

HAMILTON GIRLS & WOMEN TWILIGHT 2026

Hamilton, ON

Mona Campbell Track, McMaster University

July 17, 2026



OFFICIAL MEET REPORT

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RESULTS

#1 Women's 100 Meters (Open)

Finals

Pl	Name	Team	Time	Note	H(Pl)
1	Amanda Bowrin	OHOC - Hamilton Olympic	12.64	(+1.5)	7(1)
2	Raelynn Emanuel	MCTC - Monte Cristo Track	12.76	(+1.5)	7(2)
3	Penelope Dodds	MCTC - Monte Cristo Track	12.95	(+1.5)	7(3)
4	Elsie Murdoch	Monte Cristo Track Club (M	12.99	(+1.5)	7(4)
5	Ocean Child	UWTC - Waterloo Track Clu	13.33	(+0.4)	6(1)
6	Susan Merlau	Laurel Creek T.f.c	13.37	(+0.4)	6(2)
7	Ainsley Young	Royal City Athletics Club (R	13.44	(+0.4)	6(3)
8	Eden Ward	Unattached	13.45	(+1.5)	7(5)
9	Vanessa Rodriguez	Hamilton Olympic Club (HO	13.46	13.452 (+0.4)	6(4)
10	Mila Chelminska	OHOC - Hamilton Olympic	13.46	13.458 (+0.4)	6(5)
11	Sierra Langille-Rasburg	WLEG - Windsor Legion T.	13.57	(+0.4)	6(6)
12	Campbell Thompson	Laurel Creek T.f.c	13.69	(+0.4)	6(7)
13	Maggie Ma	Waterloo Track Club (UWT	13.76	(+0.2)	5(1)
14	Lauren Calbeck	MCTC - Monte Cristo Track	13.80	(+0.2)	5(2)
15	Mya Crocker	River City Athletics	13.82	13.812 (+0.2)	5(3)
16	Courtney Hapaguti	Cathedral Catholic School (	13.82	13.817 (+0.2)	5(4)
17	Jayda Niemczewski	Laurel Creek T.f.c	13.96	(+0.2)	5(5)
18	Emmy McCurdy	WLEG - Windsor Legion T.	13.99	13.982 (+1.5)	4(1)
19	Maria Brown	Windsor Legion T.f.c (WLE	13.99	13.988 (+0.2)	5(6)
20	Molly Harris	Laurel Creek T.f.c	14.12	(+1.5)	4(2)
21	Folake Olanubi	Stac Hamilton	14.18	(+1.5)	4(3)
22	Jordyn Quintyn	ANIA - Athletics Niagara	14.28	(+1.5)	4(4)
23	Rosey Deguida	Athletics Niagara (ANIA)	14.29	(+1.5)	4(5)
24	Stephanie Stancheva	MCTC - Monte Cristo Track	14.40	(+0.2)	5(7)
25	Sofia Hiss-Vargas	BURL - Burlington Track &	14.65	(+1.5)	4(6)
26	Renata Macherzynska	UTTC - University Of Toront	14.83	14.828 (+1.5)	4(7)
27	Olivia Fuller	Athletics Niagara (ANIA)	14.83	14.829 (+0.2)	3(1)
28	Peyton Dellapina	Laurel Creek T.f.c	14.85	(+1.5)	4(8)
29	Aria Peterson	MCTC - Monte Cristo Track	14.92	(+0.2)	3(2)
30	Jillian McGuinness	BURL - Burlington Track &	15.00	(+0.2)	3(3)
31	Ann Mokoko	OHOC - Hamilton Olympic	15.09	(+0.2)	5(8)
32	Ann-Maria Duarte	MOSA - Masters of Speed	15.37	(+0.2)	3(4)
33	Kallie O'Brien	BURL - Burlington Track &	15.53	(+0.2)	3(5)
34	Natalie Walker	Niagara Olympic Club (NO	15.59	(+0.2)	3(6)
35	Karla Del Grande	MOSA - Masters of Speed	15.75	(+0.2)	3(7)
36	Angela Maghanoy	Laurel Creek T.f.c	15.96	(+0.2)	3(8)
37	Paisley O'Brien	Athletics Niagara (ANIA)	16.73	(+0.5)	2(1)
38	Niki Vinopal	Stac Hamilton	17.46	(+0.5)	2(2)
	Alexia Jones	MISS - Mississauga T.F.C.	DNF		7
	Elizabeth Naar	WLEG - Windsor Legion T.	DNS		2
	Ana Green Kopeck	Monte Cristo Track Club (M	DNS		1
	Soriyah Dakin	UNON - Unattached Ontari	DNS		1
	Avery Andersson	Laurel Creek T.f.c	DNS		1
	Isla Cristiano	MCTC - Monte Cristo Track	DNS		1
	Mya Bart	WLEG - Windsor Legion T.	DNS		1

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Pl	Name	Team	Time	Note	H(Pl)
	Monica Binotto	Unattached	DNS		1
	Ana Maya Alvear	Laurel Creek T.f.c	DNS		2
	Claire Green Kopeck	MCTC - Monte Cristo Track	DNS		1
	Fatuma Mohamud	Unattached	DNS		2
	Elhana Berhane	Cathedral Catholic School (	DNS		2
	Zamani Ra	Unattached	DNS		2
	Julia Hughes	UWTC - Waterloo Track Clu	DNS		2
	Carysse Leach	WLEG - Windsor Legion T.	DNS		6
	Lia Hillman	BORD - Border City AC	DNS		7
	Alex Mohart	MCTC - Monte Cristo Track	DNS		7
	Tori D'Angela	MCTC - Monte Cristo Track	DNS		1

Prelims

Pl	Name	Team	Time	Note	H(Pl)
1	Alexia Jones	MISS - Mississauga T.F.C.	11.74q	(+0.6)	8(1)
2	Amanda Bowrin	OHOC - Hamilton Olympic	12.73q	(+0.6)	8(2)
3	Lia Hillman	BORD - Border City AC	12.75q	(+0.6)	8(3)
4	Raelynn Emanuel	MCTC - Monte Cristo Track	12.80q	(+0.6)	8(4)
5	Elsie Murdoch	Monte Cristo Track Club (M	12.81q	(+0.7)	7(1)
6	Penelope Dodds	MCTC - Monte Cristo Track	13.02q	(+0.7)	7(2)
7	Alex Mohart	MCTC - Monte Cristo Track	13.09q	(+0.7)	7(3)
8	Eden Ward	Unattached	13.10q	(+0.7)	7(4)
9	Susan Merlau	Laurel Creek T.f.c	13.34q	(+0.7)	7(5)
10	Mila Chelminska	OHOC - Hamilton Olympic	13.37q	(+0.7)	7(6)
11	Ocean Child	UWTC - Waterloo Track Clu	13.39q	(+1.2)	2(1)
12	Vanessa Rodriguez	Hamilton Olympic Club (HO	13.47q	(+0.7)	7(7)
13	Ainsley Young	Royal City Athletics Club (R	13.51q	(+1.1)	6(1)
14	Carysse Leach	WLEG - Windsor Legion T.	13.57q	(+1.1)	6(2)
15	Campbell Thompson	Laurel Creek T.f.c	13.58q	(+1.1)	6(3)
16	Sierra Langille-Raspburg	WLEG - Windsor Legion T.	13.67q	(+1.1)	6(4)
17	Maggie Ma	Waterloo Track Club (UWT	13.75q	(+1.2)	1(1)
18	Mya Crocker	River City Athletics	13.91q	(+1.1)	5(1)
19	Courtney Hapaguti	Cathedral Catholic School (	13.94q	(+1.1)	5(2)
20	Ann Mokoko	OHOC - Hamilton Olympic	13.99q	(+1.1)	5(3)
21	Jayda Niemczewski	Laurel Creek T.f.c	14.05q 14.041	(+1.1)	6(5)
22	Lauren Calbeck	MCTC - Monte Cristo Track	14.05q 14.043	(+1.2)	1(2)
23	Maria Brown	Windsor Legion T.f.c (WLE	14.12q	(+1.1)	5(4)
24	Stephanie Stancheva	MCTC - Monte Cristo Track	14.20q	(+1.1)	3(1)
25	Emmy McCurdy	WLEG - Windsor Legion T.	14.24q	(+1.1)	5(5)
26	Molly Harris	Laurel Creek T.f.c	14.32q	(+1.5)	4(1)
27	Jordyn Quintyn	ANIA - Athletics Niagara	14.39q	(+1.5)	4(2)
28	Folake Olanubi	Stac Hamilton	14.42q	(+1.1)	5(6)
29	Rosey Deguida	Athletics Niagara (ANIA)	14.44q	(+1.2)	1(3)
30	Sofia Hiss-Vargas	BURL - Burlington Track &	14.68q	(+1.1)	3(2)
31	Peyton Dellapina	Laurel Creek T.f.c	14.78q	(+1.5)	4(3)

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Pl	Name	Team	Time	Note	H(Pl)
32	Renata Macherzynska	UTTC - University Of Toront	14.99q	(+1.5)	4(4)
33	Olivia Fuller	Athletics Niagara (ANIA)	15.03q	(+1.2)	1(4)
34	Aria Peterson	MCTC - Monte Cristo Track	15.07q	(+1.2)	2(2)
35	Jillian McGuiness	BURL - Burlington Track &	15.11q	(+1.1)	3(3)
36	Ann-Maria Duarte	MOSA - Masters of Speed	15.19q	(+1.5)	4(5)
37	Karla Del Grande	MOSA - Masters of Speed	15.63q	(+1.1)	3(4)
38	Natalie Walker	Niagara Olympic Club (NO	15.64q 15.637	(+1.2)	2(3)
39	Kallie O'Brien	BURL - Burlington Track &	15.64q 15.639	(+1.1)	3(5)
40	Angela Maghanoy	Laurel Creek T.f.c	15.96q	(+1.5)	4(6)
41	Elhana Berhane	Cathedral Catholic School (	16.17q	(+1.1)	3(6)
42	Fatuma Mohamud	Unattached	16.59q	(+1.1)	3(7)
43	Paisley O'Brien	Athletics Niagara (ANIA)	16.87q	(+1.1)	3(8)
44	Niki Vinepal	Stac Hamilton	17.95q	(+1.2)	2(4)
	Zamani Ra	Unattached	DNS		1
	Soriyah Dakin	UNON - Unattached Ontari	DNS		2
	Monica Binotto	Unattached	DNS		2
	Ana Green Kopeck	Monte Cristo Track Club (M	DNS		4
	Jordan Allen	Athletics Niagara (ANIA)	DNS		5
	Gillian Allen	Athletics Niagara (ANIA)	DNS		5
	Ana Maya Alvear	Laurel Creek T.f.c	DNS		6
	Claire Green Kopeck	MCTC - Monte Cristo Track	DNS		6
	Mya Bart	WLEG - Windsor Legion T.	DNS		6
	Elizabeth Naar	WLEG - Windsor Legion T.	DNS		7
	Julia Hughes	UWTC - Waterloo Track Clu	DNS		8
	Isla Cristiano	MCTC - Monte Cristo Track	DNS		8
	Tori D'Angela	MCTC - Monte Cristo Track	DNS		8
	Avery Andersson	Laurel Creek T.f.c	DNS		8

#2 Women's 200 Meters (Open)

Pl	Name	Team	Time	Note	H(Pl)
1	Alexia Jones	MISS - Mississauga T.F.C.	23.72	(+0.1)	10(1)
2	Amira Lawrence	UNMB - Unattached-Manito	24.40	(+0.1)	10(2)
3	Rebecca Parker	WLEG - Windsor Legion T.	25.00	(+0.1)	10(3)
4	Olivia Bower	RCAO - Royal City Athletics	25.98	(+0.4)	9(1)
5	Amanda Bowrin	OHOC - Hamilton Olympic	26.30	(+0.4)	9(2)
6	Penelope Dodds	MCTC - Monte Cristo Track	26.32	(+0.4)	9(3)
7	Neve Rye	RCAO - Royal City Athletics	26.39	(+1.0)	8(1)
8	Lia Hillman	BORD - Border City AC	26.47	(+0.1)	10(4)
9	Ava Millar	RCAO - Royal City Athletics	26.67	(+0.4)	9(4)
10	Kelis Daye	BRNT - Brantford T.F.C.	26.69 26.681	(+0.1)	10(5)
11	Taylor Smart	Laurel Creek T.f.c	26.69 26.690	(+1.0)	8(2)
12	Kayla Zelibka	OSTL - St Thomas Legion	26.93	(+0.4)	9(5)
13	Cassidy Richardson	Unattached	26.97	(+1.1)	6(1)
14	Franches Bendje	OHOC - Hamilton Olympic	27.11	(-0.4)	2(1)
15	Raelynn Emanuel	MCTC - Monte Cristo Track	27.14	(+1.0)	8(3)

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Pl	Name	Team	Time	Note	H(Pl)
16	Mariah Schmidt	Laurel Creek T.f.c	27.38	(+1.1)	6(2)
17	Ocean Child	UWTC - Waterloo Track Clu	27.54	(+1.6)	1(1)
18	Kenaya Ebonzo	Hamilton Olympic Club (HO	27.56	(+0.6)	7(1)
19	Alexis Lealess	LWTF - London Western T.	27.83	(+1.0)	8(4)
20	Julia Chabot	Laurel Creek T.f.c	27.86	(+0.6)	7(2)
21	Campbell Thompson	Laurel Creek T.f.c	28.24	(+1.1)	6(3)
22	Vanessa Rodriguez	Hamilton Olympic Club (HO	28.30	(-0.4)	2(2)
23	Elise Jantzi	Laurel Creek T.f.c	28.34	(+1.1)	6(4)
24	Sierra Langille-Raspburg	WLEG - Windsor Legion T.	28.38	(+0.2)	5(1)
25	Carysse Leach	WLEG - Windsor Legion T.	28.44	(+1.0)	8(5)
26	Aimee Dubeau	UNON - Unattached Ontari	28.48	(+1.1)	6(5)
27	Maggie Ma	Waterloo Track Club (UWT	28.59	(-0.4)	2(3)
28	Mila Chelminska	OHOC - Hamilton Olympic	28.64	28.631 (-0.4)	2(4)
29	Folake Olanubi	Stac Hamilton	28.64	28.634 (+0.6)	3(1)
30	Jayda Niemczewski	Laurel Creek T.f.c	28.72	(+1.1)	6(6)
31	Lauren Calbeck	MCTC - Monte Cristo Track	28.82	(+1.6)	1(2)
32	Aubrey Bodner	ANIA - Athletics Niagara	28.96	(+0.6)	7(3)
33	Ann Mokoko	OHOC - Hamilton Olympic	29.41	(+0.6)	3(2)
34	Molly Harris	Laurel Creek T.f.c	29.60	(+0.2)	5(2)
35	Emmy McCurdy	WLEG - Windsor Legion T.	30.05	(+0.2)	5(3)
36	Sierra Vasin	Laurel Creek T.f.c	30.33	(+1.0)	4(1)
37	Sophia Patterson	Laurel Creek T.f.c	30.64	(+0.2)	5(4)
38	Sofia Hiss-Vargas	BURL - Burlington Track &	30.87	(+1.0)	4(2)
39	Abygail Verbeek	WLEG - Windsor Legion T.	30.92	(+1.0)	4(3)
40	Aria Peterson	MCTC - Monte Cristo Track	31.21	(+1.6)	1(3)
41	Stephanie Stancheva	MCTC - Monte Cristo Track	31.24	(+0.2)	5(5)
42	Peyton Dellapina	Laurel Creek T.f.c	31.73	(+0.2)	5(6)
43	Jordyn Quintyn	ANIA - Athletics Niagara	31.94	(+0.2)	5(7)
44	Karla Del Grande	MOSA - Masters of Speed	33.07	(+0.6)	3(3)
45	Jillian McGuinness	BURL - Burlington Track &	33.13	(+1.0)	4(4)
46	Angela Maghanoy	Laurel Creek T.f.c	33.42	(+0.6)	3(4)
47	Kallie O'Brien	BURL - Burlington Track &	33.59	(+1.0)	4(5)
48	Ann-Maria Duarte	MOSA - Masters of Speed	33.88	(+0.6)	3(5)
49	Paisley O'Brien	Athletics Niagara (ANIA)	36.78	(+0.6)	3(6)
50	Niki Vinopal	Stac Hamilton	40.56	(-0.4)	2(5)
	Hannah Grobb	OHOC - Hamilton Olympic	DNF		1
	Caren Jacob	UWTC - Waterloo Track Clu	DNS		2
	Renata Macherzynska	UTTC - University Of Toront	DNS		3
	Sofia Hiss-Varga	BURL - Burlington Track &	DNS		3
	Genevieve Okey	Cathedral Catholic School (	DNS		4
	Fatuma Mohamud	Unattached	DNS		4
	Gillian Allen	Athletics Niagara (ANIA)	DNS		4
	Anita Ikeji	Cathedral Catholic School (	DNS		5
	Cassie Catenacci	WLEG - Windsor Legion T.	DNS		6
	Asrinah Hassanzadeh	Laurel Creek T.f.c	DNS		6
	Claire Green Kopeck	MCTC - Monte Cristo Track	DNS		7

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Pl	Name	Team	Time	Note	H(Pl)
	Ana Maya Alvear	Laurel Creek T.f.c	DNS		7
	Elsie Murdoch	Monte Cristo Track Club (M	DNS		7
	Veronica Baier	MCTC - Monte Cristo Track	DNS		7
	Alex Mohart	MCTC - Monte Cristo Track	DNS		7
	Elizabeth Naar	WLEG - Windsor Legion T.	DNS		8
	Isla Cristiano	MCTC - Monte Cristo Track	DNS		8
	Julia Hughes	UWTC - Waterloo Track Clu	DNS		8
	Alicia Weaver	OSTL - St Thomas Legion	DNS		9
	Meena Van Grieken	Thorold Elite Track Club	DNS		9
	Avery Andersson	Laurel Creek T.f.c	DNS		9
	Amara Van Grieken	Thorold Elite Track Club	DNS		10
	Soriyah Dakin	UNON - Unattached Ontari	DNS		10
	Samantha Vitale	RCAO - Royal City Athletics	DNS		10

#3 Women's 400 Meters (Open)

Pl	Name	Team	Time	Note	H(Pl)
1	Rebecca Parker	WLEG - Windsor Legion T.	56.03		6(1)
2	Amira Lawrence	UNMB - Unattached-Manito	56.27		6(2)
3	Tyra Boug	LWTF - London Western T.	56.53		6(3)
4	Erika Lealess	Royal City Athletics Club (R	56.69		6(4)
5	Aiyanna Toby-Erwig	Thorold Elite Track Club	58.58		6(5)
6	Madeline Verbeek	WLEG - Windsor Legion T.	59.38		6(6)
7	Kayla Zelibka	OSTL - St Thomas Legion	59.95		5(1)
8	Eden Ward	Unattached	1:00.76		6(7)
9	Mayghan Paul	RCAO - Royal City Athletics	1:01.19		5(2)
10	Lia Hillman	BORD - Border City AC	1:01.36		5(3)
11	Kenaya Ebonzo	Hamilton Olympic Club (HO	1:03.12		4(1)
12	Arlee Roder	SASW - Sarnia Athletics So	1:03.21		1(1)
13	Catrina Kudo	Royal City Athletics Club (R	1:03.43		5(4)
14	Taylor Smart	Laurel Creek T.f.c	1:03.64		4(2)
15	Peyton Lang	LWTF - London Western T.	1:04.17		4(3)
16	Carysse Leach	WLEG - Windsor Legion T.	1:04.50		4(4)
17	Julia Chabot	Laurel Creek T.f.c	1:04.95		4(5)
18	Aubrey Bodner	ANIA - Athletics Niagara	1:05.58		4(6)
19	Jayla Swistak	Cathedral Catholic School (	1:05.65		3(1)
20	Savannah Sangha	Stac Hamilton	1:05.67		2(1)
21	Camila Baquero	ANIA - Athletics Niagara	1:06.09		2(2)
22	Elise Jantzi	Laurel Creek T.f.c	1:06.16		4(7)
23	Hayley Smith	Laurel Creek T.f.c	1:06.65		3(2)
24	Sierra Vasin	Laurel Creek T.f.c	1:07.37		3(3)
25	Mary Gabrielle Dayag	ANIA - Athletics Niagara	1:07.40		4(8)
26	Mia Bodner	ANIA - Athletics Niagara	1:07.89		3(4)
27	Sophia Patterson	Laurel Creek T.f.c	1:08.31		3(5)
28	Abygail Verbeek	WLEG - Windsor Legion T.	1:08.83		2(3)
29	Mackenzie Gilmer	Athletics Niagara (ANIA)	1:11.62		2(4)
30	Elske Schonlau	Laurel Creek T.f.c	1:12.67		2(5)

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#3 Women's 400 Meters (Open) (cont'd)

Pl	Name	Team	Time	Note	H(Pl)
31	Sophia Habib	Stac Hamilton	1:13.07		1(2)
32	Genevieve Okey	Cathedral Catholic School (	1:14.25		3(6)
33	Ann Mokoko	OHOC - Hamilton Olympic	1:16.14		1(3)
34	Samantha Gilmer	ANIA - Athletics Niagara	1:17.50		2(6)
35	Vanessa Tearle	Unattached	1:26.28		1(4)
	Alicia Weaver	OSTL - St Thomas Legion	DNS		5
	Gabrielle Ajagunmo	Monte Cristo Track Club (M	DNS		2
	Ana Green Kopeck	Monte Cristo Track Club (M	DNS		2
	Mariah Schmidt	Laurel Creek T.f.c	DNS		3
	Anita Ikeji	Cathedral Catholic School (	DNS		3
	Caren Jacob	UWTC - Waterloo Track Clu	DNS		1
	Meena Van Grieken	Thorold Elite Track Club	DNS		5
	Cassie Catenacci	WLEG - Windsor Legion T.	DNS		5
	Kate Bickle-Ferth	UWTC - Waterloo Track Clu	DNS		5
	Amara Van Grieken	Thorold Elite Track Club	DNS		6

#4 Women's 800 Meters (Open)

Pl	Name	Team	Time	Note	H(Pl)
1	Anieu Chan	WLEG - Windsor Legion T.	2:04.25		5(1)
	1:01.86	1:02.39 (2:04.25)			
2	Kiana Charest	EDGE - Edge Sport Track	2:09.99		5(2)
	1:02.65	1:07.34 (2:09.99)			
3	Juliana Hendrikx	LWTF - London Western T.	2:10.94		5(3)
	1:03.61	1:07.33 (2:10.94)			
4	Nathia Gonzalez	Unattached Ontario (UNON	2:11.87		5(4)
	1:05.39	1:06.48 (2:11.87)			
5	Helena Georgiou	Oakville Renegades Track	2:12.22		5(5)
	1:05.04	1:07.18 (2:12.22)			
6	Addisyn Posthumus	UTTC - University Of Toront	2:17.89		5(6)
	1:05.33	1:12.56 (2:17.89)			
7	Betsy Kaiser	UTTC - University Of Toront	2:18.60		4(1)
	1:10.54	1:08.07 (2:18.60)			
8	Chloe Humphries	RCAO - Royal City Athletics	2:20.30		4(2)
	1:10.35	1:09.95 (2:20.30)			
9	Audrey Daoust	BURL - Burlington Track &	2:20.65		4(3)
	1:10.69	1:09.96 (2:20.65)			
10	Julia Tremeeer	Niagara Olympic Club (NO	2:21.29		4(4)
	1:10.48	1:10.82 (2:21.29)			
11	Veronica Baier	MCTC - Monte Cristo Track	2:22.16		4(5)
	1:10.30	1:11.86 (2:22.16)			
12	Maria Sanchez	BURL - Burlington Track &	2:22.25		4(6)
	1:10.11	1:12.15 (2:22.25)			
13	Anne Voss	MCTC - Monte Cristo Track	2:23.00		4(7)
	1:11.05	1:11.96 (2:23.00)			
14	Lauren Closs	UTTC - University Of Toront	2:23.62		5(7)
	1:05.97	1:17.65 (2:23.62)			

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#4 Women's 800 Meters (Open) (cont'd)

Pl	Name	Team	Time	Note	H(Pl)
15	Gabryela Jeremias	WLEG - Windsor Legion T.	2:25.83		4(8)
	1:10.73 1:15.10 (2:25.83)				
16	Lily Salvagio	TOWA - Toronto West Athle	2:27.03		3(1)
	1:14.16 1:12.87 (2:27.03)				
17	Anwen Benton Kearney	OHOC - Hamilton Olympic	2:28.08		3(2)
	1:12.51 1:15.57 (2:28.08)				
18	Stella Ludviks Pitkin	Unattached Ontario (UNON)	2:28.82		2(1)
	1:14.05 1:14.78 (2:28.82)				
19	Joelle McChesney	MCTC - Monte Cristo Track	2:29.12		3(3)
	1:13.41 1:15.72 (2:29.12)				
20	Addyson Reidt	Etobicoke Huskies-Striders	2:29.80		4(9)
	1:11.23 1:18.58 (2:29.80)				
21	Lainey Lowe	Etobicoke Huskies-Striders	2:29.87		3(4)
	1:12.18 1:17.70 (2:29.87)				
22	Lydia Jeffery	ANIA - Athletics Niagara	2:31.52		3(5)
	1:14.68 1:16.85 (2:31.52)				
23	Kendalyn Piette	WLEG - Windsor Legion T.	2:31.86		2(2)
	1:13.78 1:18.09 (2:31.86)				
24	Joelle Wong	TOWA - Toronto West Athle	2:31.96		2(3)
	1:13.92 1:18.04 (2:31.96)				
25	Liana Mohamed	BURL - Burlington Track &	2:32.97		3(6)
	1:14.70 1:18.27 (2:32.97)				
26	Arlee Roder	SASW - Sarnia Athletics So	2:33.96		1(1)
	1:16.20 1:17.76 (2:33.96)				
27	Savannah Sangha	Stac Hamilton	2:34.59		1(2)
	1:17.25 1:17.34 (2:34.59)				
28	Charli Borak	Track North Athletic Club (T	2:34.78		1(3)
	1:16.51 1:18.28 (2:34.78)				
29	Addison Palmer	NMKT - Newmarket Huskie	2:35.97		2(4)
	1:17.34 1:18.64 (2:35.97)				
30	Camila Baquero	ANIA - Athletics Niagara	2:38.09		1(4)
	1:17.76 1:20.34 (2:38.09)				
31	Mary Gabrielle Dayag	ANIA - Athletics Niagara	2:39.65		2(5)
	1:19.04 1:20.61 (2:39.65)				
32	Elia Boulougouris	LWTF - London Western T.	2:39.69		3(7)
	1:14.50 1:25.20 (2:39.69)				
33	Angela Liu	BURL - Burlington Track &	2:40.02		1(5)
	1:18.17 1:21.85 (2:40.02)				
34	Mia Bodner	ANIA - Athletics Niagara	2:41.28		2(6)
	1:19.26 1:22.02 (2:41.28)				
35	Calla Alden	OHOC - Hamilton Olympic	2:43.45		2(7)
	1:16.29 1:27.16 (2:43.45)				
36	Emily Weiershaeuser	TOWA - Toronto West Athle	2:48.50		1(6)
	1:22.76 1:25.74 (2:48.50)				
37	Ainsley Douglas	OHOC - Hamilton Olympic	2:52.23		1(7)
	1:24.35 1:27.89 (2:52.23)				

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#4 Women's 800 Meters (Open) (cont'd)

Pl	Name	Team	Time	Note	H(Pl)
38	Mackenzie Gilmer	Athletics Niagara (ANIA)	2:56.48		1(8)
	1:25.70 1:30.78 (2:56.48)				
39	Samantha Gilmer	ANIA - Athletics Niagara	3:10.59		1(9)
	1:29.73 1:40.86 (3:10.59)				
40	Katherine Willis	Laurel Creek T.f.c	3:50.01		1(10)
	1:51.08 1:58.93 (3:50.01)				
	Rose Faubert	Toronto West Athletics (TW	DNS		1
	Hannah Przybylski	RCAO - Royal City Athletics	DNS		2
	Molly Taylor	Unattached	DNS		2
	Vivienne Faubert	TOWA - Toronto West Athle	DNS		2
	Adelaide Cranston	WLEG - Windsor Legion T.	DNS		3
	Morgan Reiter	WLEG - Windsor Legion T.	DNS		3
	Maele Dufour	WLEG - Windsor Legion T.	DNS		3
	Keala Pickard	SASW - Sarnia Athletics So	DNS		4
	Claire Hickey	LWTF - London Western T.	DNS		5

#5 Women's 1500 Meters (Open)

Pl	Name	Team	Time	Note	H(Pl)
1	Micah Carswell	UNON - Unattached Ontari	4:30.55		4(1)
	53.21 1:13.47 (2:06.67) 1:15.75 (3:22.42) 1:08.14 (4:30.55)				
2	Bree Roche	OHOC - Hamilton Olympic	4:32.83		4(2)
	53.29 1:14.06 (2:07.35) 1:15.10 (3:22.44) 1:10.39 (4:32.83)				
3	Mikala Ryan	Bisons Track Club	4:35.25		4(3)
	52.78 1:12.82 (2:05.60) 1:13.83 (3:19.42) 1:15.84 (4:35.25)				
4	Avery Norland	SASW - Sarnia Athletics So	4:37.09		4(4)
	52.96 1:13.92 (2:06.88) 1:16.99 (3:23.86) 1:13.23 (4:37.09)				
5	Kara Tichbourne	HARB - Harbour Track - Ha	4:39.64		4(5)
	53.42 1:13.76 (2:07.17) 1:16.48 (3:23.65) 1:16.00 (4:39.64)				
6	Penny Robinson	BDAC - Blue Devils Athletic	4:43.17		4(6)
	53.96 1:14.72 (2:08.68) 1:16.60 (3:25.28) 1:17.89 (4:43.17)				
7	Erika Gordon	MCTC - Monte Cristo Track	4:43.40		4(7)
	53.58 1:15.56 (2:09.14) 1:17.72 (3:26.85) 1:16.55 (4:43.40)				
8	Arleigh Waters	Laurel Creek T.f.c	4:45.15		4(8)
	54.66 1:16.83 (2:11.49) 1:17.59 (3:29.07) 1:16.08 (4:45.15)				
9	Grace Wheeler	SAUG - Saugeen Track & F	4:50.34		4(9)
	54.13 1:15.87 (2:10.00) 1:20.56 (3:30.56) 1:19.79 (4:50.34)				
10	Joanna Chan	UTTC - University Of Toront	4:52.94		3(1)
	56.76 1:18.85 (2:15.60) 1:21.51 (3:37.10) 1:15.84 (4:52.94)				
11	Adelaide Cranston	WLEG - Windsor Legion T.	4:56.29		3(2)
	56.57 1:19.39 (2:15.96) 1:21.84 (3:37.79) 1:18.50 (4:56.29)				
12	Janya Nirup Urs	BURL - Burlington Track &	4:57.04		3(3)
	56.14 1:18.59 (2:14.73) 1:21.88 (3:36.60) 1:20.45 (4:57.04)				
13	Madeline Verbeek	WLEG - Windsor Legion T.	4:57.33		3(4)
	56.81 1:19.64 (2:16.45) 1:22.75 (3:39.20) 1:18.14 (4:57.33)				
14	Maya Popovic	TOWA - Toronto West Athle	4:58.89		4(10)
	54.41 1:17.39 (2:11.80) 1:23.61 (3:35.40) 1:23.50 (4:58.89)				

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#5 Women's 1500 Meters (Open) (cont'd)

Pl	Name			Team	Time	Note	H(Pl)
15	Kim Mentrek			DVTC - Dundas Valley Trac	5:02.84		2(1)
	58.62	1:22.14 (2:20.76)	1:22.92 (3:43.67)	1:19.17 (5:02.84)			
16	Olivia Somers			SASW - Sarnia Athletics So	5:04.94		2(2)
	58.91	1:22.37 (2:21.28)	1:23.47 (3:44.75)	1:20.20 (5:04.94)			
17	Veronika Majkowski			MISS - Mississauga T.F.C.	5:05.36		2(3)
	1:00.51	1:21.54 (2:22.05)	1:23.13 (3:45.17)	1:20.19 (5:05.36)			
18	Seanna Robinson			MOAC - Monarch Athletics	5:06.00		2(4)
	59.18	1:21.64 (2:20.81)	1:22.37 (3:43.18)	1:22.83 (5:06.00)			
19	Ava White			SASW - Sarnia Athletics So	5:07.15		2(5)
	59.37	1:22.23 (2:21.59)	1:24.12 (3:45.71)	1:21.45 (5:07.15)			
20	Juliette Aquila			TOWA - Toronto West Athle	5:07.24		2(6)
	59.24	1:22.66 (2:21.90)	1:23.93 (3:45.82)	1:21.42 (5:07.24)			
21	Camryn Maxwell			WLEG - Windsor Legion T.	5:08.03		3(5)
	57.38	1:21.43 (2:18.81)	1:25.33 (3:44.13)	1:23.90 (5:08.03)			
22	Abiella Pribyl			OHOC - Hamilton Olympic	5:09.44		2(7)
	58.25	1:22.30 (2:20.55)	1:24.95 (3:45.49)	1:23.95 (5:09.44)			
23	Evelyn Matthews			Unattached Ontario (UNON	5:16.10		2(8)
	1:00.09	1:23.06 (2:23.15)	1:26.90 (3:50.05)	1:26.06 (5:16.10)			
24	Katie Nurse			Windsor Legion T.f.c (WLE	5:16.81		2(9)
	59.50	1:23.09 (2:22.59)	1:27.23 (3:49.81)				
25	Linda Kiss			BURL - Burlington Track &	5:23.85		1(1)
	1:02.48	1:25.99 (2:28.46)	1:27.40 (3:55.86)	1:28.00 (5:23.85)			
26	Betty Mele			TOWA - Toronto West Athle	5:27.14		2(10)
	59.76	1:24.78 (2:24.54)	1:30.60 (3:55.13)	1:32.02 (5:27.14)			
27	Mia Marino			TOWA - Toronto West Athle	5:32.36		1(2)
	1:03.67	1:30.79 (2:34.46)	1:32.61 (4:07.06)	1:25.31 (5:32.36)			
28	Emma Munroe			SASW - Sarnia Athletics So	5:33.19		1(3)
	1:04.20	1:31.07 (2:35.26)	1:32.50 (4:07.76)	1:25.44 (5:33.19)			
29	Olivia Grafinger			Unattached	5:34.56		1(4)
	1:03.26	1:30.13 (2:33.38)	1:33.18 (4:06.55)	1:28.01 (5:34.56)			
30	Michelle Clarke			Guelph Victors	5:36.83		1(5)
	1:04.87	1:30.54 (2:35.40)	1:32.95 (4:08.35)	1:28.49 (5:36.83)			
31	Alice Meagher			UTTC - University Of Toront	5:41.12		1(6)
	1:04.23	1:30.59 (2:34.81)	1:34.09 (4:08.89)	1:32.23 (5:41.12)			
32	Madison Molina			TOWA - Toronto West Athle	5:58.69		1(7)
	1:05.27	1:33.14 (2:38.40)	1:41.07 (4:19.46)	1:39.23 (5:58.69)			
33	Olivia Hadrian			WLEG - Windsor Legion T.	6:02.57		1(8)
	1:04.78	1:35.04 (2:39.82)	1:43.41 (4:23.22)	1:39.35 (6:02.57)			
	Meley Tsadik			Unattached	DNS		1
	Jocelyn Field			Sarnia Athletics Southwest	DNS		1
	Ghazal Kassah			Unattached	DNS		1
	Cora Peters			Bisons Track Club	DNS		1
	Zoe Alexander			SASW - Sarnia Athletics So	DNS		1
	Molly Fairlie			WLEG - Windsor Legion T.	DNS		2
	Maele Dufour			WLEG - Windsor Legion T.	DNS		2
	Ellie Reiter			WLEG - Windsor Legion T.	DNS		3

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#5 Women's 1500 Meters (Open) (cont'd)

Pl	Name	Team	Time	Note	H(Pl)
	Emma Rudling	WLEG - Windsor Legion T.	DNS		3
	Morgan Reiter	WLEG - Windsor Legion T.	DNS		3
	Teresa Muggeridge	BDAC - Blue Devils Athletic	DNS		3
	Faith Wallace	Unattached Ontario (UNON	DNS		3
	Chloe Humphries	RCAO - Royal City Athletics	DNS		3
	Sophia Prantera	WLEG - Windsor Legion T.	DNS		3
	Eleanor Voykin	BDAC - Blue Devils Athletic	DNS		4
	Addy Rudling	WLEG - Windsor Legion T.	DNS		4

#6 Women's 3000 Meters (Open)

Pl	Name	Team		Time	Note	H(Pl)
1	Sawyer Nicholson	Etobicoke Huskies-Striders		9:45.33		2(1)
	33.88	1:13.87 (1:47.75)	1:16.96 (3:04.70)	1:18.77 (4:23.46)	1:20.50 (5:43.96)	1:23.15 (7:07.11)
	1:20.64 (8:27.75)	1:17.59 (9:45.33)				
2	Camila Forero Rodriguez	EDGE - Edge Sport Track		9:56.70		2(2)
	38.06	1:20.46 (1:58.52)	1:20.30 (3:18.81)	1:19.21 (4:38.02)	1:18.95 (5:56.96)	1:21.52 (7:18.48)
	1:20.63 (8:39.11)	1:17.59 (9:56.70)				
3	Emma Rudling	WLEG - Windsor Legion T.		10:03.90		2(3)
	38.60	1:20.16 (1:58.76)	1:20.26 (3:19.01)	1:19.11 (4:38.12)	1:18.97 (5:57.08)	1:21.73 (7:18.81)
	1:22.78 (8:41.58)	1:22.33 (10:03.90)				
4	Addy Rudling	WLEG - Windsor Legion T.		10:12.38		2(4)
	37.74	1:20.53 (1:58.26)	1:20.28 (3:18.54)	1:18.99 (4:37.53)	1:18.66 (5:56.18)	1:20.61 (7:16.79)
	1:24.15 (8:40.93)	1:31.45 (10:12.38)				
5	Chyi-Ruey Norris	BDAC - Blue Devils Athletic		10:16.82		2(5)
	37.89	1:20.45 (1:58.33)	1:20.30 (3:18.62)	1:19.05 (4:37.67)	1:18.71 (5:56.37)	1:22.81 (7:19.17)
	1:29.62 (8:48.78)	1:28.04 (10:16.82)				
6	Marisa Klufas	TOWA - Toronto West Athle		10:32.77		2(6)
	39.83	1:21.14 (2:00.97)	1:23.70 (3:24.66)	1:26.61 (4:51.26)	1:28.33 (6:19.59)	1:29.19 (7:48.78)
	1:25.67 (9:14.45)	1:18.33 (10:32.77)				
7	Chloe Dilalla	HARB - Harbour Track - Ha		10:36.37		2(7)
	38.84	1:20.95 (1:59.79)	1:23.60 (3:23.39)	1:25.69 (4:49.07)	1:27.27 (6:16.33)	1:29.20 (7:45.53)
	1:28.80 (9:14.32)	1:22.05 (10:36.37)				
8	Molly Fairlie	WLEG - Windsor Legion T.		10:39.15		1(1)
	40.52	1:24.70 (2:05.21)	1:26.35 (3:31.56)	1:25.32 (4:56.88)	1:23.28 (6:20.15)	1:26.50 (7:46.64)
	1:29.63 (9:16.27)	1:22.89 (10:39.15)				
9	Alexandra Podstreleny	TOWA - Toronto West Athle		10:42.17		2(8)
	39.53	1:21.09 (2:00.61)	1:23.77 (3:24.38)	1:26.49 (4:50.87)	1:28.35 (6:19.22)	1:30.12 (7:49.33)
	1:29.82 (9:19.15)	1:23.03 (10:42.17)				
10	Riyaa Balakrishnan	TOWA - Toronto West Athle		10:45.12		2(9)
	39.20	1:21.11 (2:00.31)	1:23.84 (3:24.14)	1:26.42 (4:50.56)	1:28.40 (6:18.96)	1:30.15 (7:49.10)
	1:29.81 (9:18.90)	1:26.22 (10:45.12)				
11	Cassidy Richardson	Unattached		11:02.15		1(2)
	40.77	1:24.71 (2:05.47)	1:26.39 (3:31.85)	1:26.79 (4:58.64)	1:31.79 (6:30.43)	1:34.87 (8:05.30)
	1:33.29 (9:38.58)	1:23.58 (11:02.15)				
12	Julia Gupta	OHOC - Hamilton Olympic		11:04.78		2(10)

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#6 Women's 3000 Meters (Open) (cont'd)

Pl	Name	Team			Time	Note	H(Pl)
	39.80	1:21.52 (2:01.31)	1:23.62 (3:24.93)	1:26.75 (4:51.68)	1:29.44 (6:21.11)	1:34.66 (7:55.76)	
	1:36.41 (9:32.17)	1:32.61 (11:04.78)					
13	Eva Smith	OHOC - Hamilton Olympic			11:09.51		1(3)
	43.73	1:23.85 (2:07.58)	1:25.74 (3:33.31)	1:27.05 (5:00.36)	1:29.99 (6:30.35)	1:30.60 (8:00.94)	
	1:34.72 (9:35.66)	1:33.86 (11:09.51)					
14	Aaliyah Field	OHOC - Hamilton Olympic			11:35.37		1(4)
	43.01	1:26.13 (2:09.13)	1:29.57 (3:38.69)	1:30.13 (5:08.81)	1:36.12 (6:44.93)	1:37.88 (8:22.81)	
	1:37.81 (10:00.61)	1:34.76 (11:35.37)					
15	Elia Boulougouris	LWTF - London Western T.			11:44.90		1(5)
	41.00	1:25.25 (2:06.25)	1:30.19 (3:36.43)	1:33.45 (5:09.88)	1:38.71 (6:48.59)	1:42.04 (8:30.62)	
	1:40.94 (10:11.56)	1:33.35 (11:44.90)					
16	Abigail Bedford	BURL - Burlington Track &			11:48.06		1(6)
	42.01	1:26.97 (2:08.97)	1:30.69 (3:39.66)	1:32.89 (5:12.54)	1:37.31 (6:49.85)	1:40.62 (8:30.46)	
	1:40.82 (10:11.28)	1:36.79 (11:48.06)					
17	Chloe Ingle	Etobicoke Huskies-Striders			11:48.95		1(7)
	42.98	1:26.07 (2:09.05)	1:30.08 (3:39.12)	1:34.44 (5:13.56)	1:42.06 (6:55.62)	1:40.08 (8:35.69)	
	1:41.84 (10:17.52)	1:31.42 (11:48.95)					
18	Ellyot Schoonjans	SASW - Sarnia Athletics So			11:58.41		1(8)
	43.54	1:30.86 (2:14.39)	1:37.52 (3:51.91)	1:36.91 (5:28.82)	1:39.13 (7:07.94)	1:38.17 (8:46.11)	
	1:41.11 (10:27.22)	1:31.19 (11:58.41)					
19	Megan Denbak	NOCO - Niagara Olympic C			11:58.46		1(9)
	43.85	1:30.82 (2:14.66)	1:38.29 (3:52.95)	1:39.57 (5:32.51)	1:40.76 (7:13.27)	1:38.73 (8:52.00)	
	1:41.31 (10:33.31)	1:25.16 (11:58.46)					
20	Maya Stainton	OHOC - Hamilton Olympic			12:00.89		1(10)
	43.32	1:27.35 (2:10.67)	1:33.05 (3:43.71)	1:37.83 (5:21.54)	1:41.54 (7:03.08)	1:42.61 (8:45.68)	
	1:43.28 (10:28.96)	1:31.94 (12:00.89)					
21	Jocelyn Field	Sarnia Athletics Southwest			12:22.06		1(11)
	40.70	1:26.08 (2:06.78)	1:32.66 (3:39.43)	1:40.93 (5:20.36)	1:45.01 (7:05.37)	1:44.18 (8:49.54)	
	1:48.38 (10:37.91)	1:44.15 (12:22.06)					
22	Ghazal Kassah	Unattached			14:30.55		1(12)
	45.57	1:47.42 (2:32.98)	2:02.01 (4:34.99)	2:00.01 (6:34.99)	1:59.62 (8:34.60)	2:03.30 (10:37.90)	
	2:03.16 (12:41.06)	1:49.50 (14:30.55)					
23	Meley Tsadik	Unattached			18:04.28		1(13)
	50.52	2:06.53 (2:57.05)	2:19.66 (5:16.71)	2:30.82 (7:47.53)	2:40.62 (10:28.14)	2:41.71 (13:09.84)	
	2:34.78 (15:44.62)	2:19.67 (18:04.28)					
	Eleanor Voykin	BDAC - Blue Devils Athletic			DNF		2
	Alice Meagher	UTTC - University Of Toront			DNS		1
	Charlotte-Mary Mullin	Etobicoke Huskies-Striders			DNS		1
	Hannah Lanting	OHOC - Hamilton Olympic			DNS		2
	Kiana Charest	EDGE - Edge Sport Track			DNS		2

#7 Women's 5000 Meters (Open)

Pl	Name	Team	Time	Note
1	Airlie Downie-Back	DURA - Durham Dragons A	16:24.93	



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#7 Women's 5000 Meters (Open) (cont'd)

Pl	Name	Team					Time	Note
	39.84	1:17.50 (1:57.33)	1:19.53 (3:16.86)	1:19.82 (4:36.68)	1:19.76 (5:56.43)	1:19.25 (7:15.68)		
	1:17.12 (8:32.79)	1:18.05 (9:50.84)	1:18.60 (11:09.44)	1:19.22 (12:28.65)	1:19.78 (13:48.43)	1:19.49 (15:07.91)		
	1:17.03 (16:24.93)							
2	Annalia Moran	NOCO - Niagara Olympic C					19:50.85	
	47.81	1:43.77 (2:31.57)	1:38.76 (4:10.33)	1:35.64 (5:45.97)	1:35.43 (7:21.39)	1:34.10 (8:55.49)		
	1:34.85 (10:30.34)	1:35.57 (12:05.90)	1:34.89 (13:40.78)	1:35.59 (15:16.37)	1:37.16 (16:53.53)	1:36.88 (18:30.40)		
	1:20.45 (19:50.85)							