

2023 Truro Lions Indoor Open Throws Meet - 1/22/2023
Cougar Dome
Results - Sunday Throws

Event 1 Women 16-17 Shot Put

Name	Team	Seed	Finals
Finals			
1 Farquharson, Ella	Truro Lions Track & Field Clul	10.86m	10.68m
2 Leggett, Rachel	Truro Lions Track & Field Clul	9.00m	9.26m

Event 1 Women 18-19 Shot Put

Name	Team	Seed	Finals
Finals			
1 Dunn, Josie	Unattached Nova Scotia		9.65m
2 Hadskis, Maggie	Dalhousie Tigers	9.00m	8.91m

Event 1 Women 20-34 Shot Put

Name	Team	Seed	Finals
Finals			
1 Heubach, Lorena	Dalhousie Tigers	11.00m	11.89m
2 Gaudry, Abbi	Dalhousie Tigers	9.00m	8.74m
3 Mkandawire, Chimango	Cape Breton University	7.70m	7.64m

Event 1 Women 35-99 Shot Put

Name	Team	Seed	Finals
Finals			
1 Acker-Canning, Tracy	Unattached Nova Scotia		8.36m
2 Dunn, Tracy	Truro Lions Track & Field Clul		6.65m

Event 2 Men 16-17 Shot Put

Name	Team	Seed	Finals
Finals			
1 Hominick, Caleb	Truro Lions Track & Field Clul	12.00m	11.36m
2 McEwing, Will	Truro Lions Track & Field Clul		10.08m

Event 2 Men 18-19 Shot Put

Name	Team	Seed	Finals
Finals			
1 Dunlop, Mason	St. Mary's University	11.70m	11.36m
2 Porter, Fergus	St. Mary's University	11.70m	10.81m
3 Vanwart, Jonathan	St. Mary's University	10.50m	9.70m

Event 2 Men 20-34 Shot Put

Name	Team	Seed	Finals
Finals			
1 Grant, Robert	Truro Lions Track & Field Clul	12.00m	11.53m
2 Collier, Peter	Dalhousie Tigers	10.00m	8.48m
3 Singh, Gurpreet	Cape Breton University	8.13m	7.57m
4 Sutherland, Tristan	St. Mary's University	8.50m	6.94m

Event 3 Women 16-17 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Leggett, Rachel	Truro Lions Track & Field Clul		8.15m

2023 Truro Lions Indoor Open Throws Meet - 1/22/2023**Cougar Dome****Results - Sunday Throws****Event 3 Women 18-19 Weight Throw**

Name	Team	Seed	Finals
Finals			
1 Dunn, Josie	Unattached Nova Scotia		10.28m

Event 3 Women 20-34 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Mkandawire, Chimango	Cape Breton University	95.00m	9.10m

Event 3 Women 35-99 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Bryant, Jo	Unattached Nova Scotia	9.31m	7.67m
2 Dunn, Tracy	Truro Lions Track & Field Clul		7.55m
3 Acker-Canning, Tracy	Unattached Nova Scotia		6.13m

Event 4 Men 16-17 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Hominick, Caleb	Truro Lions Track & Field Clul	18.60m	18.62m
--- McEwing, Will	Truro Lions Track & Field Clul		FOUL

Event 4 Men 18-19 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Dunlop, Mason	St. Mary's University	12.25m	11.82m
2 Porter, Fergus	St. Mary's University	12.50m	10.16m

Event 4 Men 20-34 Weight Throw

Name	Team	Seed	Finals
Finals			
1 Salah, Elias	Dalhousie Tigers	12.00m	10.64m
2 Singh, Gurpreet	Cape Breton University		8.16m

Event 4 Men 35-99 Weight Throw

Name	Team	Seed	Finals
Finals			
1 LeBlanc, Joseph	Unattached Nova Scotia	10.94m	11.13m