

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M50 100 Meter Dash Sat 11:00 Fi**

Name	Age Team	Prelims	Wind	Age-Grading	H#
Preliminaries					
1 Allan Tissenbaum	M54 Quebec	11.90q	2.1	10.35 94.71%	2
2 Michael Lee Foon	M53 Jamaica Masters AC	12.14q	2.1	10.62 92.17%	2
3 Ken Kudo	M51 Unattached	12.40q	1.8	10.99 89.11%	1
4 Tony Disalvo	M54 United State	12.43q	2.1	10.81 90.67%	2
5 Joe Baptiste	M53 Jamaica Masters AC	12.49q	1.8	10.93 89.59%	1
6 Robert Nasato	M53 Unattached	12.83q	1.8	11.23 87.22%	1
7 Leo Da Silva	M52 Unattached	12.88q	1.8	11.34 86.34%	1
8 Russell Unilowsky	M54 Manitoba	13.48q	1.8	11.72 83.61%	1
9 Marino Sani	M54 Ottawa Lions	13.53	2.1	11.76 83.30%	2
10 Tim Burgess	M51 UTTC	13.63	2.1	12.08 81.07%	2
11 Pierre Kirwin	M54 Unattached	16.69	1.8	14.51 67.53%	1

M50 100 Meter Dash Sat 11:00 Fi

Name	Age Team	Finals	Wind	Age-Grading
Finals				
1 Allan Tissenbaum	M54 Quebec	11.64	0.7	10.12 96.82%
2 Michael Lee Foon	M53 Jamaica Masters AC	12.03	0.7	10.53 93.02%
3 Ken Kudo	M51 Unattached	12.33	0.7	10.93 89.62%
4 Tony Disalvo	M54 United State	12.42	0.7	10.80 90.74%
5 Joe Baptiste	M53 Jamaica Masters AC	12.53	0.7	10.96 89.31%
6 Robert Nasato	M53 Unattached	12.75	0.7	11.16 87.76%
7 Leo Da Silva	M52 Unattached	13.21	0.7	11.63 84.18%
8 Russell Unilowsky	M54 Manitoba	13.38	0.7	11.63 84.23%

M30 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Mike James	M34 Jamaica Masters AC	10.93	1.8	10.90 89.84%	8
2 Cat Jordan	M31 Jamaica Masters AC	12.51	1.8	12.52 78.26%	8

W30 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading
1 Sheree Mullings	W32 York UniversityT	13.79	1.5	13.80 76.07%

M35 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Howard Powell	M38 Jamaica Masters AC	11.84	1.8	11.47 85.39%	8
2 Matthew Ritter	M36 Unattached	13.06	1.8	12.83 76.34%	8

W35 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Khama Beckles	W39 UTTC	12.80	0.1	12.37 84.84%	4
2 Antoinette Julien	W36 UTTC	15.92	0.1	15.93 65.89%	4

M40 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1	Lyndell Pittman	M42 United State	11.44	2.3	10.78	90.91%	7
2	Nigel John	M41 UTTC	11.51	2.3	10.92	89.75%	7
3	Jay Foubert	M44 UTTC	11.90	2.3	11.05	88.57%	7
4	Marcellus Willis	M42 United State	12.53	2.3	11.80	83.00%	7
5	Andy Fraser	M42 Unattached	12.57	2.3	11.84	82.74%	7

W40 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading
1 Charmaine Daley	W43 Jamaica	14.34	1.5	13.24 79.29%

M45 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Chris Lemassif	M47 UTTC	11.95	0.4	10.88 90.04%	6
2 Rick Reynolds	M47 Jamaica Masters AC	12.49	0.4	11.37 86.15%	6
3 Bernard St. Lewis	M47 Ottawa Lions	12.56	0.4	11.43 85.67%	6
4 Will Hudson	M48 UTTC	12.78	0.4	11.56 84.74%	6

W45 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading
1 Jean Ferguson	W49 Ottawa Track	15.17	1.5	13.12 79.96%

M55 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 John Varone	M55 Jamaica Masters AC	12.84	NWI	11.09 88.32%	5
2 Noel Brown	M55 Manitoba	13.20	NWI	11.40 85.91%	5
3 Spencer Arnfield	M55 Extreme Velocity	13.35	NWI	11.53 84.94%	5
4 Bruce Urch	M59 Unattached	14.26	NWI	12.01 81.56%	5
5 Edwin Liu	M57 British Columbia	14.42	NWI	12.30 79.61%	5
6 Bryan Baldsing	M56 Unattached	14.50	NWI	12.45 78.69%	5
7 Jorge Woods	M55 British Columbia	14.78	NWI	12.76 76.73%	5

W55 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading
1 Wendy Alexis	W59 Ottawa Lions	13.91	1.5	10.88 96.41%

M60 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Ralph Cilevitz	M60 Throwers Club	14.57	0.1	12.20 80.30%	4
2 Jarmo Kokko	M63 Unattached	14.88	0.1	12.23 80.04%	4
3 Melvin Doherty	M64 British Columbia	15.67	0.1	12.80 76.52%	4

W60 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading
1 Karla Del Grande	W61 Mississauga Tra	13.68	1.5	10.50 99.93%
2 Karen Shook	W63 British Columbia	16.53	1.5	12.46 84.21%

M65 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1	Sewa Birring	M68 British Columbia	14.13	0.7	11.27	86.91%	3
2	Darrell Patterson	M68 Unattached	14.85	0.7	11.85	82.69%	3

W65 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading
1 Rhona Trott	W65 Hamilton Oly	17.06	1.5	12.62 83.18%

M70 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Tony Powell	M70 Unattached	13.90	0.7	10.96	89.35% 3
2 Peter Evans	M72 Mississauga Tra	14.61	0.7	11.25	87.06% 3
3 David Stern	M74 Mississauga Tra	15.19	0.7	11.41	85.85% 3
4 Barry Adams	M72 British Columbia	16.57	0.7	12.76	76.77% 3

M75 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Gurdev Singh	M75 India	16.27	1.7	12.07	81.13% 2

M80 100 Meter Dash Sat - 11:00

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Ted Rowan	M80 Saskatchewan	15.60	1.7	10.76	91.03% 2
2 Ray Wardle	M81 Ottawa Track	17.66	1.7	11.97	81.77% 2
3 Gerald Graham	M80 Alberta	18.43	1.7	12.71	77.05% 2

M30 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Clayton Latham	M34 Jamaica Masters AC	23.75	NWI	23.09	83.71% 10

W30 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Sheree Mullings	W32 York UniversityT	29.38	1.5	29.39	72.63% 2
2 Marijana Primorac	W34 UTTC	30.76	1.5	30.77	69.38% 2

W35 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Khama Beckles	W39 UTTC	26.11	1.5	24.97	85.48% 2
2 Antoinette Julien	W36 UTTC	33.89	1.5	33.69	63.35% 2

M35 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Matthew Ritter	M36 Unattached	27.22	NWI	26.05	74.17% 10

M40 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Nigel John	M41 UTTC	23.30	NWI	21.45	90.09%	9
2 Jay Foubert	M44 UTTC	24.58	NWI	22.13	87.31%	9
3 Andy Fraser	M42 Unattached	25.52	NWI	23.33	82.84%	9
4 Dale Samuel	M42 Unattached	25.87	NWI	23.65	81.72%	9

W40 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Charmaine Daley	W43 Jamaica	30.29	1.5	27.57 77.42%	2

W45 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Kate Cochrane-Brink	W46 UTTC	30.36	1.5	26.66 80.07%	2
2 Jean Ferguson	W49 Ottawa Track	31.95	1.5	27.10 78.75%	2

M45 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Peter Lawson	M45 Nova Scotia	24.01	3.8	21.46 90.05%	8
2 Chris Lemassif	M47 UTTC	24.38	3.8	21.48 89.95%	8
3 Richard Reid	M45 Jamaica Masters AC	24.53	3.8	21.92 88.14%	8
4 Bernard St. Lewis	M47 Ottawa Lions	26.01	3.8	22.92 84.31%	8
5 Rick Reynolds	M47 Jamaica Masters AC	26.15	3.8	23.04 83.86%	8

M50 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Allan Tissenbaum	M54 Quebec	24.27	0.4	20.35 94.93%	7
2 Michael Lee Foon	M53 Jamaica Masters AC	25.09	0.4	21.19 91.19%	7
3 Tony Disalvo	M54 United State	25.95	0.4	21.76 88.79%	7
4 Joe Baptiste	M53 Jamaica Masters AC	26.54	0.4	22.41 86.21%	7
5 Russell Unilowsky	M54 Manitoba	27.23	0.4	22.83 84.61%	7
6 Marino Sani	M54 Ottawa Lions	27.64	0.4	23.18 83.36%	7
7 Leo Da Silva	M52 Unattached	28.41	0.4	24.16 80.01%	7

M55 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Noel Brown	M55 Manitoba	27.96	2.9	23.28 83.01%	6
2 Steve Millward	M58 Niagara Olym	28.21	2.9	23.02 83.94%	6
3 Jorge Woods	M55 British Columbia	30.28	2.9	25.21 76.65%	6
4 Raymond Jonasson	M58 Unattached	32.76	2.9	26.74 72.28%	6
-- John Varone	M55 Jamaica Masters AC	DNF	2.9		6

W55 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading
1 Wendy Alexis	W59 Ottawa Lions	29.85	-1.8	22.75 93.84%

M60 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Kerry Smith	M60 Jamaica Masters AC	25.72	1.2	20.71 93.31%	5
2 Horace Hudson	M61 United State	27.74	1.2	22.19 87.06%	5
3 Zbigy Zlobicki	M64 United State	28.01	1.2	21.98 87.93%	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

4 Jarmo Kokko	M63 Unattached	31.22	1.2	24.66	78.38%	5
5 Melvin Doherty	M64 British Columbia	32.14	1.2	25.22	76.63%	5

W60 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading
1 Karla Del Grande	W61 Mississauga Tra	29.06	-1.8	21.71 98.35%
2 Karen Shook	W63 British Columbia	35.51	-1.8	26.01 82.06%

M65 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Sewa Birring	M68 British Columbia	29.18	1.2	22.21 87.01%	5

M70 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Tony Powell	M70 Unattached	28.48	-0.8	21.33 90.59%	4
2 Peter Evans	M72 Mississauga Tra	30.19	-0.8	21.93 88.11%	4
3 Surinder Shah	M71 British Columbia	31.72	-0.8	23.40 82.60%	4
4 David Stern	M74 Mississauga Tra	31.95	-0.8	22.49 85.92%	4

M75 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Steffen Kampe	M77 Unattached	43.04	1.7	28.83 67.03%	3

M80 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Ray Wardle	M81 Ottawa Track	37.04	1.7	23.04 83.86%	3

...M80 200 Meter Dash Sun - 11:30

2 Gerald Graham	M80 Alberta	40.74	1.7	25.90 74.62%	3
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W80 200 Meter Dash Sun - 11:30

Name	Age Team	Finals	Wind	Age-Grading
1 Alice Cole	W80 Quebec	44.25	-1.8	26.24 81.36%

M30 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Andy Clements	M31 Great Britain	50.08	50.09 86.22%	8
2 Jonathan Gelie	M30 UTTC	50.67	50.68 85.22%	8
3 Shane Ferth	M33 Waterloo Track Club	50.84	50.10 86.19%	8

M35 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Shawn Beaton	M36 Nova Scotia	56.73	54.65 79.02%	8
-- Howard Powell	M38 Jamaica Masters AC	DQ		8
-- Joey Boland	M35 Running Room Ath	DQ		8

M40 400 Meter Dash Sat - 2:15

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	H#
1 Lyndell Pittman	M42 United State	53.68	49.49 87.26%	7
2 Lenroy Munro	M44 Unattached	55.62	50.55 85.42%	7
3 Andy Fraser	M42 Unattached	58.23	53.69 80.44%	7
4 Dale Samuel	M42 Unattached	64.38	59.36 72.76%	7

M45 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Peter Lawson	M45 Nova Scotia	51.97	46.90 92.09%	6
2 Richard Reid	M45 Jamaica Masters AC	54.31	49.01 88.12%	6
3 Mirco Graenert	M45 Newmarket Huskies	55.93	50.47 85.57%	6
4 Michael Ferguson	M49 Ottawa Lions	65.88	57.84 74.67%	6
5 Ira Irving	M46 Jamaica Masters AC	72.72	65.18 66.25%	6

W45 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading
1 Nancy Catton	W46 UTTC	64.98	55.35 86.00%
2 Kate Cochrane-Brink	W46 UTTC	66.19	56.39 84.42%
3 Jean Ferguson	W49 Ottawa Track	72.44	59.90 79.47%

M50 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Russell Unilowsky	M54 Manitoba	61.19	51.96 83.12%	5
2 Marino Sani	M54 Ottawa Lions	62.03	52.67 81.99%	5

W50 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading
1 Heather O'Hagan	W52 Newmarket Huskies	70.01	56.24 84.65%

M55 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Noel Brown	M55 Manitoba	63.20	53.30 81.01%	4
2 Bruce Urch	M59 Unattached	69.53	57.15 75.56%	4
3 Raymond Jonasson	M58 Unattached	73.32	60.66 71.18%	4
4 Jorge Woods	M55 British Columbia	77.35	65.23 66.19%	4

M60 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Melvin Doherty	M64 British Columbia	74.03	58.98 73.23%	3
-- Horace Hudson	M61 United State	DQ		3

W60 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading
1 Karla Del Grande	W61 Mississauga Tra	66.24	49.00 97.15%

M65 400 Meter Dash Sat - 2:15

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	H#
1 Sewa Birring	M68 British Columbia	68.32	51.64 83.62%	3
2 Duncan Greenshields	M65 UTTC	70.50	55.81 77.38%	3
3 Joe Perle	M68 Unattached	1:26.67	65.51 65.92%	3

M70 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Surinder Shah	M71 British Columbia	71.55	51.41 84.01%	2
2 Roger Cobbledick	M70 Ottawa Lions	78.80	57.68 74.87%	2
3 Takuo Nakano	M74 Alberta	1:37.88	66.35 65.09%	2

M75 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Hylke Van Der Wal	M76 Saskatchewan	1:30.53	59.13 73.04%	2

M80 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Ray Wardle	M81 Ottawa Track	1:32.94	55.02 78.49%	2
2 Gerald Graham	M80 Alberta	1:42.97	62.63 68.95%	2

M85 400 Meter Dash Sat - 2:15

Name	Age Team	Finals	Age-Grading	H#
1 Earl Fee	M85 Mississauga Tra	77.12	40.62106.33%	2

M30 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Bernie Hogan	M33 Unattached	2:09.68	2:09.69 77.97%	5

W30 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading
1 Tanya Sakharov	W33 Boardwalk Runnin	2:28.90	2:28.91 76.08%
2 Marijana Primorac	W34 UTTC	2:37.83	2:37.84 71.77%

M35 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Shawn Beaton	M36 Nova Scotia	2:10.11	2:08.53 78.67%	5
2 Jimmy Semes	M35 Boardwalk Runnin	2:10.55	2:10.18 77.67%	5

W35 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading
1 Delilah Topic	W35 British Columbia	2:42.15	2:42.16 69.86%

M40 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Ryan Leef	M40 Yukon	2:12.71	2:06.15	80.16%	5
2 Louis Byrne	M42 Unattached	2:17.53	2:08.39	78.75%	5
3 Matthew Scholes	M44 Australia	2:30.37	2:17.83	73.36%	5

W40 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading
1 Amy Ballon	W43 UTTC	2:35.55	2:27.33 76.89%
2 Joanna Kotsopoulos	W44 Boardwalk Runnin	3:00.26	2:49.22 66.95%

M45 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Jim Dyck	M48 Unattached	2:07.19	1:52.54 89.84%	5
2 Mirco Graenert	M45 Newmarket Huskies	2:08.55	1:56.74 86.61%	5
3 Robert Muir	M46 Ottawa Track	2:16.52	2:02.91 82.27%	5
4 Ira Irving	M46 Jamaica Masters AC	3:20.36	3:00.39 56.05%	5

W45 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading
1 Annie Bunting	W49 UTTC	2:27.77	2:12.92 85.23%
2 Nancy Catton	W46 UTTC	2:34.21	2:22.28 79.62%
3 Ginette Jones	W48 Newmarket Huskies	2:41.05	2:26.11 77.53%

M50 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Andrew Tuovinen	M51 British Columbia	2:15.88	1:57.16 86.30%	4
2 Serge Faucher	M50 Ottawa Track	2:21.38	2:02.91 82.27%	4
3 Armand D'Oliveira	M54 UTTC	2:22.60	1:59.89 84.34%	4
4 Rob Blair	M50 Newmarket Huskies	2:22.68	2:04.04 81.52%	4
5 Peter Gordon	M53 UTTC	2:32.57	2:09.37 78.16%	4
6 Pierre Kirwin	M54 Unattached	3:06.24	2:36.58 64.58%	4

W50 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading
1 Donna Dixon	W51 Alberta	2:36.30	2:17.64 82.30%
2 Heather O'Hagan	W52 Newmarket Huskies	2:36.96	2:16.45 83.02%
3 Rita Botelho	W54 UTTC	2:43.75	2:18.67 81.69%
4 Nicky Slovitt	W54 UTTC	3:32.47	2:59.92 62.96%

M55 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Bill Cunliffe	M55 Durham Dragons A	2:24.23	2:00.24 84.09%	3
2 Jim Freemantle	M55 Newmarket Huskies	2:31.74	2:06.50 79.93%	3
3 Peter Nowak	M55 Unattached	2:44.75	2:17.34 73.62%	3
4 Raymond Jonasson	M58 Unattached	2:53.86	2:21.51 71.45%	3

W55 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading
1 Rita Quibell	W58 Newmarket Huskies	2:42.13	2:09.77 87.29%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M60 800 Meter Run Sun - 2:00**

Name	Age Team	Finals	Age-Grading	H#
1 John Helliker	M62 UTTC	2:27.94	1:56.69 86.66%	3
2 John Clarke	M62 East Toronto	2:39.01	2:05.42 80.62%	3
3 Tim Payne	M64 Newmarket Huskies	2:54.62	2:15.61 74.56%	3
4 Melvin Doherty	M64 British Columbia	3:02.49	2:21.73 71.35%	3

M65 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Rick Swift	M67 Unattached	2:45.18	2:04.60 81.15%	3
2 Duncan Greenshields	M65 UTTC	2:50.38	2:11.28 77.02%	3

M70 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Gerard Malaczynski	M72 United State	2:47.01	1:58.28 85.49%	2
2 Chris Mackie	M73 Unattached	2:49.07	1:57.88 85.78%	2
3 Roger Cobbledick	M70 Ottawa Lions	3:04.75	2:14.87 74.97%	2
4 Takuo Nakano	M74 Alberta	4:05.65	2:48.59 59.98%	2

M75 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Steffen Kampe	M77 Unattached	3:48.24	2:29.14 67.80%	2
2 Hylke Van Der Wal	M76 Saskatchewan	4:35.55	3:03.08 55.23%	2

M80 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Gerald Graham	M80 Alberta	4:22.45	2:42.80 62.11%	2

M85 800 Meter Run Sun - 2:00

Name	Age Team	Finals	Age-Grading	H#
1 Earl Fee	M85 Mississauga Tra	3:09.10	1:41.70 99.42%	2

M35 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Joey Boland	M35 Running Room Ath	4:05.55	4:02.41 84.98%	4
2 Dave Tepper	M39 Newmarket Huskies	4:20.74	4:07.29 83.31%	4
3 John Machuga	M35 British Columbia	4:30.16	4:26.71 77.24%	4
4 Jimmy Semes	M35 Boardwalk Runnin	4:37.87	4:34.32 75.10%	4

W35 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Carrie Byer	W35 Newmarket Huskies	5:12.89	5:07.33 75.64%	
2 Delilah Topic	W35 British Columbia	5:29.39	5:23.53 71.85%	

M40 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Michael Shields	M40 Longboat RR	5:18.37	4:58.86	68.93%	4
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W40 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading
1 Leanne Shafir	W44 UTTC	5:03.22	4:34.24 84.77%
2 Bobbie Jo Waite Lang	W43 Alberta	5:11.54	4:45.10 81.54%
3 Amy Ballon	W43 UTTC	5:16.70	4:49.82 80.21%
4 Joanna Kotsopoulos	W44 Boardwalk Runnin	6:04.72	5:29.86 70.48%
5 Rachel Talbot	W43 Unattached	6:19.34	5:47.14 66.97%

M45 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Derek Hackshaw	M45 Newmarket Huskies	4:21.45	3:53.92 88.06%	4
2 Robert Muir	M46 Ottawa Track	4:39.87	4:08.17 83.01%	4
3 Gary Cassel	M46 Cambridge Harriers	4:56.16	4:22.61 78.44%	4

W45 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading
1 Liz Maguire	W47 Running Room Ath	4:55.70	4:17.97 90.11%
2 Kathryn Sullivan	W48 Newmarket Huskies	5:19.94	4:35.70 84.32%
3 Elaine Mota	W48 Newmarket Huskies	5:52.64	5:03.87 76.50%
4 Aura Reynoso	W48 Newmarket Huskies	6:12.90	5:21.33 72.35%

M50 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Geoff Peat	M50 Newmarket Huskies	4:22.47	3:44.34 91.83%	4
2 John Willett	M52 UTTC	4:44.95	3:59.39 86.05%	4
3 Rob Blair	M50 Newmarket Huskies	4:58.95	4:15.52 80.62%	4

W50 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading
1 Donna Dixon	W51 Alberta	5:23.02	4:28.01 86.74%
2 Rita Botelho	W54 UTTC	5:44.15	4:34.50 84.69%
3 Carolyn Hicks	W51 Unattached	6:47.67	5:38.25 68.73%
4 Nicky Slovitt	W54 UTTC	7:10.11	5:43.06 67.76%

M55 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Bill Cunliffe	M55 Durham Dragons A	4:54.25	4:00.73 85.57%	3
2 Jeremy Griffiths	M58 Unattached	5:08.92	4:06.49 83.58%	3
3 Jim Freemantle	M55 Newmarket Huskies	5:10.80	4:14.27 81.02%	3
4 Peter Nowak	M55 Unattached	5:33.38	4:32.74 75.53%	3
5 Daniel Bourdeau	M56 Unattached	6:25.29	5:12.63 65.89%	3

W55 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading
1 Lynn Kobayashi	W58 UTTC	6:07.69	4:37.57 83.75%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M60 1500 Meter Run Sat - 1:30**

Name	Age Team	Finals	Age-Grading	H#
1 John Helliker	M62 UTTC	4:59.26	3:51.06 89.15%	3
2 John Clarke	M62 East Toronto	5:22.32	4:08.87 82.77%	3
3 Tim Payne	M64 Newmarket Huskies	5:51.13	4:26.79 77.21%	3
4 Melvin Doherty	M64 British Columbia	6:35.84	5:00.76 68.49%	3
-- Tom Stoyan	M64 Unattached	DNF		3

M65 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Rick Swift	M67 Unattached	5:33.28	4:07.10 83.37%	2
2 Paul Slan	M66 Unattached	5:55.67	4:25.87 77.48%	2

M70 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Chris Mackie	M73 Unattached	5:48.45	4:00.57 85.63%	2
2 Roger Cobbledick	M70 Ottawa Lions	6:08.39	4:26.35 77.34%	2
3 Robert Moore	M73 Toronto Olym	6:52.55	4:44.83 72.33%	2
4 Gary McColeman	M72 UTTC	7:39.41	5:22.14 63.95%	2
5 Takuo Nakano	M74 Alberta	8:05.34	5:29.79 62.46%	2

M75 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Keijo Taivassalo	M75 Unattached	6:24.50	4:17.08 80.13%	2

W80 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading
1 Alice Cole	W80 Quebec	7:47.04	4:02.82 95.74%

M80 1500 Meter Run Sat - 1:30

Name	Age Team	Finals	Age-Grading	H#
1 Gerald Graham	M80 Alberta	9:54.33	6:10.63 55.58%	2

M30 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
1 Bernie Hogan	M33 Unattached	17:12.83	17:00.96 74.15%	3

M35 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
1 John Machuga	M35 British Columbia	17:19.54	16:57.51 74.40%	3
2 Nikolay Ryabkov	M35 Toronto Olym	17:45.06	17:22.49 72.62%	3
3 Jonathan Colford	M36 Unattached	25:11.71	24:30.75 51.47%	3

M40 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Rich Tremain	M43 Unattached	16:20.41	15:05.90	83.56%	3
2 Ryan Leef	M40 Yukon	17:01.15	16:05.09	78.44%	3
3 Kevin Farr	M44 Brantford Track	17:37.64	16:09.76	78.06%	3
4 Pat Menzies	M44 Unattached	18:44.31	17:10.89	73.43%	3

W40 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading
1 Leanne Shafir	W44 UTTC	19:07.81	17:44.14 81.26%
2 Bobbie Jo Waite Lang	W43 Alberta	19:09.74	17:56.74 80.31%
3 Rachel Talbot	W43 Unattached	23:27.35	21:57.99 65.61%

M45 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
1 Laszlo Orosz	M46 Unattached	16:19.34	14:44.15 85.62%	3
2 Darryl Rowan	M48 Toronto Olym	18:20.07	16:17.75 77.42%	3
3 Jianping Xu	M48 Harbour Track	19:18.87	17:10.01 73.49%	3
4 Michael Harvey	M49 Unattached	19:59.64	17:37.73 71.57%	3

W45 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading
1 Liz Maguire	W47 Running Room Ath	18:42.87	16:45.31 86.01%
2 Veronica Biggar	W45 Newmarket Huskies	21:49.71	20:01.01 72.00%

M50 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
1 George Anhang	M51 Quebec	18:20.52	15:54.82 79.28%	2
2 John Willett	M52 UTTC	18:27.40	15:53.03 79.43%	2
3 Jean-Francois Fillion	M54 Quebec	18:36.02	15:44.72 80.13%	2
4 Michael Moon	M53 British Columbia	19:06.71	16:18.84 77.34%	2
5 Tony Madott	M53 Unattached	19:54.91	16:59.98 74.22%	2

M55 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
1 Marcel Boudreau	M56 Timmins Porc	20:51.11	17:21.43 72.69%	2
2 Allan Feldman	M58 Unattached	21:33.01	17:38.20 71.54%	2
3 Daniel Bourdeau	M56 Unattached	24:42.70	20:34.20 61.34%	2

M60 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
1 John Clarke	M62 East Toronto	19:33.85	15:27.58 81.61%	2
2 Melvin Doherty	M64 British Columbia	24:26.84	18:58.42 66.50%	2

M65 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading	H#
1 Rick Swift	M67 Unattached	20:18.59	15:20.04 82.28%	2

M70 5000 Meter Run Sun - 10:00

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading
1 Vern Christensen	M73 UTTC	24:49.54	17:27.30 72.28%
2 Takuo Nakano	M74 Alberta	32:36.38	22:34.41 55.89%
-- Roy Collins	M71 Unattached	DQ	

M75 5000 Meter Run Sun - 10:00

Name	Age Team	Finals	Age-Grading
1 Keijo Taivassalo	M75 Unattached	23:15.66	15:50.17 79.67%
2 Jack Geddes	M77 Unattached	24:11.84	15:52.27 79.49%
3 Steffen Kampe	M77 Unattached	28:49.28	18:54.24 66.74%

M35 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading	H#
1 Nikolay Ryabkov	M35 Toronto Olym	36:56.39	36:09.41 72.83%	2

M40 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading	H#
1 Kevin Farr	M44 Brantford Track	36:48.01	33:44.53 78.04%	2

M45 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading	H#
1 Jianping Xu	M48 Harbour Track	39:04.97	34:44.21 75.81%	2
2 Michael Harvey	M49 Unattached	42:08.27	37:09.18 70.88%	2

W50 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Lynn Bourque	W50 Longboat RR	45:52.88	40:14.28 74.60%
2 Patricia Vilone	W53 Unattached	58:09.60	48:59.99 61.26%

M50 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading	H#
1 Jean-Francois Fillion	M54 Quebec	37:25.96	31:41.21 83.11%	2
2 Roger Moss	M50 Longboat RR	37:39.98	32:56.81 79.93%	2
3 George Anhang	M51 Quebec	38:15.31	33:11.42 79.34%	2
4 Michael Moon	M53 British Columbia	39:52.95	34:02.63 77.35%	2
5 Paul Thibodeau	M51 New Brunswick	40:23.12	35:02.30 75.16%	2
6 Jay Yakabowich	M52 UTTC	40:59.14	35:16.34 74.66%	2
7 Tony Madott	M53 Unattached	41:26.08	35:22.12 74.45%	2

M55 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Marcel Boudreau	M56 Timmins Porc	43:57.22	36:35.23 71.97%

...M55 10000 Meter Run Sat - 8:30

2 Sam Vilone	M56 Unattached	46:37.25	38:48.44 67.86%
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M60 10000 Meter Run Sat - 8:30

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	H#
1 John Clarke	M62 East Toronto	41:17.58	32:37.79 80.70%	2

M65 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Bert de Vries	M67 Longboat RR	48:49.32	36:51.64 71.44%

M70 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Robert Moore	M73 Toronto Olym	51:08.16	35:57.23 73.24%

M75 10000 Meter Run Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Keijo Taivassalo	M75 Unattached	48:09.05	32:46.87 80.33%

M60-65 100 Short Hurdles Sat 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Ralph Cilevitz	M60 Throwers Club	20.56	NWI	18.54 69.65%

M30 110 Short Hurdles Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Jackson Hinton	M33 Alberta	14.55	NWI	14.64 88.18%

M35 110 Short Hurdles Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 David Valenzuela	M37 Unattached	16.04	NWI	15.76 81.92%

M40 110 Short Hurdles Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Ovidiu Negoita	M42 Unattached	20.28	NWI	19.08 67.70%

M45 110 Short Hurdles Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Royce Kinniebrew	M45 United State	21.50	NWI	19.72 65.49%

M75 200 Long Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 Hylke Van Der Wal	M76 Saskatchewan	46.25	NWI	40.48115.57%

M60-75 300 Long Hurdles Sun 1:30

Name	Age Team	Finals	Age-Grading
1 Horace Hudson	M61 United State	52.31	57.44 81.46%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

2 Bill Pontius M64 United State 52.42 55.71 83.98%

M45 400 Long Hurdles Sun - 1:30

Name	Age Team	Finals	Age-Grading
1 Royce Kinniebrew	M45 United State	1:23.17	72.55 64.48%

M55 400 Long Hurdles Sun - 1:30

Name	Age Team	Finals	Age-Grading
1 Glenn Chipkar	M55 Unattached	71.61	56.99 82.08%

W65 2000 Meter Steeplechase Sat - 10:15

Name	Age Team	Finals	Age-Grading
1 Judy Warick	W65 Saskatchewan	10:07.43	10:14.91 88.08%

M70 2000 Meter Steeplechase Sat - 10:15

Name	Age Team	Finals	Age-Grading
1 Vern Christensen	M73 UTTC	9:42.60	9:03.16 87.20%

M75 2000 Meter Steeplechase Sat - 10:15

Name	Age Team	Finals	Age-Grading
1 Hylke Van Der Wal	M76 Saskatchewan	16:39.29	14:44.38 53.56%

M45 3000 Meter Steeplechase Sat - 10:25

Name	Age Team	Finals	Age-Grading
1 Danny Pincivero	M46 Unattached	16:32.14	14:19.79 55.09%

M40 4x100 Meter Relay Sat - 2:30

Team	Finals
1 Jamaica Masters AC 'A'	47.06
1) Rick Reynolds 47	2) Howard Powell 38
3) Joe Baptiste 53	4) Richard Reid 45
2 Unattached 'A'	57.91
1) Karla Del Grande 61	2) Edwin Liu 57
3) Bryan Baldsing 56	4) Raymond Jonasson 58

X40 4x100 Meter Relay Sat - 2:30

Team	Finals
1 University of Toronto TC 'A'	46.53
1) Khama Beckles 39	2) Nigel John 41
3) Jay Foubert 44	4) Christopher Warburton 48

M30 4x400 Meter Relay Sun - 2:00

Team	Finals
1 Jamaica Masters AC 'A'	3:57.33
1) Dale Samuel 42	2) Niegel Geohagen 46

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

3) Richard Reid 45

4) Clayton Latham 34

M40 4x400 Meter Relay Sun - 2:00

Team	Finals
1 Unattached 'B'	3:33.95
1) Chris Lemassif 47	2) Peter Lawson 45
3) Paul Osland 50	4) Michael Sherar 50

W45 4x400 Meter Relay Sun - 2:00

Team	Finals
1 Unattached 'A'	4:28.95
1) Kate Cochrane-Brink 46	2) Donna Dixon 51
3) Annie Bunting 49	4) Nancy Catton 46

M50 4x800 Meter Relay

Team	Finals
1 Unattached 'A'	8:36.39
1) Andrew Tuovinen 51	2) Serge Faucher 50
3) Paul Osland 50	4) Michael Sherar 50

M35 High Jump Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Zoltan Sara	M38 Unattached	1.90m	2.06m 84.07%
2 David Valenzuela	M37 Unattached	1.85m	1.98m 81.14%

M40 High Jump Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M42 Unattached	1.65m	1.86m 76.04%
2 Jasbir Singh Hundal	M41 Unattached	1.40m	1.56m 63.93%

W45 High Jump Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Gaby Szanto	W49 Unattached	1.45m	1.78m 85.29%

M55 High Jump Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Noel Brown	M55 Manitoba	1.65m	2.13m 87.30%
2 Jack Urbanowicz	M56 Unattached	1.25m	1.63m 66.84%

M60 High Jump Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Peter Zowkewych	M63 UTTC	1.30m	1.85m 75.58%
2 Ralph Cilevitz	M60 Throwers Club	1.20m	1.64m 67.42%

W60 High Jump Sat - 8:30

Name	Age Team	Finals	Age-Grading
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Nancy Cochrane	W62 British Columbia	1.05m	1.54m	73.94%
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M65 High Jump Sat - 8:30

Name	Age Team	Finals	Age-Grading
1 Roland Delhomeau	M69 Saskatchewan	1.20m	1.84m 75.47%
-- Stan Seitz	M66 Ottawa Track	NH	

M55 Pole Vault Sun - 10:00

Name	Age Team	Finals	Age-Grading
1 Ambroise Courteau	M56 Quebec	3.05m	4.22m 68.69%
-- Brian Magerkurth	M56 Unattached	NH	

M65 Pole Vault Sun - 10:00

Name	Age Team	Finals	Age-Grading
1 Stan Seitz	M66 Ottawa Track	2.45m	4.02m 65.68%

M30 Long Jump Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Jackson Hinton	M33 Alberta	5.95m	-3.2	6.12m 68.47%

M40 Long Jump Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Nigel John	M41 UTTC	6.80m	-1.9	7.64m 85.43%
2 Ovidiu Negoita	M42 Unattached	5.18m	-1.2	5.89m 65.82%
3 Jasbir Singh Hundal	M41 Unattached	4.73m	-1.2	5.31m 59.42%

M45 Long Jump Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Royce Kinniebrew	M45 United State	4.50m	-0.3	5.30m 59.29%

M50 Long Jump Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Dennis McWhinney	M52 Unattached	5.53m	-2.5	7.12m 79.57%
2 Robert Nasato	M53 Unattached	4.77m	-2.1	6.22m 69.53%
3 Leo Da Silva	M52 Unattached	4.46m	-1.6	5.74m 64.17%

M55 Long Jump Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
1 Noel Brown	M55 Manitoba	4.98m	-1.9	6.68m 74.66%
2 Bryan Baldsing	M56 Unattached	4.40m	-1.3	5.98m 66.87%
3 Edwin Liu	M57 British Columbia	4.30m	+0.0	5.93m 66.26%
4 Raymond Jonasson	M58 Unattached	4.05m	-1.0	5.66m 63.38%

M60 Long Jump Sat - 1:00

Name	Age Team	Finals	Wind	Age-Grading
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1	Ralph Cilevitz	M60 Throwers Club	4.54m	-0.8	6.54m	73.11%
2	Peter Zowkewych	M63 UTTC	3.76m	-2.8	5.67m	63.41%

M75 Long Jump Sat - 1:00

Name	Age	Team	Finals	Wind	Age-Grading
1	Gurdev Singh	M75 India	3.55m	-2.0	6.58m 73.50%
2	Hylke Van Der Wal	M76 Saskatchewan	2.03m	-2.1	3.83m 42.92%

M80 Long Jump Sat - 1:00

Name	Age	Team	Finals	Wind	Age-Grading
1	Ted Rowan	M80 Saskatchewan	3.76m	-1.6	7.71m 86.24%

M35 Triple Jump Sun - 12:30

Name	Age	Team	Finals	Wind	Age-Grading
1	Jonathan Younker	M39 Unattached	13.55m	2.5	14.35m 78.51%

M40 Triple Jump Sun - 12:30

Name	Age	Team	Finals	Wind	Age-Grading
1	Lenroy Munro	M44 Unattached	12.06m	+0.0	13.56m 74.17%
2	Ovidiu Negoita	M42 Unattached	11.17m	2.0	12.26m 67.05%

M45 Triple Jump Sun - 12:30

Name	Age	Team	Finals	Wind	Age-Grading
1	David Ng	M48 Unattached	10.26m	-3.2	12.13m 66.36%

M50 Triple Jump Sun - 12:30

Name	Age	Team	Finals	Wind	Age-Grading
1	Dennis McWhinney	M52 Unattached	10.81m	-1.4	13.48m 73.74%

M55 Triple Jump Sun - 12:30

Name	Age	Team	Finals	Wind	Age-Grading
1	Edwin Liu	M57 British Columbia	9.15m	+0.0	12.25m 66.98%
2	Jack Urbanowicz	M56 Unattached	7.73m	+0.0	10.20m 55.77%

M60 Triple Jump Sun - 12:30

Name	Age	Team	Finals	Wind	Age-Grading
1	Thevarajan Sinnathurai	M60 United T.S.C.	11.18m	0.4	15.66m 85.67%
2	Ralph Cilevitz	M60 Throwers Club	7.80m	+0.0	10.93m 59.77%

M65 Triple Jump Sun - 12:30

Name	Age	Team	Finals	Wind	Age-Grading
1	Roland Delhomeau	M69 Saskatchewan	7.19m	-2.0	11.68m 63.91%

M35 Shot Put Sat - 1:00

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading
1 Fernando Cornejo	M35 Unattached	12.54m	12.54m 54.24%
2 Phillip Vannini	M39 British Columbia	11.26m	11.50m 49.76%
3 Christopher Shanahan	M37 Unattached	10.67m	10.78m 46.63%

W35 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Marie-Josée Le Jour	W35 UTTC	12.31m	12.99m 57.44%
2 Dominique Bilodeau	W35 Quebec	11.21m	11.83m 52.31%
3 Antoinette Julien	W36 UTTC	6.90m	7.43m 32.86%

M40 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Sharaz Shaikh	M42 Unattached	10.57m	11.20m 48.46%
2 Ovidiu Negoita	M42 Unattached	8.09m	8.57m 37.09%
3 Jasbir Singh Hundal	M41 Unattached	7.69m	8.02m 34.70%

W45 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Gaby Szanto	W49 Unattached	9.63m	14.07m 62.21%
2 Janine Sindrey	W47 Throwers Club	7.04m	9.75m 43.11%

M45 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Paul Gautier	M49 New Brunswick	12.33m	14.92m 64.55%

M50 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Danny Yoisten	M54 Throwers Club	12.76m	15.90m 68.79%
2 Muraleetharan Arulpiraga	M54 Unattached	9.44m	11.76m 50.89%

W50 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Elizabeth Hill	W53 Throwers Club	10.30m	15.07m 66.62%
2 Ana Maria Neilson	W52 Unattached	7.61m	10.94m 48.35%
3 Deborah Ecklund	W54 United State	5.34m	7.96m 35.18%

M55 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Jack Urbanowicz	M56 Unattached	7.53m	9.80m 42.42%

W55 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Katherine Willis	W55 UTTC	5.70m	8.65m 38.26%
2 Jane Warren	W59 Nova Scotia	5.51m	9.05m 40.01%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W60 Shot Put Sat - 1:00**

Name	Age Team	Finals	Age-Grading
1 Nancy Cochrane	W62 British Columbia	5.14m	9.00m 39.78%

M60 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M62 Throwers Club	11.32m	15.21m 65.81%
2 Ralph Shapiro	M62 Guelph Track Club	10.38m	13.94m 60.35%
3 Peter Zowkewych	M63 UTTC	9.94m	13.75m 59.52%

M65 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Jerzy Wyroba	M65 Unattached	10.93m	16.08m 69.57%
2 Imrich Kiraly	M66 New Brunswick	9.39m	14.27m 61.74%

W70 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Adri Rowswell	W73 Unattached	7.08m	16.33m 72.17%
2 Yuko Nakano	W70 Alberta	6.74m	14.30m 63.23%

M70 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M70 Throwers Club	11.50m	14.96m 64.75%
2 Moe Jacobs	M70 Unattached	10.64m	13.85m 59.91%
3 Barry Adams	M72 British Columbia	9.19m	12.64m 54.70%
4 Lee McCabe	M74 United State	9.16m	13.36m 57.79%
5 Derek Coleman	M70 Unattached	7.16m	9.32m 40.32%
6 Enrico Toscano	M73 Throwers Club	5.61m	7.94m 34.35%

M75 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Bakhshish Dhillon	M76 British Columbia	8.83m	13.70m 59.30%
2 James Sumner	M75 Unattached	8.50m	12.78m 55.30%
3 David Morris	M76 Throwers Club	8.25m	12.80m 55.41%

W80 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Doreen Carmichael	W83 Unattached	5.63m	18.22m 80.54%

M80 Shot Put Sat - 1:00

Name	Age Team	Finals	Age-Grading
1 Gerald Graham	M80 Alberta	7.53m	11.66m 50.44%

W30 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1	Laura Siverson	W31	Brockville Legio	25.90m	25.90m	33.72%
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M35 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Fernando Cornejo	M35	Unattached	38.93m	38.93m	52.55%
2	Phillip Vannini	M39	British Columbia	37.26m	37.26m	50.30%
2	Phillip Vannini	M39	British Columbia	37.26m	37.26m	50.30%
4	Christopher Shanahan	M37	Unattached	30.67m	30.67m	41.40%

W35 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Marie-Josée Le Jour	W35	UTTC	46.80m	48.14m	62.69%
2	Dominique Bilodeau	W35	Quebec	30.83m	31.71m	41.30%

M40 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Sharaz Shaikh	M42	Unattached	31.90m	32.51m	43.90%
2	Jordan Rosenberg	M44	UTTC	31.14m	32.37m	43.70%
3	Ovidiu Negoita	M42	Unattached	21.85m	22.27m	30.07%

M45 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Peter Ingleton	M48	Unattached	38.95m	43.34m	58.51%
2	Paul Gautier	M49	New Brunswick	36.73m	41.70m	56.30%

M50 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Danny Yoisten	M54	Throwers Club	39.65m	42.71m	57.66%
2	Muraleetharan Arulpiraga	M54	Unattached	28.60m	30.80m	41.59%

W50 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Elizabeth Hill	W53	Throwers Club	28.83m	39.79m	51.82%
2	Ana Maria Neilson	W52	Unattached	18.65m	25.26m	32.89%
3	Deborah Ecklund	W54	United State	14.31m	20.13m	26.22%

M55 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Jack Urbanowicz	M56	Unattached	24.48m	27.56m	37.21%

W55 Discus Throw Sun - 9:00

Name	Age	Team	Finals	Age-Grading		
1	Jane Warren	W59	Nova Scotia	14.96m	23.30m	30.34%

M60 Discus Throw Sun - 9:00

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M62 Throwers Club	39.73m	46.53m 62.81%
2 Ralph Shapiro	M62 Guelph Track Club	30.71m	35.96m 48.55%

W60 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Nancy Cochrane	W62 British Columbia	9.26m	15.41m 20.07%

M65 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Brock Pullen	M65 Throwers Club	36.17m	45.26m 61.10%
2 Imrich Kiraly	M66 New Brunswick	33.76m	43.23m 58.36%
3 David Blackwood	M65 New Brunswick	26.96m	33.73m 45.54%

W65 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Judy Warick	W65 Saskatchewan	19.34m	34.56m 45.01%

W70 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Yuko Nakano	W70 Alberta	23.01m	46.89m 61.05%
2 Adri Rowswell	W73 Unattached	19.74m	43.91m 57.18%

M70 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M70 Throwers Club	33.11m	46.77m 63.14%
2 Moe Jacobs	M70 Unattached	29.38m	41.50m 56.03%
3 Lee McCabe	M74 United State	28.04m	44.15m 59.61%
4 Barry Adams	M72 British Columbia	23.39m	34.83m 47.02%
5 Enrico Toscano	M73 Throwers Club	16.41m	25.12m 33.91%

M75 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Bakhshish Dhillon	M76 British Columbia	27.55m	46.03m 62.15%
2 David Morris	M76 Throwers Club	25.89m	43.26m 58.40%
3 James Sumner	M75 Unattached	20.53m	33.29m 44.94%

M80 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Gerald Graham	M80 Alberta	15.49m	29.48m 39.80%

W80 Discus Throw Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Doreen Carmichael	W83 Unattached	9.99m	27.21m 35.44%

W35 Hammer Throw Sat - 9:30

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading
1 Marie-Josée Le Jour	W35 UTTC	44.55m	50.72m 65.88%
2 Dominique Bilodeau	W35 Quebec	30.29m	34.49m 44.79%

M40 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M42 Unattached	19.29m	21.59m 24.89%

M45 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Paul Gautier	M49 New Brunswick	32.96m	42.33m 48.80%
2 Clint Sheehan	M47 Unattached	25.55m	31.48m 36.30%

W50 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Elizabeth Hill	W53 Throwers Club	32.92m	43.52m 56.52%
2 Deborah Ecklund	W54 United State	17.75m	23.92m 31.07%

M50 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Ayman Mazhar	M54 UTTC	46.20m	58.67m 67.65%
2 Danny Yoisten	M54 Throwers Club	36.12m	45.87m 52.89%

M55 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Jack Urbanowicz	M56 Unattached	21.89m	29.10m 33.56%

W55 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Jane Warren	W59 Nova Scotia	12.85m	19.18m 24.91%

M60 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Edward Daniels	M61 United State	35.90m	51.63m 59.54%
2 Bill Pearson	M62 Throwers Club	30.27m	44.57m 51.38%

W60 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Nancy Cochrane	W62 British Columbia	12.43m	19.83m 25.76%

M65 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Imrich Kiraly	M66 New Brunswick	28.58m	46.49m 53.60%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W65 Hammer Throw Sat - 9:30**

Name	Age Team	Finals	Age-Grading
1 Rhona Trott	W65 Hamilton Oly	30.06m	51.52m 66.92%

M70 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M70 Throwers Club	30.26m	48.75m 56.20%
2 Lee McCabe	M74 United State	21.66m	39.32m 45.33%
3 Enrico Toscano	M73 Throwers Club	16.48m	28.99m 33.43%

W70 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Yuko Nakano	W70 Alberta	19.19m	37.52m 48.74%

M75 Hammer Throw Sat - 9:30

Name	Age Team	Finals	Age-Grading
1 Emil Muller	M79 Unattached	34.22m	73.82m 85.12%
2 Bakhshish Dhillon	M76 British Columbia	30.51m	59.14m 68.18%
3 David Morris	M76 Throwers Club	25.60m	49.62m 57.21%

M30 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Clayton Latham	M34 Jamaica Masters AC	30.96m	32.02m 32.52%

W30 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Laura Siviers	W31 Brockville Legio	26.59m	26.59m 36.42%
2 Joan Chung	W30 UTTC	15.60m	15.60m 21.37%

W35 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Dominique Bilodeau	W35 Quebec	36.35m	36.35m 49.79%
2 Marie-Josée Le Jour	W35 UTTC	30.29m	30.29m 41.49%

M40 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Sharaz Shaikh	M42 Unattached	51.28m	59.80m 60.73%
2 Jordan Rosenberg	M44 UTTC	38.44m	46.39m 47.11%

M45 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Christian Masotti	M46 Unattached	42.55m	53.20m 54.03%
2 Paul Gautier	M49 New Brunswick	35.65m	47.12m 47.86%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

3 Niegel Geohagen M46 Jamaica Masters AC 22.41m 28.02m 28.46%

W45 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Gaby Szanto	W49 Unattached	31.28m	43.64m 59.79%

W50 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Ana Maria Neilson	W52 Unattached	30.76m	44.02m 60.31%
2 Elizabeth Hill	W53 Throwers Club	25.67m	37.66m 51.60%
3 Deborah Ecklund	W54 United State	9.57m	14.40m 19.73%

M55 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Stokley Dean	M56 Unattached	39.60m	56.80m 57.68%
2 Peter St.Pierre	M55 Throwers Club	37.99m	53.41m 54.23%

W55 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Barb Dabrowski	W57 Throwers Club	35.28m	57.55m 78.84%
2 Katherine Willis	W55 UTTC	13.25m	20.47m 28.04%
3 Jane Warren	W59 Nova Scotia	12.70m	21.94m 30.06%

M60 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Terry Gudzowsky	M60 Alberta	40.65m	60.17m 61.11%
2 Michael Finkbeiner	M60 Throwers Club	38.84m	57.49m 58.39%
3 Bill Pearson	M62 Throwers Club	30.91m	47.71m 48.46%

W60 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Nancy Cochrane	W62 British Columbia	12.74m	23.23m 31.83%

M65 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 David Blackwood	M65 New Brunswick	35.01m	57.75m 58.64%
2 Brock Pullen	M65 Throwers Club	34.14m	56.31m 57.19%

M70 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Barry Adams	M72 British Columbia	24.19m	44.57m 45.27%
2 Lee McCabe	M74 United State	19.37m	37.78m 38.37%
3 Enrico Toscano	M73 Throwers Club	11.36m	21.53m 21.86%

W70 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1	Yuko Nakano	W70 Alberta	21.00m	46.68m	63.95%
2	Adri Rowswell	W73 Unattached	16.68m	40.38m	55.32%

M75 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 James Sumner	M75 Unattached	22.01m	44.23m 44.92%
2 David Morris	M76 Throwers Club	18.81m	38.98m 39.58%

M80 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Bob Staveley	M80 Ottawa Lions	20.39m	42.02m 42.67%

W80 Javelin Throw Sun - 12:30

Name	Age Team	Finals	Age-Grading
1 Doreen Carmichael	W83 Unattached	9.45m	32.58m 44.64%

W35 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Marie-Josée Le Jour	W35 UTTC	16.38m	20.88m 88.49%

M40 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Sharaz Shaikh	M42 Unattached	8.25m	9.27m 35.89%
2 Jasbir Singh Hundal	M41 Unattached	6.65m	7.37m 28.53%
3 Ovidiu Negoita	M42 Unattached	6.43m	7.23m 27.97%

M45 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Paul Gautier	M49 New Brunswick	12.78m	15.91m 61.53%
2 Clint Sheehan	M47 Unattached	8.97m	10.83m 41.92%

W45 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Colleen Hill	W46 Jamaica	5.66m	9.00m 38.14%

M50 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Ayman Mazhar	M54 UTTC	16.77m	19.94m 77.14%
2 Danny Yoisten	M54 Throwers Club	12.69m	15.09m 58.37%

W50 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Elizabeth Hill	W53 Throwers Club	11.14m	14.59m 61.82%
2 Deborah Ecklund	W54 United State	5.38m	7.18m 30.43%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W55 Weight Throw Sat - 11:00**

Name	Age Team	Finals	Age-Grading
1 Jane Warren	W59 Nova Scotia	5.50m	8.10m 34.33%

M55 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Jack Urbanowicz	M56 Unattached	8.83m	10.88m 42.09%

M60 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M62 Throwers Club	12.52m	14.83m 57.38%
2 Edward Daniels	M61 United State	12.50m	14.52m 56.15%
3 Ralph Cilevitz	M60 Throwers Club	9.04m	10.29m 39.82%

W60 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Nancy Cochrane	W62 British Columbia	5.52m	7.35m 31.17%

M65 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Imrich Kiraly	M66 New Brunswick	11.68m	15.05m 58.23%

W70 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Yuko Nakano	W70 Alberta	8.22m	13.40m 56.81%

M70 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 John Kasperski	M70 Throwers Club	14.04m	18.17m 70.27%
2 Lee McCabe	M74 United State	7.81m	11.19m 43.29%
3 Enrico Toscano	M73 Throwers Club	6.82m	9.52m 36.83%

M75 Weight Throw Sat - 11:00

Name	Age Team	Finals	Age-Grading
1 Bakhshish Dhillon	M76 British Columbia	12.53m	18.98m 73.45%
2 Emil Muller	M79 Unattached	12.42m	20.58m 79.56%
3 David Morris	M76 Throwers Club	11.25m	17.04m 65.94%

M40 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Andrew Justason	M42 New Brunswick	25.61	NWI	24.43 79.11%	655
2 Matthew Scholes	M44 Australia	27.38	NWI	26.11 74.00%	516

M55 200 Meter Dash Outdoor Pentathlon

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Bruce Urch	M59 Unattached	28.98	NWI	25.02 77.23%	604
2 Jerzy Dabrowa	M56 Unattached	34.03	NWI	29.38 65.77%	288

M60 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60 Throwers Club	32.20	NWI	26.83 72.02%	460

M65 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Roland Delhomeau	M69 Saskatchewan	35.71	NWI	28.60 67.57%	337

M40 1500 Meter Run Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Matthew Scholes	M44 Australia	5:11.55	4:56.57 69.46%	580
2 Andrew Justason	M42 New Brunswick	5:21.94	5:06.46 67.22%	523

M55 1500 Meter Run Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Bruce Urch	M59 Unattached	6:10.73	5:09.08 66.65%	509
2 Jerzy Dabrowa	M56 Unattached	7:15.86	6:03.38 56.69%	250

M60 1500 Meter Run Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M60 Throwers Club	7:36.69	6:02.57 56.82%	254

M65 1500 Meter Run Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M69 Saskatchewan	7:19.29	5:30.75 62.28%	396

M40 Long Jump Outdoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Andrew Justason	M42 New Brunswick	5.37m	NWI	5.85m 65.41%	554
2 Matthew Scholes	M44 Australia	4.48m	NWI	4.88m 54.57%	360

M55 Long Jump Outdoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Bruce Urch	M59 Unattached	4.25m	NWI	5.57m 62.32%	496
2 Jerzy Dabrowa	M56 Unattached	3.57m	NWI	4.68m 52.35%	323

M60 Long Jump Outdoor Pentathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ralph Cilevitz	M60 Throwers Club	4.43m	NWI	6.23m 69.65%	637

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M65 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Roland Delhomeau	M69 Saskatchewan	3.39m	NWI	5.14m 57.56%	409

M40 Discus Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Andrew Justason	M42 New Brunswick	29.86m	32.88m 44.39%	521
2 Matthew Scholes	M44 Australia	18.23m	20.07m 27.10%	273

M55 Discus Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jerzy Dabrowa	M56 Unattached	27.66m	30.71m 41.46%	478
2 Bruce Urch	M59 Unattached	22.01m	24.43m 32.99%	356

M60 Discus Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M60 Throwers Club	27.61m	29.34m 39.61%	451

M65 Discus Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M69 Saskatchewan	28.13m	32.73m 44.19%	518

M40 Javelin Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Andrew Justason	M42 New Brunswick	37.57m	40.80m 41.44%	454
2 Matthew Scholes	M44 Australia	25.78m	28.00m 28.44%	271

M55 Javelin Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Jerzy Dabrowa	M56 Unattached	28.80m	38.53m 39.13%	421
2 Bruce Urch	M59 Unattached	24.51m	32.79m 33.30%	339

M60 Javelin Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M60 Throwers Club	29.74m	42.05m 42.70%	472

M65 Javelin Throw Outdoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Roland Delhomeau	M69 Saskatchewan	25.47m	39.78m 40.40%	439

M40 Outdoor Pentathlon Sun - 8:30

Name	Age Team	Finals
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Andrew Justason	M42 New Brunswick	2707
2 Matthew Scholes	M44 Australia	2000

M55 Outdoor Pentathlon Sun - 8:30

Name	Age Team	Finals
1 Bruce Urch	M59 Unattached	2304
2 Jerzy Dabrowa	M56 Unattached	1760

M60 Outdoor Pentathlon Sun - 8:30

Name	Age Team	Finals
1 Ralph Cilevitz	M60 Throwers Club	2274

M65 Outdoor Pentathlon Sun - 8:30

Name	Age Team	Finals
1 Roland Delhomeau	M69 Saskatchewan	2099

M30 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Jocelyn Ruest	M34 Quebec	6:40.48	6:33.96 78.44%

M40 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Dmitry Babenko	M41 British Columbia	6:14.48	5:51.42 87.93%

M45 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Jianping Xu	M48 Harbour Track	6:58.47	6:10.98 83.29%

W45 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Becky Sillito	W46 Alberta	7:47.96	7:09.36 78.49%

M50 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Lawrence Malek	M54 Toronto Race Wal	8:18.72	6:59.93 73.58%

W55 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Nicole Begin	W55 Quebec	8:46.05	7:27.15 75.37%

W60 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Kris Kozell	W61 Ontario RaceWalkers	8:19.71	6:40.97 84.05%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

2 Teresa Chiozza W63 Alberta 9:09.02 7:11.26 78.14%

M65 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 John Kittredge	M69 Ontario RaceWalkers	8:37.20	6:13.42 82.75%

W80 1500 Meter Race Walk Sat - 10:00

Name	Age Team	Finals	Age-Grading
1 Jean Horne	W81 Ontario RaceWalkers	11:09.82	6:49.60 82.28%

M30 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Jocelyn Ruest	M34 Quebec	25:24.61	25:02.97 71.70%

W35 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Sarah Raetsen	W38 Ontario RaceWalkers	32:30.29	31:43.49 62.36%

M40 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Dmitry Babenko	M41 British Columbia	22:52.56	21:33.37 83.32%

M45 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Jianping Xu	M48 Harbour Track	24:46.05	22:03.63 81.41%

W45 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Becky Sillito	W46 Alberta	27:39.52	25:22.62 77.96%

M50 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Lawrence Malek	M54 Toronto Race Wal	30:41.66	25:58.79 69.13%

W55 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Nicole Begin	W55 Quebec	31:23.52	26:31.77 74.57%

W60 5000 Meter Race Walk Sun - 9:00

Name	Age Team	Finals	Age-Grading
1 Kris Kozell	W61 Ontario RaceWalkers	30:24.15	24:03.27 82.24%
2 Teresa Chiozza	W63 Alberta	32:18.13	24:56.82 79.30%
3 Jacqueline Silverberg	W63 Ontario RaceWalkers	33:42.77	26:02.19 75.98%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M65 5000 Meter Race Walk Sun - 9:00**

Name	Age	Team	Finals	Age-Grading
1 John Kittredge	M69	Ontario RaceWalkers	30:48.73	22:21.81 80.31%
2 Patrick King	M67	Unattached	31:45.66	23:36.10 76.10%