



**AGSI Junior Women's Canadian National Cross Country  
Championship  
5.0 KM Race**

University of Guelph Arboretum  
Dec 1st, 2007 12:00pm  
Weather: -7' and snow covered

Place	No.	Name	Club	Yr.	Time
1	204	Kendra Schaaf	Queen City Striders	1990	16:53.7
2	243	Lindsay Carson	Tri-City Track Club	1989	17:07.6
3	196	Danelle Woods	Ottawa Lions	1989	17:29.0
4	101	Geneviève Lalonde	Athletisme Sud-Est	1991	17:29.4
5	120	Paula Findlay	Edmonton Thunder	1989	17:38.8
6	180	Sheila Reid	Newmarket Huskies	1989	17:43.9
7	266	Rachel Cliff	Vancouver Thunderbir	1988	17:48.5
8	257	Tamara Jewett	University of Toront	1990	17:53.9
9	121	Keesha Danso-Dapaah	Etobicoke Track and	1990	17:55.9
10	131	Sarah MacPherson	Fredericton Fast Tra	1991	17:57.5
11	167	Caitlyn Rennie	Mississauga Track an	1990	18:04.2
12	239	Victoria Hanna	Toronto Olympic Club	1991	18:07.6
13	253	Chantelle Groenewoud	University of Illino	1989	18:12.1
14	273	Jessica Pearo	York University Trac	1989	18:18.4
15	127	Jessica Furlan	Excel Athletika	1990	18:19.8
16	200	Justine Johnson	Pacific Athletics	1991	18:21.2
17	216	Valerie Belanger	Sag-Lac	1989	18:21.7
18	163	Lindsay Furtado	Mississauga Track an	1989	18:23.2
19	188	Esther Vermeer	Niagara Olympic Club	1990	18:25.2
20	261	Laura Englehutt	University of Tulsa	1989	18:26.0
21	147	Karoline Hoy	Lakehead Athletics C	1989	18:26.9
22	194	Leah Larocque	Ottawa Lions	1989	18:31.8
23	195	Tiffany Locke	Ottawa Lions	1988	18:33.4
24	229	Amanda Truelove	South Simcoe/Dufferi	1990	18:34.6
25	140	Rebecca Hallam	Hamilton Olympic Clu	1989	18:36.6
26	212	Rachael Edwards	Riversdale Athletics	1991	18:38.1
27	203	Karissa LePage	Queen City Striders	1991	18:40.9
28	119	Hayley DeGaustr	Edmonton Thunder	1990	18:47.3
29	183	Christy Adamyk	Niagara Olympic Club	1989	18:49.9
30	143	Jillian Wyman	Hamilton Olympic Clu	1989	18:50.6
31	181	Kirsten Stewart	Newmarket Huskies	1992	18:50.7
32	213	Abby Miller	Riversdale Athletics	1992	18:50.9
33	168	Ariel Beauregard-Breton	Montreal-Olympique	1991	18:51.2
34	178	Kaitlyn Oliver	Newmarket Huskies	1993	18:51.5

35	252 Faye Stenning	University of Calgar 1989	18:55.1
36	122 Amelie De fenoyl	Etobicoke Track and	1993 18:55.6
37	221 Marla Bailey	South Simcoe/Dufferi	1989 19:02.5
38	250 Jessica O'Connell	University of Calgar	1989 19:05.1
39	268 Erica Digby	Vancouver Thunderbir	1989 19:06.2
40	117 Victoria Samyn	Durham Dragons Athle	1992 19:07.9
41	241 Jordyn Radke	Toronto Olympic Club	1989 19:08.3
42	211 Gabrielle Edwards	Riversdale Athletics	1994 19:10.0
43	169 Charlotte Jacquemin	Montreal-Olympique	1989 19:11.2
44	126 Deanna Zidar	Etobicoke Track and	1990 19:11.6
45	184 Deanna Brasz	Niagara Olympic Club	1993 19:11.8
46	267 Katherine Digby	Vancouver Thunderbir	1991 19:12.0
47	124 Shannon Kennedy	Etobicoke Track and	1992 19:13.1
48	270 Helen Crofts	West Vancouver Track	1990 19:15.0
49	262 Laura Mitic	University of Victor	1989 19:16.6
50	249 Grace Kary	University of Calgar	1991 19:17.2

Page 2

AGSI Junior Women's Canadian National Cross Country Championship  
5.0 KM Race

University of Guelph Arboretum Dec 1st, 2007 12:00pm. Weather: -7' and snow covered

Place No.	Name	Club	Yr.	Time
51	218 Rhiannon Johns	Sault Athletics	1990	19:17.7
52	247 Victoria Fratzak		1990	19:18.2
53	244 Lauren Doherty	Tri-City Track Club	1991	19:18.9
54	146 Teegan Schoch	Kelowna Track and Fi	1990	19:19.5
55	137 Andrea Seccafien	Guelph Track and Fie	1990	19:20.1
56	225 Rachel Islam	South Simcoe/Dufferi	1992	19:20.9
57	189 Jessica Smith	Norwesters	1989	19:21.4
58	254 Hailey Cummings	University of Toront	1991	19:21.9
59	154 Katie Anderson	London Runner Distan	1990	19:22.4
60	159 Lexi Wilson	London Runner Distan	1991	19:24.2
61	144 Melanie Hughes	Heritage	1990	19:24.5
62	123 Sara Giovannetti	Etobicoke Track and	1990	19:24.9
63	255 Madeleine Cummings	University of Toront	1991	19:25.5
64	190 Samantha Walkow	Ocean Athletics Trac	1991	19:25.8
65	149 Danielle Mason	Laurel Creek Track a	1990	19:26.2
66	103 Jennifer Wynands	Brockville Legion	1989	19:27.1

67	228	Stephanie Truelove	South Simcoe/Dufferi	1992	19:27.7
68	161	Gabrielle Foran	London Western	1990	19:28.6
69	224	Jennifer Corrick	South Simcoe/Dufferi	1990	19:29.0
70	179	Katelyn Pettes	Newmarket Huskies B	1992	19:29.4
71	172	Brigid Callaghan	Newmarket Huskies	1993	19:29.8
72	164	Alicia Knox	Mississauga Track an	1991	19:32.1
73	191	Lindsay Anderson	Ottawa Lions	1991	19:32.8
74	134	Natalie Kannenberg	Guelph Track and Fie	1991	19:33.3
75	157	Samantha Robbins	London Runner Distan	1992	19:34.5
76	158	Laura Walker	London Runner Distan	1991	19:35.6
77	237	Jennifer Bays	Toronto Olympic Club	1990	19:36.5
78	165	Stephanie Malek	Mississauga Track an	1990	19:39.4
79	186	Karley Rempel	Niagara Olympic Club	1993	19:40.3
80	166	Alison Ower	Mississauga Track an	1991	19:41.4
81	128	Kate Kujawa	Excel Athletika	1991	19:43.0
82	187	Heather Stuive	Niagara Olympic Club	1991	19:44.0
83	210	Jodi Sanguin	Red Deer College	1989	19:46.6
84	208	Rachel Windsor	Quinte Legion Track	1991	19:47.3
85	197	Alysha Hooper	Owen Sound Runners	1989	19:47.6
86	223	Juliana Bergin	South Simcoe/Dufferi	1990	19:49.0
87	105	Holly Stockall	CALTAF	1990	19:49.3
88	171	Arielle Beatty	Newmarket Huskies	1989	19:49.9
89	136	Alison Savill	Guelph Track and Fie	1990	19:50.9
90	201	Brittany Therrien	Pacific Athletics	1990	19:51.3
91	265	Meredith Briggs	Vancouver Thunderbir	1988	19:51.8
92	242	Emma Tallman	Tracknorth	1991	19:52.0
93	173	Victoria Coates	Newmarket Huskies B	1991	19:52.4
94	258	Heather Sinclair	University of Toront	1990	19:52.8
95	141	Alexandra Harriss	Hamilton Olympic Clu	1990	19:53.3
96	214	Josee Picard-Arsenault	Rouge et Or	1988	19:55.3
97	135	Julia Kosterman	Guelph Track and Fie	1990	19:58.6
98	138	Laura Verschuren	Guelph Track and Fie	1991	19:59.3
99	251	Rebecca Roth	University of Calgar	1990	19:59.9
100	209	Debby Querengesser	Red Deer College	1989	20:01.7

Page 3

AGSI Junior Women's Canadian National Cross Country Championship

5.0 KM Race

University of Guelph Arboretum Dec 1st, 2007 12:00pm. Weather: -7' and snow covered

Place No.	Name	Club	Yr.	Time
-----------	------	------	-----	------

101	269	Erin Potter	Vancouver Thunderbir	1992	20:02.2
102	162	Rachel Lamb	London Western	1990	20:03.0
103	238	Alyssa Giuliani	Toronto Olympic Club	1988	20:04.0
104	145	Coralina Tse	Heritage	1991	20:04.8
105	108	Gabrielle Jeannotte-Maranda	Cirrus	1991	20:05.1
106	260	Jackie Todd	University of Toront	1990	20:05.7
107	118	Linnea Sigfridsson	Durham Dragons Athle	1992	20:06.1
108	170	Margaux Pontoreau-Bazinet	Montreal-Olympique	1990	20:06.7
109	125	Catherine Zidar	Etobicoke Track and	1990	20:08.1
110	217	Haley Cadwallader	Sarnia Athletics Sou	1990	20:08.8
111	199	Laurel Draper	Pacific Athletics	1991	20:09.7
112	104	Deirdre Moran	CALTAF	1989	20:10.0
113	102	Laurence Cote	Baie Comeau	1991	20:11.4
114	185	Laura Mooradian	Niagara Olympic Club	1993	20:12.1
115	129	Danielle Thiel	Excel Athletika	1992	20:12.4
116	245	Justine Horne	Tri-City Track Club	1991	20:12.8
117	100	Ashley Chisholm	Antigonish Track Clu	1990	20:13.1
118	152	Adrienne Wilson	Laurel Creek Track a	1991	20:13.4
119	130	Diana Ghinda	Fleur de Lys	1988	20:13.9
120	264	Angela Shaw	Valley Royals	1989	20:15.4
121	176	Molly Dyon	Newmarket Huskies B	1993	20:27.1
122	107	Alexandre Desmarais-Gagnon	Cirrus	1990	20:27.5
123	182	Paris Adams	Niagara Olympic Club	1991	20:28.3
124	263	Gillian Wright	University of Victor	1988	20:28.8
125	234	Charlene Boucher	St-Jean Olympique	1991	20:29.2
126	240	Kelly Laing	Toronto Olympic Club	1988	20:29.8
127	116	Marjorie Cote Barton	Club D'Athlétisme Dy	1989	20:32.3
128	174	Kayla Deighan	Newmarket Huskies B	1993	20:34.0
129	235	Cynthia Chaput	Timmons Porcupine	1989	20:34.9
130	109	Jennifer Barrow	CL Track Club	1990	20:35.8
131	215	Kirsti Mason	Sackville Chebucto A	1995	20:36.1
132	177	Helena Fiore	Newmarket Huskies	1989	20:36.6
133	230	Melissa Adam	Speed River	1991	20:37.7
134	248	Emma Young		1989	20:38.1
135	139	Samantha Beattie	Hamilton Olympic Clu	1990	20:38.4
136	226	Justine McNichol	South Simcoe/Dufferi	1992	20:40.2
137	219	Nora-Beth Saunders	Sault Athletics	1990	20:40.6
138	227	Jessica Shaw	South Simcoe/Dufferi	1989	20:46.6
139	272	Chantelle Maryuen	York University Trac	1989	20:47.0
140	259	Corinne Smith	University of Toront	1991	20:48.0
141	151	Joscelyn Noll	Laurel Creek Track a	1989	20:48.9
142	198	Brittany Cooper	Pacific Athletics	1990	20:52.1
143	142	Colleen Wilson	Hamilton Olympic Clu	1992	20:52.9
144	236	Meghan Armstrong	Toronto Olympic Club	1992	20:56.3

145	271 Chelsea Lynes	Woodstock Legion Ath	1991	20:58.8
146	132 Caroline Gendron	Gatineau	1989	21:00.0
147	231 Anna Bishop	Speed River	1991	21:03.7
148	148 Hilary Quirion	Lakehead Athletics C	1990	21:22.8
149	112 Feyisayo Oni	CL Track Club	1990	21:33.0
150	153 Alicia Allen	London Runner Distan	1991	21:35.9

Page 4

AGSI Junior Women's Canadian National Cross Country Championship  
5.0 KM Race

University of Guelph Arboretum Dec 1st, 2007 12:00pm. Weather: -7' and snow covered

Place No.	Name	Club	Yr.	Time
151	175 Tamara Derkowski	Newmarket Huskies B	1989	21:39.7
152	207 Emma Lafontaine	Quinte Legion Track	1992	21:41.3
153	114 Meghan Reidy	CL Track Club	1991	22:02.5
154	155 Stephanie Barbon	London Runner Distan	1991	22:09.6
155	205 Jessie Buck	Quinte Legion Track	1991	22:11.8
156	113 Leah-Marie Ramalho	CL Track Club	1992	22:13.1
157	115 Laura Sinclair	CL Track Club	1993	22:17.6
158	150 Sarah McCuaig	Laurel Creek Track a	1990	22:22.4
159	106 Meggie Soehl	Chebucto Athletics	1991	22:35.2
160	192 Bridget Ellacott	Ottawa Lions	1989	22:44.9
161	111 Diandra Forde	CL Track Club	1990	23:45.9
162	110 Kaitlyn Forde	CL Track Club B	1993	24:20.4



## AGSI Junior Women's Canadian National Cross Country Championship 5.0 KM Race

University of Guelph Arboretum  
Dec 1st, 2007 12:00pm  
Weather: -7' and snow covered

\*\*\*\*\* JUNIOR WOMENS TEAM SCORE \*\*\*\*\*

### 1. Ottawa Lions

1 11 12 43 (89) = 67  
Danelle Woods, Leah Larocque, Tiffany Locke, Lindsay Anderson, Bridget  
Ellacott

### 2. Etobicoke Track and Field

5 20 25 28 (35) (66) = 78  
Keesha Danso-Dapaah, Amelie De fenoyl, Deanna Zidar, Shannon Kennedy,  
Sara Giovannetti, Catherine Zidar

### 3. Newmarket Huskies Athletics

2 17 18 41 (53) (74) = 78  
Sheila Reid, Kirsten Stewart, Kaitlyn Oliver, Brigid Callaghan,  
Arielle Beatty, Helena Fiore

### 4. Niagara Olympic Club

10 15 26 49 (51) (68) = 100  
Esther Vermeer, Christy Adamyk, Deanna Brasz, Karley Rempel, Heather  
Stuive, Laura Mooradian

### 5. South Simcoe/Dufferin

13 21 31 38 (39) (52) = 103  
Amanda Truelove, Marla Bailey, Rachel Islam, Stephanie Truelove,  
Jennifer Corrick, Juliana Bergin

### 6. Mississauga Track and Field

6 9 42 48 (50) = 105  
Caitlyn Rennie, Lindsay Furtado, Alicia Knox, Stephanie Malek, Alison  
Ower

7. Vancouver Thunderbirds

$$3 \quad 23 \quad 27 \quad 56 \quad (63) \quad = \quad 109$$

Rachel Cliff, Erica Digby, Katherine Digby, Meredith Briggs, Erin Potter

8. University of Toronto

$$4 \quad 32 \quad 36 \quad 58 \quad (65) \quad (76) \quad = \quad 130$$

Tamara Jewett, Hailey Cummings, Madeleine Cummings, Heather Sinclair, Jackie Todd, Corinne Smith

9. University of Calgary

$$19 \quad 22 \quad 29 \quad 62 \quad = \quad 132$$

Faye Stenning, Jessica O'Connell, Grace Kary, Rebecca Roth

10. Toronto Olympic Club

$$7 \quad 24 \quad 47 \quad 64 \quad (71) \quad (80) \quad = \quad 142$$

Victoria Hanna, Jordyn Radke, Jennifer Bays, Alyssa Giuliani, Kelly Laing, Meghan Armstrong

11. London Runner Distance

$$33 \quad 34 \quad 45 \quad 46 \quad (82) \quad (85) \quad = \quad 158$$

Katie Anderson, Lexi Wilson, Samantha Robbins, Laura Walker, Alicia Allen, Stephanie Barbon

12. Hamilton Olympic Club

$$14 \quad 16 \quad 59 \quad 75 \quad (79) \quad = \quad 164$$

Rebecca Hallam, Jillian Wyman, Alexandra Harriss, Samantha Beattie, Colleen Wilson

13. Guelph Track and Field

$$30 \quad 44 \quad 54 \quad 60 \quad (61) \quad = \quad 188$$

Andrea Seccafien, Natalie Kannenberg, Alison Savill, Julia Kosterman, Laura Verschuren

14. Pacific Athletics

$$8 \quad 55 \quad 67 \quad 78 \quad = \quad 208$$

Justine Johnson, Brittany Therrien, Laurel Draper, Brittany Cooper

15. Newmarket Huskies

$$40 \quad 57 \quad 70 \quad 72 \quad (83) \quad = \quad 239$$

Katelyn Pettes, Victoria Coates, Molly Dyon, Kayla Deighan, Tamara Derkowski

16. Laurel Creek Track and Field

$$37 \quad 69 \quad 77 \quad 88 \quad = \quad 271$$

Danielle Mason, Adrienne Wilson, Joscelyn Noll, Sarah McCuaig

17. CL Track Club

73 81 84 86 (87) (90) = 324

Jennifer Barrow, Feyisayo Oni, Meghan Reidy, Leah-Marie Ramalho, Laura Sinclair, Diandra Forde



**AGSI Junior Women's Canadian National Cross Country  
Championship  
5.0 KM Race**

University of Guelph Arboretum  
Dec 1st, 2007 12:00pm  
Weather: -7' and snow covered

\*\*\*\*\* JUNIOR WOMENS REGIONAL SCORING \*\*\*\*\*

1. Saskatchewan

1 7 10 11 (13) (18) = 29

Kendra Schaaf Queen City Striders, Jessica Furlan Excel Athletika,  
Rachael Edwards Riversdale Athletics, Karissa LePage  
Queen City Striders, Abby Miller Riversdale Athletics, Gabrielle  
Edwards Riversdale Athletics

2. Alberta -

3 12 15 16 (23) (29) = 46

Paula Findlay Edmonton Thunder, Hayley DeGauss Edmonton Thunder, Faye  
Stenning University of Calgar, Jessica O'Connell University of Calgar,  
Grace Kary University of Calgar, Jodi Sanguin Red Deer College

3. BC - B

4 6 17 21 (22) (28) = 48

Rachel Cliff Vancouver Thunderbir, Chantelle Groenewoud  
University of Illino, Erica Digby Vancouver Thunderbir, Helen Crofts  
West Vancouver Track, Laura Mitic University of Victor, Samantha  
Walkow Ocean Athletics Trac

4. Atlantic

2 5 24 34 (37) (40) = 65

Geneviève Lalonde Athletisme Sud-Est, Sarah MacPherson  
Fredericton Fast Tra, Victoria Fratzak, Ashley Chisholm  
Antigonish Track Clu, Kirsti Mason Sackville Chebucto A, Meggie Soehl  
Chebucto Athletics

5. Quebec

9 14 19 27 (32) (39) = 69

Valerie Belanger Sag-Lac, Ariel Beauregard-Breton Montreal-Olympique,  
Charlotte Jacquemin Montreal-Olympique, Melanie Hughes Heritage,  
Margaux Pontoreau-Bazinet Montreal-Olympique, Caroline Gendron  
Gatineau

6. BC - A

8 20 25 26 (35) = 79

Justine Johnson Pacific Athletics, Katherine Digby  
Vancouver Thunderbir, Teegan Schoch Kelowna Track and Fi, Jessica  
Smith Norwesters, Angela Shaw Valley Royals

7. BC - C

30 31 33 36 (38) = 130

Meredith Briggs Vancouver Thunderbir, Erin Potter Vancouver Thunderbir,  
Laurel Draper Pacific Athletics, Gillian Wright University of Victor,  
Brittany Cooper Pacific Athletics

**AGSI Junior Men's Canadian National Cross Country Championship**  
**8.0 KM Race**

University of Guelph Arboretum

Dec 1st, 2007 12:45pm

Weather: -7' and snow covered

Place	Name	Club	Yr.	Time
1	Matt Leeder	Brockville Legion	1989	25:09.3
2	Kyle Boorsma	Speed River TFC	1988	25:16.3
3	Matthew Hughes	Toronto Olympic	1989	25:51.2
4	Mohammed Ahmed	Niagara Olympic Club	1991	25:53.2
5	Alek Kuternin	Toronto Olympic	1990	25:55.9
6	Peter Corrigan	Calgary Spartans	1989	25:56.9
7	Allan Brett	Ottawa Lions	1988	26:00.5
8	Nyial Majock*	CALTAF	1990	26:01.0
9	Barry Britt	Saint John Track Clu	1990	26:02.5
10	Justin Duncan	Mississauga Track an	1988	26:12.9
11	Rob Jackson	Speed River TFC	1990	26:15.0
12	Kyle O'Neill	London Western	1989	26:21.6
13	Matthew Bruce	Toronto Olympic	1989	26:21.9
14	Olivier Collin	Vaudreuil-Dorion	1989	26:25.8
15	Nigel Sharp		1989	26:26.2
16	Matt Hulse	Kingston & Napanee T	1988	26:30.6
17	Jamie Weikum	Edmonton Thunder	1989	26:31.6
18	Mark Henshaw	London Western	1988	26:32.6
19	Andrew Aguanno	York University Trac	1989	26:35.2
20	Anthony Berkis	Toronto Olympic	1989	26:38.0
21	Larry Abbott	Sarnia Athletics Sou	1988	26:40.1
22	Mitchell Culley	Valley Royals	1989	26:41.3
23	Nick McGraw	Physi-Kult	1990	26:48.3
24	Kelly Wiebe	Excel Athletika	1989	26:49.7
25	Ryan Brockerville	Mariners Athletic Cl	1989	26:51.4
26	Patrick McConnell	London Western	1988	26:52.3
27	Terence Attema	Niagara Olympic Club	1989	26:53.4
28	Iain Fyfe	McGill Olympic Club	1988	26:54.7
29	Matthew Cloutier	University of Calgar	1988	26:55.1
30	James Clark	Golden Ears Athletic	1990	26:55.3
31	Daryl Smith	Windsor Legion	1991	26:56.5
32	Thomas Morrison	Durham Dragons Athle	1990	26:58.1
33	Tyler Pettes	Newmarket Huskies	1989	27:01.1
34	Austin Horn	Edmonton Thunder	1988	27:03.8
35	Mathew Walters	North Bay Legion	1989	27:05.4

36 Tyler Shibley	South Simcoe/Dufferi	1990	27:05.8
37 Olivier Lavoie	Corsaire-Chaperal	1988	27:06.1
38 Fraser Kegel	Newmarket Huskies	1990	27:10.6
39 Scott Ford	Edmonton Thunder	1989	27:12.1
40 Clifford Childs	Kelowna Track & Fiel	1989	27:13.1
41 Paul Scholl	Niagara Olympic Club	1991	27:14.6
42 Spencer Pootz	Calgary Spartans	1989	27:15.4
43 Ryan Armstrong	St. Thomas Legion TF	1989	27:19.4
44 Cody Carver	Edmonton Thunder	1988	27:20.9
45 Phil Robson	Windsor Legion	1989	27:21.3
46 Jacob Smith	Brockville Legion	1990	27:25.7
47 Chris Meyer	Newmarket Huskies	1989	27:26.8
48 Will Komer	London Western	1988	27:27.9
49 Stephen Hosier	Durham Dragons Athle	1992	27:28.6
50 Jaden Ostapowich	Edmonton Thunder	1989	27:29.9
51 Olivier Bernard	Dynamique de Laval	1989	27:35.5
52 Jeffrey Phillips	PIHRT	1989	27:35.8
53 Darcy Wilson	Tri-City Track Club	1990	27:38.2
54 Dale Wig	Excel Athletika	1988	27:38.9
55 Kyle Milks	Ottawa Lions	1990	27:43.0
56 Ian Donald	Ottawa Lions	1991	27:44.3
57 Thomas Mosher	Speed River TFC	1988	27:44.6
58 Cory McCurray	Sarnia Athletics Sou	1989	27:45.2
59 Antun Pavelic	Mississauga Track an	1990	27:46.4
60 Mattias Wolter		1991	27:47.1
61 Michael Pesce	South Simcoe/Dufferi	1992	27:48.3
62 Luc Bruchet	Ocean Athletics	1991	27:48.7
63 Sami Osman	Mississauga Track an	1989	27:49.2
64 Jordan Cote	Sarnia Athletics Sou	1989	27:51.5
65 Alex Duhault	CALTAF	1990	27:52.5
66 Eric Dillon	Toronto Olympic B	1992	27:53.8
67 Roman Storoshchuk	CALTAF	1988	27:55.9
68 Luke Irwin		1989	27:58.3
69 Madison Theriault	CALTAF	1988	27:58.7
70 Ryan Thomas	Niagara Olympic Club	1991	28:00.1
71 Mark Dufour	Windsor Legion	1990	28:01.0
72 Michael Nealon	Newmarket Huskies	1990	28:01.5
73 Kirk Scheibelhut	Toronto Olympic	1991	28:01.9
74 Jake Graham	Toronto Olympic	1991	28:03.2
75 Jean-Samuel Lapointe	Quebec-Endurance	1991	28:04.1
76 Alex Mavrovic	Quebec-Endurance	1991	28:04.9
77 Stephane Colle	Fleur de Lys	1988	28:05.9
78 Hugo Duguay-Boucher	Dynamique de Laval	1989	28:06.2
79 Carlos Vieira	South Simcoe/Dufferi	1990	28:10.7
80 Mathew Spendiff	University of Calgar	1989	28:11.0
81 Alexander Belluzzo	Mississauga Track an	1991	28:11.3
82 Jordan Collison	Saugeen Track and Fi	1991	28:11.7
83 Philippe Soucy	Dynamique de Laval	1988	28:14.5
84			28:15.8
85 Jesse Bauer	Windsor Legion	1989	28:16.1
86 Andrew Degroot	Newmarket Huskies	1991	28:16.5

87 Colin Lavigne	1990	28:16.9
88 Travis Roskie	Excel Athletika	1991 28:20.3
89 Joel Laurier	College Louis-Riel	1989 28:20.7
90 Jesse Coote	Newmarket Huskies B	1990 28:22.5
91 Josh Badry	Covenant Athletics	1990 28:22.8
92 Nick Walters	North Bay Legion	1989 28:23.4
93 Wyatt Baiton	Queen City Striders	1991 28:23.7
94 Bj Cunliffe	Durham Dragons Athle	1992 28:25.4
95 Jay Boychuk	Durham Dragons Athle	1992 28:25.9
96 Josh Meron	Newmarket Huskies	1990 28:26.3
97 Andrew Cliff		1990 28:26.5
98 Drew Patterson	Windsor Legion	1990 28:26.9
99 Andrew Douglas	Sarnia Athletics Sou	1989 28:27.4
100 David Arango	Sarnia Athletics Sou	1990 28:28.8
102 Darryl Thomas	Durham Dragons Athle	1990 28:30.9
103 Sebastien Monette	Vaudreuil-Dorion	1988 28:31.2
104 Malcolm Mings	Niagara Olympic Club	1991 28:31.6
105 John Johnson	Guelph Track and Fie	1990 28:34.5
106 Martin Savard	St-Jean Olympique	1990 28:34.9
107 David Quinn	Quinte Legion Track	1991 28:35.6
108 Patrick O'Grady	Mercury Athletics	1990 28:35.8
109 Aidan Kennedy	Ottawa Lions	1990 28:38.3
110 William Ross	London Western B	1988 28:38.8
111 Gavin Osborne	Speed River TFC	1990 28:41.3
112 James Kirk	Cambridge Harriers	1989 28:42.2
113 Hussein Hashi	Mississauga Track an	1989 28:42.8
114 Jonah Doucette	Dartmouth Athletics	1992 28:43.2
115 John Wynands	Brockville Legion	1992 28:43.6
116 Stephen Pitman	Windsor Legion	1991 28:44.1
117 Tim Laarman	Lethbridge Track and	1990 28:45.8
118 Patrick MacKinnon		1990 28:49.2
119 Thomas DeVries	London Western B	1992 28:49.8
120 Simon Hodge	Toronto Olympic B	1990 28:50.1
121 Justin Vere	London Western B	1990 28:50.3
122 Alex Espinoza	North Bay Legion	1990 28:51.7
123 Samuel Dorosz	Lethbridge Track and	1990 28:53.9
124 Benoit Boulay	North Bay Legion	1991 28:55.1
125 Ryan Huff	London Western	1988 28:55.3
126 Jordan Fox	Tri-City Track Club	1988 28:56.6
127 Graeme Nicol	South Simcoe/Dufferi	1990 28:58.3
128 Patrick Mallory	Newmarket Huskies B	1989 29:01.2
129 Alastair Brown	Winnipeg Optimist At	1990 29:01.8
130 Nicholas Thomas	Brockville Legion	1991 29:05.0
131 Matt Reddy	Sarnia Athletics Sou	1990 29:06.0
132 Thomas Toth		1991 29:09.7
133 Shane Harrigan	Guelph Track and Fie	1990 29:10.8
134 Justin Spalvieri	South Simcoe/Dufferi	1989 29:11.8
135 Kevin Perry	North Bay Legion	1990 29:14.0
136 Karl Robertson	Leduc Track	1991 29:14.2
137 Paris Vlahovic	Newmarket Huskies B	1988 29:19.1
138 Mac Benard	Niagara Olympic Club	1990 29:21.9

139 Jean-Marc Doiron	South East Athletics 1988	29:25.6
140 Eduardo Paolini	York University Trac 1990	29:26.1
141 Andrew Cruickshank	University of Toront 1990	29:26.4
142 Billy Walters	Brantford T&F Club 1990	29:26.8
143 Peter Azenhas	Etobicoke Track and 1992	29:31.8
144 Doug Easterbrook	Niagara Olympic Club 1991	29:35.8
145 Paul Cochrane	Sarnia Athletics Sou 1989	29:36.1
146 Nathan Stamp	Lethbridge Track and 1990	29:36.8
147 Tyler Bissett	Covenant Athletics 1991	29:37.6
148 Brian Hunt	London Runner Distan 1991	29:37.8
149 Cody Beals	Guelph Track and Fie 1990	29:46.4
150 Donovan Hacking	Leduc Track 1992	29:48.3
151 Andy Shields	Tri-City Track Club 1991	29:49.3
152 Sean Vardy	Sault Athletics 1989	29:49.6
153 Eric Barry	London Runner Distan 1992	29:50.0
154 Adam McGregor	Ottawa Lions 1991	29:51.3
155 Dennis Mazajlo	London Western 1988	29:52.0
156 Tristan Sandhu	Mississauga Track an 1990	29:52.7
157 Adam Ward	Leduc Track 1991	29:53.2
158 Trevor Dieleman	Durham Dragons Athle 1988	29:54.9
159 Kyle Tramble	Dartmouth Athletics 1990	29:56.9
160 Marc Beaton	Excel Athletika 1990	29:59.3
161 Evan Esselink	Durham Dragons Athle 1992	30:02.6
162 Josh Karn	North Bay Legion 1990	30:05.4
163 Christopher Pietrangelo	Etobicoke Track and 1990	30:06.4
164 Andrew Belanger	Tri-City Track Club 1991	30:07.8
165 Taylor Simpson	1990	30:10.3
166 Martin Otto	Guelph Track and Fie 1990	30:12.2
167 Devon Briggs	Durham Legion 1990	30:16.4
168 Peter Guo	Guelph Track and Fie 1991	30:19.1
169 Phil Wheeler	Ottawa Lions 1990	30:24.0
170 Julien Rousseau	Niagara Olympic Club 1991	30:24.8
171 Connor Mahoney-Ashberry	Quinte Legion Track 1992	30:28.1
172 Ricky Pooran	Cambridge Harriers 1991	30:29.3
173 Devin Woodland	Covenant Athletics 1991	30:34.9
174 Nathan Hayward	London Western B 1989	30:35.2
175 Ethan Henry	Toronto Olympic B 1992	30:35.4
176 Max Holden	London Runner Distan 1992	30:38.0
177 Graeme Mieczaniec	South Simcoe/Dufferi 1993	30:57.3
178 Jacob Marsh	London Runner Distan 1992	31:04.8
179 Julian Rhebergen	Quinte Legion Track 1991	31:07.6
180 Kahmall McCabe	CL TRACK CLUB 1992	31:08.2
181 Dalton Rismay	CL TRACK CLUB 1991	31:10.0
182 Kevin Medeiros	Cambridge Harriers 1990	31:21.5
183 Jonathan Zidar	Etobicoke Track and 1990	31:22.1
184 Roger Van Haren	Covenant Athletics 1988	31:27.4
185 Mike Kit	Niagara Olympic Club 1990	31:31.5
186 Marc Corsi	Heritage Huskies 1989	31:36.4
187 Andrew Rupoli	CL TRACK CLUB 1988	31:40.5
188 Joe Lemmermeyer	Quinte Legion Track 1991	31:52.0
189 Nicholas Hicknell	London Runner Distan 1992	31:53.8

190 Jacob Wanuch	Etobicoke Track and	1993	31:59.0
191 Adam Doxtator	Quinte Legion Track	1995	32:04.0
192 Liam Delaney		1993	32:06.5
193 Wesley Correa	CL TRACK CLUB	1988	32:14.8
194 Brent Komer	London Legion Track	1989	32:31.6
195 Ryan Prins	Covenant Athletics	1990	32:39.2
196 Conor Renouf	Excel Athletika	1990	32:43.7
197 Richard Johnston	Mustang Track Club	1988	32:46.0
198 Nicholas Smith	York University Trac	1993	32:54.8
199 Dustin Decker-O'Brien	Quinte Legion Track	1991	33:16.1
200 Yan Carriere	Vaudreuil-Dorion	1989	33:30.5
201 Ryan Tapley	Etobicoke Track and	1993	33:41.8

**AGSI Junior Men's Canadian National Cross Country Championship**  
**8.0 KM Race**

University of Guelph Arboretum

Dec 1st, 2007 12:45pm

Weather: -7' and snow covered

\*\*\*\*\* JUNIOR MENS TEAM SCORE \*\*\*\*\*

1. Toronto Olympic  
3 5 11 14 (46) (52) = 33  
Matthew Hughes, Alek Kuternin, Matthew Bruce, Anthony Berkis, Eric  
Dillon, Kirk Scheibelhut
2. London Western  
10 13 17 32 (80) (96) = 72  
Kyle O'Neill, Mark Henshaw, Patrick McConnell, Will Komer, Ryan Huff,  
Dennis Mazajlo
3. Edmonton Thunder  
12 22 26 28 (34) = 88  
Jamie Weikum, Austin Horn, Scott Ford, Cody Carver, Jaden Ostapowich
4. Niagara Olympic Club  
4 18 27 49 (67) (88) = 98  
Mohammed Ahmed, Terence Attema, Paul Scholl, Ryan Thomas, Malcolm  
Mings, Mac Benard
5. Speed River TFC  
2 9 39 72 = 122  
Kyle Boorsma, Rob Jackson, Thomas Mosher, Gavin Osborne
6. Newmarket Huskies  
21 25 31 51 (56) (58) = 128  
Tyler Pettes, Fraser Kegel, Chris Meyer, Michael Nealon, Andrew  
Degroot, Jesse Coote
7. Mississauga Track an  
8 41 43 54 (73) (97) = 146  
Justin Duncan, Antun Pavelic, Sami Osman, Alexander Belluzzo, Hussein  
Hashi, Tristan Sandhu
8. CALTAF  
7 45 47 48 = 147  
Nyial Majock\*, Alex Duhault, Roman Storoshchuk, Madison Theriault
9. Ottawa Lions  
6 37 38 70 (95)(105) = 151  
Allan Brett, Kyle Milks, Ian Donald, Aidan Kennedy, Adam McGregor,  
Phil Wheeler
10. Windsor Legion  
19 29 50 55 (63) (75) = 153  
Daryl Smith, Phil Robson, Mark Dufour, Jesse Bauer, Drew Patterson,



- Stephen Pitman
11. Sarnia Athletics Sou  
 $15\ 40\ 44\ 64\ (65)\ (84) = 163$   
 Larry Abbott, Cory McCurray, Jordan Cote, Andrew Douglas, David Arango,  
 Matt Reddy
  12. Durham Dragons Athle  
 $20\ 33\ 61\ 62\ (66)\ (98) = 176$   
 Thomas Morrison, Stephen Hosier, Bj Cunliffe, Jay Boychuk, Darryl  
 Thomas, Trevor Dieleman
  13. Brockville Legion  
 $1\ 30\ 74\ 83 = 188$   
 Matt Leeder, Jacob Smith, John Wynands, Nicholas Thomas
  14. South Simcoe/Dufferi  
 $24\ 42\ 53\ 82\ (86)\ (110) = 201$   
 Tyler Shibley, Michael Pesce, Carlos Vieira, Graeme Nicol, Justin  
 Spalvieri, Graeme Mieczanec
  15. Excel Athletika  
 $16\ 36\ 57\ 99\ (124) = 208$   
 Kelly Wiebe, Dale Wig, Travis Roskie, Marc Beaton, Conor Renouf
  16. North Bay Legion  
 $23\ 60\ 78\ 79\ (87)\ (100) = 240$   
 Mathew Walters, Nick Walters, Alex Espinoza, Benoit Boulay, Kevin  
 Perry, Josh Karn
  17. Tri-City Track Club  
 $35\ 81\ 93\ 102 = 311$   
 Darcy Wilson, Jordan Fox, Andy Shields, Andrew Belanger
  18. London Western B  
 $71\ 76\ 77\ 108 = 332$   
 William Ross, Thomas DeVries, Justin Vere, Nathan Hayward
  19. Guelph Track and Fie  
 $68\ 85\ 92\ 103\ (104) = 348$   
 John Johnson, Shane Harrigan, Cody Beals, Martin Otto, Peter Guo
  20. Covenant Athletics  
 $59\ 90\ 107\ 116\ (123) = 372$   
 Josh Badry, Tyler Bissett, Devin Woodland, Roger Van Haren, Ryan Prins
  21. London Runner Distan  
 $91\ 94\ 109\ 111\ (119) = 405$   
 Brian Hunt, Eric Barry, Max Holden, Jacob Marsh, Nicholas Hicknell
  22. Quinte Legion Track  
 $69\ 106\ 112\ 118\ (121)\ (125) = 405$   
 David Quinn, Connor Mahoney-Ashberry, Julian Rhebergen, Joe  
 Lemmermeyer, Adam Doxtator, Dustin Decker-O'Brien
  23. Etobicoke Track and  
 $89\ 101\ 115\ 120\ (126) = 425$   
 Peter Azenhas, Christopher Pietrangelo, Jonathan Zidar, Jacob Wanuch,  
 Ryan Tapley

24. CL TRACK CLUB

113 114 117 122 = 466

Kahmall McCabe, Dalton Rismay, Andrew Rupoli, Wesley Correa





## AGSI Senior Women's Canadian National Cross Country Championship 7.0 KM Race

University of Guelph Arboretum  
Dec 1st, 2007 1:30pm  
Weather: -7' and snow covered

Place No.	Name	Club	Yr.	Time
1	514 Carmen Douma Hussar	Guelph Track and Fie	1977	23:46.8
2	509 Megan Metcalfe	Edmonton Thunder	1982	23:55.1
3	513 Alexandra Becker	Guelph Track and Fie	1987	23:58.1
4	554 Marie-Louise Asselin		1988	24:18.5
5	507 Aster Demissie*	Edmonton Thunder	1983	24:24.5
6	501 Beth Wightman	Brooks Canada Marath	1981	24:28.5
7	537 Danette Doetzel	Queen City Striders	1986	24:31.1
8	567 Anita Campbell	Valley Royals	1987	24:49.1
9	522 Andrea Grove-McDonough	Mountain West Track	1973	24:51.6
10	555 Dana Buchanan		1984	24:56.3
11	502 Lisa Harvey	Calgary Spartans	1970	24:57.4
12	557 Erin MacLean		1984	24:58.2
13	521 Suzanne Binne-Huse	Mountain West Track	1974	25:07.3
14	519 Kate Van Buskirk	Mississauga Track an	1987	25:16.6
15	568 Meredith Macgregor	Valley Royals	1985	25:17.5
16	515 Rebecca Stallwood	Hamilton Olympic Clu	1978	25:18.9
17	550 Hilary Stellingwerff	Speed River TFC	1981	25:19.6
18	535 Marilyn Arsenaault	PIHRT	1968	25:19.8
19	511 Edyta Sieminska*	Edmonton Thunder	1981	25:25.3
20	546 Rachel Hannah	South Simcoe/Dufferi	1986	25:26.2
21	518 Lanni Marchant	London Western	1984	25:31.7
22	536 Kirsty Smith	PIHRT	1983	25:32.8
23	510 Stephanie Mills	Edmonton Thunder	1977	25:34.5
24	556 Lavinia Carreau		1978	25:45.7
25	539 Kristen Kolstad	SFU	1986	25:52.4
26	517 Katrina Bruckschwaiger	London Western	1982	26:01.0
27	565 Jean Wilson	University of Toront	1975	26:05.3
28	532 Claire Jean	Pacific Athletics	1987	26:10.3
29	512 Jayne Grebinski	Excel Athletika	1988	26:15.4
30	560 Erin Sask	University of Calgar	1985	26:21.9
31	527 Donna Mae Robins	North Bay Legion	1976	26:39.0
32	547 Amy Kirkham	South Simcoe/Dufferi	1984	26:43.5
33	505 Heather Sim	CALTAF	1985	26:48.1
34	549 Kim Settle	Speed River TFC	1983	26:51.5

35	525 Emily Patton	North Bay Legion	1978	27:03.1
36	503 Tara Dressler	CALTAF	1984	27:03.8
37	516 Heather Hillsburg	Lakehead Athletics C	1982	27:04.8
38	524 Barbara Phelan	Niagara Olympic Club	1986	27:16.0
39	548 Ruth Weaver	South Simcoe/Dufferi	1982	27:24.1
40	566 Shawna Skinner	University of Victor	1985	27:30.0
41	520 Annie Riopel-Meunier	Montréal-Olympique	1986	27:30.6
42	544 Kaitlin Coopman	South Simcoe/Dufferi	1984	27:36.0
43	508 Krissy Dooling	Edmonton Thunder	1980	27:41.0
44	543 Ashley Comstock	South Simcoe/Dufferi	1986	27:47.6
45	545 Alexandra Friel	South Simcoe/Dufferi	1986	27:54.0
46	541 Marilaine Savard	Sherbrooke	1987	27:55.2
47	558 Olivia Yuel		1968	27:55.7
48	531 Stacey Lance	Ottawa Lions	1983	28:04.7
49	523 Krista Bolyea	Newmarket Huskies	1979	28:22.4
50	526 Haleigh Reaburn	North Bay Legion	1989	28:24.7
51	540 Sarah Baribeau	Sherbrooke	1984	28:25.7
52	563 Piper Hayes	University of Toront	1986	28:28.8
53	538 Rachel Lauzon	Red Deer College	1987	28:34.4
54	504 Rachel Romero	CALTAF	1985	28:42.0
55	530 Katie Britton	Ottawa Lions	1987	28:44.4
56	564 Laura Sardone	University of Toront	1984	28:47.4
57	528 Nel Vandermeer	North Bay Legion	1990	29:05.4
58	529 Rene Borkovich	Ottawa Lions	1987	29:32.6
59	559 Lisa Benz	University of Calgar	1985	30:20.9



## AGSI Senior Women's Canadian National Cross Country Championship 7.0 KM Race

University of Guelph Arboretum

Dec 1st, 2007 1:30pm

Weather: -7' and snow covered

\*\*\*\*\* SENIOR WOMENS TEAM SCORE \*\*\*\*\*

### 1. Edmonton Thunder

1 2 3 5 9 = 20

Megan Metcalfe, Aster Demissie\*, Edyta Sieminska\*, Stephanie Mills,  
Krissy Dooling

### 2. South Simcoe/Dufferin

4 6 7 8 10 (11) = 35

Rachel Hannah, Amy Kirkham, Ruth Weaver, Kaitlin Coopman, Ashley  
Comstock, Alexandra Friel



## AGSI Senior Women's Canadian National Cross Country Championship 7.0 KM Race

University of Guelph Arboretum

Dec 1st, 2007 1:30pm

Weather: -7' and snow covered

\*\*\*\*\* Regional Scoring\*\*\*\*\*

### 1. Alberta

1 2 4 7 9 (14) = 23

Megan Metcalfe Edmonton Thunder, Aster Demissie\* Edmonton Thunder,  
Lisa Harvey Calgary Spartans, Edyta Sieminska\* Edmonton Thunder,  
Stephanie Mills Edmonton Thunder, Heather Sim CALTAF

### 2. BC

5 6 8 10 11 = 40

Meredith Macgregor Valley Royals, Marilyn Arsenault PIHRT, Kirsty  
Smith PIHRT, Kristen Kolstad SFU, Claire Jean Pacific Athletics

### 3. Prairie Te

3 12 13 15 16 (17) = 59

Danette Doetzel Queen City Striders, Jayne Grebinski Excel Athletika,  
Erin Sask University of Calgar, Tara Dressler CALTAF, Krissy Dooling  
Edmonton Thunder, Olivia Yuel



## AGSI Senior Men's Canadian National Cross Country Championship 10.0 KM Race

University of Guelph Arboretum  
Dec 1st, 2007 2:15pm  
Weather: -7' and snow covered

Place No.	Name	Club	Yr.	Time
1	630 Reid Coolsaet	Speed River TFC	1979	29:55.7
2	631 Eric Gillis	Speed River TFC	1980	29:56.2
3	621 Dylan Wykes	Physi-Kult	1983	30:12.7
4	635 Rob Watson	Speed River TFC	1984	30:27.0
5	634 Taylor Murphy	Speed River TFC	1979	30:29.4
6	638 Derek Nakluski	Toronto Olympic	1982	30:37.3
7	659 Trevor Caldwell	University of Toront	1979	30:45.2
8	652 Chris Winter		1986	30:47.1
9	647 Joël Bourgeois		1971	30:56.9
10	579 James Gosselin	Brooks Canada Marath	1977	30:57.7
11	596 Spencer Morrison	Hershey Harriers	1983	30:58.1
12	627 Cleve (Michael) Thorson	Saugeen	1981	31:00.1
13	629 Scott Arnald	Speed River TFC	1981	31:04.5
14	574 Colin Fewer	Athletic North East	1977	31:07.2
15	644 Matthew Kerr	Tri-City Track Club	1976	31:12.1
16	661 Alex Hutchinson	University of Toront	1975	31:15.6
17	657 Geoff Kerr	University of Calgar	1984	31:18.5
18	618 Kris Swanson	Pacific Athletics	1981	31:20.9
19	637 Saheed Khan	Toronto Olympic	1984	31:21.4
20	633 Taylor Milne	Speed River TFC	1981	31:25.9
21	597 Bruno Mazzotta	Kamloops Track and F	1980	31:30.4
22	628 Dylan Gant	SFU	1986	31:31.7
23	646 John Black		1987	31:32.5
24	588 Stephane Hetherington	Etobicoke Track and	1984	31:33.6
25	660 Paul Chafe	University of Toront	1982	31:41.5
26	582 Adrian Lambert	Edmonton Thunder	1985	31:44.4
27	578 Joseph Campanelli	Brooks Canada Marath	1984	31:48.0
28	623 Eric Kiauka	PIHRT	1979	31:50.4
29	622 Todd Howard	PIHRT	1978	31:50.7
30	626 Doug Currie	Sarnia Athletics Sou	1984	31:51.5
31	632 Brendan Hunt	Speed River TFC	1983	31:54.2
32	649 Robert Kitz		1985	31:55.3
33	656 Nathan Kendrick	University of Calgar	1979	31:55.6
34	609 Mario Iozzo	Newmarket Huskies	1976	31:57.7
35	643 Kyle Dekker	Tri-City Track Club	1987	31:58.9



36	610 John Parrott	Newmarket Huskies	1986	32:01.0
37	584 Paul Tichelaar	Edmonton Thunder	1982	32:04.6
38	648 Jay Dolmage		1977	32:09.0
39	665 Selam Yohannes	University of Toront	1977	32:10.4
40	667 Jean-Nicolas Duval	Vainqueurs	1974	32:12.1
41	607 Mike Del Monte	Newmarket Huskies	1986	32:12.6
42	601 Chris Nagle	London Runner Distan	1982	32:13.2
43	636 Stephen Drew	Toronto Olympic	1977	32:15.9
44	651 Morgan Titus		1983	32:19.4
45	586 Mark Vollmer	Edmonton Thunder	1980	32:31.8
46	595 Eric Morrison	Hamilton Olympic Clu	1982	32:34.5
47	585 Brian Torrance	Edmonton Thunder	1976	32:39.8
48	604 Grant Handrigan	Mercury Athletics	1982	32:43.8
49	599 Nathan De witt	London Runner Distan	1985	32:54.5
50	606 James Poulin-Cadovius	Montréal Olympique	1985	33:01.0
51	614 Kyle Desormeaux	Ottawa Lions	1980	33:01.4
52	605 Simon-Pierre Landry	Montréal Olympique	1986	33:03.5
53	575 Shane Carlos	Athletics Yukon	1982	33:04.8
54	650 Travis Simpson*		1980	33:07.3
55	617 Craig Odermatt	Pacific Athletics	1970	33:08.3
56	641 Stephen Eles	Track North	1979	33:13.4
57	642 Damien Lagoutte	Track North	1984	33:16.2
58	653 Stewart Aune	University of Calgar	1981	33:21.2
59	583 Dallas Raudebaugh	Edmonton Thunder	1981	33:22.7
60	654 Neal Austin	University of Calgar	1986	33:27.5
61	587 Kurt Woytiuk	Edmonton Thunder	1981	33:29.6
62	612 Rodney Hulstein	Niagara Olympic Club	1986	33:31.8
63	664 Ian Reid	University of Toront	1973	33:35.7
64	598 Justin Hall	Kingston Napanee	1983	33:43.7
65	640 Kevin Smith	Toronto Olympic	1981	33:53.5
66	658 Arjay Brecher	University of Toront	1974	34:05.0
67	590 Eric Benjamin	Excel Athletika	1986	34:12.0
68	655 Travis Cummings	University of Calgar	1985	34:17.3
69	603 Chris Smith	London Runner Distan	1979	34:19.9
70	615 Patrick Lalonde	Ottawa Lions	1987	34:24.1
71	663 Tyler Lahti	University of Toront	1983	34:39.1
72	591 Julien Bouchard	Fleur de Lys	1984	34:45.8
73	589 Sandy Bain	Excel Athletika	1983	34:52.1
74	276			34:56.1
75	581 Nicholas Chadi	Dynamique de Laval	1987	34:59.4
76	611 Jordan Burt	Niagara Olympic Club	1984	35:07.6
77	296 Joel Bergman	Chebucto Athletics	1991	35:18.5
78	616 Matt Volpi	Ottawa Lions	1986	35:37.6
79	602 Ben Perks	London Runner Distan	1979	35:46.1
80	580 Andrew Sutherland	Central Park Track C	1983	36:07.3
81	593 Peter Sullivan	Halifax Tigers Track	1979	36:11.0
82	600 Tim Hain	London Runner Distan	1981	36:15.2
83	576 Gideon Kok*	Av Hera (Holland)	1986	36:29.9
84	297 Lucas Corkum	Chebucto Athletics	1991	38:08.7
85	608 Adam Hassen	Newmarket Huskies	1984	38:54.0



## AGSI Senior Men's Canadian National Cross Country Championship 10.0 KM Race

University of Guelph Arboretum  
Dec 1st, 2007 2:15pm  
Weather: -7' and snow covered

\*\*\*\*\* SENIOR MENS TEAM SCORE \*\*\*\*\*

### 1. Speed River TFC

1 2 3 4 6 (9) (12) = 16

Reid Coolsaet, Eric Gillis, Rob Watson, Taylor Murphy, Scott Arnald,  
Taylor Milne, Brendan Hunt

### 2. University of Toronto

5 7 10 15 24 (25) (28) = 61

Trevor Caldwell, Alex Hutchinson, Paul Chafe, Selam Yohannes, Ian Reid,  
Arjay Brecher, Tyler Lahti

### 3. Edmonton Thunder

11 14 17 18 21 (23) = 81

Adrian Lambert, Paul Tichelaar, Mark Vollmer, Brian Torrance, Dallas  
Raudebaugh, Kurt Woytiuk

### 4. University of Calgary

8 13 20 22 26 = 89

Geoff Kerr, Nathan Kendrick, Stewart Aune, Neal Austin, Travis Cummings

### 5. London Runner Distance

16 19 27 29 30 = 121

Chris Nagle, Nathan De witt, Chris Smith, Ben Perks, Tim Hain



## AGSI Senior Men's Canadian National Cross Country Championship 10.0 KM Race

University of Guelph Arboretum

Dec 1st, 2007 2:15pm

Weather: -7' and snow covered

\*\*\*\*\* SENIOR MENS REGIONAL SCORING \*\*\*\*\*

### 1. BC

4 5 7 8 12 (15) = 36

Kris Swanson Pacific Athletics, Bruno Mazzotta Kamloops Track and F,  
Eric Kiauka PIHRT, Todd Howard PIHRT, Morgan Titus , Craig Odermatt  
Pacific Athletics

### 2. Alberta

3 6 10 11 17 (18) (21) = 47

Geoff Kerr University of Calgary, Adrian Lambert Edmonton Thunder,  
Nathan Kendrick University of Calgary, Paul Tichelaar Edmonton Thunder,  
Dallas Raudebaugh Edmonton Thunder, Neal Austin University of Calgary,  
Travis Cummings University of Calgary

### 3. Atlantic

1 2 9 14 23 = 49

Joël Bourgeois , Colin Fewer Athletic North East, Robert Kitz , Grant  
Handrigan Mercury Athletics, Peter Sullivan Halifax Tigers Track

### 4. Prairie Te

13 16 19 20 22 = 90

Brian Torrance Edmonton Thunder, Stewart Aune University of Calgary,  
Kurt Woytiuk Edmonton Thunder, Eric Benjamin Excel Athletika, Sandy  
Bain Excel Athletika

**AGSI Master's Canadian National Cross Country Championship**  
**8.0 KM Race**

University of Guelph Arboretum

Dec 1st, 2007 10:45am

Weather: -7' and snow covered

Place	Name	No.	Age	S	Club	Time	Pace
1	Alain Boucher	1307	44	M	Ottawa Lio	27:26	3:26
2	Gary Westgate	1356	41	M	Toronto Ol	27:34	3:27
3	James Loaring	1339	30	M	Speed Rive	27:52	3:29
4	Derek Hackshaw	1294	38	M	Newmarket	28:02	3:31
5	Jerry Kooymans	1345	52	M	Toronto Ol	28:08	3:31
6	Dave Tepper	1303	32	M	Newmarket	28:13	3:32
7	Dan Fiorini	1293	45	M	Newmarket	28:14	3:32
8	Michael Hay	1306	40	M	Nickel Cit	28:14	3:32
9	Shawn Muldrew	1225	42	M	Edmonton T	28:21	3:33
10	Neil Gowan	1324	30	M	Saugeen Tr	28:24	3:33
11	Pete Quinn	1383	42	M		28:26	3:34
12	Jeff Barrett	1321	38	M	Saugeen Tr	28:26	3:34
13	Shawn Kehoe	1343	32	M	Toronto Ol	28:39	3:35
14	Paul Reimer	1385	52	M		28:48	3:36
15	Ronald Da Silva Jar	1216	46	M	East Toron	28:49	3:37
16	Tim Wood	1314	50	M	Owen Sound	28:50	3:37
17	Geoff Peat	1300	44	M	Newmarket	28:52	3:37
18	Bevin Stevenson	1326	33	M	Saugeen Tr	29:00	3:38
19	Christian Gundlack	1261	40	M	London Pac	29:02	3:38
20	Hugo Orozco-Reyes	1299	32	M	Newmarket	29:06	3:39
21	Kevin Shields	1359	41	M	Tri City T	29:08	3:39
22	John Loney	1267	43	M	London Pac	29:10	3:39
23	Kevin Bowles	1222	42	M	Edmonton T	29:17	3:40
24	Yvan Lachance	1332	44	M	Sherbrooke	29:19	3:40
25	Boileau Art	1249	50	M	Hershey Ha	29:21	3:41
26	Chris Madsen	1391	38	M	University	29:23	3:41
27	Lemi Dadi	1341	34	M	Toronto Ol	29:26	3:41
28	David Guss	1206	47	M	Calgary Ro	29:28	3:41
29	James Earl	1217	48	M	East Toron	29:28	3:41
30	Ken Gosleigh	1323	40	M	Saugeen Tr	29:34	3:42
31	Robert Earl	1218	48	M	East Toron	29:36	3:42

32 Richard Raaflaub 1384 48 M Physicult 29:41 3:43  
33 Jim Burrows 1257 46 M London Pac 29:42 3:43  
34 Marvin Bauman 1322 37 M Saugeen Tr 29:52 3:44  
35 Paul Wismer 1389 41 M Guelph Vic 29:53 3:45  
36 Rod Henning 1263 43 M London Pac 29:56 3:45  
37 Michael Sherar 1353 44 M Toronto Ol 30:00 3:45  
38 Harvey Mitro 1347 43 M Toronto Ol 30:02 3:46  
39 Matthew Ort 1241 38 M Guelph Vic 30:04 3:46  
40 Philip Oreopoulos 1350 35 M Toronto Ol 30:17 3:48  
41 John Kaandorp 1325 45 M Saugeen Tr 30:19 3:48  
42 Tim Moran 1392 38 M University 30:27 3:49  
43 Desmond Moloney 1221 47 M East Toron 30:28 3:49  
44 Dana Fox 1362 49 M Tri City T 30:30 3:49  
45 Nicole Stevenson 1302 34 F Newmarket 30:32 3:49  
46 Sarah Nagy 1297 34 F Newmarket 30:40 3:50  
47 John Meijer 1254 46 M Lakeshore 30:42 3:51  
48 Ron O'Hare 1298 37 M Newmarket 30:43 3:51  
49 Andrew Jones 1264 42 M London Pac 30:44 3:51  
50 Fraser Roy 1313 43 M Owen Sound 30:46 3:51  
51 Bill MacDonald 1305 47 M Niagara Ol 30:49 3:52  
52 Trevor Van Nest 1304 40 M Newmarket 30:53 3:52  
53 Nick Meloche 1312 46 M Owen Sound 30:56 3:52  
54 Michael Archibald 1363 50 M Tri City T 31:01 3:53  
55 Chris Deighan 1292 47 M Newmarket 31:03 3:53  
56 Paul Thibodeau 1212 44 M Cheetahs A 31:04 3:53  
57 George Aitkin 1207 55 M Cambridge 31:18 3:55  
58 Michael Secker 1227 56 M Edmonton T 31:19 3:55  
59 Bill Wheeler 1278 53 M London Pac 31:27 3:56  
60 Elizabeth Primrose 1352 46 F Toronto Ol 31:29 3:57  
61 Tim Andrew 1291 47 M Monck Lake 31:37 3:58  
62 James Madden 1268 51 M London Pac 31:41 3:58  
63 Bob Holmes 1223 53 M Edmonton T 31:43 3:58  
64 Mike Leroux 1214 46 M Dartmouth 31:44 3:58  
65 Fred Chapman 1258 56 M London Pac 31:49 3:59  
66 Mark Shafir 1245 42 M Guelph Vic 31:58 4:00  
67 Peter Glaab 1236 38 M Guelph Vic 32:04 4:01  
68 Houston Gonsalves 1334 30 M South Simc 32:07 4:01  
69 Allan Mazur 1378 42 M Tri City T 32:13 4:02  
70 Normand Drolet 1373 55 M 32:16 4:02  
71 Matthew Ward 1248 35 M Guelph Vic 32:30 4:04  
72 Geoff Linton 1240 45 M Guelph Vic 32:38 4:05  
73 Cliff Russell 1226 54 M Edmonton T 32:39 4:05

74 Graham McGee 1270 48 M London Pac 32:48 4:06  
75 Jamie Forget 1333 39 M South Simc 32:52 4:07  
76 John Hinnen 1253 41 M Lakeshore 32:54 4:07  
77 John Gonos 1219 42 M East Toron 32:57 4:08  
78 Norman Smith 1386 49 M 33:00 4:08  
79 Colleen Hopkins 1342 43 F Toronto Ol 33:06 4:09  
80 Mark Avery 1310 32 M Owen Sound 33:11 4:09  
81 Neil Whitlock 1204 47 M Brantford 33:13 4:10  
82 Annie Bunting 1367 43 F 33:22 4:11  
83 Tony Lambert 1224 51 M Edmonton T 33:27 4:11  
84 Allan Dick 1251 44 M KWTFC 33:34 4:12  
85 Murray Hale 1228 58 M Etobicoke 33:36 4:12  
86 Jamie Halla 1394 32 M South Simc 33:42 4:13  
87 Stephen Morley 1211 40 M Chebucto A 33:42 4:13  
88 Thomas Marshall 1205 52 M Brockville 33:44 4:13  
89 Denis Feeney 1361 54 M Tri City T 33:51 4:14  
90 Bob Knuckey 1210 59 M Canadian C 33:55 4:15  
91 David Stollar 1277 53 M London Pac 33:57 4:15  
92 Dave Penney 1319 51 M Quinte Leg 34:02 4:16  
93 Herb Phillips 1382 67 M 34:06 4:16  
94 April Boulton 1366 36 F 34:09 4:17  
95 Melanie Boulton 1365 36 F 34:15 4:17  
96 Joe Meleca 1296 53 M Newmarket 34:17 4:18  
97 Art Kilgour 1239 49 M Guelph Vic 34:19 4:18  
98 Bill Horwich 1208 60 M Cambridge 34:28 4:19  
99 Cindy Rhodes 1250 50 F Kelowna Ru 34:29 4:19  
100 Kelly Rupoli 1244 43 F Guelph Vic 34:31 4:19  
101 Steven Nesbitt 1380 51 M 34:46 4:21  
102 Dave Yaeger 1357 54 M Toronto Ol 34:53 4:22  
103 Robert McKinnon 1215 53 M Denwood Ou 34:59 4:23  
104 Richard Bayouk 1213 37 M Club d'Ath 35:08 4:24  
105 Jodie Karrow 1238 41 F Guelph Vic 35:12 4:24  
106 Mike Bedley 1281 60 M Longboat R 35:15 4:25  
107 Lori Mitchinson Bai 1337 50 F South Simc 35:19 4:25  
108 Robert Moore 1348 67 M Toronto Ol 35:20 4:25  
109 Wendy Davies 1317 49 F PIHRT 35:21 4:26  
110 Dawn Hamel 1335 52 F South Simc 35:24 4:26  
111 Bill Cook 1340 53 M Toronto Ol 35:32 4:27  
112 Gerda Zonruiter 1280 45 F London Pac 35:37 4:28  
113 Patrick Vardy 1388 52 M 35:43 4:28  
114 Tanya Porcellato 1242 30 F Guelph Vic 35:51 4:29  
115 Brian Lansdowne 1202 59 M Big Ring T 35:56 4:30

116 Jennifer Umphrey 1247 45 F Guelph Vic 36:03 4:31  
117 Lynn Kobayashi 1344 52 F Toronto Ol 36:14 4:32  
118 Ken Anklovitch 1200 60 M 36:26 4:34  
119 Robin Todd 1246 43 F Guelph Vic 36:31 4:34  
120 Tracey Snarr 1301 43 F Newmarket 36:44 4:36  
121 Nick D'Ascanio 1370 57 M 36:47 4:36  
122 Geoff Amer 1309 47 M Owen Sound 36:50 4:37  
123 Doug Kay 1308 33 M Ottawa Lio 36:51 4:37  
124 Bert De vries 1284 61 M Longboat R 37:45 4:44  
125 Derek Hall 1237 36 M Guelph Vic 37:46 4:44  
126 Leslie Jones 1265 62 M London Pac 37:56 4:45  
127 Dave McGill 1358 61 M Track Nort 37:57 4:45  
128 David Woodhall 1390 65 M 38:11 4:47  
129 Hugh Connolly 1282 62 M Longboat R 38:21 4:48  
130 Kim Bolton 1234 44 F Guelph Vic 38:25 4:49  
131 David Foscarini 1374 50 M 38:25 4:49  
132 Sharon McCreedy 1230 39 F Etobicoke 38:29 4:49  
133 Russell Doxtator 1318 45 M Quinte Leg 38:31 4:49  
134 Gaetan Breton 1331 60 M Sherbrooke 38:33 4:50  
135 Doug Smith 1387 56 M 38:36 4:50  
136 Raymond Wilkinson 1279 61 M London Pac 38:39 4:50  
137 Glenn Darras 1369 48 M 38:41 4:51  
138 Wendy Lee 1220 31 F East Toron 38:45 4:51  
139 Glen Norcliffe 1349 64 M Toronto Ol 38:46 4:51  
140 Alex Keeting 1229 50 M Etobicoke 39:18 4:55  
141 Michele Preyde 1243 43 F Guelph Vic 39:19 4:55  
142 Clara Northcott 1232 53 F Etobicoke 39:20 4:55  
143 Bonnie Orzilla 1330 34 F Scarboroug 39:23 4:56  
144 Donald Gutoski 1262 53 M London Pac 39:24 4:56  
145 Jack Geddes 1328 70 M Scarboroug 39:42 4:58  
146 Troy McLauchlin 1203 39 M Brantford 39:54 5:00  
147 Christine McLean 1231 56 F Etobicoke 39:59 5:00  
148 Bryan Mason 1377 63 M 40:03 5:01  
149 Helen Scissons 1338 50 F South Simc 40:06 5:01  
150 Linda Findley 1256 60 F London Leg 40:06 5:01  
151 Debbie Obokata 1274 54 F London Pac 40:12 5:02  
152 Normand Haas 1375 51 M 41:02 5:08  
153 Roberta Reardon 1276 52 F London Pac 41:15 5:10  
154 Chuck Edwards 1260 62 M London Pac 41:18 5:10  
155 Michael Goodstadt 1329 67 M Scarboroug 41:24 5:11  
156 Lloyd Kehoe 1266 69 M London Pac 41:29 5:12  
157 Claude David 1393 52 M Vaudreuil- 41:46 5:14

158 Doug Badger 1364 49 M 41:50 5:14  
159 Nancy Wells 1286 61 F Longboat R 42:30 5:19  
160 Gord Melville 1272 58 M London Pac 42:44 5:21  
161 Addrienne Stewart 1355 50 F Toronto Ol 43:24 5:26  
162 Moira Milne 1336 37 F South Simc 43:56 5:30  
163 Rita Melville 1271 57 F London Pac 43:58 5:30  
164 Louise Moriarity 1273 53 F London Pac 44:16 5:32  
165 Lynn Roblin 1288 50 F Merry Moms 44:29 5:34  
166 Pauline Watson 1289 53 F Merry Moms 45:05 5:39  
167 Chris Marino 1287 52 F Merry Moms 45:38 5:43  
168 Peter Dobos 1372 71 M 47:03 5:53  
169 Joan Christensen 1327 67 F Scarboroug 47:20 5:55  
170 Claire Prest 1285 63 F Longboat R 47:39 5:58  
171 John Powell 1233 63 M Etobicoke 49:09 6:09  
172 Tina De geus 1283 63 F Longboat R 53:00 6:38  
173 Ilona Dobos 1371 62 F 54:44 6:51  
174 Hylke(Hike) Van der 1201 69 M Athletes i 54:44 6:51



**AGSI Master's Canadian National Cross Country Championship**  
**8.0 KM Race**

University of Guelph Arboretum

Dec 1st, 2007 10:45am

Weather: -7' and snow covered

\*\*\*\*\* MASTER'S TEAM SCORE \*\*\*\*\*

---

FEMALE 40-49 TEAM Results

---

1. Guelph Victors

34:31 35:12 36:03 36:31 ( 38:25) ( 39:19) = 2:22:17

Kelly Rupoli, Jodie Karrow, Jennifer Umphrey, Robin Todd, Kim Bolton,  
Michele Preyde

2. Toronto Olympic

31:29 33:06 36:14 43:24 = 2:24:13

Elizabeth Primrose, Colleen Hopkins, Lynn Kobayashi, Addrienne Stewart

---

FEMALE 50-59 TEAM Results

---

1. South Simcoe/Dufferin TFC

35:19 35:24 40:06 = 1:50:49

Lori Mitchinson Bai, Dawn Hamel, Helen Scissons

2. Merry Moms Oakville

44:29 45:05 45:38 = 2:15:12

Lynn Roblin, Pauline Watson, Chris Marino

---

FEMALE 60-69 TEAM Results

---

1. Longboat Roadrunners

42:30 47:39 ( 53:00) = 1:30:09

Nancy Wells, Claire Prest, Tina De geus

---

MALE 30-39 TEAM Results

---

1. Saugeen Track and Field Club  
28:24 28:26 29:00 29:34 ( 29:52) ( 30:19) = 1:55:24  
Neil Gowan, Jeff Barrett, Bevin Stevenson, Ken Gosleigh, Marvin Bauman,  
John Kaandorp
2. Newmarket Huskies  
28:02 28:13 29:06 30:32 ( 30:40) ( 30:43) = 1:55:53  
Derek Hackshaw, Dave Tepper, Hugo Orozco-Reyes, Nicole Stevenson,  
Sarah Nagy, Ron O'Hare
3. Guelph Victors  
30:04 32:04 32:30 35:51 = 2:10:29  
Matthew Ort, Peter Glaab, Matthew Ward, Tanya Porcellato
4. South Simcoe/Dufferin TFC  
32:07 32:52 33:42 43:56 = 2:22:37  
Houston Gonsalves, Jamie Forget, Jamie Halla, Moira Milne

---

MALE 40-49 TEAM Results

---

1. Toronto Olympic  
27:34 28:08 30:00 30:02 = 1:55:44  
Gary Westgate, Jerry Kooymans, Michael Sherar, Harvey Mitro
2. East Toronto Striders  
28:49 29:28 29:36 30:28 ( 32:57) = 1:58:21  
Ronald Da Silva Jardi, James Earl, Robert Earl, Desmond Moloney, John  
Gonos
3. Newmarket Huskies  
28:14 28:52 30:53 31:03 ( 34:17) ( 36:44) = 1:59:02  
Dan Fiorini, Geoff Peat, Trevor Van Nest, Chris Deighan, Joe Meleca,  
Tracey Snarr
4. Edmonton Thunder  
28:21 29:17 31:19 31:43 ( 32:39) ( 33:27) = 2:00:40  
Shawn Muldrew, Kevin Bowles, Michael Secker, Bob Holmes, Cliff Russell,  
Tony Lambert
5. Tri City Track Club  
29:08 30:30 31:01 32:13 ( 33:51) = 2:02:52  
Kevin Shields, Dana Fox, Michael Archibald, Allan Mazur, Denis Feeney
6. Owen Sound Runners  
28:50 30:46 30:56 36:50 = 2:07:22  
Tim Wood, Fraser Roy, Nick Meloche, Geoff Amer
7. Guelph Victors  
29:53 31:58 32:38 34:19 = 2:08:48  
Paul Wismer, Mark Shafir, Geoff Linton, Art Kilgour

---

MALE 50-59 TEAM Results

---

1. Toronto Olympic

34:53 35:20 35:32 38:46 = 2:24:31

Dave Yaeger, Robert Moore, Bill Cook, Glen Norcliffe

2. Etobicoke Track and Field Club

33:36 39:18 39:20 39:59 ( 49:09) = 2:32:13

Murray Hale, Alex Keeting, Clara Northcott, Christine McLean, John Powell

---

MALE 60-69 TEAM Results

---

1. Longboat Roadrunners

35:15 37:45 38:21 = 1:51:21

Mike Bedley, Bert De vries, Hugh Connolly

2. Scarborough Master

39:42 41:24 47:20 = 2:08:26

Jack Geddes, Michael Goodstadt, Joan Christensen

**AGSI Master's Canadian National Cross Country Championship**  
**8.0 KM Race**

University of Guelph Arboretum

Dec 1st, 2007 10:45am

Weather: -7' and snow covered

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

FEMALE AGE GROUP 30 - 34

- 1 45 Nicole Stevenson 34 Newmarket 30:32
- 2 46 Sarah Nagy 34 Newmarket 30:40
- 3 114 Tanya Porcellato 30 Guelph Vic 35:51
- 4 138 Wendy Lee 31 East Toron 38:45
- 5 143 Bonnie Orzilla 34 Scarboroug 39:23

MALE AGE GROUP 30 - 34

- 1 3 James Loaring 30 Speed Rive 27:52
- 2 6 Dave Tepper 32 Newmarket 28:13
- 3 10 Neil Gowan 30 Saugeen Tr 28:24
- 4 13 Shawn Kehoe 32 Toronto Ol 28:39
- 5 18 Bevin Stevenson 33 Saugeen Tr 29:00
- 6 20 Hugo Orozco-Reyes 32 Newmarket 29:06
- 7 27 Lemi Dadi 34 Toronto Ol 29:26
- 8 68 Houston Gonsalves 30 South Simc 32:07
- 9 80 Mark Avery 32 Owen Sound 33:11
- 10 86 Jamie Halla 32 South Simc 33:42
- 11 123 Doug Kay 33 Ottawa Lio 36:51

FEMALE AGE GROUP 35 - 39

- 1 94 April Boultonbee 36 34:09
- 2 95 Melanie Boultonbee 36 34:15
- 3 132 Sharon McCready 39 Etobicoke 38:29
- 4 162 Moira Milne 37 South Simc 43:56

MALE AGE GROUP 35 - 39

- 1 4 Derek Hackshaw 38 Newmarket 28:02
- 2 12 Jeff Barrett 38 Saugeen Tr 28:26
- 3 26 Chris Madsen 38 University 29:23
- 4 34 Marvin Bauman 37 Saugeen Tr 29:52

5	39	Matthew Ort	38	Guelph Vic	30:04
6	40	Philip Oreopoulos	35	Toronto Ol	30:17
7	42	Tim Moran	38	University	30:27
8	48	Ron O'Hare	37	Newmarket	30:43
9	67	Peter Glaab	38	Guelph Vic	32:04
10	71	Matthew Ward	35	Guelph Vic	32:30
11	75	Jamie Forget	39	South Simc	32:52
12	104	Richard Bayouk	37	Club d'Ath	35:08
13	125	Derek Hall	36	Guelph Vic	37:46
14	146	Troy McLaughlin	39	Brantford	39:54

FEMALE AGE GROUP 40 - 44

1	79	Colleen Hopkins	43	Toronto Ol	33:06
2	82	Annie Bunting	43		33:22
3	100	Kelly Rupoli	43	Guelph Vic	34:31
4	105	Jodie Karrow	41	Guelph Vic	35:12
5	119	Robin Todd	43	Guelph Vic	36:31
6	120	Tracey Snarr	43	Newmarket	36:44
7	130	Kim Bolton	44	Guelph Vic	38:25
8	141	Michele Preyde	43	Guelph Vic	39:19

MALE AGE GROUP 40 - 44

1	1	Alain Boucher	44	Ottawa Lio	27:26
2	2	Gary Westgate	41	Toronto Ol	27:34
3	8	Michael Hay	40	Nickel Cit	28:14
4	9	Shawn Muldrew	42	Edmonton T	28:21
5	11	Pete Quinn	42		28:26
6	17	Geoff Peat	44	Newmarket	28:52
7	19	Christian Gundlack	40	London Pac	29:02
8	21	Kevin Shields	41	Tri City T	29:08
9	22	John Loney	43	London Pac	29:10
10	23	Kevin Bowles	42	Edmonton T	29:17
11	24	Yvan Lachance	44	Sherbrooke	29:19
12	30	Ken Gosleigh	40	Saugeen Tr	29:34
13	35	Paul Wismer	41	Guelph Vic	29:53
14	36	Rod Henning	43	London Pac	29:56
15	37	Michael Sherar	44	Toronto Ol	30:00
16	38	Harvey Mitro	43	Toronto Ol	30:02
17	49	Andrew Jones	42	London Pac	30:44
18	50	Fraser Roy	43	Owen Sound	30:46
19	52	Trevor Van Nest	40	Newmarket	30:53
20	56	Paul Thibodeau	44	Cheetahs A	31:04

21	66 Mark Shafir	42 Guelph Vic	31:58
22	69 Allan Mazur	42 Tri City T	32:13
23	76 John Hinnen	41 Lakeshore	32:54
24	77 John Gonos	42 East Toron	32:57
25	84 Allan Dick	44 KWTFC	33:34
26	87 Stephen Morley	40 Chebucto A	33:42

FEMALE AGE GROUP 45 - 49

1	60 Elizabeth Primrose	46 Toronto Ol	31:29
2	109 Wendy Davies	49 PIHRT	35:21
3	112 Gerda Zonruiter	45 London Pac	35:37
4	116 Jennifer Umphrey	45 Guelph Vic	36:03

MALE AGE GROUP 45 - 49

1	7 Dan Fiorini	45 Newmarket	28:14
2	15 Ronald Da Silva Jar	46 East Toron	28:49
3	28 David Guss	47 Calgary Ro	29:28
4	29 James Earl	48 East Toron	29:28
5	31 Robert Earl	48 East Toron	29:36
6	32 Richard Raaflaub	48 Physicult	29:41
7	33 Jim Burrows	46 London Pac	29:42
8	41 John Kaandorp	45 Saugeen Tr	30:19
9	43 Desmond Moloney	47 East Toron	30:28
10	44 Dana Fox	49 Tri City T	30:30
11	47 John Meijer	46 Lakeshore	30:42
12	51 Bill MacDonald	47 Niagara Ol	30:49
13	53 Nick Meloche	46 Owen Sound	30:56
14	55 Chris Deighan	47 Newmarket	31:03
15	61 Tim Andrew	47 Monck Lake	31:37
16	64 Mike Leroux	46 Dartmouth	31:44
17	72 Geoff Linton	45 Guelph Vic	32:38
18	74 Graham McGee	48 London Pac	32:48
19	78 Norman Smith	49	33:00
20	81 Neil Whitlock	47 Brantford	33:13
21	97 Art Kilgour	49 Guelph Vic	34:19
22	122 Geoff Amer	47 Owen Sound	36:50
23	133 Russell Doxtator	45 Quinte Leg	38:31
24	137 Glenn Darras	48	38:41
25	158 Doug Badger	49	41:50

FEMALE AGE GROUP 50 - 54

1	99 Cindy Rhodes	50 Kelowna Ru	34:29
2	107 Lori Mitchinson Bai	50 South Simc	35:19
3	110 Dawn Hamel	52 South Simc	35:24
4	117 Lynn Kobayashi	52 Toronto Ol	36:14
5	142 Clara Northcott	53 Etobicoke	39:20
6	149 Helen Scissons	50 South Simc	40:06
7	151 Debbie Obokata	54 London Pac	40:12
8	153 Roberta Reardon	52 London Pac	41:15
9	161 Addrienne Stewart	50 Toronto Ol	43:24
10	164 Louise Moriarity	53 London Pac	44:16
11	165 Lynn Roblin	50 Merry Moms	44:29
12	166 Pauline Watson	53 Merry Moms	45:05
13	167 Chris Marino	52 Merry Moms	45:38

MALE AGE GROUP 50 - 54

1	5 Jerry Kooymans	52 Toronto Ol	28:08
2	14 Paul Reimer	52	28:48
3	16 Tim Wood	50 Owen Sound	28:50
4	25 Boileau Art	50 Hershey Ha	29:21
5	54 Michael Archibald	50 Tri City T	31:01
6	59 Bill Wheeler	53 London Pac	31:27
7	62 James Madden	51 London Pac	31:41
8	63 Bob Holmes	53 Edmonton T	31:43
9	73 Cliff Russell	54 Edmonton T	32:39
10	83 Tony Lambert	51 Edmonton T	33:27
11	88 Thomas Marshall	52 Brockville	33:44
12	89 Denis Feeney	54 Tri City T	33:51
13	91 David Stollar	53 London Pac	33:57
14	92 Dave Penney	51 Quinte Leg	34:02
15	96 Joe Meleca	53 Newmarket	34:17
16	101 Steven Nesbitt	51	34:46
17	102 Dave Yaeger	54 Toronto Ol	34:53
18	103 Robert McKinnon	53 Denwood Ou	34:59
19	111 Bill Cook	53 Toronto Ol	35:32
20	113 Patrick Vardy	52	35:43
21	131 David Foscarini	50	38:25
22	140 Alex Keeting	50 Etobicoke	39:18
23	144 Donald Gutoski	53 London Pac	39:24
24	152 Normand Haas	51	41:02
25	157 Claude David	52 Vaudreuil-	41:46

FEMALE AGE GROUP 55 - 59

- 1 147 Christine McLean 56 Etobicoke 39:59
- 2 163 Rita Melville 57 London Pac 43:58

MALE AGE GROUP 55 - 59

- 1 57 George Aitkin 55 Cambridge 31:18
- 2 58 Michael Secker 56 Edmonton T 31:19
- 3 65 Fred Chapman 56 London Pac 31:49
- 4 70 Normand Drolet 55 32:16
- 5 85 Murray Hale 58 Etobicoke 33:36
- 6 90 Bob Knuckey 59 Canadian C 33:55
- 7 115 Brian Lansdowne 59 Big Ring T 35:56
- 8 121 Nick D'Ascanio 57 36:47
- 9 135 Doug Smith 56 38:36
- 10 160 Gord Melville 58 London Pac 42:44

FEMALE AGE GROUP 60 - 64

- 1 150 Linda Findley 60 London Leg 40:06
- 2 159 Nancy Wells 61 Longboat R 42:30
- 3 170 Claire Prest 63 Longboat R 47:39
- 4 172 Tina De geus 63 Longboat R 53:00
- 5 173 Ilona Dobos 62 54:44

MALE AGE GROUP 60 - 64

- 1 98 Bill Horwich 60 Cambridge 34:28
- 2 106 Mike Bedley 60 Longboat R 35:15
- 3 118 Ken Anklovitch 60 36:26
- 4 124 Bert De vries 61 Longboat R 37:45
- 5 126 Leslie Jones 62 London Pac 37:56
- 6 127 Dave McGill 61 Track Nort 37:57
- 7 129 Hugh Connolly 62 Longboat R 38:21
- 8 134 Gaetan Breton 60 Sherbrooke 38:33
- 9 136 Raymond Wilkinson 61 London Pac 38:39
- 10 139 Glen Norcliffe 64 Toronto Ol 38:46
- 11 148 Bryan Mason 63 40:03
- 12 154 Chuck Edwards 62 London Pac 41:18
- 13 171 John Powell 63 Etobicoke 49:09

FEMALE AGE GROUP 65 - 69

- 1 169 Joan Christensen 67 Scarboroug 47:20



MALE AGE GROUP 65 - 69

- 1 93 Herb Phillips 67 34:06
- 2 108 Robert Moore 67 Toronto Ol 35:20
- 3 128 David Woodhall 65 38:11
- 4 155 Michael Goodstadt 67 Scarboroug 41:24
- 5 156 Lloyd Kehoe 69 London Pac 41:29
- 6 174 Hylke(Hike) Van der 69 Athletes i 54:44

FEMALE AGE GROUP 70 - 74

MALE AGE GROUP 70 - 74

- 1 145 Jack Geddes 70 Scarboroug 39:42
- 2 168 Peter Dobos 71 47:03

FEMALE AGE GROUP 75 - 99

MALE AGE GROUP 75 - 99