

Masters Overall Women

1	159	Montgomery	Darcie	Hershey Harriers Athletic Club	32:51.8	05/10/1969
2	312	Christie	Juliette	Prairie Inn Harriers Racing Te	34:03.7	05/17/1962
3	160	O'krane	Cindy	Hershey Harriers Athletic Club	35:23.9	08/30/1963
4	248	De St. Croix	Maureen	Ocean Athletics	36:30.2	05/26/1953
5	285	Zinetti	Nathalie	Ocean Athletics	37:48.5	10/25/1964
6	261	Jordan	Debbie M.	Ocean Athletics	38:04.4	05/20/1957
7	293	Ritchie	Laurie	Oceanside Track & Field Club	38:31.7	03/03/1961
8	287	Heather	Beatty	Oceanside Running Club	38:57.4	11/05/1955
9	173	Lynne	Dueck	Kajaks Track & Field Club	41:13.8	04/22/1957
10	344	Morgan	Shonna	Semiahmoo Sun Runners	49:08.1	08/13/1964
11	147	Aron	Angela	Golden Ears Athletics	49:57.1	12/13/1969
12	341	Hinze	Mary	Semiahmoo Sun Runners	56:19.0	07/18/1962
12	342	Lowe	Donna	Semiahmoo Sun Runners	56:19.0	03/30/1948

Masters Overall Men

1	308	Bomba	Mark	Prairie Inn Harriers Racing Te	26:52.5	01/02/1969
2	297	Odermatt	Craig	Pacific Athletics	27:05.6	05/05/1970
3	146	Murphy	Mike	Frontrunners Nanaimo	28:30.1	05/26/1971
4	162	Tuovinen	Andrew	Hershey Harriers Athletic Club	29:28.2	03/07/1963
5	179	Brewster	Richard	Kamloops Ridge Runners	29:38.7	10/08/1964
6	116	Ginther	Tyler	Coastal Track Club	29:49.2	02/25/1966
7	161	Sheel	William	Hershey Harriers Athletic Club	30:21.2	04/07/1969
8	311	Christie	Gordon	Prairie Inn Harriers Racing Te	30:57.2	09/17/1961
9	180	Sigalet	J.Phillip	Kamloops Ridge Runners	31:08.3	08/08/1960
10	144	Titov	Mikhail	Elite Track & Field Academy	31:09.9	02/07/1968
11	385	Nightingale	Larry	Sunshine Coast Athletics	31:24.3	02/21/1963
12	157	Boileau	Arthur	Hershey Harriers Athletic Club	31:44.6	10/09/1957
13	145	Ross	Mikey	English Bay Triathlon Club	31:45.7	10/01/1956
14	332	Haigh	Andrew	Salt Spring Sneakers	31:45.8	11/21/1955
15	423	Ladyman	Jason	Unattached British Columbia	31:55.6	10/07/1971
16	418	Durrant	Robert	Unattached British Columbia	31:59.8	02/07/1965
17	178	Beardsell	David	Kamloops Ridge Runners	32:21.2	02/06/1963
18	601	Reimer	Paul	Unattached British Columbia	32:40.3	02/18/1955
19	336	Boulton	Chris	Semiahmoo Sun Runners	33:23.7	11/10/1964
20	452	Lang	Rob	Unattached	33:27.2	06/14/1956
21	113	Wichmann	Ron	Chilliwack Track & Field	33:34.9	05/20/1955
22	175	Maika	Christopher	Kajaks Track & Field Club	33:55.9	10/21/1963
23	275	Ribeiro	David	Ocean Athletics	34:28.4	09/19/1960
24	171	Hosford	Steve	Kajaks Track & Field Club	34:40.5	11/29/1950
25	457	Robinson	Keith	Unattached	34:45.6	11/05/1956
26	346	Woods	Rick	Semiahmoo Sun Runners	35:26.6	01/05/1950
27	410	Kobylanski	Ken	unatt	35:45.6	03/06/1966
28	338	Flett	Gordon	Semiahmoo Sun Runners	36:10.8	03/03/1960
29	343	Maione	Louie	Semiahmoo Sun Runners	36:28.6	07/30/1970
30	176	Pawluk	Fred	Kajaks Track & Field Club	37:12.5	10/06/1947
31	262	Jordan	John	Ocean Athletics	37:50.8	10/17/1949

32	345	Wood	Paul	Semiahmoo Sun Runners	38:47.3	12/01/1948
33	279	Smith	Bradley	Ocean Athletics	39:09.9	07/03/1960
34	431	Nose	Lance	Unattached British Columbia	39:28.1	08/11/1956
35	170	Caruso	John	Kajaks Track & Field Club	39:39.6	07/27/1940
36	430	Moore	Duncan	Unattached British Columbia	39:47.6	09/19/1962
37	339	Hastie	Tom	Semiahmoo Sun Runners	39:53.9	07/12/1946
38	337	Cerullo	Antonio	Semiahmoo Sun Runners	40:13.9	08/30/1966
39	405	Herrmann	Trevor	TJ runners	40:23.6	12/20/1962
40	500	Meehan	James	Valley Royals Track & Field	40:30.7	04/11/1956
41	174	Madderom	Jake	Kajaks Track & Field Club	41:08.9	10/08/1944
42	427	Macdougall	Wayne	Unattached British Columbia	41:27.0	05/17/1955
43	199	Steininger	Bernie	Lions Gate Road Runners	43:21.6	05/23/1946
44	600	Kavanagh	Edward	Unattached	43:44.0	05/26/1940
45	334	Barrett	Nigel	Semiahmoo Sun Runners	45:28.7	08/02/1956
46	422	Kurucz	Frank	Unattached British Columbia	47:01.2	11/19/1929
47	335	Bennett	Gary	Semiahmoo Sun Runners	47:45.7	05/16/1967
48	416	Daniel	Rob	Unattached British Columbia	55:10.8	08/21/1939
49	340	Hinze	Jim	Semiahmoo Sun Runners	56:19.0	07/13/1953
50	168	Agnew	George	Kajaks Track & Field Club	1:10:22:00	09/24/1938

Girls 9 1.5 km

1	148	Haintz	Marquesis	Golden Ears Athletics	06:46.1	05/27/2002
2	518	Lewis	Kendra	Vancouver Olympic Club	06:49.8	04/18/2002
3	181	Seibel	Sophia	Kamloops Track & Field Club	07:00.1	03/02/2002
4	206	Dickenson	Karly	Nanaimo & District Track & Fie	07:11.5	01/01/2002
5	264	Kobylanski	Maya	Ocean Athletics	07:22.1	01/01/2002
6	109	Lenz	Marin	Chilliwack Track & Field	07:24.0	01/09/2002
7	252	Duchesne	Nicolett	Ocean Athletics	07:26.5	01/08/2002
8	394	Macgillivray	Madison	Surrey Christian	07:29.2	04/25/2002
9	549	Chambers	Jocelyn	West Point Grey Academy	07:30.4	01/01/2002
10	250	Deslauriers	Katie	Ocean Athletics	07:33.1	01/01/2002
11	551	Gadalla	Heather	West Point Grey Academy	07:34.3	01/01/2002
12	247	Cunha	Alanna	Ocean Athletics	07:35.5	02/22/2002
13	537	Suriya	Shaunika	Vancouver Thunderbirds	07:35.6	06/03/2002
14	322	Bernier	Anaiyah	Royal City Track & Field	07:52.9	06/04/2002
15	395	Nichols	Caitlyn	Surrey Christian	07:59.7	07/10/2002
16	414	Bridges	Sequoia	Unattached British Columbia	08:03.6	04/18/2002
17	227	Rastad	Julia	Norwesters Track & Field	08:18.8	05/01/2002
18	443	Chambers	Charlotte	Unattached	08:22.0	04/17/2002
19	189	Waring	Arshdeep	King Traditional Elementary Sc	08:24.4	08/22/2002
20	364	Lofing	Eva	Southridge	08:30.2	01/01/2002
21	184	Johnson	Sarah	King Traditional Elementary Sc	08:30.4	01/11/2002
22	603	Chohan	Jasmine	Unattached British Columbia	08:39.4	02/27/2002

Boys 9 1.5 km

1	556	Mackie	Jeremiah	White Rock Christian Academy	06:20.0	01/01/2002
2	365	Muncey-Buckley	Brandt	Southridge	06:44.2	01/01/2002

3	429 Moore	Stephen	Unattached British Columbia	06:45.3	02/20/2002
4	107 Lenz	Brandt	Chilliwack Track & Field	07:10.8	02/02/2002
5	388 Engbers	Comrie	Surrey Christian	07:12.1	06/29/2002
6	182 Bosak	Blake	King Traditional Elementary Sc	07:13.8	10/21/2002
7	543 Herrmann	Nicholas	Victoria Track & Field Club	07:17.0	12/14/2002
8	284 Yarmoshuk	Cole	Ocean Athletics	07:21.3	08/17/2002
9	347 Mckay	Fraser	South Fraser Track & Field	07:21.3	01/04/2002
10	186 Malay	Jovan	King Traditional Elementary Sc	07:28.6	03/25/2002
11	498 Mackenzie	Kai	Valley Royals Track & Field	07:35.7	10/27/2002
12	190 Williamson	Reid	King Traditional Elementary Sc	07:44.2	07/17/2002
13	191 Wilson	Noah	King Traditional Elementary Sc	07:46.3	10/19/2002
14	125 Klimos	Nicolas	Coquitlam Cheetahs	07:48.3	06/07/2002
15	400 Versluis	Jaden	Surrey Christian	07:57.3	07/06/2002
16	244 Clendenin	Noah	Ocean Athletics	08:03.0	01/01/2002
17	185 Laurie	Ethan	King Traditional Elementary Sc	08:11.0	10/28/2002
18	126 Klimos	Tyler	Coquitlam Cheetahs	08:23.8	06/07/2002
19	358 Bay	Carson	Southridge	08:24.8	01/01/2002
20	359 Bell	Connor	Southridge	08:26.0	01/01/2002
21	360 Block	Graham	Southridge	08:46.9	01/01/2002
22	367 Tkatch	Brian	Southridge	09:19.6	01/01/2002
23	363 Lister	Graeme	Southridge	09:43.6	01/01/2002

Girls 10 2.0 km

1	278 Smith	Cayla	Ocean Athletics	07:59.2	01/10/2001
2	522 Watson	Nina	Vancouver Olympic Club	08:00.0	04/21/2001
3	267 Milic	Hannah	Ocean Athletics	08:03.9	01/01/2001
4	501 Motion	Emily	Valley Royals Track & Field	08:37.2	05/18/2001
5	467 Nijjar	Jasneet	Universal Athletics Club	08:52.7	06/12/2001
6	480 Chalk	Grace	Valley Royals Track & Field	08:53.8	09/17/2001
7	489 Hutchison	Cassidy	Valley Royals Track & Field	08:55.4	12/15/2001
8	217 Watson	Kaitlyn	Nanaimo & District Track & Fie	08:57.8	01/01/2001
9	510 Ainsworth	Chloe	Vancouver Olympic Club	08:58.1	03/27/2001
10	521 Rockel	Stella	Vancouver Olympic Club	09:13.9	10/07/2001
11	477 Bishop	Regan	Valley Royals Track & Field	09:15.1	10/11/2001
12	466 Basra	Snehpreet	Universal Athletics Club	09:21.1	06/04/2001
13	131 Smigelski	Natasha	Coquitlam Cheetahs	09:43.7	09/26/2001
14	188 Reimer	Kailey	King Traditional Elementary Sc	09:45.4	10/23/2001
15	486 Haw	Emily	Valley Royals Track & Field	09:56.7	02/05/2001
16	402 Weger	Hannah	Surrey Christian	09:57.3	01/01/2001
17	550 Cumming	Anna	West Point Grey Academy	09:58.5	01/01/2001
18	399 Tweedie	Emma	Surrey Christian	10:11.8	01/11/2001
19	547 Adams	Josephine	West Point Grey Academy	10:14.0	01/01/2001
20	183 Friesen	Olivia	King Traditional Elementary Sc	10:22.1	05/11/2001
21	201 Anderton	Courtney	Nanaimo & District Track & Fie	10:23.7	01/01/1999
22	286 Zinetti	Daniella	Ocean Athletics	10:31.5	01/01/2001
23	149 Haintz	Mateya	Golden Ears Athletics	10:46.6	02/10/2001
24	386 Chao	Stacy	Surrey Christian	11:05.7	06/05/2001

25	564	Lowka	Shianne	Royal City Track & Field	11:26.9	08/03/2001
26	366	Rumm	Ingrid	Southridge	11:33.2	01/01/2001

Boys 10 2.0 km

1	194	Ralph	Justin	Langley Fundamental Elementary	07:53.8	12/18/2001
2	216	Seaman	Nate	Nanaimo & District Track & Fie	07:55.9	07/18/2001
3	507	Wakelyn	Parker	Valley Royals Track & Field	08:13.8	03/20/2001
4	511	Blakely	Liam	Vancouver Olympic Club	08:24.0	02/07/2001
5	167	Henderson	UNBC	Unattached BC	08:26.7	10/31/2001
6	548	Bourne	Jacob	West Point Grey Academy	08:31.5	01/01/2001
7	198	Perovich	Josiah	Langley Mustangs	08:34.8	04/15/2001
8	197	Kastelein	Caleb	Langley Mustangs	08:39.8	01/22/2001
9	403	Yzerman	Peter	Surrey Christian	08:42.6	01/01/2001
10	397	Stephens	Jackson	Surrey Christian	08:45.0	09/27/2001
11	327	Jones	Maxwell	Royal City Track & Field	08:49.3	10/20/2001
12	321	Belcher	Jeremy	Royal City Track & Field	08:52.2	11/27/2001
13	390	Hamelin	Nick	Surrey Christian	08:52.6	03/28/2001
14	396	Nill	Yanik	Surrey Christian	09:09.2	06/08/2001
15	329	Slotman	Noah	Royal City Track & Field	09:39.9	06/28/2001
16	187	Pastro	Treyden	King Traditional Elementary Sc	09:42.5	08/07/2001
17	192	Wondratschek	Nicolas	King Traditional Elementary Sc	09:46.9	12/14/2001
18	483	Dhillon	Baldeep	Valley Royals Track & Field	09:53.7	06/25/2001
19	481	Chapman	Theo	Valley Royals Track & Field	10:30.2	04/15/2001
20	355	Spires	Ethan	Southpointe Academy	10:42.8	04/26/2001
21	326	Jensen	Ryan	Royal City Track & Field	11:46.5	06/27/2001

Girls 11 2.0 km

1	540	Cathro	Ashley	Victoria Track & Field Club	07:50.3	01/19/2000
2	209	Heisterman	Madison	Nanaimo & District Track & Fie	07:52.3	07/16/2000
3	108	Lenz	Sienna	Chilliwack Track & Field	08:05.5	04/10/2000
4	260	Jillings	Gabe	Ocean Athletics	08:08.4	01/18/2000
5	274	Ribeiro	Hayley	Ocean Athletics	08:26.1	09/29/2000
6	215	Robinson	Sofia	Nanaimo & District Track & Fie	08:47.8	09/26/2000
7	446	Fetherstonhaugh	Grace	Unattached	08:51.3	10/13/2000
8	478	Calverley	Josephine	Valley Royals Track & Field	09:02.6	03/04/2000
9	554	Steiner	Giselle	West Point Grey Academy	09:06.5	01/01/2000
10	488	Hutchison	Marley	Valley Royals Track & Field	09:11.6	03/18/2000
11	281	Tork	Alina	Ocean Athletics	09:22.9	01/01/2000
12	105	Gagon-Bounaix	Aiyana	Chilliwack Track & Field	09:26.0	01/02/2000
13	552	Moxham	Lindy	West Point Grey Academy	09:32.2	01/01/2000
14	218	Malysheva	Aleksandra	New West Spartans Track & Fiel	09:33.9	04/26/2000
15	259	Janzen	Donne	Ocean Athletics	09:35.8	03/15/2000
16	223	Eldred	Kate	Norwesters Track & Field	09:37.8	10/24/2000
17	491	Janzen	Eva	Valley Royals Track & Field	09:53.7	02/29/2000
18	553	Randall	Kennedy	West Point Grey Academy	09:54.1	01/01/2000
19	282	Unger	Danika	Ocean Athletics	09:54.2	01/01/2000
20	232	Bekar	Mya	Ocean Athletics	09:56.8	07/17/2000

21	214	Robinson	Mikaela	Nanaimo & District Track & Fie	10:12.6	09/26/2000
22	129	Parra	Yasmine	Coquitlam Cheetahs	11:39.3	12/27/2000

Boys 11 2.0 km

1	557	Mackie	Jaxon	White Rock Christian Academy	07:31.9	01/01/2000
2	455	Ney	Josiah	Unattached	07:40.6	03/15/2000
3	528	Fisher	Paul	Vancouver Thunderbirds	07:48.0	02/27/2000
4	102	Henderson	Ross	Blueridge School	07:50.4	02/12/2000
5	372	Mitchell	Michael	St. George's Junior School	07:57.5	03/16/2000
6	128	Parmar	Rajeev	Coquitlam Cheetahs	07:58.7	08/07/2000
7	152	Roberts	Graeme	Golden Ears Athletics	07:59.8	04/19/2000
8	546	Wulder	Hank	Victoria Track & Field Club	08:14.0	10/02/2000
9	371	Matsubara	Yoshi	St. George's Junior School	08:25.5	03/08/2000
10	517	Jackson	Devan	Vancouver Olympic Club	08:37.1	09/16/2000
11	325	Hunter	Ian	Royal City Track & Field	08:42.6	02/14/2000
12	479	Chalk	Luke	Valley Royals Track & Field	08:44.2	01/27/2000
13	387	Dejager	Tyler	Surrey Christian	08:44.6	01/01/2000
14	544	Svorkdal	Bjorn	Victoria Track & Field Club	08:44.9	07/28/2000
15	169	Cantarella	Egidio	Kajaks Track & Field Club	08:52.5	03/10/2000
16	401	Versluis	Mason	Surrey Christian	09:12.1	01/01/2000
17	370	Johnson	Tristan	St. George's Junior School	09:48.3	04/20/2000
18	234	Bona	Ben	Ocean Athletics	09:52.7	05/14/2000
19	271	Ostrinski	Carson	Ocean Athletics	10:20.8	11/09/2000
20	502	Rai	Jaskarn	Valley Royals Track & Field	10:22.7	02/09/2000
21	236	Boparai	Mantaj	Ocean Athletics	10:27.6	08/11/2000
22	124	Klimos	Dylan	Coquitlam Cheetahs	10:53.7	10/13/2000
DQ	349	Cuthbert	Chloe	Southpointe Academy	Off Course	02/02/2000

Girls 12 4.0 km

1	432	Ridenour	Desirae	Unattached British Columbia	12:02.7	12/15/1999
2	280	Steer	Danielle	Ocean Athletics	12:03.8	04/29/1999
3	196	Champoux	Megan	Langley Mustangs	12:59.5	01/01/1999
4	115	Ginther	Georgia	Coastal Track Club	13:16.3	05/27/1999
5	226	Rastad	Emma	Norwesters Track & Field	13:16.8	02/27/1999
6	296	Martinusen	Christina	Pacific Athletics	13:25.5	03/09/1999
7	324	Chilton	Emily	Royal City Track & Field	13:32.0	01/08/1999
8	222	Belland	Andi	Norwesters Track & Field	13:57.2	02/03/1999
9	257	Good	Carly	Ocean Athletics	13:57.4	01/01/1999
10	239	Budiman	Maryn	Ocean Athletics	14:00.5	02/19/1999
11	425	Lapointe	Annelise	Unattached British Columbia	14:06.3	09/21/1999
12	276	Seidelmann	Lisa	Ocean Athletics	14:11.6	05/28/1999
13	330	Vanee	Lauren	Royal City Track & Field	14:12.2	05/10/1999
14	150	Hennessey	Jamie	Golden Ears Athletics	14:12.7	10/07/1999
15	224	Goodwin	Anna	Norwesters Track & Field	14:35.7	04/30/1999
16	228	Sim	Jenna	Norwesters Track & Field	15:04.5	05/02/1999
17	351	Mackenzie	Meaghan	Southpointe Academy	15:21.1	07/11/1999
18	475	Bako	Jensen	Valley Royals Track & Field	15:30.9	06/29/1999

19	137	Moody	Olivia	Deerfoot Athletic Club	15:51.5	01/13/1999
20	328	Noort	Olivia	Royal City Track & Field	15:55.4	03/05/1999
21	465	Basra	Prabhneet	Universal Athletics Club	16:11.4	01/01/1999
22	256	Gee	Lauren	Ocean Athletics	16:22.0	01/01/1999
23	323	Bos	Kathryn	Royal City Track & Field	16:38.9	03/16/1999
24	529	Jankovic	Iva	Vancouver Thunderbirds	18:00:00	11/17/1999

Boys 12 4.0 km

1	373	Pelayo-Mazzone	Roberto	St. George's Junior School	11:54.6	01/01/1999
2	519	Nobbs	Thomas	Vancouver Olympic Club	11:55.7	08/07/1999
3	273	Ribeiro	Dawson	Ocean Athletics	11:56.0	01/01/1999
4	535	Palaty	Willem	Vancouver Thunderbirds	13:13.6	01/01/1999
5	195	Buckingham	Paul	Langley Mustangs	13:41.7	07/21/1999
6	254	Forsyth	Luke	Ocean Athletics	13:47.6	06/28/1999
7	354	Morrison	Brent	Southpointe Academy	13:50.2	10/17/1999
8	298	Waring	Parmvir	Parm	14:01.5	08/01/1999
9	468	Sillars	Spencer	Universal Athletics Club	14:05.4	01/01/1999
10	520	Picken	Ryan	Vancouver Olympic Club	14:10.4	08/19/1999
11	392	King	Trenton	Surrey Christian	14:21.6	01/01/1999
12	527	Cunning	Dimitri	Vancouver Thunderbirds	14:36.7	09/12/1999
13	200	Anderton	Nathan	Nanaimo & District Track & Fie	15:08.9	01/01/2001
14	289	Bassett	Jacob	Oceanside Track & Field Club	15:28.7	06/08/1999
15	193	Durrant	Evan	Langley Christian School	16:04.2	10/06/1999
16	352	Marsden	Jim	Southpointe Academy	18:04:00	03/08/1999

Girls 13

1	495	Konrad	Hannah	Valley Royals Track & Field	12:49.3	06/18/1998
2	212	Morris	Amy	Nanaimo & District Track & Fie	13:11.0	10/27/1998
3	302	Venkataraman	Maya	Penticton Athletics	13:35.7	11/11/1998
4	231	Bekar	Kiana	Ocean Athletics	13:47.6	09/22/1998
5	104	Belknap	Delaney	Chilliwack Track & Field	13:54.5	07/20/1999
6	154	Tinkham	Mikayla	Golden Ears Athletics	13:56.1	10/21/1998
7	110	Muir	Megan	Chilliwack Track & Field	13:59.0	08/18/1998
8	514	Cho	Samantha	Vancouver Olympic Club	14:07.8	09/18/1998
9	235	Boparai	Jolden	Ocean Athletics	14:20.6	01/31/1998
10	409	Brougham	Katie	unatt	14:47.6	11/04/1998
11	458	Shannon	Aimee	Unattached	15:07.4	01/01/1998
12	263	Klymchuk	Samantha	Ocean Athletics	15:47.6	03/19/1998
13	541	Herrmann	Andrea	Victoria Track & Field Club	20:13:56	10/25/1998
	258	Greer	Julia	Ocean Athletics	DNF	12/17/1998

Girls 14

1	272	Ribeiro	Chelsea	Ocean Athletics	12:04.4	01/01/1997
2	404	Jones	Rachel	Sutherland Secondary HS	12:38.3	02/18/1997
3	558	Pilgrim	Callum	WJ Mouat	12:38.5	05/16/1997
4	515	Cho	Stephanie	Vancouver Olympic Club	13:09.6	01/24/1997
5	230	Weaver	Katie	Norwesters Track & Field	13:36.8	04/03/1997

6	299 Mylie	Emma	Peninsula Track & Field Club	13:48.2	04/15/1997
7	300 Mann	Nicole	Penticton Athletics	13:56.5	10/23/1997
8	153 Smart	Mikaela	Golden Ears Athletics	13:58.3	05/19/1997
9	122 Cho	Reina	Coquitlam Cheetahs	14:00.4	02/28/1997
10	106 Leblanc	Caitlin	Chilliwack Track & Field	14:59.1	11/07/1997
11	512 Boothroyd	Alexandra	Vancouver Olympic Club	15:44.8	08/17/1997
12	492 Johnson	Erica	Valley Royals Track & Field	16:18.1	12/21/1997
13	391 Kimball	Rebecca	Surrey Christian	18:41.5	05/10/1997

Girls 15

1	291 Bassett	Miryam	Oceanside Track & Field Club	11:55.0	08/27/1996
2	205 Deschiffart	Marita	Nanaimo & District Track & Fie	12:02.4	08/01/1996
3	203 Deschiffart	Erica	Nanaimo & District Track & Fie	12:10.3	08/01/1996
4	503 Ross	Sarya	Valley Royals Track & Field	12:38.6	03/10/1996
5	534 Newton	Tomo	Vancouver Thunderbirds	13:31.8	03/31/1996
6	539 Wong	Madison	Vancouver Thunderbirds	14:37.9	06/09/1996
7	208 Grey	Emily	Nanaimo & District Track & Fie	15:29.4	07/29/1996

Boys 13

1	268 Milic	Michael	Ocean Athletics	10:50.3	01/01/1998
2	531 Lumb	Kieran	Vancouver Thunderbirds	11:08.2	08/02/1998
3	439 Bergman	Sean	Unattached	11:31.5	08/22/1998
4	202 Bailey	Josh	Nanaimo & District Track & Fie	11:41.7	02/07/1998
5	211 Higgins	Carter	Nanaimo & District Track & Fie	11:52.3	01/01/1998
6	524 Marshall	Brodie	Vancouver Pacific Swim Club	11:54.0	11/06/1998
7	526 Broatch	Thomas	Vancouver Thunderbirds	11:58.8	01/01/1998
8	482 Conner	Matthew	Valley Royals Track & Field	12:02.8	01/05/1998
9	377 Elliott	Max	St. George's Senior School	12:33.6	06/04/1998
10	225 MCGovern	Dakota	Norwesters Track & Field	12:36.7	10/22/1998
11	516 Jackson	Sheldon	Vancouver Olympic Club	13:18.9	12/03/1998
12	382 Pitblado	Owen	St. George's Senior School	13:19.7	09/22/1998
13	292 Bassett	Yosef	Oceanside Track & Field Club	14:31.6	02/15/1998
14	393 Lucas	Jeff	Surrey Christian	15:12.0	07/22/1998
15	484 Froese	Joshua	Valley Royals Track & Field	19:15.4	01/14/1998

Boys 14

1	156 Wadhvani	Isaac	Golden Ears Athletics	11:19.8	11/26/1997
2	476 Bingert	Aidan	Valley Royals Track & Field	11:33.6	01/20/1997
3	229 Sim	Kayden	Norwesters Track & Field	11:49.7	06/18/1997
4	375 Chow	Kennedy	St. George's Senior School	11:55.9	03/25/1997
5	380 Kirsh	Ben	St. George's Senior School	11:58.2	08/30/1997
6	532 Makaroff	Leal	Vancouver Thunderbirds	12:07.7	01/07/1997
7	376 Chow	Keith	St. George's Senior School	12:24.0	01/23/1997
8	381 Mak	Harris	St. George's Senior School	12:35.2	08/13/1997
9	255 Gee	Jordan	Ocean Athletics	12:57.5	01/01/1997
10	237 Brownrigg	George	Ocean Athletics	13:06.9	08/05/1997
11	219 Reta	Jemal	New West Spartans Track & Fiel	13:14.5	12/19/1997

12	542	Herrmann	Konrad	Victoria Track & Field Club	14:20.1	03/22/1997
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Boys 15

1	155	Wadhvani	Nathan	Golden Ears Athletics	10:37.1	05/05/1996
2	379	Halliday	Kieran	St. George's Senior School	11:16.9	01/26/1996
3	435	Sturrock	Gavin	Unattached British Columbia	11:48.8	01/01/1996
4	266	Mckay	Liam	Ocean Athletics	11:52.2	01/01/1996
5	485	Ganda	Asrshdeep	Valley Royals Track & Field	14:39.9	11/24/1996

Youth Women 4.0 km

1	165	Hutchinson	Nicole	Unattached	15:45.3	06/17/1997
2	270	Oster	Melanie	Ocean Athletics	16:46.5	07/06/1994
3	487	Hay	Janelle	Valley Royals Track & Field	16:59.3	12/10/1994
4	490	Jackman	Francesca	Valley Royals Track & Field	17:17.4	07/07/1994
5	127	Menzies	Miranda	Coquitlam Cheetahs	17:19.9	02/02/1994
6	132	Townsend	Dana	Coquitlam Cheetahs	17:28.9	10/02/1995
7	305	Reeves	Picabo	Phoenix Athletics Association	17:29.3	06/23/1995
8	121	Cho	Erina	Coquitlam Cheetahs	17:52.9	12/10/1994
9	513	Buckshon	Jane	Vancouver Olympic Club	17:53.5	07/04/1995
10	265	Kwiatkowski	Meghan	Ocean Athletics	18:05.4	11/10/1995
11	398	Thiessen	Rachel	Surrey Christian	18:51.2	05/10/1995
12	496	Lennea	Kayla	Valley Royals Track & Field	19:13.3	04/03/1994
13	559	Lay	Jennah	Vancouver Thunderbirds	19:37.4	11/02/1995
14	497	Loeppky	Anna Goertzen	Valley Royals Track & Field	21:58.3	09/24/1995
15	240	Butler	Colleen R.	Ocean Athletics	22:38.0	10/02/1995

Junior Women 5.0 km

1	406	Benson	Fiona	Trinity Western University	19:48.1	05/25/1992
2	525	Allison	Katrina	Vancouver Thunderbirds	20:22.1	02/02/1994
3	269	Noel	Peggy	Ocean Athletics	20:43.7	08/19/1994
4	151	Regan	Leah	Golden Ears Athletics	20:54.9	05/28/1993
5	504	Siemens	Alexandra	Valley Royals Track & Field	21:03.1	07/14/1995
6	562	Mccormack	Jennifer	Unattached British Columbia	22:23.9	01/01/1992
7	120	Carviel	Heather A.	Coquitlam Cheetahs	22:40.2	07/15/1992
8	453	Lee	Kirsten	Unattached	23:28.6	11/26/1993

Youth Men 5.0 km

1	560	Houton	Jesse	Unattached British Columbia	17:48.4	11/05/1995
2	530	Knechtel	Trevor	Vancouver Thunderbirds	18:17.4	03/02/1995
3	536	Riddell	Patrick	Vancouver Thunderbirds	18:32.5	01/01/1994
4	533	Moore	Gaelen	Vancouver Thunderbirds	18:32.5	09/17/1994
5	383	So	Matthew	St. George's Senior School	18:55.2	06/10/1995
6	277	Sekhon	Jalen	Ocean Athletics	19:08.0	04/05/1995
7	301	Richardson	Layne	Penticton Athletics	19:21.0	12/28/1994
8	374	Bibby	Oliver	St. George's Senior School	19:25.1	02/18/1995
9	602	Wong	Billy	Unattached British Columbia	19:25.6	01/18/1994
10	413	Weaver	Fred	unatt	19:44.4	02/27/1994

11	538 Wong	Mackenzie	Vancouver Thunderbirds	19:50.3	06/23/1994
12	101 Woods	Adam	Archbishop Carney Secondary	20:13.0	03/14/1995
13	493 Jorgensen	Oliver	Valley Royals Track & Field	20:19.5	06/07/1995
14	103 Bainbridge	Braedon	Chilliwack Track & Field	20:21.1	01/01/1994
15	424 Lapointe	Carsten	Unattached British Columbia	20:22.0	10/21/1995
16	604 Putnam-Rea	Lucas	Unattached British Columbia	21:23.0	08/09/1994
17	242 Chance	Garrett	Ocean Athletics	22:30.0	05/11/1995
18	220 Reta	Yohannes	New West Spartans Track & Fiel	25:40.2	12/19/1995

Junior Men 7.0 km

1	408 Johnston	Blair	Trinity Western University	23:38.5	06/12/1992
2	245 Clifford	Deon	Ocean Athletics	24:07.2	09/27/1994
3	472 Riva	Thomas	University Of Victoria Track	24:09.8	01/31/1992
4	204 Deschiffart	Joel	Nanaimo & District Track & Fie	24:10.3	07/26/1994
5	474 Therrien	Cody	University Of Victoria Track	24:25.2	12/28/1992
6	134 Viola	Lawrence	Coquitlam Cheetahs	24:27.0	04/16/1994
7	440 Bourgeois	Michael	Unattached	24:36.3	08/03/1993
8	119 White	Declan	Coastal Track Club	24:43.6	11/20/1992
9	470 William	Cliff	University of British Columbia	24:50.5	07/16/1993
10	138 Fraser	Travis	DOUGLAS COLLEGE RUNNING C	25:12.2	01/01/1993
11	473 Simpson	Forrest	University Of Victoria Track	25:18.3	06/19/1993
12	238 Bruchet	Jake	Ocean Athletics	25:23.5	03/14/1993
13	469 Mitchell	Reid	Unattached British Columbia	25:34.1	04/26/1993
14	118 Shamsi	Bilal	Coastal Track Club	25:45.1	07/04/1993
15	135 Wong	Brendan	Coquitlam Cheetahs	26:28.0	03/16/1994
16	456 Proceviat	Cameron	Unattached	26:46.2	09/20/1993
17	445 Ellenwood	Stuart	Unattached	27:46.3	05/01/1993
18	304 Reeves	Rowdy	Phoenix Athletics Association	28:29.5	07/23/1994
19	140 Mainardi	Chris	DOUGLAS COLLEGE RUNNING C	32:24.8	01/01/1993

Senior Women 6.0 km

1	368 Stellingwerff	Hilary	Speed River Track Club	21:35.1	08/07/1981
2	462 Smith	Jessica	Unattached	21:38.3	10/11/1989
3	318 Wodak	Natasha	Prairie Inn Harriers Racing Te	21:49.1	12/17/1981
4	316 Smith	Lucy	Prairie Inn Harriers Racing Te	21:53.4	04/27/1967
5	164 Arsenault	Marilyn	Unattached	22:03.7	02/14/1968
6	563 Madden	Anne-Marie	Vancouver Falcons Athletic Clu	22:38.7	12/17/1980
7	288 Ross	Melissa	Oceanside Running Club	22:43.1	09/17/1983
8	317 Wilkie	Sabrina	Prairie Inn Harriers Racing Te	22:45.1	02/06/1985
9	434 Scallion	Magi	Unattached British Columbia	22:47.5	11/07/1981
10	166 Woods	Becky	Ireland	22:55.6	06/27/1988
11	309 Burrett	Erin	Prairie Inn Harriers Racing Te	23:09.8	10/17/1981
12	444 Crofts	Helen	Unattached	23:21.8	05/28/1990
13	177 Ruus	Rachel	Kajaks Track & Field Club	23:51.0	03/08/1974
14	436 Thompson	Shannon	Unattached British Columbia	24:07.6	08/27/1981
15	437 Bandy	Laura	Unattached	24:10.5	04/18/1986
16	314 Hallam	Sisi	Prairie Inn Harriers Racing Te	24:12.9	11/02/1970

17	433	Sawatzky	Sarah	Unattached British Columbia	24:32.0	05/20/1991
18	421	Kane	Michaela	Unattached British Columbia	24:32.0	04/21/1991
19	508	Fedoruk	Nancy	Vancouver Falcons Athletic Clu	25:06.3	01/14/1982
20	141	Weekes	Emily	DOUGLAS COLLEGE RUNNING C	25:30.7	01/01/1991
21	306	Moroz	Jen	Point Grey Track & Field Club	25:35.0	08/11/1985
22	448	Gonzales	Bianca	Unattached	25:45.7	12/14/1989
23	320	Oram	Louise	Roads & Runners Racing	25:53.8	03/06/1984
24	419	Issel	Corinne	Unattached British Columbia	27:27.4	02/28/1976
25	221	Adande	Karin	Norwesters Track & Field	28:59.2	03/11/1986

Senior Men 10.0 km

1	464	Ziak	Jeremiah	Unattached	31:57.5	06/20/1976
2	307	Pawluk	Samuel	Point Grey Track & Field Club	32:08.4	08/02/1985
3	442	Brockerville	Ryan	Unattached	32:35.9	07/29/1989
4	471	Nicol	Scott	University of Calgary Track Cl	33:35.6	04/30/1988
5	333	O'brien	Trevor	Saucony Canada	33:46.6	08/21/1978
6	310	Chester	Sean	Prairie Inn Harriers Racing Te	34:02.5	03/29/1984
7	114	Macdiarmada	Michael	Clonliffe Harriers A.C.	34:05.2	12/15/1985
8	331	Michie	Tom	Running Room Athletic Club	35:18.6	05/01/1986
9	412	Mcmanara	Paul	unatt	35:31.1	08/18/1981
10	509	Nicholson	Drew	Vancouver Falcons Athletic Clu	35:52.5	08/07/1984
11	319	Forseth	Rowan	Roads & Runners Racing	36:32.8	04/05/1991
12	450	Heinz	Jonathan	Unattached	36:54.6	10/03/1988
13	241	Butler	Michael	Ocean Athletics	39:03.8	07/08/1990
14	158	Lorenzo	Stanley	Hershey Harriers Athletic Club	41:04.0	12/17/1981
15	139	Gibson	Alex	DOUGLAS COLLEGE RUNNING C	41:11.3	10/29/1991
16	441	Broadworth	Greg	Unattached	42:13.2	08/29/1979
17	389	Fernhout	Eric	Surrey Christian	42:47.9	06/21/1973
18	117	Olson	Ryan	Coastal Track Club	44:50.3	07/19/1976