1 Cindy Burt

Name	======================================	Finals	Age-Grading H# Point
		========	= = = = = = = = = = = = = = = = = = = =
nals	M20 Ouchoo	6 16	6 17 00 04% 6
1 Alexandre Gbaguidi 2 Alexandre Dore	M30 Quebec	6.16 6.22	6.17 89.94% 6 6.21 89.23% 6
2 Ligandra Aranada	M34 Quebec	6.48	6.21 89.23% 6 6.49 85.49% 6
3 Lisandro Araneda	M32 Quebec	6.83	
4 Bryan Griffiths	M31 Unattached Athletes	0.83	6.84 81.11% 6
M35 50 Meter Dash Sat		========	
Name 	Age Team	Finals ========	Age-Grading H# Point
1 Mark Smyth	M37 Parry Sound Lege	6.39	6.23 89.05% 6
2 Andre Mitchell			6.38 86.96% 6
3 Michel Tourville			6.57 84.43% 6
4 Brian Derby	M38 Ottawa Track	7.02	6.79 81.62% 6
W35 50 Meter Dash Sat			
Name	Age Team		Age-Grading Points
	======================================	7.11	7.12 83.83%
M40 50 Meter Dash Sat	10:30am		
Name	======================================	Finals	Age-Grading H# Point
	M43 Quebec M41 Parry Sound Lege M42 UTTC	======================================	======================================
2 Scott Smyth	M41 Parry Sound Lege	6.69	6.33 87.59% 5
3 Jason Foubert	M42 UTTC	6.72	6.30 87.95% 5
4 Mark Hayle	M40 Unattached Athletes	6 73	6 41 86 48% 5
5 Blaise Ambrose	M41 UTTC	7.19	6.80 81.50% 5
M45 50 Meter Dash Sat			
Name	Age Team	Finals	Age-Grading H# Point
======================================	======================================		======================================
	M49 Unattached Athletes		
3 Steve Kerr	M46 Flying Angels		6.15 90.09% 4
4 Rick Reynolds	M45 Unattached Athletes		
5 Ranjit Neele			7.18 77.24% 4
M50 50 Meter Dash Sat			
Name	Age Team	Finals	Age-Grading H# Point
1 Paul Zelmanski	M52 United State	6.89	6.02 92.16% 3
2 Maynard McIntosh	M50 Jamaica	6.94	6.15 90.20% 3
3 Les Neufeld	M51 Unattached Athletes	6.95	6.11 90.79% 3
4 Mel White	M53 UTTC		6.17 89.87% 3
5 Marino Sani	M52 Ottawa Track		6.41 86.51% 3
6 Bryan Baldsing	M54 Unattached Athletes	7.38	
	M54 United State		6.61 83.85% 3
W50 50 Meter Dash Sat			
Name	======================================	======== Finals	
1 0' 1 0			

W51 Durham Dragons 8.56 7.33 81.31%

M55	50	Motor	Dach	Sat	10:30am

M55 50 Meter Dash Sat 1	.0:30am		
Name	Age Team	Finals	Age-Grading H# Points
1 Liviene Solomon	M55 Unattached Athletes M58 Throwers Club M55 Quebec	7.03 7.66 7.75	6.01 92.18% 2 6.42 86.29% 2 6.63 83.61% 2
W55 50 Meter Dash Sat 1	.0:30am		
Name	Age Team ====================================	Finals	Age-Grading Points
1 Karla Del Grande	W58 Mississaugua Tra		5.93100.54%
M60 50 Meter Dash Sat 1	.0:30am		
Name	Age Team	Finals	Age-Grading H# Points
1 Richard Lech	M64 Unattached Athletes M61 Unattached Athletes	7.26	5.85 94.77% 2
W60 50 Meter Dash Sat 1	.0:30am		
Name	Age Team	Finals	Age-Grading Points
1 Rhona Trott	W63 Hamilton Oly	8.57	6.54 91.25%
M70 50 Meter Dash Sat 1	.0:30am 		
Name	Age Team	Finals	Age-Grading H# Points
1 Mike Morris (old CAN 7.61 Mike i	M71 Unattached Athletes n 2011)	7.57	5.83 95.11% 2 CAN
2 David Stern	M72 Mississaugua Tra	8.06	6.16 89.95% 2
	=======================================		
Name 	Age Team ====================================		Age-Grading H# Points
1 Dev Sharma	M76 Unattached Athletes	8.63	6.39 86.79% 2
W80 50 Meter Dash Sat 1	.0:30am ========		
Name 	Age Team ====================================	Finals	Age-Grading Points
1 Doreen Carmichael	W81 Unattached Athletes	11.68	7.25 82.19%
M40 60 Meter Dash Sun 1	.1:00am ===================================	:========	=======
Name	Age Team	Prelims	Age-Grading H#
Preliminaries 1 Jerry Kangni 2 Scott Smyth 3 Jason Foubert 4 Francesc Macias 5 Bob Morin	M43 Quebec M41 Parry Sound Lege M42 UTTC M40 UTTC M44 Temiskaming Mast	7.44q 7.71q 8.08q 8.33q 9.08q	6.93 92.34% 2 7.29 87.68% 2 7.58 84.28% 2 7.93 80.55% 1 8.39 76.21% 1
6 Richard Petko	M40 Unattached Athletes	9.20q	8.76 72.93% 1

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M40	60	Meter	Dash	Sun	11:00am	ì

			=======================================	
Name	Age Team	Finals	Age-Grading	Points
nals				
1 Jerry Kangni	M43 Quebec	7.42	6.91 92.59%	
2 Scott Smyth	M41 Parry Sound Lege	7.71	7.29 87.68%	
3 Jason Foubert	M42 UTTC	7.79	7.31 87.42%	
4 Francesc Macias	M40 UTTC	8.45	8.05 79.41%	
5 Richard Petko	M40 Unattached Athletes	8.50	8.09 78.94%	
6 Bob Morin	M44 Temiskaming Mast	9.07	8.38 76.30%	
M30 60 Meter Dash Sun				
Name	Age Team	Finals	Age-Grading	
1 Alexandre Gbaguidi	M30 Quebec	7.26	7.27 88.02%	7 MR
(old MR 7.38 Mike	-			
2 Alexandre Dore	M34 Quebec	7.26	7.25 88.29%	
3 Bryan Griffiths	M31 Unattached Athletes	7.99	8.00 79.97%	7
4 Ryan Edge	M34 Unattached Athletes	8.04	8.03 79.73%	7
W35 60 Meter Dash Sun	11:00am 			
Name	Age Team	Finals	Age-Grading	Points
1 Khama Beckles		8.37	8.38 82.68%	
M35 60 Meter Dash Sun				
Name	Age Team	Finals	Age-Grading	H# Poin
1 Mark Smyth	M37 Parry Sound Lege	7.43	7.24 88.29%	6
2 Andre Mitchell	M35 UTTC	7.60	7.52 85.00%	6
3 John Berardi	M37 Unattached Athletes	8.08	7.88 81.19%	6
4 Tyrone Edge	M38 Unattached Athletes	8.13	7.86 81.30%	
5 Brian Derby	M38 Ottawa Track	8.28	8.01 79.83%	
W40 60 Meter Dash Sun	11:00am			
Name	Age Team	Finals	Age-Grading	Points
Name	Age Team			Points
Name 1 Cheryl Reimer M45 60 Meter Dash Sun	Age Team W44 Temiskaming Mast 11:00am	Finals 9.85	Age-Grading 9.09 76.14%	Points
Name 1 Cheryl Reimer M45 60 Meter Dash Sun Name	Age Team W44 Temiskaming Mast 11:00am Age Team	Finals 9.85 Finals	Age-Grading 9.09 76.14% Age-Grading	Points H# Poin
Name 1 Cheryl Reimer M45 60 Meter Dash Sun Name	Age Team W44 Temiskaming Mast 11:00am	Finals 9.85 Finals	Age-Grading 9.09 76.14% Age-Grading	Points H# Poin
Name 1 Cheryl Reimer M45 60 Meter Dash Sun Name	Age Team W44 Temiskaming Mast 11:00am Age Team	Finals 9.85 Finals	Age-Grading 9.09 76.14% Age-Grading	Points H# Poin 5
Name	Age Team W44 Temiskaming Mast 11:00am Age Team M45 Quebec	Finals 9.85 Finals	Age-Grading 9.09 76.14% Age-Grading Age-Grading 6.98 91.59%	Points H# Poin 5 5
Name	Age Team W44 Temiskaming Mast 11:00am Age Team Age Team M45 Quebec M45 UTTC	Finals 9.85 Finals 7.61 7.79	Age-Grading 9.09 76.14% Age-Grading Age-Grading 6.98 91.59% 7.15 89.47%	Points H# Poin 5 5 5
Name 1 Cheryl Reimer M45 60 Meter Dash Sun Name 1 Zaven Tavitian 2 Chris Lemassif 3 Tim Taschereau 4 Rick Reynolds	Age Team W44 Temiskaming Mast 11:00am Age Team Age Team M45 Quebec M45 UTTC M46 Unattached Athletes M45 Unattached Athletes	Finals 9.85 Finals 7.61 7.79 7.92 8.15	Age-Grading 9.09 76.14% Age-Grading Age-Grading 6.98 91.59% 7.15 89.47% 7.22 88.64% 7.48 85.52%	Points H# Poin 5 5 5 5
Name 1 Cheryl Reimer M45 60 Meter Dash Sun Name 1 Zaven Tavitian 2 Chris Lemassif 3 Tim Taschereau 4 Rick Reynolds 5 Eddy Renelique	Age Team W44 Temiskaming Mast 11:00am Age Team Age Team M45 Quebec M45 UTTC M46 Unattached Athletes	Finals 9.85 Finals 7.61 7.79 7.92 8.15 8.29	Age-Grading 9.09 76.14% Age-Grading Age-Grading 6.98 91.59% 7.15 89.47% 7.22 88.64%	Points H# Poin 5 5 5 5
Name 1 Cheryl Reimer M45 60 Meter Dash Sun Name 1 Zaven Tavitian 2 Chris Lemassif 3 Tim Taschereau 4 Rick Reynolds 5 Eddy Renelique 6 Ranjit Neele W50 60 Meter Dash Sun	Age Team W44 Temiskaming Mast 11:00am Age Team Age Team M45 Quebec M45 UTTC M46 Unattached Athletes M45 Unattached Athletes M48 viva La Salsa M45 Unattached Athletes M48 11:00am	Finals 9.85 Finals 7.61 7.79 7.92 8.15 8.29 9.22	Age-Grading 9.09 76.14% Age-Grading Age-Grading 6.98 91.59% 7.15 89.47% 7.22 88.64% 7.48 85.52% 7.45 85.89% 8.46 75.60%	Points H# Poin 5 5 5 5 5
Name 1 Cheryl Reimer M45 60 Meter Dash Sun Name 1 Zaven Tavitian 2 Chris Lemassif 3 Tim Taschereau 4 Rick Reynolds 5 Eddy Renelique 6 Ranjit Neele W50 60 Meter Dash Sun Name	Age Team W44 Temiskaming Mast 11:00am Age Team Age Team M45 Quebec M45 UTTC M46 Unattached Athletes M45 Unattached Athletes M48 viva La Salsa M45 Unattached Athletes	Finals 9.85 Finals 7.61 7.79 7.92 8.15 8.29 9.22 Finals	Age-Grading 9.09 76.14% Age-Grading Age-Grading 6.98 91.59% 7.15 89.47% 7.22 88.64% 7.48 85.52% 7.45 85.89% 8.46 75.60% Age-Grading	Points H# Poin 5 5 5 5 7 Points

M50	60	Motor	Dach	Sun	11:00am	

Name 	Age Team	Finals	Age-Grading	
	M50 Jamaica	8.11	7.18 89.03%	
2 Les Neufeld	M51 Unattached Athletes	8.26	7.26 88.01%	4
3 Mel White		8.32	7.21 88.58%	
4 Marino Sani	M52 Ottawa Track	8.58	7.49 85.31%	4
W55 60 Meter Dash Sun 13				
Name 	Age Team	Finals	Age-Grading	Points
	W58 Mississaugua Tra et Rhebergen BC 2011)	8.65	6.91100.12%	MR
M55 60 Meter Dash Sun 1	1:00am			
Name	Age Team	Finals	Age-Grading	H# Point
1 Ralph Cilevitz	M58 Throwers Club	9.13	7.65 83.57%	4
2 Nikola Krajnovic	M59 Unattached Athletes	11.81	9.83 65.03%	4
W60 60 Meter Dash Sun 1	1:00am 	========		=====
Name	Age Team	Finals	Age-Grading	Points
1 Rhona Trott			7.77 89.11%	MR
M60 60 Meter Dash Sun 1	,			
Name	Age Team		Age-Grading	
1 Richard Lech	M64 Unattached Athletes	8.60	6.93 92.33%	3
M65 60 Meter Dash Sun 13	1:00am			
Name	Age Team	Finals	Age-Grading	H# Point
1 Tony Powell	M68 Unattached Athletes			
101d MP 8 73 George	Horton ON 2003)			3 MR
(old MR 8.73 George 2 Peter Evans	e Horton ON 2003) M69 Mississaugua Tra	9.40	7.34 87.13%	
2 Peter Evans M70 60 Meter Dash Sun 13	M69 Mississaugua Tra 1:00am			3
2 Peter Evans M70 60 Meter Dash Sun 13 Name	M69 Mississaugua Tra 1:00am Age Team	======================================	 Age-Grading	3
2 Peter Evans M70 60 Meter Dash Sun 13 Name 1 Mike Morris	M69 Mississaugua Tra 1:00am Age Team M71 Unattached Athletes	======================================	 Age-Grading	3 H# Point
2 Peter Evans M70 60 Meter Dash Sun 13 Name	M69 Mississaugua Tra 1:00am Age Team M71 Unattached Athletes	Finals ====================================	Age-Grading 6.87 93.05%	3 H# Point: 2 MR
2 Peter Evans M70 60 Meter Dash Sun 1: Name 1 Mike Morris	M69 Mississaugua Tra 1:00am Age Team M71 Unattached Athletes Mitchell NS 2003) M73 Unattached Athletes 1:00am	Finals 8.92	Age-Grading 6.87 93.05% 8.89 71.90%	3 H# Point 2 MR
2 Peter Evans M70 60 Meter Dash Sun 13 Name 1 Mike Morris	M69 Mississaugua Tra 1:00am Age Team M71 Unattached Athletes M73 Unattached Athletes 1:00am Age Team	Finals 8.92 11.71 Finals	Age-Grading 6.87 93.05% 8.89 71.90%	3 H# Point 2 MR 2
2 Peter Evans M70 60 Meter Dash Sun 13 Name 1 Mike Morris	M69 Mississaugua Tra 1:00am Age Team M71 Unattached Athletes Mitchell NS 2003) M73 Unattached Athletes 1:00am	Finals 8.92 11.71 Finals	Age-Grading 6.87 93.05% 8.89 71.90%	3 H# Point 2 MR 2
M70 60 Meter Dash Sun 13 Name 1 Mike Morris (old MR 9.35 Ross M 2 Tom Fokas M75 60 Meter Dash Sun 13 Name 1 Dev Sharma M80 60 Meter Dash Sun 13	1:00am Age Team M71 Unattached Athletes M73 Unattached Athletes 1:00am Age Team M76 Unattached Athletes	Finals 8.92 11.71 Finals 10.17	Age-Grading 6.87 93.05% 8.89 71.90% Age-Grading 7.53 84.96%	3 H# Point 2 MR 2 H# Point

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Results - Age C	Grading: 1 Yr Indiv & 5 yr Multi			

1 Bill Thompson M82 Hamilton Oly 10.96 7.59 84.22% 2

WAU	60	Matar	Dach	Sun	11:00am
WOU	UU	MELET	Dasii	Sun	TT.UUAIII

	.=============		
Name	Age Team	Finals	Age-Grading Points
1 Doreen Carmichael	W81 Unattached Athletes	 14.58	9.05 76.47%

M30 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points
1 Alexandre Gbaguidi (old MR 24.22 Mi	M30 Quebec .ke Weniger ON 2003)	23.59	23.60 81.90% 14 MR
2 Bryan Griffiths Clayton Latham Alexandre Dore	M31 Unattached Athletes M31 Brampton Track M34 Quebec	25.96 DQ DQ	25.86 74.73% 14 14 14

W35 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading Points
1 Khama Beckles	 W36 UTTC	======================================	======================================

M35 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points
1 Andre Mitchell	M35 UTTC	24.81	23.92 80.77% 13
2 Andy Bienefeld	M37 British Columbia	28.25	26.83 72.04% 13

W40 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points
1 Carolina Ayala	W42 Ottawa Track	33.04	30.44 70.13% 2
2 Edel Ebbs	W42 UTTC	33.72	31.06 68.71% 2

M40 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Points
1 Lawrence Williams	M41 Ottawa Track	23.83	21.94 88.08% 12
2 Jerry Kangni	M43 Quebec	24.64	22.36 86.44% 12
3 Curtis Moore	M44 Unattached Athletes	24.99	22.50 85.87% 10
4 Marcus Skeete	M44 UTTC	25.21	22.70 85.12% 11
5 Scott Smyth	M41 Parry Sound Lege	25.23	23.23 83.19% 11
6 Mark Hayle	M40 Unattached Athletes	25.89	24.02 80.46% 12
7 Saleem Baksh	M40 Mississaugua Tra	26.13	24.24 79.72% 11
8 Francesc Macias	M40 UTTC	26.74	24.80 77.90% 10
Glen Williams	M44 Unattached Athletes	DQ	12
Dale Samuel	M40 Unattached Athletes	DQ	10

M65 200 Meter Dash Sat 1:30pm

Name	Age Team	Finals	Age-Grading H# Poin
======================================	M49 Unattached Athletes	========= 25.14	21.83 88.50% 9
2 Chris Lemassif	M45 UTTC	25.17	22.49 85.90% 9
3 Zaven Tavitian		25.43	22.49 83.90% 9
	M45 Quebec		
4 Eddy Renelique	M46 Flying Angels	26.29	
Steve Kerr	M46 Flying Angels	26.71 30.65	23.70 81.54% 9 27.39 70.54% 8
S Ranjit Neele	M45 Unattached Athletes M45 Unattached Athletes		27.39 70.34% 8
- Rick Reynolds		DQ	0
W50 200 Meter Dash Sat	t 1:30pm 		
Name 	Age Team	Finals =======	Age-Grading H# Poin
l Joyce Acton	W52 Ottawa Track	33.80	27.74 76.95% 2
2 Debbie Hele	W53 Unattached Athletes	34.58	28.07 76.03% 1
3 Cindy Burt	W51 Durham Dragons	35.04	29.06 73.43% 2
450 200 Meter Dash Sat	t 1:30pm		
Name	Age Team	Finals	Age-Grading H# Poin
 l Andrew Bass	M50 Unattached Athletes	 27 . 26	23.50 82.25% 7
Les Neufeld	M51 Unattached Athletes	27.58	23.61 81.83% 7
B Glen Nivet	M50 Manitoba	27.58	23.78 81.29% 6
Marino Sani	M52 Ottawa Track	28.11	23.90 80.86% 7
Jacek Urbanowicz	M54 Unattached Athletes	33.46	28.06 68.86% 6
- Bryan Baldsing	M54 Unattached Athletes	DQ	6
- Maynard McIntosh	M50 Jamaica	DQ	7
W55 200 Meter Dash Sat	t 1:30pm		
Name		Finals	Age-Grading Points
Karla Del Grande (old MR 43.32 Jar	W58 Mississaugua Tra n Nutting AB 2011)	28.36	21.84 97.71% MR
M55 200 Meter Dash Sat	1:30pm		
Name	Age Team	Finals	Age-Grading H# Poin
======================================	M59 Unattached Athletes	41.07	33.29 58.05% 5
W60 200 Meter Dash Sat	t 1:30pm		
 Name	Age Team	Finals	Age-Grading Points
	Age Team		
 1 Rhona Trott	Age Team		
1 Rhona Trott (old MR 36.05 Elis	Age Team W63 Hamilton Oly Sabeth Rollins BC 2011)	34.79	25.49 83.76% MR
I Rhona Trott (old MR 36.05 Elis	Age Team W63 Hamilton Oly Sabeth Rollins BC 2011)	34.79	25.49 83.76% MR 25.49 83.76% MR
1 Rhona Trott (old MR 36.05 Elis M60 200 Meter Dash Sat Name Richard Lech	Age Team W63 Hamilton Oly sabeth Rollins BC 2011) t 1:30pm Age Team	34.79 Finals 29.77	25.49 83.76% MR 25.49 83.76% MR

Toronto Track and Field Centre		sults - Age Grading: 1 Yr Ir	MEET MANAGER	17:48 PM 11/03/2		υ
Name	Age	Team	Finals	Age-Grading		
1 Tony Powell (old MR 29.10 Tuc	м68	Unattached Athletes	27.90	21.24 91.00%		MR
		Mississaugua Tra EtobicokeTC	30.91 38.29	23.34 82.79% 29.38 65.79%		
M70 200 Meter Dash S			30.29	29.30 03.796	4	
Name			Finals	======== Age-Grading		
1 Mike Morris (old MR 33.00 I	M71	Unattached Athletes	30.60	22.57 85.62%		MR
2 David Stern			31.45	22.85 84.58%	3	
W75 200 Meter Dash S	_					
Name	Age	Team	Finals	Age-Grading		
1 Alice Cole	w 78	Quebec Noort BC 2010 - no pro	41.43	25.60 83.37%		CAN
M75 200 Meter Dash S						
Name	Age	Team	Finals	Age-Grading	Н#	
1 Dev Sharma Dave Dunn	M76	Unattached Athletes Alberta		23.48 82.30%	3 3	====
M80 200 Meter Dash S	_					
Name	_	Team	Finals	Age-Grading		
Name 						
				=======================================		
	M82		39.78	=======================================		
1 Bill Thompson M30 400 Meter Dash S	M82 Sun 1:30p	M Team	39.78 39.78	=======================================	3	
1 Bill Thompson M30 400 Meter Dash S	M82 Sun 1:30p	Mamilton Oly Team	39.78 39.78	24.22 79.79%	3	
M30 400 Meter Dash S Name Sean Kilbrick M35 400 Meter Dash S	M82 Sun 1:30p Age M34 Sun 1:30p	Mamilton Oly Team United State	39.78 Finals DQ	24.22 79.79% Age-Grading	3 3 H#	 Poin
M30 400 Meter Dash S Name Sean Kilbrick M35 400 Meter Dash S Name	M82 Sun 1:30p Age M34 Sun 1:30p	Hamilton Oly Team United State	39.78 Finals DQ Finals	24.22 79.79% 24.22 79.79% Age-Grading Age-Grading	3 3 H# 8 8	Poin
M30 400 Meter Dash S Name Sean Kilbrick M35 400 Meter Dash S Name Name	M82 Sun 1:30p Age M34 Sun 1:30p Age M35	Hamilton Oly Team United State Team Team	39.78 Finals DQ Finals	24.22 79.79% 24.22 79.79% Age-Grading Age-Grading	3 3 H# 8	Poin
1 Bill Thompson M30 400 Meter Dash S Name Sean Kilbrick M35 400 Meter Dash S Name	M82 Sun 1:30p Age M34 Sun 1:30p Age M35 Con Scott	Hamilton Oly Team United State Team Team United State UNITE UNITE UNITE	39.78 Finals DQ Finals	24.22 79.79%	3 3 H# 8	Poin
M30 400 Meter Dash S Name Sean Kilbrick M35 400 Meter Dash S Name Name Old MR 54.77 Ast 4 Andy Bienefeld W40 400 Meter Dash S	M82 Sun 1:30p Age M34 Sun 1:30p Age M35 Son Scott M37 Sun 1:30p	Hamilton Oly Team United State Team Te	39.78 Finals DQ Finals 54.35	24.22 79.79% 24.22 79.79% Age-Grading Age-Grading 52.74 81.90% 60.67 71.17%	3 3 H# 8 H#	Poin
M30 400 Meter Dash S Name Sean Kilbrick M35 400 Meter Dash S Name 3 Andre Mitchell (old MR 54.77 Ast 4 Andy Bienefeld W40 400 Meter Dash S Name	M82 Sun 1:30p Age M34 Sun 1:30p Age M35 Son Scott M37 Sun 1:30p	Hamilton Oly Team Team Team United State UTTC USA 2003) British Columbia	Finals 54.35 63.45 Finals	24.22 79.79% 24.22 79.79% Age-Grading 52.74 81.90% 60.67 71.17%	3 3 H# 8 8 8	Poin MR
M30 400 Meter Dash S Name Sean Kilbrick M35 400 Meter Dash S Name 3 Andre Mitchell (old MR 54.77 Ast 4 Andy Bienefeld W40 400 Meter Dash S	M82 Sun 1:30p Age M34 Sun 1:30p Age M35 Son Scott M37 Sun 1:30p	Hamilton Oly Team Team Team United State UTTC USA 2003) British Columbia	Finals 54.35 63.45 Finals	24.22 79.79% 24.22 79.79% Age-Grading 52.74 81.90% 60.67 71.17%	3 3 H# 8 8 8	Poin MR

M40 400 Meter Dash Sur	. 1	.:30pm	
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Name	Age Team	Finals	Age-Grading	H# Point
1 Lawrence Williams	M41 Ottawa Track eve Williamson ON 2003)	53.07	49.28 87.64%	7 MR
4 Lenroy Munro	M41 Unattached Athletes	56.20	52.19 82.76%	6
5 Mark Hayle	M40 Unattached Athletes	56.42	52.76 81.85%	7
6 Marcus Skeete	M44 UTTC	56.56	51.41 84.00%	7
11 Louis Byrne	M40 Toronto Olym	61.26	57.28 75.38%	6
M45 400 Meter Dash Sun	-			
Name	Age Team	Finals	Age-Grading	
2 Michael Sherar	M48 UTTC	54.17	47.89 90.18%	 5
7 Serge Faucher	M47 Manitoba	56.72	50.49 85.53%	5
8 Eddy Renelique	M48 viva La Salsa	57.76	51.06 84.57%	5
9 Rick Ball	M46 OAC	60.22	53.97 80.01%	
W45 400 Meter Dash Sun				
Name	Age Team	Finals	Age-Grading	H# Point
======================================	W45 Newmarket Huskies	 70.06	60.27 78.99%	
Karen Gold	W49 Mississaugua Tra	DQ	00.27 70.330	2
W50 400 Meter Dash Sun	-	~		
	Age Team	======= Finals	======================================	
	WE2 Obtain Minable	======== 76.82		======
21 Joyce Acton	W52 Ottawa Track	10.02	61.71 77.14%	
M50 400 Meter Dash Sun	1:30pm		61./1 //.14%	
M50 400 Meter Dash Sun			Age-Grading	 H# Point
M50 400 Meter Dash Sun	1:30pm 	======== Finals ========	======================================	====== H# Point ========
M50 400 Meter Dash Sun	n 1:30pm			4
M50 400 Meter Dash Sun Name 10 Maynard McIntosh	Age Team M50 Jamaica M50 Manitoba	Finals 60.75	======================================	4
M50 400 Meter Dash Sun Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sun Name	Age Team M50 Jamaica M50 Manitoba	Finals 60.75 62.11 Finals	======================================	4 4 -=====
M50 400 Meter Dash Sun Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sun Name	Age Team M50 Jamaica M50 Manitoba 1:30pm Age Team	Finals 60.75 62.11 Finals	Age-Grading ====================================	4 4 -=====
M50 400 Meter Dash Sum Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sum Name 15 Karla Del Grande (no previous MR)	Age Team M50 Jamaica M50 Manitoba Age Team Age Team W58 Mississaugua Tra	Finals 60.75 62.11 Finals	Age-Grading 52.97 81.53% 54.15 79.75% Age-Grading	4 4 4 Points
M50 400 Meter Dash Sum Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sum Name 15 Karla Del Grande (no previous MR)	Age Team M50 Jamaica M50 Manitoba 1:30pm Age Team W58 Mississaugua Tra	Finals 60.75 62.11 Finals 66.12	Age-Grading 52.97 81.53% 54.15 79.75% Age-Grading	4 4 4 Points MR
M50 400 Meter Dash Sun Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sun Name 15 Karla Del Grande (no previous MR) M55 400 Meter Dash Sun Name	Age Team M50 Jamaica M50 Manitoba Age Team Age Team Age Team W58 Mississaugua Tra Age Team Age Team	Finals 60.75 62.11 Finals 66.12	Age-Grading 52.97 81.53% 54.15 79.75% Age-Grading Age-Grading 50.24 94.75%	4 4 Points MR
M50 400 Meter Dash Sun Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sun Name (no previous MR) M55 400 Meter Dash Sun Name Name 13 Steve Millward	Age Team M50 Jamaica M50 Manitoba Age Team Age Team W58 Mississaugua Tra Age Team Age Team Age Team	Finals 60.75 62.11 Finals 66.12 Finals	Age-Grading 52.97 81.53% 54.15 79.75% Age-Grading Age-Grading 50.24 94.75%	4 4 4 Points ===== MR
Name Name Name Name M55 400 Meter Dash Sum Name Name 15 Karla Del Grande (no previous MR) M55 400 Meter Dash Sum Name 13 Steve Millward 16 Wayne Gagne	Age Team M50 Jamaica M50 Manitoba 1:30pm Age Team W58 Mississaugua Tra M56 Unattached Athletes M57 Cambridge Harriers	Finals 60.75 62.11 Finals 66.12 Finals 66.29	Age-Grading 52.97 81.53% 54.15 79.75% Age-Grading Age-Grading 50.24 94.75% Age-Grading 53.06 81.39% 55.20 78.23%	4 4 Points MR H# Point 4 4
M50 400 Meter Dash Sum Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sum Name 15 Karla Del Grande (no previous MR) M55 400 Meter Dash Sum Name 13 Steve Millward 16 Wayne Gagne M60 400 Meter Dash Sum Name	Age Team M50 Jamaica M50 Manitoba Age Team Age Team W58 Mississaugua Tra Age Team M56 Unattached Athletes M57 Cambridge Harriers Age Team Age Team Age Team	Finals 60.75 62.11 Finals 66.12 Finals 63.31 66.29 Finals	Age-Grading 52.97 81.53% 54.15 79.75% Age-Grading 50.24 94.75% Age-Grading 53.06 81.39% 55.20 78.23%	4 4 Points MR H# Point 4 4 H# Point
M50 400 Meter Dash Sum Name 10 Maynard McIntosh 12 Glen Nivet W55 400 Meter Dash Sum Name 15 Karla Del Grande (no previous MR) M55 400 Meter Dash Sum Name 13 Steve Millward 16 Wayne Gagne M60 400 Meter Dash Sum Name	Age Team M50 Jamaica M50 Manitoba Age Team Age Team W58 Mississaugua Tra Age Team M56 Unattached Athletes M57 Cambridge Harriers	Finals 60.75 62.11 Finals 66.12 Finals 63.31 66.29 Finals	Age-Grading 52.97 81.53% 54.15 79.75% Age-Grading 50.24 94.75% Age-Grading 53.06 81.39% 55.20 78.23%	4 4 Points MR H# Point 4 4 H# Point

Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Tmage) 2 Jay Brecher 3 Michal Kapral 4 Josh Kramer 5 Ming Tsai 6 Brian Yung W40 800 Meter Run Same Name 1 Edel Ebbs M40 800 Meter Run Same	Age Team M34 Unattached Athletes t 11:30am Age Team Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes M37 Tri-City Track M39 UTTC M36 Unattached Athletes t 11:30am Age Team Age Team W42 UTTC	Finals 3:08.18 Finals 2:00.52 2:03.24 2:06.83 2:11.50 2:13.30 2:19.20 Finals	Age-Grading 3:08.19 53.73% Age-Grading Age-Grading 2:00.18 84.14% 1:59.44 84.66% 2:01.74 83.06% 2:08.68 78.58% 2:07.95 79.02% 2:17.51 73.53% Age-Grading 2:41.04 70.35%	Points Points MR Points Points Points
Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Tmm) 2 Jay Brecher 3 Michal Kapral 4 Josh Kramer 5 Ming Tsai 6 Brian Yung W40 800 Meter Run Same Name Name 1 Edel Ebbs	Age Team M34 Unattached Athletes t 11:30am Age Team Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes M37 Tri-City Track M39 UTTC M36 Unattached Athletes t 11:30am Age Team Age Team W42 UTTC	Finals 3:08.18 Finals 2:00.52 2:03.24 2:06.83 2:11.50 2:13.30 2:19.20 Finals 2:48.55	Age-Grading 3:08.19 53.73% Age-Grading Age-Grading 2:00.18 84.14% 1:59.44 84.66% 2:01.74 83.06% 2:08.68 78.58% 2:07.95 79.02% 2:17.51 73.53% Age-Grading Age-Grading 2:41.04 70.35%	Points Points MR Points
Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Tmage) 2 Jay Brecher 3 Michal Kapral 4 Josh Kramer 5 Ming Tsai 6 Brian Yung W40 800 Meter Run Same Name	Age Team M34 Unattached Athletes t 11:30am Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes M37 Tri-City Track M39 UTTC M36 Unattached Athletes t 11:30am Age Team	Finals 3:08.18 Finals 2:00.52 2:03.24 2:06.83 2:11.50 2:13.30 2:19.20 Finals	Age-Grading 3:08.19 53.73% Age-Grading Age-Grading 2:00.18 84.14% 1:59.44 84.66% 2:01.74 83.06% 2:08.68 78.58% 2:07.95 79.02% 2:17.51 73.53% Age-Grading	Points Points MR Points
Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Trace) 2 Jay Brecher 3 Michal Kapral 4 Josh Kramer 5 Ming Tsai 6 Brian Yung W40 800 Meter Run Same Name	Age Team M34 Unattached Athletes t 11:30am Age Team Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes M37 Tri-City Track M39 UTTC M36 Unattached Athletes t 11:30am Age Team	Finals 3:08.18 Finals 2:00.52 2:03.24 2:06.83 2:11.50 2:13.30 2:19.20 Finals	Age-Grading 3:08.19 53.73% Age-Grading Age-Grading 2:00.18 84.14% 1:59.44 84.66% 2:01.74 83.06% 2:08.68 78.58% 2:07.95 79.02% 2:17.51 73.53% Age-Grading	Points Points MR Points
Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Travis Anderson) (old MR 2:06.57 Travis Anderson)	Age Team M34 Unattached Athletes t 11:30am Age Team Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes M37 Tri-City Track M39 UTTC M36 Unattached Athletes M37 Tri-City Track M39 UTTC M36 Unattached Athletes	Finals 3:08.18 Finals Finals 2:00.52 2:03.24 2:06.83 2:11.50 2:13.30 2:19.20	Age-Grading ====================================	Points ===== Points ===== MR
Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Travis Anderson) 2 Jay Brecher 3 Michal Kapral 4 Josh Kramer 5 Ming Tsai	Age Team M34 Unattached Athletes t 11:30am Age Team Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes M37 Tri-City Track M39 UTTC	Finals 3:08.18 Finals 2:00.52 2:03.24 2:06.83 2:11.50 2:13.30	Age-Grading 3:08.19 53.73% Age-Grading Age-Grading 2:00.18 84.14% 1:59.44 84.66% 2:01.74 83.06% 2:08.68 78.58% 2:07.95 79.02%	Points Points
Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Travis Anderson) 2 Jay Brecher 3 Michal Kapral 4 Josh Kramer	Age Team M34 Unattached Athletes t 11:30am Age Team Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes M37 Tri-City Track	Finals 3:08.18 Finals 2:00.52 2:03.24 2:06.83 2:11.50	Age-Grading 3:08.19 53.73% Age-Grading 2:00.18 84.14% 1:59.44 84.66% 2:01.74 83.06% 2:08.68 78.58%	Points Points
Name 1 Jonathan Colford M35 800 Meter Run Same Name 1 Travis Anderson (old MR 2:06.57 Travis Anderson) 2 Jay Brecher 3 Michal Kapral	Age Team M34 Unattached Athletes t 11:30am Age Team Age Team M35 Brantford Track revor Van Nest ON 2003) M38 UTTC M39 Unattached Athletes	Finals 3:08.18 Finals 2:00.52 2:03.24 2:06.83	Age-Grading 3:08.19 53.73% Age-Grading 2:00.18 84.14% 1:59.44 84.66% 2:01.74 83.06%	Points Points
Name Jonathan Colford 435 800 Meter Run Same Name Travis Anderson (old MR 2:06.57 Times	Age Team M34 Unattached Athletes t 11:30am Age Team M35 Brantford Track revor Van Nest ON 2003)	Finals 3:08.18 Finals 2:00.52	Age-Grading 3:08.19 53.73% Age-Grading 2:00.18 84.14%	Points Points
Name Jonathan Colford 435 800 Meter Run Same Name Travis Anderson	Age Team M34 Unattached Athletes t 11:30am Age Team M35 Brantford Track	Finals 3:08.18 Finals	Age-Grading	Points Points
Name Jonathan Colford 435 800 Meter Run Same	Age Team M34 Unattached Athletes t 11:30am Age Team	Finals 3:08.18 Finals	Age-Grading ====================================	Points Points
Name	Age Team M34 Unattached Athletes t 11:30am	Finals 3:08.18	Age-Grading ======3:08.19 53.73%	Points =====
Name	Age Team	Finals	Age-Grading	Points
430 800 Meter Run Sa	t 11:30am 			
	======================================	DQ	==========	3
Name	Age Team	Finals	Age-Grading	H# Poi
180 400 Meter Dash Si	un 1:30pm			
======================================	M76 Unattached Athletes	1:21.37	======================================	====== 3
	======================================	Finals	======================================	===== H# Poi
475 400 Meter Dash S				
Alice Cole	W78 <mark>Quebec</mark> endolyn Boivin SK 2010 - no pr	1:39.05	54.72 87.00%	
Name	======================================	Finals	Age-Grading	
75 400 Meter Dash S	-	_,,		-
:======================================	M74 Rouge River RR	-=======	2	
Name		======================================		
	M67 EtobicokeTC	1:36.48	74.07 58.30%	3
170 400 Meter Dash S			===========	======
	Age Team ====================================	Finals 	Age-Grading	H# PO1

Toronto Track and Field Centre - Site License	Hy	-Tek's MEET MANAGER	17:48 PM	11/03/2012	Page 1

Results - Age Grading: 1 Yr Indiv & 5 yr Multi
M40 Unattached Athletes 2:16.09 2
M41 UTTC 2:17.45 2

	Results - Age Grading: 1 Y	r Indiv & 5 yr M	ulti	
Mark Hayle	M40 Unattached Athletes	2:16.09	2:09.36 78.17%	
Gary Pluim	M41 UTTC	2:17.45	2:09.48 78.09%	
45 800 Meter Run Sat				
Name	Age Team	Finals	Age-Grading	Points
Annie Bunting	W47 UTTC nnie in Boston 2010 - old M	2:22.25	2:10.15 87.04%	CAN
Ginette Jones	W45 Newmarket Huskies	2:39.42	2:28.31 76.38%	J /
Karen Gold	W49 Mississaugua Tra	2:40.96	2:24.79 78.24%	
45 800 Meter Run Sat			:========	
Name 	Age Team	Finals	Age-Grading	
Michael Sherar (old MR 2:08.65 Jim	M48 UTTC n Robinson USA 2003)	2:01.94	1:47.90 93.71%	MR
	M47 Manitoba	2:16.95	2:02.25 82.72%	
-	M46 Unattached Athletes	2:22.64	2:08.42 78.74%	
50 800 Meter Run Sat				======
Name 	Age Team 	Finals ========	Age-Grading ==========	
Heather O'Hagan	W50 Newmarket Huskies	2:38.47	2:21.33 80.15%	MR
(no previous MR)	NOO NEWMALKEE MASKIES			
(no previous MR) 150 800 Meter Run Sat		.=======	:========	=====
(no previous MR) 150 800 Meter Run Sat Name	11:30am	Finals	Age-Grading	Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary	11:30am 	Finals	Age-Grading	Points
(no previous MR) 150 800 Meter Run Sat Name	11:30am 	Finals	Age-Grading	Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark	11:30am	Finals 2:13.51	Age-Grading 	Points
(no previous MR) 50 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet	11:30am	Finals 2:13.51 2:14.63 2:28.66 2:59.73	Age-Grading	Points
(no previous MR) 50 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting	11:30am Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba	Finals 2:13.51 2:14.63 2:28.66 2:59.73	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24%	Points
(no previous MR) 50 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz	11:30am Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes	Finals 2:13.51 2:14.63 2:28.66 2:59.73	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92%	Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat	11:30am Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39%	Points MR Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat Name Brent Hutchinson	Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75%	Points MR Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat Name Brent Hutchinson George Aitkin	Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39%	Points MR Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat Name Brent Hutchinson George Aitkin	Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75%	Points MR Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat Name Brent Hutchinson George Aitkin 160 800 Meter Run Sat	Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20 2:41.14	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75% 2:10.11 77.72%	Points MR Points Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat Name Brent Hutchinson George Aitkin 160 800 Meter Run Sat Name John Clarke (old MR 2:41.13 Fr	11:30am Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers 11:30am Age Team Age Team M60 Unattached Athletes M60 Unattached Athletes	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20 2:41.14 Finals 2:29.65	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75% 2:10.11 77.72% Age-Grading 1:59.84 84.37%	Points MR Points Points
(no previous MR) 50 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 55 800 Meter Run Sat Name Brent Hutchinson George Aitkin 60 800 Meter Run Sat Name John Clarke (old MR 2:41.13 Fr John De Finney	11:30am Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers 11:30am Age Team Age Team Age Team Age Team Age Team Age Team	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20 2:41.14 Finals 2:29.65 2:29.91	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75% 2:10.11 77.72% Age-Grading 1:59.84 84.37% 1:58.24 85.52%	Points MR Points Points Points
(no previous MR) 50 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 55 800 Meter Run Sat Name Brent Hutchinson George Aitkin 60 800 Meter Run Sat Name John Clarke (old MR 2:41.13 Fr John De Finney	11:30am Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers 11:30am Age Team Age Team M60 Unattached Athletes M60 Unattached Athletes	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20 2:41.14 Finals 2:29.65 2:29.91	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75% 2:10.11 77.72% Age-Grading 1:59.84 84.37%	Points MR Points Points Points
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat Name Brent Hutchinson George Aitkin 160 800 Meter Run Sat Name John Clarke (old MR 2:41.13 Fr John De Finney Gary Young	Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers 11:30am Age Team M60 Unattached Athletes red Pawluk BC 2011) M62 Newmarket Huskies M60 Unattached Athletes	Finals 2:13.51 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20 2:41.14 Finals 2:29.65 2:29.91	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75% 2:10.11 77.72% Age-Grading 1:59.84 84.37% 1:58.24 85.52%	Points MR Points Points Points
(no previous MR) 50 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 55 800 Meter Run Sat Name Brent Hutchinson George Aitkin 60 800 Meter Run Sat Name John Clarke (old MR 2:41.13 Fr John De Finney Gary Young	Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers 11:30am Age Team M60 Unattached Athletes red Pawluk BC 2011) M62 Newmarket Huskies M60 Unattached Athletes 11:30am Age Team Age Team Age Team M62 Newmarket Huskies M60 Unattached Athletes	Finals 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20 2:41.14 2:29.65 2:29.91 2:52.43	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75% 2:10.11 77.72% Age-Grading 1:59.84 84.37% 1:58.24 85.52% 2:18.09 73.22%	Points MR Points Points Points MR
(no previous MR) 150 800 Meter Run Sat Name Dave Kary (old MR 2:16.97 Mark John Willett Glen Nivet Alex Keeting Jacek Urbanowicz 155 800 Meter Run Sat Name Brent Hutchinson George Aitkin 160 800 Meter Run Sat Name John Clarke (old MR 2:41.13 Fr John De Finney Gary Young	Age Team M52 Ottawa Track Pinckard BC 2011) M50 UTTC M50 Manitoba M54 EtobicokeTC M54 Unattached Athletes 11:30am Age Team M55 Brantford Track M59 Cambridge Harriers 11:30am Age Team M60 Unattached Athletes red Pawluk BC 2011) M62 Newmarket Huskies M60 Unattached Athletes 11:30am Age Team Age Team Age Team M62 Newmarket Huskies M60 Unattached Athletes	Finals 2:14.63 2:28.66 2:59.73 3:09.72 Finals 2:30.20 2:41.14 Finals 2:29.65 2:29.65 2:29.91 2:52.43	Age-Grading 1:54.16 88.58% 1:57.04 86.39% 2:09.24 78.24% 2:31.10 66.92% 2:39.50 63.39% Age-Grading 2:05.21 80.75% 2:10.11 77.72% Age-Grading 1:59.84 84.37% 1:58.24 85.52% 2:18.09 73.22%	Points MR Points Points MR MR

M30 1500 Meter Run Su	n 2:15pm 			
Name	Age Team	Finals	Age-Grading	Point
1 Jimmy Semes (no previous MR)	M33 Village People R		4:48.69 71.36%	
2 Jonathan Colford	M34 Unattached Athle	tes 6:42.02	6:41.22 51.34%	
M35 1500 Meter Run Su	n 2:15pm			
Name	Age Team	Finals	Age-Grading	
	M37 British Columbia		4:52.84 70.35%	=====
W40 1500 Meter Run Su	n 2:15pm			
Name	Age Team	Finals	Age-Grading	
1 Wendy Brown	W40 British Columbia		7:20.94 52.72%	=====
M40 1500 Meter Run Su	_			
Name	======================================	Finals	Age-Grading	Points
======================================	======================================	4:40.93	4:21.24 78.86%	=====
2 Gary Jr Cassel	M44 Cambridge Harrie	rs 5:05.65	4:36.16 74.60%	
W45 1500 Meter Run Su	n 2:15pm ==========	==========	:=========	
Name	Age Team	Finals	Age-Grading	Points
	W47 UTTC nie Brezdan BC 2011)	4:59.49	4:21.28 88.97%	MR
2 Liz Maguire	W45 Ottawa Track	5:01.23	4:29.21 86.35%	
M45 1500 Meter Run Su	n 2:15pm =========	==========	:=========	
Name	Age Team	Finals	Age-Grading	
1 Geoff Peat	M48 Newmarket Huskie ed Robbins ON 2003)	s 4:25.87	3:51.50 88.99%	MR
2 Scott Lockhart	M49 Unattached Athle		4:18.43 79.72%	
3 Rob Hanks	M49 Longboat RR	5:17.19	4:33.64 75.28%	
W50 1500 Meter Run Su	n 2:15pm ============	========		
Name	Age Team ====================================	Finals =========	Age-Grading	
1 Heather O'Hagan (old MR 6:12.2 Chri	W50 Newmarket Huskies stine McLean ON 2003)	s 5:30.90	4:38.06 83.61%	MR
M50 1500 Meter Run Su	n 2:15pm			
Name	Age Team	======================================	Age-Grading	
1 John Willett (old MR 4:42.29 Bi	======================================	4:38.62	3:58.14 86.50%	MR
2 Tim Andrew	M51 Monck Lake TC	4:53.85	4:09.01 82.73%	
3 Desmond Moloney	M51 East Toronto	4:54.12	4:09.24 82.65%	

Toronto Track and Field Centre - Site		e Hy-Tek's e sults - Age Grading: 1 Yr l		GER 17:48 PM 11/03/2 Iulti	2012 Pag
4 James Earl		East Toronto	4:56.45	4:06.86 83.45%	
5 Stephen Laidlaw	M50	Unattached Athletes	5:18.79	4:32.47 75.60%	
6 Glen Nivet		Manitoba	5:49.16	4:32.47 75.60% 4:58.43 69.03% 5:04.58 67.64%	
7 Alex Keeting	M54	EtobicokeTC	6:09.00	5:04.58 67.64%	
M55 1500 Meter Run Sun					
Name 		Team ====================================	Finals	Age-Grading	Point
1 Dave Olsen	M56	Saskatchewan	6:02.88	4:54.45 69.96%	
M60 1500 Meter Run Sun			=========		=====
Name 	_	Team	Finals	Age-Grading	
l John Helliker	м60	UTTC	5:06.64	4:00.56 85.63%	MR
(old MR 5:10.74 Denni			E.00 03	4:03.15 84.73%	
2 John Clarke 3 Ted Paget		Unattached Athletes Newmarket Huskies	5:09.93 5:12.11		
3 led raget 4 Tim Payne		Newmarket Huskies	5:45.47		
5 Gary Young		Unattached Athletes		5:00.30 68.60%	
M65 1500 Meter Run Sun	_				
Name	Age	Team	Finals	Age-Grading	Points
======================================				4:27.48 77.02%	
2 Bert de Vries	M65	Longboat RR	6:06.81	4:36.43 74.52%	
M70 1500 Meter Run Sun	2:15 ₁	om ====================================	=========		
Name 	Age	Team ====================================	Finals	Age-Grading	Point
1 Chris Mackie	M71	Unattached Athletes	5:44.13	4:05.06 84.06%	
2 Robert Moore 3 Frank Esson	M71	Toronto Olym Unattached Athletes	6:33.50	4:40.22 73.52% 4:50.88 70.82%	
W30 3000 Meter Run Sat	2:15	om			
 Name		 Team	Finals	 Age-Grading	
1 Wendy Lopez (no previous MR)		UTTC	13:30.61	13:22.67 62.47%	MR
M35 3000 Meter Run Sat	2:15	om			
 Name		 	======= Finals	Age-Grading	Point:
 1 Predrag Mladenovic		Unattached Athletes	9:08.81	8:42.53 84.21%	MR
(no previous MR) 2 Andy Bienefeld	М37	British Columbia	11:04.54	10:42.08 68.53%	
W40 3000 Meter Run Sat	2:15]				
Name	-==== Age	Team	Finals	Age-Grading	
	W40	British Columbia	DNF		
M40 3000 Meter Run Sat	2:15:	om			
	_				

Age Team

Name

Finals Age-Grading Points

1 Alex Coffin (old MR 9:36.40 Dave	M43 New Brunswick Deubelbeiss ON 2003)	9:25.65	8:42.67 84.18	s M R
2 Francois Lecot	M41 Quebec	9:36.80		
3 Gary Jr Cassel	M44 Cambridge Harriers	10:51.32	9:57.20 73.68	5
W45 3000 Meter Run Sat	2:15pm	========	=======================================	:=====
Name	Age Team	Finals	Age-Gradin	
l Liz Maguire	W45 Ottawa Track Liette Christie BC 2011)	10:43.47	9:43.70 85.90	
2 Tracey Snarr		11:45.36	10:24.53 80.29	5
5 3000 Meter Run Sat 2	:15pm			
Name	Age Team	Finals	Age-Gradin	
1 Geoff Peat	M48 Newmarket Huskies		8:29.05 86.44	
(old MR 9:55.17 Ray Roger Moss		10.17 54	9:08.87 80.16	
	M46 Unattached Athletes		9:42.10 75.59	
- Gino Fillion	M47 Quebec	DNF		
W50 3000 Meter Run Sat	2:15pm	========		
Name	Age Team	Finals	Age-Gradin	
Name ====================================	Age Team			
Name	Age Team	14:54.89	12:13.90 68.32 ⁹	====== 5 M R
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat	Age Team W53 UTTC 2:15pm Age Team	14:54.89 Finals	12:13.90 68.32	MR Point
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track	14:54.89 Finals	12:13.90 68.32	MR Point
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track age Aitkin ON 2003)	14:54.89 Finals 10:02.17	12:13.90 68.32 Age-Grading 8:38.23 84.90	MR Point MR
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track age Aitkin ON 2003)	14:54.89 Finals 10:02.17	12:13.90 68.32: Age-Grading 8:38.23 84.90: 8:52.70 82.60:	MR Point:
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney	Age Team W53 UTTC 2:15pm Age Team Age Team M52 Ottawa Track age Aitkin ON 2003) M53 East Toronto M51 East Toronto	14:54.89 Finals 10:02.17 10:24.06 10:26.65	12:13.90 68.32 Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93	MR Point MR
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor	Age Team W53 UTTC 2:15pm Age Team Age Team M52 Ottawa Track age Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97	12:13.90 68.32: Age-Grading 8:38.23 84.90: 8:52.70 82.60: 9:03.69 80.93: 9:11.91 79.72:	MR Point MR
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name Name 1 Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe	Age Team W53 UTTC 2:15pm Age Team Age Team M52 Ottawa Track age Aitkin ON 2003) M53 East Toronto M51 East Toronto	14:54.89 Finals 10:02.17 10:24.06 10:26.65	Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79	MR Point MR
Name I Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name I Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe 5 Jay Yakabowich 6 Alex Keeting M55 3000 Meter Run Sat	Age Team W53 UTTC 2:15pm Age Team Age Team M52 Ottawa Track Age Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta M50 Unattached Athletes M54 EtobicokeTC	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83	Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79 10:54.21 67.26	MR Point MR MR
Name I Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name I Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe 5 Jay Yakabowich 6 Alex Keeting M55 3000 Meter Run Sat Name	Age Team W53 UTTC 2:15pm Age Team Age Team M52 Ottawa Track Age Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta M50 Unattached Athletes M54 EtobicokeTC 2:15pm	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83 Finals	Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79 10:54.21 67.26	Point
Name I Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name I Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe 5 Jay Yakabowich 6 Alex Keeting M55 3000 Meter Run Sat Name Name	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track Gge Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta M50 Unattached Athletes M54 EtobicokeTC 2:15pm Age Team M56 Toronto Olym	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83 Finals	Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79 10:54.21 67.26	Point
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe 5 Jay Yakabowich 6 Alex Keeting M55 3000 Meter Run Sat Name	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track Ge Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta M50 Unattached Athletes M54 EtobicokeTC 2:15pm Age Team Age Team M56 Toronto Olym aul Reimer BC 2011)	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83 Finals 10:04.72	12:13.90 68.32 Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79 10:54.21 67.26 Age-Grading 8:23.37 87.41	MR Point MR Point MR MR MR
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe 5 Jay Yakabowich 6 Alex Keeting M55 3000 Meter Run Sat Name Name 1 Jerry Kooymans (old MR 10:08.06 Pa	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track Gge Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta M50 Unattached Athletes M54 EtobicokeTC 2:15pm Age Team M56 Toronto Olym	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83 Finals 10:04.72 11:15.48 11:59.06	Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79 10:54.21 67.26 Age-Grading	MR Point MR Point MR MR MR
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe 5 Jay Yakabowich 6 Alex Keeting M55 3000 Meter Run Sat Name Name 1 Jerry Kooymans (old MR 10:08.06 Pa	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track Ge Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta M50 Unattached Athletes M54 EtobicokeTC 2:15pm Age Team Age Team M56 Toronto Olym aul Reimer BC 2011) M59 Cambridge Harriers	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83 Finals 10:04.72	Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79 10:54.21 67.26 Age-Grading	MR Point MR Point MR MR MR MR
Name I Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name I Dave Kary (old MR 10:17.42 Geor James Earl Desmond Moloney Mark Shupe Jay Yakabowich Alex Keeting M55 3000 Meter Run Sat Name I Jerry Kooymans (old MR 10:08.06 Pa George Aitkin Dave Olsen Philip Ko M55 3000 Meter Run Sat	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track Gge Aitkin ON 2003) M53 East Toronto M51 East Toronto M50 Alberta M50 Unattached Athletes M54 EtobicokeTC 2:15pm Age Team M56 Toronto Olym aul Reimer BC 2011) M59 Cambridge Harriers M56 Saskatchewan M55 Unattached Athletes	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83 Finals 10:04.72 11:15.48 11:59.06 12:18.35	12:13.90 68.32: Age-Grading 8:38.23 84.90: 8:52.70 82.60: 9:03.69 80.93: 9:11.91 79.72: 9:48.35 74.79: 10:54.21 67.26: Age-Grading 8:23.37 87.41: 9:08.02 80.29: 9:58.55 73.51: 10:19.85 70.99:	MR Point MR Point Point MR MR MR MR
Name 1 Katherine Willis (no previous MR) M50 3000 Meter Run Sat Name 1 Dave Kary (old MR 10:17.42 Geor 2 James Earl 3 Desmond Moloney 4 Mark Shupe 5 Jay Yakabowich 6 Alex Keeting M55 3000 Meter Run Sat Name 1 Jerry Kooymans (old MR 10:08.06 Pa 2 George Aitkin 3 Dave Olsen 4 Philip Ko M55 3000 Meter Run Sat	Age Team W53 UTTC 2:15pm Age Team M52 Ottawa Track Tr	14:54.89 Finals 10:02.17 10:24.06 10:26.65 10:30.97 11:12.63 12:52.83 Finals 10:04.72 11:15.48 11:59.06 12:18.35	12:13.90 68.32 Age-Grading 8:38.23 84.90 8:52.70 82.60 9:03.69 80.93 9:11.91 79.72 9:48.35 74.79 10:54.21 67.26 Age-Grading 8:23.37 87.41 9:08.02 80.29 9:58.55 73.51 10:19.85 70.99	MR Point: MR Point: MR Point: Point:

M60 3000 Meter Run Sat 2:15pm

Toronto Track and Field Centre - Site	e License Hy-Te Results - Age Grading: 1 Y			
Name	Age Team	Finals	Age-Grading	Points
1 John Clarke (old MR 11:08.60 Denn	M60 Unattached Athletes is Featherstone ON 2003)	s 11:01.36	8:51.94 82.72%	MR
2 Richard Bailey	M63 Longboat RR	12:10.72	9:32.30 76.88%	
3 Tim Payne			9:46.25 75.05%	
4 Gary Young	M60 Unattached Athletes	12:37.80	10:09.50 72.19%	
M70 3000 Meter Run Sat	2:15pm		=========	======
Name	Age Team	Finals	Age-Grading	Points
1 Jack Geddes	M74 Scarborough Masters	13:02.09	9:01.45 81.26%	
2 Robert Moore	M71 Toronto Olym	13:55.25		
3 Frank Esson	M72 Unattached Athletes	14:14.29	10:09.46 72.20%	
M75 3000 Meter Run Sat	-	-=======		======
Name 	Age Team	Finals	Age-Grading	Points
1 Mike Day (no previous MR)	M77 Ottawa Track	14:36.54	9:34.93 76.53%	MR
2 Richard Graves	M78 EtobicokeTC	16:44.63	10:45.48 68.17%	
M35 50 Meter Hurdles Su	-			
	-	 Finals	 Age-Grading	===== Points ======
	Age Team M35 Unattached Athletes	-========	Age-Grading 	======
Name 1 David Valenzuela	Age Team M35 Unattached Athletes Sander MB 1987)	-========		======
Name 1 David Valenzuela (old CAN 7.91 Neil S	Age Team M35 Unattached Athletes Sander MB 1987)	-========		CAN
Name 1 David Valenzuela (old CAN 7.91 Neil S	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes	7.62 Finals	7.40 84.51%	CAN
Name 1 David Valenzuela (old CAN 7.91 Neil S W50 50 Meter Hurdles Su Name 1 Debbie Hele (no previous CAN rec M55 50 Meter Hurdles Su	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes Cord) In 1:00pm	7.62 Finals 10.07	7.40 84.51% ———————————————————————————————————	CAN
Name 1 David Valenzuela (old CAN 7.91 Neil S W50 50 Meter Hurdles St Name 1 Debbie Hele (no previous CAN rec M55 50 Meter Hurdles St	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes Cord) In 1:00pm Age Team Age Team	Finals Finals	7.40 84.51% 7.40 84.51% Age-Grading 8.14 80.93% Age-Grading	CAN Points CAN
Name 1 David Valenzuela (old CAN 7.91 Neil S W50 50 Meter Hurdles St Name 1 Debbie Hele (no previous CAN rec M55 50 Meter Hurdles St	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes Cord) In 1:00pm Age Team Age Team	Finals Finals	7.40 84.51% 7.40 84.51% Age-Grading 8.14 80.93% Age-Grading	CAN Points CAN
Name 1 David Valenzuela (old CAN 7.91 Neil S W50 50 Meter Hurdles St Name 1 Debbie Hele (no previous CAN rec M55 50 Meter Hurdles St Name 1 Ralph Cilevitz M60 50 Meter Hurdles St	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes Cord) In 1:00pm Age Team M58 Throwers Club In 1:00pm	Finals Finals 9.80	7.40 84.51% Age-Grading 8.14 80.93% Age-Grading	CAN Points CAN
Name 1 David Valenzuela (old CAN 7.91 Neil S W50 50 Meter Hurdles St Name 1 Debbie Hele (no previous CAN rec M55 50 Meter Hurdles St Name 1 Ralph Cilevitz M60 50 Meter Hurdles St	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes cord) In 1:00pm Age Team M58 Throwers Club In 1:00pm Age Team	Finals 9.80 Finals	7.40 84.51% Age-Grading 8.14 80.93% Age-Grading 8.09 77.35%	Points Points Points
Name 1 David Valenzuela (old CAN 7.91 Neil S W50 50 Meter Hurdles St Name 1 Debbie Hele (no previous CAN rec M55 50 Meter Hurdles St Name 1 Ralph Cilevitz M60 50 Meter Hurdles St Name	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes Cord) In 1:00pm Age Team M58 Throwers Club In 1:00pm Age Team M58 Throwers Club	Finals 9.80 Finals	7.40 84.51% Age-Grading 8.14 80.93% Age-Grading 8.09 77.35%	Points Points Points
Name 1 David Valenzuela (old CAN 7.91 Neil S W50 50 Meter Hurdles St Name 1 Debbie Hele (no previous CAN rec M55 50 Meter Hurdles St Name 1 Ralph Cilevitz M60 50 Meter Hurdles St Name	Age Team M35 Unattached Athletes Sander MB 1987) In 1:00pm Age Team W53 Unattached Athletes Sord) In 1:00pm Age Team M58 Throwers Club In 1:00pm Age Team	Finals 9.80 Finals	7.40 84.51% Age-Grading 8.14 80.93% Age-Grading 8.09 77.35%	Points Points Points

Age Team

1 Rhona Trott

W63 Hamilton Oly

Age Team Finals Age-Grading Points

9.81

7.24 90.93%

MR

Name	Age Team	Finals	Age-Grading	Point
	M35 Unattached Athle	etes 8.81	8.56 85.36%	
M40 60 Meter Hurdles Sa				
Name	Age Team	Finals	Age-Grading	Point
	M44 Quebec	8.97	8.09 90.30%	CAN
M50 60 Meter Hurdles Sat				:====
Name	Age Team	Finals	Age-Grading	
3 Paul Zelmanski (old MR 10.32 Murray	M52 United State	9.80	8.41 86.84%	MR
	M54 United State	10.71	9.11 80.21%	
W60 60 Meter Hurdles Sat				:====
Name	Age Team	Finals	Age-Grading	
	W63 Hamilton Oly	DQ		
M60 60 Meter Hurdles Sa				
Name	Age Team	Finals	Age-Grading	Point
	M64 Unattached Athle		8.42 86.73%	
_	-		===== Points	
		Finals	Points	
	2) Andrev	Finals	Points	
Team 1 Quebec 'A' 1) Alexandre Dore 34 3) Michel Tourville 36	2) Andrew 4) Alexar	Finals ====================================	Points ======	
Team 1 Quebec 'A' 1) Alexandre Dore 34 3) Michel Tourville 36 M35 4x200 Meter Relay Sa	2) Andrew 4) Alexar	Finals 1:39.56 W Justason 40 ndre Gbaguidi 30 Finals	Points Points	
Team 1 Quebec 'A' 1) Alexandre Dore 34 3) Michel Tourville 36 M35 4x200 Meter Relay Sa	2) Andrew 4) Alexar at 3:00pm	Finals 1:39.56 W Justason 40 ndre Gbaguidi 30 Finals	Points Points	
Team 1 Quebec 'A' 1) Alexandre Dore 34 3) Michel Tourville 36 M35 4x200 Meter Relay Sa Team Team 1 Unattached Athletes 'B' 1) Scott Smyth 41 3) Marcus Skeete 44 M40 4x200 Meter Relay Sa	2) Andrew 4) Alexar at 3:00pm 2) France 4) Andrew 4) Andrew 4) Andrew 41 3:00pm	Finals 1:39.56 W Justason 40 ndre Gbaguidi 30 Finals 1:39.51 esc Macias 40 Mitchell 35	Points Points	
1 Quebec 'A' 1) Alexandre Dore 34 3) Michel Tourville 36 M35 4x200 Meter Relay Sa Team 1 Unattached Athletes 'B' 1) Scott Smyth 41	2) Andrew 4) Alexar at 3:00pm 2) France 4) Andrew 4 3:00pm 20	Finals 1:39.56 W Justason 40 ndre Gbaguidi 30 Finals 1:39.51 esc Macias 40 Mitchell 35	Points Points Points Points	

(old CAN 1:39.85 Lemassif, Sherar, White, Lawson - 2010 Kamloops)

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

- 2 Unattached Athletes 'A'
 - 1) Lenroy Munro 41
 - 3) Paul Robinson 46

- 1:44.35
- 2) Ken Kudo 49
- 4) Brian Derby 38

м35	High	Jump	Sun	1(00:0	am
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Name	Age Team	Finals	Age-Grading	
Zoltan Sara (old MR 1.70 Ovidi	M36 Unattached Athletes u Negoita ON 2011) M38 Unattached Athletes	1.90m	2.02m 82.61% 1.51m 61.95%	MR
440 High Jump Sun 10:00		01.40111	1.31m 01.336	
Name		Finals	Age-Grading	Points
	M40 Unattached Athletes	J1.60m	1.76m 72.07%	
145 High Jump Sun 10:00	am			
Name	Age Team	Finals	Age-Grading	
Rob Viggers	M46 Unattached Athletes		1.64m 66.99%	=====
455 High Jump Sun 10:00	am ====================================			
Name	Age Team	Finals	Age-Grading	Points
Thevarajan Sinnathurai	M58 Unattached Athletes M58 Throwers Club	J1.35m J1.20m	1.80m 73.77% 1.60m 65.57% 1.45m 59.46%	
M60 High Jump Sun 10:00				
Name	======================================	Finals	Age-Grading	Points
	M64 Quebec	J1.25m	1.80m 73.53%	=====
M70 High Jump Sun 10:00	am			
Name	Age Team	Finals	Age-Grading	
	M72 Unattached Athletes	NH		
M75 High Jump Sun 10:00	am ====================================			
Name	Age Team	Finals	Age-Grading	
Bob Land (old MR 1.05 Bill M	M75 Unattached Athletes athers ON 2003)	J1.20m	2.01m 82.19%	

M35 Pole Vault Sat 10:00am

Name	Age Team	======= Finals 	Age-Grading Points
1 Dan Percival	M38 Ottawa Track	3.45m	3.71m 60.53%
Marcus Popp	M38 Unattached Athletes	NH	

M40 Pole Vault Sat 10:00am

=======================================			
Name	Age Team	Finals	Age-Grading Points

Results - Age Grading: 1 Yr Indiv & 5 yr Multi 4.25m 4.81m 78.41% MR

		esuits - Age Grading: 1 11 In			
1 Kevin Lake (old MR 3,60 Mark Sch		Ottawa Track ON 2003)	4.25m	4.81m 78.41%	MR
		Quebec	4.05m	4.71m 76.70%	
M45 Pole Vault Sat 10:0	0am				
Name	Age	Team	Finals	Age-Grading	Points
======================================					=====
M50 Pole Vault Sat 10:0					
Name	Age	Team	Finals	Age-Grading	Points
	M52	United State		3.58m 58.26%	
M55 Pole Vault Sat 10:0					
Name	Age	Team	Finals	Age-Grading	Points
1 Tony Salmon				4.29m 69.95%	
M60 Pole Vault Sat 10:0			========		
Name		Team		Age-Grading	
				3.40m 55.56%	
M65 Pole Vault Sat 10:0					
Name	Age	Team	Finals	Age-Grading	Points
1 Hugh Miller	M65	Unattached Athletes	2.75m	4.43m 72.37%	
M75 Pole Vault Sat 10:0					
Name	Age	Team	Finals	Age-Grading	Points
		Unattached Athletes			
M30 Long Jump Sat 1:00p	m				
Name	_	======================================	Finals	Age-Grading	
1 Clayton Latham		Brampton Track	7.34m	7.41m 82.84%	MR
_		Unattached Athletes Quebec	6.32m 5.70m	6.57m 73.49% 5.93m 66.28%	
M35 Long Jump Sat 1:00p	m =====		========		
Name	Age	Team	Finals	Age-Grading	Points
1 Brian Derby 2 Jasbir Singh Hundal		Ottawa Track Unattached Athletes	5.43m 4.70m	5.89m 65.90% 5.10m 57.04%	
M40 Long Jump Sat 1:00p	m			===========	

Toronto Track and Field Centre - Site	License Hy-Te	k's MEET MANA(GER 17:48 PM 11/0	03/2012 I
	Results - Age Grading: 1 Y			
1 Jason Robinson	M41 Unattached Athletes	6.54m	7.35m 82.16%	MR
(old MR 6.15m Walt Re				
	M40 Unattached Athletes		6.48m 72.55%	
3 Curtis Moore 4 Lawrence Williams	M44 Unattached Athletes	3.78m		
4 Lawrence Williams	M41 Ottawa Ifack	3./8111	4.24111 47.498	
M50 Long Jump Sat 1:00p	m			
Name	Age Team	Finals	Age-Grading	Points
1 Andrew Bass	M50 Unattached Athletes	5.16m	6.47m 72.37%	MR
(old MR 4.55 Murray 2 Paul Zelmanski	M52 United State	1 90m	6.31m 70.50%	
3 Mark Jakubowski		4.10m		
4 Jacek Urbanowicz				
M55 Long Jump Sat 1:00p		, 0,,2	1.32 00.000	
		:=====================================	ngo Croding	
	Age Team ============	Finals ========	Age-Grading 	POINTS =====
1 Thevarajan Sinnathurai			6.64m 74.33%	
2 Ralph Cilevitz	M58 Throwers Club	4.51m	6.31m 70.58%	
Name	Age Team	 Finals	Age-Grading	
1 Richard Lech	M64 Unattached Athletes	4.49m	6.88m 76.88%	
M35 Triple Jump Sun 1:0	0pm			
Name	======================================	Finals	Age-Grading	
Name ====================================	Age Team	Finals	Age-Grading	
	Age Team M38 Unattached Athletes	Finals	Age-Grading	
Name ====================================	Age Team M38 Unattached Athletes	Finals	Age-Grading	
Name 4 Jasbir Singh Hundal M40 Triple Jump Sun 1:0 Name 1 Curtis Moore	Age Team M38 Unattached Athletes Opm Age Team M44 Unattached Athletes	Finals J9.59m Finals	Age-Grading 10.04m 54.93%	
Name 4 Jasbir Singh Hundal M40 Triple Jump Sun 1:0 Name 1 Curtis Moore (old MR 11.80m Ke	Age Team M38 Unattached Athletes Opm Age Team	Finals J9.59m Finals Finals Finals	Age-Grading 10.04m 54.93% Age-Grading Age-Grading 13.90m 76.01%	 Points
Name 4 Jasbir Singh Hundal M40 Triple Jump Sun 1:0 Name 1 Curtis Moore (old MR 11.80m Keile) 2 Lenroy Munro	Age Team M38 Unattached Athletes Opm Age Team Age Team M44 Unattached Athletes nny Jackman ON 2003)	Finals J9.59m Finals Finals 12.36m	Age-Grading 10.04m 54.93% Age-Grading 13.90m 76.01% 12.89m 70.52%	 Points
Name 4 Jasbir Singh Hundal M40 Triple Jump Sun 1:0 Name 1 Curtis Moore (old MR 11.80m Keil 2 Lenroy Munro 3 Ovidiu Negoita M55 Triple Jump Sun 1:0	Age Team M38 Unattached Athletes Opm Age Team Age Team M44 Unattached Athletes nny Jackman ON 2003) M41 Unattached Athletes M40 Unattached Athletes M40 Unattached Athletes	Finals J9.59m Finals Finals 12.36m 11.89m 11.69m	Age-Grading 10.04m 54.93% Age-Grading Age-Grading 13.90m 76.01% 12.89m 70.52% 12.53m 68.52%	Points
Name 4 Jasbir Singh Hundal M40 Triple Jump Sun 1:0 Name 1 Curtis Moore	Age Team M38 Unattached Athletes Opm Age Team Age Team M44 Unattached Athletes nny Jackman ON 2003) M41 Unattached Athletes M40 Unattached Athletes M40 Unattached Athletes M40 Unattached Athletes M40 Unattached Athletes Opm Age Team	Finals J9.59m Finals 12.36m 11.89m 11.69m Finals	Age-Grading 10.04m 54.93% Age-Grading 13.90m 76.01% 12.89m 70.52% 12.53m 68.52%	Points MR

M60

MR

J8.85m 12.03m 65.80%

M35 Shot Pu	t Sat 10:00 am		
Name		Finals	Age-Grading Points

5 Thevarajan Sinnathurai M58 Unattached Athletes J9.35m 12.71m 69.52%

M58 Throwers Club

(old MR 9.02 Ken Crockett BC 2011)

6 Ralph Cilevitz

7.74m 14.70m 63.60% MR

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

1 Jasbir Singh Hundal M38 Unattached Athletes 7.72m 7.84m 33.93% M45 Shot Put Sat 10:00 am ______ Age Team Finals Age-Grading Points ______ 1 Rob Viggers M46 Unattached Athletes 10.92m 12.40m 53.66% 2 Manoharan Sethukavalar M46 Unattached Athletes 10.06m 11.42m 49.43% M50 Shot Put Sat 10:00 am ______ Age Team Finals Age-Grading Points _______ 1 Danny Yoisten M52 Throwers Club 12.93m 15.44m 66.79% MR (old MR 12.22m Bill Pearson ON 2003) 2 Jacek Urbanowicz M54 Unattached Athletes 7.41m 9.23m 39.95% W50 Shot Put Sat 10:00 am ______ Age Team Finals Age-Grading Points Name ______ 1 Elizabeth Hill W51 Throwers Club 10.67m 15.06m 66.56% MR (old MR 9.94 Elizabeth in 2011) 5.87m 8.59m 37.97% 2 Katherine Willis W53 UTTC M55 Shot Put Sat 10:00 am ______ Age Team Finals Age-Grading Points ______ 1 Joe Myers 13.88m 19.39m 83.87% M59 United State (old MR 12.73 John Kasperski ON 2003)

 2 Bill Pearson
 M59 Throwers Club
 11.93m
 16.66m 72.08%

 3 Ray Bzibziak
 M57 United State
 9.49m
 12.64m 54.70%

 4 Ralph Cilevitz
 M58 Throwers Club
 8.01m
 10.92m 47.26%

 W60 Shot Put Sat 10:00 am _____ Age Team Finals Age-Grading Points ______ 7.29m 13.05m 57.67% 1 Rhona Trott W63 Hamilton Oly M70 Shot Put Sat 10:00 am ______ Age Team Finals Age-Grading Points ______

 1 James Sumner
 M73 Unattached Athletes
 9.25m
 13.09m 56.64%

 2 David Morris
 M73 Throwers Club
 9.17m
 12.98m 56.15%

 3 Enrico Toscano
 M71 Centro Scuola
 6.37m
 8.52m 36.86%

 W80 Shot Put Sat 10:00 am ______ Age Team Finals Age-Grading Points ______ W84 Throwers Club 6.48m 21.85m 96.57% MR 1 Velta Tomsons (no previous MR) W81 Unattached Athletes -- Doreen Carmichael FOUL M85 Shot Put Sat 10:00 am ______ Age Team Finals Age-Grading Points

1 Evalds Viskers M85 Throwers Club

(no previous MR)

Name 	_	Team	Finals	Age-Grading	
Jason Baines (no previous MR)	м33	Unattached Athletes		18.11m 70.05%	
30 Weight Throw Sun 1					
Name	Age	Team	Finals	Age-Grading	
Marie-Josee Le Jour (no previous MR)	w33	St Laurent Select	17.28m	21.27m 90.14%	
Tiffany DiRico	W31	Unattached Athletes	12.45m	14.80m 62.75%	
45 Weight Throw Sun 1				==========	
Name 		Team		Age-Grading	
Rob Viggers Manoharan Sethukavalar					
45 Weight Throw Sun 1					
Name	Age	Team	Finals	Age-Grading	Points
Michelle Baptie (no previous MR)					
50 Weight Throw Sun 1	:=====				
Name	Age		Finais	Age-Grading	Points
	======				======
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10	M51 7 Boghir : 00am	Unattached Athletes na ON 2003)	14.64m	16.55m 64.01%	MR
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10	M51 Boghin :00am Age	Unattached Athletes na ON 2003) Team	14.64m Finals	16.55m 64.01% Age-Grading	MR Points
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill	M51 Doghin M51 M52 M51 M54 M54 M54 M54 M54 M54 M551	Unattached Athletes na ON 2003) Team	14.64m Finals	16.55m 64.01% Age-Grading 14.69m 62.26%	MR Points
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill (old CAN Liz McBlain	M51 Dom Odam Age W51 AB 200	Unattached Athletes na ON 2003) Team Throwers Club Ol - old MR 10.85m Eliz	14.64m Finals 11.63m zabeth in 2	16.55m 64.01% Age-Grading 14.69m 62.26% 2011))	MR Points CAN
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill (old CAN Liz McBlain 55 Weight Throw Sun 1	M51 Dom Odam Age W51 AB 200 L0:00am Age	Team Throwers Club O1 - old MR 10.85m Eli:	14.64m Finals 11.63m zabeth in 2	16.55m 64.01% Age-Grading 14.69m 62.26% 2011)) Age-Grading	MR Points CAN Points
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill (old CAN Liz McBlain 55 Weight Throw Sun 1	M51 Dom Solution M51 M62 M64 M64 M64 M651 M64 M651 M664 M666 M666 M666 M666 M666 M666 M66	Unattached Athletes na ON 2003) Team Throwers Club Ol - old MR 10.85m Eli: Team Team	14.64m Finals 11.63m zabeth in 2	16.55m 64.01% Age-Grading 14.69m 62.26% 2011)) Age-Grading	MR Points CAN Points
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill (old CAN Liz McBlain 55 Weight Throw Sun 1 Name Jim Wettenhall Old MR 15.70m Mik Joe Myers	M51 Dom Solution M51 M51 M52 M51 M51 M68 M51 M69 M57 M57 M59	Team Team Team Team Team Team Team Team	Finals 11.63m zabeth in 2 Finals 13.43m	16.55m 64.01% Age-Grading 14.69m 62.26% 2011)) Age-Grading 22.99m 88.89%	MR Points CAN Points
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill (old CAN Liz McBlain S5 Weight Throw Sun 1 Name Jim Wettenhall Old MR 15.70m Mik Joe Myers Bill Pearson	M51 Boghin O0am Age W51 AB 200 L0:00am Age M57 The Duffa M59 M59	Team Team Team Team Team Team Throwers Club Ol - old MR 10.85m Elix Team Team Team	14.64m Finals 11.63m zabeth in 2 Finals 13.43m 13.43m 12.37m	16.55m 64.01% Age-Grading 14.69m 62.26% 2011)) Age-Grading 22.99m 88.89% 17.49m 67.66% 16.11m 62.32%	MR Points CAN Points
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill (old CAN Liz McBlain S5 Weight Throw Sun 1 Name Jim Wettenhall Old MR 15.70m Mik Joe Myers Bill Pearson Ray Bzibziak	M51 Doghin M51 M51 M51 M52 M51 M52 M51 M52 M57 M57 M59 M57	Unattached Athletes na ON 2003) Team Throwers Club O1 - old MR 10.85m Elix Team United State ala BC 2011) United State Throwers Club United State Throwers Club United State	14.64m Finals 11.63m zabeth in 2 Finals 18.32m 13.43m 12.37m 12.28m	16.55m 64.01% Age-Grading 14.69m 62.26% 2011)) Age-Grading 22.99m 88.89%	MR Points CAN Points
James Findlay (old MR 12.51m Rudy Weight Throw Sun 10: Name Elizabeth Hill (old CAN Liz McBlain S55 Weight Throw Sun 1 Name Name Jim Wettenhall	M51 7 Boghin 8 O0am 8 Age 8 W51 1 AB 200 10:00am 8 Age M57 10:00am 10:	Throwers Club Team Team Team Team Team Team Throwers Club Ol - old MR 10.85m Elix Team Team Throwers Club United State Throwers Club United State Throwers Club United State Throwers Club United State Throwers Club	14.64m Finals 11.63m zabeth in 2 Finals 18.32m 13.43m 12.37m 12.28m	16.55m 64.01% Age-Grading 14.69m 62.26% 2011)) Age-Grading 22.99m 88.89% 17.49m 67.66% 16.11m 62.32% 15.41m 59.58%	MR Points CAN Points
James Findlay (old MR 12.51m Rudy Name Elizabeth Hill (old CAN Liz McBlain S5 Weight Throw Sun 1 Name Jim Wettenhall Old MR 15.70m Mik Joe Myers Bill Pearson Ray Bzibziak Ralph Cilevitz	M51 7 Boghir 8 00am 8 age W51 1 AB 200 L0:00am Age M57 Te Duffa M59 M59 M57 M58 L0:00am	Throwers Club Team Team Throwers Club O1 - old MR 10.85m Elix Team Team Team Throwers Club United State ala BC 2011) United State Throwers Club United State Throwers Club United State Throwers Club United State Throwers Club	14.64m Finals 11.63m zabeth in 2 Finals 13.43m 12.37m 12.28m 8.98m	16.55m 64.01% Age-Grading 14.69m 62.26% 2011)) Age-Grading 22.99m 88.89% 17.49m 67.66% 16.11m 62.32% 15.41m 59.58% 11.48m 44.39%	MR Points CAN Points MR

M60 1000 Meter Run Indoor Pentathlon

1 Kathy Wetenhall (old MR 7.16m Lau		11.58m	16.71m 70.83%	MR
M60 Weight Throw Sun	10:00am			
Name	Age Team	Finals	Age-Grading Po	
1 Brock Pullen	M62 Unattached Athletes			
W60 Weight Throw Sun	10:00am			
Name		Finals	Age-Grading Po	oints
1 Rhona Trott	W63 Hamilton Oly			====
M70 Weight Throw Sun	10:00am			
Name	Age Team	Finals	Age-Grading Po	oints
1 David Morris	M73 Throwers Club M71 Centro Scuola	12.08m	16.86m 65.23%	
M75 Weight Throw Sun	10:00am			
		Finals	Age-Grading Po	
Name 		:=======	=======================================	====
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon	15.04m	22.79m 88.16%	==== MR
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team	15.04m	22.79m 88.16% Age-Grading	MR Points
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra	15.04m	22.79m 88.16% Age-Grading	MR Points
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra Idoor Pentathlon	15.04m 15.04m Finals 2:52.90	22.79m 88.16% Age-Grading 2:44.90 68.70%	MR Points 518
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra door Pentathlon Age Team Age Team	15.04m Finals 2:52.90	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading	MR Points 518
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In Name 1 Gary Pluim 2 Andrew Justason	M76 Unattached Athletes erard Dumas BC 2011) Hoor Pentathlon Age Team W42 Mississaugua Tra Hodor Pentathlon Age Team Age Team M41 UTTC M40 New Brunswick	15.04m 15.04m Finals 2:52.90 Finals 3:02.37 3:15.56	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading	MR Point: 518 Point: 728 602
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In Name 1 Gary Pluim 2 Andrew Justason 3 Kasper Hinds M45 1000 Meter Run In	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra Idoor Pentathlon Age Team Age Team Age Team Age Team Age Team Age Team M41 UTTC M40 New Brunswick M43 Unattached Athletes	Finals 2:52.90 Finals 3:02.37 3:15.56 3:18.73	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading 2:53.93 75.03% 3:06.51 69.97% 3:09.53 68.86%	Points Points 725 602 574
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In Name 1 Gary Pluim 2 Andrew Justason 3 Kasper Hinds M45 1000 Meter Run In Name	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra Idoor Pentathlon Age Team Age Team Age Team M41 UTTC M40 New Brunswick M43 Unattached Athletes Idoor Pentathlon Age Team Age Team Age Team	15.04m Finals 2:52.90 Finals 3:02.37 3:15.56 3:18.73	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading 2:53.93 75.03% 3:06.51 69.97% 3:09.53 68.86%	MR Points 518 Points 602 574
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In Name 1 Gary Pluim 2 Andrew Justason 3 Kasper Hinds M45 1000 Meter Run In Name	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra Idoor Pentathlon Age Team Age Team M41 UTTC M40 New Brunswick M43 Unattached Athletes Idoor Pentathlon Age Team Age Team Age Team	Finals 3:02.37 3:15.56 3:18.73	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading 2:53.93 75.03% 3:06.51 69.97% 3:09.53 68.86%	MR Point: 51: Point: 72: 60: 57:
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name Name 1 Anita Thomas M40 1000 Meter Run In Name 2 Andrew Justason 3 Kasper Hinds M45 1000 Meter Run In Name Name 1 Paul White M50 1000 Meter Run In	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra Idoor Pentathlon Age Team Age Team M41 UTTC M40 New Brunswick M43 Unattached Athletes Idoor Pentathlon Age Team Age Team M45 London Legion T& Idoor Pentathlon	15.04m Finals 2:52.90 Finals 3:02.37 3:15.56 3:18.73 Finals 3:58.67	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading 2:53.93 75.03% 3:06.51 69.97% 3:09.53 68.86% Age-Grading 3:38.29 59.79%	Points 725 602 574
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In Name 2 Andrew Justason 3 Kasper Hinds M45 1000 Meter Run In Name 1 Paul White M50 1000 Meter Run In	M76 Unattached Athletes erard Dumas BC 2011) loor Pentathlon Age Team W42 Mississaugua Tra Idoor Pentathlon Age Team Age Team M41 UTTC M40 New Brunswick M43 Unattached Athletes Idoor Pentathlon Age Team	15.04m Finals 2:52.90 Finals 3:02.37 3:15.56 3:18.73 Finals	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading 2:53.93 75.03% 3:06.51 69.97% 3:09.53 68.86% Age-Grading 3:38.29 59.79%	Points Points 725 602 574 Points Points
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In Name 2 Andrew Justason 3 Kasper Hinds M45 1000 Meter Run In Name 1 Paul White M50 1000 Meter Run In	M76 Unattached Athletes erard Dumas BC 2011) Noor Pentathlon Age Team W42 Mississaugua Tra Ndoor Pentathlon Age Team Age Team M41 UTTC M40 New Brunswick M43 Unattached Athletes Ndoor Pentathlon Age Team Age Team	### 15.04m Finals 2:52.90	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading 2:53.93 75.03% 3:06.51 69.97% 3:09.53 68.86% Age-Grading 3:38.29 59.79%	Point: Point: Point: Foint: Point: Point: Point:
1 Emil Muller (old MR 9.45m G W40 800 Meter Run Ind Name 1 Anita Thomas M40 1000 Meter Run In Name 2 Andrew Justason 3 Kasper Hinds M45 1000 Meter Run In Name 1 Paul White M50 1000 Meter Run In Name 1 Don Ritchie M55 1000 Meter Run In	M76 Unattached Athletes erard Dumas BC 2011) Door Pentathlon Age Team W42 Mississaugua Tra Door Pentathlon Age Team Age Team M41 UTTC M40 New Brunswick M43 Unattached Athletes Door Pentathlon Age Team Age Team Age Team Age Team Age Team M45 London Legion T& Door Pentathlon Age Team M45 London Legion T& Door Pentathlon Age Team M50 Unattached Athletes	15.04m Finals 2:52.90 Finals 3:02.37 3:15.56 3:18.73 Finals 3:58.67	22.79m 88.16% Age-Grading 2:44.90 68.70% Age-Grading 2:53.93 75.03% 3:06.51 69.97% 3:09.53 68.86% Age-Grading 3:38.29 59.79% Age-Grading 3:28.88 62.48%	Points Points 725 602 574 Points Points 405

Toronto Track and Field Centre - Si		e Hy-Tek's e sults - Age Grading: 1 Yr I	MEET MANAGEI	R 17:48 PM 11/03/2	2012 Page
Name	Age	Team	Finals	Age-Grading	
1 Brock Pullen		Unattached Athletes			
W40 60 Meter Hurdles I					
Name	Age	Team	Finals	Age-Grading	Points
		Mississaugua Tra			
M40 60 Meter Hurdles I					======
Name		Team		Age-Grading	
1 Andrew Justason			10 22	9.78 74.64% 10.86 67.22%	F 0 0
2 Gary Pluim 3 Kasper Hinds	M41 M43	Unattached Athletes	11.47	10.86 67.22% 11.29 64.68%	390
M45 60 Meter Hurdles I					
Name	Age	Team	Finals	Age-Grading	Points
1 Paul White		London Legion T&			
M50 60 Meter Hurdles I					
Name	Age	Team	Finals	Age-Grading	Points
		Unattached Athletes			
M55 60 Meter Hurdles I					
Name	Age	Team	Finals	Age-Grading	Points
1 Ralph Cilevitz					
M60 60 Meter Hurdles I					
 Name	Age	Team	Finals	Age-Grading	
1 Brock Pullen		Unattached Athletes		10.94 66.72%	377
W40 High Jump Indoor E					
Name	Age	Team	Finals	Age-Grading Po	oints
1 Anita Thomas		 Mississaugua Tra	1.28m	1.41m 67.72%	523
M40 High Jump Indoor E					
 Name		======================================	======================================	======================================	

1 Anita Thomas	W42 Mississaugua Tra	1.28m	1.41m 67.72% 523
M40 High Jump Indoor	Pentathlon		
Name	Age Team	Finals	Age-Grading Points
1 Gary Pluim 2 Kasper Hinds 2 Andrew Justason	M41 UTTC M43 Unattached Athletes M40 New Brunswick	1.48m 1.45m 1.45m	1.55m 63.25% 426 1.52m 61.97% 404 1.52m 61.97% 404
M45 High Jump Indoor	Pentathlon 	========	:=========
Name	Age Team	Finals	Age-Grading Points
1 Paul White	M45 London Legion T&	1.42m	1.56m 63.96% 434

Results - Age Grading: 1 Yr Indiv & 5 yr Multi					
Name	Age Team	Finals	Age-Grading	Points	
	M50 Unattached Athletes				
M55 High Jump Indoor P					
Name	Age Team	Finals	Age-Grading	Points	
	M58 Throwers Club				
M60 High Jump Indoor P	entathlon				
Name	Age Team	Finals	Age-Grading	Points	
	M62 Unattached Athletes				
W40 Long Jump Indoor P	entathlon				
Name	Age Team	Finals	Age-Grading	Points	
	W42 Mississaugua Tra				
M40 Long Jump Indoor P	entathlon 				
Name	Age Team	Finals	Age-Grading	Points	
1 Kasper Hinds	M43 Unattached Athletes M40 New Brunswick	5.70m	6.21m 69.43%	632	
3 Gary Pluim	M41 UTTC	4.87m	5.30m 59.32%	441	
M45 Long Jump Indoor P	entathlon 				
Name	Age Team	Finals	Age-Grading	Points	
	M45 London Legion T&				
M50 Long Jump Indoor P	entathlon 				
Name	Age Team	Finals	Age-Grading	Points	
1 Don Ritchie	M50 Unattached Athletes	4.75m	5.83m 65.25%	550	
M55 Long Jump Indoor P	entathlon 				
Name	Age Team	Finals	Age-Grading	Points	
1 Ralph Cilevitz	M58 Throwers Club			 554	
M60 Long Jump Indoor P	entathlon 				
Name	Age Team	Finals	Age-Grading	Points	
1 Brock Pullen	M62 Unattached Athletes			548	
W40 Shot Put Indoor Pe	ntathlon				
Name	Age Team	Finals	Age-Grading	Points	
1 Anita Thomas	W42 Mississaugua Tra				

	Results - Age Grading: 1 Yr Indiv & 5 yr Multi					
Name	Age Team	Finals	Age-Grading	Points		
1 Andrew Justason	M40 New Brunswick	8.41m	9.36m 40.51%	447		
2 Kasper Hinds 3 Gary Pluim	M43 Unattached Athletes M41 UTTC	7.73m 7.45m	8.60m 37.24% 8.29m 35.89%	402 384		
M45 Shot Put Indoor I	Pentathlon					
Name	Age Team	Finals	Age-Grading	Points		
1 Paul White	M45 London Legion T&					
M50 Shot Put Indoor I	Pentathlon					
Name	Age Team	Finals	Age-Grading	Points		
1 Don Ritchie		11.72m				
M55 Shot Put Indoor I	Pentathlon					
Name	Age Team	Finals	Age-Grading			
	M58 Throwers Club			504		
M60 Shot Put Indoor I	Pentathlon					
Name	Age Team	Finals	Age-Grading	Points		
1 Brock Pullen	M62 Unattached Athletes					
W40 Indoor Pentathlor	n Sat 10:00am					
Name	Age Team	Finals	Points			
	W42 Mississaugua Tra		7			
M40 Indoor Pentathlor	n Sat 10:00am					
Name		Finals	Points			
1 Andrew Justason	M40 New Brunswick	2561	7			
2 Gary Pluim 3 Kasper Hinds	M41 UTTC M43 Unattached Athletes	2366 2336				
M45 Indoor Pentathlor	n Sat 10:00am					
Name	Age Team		Points			
	M45 London Legion T&	2093	====== 7			
M50 Indoor Pentathlor						
Name	Age Team	Finals	Points			
1 Don Ritchie	M50 Unattached Athletes	2918	====== 7			
M55 Indoor Pentathlor	n Sat 10:00am					
Name	Age Team	Finals	Points			
 1 Ralph Cilevitz	M58 Throwers Club	2168	====== 7			

M60 Indoor Pentathlon S	Results - Age Grading: 1 Yr Sat 10:00am	Indiv & 5 yr I	Multi	
Name	Age Team		Points	
1 Brock Pullen	M62 Unattached Athletes	======================================	-===== 7	
M35 1500 Meter Race Wa				
Name	Age Team	Finals	Age-Grading	Points
1 Jean Pierre Fortin	M36 Ontario RaceWalkers aul Guimond ON 1994)		6:48.34 75.67%	CAN
M45 1500 Meter Race Wa	lk Sat 9:30am			
Name	Age Team	Finals	Age-Grading	
	M46 Harbour Track	6:58.23	6:16.96 81.97%	
M50 1500 Meter Race Wa	lk Sat 9:30am			
Name	Age Team	Finals	Age-Grading	Points
		8:13.90	7:03.18 73.02% 7:37.20 67.59%	=====
W50 1500 Meter Race Wa	lk Sat 9:30am			
Name	Age Team	Finals	Age-Grading	
1 Sandy Archibald	W52 Bytown Walkers		7:16.73 77.17%	
W55 1500 Meter Race Wal	lk Sat 9:30am			
Name	Age Team	Finals	Age-Grading	Points
1 Linda Wilson 2 Anne de Thy	W56 Bytown Walkers W58 Ontario RaceWalkers	8:02.88 8:37.04	6:46.78 82.85% 7:07.44 78.84%	
M55 1500 Meter Race Wa	lk Sat 9:30am			
Name	Age Team	Finals	Age-Grading	Points
1 Ken Atkins	M56 Unattached Athletes	8:57.05	7:24.09 69.58%	
W60 1500 Meter Race Wa				
Name	Age Team	Finals	Age-Grading	Points
	W62 Toronto Race Wal W62 Bytown Walkers	8:47.97	6:59.21 80.39% 7:28.29 75.17%	
M65 1500 Meter Race Wa	lk Sat 9:30am			
Name	Age Team	Finals	Age-Grading	Points
1 John Kittredge	M67 Ontario RaceWalkers			====
W75 1500 Meter Race Wa				
Name	Age Team	======== Finals	Age-Grading	
1 Jean Horne	W79 Ontario RaceWalkers		6:56.80 80.85%	======

M35 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	Points
1 Jean Pierre Fortin	M36 Ontario RaceWalkers			
W40 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	Points
	W40 Toronto Race Wal		18:06.02 64.00%	
M45 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	Points
1 Jianping Xu		14:32.65		MR
M50 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	Points
	M52 Toronto Race Wal			
W50 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	_
	W52 Bytown Walkers		15:18.49 75.67%	
M55 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	Points
1 Ken Atkins	M56 Unattached Athletes			
W55 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	
1 Linda Wilson	W56 Bytown Walkers	16:54.19	14:11.92 81.58%	M55
(Old MR 18:56.10 2 Anne de Thy	Tina Donkers AB 2011) W58 Ontario RaceWalkers	18:26.42	15:10.81 76.31%	
W60 3000 Meter Race Wa	alk Sun 10:00am			
Name	Age Team	Finals	Age-Grading	Points
1 Lina Liscio	W62 Toronto Race Wal	18:35.65	14:39.25 79.05%	===
2 Sharon Wright M65 3000 Meter Race Wa	W62 Bytown Walkers	19:21.00	15:15.53 75.91%	
	Age Team			
1 John Kittredge	M67 Ontario RaceWalkers	10:39.0/	12:34.83 83.65%	