

2026 Vigars & Salter WESTERN INVITATIONAL Sept 26

2026-09-26

2026-09-26 - 2026-09-26

51st year for this meet / 40th @ TVGC
Timing & Scoring by SportMadeSimple**Event # 1 WOMENS 8Km Run**

START @ 10:50am

Conditions: sunny, 17°C

MEET RECORD: Alexandra McDougall Guelph Gryphons 28:49.00 20-Sep2025

& COURSE RECORD: Brogan MacDougall Queen's Gaels 28:03.00 27-Oct2018

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	WINDSOR LANCERS	49	1-2-13-16-17	18-19	2:29:12	3:43	29:50	2:06
2	MCMASTER MARAUDERS	59	5-7-12-14-21	33-39	2:30:14	3:45	30:02	1:48
3	GUELPH GRYPHONS	74	4-6-10-26-28	45	2:31:50	3:47	30:22	2:32
4	UNB REDS	113	8-15-20-32-38	40-42	2:36:21	3:54	31:16	2:47
5	WESTERN MUSTANGS	121	22-23-24-25-27	30-31	2:36:51	3:55	31:22	0:28
6	MEMORIAL SEA-HAWKS	129	3-11-34-37-44	59-61	2:37:23	3:56	31:28	4:11
7	TORONTO VARSITY BLUE	150	9-29-35-36-41	46-50	2:39:35	3:59	31:55	2:54
8	LAURENTIAN VOYAGEURS	240	43-47-48-49-53	54-64	2:47:52	4:11	33:34	0:47
9	NIPISSING LAKERS	286	51-52-55-62-66	67-69	2:56:59	4:25	35:23	4:28
10	LAURIER GOLDEN HAWKS	294	56-57-58-60-63	65-68	2:58:36	4:27	35:43	1:51
	WATERLOO WARRIORS		61-80-86-87					
	YORK LIONS		17-44-65-71					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	261	Alyshia Alkerton		E3	WINDSOR LANCERS	1	3:35	28:42 #
2	2	268	Samara Quanz		E5	WINDSOR LANCERS	2	3:37	28:56
3	3	199	Grace Mack		E4	MEMORIAL SEA-HAWKS	1	3:37	29:01
4	4	168	Mikala Ryan		R	GUELPH GRYPHONS	1	3:38	29:08
5	5	191	Ruby File		R	MCMASTER MARAUDERS	1	3:38	29:10
6	6	165	Alexandra McDougall		E5	GUELPH GRYPHONS	2	3:41	29:30
7	7	190	Emma Elliott		E5	MCMASTER MARAUDERS	2	3:43	29:46
8	8	228	Bridget Jeffrey		E2	UNB REDS	1	3:44	29:52
9	9	216	Bianca Grossi		R	TORONTO VARSITY BLUE	1	3:44	29:55
10	10	162	Michelle Gray		E5	GUELPH GRYPHONS	3	3:44	29:57
11	11	203	Darcie Stapleton		E4	MEMORIAL SEA-HAWKS	2	3:45	30:01
12	12	194	Ana Morariu		E4	MCMASTER MARAUDERS	3	3:45	30:05
13	13	266	Sian Kniaziew		E3	WINDSOR LANCERS	3	3:46	30:10
14	14	196	Kara Tichbourne		E4	MCMASTER MARAUDERS	4	3:46	30:15
15	15	230	Sierra Rodrigues		E5	UNB REDS	2	3:49	30:34
16	16	264	Ella Heredi		E3	WINDSOR LANCERS	4	3:49	30:36
17		275	Anastasia Kirova		E2	YORK LIONS	1	3:49	30:38
18	17	260	Natalie Adam		E3	WINDSOR LANCERS	5	3:51	30:48
19	18	271	Nicole Seagris		E3	WINDSOR LANCERS	6	3:51	30:48
20	19	265	Maren Kasunich		E3	WINDSOR LANCERS	7	3:51	30:55
21	20	225	Georgia Bernhard		E5	UNB REDS	3	3:52	30:58
22	21	198	Sophie Trott		E4	MCMASTER MARAUDERS	5	3:52	30:58
23		262	Natalie Fortier		E4	WINDSOR LANCERS	8	3:53	31:08
24	22	256	Brooke Power		E4	WESTERN MUSTANGS	1	3:53	31:09
25	23	250	Sarah Luedke		E5	WESTERN MUSTANGS	2	3:53	31:10
26	24	252	Avery Norland		R	WESTERN MUSTANGS	3	3:55	31:23
27	25	244	Zaira Chaudhry		E2	WESTERN MUSTANGS	4	3:56	31:32
28	26	167	Maeve Pestonji		E5	GUELPH GRYPHONS	4	3:56	31:35

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START @ 10:50am

Conditions: sunny, 17°C

MEET RECORD: Alexandra McDougall Guelph Gryphons 28:49.00 20-Sep2025

& COURSE RECORD: Brogan MacDougall Queen's Gaels 28:03.00 27-Oct2018

29	27	254	Charlotte Piscone	E2	WESTERN MUSTANGS	5	3:57	31:37
30	28	164	Anna May	E4	GUELPH GRYPHONS	5	3:57	31:40
31	29	222	Shelby Spencer	E4	TORONTO VARSITY BLUE	2	3:57	31:41
32	30	259	Nora Treleaven	E3	WESTERN MUSTANGS	6	3:57	31:43
33	31	242	Veronica Boyle	E3	WESTERN MUSTANGS	7	3:58	31:47
34		246	Clara Fava	E3	WESTERN MUSTANGS	8	3:59	31:55
35	32	226	Brynn Bowman	R	UNB REDS	4	4:02	32:18
36		241	Reagan Atkinsin	R	WESTERN MUSTANGS	9	4:03	32:27
37	33	193	Juliana Lortie	R	MCMASTER MARAUDERS	6	4:03	32:29
38	34	204	Ally Wilkins	E4	MEMORIAL SEA-HAWKS	3	4:04	32:32
39	35	218	Vicky Liu	R	TORONTO VARSITY BLUE	3	4:04	32:34
40	36	223	Naysa Woods	R	TORONTO VARSITY BLUE	4	4:04	32:36
41	37	200	Sarah Mack	E2	MEMORIAL SEA-HAWKS	4	4:04	32:37
42	38	229	Petra Leblanc	R	UNB REDS	5	4:04	32:39
43	39	192	Natsuki Iwano-Rivers	E1	MCMASTER MARAUDERS	7	4:05	32:43
44		277	Ava Sparkes	E4	YORK LIONS	2	4:05	32:47
45	40	227	Makayla Burke	E3	UNB REDS	6	4:06	32:48
46	41	217	Kaitlyn Koyanagi	E3	TORONTO VARSITY BLUE	5	4:06	32:49
47		253	Laura Peters	E5	WESTERN MUSTANGS	10	4:06	32:51
48	42	224	Alexie Beaupre	R	UNB REDS	7	4:07	32:56
49		197	Julia Tremeer	E1	MCMASTER MARAUDERS	8	4:07	32:58
50		249	Claire Hickey	E3	WESTERN MUSTANGS	11	4:07	33:00
51		269	Sylvia Ross	R	WINDSOR LANCERS	9	4:08	33:08
52		255	Alexandra Podstreleny	R	WESTERN MUSTANGS	12	4:08	33:10
53	43	176	Kylee Fowler	E5	LAURENTIAN VOYAGEURS	1	4:08	33:11
54	44	201	Jocelyn Ringler	E3	MEMORIAL SEA-HAWKS	5	4:09	33:12
55		270	Julia Scarrow	E3	WINDSOR LANCERS	10	4:09	33:18
56	45	160	Alyssa Camaghan	R	GUELPH GRYPHONS	6	4:10	33:20
57	46	215	Maya Allibon	R	TORONTO VARSITY BLUE	6	4:10	33:21
58		267	Avery Martindale	R	WINDSOR LANCERS	11	4:11	33:29
59	47	173	Charli Borak	E2	LAURENTIAN VOYAGEURS	2	4:11	33:30
60	48	175	Misaki Diavolitsis	R	LAURENTIAN VOYAGEURS	3	4:11	33:34
61		235	Hannah Johnson	E3	WATERLOO WARRIORS	1	4:12	33:37
62	49	179	Georgia Lepage	E3	LAURENTIAN VOYAGEURS	4	4:12	33:39
63	50	221	Jude Shakashiro	R	TORONTO VARSITY BLUE	7	4:13	33:51
64		258	Lucy Stephenson	R	WESTERN MUSTANGS	13	4:14	33:53
65		273	Iva Balcheva	E3	YORK LIONS	3	4:14	33:55
66	51	210	Mackenzie Green	E3	NIPissing LAKERS	1	4:14	33:56
67	52	208	Jillian Daguerre	R	NIPissing LAKERS	2	4:14	33:57
68	53	171	Makenzie Bailey	R	LAURENTIAN VOYAGEURS	5	4:14	33:58
69		189	Zoe Alexander	E1	MCMASTER MARAUDERS	9	4:15	34:05
70		243	Lilly Brydon	E2	WESTERN MUSTANGS	14	4:16	34:11
71		276	Teresa Muggeridge	E5	YORK LIONS	4	4:17	34:18
72	54	178	Charlotte Grenier	E4	LAURENTIAN VOYAGEURS	6	4:18	34:24
73		257	Ella Reise	R	WESTERN MUSTANGS	15	4:18	34:27
74	55	211	Violet Green	R	NIPissing LAKERS	3	4:19	34:37

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75		61	Emma Esau	E1	MCMASTER MARAUDERS	10	4:20	34:40
76		251	Camryn Maxwell	R	WESTERN MUSTANGS	16	4:21	34:48
77	56	187	Rosalind Thompson	E2	LAURIER GOLDEN HAWKS	1	4:24	35:12
78	57	185	Brooklyn Ralph	E2	LAURIER GOLDEN HAWKS	2	4:24	35:18
79		220	Avery Murrell	E4	TORONTO VARSITY BLUE	8	4:25	35:20
80		232	Gillian Clarke	E1	WATERLOO WARRIORS	2	4:25	35:22
81	58	182	Tegan Ceccanese	E4	LAURIER GOLDEN HAWKS	3	4:25	35:23
82	59	205	Clara Yetman	R	MEMORIAL SEA-HAWKS	6	4:27	35:39
83	60	186	Alice Roy	E2	LAURIER GOLDEN HAWKS	4	4:27	35:40
84	61	202	Arleta Sadilkova	E3	MEMORIAL SEA-HAWKS	7	4:28	35:48
85	62	213	Mia Smith	E3	NIPISSING LAKERS	4	4:30	36:05
86		240	Lucy Waite	R	WATERLOO WARRIORS	3	4:31	36:09
87		233	Abby Hanan	E1	WATERLOO WARRIORS	4	4:32	36:23
88	63	183	Ava Darminio	R	LAURIER GOLDEN HAWKS	5	4:37	37:03
89	64	177	Ariel Gibbons	E3	LAURENTIAN VOYAGEURS	7	4:39	37:15
90	65	184	Claire Horn	R	LAURIER GOLDEN HAWKS	6	4:40	37:22
91		180	Elena Salvati	R	LAURENTIAN VOYAGEURS	8	4:40	37:27
92	66	206	Charlotte Ailey	E2	NIPISSING LAKERS	5	4:48	38:24
93	67	212	Elena Kuhn	R	NIPISSING LAKERS	6	5:00	40:05
94	68	181	Skyla Boronka	R	LAURIER GOLDEN HAWKS	7	5:03	40:31
95	69	207	Hazel Craig	E1	NIPISSING LAKERS	7	5:09	41:18
96		209	Nina-Rose Di Lello	E1	NIPISSING LAKERS	8	5:16	42:13
97		163	Nicole Hartnell	E4	GUELPH GRYPHONS			DNF

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OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Samara Quanz		E5	268	28:56	3:37	5:49
1-1	Alyshia Alkerton		E3	261	28:42	3:35	5:46
13-13	Sian Kniaziew		E3	266	30:10	3:46	6:04
16-16	Ella Heredi		E3	264	30:36	3:49	6:09
18-17	Natalie Adam		E3	260	30:48	3:51	6:11
=====							
19-18	Nicole Seagris		E3	271	30:48	3:51	6:11
20-19	Maren Kasunich		E3	265	30:55	3:51	6:13
=====							
23-23	Natalie Fortier		E4	262	31:08	3:53	6:15
51-51	Sylvia Ross		R	269	33:08	4:08	6:39
55-55	Julia Scarrow		E3	270	33:18	4:09	6:41
58-58	Avery Martindale		R	267	33:29	4:11	6:44
Top 5 Total Time:		2:29:12	Top 5 Average Time:		29:50		
Top 5 Average per KM:		3:43	Top 5 Average Per MILE:		6:00		
1 - 5 Split:		2:06	1 - 7 Split:		2:13		
Top 7 Total Time:		3:30:55	Top 7 Average Time:		30:07		

TEAM: MCMASTER MARAUDERS**SCORE: 59****PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Ruby File		R	191	29:10	3:38	5:52
7-7	Emma Elliott		E5	190	29:46	3:43	5:59
12-12	Ana Morariu		E4	194	30:05	3:45	6:03
14-14	Kara Tichbourne		E4	196	30:15	3:46	6:05
22-21	Sophie Trott		E4	198	30:58	3:52	6:13
=====							
37-33	Juliana Lortie		R	193	32:29	4:03	6:32
43-39	Natsuki Iwano-Rivers		E1	192	32:43	4:05	6:34
=====							
49-49	Julia Tremeer		E1	197	32:58	4:07	6:37
69-69	Zoe Alexander		E1	189	34:05	4:15	6:51
75-75	Emma Esau		E1	61	34:40	4:20	6:58
Top 5 Total Time:		2:30:14	Top 5 Average Time:		30:02		
Top 5 Average per KM:		3:45	Top 5 Average Per MILE:		6:02		
1 - 5 Split:		1:48	1 - 7 Split:		3:33		
Top 7 Total Time:		3:35:26	Top 7 Average Time:		30:46		

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Timing & Scoring by SportMadeSimple**TEAM: GUELPH GRYPHONS****SCORE: 74****PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Mikala Ryan		R	168	29:08	3:38	5:51
6-6	Alexandra McDougall		E5	165	29:30	3:41	5:56
10-10	Michelle Gray		E5	162	29:57	3:44	6:01
28-26	Maeve Pestonji		E5	167	31:35	3:56	6:21
30-28	Anna May		E4	164	31:40	3:57	6:22
=====							
56-45	Alyssa Carnaghan		R	160	33:20	4:10	6:42
	Nicole Hartnell		E4	163	DNF		
=====							
Top 5 Total Time:		2:31:50		Top 5 Average Time:		30:22	
Top 5 Average per KM:		3:47		Top 5 Average Per MILE:		6:06	
1 - 5 Split:		2:32		1 - 7 Split:			
Top 7 Total Time:				Top 7 Average Time:			

TEAM: UNB REDS**SCORE: 113****PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
8-8	Bridget Jeffrey		E2	228	29:52	3:44	6:00
15-15	Sierra Rodrigues		E5	230	30:34	3:49	6:08
21-20	Georgia Bernhard		E5	225	30:58	3:52	6:13
35-32	Brynn Bowman		R	226	32:18	4:02	6:29
42-38	Petra Leblanc		R	229	32:39	4:04	6:34
=====							
45-40	Makayla Burke		E3	227	32:48	4:06	6:35
48-42	Alexie Beaupre		R	224	32:56	4:07	6:37
=====							
Top 5 Total Time:		2:36:21		Top 5 Average Time:		31:16	
Top 5 Average per KM:		3:54		Top 5 Average Per MILE:		6:17	
1 - 5 Split:		2:47		1 - 7 Split:		3:04	
Top 7 Total Time:		3:42:05		Top 7 Average Time:		31:43	

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OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
26-24	Avery Norland		R	252	31:23	3:55	6:18
27-25	Zaira Chaudhry		E2	244	31:32	3:56	6:20
25-23	Sarah Luedke		E5	250	31:10	3:53	6:16
24-22	Brooke Power		E4	256	31:09	3:53	6:15
29-27	Charlotte Piscone		E2	254	31:37	3:57	6:21
=====							
34-34	Clara Fava		E3	246	31:55	3:59	6:25
33-31	Veronica Boyle		E3	242	31:47	3:58	6:23
=====							
32-30	Nora Treleaven		E3	259	31:43	3:57	6:22
36-36	Reagan Atkinsin		R	241	32:27	4:03	6:31
47-47	Laura Peters		E5	253	32:51	4:06	6:36
50-50	Claire Hickey		E3	249	33:00	4:07	6:38
52-52	Alexandra Podstreleny		R	255	33:10	4:08	6:40
64-64	Lucy Stephenson		R	258	33:53	4:14	6:48
70-70	Lilly Brydon		E2	243	34:11	4:16	6:52
73-73	Ella Reise		R	257	34:27	4:18	6:55
76-76	Camryn Maxwell		R	251	34:48	4:21	7:00
Top 5 Total Time:		2:36:51	Top 5 Average Time:		31:22		
Top 5 Average per KM:		3:55	Top 5 Average Per MILE:		6:18		
1 - 5 Split:		0:28	1 - 7 Split:		38		
Top 7 Total Time:		3:40:21	Top 7 Average Time:		31:28		

TEAM: MEMORIAL SEA-HAWKS**SCORE: 129****PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Grace Mack		E4	199	29:01	3:37	5:50
11-11	Darcie Stapleton		E4	203	30:01	3:45	6:02
38-34	Ally Wilkins		E4	204	32:32	4:04	6:32
41-37	Sarah Mack		E2	200	32:37	4:04	6:33
54-44	Jocelyn Ringler		E3	201	33:12	4:09	6:40
=====							
82-59	Clara Yetman		R	205	35:39	4:27	7:10
84-61	Arieta Sadilkova		E3	202	35:48	4:28	7:12
=====							
Top 5 Total Time:		2:37:23	Top 5 Average Time:		31:28		
Top 5 Average per KM:		3:56	Top 5 Average Per MILE:		6:19		
1 - 5 Split:		4:11	1 - 7 Split:		6:47		
Top 7 Total Time:		3:48:50	Top 7 Average Time:		32:41		

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OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
9-9	Bianca Grossi		R	216	29:55	3:44	6:01
31-29	Shelby Spencer		E4	222	31:41	3:57	6:22
40-36	Naysa Woods		R	223	32:36	4:04	6:33
39-35	Vicky Liu		R	218	32:34	4:04	6:33
46-41	Kaitlyn Koyanagi		E3	217	32:49	4:06	6:36
=====							
57-46	Maya Allibon		R	215	33:21	4:10	6:42
63-50	Jude Shakashiro		R	221	33:51	4:13	6:48
=====							
79-79	Avery Murrell		E4	220	35:20	4:25	7:06
Top 5 Total Time:		2:39:35	Top 5 Average Time:		31:55		
Top 5 Average per KM:		3:59	Top 5 Average Per MILE:		6:25		
1 - 5 Split:		2:54	1 - 7 Split:		3:56		
Top 7 Total Time:		3:46:47	Top 7 Average Time:		32:23		

TEAM: LAURENTIAN VOYAGEURS**SCORE: 240****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
53-43	Kylee Fowler		E5	176	33:11	4:08	6:40
59-47	Charli Borak		E2	173	33:30	4:11	6:44
60-48	Misaki Diavolitsis		R	175	33:34	4:11	6:45
62-49	Georgia Lepage		E3	179	33:39	4:12	6:46
68-53	Makenzie Bailey		R	171	33:58	4:14	6:49
=====							
72-54	Charlotte Grenier		E4	178	34:24	4:18	6:55
89-64	Ariel Gibbons		E3	177	37:15	4:39	7:29
=====							
91-91	Elena Salvati		R	180	37:27	4:40	7:32
Top 5 Total Time:		2:47:52	Top 5 Average Time:		33:34		
Top 5 Average per KM:		4:11	Top 5 Average Per MILE:		6:45		
1 - 5 Split:		0:47	1 - 7 Split:		4:04		
Top 7 Total Time:		3:59:31	Top 7 Average Time:		34:13		

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OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
66-51	Mackenzie Green		E3	210	33:56	4:14	6:49
67-52	Jillian Daguerre		R	208	33:57	4:14	6:49
74-55	Violet Green		R	211	34:37	4:19	6:57
85-62	Mia Smith		E3	213	36:05	4:30	7:15
92-66	Charlotte Ailey		E2	206	38:24	4:48	7:43
=====							
93-67	Elena Kuhn		R	212	40:05	5:00	8:03
95-69	Hazel Craig		E1	207	41:18	5:09	8:18
=====							
96-96	Nina-Rose Di Lello		E1	209	42:13	5:16	8:29
Top 5 Total Time:		2:56:59	Top 5 Average Time:		35:23		
Top 5 Average per KM:		4:25	Top 5 Average Per MILE:		7:07		
1 - 5 Split:		4:28	1 - 7 Split:		7:22		
Top 7 Total Time:		4:18:22	Top 7 Average Time:		36:54		

TEAM: LAURIER GOLDEN HAWKS**SCORE: 294****PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
78-57	Brooklyn Ralph		E2	185	35:18	4:24	7:06
77-56	Rosalind Thompson		E2	187	35:12	4:24	7:04
81-58	Tegan Ceccanese		E4	182	35:23	4:25	7:07
83-60	Alice Roy		E2	186	35:40	4:27	7:10
88-63	Ava Darminio		R	183	37:03	4:37	7:27
=====							
90-65	Claire Horn		R	184	37:22	4:40	7:31
94-68	Skyla Boronka		R	181	40:31	5:03	8:09
=====							
Top 5 Total Time:		2:58:36	Top 5 Average Time:		35:43		
Top 5 Average per KM:		4:27	Top 5 Average Per MILE:		7:11		
1 - 5 Split:		1:51	1 - 7 Split:		5:19		
Top 7 Total Time:		4:16:29	Top 7 Average Time:		36:38		

2026 Vigars & Salter WESTERN INVITATIONAL Sept 26

2026-09-26

2026-09-26 - 2026-09-26

51st year for this meet / 40th @ TVGC
Timing & Scoring by SportMadeSimple**Event # 2 MENS 8Km Run**

START @ 10:00am

Conditions: sunny 16°C

MEET RECORD:Jeremy Goughler London-Western TFC 24:30.00 24-Sep2022

& COURSE RECORD:Phillippe Mouneau-Carter Laval Rouge et Or 24:17.00 12-Nov2023

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	MCMaster MARAUDERS	25	2-4-5-6-8	10-11	2:05:45	3:08	25:09	0:27
2	WESTERN MUSTANGS	50	3-7-9-14-17	19-23	2:07:11	3:10	25:26	0:42
3	GUELPH GRYPHONS	83	1-15-18-22-27	28-32	2:08:18	3:12	25:39	1:22
4	WINDSOR LANCERS	103	12-20-21-24-26	40-41	2:09:22	3:14	25:52	0:27
5	TORONTO VARSITY BLUE	170	29-30-33-35-43	44-49	2:12:35	3:18	26:31	0:34
6	WATERLOO WARRIORS	192	16-36-45-47-48	52-53	2:14:13	3:21	26:50	1:38
7	MEMORIAL SEA-HAWKS	208	13-31-34-60-70		2:16:42	3:25	27:20	4:13
8	LAURENTIAN VOYAGEURS	223	37-38-42-51-55	56-59	2:15:20	3:23	27:04	1:11
9	YORK LIONS	243	25-39-50-63-66	67-74	2:18:21	3:27	27:40	3:13
10	LAURIER GOLDEN HAWKS	307	54-58-61-65-69	71-72	2:23:33	3:35	28:42	2:04
11	TMU BOLD	338	46-62-73-78-79	81	2:29:30	3:44	29:54	4:33
12	NIPISSING LAKERS	340	57-64-68-75-76	77-80	2:28:33	3:42	29:42	3:00

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	18	Jack Lehto		E5	GUELPH GRYPHONS	1	3:05	24:46
2	2	63	Samuel Patrick		E4	MCMaster MARAUDERS	1	3:07	24:56
3	3	132	Liam Smith		E3	WESTERN MUSTANGS	1	3:07	25:02
4	4	60	Austin McGoey		E4	MCMaster MARAUDERS	2	3:08	25:07
5	5	67	William Weist		E5	MCMaster MARAUDERS	3	3:08	25:09
6	6	52	Eli Bouius		R	MCMaster MARAUDERS	4	3:08	25:10
7	7	117	Robin Faricier		E3	WESTERN MUSTANGS	2	3:09	25:15
8	8	59	Jack Gregory		R	MCMaster MARAUDERS	5	3:10	25:23
9	9	114	Tom Boers		E4	WESTERN MUSTANGS	3	3:11	25:29
10	10	53	Tristan Bouius		E4	MCMaster MARAUDERS	6	3:11	25:33
11	11	55	Ryan Davies		E4	MCMaster MARAUDERS	7	3:11	25:34
12	12	142	Andreas Pardalis		E3	WINDSOR LANCERS	1	3:11	25:35
13	13	70	Vincent Dupont		E2	MEMORIAL SEA-HAWKS	1	3:12	25:36
14		66	Iain Thomson		E3	MCMaster MARAUDERS	8	3:12	25:39
15		62	Noah Nagy		E2	MCMaster MARAUDERS	9	3:12	25:41
16	14	119	Satveer Gill		E4	WESTERN MUSTANGS	4	3:12	25:41
17	15	14	Aiden Clodd		R	GUELPH GRYPHONS	2	3:12	25:42
18	16	109	Lauchlan Orchard		R	WATERLOO WARRIORS	1	3:12	25:43
19	17	122	Kirk Hallman		R	WESTERN MUSTANGS	5	3:13	25:44
20	18	19	Owen Lloyd		E5	GUELPH GRYPHONS	3	3:13	25:45
21	19	118	Eitan Garfin-Udaskin		E2	WESTERN MUSTANGS	6	3:13	25:47
22		65	Derek Strachan		E1	MCMaster MARAUDERS	10	3:13	25:48
23	20	148	James Wheeler		E2	WINDSOR LANCERS	2	3:13	25:50
24		54	Kamran Brar		E3	MCMaster MARAUDERS	11	3:14	25:54
25	21	135	Max Fazecash		E3	WINDSOR LANCERS	3	3:14	25:55
26	22	20	Charlie Mills		E4	GUELPH GRYPHONS	4	3:14	25:57
27	23	129	Owen Parkes		E4	WESTERN MUSTANGS	7	3:14	25:58
28	24	146	Samuel Rohr		E2	WINDSOR LANCERS	4	3:15	26:00

2026 Vigars & Salter WESTERN INVITATIONAL Sept 26

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START @ 10:00am

Conditions: sunny 16°C

MEET RECORD:Jeremy Goughler London-Western TFC 24:30.00 24-Sep2022

& COURSE RECORD:Phillippe Moumeau-Carter Laval Rouge et Or 24:17.00 12-Nov2023

29	25	150	Isak Fransson	E2	YORK LIONS	1	3:15	26:00
30	26	147	Gavin Stafford	E2	WINDSOR LANCERS	5	3:15	26:02
31		56	Marco Di Felice	E2	MCMaster MARAUDERS	12	3:15	26:07
32	27	16	Willem De Gooyer	E3	GUELPH GRYPHONS	5	3:16	26:08
33		115	Ethan Cannon	E3	WESTERN MUSTANGS	8	3:16	26:10
34	28	11	Nolan Buie	E2	GUELPH GRYPHONS	6	3:16	26:11
35		57	Giancarlo Farruggia	E5	MCMaster MARAUDERS	13	3:17	26:16
36	29	90	Nima Ashtari	E4	TORONTO VARSITY BLUE	1	3:17	26:20
37	30	100	Oliver Tagalog	E3	TORONTO VARSITY BLUE	2	3:17	26:20
38	31	69	Aidan Douglas	R	MEMORIAL SEA-HAWKS	2	3:17	26:22
39	32	24	Logan Willcott	E2	GUELPH GRYPHONS	7	3:18	26:26
40	33	93	Ben Gates	E3	TORONTO VARSITY BLUE	3	3:18	26:28
41	34	73	David Mack	E2	MEMORIAL SEA-HAWKS	3	3:18	26:30
42		23	Aaron Smith	E3	GUELPH GRYPHONS	8	3:18	26:31
43		121	Skyler Grossi	E2	WESTERN MUSTANGS	9	3:19	26:32
44	35	99	Jabez Siu	E3	TORONTO VARSITY BLUE	4	3:19	26:33
45	36	107	Aris Motrea	R	WATERLOO WARRIORS	2	3:19	26:33
46		58	Tristan Gazaille	E4	MCMaster MARAUDERS	14	3:19	26:34
47	37	26	Braedan Estabrooks	E2	LAURENTIAN VOYAGEURS	1	3:19	26:37
48	38	31	Natnael Mulugeta	R	LAURENTIAN VOYAGEURS	2	3:19	26:37
49	39	158	Tynan Webb	E4	YORK LIONS	2	3:20	26:41
50	40	143	Jeremy Pinho	E2	WINDSOR LANCERS	6	3:20	26:44
51	41	137	Ethan Graves	E5	WINDSOR LANCERS	7	3:21	26:50
52		51	Owen Bailey-Braun	E1	MCMaster MARAUDERS	15	3:21	26:51
53	42	32	Christian Myers	R	LAURENTIAN VOYAGEURS	3	3:21	26:52
54	43	94	Parker Levac	E3	TORONTO VARSITY BLUE	5	3:21	26:54
55		64	Sam Richter	E3	MCMaster MARAUDERS	16	3:22	26:56
56		22	Charlie Shaw	E4	GUELPH GRYPHONS	9	3:22	27:02
57	44	96	Nathan Morris	E2	TORONTO VARSITY BLUE	6	3:22	27:03
58		140	Quinten Marsh-lansard	E3	WINDSOR LANCERS	8	3:23	27:11
59	45	108	Amadi Opara	E2	WATERLOO WARRIORS	3	3:24	27:15
60	46	84	Jack Heintz	E5	TMU BOLD	1	3:24	27:17
61		131	Samuel Simpson	R	WESTERN MUSTANGS	10	3:24	27:17
62	47	110	Evan Prescott	E2	WATERLOO WARRIORS	4	3:25	27:21
63	48	102	Yulai Duan	E4	WATERLOO WARRIORS	5	3:25	27:21
64		136	Sebastian Glaser	E2	WINDSOR LANCERS	9	3:25	27:23
65	49	92	David Doscas	R	TORONTO VARSITY BLUE	7	3:25	27:23
66	50	155	Lukas Renaud	E1	YORK LIONS	3	3:25	27:26
67	51	30	Owen McDougall	R	LAURENTIAN VOYAGEURS	4	3:25	27:26
68	52	111	Paul Shortis	R	WATERLOO WARRIORS	6	3:26	27:31
69	53	105	Connor Hickling	E4	WATERLOO WARRIORS	7	3:26	27:35
70		120	Will Greenfield	E3	WESTERN MUSTANGS	11	3:27	27:36
71		133	Kade Campbell	E3	WINDSOR LANCERS	10	3:27	27:39
72		95	Ty Machado	R	TORONTO VARSITY BLUE	8	3:27	27:41
73	54	46	Nathan Lemire	E3	LAURIER GOLDEN HAWKS	1	3:27	27:42
74		21	Landon Reuter	E2	GUELPH GRYPHONS	10	3:28	27:44

2026 Vigars & Salter WESTERN INVITATIONAL Sept 26

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START @ 10:00am

Conditions: sunny 16°C

MEET RECORD:Jeremy Goughler London-Western TFC 24:30.00 24-Sep2022

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75	55	28	TJ Green	E2	LAURENTIAN VOYAGEURS	5	3:28	27:48
76		91	Nathan Bergman	E3	TORONTO VARSITY BLUE	9	3:28	27:49
77		128	Myles Nazarewicz	R	WESTERN MUSTANGS	12	3:28	27:50
78		123	Cecil Jenkins	R	WESTERN MUSTANGS	13	3:28	27:50
79	56	25	Raphael Belzile	R	LAURENTIAN VOYAGEURS	6	3:29	27:53
80		145	Wyatt Ribchester	E4	WINDSOR LANCERS	11	3:30	28:00
81	57	81	Kelly Thompson	E3	NIPISSING LAKERS	1	3:32	28:16
82	58	41	Tyler Klazek	E2	LAURIER GOLDEN HAWKS	2	3:32	28:18
83		106	Jamie Kauri	E2	WATERLOO WARRIORS	8	3:32	28:19
84	59	33	Brandon Radey	E5	LAURENTIAN VOYAGEURS	7	3:32	28:21
85		34	Shiloh Sauve	E2	LAURENTIAN VOYAGEURS	8	3:32	28:23
86		98	Adam Pralat	E4	TORONTO VARSITY BLUE	10	3:32	28:23
87	60	72	Adam Guy	E1	MEMORIAL SEA-HAWKS	4	3:33	28:25
88		126	Jonah Lariviere	R	WESTERN MUSTANGS	14	3:33	28:27
89		141	Adrian Olivito	R	WINDSOR LANCERS	12	3:33	28:29
90		104	Sami Ghazlani	E2	WATERLOO WARRIORS	9	3:34	28:32
91		29	Joshua Lafontaine	R	LAURENTIAN VOYAGEURS	9	3:34	28:34
92		12	Eric Campbell	E5	GUELPH GRYPHONS	11	3:34	28:36
93		101	Ryan Vacante	R	TORONTO VARSITY BLUE	11	3:34	28:36
94	61	48	Om Nathwani	E3	LAURIER GOLDEN HAWKS	3	3:34	28:37
95		27	Luke Ford	E2	LAURENTIAN VOYAGEURS	10	3:35	28:42
96		144	Greyson Pitcher	R	WINDSOR LANCERS	13	3:35	28:42
97	62	89	Kieran Watson	E1	TMU BOLD	2	3:36	28:53
98	63	149	David Akerman	E4	YORK LIONS	4	3:37	29:01
99	64	76	Adam Edwards	E3	NIPISSING LAKERS	2	3:38	29:07
100	65	43	Holden Lamont	E3	LAURIER GOLDEN HAWKS	4	3:38	29:10
101	66	157	Oliver Waddington	E4	YORK LIONS	5	3:39	29:13
102		138	Logan Klomps	R	WINDSOR LANCERS	14	3:39	29:14
103	67	152	Christian Jarosz	E1	YORK LIONS	6	3:39	29:14
104	68	80	Nicholas Ludgate	R	NIPISSING LAKERS	3	3:40	29:21
105	69	44	Jack Lazear	E3	LAURIER GOLDEN HAWKS	5	3:43	29:46
106	70	71	Peter Gill	E2	MEMORIAL SEA-HAWKS	5	3:43	29:49
107	71	38	Jeremy Hardeman	E3	LAURIER GOLDEN HAWKS	6	3:43	29:50
108		36	Alan Wilkin	E3	LAURENTIAN VOYAGEURS	11	3:44	29:53
109	72	50	Chad Thorpe	E2	LAURIER GOLDEN HAWKS	7	3:44	29:53
110		40	Cezar Hirsescu	E2	LAURIER GOLDEN HAWKS	8	3:44	29:55
111	73	86	Fawwaz Khan	E4	TMU BOLD	3	3:45	30:00
112		42	Nolan Kuhlberg	E3	LAURIER GOLDEN HAWKS	9	3:45	30:03
113	74	159	Owen Whitley	E1	YORK LIONS	7	3:47	30:17
114		39	Nolan Hesson	E2	LAURIER GOLDEN HAWKS	10	3:48	30:27
115	75	77	Nathan Hussell	R	NIPISSING LAKERS	4	3:49	30:33
116		156	Thomas Tse	E2	YORK LIONS	8	3:51	30:49
117	76	75	Sawyer Clarke	R	NIPISSING LAKERS	5	3:54	31:16
118		45	Cohen Ledger	E3	LAURIER GOLDEN HAWKS	11	3:55	31:20
119	77	78	Nolan Kenny	E3	NIPISSING LAKERS	6	3:55	31:25
120	78	85	Tyler James	E1	TMU BOLD	4	3:56	31:30

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START @ 10:00am

Conditions: sunny 16°C

MEET RECORD:Jeremy Goughler London-Western TFC 24:30.00 24-Sep2022

& COURSE RECORD:Phillippe Mourneau-Carter Laval Rouge et Or 24:17.00 12-Nov2023

121	79	83	Ravi Gajadhar	E1	TMU BOLD	5	3:58	31:50
122	80	79	George Legler	E5	NIPissing LAKERS	7	3:59	31:55
123	81	88	Massimo Montonari	E2	TMU BOLD	6	4:10	33:24
124		47	Prestyn Murphy	R	LAURIER GOLDEN HAWKS	12	4:24	35:17
125		37	Simon Drolet	E3	LAURIER GOLDEN HAWKS			DNF
126		113	Zach Visser	R	WATERLOO WARRIORS			DNF
127		139	Owen Lebel	E3	WINDSOR LANCERS			DNF
128		15	William Cowling	E2	GUELPH GRYPHONS			DNF
129		124	Keyaan Jivraj	R	WESTERN MUSTANGS			DNF
130		134	Noah Cann	R	WINDSOR LANCERS			DNF
131		130	Saurang Puthenkulangara	E2	WESTERN MUSTANGS			DNF

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Timing & Scoring by SportMadeSimple

TEAM: MCMASTER MARAUDERS		SCORE: 25		PLACE: 1			
OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Samuel Patrick		E4	63	24:56	3:07	5:00
6-6	Eli Bouius		R	52	25:10	3:08	5:03
5-5	William Weist		E5	67	25:09	3:08	5:03
4-4	Austin McGoey		E4	60	25:07	3:08	5:03
8-8	Jack Gregory		R	59	25:23	3:10	5:06
=====							
11-11	Ryan Davies		E4	55	25:34	3:11	5:08
10-10	Tristan Bouius		E4	53	25:33	3:11	5:08
=====							
14-14	Iain Thomson		E3	66	25:39	3:12	5:09
15-15	Noah Nagy		E2	62	25:41	3:12	5:10
22-22	Derek Strachan		E1	65	25:48	3:13	5:11
24-24	Kamran Brar		E3	54	25:54	3:14	5:12
31-31	Marco Di Felice		E2	56	26:07	3:15	5:15
35-35	Giancarlo Farruggia		E5	57	26:16	3:17	5:17
46-46	Tristan Gazaille		E4	58	26:34	3:19	5:20
52-52	Owen Bailey-Braun		E1	51	26:51	3:21	5:24
55-55	Sam Richter		E3	64	26:56	3:22	5:25
Top 5 Total Time:		2:05:45	Top 5 Average Time:		25:09		
Top 5 Average per KM:		3:08	Top 5 Average Per MILE:		5:03		
1 - 5 Split:		0:27	1 - 7 Split:		38		
Top 7 Total Time:		2:56:52	Top 7 Average Time:		25:16		

2026 Vigars & Salter WESTERN INVITATIONAL Sept 26

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2026-09-26 - 2026-09-26

51st year for this meet / 40th @ TVGC
Timing & Scoring by SportMadeSimple**TEAM: WESTERN MUSTANGS****SCORE: 50****PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Liam Smith		E3	132	25:02	3:07	5:02
7-7	Robin Faricier		E3	117	25:15	3:09	5:04
9-9	Tom Boers		E4	114	25:29	3:11	5:07
16-14	Satveer Gill		E4	119	25:41	3:12	5:10
19-17	Kirk Hallman		R	122	25:44	3:13	5:10
=====							
21-19	Eitan Garfin-Udaskin		E2	118	25:47	3:13	5:11
27-23	Owen Parkes		E4	129	25:58	3:14	5:13
=====							
33-33	Ethan Cannon		E3	115	26:10	3:16	5:15
43-43	Skyler Grossi		E2	121	26:32	3:19	5:20
61-61	Samuel Simpson		R	131	27:17	3:24	5:29
70-70	Will Greenfield		E3	120	27:36	3:27	5:33
77-77	Myles Nazarewicz		R	128	27:50	3:28	5:35
78-78	Cecil Jenkins		R	123	27:50	3:28	5:35
88-88	Jonah Lariviere		R	126	28:27	3:33	5:43
	Saurang Puthenkulangara		E2	130	DNF		
	Keyaan Jivraj		R	124	DNF		
Top 5 Total Time:		2:07:11	Top 5 Average Time:		25:26		
Top 5 Average per KM:		3:10	Top 5 Average Per MILE:		5:07		
1 - 5 Split:		0:42	1 - 7 Split:		56		
Top 7 Total Time:		2:58:56	Top 7 Average Time:		25:33		

TEAM: GUELPH GRYPHONS**SCORE: 83****PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Jack Lehto		E5	18	24:46	3:05	4:58
17-15	Aiden Clodd		R	14	25:42	3:12	5:10
20-18	Owen Lloyd		E5	19	25:45	3:13	5:10
26-22	Charlie Mills		E4	20	25:57	3:14	5:13
32-27	Willem De Gooyer		E3	16	26:08	3:16	5:15
=====							
34-28	Nolan Buie		E2	11	26:11	3:16	5:16
39-32	Logan Willcott		E2	24	26:26	3:18	5:19
=====							
42-42	Aaron Smith		E3	23	26:31	3:18	5:20
56-56	Charlie Shaw		E4	22	27:02	3:22	5:26
74-74	Landon Reuter		E2	21	27:44	3:28	5:34
92-92	Eric Campbell		E5	12	28:36	3:34	5:45
	William Cowling		E2	15	DNF		
Top 5 Total Time:		2:08:18	Top 5 Average Time:		25:39		
Top 5 Average per KM:		3:12	Top 5 Average Per MILE:		5:09		
1 - 5 Split:		1:22	1 - 7 Split:		1:40		
Top 7 Total Time:		3:0:55	Top 7 Average Time:		25:50		

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Timing & Scoring by SportMadeSimple**TEAM: WINDSOR LANCERS****SCORE: 103****PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
12-12	Andreas Pardalis		E3	142	25:35	3:11	5:08
23-20	James Wheeler		E2	148	25:50	3:13	5:11
25-21	Max Fazecash		E3	135	25:55	3:14	5:12
28-24	Samuel Rohr		E2	146	26:00	3:15	5:13
30-26	Gavin Stafford		E2	147	26:02	3:15	5:14
=====							
51-41	Ethan Graves		E5	137	26:50	3:21	5:23
50-40	Jeremy Pinho		E2	143	26:44	3:20	5:22
=====							
58-58	Quinten Marsh-lansard		E3	140	27:11	3:23	5:28
64-64	Sebastian Glaser		E2	136	27:23	3:25	5:30
71-71	Kade Campbell		E3	133	27:39	3:27	5:33
80-80	Wyatt Ribchester		E4	145	28:00	3:30	5:37
89-89	Adrian Olivito		R	141	28:29	3:33	5:43
96-96	Greyson Pitcher		R	144	28:42	3:35	5:46
102-102	Logan Klomps		R	138	29:14	3:39	5:52
	Noah Cann		R	134	DNF		
	Owen Lebel		E3	139	DNF		
Top 5 Total Time:		2:09:22	Top 5 Average Time:		25:52		
Top 5 Average per KM:		3:14	Top 5 Average Per MILE:		5:12		
1 - 5 Split:		0:27	1 - 7 Split:		1:15		
Top 7 Total Time:		3:2:56	Top 7 Average Time:		26:08		

TEAM: TORONTO VARSITY BLUE**SCORE: 170****PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
36-29	Nima Ashtari		E4	90	26:20	3:17	5:17
37-30	Oliver Tagalog		E3	100	26:20	3:17	5:17
40-33	Ben Gates		E3	93	26:28	3:18	5:19
44-35	Jabez Siu		E3	99	26:33	3:19	5:20
54-43	Parker Levac		E3	94	26:54	3:21	5:24
=====							
57-44	Nathan Morris		E2	96	27:03	3:22	5:26
65-49	David Doscas		R	92	27:23	3:25	5:30
=====							
72-72	Ty Machado		R	95	27:41	3:27	5:34
76-76	Nathan Bergman		E3	91	27:49	3:28	5:35
86-86	Adam Pralat		E4	98	28:23	3:32	5:42
92-92	Ryan Vacante		R	101	28:36	3:34	5:45
Top 5 Total Time:		2:12:35	Top 5 Average Time:		26:31		
Top 5 Average per KM:		3:18	Top 5 Average Per MILE:		5:20		
1 - 5 Split:		0:34	1 - 7 Split:		1:03		
Top 7 Total Time:		3:7:01	Top 7 Average Time:		26:43		

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Timing & Scoring by SportMadeSimple**TEAM: WATERLOO WARRIORS****SCORE: 192****PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
18-16	Lauchlan Orchard		R	109	25:43	3:12	5:10
45-36	Aris Motrea		R	107	26:33	3:19	5:20
59-45	Amadi Opara		E2	108	27:15	3:24	5:28
63-48	Yulai Duan		E4	102	27:21	3:25	5:30
62-47	Evan Prescott		E2	110	27:21	3:25	5:30
=====							
69-53	Connor Hickling		E4	105	27:35	3:26	5:32
68-52	Paul Shortis		R	111	27:31	3:26	5:32
=====							
83-83	Jamie Kauri		E2	106	28:19	3:32	5:41
90-90	Sami Ghazlani		E2	104	28:32	3:34	5:44
	Zach Visser		R	113	DNF		
Top 5 Total Time:		2:14:13	Top 5 Average Time:		26:50		
Top 5 Average per KM:		3:21	Top 5 Average Per MILE:		5:24		
1 - 5 Split:		1:38	1 - 7 Split:		1:52		
Top 7 Total Time:		3:9:19	Top 7 Average Time:		27:02		

TEAM: MEMORIAL SEA-HAWKS**SCORE: 208****PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Vincent Dupont		E2	70	25:36	3:12	5:09
38-31	Aidan Douglas		R	69	26:22	3:17	5:18
41-34	David Mack		E2	73	26:30	3:18	5:19
87-60	Adam Guy		E1	72	28:25	3:33	5:42
106-70	Peter Gill		E2	71	29:49	3:43	5:59
=====							
Top 5 Total Time:		2:16:42	Top 5 Average Time:		27:20		
Top 5 Average per KM:		3:25	Top 5 Average Per MILE:		5:30		
1 - 5 Split:		4:13	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

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Timing & Scoring by SportMadeSimple**TEAM: LAURENTIAN VOYAGEURS****SCORE: 223****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
47-37	Braedan Estabrooks		E2	26	26:37	3:19	5:21
48-38	Natnael Mulugeta		R	31	26:37	3:19	5:21
53-42	Christian Myers		R	32	26:52	3:21	5:24
67-51	Owen McDougall		R	30	27:26	3:25	5:31
75-55	TJ Green		E2	28	27:48	3:28	5:35
=====							
79-56	Raphael Belzile		R	25	27:53	3:29	5:36
85-85	Shiloh Sauve		E2	34	28:23	3:32	5:42
=====							
84-59	Brandon Radey		E5	33	28:21	3:32	5:42
91-91	Joshua Lafontaine		R	29	28:34	3:34	5:44
95-95	Luke Ford		E2	27	28:42	3:35	5:46
108-108	Alan Wilkin		E3	36	29:53	3:44	6:00
Top 5 Total Time:		2:15:20	Top 5 Average Time:		27:04		
Top 5 Average per KM:		3:23	Top 5 Average Per MILE:		5:26		
1 - 5 Split:		1:11	1 - 7 Split:		1:44		
Top 7 Total Time:		3:11:34	Top 7 Average Time:		27:22		

TEAM: YORK LIONS**SCORE: 243****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
28-25	Isak Fransson		E2	150	26:00	3:15	5:13
49-39	Tynan Webb		E4	158	26:41	3:20	5:22
66-50	Lukas Renaud		E1	155	27:26	3:25	5:31
98-63	David Akerman		E4	149	29:01	3:37	5:50
101-66	Oliver Waddington		E4	157	29:13	3:39	5:52
=====							
103-67	Christian Jarosz		E1	152	29:14	3:39	5:52
113-74	Owen Whitley		E1	159	30:17	3:47	6:05
=====							
116-116	Thomas Tse		E2	156	30:49	3:51	6:11
Top 5 Total Time:		2:18:21	Top 5 Average Time:		27:40		
Top 5 Average per KM:		3:27	Top 5 Average Per MILE:		5:33		
1 - 5 Split:		3:13	1 - 7 Split:		4:17		
Top 7 Total Time:		3:17:52	Top 7 Average Time:		28:16		

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OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
73-54	Nathan Lemire		E3	46	27:42	3:27	5:34
82-58	Tyler Klazek		E2	41	28:18	3:32	5:41
94-61	Om Nathwani		E3	48	28:37	3:34	5:45
100-65	Holden Lamont		E3	43	29:10	3:38	5:52
105-69	Jack Lazear		E3	44	29:46	3:43	5:59
=====							
107-71	Jeremy Hardeman		E3	38	29:50	3:43	6:00
110-110	Cezar Hirsescu		E2	40	29:55	3:44	6:01
=====							
109-72	Chad Thorpe		E2	50	29:53	3:44	6:00
112-112	Nolan Kuhlberg		E3	42	30:03	3:45	6:02
114-114	Nolan Hesson		E2	39	30:27	3:48	6:07
118-118	Cohen Ledger		E3	45	31:20	3:55	6:18
124-124	Prestyn Murphy		R	47	35:17	4:24	7:05
	Simon Drolet		E3	37	DNF		
Top 5 Total Time:		2:23:33	Top 5 Average Time:		28:42		
Top 5 Average per KM:		3:35	Top 5 Average Per MILE:		5:46		
1 - 5 Split:		2:04	1 - 7 Split:		2:11		
Top 7 Total Time:		3:23:16	Top 7 Average Time:		29:02		

TEAM: TMU BOLD**SCORE: 338****PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
60-46	Jack Heintz		E5	84	27:17	3:24	5:29
97-62	Kieran Watson		E1	89	28:53	3:36	5:48
111-73	Fawwaz Khan		E4	86	30:00	3:45	6:02
121-79	Ravi Gajadhar		E1	83	31:50	3:58	6:24
120-78	Tyler James		E1	85	31:30	3:56	6:20
=====							
123-81	Massimo Montonari		E2	88	33:24	4:10	6:43
Top 5 Total Time:		2:29:30	Top 5 Average Time:		29:54		
Top 5 Average per KM:		3:44	Top 5 Average Per MILE:		6:00		
1 - 5 Split:		4:33	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

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TEAM:		NIPISSING LAKERS		SCORE:		340		PLACE:		12	
OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM		Avg. Per Mile			
81-57	Kelly Thompson		E3	81	28:16	3:32		5:41			
99-64	Adam Edwards		E3	76	29:07	3:38		5:51			
104-68	Nicholas Ludgate		R	80	29:21	3:40		5:54			
115-75	Nathan Hussell		R	77	30:33	3:49		6:08			
117-76	Sawyer Clarke		R	75	31:16	3:54		6:17			
=====											
119-77	Nolan Kenny		E3	78	31:25	3:55		6:19			
122-80	George Legler		E5	79	31:55	3:59		6:25			
=====											
Top 5 Total Time:		2:28:33		Top 5 Average Time:		29:42					
Top 5 Average per KM:		3:42		Top 5 Average Per MILE:		5:58					
1 - 5 Split:		3:00		1 - 7 Split:		3:39					
Top 7 Total Time:		3:31:53		Top 7 Average Time:		30:16					