

**ONTARIO COLLEGES ATHLETIC ASSOCIATION  
CROSS COUNTRY RUNNING SUMMARY SHEET**

DATE: Sat Oct 5<sup>th</sup>, 2019HOST: Fanshawe CollegeSITE: Fanshawe Conservation Area

REGION: \_\_\_\_\_

DISTANCE: Men - 8kmWomen - 6km

Place	MEN'S TEAM	Points
1 <sup>st</sup>	Fanshawe	25
2 <sup>nd</sup>	St. Clair	34
3 <sup>rd</sup>	Sheridan	54
4 <sup>th</sup>	Humber	73

Place	WOMEN'S TEAM	Points
1 <sup>st</sup>	Wilfred Laurier	29
2 <sup>nd</sup>	Fanshawe	32
3 <sup>rd</sup>	St. Clair	54
4 <sup>th</sup>	Humber	56

Place	MEN'S INDIVIDUAL (Name)	College	Time
1 <sup>st</sup>	Carter Free	St. Clair	24:29
2 <sup>nd</sup>	Sandy Freeland	Fanshawe	25:36
3 <sup>rd</sup>	Eric Leishman	Cambrian	25:44
4 <sup>th</sup>	Patrick Smith	Fanshawe	25:54
5 <sup>th</sup>	Tyler Jones	St. Clair	26:02
6 <sup>th</sup>	Matthew Lozano	Centennial	26:06
7 <sup>th</sup>	Rick Nepomuceno	St. Clair	26:17

Place	WOMEN'S INDIVIDUAL (Name)	College	Time
1 <sup>st</sup>	Jessica Martin	Fanshawe	23:15
2 <sup>nd</sup>	Vanessa Brown	Wilfred Laurier	23:42
3 <sup>rd</sup>	Marla Brown	Sheridan	24:05
4 <sup>th</sup>	Sammi-Jo Burch	Fanshawe	24:15
5 <sup>th</sup>	Ashley Lof	Mohawk	24:24
6 <sup>th</sup>	Faith Nieson	Wilfred Laurier	24:33
7 <sup>th</sup>	Kaleigh Bush	Humber	24:40

**Highlights:** \_\_\_\_\_

Great Day! Great Weather! Great Teams!

SUMMARY SHEET

**Please submit complete results with this form.**

Email: TO SENIOR CONVENOR, PARTICIPATING TEAMS & OCAA