

2022 Ontario Indoor Rising Stars Festival & Combined Events ChampionshipsFor Split Times Visit: bit.ly/2022-rs-and-ce-champs

Toronto Track and Field Centre - 2022-04-23 to 2022-04-24

Results**Event 250 Girls Tetrathlon U10**

Name	Year Team	Finals	H#
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Finals

1 Kinch, Avery	13 Brockville	570	
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Event 250 Tetrathlon: #1 Girls 60 Meter Hurdles 0.457m U10 Tetrathlon

Hurdle Height: 0.457m

Spacing: 12m - 7.5m

Name	Year Team	Finals	Points
=====			
1 Kinch, Avery	13 Brockville	13.15	237

Event 250 Tetrathlon: #2 Girls High Jump U10 Tetrathlon

Name	Year Team	Finals	Points
=====			
1 Kinch, Avery	13 Brockville	1.01m	149
0.83 0.86 0.89 0.92 0.95 0.98 1.01 1.06			
O O O XO O XO XO XXX			

Event 250 Tetrathlon: #3 Girls Shot Put U10 Tetrathlon

Name	Year Team	Finals	Points
=====			
1 Kinch, Avery	13 Brockville	2.66m	65
2.30m 2.59m 2.66m			

Event 250 Tetrathlon: #4 Girls 200 Meter Dash U10 Tetrathlon

Name	Year Team	Finals	Points
=====			
1 Kinch, Avery	13 Brockville	36.73	119

Event 252 Girls Tetrathlon U12

Name	Year Team	Finals	H#
=====			
1 Kinch, Lilah	11 Brockville	1098	
2 Pakeetharan, Nitisha	11 United Tamil	1036	
3 Durant, Aubrey	12 Brockville	402	

Event 252 Tetrathlon: #1 Girls 60 Meter Hurdles 0.610m U12 Tetrathlon

Hurdle Height: 0.610m

Spacing: 12m - 7.5m

Name	Year Team	Finals	Points
=====			
1 Pakeetharan, Nitisha	11 United Tamil	11.71	426
2 Kinch, Lilah	11 Brockville	12.09	371
3 Durant, Aubrey	12 Brockville	13.69	180

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Results**Event 252 Tetrathlon: #2 Girls High Jump U12 Tetrathlon**

Name	Year Team	Finals	Points
1 Pakeetharan, Nitisha	11 United Tamil	1.16m	275
0.95 0.98 1.01 1.06 1.07 1.10 1.13 1.16			
O O O O XO O O O			
2 Kinch, Lilah	11 Brockville	1.13m	248
1.01 1.06 1.07 1.10 1.13 1.16			
O O O O XO XXX			
3 Durant, Aubrey	12 Brockville	0.89m	64
0.83 0.86 0.89 0.92			
O O O XXX			

Event 252 Tetrathlon: #3 Girls Shot Put U12 Tetrathlon

Name	Year Team	Finals	Points
1 Kinch, Lilah	11 Brockville	4.77m	194
4.11m 4.28m 4.77m			
2 Pakeetharan, Nitisha	11 United Tamil	3.93m	142
3.80m 3.93m 3.78m			
3 Durant, Aubrey	12 Brockville	3.50m	115
3.50m 3.18m 3.35m			

Event 252 Tetrathlon: #4 Girls 200 Meter Dash U12 Tetrathlon

Name	Year Team	Finals	Points
1 Kinch, Lilah	11 Brockville	33.14	285
2 Pakeetharan, Nitisha	11 United Tamil	34.95	193
3 Durant, Aubrey	12 Brockville	39.21	43

Event 253 Boys Tetrathlon U12

Name	Year Team	Finals	H#
1 Akaljan, Anujan	11 United Tamil	766	
2 Williams, Miles	12 Brockville	683	
3 Sriranjana, Komalan	12 United Tamil	320	
4 Sivers, John	12 Brockville	67	

Event 253 Tetrathlon: #1 Boys 60 Meter Hurdles U12 Tetrathlon

Name	Year Team	Finals	Points
1 Williams, Miles	12 Brockville	11.33	318
2 Akaljan, Anujan	11 United Tamil	11.39	309
3 Sriranjana, Komalan	12 United Tamil	13.95	47
4 Sivers, John	12 Brockville	18.47	

Event 253 Tetrathlon: #2 Boys Shot Put U12 Tetrathlon

Name	Year Team	Finals	Points
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Toronto Track and Field Centre - 2022-04-23 to 2022-04-24

Results**....Event 253 Tetrathlon: #2 Boys Shot Put U12 Tetrathlon**

1 Williams, Miles	12 Brockville	4.91m	186
4.68m 4.91m 4.68m			
2 Sriranjana, Komalan	12 United Tamil	4.32m	152
4.32m 3.96m 3.75m			
3 Akaljan, Anujan	11 United Tamil	4.13m	141
3.25m 3.82m 4.13m			
4 Sivers, John	12 Brockville	2.61m	57
2.23m 2.28m 2.61m			

Event 253 Tetrathlon: #3 Boys High Jump U12 Tetrathlon

Name	Year Team	Finals	Points
1 Akaljan, Anujan	11 United Tamil	1.17m	170
0.90 0.96 0.99 1.02 1.05 1.08 1.11 1.14 1.17 1.20			
O O O O O O O O O O XXX			
2 Williams, Miles	12 Brockville	1.11m	137
0.90 0.96 0.99 1.02 1.05 1.08 1.11 1.14			
O O O O XO XO XO XXX			
3 Sriranjana, Komalan	12 United Tamil	1.08m	121
0.90 0.96 0.99 1.02 1.05 1.08 1.11			
O O O O XO XO XXX			
4 Sivers, John	12 Brockville	0.81m	10
0.75 0.78 0.81 0.84			
XXO O O XXX			

Event 253 Tetrathlon: #4 Boys 200 Meter Dash U12 Tetrathlon

Name	Year Team	Finals	Points
1 Akaljan, Anujan	11 United Tamil	32.06	146
2 Williams, Miles	12 Brockville	35.02	42
3 Sriranjana, Komalan	12 United Tamil	41.15	
4 Sivers, John	12 Brockville	53.37	

Event 254 Girls Tetrathlon U14

Name	Year Team	Finals	H#
1 Suredh, Oviya	09 United Tamil	1416	

Event 254 Tetrathlon: #1 Girls 60 Meter Hurdles 0.762m U14 Tetrathlon

Hurdle Height: 0.762m

Spacing: 12m - 7.5m

Name	Year Team	Finals	Points
1 Suredh, Oviya	09 United Tamil	13.83	166

Event 254 Tetrathlon: #2 Girls High Jump U14 Tetrathlon

Name	Year Team	Finals	Points
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1 Suredh, Oviya	09 United Tamil	1.37m	481
1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40			
0 0 0 0 0 0 0 XXX			

Event 254 Tetrathlon: #3 Girls Shot Put U14 Tetrathlon

Name	Year Team	Finals	Points
1 Suredh, Oviya	09 United Tamil	5.72m	254
5.72m 5.67m 5.67m			

Event 254 Tetrathlon: #4 Girls 200 Meter Dash U14 Tetrathlon

Name	Year Team	Finals	Points
1 Suredh, Oviya	09 United Tamil	29.53	515

Event 255 Boys Tetrathlon U14

Name	Year Team	Finals	H#
1 Sriranjana, Vithuran	09 United Tamil	1208	
2 Rajakulathilakan, Rakesh	10 United Tamil	695	

Event 255 Tetrathlon: #1 Boys 60 Meter Hurdles U14 Tetrathlon

Name	Year Team	Finals	Points
1 Sriranjana, Vithuran	09 United Tamil	10.68	420
2 Rajakulathilakan, Rakesh	10 United Tamil	16.42	

Event 255 Tetrathlon: #2 Boys Shot Put U14 Tetrathlon

Name	Year Team	Finals	Points
1 Rajakulathilakan, Rakesh	10 United Tamil	8.26m	382
7.97m 8.26m 8.22m			
2 Sriranjana, Vithuran	09 United Tamil	7.04m	310
6.85m 6.83m 7.04m			

Event 255 Tetrathlon: #3 Boys High Jump U14 Tetrathlon

Name	Year Team	Finals	Points
1 Sriranjana, Vithuran	09 United Tamil	1.41m	324
1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41			
0 0 0 0 0 0 XO XO			
2 Rajakulathilakan, Rakesh	10 United Tamil	1.23m	206
1.08 1.11 1.14 1.17 1.20 1.23 1.26			
0 0 0 0 XO XO XXX			

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Results**Event 255 Tetrathlon: #4 Boys 200 Meter Dash U14 Tetrathlon**

Name	Year Team	Finals	Points
1 Sriranjana, Vithuran	09 United Tamil	31.90	154
2 Rajakulathilakan, Rakesh	10 United Tamil	33.00	107

Event 256 Girls Tetrathlon U16

Name	Year Team	Finals	H#
1 Martin, Abigail (abby)	08 Oakville T.F.C.	1717	

Event 256 Tetrathlon: #1 Girls 60 Meter Hurdles 0.762m U16 Tetrathlon

Hurdle Height: 0.763m

Spacing: 12m - 8m

Name	Year Team	Finals	Points
1 Martin, Abigail (abby)	08 Oakville T.F.C.	11.78	415

Event 256 Tetrathlon: #2 Girls High Jump U16 Tetrathlon

Name	Year Team	Finals	Points
1 Martin, Abigail (abby)	08 Oakville T.F.C.	1.31m	419
		1.25 1.28 1.31 1.34	
		O XO O XXX	

Event 256 Tetrathlon: #3 Girls Shot Put U16 Tetrathlon

Name	Year Team	Finals	Points
1 Martin, Abigail (abby)	08 Oakville T.F.C.	6.78m	321
		6.78m 6.06m 5.76m	

Event 256 Tetrathlon: #4 Girls 200 Meter Dash U16 Tetrathlon

Name	Year Team	Finals	Points
1 Martin, Abigail (abby)	08 Oakville T.F.C.	28.89	562

Event 257 Boys Tetrathlon U16

Name	Year Team	Finals	H#
1 Arulrajan, Sayanthan	07 United Tamil	1964	
2 Balaramana, Birenavan	08 United Tamil	1404	

Event 257 Tetrathlon: #1 Boys 60 Meter Hurdles U16 Tetrathlon

Name	Year Team	Finals	Points
1 Arulrajan, Sayanthan	07 United Tamil	10.96	374
2 Balaramana, Birenavan	08 United Tamil	12.01	226

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Results**Event 257 Tetrathlon: #2 Boys Shot Put U16 Tetrathlon**

Name	Year Team	Finals	Points
1 Arulrajan, Sayanthan 9.85m 10.56m FOUL	07 United Tamil	10.56m	519
2 Balaramana, Birenavan 8.38m 8.93m 8.75m	08 United Tamil	8.93m	422

Event 257 Tetrathlon: #3 Boys High Jump U16 Tetrathlon

Name	Year Team	Finals	Points
1 Arulrajan, Sayanthan	07 United Tamil	1.65m	504
2 Balaramana, Birenavan	08 United Tamil	1.62m	480

Event 257 Tetrathlon: #4 Boys 200 Meter Dash U16 Tetrathlon

Name	Year Team	Finals	Points
1 Arulrajan, Sayanthan	07 United Tamil	25.47	567
2 Balaramana, Birenavan	08 United Tamil	29.58	276

Event 258 Women Indoor Pentathlon U18

Name	Year Team	Finals	H#
1 Black, Raeden	05 London Western	2498	
2 Ganeshamurthi, Sajini	05 United Tamil	2323	
3 Caponcini, Ella	06 London Western	2109	
4 Adams, Macey	06 London Western	1569	

Event 258 Indoor Pentathlon: #1 Women 60 Meter Hurdles 0.762m U18 Indoor Pentathlon

Hurdle Height: 0.762m

Spacing: 13m - 8.5m

Name	Year Team	Finals	Points
1 Allen, Dani	05 Durham Dragons	9.50	808
2 Black, Raeden	05 London Western	10.01	710
3 Ganeshamurthi, Sajini	05 United Tamil	10.65	595
4 Caponcini, Ella	06 London Western	11.10	520
5 Adams, Macey	06 London Western	11.99	385

Event 258 Indoor Pentathlon: #2 Women High Jump U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Allen, Dani 1.49 1.52 1.55 1.58 1.61 1.64 1.67 O O XO XO XXO XXO XXX	05 Durham Dragons	1.64m	783
2 Caponcini, Ella 1.31 1.34 1.37 1.40 1.43 1.46 O O O O XO XXX	06 London Western	1.43m	544

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Results**....Event 258 Indoor Pentathlon: #2 Women High Jump U18 Indoor Pentathlon**

3	Black, Raeden	05	London Western	1.40m	512
	1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	O O O O XXO XXO O XXO XXX				
3	Adams, Macey	06	London Western	1.40m	512
	1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43				
	O O O O O O XO XXX				
5	Ganeshamurthi, Sajini	05	United Tamil	1.25m	359
	1.19 1.22 1.25 1.28				
	O O XO XXX				

Event 258 Indoor Pentathlon: #3 Women Shot Put U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Ganeshamurthi, Sajini	05 United Tamil	10.67m	573
	10.67m 10.55m 10.46m		
2 Allen, Dani	05 Durham Dragons	8.64m	441
	8.39m 8.24m 8.64m		
3 Black, Raeden	05 London Western	7.62m	375
	7.38m 7.58m 7.62m		
4 Caponcini, Ella	06 London Western	7.44m	363
	6.95m 7.39m 7.44m		
5 Adams, Macey	06 London Western	6.47m	301
	6.14m 6.15m 6.47m		

Event 258 Indoor Pentathlon: #4 Women Long Jump U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Ganeshamurthi, Sajini	05 United Tamil	4.52m	433
	4.19m 4.39m 4.52m		
2 Black, Raeden	05 London Western	4.33m	386
	4.07m 4.33m 4.11m		
3 Caponcini, Ella	06 London Western	3.83m	270
	3.79m 3.19m 3.83m		
4 Adams, Macey	06 London Western	3.77m	257
	3.52m 3.77m 3.60m		

Event 258 Indoor Pentathlon: #5 Women 800 Meter Dash U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Black, Raeden	05 London Western	2:45.16	515
2 Caponcini, Ella	06 London Western	2:55.08	412
3 Ganeshamurthi, Sajini	05 United Tamil	3:00.26	363
4 Adams, Macey	06 London Western	3:34.04	114

Event 259 Men Indoor Pentathlon U18

Name	Year Team	Finals	H#
1 Jeffery, Samuel	05 Athletics Niagara	3288	
2 Soppitt, Isaac	05 Athletics Niagara	2033	

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Results**Event 259 Indoor Pentathlon: #1 Men 60 Meter Hurdles U18 Indoor Pentathlon**

Name	Year Team	Finals	Points
1 Jeffery, Samuel	05 Athletics Niagara	9.10	724
2 Soppitt, Isaac	05 Athletics Niagara	9.37	666

Event 259 Indoor Pentathlon: #2 Men Long Jump U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Jeffery, Samuel	05 Athletics Niagara	6.24m	639
6.24m 6.12m 5.94m			
2 Soppitt, Isaac	05 Athletics Niagara	5.71m	525
5.37m 4.35m 5.71m			

Event 259 Indoor Pentathlon: #3 Men Shot Put U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Jeffery, Samuel	05 Athletics Niagara	12.50m	637
11.66m 12.50m 11.99m			
2 Soppitt, Isaac	05 Athletics Niagara	9.09m	431
9.09m 8.90m 8.77m			

Event 259 Indoor Pentathlon: #4 Men High Jump U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Jeffery, Samuel	05 Athletics Niagara	1.80m	627
2 Soppitt, Isaac	05 Athletics Niagara	1.53m	411

Event 259 Indoor Pentathlon: #5 Men 1000 Meter Run U18 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Jeffery, Samuel	05 Athletics Niagara	3:00.37	661
-- Soppitt, Isaac	05 Athletics Niagara	DNF	

Event 260 Women Indoor Pentathlon U20

Name	Year Team	Finals	H#
1 Luna, Jadyne	04 London Western	2663	

Event 260 Indoor Pentathlon: #1 Women 60 Meter Hurdles 0.840m U20 Indoor Pentathlon

Hurdle Height: 0.840m

Spacing: 13m - 8.5m

Name	Year Team	Finals	Points
1 Luna, Jadyne	04 London Western	9.94	723

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Toronto Track and Field Centre - 2022-04-23 to 2022-04-24

Results**Event 260 Indoor Pentathlon: #2 Women High Jump U20 Indoor Pentathlon**

Name	Year Team	Finals	Points
1 Luna, Jady	04 London Western	1.28m	389
		1.19 1.22 1.25 1.28 1.31	
		O O O O XXX	

Event 260 Indoor Pentathlon: #3 Women Shot Put U20 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Luna, Jady	04 London Western	10.30m	549
		9.82m 10.30m 9.53m	

Event 260 Indoor Pentathlon: #4 Women Long Jump U20 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Luna, Jady	04 London Western	4.66m	469
		4.16m 4.41m 4.66m	

Event 260 Indoor Pentathlon: #5 Women 800 Meter Dash U20 Indoor Pentathlon

Name	Year Team	Finals	Points
1 Luna, Jady	04 London Western	2:43.50	533

Event 261 Men Heptathlon U20

Name	Year Team	Finals	H#
1 Sampson, Robert Michael	04 Laurel Creek T.F.C.	3835	
2 King, Jackson	05 Durham Dragons	3347	

Event 261 Heptathlon: #1 Men 60 Meter Dash U20 Heptathlon

Name	Year Team	Finals	Points
1 King, Jackson	05 Durham Dragons	7.56	694
2 Sampson, Robert Michael	04 Laurel Creek T.F.C.	7.65	665

Event 261 Heptathlon: #2 Men Long Jump U20 Heptathlon

Name	Year Team	Finals	Points
1 Sampson, Robert Michael	04 Laurel Creek T.F.C.	5.82m	548
		5.62m 5.82m 5.77m	
2 King, Jackson	05 Durham Dragons	5.30m	441
		5.26m 5.26m 5.30m	

Event 261 Heptathlon: #3 Men Shot Put U20 Heptathlon

Name	Year Team	Finals	Points
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Toronto Track and Field Centre - 2022-04-23 to 2022-04-24

Results**....Event 261 Heptathlon: #3 Men Shot Put U20 Heptathlon**

1 King, Jackson	05 Durham Dragons	10.39m	509
9.76m 10.39m 10.04m			
2 Sampson, Robert Michael	04 Laurel Creek T.F.C.	9.62m	463
8.80m 8.91m 9.62m			

Event 261 Heptathlon: #4 Men High Jump U20 Heptathlon

Name	Year Team	Finals	Points
1 Sampson, Robert Michael	04 Laurel Creek T.F.C.	1.76m	593
1.67 1.70 1.73 1.76 1.79			
O O O XO XXX			
2 King, Jackson	05 Durham Dragons	1.70m	544
1.58 1.61 1.64 1.67 1.70 1.73			
O O O O O XXX			

Event 261 Heptathlon: #5 Men 60 Meter Hurdles U20 Heptathlon

Name	Year Team	Finals	Points
1 Sampson, Robert Michael	04 Laurel Creek T.F.C.	9.42	656
2 King, Jackson	05 Durham Dragons	11.92	237

Event 261 Heptathlon: #6 Men Pole Vault U20 Heptathlon

Name	Year Team	Finals	Points
1 King, Jackson	05 Durham Dragons	2.90m	333
2.30 2.40 2.50 2.70 2.80 2.90 3.00			
O XO O XXO XO XXO XXX			
2 Sampson, Robert Michael	04 Laurel Creek T.F.C.	2.60m	264
2.10 2.20 2.30 2.40 2.50 2.60 2.70			
O O O O O O XXX			

Event 261 Heptathlon: #7 Men 1000 Meter Run U20 Heptathlon

Name	Year Team	Finals	Points
1 Sampson, Robert Michael	04 Laurel Creek T.F.C.	3:01.86	646
2 King, Jackson	05 Durham Dragons	3:07.87	589

Event 262 Women Indoor Pentathlon Open

Name	Year Team	Finals	H#
1 Karabu, Ally	02 London Western	1041	

Event 262 Indoor Pentathlon: #1 Women 60 Meter Hurdles 0.840m Open Indoor Pentathlon

Hurdle Height: 0.840m

Spacing: 13m - 8.5m

Name	Year Team	Finals	Points
1 Karabu, Ally	02 London Western	14.87	80

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Results**Event 262 Indoor Pentathlon: #2 Women High Jump Open Indoor Pentathlon**

Name	Year Team	Finals	Points
1 Karabu, Ally	02 London Western	1.22m	331
		1.19 1.22 1.25	
		XO XO XXX	

Event 262 Indoor Pentathlon: #3 Women Shot Put Open Indoor Pentathlon

Name	Year Team	Finals	Points
-- Karabu, Ally	02 London Western	FOUL	
		FOUL FOUL FOUL	

Event 262 Indoor Pentathlon: #4 Women Long Jump Open Indoor Pentathlon

Name	Year Team	Finals	Points
1 Karabu, Ally	02 London Western	4.26m	369
		4.12m 4.17m 4.26m	

Event 262 Indoor Pentathlon: #5 Women 800 Meter Dash Open Indoor Pentathlon

Name	Year Team	Finals	Points
1 Karabu, Ally	02 London Western	3:12.08	261

Event 263 Men Heptathlon Open

Name	Year Team	Finals	H#
1 Beaudoin, Shawn	94 Windsor Legion	4724	
2 McLeod, Austin	99 London Western	4339	
3 McDonald, Owen	02 London Western	4102	
4 Runions, Jacob	99 London Western	3440	
5 Tanton, Matthew	98 Brockville	3439	
6 Hong, Tommy	00 London Western	3039	

Event 263 Heptathlon: #1 Men 60 Meter Dash Open Heptathlon

Name	Year Team	Finals	Points
1 Beaudoin, Shawn	94 Windsor Legion	7.31	775
2 McLeod, Austin	99 London Western	7.41	742
3 Runions, Jacob	99 London Western	7.63	671
4 McDonald, Owen	02 London Western	7.69	653
5 Hong, Tommy	00 London Western	7.86	601
6 Tanton, Matthew	98 Brockville	7.87	598

Event 263 Heptathlon: #2 Men Long Jump Open Heptathlon

Name	Year Team	Finals	Points
1 McLeod, Austin	99 London Western	6.20m	630
		6.20m 6.04m 6.01m	

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2	Beaudoin, Shawn	94 Windsor Legion	5.95m	576
	5.87m 5.95m 5.76m			
3	Tanton, Matthew	98 Brockville	5.81m	546
	5.81m FOUL FOUL			
4	McDonald, Owen	02 London Western	5.66m	514
	5.66m 5.49m 5.52m			
5	Runions, Jacob	99 London Western	5.11m	404
	4.90m 5.11m 5.09m			
5	Hong, Tommy	00 London Western	5.11m	404
	5.02m 5.11m 4.97m			

Event 263 Heptathlon: #3 Men Shot Put Open Heptathlon

Name	Year Team	Finals	Points
1 Beaudoin, Shawn	94 Windsor Legion	12.60m	643
	11.55m 12.60m 12.50m		
2 Tanton, Matthew	98 Brockville	11.86m	598
	10.45m 11.86m FOUL		
3 McLeod, Austin	99 London Western	10.09m	491
	9.79m 9.78m 10.09m		
4 Runions, Jacob	99 London Western	9.65m	465
	9.11m 8.52m 9.65m		
5 McDonald, Owen	02 London Western	8.50m	396
	7.44m 8.50m 8.21m		
6 Hong, Tommy	00 London Western	8.43m	392
	8.09m 7.85m 8.43m		

Event 263 Heptathlon: #4 Men High Jump Open Heptathlon

Name	Year Team	Finals	Points
1 McLeod, Austin	99 London Western	1.73m	569
	1.70 1.73 1.76		
	O O XXX		
2 Beaudoin, Shawn	94 Windsor Legion	1.70m	544
	1.61 1.67 1.70 1.73		
	O O O XXX		
2 McDonald, Owen	02 London Western	1.70m	544
	1.61 1.64 1.67 1.70 1.73		
	O O XO O XXX		
4 Tanton, Matthew	98 Brockville	1.67m	520
	1.61 1.64 1.67 1.70		
	XO O XO XXX		
5 Runions, Jacob	99 London Western	1.49m	381
	1.49 1.52		
	XO XXX		
6 Hong, Tommy	00 London Western	1.46m	360
	1.40 1.43 1.46 1.49		
	O O XXO XXX		

2022 Ontario Indoor Rising Stars Festival & Combined Events ChampionshipsFor Split Times Visit: bit.ly/2022-rs-and-ce-champs

Toronto Track and Field Centre - 2022-04-23 to 2022-04-24

Results**Event 263 Heptathlon: #5 Men 60 Meter Hurdles Open Heptathlon**

Name	Year	Team	Finals	Points
1 McLeod, Austin	99	London Western	8.80	791
2 Beaudoin, Shawn	94	Windsor Legion	8.84	781
3 McDonald, Owen	02	London Western	9.78	583
4 Runions, Jacob	99	London Western	10.21	502
5 Tanton, Matthew	98	Brockville	10.25	495
6 Hong, Tommy	00	London Western	11.00	368

Event 263 Heptathlon: #6 Men Pole Vault Open Heptathlon

Name	Year	Team	Finals	Points
1 Beaudoin, Shawn	94	Windsor Legion	4.20m	673
			3.60 3.80 3.90 4.00 4.10 4.20 4.30	
			O O O XO XO XXO XXX	
2 McDonald, Owen	02	London Western	4.00m	617
			3.60 3.70 3.80 4.00 4.10	
			O O O O XXX	
3 McLeod, Austin	99	London Western	3.60m	509
			3.60 3.70	
			O XXX	
4 Hong, Tommy	00	London Western	3.20m	406
			3.00 3.10 3.20 3.30	
			O O XXO XXX	
5 Runions, Jacob	99	London Western	2.90m	333
			2.50 2.60 2.70 2.80 2.90 3.00	
			O O O XXO O XXX	
6 Tanton, Matthew	98	Brockville	2.80m	309
			2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90	
			O O XO O XO XXO O XXO XXX	

Event 263 Heptathlon: #7 Men 1000 Meter Run Open Heptathlon

Name	Year	Team	Finals	Points
1 McDonald, Owen	02	London Western	2:47.25	795
2 Beaudoin, Shawn	94	Windsor Legion	2:53.22	732
3 Runions, Jacob	99	London Western	2:57.95	684
4 McLeod, Austin	99	London Western	3:05.96	607
5 Hong, Tommy	00	London Western	3:16.90	508
6 Tanton, Matthew	98	Brockville	3:33.64	373