



**TORONTO TRACK & FIELD CENTRE
THROWERS CLUB MEET #2
August 17, 2019 RESULTS**

THROWS PENTATHLON

MASTERS

Men	HT	SP	DT	JT	WT	PTS
Men 65-69						
Mark Cweik 65						
Meters	33.39	10.94	30.91	31.02	13.19	
AG Mark	48.93	14.88	35.96	48.45	14.71	
Perf.%	56.42%	64.39%	48.56%	49.20%	56.89%	
Points	659	782	583	566	718	3,308
Bill Pearson 67						
Meters	25.93	9.11	30.33	23.06	9.75	
AG Mark	38.00	12.39	35.29	36.01	10.87	
Perf.%	43.81%	53.62%	47.64%	36.58%	42.05%	
Points	480	630	569	385	501	2,565
Peter Zowkewych 68						
Meters	18.01	10.22	24.97	29.76	9.05	
AG Mark	26.39	13.90	29.05	46.48	10.09	
Perf.%	30.43%	60.15%	39.22%	47.20%	39.03%	
Points	293	722	446	537	457	2,455
Men 60-64						
Jerzy Dabrowa 61						
Meters	22.77	9.98	30.35	25.34	8.54	
AG Mark	29.78	12.45	32.25	35.83	8.90	
Perf.%	34.34%	53.88%	43.54%	36.38%	34.42%	
Points	347	634	509	382	391	2,263

THROWS PENTATHLON

MASTERS

Women	HT	SP	DT	JT	WT	PTS
Women 55-59						
Kristen Dajia 56						
Meters	34.20	9.29	26.37	19.42	12.46	Can. Rec.
AG Mark	47.82	12.73	37.99	28.12	16.09	
Perf.%	62.11%	56.27%	49.47%	38.53%	68.20%	
Points	884	709	615	441	869	3,518
Women 50-54						
Leah Easton 54						
Meters	21.11	8.50	23.90	17.16	9.05	
AG Mark	27.10	10.71	31.37	22.56	10.69	
Perf.%	35.20%	47.35%	40.85%	30.90%	45.33%	
Points	431	576	488	337	535	2,367

TORONTO TRACK FIELD CENTRE

THROWERS CLUB MEET #3

August 17, 2019

TRIATHLON

MASTERS

Men

Men 75-79

Gary McColeman 76

Meters	0.00	6.24	15.40	13.07	0.00	
AG Mark	0.00	8.73	22.07	24.74	0.00	
Perf. %	0.00%	37.77%	29.79%	25.13%	0.00%	
Points	0	410	311	226	0	947

Men 60-64

Spencer Arnfield 60

Meters	0.00	7.48	27.57	27.22	0.00	
AG Mark	0.00	9.33	29.30	38.48	0.00	
Perf. %	0.00%	40.38%	39.55%	39.08%	0.00%	
Points	0	445	451	420	0	1,316

TRIATHLON

MASTERS

Women

Women 75-79

Adriana Rowsell 78

Meters	0.00	7.19	18.27	13.56	0.00	
AG Mark	0.00	13.17	39.36	30.90	0.00	
Perf. %	0.00%	58.22%	51.26%	42.34%	0.00%	
Points	0	739	642	494	0	1,875



**TORONTO TRACK FIELD CENTRE
THROWERS CLUB MEET #3
August 17, 2019**

SINGLE EVENTS

MASTERS

Men

Hammer

		M	AG Mark	Perf.%	Points
Men 65-69					
Mark Cweik	65	35.81	52.48	60.51%	718
Bill Pearson	67	26.91	39.43	45.47%	503

Shot Put

		M	AG Mark	Perf.%	Points
Men 85-89					
Bob Staveley	85	6.87	11.58	50.12%	581
Men 75-79					
Gary McColeman	77	6.24	8.73	37.77%	410
Men 65-69					
Mark Cweik	65	10.94	14.88	64.39%	782
Peter Zowkewych	68	10.22	13.90	60.15%	722
Bill Pearson	67	9.11	12.39	53.62%	630
Men 60-64					
Spencer Arnfield	60	8.05	10.04	43.46%	488
Men 50-54					
Shawn Folkes	51	9.89	11.59	50.14%	582

Discus

		M	AG Mark	Perf.%	Points
Men 75-79					
Gary McColeman	77	15.40	22.07	29.79%	311
Men 65-69					
Mark Cweik	65	33.42	38.89	52.50%	642
Bill Pearson	67	32.43	37.73	50.94%	619
Peter Zowkewych	68	24.97	29.05	39.22%	446
Men 60-64					
Spencer Arnfield	60	30.09	31.97	43.17%	503

Javelin

		M	AG Mark	Perf.%	Points
Men 85-89					
Bob Staveley	85	17.53	42.73	43.39%	482
Men 75-79					
Gary McColeman	77	13.20	24.99	25.38%	229
Men 65-69					
Peter Zowkewych	68	29.76	46.48	47.20%	537
Bill Pearson	67	24.68	38.55	39.15%	421
Men 60-64					
Peter St. Pierre	60	34.04	48.13	48.88%	561
Spencer Arnfield	60	28.03	39.63	40.25%	437
Men 50-54					
Shawn Folkes	51	32.35	39.71	40.33%	438

Weight

		M	AG Mark	Perf.%	Points
Men 65-69					
Mark Cweik	65	13.48	15.03	58.14%	737
Bill Pearson	67	10.15	11.32	43.78%	526
Peter Zowkewych	68	9.43	10.51	40.67%	481



**TORONTO TRACK FIELD CENTRE
THROWERS CLUB MEET #3
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MASTERS

Women

Hammer

		M	AG Mark	Perf.%	Points
Women 70-74					
Lucille Green	70	16.96	32.49	42.20%	547
Women 50-54					
Leah Easton	54	24.19	31.05	40.33%	516
Women 45-49					
Ruth Rezai	43	40.94	52.06	67.61%	978
Women 30-34					
Aisling Wynne	34	35.92	35.92	46.65%	622

Shot Put

		M	AG Mark	Perf.%	Points
Women 75-79					
Adriana Rowswell	78	7.82	14.32	63.32%	815
Women 50-54					
Leah Easton	54	8.81	11.10	49.08%	602

Discus

		M	AG Mark	Perf.%	Points
Women 75-79					
Adriana Rowswell	78	18.27	39.36	51.26%	642
Women 50-54					
Leah Easton	54	23.90	31.37	40.85%	488

Javelin

		M	AG Mark	Perf.%	Points
Women 75-79					
Adriana Rowswell	78	13.66	31.13	42.65%	498
Women 50-54					
Leah Easton	54	17.16	22.56	30.90%	337

Weight

		M	AG Mark	Perf.%	Points
Women 70-74					
Lucille Green	70	7.29	10.69	45.31%	535
Women 50-54					
Leah Easton	54	9.29	10.98	46.54%	553



TORONTO TRACK FIELD CENTRE
 THROWERS CLUB MEET #3
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SINGLE EVENTS
PARA TIE DOWN

Men	CL	M
Shot Put		
Anthony McMillan	F57	8.96
Ryan Bennett	F34	4.12

Discus		
Anthony McMillan	F57	24.78
Steve Surman	F55	14.34
Ryan Bennett	F34	13.57

Javelin		
Anthony McMillan	F57	19.09
Ryan Bennett	F34	10.22

Women	CL	M
Shot Put		
Tiffany Gaudette	F56	5.53
Martha Sandoval Gustafson	F56	3.63
Joanne Lee	F34	4.10

Discus		
Tiffany Gaudette	F56	17.06
Martha Sandoval Gustafson	F56	8.23
Joanne Lee	F34	11.07

Javelin		
Tiffany Gaudette	F56	11.20
Martha Sandoval Gustafson	F56	5.16

PARA AMBULATORY

Men	CL	M
Shot Put		
None		

Discus		
Kevin Strynosch	F31	43.35

Javelin		
None		

Women	CL	M
Shot Put		
Heather Cowley	F64	6.33
Charlotte Bolton	F41	6.38

Discus		
Heather Cowley	F64	21.20
Charlotte Bolton	F41	21.19 Can. Rec.

Javelin		
Charlotte Bolton	F41	20.33 Can. Rec.



TORONTO TRACK FIELD CENTRE
 THROWERS CLUB MEET #3
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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET/BANTAM

Male

Hammer

Age M

None

Shot Put

Age M

Bantam

Kenzo Miller 12 11.16

Midget

Aidan Boulos 15 13.38

Youth

Jordan Gluck 17 15.78

Boris Siminac 17 11.80

Senior

Eli Pawliw 24 17.93

Eric Brathwaite 28 DNS

Discus

Age M

Bantam

1.0kg

Kenzo Miller 12 24.01

Midget

1.0kg

Daniel Swayze 15 38.79

Aidan Boulos 15 26.59

Youth

1.5kg

Callan Saldutto 17 46.04

Boris Simanic 17 ND

Jordan Gluck 17 DNS

Javelin

Age M

Bantam

Matthew Chow 12 25.74

Kenzo Miller 12 22.61

Koji Miller 10 11.10

Colton Crewdis 12 DNS

Midget

Daniel Swayze 15 42.55

Youth

Callan Saldutto 17 58.45

Daniel Smart-Reed 17 44.23

Junior

Erik Taylor 18 61.57

Dan Durkin 18 56.18

Griffin Taylor 18 DNS

Senior

Evan Karakolis 25 66.84

Mark Chan 25 37.83



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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET/BANTAM

Female

Hammer

Age M

Bantam

Ana Maria Manousaridis 13 39.50

Senior

Holly Taylor 20 48.48

Shot Put

Age M

Junior

Meghan Mori 18 10.36

Senior

Kaitlin Brooks 23 14.66

Dallyssa Huggins 20 11.42

Discus

Age M

Bantam

Sophia Saldutto 13 32.45

Junior

Meghan Mori 18 30.78

Javelin

Age M

Bantam

Sophia Saldutto 13 28.21

Midget

Nicole Chow 14 29.99

Youth

Taylor Powers-Luketic 17 37.03

Senior

Ashley Pryke 22 49.17

Dallyssa Huggins 20 30.98

