

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 12-13 80 Meter Dash**

Name	Year Team	Finals	Wind
Finals			
1 586 Majury, Cate	03 Yhz Track &	11.51	0.6
2 454 Stroud, Charlotte	03 Pictou Count	11.64	0.6
3 520 Lawrence, Lillian	03 Unattached N	12.02	0.6
4 558 Moore, Rebecca	04 Valley Athletics	12.09	0.6
5 584 King, Megan	03 Yhz Track &	12.13	0.6
6 501 Sherry, Jaclyn	04 Truro Lions	12.65	0.6
7 559 Mullins, Curran	03 Valley Athletics	13.03	0.6

Women 14-15 100 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 522 Moller, Olivia	01 Unattached N	12.85q	1.3	2
2 385 Sweeney, Sierra	02 Halifast Athletics	12.89q	1.3	2
3 305 MacIsaac, Shelby	03 Athle Sud-es	12.95q	1.4	1
4 435 Macleod, Lauren	01 Pictou Count	13.00q	3.3	3
5 415 Cromwell, Taylor	02 Pictou Count	13.03q	3.3	3
6 509 Jaylin, Poirer	01 Unattached	13.39q	1.3	2
7 364 Henneberry, Samant	01 Halifast Athletics	13.52q	3.3	3
8 462 Duynisveld, Maria	01 Pugwash Track Club	13.55q	3.3	3
9 374 McPhee, Cate	02 Halifast Athletics	13.75	1.4	1
10 422 Gratto, Jocelyn	02 Pictou Count	13.96	1.3	2
11 502 Sherry, Mykaela	01 Truro Lions	14.00	1.4	1
12 335 Skinner, Olivia	01 Chebucto Athletics	14.02	3.3	3
13 386 Thomas, Tamia	03 Halifast Athletics	14.04	3.3	3
14 453 Smith, Gabrielle	02 Pictou Count	14.84	1.3	2
15 410 Coffin, Ellen	01 Pictou Count	14.87	1.4	1
16 376 Mills, Skye	02 Halifast Athletics	15.35	3.3	3
17 331 Mullen, Estella Ro	02 Chebucto Athletics	15.57	1.4	1
18 545 Harris-Shanks, Mar	02 Valley Athletics	16.96	1.3	2

Women 14-15 100 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 522 Moller, Olivia	01 Unattached N	12.88	0.4
2 385 Sweeney, Sierra	02 Halifast Athletics	12.92	0.4
3 305 MacIsaac, Shelby	03 Athle Sud-es	13.25	0.4
4 415 Cromwell, Taylor	02 Pictou Count	13.43	0.4
5 509 Jaylin, Poirer	01 Unattached	13.52	0.4
6 435 Macleod, Lauren	01 Pictou Count	13.55	0.4
7 462 Duynisveld, Maria	01 Pugwash Track Club	13.90	0.4
8 364 Henneberry, Samant	01 Halifast Athletics	14.01	0.4

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 16-17 100 Meter Dash****Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	464	Mattinson, Taylor	00 Pugwash Track Club	12.68q 1.3
2	474	Gushue, Bailey	99 Southwest No	12.73q 1.3
3	328	Layes, Grace	00 Chebucto Athletics	12.76q 1.3
4	350	Brown, Trinity	00 Halifax Athletics	12.84q 1.3
5	323	Hall, Madison	00 Chebucto Athletics	12.92q 1.3
6	399	McCardle, Kelly	99 Islanders TR	13.35q 1.3
7	390	Cormier, Morgan	00 Islanders Tr	13.38q 1.3

Women 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind
Finals				
1	474	Gushue, Bailey	99 Southwest No	12.76 0.8
2	328	Layes, Grace	00 Chebucto Athletics	12.88 0.8
3	464	Mattinson, Taylor	00 Pugwash Track Club	12.89 0.8
4	350	Brown, Trinity	00 Halifax Athletics	12.94 0.8
5	323	Hall, Madison	00 Chebucto Athletics	13.07 0.8
6	390	Cormier, Morgan	00 Islanders Tr	13.42 0.8 13.412
7	399	McCardle, Kelly	99 Islanders TR	13.42 0.8 13.414

Women 18-19 100 Meter Dash**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	465	Hickman, Sarah	97 Saint John T	13.57q 3.0
2	425	Koehoorn, Bailey	97 Pictou Count	14.69q 3.0

Women 18-19 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
Finals						
1	465	Hickman, Sarah	97 Saint John T	13.61	1.6	1
2	425	Koehoorn, Bailey	97 Pictou Count	14.91	1.6	1

Women 20-34 100 Meter Dash**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	347	Beals, Shannay	95 Halifax Athletics	12.00q 3.0
2	592	Murdoch, Charlotte	91 Yhz Track &	14.68q 3.0

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Women 20-34 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 347 Beals, Shannay	95 Halifax Athletics	12.09	1.6	1
2 592 Murdoch, Charlotte	91 Yhz Track &	14.91	1.6	1

Women 40-44 100 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 550 James, Paula	73 Valley Athletics	14.53q	3.0

Women 40-44 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 550 James, Paula	73 Valley Athletics	14.46	1.6	1

Women 60-64 100 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 530 Welch, Jo	56 Unattached N	17.03q	3.0

Women 60-64 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 530 Welch, Jo	56 Unattached N	17.07	1.6	1

Women 12-13 150 Meter Dash

Name	Year Team	Finals	Wind
1 586 Majury, Cate	03 Yhz Track &	22.64	-4.6
2 520 Lawrence, Lillian	03 Unattached N	22.93	-4.6
3 463 Mattinson, Emma	03 Pugwash Track Club	23.66	-4.6
4 584 King, Megan	03 Yhz Track &	23.78	-4.6
5 559 Mullins, Curran	03 Valley Athletics	25.28	-4.6
6 560 O'Leary, Haley	03 Valley Athletics	27.18	-4.6

Women 14-15 200 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 305 MacIsaac, Shelby	03 Athle Sud-es	27.83q	-1.7	2
2 522 Moller, Olivia	01 Unattached N	27.89q	-1.7	2

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...Women 14-15 200 Meter Dash

3	415 Cromwell, Taylor	02	Pictou Count	28.15q	-4.1	1
4	435 Macleod, Lauren	01	Pictou Count	28.48q	-4.1	1
5	509 Jaylin, Poirer	01	Unattached	28.96q	-1.7	2
6	364 Henneberry, Samant	01	Halifast Athletics	28.98q	-4.1	1
7	495 Maguire, Oula	02	Truro Lions	29.44q	-1.7	2
8	386 Thomas, Tamia	03	Halifast Athletics	30.17q	-4.1	1
9	374 McPhee, Cate	02	Halifast Athletics	30.54	-1.7	2
10	335 Skinner, Olivia	01	Chebucto Athletics	30.66	-4.1	1
11	410 Coffin, Ellen	01	Pictou Count	32.09	-1.7	2
12	331 Mullen, Estella Ro	02	Chebucto Athletics	33.69	-4.1	1
13	545 Harris-Shanks, Mar	02	Valley Athletics	36.16	-1.7	2

Women 14-15 200 Meter Dash

Name	Year	Team	Finals	Wind
Finals				
1	305	MacIsaac, Shelby	03 Athle Sud-es	27.23 -1.9
2	522	Moller, Olivia	01 Unattached N	27.50 -1.9
3	435	Macleod, Lauren	01 Pictou Count	28.12 -1.9
4	364	Henneberry, Samant	01 Halifast Athletics	28.87 -1.9
5	495	Maguire, Oula	02 Truro Lions	28.99 -1.9
6	509	Jaylin, Poirer	01 Unattached	29.31 -1.9
7	386	Thomas, Tamia	03 Halifast Athletics	30.57 -1.9

Women 16-17 200 Meter Dash

Top 8 Advance by Time

Name	Year	Team	Prelims	Wind	H#
Preliminaries					
1	464	Mattinson, Taylor	00 Pugwash Track Club	26.73q	-1.0 1
2	596	Wilson, Edie	00 Yhz Track &	26.82q	-1.4 2
3	350	Brown, Trinity	00 Halifast Athletics	27.11q	-1.0 1
4	475	Heubach, Lorena	99 Southwest No	27.13q	-1.4 2
5	328	Layes, Grace	00 Chebucto Athletics	27.16q	-1.4 2
6	323	Hall, Madison	00 Chebucto Athletics	27.30q	-1.0 1
7	474	Gushue, Bailey	99 Southwest No	27.30q	-1.4 2
8	390	Cormier, Morgan	00 Islanders Tr	27.79q	-1.0 1
9	587	Marchand, Lauryn	99 Yhz Track &	27.97	-1.0 1
10	399	McCardle, Kelly	99 Islanders TR	28.01	-1.4 2
11	329	Macneil, Sarah	99 Chebucto Athletics	28.16	-1.0 1
12	544	Harris-Shanks, Bry	00 Valley Athletics	32.11	-1.4 2

Women 16-17 200 Meter Dash

Name	Year	Team	Finals	Wind
Finals				
1	596	Wilson, Edie	00 Yhz Track &	26.64 -2.8
2	464	Mattinson, Taylor	00 Pugwash Track Club	26.73 -2.8
3	475	Heubach, Lorena	99 Southwest No	27.02 -2.8
4	350	Brown, Trinity	00 Halifast Athletics	27.27 -2.8
5	323	Hall, Madison	00 Chebucto Athletics	27.46 -2.8
6	328	Layes, Grace	00 Chebucto Athletics	27.70 -2.8

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****....Women 16-17 200 Meter Dash**

7	474 Gushue, Bailey	99 Southwest No	27.74	-2.8
8	390 Cormier, Morgan	00 Islanders Tr	28.34	-2.8

Women 18-19 200 Meter Dash**Top 8 Advance by Time**

=====				
Name	Year	Team	Prelims	Wind
=====				
Preliminaries				
1	444 Quann, Lauren	98 Pictou Count	27.57q	-3.2
2	465 Hickman, Sarah	97 Saint John T	28.87q	-3.2
3	378 Ross, Olivia	98 Halifast Athletics	29.14q	-3.2
4	597 Martell, MacKayla	98 Islanders TR	29.37q	-3.2

Women 18-19 200 Meter Dash

=====				
Name	Year	Team	Finals	Wind
=====				
Finals				
1	444 Quann, Lauren	98 Pictou Count	28.04	-4.4
2	465 Hickman, Sarah	97 Saint John T	28.43	-4.4
3	597 Martell, MacKayla	98 Islanders TR	29.00	-4.4
4	378 Ross, Olivia	98 Halifast Athletics	29.17	-4.4

Women 40-44 200 Meter Dash**Top 8 Advance by Time**

=====				
Name	Year	Team	Prelims	Wind
=====				
Preliminaries				
1	550 James, Paula	73 Valley Athletics	30.64q	-3.2

Women 40-44 200 Meter Dash

=====				
Name	Year	Team	Finals	Wind
=====				
Finals				
1	550 James, Paula	73 Valley Athletics	30.68	-4.4

Women 60-64 200 Meter Dash**Top 8 Advance by Time**

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Name	Year	Team	Prelims	Wind
=====				
Preliminaries				
1	530 Welch, Jo	56 Unattached N	39.35q	-3.2

Women 60-64 200 Meter Dash

=====				
Name	Year	Team	Finals	Wind
=====				
Finals				
1	530 Welch, Jo	56 Unattached N	37.13	-4.4

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 14-15 300 Meter Dash**

Name	Year Team	Finals
1 510 MacKenzie, Hall	01 Unattached	43.41
2 460 Walton, Rachel	01 Pictou Count	45.11
3 526 Scott, Olivia	01 Unattached N	45.75
4 561 O'Leary, Taylor	01 Valley Athletics	45.93
5 418 Fraser, Hannah	01 Pictou Count	48.34

Women 16-17 400 Meter Dash

Name	Year Team	Finals
1 546 Hergett, Jane	99 Valley Athletics	59.77
2 596 Wilson, Edie	00 Yhz Track &	1:00.30
3 464 Mattinson, Taylor	00 Pugwash Track Club	1:00.90
4 328 Layes, Grace	00 Chebucto Athletics	1:04.38
5 329 Macneil, Sarah	99 Chebucto Athletics	1:04.53
6 587 Marchand, Lauryn	99 Yhz Track &	1:05.03
7 324 Hamilton, Meghan	99 Chebucto Athletics	1:07.05

Women 18-19 400 Meter Dash

Name	Year Team	Finals
1 589 McClure, Maggie	98 Yhz Track &	57.20
2 378 Ross, Olivia	98 Halifax Athletics	1:02.43
3 465 Hickman, Sarah	97 Saint John T	1:05.70
4 426 Landry, Jordan	98 Pictou Count	1:07.44

Women 20-34 400 Meter Dash

Name	Year Team	Finals
1 353 Comeau, Elizabeth	96 Halifax Athletics	1:01.30

Girls 12-13 800 Meter Run

Name	Year Team	Finals
1 588 McClure, Fiona	03 Yhz Track &	2:38.37
2 463 Mattinson, Emma	03 Pugwash Track Club	2:46.51
3 574 Carr-McEachern, Ge	04 Yhz Track &	2:47.29

Women 14-15 800 Meter Run

Name	Year Team	Finals
1 514 Benson, Kianna	01 Unattached N	2:24.01
2 382 Smith, Maggie	01 Halifax Athletics	2:32.60

Women 16-17 800 Meter Run

Name	Year Team	Finals
1 546 Hergett, Jane	99 Valley Athletics	2:21.99

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Girls 12-13 1200 Meter Run**

Name	Year Team	Finals
1 588 McClure, Fiona	03 Yhz Track &	4:15.12
2 301 Chisholm, Siona	03 Antigonish T	4:20.40
3 574 Carr-McEachern, Ge	04 Yhz Track &	4:31.39

Women 14-15 1200 Meter Run

Name	Year Team	Finals	H#
1 318 Birrell, Carley	02 Chebucto Athletics	3:56.97	2
2 514 Benson, Kianna	01 Unattached N	4:01.75	2
3 572 Burke, Tanna	01 Yhz Track &	4:03.38	2
4 447 Sandluck, Allie	02 Pictou Count	4:03.42	2
5 302 Lowther, Lauren	01 Antigonish T	4:05.18	2
6 571 Boucher, Mikayla	02 Yhz Track &	4:09.93	2
7 382 Smith, Maggie	01 Halifax Athletics	4:14.76	2
8 470 Ebbett, Courtney	01 Southwest No	4:30.35	1
9 352 Cameron, Gael	01 Halifax Athletics	4:47.84	1
10 446 Robertson, Madison	01 Pictou Count	5:05.46	1

Women 16-17 1500 Meter Run

Name	Year Team	Finals
1 540 Chambers, Meredith	99 Valley Athletics	4:57.96
2 396 Kelly, Tatiana	99 Islanders TR	5:13.62
3 448 Sandluck, Breanna	99 Pictou Count	5:21.02
4 393 Fitzpatrick, Tori	99 Islanders Tr	5:27.59

Women 18-19 1500 Meter Run

Name	Year Team	Finals
1 589 McClure, Maggie	98 Yhz Track &	4:55.02
2 541 Chisholm, Paige	98 Valley Athletics	5:08.23

Women 20-34 1500 Meter Run

Name	Year Team	Finals
1 579 Hamilton, Emily	83 Yhz Track &	4:58.66

Women 14-15 2000 Meter Run

Name	Year Team	Finals
1 318 Birrell, Carley	02 Chebucto Athletics	6:41.14
2 447 Sandluck, Allie	02 Pictou Count	6:54.28
3 301 Chisholm, Siona	03 Antigonish T	6:59.50
4 572 Burke, Tanna	01 Yhz Track &	7:03.44
5 302 Lowther, Lauren	01 Antigonish T	7:04.13
6 571 Boucher, Mikayla	02 Yhz Track &	7:10.01
7 536 Benoit, Eileen	02 Valley Athletics	7:16.38
8 470 Ebbett, Courtney	01 Southwest No	8:11.94

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****....Women 14-15 2000 Meter Run**

9	352 Cameron, Gael	01	Halifax Athletics	8:23.01
10	446 Robertson, Madison	01	Pictou Count	8:46.71

Women 16-17 3000 Meter Run

Name	Year	Team	Finals
1	540	Chambers, Meredith	99 Valley Athletics 10:53.25
2	448	Sandluck, Breanna	99 Pictou Count 11:07.90
3	396	Kelly, Tatiana	99 Islanders TR 11:14.63
4	393	Fitzpatrick, Tori	99 Islanders Tr 11:31.32

Women 18-19 3000 Meter Run

Name	Year	Team	Finals
1	356	Edmonds, Emma	97 Halifax Athletics 10:33.57

Women 12-13 80 Meter Hurdles 30"

Name	Year	Team	Finals	Wind
1	501	Sherry, Jaclyn	04 Truro Lions 16.44	1.4
2	553	Lowe, Sydney	03 Valley Athletics 18.63	1.4
3	560	O'Leary, Haley	03 Valley Athletics 19.06	1.4

Women 14-15 80 Meter Hurdles 30"**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	385	Sweeney, Sierra	02 Halifax Athletics 12.19q	1.2
2	526	Scott, Olivia	01 Unattached N 13.20q	1.2
3	502	Sherry, Mykaela	01 Truro Lions 13.42q	1.2
4	561	O'Leary, Taylor	01 Valley Athletics 14.20q	1.2
5	557	Meades, Grace	01 Valley Athletics 15.24q	1.2
6	352	Cameron, Gael	01 Halifax Athletics 16.83q	1.2
7	418	Fraser, Hannah	01 Pictou Count 17.22q	1.2

Women 14-15 80 Meter Hurdles 30"

Name	Year	Team	Finals	Wind
Finals				
1	385	Sweeney, Sierra	02 Halifax Athletics 11.83	0.4
2	526	Scott, Olivia	01 Unattached N 13.16	0.4
3	502	Sherry, Mykaela	01 Truro Lions 13.74	0.4
4	561	O'Leary, Taylor	01 Valley Athletics 14.02	0.4
5	557	Meades, Grace	01 Valley Athletics 14.46	0.4
6	418	Fraser, Hannah	01 Pictou Count 17.29	0.4

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 16-17 100 Meter Hurdles 30"****Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	319	Carvery, Zoe	00 Chebucto Athletics	15.18q 2.4
2	326	Hill, Olivia	99 Chebucto Athletics	15.56q 2.4
3	327	Holland, Rachel	99 Chebucto Athletics	15.73q 2.4
4	340	Willett, Ysabella	00 Chebucto Athletics	17.25q 2.4
5	544	Harris-Shanks, Bry	00 Valley Athletics	19.57q 2.4

Women 16-17 100 Meter Hurdles 30"

Name	Year	Team	Finals	Wind
Finals				
1	319	Carvery, Zoe	00 Chebucto Athletics	14.90 0.4
2	327	Holland, Rachel	99 Chebucto Athletics	15.56 0.4
3	326	Hill, Olivia	99 Chebucto Athletics	15.60 0.4
4	340	Willett, Ysabella	00 Chebucto Athletics	17.56 0.4
5	544	Harris-Shanks, Bry	00 Valley Athletics	19.50 0.4

Women 18-19 100 Meter Hurdles 33"**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	421	Graham, Megan	98 Pictou Count	16.26q 1.0
2	426	Landry, Jordan	98 Pictou Count	18.57q 1.0

Women 18-19 100 Meter Hurdles 33"

Name	Year	Team	Finals	Wind
Finals				
1	421	Graham, Megan	98 Pictou Count	16.18 1.9
2	426	Landry, Jordan	98 Pictou Count	18.14 1.9

Girls 12-13 200 Meter Hurdles 30"

Name	Year	Team	Finals	Wind
1	553	Lowe, Sydney	03 Valley Athletics	41.56 -3.4

Women 14-15 200 Meter Hurdles 30"

Name	Year	Team	Finals	Wind
1	385	Sweeney, Sierra	02 Halifax Athletics	29.09 -3.4
2	460	Walton, Rachel	01 Pictou Count	33.01 -3.4
3	561	O'Leary, Taylor	01 Valley Athletics	33.62 -3.4
4	557	Meades, Grace	01 Valley Athletics	35.72 -3.4

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 16-17 400 Meter Hurdles 30"**

Name	Year	Team	Finals
1 326 Hill, Olivia	99	Chebucto Athletics	1:09.68
2 324 Hamilton, Meghan	99	Chebucto Athletics	1:16.54
3 544 Harris-Shanks, Bry	00	Valley Athletics	1:29.13

Women 18-19 400 Meter Hurdles 30"

Name	Year	Team	Finals
1 421 Graham, Megan	98	Pictou Count	1:06.42

Women 20-34 400 Meter Hurdles 30"

Name	Year	Team	Finals
1 353 Comeau, Elizabeth	96	Halifax Athletics	1:08.56

Women 14-15 1500 Meter Steeplechase 30"

Name	Year	Team	Finals
1 460 Walton, Rachel	01	Pictou Count	5:29.04
2 447 Sandluck, Allie	02	Pictou Count	5:35.67
3 536 Benoit, Eileen	02	Valley Athletics	5:40.21
4 446 Robertson, Madison	01	Pictou Count	6:53.07

Women 16-17 2000 Meter Steeplechase 30"

Name	Year	Team	Finals
1 448 Sandluck, Breanna	99	Pictou Count	7:59.00

Girls 12-13 4x100 Meter Relay

Team	Finals
1 Valley Athletics 'A'	1:03.94

Women 14-15 4x100 Meter Relay

Team	Finals
1 Pictou County Athletics Club 'A'	56.53
2 Valley Athletics 'A'	1:00.87
3 Halifax Athletics 'A'	1:05.98

Women 18-19 4x100 Meter Relay

Team	Finals
1 Pictou County Athletics Club 'A'	54.43

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 35-39 4x100 Meter Relay**

Team	Finals
1 Halifax Athletics 'A'	53.77

Women 14-15 4x400 Meter Relay

Team	Finals
1 Pictou County Athletics Club 'A'	5:06.94

Women 16-17 4x400 Meter Relay

Team	Finals
1 Valley Athletics 'A'	5:27.13

Women 35-39 4x400 Meter Relay

Team	Finals
1 Valley Athletics 'A'	5:47.39

Girls 12-13 High Jump

Name	Year Team	Finals
1 305 MacIsaac, Shelby	03 Athle Sud-es	1.40m
1 515 Blanch, Mehkya	03 Unattached N	1.40m
3 463 Mattinson, Emma	03 Pugwash Track Club	1.30m

Women 14-15 High Jump

Name	Year Team	Finals
1 364 Henneberry, Samant	01 Halifax Athletics	1.56m
2 487 Davidson, Sydney	02 Truro Lions	1.45m
2 377 Munroe, Emily	02 Halifax Athletics	1.45m
4 518 Hyde, Saffron	02 Unattached N	1.40m
5 365 Johnston, Katrina	02 Halifax Athletics	1.35m

Women 16-17 High Jump

Name	Year Team	Finals
1 340 Willett, Ysabella	00 Chebucto Athletics	1.61m
2 573 Campbell, Maddie	00 Yhz Track &	1.58m
2 319 Carvery, Zoe	00 Chebucto Athletics	1.58m
4 475 Heubach, Lorena	99 Southwest No	1.55m
5 504 Doyle, Kiera	99 Unattached	1.50m

Women 18-19 High Jump

Name	Year Team	Finals
1 444 Quann, Lauren	98 Pictou Count	1.55m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****....Women 18-19 High Jump**

2	338 Tobin, Megan	97 Chebucto Athletics	1.45m
3	426 Landry, Jordan	98 Pictou Count	1.40m

Women 20-34 High Jump

Name	Year	Team	Finals
1	362	Grimshaw, Olivia	95 Halifax Athletics 1.45m
2	370	Maclatchie, Kate	96 Halifax Athletics 1.30m

Girls 12-13 Long Jump

Name	Year	Team	Finals	Wind
1	386	Thomas, Tamia	03 Halifax Athletics 4.01m	0.9
2	343	Hall, Christine	04 Fast Tracks 3.97m	1.4
3	558	Moore, Rebecca	04 Valley Athletics 3.72m	1.1
4	454	Stroud, Charlotte	03 Pictou Count 3.71m	2.0
5	586	Majury, Cate	03 Yhz Track & 3.57m	2.7
6	559	Mullins, Curran	03 Valley Athletics 3.29m	0.5
7	584	King, Megan	03 Yhz Track & 3.02m	0.1

Women 14-15 Long Jump

Name	Year	Team	Finals	Wind
1	462	Duynisveld, Maria	01 Pugwash Track Club 4.70m	2.9
2	509	Jaylin, Poirer	01 Unattached 4.49m	2.3
3	435	Macleod, Lauren	01 Pictou Count 4.15m	1.8
4	422	Gratto, Jocelyn	02 Pictou Count 4.08m	1.9
5	410	Coffin, Ellen	01 Pictou Count 3.78m	1.2
6	479	Hebb, Chloe	02 St. Mary's T 3.77m	1.1
7	331	Mullen, Estella Ro	02 Chebucto Athletics 3.64m	1.6

Women 16-17 Long Jump

Name	Year	Team	Finals	Wind
1	315	Fraser, Denver	00 Central Nova 5.43m	3.1
2	327	Holland, Rachel	99 Chebucto Athletics 5.26m	3.2
3	475	Heubach, Lorena	99 Southwest No 5.10m	0.2
4	316	Fraser, Gabrielle	00 Central Nova 4.90m	2.2
5	324	Hamilton, Meghan	99 Chebucto Athletics 4.44m	3.7
6	478	Baker, Grace	99 St. Mary's T 4.28m	0.8
7	504	Doyle, Kiera	99 Unattached 4.22m	1.1
8	438	Miller, Heath	00 Pictou Count 3.53m	+0.0

Women 18-19 Long Jump

Name	Year	Team	Finals	Wind
1	401	Wallace, Kylee	97 Islanders TR 4.83m	1.5

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 20-34 Long Jump**

Name	Year Team	Finals	Wind
1 394 Gaudet, Fallon	96 Islanders Tr	4.92m	2.3
2 370 Maclatchie, Kate	96 Halifax Athletics	4.87m	1.6

Women 40-44 Long Jump

Name	Year Team	Finals	Wind
1 550 James, Paula	73 Valley Athletics	3.71m	2.6

Women 60-64 Long Jump

Name	Year Team	Finals	Wind
1 530 Welch, Jo	56 Unattached N	2.81m	2.5

Women 14-15 Triple Jump

Name	Year Team	Finals	Wind
1 385 Sweeney, Sierra	02 Halifax Athletics	10.83m	2.8
2 462 Duynisveld, Maria	01 Pugwash Track Club	10.56m	4.2
3 509 Jaylin, Poirer	01 Unattached	9.85m	5.6
4 364 Henneberry, Samant	01 Halifax Athletics	9.31m	2.9
5 479 Hebb, Chloe	02 St. Mary's T	9.15m	4.4
6 561 O'Leary, Taylor	01 Valley Athletics	9.12m	4.5

Women 16-17 Triple Jump

Name	Year Team	Finals	Wind
1 316 Fraser, Gabrielle	00 Central Nova	10.84m	7.6
2 475 Heubach, Lorena	99 Southwest No	10.81m	5.4
3 315 Fraser, Denver	00 Central Nova	10.59m	4.8
4 327 Holland, Rachel	99 Chebucto Athletics	10.53m	1.3
5 478 Baker, Grace	99 St. Mary's T	9.94m	4.0
6 504 Doyle, Kiera	99 Unattached	9.24m	2.9

Women 20-34 Triple Jump

Name	Year Team	Finals	Wind
1 394 Gaudet, Fallon	96 Islanders Tr	10.67m	2.7

Women 40-44 Triple Jump

Name	Year Team	Finals	Wind
1 550 James, Paula	73 Valley Athletics	8.02m	4.2

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Girls 12-13 Shot Put**

Name	Year Team	Finals
1 486 Davidson, Jessie	03 Truro Lions	8.34m

Women 14-15 Shot Put

Name	Year Team	Finals
1 493 MacIsaac, Chelsea	01 Truro Lions	10.96m
2 519 Kincaid-Webster, M	01 Unattached N	10.26m
3 517 Crocker, Mackenzie	02 Unattached N	9.75m
4 487 Davidson, Sydney	02 Truro Lions	9.54m
5 433 Maceachern, Jaden	01 Pictou Count	8.57m
6 453 Smith, Gabrielle	02 Pictou Count	6.93m
7 545 Harris-Shanks, Mar	02 Valley Athletics	5.75m

Women 16-17 Shot Put

Name	Year Team	Finals
1 437 McLean, Tatum	99 Pictou Count	11.89m
2 573 Campbell, Maddie	00 Yhz Track &	11.51m
3 521 Lynds, Hannah	00 Unattached N	10.83m
4 438 Miller, Heath	00 Pictou Count	9.24m
-- 497 McCarthy, Annie	00 Truro Lions	ND

Women 18-19 Shot Put

Name	Year Team	Finals
1 451 Simpson, Robyn	98 Pictou Count	8.09m
2 459 Trevors, Lexie	98 Pictou Count	6.54m
3 441 Munroe, Sarah	97 Pictou Count	6.48m
-- 442 Purvis, Carlin	98 Pictou Count	ND

Women 20-34 Shot Put

Name	Year Team	Finals
1 370 Maclatchie, Kate	96 Halifax Athletics	7.04m

Women 20-34 Shot Put Seated Wheelchair

Name	Year Team	Finals
1 552 Lejean, Pamela	84 Valley Athletics	4.43m

Women 40-44 Shot Put

Name	Year Team	Finals
1 550 James, Paula	73 Valley Athletics	5.25m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 60-64 Shot Put**

Name	Year Team	Finals
1 530 Welch, Jo	56 Unattached N	6.72m
2 529 Warren, Jane	55 Unattached N	6.02m

Girls 12-13 Discus Throw

Name	Year Team	Finals
1 486 Davidson, Jessie	03 Truro Lions	26.39m

Women 14-15 Discus Throw

Name	Year Team	Finals
1 493 MacIsaac, Chelsea	01 Truro Lions	27.80m
2 517 Crocker, Mackenzie	02 Unattached N	26.83m
3 487 Davidson, Sydney	02 Truro Lions	26.63m
4 519 Kincaid-Webster, M	01 Unattached N	20.54m
5 443 Purvis, Garyn	01 Pictou Count	19.01m

Women 16-17 Discus Throw

Name	Year Team	Finals
1 573 Campbell, Maddie	00 Yhz Track &	29.71m
2 437 McLean, Tatum	99 Pictou Count	28.14m
3 497 McCarthy, Annie	00 Truro Lions	25.12m
4 438 Miller, Heath	00 Pictou Count	19.30m

Women 18-19 Discus Throw

Name	Year Team	Finals
1 451 Simpson, Robyn	98 Pictou Count	25.84m
2 425 Koehoorn, Bailey	97 Pictou Count	21.19m
3 459 Trevors, Lexie	98 Pictou Count	20.30m
4 441 Munroe, Sarah	97 Pictou Count	17.40m

Women 20-34 Discus Throw

Name	Year Team	Finals
1 552 Lejean, Pamela	84 Valley Athletics	9.69m
2 562 Perrin, Casey	92 Valley Athletics	6.06m

Women 60-64 Discus Throw

Name	Year Team	Finals
1 529 Warren, Jane	55 Unattached N	15.50m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Girls 12-13 Hammer Throw**

Name	Year Team	Finals
1 486 Davidson, Jessie	03 Truro Lions	24.66m

Women 14-15 Hammer Throw

Name	Year Team	Finals
1 445 Reid, Jenna	01 Pictou Count	39.01m
2 487 Davidson, Sydney	02 Truro Lions	25.64m
3 443 Purvis, Garyn	01 Pictou Count	20.58m

Women 16-17 Hammer Throw

Name	Year Team	Finals
1 437 McLean, Tatum	99 Pictou Count	54.34m
2 497 McCarthy, Annie	00 Truro Lions	30.24m
3 438 Miller, Heath	00 Pictou Count	20.70m

Women 18-19 Hammer Throw

Name	Year Team	Finals
1 451 Simpson, Robyn	98 Pictou Count	19.35m
2 441 Munroe, Sarah	97 Pictou Count	18.84m

Women 60-64 Hammer Throw

Name	Year Team	Finals
1 529 Warren, Jane	55 Unattached N	14.14m

Girls 12-13 Javelin Throw

Name	Year Team	Finals
1 486 Davidson, Jessie	03 Truro Lions	20.99m

Women 14-15 Javelin Throw

Name	Year Team	Finals
1 445 Reid, Jenna	01 Pictou Count	36.23m
2 453 Smith, Gabrielle	02 Pictou Count	23.62m
3 433 Maceachern, Jaden	01 Pictou Count	15.84m
4 331 Mullen, Estella Ro	02 Chebucto Athletics	14.99m

Women 16-17 Javelin Throw

Name	Year Team	Finals
1 499 Quinn, Madelyn	00 Truro Lions	41.47m
2 482 Alexander, Mira	00 Truro Lions	40.36m
3 438 Miller, Heath	00 Pictou Count	36.94m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Women 18-19 Javelin Throw**

Name	Year Team	Finals
1 444 Quann, Lauren	98 Pictou Count	37.71m
2 459 Trevors, Lexie	98 Pictou Count	31.61m
3 425 Koehoorn, Bailey	97 Pictou Count	23.31m

Women 60-64 Javelin Throw

Name	Year Team	Finals
1 529 Warren, Jane	55 Unattached N	12.23m

Girls 4-5 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	Points
1 547 James, Chelsea	11 Valley Athletics	17.53	-2.0	
2 532 Albert, Amelia	12 Valley Athletics	17.75	-2.0	
3 512 Stevens, Jorja	12 Unattached	19.00	-2.0	

Girls 6-7 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	Points
1 359 Franklin, Leayaha	09 Halifax Athletics	11.82	-2.0	75

Girls 8-9 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	H#	Points
1 428 MacCallum, Amelia	07 Pictou Count	10.58	-2.1	2	151
2 389 Williams, Sierra	08 Halifax Athletics	11.00	-2.1	2	123
3 432 MacDonald, Rogan	07 Pictou Count	11.87	-2.1	2	73
4 503 Arsenault, Alexis	08 Unattached	11.88	-2.1	2	72
5 591 Morrow, Kate	07 Yhz Track &	11.94	-2.1	2	69

Girls 10-11 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	H#	Points
1 430 MacDonald, Cara	05 Pictou Count	9.63	-3.0	3	223
2 575 Covert, Claire	05 Yhz Track &	10.38	-3.0	3	165
3 598 Thomas, Taylena	06 Halifax Athletics	10.69	-2.1	2	143
4 594 Roper, Catherine	05 Yhz Track &	10.72	-3.0	3	141
5 346 Arsenault, Lily	05 Halifax Athletics	10.91	-3.0	3	128
6 565 Seaman, Olivia	06 Valley Athletics	11.28	-2.1	2	105

Girls 12-13 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	H#	Points
1 461 Grant, Sara	03 Port Elgin R	8.85	-3.0	3	292
2 553 Lowe, Sydney	03 Valley Athletics	10.02	-3.0	3	192
3 560 O'Leary, Haley	03 Valley Athletics	10.36	-3.0	3	166
4 345 Arsenault, Julia	04 Halifax Athletics	11.21	-3.0	3	110

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Heptathlon: #4 Women 16-17 200 Meter Dash Heptathlon**

Name	Year Team	Finals	Wind	Points
1 303 Black, Sophie	00 Athle Sud-es	28.35	1.8	604

Girls 4-5 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 547 James, Chelsea	11 Valley Athletics	3:37.23	
2 532 Albert, Amelia	12 Valley Athletics	3:42.62	
3 512 Stevens, Jorja	12 Unattached	4:23.32	

Girls 6-7 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
-- 359 Franklin, Leayaha	09 Halifax Athletics	DNF	

Girls 8-9 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 428 MacCallum, Amelia	07 Pictou Count	2:20.26	147
2 591 Morrow, Kate	07 Yhz Track &	2:38.43	74
3 432 MacDonald, Rogan	07 Pictou Count	2:45.93	51
4 503 Arsenault, Alexis	08 Unattached	3:06.57	8
5 389 Williams, Sierra	08 Halifax Athletics	4:54.43	

Girls 10-11 600 Meter Run Tetrathlon

Name	Year Team	Finals	H#	Points
1 430 MacDonald, Cara	05 Pictou Count	2:01.31	2	249
2 575 Covert, Claire	05 Yhz Track &	2:20.03	2	149
3 346 Arsenault, Lily	05 Halifax Athletics	2:22.04	2	139
4 565 Seaman, Olivia	06 Valley Athletics	2:23.23	2	134
5 598 Thomas, Taylena	06 Halifax Athletics	2:25.33	2	125
6 594 Roper, Catherine	05 Yhz Track &	2:25.43	2	124

Girls 12-13 600 Meter Run Tetrathlon

Name	Year Team	Finals	H#	Points
1 461 Grant, Sara	03 Port Elgin R	2:08.85	2	205
2 553 Lowe, Sydney	03 Valley Athletics	2:09.28	2	203
3 560 O'Leary, Haley	03 Valley Athletics	2:18.72	2	155
4 345 Arsenault, Julia	04 Halifax Athletics	2:25.40	2	124

Heptathlon: #7 Women 16-17 800 Meter Run Heptathlon

Name	Year Team	Finals	Points
1 303 Black, Sophie	00 Athle Sud-es	2:43.69	531

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Heptathlon: #1 Women 16-17 100 Meter Hurdles Heptathlon**

Name	Year Team	Finals	Wind	Points
1 303 Black, Sophie	00 Athle Sud-es	16.00	0.4	714

Heptathlon: #2 Women 16-17 High Jump Heptathlon

Name	Year Team	Finals	Points
1 303 Black, Sophie	00 Athle Sud-es	1.57m	701

Girls 4-5 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 547 James, Chelsea	11 Valley Athletics	1.56m	NWI	49
2 512 Stevens, Jorja	12 Unattached	1.18m	NWI	30
3 532 Albert, Amelia	12 Valley Athletics	1.15m	NWI	29

Girls 6-7 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
2 359 Franklin, Leayaha	09 Halifax Athletics	2.34m	NWI	96

Girls 8-9 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 389 Williams, Sierra	08 Halifax Athletics	2.92m	NWI	136
2 428 MacCallum, Amelia	07 Pictou Count	2.89m	NWI	134
3 591 Morrow, Kate	07 Yhz Track &	2.50m	NWI	107
4 432 MacDonald, Rogan	07 Pictou Count	2.39m	NWI	99
5 503 Arsenault, Alexis	08 Unattached	1.85m	NWI	66

Girls 10-11 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 594 Roper, Catherine	05 Yhz Track &	3.45m	NWI	176
1 598 Thomas, Taylena	06 Halifax Athletics	3.30m	NWI	165
2 575 Covert, Claire	05 Yhz Track &	3.42m	NWI	174
3 430 MacDonald, Cara	05 Pictou Count	3.40m	NWI	172
4 346 Arsenault, Lily	05 Halifax Athletics	2.87m	NWI	133
5 565 Seaman, Olivia	06 Valley Athletics	2.82m	NWI	129

Girls 12-13 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 461 Grant, Sara	03 Port Elgin R	4.44m	NWI	259
2 553 Lowe, Sydney	03 Valley Athletics	3.65m	NWI	192
3 560 O'Leary, Haley	03 Valley Athletics	3.05m	NWI	146
4 345 Arsenault, Julia	04 Halifax Athletics	2.56m	NWI	111

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Heptathlon: #5 Women 16-17 Long Jump Heptathlon**

Name	Year Team	Finals	Wind	Points
1 303 Black, Sophie	00 Athle Sud-es	4.23m	-1.8	362

Girls 4-5 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 547 James, Chelsea	11 Valley Athletics	4.74m	115
2 512 Stevens, Jorja	12 Unattached	1.45m	4
3 532 Albert, Amelia	12 Valley Athletics	1.04m	

Girls 6-7 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 359 Franklin, Leayaha	09 Halifax Athletics	3.93m	87

Girls 8-9 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 428 MacCallum, Amelia	07 Pictou Count	4.19m	96
2 389 Williams, Sierra	08 Halifax Athletics	3.80m	83
3 503 Arsenault, Alexis	08 Unattached	3.46m	71
4 591 Morrow, Kate	07 Yhz Track &	2.58m	41
5 432 MacDonald, Rogan	07 Pictou Count	2.47m	37

Girls 10-11 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 430 MacDonald, Cara	05 Pictou Count	5.98m	159
2 594 Roper, Catherine	05 Yhz Track &	5.28m	135
3 565 Seaman, Olivia	06 Valley Athletics	4.99m	124
4 575 Covert, Claire	05 Yhz Track &	4.91m	121
5 346 Arsenault, Lily	05 Halifax Athletics	4.37m	102
-- 455 Stroud, Kate	06 Pictou Count	ND	

Girls 12-13 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 461 Grant, Sara	03 Port Elgin R	9.61m	291
2 560 O'Leary, Haley	03 Valley Athletics	6.81m	189
3 553 Lowe, Sydney	03 Valley Athletics	6.22m	168
4 345 Arsenault, Julia	04 Halifax Athletics	4.36m	102
-- 510 MacKenzie, Hall	01 Unattached	ND	

Heptathlon: #3 Women 16-17 Shot Put Heptathlon

Name	Year Team	Finals	Points
1 303 Black, Sophie	00 Athle Sud-es	10.51m	563
-- 319 Carvery, Zoe	00 Chebucto Athletics	ND	

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Heptathlon: #6 Women 16-17 Javelin Throw Heptathlon**

Name	Year Team	Finals	Points
1 303 Black, Sophie	00 Athle Sud-es	30.30m	482
-- 319 Carvery, Zoe	00 Chebucto Athletics	ND	

Women 16-17 Heptathlon

Name	Year Team	Finals
1 303 Black, Sophie	00 Athle Sud-es	3475

Girls 4-5 Tetrathlon

Name	Year Team	Finals
1 547 James, Chelsea	11 Valley Athletics	164
2 512 Stevens, Jorja	12 Unattached	34
3 532 Albert, Amelia	12 Valley Athletics	29

Girls 6-7 Tetrathlon

Name	Year Team	Finals
1 359 Franklin, Leayaha	09 Halifax Athletics	258

Girls 8-9 Tetrathlon

Name	Year Team	Finals
1 428 MacCallum, Amelia	07 Pictou Count	528
2 389 Williams, Sierra	08 Halifax Athletics	342
3 591 Morrow, Kate	07 Yhz Track &	291
4 432 MacDonald, Rogan	07 Pictou Count	260
5 503 Arsenault, Alexis	08 Unattached	217

Girls 10-11 Tetrathlon

Name	Year Team	Finals
1 430 MacDonald, Cara	05 Pictou Count	803
2 575 Covert, Claire	05 Yhz Track &	609
3 594 Roper, Catherine	05 Yhz Track &	576
4 346 Arsenault, Lily	05 Halifax Athletics	502
5 565 Seaman, Olivia	06 Valley Athletics	492
6 598 Thomas, Taylena	06 Halifax Athletics	433

Girls 12-13 Tetrathlon

Name	Year Team	Finals
1 461 Grant, Sara	03 Port Elgin R	1047
2 553 Lowe, Sydney	03 Valley Athletics	755
3 560 O'Leary, Haley	03 Valley Athletics	656
4 345 Arsenault, Julia	04 Halifax Athletics	447

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 12-13 80 Meter Dash**

Name	Year Team	Finals	Wind
1 360 Franklin-Smith, Kw	04 Halifax Athletics	11.15	2.1
2 388 Williams, Marques	03 Halifax Athletics	11.29	2.1

Men 14-15 100 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 416 Decoff, Broden	01 Pictou Count	11.85q	1.9
2 312 Murphy, Broderick	02 Cape Breton	12.17q	1.9
3 424 Kirwan, Logan	02 Pictou Count	12.18q	1.9
4 334 Pineo, Kayleb	02 Chebucto Athletics	12.33q	1.9
5 309 Dagley, Skylar	03 Bluenose Ath	12.84q	1.9
6 420 Garneau, Kameron	01 Pictou Count	12.87q	1.9
7 580 Hann, Noah	01 Yhz Track &	13.22q	1.9

Men 14-15 100 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 416 Decoff, Broden	01 Pictou Count	11.97	1.4
2 424 Kirwan, Logan	02 Pictou Count	12.71	1.4
3 309 Dagley, Skylar	03 Bluenose Ath	13.17	1.4
4 580 Hann, Noah	01 Yhz Track &	13.47	1.4
5 420 Garneau, Kameron	01 Pictou Count	13.50	1.4

Men 16-17 100 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 357 Elliott, Raheem	00 Halifax Athletics	11.55q	3.4	2
2 513 Allbright, Brett	00 Unattached N	11.71q	3.4	2
3 355 Davison, Luke	99 Halifax Athletics	11.83q	3.4	2
4 527 Sullivan, Jordan	00 Unattached N	11.85q	1.4	1
5 423 Hughes, Eric	00 Pictou Count	11.88q	1.4	1
6 582 Kammelu, Lotanna	00 Yhz Track &	11.91q	3.4	2
7 397 Macfadyen, Owen	00 Islanders TR	11.97q	3.4	2
8 320 Cullen, Nick	99 Chebucto Athletics	12.01q	1.4	1
9 542 Eddy, Tyler	00 Valley Athletics	12.12	1.4	1
10 391 Dillon, Mark	00 Islanders Tr	12.45	1.4	1

Men 16-17 100 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 527 Sullivan, Jordan	00 Unattached N	11.59	1.3
2 513 Allbright, Brett	00 Unattached N	11.69	1.3
3 320 Cullen, Nick	99 Chebucto Athletics	11.86	1.3

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****....Men 16-17 100 Meter Dash**

4	355 Davison, Luke	99	Halifast Athletics	11.93	1.3
5	397 Macfadyen, Owen	00	Islanders TR	11.95	1.3
6	423 Hughes, Eric	00	Pictou Count	11.96	1.3
7	582 Kammelu, Lotanna	00	Yhz Track &	12.06	1.3
8	357 Elliott, Raheem	00	Halifast Athletics	53.38	1.3

Men 18-19 100 Meter Dash**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
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Preliminaries

1	414 Coulet, Logan	97	Pictou Count	11.54q	1.0
2	306 Maclean, Nicholas	98	Athle Sud-es	11.82q	1.0
3	585 Majury, Aidan	97	Yhz Track &	12.35q	1.0

Men 18-19 100 Meter Dash

Name	Year	Team	Finals	Wind
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Finals

1	414 Coulet, Logan	97	Pictou Count	11.67	0.6
2	306 Maclean, Nicholas	98	Athle Sud-es	11.85	0.6
3	585 Majury, Aidan	97	Yhz Track &	12.40	0.6

Men 20-34 100 Meter Dash Wheelchair Wheelchair**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
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Preliminaries

1	538 Brown, Ben	87	Valley Athletics	17.20q	0.3
2	568 Shay, Ryan	94	Valley Athletics	21.43q	0.3
3	556 MacMillan, Dillon	94	Valley Athletics	23.94q	0.3

Men 20-34 100 Meter Dash**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind	H#
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1	368 Lunda, Joshua	95	Halifast Athletics	10.92q	1.9	2
2	581 John, Jade	92	Yhz Track &	11.70q	1.9	2
3	369 MacDonald, Liam	93	Halifast Athletics	11.93q	1.9	2

Men 20-34 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
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Finals

1	368 Lunda, Joshua	95	Halifast Athletics	10.97	1.6	1
2	581 John, Jade	92	Yhz Track &	11.62	1.6	1
3	369 MacDonald, Liam	93	Halifast Athletics	11.84	1.6	1

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 20-34 100 Meter Dash Wheelchair Wheelchair**

Name	Year Team	Finals	Wind
1 538 Brown, Ben	87 Valley Athletics	17.41	2.0
2 568 Shay, Ryan	94 Valley Athletics	22.38	2.0
3 556 MacMillan, Dillon	94 Valley Athletics	23.89	2.0

Men 35-39 100 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 384 Stewart, Jason	80 Halifax Athletics	12.89q	1.0

Men 35-39 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 384 Stewart, Jason	80 Halifax Athletics	12.98	1.6	1

Men 45-49 100 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 548 James, Edward	68 Valley Athletics	13.17q	1.0
2 411 Corbin, Anthony	69 Pictou Count	13.57q	1.0

Men 45-49 100 Meter Dash

Name	Year Team	Finals	Wind	H#
Finals				
1 548 James, Edward	68 Valley Athletics	13.35	1.6	1
2 411 Corbin, Anthony	69 Pictou Count	13.58	1.6	1

Men 12-13 150 Meter Dash

Name	Year Team	Finals	Wind
1 360 Franklin-Smith, Kw	04 Halifax Athletics	20.97	-2.7
2 304 Enstrom, Owen	03 Athle Sud-es	21.23	-2.7
3 388 Williams, Marques	03 Halifax Athletics	22.67	-2.7

Men 14-15 200 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 387 Williams, Jaiden	01 Halifax Athletics	24.34q	-1.8
2 416 Decoff, Broden	01 Pictou Count	25.09q	-1.8
3 424 Kirwan, Logan	02 Pictou Count	26.52q	-1.8

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****....Men 14-15 200 Meter Dash**

4	595 Stover-Evong, Sach	01 Yhz Track &	26.52q	-1.8
5	309 Dagley, Skylar	03 Bluenose Ath	28.55q	-1.8
6	578 Ghanai, Ayman	01 Yhz Track &	28.99q	-1.8

Men 14-15 200 Meter Dash

Name	Year	Team	Finals	Wind
Finals				
1	387	Williams, Jaiden	01 Halifax Athletics	24.31 -3.6
2	416	Decoff, Broden	01 Pictou Count	24.89 -3.6
3	424	Kirwan, Logan	02 Pictou Count	26.16 -3.6
4	309	Dagley, Skylar	03 Bluenose Ath	28.05 -3.6

Men 16-17 200 Meter Dash**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind	H#	
Preliminaries						
1	476	Symonds, Jacob	99 Southwest No	23.66q	+0.0	2
2	527	Sullivan, Jordan	00 Unattached N	23.73q	+0.0	2
3	317	Beattie, Mackenzie	99 Chebucto Athletics	23.90q	-4.3	1
4	320	Cullen, Nick	99 Chebucto Athletics	24.21q	+0.0	2
5	439	Moore, Alex	00 Pictou Count	24.44q	-4.3	1
6	397	Macfadyen, Owen	00 Islanders TR	24.44q	+0.0	2
7	542	Eddy, Tyler	00 Valley Athletics	24.51q	+0.0	2
8	371	Macqueen, Ben	99 Halifax Athletics	24.59q	-4.3	1
9	355	Davison, Luke	99 Halifax Athletics	24.95	-4.3	1
10	582	Kammelu, Lotanna	00 Yhz Track &	25.26	-4.3	1
11	391	Dillon, Mark	00 Islanders Tr	25.88	-4.3	1
12	555	MacDonald, Justin	00 Valley Athletics	25.88	+0.0	2

Men 16-17 200 Meter Dash

Name	Year	Team	Finals	Wind
Finals				
1	476	Symonds, Jacob	99 Southwest No	24.03 -3.2
2	317	Beattie, Mackenzie	99 Chebucto Athletics	24.24 -3.2
3	527	Sullivan, Jordan	00 Unattached N	24.43 -3.2
4	371	Macqueen, Ben	99 Halifax Athletics	24.67 -3.2
5	439	Moore, Alex	00 Pictou Count	25.00 -3.2
6	320	Cullen, Nick	99 Chebucto Athletics	25.12 -3.2
7	542	Eddy, Tyler	00 Valley Athletics	25.21 -3.2
8	397	Macfadyen, Owen	00 Islanders TR	25.23 -3.2

Men 18-19 200 Meter Dash**Top 8 Advance by Time**

Name	Year	Team	Prelims	Wind
Preliminaries				
1	414	Coulet, Logan	97 Pictou Count	23.80q -1.7
2	473	Grimshaw-Surette,	98 Southwest No	23.95q -1.7

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....Men 18-19 200 Meter Dash

3	306 Maclean, Nicholas	98 Athle Sud-es	24.11q	-1.7
4	375 McPhee, Ewan	98 Halifax Athletics	24.32q	-1.7

Men 18-19 200 Meter Dash

Name	Year Team	Finals	Wind
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Finals

1	473 Grimshaw-Surette,	98 Southwest No	24.06	-4.6
2	414 Coulet, Logan	97 Pictou Count	24.52	-4.6
3	306 Maclean, Nicholas	98 Athle Sud-es	24.96	-4.6

Men 20-34 200 Meter Dash

Top 8 Advance by Time

Name	Year Team	Prelims	Wind
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Preliminaries

1	368 Lunda, Joshua	95 Halifax Athletics	22.88q	-1.7
2	369 MacDonald, Liam	93 Halifax Athletics	24.58q	-1.7

Men 20-34 200 Meter Dash Wheelchair Wheelchair

Top 8 Advance by Time

Name	Year Team	Prelims	Wind
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1	538 Brown, Ben	87 Valley Athletics	31.12q	-2.8
2	568 Shay, Ryan	94 Valley Athletics	37.59q	-2.8
3	556 MacMillan, Dillon	94 Valley Athletics	48.08q	-2.8

Men 20-34 200 Meter Dash Wheelchair Wheelchair

Name	Year Team	Finals	Wind
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Finals

1	538 Brown, Ben	87 Valley Athletics	34.24	-4.8
2	568 Shay, Ryan	94 Valley Athletics	42.08	-4.8
3	556 MacMillan, Dillon	94 Valley Athletics	49.27	-4.8

Men 20-34 200 Meter Dash

Name	Year Team	Finals	Wind
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1	368 Lunda, Joshua	95 Halifax Athletics	23.24	-4.6
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Men 35-39 200 Meter Dash

Top 8 Advance by Time

Name	Year Team	Prelims	Wind
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Preliminaries

1	384 Stewart, Jason	80 Halifax Athletics	28.15q	-1.7
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2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 35-39 200 Meter Dash**

Name	Year Team	Finals	Wind
Finals			
1 384 Stewart, Jason	80 Halifax Athletics	27.84	-4.6

Men 45-49 200 Meter Dash**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 548 James, Edward	68 Valley Athletics	31.68q	-1.7

Men 45-49 200 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 548 James, Edward	68 Valley Athletics	27.71	-4.6

Men 14-15 300 Meter Dash

Name	Year Team	Finals
1 416 Decoff, Broden	01 Pictou Count	38.68
2 309 Dagley, Skylar	03 Bluenose Ath	42.28
3 409 Cameron, Duncan	01 Pictou Count	42.31
4 554 Lowe, Zachary	01 Valley Athletics	43.67

Men 16-17 400 Meter Dash

Name	Year Team	Finals
1 476 Symonds, Jacob	99 Southwest No	51.34
2 317 Beattie, Mackenzie	99 Chebucto Athletics	51.90
3 527 Sullivan, Jordan	00 Unattached N	52.02
4 330 Morrison, Sean	00 Chebucto Athletics	53.44
5 371 Macqueen, Ben	99 Halifax Athletics	53.79
6 439 Moore, Alex	00 Pictou Count	53.93
7 402 Young, Patrick	00 Islanders TR	56.57

Men 18-19 400 Meter Dash

Name	Year Team	Finals
1 473 Grimshaw-Surette,	98 Southwest No	51.08
2 375 McPhee, Ewan	98 Halifax Athletics	53.37
3 414 Coulet, Logan	97 Pictou Count	54.81

Men 20-34 400 Meter Dash

Name	Year Team	Finals
1 373 Mason, Allister	94 Halifax Athletics	52.10

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 18-34 400 Meter Dash Wheelchair Wheelchair**

Name	Year Team	Finals
1 538 Brown, Ben	87 Valley Athletics	59.97
2 568 Shay, Ryan	94 Valley Athletics	1:19.33
3 556 MacMillan, Dillon	94 Valley Athletics	1:33.51

Men 35-39 400 Meter Dash

Name	Year Team	Finals
1 534 Albert, Ueli	80 Valley Athletics	56.84

Men 12-13 800 Meter Run

Name	Year Team	Finals
1 304 Enstrom, Owen	03 Athle Sud-es	2:19.39
2 551 James, Zachary	03 Valley Athletics	2:28.89
3 577 Flemming, Owen	04 Yhz Track &	2:58.32

Men 14-15 800 Meter Run

Name	Year Team	Finals
1 383 Springer, Camden	02 Halifax Athletics	2:06.91
2 348 Boudreau, Brody	01 Halifax Athletics	2:15.29
3 543 Fuller, Jesse	01 Valley Athletics	2:24.47
4 407 Bennett, Ross	01 Pictou Count	2:25.64
5 409 Cameron, Duncan	01 Pictou Count	2:26.24
6 554 Lowe, Zachary	01 Valley Athletics	2:27.17
7 406 Balignasay, Lorenz	01 Pictou Count	2:50.44

Men 16-17 800 Meter Run

Name	Year Team	Finals
1 366 Kays, Tristan	00 Halifax Athletics	2:05.61
2 469 Cunningham, Ethan	00 Southwest No	2:10.69
3 483 Alexander, Quinn	99 Truro Lions	2:10.95
4 321 Edwards, Ben	00 Chebucto Athletics	2:18.00

Men 18-19 800 Meter Run

Name	Year Team	Finals
1 567 Shankel, Noah	97 Valley Athletics	2:04.39
2 427 Langille, Scott	97 Pictou Count	2:17.06

Men 20-34 800 Meter Run

Name	Year Team	Finals
1 372 Manuel, Adam	95 Halifax Athletics	2:02.14
2 373 Mason, Allister	94 Halifax Athletics	2:10.85

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 20-34 800 Meter Run Wheelchair Wheelchair**

Name	Year Team	Finals
1 538 Brown, Ben	87 Valley Athletics	2:14.65
2 568 Shay, Ryan	94 Valley Athletics	3:00.70
3 556 MacMillan, Dillon	94 Valley Athletics	3:48.09

Men 40-44 800 Meter Run

Name	Year Team	Finals
-- 471 Ebbett, Keith	75 Southwest No	DNF

Men 50-54 800 Meter Run

Name	Year Team	Finals
1 434 MacLennan, David	63 Pictou Count	2:14.34

Men 12-13 1200 Meter Run

Name	Year Team	Finals
1 304 Enstrom, Owen	03 Athle Sud-es	3:51.21

Men 14-15 1200 Meter Run

Name	Year Team	Finals	H#
1 337 Somers, Drew	01 Chebucto Athletics	3:28.36	2
2 563 Perry, Jaden	01 Valley Athletics	3:28.75	2
3 383 Springer, Camden	02 Halifax Athletics	3:29.17	2
4 348 Boudreau, Brody	01 Halifax Athletics	3:32.64	2
5 569 Watts, William	01 Valley Athletics	3:47.30	1
6 539 Cadrain, Sameul	02 Valley Athletics	3:47.70	1
7 543 Fuller, Jesse	01 Valley Athletics	3:48.38	1
8 535 Baker, Tyler	02 Valley Athletics	3:50.92	1
9 407 Bennett, Ross	01 Pictou Count	3:58.88	2
10 431 MacDonald, Ethan	02 Pictou Count	4:09.36	2
11 392 Fitzpatrick, Riley	02 Islanders Tr	4:11.78	1

Men 16-17 1500 Meter Run

Name	Year Team	Finals
1 333 Peverill, Andrew	99 Chebucto Athletics	4:07.57
2 366 Kays, Tristan	00 Halifax Athletics	4:32.88
3 469 Cunningham, Ethan	00 Southwest No	4:40.28
4 400 Robertson, Nick	00 Islanders TR	4:46.88
5 417 Francis, Hunter	00 Pictou Count	5:05.70

Men 18-19 1500 Meter Run

Name	Year Team	Finals
1 427 Langille, Scott	97 Pictou Count	4:47.47

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 20-34 1500 Meter Run Wheelchair Wheelchair**

Name	Year Team	Finals
1 538 Brown, Ben	87 Valley Athletics	3:58.10
2 568 Shay, Ryan	94 Valley Athletics	5:05.72

Men 20-34 1500 Meter Run

Name	Year Team	Finals
1 372 Manuel, Adam	95 Halifax Athletics	4:25.18
2 593 Raymond, Joe	95 Yhz Track &	4:53.22

Men 40-44 1500 Meter Run

Name	Year Team	Finals
1 590 McGrath, Ian	76 Yhz Track &	5:12.47
2 471 Ebbett, Keith	75 Southwest No	5:47.25

Men 50-54 1500 Meter Run

Name	Year Team	Finals
1 434 MacLennan, David	63 Pictou Count	4:35.90

Men 14-15 2000 Meter Run

Name	Year Team	Finals
1 337 Somers, Drew	01 Chebucto Athletics	5:57.53
2 348 Boudreau, Brody	01 Halifax Athletics	6:23.02
3 535 Baker, Tyler	02 Valley Athletics	6:26.55
4 431 MacDonald, Ethan	02 Pictou Count	6:31.50
5 569 Watts, William	01 Valley Athletics	6:38.80
6 407 Bennett, Ross	01 Pictou Count	7:09.39
7 392 Fitzpatrick, Riley	02 Islanders Tr	7:17.30

Men 16-17 3000 Meter Run

Name	Year Team	Finals
1 333 Peverill, Andrew	99 Chebucto Athletics	8:44.89
2 468 Cull, Isaac	99 Southwest No	9:06.77
3 450 Simpson, Raymond	00 Pictou Count	9:16.50
4 537 Benoit, Jacob	00 Valley Athletics	9:39.13
5 566 Shankel, Jonah	99 Valley Athletics	9:49.83
6 400 Robertson, Nick	00 Islanders TR	10:32.42
7 417 Francis, Hunter	00 Pictou Count	11:11.55

Men 18-19 3000 Meter Run

Name	Year Team	Finals
1 506 Goodyear, Stephen	98 Unattached	9:59.81
2 427 Langille, Scott	97 Pictou Count	10:31.03

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Men 20-34 3000 Meter Run

Name	Year Team	Finals
1 395 Cyr, Alex	95 Islanders TR	8:31.74
2 341 Favero, Nicholas	95 Esc L'Escale	8:58.53
3 379 Russell, William	95 Halifax Athletics	8:59.99
4 511 O'Regan, Ryan	90 Unattached	9:21.29
5 505 Ferguson, Warren	95 Unattached	9:36.81

Men 18-19 5000 Meter Run

Name	Year Team	Finals
1 508 Hanniel Hon-Nip, C	97 Unattached	15:46.64
2 342 Colford, Michael	98 Fast Tracks	16:53.02
3 413 Corbin, Peter	98 Pictou Count	18:15.44

Men 20-34 5000 Meter Run

Name	Year Team	Finals
1 419 Fraser, Matthew	90 Pictou Count	20:15.80

Men 12-13 80 Meter Hurdles 30"

Name	Year Team	Finals	Wind
1 551 James, Zachary	03 Valley Athletics	14.03	-0.3

Men 14-15 100 Meter Hurdles 33"**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 595 Stover-Evong, Sach	01 Yhz Track &	14.62q	2.2
2 580 Hann, Noah	01 Yhz Track &	17.19q	2.2
3 554 Lowe, Zachary	01 Valley Athletics	18.20q	2.2

Men 14-15 100 Meter Hurdles 33"

Name	Year Team	Finals	Wind
Finals			
1 595 Stover-Evong, Sach	01 Yhz Track &	14.68	2.3
2 580 Hann, Noah	01 Yhz Track &	17.27	2.3
3 554 Lowe, Zachary	01 Valley Athletics	17.72	2.3

Men 16-17 110 Meter Hurdles 36"**Top 8 Advance by Time**

Name	Year Team	Prelims	Wind
Preliminaries			
1 322 Farmer, Adam	99 Chebucto Athletics	15.41q	0.9
2 582 Kammelu, Lotanna	00 Yhz Track &	15.90q	0.9

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Results

...Men 16-17 110 Meter Hurdles 36"

3	513 Allbright, Brett	00 Unattached N	15.97q	0.9
4	423 Hughes, Eric	00 Pictou Count	16.45q	0.9
5	330 Morrison, Sean	00 Chebucto Athletics	17.77q	0.9
6	336 Smith, Ben	00 Chebucto Athletics	18.15q	0.9

Men 16-17 110 Meter Hurdles 36"

Name	Year Team	Finals	Wind
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Finals

1	322 Farmer, Adam	99 Chebucto Athletics	15.43	1.9
2	423 Hughes, Eric	00 Pictou Count	15.69	1.9
3	582 Kammelu, Lotanna	00 Yhz Track &	15.74	1.9
4	513 Allbright, Brett	00 Unattached N	16.43	1.9
5	336 Smith, Ben	00 Chebucto Athletics	18.23	1.9
--	330 Morrison, Sean	00 Chebucto Athletics	DQ	1.9 Faslse Start

Men 18-19 110 Meter Hurdles 39"

Top 8 Advance by Time

Name	Year Team	Prelims	Wind
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Preliminaries

1	325 Hebb, Owen	97 Chebucto Athletics	16.67q	1.3
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Men 18-19 110 Meter Hurdles 39"

Name	Year Team	Finals	Wind
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Finals

1	325 Hebb, Owen	97 Chebucto Athletics	16.38	-0.1
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Men 20-34 110 Meter Hurdles 42"

Top 8 Advance by Time

Name	Year Team	Prelims	Wind
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Preliminaries

1	354 Coolen, Matthew	96 Halifax Athletics	15.18q	1.6
2	332 Musoke, Matthew	94 Chebucto Athletics	15.35q	1.6

Men 20-34 110 Meter Hurdles 42"

Name	Year Team	Finals	Wind
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Finals

1	354 Coolen, Matthew	96 Halifax Athletics	15.12	2.4
2	332 Musoke, Matthew	94 Chebucto Athletics	15.34	2.4

Men 12-13 200 Meter Hurdles 30"

Name	Year Team	Finals	Wind
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1	551 James, Zachary	03 Valley Athletics	34.63	-2.3
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2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 14-15 200 Meter Hurdles 30"**

Name	Year Team	Finals	Wind
1 595 Stover-Evong, Sach	01 Yhz Track &	27.59	-2.3
2 580 Hann, Noah	01 Yhz Track &	30.27	-2.3
3 554 Lowe, Zachary	01 Valley Athletics	31.40	-2.3

Men 16-17 400 Meter Hurdles 33"

Name	Year Team	Finals
1 549 James, Noah	00 Valley Athletics	58.91
2 330 Morrison, Sean	00 Chebucto Athletics	59.32
3 423 Hughes, Eric	00 Pictou Count	1:00.63
4 439 Moore, Alex	00 Pictou Count	1:06.14
5 402 Young, Patrick	00 Islanders TR	1:13.10

Men 18-34 400 Meter Hurdles 36"

Name	Year Team	Finals
1 344 Leblanc, Brandon	95 Fredericton	56.89
2 414 Coulet, Logan	97 Pictou Count	1:05.96

Men 14-15 1500 Meter Steeplechase 30"

Name	Year Team	Finals
1 525 Pirie, Liam	02 Unattached N	4:49.52
2 431 MacDonald, Ethan	02 Pictou Count	5:02.38
3 551 James, Zachary	03 Valley Athletics	5:17.79

Men 16-17 2000 Meter Steeplechase 33"

Name	Year Team	Finals
1 468 Cull, Isaac	99 Southwest No	6:21.88
2 450 Simpson, Raymond	00 Pictou Count	6:29.32
3 469 Cunningham, Ethan	00 Southwest No	6:45.24
-- 537 Benoit, Jacob	00 Valley Athletics	DNF

Men 75-79 2000 Meter Steeplechase 30"

Name	Year Team	Finals
1 531 Christensen, Vern	40 University O	10:01.67

Men 18-19 3000 Meter Steeplechase 36"

Name	Year Team	Finals
1 413 Corbin, Peter	98 Pictou Count	11:48.50

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 14-15 4x100 Meter Relay**

Team	Finals
1 Halifax Athletics 'A'	49.83
2 Pictou County Athletics Club 'A'	51.40
3 Valley Athletics 'A'	54.68

Men 16-17 4x100 Meter Relay

Team	Finals	H#
1 Pictou County Athletics Club 'A'	47.71	2
2 Valley Athletics 'A'	47.98	2
3 Halifax Athletics 'A'	51.72	2

Men 18-19 4x100 Meter Relay

Team	Finals
1 Pictou County Athletics Club 'A'	51.38

Men 20-34 4x100 Meter Relay

Team	Finals
1 Halifax Athletics 'A'	50.78

Men 35-39 4x100 Meter Relay

Team	Finals	H#
1 Valley Athletics 'A'	58.65	2
2 Halifax Athletics 'A'	58.87	1

Men 14-15 4x400 Meter Relay

Team	Finals
1 Pictou County Athletics Club 'A'	4:07.50

Men 16-17 4x400 Meter Relay

Team	Finals
1 Valley Athletics 'A'	4:05.78

Men 35-39 4x400 Meter Relay

Team	Finals
1 Valley Athletics 'A'	4:32.55

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0
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Men 14-15 High Jump

Name	Year Team	Finals
1 466 Batt, Griffin	01 Southwest No	1.70m
2 334 Pineo, Kayleb	02 Chebucto Athletics	1.65m

Men 16-17 High Jump

Name	Year Team	Finals
1 412 Corbin, Brett	00 Pictou Count	1.75m

Men 18-19 High Jump

Name	Year Team	Finals
1 449 Schmidt, Kaelan	98 Pictou Count	1.90m
2 414 Coulet, Logan	97 Pictou Count	1.85m
3 306 Maclean, Nicholas	98 Athle Sud-es	1.80m

Men 20-34 High Jump

Name	Year Team	Finals
1 358 Errington, Devin	93 Halifax Athletics	1.93m
2 367 Kinch, Matthew	95 Halifax Athletics	1.85m

Men 45-49 High Jump

Name	Year Team	Finals
1 548 James, Edward	68 Valley Athletics	1.45m

Men 12-13 Long Jump

Name	Year Team	Finals	Wind
1 360 Franklin-Smith, Kw	04 Halifax Athletics	4.10m	1.3
2 436 Macleod, Matthew	04 Pictou Count	3.30m	+0.0

Men 14-15 Long Jump

Name	Year Team	Finals	Wind
1 398 MacNeill, Owen	01 Islanders TR	5.15m	1.3
2 424 Kirwan, Logan	02 Pictou Count	4.90m	0.4
3 409 Cameron, Duncan	01 Pictou Count	4.34m	0.7

Men 16-17 Long Jump

Name	Year Team	Finals	Wind
1 355 Davison, Luke	99 Halifax Athletics	5.94m	1.9
2 322 Farmer, Adam	99 Chebucto Athletics	5.92m	0.9
3 494 Maclean, Lorne	00 Truro Lions	5.83m	2.2
4 412 Corbin, Brett	00 Pictou Count	5.75m	1.1

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****....Men 16-17 Long Jump**

5	542 Eddy, Tyler	00 Valley Athletics	5.65m	0.9
6	439 Moore, Alex	00 Pictou Count	5.51m	1.2

Men 18-19 Long Jump

Name	Year Team	Finals	Wind
1 449 Schmidt, Kaelan	98 Pictou Count	6.37m	2.3
2 325 Hebb, Owen	97 Chebucto Athletics	6.18m	1.1

Men 20-34 Long Jump

Name	Year Team	Finals	Wind
1 351 Bruce, Jordan	94 Halifax Athletics	6.67m	1.3
2 358 Errington, Devin	93 Halifax Athletics	6.18m	2.3

Men 12-13 Triple Jump

Name	Year Team	Finals	Wind
1 360 Franklin-Smith, Kw	04 Halifax Athletics	9.09m	6.4

Men 14-15 Triple Jump

Name	Year Team	Finals	Wind
1 398 MacNeill, Owen	01 Islanders TR	11.99m	1.8
2 307 Freimanis, Keegan	01 Bayview Educ	11.64m	2.8
3 466 Batt, Griffin	01 Southwest No	10.32m	4.2

Men 16-17 Triple Jump

Name	Year Team	Finals	Wind
1 494 Maclean, Lorne	00 Truro Lions	12.70m	3.8
2 412 Corbin, Brett	00 Pictou Count	12.63m	3.3
3 357 Elliott, Raheem	00 Halifax Athletics	12.59m	3.5
4 542 Eddy, Tyler	00 Valley Athletics	10.76m	4.5
5 423 Hughes, Eric	00 Pictou Count	10.67m	1.8
6 381 Salah, Simon	00 Halifax Athletics	10.01m	2.5
7 380 Salah, Elias	00 Halifax Athletics	9.58m	4.2

Men 18-19 Triple Jump

Name	Year Team	Finals	Wind
1 449 Schmidt, Kaelan	98 Pictou Count	13.01m	3.5
2 325 Hebb, Owen	97 Chebucto Athletics	12.15m	3.4

Men 20-34 Triple Jump

Name	Year Team	Finals	Wind
1 351 Bruce, Jordan	94 Halifax Athletics	13.66m	2.1

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 12-13 Shot Put**

Name	Year Team	Finals
1 436 Macleod, Matthew	04 Pictou Count	8.07m
2 313 Macphail, Payton	03 Celtic Athletics	6.43m

Men 14-15 Shot Put

Name	Year Team	Finals
1 489 Grant, C J	01 Truro Lions	12.50m
2 456 Swain, Parker	02 Pictou Count	12.48m
3 516 Castonguay, Daniel	01 Unattached N	10.82m
4 440 Moore, Dennis	02 Pictou Count	10.64m
5 458 Trail, Tyler	02 Pictou Count	7.77m

Men 16-17 Shot Put

Name	Year Team	Finals
1 490 Grant, Robert	99 Truro Lions	14.12m
2 311 Whynot, Cameron	00 Bluenose Ath	13.99m
3 528 Taker, Kyle	00 Unattached N	11.54m
4 380 Salah, Elias	00 Halifax Athletics	9.94m
5 457 Temple, Jake	00 Pictou Count	9.79m
6 381 Salah, Simon	00 Halifax Athletics	9.55m

Men 18-19 Shot Put

Name	Year Team	Finals
1 498 McCarthy, Gregory	98 Truro Lions	14.41m

Men 20-34 Shot Put

Name	Year Team	Finals
1 477 Arpin, Daniel	86 St. Mary's T	10.97m

Men 35-39 Shot Put

Name	Year Team	Finals
1 524 Myrick, Lee	78 Unattached N	12.21m

Men 40-44 Shot Put

Name	Year Team	Finals
1 349 Bourgeois, Kevin	72 Halifax Athletics	10.38m

Men 45-49 Shot Put

Name	Year Team	Finals
1 548 James, Edward	68 Valley Athletics	7.26m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 50-54 Shot Put**

Name	Year Team	Finals
1 523 Morine, Randall	64 Unattached N	9.90m

Men 12-13 Discus Throw

Name	Year Team	Finals
1 436 Macleod, Matthew	04 Pictou Count	25.79m
2 313 Macphail, Payton	03 Celtic Athletics	20.44m

Men 14-15 Discus Throw

Name	Year Team	Finals
1 456 Swain, Parker	02 Pictou Count	48.32m
2 496 Masters, Riley	01 Truro Lions	40.01m
3 489 Grant, C J	01 Truro Lions	38.92m
4 458 Trail, Tyler	02 Pictou Count	25.70m
5 440 Moore, Dennis	02 Pictou Count	24.19m

Men 16-17 Discus Throw

Name	Year Team	Finals
1 308 Bell, Joshua	99 Bluenose Ath	40.57m
2 490 Grant, Robert	99 Truro Lions	38.86m
3 380 Salah, Elias	00 Halifax Athletics	38.75m
4 405 Smith, Derek	00 Launchers Athletics	35.60m
5 311 Whynot, Cameron	00 Bluenose Ath	34.15m
6 381 Salah, Simon	00 Halifax Athletics	32.11m
7 528 Taker, Kyle	00 Unattached N	23.24m

Men 20-34 Discus Throw

Name	Year Team	Finals
1 404 Rawding, Alexander	96 Launchers Athletics	43.58m
2 484 Burris, Nathan	93 Truro Lions	40.25m

Men 35-39 Discus Throw

Name	Year Team	Finals
1 524 Myrick, Lee	78 Unattached N	37.10m

Men 40-44 Discus Throw

Name	Year Team	Finals
1 349 Bourgeois, Kevin	72 Halifax Athletics	29.10m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 45-49 Discus Throw**

Name	Year Team	Finals
1 310 Waters, Dave	68 Bluenose Ath	27.55m
2 548 James, Edward	68 Valley Athletics	20.92m
3 411 Corbin, Anthony	69 Pictou Count	17.80m

Men 14-15 Hammer Throw

Name	Year Team	Finals
1 489 Grant, C J	01 Truro Lions	38.80m

Men 16-17 Hammer Throw

Name	Year Team	Finals
1 381 Salah, Simon	00 Halifax Athletics	38.90m
2 380 Salah, Elias	00 Halifax Athletics	29.49m

Men 18-19 Hammer Throw

Name	Year Team	Finals
1 498 McCarthy, Gregory	98 Truro Lions	48.38m

Men 20-34 Hammer Throw

Name	Year Team	Finals
1 484 Burris, Nathan	93 Truro Lions	51.00m

Men 35-39 Hammer Throw

Name	Year Team	Finals
1 524 Myrick, Lee	78 Unattached N	28.02m

Men 40-44 Hammer Throw

Name	Year Team	Finals
1 349 Bourgeois, Kevin	72 Halifax Athletics	31.14m

Men 12-13 Javelin Throw

Name	Year Team	Finals
1 436 Macleod, Matthew	04 Pictou Count	28.19m

Men 14-15 Javelin Throw

Name	Year Team	Finals
1 456 Swain, Parker	02 Pictou Count	41.61m
2 500 Sampson, Daniel	01 Truro Lions	41.40m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****....Men 14-15 Javelin Throw**

3	440 Moore, Dennis	02 Pictou Count	26.77m
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Men 16-17 Javelin Throw

Name	Year	Team	Finals	
1	457	Temple, Jake	00 Pictou Count	54.18m
2	308	Bell, Joshua	99 Bluenose Ath	51.59m
3	403	Mercier, Kristof	99 Launchers Athletics	47.69m
4	467	Bent, Bailey	00 Southwest No	47.43m
5	490	Grant, Robert	99 Truro Lions	47.06m
6	481	Adams, Michael	00 Truro Lions	46.73m
7	336	Smith, Ben	00 Chebucto Athletics	43.45m
8	322	Farmer, Adam	99 Chebucto Athletics	42.93m
9	380	Salah, Elias	00 Halifax Athletics	27.81m

Men 18-19 Javelin Throw

Name	Year	Team	Finals	
1	414	Coulet, Logan	97 Pictou Count	42.96m

Men 35-39 Javelin Throw

Name	Year	Team	Finals	
1	524	Myrick, Lee	78 Unattached N	45.46m
2	492	Lapointe, Iain	77 Truro Lions	43.24m

Men 40-44 Javelin Throw

Name	Year	Team	Finals	
1	349	Bourgeois, Kevin	72 Halifax Athletics	31.46m

Men 45-49 Javelin Throw

Name	Year	Team	Finals	
1	548	James, Edward	68 Valley Athletics	26.81m
2	310	Waters, Dave	68 Bluenose Ath	24.81m

Men 50-54 Javelin Throw

Name	Year	Team	Finals	
1	523	Morine, Randall	64 Unattached N	32.57m

Men 70-74 Javelin Throw

Name	Year	Team	Finals	
1	488	Evans, Rowland	45 Truro Lions	31.99m

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 6-7 60 Meter Dash Tetrathlon**

Name	Year Team	Finals	Wind	Points
1 533 Albert, Oliver	09 Valley Athletics	12.32	-3.2	52
2 564 Seaman, Jacob	09 Valley Athletics	12.61	-3.2	40
3 491 Isaac, Lapointe	09 Truro Lions	12.67	-3.2	38
4 429 MacCallum, Gavin	10 Pictou Count	12.71	-3.2	36

Men 8-9 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	Points
1 570 Allt, Michael	08 Yhz Track &	11.04	-3.2	120

Men 10-11 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	H#	Points
1 507 Gushue, Ben	06 Unattached	11.01	-3.5	2	122
2 452 Sims, Aidan	05 Pictou Count	11.29	-3.5	2	105
3 314 Minihan, Owen	06 Celtic Athletics	11.90	-3.5	2	71

Men 12-13 60 Meter Dash Tetrathlon

Name	Year Team	Finals	Wind	H#	Points
1 360 Franklin-Smith, Kw	04 Halifax Athletics	8.86	-3.5	2	291
2 408 Berthiaume, Liam	04 Pictou Count	9.82	-3.5	2	208
3 577 Flemming, Owen	04 Yhz Track &	10.13	-3.5	2	183
4 472 Ebbett, Seth	03 Southwest No	10.24	-3.5	2	175

Men 6-7 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 533 Albert, Oliver	09 Valley Athletics	2:39.78	70
2 429 MacCallum, Gavin	10 Pictou Count	2:54.98	28
3 564 Seaman, Jacob	09 Valley Athletics	3:02.73	14

Men 8-9 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 570 Allt, Michael	08 Yhz Track &	2:26.74	119

Men 10-11 600 Meter Run Tetrathlon

Name	Year Team	Finals	H#	Points
1 452 Sims, Aidan	05 Pictou Count	2:22.61	2	137
2 507 Gushue, Ben	06 Unattached	2:35.50	2	84
3 314 Minihan, Owen	06 Celtic Athletics	2:54.61	2	29

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0

Metropolitan Field

Results

Men 12-13 600 Meter Run Tetrathlon

Name	Year Team	Finals	H#	Points
1 408 Berthiaume, Liam	04 Pictou Count	1:58.50	2	266
2 577 Flemming, Owen	04 Yhz Track &	2:02.57	2	241
3 472 Ebbett, Seth	03 Southwest No	2:04.25	2	231
4 360 Franklin-Smith, Kw	04 Halifax Athletics	2:17.20	2	162

Men 4-5 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
-- 485 Damon, Lapointe	11 Truro Lions	ND	NWI	

Men 6-7 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 533 Albert, Oliver	09 Valley Athletics	2.50m	NWI	107
2 491 Isaac, Lapointe	09 Truro Lions	2.08m	NWI	79
3 429 MacCallum, Gavin	10 Pictou Count	2.01m	NWI	75
4 564 Seaman, Jacob	09 Valley Athletics	1.92m	NWI	70
-- 599 Somers-Blonda, Col	09 Halifax Athletics	ND	NWI	

Men 8-9 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 570 Allt, Michael	08 Yhz Track &	2.90m	NWI	135

Men 10-11 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 452 Sims, Aidan	05 Pictou Count	3.31m	NWI	165
2 507 Gushue, Ben	06 Unattached	2.44m	NWI	103
3 314 Minihan, Owen	06 Celtic Athletics	2.33m	NWI	95

Men 12-13 Long Jump Tetrathlon

Name	Year Team	Finals	Wind	Points
1 360 Franklin-Smith, Kw	04 Halifax Athletics	4.30m	NWI	247
2 472 Ebbett, Seth	03 Southwest No	3.64m	NWI	191
3 577 Flemming, Owen	04 Yhz Track &	3.53m	NWI	183
4 408 Berthiaume, Liam	04 Pictou Count	3.28m	NWI	163

Men 4-5 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
-- 485 Damon, Lapointe	11 Truro Lions	ND	

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 6-7 Shot Put 2kg Tetrathlon**

Name	Year Team	Finals	Points
1 564 Seaman, Jacob	09 Valley Athletics	3.06m	57
2 533 Albert, Oliver	09 Valley Athletics	3.04m	57
3 491 Isaac, Lapointe	09 Truro Lions	2.90m	52
4 429 MacCallum, Gavin	10 Pictou Count	2.77m	47
-- 599 Somers-Blonda, Col	09 Halifax Athletics	ND	

Men 8-9 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 570 Allt, Michael	08 Yhz Track &	4.66m	113

Men 10-11 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 452 Sims, Aidan	05 Pictou Count	6.47m	177
2 314 Minihan, Owen	06 Celtic Athletics	5.96m	159
3 507 Gushue, Ben	06 Unattached	4.83m	119

Men 12-13 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 360 Franklin-Smith, Kw	04 Halifax Athletics	8.25m	241
2 472 Ebbett, Seth	03 Southwest No	8.06m	235
3 577 Flemming, Owen	04 Yhz Track &	6.91m	193
4 408 Berthiaume, Liam	04 Pictou Count	6.81m	189

Men 6-7 Tetrathlon

Name	Year Team	Finals
1 533 Albert, Oliver	09 Valley Athletics	286
2 429 MacCallum, Gavin	10 Pictou Count	186
3 564 Seaman, Jacob	09 Valley Athletics	181

Men 8-9 Tetrathlon

Name	Year Team	Finals
1 570 Allt, Michael	08 Yhz Track &	487

Men 10-11 Tetrathlon

Name	Year Team	Finals
1 452 Sims, Aidan	05 Pictou Count	584
2 507 Gushue, Ben	06 Unattached	428
3 314 Minihan, Owen	06 Celtic Athletics	354

2016 Athletics Nova Scotia Provincials, Legion Trials & RJTW Festival - 2016-0**Metropolitan Field****Results****Men 12-13 Tetrathlon**

Name	Year	Team	Finals
1	360	Franklin-Smith, Kw	04 Halifax Athletics 941
2	472	Ebbett, Seth	03 Southwest No 832
3	408	Berthiaume, Liam	04 Pictou Count 826
4	577	Flemming, Owen	04 Yhz Track & 800

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 Combined Team Scores - 87 Events Scored
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1) PICTOU COUNTY ATHLETICS CL1505	2) VALLEY ATHLETICS	1053
3) HALIFAST ATHLETICS 1028	4) CHEBUCTO ATHLETICS	472
5) UNATTACHED NOVA SCOTIA 460	6) YHZ Track & Field Club	434
7) TRURO LIONS 430	8) Southwest Nova Athletics	238
9) ISLANDERS TRACK AND FIELD 137	10) Athle Sud-est South East	109
11) BLUENOSE ATHLETICS TRACK A 103	12) Pugwash Track Club	96
13) Islanders Track and Field 66	14) CENTRAL NOVA LEGION LEGEN	47
15) St. Mary's Track Club 44	16) ANTIGONISH TRACK CLUB	38
17) SAINT JOHN TRACK & FIELD 36	18) LAUNCHERS ATHLETICS	33
19) CELTIC ATHLETICS 30	20) FAST TRACKS	24
21) UNIVERSITY OF TORONTO T.C 14	21) FREDERICTON LEGION TRACK	14
23) ESC l'Escale - Rockland 12	23) Bayview Educational Cente	12
25) Port Elgin Regional School 10		