

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 60 Meter Dash 10:30am**

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Shane Ferth	M31 Waterloo Track Club	7.44	7.45 85.89%	5	7
2 Bryan Griffiths	M31 Unattached	7.95	7.96 80.38%	5	5
3 Stephen Bidgood	M30 Unattached	8.00	8.01 79.88%	5	4

M35 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mark Smyth	M37 Parry Sound Lege	7.43	7.24 88.29%	5	7
2 Andre Mitchell	M35 UTTC	7.51	7.43 86.02%	5	5
3 Tyrone Edge	M38 Unattached	8.07	7.81 81.91%	5	4
-- Aaron Leahy	M36 Unattached	DNF		5	

W35 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Khama Beckles	W36 UTTC	8.48	8.49 81.60%	7

M40 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jason Foubert	M42 UTTC	7.72	7.24 88.21%	4	7
2 Dale Samuel	M40 Unattached	7.80	7.43 86.03%	4	5
3 Scott Smyth	M41 Parry Sound Lege	7.84	7.41 86.22%	4	4
4 Ovidiu Negoita	M40 Unattached	7.92	7.54 84.72%	4	3
5 Lenroy Munro	M41 Unattached	8.16	7.71 82.84%	4	2
6 Francesc Macias	M40 Unattached	8.41	8.01 79.79%	4	1
7 Richard Petko	M40 Unattached	8.41	8.01 79.79%	4	
8 Ranjit Neele	M44 Unattached	9.49	8.77 72.92%	3	

M45 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Chris Lemassif	M45 UTTC	7.80	7.16 89.36%	3	7
2 Tim Taschereau	M46 Unattached	7.94	7.23 88.41%	3	5
3 Rick Reynolds	M45 Unattached	8.19	7.51 85.10%	3	4
4 Eddy Renelique	M48 viva La Salsa	8.31	7.46 85.68%	3	3

M50 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Les Neufeld	M51 Unattached	8.25	7.25 88.12%	3	7
2 Mel White	M53 UTTC	8.31	7.21 88.69%	3	5
3 Bryan Baldsing	M54 Unattached	8.91	7.67 83.39%	3	4

M55 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Liviene Solomon	M55 Unattached	8.13	6.95 92.00%	2	7

...M55 60 Meter Dash 10:30am

2 Ralph Cilevitz	M57 Throwers Club	8.99	7.58 84.32%	2	5
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

3 Nikola Krajnovic M59 Unattached 12.01 9.99 63.95% 2 4

W55 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Karla Del Grande	W58 Mississauga Tra	8.65	6.91100.12%	7

M60 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alexander Jozefacki	M61 Unattached	9.00	7.39 86.44%	2	7
2 Bernard Lachance	M61 Quebec	9.25	7.60 84.11%	2	5

W60 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W63 Hamilton Oly	10.10	7.70 89.90%	7

M65 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tony Powell	M68 Unattached	8.63	6.78 94.32%	2	7

M70 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Mike Morris	M71 Unattached	9.01	6.94 92.12%	7
2 David Stern	M72 Mississauga Tra	9.43	7.21 88.65%	5
3 Tom Fokas	M73 Unattached	11.53	8.75 73.03%	4

M75 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Dev Sharma	M76 Unattached	10.20	7.55 84.71%	7
-- Charles Agnoo	M77 Scarborough Masters	DNF		

M30 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Shane Ferth	M31 Waterloo Track Club	23.69	23.60 81.89%	11	7 MR
(old MR 23.78 Mike Weniger 2004)					
2 Stephen Bidgood	M30 Unattached	25.56	25.57 75.59%	11	5
3 Bryan Griffiths	M31 Unattached	25.71	25.61 75.46%	11	4
4 Jonathan Colford	M34 Unattached	33.33	32.40 59.65%	11	3

M35 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Andre Mitchell	M35 UTTC	24.43	23.56 82.03%	10	7
2 Mark Smyth	M37 Parry Sound Lege	25.15	23.88 80.91%	10	5
3 Tyrone Edge	M38 Unattached	25.79	24.30 79.53%	10	4

W35 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Khama Beckles W36 UTTC 28.56 28.39 75.18% 7

W40 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Carolina Ayala	W42 Ottawa Track	33.63	30.98 68.90%	2	7
2 Edel Ebbs	W42 UTTC	33.67	31.02 68.81%	2	5
3 Sherry Sani	W44 Ottawa Track	33.75	30.34 70.34%	2	4

M40 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Scott Smyth	M41 Parry Sound Lege	25.86	23.81 81.17%	9	7
2 Francesc Macias	M40 Unattached	27.23	25.26 76.50%	9	5
-- Dale Samuel	M40 Unattached	DNF		9	

M45 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Rick Reynolds	M45 Unattached	26.79	23.94 80.70%	8	7
2 Rick Ball	M46 OAC	27.94	24.79 77.95%	8	5

M50 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Andrew Bass	M50 Unattached	27.36	23.59 81.94%	7	7
2 Les Neufeld	M51 Unattached	27.44	23.49 82.25%	7	5
3 Bryan Baldsing	M54 Unattached	29.75	24.95 77.45%	7	4

W55 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Karla Del Grande	W58 Mississauga Tra	28.54	21.98 97.09%	7

M55 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bennie James	M55 United State	25.78	21.47 90.03%	6	7 MR
(old MR 26.5 Stan Egerton 1982 and 1983)					
2 Wayne Gagne	M57 Cambridge Harriers	29.58	24.30 79.51%	6	5
3 Don Millar	M59 London Legion T&	31.53	25.56 75.61%	6	4
-- Nikola Krajnovic	M59 Unattached	DQ		6	

M60 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Alexander Jozefacki	M61 Unattached	30.29	24.23 79.73%	5	7
2 Bernard Lachance	M61 Quebec	32.13	25.71 75.16%	5	5
3 Duncan Greenshields	M63 UTTC	33.14	26.17 73.84%	5	4

W60 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W63 Hamilton Oly	35.08	25.70 83.07%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M65 200 Meter Dash 2:30pm**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Tony Powell	M68 Unattached	28.15	21.43 90.20%	4	7
2 Peter Evans	M69 Mississauga Tra	31.29	23.63 81.78%	4	5
3 John Powell	M67 EtobicokeTC	38.99	29.91 64.61%	4	4

M70 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mike Morris	M71 Unattached	31.18	23.00 84.03%	3	7
2 David Stern	M72 Mississauga Tra	31.38	22.80 84.77%	3	5

M75 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Dev Sharma	M76 Unattached	35.08	23.90 80.87%	3	7

M80 200 Meter Dash 2:30pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Earl Fee	M82 Mississauga Tra	34.27	20.86 92.62%	3	7

M30 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Shane Ferth	M31 Waterloo Track Club	53.08	53.09 81.35%	3	7

M40 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Mark Hayle	M40 Unattached	54.77	51.21 84.32%	5	7
2 Lenroy Munro	M41 Unattached	55.86	51.87 83.26%	5	5
3 Saleem Baksh	M40 Mississauga Tra	58.35	54.56 79.14%	5	4
4 Kevin Farr	M41 UTTC	58.79	54.59 79.11%	5	3
5 Ranjit Neele	M44 Unattached	1:31.27	1:22.95 52.05%	5	2

W40 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Carolina Ayala	W42 Ottawa Track	75.04	66.64 71.43%	7
2 Sherry Sani	W44 Ottawa Track	77.16	67.10 70.94%	5

M45 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Eddy Renelique	M48 viva La Salsa	59.99	53.04 81.43%	4	7
2 Rick Ball	M46 OAC	60.14	53.90 80.11%	4	5

W55 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	Points
1 Karla Del Grande	W58 Mississauga Tra	68.35	51.94 91.66%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M55 400 Meter Dash 11:30am**

Name	Age Team	Finals	Age-Grading	H#	Points
1 Bennie James	M55 United State	57.81	48.76 88.57%	4	7
2 Steve Millward	M56 Unattached	63.59	53.29 81.03%	4	5
3 Wayne Gagne	M57 Cambridge Harriers	67.96	56.59 76.31%	4	4

M60 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Duncan Greenshields	M63 UTTC	70.36	56.41 76.56%	3	7
2 Bernard Lachance	M61 Quebec	71.40	57.95 74.51%	3	5

M65 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 John Powell	M67 EtobicokeTC	1:38.26	75.44 57.25%	2	7

M70 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jim Pascoe	M74 Rouge River RR	1:22.69	56.05 77.05%	2	7

M80 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Earl Fee	M82 Mississauga Tra	75.33	43.36 99.59%	3	7

M35 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Travis Anderson	M35 Brantford Track	2:01.27	2:00.92 83.62%	7
2 Michal Kapral	M39 Unattached	2:08.06	2:02.92 82.26%	5

...M35 800 Meter Run 3:00pm

-- Jay Brecher M38 UTTC DNF

M40 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Kevin Farr	M41 UTTC	2:15.01	2:07.18 79.51%	7

W40 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Anita Thomas	W42 Mississauga Tra	2:51.57	2:43.92 69.11%	7
2 Sheryl Potter	W44 Newmarket Huskies	2:59.21	2:48.23 67.34%	5

W45 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Annie Bunting	W47 UTTC	2:27.03	2:14.52 84.21%	7
2 Ginette Jones	W45 Newmarket Huskies	2:39.46	2:28.35 76.36%	5
3 Karen Gold	W49 Mississauga Tra	2:42.59	2:26.25 77.46%	4

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M45 800 Meter Run 3:00pm**

Name	Age Team	Finals	Age-Grading	Points
1 Michael Sherar	M48 UTTC	2:00.99	1:47.06 94.45%	7 MR
(old MR Mike's 2:01.35 set last year)				

M50 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 John Willett	M50 UTTC	2:15.50	1:57.80 85.84%	7
2 Brent Hutchinson	M54 Brantford Track	2:30.18	2:06.26 80.08%	5
3 Alex Keeting	M54 EtobicokeTC	3:15.67	2:44.50 61.47%	4

W50 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Heather O'Hagan	W50 Newmarket Huskies	2:39.40	2:22.16 79.69%	7

M55 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 George Aitkin	M59 Cambridge Harriers	2:41.85	2:10.68 77.37%	7

M60 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M60 Unattached	2:33.46	2:02.90 82.28%	7
2 Ted Paget	M60 Newmarket Huskies	2:38.94	2:07.28 79.44%	5
3 Bernard Lachance	M61 Quebec	3:00.00	2:23.05 70.68%	4

M70 800 Meter Run 3:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Chris Mackie	M71 Unattached	2:51.87	2:03.60 81.81%	7
2 Jim Pascoe	M74 Rouge River RR	3:29.28	2:23.63 70.40%	5

M30 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Jimmy Semes	M33 Village People R	4:48.03	4:48.04 71.52%	7
2 Jonathan Colford	M34 Unattached	6:45.50	6:44.69 50.90%	5

M40 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Chris Serran	M43 Guelph Victors	4:47.90	4:22.66 78.43%	7
2 Gary Jr Cassel	M44 Cambridge Harriers	5:04.14	4:34.80 74.97%	5

W40 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Leanne Shafir	W42 UTTC	5:13.08	4:49.85 80.20%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M45 1500 Meter Run 11:00am**

Name	Age Team	Finals	Age-Grading	Points
1 Geoff Peat	M48 Newmarket Huskies	4:25.28	3:50.98 89.19%	7
2 James Wallace	M49 Unattached	5:01.06	4:19.73 79.32%	5

W45 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Annie Bunting	W47 UTTC	4:58.58	4:20.49 89.25%	7 MR
(old MR 5:00.11 Christine Lavallee 2002)				

M50 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 James Earl	M53 East Toronto	4:49.29	4:00.90 85.52%	7
2 Desmond Moloney	M51 East Toronto	4:55.45	4:10.37 82.28%	5
3 Alex Keeting	M54 EtobicokeTC	6:09.41	5:04.92 67.56%	4

M55 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 George Aitkin	M59 Cambridge Harriers	5:31.30	4:22.13 78.59%	7

W55 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Lynn Kobayashi	W56 UTTC	6:02.32	4:41.27 82.65%	7

M60 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M60 Unattached	5:04.18	3:58.63 86.33%	7
2 Ken Hamilton	M62 Newmarket Huskies	5:06.94	3:56.99 86.92%	5
3 Ted Paget	M60 Newmarket Huskies	5:13.97	4:06.31 83.64%	4
4 John Helliker	M60 UTTC	5:15.46	4:07.48 83.24%	3

M65 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Hugh Connolly	M66 Longboat RR	5:43.90	4:17.07 80.14%	7
2 Bert de Vries	M65 Longboat RR	6:10.44	4:39.17 73.79%	5

M70 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	Points
1 Chris Mackie	M71 Unattached	5:53.21	4:11.53 81.90%	7
2 Frank Esson	M72 Unattached	6:35.14	4:37.08 74.35%	5
3 Robert Moore	M71 Toronto Olym	6:40.82	4:45.43 72.17%	4

W30 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 Wendy Lopez	W33 UTTC	13:51.40	13:46.00 60.70%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M35 3000 Meter Run 1:15am**

Name	Age Team	Finals	Age-Grading	Points
1 Gavin Snell	M36 Saugeen Track Club	10:13.50	9:56.88 73.72%	7

M40 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 Rodney Loeppky	M42 Physi-kult Kingston	9:37.29	8:57.46 81.87%	7
2 Chris Serran	M43 Guelph Victors	10:08.66	9:22.41 78.24%	5
3 Ken Gosleigh	M44 Saugeen Track Club	10:17.66	9:26.34 77.69%	4
4 Gary Jr Cassel	M44 Cambridge Harriers	11:07.29	10:11.84 71.91%	3

M45 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 Tony Serwatak	M46 Longboat RR	12:44.25	11:29.97 63.77%	7

W45 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 Tracey Snarr	W47 Newmarket Huskies	11:30.54	10:11.41 82.01%	7

M50 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 Jay Yakabowich	M50 Unattached	11:05.34	9:41.98 75.60%	7

W50 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W53 UTTC	15:18.70	12:33.43 66.55%	7

M55 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 George Aitkin	M59 Cambridge Harriers	11:34.45	9:23.41 78.10%	7

M60 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 John Clarke	M60 Unattached	10:52.32	8:44.67 83.86%	7
2 Ken Hamilton	M62 Newmarket Huskies	10:55.89	8:38.29 84.90%	5
3 Richard Bailey	M63 Longboat RR	11:59.19	9:23.27 78.12%	4
4 Morrison Reid	M61 London Pacers	12:12.43	9:43.90 75.36%	3

M70 3000 Meter Run 1:15am

Name	Age Team	Finals	Age-Grading	Points
1 Jack Geddes	M74 Scarborough Masters	12:59.09	8:59.37 81.58%	7
2 Robert Moore	M71 Toronto Olym	13:59.69	10:07.10 72.48%	5
3 Frank Esson	M72 Unattached	14:23.63	10:16.12 71.41%	4

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M50 60 Meter Hurdles 1:00pm**

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M50 Unattached	9.57	8.29 88.09%	7
2 Paul Zelmanski	M52 United State	9.58	8.22 88.83%	5
3 Mark Jakubowski	M54 United State	10.65	9.06 80.66%	4

M55 60 Meter Hurdles 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	12.28	10.21 71.50%	7

M35 4x200 Meter Relay

Team	Finals	Points
1 Unattached 'A'	1:46.21	7
1) Lenroy Munro 41	2) Michal Kapral 39	
3) Bryan Griffiths 31	4) Tyrone Edge 38	
-- Unattached 'B'	DQ	
1) Mark Smyth 37	2) Scott Smyth 41	
3) Saleem Baksh 40	4) Andre Mitchell 35	

W40 4x200 Meter Relay

Team	Finals	Points
1 Newmarket Huskies 'A'	2:18.48	7
1) Tracey Snarr 47	2) Heather O'Hagan 50	
3) Ginette Jones 45	4) Sheryl Potter 44	
-- University of Toronto TC 'A'	DQ	
1) Khama Beckles 36	2) Edel Ebbs 42	
3) Karla Del Grande 58	4) Annie Bunting 47	

M35 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Zoltan Sara	M36 Unattached	1.85m	1.96m 80.43%	7
2 Jasbir Singh Hundal	M38 Unattached	1.50m	1.62m 66.37%	5

M40 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Ovidiu Negoita	M40 Unattached	1.76m	1.94m 79.28%	7 CAN tie
(CAN 1.76m Russ Regier SK 1994)				

M45 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M45 London Legion T&	1.50m	1.74m 71.09%	7
2 Rob Viggers	M46 Unattached	1.40m	1.64m 66.99%	5

M50 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Alain Gallant	M50 Unattached	1.65m	2.02m 82.50%	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M55 High Jump 10:30am**

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	1.20m	1.58m 64.86%	7
2 Bill Barras	M57 Fast	1.10m	1.45m 59.46%	5

M60 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M64 Ottawa Track	1.30m	1.87m 76.47%	7

M75 High Jump 10:30am

Name	Age Team	Finals	Age-Grading	Points
1 Bob Land	M75 Unattached	1.20m	2.01m 82.19%	7

M45 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M45 London Legion T&	3.30m	3.89m 63.34%	7

W45 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W46 Unattached	2.80m	3.67m 71.43%	7 CAN & MR
(old CAN 2.61m Carol Reindl SK 2004, old MR 1.80 Barbara Stewart USA 1990)				

M50 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M50 Unattached	2.90m	3.66m 59.67%	7

M60 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Stan Seitz	M64 Ottawa Track	2.80m	4.43m 72.35%	7

M65 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Matti Kilpelainen	M66 United State	3.20m	5.26m 85.79%	7 MR tie
(MR 3.20m Stan Egerton 1991 - also the CAN record)				
2 Hugh Miller	M65 Unattached	2.50m	4.03m 65.79%	5

M75 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading	Points
-- Bob Land	M75 Unattached	NH		

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 Long Jump 1:00pm**

Name	Age Team	Finals	Age-Grading	Points
1 Clayton Latham (old MR 6.31m Mike Whiteley 2010)	M31 Brampton Track	7.13m	7.19m 80.47%	7 MR
2 Stephen Bidgood	M30 Unattached	5.82m	5.82m 65.03%	5
3 Jonathan Colford	M34 Unattached	3.40m	3.53m 39.53%	4

M35 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M38 Unattached	4.80m	5.21m 58.25%	7

M40 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Ovidiu Negoita	M40 Unattached	5.76m	6.40m 71.55%	7
2 Tommy Nemeth	M41 UTTC	5.20m	5.84m 65.33%	5

M45 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Chris Lemassif	M45 UTTC	4.94m	5.82m 65.09%	7
2 Paul White	M45 London Legion T&	4.72m	5.56m 62.19%	5

M50 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Andrew Bass	M50 Unattached	5.04m	6.32m 70.69%	7
2 Alain Gallant	M50 Unattached	4.73m	5.93m 66.34%	5
3 Paul Zelmanski	M52 United State	4.68m	6.02m 67.34%	4
4 Mark Jakubowski	M54 United State	3.87m	5.12m 57.25%	3

M55 Long Jump 1:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Liviene Solomon	M55 Unattached	4.99m	6.69m 74.81%	7
2 Ralph Cilevitz	M57 Throwers Club	4.36m	6.01m 67.18%	5
3 Bill Barras	M57 Fast	2.77m	3.82m 42.68%	4

M30 Triple Jump after LJ

Name	Age Team	Finals	Age-Grading	Points
1 Clayton Latham (no previous record)	M31 Brampton Track	13.90m	13.93m 76.21%	7 MR

M35 Triple Jump after LJ

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M38 Unattached	9.86m	10.32m 56.47%	7

M40 Triple Jump after LJ

Name	Age Team	Finals	Age-Grading	Points
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Lenroy Munro	M41 Unattached	11.38m	12.34m	67.50%	7
2 Ovidiu Negoita	M40 Unattached	10.27m	11.01m	60.20%	5

M55 Triple Jump after LJ

Name	Age Team	Finals	Age-Grading	Points
1 Thevarajan Sinnathurai	M58 United T.S.C.	10.49m	14.26m 77.99%	7
2 Ralph Cilevitz	M57 Throwers Club	8.06m	10.79m 59.00%	5

M35 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Jasbir Singh Hundal	M38 Unattached	9.11m	9.25m 40.04%	7

M45 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Rob Viggers	M46 Unattached	10.99m	12.48m 54.00%	7
2 Manoharan Sethukavalar	M46 Unattached	10.75m	12.21m 52.83%	5

W45 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Gaby Szanto	W46 Unattached	9.85m	13.30m 58.81%	7

M50 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M52 Throwers Club	12.40m	14.81m 64.05%	7

W50 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Katherine Willis	W53 UTTC	5.88m	8.60m 38.03%	7

M55 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M59 Throwers Club	11.46m	16.00m 69.24%	7
2 Ralph Cilevitz	M57 Throwers Club	8.26m	11.00m 47.61%	5
3 Bill Barras	M57 Fast	7.24m	9.64m 41.73%	4
-- Mike Stevely	M56 Wlac	FOUL		

W55 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
-- Debbie Murfitt	W55 Unattached	FOUL		

M60 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M62 Unattached	9.79m	13.15m 56.92%	7

W60 Shot Put 9:30am

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott	W63 Hamilton Oly	7.53m	13.48m 59.57%	7

M70 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 David Morris	M73 Throwers Club	8.96m	12.68m 54.87%	7
2 Enrico Toscano	M71 Centro Scuola	6.44m	8.61m 37.27%	5

M75 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Dev Sharma	M76 Unattached	6.60m	10.24m 44.33%	7

W80 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Velta Tomsons	W84 Throwers Club	6.12m	20.64m 91.21%	7

M85 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading	Points
1 Evalds Viskers	M85 Throwers Club	7.83m	14.87m 64.34%	7

M45 Weight Throw after SP & P

Name	Age Team	Finals	Age-Grading	Points
1 Rob Viggers	M46 Unattached	10.46m	12.45m 48.16%	7
2 Manoharan Sethukavalar	M46 Unattached	10.12m	12.04m 46.59%	5

W45 Weight Throw after SP & P

Name	Age Team	Finals	Age-Grading	Points
1 Michelle Baptie	W45 athletiques In	7.22m	11.22m 47.59%	7

M50 Weight Throw after SP & P

Name	Age Team	Finals	Age-Grading	Points
1 Danny Yoisten	M52 Throwers Club	12.58m	14.46m 55.94%	7

M55 Weight Throw after SP & P

Name	Age Team	Finals	Age-Grading	Points
1 Bill Pearson	M59 Throwers Club	12.61m	16.42m 63.53%	7
2 Ralph Cilevitz	M57 Throwers Club	9.65m	12.11m 46.82%	5

M60 Weight Throw after SP & P

Name	Age Team	Finals	Age-Grading	Points
1 Brock Pullen	M62 Unattached	12.88m	15.26m 59.03%	7

W60 Weight Throw after SP & P

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading Points
1 Rhona Trott	W63 Hamilton Oly	10.89m	14.84m 62.91% 7

M70 Weight Throw after SP & P

Name	Age Team	Finals	Age-Grading Points
1 David Morris	M73 Throwers Club	10.85m	15.14m 58.59% 7
2 Enrico Toscano	M71 Centro Scuola	7.61m	10.09m 39.05% 5

M35 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Jean Pierre Fortin	M36 Ontario RaceWalkers	16:00.10	15:35.72 67.48% 7

W40 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Nataliya Botova	W40 Toronto Race Wal	18:55.51	18:12.93 63.59% 7

M45 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Jianping Xu	M46 Harbour Track	14:51.14	13:24.79 78.46% 7
2 Paul Holmes	M49 Unattached	18:25.23	16:13.60 64.85% 5

M50 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Lawrence Malek	M52 Toronto Race Wal	17:33.71	15:04.83 69.78% 7

W55 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Anne de Thy	W58 Ontario RaceWalkers	18:18.03	15:03.90 76.89% 7
2 Kris Kozell	W59 Ontario RaceWalkers	18:30.35	15:04.50 76.84% 5

W60 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Lina Liscio	W62 Toronto Race Wal	18:37.42	14:40.64 78.92% 7

M65 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 John Kittredge	M67 Ontario RaceWalkers	16:56.81	12:33.16 83.84% 7

W75 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading Points
1 Jean Horne	W79 Ontario RaceWalkers	22:24.03	13:48.73 83.86% 7