

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 60 Meter Dash 10:30am**

Name	Age Team	Finals	Age-Grading
Finals			
1 Jason Melhado	M31 Unattached	7.80	7.81 81.92%

W35 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading
Finals			
1 Khama Beckles	W37 UTTC	8.13	8.13 85.12%

M35 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading
1 Andre Mitchell	M36 UTTC	7.66	7.53 84.99%
2 Dave Kervin	M35 Unattached	7.86	7.78 82.19%

W40 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading
Finals			
1 Lisa Pot	W43 Saugeen Track Club	9.27	8.65 80.04%

M40 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#
1 Jason Foubert	M43 UTTC	7.77	7.24 88.42%	1
2 Dale Samuel	M41 Unattached	7.85	7.42 86.11%	1
3 Ovidiu Negoita	M41 Unattached	8.05	7.61 83.98%	1
4 Tyler Atkinson	M41 Unattached	8.78	8.30 76.99%	1

M45 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#
Finals				
1 Chris Lemassif	M46 UTTC	7.79	7.10 90.12%	1
2 Rick Reynolds	M46 Unattached	7.89	7.19 88.97%	1
3 Paul Dowhos	M45 Unattached	8.01	7.35 87.02%	1
4 Tim Taschereau	M47 Unattached	8.14	7.36 86.86%	1
5 Eddy Renelique	M49 Viva Zumba	8.17	7.29 87.76%	1
6 Anthony Simpson	M49 Unattached	8.96	7.99 80.02%	1

M50 60 Meter Dash 10:30am

Name	Age Team	Finals	Age-Grading	H#
Finals				
1 Ken Kudo	M50 Unattached	7.76	6.87 93.04%	1
2 Robert Nasato	M52 Unattached	7.96	6.95 91.96%	1
3 Leo Da Silva	M50 Unattached	8.20	7.26 88.05%	1
4 Les Neufeld	M52 Unattached	8.20	7.16 89.27%	1
5 Paul Zelmanski	M53 United State	8.22	7.13 89.66%	1

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

6	Andrew Bass	M51	Unattached	8.25	7.25	88.12%	1
7	John Varone	M54	Unattached	8.32	7.16	89.30%	1
8	Hamid Bakhtiyari	M54	UTTC	8.88	7.65	83.67%	1

W50 60 Meter Dash 10:30am

Name	Age	Team	Finals	Age-Grading
1 Wendy Melvin	W52	Unattached	10.49	8.90 77.88%

M55 60 Meter Dash 10:30am

Name	Age	Team	Finals	Age-Grading	H#
Finals					
1 Bennie James	M56	United State	8.11	6.89 92.85%	1
2 Bryan Baldsing	M55	Unattached	8.77	7.50 85.29%	1
3 Mark Jakubowski	M55	United State	8.81	7.53 84.90%	1
4 Ralph Cilevitz	M59	Throwers Club	8.88	7.39 86.49%	1

M60 60 Meter Dash 10:30am

Name	Age	Team	Finals	Age-Grading	H#
Finals					
1 Peter Zowkewych	M62	Unattached	17.49	14.27 44.77%	1

M65 60 Meter Dash 10:30am

Name	Age	Team	Finals	Age-Grading	H#
Finals					
1 Tony Powell	M69	Unattached	8.61	6.72 95.12%	1
2 Richard Lech	M65	Unattached	8.66	6.93 92.26%	1

M80 60 Meter Dash 10:30am

Name	Age	Team	Finals	Age-Grading	H#
Finals					
1 Ray Wardle	M80	Ottawa Track	10.66	7.57 84.43%	1
2 Bill E. Thompson	M83	Hamilton Oly	11.02	7.54 84.85%	1

M35 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Andre Mitchell	M36	UTTC	25.30	24.21 79.80%	8
2 Dave Kervin	M35	Unattached	25.50	24.59 78.59%	8

W35 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Khama Beckles	W37	UTTC	27.43	26.92 79.29%	3

M40 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Jason Foubert	M43	UTTC	25.20	22.86 84.52%	7
2 Dale Samuel	M41	Unattached	26.33	24.24 79.72%	6

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

3	Sean Kapitain	M42	Unattached	26.67	24.38	79.27%	6
4	Scott Smyth	M42	Parry Sound Lege	26.84	24.53	78.76%	7
5	Matt Beechey	M42	Unattached	28.75	26.28	73.53%	6

W40 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading
1 Lisa Pot	W43	Saugeen Track Club	31.58	28.74 74.26%

M45 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Chris Lemassif	M46	UTTC	25.31	22.46 86.05%	5
2 Eddy Renelique	M49	Viva Zumba	26.20	22.75 84.92%	5
3 Rick Reynolds	M46	Unattached	26.34	23.37 82.69%	5
4 Ira Irving	M45	Unattached	26.94	24.08 80.25%	5
5 Paul Dowhos	M45	Unattached	27.00	24.13 80.07%	5

M50 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Ken Kudo	M50	Unattached	25.14	21.67 89.18%	4
2 Les Neufeld	M52	Unattached	27.67	23.53 82.15%	4
3 Leo Da Silva	M50	Unattached	27.68	23.86 81.00%	4

M55 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Steve Millward	M57	Unattached	29.33	24.10 80.19%	3
2 Bryan Baldsing	M55	Unattached	30.08	25.05 77.16%	3

M65 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Tony Powell	M69	Unattached	28.55	21.56 89.63%	2
2 John Powell	M68	EtobicokeTC	38.91	29.62 65.25%	2

M75 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading
1 Jim Pascoe	M75	Rouge River RR	36.95	25.59 75.51%

M80 200 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading
1 Ray Wardle	M80	Ottawa Track	37.33	23.73 81.44%
2 Bill E. Thompson	M83	Hamilton Oly	40.56	24.14 80.05%

M35 400 Meter Dash 11:30am

Name	Age	Team	Finals	Age-Grading	H#
1 Jayesh D'Souza	M39	Unattached	64.42	60.69 71.16%	5
2 Jonathan Colford	M35	Unattached	1:22.24	79.79 54.12%	5

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M40 400 Meter Dash 11:30am**

Name	Age Team	Finals	Age-Grading	H#
1 Lenroy Munro	M42 Unattached	56.20	51.82 83.35%	4
2 Mirco Graenert	M44 Newmarket Huskies	56.46	51.32 84.15%	4
3 Louis Byrne	M41 Toronto Olym	62.50	58.04 74.42%	4

M45 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Eddy Renelique	M49 Viva Zumba	61.59	54.07 79.87%	3
-- Jianping Xu	M47 Don't Get Lost A	DQ		3

M55 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Anthony Baker	M59 United State	70.45	57.91 74.58%	3

M60 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 Duncan Greenshields	M64 UTTC	72.49	57.75 74.78%	2

M65 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading	H#
1 John Faulkner	M65 Burlington Runners	72.85	57.67 74.88%	2
-- John Powell	M68 EtobicokeTC	DNF		2

M70 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading
1 Vern Christensen	M72 Scarborough Masters	1:26.30	60.84 70.98%

M75 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading
1 Jim Pascoe	M75 Rouge River RR	1:25.11	56.54 76.37%

M80 400 Meter Dash 11:30am

Name	Age Team	Finals	Age-Grading
1 Ray Wardle	M80 Ottawa Track	1:34.60	57.54 75.05%
2 Bill E. Thompson	M83 Hamilton Oly	1:42.65	57.41 75.23%

M30 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Michael Schwandt	M32 UTTC	2:11.15	2:11.16 77.09%	3
2 Jimmy Semes	M34 Boardwalk Runnin	2:17.09	2:17.10 73.75%	3

W30 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Tanya Sakharov	W32 Boardwalk Runnin	2:35.68	2:35.69	72.76%
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M35 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Jay Brecher	M39 UTTC	2:02.81	1:57.88 85.77%	2
2 Jamie Halla	M37 South Simco	2:28.70	2:25.51 69.49%	2
3 Jonathan Colford	M35 Unattached	3:11.28	3:10.73 53.01%	2

M40 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Michal Kapral	M40 UTTC	2:08.71	2:02.34 82.65%	3
2 Kevin Farr	M42 Brantford Track	2:16.07	2:07.03 79.60%	3
3 Mirco Graenert	M44 Newmarket Huskies	2:18.51	2:06.96 79.64%	3

M45 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Michael Sherar	M49 UTTC	2:02.16	1:47.15 94.37%	2
2 Ken Gosleigh	M45 Saugeen Track Club	2:20.64	2:07.72 79.17%	2
3 Jianping Xu	M47 Don't Get Lost A	2:24.23	2:08.74 78.54%	2
4 Rob Blair	M49 Newmarket Huskies	2:26.69	2:08.67 78.59%	2
-- Paul Osland	M49 UTTC	DNF		2

M50 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading	H#
1 Desmond Moloney	M52 East Toronto	2:30.57	2:08.74 78.54%	3
2 Mark Duff	M51 Boardwalk Runnin	2:30.81	2:10.03 77.76%	3

W50 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading
1 Heather O'Hagan	W51 Newmarket Huskies	2:38.57	2:19.64 81.13%

M60 800 Meter Run 2:30pm

Name	Age Team	Finals	Age-Grading
1 Ted Paget	M61 Newmarket Huskies	2:38.78	2:06.19 80.13%
-- Duncan Greenshields	M64 UTTC	DNF	

M30 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Michael Schwandt	M32 UTTC	4:31.04	4:31.05 76.00%	3
2 Jimmy Semes	M34 Boardwalk Runnin	4:55.22	4:54.63 69.92%	3

W30 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading
1 Tanya Sakharov	W32 Boardwalk Runnin	5:24.93	5:23.18 71.93%

M35 1500 Meter Run 11:00am

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading	H#
1 Jamie Halla	M37 South Simco	5:14.37	5:04.25 67.71%	3
2 Jonathan Colford	M35 Unattached	6:26.36	6:21.42 54.01%	3

M40 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Kevin Farr	M42 Brantford Track	4:36.54	4:14.73 80.87%	3
2 Steve Boston	M42 Newmarket Huskies	5:15.39	4:50.51 70.91%	3

M45 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Ken Gosleigh	M45 Saugeen Track Club	4:43.01	4:13.21 81.35%	3
2 Gary Jr Cassel	M45 Cambridge Harriers	5:09.35	4:36.78 74.43%	3
3 Christopher Webb	M47 Unattached	5:15.93	4:37.61 74.21%	3

M50 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading	H#
1 Vince Friel	M50 South Simco	4:39.56	3:58.94 86.21%	2
2 Bruce Grierson	M51 Newmarket Huskies	4:52.75	4:08.08 83.04%	2
3 James Wallace	M50 UTTC	4:53.56	4:10.91 82.10%	2
4 Desmond Moloney	M52 East Toronto	4:55.87	4:08.57 82.88%	2
5 Mark Duff	M51 Boardwalk Runnin	5:02.14	4:16.04 80.46%	2
6 James Earl	M54 East Toronto	5:02.31	4:09.53 82.56%	2
7 Rob Hanks	M50 Longboat RR	5:15.06	4:29.29 76.50%	2

M55 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading
1 John Albert	M57 Unattached	5:07.09	4:07.12 83.36%

M60 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading
1 John Helliker	M61 UTTC	5:08.64	4:00.22 85.76%
2 Ted Paget	M61 Newmarket Huskies	5:16.44	4:06.29 83.64%

M70 1500 Meter Run 11:00am

Name	Age Team	Finals	Age-Grading
1 Chris Mackie	M72 Unattached	5:48.88	4:04.64 84.21%

W29&U 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Leanna Lee	W27 UTTC	11:24.32	11:24.33 73.27%	2

M30 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Nikolay Ryabkov	M33 Toronto Olym	10:07.08	10:00.10 73.32%	2

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W30 3000 Meter Run 1:15pm**

Name	Age Team	Finals	Age-Grading
1 Myndi Quirion	W33 Megan Brown Perf	12:24.15	12:19.32 67.82%

M35 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Mike Greenberg	M39 UTTC	10:24.44	9:54.53 74.01%	2

M45 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Andrew Jones	M47 London Pacers	9:39.63	8:39.24 84.74%	2
2 Michael Chang	M46 UTTC	10:24.83	9:24.10 78.00%	2
3 Christopher Webb	M47 Unattached	11:11.77	10:01.78 73.12%	2
4 Gary Jr Cassel	M45 Cambridge Harriers	11:12.16	10:11.60 71.94%	2

W45 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading
1 Tracey Snarr	W48 Newmarket Huskies	12:12.74	10:40.79 78.25%
2 Sheryl Potter	W45 Newmarket Huskies	13:38.70	12:22.65 67.52%

M50 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Dan Fiorini	M50 Newmarket Huskies	10:31.15	9:12.07 79.70%	2
2 Bruce Grierson	M51 Newmarket Huskies	10:44.70	9:19.35 78.66%	2

W55 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading
1 Lynn Kobayashi	W57 UTTC	12:38.56	9:49.10 85.12%
2 Cathy Tedford	W59 Runner's Life	20:35.04	15:32.34 53.78%

M55 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading	H#
1 Jerry Kooymans	M57 Toronto Olym	9:53.16	8:09.60 89.87%	CAN
(old CAN 9:55.00 Francois Martel PQ 2010)				

M65 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading
1 Bert de Vries	M66 Longboat RR	12:55.90	9:51.24 74.42%

M70 3000 Meter Run 1:15pm

Name	Age Team	Finals	Age-Grading
1 Vern Christensen	M72 Scarborough Masters	14:12.11	10:07.90 72.38%
2 Gary McColeman	M71 Unattached	16:01.71	11:35.32 63.28%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M80 3000 Meter Run 1:15pm**

Name	Age Team	Finals	Age-Grading
1 Ed Whitlock	M82 Milton RR	13:58.83	8:08.62 90.05%

M35 60 Meter Hurdles 9:30am

Name	Age Team	Finals	Age-Grading
1 David Valenzuela	M36 Unattached	8.85	8.53 85.65%

M40 60 Meter Hurdles 9:30am

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M41 Unattached	9.84	9.09 80.39%

M50 60 Meter Hurdles 9:30am

Name	Age Team	Finals	Age-Grading
1 Paul Zelmanski	M53 United State	10.16	8.68 84.15%

M55 60 Meter Hurdles 9:30am

Name	Age Team	Finals	Age-Grading
1 Mark Jakubowski	M55 United State	10.85	9.18 79.54%
2 Ralph Cilevitz	M59 Throwers Club	11.87	9.71 75.23%

M60 60 Meter Hurdles 9:30am

Name	Age Team	Finals	Age-Grading
-- Steve Caws	M60 Mississauga Tra	DNF	

M65 60 Meter Hurdles 9:30am

Name	Age Team	Finals	Age-Grading
1 Richard Lech	M65 Unattached	10.84	8.25 88.56%

M35 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Zoltan Sara	M37 Unattached	1.90m	2.04m 83.33%
2 David Valenzuela	M36 Unattached	1.85m	1.96m 80.43%

M40 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M41 Unattached	1.70m	1.89m 77.63%

M45 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Paul Osland	M49 UTTC	1.35m	1.63m 66.83%

M50 High Jump 10:30am

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading
1 Paul Zelmanski	M53 United State	1.35m	1.70m 69.59%

M55 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Ralph Cilevitz	M59 Throwers Club	1.30m	1.76m 71.82%
2 Alexandr Senkevich	M58 Unattached	1.15m	1.54m 62.84%

W55 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Maria Mallia	W58 Unattached	1.25m	1.74m 83.33%

M60 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Steve Caws	M60 Mississauga Tra	1.35m	1.85m 75.84%
2 Peter Zowkewych	M62 Unattached	1.00m	1.40m 57.47%

M65 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Stan Seitz	M65 Ottawa Track	1.35m	1.97m 80.36%

M75 High Jump 10:30am

Name	Age Team	Finals	Age-Grading
1 Bob Land	M76 Unattached	1.05m	1.78m 72.92%

M35 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading
1 Marcus Popp	M39 Unattached	4.20m	4.58m 74.60%
2 Jeff Hayhoe	M39 York UniversityT	4.00m	4.36m 71.05%

M40 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading
1 Kevin Lake	M43 Ottawa Track	4.40m	5.05m 82.24%

M50 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading
1 Mark Schaber	M54 Unattached	3.40m	4.56m 74.24%
2 Brian Magerkurth	M54 Unattached	3.15m	4.22m 68.78%

M65 Pole Vault 9:30am

Name	Age Team	Finals	Age-Grading
1 Stan Seitz	M65 Ottawa Track	3.00m	4.84m 78.95%
2 Hugh Miller	M66 Unattached	2.70m	4.44m 72.39%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M35 Long Jump 1:00pm**

Name	Age	Team	Finals	Age-Grading
1 Jasbir Singh Hundal	M39	Unattached	4.48m	4.92m 54.97%

M40 Long Jump 1:00pm

Name	Age	Team	Finals	Age-Grading
1 Matt Beechey	M42	Unattached	4.72m	5.36m 59.97%
2 Ovidiu Negoita	M41	Unattached	3.36m	3.77m 42.21%

M45 Long Jump 1:00pm

Name	Age	Team	Finals	Age-Grading
1 Anthony Simpson	M49	Unattached	3.84m	4.75m 53.19%

M50 Long Jump 1:00pm

Name	Age	Team	Finals	Age-Grading
1 Robert Nasato	M52	Unattached	5.12m	6.59m 73.67%
2 Andrew Bass	M51	Unattached	5.07m	6.44m 72.02%
3 Leo Da Silva	M50	Unattached	4.75m	5.96m 66.62%
4 Paul Zelmanski	M53	United State	4.58m	5.97m 66.76%

M55 Long Jump 1:00pm

Name	Age	Team	Finals	Age-Grading
1 Ralph Cilevitz	M59	Throwers Club	4.48m	6.36m 71.11%
2 Mark Jakubowski	M55	United State	4.20m	5.63m 62.97%
3 Bryan Baldsing	M55	Unattached	3.97m	5.32m 59.52%

W55 Long Jump 1:00pm

Name	Age	Team	Finals	Age-Grading
1 Maria Mallia	W58	Unattached	3.32m	4.69m 62.41%

M65 Long Jump 1:00pm

Name	Age	Team	Finals	Age-Grading
1 Richard Lech	M65	Unattached	4.11m	6.39m 71.48%

M35 Triple Jump - after LJ

Name	Age	Team	Finals	Age-Grading
1 Jasbir Singh Hundal	M39	Unattached	9.59m	10.16m 55.56%

M40 Triple Jump - after LJ

Name	Age	Team	Finals	Age-Grading
1 Lenroy Munro	M42	Unattached	11.36m	12.47m 68.19%
2 Ovidiu Negoita	M41	Unattached	6.92m	7.50m 41.04%

M50 Triple Jump - after LJ

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Name	Age Team	Finals	Age-Grading
1 Robert Nasato	M52 Unattached	10.11m	12.61m 68.96%

M55 Triple Jump - after LJ

Name	Age Team	Finals	Age-Grading
1 Thevarajan Sinnathurai	M59 United T.S.C.	9.95m	13.73m 75.09%
2 Ralph Cilevitz	M59 Throwers Club	9.03m	12.46m 68.15%

M40 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Ovidiu Negoita	M41 Unattached	9.18m	9.57m 41.43%

M45 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Paul Osland	M49 UTTC	5.29m	6.40m 27.70%

M50 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Paul Zelmanski	M53 United State	9.44m	11.51m 49.82%
2 Muraleetharan Arulpiraga	M53 Unattached	8.61m	10.50m 45.44%

M55 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Ralph Cilevitz	M59 Throwers Club	7.70m	10.75m 46.53%

W55 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Debbie Murfitt	W56 Unattached	10.78m	16.69m 73.79%

M60 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M60 Throwers Club	12.56m	15.95m 69.01%
2 Peter Zowkewych	M62 Unattached	11.11m	14.93m 64.59%
3 Jerzy Wyroba	M63 York UniversityT	10.65m	14.74m 63.77%
4 Brock Pullen	M63 Unattached	10.15m	14.04m 60.78%
5 Doug Smith	M61 UTTC	8.10m	10.57m 45.76%

W60 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Rhona Trott	W64 Hamilton Oly	7.54m	13.80m 61.00%

M70 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 James Sumner	M74 Unattached	8.99m	13.11m	56.72%
2 David Morris	M74 Throwers Club	8.74m	12.75m	55.14%
3 Enrico Toscano	M72 Centro Scuola	6.22m	8.55m	37.02%

W70 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Adri Rowswell	W72 Scarborough Masters	6.60m	14.78m 65.35%

M85 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Evalds Viskers	M86 Throwers Club	7.34m	14.75m 63.83%

W85 Shot Put 9:30am

Name	Age Team	Finals	Age-Grading
1 Velta Tomsons	W85 Throwers Club	6.14m	21.62m 95.64%

M50 Weight Throw - after SP

Name	Age Team	Finals	Age-Grading
1 Ayman Mazhar	M53 Unattached	15.84m	18.52m 71.61%

M55 Weight Throw - after SP

Name	Age Team	Finals	Age-Grading
1 Jim Wettenhall	M58 United State	18.79m	24.02m 92.88%
2 Ralph Cilevitz	M59 Throwers Club	9.43m	12.28m 47.51%

W55 Weight Throw - after SP

Name	Age Team	Finals	Age-Grading
1 Kathy Wetenhall	W59 United State	10.62m	15.64m 66.29%

M60 Weight Throw - after SP

Name	Age Team	Finals	Age-Grading
1 Jan Graczyk	M60 York UniversityT	17.62m	20.07m 77.62% CAN
	(old CAN 16.81 Emil Muller PQ 2000)		
2 Bill Pearson	M60 Throwers Club	13.79m	15.70m 60.75%
3 Brock Pullen	M63 Unattached	12.42m	15.02m 58.09%

W60 Weight Throw - after SP

Name	Age Team	Finals	Age-Grading
1 Rhona Trott	W64 Hamilton Oly	10.17m	14.20m 60.18%

M70 Weight Throw - after SP

Name	Age Team	Finals	Age-Grading
1 David Morris	M74 Throwers Club	12.00m	17.20m 66.52%
2 Enrico Toscano	M72 Centro Scuola	6.66m	9.06m 35.03%

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M35 3000 Meter Race Walk 9:30am**

Name	Age Team	Finals	Age-Grading
-- Jean Pierre Fortin	M37 Ontario RaceWalkers	DNF	

W40 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading
1 Catherine McCormack	W40 Ontario RaceWalkers	18:15.30	17:34.23 65.93%

M45 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading
1 Jianping Xu	M47 Don't Get Lost A	14:09.25	12:40.68 83.01%

M55 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading
1 Ken Atkins	M57 Ontario RaceWalkers	18:20.01	15:03.44 69.89%

W55 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading
1 Anne de Thy	W59 Ontario RaceWalkers	18:20.57	14:56.53 77.52%

W60 3000 Meter Race Walk 9:30am

Name	Age Team	Finals	Age-Grading
1 Kris Kozell	W60 Ontario RaceWalkers	15:41.33	12:38.62 91.61%

Combined Team Scores - 14 Events Scored

1) University of Toronto TC	151	2) Throwers Club	77
3) United States of America	70	4) Newmarket Huskies	65
5) Ottawa Lions Track Club	42	6) Boardwalk Running Club	31
7) Hamilton Oympic Club	29	8) Ontario RaceWalkers	28
9) Saugeen Track Club	26	10) Scarborough Masters	21
11) South Simcoe Dufferin TC	19	12) Toronto Olympic Club	18
13) York UniversityTrack & Fie	16	14) Rouge River RR	14
14) Viva Zumba	14	16) Brantford Track & Field C	12
17) East Toronto Striders	11	17) Don't Get Lost Adventures	11
19) Centro Scuola	9	20) Cambridge Harriers	8
21) United T.S.C.	7	21) Milton RR	7
21) Mississauga Track Club	7	21) Burlington Runners	7
21) Megan Brown Performance	7	21) London Pacers	7
21) Longboat Road Runners	7	28) Etobicoke Track & Field C	5
28) Runner's Life	5	30) Parry Sound Legends TC	3