

Athletics NS Espoir Trials and Open Meet - 2016-06-18**Metropolitan Field****Results****Women 12-13 80 Meter Dash**

	Name	Yr	Team	Finals	Wind
Finals					
1	144 Majury, Cate	03	Yhz Track & Field Club	11.52	-0.7
2	143 King, Megan	03	Yhz Track & Field Club	12.53	-0.7

Women 14-15 100 Meter Dash

	Name	Yr	Team	Finals	Wind
Finals					
1	42 Sweeney, Sierra	02	Halifax Athletics	13.22	+0.0
2	49 Cromwell, Taylor	01	Pictou County Athletics Club	13.22	+0.0
3	29 Henneberry, Samantha	01	Halifax Athletics	13.97	+0.0

Women 16-17 100 Meter Dash

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	67 Mattinson, Taylor	00	Pugwash Track Club	12.99	-1.5	2
2	20 Brown, Trinity	00	Halifax Athletics	13.21	-1.5	2

Women 20-34 100 Meter Dash

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	40 Simmons, Phoebe	96	Halifax Athletics	12.97	-1.5	2

Women 18-34 100 Meter Dash Special Olym

	Name	Yr	Team	Finals	Wind
Finals					
1	91 Maclachlan, Joy		Unattached	14.14	1.1
2	87 Harris, Brianna		Unattached	15.23	1.1
3	97 Waite, Sam		Unattached	15.75	1.1

Women 12-13 150 Meter Dash

	Name	Yr	Team	Finals	Wind
Finals					
1	144 Majury, Cate	03	Yhz Track & Field Club	21.87	0.6
2	143 King, Megan	03	Yhz Track & Field Club	23.60	0.6

Women 14-15 200 Meter Dash

	Name	Yr	Team	Finals	Wind
Finals					
1	49 Cromwell, Taylor	01	Pictou County Athletics Club	27.38	-1.1
2	42 Sweeney, Sierra	02	Halifax Athletics	27.46	-1.1
3	29 Henneberry, Samantha	01	Halifax Athletics	29.31	-1.1

Women 16-17 200 Meter Dash

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	67 Mattinson, Taylor	00	Pugwash Track Club	26.32	-0.6	2
2	148 Wilson, Edie	00	Yhz Track & Field Club	26.40	-0.6	2
3	145 Marchand, Lauryn	99	Yhz Track & Field Club	28.41	-0.6	2

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Name	Yr	Team	Finals	Wind	H#
Finals					
1 24 Doolan, Hannah	98	Halifax Athletics	26.87	-0.6	2

Women 20-34 200 Meter Dash

Name	Yr	Team	Finals	Wind	H#
Finals					
1 40 Simmons, Phoebe	96	Halifax Athletics	28.18	-0.6	2

Women 18-34 200 Meter Dash Special Olym

Name	Yr	Team	Finals	Wind
Finals				
1 91 Maclachlan, Joy		Unattached	30.25	-2.0
2 87 Harris, Brianna		Unattached	32.05	-2.0
3 97 Waite, Sam		Unattached	33.82	-2.0

Women 14-15 300 Meter Dash

Name	Yr	Team	Finals
Finals			
1 64 Walton, Rachel	01	Pictou County Athletics Club	45.85
2 125 O'Leary, Taylor	01	Valley Athletics	46.44
3 123 Meades, Grace	01	Valley Athletics	50.77

Women 16-17 400 Meter Dash

Name	Yr	Team	Finals
Finals			
1 118 Hergett, Jane	99	Valley Athletics	59.54
2 67 Mattinson, Taylor	00	Pugwash Track Club	1:00.05
3 145 Marchand, Lauryn	99	Yhz Track & Field Club	1:04.62

Women 18-19 400 Meter Dash

Name	Yr	Team	Finals
Finals			
1 12 Manuel, Stephanie	98	Chebucto Athletics	1:02.21

Women 20-34 400 Meter Dash

Name	Yr	Team	Finals
Finals			
1 18 Beaton, Heather	95	Halifax Athletics	58.16

Girls 12-13 800 Meter Run

Name	Yr	Team	Finals
Finals			
1 66 Mattinson, Emma	03	Pugwash Track Club	2:45.99

Women 14-15 800 Meter Run

Name	Yr	Team	Finals
Finals			
1 99 Benson, Kianna	01	Unattached Nova Scotia	2:24.48

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Women 18-19 800 Meter Run

	Name	Yr	Team	Finals
Finals				
1	146 McClure, Maggie	98	Yhz Track & Field Club	2:16.16
2	12 Manuel, Stephanie	98	Chebucto Athletics	2:23.12
3	114 Chisholm, Paige	98	Valley Athletics	2:26.58

Women 14-15 1200 Meter Run

	Name	Yr	Team	Finals
Finals				
1	99 Benson, Kianna	01	Unattached Nova Scotia	4:02.09
2	1 Lowther, Lauren	01	Antigonish Track Club	4:03.83
3	137 Burke, Tanna	01	Yhz Track & Field Club	4:05.63

Women 16-17 1500 Meter Run

	Name	Yr	Team	Finals
Finals				
1	59 Sandluck, Breanna	99	Pictou County Athletics Club	5:08.03

Women 18-19 1500 Meter Run

	Name	Yr	Team	Finals
Finals				
1	114 Chisholm, Paige	98	Valley Athletics	5:12.76

Women 14-15 2000 Meter Run

	Name	Yr	Team	Finals
Finals				
1	1 Lowther, Lauren	01	Antigonish Track Club	6:58.29
2	137 Burke, Tanna	01	Yhz Track & Field Club	7:02.10
3	136 Boucher, Mikayla	02	Yhz Track & Field Club	7:15.07

Women 12-13 80 Meter Hurdles 30"

	Name	Yr	Team	Finals	Wind
Finals					
1	124 O'Leary, Haley	03	Valley Athletics	19.16	-0.7

Women 14-15 80 Meter Hurdles 30"

	Name	Yr	Team	Finals	Wind
Finals					
1	42 Sweeney, Sierra	02	Halifax Athletics	12.41	-0.9
2	125 O'Leary, Taylor	01	Valley Athletics	13.85	-0.9
3	123 Meades, Grace	01	Valley Athletics	14.53	-0.9

Women 16-17 100 Meter Hurdles 30"

	Name	Yr	Team	Finals	Wind
Finals					
1	116 Harris-Shanks, Brynn	00	Valley Athletics	19.91	-0.1

Women 18-19 100 Meter Hurdles 33"

	Name	Yr	Team	Finals	Wind
Finals					
1	51 Graham, Megan	98	Pictou County Athletics Club	16.45	0.5

Athletics NS Espoir Trials and Open Meet - 2016-06-18**Metropolitan Field****Results****Women 14-15 200 Meter Hurdles 30"**

	Name	Yr	Team	Finals	Wind
Finals					
1	42 Sweeney, Sierra	02	Halifax Athletics	30.33	-1.5
2	64 Walton, Rachel	01	Pictou County Athletics Club	33.36	-1.5
3	125 O'Leary, Taylor	01	Valley Athletics	33.82	-1.5

Women 16-17 400 Meter Hurdles 30"

	Name	Yr	Team	Finals
Finals				
1	116 Harris-Shanks, Brynn	00	Valley Athletics	1:22.38

Women 18-19 400 Meter Hurdles 30"

	Name	Yr	Team	Finals
Finals				
1	51 Graham, Megan	98	Pictou County Athletics Club	1:08.01

Women 20-34 400 Meter Hurdles 30"

	Name	Yr	Team	Finals
Finals				
1	22 Comeau, Elizabeth	96	Halifax Athletics	1:05.69

Women 14-15 1500 Meter Steeplechase 30"

	Name	Yr	Team	Finals
Finals				
1	64 Walton, Rachel	01	Pictou County Athletics Club	5:32.30
2	112 Benoit, Eileen	02	Valley Athletics	5:38.43

Girls 12-13 High Jump

	Name	Yr	Team	Finals
Finals				
1	66 Mattinson, Emma	03	Pugwash Track Club	1.35m

Women 14-15 High Jump

	Name	Yr	Team	Finals
Finals				
1	29 Henneberry, Samantha	01	Halifax Athletics	1.55m
2	38 Munroe, Emily	02	Halifax Athletics	1.35m

Women 16-17 High Jump

	Name	Yr	Team	Finals
Finals				
1	17 Willett, Ysabella	00	Chebucto Athletics	1.63m
2	138 Campbell, Maddie	00	Yhz Track & Field Club	1.60m

Women 18-19 High Jump

	Name	Yr	Team	Finals
Finals				
1	107 Van Den Heuvel, Riley	97	Unattached Nova Scotia	1.55m
2	16 Tobin, Megan	97	Chebucto Athletics	1.50m

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Women 20-34 High Jump

Name	Yr	Team	Finals
Finals			
1 100 Cullen, Macayla	95	Unattached Nova Scotia	1.55m
2 28 Grimshaw, Olivia	95	Halifax Athletics	1.45m

Girls 12-13 Long Jump

Name	Yr	Team	Finals	Wind
Finals				
1 144 Majury, Cate	03	Yhz Track & Field Club	4.11m	1.4

Women 14-15 Long Jump

Name	Yr	Team	Finals	Wind
Finals				
1 65 Duynisveld, Maria	01	Pugwash Track Club	4.91m	1.3
2 42 Sweeney, Sierra	02	Halifax Athletics	4.69m	2.5
3 142 Khan, Sydney	02	Yhz Track & Field Club	3.66m	NWI

Women 16-17 Long Jump

Name	Yr	Team	Finals	Wind
Finals				
1 9 Fraser, Gabrielle	00	Central Nova Legion Legends	5.04m	0.1
2 8 Fraser, Denver	00	Central Nova Legion Legends	4.86m	-0.2

Women 18-19 Long Jump

Name	Yr	Team	Finals	Wind
Finals				
1 107 Van Den Heuvel, Riley	97	Unattached Nova Scotia	4.39m	3.7

Women 20-34 Long Jump

Name	Yr	Team	Finals	Wind
Finals				
1 33 Maclatchie, Kate	96	Halifax Athletics	5.31m	4.8
2 102 Francis, Bailey	96	Unattached Nova Scotia	5.06m	+0.0
3 100 Cullen, Macayla	95	Unattached Nova Scotia	4.86m	1.2

Women 14-15 Triple Jump

Name	Yr	Team	Finals	Wind
Finals				
1 42 Sweeney, Sierra	02	Halifax Athletics	10.91m	4.2
2 65 Duynisveld, Maria	01	Pugwash Track Club	10.14m	1.2
3 29 Henneberry, Samantha	01	Halifax Athletics	9.56m	1.4

Women 16-17 Triple Jump

Name	Yr	Team	Finals	Wind
Finals				
1 9 Fraser, Gabrielle	00	Central Nova Legion Legends	11.22m	4.5
2 2 Mekonnen, Magkda	00	Athle Sud-est South East Ath	10.56m	0.4
3 8 Fraser, Denver	00	Central Nova Legion Legends	10.38m	2.1

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Women 20-34 Triple Jump

Name	Yr	Team	Finals	Wind
Finals				
1 102 Francis, Bailey	96	Unattached Nova Scotia	11.04m	-0.6

Women 14-15 Shot Put

Name	Yr	Team	Finals
Finals			
1 104 Kincaid-Webster, Mackay	01	Unattached Nova Scotia	10.05m
2 117 Harris-Shanks, Marley	02	Valley Athletics	5.59m

Women 16-17 Shot Put

Name	Yr	Team	Finals
Finals			
1 55 McLean, Tatum	99	Pictou County Athletics Club	10.95m
2 80 McCarthy, Annie	00	Truro Lions	8.75m
3 56 Miller, Heath	00	Pictou County Athletics Club	8.61m

Women 20-34 Shot Put

Name	Yr	Team	Finals
Finals			
1 6 Mitton, Sarah	96	Bluenose Athletics Track And F	15.09m
2 121 Lejean, Pamela	84	Valley Athletics	4.58m
3 126 Perrin, Casey	92	Valley Athletics	3.56m

Women 60-64 Shot Put

Name	Yr	Team	Finals
Finals			
1 108 Warren, Jane	55	Unattached Nova Scotia	5.99m

Women 16-17 Discus Throw

Name	Yr	Team	Finals
Finals			
1 138 Campbell, Maddie	00	Yhz Track & Field Club	33.64m
2 55 McLean, Tatum	99	Pictou County Athletics Club	28.69m
3 80 McCarthy, Annie	00	Truro Lions	25.95m

Women 18-19 Discus Throw

Name	Yr	Team	Finals
Finals			
1 43 Timmons, Ainslie	97	Halifast Athletics	37.66m

Women 20-34 Discus Throw

Name	Yr	Team	Finals
Finals			
1 6 Mitton, Sarah	96	Bluenose Athletics Track And F	33.01m

Women 60-64 Discus Throw

Name	Yr	Team	Finals
Finals			
1 108 Warren, Jane	55	Unattached Nova Scotia	15.13m

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Women 14-15 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 57 Reid, Jenna	01	Pictou County Athletics Club	38.34m

Women 16-17 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 55 McLean, Tatum	99	Pictou County Athletics Club	49.93m
2 80 McCarthy, Annie	00	Truro Lions	29.57m

Women 18-19 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 43 Timmons, Ainslie	97	Halifax Athletics	39.01m

Women 60-64 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 108 Warren, Jane	55	Unattached Nova Scotia	10.93m

Women 14-15 Javelin Throw

Name	Yr	Team	Finals
Finals			
1 57 Reid, Jenna	01	Pictou County Athletics Club	35.56m

Women 16-17 Javelin Throw

Name	Yr	Team	Finals
Finals			
1 82 Quinn, Madelyn	00	Truro Lions	39.53m
2 56 Miller, Heath	00	Pictou County Athletics Club	33.30m

Women 60-64 Javelin Throw

Name	Yr	Team	Finals
Finals			
1 108 Warren, Jane	55	Unattached Nova Scotia	13.06m

Girls 10-11 60 Meter Dash Tetrathlon

Name	Yr	Team	Finals	Wind
Finals				
1 135 Boucher, Lia	05	Yhz Track & Field Club	9.94	0.6

Girls 12-13 60 Meter Dash Tetrathlon

Name	Yr	Team	Finals	Wind
Finals				
1 124 O'Leary, Haley	03	Valley Athletics	10.31	0.6

Girls 10-11 600 Meter Run Tetrathlon

Name	Yr	Team	Finals
Finals			
1 135 Boucher, Lia	05	Yhz Track & Field Club	2:19.02

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Girls 12-13 600 Meter Run Tetrathlon

Name	Yr	Team	Finals
Finals			
1 124 O'Leary, Haley	03	Valley Athletics	2:24.77

Girls 10-11 Long Jump Tetrathlon

Name	Yr	Team	Finals	Wind
Finals				
1 135 Boucher, Lia	05	Yhz Track & Field Club	3.28m	NWI

Girls 12-13 Long Jump Tetrathlon

Name	Yr	Team	Finals	Wind
Finals				
1 124 O'Leary, Haley	03	Valley Athletics	3.36m	NWI

Girls 10-11 Shot Put 2kg Tetrathlon

Name	Yr	Team	Finals
Finals			
1 135 Boucher, Lia	05	Yhz Track & Field Club	7.00m

Girls 12-13 Shot Put 2kg Tetrathlon

Name	Yr	Team	Finals
Finals			
1 124 O'Leary, Haley	03	Valley Athletics	7.04m

Girls 10-11 Tetrathlon

Name	Yr	Team	Finals
Finals			
1 135 Boucher, Lia	05	Yhz Track & Field Club	710

Girls 12-13 Tetrathlon

Name	Yr	Team	Finals
Finals			
1 124 O'Leary, Haley	03	Valley Athletics	664

Men 12-13 80 Meter Dash

Name	Yr	Team	Finals	Wind
Finals				
1 26 Franklin-Smith, Kwamé	04	Halifax Athletics	10.97	-0.7

Men 14-15 100 Meter Dash

Name	Yr	Team	Finals	Wind
Finals				
1 45 Williams, Jaiden	01	Halifax Athletics	11.81	-1.8
2 50 Decoff, Broden	01	Pictou County Athletics Club	12.19	-1.8
3 53 Kirwan, Logan	02	Pictou County Athletics Club	12.39	-1.8

Men 16-17 100 Meter Dash

Name	Yr	Team	Finals	Wind	H#
Finals					
1 68 Parris, Zachary	99	Pugwash Track Club	11.91	0.2	2
2 141 Kammelu, Lotanna	00	Yhz Track & Field Club	12.07	-1.8	1
3 23 Davison, Luke	99	Halifax Athletics	12.14	-1.8	1

Athletics NS Espoir Trials and Open Meet - 2016-06-18**Metropolitan Field****Results****Men 18-19 100 Meter Dash**

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	7 Savage, Joshua	98	Bluenose Athletics Track And F	11.09	0.2	2
2	110 West, Jonathan	97	Unattached Nova Scotia	11.28	0.2	2

Men 20-34 100 Meter Dash

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	31 Lunda, Joshua	95	Halifax Athletics	10.82	0.2	2
2	140 John, Jade	92	Yhz Track & Field Club	11.78	0.2	2
3	32 MacDonald, Liam	93	Halifax Athletics	12.01	0.2	2

Men 18-34 100 Meter Dash Special Olym

	Name	Yr	Team	Finals	Wind
Finals					
1	94 Peters, Donald		Unattached	13.05	-2.6
2	92 Morris, Zavhary		Unattached	13.06	-2.6
3	95 Philmore, Caleb		Unattached	13.19	-2.6

Men 35-39 100 Meter Dash

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	41 Stewart, Jason	80	Halifax Athletics	13.29	0.2	2

Men 12-13 150 Meter Dash

	Name	Yr	Team	Finals	Wind
Finals					
1	26 Franklin-Smith, Kwamé	04	Halifax Athletics	20.95	0.6

Men 14-15 200 Meter Dash

	Name	Yr	Team	Finals	Wind
Finals					
1	45 Williams, Jaiden	01	Halifax Athletics	24.31	+0.0
2	50 Decoff, Broden	01	Pictou County Athletics Club	25.65	+0.0
3	53 Kirwan, Logan	02	Pictou County Athletics Club	26.17	+0.0

Men 16-17 200 Meter Dash

	Name	Yr	Team	Finals	Wind
Finals					
1	34 Macqueen, Ben	99	Halifax Athletics	23.87	+0.0

Men 18-19 200 Meter Dash

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	10 Collier, Peter	97	Chebucto Athletics	22.48	-4.1	2
2	7 Savage, Joshua	98	Bluenose Athletics Track And F	23.21	-4.1	2

Men 20-34 200 Meter Dash

	Name	Yr	Team	Finals	Wind	H#
Finals						
1	31 Lunda, Joshua	95	Halifax Athletics	22.45	-4.1	2
2	32 MacDonald, Liam	93	Halifax Athletics	24.33	-4.1	2

Athletics NS Espoir Trials and Open Meet - 2016-06-18**Metropolitan Field****Results****Finals ... (Men 20-34 200 Meter Dash)**

Name	Yr	Team	Finals	Wind	H#
3 129 Shay, Ryan	94	Valley Athletics	37.93	1.2	3

Men 18-34 200 Meter Dash Special Olym

Name	Yr	Team	Finals	Wind
Finals				
1 94 Peters, Donald		Unattached	26.44	-2.7
2 96 Rose, Corey		Unattached	27.80	-2.7
3 95 Philmore, Caleb		Unattached	28.04	-2.7

Men 14-15 300 Meter Dash

Name	Yr	Team	Finals
Finals			
1 50 Decoff, Broden	01	Pictou County Athletics Club	39.59
2 134 Williamson, Robert	01	Valley Athletics	41.36
3 48 Cameron, Duncan	01	Pictou County Athletics Club	42.33

Men 16-17 400 Meter Dash

Name	Yr	Team	Finals
Finals			
1 34 Macqueen, Ben	99	Halifax Athletics	52.16
2 5 McKay, Colin	99	Bluenose Athletics Track And F	56.01

Men 18-19 400 Meter Dash

Name	Yr	Team	Finals
Finals			
1 37 McPhee, Ewan	98	Halifax Athletics	52.85

Men 14-15 800 Meter Run

Name	Yr	Team	Finals
Finals			
1 131 Vaughan, Mitchel	01	Valley Athletics	2:13.94
2 48 Cameron, Duncan	01	Pictou County Athletics Club	2:22.23

Men 16-17 800 Meter Run

Name	Yr	Team	Finals
Finals			
1 5 McKay, Colin	99	Bluenose Athletics Track And F	2:12.25

Men 18-19 800 Meter Run

Name	Yr	Team	Finals
Finals			
1 71 Grimshaw-Surette, Hudson	98	Southwest Nova Athletics	2:00.65
2 128 Shankel, Noah	97	Valley Athletics	2:06.68

Men 45-49 800 Meter Run

Name	Yr	Team	Finals
Finals			
1 101 Faucher, Claude	67	Unattached Nova Scotia	2:13.03

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	Name	Yr	Team	Finals
Finals				
1	19 Boudreau, Brody	01	Halifax Athletics	3:31.98
2	132 Watts, William	01	Valley Athletics	3:55.19
3	111 Baker, Tyler	02	Valley Athletics	3:55.46

Men 16-17 1500 Meter Run

	Name	Yr	Team	Finals
Finals				
1	113 Benoit, Jacob	00	Valley Athletics	4:35.92

Men 18-19 1500 Meter Run

	Name	Yr	Team	Finals
Finals				
1	71 Grimshaw-Surette, Hudson	98	Southwest Nova Athletics	4:17.51
2	54 Langille, Scott	97	Pictou County Athletics Club	4:42.50

Men 20-34 1500 Meter Run

	Name	Yr	Team	Finals	H#
Finals					
1	39 Russell, William	95	Halifax Athletics	4:23.37	1
2	129 Shay, Ryan	94	Valley Athletics	4:58.89	2

Men 14-15 2000 Meter Run

	Name	Yr	Team	Finals
Finals				
1	15 Somers, Drew	01	Chebucto Athletics	5:59.32
2	19 Boudreau, Brody	01	Halifax Athletics	6:20.65
3	111 Baker, Tyler	02	Valley Athletics	6:35.53

Men 16-17 3000 Meter Run

	Name	Yr	Team	Finals
Finals				
1	113 Benoit, Jacob	00	Valley Athletics	9:47.26
2	127 Shankel, Jonah	99	Valley Athletics	10:01.67

Men 12-13 80 Meter Hurdles 30"

	Name	Yr	Team	Finals	Wind
Finals					
1	120 James, Zachary	03	Valley Athletics	14.75	-0.7

Men 14-15 100 Meter Hurdles 33"

	Name	Yr	Team	Finals	Wind
Finals					
1	147 Stover-Evong, Sacha	01	Yhz Track & Field Club	16.33	-2.3

Men 16-17 110 Meter Hurdles 36"

	Name	Yr	Team	Finals	Wind
Finals					
1	52 Hughes, Eric	00	Pictou County Athletics Club	15.88	-0.3
2	141 Kammel, Lotanna	00	Yhz Track & Field Club	15.99	-0.3
3	119 James, Noah	00	Valley Athletics	16.92	-0.3

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Men 20-34 110 Meter Hurdles 42"

Name	Yr	Team	Finals	Wind
Finals				
1 13 Musoke, Matthew	94	Chebucto Athletics	15.88	1.3

Men 14-15 200 Meter Hurdles 30"

Name	Yr	Team	Finals	Wind
Finals				
1 122 Lowe, Zachary	01	Valley Athletics	32.05	-0.8
2 120 James, Zachary	03	Valley Athletics	34.04	-0.8

Men 16-17 400 Meter Hurdles 33"

Name	Yr	Team	Finals
Finals			
1 119 James, Noah	00	Valley Athletics	1:03.37

Men 14-15 1500 Meter Steeplechase 30"

Name	Yr	Team	Finals
Finals			
1 106 Pirie, Liam	02	Unattached Nova Scotia	4:47.96

Men 16-17 2000 Meter Steeplechase 33"

Name	Yr	Team	Finals
Finals			
1 61 Simpson, Raymond	00	Pictou County Athletics Club	6:34.92
2 69 Cunningham, Ethan	00	Southwest Nova Athletics	6:39.71

Men 18-19 High Jump

Name	Yr	Team	Finals
Finals			
1 60 Schmidt, Kaelan	98	Pictou County Athletics Club	1.90m
2 70 D'Entremont, Dennie	98	Southwest Nova Athletics	1.85m

Men 20-34 High Jump

Name	Yr	Team	Finals
Finals			
1 25 Errington, Devin	93	Halifast Athletics	1.95m
2 30 Kinch, Matthew	95	Halifast Athletics	1.80m

Men 14-15 Long Jump

Name	Yr	Team	Finals	Wind
Finals				
1 134 Williamson, Robert	01	Valley Athletics	4.86m	0.6
2 48 Cameron, Duncan	01	Pictou County Athletics Club	4.33m	1.2

Men 16-17 Long Jump

Name	Yr	Team	Finals	Wind
Finals				
1 23 Davison, Luke	99	Halifast Athletics	5.87m	1.6
2 79 Maclean, Lorne	00	Truro Lions	5.39m	1.2

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Men 18-19 Long Jump

	Name	Yr	Team	Finals	Wind
Finals					
1	10 Collier, Peter	97	Chebucto Athletics	6.78m	1.9
2	60 Schmidt, Kaelan	98	Pictou County Athletics Club	6.38m	1.4

Men 20-34 Long Jump

	Name	Yr	Team	Finals	Wind
Finals					
1	98 Belyea, Stephen	96	Unattached Nova Scotia	6.45m	3.5
2	25 Errington, Devin	93	Halifax Athletics	5.90m	1.6

Men 35-39 Long Jump

	Name	Yr	Team	Finals	Wind
Finals					
1	105 Myrick, Lee	78	Unattached Nova Scotia	5.24m	3.1

Men 14-15 Triple Jump

	Name	Yr	Team	Finals	Wind
Finals					
1	122 Lowe, Zachary	01	Valley Athletics	9.63m	2.7

Men 20-34 Triple Jump

	Name	Yr	Team	Finals	Wind
Finals					
1	98 Belyea, Stephen	96	Unattached Nova Scotia	12.80m	0.6

Men 14-15 Shot Put

	Name	Yr	Team	Finals
Finals				
1	62 Swain, Parker	02	Pictou County Athletics Club	12.81m
2	75 Grant, C J	01	Truro Lions	12.36m

Men 16-17 Shot Put

	Name	Yr	Team	Finals
Finals				
1	76 Grant, Robert	99	Truro Lions	14.01m

Men 18-19 Shot Put

	Name	Yr	Team	Finals
Finals				
1	81 McCarthy, Gregory	98	Truro Lions	13.03m
2	78 Jennings, Riley	97	Truro Lions	12.00m

Men 20-34 Shot Put

	Name	Yr	Team	Finals
Finals				
1	103 Jessome, Kirk	95	Unattached Nova Scotia	11.52m
2	129 Shay, Ryan	94	Valley Athletics	5.41m

Men 35-39 Shot Put

	Name	Yr	Team	Finals
Finals				
1	105 Myrick, Lee	78	Unattached Nova Scotia	11.92m

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Men 14-15 Discus Throw

Name	Yr	Team	Finals
Finals			
1 62 Swain, Parker	02	Pictou County Athletics Club	43.97m
2 75 Grant, C J	01	Truro Lions	36.47m

Men 16-17 Discus Throw

Name	Yr	Team	Finals
Finals			
1 76 Grant, Robert	99	Truro Lions	35.34m
2 63 Temple, Jacob	00	Pictou County Athletics Club	25.97m

Men 18-19 Discus Throw

Name	Yr	Team	Finals
Finals			
1 78 Jennings, Riley	97	Truro Lions	39.40m

Men 20-34 Discus Throw

Name	Yr	Team	Finals
Finals			
1 47 Rawding, Alexander	96	Launchers Athletics	40.41m
1 72 Burris, Nathan	93	Truro Lions	38.55m

Men 35-39 Discus Throw

Name	Yr	Team	Finals
Finals			
1 105 Myrick, Lee	78	Unattached Nova Scotia	34.96m

Men 14-15 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 75 Grant, C J	01	Truro Lions	37.16m

Men 18-19 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 81 McCarthy, Gregory	98	Truro Lions	43.66m
2 77 Hames, Sam	98	Truro Lions	41.77m

Men 20-34 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 72 Burris, Nathan	93	Truro Lions	47.94m
2 103 Jessome, Kirk	95	Unattached Nova Scotia	26.97m

Men 35-39 Hammer Throw

Name	Yr	Team	Finals
Finals			
1 105 Myrick, Lee	78	Unattached Nova Scotia	27.54m

Men 14-15 Javelin Throw

Name	Yr	Team	Finals
Finals			
1 83 Sampson, Daniel	01	Truro Lions	42.29m

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Men 16-17 Javelin Throw

	Name	Yr	Team	Finals
Finals				
1	63 Temple, Jacob	00	Pictou County Athletics Club	48.40m
2	76 Grant, Robert	99	Truro Lions	46.40m
3	14 Smith, Ben	00	Chebucto Athletics	45.28m

Men 18-19 Javelin Throw

	Name	Yr	Team	Finals
Finals				
1	3 Bollivar, Jaron	98	Bluenose Athletics Track And F	50.51m
2	74 Flemming, Daniel	98	Truro Lions	43.12m
3	84 Wood, Byron	98	Truro Lions	43.06m

Men 35-39 Javelin Throw

	Name	Yr	Team	Finals
Finals				
1	105 Myrick, Lee	78	Unattached Nova Scotia	45.85m

Men 70-74 Javelin Throw

	Name	Yr	Team	Finals
Finals				
1	73 Evans, Rowland	45	Truro Lions	35.11m

Men 12-13 60 Meter Dash Tetrathlon

	Name	Yr	Team	Finals	Wind
Finals					
1	120 James, Zachary	03	Valley Athletics	9.14	0.6

Men 12-13 600 Meter Run Tetrathlon

	Name	Yr	Team	Finals
Finals				
1	120 James, Zachary	03	Valley Athletics	1:51.15

Men 12-13 Long Jump Tetrathlon

	Name	Yr	Team	Finals	Wind
Finals					
1	120 James, Zachary	03	Valley Athletics	4.40m	NWI

Men 12-13 Shot Put 2kg Tetrathlon

	Name	Yr	Team	Finals
Finals				
1	120 James, Zachary	03	Valley Athletics	10.19m

Men 12-13 Tetrathlon

	Name	Yr	Team	Finals
Finals				
1	120 James, Zachary	03	Valley Athletics	1147

Women 18-19 5000 Meter Run

	Name	Yr	Team	Finals
Finals				
1	130 Vaughan, Meghan	98	Valley Athletics	21:34.00

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Men 20-34 5000 Meter Run

Name	Yr	Team	Finals
Finals			
1 44 Wach, Graeme	95	Halifast Athletics	15:50.72

Men 60-64 5000 Meter Run

Name	Yr	Team	Finals
Finals			
1 133 Williams, Ralph	52	Valley Athletics	22:30.36