



CAPITAL XC CHALLENGE 2017 RESULTS

JIM HOWE MEMORIAL RACE - MEN
COMPLETE RESULTS ON SPORTSTATS.CA

Place	Points	Last Name	First Name	Affiliation / Schools	GunTime
1	65	Bedard	Keven	Laval	19:22.5
2		Lopes	Maxime	Uqam	19:28.1
3	65	Rouleau	Patrick	Laval	19:42.9
4	83	Briand	Jeremy	McGill	19:46.2
5		Cashin	David	Pembroke	19:49.0
6	68	Maxwell	Alexander	Carleton	19:51.0
7	69	Roberts	Nicholas	Ottawa	19:54.1
8	68	Spoerel-Connelly	Sebastian	Carleton	19:55.7
9	68	Saville	Sebastian	Carleton	20:00.1
10	101	Stensjo	Gustaf	Montreal	20:02.1
11		Archer	Jeff	Kingston	20:02.2
12		Dumoulin	Francis	Saint-Bruno	20:02.9
13		Pettigrew	John	Renfrew	20:03.5
14	69	El Hankouri	Ziyad	Ottawa	20:04.2
15	83	Marcelis	Tristan	McGill	20:08.5
16	69	Berhe	Alex	Ottawa	20:15.8
17	65	Audet	Nicolas	Laval	20:27.9
18		De Jong	Garrett	Ottawa Lions	20:28.3
19		Pedersen	Nico	Ottawa Lions	20:30.5
20	68	Ribi	Daniel	Carleton	20:33.4
21	83	Bernier	Simon	McGill	20:33.4
22	144	Crepeau	Marc-Antoine	Sherbrooke	20:33.9
23	65	Deschenes	Felix	Laval	20:39.4
24	130	Shinozuka	Rikigoro	Concordia	20:44.6
25		Saidla	Karl	Ottawa Nordiq	20:47.6
26	101	Cyr	Olivier	Montreal	20:48.2
27	101	Robichaud	Jean-Michel	Montreal	20:51.1
28	130	Parenteau	Christian	Concordia	20:51.5
29	69	Mitchell	Robbie	Ottawa	20:53.0
30	144	Ladouceur	Mathieu	Sherbrooke	20:53.0
31	69	MacDonell	Ryan	Ottawa	20:54.8
32	304	Ibbot	Sean	Trent	21:08.1
33	130	Gueguen	Malo	Concordia	21:12.3
34	83	Schutzberg	Hugo	McGill	21:12.3
35	101	Carriere	Bruno	Montreal	21:13.6
36	130	Grover	Marc	Concordia	21:13.6
37	101	Guerard	Olivier	Montreal	21:14.9



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38	83	Csisztu	Thomas	McGill	21:17.8
39	101	Chevalier	Corentin	Montreal	21:18.7
40	144	Rousseau-Emond	Vincent	Sherbrooke	21:18.8
41	83	Obrand	Jeremy	McGill	21:22.4
42		Trapeau	Lucas	Ottawa Lions	21:26.5
43	65	Deshaies	Nicolas	Laval	21:29.3
44	69	Westbrook	Gavin	Ottawa	21:35.1
45		Harris	Teagan	Ottawa Nordiq	21:39.4
46	144	Pinsonneault	Julien	Sherbrooke	21:44.3
47	69	McConnell	Graeme	Ottawa	21:51.4
48	68	Bruce	Liam	Carleton	21:52.7
49	144	Pilon-Robinson	Zachary	Sherbrooke	21:55.9
50	130	Daunoravicius	Benjamin	Concordia	22:01.1
51	65	Chenard	Guillaume	Laval	22:04.4
52	65	Pouliot-Richard	Felix	Laval	22:04.9
53	68	Bruce	James	Carleton	22:06.4
54	130	Soudin	Sheldon	Concordia	22:09.3
55	68	Dean	Ryan	Carleton	22:11.5
56	101	Couture	Jonathan	Montreal	22:13.3
57	101	Jean-Pierre	Adrien	Montreal	22:20.8
58	101	Harvey Richard	Charles-Etienne	Montreal	22:23.8
59	276	Nelson	Reid	Rmc	22:25.2
60	276	Desharnais	Philippe	Rmc	22:26.9
61		Kealey	Evan	Ottawa Nordiq	22:29.6
62		Clifford	Nicholas	Carleton Nordic	22:29.9
63	276	Juvonen	Andrew	Rmc	22:31.4
64	69	Mahalanobis	Neil	Ottawa	22:33.5
65	69	Santini	Julien	Ottawa	22:34.5
66	144	Bertrand	Guillaume	Sherbrooke	22:35.5
67	68	Hodgins	Seamus	Carleton	22:37.5
68	68	Gough	Travis	Carleton	22:39.6
69	68	Macdonell	Cameron	Carleton	22:40.6
70		Perry	Graham	Carleton Nordic	22:42.5
71	304	Horn	Mitch	Trent	22:48.4
72		Graham	Robert	Carleton Nordic	23:01.1
73	276	Moore	Michael	Rmc	23:02.2
74	69	Lorbetskie	Ken	Ottawa	23:03.6
75		Hudec	Jonah	Carleton Nordic	23:17.4



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76		Lindfors	John	Nakkertok Jd Team	23:17.9
77	69	Kim	Dean	Ottawa	23:27.5
78	68	Hill	Darrell	Carleton	23:33.9
79	130	Grover	Jacob	Concordia	23:38.0
80	130	Tremblay	Felix	Concordia	23:38.7
81	68	Macdonell	Keigan	Carleton	23:53.4
82		Moncion-Groulx	Nicolas	Nakkertok Jd Team	23:53.6
83		Lemieux	Nicolas	Uqac	24:01.6
84		Pierce	Ezra	Nakkertok Jd Team	24:17.8
85	130	Klein	Zachary	Concordia	24:22.1
86		Ward	Colin	Carleton Nordic	24:24.1
87		Jones	Kieran	Nakkertok Jd Team	24:24.2
88	276	Emerslund	Gordon	Rmc	24:34.2
89		Halfyard	Ross	St. Catharines	24:34.2
90	276	Rochat	Shanon	Rmc	24:55.4
91		Tullio	Aiden	Carleton Nordic	24:55.5
92		Gingras	Sebastien	Carleton Nordic	24:55.8
93		Fan	Jack	Ottawa Lions	25:00.8
94	276	Roots	Logan	Rmc	25:28.5
95		Pegrum	Scott		25:39.0
96		Ferguson	Michael	Ottawa Lions	25:43.6
97	69	Deek	Nicohlas	Ottawa	25:59.1
98		Cameron	John	Halifax	26:00.7
99		Timmermann	Caleb	Ottawa Nordiq	26:05.6
100		Desjardins	Marc	Ottawa Lions	26:12.8
101	276	Mills	Evan	Rmc	26:31.3
102	68	Kulkarni	Rohan	Carleton	26:35.9
103	304	Griffith	Cameron	Trent	26:47.6
104	304	West	Hayden	Trent	26:47.6
105	304	Melo	Matt	Trent	26:47.9
106		Calnan	Gregory	Run Ottawa	27:02.4
107		MacNeil	Eric	Carleton Nordic	27:08.5
108		Kenny	Kurt	City Of Ottawa	27:19.1
109		Basu	Ben	City Of Ottawa	27:40.2
110		Kowlessar	Dominique	City Of Ottawa	27:44.8
111		Albert	Joe	Lac-Des-Loups	27:49.7
112	68	Brosseau	Charles-Antoine	Carleton	28:38.5
113		Reid	George	Run Ottawa	28:42.0



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 COMPLETE RESULTS ON SPORTSTATS.CA

114		Balderson	Rick	Run Ottawa	29:12.1
115		Jackson	Michael	Barrie	29:26.1
116		O'Connell	Reamonn	City Of Ottawa	30:08.1
117		Rene	Christophe	Gatineau	30:20.4
118		Whipp	James	Run Ottawa	30:29.1
119		Truchon	Steven	City Of Ottawa	30:33.4
120		Real	Robert		30:41.3
121		Heintzman	Paul		30:49.9
122		Giles	Mike	City Of Ottawa	32:13.2
123		MacDonald	Rob	Carleton Nordic	32:29.5
124		McBride	Ron	City Of Ottawa	34:20.0
125		McCulloch	Bob	Run Ottawa	35:41.9
126		Rutherford	Hunter	Run Ottawa	35:52.0
127		Cohen	Howard		36:34.0
128		Day	Mike	City Of Ottawa	38:49.6
129		Walsh	Jim	Run Ottawa	45:30.6



CAPITAL XC CHALLENGE 2017 RESULTS

JIM HOWE MEMORIAL RACE - UNIVERSITY TEAM SCORING MEN - FASTEST 5 TEAM MEMBER'S TIMES COUNT COMPLETE RESULTS ON SPORTSTATS.CA

1.	65	Laval	(00:20:20.80	01:41:44.00)
=====				
	1	1 Bedard, Keven	00:19:22.50	
	2	2 Rouleau, Patrick	00:19:42.90	
	3	12 Audet, Nicolas	00:20:27.90	
	4	16 Deschenes, Felix	00:20:39.35	
	5	34 Deshaies, Nicolas	00:21:29.25	
	6	(41) Chenard, Guillaume	00:22:04.40	
	7	(42) Pouliot-Richard, Felix	00:22:04.90	
2.	68	Carleton	(00:20:27.00	01:42:15.00)
=====				
	1	4 Maxwell, Alexander	00:19:51.00	
	2	6 Spoerel-Connelly, Sebastian	00:19:55.65	
	3	7 Saville, Sebastian	00:20:00.10	
	4	13 Ribbi, Daniel	00:20:33.35	
	5	38 Bruce, Liam	00:21:52.70	
	6	(43) Bruce, James	00:22:06.40	
	7	(45) Dean, Ryan	00:22:11.50	
3.	69	Ottawa	(00:20:24.80	01:42:04.00)
=====				
	1	5 Roberts, Nicholas	00:19:54.10	
	2	9 El Hankouri, Ziyad	00:20:04.15	
	3	11 Berhe, Alex	00:20:15.75	
	4	21 Mitchell, Robbie	00:20:52.95	
	5	23 MacDonell, Ryan	00:20:54.75	
	6	(35) Westbrook, Gavin	00:21:35.05	
	7	(37) McConnell, Graeme	00:21:51.35	
4.	83	McGill	(00:20:36.20	01:43:01.00)
=====				
	1	3 Briand, Jeremy	00:19:46.20	
	2	10 Marcelis, Tristan	00:20:08.45	
	3	14 Bernier, Simon	00:20:33.40	
	4	26 Schutzberg, Hugo	00:21:12.30	
	5	30 Csisztu, Thomas	00:21:17.75	
	6	(33) Obrand, Jeremy	00:21:22.40	
5.	101	Montreal	(00:20:50.60	01:44:13.00)
=====				
	1	8 Stensjo, Gustaf	00:20:02.10	
	2	18 Cyr, Olivier	00:20:48.20	
	3	19 Robichaud, Jean-Michel	00:20:51.10	
	4	27 Carriere, Bruno	00:21:13.55	
	5	29 Guerard, Olivier	00:21:14.85	
	6	(31) Chevalier, Corentin	00:21:18.70	
	7	(46) Couture, Jonathan	00:22:13.30	



CAPITAL XC CHALLENGE 2017 RESULTS

JIM HOWE MEMORIAL RACE - UNIVERSITY TEAM SCORING MEN - FASTEST 5 TEAM MEMBER'S TIMES COUNT
COMPLETE RESULTS ON SPORTSTATS.CA

6.	130	Concordia		(00:21:13.20	01:46:06.00)
=====					
	1	17	Shinozuka, Rikigoro	00:20:44.55	
	2	20	Parenteau, Christian	00:20:51.50	
	3	25	Gueguen, Malo	00:21:12.25	
	4	28	Grover, Marc	00:21:13.60	
	5	40	Daunoravicius, Benjamin	00:22:01.05	
	6	(44)	Soudin, Sheldon	00:22:09.25	
	7	(63)	Grover, Jacob	00:23:37.95	
7.	144	Sherbrooke		(00:21:17.40	01:46:27.00)
=====					
	1	15	Crepeau, Marc-Antoine	00:20:33.90	
	2	22	Ladouceur, Mathieu	00:20:53.00	
	3	32	Rousseau-Emond, Vincent	00:21:18.80	
	4	36	Pinsonneault, Julien	00:21:44.25	
	5	39	Pilon-Robinson, Zachary	00:21:55.90	
	6	(54)	Bertrand, Guillaume	00:22:35.50	
8.	276	Rmc		(00:23:00.60	01:55:03.00)
=====					
	1	49	Nelson, Reid	00:22:25.15	
	2	50	Desharnais, Philippe	00:22:26.85	
	3	51	Juvonen, Andrew	00:22:31.40	
	4	59	Moore, Michael	00:23:02.20	
	5	67	Emerslund, Gordon	00:24:34.15	
	6	(68)	Rochat, Shanon	00:24:55.35	
	7	(69)	Roots, Logan	00:25:28.45	
9.	304	Trent		(00:24:52.40	02:04:22.00)
=====					
	1	24	Ibbot, Sean	00:21:08.05	
	2	58	Horn, Mitch	00:22:48.35	
	3	73	Griffith, Cameron	00:26:47.55	
	4	74	West, Hayden	00:26:47.55	
	5	75	Melo, Matt	00:26:47.85	



CAPITAL XC CHALLENGE 2017 RESULTS

JIM HOWE MEMORIAL RACE - WOMEN
COMPLETE RESULTS ON SPORTSTATS.CA

Place	Points	Last Name	First Name	Affiliation / Schools	GunTime
1	18	Dargis	Meggie	McGill	21:57.9
2	18	Hirsch	Elizabeth	McGill	22:36.0
3	18	Veillette	Sandrine	McGill	22:58.0
4	93	Dagenais	Emma	Sherbrooke	23:04.7
5	18	Butseva	Sofia	McGill	23:09.2
6		Van Vliet	Jenna	Carleton	23:11.7
7		Boutin	Elisabeth	Uqam	23:23.5
8	18	Butler	Morgane	McGill	23:30.9
9		Frost	Nadine	Run Ottawa	23:31.7
10		Riley	Emma	Carleton	23:32.1
11	18	Marks	Celine	McGill	23:34.0
12	98	Clarke	Madison	Ottawa	23:37.4
13	18	Barwick	Alison	McGill	23:38.5
14	18	Fleurent-Gregoire	Chloe	McGill	23:47.5
15	93	Turcotte-Murray	Shana	Sherbrooke	23:50.1
16	93	Turcotte	Mireille	Sherbrooke	23:52.7
17	139	Beaumont	Rebecca	Montreal	23:53.7
18	98	Shepherd	Keili	Ottawa	23:54.3
19	98	Klus	Samantha	Ottawa	23:57.1
20	18	Riopel	Camille	McGill	23:57.3
21	143	Labarre	Annie-Kim	Laval	24:00.8
22	18	Carlton	Laura	McGill	24:03.5
23	93	Marquis	Andreeanne	Sherbrooke	24:04.1
24	143	St-Laurent	Noemie	Laval	24:09.2
25		Law	Sarah	Trent	24:15.1
26	98	Brennan	Rebecca	Ottawa	24:15.5
27	18	Hansen-Juamard	Delphine	McGill	24:16.3
28		Sandoz	Jacqueline		24:22.0
29	18	Langelaan	Rachel	McGill	24:25.6
30	139	Desharnais-Prefontaine	Noemie	Montreal	24:25.8
31		Babineau	Magalie	Ottawa Lions	24:28.0
32	139	Leclerc	Marianne	Montreal	24:29.2
33	143	Pilon Morin	Helene	Laval	24:29.6
34	143	Ouellet	Beatrice	Laval	24:36.2
35		Soda	Kuniko	Run Ottawa	24:37.3
36	18	Mendes	Brianna	McGill	24:42.3
37	98	Rossi	Jenna	Ottawa	24:44.4



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38	139	Laricheliere-Banken	Jeanne	Montreal	24:44.5
39		Stowe	Alyssa	Carleton Nordic	24:45.3
40		McClure	Maggie	Carleton Nordic	24:53.8
41	18	Condon	Tessa	McGill	24:54.6
42	143	Bouchard	Jade	Laval	24:55.7
43	18	Whitmarsh	Denbeigh	McGill	24:56.3
44	18	Aglot	Murielle	McGill	25:02.3
45		Kealey	Sheila	Ottawa Nordiq	25:12.4
46	139	Champigny	Gabrielle	Montreal	25:14.8
47		Nepotiuk	Anastasia	Trent	25:18.3
48		Maguire	Liz	Ottawa Lions	25:19.4
49	143	Bedard	Laura	Laval	25:22.6
50	98	Dumoulin	Jennifer	Ottawa	25:23.6
51		Trapeau	Maeliss	Ottawa Lions	25:31.1
52		Sanderson	Leslie	Run Ottawa	25:36.0
53	93	Gilbert	Melodie	Sherbrooke	25:41.0
54		Thomas	Julia		25:44.2
55	143	Labelle	Frederique	Laval	25:48.2
56	18	Campbell	Charlotte (olivia)	McGill	25:59.9
57		Halvorsen	Tove	Nakkertok Jd Team	26:02.0
58	98	Maisonneuve	Renee	Ottawa	26:03.6
59		Williams	Zoe	Nakkertok Jd Team	26:08.8
60	98	Dahms	Marie-Eve	Ottawa	26:09.0
61	98	Martin	Sydney	Ottawa	26:13.6
62	294	Jackson	Brittany	Concordia	26:14.0
63	294	Dasaro	Sophie	Concordia	26:16.4
64		Halvorsen	Britt	Nakkertok Jd Team	26:18.9
65	98	Fletcher	Emily	Ottawa	26:41.9
66	139	De Coene	Elodie	Montreal	26:42.1
67	98	Sungaila	Nerija	Ottawa	26:48.4
68	98	Ostroff	Rachael	Ottawa	26:49.0
69	98	Duhart	Emily	Ottawa	26:51.8
70		McTavish	Megan	Ottawa Nordiq	26:52.5
71		Cote	Marie-Claire	Uqac	26:55.1
72		Williams	Bronwyn	Nakkertok Jd Team	26:56.9
73	139	Mallet	Dominique	Montreal	27:07.9
74	93	Primard	Marie-Pier	Sherbrooke	27:11.6
75		Lumb	Katia	Ottawa Nordiq	27:17.6



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76		Clements	Keely	Trent	27:35.4
77		Giles	Audrey	City Of Ottawa	27:38.1
78	98	Kawam	Natasha	Ottawa	27:51.4
79		Jones	Emily	Carleton Nordic	28:02.7
80		Laflamme	Sandrine	Uqac	28:04.3
81		Leblanc	Jill	Carleton	28:06.6
82	139	Marchand	Marie-Andree	Montreal	28:08.8
83	98	Figliuzzi	Haley	Ottawa	28:24.2
84		Ferguson	Jean	Ottawa Lions	28:31.2
85		Rioux-Larouche	Maeli	Uqac	28:36.4
86		Perigo	Morgan	Rmc	28:44.3
87	294	Drolet	Ann-Rebecca	Concordia	28:45.2
88	98	Hicks	Holly	Ottawa	28:48.0
89	294	Ayotte	Kamille	Concordia	28:59.2
90		Genay	Helene	Uqac	29:11.9
91		Hynes	Adrienne	Carleton Nordic	29:17.0
92	93	Turcotte Boutin	Pamela	Sherbrooke	29:29.6
93		Hong	Logan	Carleton Nordic	29:32.2
94		Real	Taralyn	Ottawa Lions	29:52.5
95		Yee	Darlene	Run Ottawa	30:01.7
96		Holmes	Emma	Carleton Nordic	30:29.1
97	294	Boyer-Antoni	Gabrielle	Concordia	30:42.8
98		Rowlinson	Nathalie	Ottawa Nordiq	31:06.2
99		Burns	Meghan	Ottawa Nordiq	31:15.6
100		Rynyk	Mercedes	Special Olympics	31:45.8
101		Fielding	Danielle	Rmc	31:54.4
102		Bouvier	Emma	Rmc	32:20.6
103		Leighton	Jordyn	Carleton Nordic	33:05.6
104		Rutherford	Claudia	City Of Ottawa	33:41.6
105		Dingwall	Gemma	Carleton Nordic	34:08.2
106		Gundaker	Carianna	Run Ottawa	35:01.6
107		Gildner	Emily	Run Ottawa	35:03.6
108		Hammer	Jana	Germany	38:20.9
109	98	Smrtka	Madison	Ottawa	40:55.5
		Rashid	Zeena	Carleton	DNF



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JIM HOWE MEMORIAL RACE - UNIVERSITY TEAM SCORING WOMEN - FASTEST 5 TEAM MEMBER'S TIMES COUNT
COMPLETE RESULTS ON SPORTSTATS.CA

1.	18	McGill		(00:22:50.60	01:54:13.00)
=====					
	1	1	Dargis, Meggie	00:21:57.90	
	2	2	Hirsch, Elizabeth	00:22:35.95	
	3	3	Veillette, Sandrine	00:22:58.00	
	4	5	Butseva, Sofia	00:23:09.15	
	5	7	Butler, Morgane	00:23:30.85	
	6	(9)	Marks, Celine	00:23:34.00	
	7	(11)	Barwick, Alison	00:23:38.45	
2.	93	Sherbrooke		(00:24:07.00	02:00:35.00)
=====					
	1	4	Dagenais, Emma	00:23:04.70	
	2	13	Turcotte-Murray, Shana	00:23:50.10	
	3	14	Turcotte, Mireille	00:23:52.70	
	4	21	Marquis, Andreanne	00:24:04.10	
	5	41	Gilbert, Melodie	00:25:40.95	
	6	(56)	Primard, Marie-Pier	00:27:11.60	
	7	(68)	Turcotte Boutin, Pamela	00:29:29.55	
3.	98	Ottawa		(00:24:06.40	02:00:32.00)
=====					
	1	10	Clarke, Madison	00:23:37.35	
	2	16	Shepherd, Keili	00:23:54.25	
	3	17	Klus, Samantha	00:23:57.05	
	4	24	Brennan, Rebecca	00:24:15.45	
	5	31	Rossi, Jenna	00:24:44.35	
	6	(40)	Dumoulin, Jennifer	00:25:23.55	
	7	(44)	Maisonneuve, Renee	00:26:03.55	
4.	139	Montreal		(00:24:34.00	02:02:50.00)
=====					
	1	15	Beaumont, Rebecca	00:23:53.70	
	2	27	Desharnais-Prefontaine, Noemie	00:24:25.75	
	3	28	Leclerc, Marianne	00:24:29.20	
	4	32	Larichelieres-Banken, Jeanne	00:24:44.50	
	5	37	Champigny, Gabrielle	00:25:14.80	
	6	(50)	De Coene, Elodie	00:26:42.10	
	7	(55)	Mallet, Dominique	00:27:07.90	
5.	143	Laval		(00:24:37.40	02:03:07.00)
=====					
	1	19	Labarre, Annie-Kim	00:24:00.75	
	2	22	St-Laurent, Noemie	00:24:09.20	
	3	29	Ouellet, Beatrice	00:24:36.20	
	4	34	Bouchard, Jade	00:24:55.70	
	5	39	Bedard, Laura	00:25:22.55	
	6	(42)	Labelle, Frederique	00:25:48.15	
6.	294	Concordia		(00:28:12.00	02:21:00.00)
=====					
	1	47	Jackson, Brittany	00:26:13.95	
	2	48	Dasaro, Sophie	00:26:16.40	
	3	64	Drolet, Ann-Rebecca	00:28:45.20	
	4	66	Ayotte, Kamille	00:28:59.15	
	5	69	Boyer-Antoni, Gabrielle	00:30:42.80	