

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

Women 12-13 60 Meter Dash

Name	Year	Team	Finals
Finals			
1	72	Thomas, Tamia	Halifast Athletics 8.88
2	172	Maclachlan, B. Joy	Unattached N 8.93
3	209	Majury, Cate	Yhz Track & 8.98
4	171	Lawrence, Lillian	Unattached N 9.18
5	208	King, Megan	Yhz Track & 9.36

Women 14-15 60 Meter Dash

Name	Year	Team	Finals
1	70	Sweeney, Sierra	Halifast Athletics 8.38
2	5	Macneil, Allison	Chebucto Athletics 8.67
3	49	Duggan, Lauren	Halifast Athletics 8.99
4	197	Arithi, Murugi	Yhz Track & 9.16

Women 16-17 60 Meter Dash

Name	Year	Team	Finals
1	4	Layes, Grace	Chebucto Athletics 8.14
2	6	Macneil, Sarah	Chebucto Athletics 8.54
3	158	Alexander, Mira	Truro Lions 8.82
4	62	Miller, Natasha	Halifast Athletics 9.45
5	48	Davidson, Brianna	Halifast Athletics 9.46

Women 18-34 60 Meter Dash University

Name	Year	Team	Finals	H#
1	31	Reynolds, Maya	Dalhousie Un	7.81 1
2	29	McKay, Shawna	Dalhousie Un	8.02 1
3	143	Murphy, Jillian	St. Francis	8.04 1
4	128	Finnan, Abbi	St. Francis	8.06 1
5	122	Cruickshank, Canda	St. Francis	8.12 2
6	141	Marcotte, Baillie	St. Francis	8.16 2
7	21	Gashus, Sonja	Dalhousie Un	8.22 1
8	133	Graham, Megan	St. Francis	8.26 2
9	124	Deakin, Alana	St. Francis	8.36 2
10	119	Boudreau, Emma	St. Francis	8.37 2
11	14	Clarke, Livia	Dalhousie Un	8.41 2
12	92	Gee, Kali	Saint Marys	8.48 3
13	156	Hickman, Sarah	St. Thomas U	8.57 3
14	106	Shaw, Keely	Saint Marys	8.59 3
15	145	O'Hanley, Megan	St. Francis	8.84 3
16	34	Silverberg, Jenna	Dalhousie Un	8.86 3

Women 12-13 200 Meter Dash

Name	Year	Team	Finals
1	72	Thomas, Tamia	Halifast Athletics 30.29
2	209	Majury, Cate	Yhz Track & 30.69

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

...Women 12-13 200 Meter Dash

3	208 King, Megan	Yhz Track &	31.95
4	64 Nauss, Megan	Halifax Athletics	32.81

Women 14-15 200 Meter Dash

Name	Year Team	Finals
1 70 Sweeney, Sierra	Halifax Athletics	28.92
2 5 Macneil, Allison	Chebucto Athletics	30.31
3 49 Duggan, Lauren	Halifax Athletics	30.44
4 197 Arithi, Murugi	Yhz Track &	31.07

Women 16-17 200 Meter Dash

Name	Year Team	Finals
1 41 Taylor, Samantha	Fast Tracks	27.04
2 210 Marchand, Lauryl	Yhz Track &	29.66
3 158 Alexander, Mira	Truro Lions	30.62

Women 18-19 200 Meter Dash

Name	Year Team	Finals
1 156 Hickman, Sarah	St. Thomas U	29.09
2 86 Quann, Lauren	Pictou Count	29.11
3 172 Maclachlan, B. Joy	Unattached N	31.44

Women 18-34 300 Meter Dash University

Name	Year Team	Finals	H#
1 130 Flower, Allie	St. Francis	42.53	2
2 29 McKay, Shawna	Dalhousie Un	42.54	1
3 129 Floris, Emma	St. Francis	42.60	1
4 122 Cruickshank, Canda	St. Francis	43.00	1
5 21 Gashus, Sonja	Dalhousie Un	43.30	2
6 143 Murphy, Jillian	St. Francis	43.32	1
7 137 Lawrence, Beth	St. Francis	43.85	2
8 133 Graham, Megan	St. Francis	43.87	3
9 126 Dorsett, Felicity	St. Francis	43.98	2
10 24 Ladham, Erica	Dalhousie Un	44.16	3
11 14 Clarke, Livia	Dalhousie Un	44.17	2
12 119 Boudreau, Emma	St. Francis	45.04	2
13 140 Malone, Olivia	St. Francis	46.42	3
14 107 Shelton, Ruth	Saint Marys	47.79	3
-- 30 Parker, Ellen	Dalhousie Un	DNF	1

Women 16-17 400 Meter Dash

Name	Year Team	Finals
1 6 Macneil, Sarah	Chebucto Athletics	1:09.28

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Women 18-19 400 Meter Dash

Name	Year Team	Finals
1 86 Quann, Lauren	Pictou Count	1:06.56

Women 18-34 600 Meter Run University

Name	Year Team	Finals	H#
1 11 Beaton, Heather	Dalhousie Un	1:37.63	1
2 15 Comeau, Elizabeth	Dalhousie Un	1:40.86	1
3 130 Flower, Allie	St. Francis	1:41.60	1
4 129 Floris, Emma	St. Francis	1:42.71	1
5 32 Ross, Olivia	Dalhousie Un	1:43.10	1
6 155 Hall, Chelsey	St. Thomas U	1:44.31	2
7 137 Lawrence, Beth	St. Francis	1:45.04	1
8 101 Nwaigwe, Blessing	Saint Marys	1:47.16	2
9 126 Dorsett, Felicity	St. Francis	1:47.66	2
10 140 Malone, Olivia	St. Francis	1:47.76	2
11 112 Zaki, Leila	Saint Marys	1:49.36	2
12 154 Elliott, Jensen	St. Thomas U	2:13.26	2
-- 36 Smith, Sydney	Dalhousie Un	DNF	1

Girls 12-13 800 Meter Run

Name	Year Team	Finals
1 201 Carr-McEachern, Ge	Yhz Track &	2:49.66

Women 14-15 800 Meter Run

Name	Year Team	Finals
1 67 Smith, Maggie	Halifast Athletics	2:25.59
2 44 Blunden, Katherine	Halifast Athletics	2:35.90
3 192 O'Leary, Taylor	Valley Athletics	2:48.91

Women 16-17 800 Meter Run

Name	Year Team	Finals
1 157 Neuffer, Maddy	Team Pei	2:40.36

Women 40-44 800 Meter Run

Name	Year Team	Finals
1 186 James, Paula	Valley Athletics	2:31.71

Women 18-34 1500 Meter Run University

Name	Year Team	Finals
1 120 Chisholm, Paige	St. Francis	4:59.63

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Women 14-15 3000 Meter Run

Name	Year Team	Finals
1 199 Burke, Tanna	Yhz Track &	10:56.30
2 198 Boucher, Mikayla	Yhz Track &	11:17.45

Women 16-17 3000 Meter Run

Name	Year Team	Finals
1 205 Flaim, Marina	Yhz Track &	12:38.30

Women 18-34 3000 Meter Run University

Name	Year Team	Finals
1 142 Marmura, Hana	St. Francis	11:00.86
2 147 Robson, Ashley	St. Francis	11:25.84
3 105 Roszak, Paige	Saint Marys	11:31.77

Women 14-15 60 Meter Hurdles 30"

Name	Year Team	Finals
1 70 Sweeney, Sierra	Halifax Athletics	9.19
2 192 O'Leary, Taylor	Valley Athletics	10.77

Women 16-17 60 Meter Hurdles 30"

Name	Year Team	Finals
1 1 Carvery, Zoe	Chebucto Athletics	9.81

Women 18-34 60 Meter Hurdles 33" Universi

Name	Year Team	Finals
1 128 Finnan, Abbi	St. Francis	9.36
2 180 Brennan, Bridget	Unattached-N	9.41
3 133 Graham, Megan	St. Francis	10.03
4 34 Silverberg, Jenna	Dalhousie Un	10.09
5 149 Thompson, Mary Cat	St. Francis	10.30
6 107 Shelton, Ruth	Saint Marys	10.75

Women 14-15 High Jump

Name	Year Team	Finals
1 53 Henneberry, Samant	Halifax Athletics	1.45m

Women 16-17 High Jump

Name	Year Team	Finals
1 9 Willett, Ysabella	Chebucto Athletics	1.70m
2 1 Carvery, Zoe	Chebucto Athletics	1.60m

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Women 18-19 High Jump

Name	Year	Team	Finals
1 177 Van Den Heuvel, Ri		Unattached N	1.50m
2 124 Deakin, Alana		St. Francis	1.45m

Women 20-34 High Jump

Name	Year	Team	Finals
1 18 Cullen, Macayla		Dalhousie Un	1.66m
2 117 Bagot, Deneisha		St. Francis	1.55m
2 27 Maclatchie, Kate		Dalhousie Un	1.55m
4 149 Thompson, Mary Cat		St. Francis	1.40m

Girls 12-13 Long Jump

Name	Year	Team	Finals
1 72 Thomas, Tamia		Halifast Athletics	4.15m
2 208 King, Megan		Yhz Track &	3.35m

Women 14-15 Long Jump

Name	Year	Team	Finals
1 70 Sweeney, Sierra		Halifast Athletics	5.09m

Women 16-17 Long Jump

Name	Year	Team	Finals
1 1 Carvery, Zoe		Chebucto Athletics	4.70m
2 9 Willett, Ysabella		Chebucto Athletics	4.35m
3 48 Davidson, Brianna		Halifast Athletics	4.15m

Women 18-19 Long Jump

Name	Year	Team	Finals
1 10 Beamish, Megan		Dalhousie Un	4.87m
2 141 Marcotte, Baillie		St. Francis	4.70m
3 86 Quann, Lauren		Pictou Count	4.69m
4 124 Deakin, Alana		St. Francis	4.63m

Women 20-34 Long Jump

Name	Year	Team	Finals
1 27 Maclatchie, Kate		Dalhousie Un	5.17m
2 153 Wilson, Hayley		St. Francis	5.07m
3 18 Cullen, Macayla		Dalhousie Un	4.94m
4 144 Nastasiuk, Madison		St. Francis	4.84m
5 117 Bagot, Deneisha		St. Francis	4.65m
6 149 Thompson, Mary Cat		St. Francis	4.38m

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Girls 12-13 Triple Jump

Name	Year Team	Finals
1 72 Thomas, Tamia	Halifax Athletics	9.17m

Women 14-15 Triple Jump

Name	Year Team	Finals
1 70 Sweeney, Sierra	Halifax Athletics	10.89m
2 192 O'Leary, Taylor	Valley Athletics	9.50m

Women 16-17 Triple Jump

Name	Year Team	Finals
1 48 Davidson, Brianna	Halifax Athletics	9.36m

Women 18-19 Triple Jump

Name	Year Team	Finals
1 99 Murray, Ashley	Saint Marys	10.17m
2 10 Beamish, Megan	Dalhousie Un	9.99m
3 106 Shaw, Keely	Saint Marys	9.78m
4 141 Marcotte, Baillie	St. Francis	9.70m

Women 20-34 Triple Jump

Name	Year Team	Finals
1 153 Wilson, Hayley	St. Francis	10.75m

Women 40-44 Triple Jump

Name	Year Team	Finals
1 195 Smith, Cheryl	Valley Athletics	8.08m

Girls 8-9 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 54 Hughes, Sophie	Halifax Athletics	10.29	2	171
2 57 Lewis, Morgan	Halifax Athletics	10.35	2	167
3 207 Katie, Morrow	Yhz Track &	10.92	1	128
4 76 Williams, Sierra	Halifax Athletics	11.39	2	99

Girls 10-11 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 84 MacDonald, Cara	Pictou Count	9.64	2	223
2 73 Thomas, Taylena	Halifax Athletics	9.96	1	197
3 202 Covert, Claire	Yhz Track &	10.08	1	187
4 77 Wolthausen, Lyla	Halifax Athletics	10.42	2	162

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

....Girls 10-11 60 Meter Dash Tetrathlon

5	56	Lewis, Abby	Halifax Athletics	10.63	1	147
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Girls 8-9 600 Meter Run Tetrathlon

Name	Year	Team	Finals	Points	
1	57	Lewis, Morgan	Halifax Athletics	2:27.13	117
2	207	Katie, Morrow	Yhz Track &	2:30.49	103
3	54	Hughes, Sophie	Halifax Athletics	2:31.21	100
4	76	Williams, Sierra	Halifax Athletics	3:07.37	7

Girls 10-11 600 Meter Run Tetrathlon

Name	Year	Team	Finals	Points	
1	84	MacDonald, Cara	Pictou Count	2:01.75	246
2	56	Lewis, Abby	Halifax Athletics	2:07.60	212
3	202	Covert, Claire	Yhz Track &	2:16.07	168
4	73	Thomas, Taylena	Halifax Athletics	2:25.45	124
5	77	Wolthausen, Lyla	Halifax Athletics	2:30.29	104

Girls 8-9 Long Jump Tetrathlon

Name	Year	Team	Finals	Points	
1	76	Williams, Sierra	Halifax Athletics	3.12m	151
2	207	Katie, Morrow	Yhz Track &	2.58m	112
3	57	Lewis, Morgan	Halifax Athletics	2.55m	110
4	54	Hughes, Sophie	Halifax Athletics	2.25m	90

Girls 10-11 Long Jump Tetrathlon

Name	Year	Team	Finals	Points	
1	84	MacDonald, Cara	Pictou Count	3.72m	198
2	202	Covert, Claire	Yhz Track &	3.47m	178
3	73	Thomas, Taylena	Halifax Athletics	3.45m	176
4	77	Wolthausen, Lyla	Halifax Athletics	3.21m	158
5	56	Lewis, Abby	Halifax Athletics	3.03m	144

Girls 8-9 Shot Put 2kg Tetrathlon

Name	Year	Team	Finals	Points	
1	207	Katie, Morrow	Yhz Track &	3.26m	64
2	57	Lewis, Morgan	Halifax Athletics	2.68m	44
3	76	Williams, Sierra	Halifax Athletics	2.28m	31
4	54	Hughes, Sophie	Halifax Athletics	2.23m	29

Girls 10-11 Shot Put 2kg Tetrathlon

Name	Year	Team	Finals	Points	
1	84	MacDonald, Cara	Pictou Count	5.50m	142
2	202	Covert, Claire	Yhz Track &	5.43m	140

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

....Girls 10-11 Shot Put 2kg Tetrathlon

3	56 Lewis, Abby	Halifax Athletics	3.66m	78
4	77 Wolthausen, Lyla	Halifax Athletics	3.15m	60

Girls 8-9 Tetrathlon

Name	Year Team	Finals
1 57 Lewis, Morgan	Halifax Athletics	438
2 207 Katie, Morrow	Yhz Track &	407
3 54 Hughes, Sophie	Halifax Athletics	390
4 76 Williams, Sierra	Halifax Athletics	288

Girls 10-11 Tetrathlon

Name	Year Team	Finals
1 84 MacDonald, Cara	Pictou Count	809
2 202 Covert, Claire	Yhz Track &	673
3 56 Lewis, Abby	Halifax Athletics	581
4 77 Wolthausen, Lyla	Halifax Athletics	484

Women 20-34 400 Meter Race Walk Racewalk

Name	Year Team	Finals
1 162 Macneil, Lynne	Unattached	1:57.37

Women 60-64 400 Meter Race Walk Racewalk

Name	Year Team	Finals
1 178 Welch, Jo	Unattached N	2:41.70

Men 12-13 60 Meter Dash

Name	Year Team	Finals
1 75 Williams, Marques	Halifax Athletics	8.62
2 2 Conrad, Austin	Chebucto Athletics	8.87
3 43 Ash, Zion	Halifax Athletics	9.22
4 46 Bucci, Jonah	Halifax Athletics	9.88

Men 14-15 60 Meter Dash

Name	Year Team	Finals
1 74 Williams, Jaiden	Halifax Athletics	7.37
2 71 Thomas, Tajhon	Halifax Athletics	7.59
3 215 Stover, Sacha	Yhz Track &	7.80
4 59 Macintyre, James	Halifax Athletics	8.81

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

Men 16-17 60 Meter Dash

Name	Year Team	Finals
1 176 Sullivan, Jordan	Unattached N	7.57
2 83 Hughes, Eric	Pictou Count	7.78
3 52 Harper, Drew	Halifax Athletics	7.98

Men 20-34 60 Meter Dash

Name	Year Team	Finals	H#
1 160 Cummings, Audley	Unattached	7.29	1
2 60 Matton, Darryl	Halifax Athletics	7.50	2
3 7 Musoke, Matthew	Chebucto Athletics	7.65	1
4 58 MacDonald, Liam	Halifax Athletics	7.75	2
5 80 Fagousse, Hani	Morocco	7.96	1

Men 20-34 60 Meter Dash Wheelchair

Name	Year Team	Finals
1 182 Brown, Ben	Valley Athletics	11.47
2 189 MacMillan, Dillon	Valley Athletics	13.24
3 194 Shay, Ryan	Valley Athletics	13.84

Men 18-34 60 Meter Dash University

Name	Year Team	Finals	H#
1 16 Coolen, Matthew	Dalhousie Un	6.92	1
2 26 Lunda, Josh	Dalhousie Un	6.99	1
3 88 Collie, Dominic	Saint Marys	7.02	1
4 136 Kinney, Adrian	St. Francis	7.10	1
5 152 West, Jonathan	St. Francis	7.23	1
6 35 Smith, Chas	Dalhousie Un	7.23	2
7 37 Stephen, Gabe	Dalhousie Un	7.31	1
8 12 Belyea, Stephen	Dalhousie Un	7.32	2
9 150 Vanderslyk, Garret	St. Francis	7.40	2
10 138 Linden, Keithan	St. Francis	7.60	2
11 89 Currie, Russell	Saint Marys	7.72	3
12 95 Jollymore, Ben	Saint Marys	7.78	3
13 100 Nkwonta, Chiedozi	Saint Marys	7.90	4
14 108 Sitt-Williams, Day	Saint Marys	7.94	3
15 87 Berhane, Robel	Saint Marys	7.95	3
16 94 Herold, Andrew	Saint Marys	8.12	4
17 98 Macpherson, Connor	Saint Marys	8.32	4
18 91 Gad, Moha	Saint Marys	8.66	4

Men 18-34 60 Meter Dash Special Olym

Name	Year Team	Finals	H#
1 163 Oliver, Desmond	Unattached	7.94	1
2 116 Philmore, Caleb	Special Olym	8.09	1
3 173 Morris, Zachary	Unattached N	8.13	1
4 174 Peters, Donald	Unattached N	8.15	2

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

...Men 18-34 60 Meter Dash Special Olym

5	175	Rose, Corey	Unattached N	8.42	1
6	164	Piccinin, Stephane	Unattached	8.55	2
7	170	Hicks, Jason	Unattached N	8.97	2

Men 12-13 200 Meter Dash

Name	Year	Team	Finals
1	75	Williams, Marques	Halifast Athletics 30.00
2	2	Conrad, Austin	Chebucto Athletics 30.74
3	43	Ash, Zion	Halifast Athletics 32.96
4	46	Bucci, Jonah	Halifast Athletics 33.87

Men 14-15 200 Meter Dash

Name	Year	Team	Finals
1	74	Williams, Jaiden	Halifast Athletics 24.76
2	71	Thomas, Tajhon	Halifast Athletics 25.63
3	216	Stover-Evong, Sach	Yhz Track & 25.73
4	59	Macintyre, James	Halifast Athletics 28.44

Men 20-34 200 Meter Dash

Name	Year	Team	Finals
1	58	MacDonald, Liam	Halifast Athletics 24.96
2	80	Fagousse, Hani	Morocco 25.93

Men 18-34 200 Meter Dash Special Olym

Name	Year	Team	Finals	H#	
1	174	Peters, Donald	Unattached N	26.40	1
2	164	Piccinin, Stephane	Unattached	27.22	1
3	163	Oliver, Desmond	Unattached	27.54	2
4	175	Rose, Corey	Unattached N	28.84	1
5	173	Morris, Zachary	Unattached N	29.57	2
6	116	Philmore, Caleb	Special Olym	29.79	1
7	170	Hicks, Jason	Unattached N	30.18	2

Men 18-34 300 Meter Dash University

Name	Year	Team	Finals	H#	
1	38	Van Der Poel, Mke	Dalhousie Un	35.48	1
2	17	Cormier, Anthony	Dalhousie Un	36.26	1
3	39	Watson, Lucas	Dalhousie Un	36.65	1
4	136	Kinney, Adrian	St. Francis	36.76	2
5	25	Leighton, Matthew	Halifast Athletics	37.34	1
6	152	West, Jonathan	St. Francis	37.65	1
7	114	Grimshaw-Surette,	Southwest No	37.69	2
8	148	Rutherford, Davian	St. Francis	37.87	2
9	28	Mason, Allister	Dalhousie Un	38.05	1
10	139	Major, Justin	St. Francis	39.19	2

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

....Men 18-34 300 Meter Dash University

11	95 Jollymore, Ben	Saint Marys	39.72	3
12	37 Stephen, Gabe	Dalhousie Un	39.75	3
13	89 Currie, Russell	Saint Marys	40.85	3

Men 14-15 400 Meter Dash

Name	Year	Team	Finals	
1	68	Springer, Camden	Halifast Athletics	54.95

Men 16-17 400 Meter Dash

Name	Year	Team	Finals	
1	176	Sullivan, Jordan	Unattached N	54.26

Men 18-19 400 Meter Dash

Name	Year	Team	Finals	
1	61	McPhee, Ewan	Halifast Athletics	53.04
2	47	Campbell, Conor	Halifast Athletics	53.25

Men 20-34 400 Meter Dash Wheelchair

Name	Year	Team	Finals	
1	182	Brown, Ben	Valley Athletics	59.89
2	189	MacMillan, Dillon	Valley Athletics	1:15.62
3	194	Shay, Ryan	Valley Athletics	1:19.82

Men 18-34 600 Meter Run University

Name	Year	Team	Finals	
1	114	Grimshaw-Surette,	Southwest No	1:24.52
2	151	Washburn, Ryan	St. Francis	1:25.03
3	28	Mason, Allister	Dalhousie Un	1:26.76
4	111	Williams, Greg	Saint Marys	1:27.64
5	39	Watson, Lucas	Dalhousie Un	1:28.14
6	139	Major, Justin	St. Francis	1:29.95
7	148	Rutherford, Davian	St. Francis	1:35.15

Men 12-13 800 Meter Run

Name	Year	Team	Finals	
1	187	James, Zachary	Valley Athletics	2:23.75

Men 14-15 800 Meter Run

Name	Year	Team	Finals	
1	196	Williamson, Robert	Valley Athletics	2:19.34

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

Men 16-17 800 Meter Run

Name	Year Team	Finals
1 185 James, Noah	Valley Athletics	2:10.66
2 113 Cunningham, Ethan	Southwest No	2:12.81
3 181 Benoit, Jacob	Valley Athletics	2:13.31

Men 45-49 800 Meter Run

Name	Year Team	Finals
1 168 Faucher, Claude	Unattached N	2:13.19

Men 18-34 1000 Meter Run University

Name	Year Team	Finals
1 135 Jusiak, Leo	St. Francis	2:38.00
2 109 Smith, Matthew	Saint Marys	3:17.00

Men 14-15 1500 Meter Run

Name	Year Team	Finals
1 165 Somers, Drew	Unattached	4:27.27
2 8 Pirie, Liam	Chebucto Athletics	4:45.65

Men 16-17 1500 Meter Run

Name	Year Team	Finals
1 159 Alexander, Quinn	Truro Lions	4:32.58
2 79 Saji, Yasuyuki	King's-Edgeh	4:41.33

Men 20-34 1500 Meter Run

Name	Year Team	Finals
1 214 Raymond, Joe	Yhz Track &	4:41.52

Men 18-34 1500 Meter Run University

Name	Year Team	Finals
1 146 Rawling, Angus	St. Francis	4:06.24
2 97 Lefrank, Drew	Saint Marys	4:26.39

Men 14-15 3000 Meter Run

Name	Year Team	Finals
1 45 Boudreau, Brody	Halifax Athletics	9:41.96
2 85 MacDonald, Ethan	Pictou Count	10:15.90
3 55 Langille, Jack	Halifax Athletics	10:41.00

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

Men 16-17 3000 Meter Run

Name	Year Team	Finals
1 193 Shankel, Jonah	Valley Athletics	9:43.84

Men 18-19 3000 Meter Run

Name	Year Team	Finals
1 82 Corbin, Peter	Pictou Count	10:01.21

Men 18-34 3000 Meter Run University

Name	Year Team	Finals
1 125 Dewolfe, Cal	St. Francis	8:38.77
2 103 Peverill, Jonathan	Saint Marys	9:21.30
3 127 Ferguson, Warren	St. Francis	9:37.99
4 131 Fuller, Ryan	St. Francis	9:50.60
5 96 Lee, Chris	Saint Marys	9:52.57
6 93 Goodyear, Stephen	Saint Marys	10:11.49
7 110 Taylor, Cameron	Saint Marys	10:19.64
-- 123 Cyr, Alex	St. Francis	DNF

Men 50-54 3000 Meter Run

Name	Year Team	Finals
1 179 Were, Albert wade	Unattached N	10:02.72

Men 12-13 60 Meter Hurdles 30"

Name	Year Team	Finals
1 187 James, Zachary	Valley Athletics	10.21
2 43 Ash, Zion	Halifax Athletics	11.28

Men 16-17 60 Meter Hurdles 36"

Name	Year Team	Finals
1 3 Farmer, Adam	Chebucto Athletics	8.68
2 83 Hughes, Eric	Pictou Count	9.18

Men 18-34 60 Meter Hurdles 42" Universi

Name	Year Team	Finals
1 16 Coolen, Matthew	Dalhousie Un	8.52
2 7 Musoke, Matthew	Chebucto Athletics	8.56
3 104 Pye, Caleb	Saint Marys	10.08
4 94 Herold, Andrew	Saint Marys	11.87
-- 109 Smith, Matthew	Saint Marys	DNF

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Men 18-19 High Jump

Name	Year	Team	Finals
1 33 Schmidt, Kaelan		Dalhousie Un	1.95m
2 19 D'Entremont, Denni		Halifax Athletics	1.85m
3 121 Cooper, Kirishnia		St. Francis	1.70m
4 134 Jewkes, Creighton		St. Francis	1.65m
5 94 Herold, Andrew		Saint Marys	1.60m

Men 20-34 High Jump

Name	Year	Team	Finals
1 20 Errington, Devin		Dalhousie Un	1.90m
2 7 Musoke, Matthew		Chebucto Athletics	1.85m

Men 14-15 Long Jump

Name	Year	Team	Finals
1 74 Williams, Jaiden		Halifax Athletics	5.73m
2 196 Williamson, Robert		Valley Athletics	5.31m
3 190 Mitson, Oliver		Valley Athletics	4.90m

Men 16-17 Long Jump

Name	Year	Team	Finals
1 50 Elliott, Raheem		Halifax Athletics	4.98m

Men 18-19 Long Jump

Name	Year	Team	Finals
1 33 Schmidt, Kaelan		Dalhousie Un	6.01m
2 108 Sitt-Williams, Day		Saint Marys	5.98m
3 121 Cooper, Kirishnia		St. Francis	5.96m
4 19 D'Entremont, Denni		Halifax Athletics	5.91m
5 150 Vanderslyk, Garret		St. Francis	5.88m
6 87 Berhane, Robel		Saint Marys	5.76m
7 95 Jollymore, Ben		Saint Marys	5.52m
8 134 Jewkes, Creighton		St. Francis	5.44m
9 138 Linden, Keithan		St. Francis	5.42m
10 94 Herold, Andrew		Saint Marys	5.37m
11 90 Desmond, Tyren		Saint Marys	5.17m

Men 20-34 Long Jump

Name	Year	Team	Finals
1 12 Belyea, Stephen		Dalhousie Un	6.53m
2 20 Errington, Devin		Dalhousie Un	6.13m
3 22 Hollinsid, Robin		Dalhousie Un	5.93m
4 132 Glover, Cameron		St. Francis	5.52m
5 109 Smith, Matthew		Saint Marys	5.37m

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Men 60-64 Long Jump

Name	Year Team	Finals
1 42 Aasvanger, Spencer	Halifax Athletics	3.16m

Men 16-17 Triple Jump

Name	Year Team	Finals
1 50 Elliott, Raheem	Halifax Athletics	12.70m

Men 18-19 Triple Jump

Name	Year Team	Finals
1 121 Cooper, Kirishnia	St. Francis	12.60m

Men 20-34 Triple Jump

Name	Year Team	Finals
1 13 Bruce, Jordan	Dalhousie Un	13.93m

Men 8-9 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 78 Wolthausen, Owen	Halifax Athletics	11.95	2	

Men 10-11 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 46 Bucci, Jonah	Halifax Athletics	9.24	2	253
2 63 Murray, Nicholas	Halifax Athletics	9.27	2	247
3 204 Elliott, Liam	Yhz Track &	10.52	1	55
4 219 Allt, Michael	Yhz Track &	10.91	1	22

Men 12-13 60 Meter Dash Tetrathlon

Name	Year Team	Finals	H#	Points
1 188 Kendrick, Elijah	Valley Athletics	9.16	1	270
2 203 Eastwood, Ezra	Yhz Track &	10.25	2	86
3 51 Ellis, Luke	Halifax Athletics	11.78	2	
4 211 Mujoomdar, Simon	Yhz Track &	12.27	1	

Men 8-9 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 78 Wolthausen, Owen	Halifax Athletics	3:20.27	

2016 Athletics NS Last Chance - 2016-11-19

Canada Games Center

Results

Men 10-11 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 63 Murray, Nicholas	Halifax Athletics	1:58.59	265
2 46 Bucci, Jonah	Halifax Athletics	2:07.87	211
3 204 Elliott, Liam	Yhz Track &	2:11.50	191
4 219 Allt, Michael	Yhz Track &	2:16.18	167

Men 12-13 600 Meter Run Tetrathlon

Name	Year Team	Finals	Points
1 203 Eastwood, Ezra	Yhz Track &	2:01.75	246
2 188 Kendrick, Elijah	Valley Athletics	2:10.88	194
3 51 Ellis, Luke	Halifax Athletics	2:35.43	85
4 211 Mujoomdar, Simon	Yhz Track &	2:37.03	79

Men 8-9 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 78 Wolthausen, Owen	Halifax Athletics	2.46m	104

Men 10-11 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 63 Murray, Nicholas	Halifax Athletics	4.34m	250
2 204 Elliott, Liam	Yhz Track &	3.34m	168
3 46 Bucci, Jonah	Halifax Athletics	3.13m	152
4 219 Allt, Michael	Yhz Track &	2.92m	136

Men 12-13 Long Jump Tetrathlon

Name	Year Team	Finals	Points
1 188 Kendrick, Elijah	Valley Athletics	4.18m	236
2 203 Eastwood, Ezra	Yhz Track &	3.52m	182
3 51 Ellis, Luke	Halifax Athletics	2.47m	105
4 211 Mujoomdar, Simon	Yhz Track &	1.97m	73

Men 8-9 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 78 Wolthausen, Owen	Halifax Athletics	3.35m	67

Men 10-11 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 63 Murray, Nicholas	Halifax Athletics	7.26m	205
2 204 Elliott, Liam	Yhz Track &	5.45m	141
3 46 Bucci, Jonah	Halifax Athletics	4.98m	124
4 219 Allt, Michael	Yhz Track &	4.48m	106

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Men 12-13 Shot Put 2kg Tetrathlon

Name	Year Team	Finals	Points
1 203 Eastwood, Ezra	Yhz Track &	7.09m	199
2 188 Kendrick, Elijah	Valley Athletics	5.79m	153
3 211 Mujoomdar, Simon	Yhz Track &	3.36m	67
4 51 Ellis, Luke	Halifast Athletics	3.08m	58

Men 8-9 Tetrathlon

Name	Year Team	Finals
3 78 Wolthausen, Owen	Halifast Athletics	171

Men 10-11 Tetrathlon

Name	Year Team	Finals
1 63 Murray, Nicholas	Halifast Athletics	967
2 46 Bucci, Jonah	Halifast Athletics	740
3 204 Elliott, Liam	Yhz Track &	555
4 219 Allt, Michael	Yhz Track &	431

Men 12-13 Tetrathlon

Name	Year Team	Finals
1 188 Kendrick, Elijah	Valley Athletics	853
1 51 Ellis, Luke	Halifast Athletics	248
2 203 Eastwood, Ezra	Yhz Track &	713
2 211 Mujoomdar, Simon	Yhz Track &	219

Men 35-39 60 Meter Dash

Name	Year Team	Finals
1 69 Stewart, Jason	Halifast Athletics	8.57

Women 40-44 60 Meter Dash

Name	Year Team	Finals
1 195 Smith, Cheryl	Valley Athletics	9.66

Women 60-64 60 Meter Dash

Name	Year Team	Finals
1 178 Welch, Jo	Unattached N	10.58

Men 60-64 60 Meter Dash

Name	Year Team	Finals
1 167 Clouthier, Steve	Unattached N	9.81

2016 Athletics NS Last Chance - 2016-11-19
Canada Games Center
Results

Men 70-74 60 Meter Dash

Name	Year Team	Finals
1 161 Maceachern, Alex	Unattached	9.92

Mixed 35-74 200 Meter Dash

Name	Year Team	Finals
1 167 Clouthier, Steve	M Unattached N	32.32
2 195 Smith, Cheryl	W Valley Athletics	32.85
3 161 Maceachern, Alex	M Unattached	35.38
4 178 Welch, Jo	W Unattached N	36.83

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 Combined Team Scores - 2 Events Scored
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1) HALIFAST ATHLETICS	66	2) YHZ Track & Field Club	43
3) VALLEY ATHLETICS	10	3) PICTOU COUNTY ATHLETICS C	10