

Throws Fest #3 - 2026-09-26**New Glenmore Athletic Park****Results****Throws Pentathlon: #2 Girls 14-15 Shot Put U16 Throws Pentathlon**

Name	Year	Team	Finals	Points
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Finals

1 Van Wyk, Ella		Caltaf Athle	9.36m	488
9.36m	9.34m	FOUL		

Throws Pentathlon: #3 Girls 14-15 Discus Throw U16 Throws Pentathlon

Name	Year	Team	Finals	Points
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1 Van Wyk, Ella		Caltaf Athle	25.57m	380
FOUL	FOUL	25.57m		

Throws Pentathlon: #1 Girls 14-15 Hammer Throw U16 Throws Pentathlon

Name	Year	Team	Finals	Points
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1 Van Wyk, Ella		Caltaf Athle	41.59m	583
41.59m	FOUL	34.38m		

Throws Pentathlon: #4 Girls 14-15 Javelin Throw U16 Throws Pentathlon

Name	Year	Team	Finals	Points
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1 Van Wyk, Ella		Caltaf Athle	16.17m	218
14.01m	15.56m	16.17m		

Throws Pentathlon: #5 Girls 14-15 Weight Throw U16 Throws Pentathlon

Name	Year	Team	Finals	Points
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1 Van Wyk, Ella		Caltaf Athle	19.09m	898
18.45m	19.09m	FOUL		

Girls 14-15 Throws Pentathlon U16

Name	Year	Team	Finals	H#	Points
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1 Van Wyk, Ella		Caltaf Athle	2567		10
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Women 14-15 Discus Throw U16

Name	Year	Team	Finals	Points
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1 Rosch, Jorja		Caltaf Athle	15.55m	
15.00m	FOUL	15.05m	15.55m	10.30m 15.53m

Women 16-17 Shot Put U18

Name	Year	Team	Finals	Points
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1 Harrison, Natalie		Caltaf Athle	10.41m	
9.02m	9.76m	10.41m	FOUL	9.59m 9.11m
2 Oguntinyinbo, Dara		Ucac Track A	9.88m	
9.30m	9.18m	8.52m	FOUL	FOUL 9.88m

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Women 16-17 Discus Throw U18

Name	Year	Team	Finals	Points
1 Oguntoyinbo, Dara		Ucac Track A	32.58m	
FOUL	FOUL	32.58m 32.26m 29.00m 32.24m		

Women 16-17 Hammer Throw U18

Name	Year	Team	Finals	Points
1 Harrison, Natalie		Caltaf Athle	39.91m	
FOUL	35.49m 39.91m 36.60m	FOUL FOUL		

Throws Pentathlon: #2 Women 16-17 Shot Put U18 Throws Pentathlon

Name	Year	Team	Finals	Points
1 Harrison, Natalie		Caltaf Athle	9.24m	480
9.24m	FOUL	FOUL		

Throws Pentathlon: #3 Women 16-17 Discus Throw U18 Throws Pentathlon

Name	Year	Team	Finals	Points
1 Harrison, Natalie		Caltaf Athle	27.96m	424
FOUL	FOUL	27.96m		

Throws Pentathlon: #1 Women 16-17 Hammer Throw U18 Throws Pentathlon

Name	Year	Team	Finals	Points
1 Harrison, Natalie		Caltaf Athle	39.74m	552
39.74m	37.37m 35.43m			

Throws Pentathlon: #4 Women 16-17 Javelin Throw U18 Throws Pentathlon

Name	Year	Team	Finals	Points
1 Harrison, Natalie		Caltaf Athle	21.48m	316
21.48m	20.17m 20.82m			

Throws Pentathlon: #5 Women 16-17 Weight Throw U18 Throws Pentathlon

Name	Year	Team	Finals	Points
1 Harrison, Natalie		Caltaf Athle	12.89m	569
12.89m	FOUL 12.25m			

Women 16-17 Throws Pentathlon U18

Name	Year	Team	Finals	H#	Points
1 Harrison, Natalie		Caltaf Athle	2341		10

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Women 18-99 Shot Put Para Ambulatory OPEN

Name	Year	Team	Finals	Points
1 Edwards, Jasmyrn		Caltaf Athle	8.17m	
7.83m	7.62m	7.95m	7.96m	7.99m 8.17m

Women 14-99 Discus Throw Discus 1 OPEN

Name	Year	Team	Finals	Points
1 Andres, Rachel		Caltaf Athle	50.68m	
47.02m	50.68m	49.82m	FOUL	49.13m 45.39m
2 Groves, Barrett		Unattached Alberta	36.55m	
FOUL	36.55m	FOUL	FOUL	34.22m 32.76m

Women 55-59 Shot Put MASTER

Name	Year	Team	Finals	Points
1 Rothmann-Jung, Kerana		Ucac Track A	9.75m	
9.50m	9.26m	9.47m	9.75m	9.68m 9.13m

Women 65-69 Shot Put MASTER

Name	Year	Team	Finals	Points
1 Hayes, Laurie		Running Wild	6.70m	
6.41m	6.52m	6.27m	6.70m	6.26m 6.46m

Women 35-99 Discus Throw MASTER

Name	Year	Team	Finals	Points
1 Rothmann-Jung, Kerana		Ucac Track A	25.55m	
25.55m	24.39m	FOUL	21.79m	FOUL FOUL

Women 65-69 Hammer Throw MASTER

Name	Year	Team	Finals	Points
1 Hayes, Laurie		Running Wild	25.96m	
24.55m	25.96m	25.45m	FOUL	25.60m 25.58m

Women 35-39 Shot Put MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Andres, Rachel		Caltaf Athle	13.64m	803
12.55m	12.78m	13.64m		

Women 50-54 Shot Put MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Barghshoon, Crista		Calgary Spartans	5.91m	315
4.96m	5.91m	5.72m		

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Women 55-59 Shot Put MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Parsons, Michelle		Throwers Club	8.36m	550
8.33m 8.36m 8.31m				

Women 75-79 Shot Put MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Nesterenko, Louise		Caltaf Athle	4.74m	350
3.98m 4.74m 4.09m				

Women 35-39 Discus Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Andres, Rachel		Caltaf Athle	50.57m	863
50.57m 48.10m 49.10m				

Women 50-54 Discus Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Barghshoon, Crista		Calgary Spartans	18.69m	354
13.77m 18.69m 10.09m				

Women 55-59 Discus Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Parsons, Michelle		Throwers Club	20.65m	453
18.54m 17.95m 20.65m				

Women 75-79 Discus Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Nesterenko, Louise		Caltaf Athle	8.96m	236
8.88m 8.59m 8.96m				

Women 35-39 Hammer Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Andres, Rachel		Caltaf Athle	45.05m	684
45.05m FOUL FOUL				

Women 50-54 Hammer Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Barghshoon, Crista		Calgary Spartans	17.97m	260
FOUL 17.97m 17.66m				

Throws Fest #3 - 2026-09-26**New Glenmore Athletic Park****Results****Women 55-59 Hammer Throw MASTER Throws Pentathlon**

Name	Year	Team	Finals	Points
1 Parsons, Michelle		Throwers Club	35.24m	686
34.10m 35.24m 33.75m				

Women 75-79 Hammer Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Nesterenko, Louise		Caltaf Athle	13.01m	256
12.48m 13.01m 12.44m				

Women 35-39 Javelin Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Andres, Rachel		Caltaf Athle	31.87m	526
31.87m FOUL 28.02m				

Women 50-54 Javelin Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Barghshoon, Crista		Calgary Spartans	9.56m	144
8.44m 9.04m 9.56m				

Women 55-59 Javelin Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Parsons, Michelle		Throwers Club	18.37m	398
17.08m 16.65m 18.37m				

Women 75-79 Javelin Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Nesterenko, Louise		Caltaf Athle	7.17m	190
7.17m 6.65m 6.58m				

Women 35-39 Weight Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Andres, Rachel		Caltaf Athle	14.99m	708
14.99m FOUL 14.77m				

Women 50-54 Weight Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Barghshoon, Crista		Calgary Spartans	5.51m	232
4.86m 5.16m 5.51m				

Throws Fest #3 - 2026-09-26**New Glenmore Athletic Park****Results****Women 55-59 Weight Throw MASTER Throws Pentathlon**

Name	Year Team	Finals	Points
1 Parsons, Michelle	Throwers Club	11.27m	639
11.20m 11.27m FOUL			

Women 75-79 Weight Throw MASTER Throws Pentathlon

Name	Year Team	Finals	Points
1 Nesterenko, Louise	Caltaf Athle	5.12m	266
5.12m 4.76m FOUL			

Women 35-39 Throws Pentathlon MASTER

Name	Year Team	Finals	H#	Points
1 Andres, Rachel	Caltaf Athle	3584	10	

Women 50-54 Throws Pentathlon MASTER

Name	Year Team	Finals	H#	Points
1 Barghshoon, Crista	Calgary Spartans	1305	10	

Women 55-59 Throws Pentathlon MASTER

Name	Year Team	Finals	H#	Points
1 Parsons, Michelle	Throwers Club	2726	10	

Women 75-79 Throws Pentathlon MASTER

Name	Year Team	Finals	H#	Points
1 Nesterenko, Louise	Caltaf Athle	1298	10	

Men 14-15 Hammer Throw U16

Name	Year Team	Finals	Points
1 Singh, Navjodh	Unattached Alberta	49.73m	
FOUL 43.77m FOUL 49.73m FOUL 46.25m			

Men 16-17 Shot Put U18

Name	Year Team	Finals	Points
1 Rosch, Stoic	Caltaf Athle	10.07m	
10.01m 10.07m FOUL 8.96m 9.61m 9.21m			

Men 16-17 Discus Throw U18

Name	Year Team	Finals	Points
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....Men 16-17 Discus Throw U18

1	Rosch, Stoic	Caltaf Athle	23.55m
	23.19m FOUL FOUL FOUL	19.89m 23.55m	

Men 16-17 Javelin Throw U18

Name	Year	Team	Finals	Points
1 Hassoun, Mahmoud		Ucac Track A	49.53m	
	45.89m 43.26m FOUL	49.53m 44.85m 44.44m		
2 Anderson, Isaac		Ucac Track A	34.66m	
	FOUL 33.27m 34.66m 33.69m FOUL	33.05m		

Men 18-19 Discus Throw Invite U20

Name	Year	Team	Finals	Points
1 Rosch, Jett		Chinook Track an	44.09m	
	40.38m FOUL FOUL	44.09m 40.66m 40.78m		

Men 18-19 Discus Throw U20

Name	Year	Team	Finals	Points
1 Rosch, Jett		Chinook Track an	43.63m	
	42.15m FOUL FOUL FOUL FOUL	43.63m		
2 Erdman, Sean		Ucac Track A	34.62m	
	33.34m 34.62m FOUL FOUL	33.86m FOUL		

Men 18-19 Hammer Throw U20

Name	Year	Team	Finals	Points
1 Holmedal, Aksel		Unattached Alberta	48.65m	
	47.15m FOUL 46.97m	48.65m FOUL FOUL		

Men 18-99 Shot Put OPEN

Name	Year	Team	Finals	Points
1 Banks, Liam		Caltaf Athle	13.72m	
	12.84m 13.00m 13.64m 13.02m 12.40m	13.72m		
2 Jorgenson, Adam		Caltaf Athle	10.12m	
	9.72m 9.91m FOUL 10.12m	9.83m FOUL		

Men 18-99 Discus Throw OPEN

Name	Year	Team	Finals	Points
1 Banks, Liam		Caltaf Athle	41.90m	
	35.79m FOUL 41.90m FOUL	36.66m 37.62m		
2 Jorgenson, Adam		Caltaf Athle	32.30m	
	FOUL 27.20m FOUL FOUL	32.30m FOUL		

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Men 20-99 Hammer Throw OPEN

Name	Year	Team	Finals	Points
1 Tchesnokov, Nikolai		Unattached Alberta	43.73m	
40.62m 43.73m 42.11m 43.23m FOUL FOUL				

Men 20-99 Javelin Throw OPEN

Name	Year	Team	Finals	Points
1 Jorgenson, Adam		Caltaf Athle	36.75m	
32.85m 32.72m 36.75m FOUL 30.60m FOUL				

Men 18-99 Weight Throw Invite OPEN

Name	Year	Team	Finals	Points
1 Dangar, Uday		Unattached Alberta	12.17m	
FOUL FOUL 11.99m 10.22m 12.17m 11.96m				

Throws Pentathlon: #2 Men 18-99 Shot Put OPEN Throws Pentathlon

Name	Year	Team	Finals	Points
1 Banks, Liam		Caltaf Athle	13.28m	684
12.80m 12.96m 13.28m				
2 Tchesnokov, Nikolai		Unattached Alberta	11.95m	603
11.57m 11.95m 11.64m				

Throws Pentathlon: #3 Men 18-99 Discus Throw OPEN Throws Pentathlon

Name	Year	Team	Finals	Points
1 Banks, Liam		Caltaf Athle	41.78m	701
37.49m 39.02m 41.78m				
2 Tchesnokov, Nikolai		Unattached Alberta	32.26m	509
32.03m FOUL 32.26m				

Throws Pentathlon: #1 Men 18-99 Hammer Throw OPEN Throws Pentathlon

Name	Year	Team	Finals	Points
1 Tchesnokov, Nikolai		Unattached Alberta	43.62m	598
39.50m 43.62m 42.89m				
2 Banks, Liam		Caltaf Athle	36.78m	486
35.45m FOUL 36.78m				

Throws Pentathlon: #4 Men 18-99 Javelin Throw OPEN Throws Pentathlon

Name	Year	Team	Finals	Points
1 Tchesnokov, Nikolai		Unattached Alberta	32.29m	332
30.26m 31.57m 32.29m				
2 Banks, Liam		Caltaf Athle	31.63m	322
FOUL 31.29m 31.63m				

Throws Fest #3 - 2026-09-26**New Glenmore Athletic Park****Results****Throws Pentathlon: #5 Men 18-99 Weight Throw OPEN Throws Pentathlon**

Name	Year	Team	Finals	Points
1 Banks, Liam		Caltaf Athle	13.84m	669
13.84m 13.71m 13.54m				
2 Tchesnokov, Nikolai		Unattached Alberta	11.36m	528
FOUL 11.36m 11.08m				

Men 18-99 Throws Pentathlon OPEN

Name	Year	Team	Finals	H#	Points
1 Banks, Liam		Caltaf Athle	2862		10
2 Tchesnokov, Nikolai		Unattached Alberta	2570		8

Men 45-49 Hammer Throw MASTER

Name	Year	Team	Finals	Points
1 Hanily, Mark		Unattached Alberta	47.35m	
46.17m 44.96m 46.50m 47.02m 47.10m 47.35m				

Men 40-44 Javelin Throw MASTER

Name	Year	Team	Finals	Points
1 Hayer, Gavie		Unattached Alberta	28.58m	
28.58m 28.53m 24.26m 27.30m 25.86m 22.63m				

Men 55-59 Shot Put MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Parsons, Dan		Throwers Club	11.96m	780
11.61m FOUL 11.96m				

Men 65-69 Shot Put MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 McCulloch, Gordon		Unattached Alberta	9.09m	612
FOUL 8.96m 9.09m				

Men 55-59 Discus Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Parsons, Dan		Throwers Club	44.52m	837
43.56m 44.52m 41.74m				

Men 65-69 Discus Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 McCulloch, Gordon		Unattached Alberta	27.27m	442
26.29m 27.27m 26.25m				

Throws Fest #3 - 2026-09-26
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Men 55-59 Hammer Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 Parsons, Dan		Throwers Club	46.27m	779
46.27m	45.99m	FOUL		

Men 65-69 Hammer Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
-- McCulloch, Gordon		Unattached Alberta	PASS	
FOUL	FOUL	FOUL		

Men 55-59 Javelin Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
-- Parsons, Dan		Throwers Club	PASS	
PASS	PASS	PASS		

Men 65-69 Javelin Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
1 McCulloch, Gordon		Unattached Alberta	24.23m	396
24.23m	FOUL	FOUL		

Men 55-59 Weight Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
-- Parsons, Dan		Throwers Club	PASS	
PASS	PASS	PASS		

Men 65-69 Weight Throw MASTER Throws Pentathlon

Name	Year	Team	Finals	Points
-- McCulloch, Gordon		Unattached Alberta	PASS	
PASS	PASS	PASS		

Men 55-59 Throws Pentathlon MASTER

Name	Year	Team	Finals	H#	Points
1 Parsons, Dan		Throwers Club	2396		

Men 65-69 Throws Pentathlon MASTER

Name	Year	Team	Finals	H#	Points
1 McCulloch, Gordon		Unattached Alberta	1450		

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Men 35-99 Throws Pentathlon MASTER

	Points	HT	SP	DT	JT	WT
----- M55-59 -----						
1 Parsons, Dan Throwers Club	46.27m	11.96m	44.52m	PASS	PASS	
	2396	(779)	(780)	(837)	(0)	(0)
----- M65-69 -----						
1 McCulloch, Gordon Unattached Alberta	PASS	9.09m	27.27m	24.23m	PASS	
	1450	(0)	(612)	(442)	(396)	(0)

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Results - Combined Events

Women 35-99 Throws Pentathlon MASTER

	Points	HT	SP	DT	JT	WT
----- W35-39 -----						
1 Andres, Rachel		45.05m	13.64m	50.57m	31.87m	14.99m
Caltaf Athletic Associat						
Team Points: 10	3584	(684)	(803)	(863)	(526)	(708)
----- W50-54 -----						
1 Barghshoon, Crista		17.97m	5.91m	18.69m	9.56m	5.51m
Calgary Spartans						
Team Points: 10	1305	(260)	(315)	(354)	(144)	(232)
----- W55-59 -----						
1 Parsons, Michelle		35.24m	8.36m	20.65m	18.37m	11.27m
Throwers Club						
Team Points: 10	2726	(686)	(550)	(453)	(398)	(639)
----- W75-79 -----						
1 Nesterenko, Louise		13.01m	4.74m	8.96m	7.17m	5.12m
Caltaf Athletic Associat						
Team Points: 10	1298	(256)	(350)	(236)	(190)	(266)

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Men 18-99 Throws Pentathlon OPEN

	Points	HT	SP	DT	JT	WT
1 Banks, Liam		36.78m	13.28m	41.78m	31.63m	13.84m
Caltaf Athletic Associat						
Team Points: 10	2862	(486)	(684)	(701)	(322)	(669)
2 Tchesnokov, Nikolai		43.62m	11.95m	32.26m	32.29m	11.36m
Unattached Alberta						
Team Points: 8	2570	(598)	(603)	(509)	(332)	(528)

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Women 16-17 Throws Pentathlon U18

	Points	HT	SP	DT	JT	WT
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1 Harrison, Natalie		39.74m	9.24m	27.96m	21.48m	12.89m
Caltaf Athletic Associat						
Team Points: 10	2341	(552)	(480)	(424)	(316)	(569)
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Throws Fest #3 - 2026-09-26
New Glenmore Athletic Park
Results - Combined Events

Girls 14-15 Throws Pentathlon U16

	Points	HT	SP	DT	JT	WT
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1 Van Wyk, Ella		41.59m	9.36m	25.57m	16.17m	19.09m
Caltaf Athletic Associat						
Team Points: 10	2567	(583)	(488)	(380)	(218)	(898)
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