

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed 60 Meter Dash**

Name	Age Team	Prelims	Age-Grading	H#
Preliminaries				
1 Jared Kerr	M16 Flying Angels	7.32q	6.92 92.35%	5
2 Shane Ferth	M30 Waterloo Track Club	7.42q	7.43 86.12%	5
3 Michael Lee Foon	M51 Unattached	7.51q	6.60 96.80%	5
4 Mikhile Jeremiah	W18 Unattached	7.52q	7.44 92.95%	5
5 Kirk Whyte	M42 Brampton Track	7.54q	7.08 90.32%	5
6 Mark Smyth	M37 Parry Sound Lege	7.56q	7.37 86.77%	5
7 Natalia Issajenko	W22 The Speed Academy	7.59q	7.59 91.30%	5
8 Murphy Ceasar	M23 Unattached	7.65q	7.66 83.53%	4
9 Jason Foubert	M42 Unattached	7.78q	7.30 87.53%	4
10 Ken Kudo	M49 Unattached	7.82q	6.97 91.69%	4
11 Scott Smyth	M41 Parry Sound Lege	7.82q	7.39 86.45%	4
12 Bryan Griffiths	M31 Unattached	7.83q	7.84 81.61%	4
13 John Berardi	M37 Unattached	7.84q	7.64 83.67%	3
14 Chris Wagner	M26 Unattached	7.85q	7.86 81.40%	3
15 Steve Kerr	M46 Flying Angels	7.95q	7.24 88.30%	3
16 Tim Taschereau	M46 Unattached	8.06q	7.34 87.10%	3
17 Ryan Edge	M34 Unattached	8.06q	8.05 79.53%	3
18 Tyrone Edge	M38 Unattached	8.17q	7.90 80.91%	3
19 Les Neufeld	M51 Unattached	8.22q	7.23 88.44%	2
20 Rick Reynolds	M45 Unattached	8.23q	7.55 84.69%	3
21 Mike Viles	M31 Unattached	8.26q	8.27 77.36%	4
22 Eddy Renelique	M48 viva La Salsa	8.29q	7.45 85.89%	3
23 Mel White	M52 UTTC	8.38q	7.32 87.35%	1
24 Richard Lech	M63 Unattached	8.39q	6.80 93.92%	2
25 Sheree Mullings	W30 York UniversityT	8.50q	8.51 81.41%	2
26 Dale Samuel	M40 Unattached	8.55q	8.14 78.48%	4
27 Mike Morris	M71 Unattached	8.86q	6.82 93.68%	2
28 Sabrina Nerb	W14 Unattached	8.92q	8.57 80.83%	2
29 David Stern	M71 Mississauga Tra	9.56q	7.36 86.82%	1
30 Joseph Berger	M70 Unattached	10.69q	8.29 77.08%	1
31 Tom Fokas	M73 Unattached	11.92q	9.05 70.64%	1

Mixed 60 Meter Dash

Name	Age Team	Finals	Age-Grading	H#	Points
Finals					
1 Jared Kerr	M16 Flying Angels	7.24	6.85 93.37%	4	
2 Shane Ferth	M30 Waterloo Track Club	7.42	7.43 86.12%	4	
3 Michael Lee Foon	M51 Unattached	7.49	6.59 97.06%	4	
4 Murphy Ceasar	M23 Unattached	7.49	7.50 85.31%	4	
5 Kirk Whyte	M42 Brampton Track	7.55	7.09 90.20%	4	
6 Mikhile Jeremiah	W18 Unattached	7.56	7.48 92.46%	4	
7 Natalia Issajenko	W22 The Speed Academy	7.57	7.57 91.55%	4	
8 Jason Foubert	M42 Unattached	7.71	7.24 88.33%	3	
9 Mark Smyth	M37 Parry Sound Lege	7.72	7.53 84.97%	4	
10 Scott Smyth	M41 Parry Sound Lege	7.73	7.31 87.45%	3	
11 Bryan Griffiths	M31 Unattached	7.81	7.82 81.82%	3	
12 Ken Kudo	M49 Unattached	7.88	7.03 90.99%	3	
13 Chris Wagner	M26 Unattached	7.94	7.95 80.48%	3	
14 John Berardi	M37 Unattached	7.95	7.75 82.52%	3	
15 Ryan Edge	M34 Unattached	7.96	7.95 80.53%	3	
16 Tim Taschereau	M46 Unattached	8.01	7.30 87.64%	3	
17 Tyrone Edge	M38 Unattached	8.12	7.85 81.40%	2	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed 60 Meter Dash**

18	Les Neufeld	M51	Unattached	8.15	7.17	89.20%	2
19	Rick Reynolds	M45	Unattached	8.16	7.49	85.42%	2
20	Mel White	M52	UTTC	8.28	7.23	88.41%	2
21	Mike Viles	M31	Unattached	8.28	8.29	77.17%	2
22	Eddy Renelique	M48	viva La Salsa	8.29	7.45	85.89%	2
23	Richard Lech	M63	Unattached	8.54	6.93	92.27%	2
24	Sheree Mullings	W30	York UniversityT	8.58	8.59	80.65%	1
25	Mike Morris	M71	Unattached	8.92	6.87	93.05%	1
26	Sabrina Nerb	W14	Unattached	8.97	8.62	80.38%	1
27	David Stern	M71	Mississauga Tra	9.50	7.32	87.37%	1
28	Joseph Berger	M70	Unattached	10.72	8.31	76.87%	1
29	Tom Fokas	M73	Unattached	11.65	8.84	72.27%	1

Mixed 200 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points	
1	Shane Ferth	M30	Waterloo Track Club	23.42	23.43	82.49%	9
2	Michael Lee Foon	M51	Unattached	24.05	20.59	93.85%	8
3	Mikhile Jeremiah	W18	Unattached	24.06	23.41	91.19%	8
4	Kirk Whyte	M42	Brampton Track	24.45	22.35	86.46%	7
5	Ken Kudo	M49	Unattached	24.92	21.64	89.29%	6
6	Scott Smyth	M41	Parry Sound Lege	25.03	23.05	83.86%	6
7	Mark Smyth	M37	Parry Sound Lege	25.18	23.91	80.82%	8
8	Bryan Griffiths	M31	Unattached	25.84	25.74	75.08%	7
9	Ryan Edge	M34	Unattached	25.90	25.18	76.76%	5
10	Tyrone Edge	M38	Unattached	25.93	24.43	79.10%	6
11	Steve Kerr	M46	Flying Angels	26.19	23.24	83.16%	7
12	Eddy Renelique	M48	viva La Salsa	26.50	23.18	83.36%	5
13	Rick Reynolds	M45	Unattached	26.85	24.00	80.52%	5
14	Andrew Bass	M50	Unattached	27.60	23.79	81.23%	5
15	Fatima Jammeh	W19	Unattached	27.68	27.16	78.58%	8
16	Amrit Pal Singh	M28	UTTC	27.71	27.72	69.72%	6
17	Les Neufeld	M51	Unattached	27.84	23.84	81.07%	4
18	Mike Viles	M31	Unattached	28.48	28.37	68.12%	7
19	Sabrina Nerb	W14	Unattached	28.73	26.62	80.19%	4
20	Richard Lech	M63	Unattached	29.06	22.95	84.21%	4
21	Mike Morris	M71	Unattached	30.65	22.61	85.48%	3
22	Bryan Baldsing	M54	Unattached	30.88	25.89	74.61%	1
23	Don Millar	M59	London Legion T&	31.35	25.41	76.04%	3
24	Peter Evans	M69	Mississauga Tra	31.62	23.87	80.93%	2
25	David Stern	M71	Mississauga Tra	31.97	23.58	81.95%	3
26	Duncan Greenshields	M63	UTTC	32.85	25.94	74.49%	3
27	Edel Ebbs	W42	UTTC	33.15	30.54	69.89%	1
28	Anita Thomas	W42	Mississauga Tra	33.22	30.60	69.75%	2
29	Rhona Trott	W63	Hamilton Oly	36.08	26.43	80.76%	2
30	Joseph Berger	M70	Unattached	36.92	27.65	69.88%	1
31	John Powell	M67	EtobicokeTC	38.71	29.70	65.07%	1
--	Earl Fee	M82	Mississauga Tra	DQ			2
--	Mike Durocher	M56	Longboat RR	DQ			4
--	Jared Kerr	M16	Flying Angels	DQ			9

Mixed 400 Meter Dash

Name	Age	Team	Finals	Age-Grading	H#	Points	
1	Michael Sherar	M48	UTTC	53.48	47.28	91.34%	3

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed 400 Meter Dash**

2	Kyryl Krylov	M30	Unattached	57.57	57.58	75.00%	3
3	Saleem Baksh	M40	Mississauga Tra	59.09	55.25	78.15%	3
4	Eddy Renelique	M48	viva La Salsa	60.30	53.31	81.01%	3
5	Tim Taschereau	M46	Unattached	62.82	56.30	76.70%	1
6	Nita Patterson-Reid	W17	Unattached	64.40	61.20	77.78%	3
7	Steve Millward	M56	Unattached	65.12	54.58	79.13%	2
8	Karla Del Grande	W58	Mississauga Tra	65.56	49.82	95.56%	2
9	Mike Durocher	M56	Longboat RR	67.51	56.58	76.33%	2
10	Duncan Greenshields	M63	UTTC	72.81	58.37	73.99%	1
11	Earl Fee	M82	Mississauga Tra	75.28	43.34	99.65%	1
--	John Faulkner	M63	Burlington Runners	DNF			1
--	John Powell	M67	EtobicokeTC	DNF			1

Mixed 800 Meter Run

Name	Age	Team	Finals	Age-Grading	H#	Points	
1	Josh Kramer	M36	Unattached	2:16.20	2:14.54	75.15%	3
2	John Willett	M50	UTTC	2:17.38	1:59.43	84.66%	3
3	Michael Chang	M44	UTTC	2:20.02	2:08.35	78.78%	3
4	Teresa Duck	W36	Unattached	2:24.35	2:24.36	78.48%	3
5	Werner Tars	M51	Burlington Runners	2:24.98	2:05.01	80.89%	3
6	Desmond Moloney	M51	East Toronto	2:25.33	2:05.31	80.69%	3
7	Annie Bunting	W47	UTTC	2:25.52	2:13.14	85.09%	3
8	Christopher Webb	M46	Unattached	2:27.40	2:12.71	76.19%	3
9	John De Finney	M62	Newmarket Huskies	2:34.24	2:01.65	83.12%	2
10	John Clarke	M60	Unattached	2:35.59	2:04.60	81.15%	2
11	Brent Hutchinson	M54	Brantford Track	2:35.99	2:11.15	77.10%	2
12	Jim O'Meara	M54	Burlington Runners	2:38.86	2:13.56	75.71%	2
13	Richard Bailey	M63	Longboat RR	2:40.84	2:05.88	80.33%	2
14	Karen Gold	W49	Mississauga Tra	2:46.08	2:29.39	75.83%	2
15	Chris Mackie	M71	Unattached	2:49.92	2:02.19	82.75%	2
16	Lynn Kobayashi	W56	UTTC	3:00.03	2:28.33	76.37%	1
17	Sherry Booth	W45	Unattached	3:11.34	2:58.01	63.64%	1
18	Diane Marrow	W61	Longboat RR	3:14.79	2:28.45	76.31%	1
19	Jonathan Colford	M34	Unattached	3:17.61	3:17.62	51.17%	1
20	Jim Pascoe	M74	Rouge River RR	3:19.02	2:16.59	74.03%	1

Mixed 1600 Meter Run Mile

Name	Age	Team	Finals	Age-Grading	Points
1	Geoff Peat	M48	Newmarket Huskies	4:48.21	
2	Josh Kramer	M36	Unattached	4:58.82	
3	Kevin Farr	M41	UTTC	4:59.19	
4	Jerry Kooymans	M56	Toronto Olym	5:01.81	
5	Michael Chang	M44	UTTC	5:04.62	
6	Jimmy Semes	M33	Village People R	5:10.01	
7	Roger Moss	M48	Longboat RR	5:19.36	
8	Gary Jr Cassel	M44	Cambridge Harriers	5:28.52	
9	John Clarke	M60	Unattached	5:31.88	
10	Leanne Shafir	W42	UTTC	5:34.19	
11	Werner Tars	M51	Burlington Runners	5:34.29	
12	Rob Hanks	M49	Longboat RR	5:36.79	
13	John De Finney	M62	Newmarket Huskies	5:42.08	
14	Jim O'Meara	M54	Burlington Runners	5:54.52	
15	Hugh Connolly	M66	Longboat RR	6:12.27	

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed 1600 Meter Run Mile**

16	Greg Bonhomme	M42	Longboat RR	6:13.77
17	Bert de Vries	M65	Longboat RR	6:41.44
18	Lynn Kobayashi	W56	UTTC	6:48.39
19	Doug Smith	M60	UTTC	7:00.75
20	Robert Moore	M71	Toronto Olym	7:06.12

Mixed 3000 Meter Run

Name	Age	Team	Finals	Age-Grading	Points
1	Geoff Peat	M48	Newmarket Huskies	9:44.43	8:39.45 84.71%
2	William Bentley	M31	Village People R	9:53.49	9:50.65 74.49%
3	Michael Sherar	M48	UTTC	10:02.28	8:55.31 82.20%
4	Dan Hipson	M39	Georgetown	10:14.41	9:44.98 75.22%
5	Ming Tsai	M39	UTTC	10:19.20	9:49.55 74.64%
6	Michael Chang	M44	UTTC	10:20.11	9:28.58 77.39%
7	Simon Vaillancourt	M28	Longboat RR	10:25.41	10:25.35 70.36%
8	Walsh McGuire	M45	Unattached	10:28.08	9:31.50 76.99%
9	Eric Chan	M35	Unattached	10:29.92	10:16.57 71.36%
10	Roger Moss	M48	Longboat RR	10:37.57	9:26.68 77.65%
11	Scott Lockhart	M48	Unattached	11:04.56	9:50.67 74.49%
12	Werner Tars	M51	Burlington Runners	11:05.33	9:37.25 76.23%
13	John Clarke	M60	Unattached	11:06.87	8:56.37 82.03%
14	Christopher Webb	M46	Unattached	11:08.17	10:03.23 72.94%
15	Gary Jr Cassel	M44	Cambridge Harriers	11:08.33	10:12.80 71.80%
16	Jay Yakabowich	M50	Unattached	11:12.02	9:47.82 74.85%
17	Jim O'Meara	M54	Burlington Runners	11:26.35	9:41.00 75.73%
18	Ted Paget	M60	Newmarket Huskies	11:30.26	9:15.18 79.25%
19	Tracey Snarr	W47	Newmarket Huskies	11:35.05	10:15.40 81.48%
20	Greg Bonhomme	M42	Longboat RR	12:25.11	11:33.70 63.43%
21	Chris Mackie	M71	Unattached	12:26.35	8:59.62 81.54%
22	Tony Teddy	M65	Longboat RR	12:34.89	9:40.59 75.79%
23	Wendy Lopez	W33	UTTC	14:08.46	14:02.95 59.48%
24	Frank Esson	M71	Unattached	14:21.04	10:22.54 70.68%

Mixed 60 Meter Hurdles

Name	Age	Team	Prelims	Age-Grading
Preliminaries				
1	Yazin Joseph	M16	The Speed Academy	8.63q 7.75 94.32%
2	David Valenzuela	M35	Unattached	8.95q 8.69 84.02%
3	Giovanna Canini	W18	Unattached	9.45q 9.45 81.38%
4	Fatima Jammeh	W19	Unattached	9.69q 9.70 79.36%
5	Richard Lech	M63	Unattached	10.97q 8.68 84.14%
6	Rhona Trott	W63	Hamilton Oly	11.83q 8.73 88.17%

Mixed 60 Meter Hurdles

Name	Age	Team	Finals	Age-Grading	Points
Finals					
1	Yazin Joseph	M16	The Speed Academy	8.63	7.75 94.32%
2	David Valenzuela	M35	Unattached	8.95	8.69 84.02%
3	Giovanna Canini	W18	Unattached	9.45	9.45 81.38%
4	Fatima Jammeh	W19	Unattached	9.69	9.70 79.36%
5	Richard Lech	M63	Unattached	10.97	8.68 84.14%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed 60 Meter Hurdles**

6 Rhona Trott	W63 Hamilton Oly	11.83	8.73	88.17%
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Mixed High Jump

Name	Age Team	Finals	Age-Grading Points
1 Zoltan Sara	M36 Unattached	1.90m	2.02m 82.61%
2 Brad Norris	M36 Unattached	1.80m	1.91m 78.26%
3 Chris Lemassif	M45 UTTC	1.48m	1.72m 70.14%
4 Stan Seitz	M64 Ottawa Track	1.33m	1.91m 78.24%
5 Bob Land	M75 Unattached	1.21m	2.02m 82.88%

Mixed Pole Vault

Name	Age Team	Finals	Age-Grading Points
1 Marcus Popp	M38 Unattached	4.30m	4.63m 75.44%
2 Stan Seitz	M64 Ottawa Track	2.90m	4.59m 74.94%
3 Hugh Miller	M65 Unattached	2.70m	4.35m 71.05%
4 Megan Mukai	W18 Unattached	2.25m	2.41m 46.97%
-- Bob Land	M75 Unattached	NH	

Mixed Long Jump

Name	Age Team	Finals	Age-Grading Points
1 Mike Viles	M31 Unattached	5.04m	5.08m 56.88%
2 Andrew Bass	M50 Unattached	5.02m	6.29m 70.41%
2 Tommy Nemeth	M41 UTTC	5.02m	5.64m 63.07%
4 Chris Lemassif	M45 UTTC	4.98m	5.86m 65.61%
5 Joseph Berger	M70 Unattached	3.09m	5.23m 58.41%
6 Bob Land	M75 Unattached	1.74m	3.22m 36.02%
-- Mike Whiteley	M34 Unattached	FOUL	

Mixed Shot Put

Name	Age Team	Finals	Age-Grading Points
1 Danny Yoisten	M52 Throwers Club	12.61m	15.06m 65.13%
2 Bill Pearson	M59 Throwers Club	11.68m	16.31m 70.57%
3 Manoharan Sethukavalar	M46 Unattached	9.96m	11.31m 48.94%
4 David Morris	M73 Throwers Club	9.30m	13.16m 56.95%
5 Joseph Berger	M70 Unattached	8.61m	11.20m 48.48%
6 Chris Lemassif	M45 UTTC	8.38m	9.32m 40.35%
7 Garry Bachman	M90 Throwers Club	8.37m	20.54m 88.85%
8 Rhona Trott	W63 Hamilton Oly	7.32m	13.10m 57.91%
9 Anita Thomas	W42 Mississauga Tra	7.27m	8.91m 39.38%
10 Velta Tomsons	W84 Throwers Club	6.44m	21.71m 95.98%
11 Jonathan Colford	M34 Unattached	6.03m	6.03m 26.08%
12 Katherine Willis	W53 UTTC	5.97m	8.73m 38.62%

Mixed Weight Throw

Name	Age Team	Finals	Age-Grading Points
1 Jim Wettenhall	M57 United State	18.31m	22.97m 88.84%
2 Danny Yoisten	M52 Throwers Club	13.11m	15.07m 58.29%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**...Mixed Weight Throw**

3	Bill Pearson	M59 Throwers Club	12.83m	16.71m	64.63%
4	David Morris	M73 Throwers Club	12.36m	17.25m	66.74%
5	Kathy Wetenhall	W58 United State	11.24m	16.22m	68.75%
6	Rhona Trott	W63 Hamilton Oly	10.41m	14.19m	60.14%
7	Garry Bachman	M90 Throwers Club	9.68m	22.16m	85.66%
8	Manoharan Sethukavalar	M46 Unattached	9.62m	11.45m	44.29%
9	Michelle Baptie	W44 athletiques In	7.77m	11.82m	50.10%

M45 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Paul White	M45 London Legion T&	4:21.76	3:59.41 54.51% 202

M50 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Don Ritchie	M50 Unattached	3:26.83	3:01.08 72.07% 654

M55 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Ralph Cilevitz	M57 Throwers Club	4:55.92	4:07.51 52.73% 159

M45 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Paul White	M45 London Legion T&	11.67	10.62 68.81% 430

M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Don Ritchie	M50 Unattached	9.47	8.45 86.38% 872

M55 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Ralph Cilevitz	M57 Throwers Club	12.37	10.58 69.04% 437

M45 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Paul White	M45 London Legion T&	1.48m	1.63m 66.67% 488

M50 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Don Ritchie	M50 Unattached	1.60m	1.85m 75.83% 670

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M55 High Jump Indoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	1.27m	1.55m 63.50%	426

M45 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M45 London Legion T&	4.94m	5.70m 63.74%	523

M50 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M50 Unattached	4.89m	6.00m 67.17%	587

M55 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	4.16m	5.45m 61.00%	471

M45 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Paul White	M45 London Legion T&	7.59m	9.12m 39.47%	433

M50 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Don Ritchie	M50 Unattached	11.97m	14.03m 60.67%	730

M55 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Ralph Cilevitz	M57 Throwers Club	7.68m	9.75m 42.20%	471

M45 Indoor Pentathlon

Name	Age Team	Finals	Points
1 Paul White	M45 London Legion T&	2076	7

M50 Indoor Pentathlon

Name	Age Team	Finals	Points
1 Don Ritchie	M50 Unattached	3513	7

M55 Indoor Pentathlon

Name	Age Team	Finals	Points
1 Ralph Cilevitz	M57 Throwers Club	1964	7

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**Mixed 1500 Meter Race Walk**

Name	Age	Team	Finals	Age-Grading Points
1 Jean Pierre Fortin	M36	Ontario RaceWalkers	7:36.48	7:24.34 69.54%
2 John Kittredge	M67	Ontario RaceWalkers	7:55.55	5:51.44 87.93%
3 Lawrence Malek	M51	Toronto Race Wal	8:00.09	6:54.90 74.48%
4 Paul Holmes	M49	Unattached	9:03.27	7:57.54 64.71%
5 Lina Liscio	W62	Toronto Race Wal	9:11.58	7:17.96 76.95%
6 Nataliya Botova	W40	Toronto Race Wal	9:26.40	9:05.17 61.82%
7 Joanne Rossi	W54	Toronto Race Wal	9:37.76	8:15.43 68.02%
8 Jean Horne	W79	Ontario RaceWalkers	10:56.03	6:55.14 81.18%