

Results

11/11

All-Comers Meet sponsored by Ottawa Kinnear Harriers  
at the Coliseum 9 FEB 1974

<u>Women</u>	<u>CLUB</u>	<u>A/C</u>	<u>TIME</u>	<u>CLUB STANDARD ALLOWED</u>
<u>50 M Hurdles</u>				
M. McDILL	OKH	JR.	7.6	2
L. BLAIS	SH.	JV.	8.0	2

<u>50 Metres</u>				
<u>SECTION 1</u>				
A. FOURNIER	SH	B.	7.3	2
J. BARRETTE	S.H	M.	7.6	3
B. WOODS	OKH	B	7.8	3
R. FOURNIER	SH	B	8.4	-

<u>SECTION 2</u>				
L. BOURDAJES	SH	M	7.4	2
C BENTEN	OKH	B	7.4	2

<u>SECTION 3</u>				
N. BUFFAM	OVTC	JV.	7.5	3
D. BOUDREAU	SH	JR.	7.7	3
J THEBARRETE	SH	JV.	7.8	3

<u>SECTION 4</u>				
S. GUMMESON	OKH	JV.	6.8	2
M. McDILL	OKH	JR.	7.0	2
L. BLAIS	SH	JV.	7.1	2

<u>1500 METRES</u>				
<u>SECTION 1</u>				
JOANNE COOPER	OKH	B.	5:08.0	1
A. ARMOUR	OVTC	B	5:27.9	1
A JAMBOR	OVTC	B	5:38.5	1
T. QUARTERMAIN	OVTC	B	5:39.7	1
Kathy ARNOLD	unatt.	A	6:14.8	
* JOAN CAMPBELL	unatt.	A	6:25.1	
* R. FOURNIER	SH	B	6:15.1	

<u>SECTION 2</u>				
M. MUIR	OVTC	M.	5:29.4	2
L. BOURDAJES	SH	M	5:44.2	2
P. LLOYD	OVTC	M	5:50.3	2
D O'HARA	OVTC	M	5:56.0	2

WOMEN3000 METRES

	<u>CLUB</u>	<u>A/C</u>	<u>TIME</u>	<u>CLUB STANDARD ACHIEVED</u>
KIM STAIRS	OKH	JR.	10:25.0	1
SUSAN SPENCE	ORONGO	JV.	11:10.2	1

SHOT

JILL FRASER	OKH	JV.	30' 4 <sup>3</sup> / <sub>4</sub>	2
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LONG JUMP

S GUMMISON	OKH	JV.	17' 6"	1
M McDILL	OKH	JR.	16' 8"	1
L. BLAIS	SH	JV.	15' 5"	2
J THEBARGE	SH	JV.	13' 9"	3
D. BOURDEAU	SH	JR.	13' 6 <sup>1</sup> / <sub>2</sub> "	1
A FOURNIER	SH	B.	13' 6 <sup>1</sup> / <sub>2</sub> "	2
J BARRETTE	SH	M.	11' 7 <sup>3</sup> / <sub>4</sub> "	0

HIGH JUMP

D. CORRIGAN	OKH	JV.	5' 3"	1
A. MAIDEN	OKH	JV.	5' 0"	1
R. GIROUX	OKH	M.	4' 10"	1
C. GELLMAN	OKH	B.	4' 6"	1
D MAIDEN	OKH	A.	4' 0"	2

MEN50M. HURDES

D. SMITH	OKH	JV	9.5	-
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50 METRESSECTION 1

M. QUARTERMAIN	C.P.	M.	7.3	-
G SMITH	OKH	B	7.8	3

SECTION 2

D COTE	SH	JV.	6.5	2
T BELLINGER	OKH	JV.	6.7	3
D CARRIGAN	CP	JV	6.8	3
D SMITH	OKH	JV	7.4	1

SECTION 3

S. MARGESON	SUTC	JR	6.3	2
R. FISHER	OKH	JR	6.3	2
L SANS CARTIER	Unatt.	JV.	6.8	3
M. LISKARIS	C.P.	JR.	6.9	3

SECTION 4

B. FISHER	OKH	S	6.3	2
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1500 METRES

	<u>CLUB</u>	<u>A/C</u>	<u>TIME</u>	<u>CLUB STANDARD ACHIEVED</u>
<u>SECTION 1</u>				
P. WHITE	OUTC	B	4:52.5	1
R. SANGER	OKH	B	4:53.0	1
A. MUIR	OUTC	B	5:09.3	2
P. NEPHIN	CP.	B	5:28.3	1

SECTION 2

M. AUBIN	SH.	M.	4:37.8	2
B. GRAHAM	OKH	M.	4:39.4	2
S. SMITH	SVTC	M.	4:41.7	2
E. IRELAND	OUTC	M	4:45.0	2
D. CARMATHAN	OKH	M	4:50.5	3
R. STRANG	OKH	M	4:52.0	3

SECTION 3

I. GALE	OKH	JV.	4:33.4	2
C. ORSSICH	OKH	JV.	4:34.2	2
B. MUIR	OUTC	JV.	4:38.6	3
M. RISLER	OKH	JV	4:50.0	3
D. CARRIGAN	CP.	JV.	4:58.5	1
M. MARLEAU	SH.	JV.	5:19.2	1

SECTION 4

R. WICKMANN	SVTC	JV.	4:12.2	1
J. MACDONALD	SVTC	JR.	4:13.1	1
J. PARK	OKH	S.	4:15.0	2
R. FISHER	OKH	JR	4:28.3	2
M. BARR	SVTC	JR	4:38.8	3

3000 METRES

SECTION 1

J. MACDONALD	SVTC	JR.	9:09.6	1
M. BARR	SVTC	JR.	9:50.6	3
B. ARNOLD	OKH	S.	9:59.0	3
S. SMITH	SVTC	M	10:49.6	3
K. ARNOLD	unatt.	A.	11:27.2	1

SECTION 2

M. JAOUHAR	SH.	S	8:47.8	1
M. RANDALL	OKH	JR	8:48.6	1
J. FITZGERALD	OKH	S	9:07.4	2
R. WICKMANN	SVTC	JV	9:29.6	2
D. PRUD'HOME	SH	JR	9:47.2	2

POLEVAULT

B. FISHER	OKH	S	14' 6"	1
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LONG JUMP

				STANDARD	(4)
J. ZIUTINA	OKH	S	20' 8"	2	
C. COLEMAN	OKH	S.	20' 1/2"	2	
P. BELICE	OKH	JV	19' 5 1/2"	2	
D. SMITH	OKH	JV.	16' 4 1/2"	1	

TRIPLE JUMP

C. COLEMAN	OKH	S	43' 4 1/4"	2
P. BELICE	OKH	JV	44' 3"	1
D. SMITH	OKH	JV	36' 3 1/4"	3

HIGH JUMP

D. SMITH	OKH	JV.	6' 1/8"	1
J. ZIUTINA	OKH	S	5' 10"	3
B. FISHER	OKH	S.	5' 6"	3
P. BELICE	OKH	JV.	5' 6"	2
R. FISHER	OKH	JR.	5' 6"	3
L. SANSCARTIER unatt.		JV.	5' 4"	3
C. SMITH	OKH	MD.	5' 2"	2
G. SMITH	OKH	B.	4' 7"	2

CLUBS

C.P	Carleton Place
OKH	Ottawa Kinross Harriers
OVTC	Ottawa Valley Track Club
SVTC	Seaway Valley Track Club
Openigo	
SH	Stade Nullois