

GIRLS

A/C.

ACHIEVED

SECTION 1 - HURDLES 50M

J. LYNCH	ALMONTE	B	10.9	-
J. SMITH	UNATT.	B	11.3	-
D. HENDERSON	ALMONTE	B	11.5	-

50M. HURDLES - SECTION 2

G. HANNAFORD	OKH	M	8.4	2
K. BURNS	ALMONTE	B	10.3	3
D. LEBLANC	OKH	M	10.8	-

50 METRES

SECTION 1

A. DIUZZO	OKH	B	7.1	1
C. BENTHEN	OKH	B	7.6	2
B. WOODS	OKH	B	7.8	3
S. SMITH	UNATT.	B	8.9	-

SECTION 2

A. FOURNIER	SHO	B	7.6	2
M. WREL GOPOLSKI	SHO	B	7.7	3
R. FOURNIER	SHO	B	8.3	3

SECTION 3

J. LYNCH	ALMONTE	B	10.9	-
S. SMITH	UNATT.	B	11.3	-
D. HENDERSON	ALMONTE	B	11.5	-

SECTION 4

M. LEBLANC	SHO	M	7.6	3
J. BARRETTE	SHO	M	7.9	3

SECTIONS 5

L. BOURDAGES	SHO	M	7.2	2
D. LEBLANC	OKH	M	7.9	3
L. BERTHAUME	CHAMPLAIN	M	7.9	3

SECTION 6

C. O'BRIEN	OKH	JV	7.2	3
N. BUFFAM	ONTC	JV	7.3	3
L. TURPIN	SHO	JV	7.4	3
L. NADON	SHO	JV	7.4	3

1500 METRES

SECTION 1

L. ARMOUR	ONTC	B	5:27.8	1
K. QUARTERMAIN	ONTC	B	5:51.1	2
			6:00.4	2

SECTION 2

L BOURDAGES	SHO	M	5:52.9	3
D O'HARA	SVTC	M	6:00.7	3
A GUNNEWICK	SVTC	M	6:38.2	-

SECTION 3

C GUNNEWICK	SVTC	JV	6:19.8	-
M GUNNEWICK	SVTC	JV	7:07.5	-

* 2000 METRES

C GUNNEWICK	SVTC	JV	13:21.7	-
D O'HARA	SVTC	M	14:28.8	-
A GUNNEWICK	SVTC	M	15:31.6	-

* LONG JUMP

L NADON	SHO	JV	14' 10 ³ / ₄ "	2
J LYNCH	Almonte	B	12' 2 ¹ / ₂ "	3
K BURNS	Almonte	B	12' 10"	3
D HENDERSON	Almonte	B	9' 6 ¹ / ₂ "	-
A FOURNIER	SHO	B	13' 2 ¹ / ₂ "	2
L TURPIN	SHO	JV	13' 9"	3
L BOURDAGES	SHO	M	11' 6"	-
M. LEBLANC	SHO	M	12' 11"	-
P. ORSER	SVTC	M	-	-
K GLYNN	O.KH	B	12' 8"	3

* SHOT

J FRASER	OKH	JV	(10.17) 33' 4 ¹ / ₂ "	1
J.A MACLEOD	OKH	M	(8.24) 27' 1 ¹ / ₂ "	2
M. LEBLANC	SHO	M	(8.92) 29' 3 ¹ / ₄ "	3
J BARRETTE	SHO	M	(5.91) 19' 4 ³ / ₄ "	-

HIGH JUMP

C MAIDEN	OKH	JV	5' 0"	1
C GELLMAN	OKH	B	4' 8"	1
K GLYNN	OKH	B	4' 6"	1
H SADDLER	OKH	B	NH	-
J LYNCH	ALMONTE	B	3' 10"	3
P ORSER	SVTC	M	4' 8"	2
K BURNS	ALMONTE	B	4'	3
D HENDERSON	ALMONTE	B	3' 8"	-
D BULBROOK	OKH	JV	5' 4"	1
JA MACLEOD	OKH	M	5' 1"	1

SECTION 1

J LEDUC	OKH	M	DISQ.	
D. BARR	NAISMITH	M	NT	

SECTION 2

RAY SMITH	Unatt	B	9.5	3
G. SMITH	OKH	B	10.1	3
J CAMERON	NAISMITH	B	11.0	-

SECTION 3

T SMITHSON	NAISMITH	B	10.5	-
S MAYNARD	NAISMITH	B	10.6	-

* 50 METRESSECTION 1

L-P COYÉ	SAO	M.	6.8	2
D. BARR	NAISMITH	M	7.4	-

SECTION 2

T TIMMINS	NAISMITH	B	7.5	3
C BURNETTE	NAISMITH	B	7.7	3
D WEST	NAISMITH	B	7.9	-

SECTION 3

R MOIR	OKH	M.	6.5	1
J LEDUC	OKH	M	6.6	2
S McDougall	NAISMITH	M	6.8	2

SECTION 4

H. MARTIN	NAISMITH	B	7.5	3
RAY, SMITH	Unatt.	B	7.5	3
Jeff Thompson	EODC	B	7.7	3
G. SMITH	OKH	B	7.8	3

SECTION 5

R. BAXTER	OKH	JV.	6.6	3
T BELLINGER	OKH	JV	6.6	3
F FENTIMAN	OKH	JV	6.7	3
D CARRANINI	OKH	JV	6.9	3

SECTION 6

D VANCE	GLEBE	JV	6.7	3
D CARRIGAN	OUTC	JV	6.8	3
D MARLEAU	SHO	JV	6.9	3

SECTION 7

A GREER	SVTC	SR	6.1	2
R FISHER	OKH	SR	6.2	2

SECTION 1

R. SANCER	OKH	B	9:55.6	2
A. MUIR	OVTC	B	5:04.4	2
JEFF THOMPSON	E OOC	B	NT	-
C WILLIAMSON	unatt.	B	5:43.8	-
J CAMERON	NAISMITH	B	6:10.2	-

SECTION 2

G LEEPER	OKH	JV	9:33.7	2
T BELLINGER	OKH	JV	9:35.3	3
M RISLER	unatt	JV	9:36.3	3
B LAMANCE	LAUR. H.S.	JV	NT	-
B HENRY	E OOC	JV	5:47.0	-

SECTION 3

E. IRELAND	OVTC	M	9:49.8	3
D CARNAHAN	OKH	M	4:56.6	3
R STRANG	OICH	M	9:57.9	3
D HENDERSON	E OOC	M	5:49.2	-

SECTION 4

Steve SMITH	SVTC	M	9:40.3	2
W COOKE	unatt	JV	9:47.6	3
S SEN	unatt	M	9:49.3	3

SECTION 5

D BELAIR	OICH	M	4:22.6	1
B GRAMM	OICH	M	4:40.8	2
JIM THOMPSON	E OOC	M	9:58.9	3

SECTION 6

J MALDONALD	SVTC	JR	9:18.1	2
T VERHOEVEN	SVTC	SR	4:25.4	3
I GALE	OICH	JV	4:30.5	2
M BARR	SVTC	JR	4:31.5	3
B ARNOLD	OICH	SR	4:43.6	-

* 3000 METRESSECTION 1

M BARR	SVTC	JR	9:49.2	2
Steve SMITH	SVTC	M	10:18.3	2
D CARNAHAN	OICH	M	11:06.2	-
K ARNOLD	unatt.	A	11:08.0	-
B ARNOLD	OKH	SR	11:09.2	-
B GILBERT	E OOC	JV	-	-

SECTION 2

J FITZGERALD	OKH	SR	9:09.4	2
D PRUD'HOME	SVTC	SR	9:09.4	2

* 2401						
F. FENTMAN	OKH	JV	14.42	47' 3 ³ / ₄ "	2	
L SANS CARTER	unatt	M	14.24	46' 8 ³ / ₄ "	2	
M CARDINAL	OKH	JV	14.08	46' 2 ¹ / ₂ "	2	
D HOWARD	EDOC	M	10.57	34' 8 ¹ / ₄ "	-	

* LONG JUMP

J CAMERON	ALMONTE	B	10' 7 ¹ / ₂ "	-
S PAPA DATOS	OKH	B	17' 4 ¹ / ₂ "	1
C BURNETTE	NAISMITH	B	13' 9 ¹ / ₄ "	-
S McDougall	NAISMITH	M	16' 5 ¹ / ₂ "	3
H MARTIN	NAISMITH	B	14' 5 ¹ / ₂ "	3
T TIMMINS	NAISMITH	B	13' 1"	-
D VANCE	GLEBE	JV	17' 0"	3
S MAYNARD	NAISMITH	B	10' 3"	-
M LUNN	NAISMITH	M	10' 2 ¹ / ₂ "	-
D WEST	NAISMITH	B	11' 9 ¹ / ₂ "	-
R SMITH	unatt.	B	11' 11"	-
D HOWARD	EDOC	M	16' 6"	3
Jeff THOMPSON	EDOC	B	12' 11 ³ / ₄ "	-

* TRIPLE JUMP

D VANCE	GLEBE	JV	34' 10"	✓	-
D WEST	NAISMITH	B	26' 11 ¹ / ₂ "		3
S MAYNARD	NAISMITH	B	24' 8 ¹ / ₄ "		-
S McDougall	NAISMITH	M	32' 0 ³ / ₄ "		3

* HIGH JUMP

P CARPANINI	OKH	JV	5' 6"	✓	2
R NOIR	OKH	M	5' 0"		2
JOHN SMITH	LAUR. H.S.	M	5' 6"		1
L SANS CARTER	unatt.	JV	5' 9"		3
D HOWARD	EDOC	M	5' 6"		1
CRAIG SMITH	OKH	M	5' 6"		1
GRAHAM SMITH	OKH	B	4' 10"		2
B FISHER	OKH	S	5' 10"		3
T SMITHSON	ALMONTE	B	NH		-

CLUBS v SCHOOLS

Almonte
 Naismith
 Eastern Ontario Olympic Club
 Seaway Valley Track Club
 Stade Hullois Optimist
 Glebe Collegiate