3:48.39 5
1) Clancy, Lauren	2) Hole, Kaleigh	
3) Barbon, Jen	4) Muma, Rachael	
5 University of Calgary		3:48.59 4
1) McDougall, Natalie	2) Hernandez, Isabella	
3) Collins, Cassandre	4) Westaway, Jenna	
6 Dalhousie University		3:49.75 3
1) Robbertse, Chantelle	2) Peters, Celia	
3) Shannon, Jessica	4) Beaton, Heather	

7 Laval		3:50.31 2
1) St-Pierre, Marie-Colombe	2) Frigon, Andréanne	
3) Gagné, Catherine	4) Carrier, Rose-Émilie	
8 University of Sask		3:52.12 1
1) Zemlak, Sophia	2) Promhouse, Ashley	
3) Chartier, Mackenzie	4) Labach, Julianne	
9 York Lions		3:52.24
1) Bobb, Mikeisha	2) Dwyer, Courtney	
3) Witherspoon, Nicolette	4) Harris, Sheereen	
10 University of Windsor		3:54.05
1) Omahen, Emily	2) Jones, Tichina	
3) Rivait, Courtney	4) Shaw, Stephanie	
11 University of Guelph		3:54.64
1) Smith, Nicole	2) Sieling, Katie	
3) Sinnatamby, Tiana	4) Ayers, Katelyn	
12 Manitoba		3:55.13
1) White, Erin	2) Mbabaali, Sophia	
3) Sass, Rebekah	4) Parrott, Claudia	

**Women 4x800 Meter Relay**

CIS: 8:32.36 ! 3/13/2015 University of Toronto

R Jewett, H Walmsley, S Gollish, G Stafford

Team	Relay	Finals
<b>Finals</b>		
1 University of Toronto		8:49.74 10
1) Ceyhan, Gillian	2) Kelly, Madeleine	
3) Walmsley, Honor	4) Jewett, Rachel	
2 U.Sherbrooke		8:54.43 8
1) Lefebvre-Castillo, Winona	2) Moyen-Sylvestre, Béatrice	
3) Bouchard, Maité	4) Jacques, Marie-eve	
3 University of Guelph		8:55.75 6
1) Gordon, Emily	2) Mitton, Cheryse	
3) Hanna, Janelle	4) Watts, Sophia	
4 Victoria		8:55.80 5
1) Robinson, Andrea	2) McInnis, Shauna	
3) Harrell, Caroline	4) Sjoberg, Vanessa	
5 U of Alberta		9:05.05 4
1) Lawley, Morgan	2) Sallis, Bailey	
3) Koopman, Leslie	4) Russell, Skye	
6 Trinity Western		9:09.86 3
1) Ryan, Hannah	2) Harradine, Meg	
3) Williams, Joanna	4) Yee, Regan	
7 Manitoba		9:11.01 2
1) Sprague, Taylor	2) Balzer, Nicole	
3) Trambley, Erin	4) Sass, Rebekah	
8 Laval		9:14.35 1
1) Gagné, Catherine	2) Pomerleau, Caroline	
3) Ouellet, Béatrice	4) Proulx, Maggie	
9 University of Calgary		9:22.13
1) Dirk, Ariana	2) Baraskevich, Jessica	
3) Banister, Sydney	4) MacArthur, Sarah	

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## Women High Jump

CIS: 1.88m ! 2014

Emma Nuttall

Name	School	Finals
<b>Finals</b>		
1 Nuttall, Emma	Trinity Western	1.73m 10
2 Delage, Danielle	Toronto	1.73m 8
3 Naruszewicz, Maja	Guelph	1.70m 6
4 Hole, Kaleigh	Western	1.70m 5
5 Grala, Emilia	Western	1.67m 4
6 Cullen, Macayla	Dalhousie	1.67m 3
7 Mackenzie, Devyn	Western	1.67m 2
8 Storm, Zarría	Western	1.62m 0.5
8 Ross, Hazel	Trinity Western	1.62m 0.5
10 Robbertse, Chantelle	Dalhousie	1.62m
11 Arsenault, Maude	Laval	1.57m
12 Kolodinsky, Jamie	Calgary	1.52m
--- Gagné, Geneviève	Laval	NH

## Women Pole Vault

CIS: 4.24m ! 3/13/2015 Robin Bone

Name	School	Finals
<b>Finals</b>		
1 Bone, Robin	Western	4.25m! 10
2 Ridout, Paige	Alberta	3.91m 8
3 Wolfs, Rachael	Windsor	3.91m 6
4 Erickson, Courtney	Saskatchewan	3.81m 5
5 Richards, Melissa	Manitoba	3.81m 4
6 Evans, Madison	Trinity Western	3.81m 3
7 Lim, Meghan	Alberta	3.81m 2
8 Allegro, Sam	Guelph	3.71m 1
9 Fung, Alison	Guelph	3.71m
10 Li, Emma	Trinity Western	3.56m
10 Stoyanovich, Ashley	Western	3.56m
12 Tanguay, Caroline	McGill	3.41m
--- Salmon, Brittany	Toronto	NH

## Women Long Jump

CIS: 6.24m ! 2001

Jocelyn Adu-Gyamfi

Name	School	Finals
<b>Finals</b>		
1 Latrace, Sandy	Lethbridge	5.82m 10
2 Nyame, Astrid	Saskatchewan	5.82m 8
3 Omahen, Emily	Windsor	5.80m 6
4 Pitters, Holly	York	5.67m 5
5 Bonneau, Audrey	Sherbrooke	5.65m 4
6 Stille, Julia	Toronto	5.63m 3
7 Becker, Joy	Regina	5.57m 2
8 Robbertse, Chantelle	Dalhousie	5.55m 1
9 McClurkin, Caitlin	Windsor	5.45m
10 Ross, Hazel	Trinity Western	5.44m
11 Brennan, Bridget	ST FX	5.39m
12 Lehner, Katelyn	Calgary	5.29m

## Women Triple Jump

CIS: 13.16m ! 3/14/2015 Caroline Ehrhardt

Name	School	Finals
<b>Finals</b>		
1 Stille, Julia	Toronto	12.72m 10
2 Latrace, Sandy	Lethbridge	12.04m 8
3 Djoussou-Lorng, Frédériqt	Sherbrooke	12.03m 6
4 Bates, Jordan	Guelph	11.89m 5
5 Gibson, Kristen	Western	11.69m 4
6 Taplin, Sarah	Dalhousie	11.61m 3
7 Kendall, Allison	Calgary	11.59m 2
8 Manske, Naomi	Saskatchewan	11.59m 1
9 Thompson, Clare	Guelph	11.46m
10 Kiefer, Marie-Eve	Sherbrooke	11.39m
11 Oliver, Vanessa	Guelph	11.32m
12 McDonald, Tess	UNB	11.23m

## Women Shot Put 4.0kg

CIS: 16.38m ! 2014

Taryn Suttie

Name	School	Finals
<b>Finals</b>		
1 Crew, Brittany	York	16.96m! 10
2 Connell, Ashley	Guelph	15.60m 8
3 Mitton, Sarah	Windsor	14.83m 6
4 Dougherty, Sarah	Guelph	14.06m 5
5 Hoxar-Moore, Brooke	Western	13.78m 4
6 Garcia, Leanna	Windsor	13.27m 3
7 Weber, Jennifer	Alberta	13.20m 2
8 Villani, Sara	Western	13.13m 1
9 Têteault, Lucie-Maude	Montreal	12.58m
10 Kester, Mary-Elizabeth	Windsor	12.33m
11 Olenick, Olena	Saskatchewan	12.24m
12 Buettner, Jessica	Saskatchewan	11.90m
13 Shepard, Stephanie	Western	11.64m

## Women Weight Throw 20lbs

CIS: 19.66m ! 2005

Kate Forbes

Name	School	Finals
<b>Finals</b>		
1 Crew, Brittany	York	18.90m 10
2 Olenick, Olena	Saskatchewan	18.08m 8
3 Badley-Castello, Jordana	Windsor	17.61m 6
4 Dougherty, Sarah	Guelph	17.39m 5
5 Van Damme, Jill	Windsor	17.04m 4
6 Dubois, Ariane	Sherbrooke	16.58m 3
7 Connell, Ashley	Guelph	16.56m 2
8 Durand, Leina	Laval	15.44m 1
9 Jantzi, Brindley	Western	15.15m
10 Fedak, Reagan	Regina	14.66m
11 Balasko, Allison	Manitoba	14.44m
12 Weber, Jennifer	Alberta	14.33m

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**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**  
CIS: 2:14.82 ! 2014 Rachael McIntosh

Name	School	Finals		
<b>Finals</b>				
1	Brennan, Bridget	ST FX	2:17.26	861
2	Reinfels, Helena	McGill	2:18.03	850
3	Adams, Carolyn	Toronto	2:20.00	824
4	Hole, Kaleigh	Western	2:20.26	820
5	Lehner, Katelyn	Calgary	2:26.58	736
6	Shannon, Jessica	Dalhousie	2:27.69	722
7	Gagné, Geneviève	Laval	2:30.94	681
8	Nyame, Astrid	Saskatchewan	2:31.82	670
9	Penney, Bailey	Guelph	2:33.14	654
---	Robbertse, Chantelle	Dalhousie	DNF	

**Indoor Pentathlon: #1 Women 60 Meter Hurdles 0.840m Indoor**  
CIS: 8.51 ! 3/12/2015 Astrid Nyame

Name	School	Finals		
<b>Finals</b>				
1	Nyame, Astrid	Saskatchewan	8.45!	1,028
2	Lehner, Katelyn	Calgary	8.62	991
3	Adams, Carolyn	Toronto	8.84	944
4	Reinfels, Helena	McGill	8.86	939
5	Villani, Sara	Western	8.89	933
6	Penney, Bailey	Guelph	8.90	931
7	Hole, Kaleigh	Western	9.06	897
8	Brennan, Bridget	ST FX	9.08	893
9	Gagné, Geneviève	Laval	9.10	889
10	Shannon, Jessica	Dalhousie	9.19	871
11	Robbertse, Chantelle	Dalhousie	9.52	804

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**  
CIS: 1.83m ! 2014 Rachel Machin

Name	School	Finals		
<b>Finals</b>				
1	Hole, Kaleigh	Western	1.70m	855
2	Robbertse, Chantelle	Dalhousie	1.64m	783
2	Reinfels, Helena	McGill	1.64m	783
2	Gagné, Geneviève	Laval	1.64m	783
2	Adams, Carolyn	Toronto	1.64m	783
2	Lehner, Katelyn	Calgary	1.64m	783
7	Shannon, Jessica	Dalhousie	1.61m	747
8	Penney, Bailey	Guelph	1.58m	712
9	Brennan, Bridget	ST FX	1.52m	644
10	Nyame, Astrid	Saskatchewan	1.49m	610

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**  
CIS: 5.85m ! 3/12/2015 Niki Oudenaarden

Name	School	Finals		
<b>Finals</b>				
1	Nyame, Astrid	Saskatchewan	5.91m!	822
2	Reinfels, Helena	McGill	5.68m	753
3	Robbertse, Chantelle	Dalhousie	5.64m	741
4	Penney, Bailey	Guelph	5.61m	732

5	Brennan, Bridget	ST FX	5.48m	694
6	Hole, Kaleigh	Western	5.45m	686
7	Adams, Carolyn	Toronto	5.25m	628
8	Gagné, Geneviève	Laval	5.17m	606
9	Lehner, Katelyn	Calgary	5.08m	581
10	Shannon, Jessica	Dalhousie	4.89m	530

**Indoor Pentathlon: #3 Women Shot Put 4.0 kg Indoor Pentathlon**  
CIS: 13.65m ! 3/12/2015 Niki Oudenaarden

Name	School	Finals		
<b>Finals</b>				
1	Nyame, Astrid	Saskatchewan	12.49m	694
2	Hole, Kaleigh	Western	12.31m	682
3	Shannon, Jessica	Dalhousie	11.05m	598
4	Adams, Carolyn	Toronto	10.72m	577
5	Lehner, Katelyn	Calgary	10.44m	558
6	Reinfels, Helena	McGill	10.21m	543
7	Gagné, Geneviève	Laval	10.09m	535
8	Penney, Bailey	Guelph	9.21m	478
9	Brennan, Bridget	ST FX	8.98m	463
10	Robbertse, Chantelle	Dalhousie	8.79m	451

**Women Indoor Pentathlon**

CIS: 4380 ! 2007

Jessica Zelinka

Name	School	Finals		
<b>Finals</b>				
1	Hole, Kaleigh	Western	3940	10
2	Reinfels, Helena	McGill	3868	8
3	Nyame, Astrid	Saskatchewan	3824	6
4	Adams, Carolyn	Toronto	3756	5
5	Lehner, Katelyn	Calgary	3649	4
6	Brennan, Bridget	ST FX	3555	3
7	Penney, Bailey	Guelph	3507	2
8	Gagné, Geneviève	Laval	3494	1
9	Shannon, Jessica	Dalhousie	3468	
10	Robbertse, Chantelle	Dalhousie	2779	

**Men 60 Meter Run**

CIS: 6.57 ! 2010

Sam Effah

Name	School	Prelims		
<b>Preliminaries</b>				
1	Boateng, Bismark	York	6.75Q	
2	Campbell, Tevaughn	Regina	6.76Q	
3	Coolen, Matthew	Dalhousie	6.82Q	
4	Thompson, Kyle	Guelph	6.86Q	
5	Williams, Winston	Saskatchewan	6.87q	
6	Branning, Kahlen	Regina	6.90q	
7	Linde, James	Trinity Western	6.92q	
8	Allard, Dominic	Laval	6.93q	
9	Barnett, Bryan	Alberta	6.95	
10	Paslawski, Adam	Saskatchewan	6.97	
11	Mansaray, Alhaji	Manitoba	7.01	
12	Djan, Dereck	York	7.08	
13	Conforzi, Corey	Dalhousie	7.09	
14	Van Der Poel, Mike	Dalhousie	7.15	

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## Men 60 Meter Run

CIS: 6.57 ! 2010

Sam Effah

Name	School	Finals
<b>Finals</b>		
1 Campbell, Tevaughn	Regina	6.67 10
2 Boateng, Bismark	York	6.74 8
3 Thompson, Kyle	Guelph	6.78 6
4 Coolen, Matthew	Dalhousie	6.83 5
5 Branning, Kahlen	Regina	6.87 4
6 Williams, Winston	Saskatchewan	6.90 3
7 Allard, Dominic	Laval	6.90 2
8 Linde, James	Trinity Western	6.95 1

## Men 300 Meter Run

CIS: 33.40 ! 1999

Alex Marchand

Name	School	Prelims
<b>Preliminaries</b>		
1 George, Nathan	Trinity Western	33.84Q
2 Franklin, Rayshaun	Toronto	34.09Q
3 Agosto, Ayo	York	34.20Q
4 Abdulahi, Ramzi	Western	34.38Q
5 Boateng, Bismark	York	34.32q
6 Black, Graham	Saskatchewan	34.39q
7 Branning, Kahlen	Regina	34.43q
8 Shirk, Brandon	Guelph	34.56q
9 Van Der Poel, Mike	Dalhousie	34.70
10 Fitkowsky, Matthew	Manitoba	35.18
11 McClelland, Ryan	McGill	35.29
12 Peters, Garrett	Saskatchewan	35.31

## Men 300 Meter Run

CIS: 33.40 ! 1999

Alex Marchand

Name	School	Finals
<b>Finals</b>		
1 George, Nathan	Trinity Western	33.52 10
2 Franklin, Rayshaun	Toronto	33.66 8
3 Boateng, Bismark	York	33.93 6
4 Black, Graham	Saskatchewan	34.22 5
5 Agosto, Ayo	York	34.34 4
6 Branning, Kahlen	Regina	34.53 3
7 Shirk, Brandon	Guelph	34.55 2
8 Abdulahi, Ramzi	Western	35.51 1

## Men 600 Meter Run

CIS: 1:16.10 ! 1995

Bryon Goodwin

Name	School	Prelims
<b>Preliminaries</b>		
1 Smart, Sacha	Toronto	1:19.00Q
2 Ullman, Alex	Windsor	1:19.89Q
3 Peters, Garrett	Saskatchewan	1:19.45q
4 Moodie, Triphon	Western	1:19.67q
5 Land, Tommy	Guelph	1:19.92q
6 Bellemore, Corey	Windsor	1:19.94q
7 Van Mulligen, Matthew	Alberta	1:20.14

8 Calef, Brendan	Alberta	1:20.38
9 Slythe-Léveillé, Gabriel	Sherbrooke	1:20.89
10 Berube, Simon	Manitoba	1:21.05
11 King, Garrett	Calgary	1:21.67
12 Boudreau, Mathieu	Laval	1:22.08

## Men 600 Meter Run

CIS: 1:16.10 ! 1995

Bryon Goodwin

Name	School	Finals
<b>Finals</b>		
1 Bellemore, Corey	Windsor	1:18.77 10
2 Smart, Sacha	Toronto	1:19.11 8
3 Land, Tommy	Guelph	1:19.17 6
4 Peters, Garrett	Saskatchewan	1:19.17 5
5 Moodie, Triphon	Western	1:20.05 4
6 Ullman, Alex	Windsor	1:20.13 3

## Men 1000 Meter Run

CIS: 2:22.09 ! 2012

Tommy Lecours

Name	School	Finals
<b>Finals</b>		
1 Smart, Sacha	Toronto	2:23.92 10
2 Bellemore, Corey	Windsor	2:24.36 8
3 Morin, Nicolas	Laval	2:24.39 6
4 McArthur, Taylor	Windsor	2:26.42 5
5 Land, Tommy	Guelph	2:26.87 4
6 Bussi�eres, Alex	Laval	2:27.01 3
7 Tweedle, Jeff	McMaster	2:27.10 2
8 Wing, Jake	Dalhousie	2:27.73 1
9 Ullman, Alex	Windsor	2:28.79
10 Hetterley, Greg	Regina	2:30.23
11 Moodie, Triphon	Western	2:35.67

## Men 1500 Meter Run

CIS: 3:46.85 ! 1990

Allan Klassen

Name	School	Finals
<b>Finals</b>		
1 Thibault, Antoine	Laval	3:50.69 10
2 Peterson, Cole	Victoria	3:51.94 8
3 McArthur, Taylor	Windsor	3:51.99 6
4 Lapointe, Jean-Samuel	Laval	3:52.57 5
5 Gravel, Christian	Guelph	3:55.02 4
6 Elkurdy, Mostafa	Guelph	3:55.70 3
7 Therrien, Cody	Victoria	3:56.38 2
8 Morin, Nicolas	Laval	3:57.70 1
9 Janikowski, Paul	Windsor	4:04.70
10 Russell, Will	Dalhousie	4:09.05
--- Smart, Sacha	Toronto	DNF
--- McDonald, Kieran	Alberta	DQ

## Men 3000 Meter Run

CIS: 7:59.29 ! 1996

Jeff Schiebler

Name	School	Finals
<b>Finals</b>		
1 Thibault, Antoine	Laval	8:10.20 10

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## Finals ... (Men 3000 Meter Run)

Name	School	Finals	
2 Janikowski, Paul	Windsor	8:14.90	8
3 Lapointe, Jean-Samuel	Laval	8:15.36	6
4 Widing, Erik	Saskatchewan	8:19.16	5
5 Seneca, Brayden	Guelph	8:19.90	4
6 Cornwall, Adam	Wilfred Laurier	8:22.91	3
7 Black, Connor	Guelph	8:25.03	2
8 Darlington, Connor	McMaster	8:26.61	1
9 Lavoie-Gilbert, Alexis	Laval	8:28.16	
10 Gravel, Christian	Guelph	8:30.79	
11 DeShiffart, Joel	Trinity Western	8:31.03	
12 James, Alexander	Calgary	8:36.96	
13 Sheffar, Jack	Western	8:37.35	

## Men 60 Meter Hurdles 1.067m

CIS: 7.79 ! 2014

Sekou Kaba

Name	School	Prelims
<b>Preliminaries</b>		
1 Ogieva, Isoken	Western	8.14Q
2 MacNeill, Gregory	Toronto	8.19Q
3 Olson, Jared	Saskatchewan	8.21Q
4 Cheung, Jackson	Guelph	8.35Q
5 Coolen, Matthew	Dalhousie	8.32q
6 Fourie, Charl	Windsor	8.36q
7 Corney, Taylor	Guelph	8.38q
8 Madaoui, Walid	Sherbrooke	8.42q
9 Hancock, Scott	Ottawa	8.48
10 Gall, Alexander	Calgary	8.50
11 Hesman, Nathan	Windsor	8.53
12 Musoke, Matthew	Saint Mary's	8.67
13 Butcher, Locky	Western	9.06

## Men 60 Meter Hurdles 1.067m

CIS: 7.79 ! 2014

Sekou Kaba

Name	School	Finals
<b>Finals</b>		
1 Olson, Jared	Saskatchewan	8.09 10
2 Ogieva, Isoken	Western	8.15 8
3 Cheung, Jackson	Guelph	8.20 6
4 Coolen, Matthew	Dalhousie	8.31 5
5 Fourie, Charl	Windsor	8.33 4
6 Madaoui, Walid	Sherbrooke	8.34 3
--- MacNeill, Gregory	Toronto	DNF
--- Corney, Taylor	Guelph	DQ

## Men 4x200 Meter Relay

CIS: 1:25.65 ! 2012

Ottawa

## Makinde, Robertson, Biocchi, Makinde

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Dalhousie University		1:27.43Q
1) Conforzi, Corey	2) Lunda, Josh	
3) Van Der Poel, Mike	4) Coolen, Matthew	

2 Manitoba	1:28.59Q
1) Aoun, Syed	2) Samking, Wilfred
3) Ostberg, Dylan	4) Fitkowsky, Matthew
3 University of Sask	1:30.75Q
1) Black, Graham	2) Olson, Jared
3) Paslawski, Adam	4) Pylypow, Brody
4 York Lions	1:28.62q
1) Boateng, Bismark	2) Agosto, Ayo
3) Pidlubny, Jalen	4) Djan, Dereck
5 Western Mustangs	1:31.21q
1) Abdulahi, Ramzi	2) Cauley, Chris
3) Croley, Keagan	4) Chan, Matt
6 University of Calgary	1:31.93q
1) Maxwell, Will	2) Gall, Alexander
3) Rizkalla, Joshua	4) Bechir Nasir, Montasir
--- Regina	DNF
1) Campbell, Tevaughn	2) Branning, Kahlen
3) Bloom, Connor	4) Liebrecht, Preston
--- McGill	DNF
1) Murray, Steven	2) Kong, Tim
3) McClelland, Ryan	4) Montalvo, Javier
--- University of Windsor	DNF
1) Brown, Jaiden	2) Kramer, Chris
3) Harding, Shavon	4) Ponnambalam, Ildemaro
--- Trinity Western	DNF
1) Linde, James	2) George, Nathan
3) Sinclair, Jamie	4) Ayin, Nicholas
--- University of Guelph	DQ
1) Benjamin, Kristian	2) Thompson, Kyle
3) Shirk, Brandon	4) Sutton, Charlie
--- University of Toronto	DQ
1) Franklin, Rayshaun	2) MacNeill, Gregory
3) Lau, Alexander	4) Weathers, Isiah

## Men 4x200 Meter Relay

CIS: 1:25.65 ! 2012

Ottawa

## Makinde, Robertson, Biocchi, Makinde

Team	Relay	Finals
<b>Finals</b>		
1 University of Sask		1:27.89 10
1) Black, Graham	2) Olson, Jared	
3) Paslawski, Adam	4) Peters, Garrett	
2 Manitoba	1:28.85	8
1) Aoun, Syed	2) Samking, Wilfred	
3) Ostberg, Dylan	4) Fitkowsky, Matthew	
3 York Lions	1:29.00	6
1) Boateng, Bismark	2) Djan, Dereck	
3) Pidlubny, Jalen	4) Orsini, Daniele	
4 Western Mustangs	1:29.48	5
1) Abdulahi, Ramzi	2) Cauley, Chris	
3) Ogieva, Isoken	4) Chan, Matt	
5 University of Calgary	1:29.77	4
1) Maxwell, Will	2) King, Garrett	
3) Rizkalla, Joshua	4) Bechir Nasir, Montasir	

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## Finals ... (Men 4x200 Meter Relay)

Team	Relay	Finals
--- Dalhousie University		DNF
1) Conforzi, Corey	2) Lunda, Josh	
3) Van Der Poel, Mike	4) Coolen, Matthew	

## Men 4x400 Meter Relay

CIS: 3:14.12 ! 2008

Calgary

## Effah, Kimick, Saizew, Ratzlaff

Team	Relay	Finals
<b>Finals</b>		
1 University of Sask		3:16.27 10
1) Black, Graham	2) Kowalchuk, Ryan	
3) Porte, Jaden	4) Peters, Garrett	
2 University of Toronto		3:17.26 8
1) Weathers, Isiah	2) Renieris, Kostas	
3) Smart, Sacha	4) Franklin, Rayshaun	
3 McGill		3:17.45 6
1) McClelland, Ryan	2) Wilkinson, Ethan	
3) Parent-Pichette, Vincent	4) Montalvo, Javier	
4 University of Guelph		3:18.78 5
1) Beaudoin, Shawn	2) Sutton, Charlie	
3) Shirk, Brandon	4) Land, Tommy	
5 Western Mustangs		3:19.06 4
1) Abdulahi, Ramzi	2) Andrin, Hunter	
3) Moodie, Triphon	4) Cauley, Chris	
6 Manitoba		3:19.55 3
1) Ostberg, Dylan	2) Berube, Simon	
3) Van Schepdael, Matthew	4) Fitkowsky, Matthew	
7 Victoria		3:19.63 2
1) Korol, Ryan	2) Smith, Tyler	
3) Penner, Isaac	4) Restall, Brendon	
8 Trinity Western		3:20.12 1
1) Sinclair, Jamie	2) de Groot, Andrew	
3) Kits, Aidan	4) George, Nathan	
9 University of Windsor		3:20.13
1) Kramer, Chris	2) Brown, Jaiden	
3) McLaughlin, Matt	4) Bellemore, Corey	
10 U.Sherbrooke		3:20.92
1) Villeneuve, Antoine	2) Aber, Yassine	
3) Slythe-Léveillé, Gabriel	4) Raiche, Marc-André	
11 Laval		3:21.37
1) Tourigny-Plante, Alex	2) Boudreau, Mathieu	
3) Mazoué, Victor	4) Bussièrès, Alex	
12 Dalhousie University		3:25.07
1) Conforzi, Corey	2) Lunda, Josh	
3) Johnson, Shiloh	4) Wing, Jake	
13 York Lions		3:25.51
1) Pidlubny, Jalen	2) Djan, Dereck	
3) Ching, Joshua	4) Orsini, Daniele	

## Men 4x800 Meter Relay

CIS: 7:27.94 ! 2014

Windsor

## La Marra, McArthur, Bellemore, Ullman

Team	Relay	Finals
<b>Finals</b>		
1 University of Windsor		7:30.80 10
1) McArthur, Taylor	2) Kagumba, Joe	
3) MacMackin, Nick	4) Bellemore, Corey	
2 Victoria		7:30.84 8
1) Smith, Tyler	2) Penner, Isaac	
3) Peterson, Cole	4) Restall, Brendon	
3 Laval		7:35.55 6
1) Didier, Benoit	2) Raymond, Benjamin	
3) Morin, Nicolas	4) Bussièrès, Alex	
4 U of Alberta		7:35.78 5
1) Manz, Joren	2) Erickson, Kyle	
3) Calef, Brendan	4) Van Mulligen, Matthew	
5 University of Toronto		7:37.56 4
1) Klomp, Craig	2) Egzaw, Simon	
3) DeVito, Ben	4) Smart, Sacha	
6 University of Guelph		7:39.32 3
1) Anderson, Drew	2) Elkurdy, Mostafa	
3) Patton, Mark	4) Kemp, Thomas	
7 University of Sask		7:39.91 2
1) Kowalchuk, Ryan	2) Welsh, Jared	
3) Dawson, Mackenzie	4) Porte, Jaden	
8 Dalhousie University		7:41.86 1
1) Russell, Will	2) Wing, Jake	
3) Johnson, Shiloh	4) Manuel, Adam	
9 Trinity Western		7:43.11
1) Marshall, Adam	2) Lam, James	
3) Neufeld, Levi	4) DeJong, Tyler	
10 University of Calgary		7:52.96
1) Wittig, Luc	2) Quinn, Colton	
3) Yarmuch, Evan	4) Justinen, Roman	
11 McMaster University		7:54.78
1) Kondrat, Nick	2) Napier, Matthew	
3) Darlington, Connor	4) Tweedle, Jeff	

## Men High Jump

CIS: 2.24m ! 1993

Alex Zaliaskas

Name	School	Finals
<b>Finals</b>		
1 Cate, Sean	Guelph	2.16m 10
2 Mansaray, Alhaji	Manitoba	2.10m 8
3 Wilhelm, Branden	Windsor	2.10m 6
4 Ollivier, Emile	Montreal	2.10m 5
5 Nkusi, Steve	Ottawa	2.04m 4
6 Torres, Mitch	Guelph	2.04m 3
7 Ntivumbura, Yvan	Ottawa	2.01m 1.5
7 Chatten, Eric	Guelph	2.01m 1.5
9 Xu, Hao	McGill	1.93m
9 Fritze, Matthew	Alberta	1.93m
9 Akinola, Oyinkansola	Manitoba	1.93m



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## Finals ... (Men High Jump)

Name	School	Finals
12 Errington, Devin	Dalhousie	1.93m
13 Guy, Eric	Manitoba	1.93m

## Men Pole Vault

CIS: 5.65m ! 1992

Doug Wood

Name	School	Finals
<b>Finals</b>		
1 McKay, David	York	5.02m 10
2 Allen, Spencer	Alberta	4.92m 8
3 Filipek, Nathan	Alberta	4.82m 6
4 Adams, Samuel	York	4.82m 5
5 Savic, Milos	Windsor	4.82m 4
6 Waugh, Chris	Windsor	4.72m 3
7 van Ryswyk, Riley	McGill	4.72m 2
8 Choja, Brian	Western	4.57m 1
9 Young, Connor	Guelph	4.42m
9 Gleason, Daniel	Western	4.42m
--- Dunford, Nathan	Trinity Western	NH

## Men Long Jump

CIS: 7.88m ! 2010

Christopher Greenway

Name	School	Finals
<b>Finals</b>		
1 Bell, Riley	Western	7.40m 10
2 Alkabary, Ahmed	Regina	7.32m 8
3 Wilhelm, Branden	Windsor	7.10m 6
4 Linde, James	Trinity Western	7.10m 5
5 Ahne, Joerg	Waterloo	7.04m 4
6 Hanna, Patrick	Montreal	6.94m 3
7 Samking, Wilfred	Manitoba	6.90m 2
8 Corney, Taylor	Guelph	6.56m 1
9 Bruce, Jordan	Dalhousie	6.54m
10 Cotnoir-Lacroix, Jean-Mic	Sherbrooke	6.48m
11 Bonsu, Kwaku	Brock	6.43m
12 Bortolin, Angelo	Windsor	6.38m
13 Turner, James	Toronto	3.85m

## Men Triple Jump

CIS: 15.81m ! 2013

Olivier Huet

Name	School	Finals
<b>Finals</b>		
1 Hanna, Patrick	Montreal	15.11m 10
2 Hernandez, Aaron	Lethbridge	15.09m 8
3 Bruce, Jordan	Dalhousie	14.94m 6
4 Fyffe, Nick	York	14.57m 5
5 Smith, Chas	Dalhousie	14.55m 4
6 Jansen, Richard	York	14.47m 3
7 Bell, Riley	Western	14.32m 2
8 Ward, Arthur	Regina	14.29m 1
9 Lethebe, Cole	Calgary	13.94m
10 Nkwonta, Sodienye	Calgary	13.74m
11 Bortolin, Angelo	Windsor	13.69m
12 Akinola, Oyinkansola	Manitoba	13.54m

## Men Shot Put 7.26kg

CIS: 18.48m ! 2011

Andrew Smith

Name	School	Finals
<b>Finals</b>		
1 Millman, Peter	Lethbridge	17.20m 10
2 Pawliw, Eli	Windsor	16.63m 8
3 Lafrenaye-Dugas, Marc-A	Sherbrooke	16.63m 6
4 Karakolis, Adam	Dalhousie	16.44m 5
5 Boersma, Brett	Windsor	15.88m 4
6 Rapp, Aleks	Western	15.83m 3
7 Beaulieu, Simon	Laval	15.76m 2
8 Martin, Andrew	Western	15.48m 1
9 Skeath, Jared	Guelph	15.34m
10 Sommer, Ryan	Lethbridge	15.07m
11 Vermette, Andrew	Windsor	14.88m
12 Corney, Taylor	Guelph	14.72m

## Men Weight Throw 35lbs

CIS: 24.08m ! 2009

Jim Steacy

Name	School	Finals
<b>Finals</b>		
1 Skeath, Jared	Guelph	20.53m 10
2 Preece, Chris	York	18.48m 8
3 Lafrenaye-Dugas, Marc-A	Sherbrooke	18.42m 6
4 Millman, Peter	Lethbridge	17.85m 5
5 Rapp, Aleks	Western	17.44m 4
6 Gagné, Alexandre	Sherbrooke	17.33m 3
7 Beaulieu, Simon	Laval	17.23m 2
8 Karakolis, Adam	Dalhousie	16.80m 1
9 Pawliw, Eli	Windsor	16.38m
10 Cardinal, Alexis	Sherbrooke	15.15m
11 Link, Steven	Calgary	14.91m
12 Earle, Nicholas	Guelph	14.74m

## Heptathlon: #7 Men 1000 Meter Dash Heptathlon

Name	School	Finals
<b>Finals</b>		
1 Beaudoin, Shawn	Guelph	2:45.02 818
2 Paisley, Michael	Western	2:51.40 751
3 Hernandez, Cale	Trinity Western	2:54.09 723
4 Long, Mitch	Windsor	2:54.28 721
5 Powrie, Jacob	Ottawa	2:55.10 713
6 Emode, Mark	Guelph	2:55.40 710
7 Savic, Milos	Windsor	2:55.48 709
8 Turner, Rostam	Toronto	2:56.32 701
9 Digel, Cole	Saskatchewan	2:58.25 682
10 Turner, James	Toronto	2:58.94 675
11 Le Mouel, Erwan	Laval	3:08.79 581
12 Musoke, Matthew	Saint Mary's	3:17.88 500

## Heptathlon: #1 Men 60 Meter Run Heptathlon

Name	School	Finals
<b>Finals</b>		
1 Turner, James	Toronto	7.01 879

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**Finals ... (Heptathlon: #1 Men 60 Meter Run Heptathlon)**

Name	School	Finals	
2	Emode, Mark	Guelph	7.20 813
3	Savic, Milos	Windsor	7.21 809
4	Turner, Rostam	Toronto	7.22 806
5	Le Mouel, Erwan	Laval	7.25 796
6	Beaudoin, Shawn	Guelph	7.26 792
7	Musoke, Matthew	Saint Mary's	7.27 789
8	Paisley, Michael	Western	7.38 752
9	Long, Mitch	Windsor	7.40 745
10	Hernandez, Cale	Trinity Western	7.45 729
11	Digel, Cole	Saskatchewan	7.49 716
12	Powrie, Jacob	Ottawa	7.53 703

**Heptathlon: #5 Men 60 Meter Hurdles 1.067m Heptathlon**

Name	School	Finals	
<b>Finals</b>			
1	Turner, James	Toronto	8.54 851
2	Savic, Milos	Windsor	8.64 827
3	Turner, Rostam	Toronto	8.66 823
4	Musoke, Matthew	Saint Mary's	8.68 818
5	Long, Mitch	Windsor	8.76 800
6	Emode, Mark	Guelph	8.77 797
7	Hernandez, Cale	Trinity Western	8.88 772
8	Beaudoin, Shawn	Guelph	8.89 770
9	Digel, Cole	Saskatchewan	8.99 748
10	Paisley, Michael	Western	8.99 748
11	Powrie, Jacob	Ottawa	9.05 735
12	Le Mouel, Erwan	Laval	9.27 687

**Heptathlon: #4 Men High Jump Heptathlon**

Name	School	Finals	
<b>Finals</b>			
1	Long, Mitch	Windsor	1.84m 661
1	Musoke, Matthew	Saint Mary's	1.84m 661
1	Turner, James	Toronto	1.84m 661
1	Powrie, Jacob	Ottawa	1.84m 661
1	Beaudoin, Shawn	Guelph	1.84m 661
1	Digel, Cole	Saskatchewan	1.84m 661
1	Emode, Mark	Guelph	1.84m 661
8	Paisley, Michael	Western	1.78m 610
9	Turner, Rostam	Toronto	1.75m 585
9	Hernandez, Cale	Trinity Western	1.75m 585
11	Savic, Milos	Windsor	1.72m 560
12	Le Mouel, Erwan	Laval	1.66m 512

**Heptathlon: #6 Men Pole Vault Heptathlon**

Name	School	Finals	
<b>Finals</b>			
1	Savic, Milos	Windsor	4.70m 819
2	Turner, Rostam	Toronto	4.50m 760
3	Turner, James	Toronto	4.40m 731
4	Beaudoin, Shawn	Guelph	3.90m 590
5	Paisley, Michael	Western	3.80m 562
5	Hernandez, Cale	Trinity Western	3.80m 562

7	Long, Mitch	Windsor	3.60m 509
8	Emode, Mark	Guelph	3.50m 482
8	Digel, Cole	Saskatchewan	3.50m 482
---	Le Mouel, Erwan	Laval	NH
---	Musoke, Matthew	Saint Mary's	NH
---	Powrie, Jacob	Ottawa	NH

**Heptathlon: #2 Men Long Jump Heptathlon**

Name	School	Finals	
<b>Finals</b>			
1	Turner, James	Toronto	7.13m 845
2	Turner, Rostam	Toronto	6.71m 746
3	Emode, Mark	Guelph	6.70m 743
4	Savic, Milos	Windsor	6.47m 691
5	Digel, Cole	Saskatchewan	6.46m 688
6	Long, Mitch	Windsor	6.44m 684
7	Powrie, Jacob	Ottawa	6.31m 655
8	Musoke, Matthew	Saint Mary's	6.25m 641
9	Beaudoin, Shawn	Guelph	6.08m 604
10	Paisley, Michael	Western	5.96m 578
11	Hernandez, Cale	Trinity Western	5.95m 576
12	Le Mouel, Erwan	Laval	5.70m 523

**Heptathlon: #3 Men Shot Put 7.26kg Heptathlon**

Name	School	Finals	
<b>Finals</b>			
1	Turner, James	Toronto	14.06m 732
2	Turner, Rostam	Toronto	13.75m 713
3	Paisley, Michael	Western	13.00m 667
4	Beaudoin, Shawn	Guelph	12.87m 659
5	Powrie, Jacob	Ottawa	12.36m 628
6	Digel, Cole	Saskatchewan	12.26m 622
7	Hernandez, Cale	Trinity Western	11.60m 582
8	Emode, Mark	Guelph	11.53m 578
8	Musoke, Matthew	Saint Mary's	11.53m 578
10	Savic, Milos	Windsor	10.77m 532
11	Le Mouel, Erwan	Laval	10.55m 519
12	Long, Mitch	Windsor	10.05m 489

**Men Heptathlon**

Name	School	Finals	
<b>Finals</b>			
1	Turner, James	Toronto	5374 10
2	Turner, Rostam	Toronto	5134 8
3	Savic, Milos	Windsor	4947 6
4	Beaudoin, Shawn	Guelph	4894 5
5	Emode, Mark	Guelph	4784 4
6	Paisley, Michael	Western	4668 3
7	Long, Mitch	Windsor	4609 2
8	Digel, Cole	Saskatchewan	4599 1
9	Hernandez, Cale	Trinity Western	4529
10	Powrie, Jacob	Ottawa	4095
11	Musoke, Matthew	Saint Mary's	3987
12	Le Mouel, Erwan	Laval	3618