

2025 OUA Cross Country Championships hosted by Queen's

2025-10-28

47th for Women, 110th for Men

Timing by KRRA

2025-10-25 - 2025-10-25

Event # 1 WOMENS 8Km Run

START @ 11:00am

Conditions: sunny, crisp, 9°C

Fort Henry Course, Kingston ON

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	QUEEN'S GAELS	70	6-7-14-17-26	31-54	2:23:17	3:35	28:40	1:10
2	WINDSOR LANCERS	70	3-8-10-24-25	32-37	2:23:12	3:35	28:39	1:35
3	WESTERN MUSTANGS	71	4-5-13-15-34	41-50	2:23:04	3:35	28:37	2:00
4	GUELPH GRYPHONS	85	1-12-18-21-33	35-43	2:23:05	3:35	28:37	3:00
5	MCMASTER MARAUDERS	107	16-19-22-23-27	29-47	2:25:31	3:39	29:07	0:37
6	TORONTO VARSITY BLUE	161	2-28-40-42-49	52-60	2:29:16	3:44	29:52	3:21
7	BROCK BADGERS	183	9-30-44-45-55	56-70	2:30:59	3:47	30:12	2:59
8	WATERLOO WARRIORS	220	11-36-53-59-61	63-72	2:33:12	3:50	30:39	3:28
9	LAURIER GOLDEN HAWKS	276	39-46-57-66-68	78-79	2:37:17	3:56	31:28	1:59
10	YORK LIONS	304	38-51-64-74-77	81	2:40:08	4:01	32:02	3:39
11	LAURENTIAN VOYAGEURS	318	48-58-67-69-76	83	2:41:09	4:02	32:14	2:39
12	OTTAWA GEE-GEES	322	20-65-71-82-84	86	2:44:00	4:06	32:48	6:47
13	LAKEHEAD THNDRWOLVES	375	62-73-75-80-85		2:48:24	4:13	33:41	4:36
	NIPISSING LAKERS		65-75-84-92					
	TRENT EXCALIBUR		78-85-91-94					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	315	Alexandra McDougall		E4	GUELPH GRYPHONS	1	3:22	26:51
2	2	366	Julia Agostinelli		E5	TORONTO VARSITY BLUE	1	3:28	27:40
3	3	416	Samara Quanz		E4	WINDSOR LANCERS	1	3:29	27:47
4	4	400	Maria Linton		E2	WESTERN MUSTANGS	1	3:29	27:51
5	5	393	Sophie Coutts		E5	WESTERN MUSTANGS	2	3:31	28:06
6	6	362	Elizabeth Vroom		E4	QUEEN'S GAELS	1	3:32	28:12
7	7	354	Hannah Goodjohn		E5	QUEEN'S GAELS	2	3:33	28:19
8	8	415	Joelle Olla		E4	WINDSOR LANCERS	2	3:33	28:20
9	9	304	Lauren Macsai		E5	BROCK BADGERS	1	3:33	28:21
10	10	411	Natalie Fortier		E3	WINDSOR LANCERS	3	3:33	28:21
11	11	382	Paige Breedon		E4	WATERLOO WARRIORS	1	3:33	28:24
12	12	312	Michelle Gray		E4	GUELPH GRYPHONS	2	3:34	28:29
13	13	399	Victoria Lamb		E5	WESTERN MUSTANGS	3	3:35	28:33
14	14	359	Caleigh Pribaz		E4	QUEEN'S GAELS	3	3:35	28:35
15	15	394	Clara Fava		E2	WESTERN MUSTANGS	4	3:36	28:43
16	16	342	Sophie Trott		E3	MCMASTER MARAUDERS	1	3:36	28:47
17	17	357	Madison McDermott		R	QUEEN'S GAELS	4	3:37	28:49
18	18	318	Leah Stapleton		E3	GUELPH GRYPHONS	3	3:37	28:52
19	19	341	Kaitlyn Treleaven		E5	MCMASTER MARAUDERS	2	3:37	28:54
20	20	349	Zoe Gardiner		E4	OTTAWA GEE-GEES	1	3:38	28:58
21	21	314	Anna May		E3	GUELPH GRYPHONS	4	3:38	29:02
22	22	336	Olivia MacAskill		E5	MCMASTER MARAUDERS	3	3:39	29:10
23	23	333	Mikayla Battams		E4	MCMASTER MARAUDERS	4	3:40	29:16
24	24	417	Ainsley Rocheleau		E4	WINDSOR LANCERS	4	3:41	29:22
25	25	414	Sian Kniaziew		E2	WINDSOR LANCERS	5	3:41	29:22

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START @ 11:00am

Conditions: sunny, crisp, 9°C

Fort Henry Course, Kingston ON

26	26	360	Hannah Pushka	E1	QUEEN'S GAELS	5	3:41	29:22
27	27	335	Emma Elliott	E4	MCMASTER MARAUDERS	5	3:41	29:24
28	28	375	Sarah White	E4	TORONTO VARSITY BLUE	2	3:41	29:27
29	29	337	Ella Madsen	E3	MCMASTER MARAUDERS	6	3:42	29:31
30	30	303	Cori Macsai	E5	BROCK BADGERS	2	3:44	29:46
31	31	361	Jasmine Stokes	E3	QUEEN'S GAELS	6	3:44	29:49
32	32	413	Maren Kasunich	E2	WINDSOR LANCERS	6	3:44	29:49
33	33	316	Maeve Pestonji	E4	GUELPH GRYPHONS	5	3:44	29:51
34	34	396	Juliana Hendrikx	E4	WESTERN MUSTANGS	5	3:44	29:51
35	35	317	Brooke Spina	E3	GUELPH GRYPHONS	6	3:45	29:55
36	36	389	Natalie Tsang	E4	WATERLOO WARRIORS	2	3:45	29:56
37	37	410	Natalie Adam	E2	WINDSOR LANCERS	7	3:46	30:01
38	38	422	Anastasia Kirova	R	YORK LIONS	1	3:46	30:06
39	39	408	Nicole Schindler	E5	LAURIER GOLDEN HAWKS	1	3:48	30:20
40	40	369	Kaitlyn Koyanagi	E2	TORONTO VARSITY BLUE	3	3:49	30:32
41	41	395	Erika Gordon	R	WESTERN MUSTANGS	6	3:50	30:34
42	42	371	Claire Nolet	R	TORONTO VARSITY BLUE	4	3:50	30:36
43	43	319	Grace Wheeler	E3	GUELPH GRYPHONS	7	3:50	30:40
44	44	301	Karlie Janes	E3	BROCK BADGERS	3	3:51	30:44
45	45	308	Ava Snyder	E3	BROCK BADGERS	4	3:51	30:48
46	46	403	Sabrina Arena	E4	LAURIER GOLDEN HAWKS	2	3:52	30:50
47	47	338	Kayla Overholt	E5	MCMASTER MARAUDERS	7	3:52	30:56
48	48	332	Valerie Vaillancourt	R	LAURENTIAN VOYAGEURS	1	3:53	30:58
49	49	372	Madison Sparkman	R	TORONTO VARSITY BLUE	5	3:53	31:01
50	50	401	Brooke Power	E3	WESTERN MUSTANGS	7	3:54	31:06
51	51	425	Evelyn Wang	E1	YORK LIONS	2	3:54	31:08
52	52	367	Madelyn Bullock	E5	TORONTO VARSITY BLUE	6	3:54	31:11
53	53	391	Chloe Vincent	E3	WATERLOO WARRIORS	3	3:54	31:12
54	54	358	Gillian Porter	E3	QUEEN'S GAELS	7	3:55	31:15
55	55	306	Hailee Masse	E2	BROCK BADGERS	5	3:55	31:20
56	56	305	Julie Mak	E4	BROCK BADGERS	6	3:57	31:29
57	57	409	Alyssa Zinn	E3	LAURIER GOLDEN HAWKS	3	3:57	31:33
58	58	326	Charli Borak	R	LAURENTIAN VOYAGEURS	2	3:59	31:46
59	59	388	Emma Molloy	E3	WATERLOO WARRIORS	4	3:59	31:48
60	60	373	Shelby Spencer	E3	TORONTO VARSITY BLUE	7	3:59	31:51
61	61	390	Claire Vernon-Pope	E5	WATERLOO WARRIORS	5	3:59	31:52
62	62	321	Mia Sawatsky	E2	LAKEHEAD THNDRWOLVES	1	4:00	31:57
63	63	386	Hannah Johnson	E1	WATERLOO WARRIORS	6	4:00	31:59
64	64	421	Malak Elghobashy	E2	YORK LIONS	3	4:01	32:02
65		344	Mackenzie Green	E2	NIPissing LAKERS	1	4:01	32:06
66	65	352	Ciara Villeneuve	R	OTTAWA GEE-GEES	2	4:02	32:13
67	66	404	Tegan Ceccanese	E3	LAURIER GOLDEN HAWKS	4	4:02	32:15
68	67	328	Charlotte Grenier	E3	LAURENTIAN VOYAGEURS	3	4:03	32:19
69	68	405	Piper LaFayette	E5	LAURIER GOLDEN HAWKS	5	4:03	32:19
70	69	330	Georgia Lepage	E2	LAURENTIAN VOYAGEURS	4	4:04	32:29
71	70	300	Jolanta Clark	E2	BROCK BADGERS	7	4:05	32:34
72	71	347	Merissa Anderton	R	OTTAWA GEE-GEES	3	4:05	32:35

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Fort Henry Course, Kingston ON

73	72	384	Abbey Davis	E5	WATERLOO WARRIORS	7	4:05	32:38
74	73	324	Rosalind Thompson	R	LAKEHEAD THNDRWOLVES	2	4:06	32:42
75		345	Mia Smith	R	NIPISSING LAKERS	2	4:07	32:49
76	74	424	Ava Sparkes	E3	YORK LIONS	4	4:09	33:07
77	75	323	Delaney Summers	R	LAKEHEAD THNDRWOLVES	3	4:10	33:16
78		376	Frances Emery	E2	TRENT EXCALIBUR	1	4:12	33:33
79	76	331	Claire Scholl	E3	LAURENTIAN VOYAGEURS	5	4:13	33:37
80	77	423	Teresa Muggeridge	E3	YORK LIONS	5	4:14	33:45
81	78	406	Maya Robinson	E4	LAURIER GOLDEN HAWKS	6	4:14	33:49
82	79	407	Alice Roy	R	LAURIER GOLDEN HAWKS	7	4:15	33:54
83	80	322	Isobel Stewart	E3	LAKEHEAD THNDRWOLVES	4	4:15	33:56
84		343	Charlotte Ailey	R	NIPISSING LAKERS	3	4:16	34:03
85		379	Emily McCormack	E2	TRENT EXCALIBUR	2	4:16	34:03
86	81	426	Grace Whitley	E1	YORK LIONS	6	4:17	34:16
87	82	351	Elliot Tyman	E4	OTTAWA GEE-GEES	4	4:19	34:29
88	83	327	Ariel Gibbons	E2	LAURENTIAN VOYAGEURS	6	4:25	35:18
89	84	348	Taylor Brown	E4	OTTAWA GEE-GEES	5	4:29	35:45
90	85	320	Lauren Pineau	R	LAKEHEAD THNDRWOLVES	5	4:35	36:33
91		378	Isabelle Honegger	E4	TRENT EXCALIBUR	3	4:44	37:49
92		346	Kikiana Tsuruta	R	NIPISSING LAKERS	4	4:48	38:20
93	86	350	Catherine Turner	R	OTTAWA GEE-GEES	6	4:54	39:10
94		381	Serena Rount	R	TRENT EXCALIBUR	4	5:00	39:55
95		329	Abby Lanteigne	E3	LAURENTIAN VOYAGEURS			DNF

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TEAM: QUEEN'S GAELS**SCORE: 70****PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Elizabeth Vroom		E4	362	28:12	3:32	5:41
7-7	Hannah Goodjohn		E5	354	28:19	3:33	5:42
14-14	Caleigh Pribaz		E4	359	28:35	3:35	5:45
17-17	Madison McDermott		R	357	28:49	3:37	5:48
26-26	Hannah Pushka		E1	360	29:22	3:41	5:55
=====							
31-31	Jasmine Stokes		E3	361	29:49	3:44	6:00
54-54	Gillian Porter		E3	358	31:15	3:55	6:18
=====							
Top 5 Total Time:		2:23:17	Top 5 Average Time:		28:40		
Top 5 Average per KM:		3:35	Top 5 Average Per MILE:		5:46		
1 - 5 Split:		1:10	1 - 7 Split:		3:03		
Top 7 Total Time:		3:24:21	Top 7 Average Time:		29:12		

TEAM: WINDSOR LANCERS**SCORE: 70****PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Samara Quanz		E4	416	27:47	3:29	5:36
8-8	Joelle Olla		E4	415	28:20	3:33	5:42
10-10	Natalie Fortier		E3	411	28:21	3:33	5:43
24-24	Ainsley Rocheleau		E4	417	29:22	3:41	5:55
25-25	Sian Kniaziew		E2	414	29:22	3:41	5:55
=====							
32-32	Maren Kasunich		E2	413	29:49	3:44	6:00
37-37	Natalie Adam		E2	410	30:01	3:46	6:03
=====							
Top 5 Total Time:		2:23:12	Top 5 Average Time:		28:39		
Top 5 Average per KM:		3:35	Top 5 Average Per MILE:		5:46		
1 - 5 Split:		1:35	1 - 7 Split:		2:14		
Top 7 Total Time:		3:23:02	Top 7 Average Time:		29:01		

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Timing by KRRA**TEAM: WESTERN MUSTANGS****SCORE: 71****PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Maria Linton		E2	400	27:51	3:29	5:37
5-5	Sophie Coutts		E5	393	28:06	3:31	5:40
13-13	Victoria Lamb		E5	399	28:33	3:35	5:45
15-15	Clara Fava		E2	394	28:43	3:36	5:47
34-34	Juliana Hendrixx		E4	396	29:51	3:44	6:01
=====							
41-41	Erika Gordon		R	395	30:34	3:50	6:09
50-50	Brooke Power		E3	401	31:06	3:54	6:16
=====							
Top 5 Total Time:		2:23:04		Top 5 Average Time:		28:37	
Top 5 Average per KM:		3:35		Top 5 Average Per MILE:		5:46	
1 - 5 Split:		2:00		1 - 7 Split:		3:15	
Top 7 Total Time:		3:24:44		Top 7 Average Time:		29:15	

TEAM: GUELPH GRYPHONS**SCORE: 85****PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Alexandra McDougall		E4	315	26:51	3:22	5:25
12-12	Michelle Gray		E4	312	28:29	3:34	5:44
18-18	Leah Stapleton		E3	318	28:52	3:37	5:49
21-21	Anna May		E3	314	29:02	3:38	5:51
33-33	Maeve Pestonji		E4	316	29:51	3:44	6:01
=====							
35-35	Brooke Spina		E3	317	29:55	3:45	6:02
43-43	Grace Wheeler		E3	319	30:40	3:50	6:11
=====							
Top 5 Total Time:		2:23:05		Top 5 Average Time:		28:37	
Top 5 Average per KM:		3:35		Top 5 Average Per MILE:		5:46	
1 - 5 Split:		3:00		1 - 7 Split:		3:49	
Top 7 Total Time:		3:23:40		Top 7 Average Time:		29:06	

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Timing by KRRA**TEAM: MCMASTER MARAUDERS****SCORE: 107****PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
16-16	Sophie Trott		E3	342	28:47	3:36	5:48
19-19	Kaitlyn Treleaven		E5	341	28:54	3:37	5:49
22-22	Olivia MacAskill		E5	336	29:10	3:39	5:53
23-23	Mikayla Battams		E4	333	29:16	3:40	5:54
27-27	Emma Elliott		E4	335	29:24	3:41	5:55
=====							
29-29	Ella Madsen		E3	337	29:31	3:42	5:57
47-47	Kayla Overholt		E5	338	30:56	3:52	6:14
=====							
Top 5 Total Time:		2:25:31		Top 5 Average Time:		29:07	
Top 5 Average per KM:		3:39		Top 5 Average Per MILE:		5:52	
1 - 5 Split:		0:37		1 - 7 Split:		2:09	
Top 7 Total Time:		3:25:58		Top 7 Average Time:		29:26	

TEAM: TORONTO VARSITY BLUE**SCORE: 161****PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Julia Agostinelli		E5	366	27:40	3:28	5:34
28-28	Sarah White		E4	375	29:27	3:41	5:56
40-40	Kaitlyn Koyanagi		E2	369	30:32	3:49	6:09
42-42	Claire Nolet		R	371	30:36	3:50	6:10
49-49	Madison Sparkman		R	372	31:01	3:53	6:15
=====							
52-52	Madelyn Bullock		E5	367	31:11	3:54	6:17
60-60	Shelby Spencer		E3	373	31:51	3:59	6:25
=====							
Top 5 Total Time:		2:29:16		Top 5 Average Time:		29:52	
Top 5 Average per KM:		3:44		Top 5 Average Per MILE:		6:01	
1 - 5 Split:		3:21		1 - 7 Split:		4:11	
Top 7 Total Time:		3:32:18		Top 7 Average Time:		30:20	

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TEAM: BROCK BADGERS**SCORE: 183****PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
9-9	Lauren Macsai		E5	304	28:21	3:33	5:43
30-30	Cori Macsai		E5	303	29:46	3:44	6:00
45-45	Ava Snyder		E3	308	30:48	3:51	6:12
44-44	Karlie Janes		E3	301	30:44	3:51	6:11
55-55	Hailee Masse		E2	306	31:20	3:55	6:19
=====							
56-56	Julie Mak		E4	305	31:29	3:57	6:21
71-70	Jolanta Clark		E2	300	32:34	4:05	6:34
=====							
Top 5 Total Time:		2:30:59		Top 5 Average Time:		30:12	
Top 5 Average per KM:		3:47		Top 5 Average Per MILE:		6:05	
1 - 5 Split:		2:59		1 - 7 Split:		4:13	
Top 7 Total Time:		3:35:02		Top 7 Average Time:		30:44	

TEAM: WATERLOO WARRIORS**SCORE: 220****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Paige Breedon		E4	382	28:24	3:33	5:43
36-36	Natalie Tsang		E4	389	29:56	3:45	6:02
53-53	Chloe Vincent		E3	391	31:12	3:54	6:17
59-59	Emma Molloy		E3	388	31:48	3:59	6:24
61-61	Claire Vernon-Pope		E5	390	31:52	3:59	6:25
=====							
63-63	Hannah Johnson		E1	386	31:59	4:00	6:27
73-72	Abbey Davis		E5	384	32:38	4:05	6:34
=====							
Top 5 Total Time:		2:33:12		Top 5 Average Time:		30:39	
Top 5 Average per KM:		3:50		Top 5 Average Per MILE:		6:10	
1 - 5 Split:		3:28		1 - 7 Split:		4:14	
Top 7 Total Time:		3:37:49		Top 7 Average Time:		31:07	

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TEAM: LAURIER GOLDEN HAWKS**SCORE: 276****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
39-39	Nicole Schindler		E5	408	30:20	3:48	6:07
46-46	Sabrina Arena		E4	403	30:50	3:52	6:13
57-57	Alyssa Zinn		E3	409	31:33	3:57	6:21
67-66	Tegan Ceccanese		E3	404	32:15	4:02	6:30
69-68	Piper LaFayette		E5	405	32:19	4:03	6:31
=====							
82-79	Alice Roy		R	407	33:54	4:15	6:50
81-78	Maya Robinson		E4	406	33:49	4:14	6:49
=====							
Top 5 Total Time:		2:37:17		Top 5 Average Time:		31:28	
Top 5 Average per KM:		3:56		Top 5 Average Per MILE:		6:20	
1 - 5 Split:		1:59		1 - 7 Split:		3:34	
Top 7 Total Time:		3:45:00		Top 7 Average Time:		32:09	

TEAM: YORK LIONS**SCORE: 304****PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
38-38	Anastasia Kirova		R	422	30:06	3:46	6:04
51-51	Evelyn Wang		E1	425	31:08	3:54	6:16
64-64	Malak Elghobashy		E2	421	32:02	4:01	6:27
76-74	Ava Sparkes		E3	424	33:07	4:09	6:40
80-77	Teresa Muggeridge		E3	423	33:45	4:14	6:48
=====							
86-81	Grace Whitley		E1	426	34:16	4:17	6:54
Top 5 Total Time:		2:40:08		Top 5 Average Time:		32:02	
Top 5 Average per KM:		4:01		Top 5 Average Per MILE:		6:27	
1 - 5 Split:		3:39		1 - 7 Split:			
Top 7 Total Time:				Top 7 Average Time:			

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TEAM: LAURENTIAN VOYAGEURS SCORE: 318 PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
48-48	Valerie Vaillancourt		R	332	30:58	3:53	6:14
58-58	Charli Borak		R	326	31:46	3:59	6:24
68-67	Charlotte Grenier		E3	328	32:19	4:03	6:31
70-69	Georgia Lepage		E2	330	32:29	4:04	6:33
79-76	Claire Scholl		E3	331	33:37	4:13	6:46
=====							
88-83	Ariel Gibbons		E2	327	35:18	4:25	7:07
	Abby Lanteigne		E3	329	DNF		
=====							
Top 5 Total Time:		2:41:09	Top 5 Average Time:		32:14		
Top 5 Average per KM:		4:02	Top 5 Average Per MILE:		6:30		
1 - 5 Split:		2:39	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM: OTTAWA GEE-GEES SCORE: 322 PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
20-20	Zoe Gardiner		E4	349	28:58	3:38	5:50
66-65	Ciara Villeneuve		R	352	32:13	4:02	6:29
72-71	Merissa Anderton		R	347	32:35	4:05	6:34
87-82	Elliot Tyman		E4	351	34:29	4:19	6:57
89-84	Taylor Brown		E4	348	35:45	4:29	7:12
=====							
93-86	Catherine Turner		R	350	39:10	4:54	7:53
Top 5 Total Time:		2:44:00	Top 5 Average Time:		32:48		
Top 5 Average per KM:		4:06	Top 5 Average Per MILE:		6:36		
1 - 5 Split:		6:47	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM: LAKEHEAD THNDRWOLVES SCORE: 375 PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
62-62	Mia Sawatsky		E2	321	31:57	4:00	6:26
74-73	Rosalind Thompson		R	324	32:42	4:06	6:35
77-75	Delaney Summers		R	323	33:16	4:10	6:42
83-80	Isobel Stewart		E3	322	33:56	4:15	6:50
90-85	Lauren Pineau		R	320	36:33	4:35	7:22
=====							
Top 5 Total Time:		2:48:24	Top 5 Average Time:		33:41		
Top 5 Average per KM:		4:13	Top 5 Average Per MILE:		6:47		
1 - 5 Split:		4:36	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

2025 OUA Cross Country Championships hosted by Queen's

2025-10-28

47th for Women, 110th for Men
Timing by KRRA

2025-10-25 - 2025-10-25

Event # 2 MENS 8Km Run

START @ 12:00pm

Conditions: sunny, crisp, 10°C

Fort Henry Course, Kingston ON

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	QUEEN'S GAELS	50	1-7-9-13-20	21-28	2:00:31	3:01	24:07	1:16
2	GUELPH GRYPHONS	69	2-3-8-23-33	37-43	2:01:13	3:02	24:15	1:39
3	MCMASTER MARAUDERS	80	4-10-17-24-25	27-32	2:02:02	3:04	24:25	1:11
4	WINDSOR LANCERS	99	5-6-22-30-36	45-66	2:02:55	3:05	24:35	1:29
5	WESTERN MUSTANGS	109	11-14-18-31-35	39-42	2:03:51	3:06	24:47	1:05
6	LAKEHEAD THNDRWOLVES	185	12-29-40-48-56	57-71	2:06:48	3:11	25:22	2:04
7	TORONTO VARSITY BLUE	189	19-34-41-46-49	55-60	2:07:10	3:11	25:26	1:08
8	BROCK BADGERS	258	26-54-58-59-61	67-76	2:10:29	3:16	26:06	1:41
9	WATERLOO WARRIORS	265	16-44-65-68-72	78-80	2:11:09	3:17	26:14	2:37
10	LAURENTIAN VOYAGEURS	266	15-52-62-63-74	79-81	2:11:25	3:18	26:17	2:44
11	OTTAWA GEE-GEES	285	47-50-51-53-84	91-94	2:11:54	3:18	26:23	2:22
12	LAURIER GOLDEN HAWKS	342	38-64-75-82-83	86-90	2:15:32	3:24	27:07	2:30
13	YORK LIONS	408	69-73-85-88-93		2:21:40	3:33	28:20	3:18
14	NIPISSING LAKERS	415	70-77-87-89-92	95-96	2:21:25	3:33	28:17	2:11
	ALGOMA THUNDERBIRDS		96-99-102-103					
	TMU BOLD		63-85-97					
	TRENT EXCALIBUR		87-105-106-107					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	173	Jude Wheeler-Dee		E5	QUEEN'S GAELS	1	2:56	23:27
2	2	116	Max Davies		E5	GUELPH GRYPHONS	1	2:57	23:33
3	3	119	Jack Lehto		E4	GUELPH GRYPHONS	2	2:58	23:39
4	4	147	Iain Thomson		E2	MCMASTER MARAUDERS	1	2:58	23:41
5	5	221	Jacob Fitzpatrick		E5	WINDSOR LANCERS	1	2:59	23:52
6	6	220	Noah Costa		E5	WINDSOR LANCERS	2	3:00	23:56
7	7	168	Roman Mironov		E5	QUEEN'S GAELS	2	3:00	23:56
8	8	121	Christian Rachner		E5	GUELPH GRYPHONS	3	3:00	24:00
9	9	167	Tanner Hueglin		E4	QUEEN'S GAELS	3	3:01	24:01
10	10	145	Samuel Patrick		E3	MCMASTER MARAUDERS	2	3:01	24:02
11	11	209	Liam Smith		E2	WESTERN MUSTANGS	1	3:02	24:13
12	12	126	Jet Dobson		E5	LAKEHEAD THNDRWOLVES	1	3:02	24:14
13	13	172	Angus Skinner		E3	QUEEN'S GAELS	4	3:03	24:24
14	14	201	Robin Faricier		E2	WESTERN MUSTANGS	2	3:04	24:31
15	15	137	Keon Wallingford		E5	LAURENTIAN VOYAGEURS	1	3:04	24:32
16	16	191	Patrick Dean		E4	WATERLOO WARRIORS	1	3:05	24:33
17	17	148	William Weist		E4	MCMASTER MARAUDERS	3	3:05	24:36
18	18	203	Satveer Gill		E3	WESTERN MUSTANGS	3	3:06	24:41
19	19	177	Nima Ashtari		E4	TORONTO VARSITY BLUE	1	3:06	24:42
20	20	170	Peter Neill		E3	QUEEN'S GAELS	5	3:06	24:43
21	21	171	Ethan Rashid-Cocker		E3	QUEEN'S GAELS	6	3:06	24:45
22	22	218	Abdullahi Abdullahi		E5	WINDSOR LANCERS	3	3:06	24:47
23	23	120	Charles Mills		E3	GUELPH GRYPHONS	4	3:07	24:49

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2025-10-25 - 2025-10-25

Timing by KRRA

Event # 2 MENS 8Km Run

START @ 12:00pm

Conditions: sunny, crisp, 10°C

Fort Henry Course, Kingston ON

24	24	144	Austin McGoey	E3	MCMaster MARAUDERS	4	3:07	24:51
25	25	141	Ryan Davies	E3	MCMaster MARAUDERS	5	3:07	24:52
26	26	106	Isaac Iannarelli	E5	BROCK BADGERS	1	3:07	24:53
27	27	139	Tristan Bouius	E3	MCMaster MARAUDERS	6	3:07	24:54
28	28	166	Owen Danby	E3	QUEEN'S GAELS	7	3:07	24:55
29	29	129	Eric Mann	E2	LAKEHEAD THNDRWOLVES	2	3:07	24:56
30	30	227	James Wheeler	R	WINDSOR LANCERS	4	3:08	24:59
31	31	208	Saurang Puthenkulangara	R	WESTERN MUSTANGS	4	3:09	25:08
32	32	143	Ben Keller	E3	MCMaster MARAUDERS	7	3:09	25:11
33	33	118	Luke Feltham	E2	GUELPH GRYPHONS	5	3:09	25:12
34	34	185	Andrej Prekajski	E2	TORONTO VARSITY BLUE	2	3:10	25:15
35	35	206	Rory McGarvey	E5	WESTERN MUSTANGS	5	3:10	25:18
36	36	224	Andreas Pardalis	E2	WINDSOR LANCERS	5	3:11	25:21
37	37	115	Nolan Buie	R	GUELPH GRYPHONS	6	3:11	25:24
38	38	217	Ian Young	E5	LAURIER GOLDEN HAWKS	1	3:12	25:29
39	39	200	Ethan Cannon	E2	WESTERN MUSTANGS	6	3:12	25:31
40	40	127	Nicholas Lightwood	E4	LAKEHEAD THNDRWOLVES	3	3:12	25:31
41	41	179	Brandon Cidade	E5	TORONTO VARSITY BLUE	3	3:13	25:37
42	42	207	Owen Parkes	E3	WESTERN MUSTANGS	7	3:13	25:39
43	43	114	Nicolas Belan	R	GUELPH GRYPHONS	7	3:13	25:43
44	44	195	Jamie Kauri	R	WATERLOO WARRIORS	2	3:13	25:43
45	45	219	Kade Campbell	E2	WINDSOR LANCERS	6	3:13	25:44
46	46	182	Jacob McLean	E3	TORONTO VARSITY BLUE	4	3:14	25:46
47	47	163	Max Wilson	E2	OTTAWA GEE-GEES	1	3:14	25:47
48	48	124	Adam Blazino	E3	LAKEHEAD THNDRWOLVES	4	3:14	25:49
49	49	184	Jack O'Connell	E3	TORONTO VARSITY BLUE	5	3:14	25:50
50	50	162	Zach Sikka	E4	OTTAWA GEE-GEES	2	3:15	25:54
51	51	157	William McLeish	E3	OTTAWA GEE-GEES	3	3:15	25:56
52	52	132	Braeden Estabrooks	R	LAURENTIAN VOYAGEURS	2	3:16	26:07
53	53	161	Ben Pascali	R	OTTAWA GEE-GEES	4	3:16	26:08
54	54	105	Brock Fry	R	BROCK BADGERS	2	3:17	26:09
55	55	186	Oliver Tagalog	E3	TORONTO VARSITY BLUE	6	3:17	26:12
56	56	128	Hudson McMillan	R	LAKEHEAD THNDRWOLVES	5	3:18	26:18
57	57	125	Leif Buxton	E5	LAKEHEAD THNDRWOLVES	6	3:18	26:20
58	58	111	Evan Ryall	E2	BROCK BADGERS	3	3:18	26:21
59	59	109	Frédéric Rivard	E3	BROCK BADGERS	4	3:19	26:32
60	60	178	Nathan Bergman	E2	TORONTO VARSITY BLUE	7	3:20	26:33
61	61	113	Garrett Wager	E4	BROCK BADGERS	5	3:20	26:34
62	62	133	Luke Ford	R	LAURENTIAN VOYAGEURS	3	3:21	26:42
63		174	Jack Heintz	E4	TMU BOLD	1	3:21	26:48
64	63	135	Brandon Radey	E4	LAURENTIAN VOYAGEURS	4	3:21	26:48
65	64	214	Nathan Lemire	E2	LAURIER GOLDEN HAWKS	2	3:22	26:50
66	65	197	Amadi Opara	R	WATERLOO WARRIORS	3	3:22	26:51
67	66	223	Adam Kleinsmith	E4	WINDSOR LANCERS	7	3:22	26:51
68	67	112	Jack Sayewich	E3	BROCK BADGERS	6	3:22	26:52
69	68	198	Evan Prescott	R	WATERLOO WARRIORS	4	3:22	26:52
70	69	232	Marco Volpi	E3	YORK LIONS	1	3:24	27:05

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2025-10-25 - 2025-10-25

Event # 2 MENS 8Km Run

START @ 12:00pm

Conditions: sunny, crisp, 10°C

Fort Henry Course, Kingston ON

71	70	154	Calvin Traczuk	E2	NIPISSING LAKERS	1	3:24	27:09
72	71	130	Trent Wilson	E3	LAKEHEAD THNDRWOLVES	7	3:24	27:10
73	72	194	Connor Hickling	E3	WATERLOO WARRIORS	5	3:24	27:10
74	73	229	David Akerman	E3	YORK LIONS	2	3:24	27:12
75	74	134	Patrick LeRoux	E4	LAURENTIAN VOYAGEURS	5	3:25	27:16
76	75	213	Nolan Kuhlberg	E2	LAURIER GOLDEN HAWKS	3	3:25	27:18
77	76	108	PJ Morgan	R	BROCK BADGERS	7	3:26	27:23
78	77	153	Kelly Thompson	E2	NIPISSING LAKERS	2	3:27	27:31
79	78	192	Tom Dellinger	E1	WATERLOO WARRIORS	6	3:27	27:32
80	79	138	Alan Wilkin	E2	LAURENTIAN VOYAGEURS	6	3:28	27:37
81	80	193	Sami Ghazlani	R	WATERLOO WARRIORS	7	3:29	27:45
82	81	136	Shiloh Sauve	R	LAURENTIAN VOYAGEURS	7	3:29	27:50
83	82	212	Tyler Klazek	R	LAURIER GOLDEN HAWKS	4	3:30	27:56
84	83	211	Cohen Goncalves Ledger	E2	LAURIER GOLDEN HAWKS	5	3:30	27:59
85		175	Fawwaz Khan	E3	TMU BOLD	2	3:31	28:08
86	84	160	Matteo Padoin-Castillo	R	OTTAWA GEE-GEES	5	3:32	28:09
87		190	Keegan Sayles	E4	TRENT EXCALIBUR	1	3:32	28:14
88	85	233	Oliver Waddington	E4	YORK LIONS	3	3:33	28:18
89	86	216	Alex Pretty	R	LAURIER GOLDEN HAWKS	6	3:33	28:18
90	87	152	Ewan Pengra	R	NIPISSING LAKERS	3	3:35	28:33
91	88	228	Tolu Adebajo	E2	YORK LIONS	4	3:36	28:42
92	89	150	Adam Edwards	E2	NIPISSING LAKERS	4	3:37	28:52
93	90	215	Om Nathwani	E2	LAURIER GOLDEN HAWKS	7	3:37	28:53
94	91	156	Theo Dai	R	OTTAWA GEE-GEES	6	3:40	29:17
95	92	155	Eily Woodman	E2	NIPISSING LAKERS	5	3:40	29:20
96		100	Dylan Garson	E3	ALGOMA THUNDERBIRDS	1	3:41	29:25
97		176	Marcus Modrcin	R	TMU BOLD	3	3:46	30:03
98	93	230	Caden Kuchera	E2	YORK LIONS	5	3:48	30:23
99		101	Trysten Kahtava	E2	ALGOMA THUNDERBIRDS	2	3:51	30:45
100	94	159	Rory O'Connell	E2	OTTAWA GEE-GEES	7	3:52	30:53
101	95	149	Samuel Bennett	E4	NIPISSING LAKERS	6	3:54	31:06
102		102	Noah Missere	E2	ALGOMA THUNDERBIRDS	3	3:56	31:28
103		103	Carsten Moffatt	E2	ALGOMA THUNDERBIRDS	4	3:57	31:31
104	96	151	Nolan Kenny	E2	NIPISSING LAKERS	7	4:06	32:45
105		187	Adam Hobson	R	TRENT EXCALIBUR	2	4:10	33:19
106		189	Carter Myles	E4	TRENT EXCALIBUR	3	4:34	36:32
107		188	Joshua LeGere	E2	TRENT EXCALIBUR	4	5:16	42:07

2025 OUA Cross Country Championships hosted by Queen's

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47th for Women, 110th for Men

Timing by KRRA

2025-10-25 - 2025-10-25

TEAM: QUEEN'S GAELS**SCORE: 50****PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Jude Wheeler-Dee		E5	173	23:27	2:56	4:44
7-7	Roman Mironov		E5	168	23:56	3:00	4:49
9-9	Tanner Hueglin		E4	167	24:01	3:01	4:50
13-13	Angus Skinner		E3	172	24:24	3:03	4:55
20-20	Peter Neill		E3	170	24:43	3:06	4:59
=====							
21-21	Ethan Rashid-Cocker		E3	171	24:45	3:06	4:59
28-28	Owen Danby		E3	166	24:55	3:07	5:01
=====							
Top 5 Total Time:		2:00:31	Top 5 Average Time:		24:07		
Top 5 Average per KM:		3:01	Top 5 Average Per MILE:		4:51		
1 - 5 Split:		1:16	1 - 7 Split:		1:28		
Top 7 Total Time:		2:50:11	Top 7 Average Time:		24:19		

TEAM: GUELPH GRYPHONS**SCORE: 69****PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Max Davies		E5	116	23:33	2:57	4:45
3-3	Jack Lehto		E4	119	23:39	2:58	4:46
8-8	Christian Rachner		E5	121	24:00	3:00	4:50
23-23	Charles Mills		E3	120	24:49	3:07	5:00
33-33	Luke Feltham		E2	118	25:12	3:09	5:05
=====							
37-37	Nolan Buie		R	115	25:24	3:11	5:07
43-43	Nicolas Belan		R	114	25:43	3:13	5:11
=====							
Top 5 Total Time:		2:01:13	Top 5 Average Time:		24:15		
Top 5 Average per KM:		3:02	Top 5 Average Per MILE:		4:53		
1 - 5 Split:		1:39	1 - 7 Split:		2:10		
Top 7 Total Time:		2:52:20	Top 7 Average Time:		24:38		

2025 OUA Cross Country Championships hosted by Queen's

2025-10-28

2025-10-25 - 2025-10-25

47th for Women, 110th for Men
Timing by KRRA**TEAM: MCMASTER MARAUDERS****SCORE: 80****PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Iain Thomson		E2	147	23:41	2:58	4:46
10-10	Samuel Patrick		E3	145	24:02	3:01	4:51
17-17	William Weist		E4	148	24:36	3:05	4:57
24-24	Austin McGoey		E3	144	24:51	3:07	5:00
25-25	Ryan Davies		E3	141	24:52	3:07	5:01
=====							
27-27	Tristan Bouius		E3	139	24:54	3:07	5:01
32-32	Ben Keller		E3	143	25:11	3:09	5:04
=====							
Top 5 Total Time:		2:02:02		Top 5 Average Time:		24:25	
Top 5 Average per KM:		3:04		Top 5 Average Per MILE:		4:55	
1 - 5 Split:		1:11		1 - 7 Split:		1:30	
Top 7 Total Time:		2:52:07		Top 7 Average Time:		24:36	

TEAM: WINDSOR LANCERS**SCORE: 99****PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Noah Costa		E5	220	23:56	3:00	4:49
5-5	Jacob Fitzpatrick		E5	221	23:52	2:59	4:49
22-22	Abdullahi Abdullahi		E5	218	24:47	3:06	5:00
30-30	James Wheeler		R	227	24:59	3:08	5:02
36-36	Andreas Pardalis		E2	224	25:21	3:11	5:06
=====							
45-45	Kade Campbell		E2	219	25:44	3:13	5:11
67-66	Adam Kleinsmith		E4	223	26:51	3:22	5:25
=====							
Top 5 Total Time:		2:02:55		Top 5 Average Time:		24:35	
Top 5 Average per KM:		3:05		Top 5 Average Per MILE:		4:57	
1 - 5 Split:		1:29		1 - 7 Split:		2:59	
Top 7 Total Time:		2:55:30		Top 7 Average Time:		25:05	

2025 OUA Cross Country Championships hosted by Queen's

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47th for Women, 110th for Men

2025-10-25 - 2025-10-25

Timing by KRRA

TEAM: WESTERN MUSTANGS**SCORE: 109****PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Liam Smith		E2	209	24:13	3:02	4:53
14-14	Robin Faricier		E2	201	24:31	3:04	4:56
18-18	Satveer Gill		E3	203	24:41	3:06	4:58
31-31	Saurang Puthenkulangara		R	208	25:08	3:09	5:04
35-35	Rory McGarvey		E5	206	25:18	3:10	5:06
=====							
39-39	Ethan Cannon		E2	200	25:31	3:12	5:08
42-42	Owen Parkes		E3	207	25:39	3:13	5:10
=====							
Top 5 Total Time:		2:03:51		Top 5 Average Time:		24:47	
Top 5 Average per KM:		3:06		Top 5 Average Per MILE:		4:59	
1 - 5 Split:		1:05		1 - 7 Split:		1:26	
Top 7 Total Time:		2:55:01		Top 7 Average Time:		25:01	

TEAM: LAKEHEAD THNDRWOLVES**SCORE: 185****PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
12-12	Jett Dobson		E5	126	24:14	3:02	4:53
29-29	Eric Mann		E2	129	24:56	3:07	5:01
39-40	Nicholas Lightwood		E4	127	25:31	3:12	5:08
48-48	Adam Blazino		E3	124	25:49	3:14	5:12
57-57	Leif Buxton		E5	125	26:20	3:18	5:18
=====							
56-56	Hudson McMillan		R	128	26:18	3:18	5:18
72-71	Trent Wilson		E3	130	27:10	3:24	5:28
=====							
Top 5 Total Time:		2:06:48		Top 5 Average Time:		25:22	
Top 5 Average per KM:		3:11		Top 5 Average Per MILE:		5:07	
1 - 5 Split:		2:04		1 - 7 Split:		2:56	
Top 7 Total Time:		3:0:18		Top 7 Average Time:		25:46	

2025 OUA Cross Country Championships hosted by Queen's

2025-10-28

2025-10-25 - 2025-10-25

47th for Women, 110th for Men
Timing by KRRA**TEAM: TORONTO VARSITY BLUE****SCORE: 189****PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
19-19	Nima Ashtari		E4	177	24:42	3:06	4:59
34-34	Andrej Prekajski		E2	185	25:15	3:10	5:05
41-41	Brandon Cidade		E5	179	25:37	3:13	5:10
46-46	Jacob McLean		E3	182	25:46	3:14	5:12
49-49	Jack O'Connell		E3	184	25:50	3:14	5:12
=====							
55-55	Oliver Tagalog		E3	186	26:12	3:17	5:17
60-60	Nathan Bergman		E2	178	26:33	3:20	5:21
=====							
Top 5 Total Time:		2:07:10		Top 5 Average Time:		25:26	
Top 5 Average per KM:		3:11		Top 5 Average Per MILE:		5:07	
1 - 5 Split:		1:08		1 - 7 Split:		1:51	
Top 7 Total Time:		2:59:55		Top 7 Average Time:		25:43	

TEAM: BROCK BADGERS**SCORE: 258****PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
26-26	Isaac Iannarelli		E5	106	24:53	3:07	5:01
54-54	Brock Fry		R	105	26:09	3:17	5:16
58-58	Evan Ryall		E2	111	26:21	3:18	5:19
59-59	Frédéric Rivard		E3	109	26:32	3:19	5:21
61-61	Garrett Wager		E4	113	26:34	3:20	5:21
=====							
68-67	Jack Sayewich		E3	112	26:52	3:22	5:25
77-76	PJ Morgan		R	108	27:23	3:26	5:31
=====							
Top 5 Total Time:		2:10:29		Top 5 Average Time:		26:06	
Top 5 Average per KM:		3:16		Top 5 Average Per MILE:		5:15	
1 - 5 Split:		1:41		1 - 7 Split:		2:30	
Top 7 Total Time:		3:4:44		Top 7 Average Time:		26:24	

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2025-10-28

2025-10-25 - 2025-10-25

47th for Women, 110th for Men
Timing by KRRA**TEAM: WATERLOO WARRIORS****SCORE: 265****PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
16-16	Patrick Dean		E4	191	24:33	3:05	4:57
44-44	Jamie Kauri		R	195	25:43	3:13	5:11
66-65	Amadi Opara		R	197	26:51	3:22	5:25
68-68	Evan Prescott		R	198	26:52	3:22	5:25
73-72	Connor Hickling		E3	194	27:10	3:24	5:28
=====							
79-78	Tom Dellinger		E1	192	27:32	3:27	5:33
81-80	Sami Ghoslani		R	193	27:45	3:29	5:35
=====							
Top 5 Total Time:		2:11:09		Top 5 Average Time:		26:14	
Top 5 Average per KM:		3:17		Top 5 Average Per MILE:		5:17	
1 - 5 Split:		2:37		1 - 7 Split:		3:12	
Top 7 Total Time:		3:6:26		Top 7 Average Time:		26:38	

TEAM: LAURENTIAN VOYAGEURS**SCORE: 266****PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
15-15	Keon Wallingford		E5	137	24:32	3:04	4:57
52-52	Braeden Estabrooks		R	132	26:07	3:16	5:16
62-62	Luke Ford		R	133	26:42	3:21	5:23
64-63	Brandon Radey		E4	135	26:48	3:21	5:24
75-74	Patrick LeRoux		E4	134	27:16	3:25	5:30
=====							
80-79	Alan Wilkin		E2	138	27:37	3:28	5:34
82-81	Shiloh Sauve		R	136	27:50	3:29	5:36
=====							
Top 5 Total Time:		2:11:25		Top 5 Average Time:		26:17	
Top 5 Average per KM:		3:18		Top 5 Average Per MILE:		5:18	
1 - 5 Split:		2:44		1 - 7 Split:		3:18	
Top 7 Total Time:		3:6:52		Top 7 Average Time:		26:42	

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47th for Women, 110th for Men
Timing by KRRA

2025-10-25 - 2025-10-25

TEAM: OTTAWA GEE-GEES**SCORE: 285****PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
47-47	Max Wilson		E2	163	25:47	3:14	5:12
50-50	Zach Sikka		E4	162	25:54	3:15	5:13
51-51	William McLeish		E3	157	25:56	3:15	5:14
53-53	Ben Pascali		R	161	26:08	3:16	5:16
86-84	Matteo Padoin-Castillo		R	160	28:09	3:32	5:40
=====							
94-91	Theo Dai		R	156	29:17	3:40	5:54
100-94	Rory O'Connell		E2	159	30:53	3:52	6:13
=====							
Top 5 Total Time:		2:11:54		Top 5 Average Time:		26:23	
Top 5 Average per KM:		3:18		Top 5 Average Per MILE:		5:19	
1 - 5 Split:		2:22		1 - 7 Split:		5:06	
Top 7 Total Time:		3:12:04		Top 7 Average Time:		27:27	

TEAM: LAURIER GOLDEN HAWKS**SCORE: 342****PLACE: 12**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
38-38	Ian Young		E5	217	25:29	3:12	5:08
65-64	Nathan Lemire		E2	214	26:50	3:22	5:24
76-75	Nolan Kuhlberg		E2	213	27:18	3:25	5:30
83-82	Tyler Klazek		R	212	27:56	3:30	5:38
84-83	Cohen Goncalves Ledger		E2	211	27:59	3:30	5:38
=====							
89-86	Alex Pretty		R	216	28:18	3:33	5:42
93-90	Om Nathwani		E2	215	28:53	3:37	5:49
=====							
Top 5 Total Time:		2:15:32		Top 5 Average Time:		27:07	
Top 5 Average per KM:		3:24		Top 5 Average Per MILE:		5:28	
1 - 5 Split:		2:30		1 - 7 Split:		3:24	
Top 7 Total Time:		3:12:43		Top 7 Average Time:		27:32	

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2025-10-25 - 2025-10-25

47th for Women, 110th for Men
Timing by KRRA**TEAM: YORK LIONS****SCORE: 408****PLACE: 13**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
70-69	Marco Volpi		E3	232	27:05	3:24	5:27
74-73	David Akerman		E3	229	27:12	3:24	5:29
88-85	Oliver Waddington		E4	233	28:18	3:33	5:42
91-88	Tolu Adebajo		E2	228	28:42	3:36	5:47
98-93	Caden Kuchera		E2	230	30:23	3:48	6:07
=====							
Top 5 Total Time:		2:21:40	Top 5 Average Time:		28:20		
Top 5 Average per KM:		3:33	Top 5 Average Per MILE:		5:42		
1 - 5 Split:		3:18	1 - 7 Split:				
Top 7 Total Time:			Top 7 Average Time:				

TEAM: NIPISSING LAKERS**SCORE: 415****PLACE: 14**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
71-70	Calvin Traczuk		E2	154	27:09	3:24	5:28
78-77	Kelly Thompson		E2	153	27:31	3:27	5:33
90-87	Ewan Pengra		R	152	28:33	3:35	5:45
92-89	Adam Edwards		E2	150	28:52	3:37	5:49
95-92	Eily Woodman		E2	155	29:20	3:40	5:55
=====							
101-95	Samuel Bennett		E4	149	31:06	3:54	6:16
104-96	Nolan Kenny		E2	151	32:45	4:06	6:36
=====							
Top 5 Total Time:		2:21:25	Top 5 Average Time:		28:17		
Top 5 Average per KM:		3:33	Top 5 Average Per MILE:		5:42		
1 - 5 Split:		2:11	1 - 7 Split:		5:36		
Top 7 Total Time:		3:25:16	Top 7 Average Time:		29:20		